



page 6

25 years of giving



page 3

Book Review



page 8

Lowell Area Schools Sports



page 10, 11 & 16

\$1.00



Old business, new battle at council meeting

By Justin Tiemeyer
contributing writer

The Lowell City Council called to order their Tuesday, January 17, 2023 meeting with council members; Marty Chambers, Mike DeVore, Leah Groves, Jim Salzwedel, and Cliff Yankovich in attendance. New business included discussion of sidewalk requirements at 860 Hillside Ct., parking ordinance changes, public safety cost-recovery ordinance, and a splash pad cost-sharing agreement, but the biggest splash at the council meeting was the Parks and Recreation Plan.

The City of Lowell Parks and Recreation Plan, for 2023-2027, was drafted by Lowell Parks and Recreation Commission members; Casey Butler, Leah Groves, Paula Mierendorf, Theresa Mundt, and Susan Pomper, to respond to three needs identified as important to the community, namely, the continued maintenance of parks, enhanced city park wayfinding, and investments to create recreation spaces.

Peggy Covert expressed disappointment that the parks plan did not include wording



Resident, Perry Beachum, clarifies 2007 agreement regarding the fate of 990 N. Washington property.

about annexing 990 N. Washington and adding it to Scout Park. “As we all know, there were council members unseated 15 years ago, when Sharon Ellison was elected by a landslide, when she ran on that platform to complete the preservation,” Covert said. This same statement, spoken at previous council meetings, has been a rallying point for a portion of the community, who promote an originalist argument that the 2007 Lowell City Council intended for 990 N. Washington to be included as part of Lowell’s Scout Park and that this intention is binding. At the previous council meeting, on January 3, 2023, Mayor, Mike DeVore, City council, continued page 2

Lowell resident will talk about life aboard a freighter

By Emma Palova
contributing writer

The Lowell Area Historical Museum offers a series of speakers each year. The Museum brings in experts to discuss an area of history that they specialize in. This year’s first speaker is a Lowell native, Timothy R. Alfson. Alfson was born in Grand Rapids and moved to Lowell with his wife and two children in 2014.

Alfson will be speaking about life aboard the Edwin H. Gott, a Great Lakes freighter. Alfson attended the Great Lakes Academy and has worked for the Great Lakes Flight his entire career. In 2011, he became Captain of the Edwin H. Gott. This program will be a unique opportunity to learn more about a slice of modern history. The program will be held at the

Vergennes Township Hall, Thursday, January 26th at 7 pm.

Other programs this year include “Women in the World War I Workforce,” presented by Katelyn Bosch VerMerris, Director of the Zeeland Historical Society, on March 9th at 1 pm. On April 13th, at 7 pm, Adam Oster, Community Engagement Librarian with the Library of Michigan, will give a presentation on the “County Farms.” In September, staff and volunteers of the Lowell Area Historical will share stories of people from Lowell’s past, during a cemetery tour at Oakwood Cemetery.

In October, Eric Hemenway, Director of the Department of Repatriation, Archives and Records of the Little Traverse Bay Band

of Odawa Indians, will be here to present on the history of Michigan Odawa in the Revolutionary War and beyond. This will be an excellent opportunity to hear more about the history of the Odawa and how they worked to shape the changing world of what became Michigan. This presentation will be October 5th, at 7 pm. All programs, with the exception of the Cemetery Tour, will be held at the Vergennes Township Hall.

The 2023 Lowell Area Historical Museum Speaker Series is supported by a Michigan History Alliance grant from the Michigan Historical Society. For inquiries about any of the programs, call 616-897-7688 or email lplank@lowellmuseum.org.



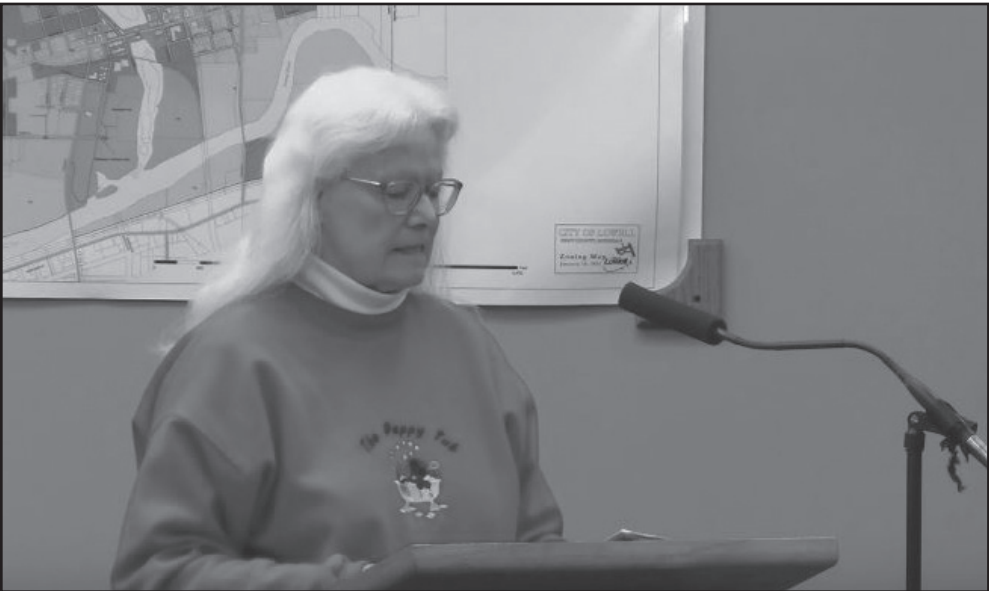
Timothy R. Alfson Captain of the Edwin H. Gott, a Great Lakes freighter.

City Council continued

referred to arguments, such as this, as a “false narrative,” and said, “I enjoy when people come to these meetings. I really do... But I want to make sure that they are informed correctly... If you have questions or you feel a way about something, we’re all available.”

Covert’s arguments about the 2007 election hold up. MLive published an article titled “Two newcomers win seats in Lowell” on the day after the November 6, 2007 election, which leads with the statement, “Controversy over the fate of the wooded, city-owned property on North Washington Street toppled the vote overwhelmingly in favor of two newcomers.” Below is a ranking of candidates, during the election in question, showing Ellison with 40 percent more votes than the next most popular candidate:

Sharon Ellison - 409



Resident, Peggy Covert, requests wording about 990 N. Washington property in City of Lowell Parks and Recreation Plan 2023-2027.

Jeff Altoft - 292
Jim Hodges - 261
Charles Myers - 169
Maryalene LaPonsie - 152
Alan Mathews - 116

What remains in question is what exactly the 2007 City Council discussed and whether or not any of it was binding on future agreements. Perry Beachum attempted to demystify this portion of the discussion during public comment. Beachum is a recently retired member of the Parks and Recreation Commission, with over 30 years of experience in the field. He would have been involved with any plans for 990 N. Washington during the time period in question. Beachum explained that nothing definitive was ever decided.

“If it came available, would we accept it?” Beachum reflected. “Yes, as long as it doesn’t cost us anything, and as long as we put money with that property.”

Contrary to Scoutmaster, Jason Mason, who claimed on January 3

that Troop 102 maintained Scout Park as part of their lease agreement, Beachum enumerated that this addition would definitely have costs that the city would have to absorb. As an example, he noted that there were unsafe flagpoles on the property that the Department of Public Works tore down and cleaned up at the expense of the city.

Mayor DeVore committed to public hearings regarding the fate of 990 N. Washington, during the February 20 and March 20 city council meetings. However, since the Parks and Recreation Plan is due by February 1, the council held a vote and approved the plan. The council addressed Covert’s opposition by noting that the wording in the document is vague enough to grant the council the opportunity to add 990 N. Washington to Scout Park, without conflict, and that the plan itself can be modified after approval, for up to a year.

The council’s discussion of a cost-sharing agreement, between Lowell Charter Township and City of Lowell turned into a comedy show when concerns of unclear maintenance costs and water sourcing arose.

“If there is a sprinkling ban, people might be unhappy with 60 kids splashing in the water for 12 hours-a-day,” council member, Groves, noted, prompting humorous solutions, such as a dry splash pad or bring your own water options.

Ultimately, the council tabled the splash pad discussion, pending more detailed information from Lowell Charter Township.

“I want to see it go forward,” council member, Chambers, noted, “but right now I have questions.”

Those interested in watching this meeting can find it on the City of Lowell YouTube channel, @cityoflowell. The agenda can be found at the City of Lowell home page, lowellmi.gov. The Council will hold their next meeting on Monday, February 6 at 7 pm. As with this past meeting, public attendance and comment are welcome.

Guest Column

By State Sen. Thomas Albert, R- Lowell

Sen. Albert: Honored to serve you at the state Capitol

New sessions of the Michigan Legislature always begin with “opening day” ceremonies where legislators are sworn into office.

As your new state senator, I participated in one of these ceremonies on Jan. 11 at the state Capitol. My parents, Jim and Edna, and my wife, Erica, were by my side to support me. So were my five young children – Owen, Jack, Mary, Margaret and Lucia.

I wanted and needed my family around me as I began the important job of serving you and all of District 18 in the Michigan Senate. Family is the bedrock of society, and I will do all I can to help your family as your state senator. My goal is always to make Michigan a better place to live and work and raise a family.

I will fight to make sure our state budget is fiscally responsible, while continuing to support what your family and our state need to thrive and build a better future. I am committed to making state government work better for you and our communities. I will strive to protect workers’ freedoms and respect life.

District 18 includes Barry County and portions of Allegan, Calhoun, Kalamazoo, Kent, and Ionia counties. My family has lived in Kent and Ionia counties for generations, and I’m raising my family near Lowell.

I attended both the University of Michigan and Michigan State University before serving in the U.S. Marine Corps. After that,

I worked as an investor for the State of Michigan Retirement Systems.

I was first elected to the Michigan House of Representatives in 2016 and was elected to the Senate last November.

Please contact my office if I can help with issues related to state government. Residents may email SenTAlbert@senate.michigan.gov. Callers may dial 517-373-1734 or toll-free at 855-347-8018. The office is located in Room 4500 of the Binsfeld Office Building, located at 201 Townsend Street in Lansing, across from the state Capitol. The mailing address is Sen. Thomas Albert, P.O. Box 30036, Lansing, MI 48909.

My website is SenatorThomasAlbert.com. Please visit there for updates, and to sign up for emailed newsletters.

I look forward to working for you and with you. Thank you.

State Sen. Thomas Albert represents the 18th



Senator Thomas Albert

CITY OF LOWELL PUBLIC NOTICE

LAST DATE TO FILE
NOMINATING PETITIONS
TUESDAY, APRIL 25, 2023
4:00 P.M.

City of Lowell registered residents of the City interested in seeking election to the Lowell City Council to fill any of the three (3) two to four-year term vacancies occurring, must obtain nominating petition forms for circulation and return no later than 4:00 p.m. on Tuesday, April 25, 2023. Petition forms are available between 8:00 a.m. and 5:00 p.m. Monday through Friday from the Lowell City Clerk, Lowell City Hall, 301 East Main Street, Lowell.



Susan Ullery
City Clerk

the lowell ledger

(USPS 453-830)

Published weekly for \$33 a year
for zipcodes beginning with 493 or 495;
\$44 a year any other zip code.

Deadline for display advertising is Monday at Noon
Deadline for classified advertising is Monday at 5 pm
Jon Jacobs Publisher/Editor
Tammy Janowiak Classified/Accounting/Sales
Jon Jacobs Advertising Sales

(616) 897-9261

email: ledger@lowellbuyersguide.com
Second Class Postage Paid at Lowell, MI

Published every Wednesday
POSTMASTER: Send address change to:
The Lowell Ledger
PO Box 128 • Lowell, MI 49331
www.thelowellledger.com

When it comes to Life, the
**EXPERIENCE
MATTERS.**



Call **Mark Johnson** today!
(616) 940-8181
MarkJohnsonAgency.com
6151 28th St. SE, Ste. 10,
Grand Rapids



FARM BUREAU
INSURANCE



A Company

Lowell Area Community Fund marks 25 years

By Cliff Yankovich
contributing writer

Warning and Disclaimer: the following article is going to go directly against the trend of digging up and flinging dirt on people from the past. What you are about to read is a very complimentary piece about Harold J. Englehardt, and the amazing impact he has had, and continues to have, on the Lowell area, through his ability to earn and save money, coupled with his financial acuity and generosity. Stop reading right now if the prospect sounds offensive.

If you want to blast Englehardt and find fault with him, please do it on your own time. Good luck finding any dirt on him. I was able to ascertain, from a reliable source, that Harold was notorious for being tight with his money, when it came to tipping people. But we decided that his gift to Lowell more than made up for this fact. This article is all about how wondrous it is that Harold could move to Lowell in 1922, as a young man, and by the time of his passing in 1996, amass a fortune of over 12 million dollars that he bequeathed

to the future residents of the area.

Harold was born in Frankenmuth on December 13, 1900. He attended Ferris State College and moved to Lowell in 1922, where he took a job as a cashier at the Lowell State Bank. By the time that bank closed it's doors in 1929, because of the stock market crash that led to the Great Depression, he had set enough money aside to purchase Lowell Granite. This fact alone lets us know that while he was surrounded by people who earned and lost great amounts of money in the stock market, he just kept setting his money aside in a safe manner.

Before we go any further, I must confess that when I learned about the 12.7 million dollars he left to start the Lowell Area Community Fund, I figured maybe he was some kind of oil or lumber baron we read about from that period of time. Nope. One can visit many towns in Michigan, and take a little time, and find mansions and huge swaths of property owned by the wealthy, who made fortunes in various endeavors. Harold and

Mildred Englehardt lived their days in a modest home at 518 North Jefferson. He was known to drive "a big Cadillac" and have a collection of hats that he wore, but my research did not uncover any tales of multiple dwellings, giant boats, world cruises, or any other indication of a lavish lifestyle.

One of the most visible of his gifts to the area is the Harold and Mildred Englehardt branch of the Kent District Library system, located on the Flat River. This very popular building, in a beautiful location is barely even the tip of the iceberg of Englehardts generosity.

When it comes to the impact of his gift, the list includes a multitude of organizations that touch the lives of pretty much anyone who lives in the Lowell area. They include, but are not limited to, the following: City of Lowell, Open Table, FROM, Lowell Historical Museum, Fallasburg Historical Society, KCYF, Lowell Arts, Lowell Fire Authority, Lowell Education Foundation, Grand Rapids Amateur Astronomical Association, and the Lowell Area Schools. Basically, if you can think of something that makes Lowell great, then the place or organization has probably been a recipient of monies from the fund Harold left for us all.

According to their website: "The Lowell Area Community Fund gives grants to organizations that assist in fulfilling its mission to assure community cooperation and participation that supports a healthy, dynamic community. The Lowell area is currently defined as the City of Lowell, the Township of Lowell, and the Township of Vergennes."

It continues with this information: "The fund places an emphasis on broad educational initiatives, but also supports initiatives in the areas of arts & culture, community development, environment, health, human



service, and recreation in the Lowell area." It gives priority to projects that:

- Encourage and promote community involvement
- Represent an innovative startup effort
- Obtain the necessary additional funding to implement and maintain the project
- Yield substantial community benefit
- Are managed by nonprofits with 501(c)(3) status
- Serve a broad segment of the community
- Promote cooperation among agencies
- Address needs of the Lowell area
- Address quality-of-life issues
- Promote civic and community pride
- Strengthen or improve agency self-sufficiency or efficiency
- Funding requests are considered three times a year.

The due dates for applications are the first Friday, in January, May, and September. Final decisions are rendered by February 28th, June 30th, and October 31st, respectively. If you belong to a club or organization that would like to apply for some of the money, then a visit to the website will provide access to the forms and the process. It even has a section of "Helpful Hints" to make it easier for you to receive a grant. Should you still have

questions, there is contact information available too.

The 12.7 million dollars remains in the fund and the interest earned is paid out annually. It appears that this amount usually falls somewhere between \$500,000.00 and \$600,000.00 every year. If we take the lower number, then over the 25 years since Harold started the ball rolling, Lowell has been gifted 12.5 million, and yet, the fund still carries the initial balance Harold put there. One might gather,

from this information, that Harold was pretty darn good at that whole banking and investment thing. All of us can certainly be thankful for that the next time we find ourselves taking advantage of any of the great programs supported by the generosity of Harold J Englehardt. If the first quarter century is any indication, then it should be really fun to see all the great things his gift will provide for us in the next 25 years. Thanks Harold.



Harold J. Englehardt

Support the Local Businesses
Who Help Support
Our Community!



RIVER CRUISE VACATIONS

Experience the beauty and history of the St. Lawrence & Ottawa Rivers on a classic Canadian riverboat. Request our free travel brochure.

1-800-267-7868 www.StLawrenceCruiseLines.com

**MAST INSULATION
SPRAY FOAM**

Closed or Open Cell
or Blown-In Fiberglass

Roy Mast • 517-652-9119

2501 N. Ionia Rd., Vermontville

HAPPY BIRTHDAY

99 for 99!

We have a special lady turning 99!

Please help us Celebrate

Betty Yeiter
on February 7th.
We want her to open
99 birthday cards!

Please send cards to:
Betty Yeiter, c/o Maple Ridge Manor
12020 Foreman St., Lowell, MI 49331

WINDOWS/SIDING
DOORS/INSULATION/GUTTERS

SAVE **50%** OFF

**HEATING/COOLING BILLS
GUARANTEED!!!**

SAVE 10% OFF WITH THIS COUPON

897-7300 allweathersealinc.com

319 E. Main Lowell

All-Weather Seal

Not good w/any other offer! Good on initial presentation

Book Corner

The Night She Disappeared by Lisa Jewell

Review by Sierra Hieshetter

A charming English village becomes the backdrop for a compelling psychological thriller about love, family, and how much you can ever really know the people in your life. In this unique take on a cold case story, we follow Kim, a mother in an emotional limbo a year after her nineteen-year-old daughter, Tallulah, went missing one summer evening. Tallulah left behind her young son, Noah, and Kim is simultaneously struggling to take care of her grandson and losing hope that her daughter will ever come home.

A newcomer to town, mystery writer Sophie, becomes fascinated by the disappearance and the mysterious circumstances surrounding the village and its inhabitants. Each new piece of information

only seems to reveal more questions, and when Sophie discovers an ominous cardboard sign in her garden, reading “Dig Here,” she can’t help but pursue answers, no matter how devastating they may seem.

The Night She Disappeared is an exciting, mysterious, and intriguing story, cleanly drawing connections between characters and events, and filled with enough twists and turns to keep the plot interesting. Lisa Jewell excels at psychological thrillers, and *The Night She Disappeared* is no exception. With just enough information revealed to keep the reader interested, this book will keep you on the edge of your seat until the very last page. Elements of absurdity, mixed with genuine moments of human emotion, make for a highly entertaining read

that doesn’t take itself too seriously, just enough to be very enjoyable.

Plot Details (via Goodreads)
2017: 19-year-old Tallulah is going out on a date, leaving her baby with her mother, Kim.
Kim watches her daughter leave, and as late evening turns into night, which turns into early morning, she waits for her return. And waits.
The next morning, Kim phones Tallulah’s friends, who tell her that Tallulah was last seen heading to a party at a house in the nearby woods called Dark Place.
She never returns.
2019: Sophie is walking in the woods near the boarding school, where her boyfriend has just started work as a head-teacher, when she sees a note fixed to a tree.
‘DIG HERE’ . . .
A cold case, an abandoned mansion, family trauma and dark secrets lie at the heart of Lisa Jewell’s remarkable new novel.
It is wonderful to find a book that perfectly

balances the tension of a psychological thriller, the heartfelt emotions of a family drama, and just a sprinkling of the high-energy absurdity popularized by reality TV. I admit, it sounds like an impossible line to walk, but that is what makes Lisa Jewell truly incredible.

After highly enjoying her popular 2019 release, *The Family Upstairs*, I sought out more of her entertaining and intriguing mysteries. I found all of that, and more, in *The Night She Disappeared*. The unique layout of the story was exciting, the plot moving smoothly from Tallulah’s experience before her disappearance in 2017, and Sophie and Kim’s attempts at discovering her fate in 2019. The two timelines paralleled each other in interesting ways, and the different twists and turns of each story kept me guessing until the end! The aspect of the story that centered Kim, Tallulah, and Tallulah’s son was surprisingly heartfelt, and I was genuinely touched by a lot of elements, especially

the mother-daughter relationship. The layer of familial love added a lot to make the characters more grounded and complex.

In any story with two timelines, it can be hard to follow and stay interested in both stories equally. This book did not suffer this affliction. I found myself equally fascinated by Tallulah’s story in 2017 and by Sophie’s investigations in 2019. This is especially because of the complexity and sincerity of the three female leads; Kim, Tallulah, and Sophie read as beautifully authentic, especially in the way they connect with each other.

Kim’s struggle to raise her grandson, while living with the burden of the mystery surrounding her daughter’s disappearance, is heart-wrenching, and her range of emotions, as Sophie uncovers new clues, makes the reader truly sympathize with her journey.

interesting character. Her fascination with the cold case and her status as an outsider to the story made her relatable for the reader. And because she is the one uncovering the clues of the mystery, her perspective is equally intriguing as the other two. All of the perspectives add new details to the story, and nothing felt extraneous or unrelated.

Lisa Jewell’s best skill is her ability to tie-up every loose end in a mystery novel, while still leaving room for the readers to make inferences and feel smart about their predictions. It is a great feeling to put the clues together as the characters do, and figure out the series of events without them being explicitly explained in the text. It is a perfect balance of explanation and mystery, and it is amazing.

Overall, *The Night She Disappeared* was a highly enjoyable, entertaining and intriguing book with a surprising amount of heart and emotional depth. The slight amount of unbelievability only served to heighten an already wonderful story with just enough twists and turns in the plot to keep readers interested until the very end. Lisa Jewell delivers a classic psychological thriller with a heartfelt familial undertone and just enough absurdity to keep the plot on the light-hearted side. I would highly recommend this read!

Post-Script: I listened to this story via audiobook, and I would definitely recommend that method of reading the book. The narrator was highly engaging and entertaining, and it elevated the story!

Reviewer Biography: Sierra Hieshetter is a Lowell High School graduate, class of ‘21. She is currently studying American Literature and History at Kalamazoo College in



FOR THE LOVE OF BOOKS PODCAST
with host **EMMA PALOVA**
Listen in for a chance to win a signed copy in the podcast book giveaway
<http://emmapalova123.podbean.com>,
and major podcasting apps

JANUARY SCHEDULE
Karen Tintori, Unto the Daughters, Jan. 2
Ingar Rudholm, Book marketing, Jan. 12
Andrew Smith, MichiganReads, Jan. 24
Donna Neumann, I Want a Birthday Party, TBA
Marion Volkman, Life Skills, Jan. 27
Leslie Cieplechowicz, Detroit Revealed, Jan. 27

Sponsored by Doc Chavent, The Lowell Ledger, Modern History Press



Kalamazoo, Michigan. She is an avid reader of all types of stories. Fantasy and Sci-Fi are her go-to genres, but she’ll try any book that finds its way into her hands. Some of her current favorites are *Pride and Prejudice* by Jane Austen, *A Game of Thrones* by George RR Martin, and *An Absolutely Remarkable Thing* by Hank Green.

business directory

RISNER'S ROOFING & HOME IMPROVEMENT

SHANE RISNER • 616-897-1080
email: risnersroofing@gmail.com
website: risnersroofing.com

897-4123

Arctic Inc. Heating & Cooling

- Heating & air-conditioning • Wall hung boilers & water heaters
- Geo Thermal systems • Radiant floor heat • Snow melt systems
- Whole house generators • Duct work • Humidifiers

SALES, SERVICE AND INSTALLATION, UPGRADES, NEW HOMES

website: www.HeatingCoolingOnline.com e-mail: info@HeatingCoolingOnline.com

Rich's Service Co.
In-Home Appliance Repair
Dryer Vent Cleaning

INSURED • 20+ YEARS EXPERIENCE

Washers • Dryers • Refrigerators
Garbage Disposals • Stoves
• Dishwashers

RICH CURTIS • 897-5686
209 E. Main St., Lowell

ROGERS NEIGHBORHOOD REALTY
upsizedownsize
RIGHTSIZE

*Buy with Confidence,
Sell with Success!*

RogersNeighborhoodRealty.com
317 E Main St, Lowell, MI - 616.644.0784

JERRY'S LAWN MAINTENANCE & SNOWPLOWING

- Snowplow Service
- Winterizing of Sprinkling Systems
- Fall Cleanup
- Spring Clean-Up
- Lawn Maintenance
- Fertilizing & Bark

Over 25 years of experience, insured, referrals upon request

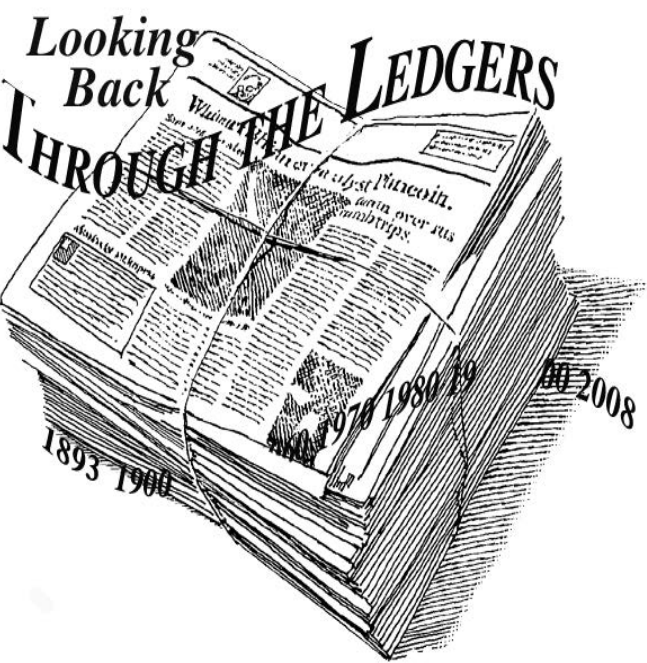
PHONE 616-822-4168

BILL WHEELER
Certified Public Accountant

W.J. WHEELER
103 Riverside Dr.
Lowell, MI 49331

897-7711

viewpoint



125 years ago The Lowell Ledger January 27, 1898

Sunday night in Bourbon, IN, Rev. Mr. Aikin, pastor of the flock at Bethel Church, took for his subject “His Satonic Majesty.” He painted the arch fiend in vivid colors. At the climax of the description a being, dressed to represent a devil, ambled up the aisle, blowing smoke from his nostrils and bellowing: “I am the devil and I want all of you.” The audience became panic stricken. Men, women and children were hurled to the floor and trampled upon in the mad rush for the door. In the confusion, the stove was upset and the building caught fire. Before the horrid members regained their senses, the fire had made such headway that all efforts to save the church were in vain. The next morning, George Aikin, son of the pastor confessed that he, with the help of other boys rigged up a devil suit and knowing the subject of this father’s sermon, concealed himself behind a chair, and awaited the arrival of the audience.

100 years ago The Lowell Ledger February 1, 1923

Henry Coden, 45 years old, of Greenville, was killed when an emery wheel he was using in the H.J. Towner Iron Works broke. A piece of the wheel hit him in the head. He leaves seven children.

Benton Harbor - Miss Elizabeth Forhan, appointed justice of the peace, by the city commission, to fill a vacancy, is the first woman to hold that office in Berrien County. Miss Forman was employed in the office of Justice Harry Plummer, who died recently.

Lowell has a dandy looking chemical fire extinguisher and motor truck, and the Village Council will try it out at a big bonfire on the vacant lots near the canning factory, Saturday afternoon about 2 o’clock. Everybody is invited to see the demonstration.

Lowell High boys were defeated last Friday on Ionia’s large floor, by the Ionia quint. Lowell forwards were not playing up to form, each failing to get a field basket.

The Lowell girls won another victory last Friday night, Jan. 26, when the team went to Ionia and defeated the Ionia girls by a score of 36-10. So far this season, the Lowell girls have done well indeed, having succeeded in winning five out of the six games played this season.

75 years ago The Lowell Ledger January 29, 1948

The Community Memorial building, erected as a testimonial of love, honor and homage to the men of this vicinity who fought and died so that our way of life might be preserved, is again the center of American Legion activity. The Clark-Ellis Post 152 of the American Legion states that the project entails the additional expenditure of thousands of dollars, all all citizens are invited to make contributions to the building fund. The drive for funds will begin Feb. 2, and a solicitor will call on you for your donation of cash or pledge.

An attempt to thaw out a frozen fuel oil line in the home of Ray Bier, Grand River Drive, by building a small fire under the line, resulted in the house catching fire. The fire truck at Ada responded to the alarm but there was no extensive damages.

Lowell’s cage crew dropped No. 7 last Friday night on Godwin’s home floor and slipped to the cellar of the Grand Valley loop. Lowell couldn’t do much to change the score in the final quarter, and it was Godwin 38, Lowell 27, at the final gun.

50 years ago Lowell Ledger Suburban Life January 25, 1973

Lowell State Savings Bank experience substantial growth during 1972, with total assets now amounting to \$14,790,262.48, as revealed by H. J. Englehardt, president and chairman of the board of the local banking institution.

The Lowell Police Department adds up 390 more cases than the year before. Doors and windows, most downtown, left unlocked or open, were up to 162 from 98 in 1971.

Lowell grapplers continued their winning ways in conference play, as they sneaked past Greenville last Wednesday, 24-22.

Lyndon B. Johnson, 36th President of the United States, died of a heart attack Monday, January 22, in San Antonio, Texas.

25 years ago The Lowell Ledger February 4, 1998

Vergennes Township residents said wording in the inspection provision of the amended proposed ordinance for home-based businesses struck at their constitutional rights. Following a lengthy discussion, the Vergennes Township Planning Commission told its attorney to strike the paragraph from the ordinance.

The Lowell Community Expo of '98 will “march” in a little sooner than it did in 1997. Last year’s May event will be bumped up to Saturday, March 28.

On December 10th, while Art Blough’s house was being remodeled, thieves broke in and stole everything from stereos to a car. Art’s wife, Veronica Blough states that their son was hit the hardest. He lost his game TV, his minibike...it was mostly his stuff that was stolen.

The 236.5 points, Lowell grapplers scored at the Kalamazoo Loy Norrix Invitational, Saturday, set a school record for points scored by a Red Arrow wrestling team.

to the editor

Letter writer opinions are their own and do not necessarily reflect the opinion of this publication.

To the Editor:

I support the Lowell Scout Park Association’s efforts to preserve Lowell’s unique property, alongside the Flat River with access to all, and I recommend including related nearby areas of historical and cultural interest.

My Grandmother, Sue Houseman, lived on a farm near the Scout Cabin, and so as a boy, I could explore the woods near the cabin. I played in the foxholes, that some older kids had kindly dug, for our enjoyment in that wonderful stand of pine trees south of the Scout Cabin. In the 1950’s, my father, Howard Thurtell, and my mother, Ruth Houseman Thurtell (LHS ‘38), bought ten acres directly south of the pine forest. In those pines, I watched a baby Great Horned Owl, perching on a low pine branch, until its mama chased me away. We poked around the bank of the Flat near the Scout Cabin and discovered submerged wooden planks that we imagined were part of a long-forgotten grist mill.

Our neighbor, Bill Covert (LHS ‘59), and I would borrow a tippy, old canoe from the Scout Cabin. We called the canoe, “Old Suicide,” because it was easy to capsize, which we did often and deliberately. We would float feet-first and feel something hard, stand up, and grab the canoe. Why was there something to stand on in the middle of the channel? And what was the purpose of that rock-and-mortar wall that connected to nothing except the west bank?

In winter, I would look beyond the leafless trees and see an old house, that I assumed was part of a farm. Across the river, a trail starts alongside the Scout Cabin and winds high above the Flat’s east bank. Devil’s Peak was a small, cleared space of rough clay ,where one summer night, three of us spread sleeping bags and then looked down. The drop was long and interrupted by lethal-looking trees. We aimed our feet at the edge and tried not to roll in our sleep.

Many years later, that house I mentioned was a bed and breakfast where we stayed. I learned that a long time ago, the caretaker of a hydroelectric dam lived there. The ground sloping toward the river is full of clamshells: it was the bottom of the dam’s impoundment. Those things we marveled at as kids -- the sodden wood planks, the rock wall, that hard object I stood on in the channel – those things were parts of that long-defunct hydro plant.

Townpeople pitched in to build the Scout Cabin. It is

Letter, continued page 14

We love to hear from you!



The Lowell Ledger welcomes letters to the editor from readers, but there are a few conditions that must be met before they will be published.

The requirements are:

- All letters must be signed by the writer, with address and phone number provided for verification. All that will be printed is the writer’s name and community of residence. We do not publish anonymous letters, and names will be withheld at the editor’s discretion for compelling reasons only.
- Letters that contain statements that are libelous or slanderous will not be published.
- All letters are subject to editing for style, grammar and sense.
- Letters that serve as testimonials for or criticisms of businesses will not be accepted.
- Letters serving the function of “cards of thanks” will not be accepted unless there is a compelling public interest, which will be determined by the editor.
- Letters that include attacks of a personal nature will not be published or will be edited heavily.
- “Crossfire” letters between the same two people on one issue will be limited to one for each writer.
- In an effort to keep opinions varied, there is a limit of one letter per person per month.
- We prefer letters to be printed legibly or typed, double-spaced. We have a 500-word limit.

Letters can be sent to emailed to ledger@lowellbuyersguide.com
Deadline is noon on Mondays



At Your Local Library

Kent District Library programs at Englehardt Branch, 200 N. Monroe St. For additional information call 616-784-2007.

Toddler Time

Tuesdays, 6:30 - 7:30 pm. Nurture your toddler’s love of books through music, movement and stories while helping to develop their language, motor and social skills. For ages 0-5.

Storytime

Thursdays, 10:30 - 11:30 am. Nurture your child’s love of books and build early literacy skills through stories, rhymes, music and movement. For ages 0-5.

Teen Zone

Thursdays, 3-4 pm. Teen-only fun for you and your friends at the library! Stop by for activities that may include board games, food and more. For ages 11-17.

Night Owls Book Discussion

Wednesday, Feb. 1, 6:30 - 7:30 pm. Join a fun, informal discussion of great books. This month, we’ll discuss *We Begin at the End* by Chris Whitaker. For adults 18+

Open Craft Lab

Saturday, Feb. 4, 1-2 pm. Stop in and try something new or bring in your own project! New projects will be introduced monthly. All previous projects will be available while supplies last. For adults 18+

KDL Lab Experience

Wednesday, Feb. 8, 4-5 pm. Drop in and allow children to think creatively, tinker, explore and collaborate while engaging in a variety of hands-on activities based on STEM concepts. For ages 5-10.

The Art of Life Guided Painting

Wednesday, Feb. 8, 6:30 - 7:30 pm. Follow along step-by-step with one of The Art of Life’s professional artists and art instructors to complete a pre-chosen image. Feel free to add your own flair or just use the supplies to create your own thing. This is a beginner level workshop. Space is limited; first come, first served. Doors open 15 minutes before the program begins and you may save one seat for a friend. For adults 18+

Heart to Heart Craft Party

Thursday, Feb. 9, 10:30 - 11:30 am. Roses are red, violets are blue, join our Valentine event, just for you! Celebrate Valentine’s Day with crafts. For all ages.

ABCs of Lowell history

Address: 214 E. Main
Date Built: 1873
Builder: Sylvester Brower
Owner: E. J. Booth
1st business: Hine, Parrish and Birch shoes and dry goods

Ownership of this property can be traced through the property abstract. In 1844, Daniel Marsac was the original owner of 63.1 acres of land in Section 2, town 6 north, range 9 west. He sold 9.69 acres to Cyprian Hooker in 1846 and the remainder to Abel Avery in 1854. Avery platted the village of Dansville, laying out the streets and lots. Chapin and Booth purchased several parcels, including the lots that today are 214 E. and 212 E. Main. In 1863, after the passing of Booth, the lots were probated to his son, Ephraim J. Booth. There was a “gravel block” building on one of them. Booth was the owner of these lots in 1873, when the new block of six stores was built. In 1886, Booth filed for a Life Lease with reservation giving the two buildings to his three daughters, each 1/3 interest; a quit-claim deed to the three daughters was given in 1894. The daughters owned the buildings until 1926 when they sold to Thomas M. Doyle. John



In 1953, Dawson Bros. Bakery moved to this location. L-R: Jesse Cahoon, Grandpa Seymour Dawson, Charlie Dawson, Mrs. Wordon.

Kellogg purchased 214 E. Main in 1930, with a land contract for the I.O.O.F. (Odd Fellows). The second party assignee was James E. Green. Finally in 1942, the Warranty Deed was given to Lowell Lodge No. 115, Independent Order of Odd Fellows and Island City Rebekah Lodge No. 282, both of 214 East Main, jointly and in entirety.

Hine, Parrish & Birch dry goods was the first business here in 1873. In 1883, F. C. Johnson had a “Bazaar Store”. He advertised that he sold the “Latest Improvements in Fireworks!”

From 1884-1918, the building was listed as a boot and shoe or cobbler shop. A. J. Howk was a partner with Isaac White from 1867 to 1880. Then the partnership became “Howk & Hine”, “Howk & Bostwick”, and “Howk & Son.” A. J. Howk died in 1905 but his son, Willis F. Howk, continued the business, using the same name, until he sold out in 1918. He sold because he had a physical disability, and all his clerks were being drafted for WWI. This was the oldest firm in Lowell - 52 years of selling shoes. It was known as “The Old Reliable Shoe House”.

The second and third floors were used as the International Order of Odd Fellows (I.O.O.F.) Hall. The I.O.O.F is a fraternal organization. The men were called Odd Fellows and the women Rebekahs. There was a separate entrance door on the right side of the

building that led directly upstairs from Main Street. The Lowell Lodge No. 115 I.O.O.F. was instituted on February 15, 1893, with six charter members; membership was 140 in 1931. They continued to meet into the 1980s.

Roth’s Capital Lunch was here, occupying the first floor, in the 1930s. In the 1950s and 60s, it was Lowell Bakery, Dawson Bros. Bakery, and Fluger’s Bakery. In 1969, it is listed as Moraco Corp. Lowell seniors met here when it was the Lowell Senior Neighbor’s Center from 1971-1987. It was Ye Olde Curiosity Shop, 1989-91. Daniel and Deb Pipe bought the building and lived upstairs, operating Rupert’s Drop, an eclectic retail art store on the 1st floor, 1995-2001. Spins and Needles yarn shop was here previous to the opening of the Station Salon (hair care) in 2012.

Subscribe NOW!

the lowell ledger

Fast & convenient right over the phone with a credit card!

Don't miss another week!

897-9261

area churches

CALVARY CHRISTIAN REFORMED CHURCH OF LOWELL

897-7060

Pastor Ryan Landt

1151 West Main Street, Lowell, MI

Website: calvarylowell.org

Morning Worship.....10:00 AM

Weekly Prayer Meeting - Mondays 7 PM

Barrier-Free

happy birthday

Riverside Fellowship of Seventh-day Adventists

"Praying and studying together"

Saturday service begins at 10:30 AM

10300 Vergennes St. SE, Lowell

616-987-0567

www.lowellriverside.com

Pastor Darrel le Roux

GOOD SHEPHERD LUTHERAN CHURCH

10305 Bluewater Highway

(Missouri Synod)

Halfway between Lowell & Saranac on M-21

Sunday Services - 10:30 am

www.gslc.church

Richard Boshoven, Pastor 897-8307

All facilities are wheelchair accessible

St. Mary Catholic Church

402 Amity Street • 616-897-9820

Website: www.stmarylowell.com

Weekend Masses: Sat 5 pm; Sun 10:30 am

Confession: Saturdays 3:30-4:30 pm

Prayer & Adoration: Wednesdays 9 am to 4:45 pm

RELIGIOUS EDUCATION FOR CHILDREN TO ADULTS

JANUARY 26

Victor Weeks, Steven Uzarski, Andy Nowak, Alex Dommer.

JANUARY 29

Brenda Traetz, Kim Call, Karen Potter, Zach DeBold.

JANUARY 27

Jacqueline (Bay) Saylor, Brittani Anderson, Dianna Rhodes, Lori Smith, Nancy Roth, Andrea Dewey.

JANUARY 30

Susan Bell, Nicholas Kinsley, Tyler Call, Josh Dietz, Shirley Stevens.

FIRST CONGREGATIONAL UNITED CHURCH OF CHRIST

865 Lincoln Lake SE • lowellucc.org

Pastor Alyssa Anten

Worship Service - Sundays 10 AM

Open Table (No-cost meal) - Thursdays 5 - 6 PM

Open & Affirming • LGBTQ+ Inclusive

616-897-5906

FIRST BAPTIST CHURCH OF LOWELL

CHRIST-CENTERED, KINGDOM-FOCUSED HOMES

2275 West Main Street - (Barrier Free)

897-7168 • www.fbcloowell.org

Pastor Jon Pickens • Lead Pastor

Pastor Andrew Bolkcom • Pastor of Discipleship

Christi Swain • Director of Children's Ministries

SUNDAY WORSHIP.....9:30 AM (Nursery provided)

LIFE GROUPS 11:00 AM (Nursery-Adult)

Awana (K-5 during school year) Wednesday, 6:15 PM

LOWELL UNITED METHODIST CHURCH

discover. grow. share

621 E. Main Street

897-5938

www.lowellumc.com • Barrier Free Entrance

WORSHIP

Traditional Service: 9 am

Contemporary Service: 10:30 am

Sr. Pastor - Brad Brillhart

JANUARY 28

Ryan White, Cher Mastenbrook, Amy Newhouse, Renee Peters, Veda Joyce Nearing, Kyle Washburn.

JANUARY 31

Rick Fonger, Brian Rasch.

FEBRUARY 1

Chris Vezino, Ryan Teelander, Sommer Mercer, Monica Burt, Ryan Peel, Lydia Koeppel.

You can drive 55 (5 tips to navigate your 50s)

by Bill Lee
contributing writer

Shameless Sammy Hagar reference in the title, I know. But that is part of being in your 50s: making old music references that younger people don't understand. Okay, I know you've done it too. The Google search called, "I just turned 50. Now what?" If you haven't done the search, I challenge you to give it a try. You'll end up reading a lot of dribble, like this article you are about to read. After all, the world needs content! Well, I am here for you. I am not a psychologist, doctor, lawyer or anything special. I'm not a business owner or have much experience in finance and can't help you with your 401K. I'm just a lowly writer looking to share my own experience and advice, and this is my way of dealing with my own future demise. Warning: my tips are not as happy-go-lucky as some of the articles I read.

Well, let the dribble begin! My 5 Tips:

1. Accept it. Breathe it in. Yes, 50 is only a number, but numbers have ways of defining things. Kind of like SAT scores. It's kind of important, but not that important, at the same time. You are 50, really more than middle-aged. You are on the back end of it, my friend. Take it in. Accept it. Enjoy it. Have fun with it. There are some good things that come with being in your 50s — like getting 20 percent off at the pharmacy on each first Tuesday of the month!

2. Don't accept it (with exceptions). That's right. You see what I did there? I was having fun with it. 50 is indeed only a number, but let's face it, some things are just not as easy as before — like seeing things. "Damn it! Where are my readers?" You should still be able to do a lot of physical things, like running with your grandkids or kids (in my case!), without getting too gassed or sore the next day; okay maybe a little. Tip: Don't get out of the gate too fast, like playing

soccer against little kids as though you were still on your college team, or diving for a well-hit whiffle ball, or challenging youngsters to a 40-yard dash race. Your body can still do that, but there may be some dire consequences. We've all seen it. Our buddies tearing an ACL or an achilles when coaching (and playing) their kids' lacrosse team, or sustaining minor injuries like a pulled hammy or rolled ankle, running around the playground or basketball court. Some will come out unscathed. If this is you, be careful, as this will only provide false hope that you'll be able to do it again. And when you do, BAM! Your lower back is history. Take it slow, my friend. We can still do a lot of physical things — moving heavy furniture upstairs, playing sports, mowing our large yards with our push mowers, etc. Come face-to-face with your limitations though. As Kenny Rogers (because you know who Kenny Rogers is!) sang: "You got to know

when to hold 'em; know when to fold 'em..."

3. Go through an existential crisis (or two). It's good for you, and counseling is a good thing. For homework, listen to the song by LCD Sound System *New Body Rhumba*. It explains everything in detail. One line symbolizes it all: "I need a new body to push away the end." And your "needs" are that you still want to do the things you did 20 years ago. Your mind is 35 but your body... again, you can try that but it will be harder. Accept that death is coming — it's not just coming for you but for everybody. Darn it! Am I really going to die? I still can't believe that Prince has been dead for so long. We're talking about Prince! It's kind of crazy that I never felt that I was going to die until I got into my 50s and had a heart scare, then a prostate scare, then a few other scares. Bring on the existential crisis, please! After that, I continued to check my blood pressure,

my pulse, my weight, my cholesterol. My doctor was tired of seeing my face. Maybe eating more salads would help, so I did that. The more I focused on my aches and pains and possible future breakdowns, the more anxiety I had. A good counselor helped me to let go of those thoughts. Reach out when you need it. Your health is the great wild card with all this. Enjoy your good health while you have it because it could change in an instant. "Carpe Diem," as they say.

4. Eat some humble pie. It's good for you. I went to the thrift shop with my younger daughter and a woman began some banter with her. "Are you having a good time with your grandpa?" Zing!!! "No," my daughter said in confusion, "My dad." The woman apologized to me, although there was no need to. I get it. I'm in my 50s and I have a young daughter. I'm an old dad, what can I say? It won't be the last time this happens. All good. Trying to let it roll off my back. Another thing that may happen? Things you thought were cool are not really cool anymore. I do some youth coaching and the other day I was playing *Panama*, by Van Halen. What a song, right? "No sprints for anyone who can name the band!" I said. Crickets and crooked faces. What did I expect really? That song is over 40 years old! They all got sprints that day. Same with

movies. It's hard to believe that kids don't know about *Indiana Jones* and *Back to the Future*, but it's true.

5. Leave it all on the field! Finally, something positive. Enjoy who you are and where you are. You have gained some experience and wisdom over your 50 or so years. Some good, some bad. Maybe you married the person of your dreams (oh, so naïve), had children, then went through a bitter divorce years later; maybe you lost a close family member or friend too soon; maybe your career didn't go where you had hoped; maybe you had to start over several times in various elements of your life. But you made it. You're a survivor. You've been through a lot — in retrospect ,maybe you haven't had it all that bad. It doesn't matter. You are here. Be easy on yourself. You may have 5, 10, 20, 30 or more years left on this Earth. Whatever the case, the third quarter in the football game is about to end. The football players are holding up four fingers on their hands. You're entering the final quarter. The game is at its most exciting time! How do you want to go out? How do you want to finish? Me? I'm going to take the advice of my high school football coach: "Finish strong! Leave it all on the field!" Yes sir. And then whenever my time comes, I'm going to do my best to accept my fate. Again, as the *New Body Rhumba* says, "Go into the light...Go into the light..."

college news

Paige Hahn, Molly Mullett and Molly Puglessi of Ada have been named to the Saint Mary's College Dean's List for the Fall 2022 semester.

To earn this academic honor at Saint Mary's, a student mush achieve a grade point average (GPA) of at least 3.6 on a 4.0 scale, have a minimum of 12 graded credit hours, no incompletes, and no grades lower than a C.

More than 10,200 Iowa State University students have been recognized for outstanding academic achievement by being named to the fall semester 2022 Dean's List. Students named to the Dean's List must have earned a grade

point average of at least 3.50 on a 4.00 scale while carrying a minimum of 12 credit hours of graded course work.

Included on the list is Thomas James Mitchell of Alto.

Elise Smith of Alto, was among the more than 7,500 undergraduate students at the University of Iowa named to the dean's list for the 2022 spring semester.

Smith is a second year student in Iowa's Collee of Medicine and is majoring in Radiation Sciences.

Parker Groom of Lowell has been honored for academic achievement by the Indiana School of Dentistry and named to

the Dean's List for the fall semester of the 2022-2023 academic year.

Megan Chipman was recently recognized as a member of Albion College's Prentiss M. Brown Honors Program.

Chipman is a first-year student at Albion College. Chipman is a resident of Saranac and is a graduate of Saranac High School.

Students in the Prentiss M. Brown Honors Program

have access to a number of challenging and rewarding experiences - exploring, creating, learning in a different way than traditional classes. It's a balance of academics and social support that works, with a curriculum that immerses Honors Program members in intellectual inquiry, then connects and expands their thinking through a senior Honors thesis.



FAXING
SENDING OR RECEIVING
\$1.00 first sheet -
50¢ additional sheet
Buyers Guide
105 N. Broadway, Lowell • 897-9555

Michigan's Only Winter Auto Show!
MI Ride, Discover Yours!



PRESENTING SPONSOR | GENTEX CORPORATION

DeVos Place, Grand Rapids
February 2-5, 2023

DATES & TIMES
Thursday, February 2, 11am-9:30pm Saturday, February 4, 10am-9:30pm
Friday, February 3, 11am-9:30pm Sunday, February 5, 10am-5pm

GRAutoShow.com



The Tree Care Experts!

Certified Arborist!
Identification and treatment of tree and plant diseases and pests.

616.970.0048
oakmeadowtreeservice.com



Family Dentistry Since 1994

- » Gentle Dentistry for Children & Adults
- » Immediate Emergency Treatment
- » Cosmetic Dentistry, Teeth Whitening
- » Preventive Care
- » Extractions/Broken Tooth Repaired
- » Dentures (Same Day Repair)
- » Implants
- » Insurance Plans Accepted

Accepting New Patients

"Gentle & Painless Dentistry Is Our Goal"

Hours:
Monday.....9 a.m. to 5 p.m.
Tuesday.....9 a.m. to 5 p.m.
Wednesday.....9 a.m. to 5 p.m.
Thursday.....8 a.m. to 2 p.m.

Judd T. Carroll D.M.D.
103 East Main • Lowell, Michigan
(616) 897-7595
www.juddcarrolldentistry.com

MI HEARTSafe School Program advocates for medical emergency preparation

n Michigan, the MI HEARTSafe School Program was developed to prepare school facilities to respond to cardiac emergencies. Fast-acting cardiopulmonary resuscitation (CPR) and access to an automated external defibrillator (AED) prior to emergency medical services (EMS) arrival is critical for best possible outcomes.

By recognizing the signs of a sudden cardiac arrest and responding quickly by calling 911 and using CPR and AED before EMS arrives, schools can support a safer environment for students, staff and their communities. A virtual workshop Tuesday, Jan. 24 will be held to teach schools about the program requirements, importance of cardiac emergency preparedness, and the available tools and resources to help them achieve the criteria.

Sudden cardiac death claims the lives of approximately 250 Michigan children and young adults under the age of 40 annually. The MI HEARTSafe School Program, supported by the Michigan Department of Health and Human Services (MDHHS), Michigan Department of Education (MDE), American Heart Association, Michigan High School Athletic Association (MHSAA) and Michigan Alliance for Prevention of Sudden Cardiac Death of the Young (MAP-SCDY), has certified 713 schools in its nine-year history, and expanding the awareness of the program to rural areas and at-risk populations is needed to ensure all Michigan schools are ready in the event of a sudden cardiac emergency.

Preparation is key to ensuring positive outcomes during cardiac emergencies, said Dr. Natasha Bagdasarian, MDHHS chief medical executive. Swift action paired with access to life-saving equipment and training saves lives. Having schools trained for cardiac emergencies can help decrease the number of tragedies and prepare school employees to respond in a timely manner and avert what could be a life-threatening situation. We encourage all schools to apply for a HEARTSafe certification.

If schools want to learn more about how to prepare for these emergencies, MAP-SCDY will be hosting the Jan. 24 virtual workshop from 10 a.m. to noon. Registration is required.

Requirements to become a MI HEARTSafe School include: A written medical emergency response plan and team that can respond to an emergency during school hours and after-school activities and sports. Current CPR/AED certification of at least 10% of staff and 50% of coaches, including 100% of head varsity coaches and physical education staff. Accessible, properly maintained and inspected AEDs with signs identifying locations. Annual cardiac emergency response drills. Pre-participation sports screening of all student athletes using the current physical and history form endorsed by MHSAA. Resources to help meet the criteria are available on the MI HEARTSafe School website. Schools meeting these requirements are able to apply for the MI HEARTSafe School Award and the application cycle is open from January through May 15, 2023.



For more information or email MDHHS-MI-HEARTSafe@michigan.gov. Schools program, visit Migrc.org/miheartsafe

When placing your ad feel free to send a press release about your business.

Health & Fitness Feature

Running in the February 5 edition of the Buyers Guide

Deadline is 5 pm, Wed., Feb. 1

The wellness market was valued at \$4,886 billion in 2022 and is expected to reach more than \$7 billion by 2030. Diet and fitness is more than \$32 billion. Yoga, personal trainers, wearables (high tech equipment) and training at home are top trends.

Hastings Reminder, Marshall ad-visor&chronicle and the Battle Creek Shopper are also running Health & Fitness Features - call for special multi-paper rates.

Advertising Prices

1/8 page - \$72.34 • 1/4 page - \$139.92 • 1/2 page - \$267.70

• full page - \$511.11 • 1 color - \$50 • full color - \$90

The reminder
The People Paper

ad-visor&chronicle
LIFESTYLE and LOCAL NEWS

BATTLE CREEK
shopper NEWS

Buyer's Guide and News

For more Info Contact
Tammy or Jon
displayads@lowellbuyersguide.com
105 N. Broadway, Lowell • 897-9555

Social Security cards are safer at home

Scams to steal your personal information are at an all-time high. The need to safeguard important personal documents, such as your Social Security card, continues to be very important.

A Social Security card is not an identification document. In many situations, you only need to know your Social Security number (SSN). Your physical card is not necessary for most business needs.

Do you need evidence for work? There are several documents you can use instead of your card. Other acceptable evidence includes the following:

- Birth Certificate.
- Permanent Resident Card or Alien Registration Receipt.
- Employment Authorization Document.
- Form I-94 or Form I-94A.

You do not need to show your physical card to apply for certain benefits. You can simply provide your SSN for benefits like: housing, health insurance, food assistance.

You should also know your physical card is not required as evidence for the Department of Motor Vehicles or Driver License (REAL ID). The only state that requires a physical card is Pennsylvania. For all other states, other acceptable evidence includes: W-2 forms, Form SSA-1099, Non-SSA-1099 forms, Pay stubs.

Keeping your card at home reduces the risk of loss or theft – and helps you keep your information safe.

Hillary Hatch is the Public Affairs Specialist for West Michigan. You can write her c/o Social Security Administration, 3045 Knapp NE, Grand Rapids MI 49525 or via email at hillary.hatch@ssa.gov



Gilda’s Laughfest announces artists for 2023 festival

Gilda’s LaughFest, presented by Gun Lake Casino, today announced artists participating during the 2023 festival, coming up March 8-12, including Tig Notaro, Pete Holmes, the Clean Comedy Showcase, D.J. Demers, Daphnique Springs, and Mike Vecchione. Charlie Berens will headline the annual Gilda’s Red Door Gala, which will be held on March 16. Other events and shows announced, include LaughFest: Night at the Museum, LaughFest Trivia Night of Stars, Karajokee, Pop Scholars, River City Improve and The Dirty Show. Other events will be announced in coming days. Proceeds from Gilda’s LaughFest and LaughFest’s High Five Campaign benefit the support program offered through Gilda’s Club Grand Rapids.

Charlie Berens headlines Gilda’s Club Red Door Gala on March 16

“Gilda’s Club is an organization near and dear to the Gun Lake Casino family, and we are proud to once again present this seriously-funny, fundraising event,” said Carter Pavey, the casino’s assistant general manager. “The emotional healthcare Gilda’s provides in the West Michigan area is incredibly important, and can make the world of a difference for anyone who is on a cancer journey, whether it be their own or a loved one.”

Tickets for all events are available at laughfestgr.org or by searching LaughFest at www.ticketmaster.com.

“Each year we work to create a unique festival, including partnering with community organizations like Gun Lake Casino and Disability Advocates of Kent County,” said Zack Berends, festival manager. “This year’s festival will feature nearly 50 events and seriously fun and funny events for all ages.”

In addition to ticketed shows, there will be free events, such as Seriously Funny Adventure Challenge, Sunday Night Funnies, Kids Joke, Family Improv, the Cancer Survivors Showcase, All Y’All Showcase, Drums for All, and more.

Tig Notaro, one of Rolling Stone magazine’s “50 Best Stand-Up Comics of All Time”, will be performing at Fountain Street Church in Grand Rapids on March 10. Notaro is an Emmy and Grammy-nominated comedian, writer, radio contributor and actor, and currently appears

in Zack Snyder’s *Army of the Dead* and *Star Trek: Discovery*. She has appeared on numerous talk shows, as well, including *Ellen*, *The Late Show with Stephen Colbert* and *Conan*. She also wrote and starred in the TV show *One Mississippi* and hosts an advice podcast, *Don’t Ask Tig*.

Pete Holmes, will perform March 9 at Fountain Street Church. Holmes is a LaughFest alum and nationally-touring standup comedian, actor, “Christ-leaning spiritual seeker,” improviser, writer, cartoonist, and late-night host. Pete is currently the host of the wildly popular podcast, “You Made It Weird,” which is a comedic exploration of the meaning of life with guests ranging from Deepak Chopra and Elizabeth Gilbert to Seth Rogen and Garry

has made three appearance on *Conan*. He also has three stand-up albums and has won numerous awards at comedy festivals in Canada. He makes his show accessible to all by using an ASL interpreter for the hearing-impaired.

Daphnique Springs will perform two shows on both March 10 and 11, at Midtown (formerly The Listening Room), 123 Ionia SW in Grand Rapids. Springs stars on Amazon’s *Inside Jokes* and recently made her stand-up debut on HBO’s *All Def Comedy*. She has also performed on *Last Call with Carson Daily*, *Jimmy Kimmel Live* and *The Comedy Get Brown* on BET. Springs won the She-Devil Festival in New York in 2015 and the American Black Film Festival, Comedy Wings Competition, in 2016. She has toured with comedian Katt Williams and had a variety of roles on shows such as *How I Met Your Mother*.

Mike Vecchione is known for his “rapid-fire” comedic skills and has made numerous appearances on *The Tonight Show*, Comedy Central, Netflix, Sirius XM and more. He will be performing two shows on March 9 at the Gun Lake Casino in Wayland, and one show on March 10 at First United Congregational UCC in Lowell, Mich. Vecchione’s album, *The*



different, nationally-touring comedians, featuring adult content without profanity or vulgarity. The comedians will perform the showcase twice daily, March 9 and 10, and three times on March 11, with one show, including brunch, at 11 a.m. The performers in this year’s showcase are Meghan Hanley, Mike Paramore, Laura Peek, Steven Rogers, Irene Tu and Jenny Zigrino.

LaughFest and Disability Advocates of Kent County are partnering to bring **D.J. Demers** to the festival. Demers brings his unique style of stand-up to LaughFest on March 8 at the Special Olympics Michigan Unified Sports & Inclusion Center, 160 68th St SW, Grand Rapids. Demers, who is hearing-impaired, has performed on *The Tonight Show with Jimmy Fallon*, *America’s Got Talent* and

Worst Kind of Thoughtful, was named comedy album of the year by Vulture and Sirius XM.

Capping off the Festival, Gilda’s Club will hold the Red Door Gala on March 16 at Frederik Meijer Gardens & Sculpture Park. **Charlie Berens**, comedian, host and Emmy award-winning journalist, will return to West Michigan to perform at the event. Berens is the creator of the viral comedic news series *Manitowoc Minute* and is



Mike Vecchione will perform on March 10 at the First United Congregational UCC in Lowell. Tickets are available at laughfestgr.org

a frequent collaborator on *Funny or Die*. He also hosts the Discovery + show, *Dark Side Of*.

Donations raised at the gala support the free emotional health services offered through Gilda’s Club Grand Rapids for anyone on a cancer or grief journey.

Ticket and sponsorship information on the Red Door Gala can be found at gildasclubgr.org/reddoor. Clubhouses in Grand Rapids and Lowell, and community programs in various schools and community centers. An affiliate of the Cancer Support Community, the

largest professionally-led nonprofit network of cancer support worldwide, Gilda’s Club Grand Rapids is independently-owned and locally operated. At Gilda’s Club no one faces cancer or grief alone. For more information, visit gildasclubgr.org.

BEAUTIFUL
FULL COLOR COPIES
RIGHT HERE IN YOUR
NEIGHBORHOOD

From 1 to 1000's

Booklets
Sell Sheets
Cards
Invitations

Brochures
Forms
Letterhead
and more...

The possibilities are
ENDLESS!

Give us a call...

616.897.9261

Lowell
Litho
& Printing

Need it printed?
We can do it!

616.897.9261
FOR INFORMATION
OR AN ESTIMATE

Lowell
Litho
& Printing

or email us at
litho@lowellbuyersguide.com

105 N. Broadway, Lowell, MI 49331

Red Arrow

- GYMNASTICS

SPORTS

Gymnastics honors military tradition

By Justin Scott
sports reporter

Since 2015, the Lowell gymnastics team has donned the stars and stripes or military camouflage, through customized leotards, during the Lowell Invitational. It's not just the leotards. Each gymnastics member honors a military member, as a part of the event, to recognize those who have risked their lives to serve our country, and the latest such event took place earlier this month.

It was the brainchild of Lowell girls gymnastics head coach, Michele DeHaan, whose niece, Rebecca (Chamberlain) Allen, is a part of the United States Air Force.

"I wanted to bring awareness to our Nation's military and teach my team to respect the sacrifices

veterans have made for the rest of us," DeHaan said of the annual meet.

The leotards, which the gymnasts wear, are designed by DeHaan; her and the staff find patches that go on the shoulders, which correspond to each honoree's military branch experience, and are eventually sewn on by a local seamstress. The event starts off with the honorees, similar to Pink Arrow; they walk out the honoree and the gymnast honoring them. The gymnasts will typically find a family member or friend to honor, but if they can't find one, the coaching staff helps connect them with one. Often, there are girls who look for honorees, so those who may have someone they want to honor in 2024 can reach out to the program.

"Some years we are lucky enough to have military recruiters, Boy Scouts holding the flags, and a trumpeter to play reveille and taps," DeHaan added.

This year in competition, the team took third in a strong field. Individual medalists from Saturday's invitational were Haley Haywood, Ivy McDonald, Alexis Clark, and Julia Meier. McDonald earned D2 all-around champion honors. Rockford won team honors.

"My favorite part is watching the vets walk proudly with the girls when they are introduced. It makes me so happy that they would give up a Saturday morning to let us honor them. We are so thankful for their service and sacrifice," DeHaan concluded.



Ivy McDonald during a fault routine.

- BASKETBALL

Boys basketball gives Eagles a scare

By Justin Scott
sports reporter

After having Tuesday off, the Lowell boys basketball team went into the Quest Center and gave Grand Rapids Christian a battle, in a 45-35 loss. Lowell was tied with the Eagles at 19-all after the first half in a low-scoring

affair, this despite a first quarter dunk that brought the Eagle student section to life. Lowell briefly took a late second quarter lead on a Ben Gaskin three.

GRC responded with a 15-3 run to start the second half and take control of the game.

The Eagles were ranked ninth in the state in the latest MaxPreps rankings, right up there with Northview, as one of the top teams in the area. They boast a win over fellow GR private school, GR Catholic Central, in a battle of some of the state's top squads.

"We need to keep improving and competing in a tough conference," a quote from Coach Powell, after the game, through the team's social media.

Lowell fell to 6-4 and plays FHC and Byron Center this week.



Jackson Reisbig with the ball, in a game earlier this season.

LOOKING FOR A PRINTER?

Let us give you a quote on your next printing job!

Business Cards • Letterhead • Envelopes • Posters • Banners • Post Cards • Pamphlets & More!

Lowell Litho & Printing

litho@lowellbuyersguide.com

105 N. Broadway, Lowell

616-897-9261

We're Local - Like You!

LHS announces academic All-State

Ten senior football players, from the Class of 2022, earned Michigan High School Football Coaches Association Individual Academic All State honors.

Those players were Alex Binns, Carson Crace, Ian George, Dawson Huhn, Nolan Jannenga, Ethan

Krieger, Connor Lixie, Gus McDonald, Easton Rich and Maddox Simcoe. These seniors were a part of a program that earned a playoff spot, all four years of their high school career.

Several student-athletes, from Fall 2022 sports, earned Individual

Academic All State Honors from the various coaches associations.

Aubreigh Oswald and Kadence Tiede, MIVCA - volleyball; Anna Forney, Annika Sandman and Katrina Sandman, MITCA - girls cross country; Stephanie Spinella, MIGCA

- girls golf; Ryan Baker, Andrew Snell, Jacob Davidson, David Foster, Jason Korzen and Noah VanLaan, MHSSCA - boys soccer.



Red Arrow

- WRESTLING

SPORTS

Wrestlers host annual Gary Rivers Duals

By Justin Scott
sports reporter

Cornerstone University played site to the OK White conference team dual tournament, where Lowell took first place. The seeding was as follows, in order: Lowell, Greenville, Byron Center, FHN, FHC, Northview, and Grand Rapids Christian. East Grand Rapids has opted not to field a wrestling team this season.

LHS received a first round bye, and met FHN in the semifinal, where they prevailed 70-3. Cody Foss and Logan Dawson were

two B teamers who jumped into the A lineup to help the team.

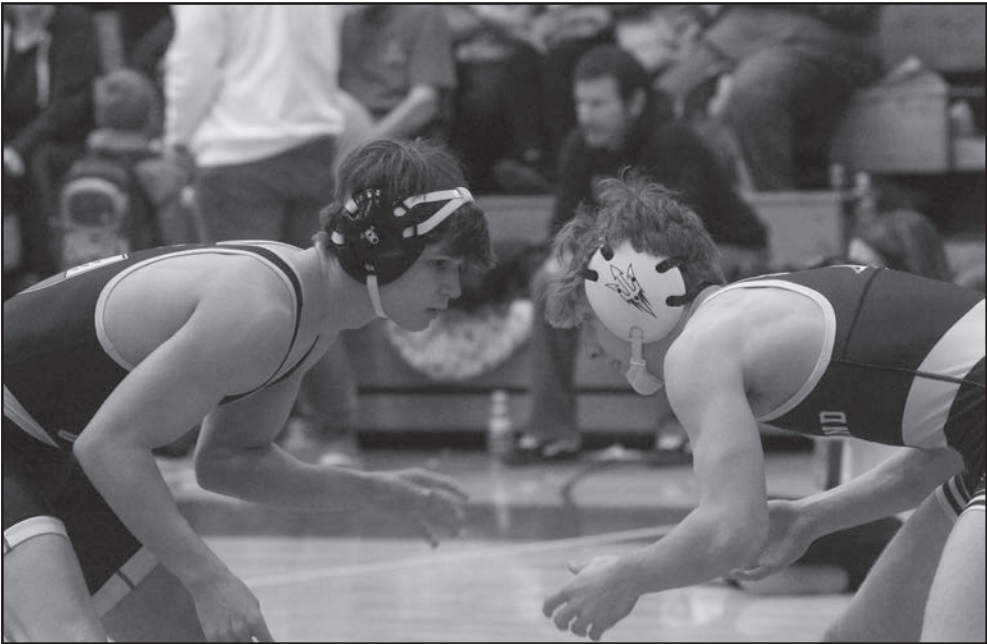
The final was held against two-seed and resurgent Greenville, the Yellow Jackets; the one-time state power had some down years, but are back to being ranked sixth in the state. The Red Arrows prevailed 65-9, starting the dual off on a 36-0 run.

On Saturday, Lowell had four ranked teams in the house for the Gary River Memorial Duals in Division 1 No. 8 Rockford, Division 3 No. 5 Richmond, Division 2 No. 8 Plainwell, and

Division 2 No. 4 Bay City John Glenn.

There was some shuffling of teams throughout the week, as Division 1 No. 3 Davison was among the teams slated to compete but backed out. Lowell was able to plug their B team into the lineup though, to allow for six teams and three duals at a time.

The Red Arrows A squad won three duals, beating Richmond, Rockford, and Plainwell. The first match of the day was Lowell versus Plainwell. A rare potential



Easton Lyons squares off with his opponent from Richmond.



Braddock King, pictured here against Plainwell, was named Lowell wrestling’s “Wrestler of the Week” last week for his consistency in a stacked lower weight class.

glimpse at a matchup in a state final, with both program’s rankings leading to a possible quarterfinal matchup, if the status quo remained unchanged and both programs advanced of course.

Lowell jumped out to an early lead, from Maddox Simcoe and Landon Miller getting falls. Winning matches, the rest of the way, were Casey Engle, Carson Crace, Jarrett Smith, Carter Cichocki, Easton Lyons, Jackson Blum, Owen Segorski, and CJ Poole, to earn a 55-18 final. Plainwell won three matches, all by pinfall.

Richmond, Lowell’s second opponent, isn’t used to getting beat by a large scoreline, but the Blue Devils were bested by Lowell 59-9 win falls from Simcoe, Blum, Cichocki, Ari McFarland, and Miller.

In the last match, Rockford jumped out to a 9-0 lead over Lowell, before a pair of dramatic matches gave Lowell some early momentum, as Carson Crace scored a last second takedown to beat Division 1 No. 2 ranked Ahern of Rockford. McFarland scored a one-point victory of his own, then Rockford lost a team point to make

it 8-6 Rams. Three straight Lowell six-point victories, from Juan Acosta, Smith, and Cichocki, put Lowell ahead for good. Blum, Trevor Boone, Segorski, Poole, Simcoe, and Miller closed the dual off with wins and a 50-14 scoreline.

The B team lost all three of their matches, respectively, 48-24 against Richmond, 58-9 to Plainwell, and 49-24 against John Glenn. Connor McDowell, Nathan Mohr, Jack Lamoreaux, and Gabe Olin scored pins against John Glenn.

- BASKETBALL

Girls basketball losses two to elite opposition

By Justin Scott
sports reporter

The rubber is hitting the road on the Lowell girls basketball season. After an electric 11-0 start to the season, the Red Arrows hit their first speed bumps of the season in losses to East Grand Rapids and Grand Rapids Christian.

Both teams, along with Lowell, will be getting votes in the next state rankings, a testament to how strong the conference is this season.

Tuesday’s showdown with the Pioneers was all it was built up to be. A battle between two top-ten teams in the state, and a great crowd to go with it. Both teams showed their strength and poise at different times of the game, just for Lowell, a difficult third quarter

stretch was the difference.

Lowell held the lead 24-14, thanks to a strong first half defensive performance. The third quarter things flipped as the Pioneers got hot. If Michigan commit and Miss Basketball candidate, Macy Brown, wasn’t driving down low and scoring, she was driving down low, missing a shot that managed to bounce out to a teammate for a corner three. It was that type of third quarter for Lowell on defense, and on offense, the shots just weren’t falling. Brown would score 32 in the game, with many coming in the third as EGR jumped out to a 38-30 lead.

In the fourth, when Lowell had a bucket, EGR would answer, as they

closed out a 49-40 win in front of a packed crowd at LHS.

On Friday, Lowell fell to GR Christian, in a tough environment on the road, against a team that already has a win over EGR by a score of 53-45. The Red Arrows were able to celebrate junior, Braxcynn Baker, becoming just the third player in school history to reach the 1,000 point mark doing so in the first half and becoming the Red Arrows all-time leading scorer. Coming into the season, two players had eclipsed the 1,000 point mark prior, with Regan Coxon holding the scoring record at 1,010.

The losses will make the road to an OK White title a bit tougher for the Red Arrows, but they’ll see each

team again in the regular season. LHS gets FHC and Byron Center this week.



Lowell’s Taryn Jackson and Lexi Howell double team EGR’s Macy Brown on Tuesday night.

obituaries

ABEL

Geraldine “Gerre” Abel, age 76 of Lowell, passed away on January 17, 2023. She was preceded in death by her parents, John and Evelyn Briggs. She is survived by her husband of 56 years, Terry; daughters, Angie (Brad) Plutschouw, Kathie Malone; grandchildren, Katie (Jacob) VanDyke, Meghan Plutschouw, Jack, Aiden, and Lauren Malone; great-grandchildren, Grayson and Kaiden VanDyke; brother, John (Barb) Briggs; sisters, Wanda Buck, Caralyn Jamison; brothers and sisters-in-law, Marlene McCormick, Orison (Addie) Abel, Doug (Terrie) Abel, Jane Comp; and several nieces and nephews. Gerre passed away peacefully

at home after a long struggle with multiple sclerosis. She was a lifelong resident of Lowell and attended St. Mary’s Catholic School, then graduated from Lowell High School. Gerre was a devoted wife, mother, and grandmother. She loved going to garage sales when she was able and was an avid reader. When she became homebound, she enjoyed watching Law and Order and Andy Griffith reruns. Visitation will be held 2-4 PM and 6-8 PM, Monday, January 23, 2023, at Roth-Gerst Chapel, 305 N. Hudson St., Lowell, MI 49331. Funeral services will be held at 11 AM, Tuesday, January 24, 2023, at St. Mary’s Catholic Church, 402 Amity St. SE, Lowell, MI 49331, with visitation one hour prior. Father Rev. Michael Goodwin officiating. In lieu of flowers, memorial contributions may be made to Faith Hospice, 2100 Raybrook St., SE, Suite 300, Grand Rapids, MI 49546, <https://faithhospicecare.org/donate/>



SEESE

Lois Jean Seese, age 94, of Alto, passed away on January 7, 2023, in Greenville, NC. She was preceded in death by her husband of 67 years, Philip Seese; and her parents, LaVerne and Myrtle Klahn; and her cat, Tammy. She is survived by her son, Larry Seese; sister, Phyllis Conway from Danville, KY; sister-in-law, Ellen Host from Mobile, AL; many nieces and nephews; and special friends, Gloria Martinez, Melody Ellison, Gerri Holwerda, Linda Grinage. After graduating high school, Lois was a homemaker who liked to make cookies and was called “Cookie” by her husband. She enjoyed knitting, watching soap operas on TV, sending cards, and giving candy and cookies to friends. Lois loved traveling to other states and visiting her son and seeing the sights. Funeral services will be held at 11 AM, Saturday, May 6, 2023, at Roth-Gerst Chapel, 305 N. Hudson St., Lowell, MI 49331, with visitation one hour prior. Interment Bowne Center Cemetery in Alto, MI. Memorial contributions may be made to Flat River Outreach Ministries, 11535 Fulton St., Lowell, MI 49331 or the Alto Library, 6071 Linfield Ave., Alto, MI 49302.



ABEL
Orison Charles Abel, age 83, of Lowell, passed away peacefully surrounded by family on January 20, 2023. He was preceded in death by his parents, Gus and Doris Abel; and baby sister, Marilyn. He is survived by his wife of 61 years, Addie; children, Terry B. (Heather) Abel, Vicki Vanderwarf; grandchildren, Troy (Alexa) Abel, Tory (Travis) Scholten, Jesse Abel, Ashton Vanderwarf, Mallorie Vanderwarf, Mackenzie (Mack) Ganzak, Reece Vanderwarf, Ethan (Grace) Vanderwarf; 9 great-grandchildren including special great-grandchild, Kayah Abel; brothers, Terry M. Abel, Doug (Terrie) Abel; sisters, Marlene McCormick, Jane Comp; sisters-in-law, Carole Tower, Alice (Steve) Koss, Jean Cummings; brother-in-law, Rob (Nancy) Tower; special niece, Becky Venema; and special friends, Ruth and Jerry. Orison served in the 101st Airborne Division of the US Army and worked 52 years with the Kent County Road Commission. He especially enjoyed hunting, fishing, all sports, road trips, and vacations with Addie. A Celebration of Life will be held 2-5PM, Sunday, January 29, 2023, at the Lowell Moose Lodge, 1320 E. Main St., Lowell, MI 49331. A private burial will take place at a later date. Memorial contributions may be made to the Lowell Moose Lodge, or Faith Hospice, <https://faithhospicecare.org/donate/>, or Alzheimer’s Association, <https://www.alz.org/gmc>



CHESEBRO

Lawrence A. Chesebro, age 90 of Ada, passed away Saturday, January 14, 2023. He was preceded in death by his wife of 68 years, Edith (Gould) Chesebro and his son, Donald Chesebro. Larry is survived by his children, Sharon Grau, Darlene Horsley, Marlene Chesebro, Michael Chesebro, Larry (Kristan) Chesebro; sister-in-law, Sally Gould; grandchildren, Terry (Staci) Chesebro, Kelly (Mark) Thelen, Rebecca (Mark) Nicholson, Cyndi Nicholson; great-grandchildren, Bradlee (Josh), Marcellus, Dylan, Sophia, Emma, Kiera, Andrew, Samuel; great-great-grandson, Sage; and several nieces and nephews. Larry grew up in the Ada-Lowell area. A Korean War veteran, Larry served in the United States Army. Larry was a hard-working man who held down two jobs to support his wife and six children. He was an avid hunter and fisherman, a long-time member of Qua-Ke-Zik Sportsman’s Club, and loved touring the country on his motorcycle. Larry enjoyed the thrill of bargain hunting and owned a wide variety of sports cars and motorcycles throughout his life. He enjoyed traveling with his wife and children and visited Hawaii, Florida, and Australia. Larry will be remembered as a man who truly delighted in his family and was always there to lend a helping hand. He took great joy in his grandchildren, great-grandchildren, and great-great-grandson. He also had a delightfully mischievous grin that lit up his face, and he enjoyed bantering with others until his last days. The family would like to express their gratitude to the staff of Maple Ridge Manor for their excellent care of Larry during his final year, as well as to Careline Hospice services. A Celebration of Life will take place at a later date.



gerst
FUNERAL CARE
Roth-Gerst



gerst
FUNERAL CARE
Roth-Gerst

MACDONALD
Duane Charles MacDonald passed away on December 31, 2022, at the tender age of 87 years. He is survived by his wife of 63 years, Marcia (Bailey) MacDonald; his sons, Dan (Teri) MacDonald of Reed City, MI, Michael (Lisa) MacDonald of Reed City and Mark (Sandy) MacDonald of Lowell; seven grandchildren and some GREAT-grandchildren.



Duane (nicknames: “Dee” & “Mac”) was born on August 9, 1935, in Otsego, Michigan. He grew up in Grand Rapids, graduating from Kelloggsville High School. He joined the Army and served in postwar Germany. After returning home, he joined the boom to manufacture automobiles, becoming a Tool & Die Specialist for General Motors. He met Marcia and began to grow a family in Kentwood, before moving to Lowell. Mac loved being outdoors and traveling. He and Marcia journeyed to Alaska and all four corners of the United States, spending many winters in their motorhome, visiting friends in Lakeland, Florida. In recent years, his decline was accelerated by an accident & brain injury. In his younger years he had been an avid golfer, enjoyed meeting with friends and family for hunting, fishing, and celebrating sports of all manner (including horseshoes). Mac loved analyzing games and was a true Michigan State Fan of the first degree! He is already missed by those who know & love him. Funeral services were held at 1PM, Saturday, January 14, 2023, at Roth-Gerst Chapel, 305 N. Hudson St., Lowell, MI 49331, with visitation one hour prior. Memorial contributions may be made to Hospice of Michigan at <https://www.hom.org/donations/> or by mail, 989 Spaulding Ave SE, Ada, MI 49301.

gerst
FUNERAL CARE
Roth-Gerst

POWELL
David “Dave” Lewis Powell, age 89, of Lowell, passed away peacefully on January 19, 2023. He was preceded in death by his wife, Fran. He is survived by his loving partner, Delores Christensen; children, Teri (David) Pembrook, Karen Johnson, Vickie (Kevin) McGraw, Brian (Carol) Christensen; grandchildren, Charles (Sarah) Johnson, Kayla (Jason) Flanders, Tracey (Skyler) Fisk, Sarah Pembrook; great-grandchildren, Brayden, Joslynn, Maxwell Johnson, Otis Flanders, Asher, Noah Fisk; sister, Carmen (Virgil) Roudabush; many brothers and sisters-in-law; and several nieces and nephews. Dave was a proud Veteran who served as an M.P. in the Korean War. He loved his kids and grandkids. He was an avid Tigers, Lions, and U of M fan. Dave enjoyed woodworking and made many things for his family and friends. He loved watching westerns and John Wayne. Dave enjoyed casino trips. Visitation will be held, 4-6 PM, Tuesday, January 24, 2023, at Roth-Gerst Chapel, 305 N. Hudson St., Lowell, MI 49331. Funeral services will be held 11 AM, Wednesday, January 25, 2023, at Roth-Gerst Chapel, with visitation one hour prior. Pastor Corey Malone officiating. Interment Graceland Memorial Park and Mausoleum. Memorial contributions may be made to the Association for The Blind & Visually Impaired at <https://www.abvimichigan.org/your-help/donate-now/>



gerst
FUNERAL CARE
Roth-Gerst

office hours:
Mon.-Thurs. 8 a.m.- 5 p.m.
Closed Fri., Sat. & Sun.

classifieds

for sale

1999 BUICK LESABRE FOR PARTS - Engine & transmission in great shape. Call 616-734-4771.

USED TIRES - Call with size, 616-292-7649/616-295-8820. Rob's Auto - thanks.^{TFN}

REACH OVER 100,000 AREA HOMES - with our Marketplace! One call & one payment, only \$40! Includes 20 words & 1 black & white photo. Only items for sale please. Perfect place to advertise a vehicle or camper for sale! Call 897-9555, email: classifieds@lowellbuyersguide.com or stop by 105 N. Broadway for more info.

Use Happy Jack® Seal N Heal® on dogs, cats & horses to close wounds with a bitter taste. Allow healing. At Tractor Supply & better Farm & Garden Stores. (Distributed by Florida Hardware (800) 241-6542)

NEWSPAPER END ROLLS AVAILABLE AT THE BUYERS GUIDE - Many uses, table cover, art projects, packaging, etc. Usually \$6 - \$9 each. Stop by & grab one today! 105 N. Broadway.

for rent

WE DO BUSINESS IN ACCORDANCE WITH THE FEDERAL FAIR HOUSING LAW - Equal Housing Opportunity. It is illegal to discriminate against any person because of race, color, religion, sex, handicap, familial status or national origin.. Anyone who feels he or she has been discriminated against may file a complaint of housing discrimination: 1-800-669-9777 (toll free) 1-800-927-9275 (TTY).

FLORIDA CONDO EAST COAST FOR RENT BY THE WEEK - or month of January - privately owned, 3 BR, 2 Bat, gated community. For more information call 269-908-1654.^{TFN}

PRICELESS STORAGE - Indoor/outdoor. New Units on Alden Nash, 1 mile South of I96. Call for specials 558-2900.^{TFN}

HALL FOR RENT - Lowell Veteran's Center, 3100 Alden Nash. Newly remodeled, smoke-free, private, great location & great rate! www.VFW8303.org. Jan., Feb, March & April Veterans Potluck at 2 pm on the 2nd Sunday of the month. Call John at 299-0486 or 897-8303.^{TFN EOW}

WHISTLE STOP MINI STORAGE - 12661 Vergennes, N. of Lowell. 5x10; 10x10; 10x20; 10x30; 12x40. Fenced lighted, key code entry. Call for more information, 897-8872.

misc.

LHS SENIORS - The General Local Scholarship online process was announced to LHS seniors via a "lowelleducation" account email 8 am on January 3, 2023. Interested 12th grade students living within the Lowell school district boundaries but not attending LHS should phone (616-987-2908) or visit the Englehardt or Alto KDL branches for applications. Deadlines are noted with applications. Two letters of recommendation, transcript, and personal statement are also required.

TOPS (TAKE OFF POUNDS SENSIBLY) WEEKLY MEETINGS - Tuesdays, 6:30 pm at Schneider Manor Community Room, 725 Bowes Rd., Lowell. Cost \$37 per year and \$5 per month... start losing weight TODAY

ATTN LOWELL WIDOWS - We have a widows luncheon on the last Friday of each month. Starts promptly at 1 pm. All are welcome. Questions on location, call Elaine 616-856-8022 or Jenn at 616-490-9970.

Eliminate gutter cleaning forever! LeafFilter, the most advanced debris-blocking gutter protection. Schedule a FREE LeafFilter estimate today. 15% off Entire Purchase. 10% Senior & Military Discounts. Call 1-866-495-1709

help wanted

DRIVER WANTED to a chiropractor in Ionia 2 days a week. Call Linda 616-897-9202.

services

WHEN IN AN ACCIDENT - YOU CAN CHOOSE WHO TOWS YOUR VEHICLE - Request J&K Roadwide Service, 616-690-0983.

EMERGENCY ROAD SERVICE - Lowell & surrounding areas. On road repairs. Rob's Towing & Auto Salvage. "CHEAP HOOKER" 616-292-7649 or 616-295-8820.

COPIES COPIES COPIES - Color & black & white copiers! Excellent quality! Stop by our office, Lowell Litho, 105 N. Broadway.

COPY SERVICE, (black & white & color!)
FAX SERVICE,
LAMINATING
PRINTING
BANNERS
POSTERS
& MUCH MORE
AVAILABLE AT THE
LOWELL LEDGER
105 N. Broadway
HOURS
M-Th. 8-4 p.m.
Ph. 897-9261

services

DRIVER'S LICENSE SUSPENDED OR REVOKED? - Don't get sucked into \$100-\$300 evaluation fees...I NEVER charge for your record evaluation & consultation! Driver's license RESTORATION: Flat fees only, no hourly billing. FREE consultation & evaluation of your case. Have a question? Call Attorney Martin Mead (616) 235-0330.

NEED AN AL-ANON MEETING? - Al-Anon is a fellowship of families and friends of alcoholics. Join us Sunday-Saturday at 10:30 AM and 7 PM on Zoom. Come learn the Steps, Traditions & Concepts of living and coping, in Serenity, with alcoholism. There are no dues or fees for Al-Anon. For Zoom meeting ID & Password, please call Joy at 616-901-7779.

BUSINESS CARDS - Before you order your cards from somewhere else - check our rates! Call Lowell Litho, 897-9261.

Eat. **Shop. Explore.**
LOCAL

**Find Out
What The Buzz
Is All About
with a subscription to
the lowell
ledger**

**Call to start your
subscription
897-9261**

PUZZLE SOLUTIONS

I	R	S							D	A	P	S
N	E	T	S						S	A	N	A
S	T	A	T					P	A	N	T	R
T	I	T	A	N			B	L	I	G	H	T
E	N	U	R	E			S	T	A	N	L	E
P	A	S	S	T	H	E	B	U	T	T	E	R
					O	L	A		F	E	D	
			A	S	K			H	O	D		
		P	E	P			T	A	R			
			M	A	R	I	L	Y	N	M	O	N
	R	O	T	A	T	O	R			T	E	A
C	A	R	I	T	A	S				C	U	B
U	N	R	E	E	L					S	I	V
R	E	I	N	S						S	E	E
B	E	S	T							S	S	E

9	4	1	3	7	2	5	8	6
6	5	3	1	8	9	4	2	7
2	8	7	5	6	4	9	3	1
8	7	4	2	5	3	6	1	9
3	1	6	7	9	8	2	5	4
5	2	9	4	1	6	8	7	3
1	9	5	8	4	7	3	6	2
7	6	2	9	3	5	1	4	8
4	3	8	6	2	1	7	9	5

G M A P V A D A C Y O A D I S E I B O M
E E N N H B M E N H E L T H E R A P Y N
N K T Z V C V S R C T L Y C S D A G M G
E V I R F N T M A L L E F G M R E P C T
E H B F E A E A Y L S L R R P C S B I G
L E O O C C M G M A P E M O D U O A M M
C M D H N V I C I D U E G U I R D A E Z
T B Y O A E K P S T L I C P F K K H S Y
Y K C E R Y K F K B N E K I T N D N O L
P U F L U B E G I I L A U N V D H E M Y
E G A H S T K T N L D V S G I V P U P M
B S G O S Y A N S I L I P O A H H B U C
L U G E A P S E H H T L H Z L K E T Y D
O G U M M N O I S U F S N A R T R T V P
O C S O L K H Y G Y B N E K L S E T E R
D B C K N D R F N S Z O T T C T S M E I
D R D A O D V R R P P F L M U E I P S Y
H T B N T N A N I M O D O C T R S H H I
F Y O D G T N E M E G A N A M H S V T A
Z R D S E M Y Z N E P R S D I G G B G U

**NEED IT
PRINTED?**

FROM
**SIGNS &
BANNERS
to
BUSINESS
CARDS &
BOOKLETS
and everything
in between!!!**

CONTACT
Lowell
**Litho
& Printing**

**616.897.9261
FOR INFORMATION
OR AN ESTIMATE!**

LOWELL LITHO
Your Hometown Printer



Live the Life You Want

With Melissa Spino, MA, LPC, CDMS
Life Transitions Therapy, LLC

The power of laughter and humor

The last article I wrote was on the benefits of tears. Now I want to share the powerful benefits of laughter and humor. We know that our physical health affects our mental health and vice versa, and both are essential for our overall wellness. So, I will touch on the benefits that laughter and humor have on both, along with a few social benefits.

Physical benefits

According to the Mayo Clinic, laughter has many short-term and long-term positive physical benefits. In the short-term, laughter helps oxygen intake to stimulate our muscles, heart, and lungs. Laughter also increases endorphins,

which can reduce blood pressure, heart rate, and stimulate circulation, all helping to reduce some of the physical symptoms of stress. Many other reputable medical agencies agree that laughter has positive heart and cardiovascular benefits.

The long-term benefits of laughter and humor include natural pain relief from the release of endorphins. Positive thoughts release neuropeptides which help with stress, improve the immune system, and can help fight more serious illnesses. This in turn can also help improve sleep.

Dr. Robert Bonakdar FAAFP, FACN, the Director of Pain Management at

the Scripps Center for Integrative Medicine, states that studies show improved pain is likely due to an endorphin-mediated opiate effect released when laughing. The pain relief from laughter seems to be independent of the person’s mood, which means laughter can have a positive effect even if you feel down or sad.

A Norwegian study found that those with a strong sense of humor outlived those who don’t laugh as often. It was especially notable in those fighting cancer. We know there are many other factors to consider when studying the benefits, but current research suggests how powerful laughter and humor can be.

Mental health and social benefits

Some of the physical benefits touched on some of the mental health benefits. Below is a list of some additional mental health and social benefits of laughter and humor.

Laughter and humor: Can reduce symptoms of depression, chronic stress, and anxiety.

Laughter decreases several types of stress hormones. Those with depression typically have reduced levels of certain brain neurotransmitters. Laughter has been found to alter neurotransmitter activity, so along with the release of endorphins, this

can help with a depressed mood. Mental health professionals developed a therapy around laughter called...yes, you guessed it, “laughter therapy.” Those studying laughter therapy have found it to be effective as a mental health treatment for stress, depression, and

when the conflict is not serious in nature. Shared laughter can help you both move on by halting anger.

Can help you connect with others. Humor and laughter attracts others, promotes bonding, and strengthens relationships. As noted above, it can also

for work), refrigerator and read them daily. Especially if you feel stressed.

- Collect and watch funny movies & shows. Book mark funny or cute videos on YouTube, blog sites, joke sites, or other sites. Collect and read funny books, clippings, and



anxiety while increasing feelings of happiness and self-esteem. Since laughter also helps with relaxation, we feel recharged increasing our energy.

Can help halt anger. Appropriate laughter or humor can help with conflicts and anger. Be careful, though, as it can have the opposite effect and cause more anger and conflict if the person feels you are laughing at them or not taking the situation seriously. Laughter/humor seems to be most helpful

help stop conflicts.

Can increase life satisfaction by making it easier to handle tough situations and connect with others. It increases our resilience so we can recover more quickly from difficulties and increases feelings of happiness.

These few examples show the power of laughter and humor. So, it benefits us to work to increase it in our daily life.

Increasing daily laughter and humor

There is little, if any, downside to increasing your daily laughter and humor. It’s also a plus that humor can be learned!

After trying each of the following, check-in with yourself. How do you feel? What physical and/or mental health benefits do you notice? Which social benefits?

- Put funny comics, photos, stuffed animals, cards, plaques, sayings, etc., on your desk (appropriate

magazines.

- Find ways to bring “appropriate” humor to stressful situations.

- Go to a comedy club. Try laughter yoga (this is really a thing). If you can’t find this yoga locally, you may find it online. Spend time with friends who are naturally humorous and work to copy some of their humorous behavior.

Avoid inappropriate humor, such as making fun of or laughing at the expense of others. The purpose of this is to embrace laughter and humor not to be unkind.

Laughter stays with us, providing so many positive short-term and long-term benefits to our physical health, mental health, and socially. So, go ahead and give it a try. Work to increase laughter and humor during your day. I hope you find this information helpful but it is not intended to diagnose or treat. I hope everyone stays safe, and healthy!

Letter, continued

an example of community cooperation. These structures, including the pump station house, tell us how residents worked at bringing amenities, such as electricity and water, to their community. The remnants of that old power plant are part of the technological history of Lowell, and really, of the entire country. Downstream from the cabin there was a seasonal village of Native Americans. The trail to Devil’s Peak was part of an indigenous pathway that connected the future Lowell area with the entire

state and beyond. Old Suicide was far from the first canoe to travel the Flat! I can’t help asking what caused the hydro plant to fall into ruins. The area is rich in archaeological and historical significance.

I support developing Scout Park, along lines that encompass research, education, presentation, and recreation on an expanded site. I am opposed to any action that would destroy this treasure.

Yours truly,
Joel Thurtell
Plymouth, MI
LHS ‘63



LEGAL NOTICE

PUBLICATION OF NOTICE OF HEARING STATE OF MICHIGAN

The Probate Court for the County of Kent

IN THE MATTER OF:
ALVINIES ELDER,
Conservator
File No. 23-212,643-CA;
Guardianship
File No. 23-212641-GA.

TO ALL INTERESTED PERSONS including his son, Kenneth Elder and any other unknown children and heirs, whose address(es) is/ are unknown and whose interest in the matter may be barred or affected by the following:

TAKE NOTICE: A hearing will be held on February 23, 2023, at 1:30 PM at Kent Co. Probate Court, 180

Ottawa NW, Grand Rapids, MI 49503, Courtroom 9C in person and via Zoom before Judge David M. Murkowski (P35026) for the following purpose: Appointment of a Guardian and Appointment of a Conservator.

Dated: January 14, 2023

Adult Protective Services, DHHS, Petitioner
121 Martin Luther King Jr. SE, Grand Rapids, MI 49507
(616) 260-5649

VAN ESSEN and ASSOCIATES PLLC,
Attys. for Petitioner by
Amanda Van Essen Wirth
(P75001)
109 E. Main St.
Suite 11
Zeeland, MI 49464
Phone: (616) 633-0196

PUBLICATION OF NOTICE OF HEARING STATE OF MICHIGAN

The Probate Court for the County of Kent

IN THE MATTER OF:
ROSA BONILLA
Guardianship File
No. 23-212,652-GA.

TO ALL INTERESTED PERSONS including her son, Ceasar Bonilla and any other unknown children and heirs, whose address(es) is/ are unknown and whose interest in the matter may be barred or affected by the following:

TAKE NOTICE: A hearing will be held on February 8, 2023, at 1:30 PM at Kent Co. Probate Court, 180

Ottawa NW, Grand Rapids, MI 49503, Courtroom 9D in person and via Zoom before Judge Avery Rose (P77757) for the following purpose: Appointment of a Guardian.

Dated: January 14, 2023

Adult Protective Services, DHHS, Petitioner
121 Martin Luther King Jr. SE, Grand Rapids, MI 49507
(616) 690-7176

VAN ESSEN and ASSOCIATES PLLC,
Attys. for Petitioner by
Amanda Van Essen Wirth
(P75001)
109 E. Main St.
Suite 11
Zeeland, MI 49464
Phone: (616) 633-0196

LEGAL NOTICE

••• DIRECT FROM LAS VEGAS •••

OH WHAT A NIGHT!

••••• A MUSICAL TRIBUTE TO •••••

FRANKIE VALLI & THE FOUR SEASONS

TUESDAY, MARCH 7, 2023 – 7 PM

FORD COMMUNITY & PERFORMING ARTS CENTER - DEARBORN
Call 313-943-2354, online: www.dearborntheater.com

WEDNESDAY, MARCH 8, 2023 – 7 PM

RED ROOM at the DOW EVENT CENTER SAGINAW
Tickets at the Dow Box Office or online: ticketmaster.com

THURSDAY, MARCH 9, 2023 – 7 PM

MACOMB CENTER FOR THE PERFORMING ARTS - MACOMB
Call 586-286-2222 or visit www.macombcenter.com

FUN PAGE

SUDOKU

9						5		
			1		9			
		7			4		3	
	7				3			9
	1	6	7			2		
5	2							
		5					6	
							4	8
		8	6		1			

Level: Intermediate

Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

Puzzle solutions
on page 13

Guess Who?

I am a chef and TV personality born in Ohio on January 22, 1968. I worked as a food product developer before making it big on the Food Network. I'm known for my gregarious personality and bleached hair.

Answer: Guy Fieri

1	2	3					4	5	6	7
8				9				10		
11								12		
13					14			15		
16							17			
18					19	20				
				21				22		
			23					24		
		25				26				
	27				28				29	30
		34							35	
36								37		
38								39		
40								41		
42									43	

BLOOD CELLS WORD SEARCH

G	M	A	P	V	A	D	A	C	Y	O	A	D	I	S	E	I	B	O	M
E	E	N	N	H	B	M	E	N	H	E	L	T	H	E	R	A	P	Y	N
N	K	T	Z	V	C	V	S	R	C	T	L	Y	C	S	D	A	G	M	G
E	V	I	R	F	N	T	M	A	L	L	E	F	G	M	R	E	P	C	T
E	H	B	F	E	A	E	A	Y	L	S	L	R	R	P	C	S	B	I	G
L	E	O	O	C	C	M	G	M	A	P	E	M	O	D	U	O	A	M	M
C	M	D	H	N	V	I	C	I	D	U	E	G	U	I	R	D	A	E	Z
T	B	Y	O	A	E	K	P	S	T	L	I	C	P	F	K	K	H	S	Y
Y	K	C	E	R	Y	K	F	K	B	N	E	K	I	T	N	D	N	O	L
P	U	F	L	U	B	E	G	I	I	L	A	U	N	V	D	H	E	M	Y
E	G	A	H	S	T	K	T	N	L	D	V	S	G	I	V	P	U	P	M
B	S	G	O	S	Y	A	N	S	I	L	I	P	O	A	H	H	B	U	C
L	U	G	E	A	P	S	E	H	H	T	L	H	Z	L	K	E	T	Y	D
O	G	U	M	M	N	O	I	S	U	F	S	N	A	R	T	R	T	V	P
O	C	S	O	L	K	H	Y	G	Y	B	N	E	K	L	S	E	T	E	R
D	B	C	K	N	D	R	F	N	S	Z	O	T	T	C	T	S	M	E	I
D	R	D	A	O	D	V	R	R	P	P	F	L	M	U	E	I	P	S	Y
H	T	B	N	T	N	A	N	I	M	O	D	O	C	T	R	S	H	H	I
F	Y	O	D	G	T	N	E	M	E	G	A	N	A	M	H	S	V	T	A
Z	R	D	S	E	M	Y	Z	N	E	P	R	S	D	I	G	G	B	G	U

Find the words hidden vertically, horizontally, diagonally, and backwards.

BLOOD CELLS
WORD SEARCH

ALLELE
ANTIBODY
ANTIGEN
ASSURANCE

BANK
BLOOD
CELLS
CODOMINANT
COMPATIBLE
DONOR
DOSE

ENZYMES
GENE
GROUPING
MANAGEMENT
MATCH
PHERESIS
PLASMA

RED
TESTING
THERAPY
TRANSFUSION
TYPE
VIAL

WORD SCRAMBLE

Rearrange the letters to spell something pertaining to blood collection.

N R O O D

--	--	--	--	--

Answer: Donor

CLUES ACROSS

1. Tax collector
4. Fishes without the line touching water
8. Brooklyn hoopsters
10. Actress Lathan
11. A metric for athletes
12. Food storage location
13. Colossus
15. Desolations
16. Accustom to something unpleasant
17. ___ Kubrick, filmmaker
18. You might ask this at Thanksgiving
21. Arkansas city
22. Gave food to
23. Request
24. V-shaped open trough
25. Make lively
26. It accompanies feather
27. Blonde bombshell
34. One who revolves
35. Bluish greens

36. Charity

37. Having the shape of a cube
38. Unwind
39. Believed by some to be the supreme being
40. Checks or guides
41. Leak slowly through
42. Top-quality
43. Midway between south and southeast

CLUES DOWN

1. Part of your foot
2. It's at the back of the eyeball
3. Where things stand
4. Offered
5. Contains pollen
6. Boisterous get-together
7. Asserts out loud
9. They're in the sky
10. Canonized
12. A politician's official stances

14. It can catch fish

15. British thermal unit
17. Helps little firms
19. Where patients go for treatment
20. Large red deer
23. Pokes holes in
24. "Star Wars" hero Solo
25. One in a hospital
26. Scandinavian god of battle
27. Famous cat
28. ___ Angeles: City of Angels
29. Type of drug (abbr.)
30. City along the Rhine
31. Animal disease
32. Martini ingredients
33. Get away
34. Rare species of rodent
36. Suppress

Red Arrow

SPORTS

Courtney Witten makes commitment to Cleary

By Justin Scott
sports reporter

College sports commitments happen, but it's not everyday you see a double college sport commitment. Lowell senior, Courtney Witten, is one of those having committed to Cleary University, here in Michigan, for both bowling and softball.

The Lowell senior is currently hoping to study digital marketing at Cleary. She committed over the summer well before the start of the LHS sports seasons.

"Committing early absolutely took away a lot of stress. I now can have fun with my final seasons without worrying about impressing coaches and building stats. After fall ball for travel softball and my first few weeks of bowling, I can already tell that I am having plenty of fun and enjoying the time I have left with high school sports," Witten said of the early commitment.

Cleary is a private college in Howell, Michigan and competes in the NAIA for sports. Witten is currently bowling with the Red Arrow

girls team, where she had a high score of 204, to lead the team against Byron Center earlier this week. She has also been a state qualifier and helped lead Lowell to a conference title last year.

"Cleary felt like home, and I knew after speaking with people there and meeting with the coaches, it was the place for me," Witten said. "During the recruiting process, I was able to see different types of campuses, big and small, and during those tours, I was able to figure out what kind of campus I liked best. Cleary is a tiny university, with roughly 800 kids, and I love the close-knit community on campus. When it comes to softball, the moment I met Coach Bailey, Cleary's head coach, there was growing suspicion that Cleary would be my next home. He was welcoming and made me feel like I belonged on the team. When it came to bowling and meeting Coach Dann, she sealed the deal. The moment I met her, I felt like I had just gained another friend. She was very personable; even

before I committed, she told me to contact her if I needed anything."

The recruitment process for Witten started early, through a recruiting program called National Scouting Report.

"It is a program that sets up an entire page, just for you, and showcases you to college coaches all over the U.S. My parents and I thought we should at least look into it. So we had a recruiter come to our house right before the COVID pandemic began and talked over what the program would give me. A few days later, we signed the contract and got to work."

"During fall 2021 and winter, I stayed in contact with coaches, but in February, I received an offer from Coach Bailey. During winter, I broke my ankle during an indoor softball game which required surgery. I missed out on the rest of the bowling season and almost all of the high school softball. During this time, I got in contact with Coach Dann who I met and

bowled with her. I was given an offer that same day, and after meeting with her, I felt that Cleary was the right place for me. During the rest of the summer, I went through my options, but I knew deep down that Cleary was the place for me. At my last softball tournament of the summer, I told Coach Bailey that Cleary would be my next home. I did have to call Coach Dann to say to her that I would be joining her team, but it had the same amount of excitement as telling Coach Bailey in person."

Witten plays shortstop as her primary position on the softball diamond and played for Diamonds, Butgereit 16U, this past summer for club softball. She was named one of Lowell's "players to watch" by the Grand Rapids Press, heading

into the state tournament her sophomore year and has earned all-conference honors.

"One of the biggest experiences that has prepared me best for college, and for life, is that sports are not forever, and I have to figure out how to live life without them. When I was injured, I

had to go on with life without playing my sports. School was always first, and I now had more time to dedicate to school. During that time, I learned the importance of putting school first and also dedicating time to myself, and making sure that I am taking care of myself," Witten concluded.



MOVE IN SPECIALS!
CHOOSE FROM ONE OF THESE AMAZING SPECIALS!

- 1. NO ENTRY FEE
- 2. GET YOUR 4TH MONTH RENT FOR FREE

GREEN ACRES

Reside~Reflect~Relax



Green Acres welcomes emergent, after hours and weekend admissions! Green Acres offers short-term, respite and long-term residency.

MEMORY CARE AND ASSISTED LIVING.

Call today for your in house tour and personal assessment.

FOR MORE INFORMATION PLEASE CONTACT:

Vanessa Miller
11530 Fulton St
Lowell, MI 49331
(616) 987-9115
greenacreslowell@rlmgmt.com

