

Lowell Museum's Summer Fest



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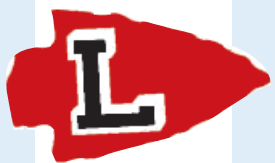
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Lowell High School Sports



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50¢



Pink Arrow Community Day readies for year 15

By Justin Scott
sports reporter

If you arrived at Pink Arrow Community Day last Thursday at Impact Church, you might have been wondering, “what shade of pink will the shirts be this year?” Of course, there are only so many shades of pink you can make shirts out of, and after 14 years, it seemed time for a change. So this year’s black shirts with pink lettering might have come as a surprise, but a welcome one.

The shirts, which say “Pink Arrow 15 Years and Fighting”, were the main draw for a busy Pink Arrow Community Day, which also featured plenty of other activities. LHS sports teams were part of the volunteers that helped sell shirts. Area food vendors had ice cream there, a large cow themed bounce house, and a blood drive were also a part of the festivities.

Pink Arrow is celebrating 15 years this year; Pink Arrow XV will take place on September 1st. Community Day, which went from 1-7, last Thursday, was hailed a tremendous success by organizers, with

Community Day continued on page 8



From the Red Barn Market, Pink Arrow XV shirts for sale.

Katie Brim – The Rest of the Story

By Cliff Yankovich
contributing writer

Katie did, yes she did. Hopefully, you read our coverage of Katie Brim when she was on her way

to Canada to compete in the UCI 2022 Para Cycling World Cup, held in Quebec City, Canada August 4-7, followed by the 2022 Road

World Champions August 11-14 in Baie Comeau, Canada.

Katie surely did – she came home with four gold medals from the four races she competed in. She won the Time Trial and Road Race for the World Cup and did the same in the Road World Champions four days later. In the time trials, the racers compete alone and the road races pit them against each other. Not only did she win all four, but she finished 10 minutes and 39 seconds ahead of second place in Quebec City, and 11 minutes and 9 seconds ahead in Baie Comeau. Fun fact about Katie, she enjoys pedaling her bike uphill more than any other aspect of the race. Small wonder she took such commanding

leads. She mentioned that she hit a top speed of 39.8 mph on one of the courses. That is not just victory; that is domination. We asked how this was possible.

“It was a lot of hard work, that’s what it was,” Katie replied. “There were a lot of emotions in the air. Mom and I hugged with tears of joy. I still feel so new to these races, I am still taking it all in.”

Things got even more interesting and more tearful when we chatted with Melanie Brim, who made the 16-hour trip north, with her husband Jacob, to watch Katie.

“I cannot even begin to tell you how amazing it was,” Melanie began. “When she won that first gold medal – I cannot even

describe the emotions. I still get weepy.”

This was the moment in our conversation when things went from amazing to the stratosphere. Mom shared several things that Katie left out in our interview with her in July. What kind of things?

For starters, how about the fact that Katie was completely self-taught on the hand-powered bicycle until about three months ago. Speaking of the bike she rode, it was a borrowed bike that was built for someone taller and a hundred pounds heavier than Katie. Whoops – our hero left all of that out. If you know anything about

Brim, continued on page 8



Kate Brim celebrating one of her four wins in International competition.

Lowell Historical Museum Summer Fest — celebrating a Main Street treasure

By Cliff Yankovich
contributing writer

All three decks of the Lowell Showboat were engaged for the Summer Fest, held by the Lowell Historical Museum (LHM), Friday, August 19. The weather was warm, but it was fun to be able to transition between the air-conditioned comfort of the new Showboat and the outdoor decks that offer great views of the Flat River and Lowell.



Chris and Jim Hodges using the elevator on the new Showboat.

Summer Fest started six years ago and the major draw for the event, outside of the financial support for the museum, is food and drink. Executive Director, Lisa Plank, and her crew, made full use of the big boat by placing food at several places on the lower two decks. Attendees could start with drinks, served in souvenir glasses, just inside the entrance. Drinks were provided by New Union

and Big Boiler, along with a selection of Michigan wines. Once a beverage was obtained, it was fun to make the rounds of a wide variety of food, donated by Ripple, Heidi's Farmstand and Bakery, The Cheese Lady, BC Pizza, Big Boiler, and Miss Ps Catering.

"This is a fun way to raise money for the programming at the museum," Lisa Plank commented. "We do a

lot of programs over the year for the general public and we do a lot with the school kids, especially the elementary students."

The museum was founded in 1989 with this mission: "To enrich, delight, and inspire the public through the presentation and preservation of Lowell area history."

This mission is accomplished in many different ways. First and

foremost, is the museum itself, located at 325 West Main. The Graham home, built in 1873, opened up in 2001. Not only can one tour the LHM on Tuesdays, Thursdays, and Saturdays from 1-4 pm, but the Victorian Room and Parlor is available to rent for baby and wedding showers, birthday parties, or corporate events. The beautiful garden area can also be rented for parties and weddings.

The physical museum is the tip of the iceberg. You can thank the LHM for all of the interpretive boards proclaiming the history of Lowell along the Riverwalk and up and down Main Street. Practical questions about how buildings used to look and what type of businesses they housed can be answered using the extensive photographic history available in the archives.

The LHM responded to the pandemic by making an ever-expanding series of online resources available. These include oral histories, The Lowell Life, a weekly program



Craig Fonger, Alan Rumbaugh, Lisa Sostecke, and Lisa Plank on the second floor of the Showboat.

that airs on 92.3 FM every Sunday at 8:00 pm. There are a great selection of these Lowell Life episodes available to stream. All the online possibilities can be considered and explored at www.LowellMuseum.org.

The LHM has over 15,000 photographs and artifacts in its ever-growing collection. Donations of items are welcome anytime. As a way of thanking Lowell citizens for continuing to support it through a special

millage, they enjoy free entry to the LHM on the first Thursday of the month.

When you look at the amazing amount of available resources provided to the community by the LHM, it is hard to believe that it is steered by three part-time employees. Lisa Plank is the Director, with help from Administrative Assistant, Shantell Ford, and Curator, Luanne Kaeb. There are a dozen people who serve on the Board, and currently,

effort, there is room for more people to get involved.

"We rely on volunteers a lot," Plank stated. "We have a super flexible program. You can give tours of the museum, help rebuild things that need repair, do oral or written history, by doing research. Call us at 616-897-7688 to learn more."

As someone who has utilized many of the resources available at the LHM over the years, this reporter can speak to the value of many of them; from having a daughter married in the garden to getting answers about the history of a building and the explanation of signatures on a second-story wall. We like to visit museums when we travel and interpretive signs always get my attention. The LHM always seemed to be slightly better than many museums. My feelings of hometown pride in our LHM were justified by Lisa Plank.

"Most small-town museums do not have the history, the community involvement or the resources, to offer people all that we do," Plank stated. "The Lowell Historical Museum is a real treasure."

about 40 volunteers, who are part of a very flexible program that allows them to contribute their time when they can and also to make the most of their skill sets or special interests. As with any volunteer-powered



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Second Class Postage Paid at Lowell, MI

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Lowell Ministry Alliance hosts service

By Bill Lee
contributing writer

Last Wednesday over 100 people attended the third Community Worship Service, from 6:30 – 7:30, at Stoney Lakeside Park.

The evening was hosted by The Lowell Ministry Alliance (LMA), a group made up of local churches, Flat River Outreach Ministries, and the Alpha Care Center. Jim Sommerville, a member of the LMA, introduced the

main speaker for the night, Pastor Glen Marks. “He has been here for almost a century and has lived a life filled with faith and passion,” said Sommerville.

Pastor Glen turned 97 in July and has been a pastor for 72 years. He has been asked more than once what his secret has been to his long, full life. “I answer that the joy of the Lord is my strength,” said Marks.

Pastor Marks spoke about his experiences as a pastor throughout the years, and his life of faith. Also, members of the Evergreen Mission Worship Team played music throughout the service. It was a beautiful sunny evening filled with faith, family, friends, and fun.

Right: Jim Sommerville introduces Pastor Glen.



Practice food safety, monitor for E. coli symptoms

The Michigan Department of Health and Human Services (MDHHS), the Michigan Department of Agriculture and Rural Development (MDARD) and three local health departments – Kent, Ottawa and Oakland – are investigating a recent increase in the number of illnesses related to E. coli bacteria.

“Shiga toxin-producing” E. coli, or STEC. The most commonly identified STEC in North America is E. coli O157:H7. STEC has been connected to the recent increase in infections.

“While reports of E. coli illness typically increase during the warmer summer months, this significant jump in cases is alarming,” said Dr. Natasha

Symptoms vary for each person, but often include:

- Severe stomach cramps.
- Diarrhea – often bloody.
- Vomiting.
- Fever.

People experiencing symptoms of E. coli infection should consult a health care provider as soon as possible. Health care providers should contact their local health department to report suspect or confirmed cases.

Symptoms of E. coli infection usually appear three to four days after the exposure but may appear in as short as one day or as long as 10 days. Symptoms often improve within five to seven days. Some infections are very mild, but others can be severe or even life-threatening. Younger children and older adults may be more likely to experience severe illness.

Approximately 5% to 10% of people diagnosed with this infection develop a complication known as hemolytic uremic syndrome that typically appears seven days after symptoms begin, often when diarrhea is improving. Symptoms of hemolytic uremic syndrome

can include decreased frequency of urination, feeling very tired and losing color in cheeks and inside the lower eyelids.

Prevention of E. coli is often directly connected to proper hand hygiene and food handling practices, such as:

Washing hands with warm water and soap for at least 20 seconds, or using an alcohol-based sanitizer with at least 60% alcohol:

Before and after handling food.

After using the bathroom or changing a diaper.

After contact with animals or their environments, such as farms, petting zoos, fairs or even the backyard.

Always marinating

foods in the refrigerator, not on the counter or outdoors. Never reuse sauce on cooked food used to marinate raw meat or poultry.

Never placing cooked food on a plate that previously held raw meat, poultry, seafood or eggs. Be sure to have on hand plenty of clean utensils and platters.

Never letting raw meat, poultry, eggs or cooked food sit at room temperature more than two hours before putting them in the refrigerator or freezer (one hour when the temperature is above 90 degrees Fahrenheit.)

Cooking meats thoroughly. Ground beef and meat should be cooked to an internal temperature of at least 160 degrees Fahrenheit. Consumers should use a food thermometer, as color is not

an indicator of “doneness.” Rinsing fruits and vegetables well under running water. There is no need to use soap.

Avoiding raw milk, unpasteurized dairy products and unpasteurized juices (like fresh apple cider).

Avoiding swallowing water when swimming or playing in lakes, ponds, streams, swimming pools and backyard “kiddie” pools.

For additional information on E. coli, visit the USDA website on protection from foodborne illness or the CDC website on prevention. Find food safety information on the MDARD website.



MDHHS had received reports of 98 cases of E. coli infection in August, compared to 20 cases reported during the same time period in 2021. The current investigation is in the early stages. Laboratory results have linked some of these cases to each other.

Some kinds of E. coli cause disease by making a toxin called Shiga toxin. The bacteria that make these toxins are called

Bagdasarian, MDHHS chief medical executive. “This is a reminder to make sure to follow best practices when it comes to hand hygiene and food handling to prevent these kinds of foodborne illness. If you are experiencing symptoms of E. coli infection like cramping and diarrhea (or gastrointestinal distress), especially if they are severe, make sure to let your health care provider know.”

LOWELL AREA COMMUNITY FUND ACCEPTS GRANT PROPOSALS

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Visit www.grfoundation.org/lowell to submit your application.

Visit www.grfoundation.org/lowell to submit your application

The Lowell Area Community Fund, a fund of the Grand Rapids Community Foundation, awards grants to tax-exempt, nonprofit charitable organizations that have an impact in the Lowell Area. The LACF funds innovative projects or programs that encourage community cooperation.

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Book Corner

Nobody But Us

By Laure VanRensburg

By Alison Yarger

Wow. Sometimes I'm left (nearly) speechless after I've read a book, especially if I don't really know if I truly enjoyed it or thought it was close to wretched. Perhaps this is a combination of the two. I know a couple people who LOVE mysteries, especially disturbing mysteries, who no doubt

would enjoy this book. And don't get me wrong; I did enjoy it, although a couple of times, I almost stopped reading it.

VanRensburg is a French author who has the most eloquent gift of writing – she left out no details without drawing descriptions or situations out ad nauseum. No doubt, she is one of the

best writers, as far as quality of writing, I've ever experienced.

To the demoralizing topic of the storyline – hmmm, I can't truly decide if I think it's worth recommending or not – it certainly is for the articulacy and fluency. But, the topic, which borders on substantial sexual activity, although not terribly descriptive, is definitely not for everyone.

This is not your typical professor/grad student love story – this has quirky and dangerous behaviors chronicled throughout by both Professor Steven Harding and his student Ellie Masterson.

Never having had much time together, Ellie plans a weekend away at a retreat far from everyone so they can experience the privacy and intimacy she longs for. But, stranded in a snowstorm, they both realize each holds devastating secrets. However, the secrets that are brought forth are what are eye opening to the reader.

With basically only two extremely unlikable characters in the book, it wasn't as if the reader could cheer for one or another; both were detached, aloof, self-centered and vengeful.

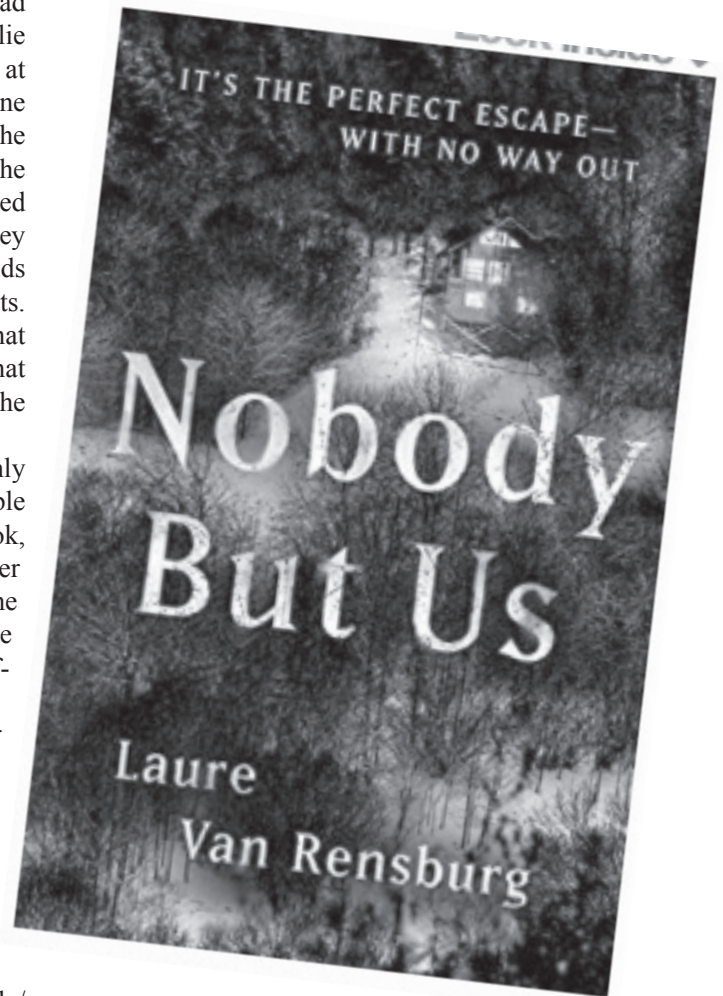
While the author tries to cover the #metoo aspect, she completely devolves into the woman hating the man syndrome and never stops to think what the woman is doing to the man. This was a male/female #metoo case of sexual abuse on both sides, with an enormous amount of physical torture and abuse by Ellie.

Many aspects of the story didn't add up: Ellie was tiny, severely injured by being stabbed multiple times, yet she's able to fight off and escape Steven many times. Plus, she could run a great distance to throw his phone in the ocean. Steven, as well, was severely compromised

physically by Ellie, yet he was able to escape and continue on his destructive path.

To quantify the reason I read the entire book was that I assumed there would be an "aha" moment, a change in horrific behavior – sadly, there was not. It was compelling, as I read the entire book mainly for the absolutely lyrical and haunting writing ability of the author.

Again, not for everyone, I would probably only give this book 3 of 5 stars; the writing is superb; the storyline dark, menacing and overdone; and the victimization, once again taken on for the #metoo movement, was cliché and hypocritical. One would have to actually read the story to understand the nuances "okay for me but not for you" mentality of Ellie. What she abhors, what she fought against, was the very thing she participated in.



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TAKE NOTICE that the Big Crooked Lake Improvement Board has confirmed a Special Assessment Roll for improvements to Big Crooked Lake. The Special Assessment Roll in the amount of \$210,000 has been prepared for the purpose of assessing the cost of aquatic plant control, lake management consulting, water quality monitoring, phosphorus reduction program, and administration and contingency over a five-year period to begin in 2023 and continue through 2027. Said Special Assessment Roll and all assessments thereon are final and conclusive unless attacked in a court of competent jurisdiction within 30 days of this notice.

This notice is being published pursuant to Part 309 of the Natural Resources and Environmental Protection Act, PA 451 of 1994, as amended.

Big Crooked Lake Improvement Board
Kent County, Michigan

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125 years ago The Lowell Ledger August 26, 1897

Twelve hundred bushels of wheat, belonging to Abram H. McNeil, were seized by Deputy Sheriffs yesterday on an attachment issued for Issac B. Malcom, who holds a judgement against McNeil for \$817.15 and \$23.05 costs.

W. Botzen has purchased a wheel for his daughters. Miss Dora is learning to ride it very nicely.

Elmer Richardson found a turtle on his farm last week that had engraved upon its shell: M.T.W, 1877.

Ebe Moffit complains that a long legged, long-necked chap is catching trout by the wholesale in Kopf Creek and he wants Joe Quick to shoot him. The chap, by the way, is an old crane, tame enough to offer a good shot.

100 years ago The Lowell Ledger August 31, 1922

James Anderson finished his deal on the transferring of his property to Ralph Whinnery and wife, of Belding, Monday.

Oscar Allen of Vergennes entered The Ledger employ Monday to learn "The art preservative of arts," a worthy undertaking.

Clifford Lonnee, who is visiting his cousins, Mr. and Mr. Chas. Rollins, had his new roadster stolen at Ramona Park Monday night. However, the police found the car during the night and it had evidently been taken by joy riders, having been driven about 40 miles. No harm was done to the car except a flash light was stolen.

Last Sunday, as Mr. and Mrs. Mac Watson were returning home, they met with an accident on Morse Lake corners. Another car came along running into them, turning their car over and pinning Mr. and Mrs. Watson under it; but luck was on their side as neither of them was hurt.

75 years ago The Lowell Ledger August 28, 1947

Fire destroyed 20,000 gallons of gasoline Wednesday evening at the Fairchild bulk storage on Vergennes Road and threatened several homes in the vicinity.

All pupils who plan to attend the Lowell Public School during the school year 1947-48, except high school students who live in the local district, are to report to their classes on Tuesday, September 2, at one o'clock. Local high school students are to report at 2 o'clock.

Miss Mary Horn was taken to St. Mary's Hospital by ambulance last week, suffering from heat prostration. She was able to return home Thursday.

50 years ago Lowell Ledger Suburban Life August 24, 1972

The mobile home park on West Main Street, Valley Vista Village, is open for rentals. The park has a play area for children, pool, sauna, laundry, natural gas and central TV.

A strong armed robbery at the Lowell Light & Power Company Sunday night is under investigation by the Lowell Police Department. Two young subjects entered the plant, beat up the operator, Bob Havey of Smyrna, and made a quick get-away. They left Havey with multiple bruises and broken glasses. They took his wallet, which was empty.

School vandalism has been steadily increasing in recent months. Broken windows are most often the only property damaged, although extensive damage is sometimes reported within some school buildings. Officials believe most damage is caused by otherwise "good" kids in good neighborhoods, not the problem youngsters.

Dave Christenson, Lowell swimmer, swimming for the Grand Valley Swim Club of Grand Rapids, came home with six trophies for his efforts at the Battle Creek A.A.U. Invitational, August 18-20, that attracted over 400 swimmers representing eight states.

25 years ago The Lowell Ledger August 27, 1997

Despite pleas from an area dentist, the Lowell Planning Commission issued a special-use permit and approved Mike Winick's site plan for the construction of four commercial storage buildings.

The damages incurred in the explosion that rocked the Lowell Light & Power plant on Tuesday, Aug. 19, will total somewhere between a quarter and a half million dollars. The investigation, which will try to determine the cause of the explosion, began Thursday.

The Vergennes Township road advisory board has completed an inventory of township roads that are in need of repair and maintenance, and sent it to township commissioners for consideration.

The city of Lowell will offer its residents an opportunity for direct payment on their monthly water bills. Customers can sign up for the service by filling out and returning the authorization form the city will mail to all city

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Vonda Van Til is the Public Affairs Specialist for West Michigan. You can write her c/o Social Security Administration, 3045 Knapp NE, Grand Rapids MI 49525 or via email at vondavantil@ssa.gov

We love to hear from you!



The Lowell Ledger welcomes letters to the editor from readers, but there are a few conditions that must be met before they will be published.

The requirements are:

- All letters must be signed by the writer, with address and phone number provided for verification. All that will be printed is the writer's name and community of residence. We do not publish anonymous letters, and names will be withheld at the editor's discretion for compelling reasons only.
- Letters that contain statements that are libelous or slanderous will not be published.
- All letters are subject to editing for style, grammar and sense.
- Letters that serve as testimonials for or criticisms of businesses will not be accepted.
- Letters serving the function of "cards of thanks" will not be accepted unless there is a compelling public interest, which will be determined by the editor.
- Letters that include attacks of a personal nature will not be published or will be edited heavily.
- "Crossfire" letters between the same two people on one issue will be limited to one for each writer.
- In an effort to keep opinions varied, there is a limit of one letter per person per month.
- We prefer letters to be printed legibly or typed, double-spaced. We have a 700-word limit.

Letters can be sent to emailed to ledger@lowellbuyersguide.com
Deadline is noon on Mondays



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Mahjongg

Fridays from 1-3 pm. American Mahjongg, a game of skill, strategy and calculation. All skill levels welcome.

Toddler Time

Tuesday, September 6, 6:30 - 7:30 pm. Nurture your toddler's love of books through music, movement and stories while helping to develop their language, motor and social skills. For ages 0-5

Night Owls Book Discussion

Wednesday, September 7, 6:30 - 7:30 pm. Join a fun, informal discussion of great books. This month, we'll discuss This Tender Land by William Kent Krueger. For adults 18+

Storytime

Thursday, September 8, 10:30 - 11:30 am. Nurture your child's love of books and build early literacy skills through stories, rhymes, music and movement. For ages 0-5.

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ABCs of Lowell history

The Lowell Area Historical Museum is introducing a new weekly series. Each week we will explore the history one of the buildings in the downtown Historic District.

Address: 203 E. Main
Built: 1905
Owner/Builder: Loveland & Hinyan
Building name: Negonce
1st business: M. N. Henry Drugstore

The first frame house in Lowell was built on this site by Cyprian Hooker and his son John in 1846. The lumber for it was floated down the Flat River with the help of the Odawa. The house was moved away in 1872 so a brick 2 ½ story block could be built. The drugstores of J. C. West, Will M. Clark, L. H. Hunt and A. D. Sturgis operated here from 1872 to 1905. Fire leveled this store and five adjoining ones in 1905.

Loveland and Hinyan bought the lot from J. C. West and built the current



M. Norton Henry Drugstore opened in the new Negonce building in 1905. Henry was a certified pharmacist. He also sold textbooks, stationery and wallpaper. Photo was taken in 1929.

Negonce Building, which contains four storefronts, 203-209 E. Main. Notice the name "Negonce" at the top center of the building. John Hooker chose to honor Negonce, his Odawa childhood friend and former employee, by naming the new building for her.

M. Norton Henry operated Henry's Modern

Drug and Book Store in this building, including a soda fountain, 1905-1945. Henry's son, Myron Henry, followed, 1945-1950. Next it was Lawrence Watson's Drugs, 1950-1963.

The second floor was occupied by S. P. Hicks, Attorney, Loans, Collections, Real Estate and Insurance, 1884 - 1916.

Hicks became a lawyer after serving as Superintendent of Lowell Public Schools for seven years. Myrtle A. Taylor of Standard Savings and Loan Association (1937-40) and Wm. H. Large, Chiropractor (1946-49), were upstairs at a later date.

In 1967, Lowell Raceways, a slot car racing enterprise, was at this address. Slot cars were popular toys in the 1960s. Boys could bring their own from home to race against their friend's cars.

Elva Topp moved Vanity Hair Fashions here in 1968-1987. It was Showboat Classic Cuts (1989), New Creations Salon (1991-96), Riverbend East Hair Salon (1999-2004) and Century Post Pub (2005-2020). This store was recently purchased by Greg Gilmore and renovated to become Tributary East, a part of the Flat River Grill restaurant, which is next door on the west.



Besides manufacturing and selling medicinal drugs, M.N. Henry also published postcards. This is labeled High School. It was built along the Flat River on North Monroe in 1862 and torn down in 1915 to make way for the brick school built on that site, 1915-1974. The white school's bell was first rung for the death of President Abraham Lincoln.

area churches



FIRST CONGREGATIONAL UNITED CHURCH OF CHRIST
865 Lincoln Lake SE • lowellucc.org

Pastor Alyssa Anten
Worship Service - Sundays 10 AM
Open Table (No-cost meal) - Thursdays 5 - 6 PM

Open & Affirming • LGBTQ+ Inclusive
616-897-5906

GOOD SHEPHERD LUTHERAN CHURCH
10305 Bluewater Highway
(Missouri Synod)
Halfway between Lowell & Saranac on M-21
Sunday Services - 10:30 am
www.gslc.church
Richard Boshoven, Pastor 897-8307
All facilities are wheelchair accessible

FIRST BAPTIST CHURCH OF LOWELL
CHRIST-CENTERED, KINGDOM-FOCUSED HOMES
2275 West Main Street - (Barrier Free)
897-7168 • www.fbc Lowell.org
Pastor Jon Pickens • Lead Pastor
Pastor Andrew Bolcom • Pastor of Discipleship
Christi Swain • Director of Children's Ministries
SUNDAY WORSHIP.....9:30 AM (Nursery provided)
LIFE GROUPS.....11:00 AM (Nursery-Adult)
Awana (K-5 during school year) **Wednesday, 6:15 PM**

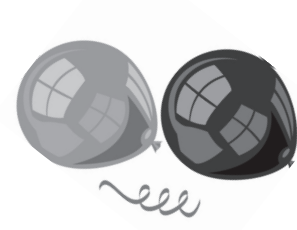
CALVARY CHRISTIAN REFORMED CHURCH OF LOWELL
897-7060
Pastor Ryan Landt
1151 West Main Street, Lowell, MI
Website: calvarylowell.org
Morning Worship.....10:00 AM
Weekly Prayer Meeting - Mondays7 PM
Barrier-Free

St. Mary Catholic Church
402 Amity Street • 616-897-9820
Website: www.stmarylowell.com
Weekend Masses: Sat 5 pm; Sun 10:30 am
Confession: Saturdays 3-4:30 pm
Prayer & Adoration: Wednesdays 8 am to 7 pm
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WORSHIP
Traditional Service: 9 am
Contemporary Service: 10:30 am
Sr. Pastor - Brad Brillhart

happy birthday

- AUGUST 24**
Tim Raymor, Angela Rasch, April Barnes, Kelly Johnson, David Vankeulen, Nicholas Myers.
- AUGUST 25**
Patty Elzinga, Lindsey Trierweiler, Misty McClure-Anderson.
- AUGUST 26**
Teresa Kimble, Regan Doyle, Dianne Gee, Brandie Barnes.
- AUGUST 27**
Virgil Roudabush.
- AUGUST 28**
Lee Miller, Terri Hoag, Kim Stager.
- AUGUST 29**
Donna Jean Hathaway, Kenney Vickers.
- AUGUST 30**
Jordan Cloud.





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With Melissa Spino, MA, LPC, CDMS
Life Transitions Therapy, LLC

The need for approval

My last article shared information about drama addiction. But did you know we can also develop a type of addiction to seeking approval from others? Approval seeking is built into our culture. We see it in the cycle of “keeping up with the Jones” and work to obtain more things as a boost to our status. A more expensive car, multiple cars, a bigger/better home along with what fills that home. What we wear, how we look, a job with better pay/higher status can all be signs of our need for approval and validation. Much of our culture is created around approval seeking. I’m not

saying this is negative, as our need for approval stems from the base need to feel safe and secure, which is a normal emotional need. The degree to which we seek/need approval from others is dependent on many things and develops from personality, culture, our environment, and upbringing. It can be a normal basic emotional need or it can become an unhealthy behavior.

When approval becomes unhealthy

We all have physical and emotional survival needs. One of our highest emotional needs is to feel

safe and secure. When we get approval from others, it’s often because we did a good job or something helpful for the person providing the approval and the positive feedback. This makes us feel good and paves the path toward people “liking” us. This approval/acceptance from others provides a feeling of validation which helps us feel more secure about our place in the world. A win-win situation, right?

We are conditioned early in life to seek approval/acceptance from our parents, teachers, friends etc. When approval isn’t received, or worse, we face rejection, the brain triggers us to try and win this person’s approval. If this doesn’t happen, this rejection/negative feedback may be internalize causing doubt about self-worth. This, in turn, affects us feeling safe and secure and may push us toward a path of regularly seeking out approval from others. This constant need for approval only fulfills us

feeling secure for a short period of time. So, we seek out ways to fill this need more often. This is how an approval seeking cycle can start and become a problem.

I truly don’t mean to beat up social media, as there are negatives and positives in most things. But it is a good example for this topic. We put our identity out on social media and tweak it to show the part of us we want others to see. We then share information, typically with the hope of gaining approval, support, and/or acceptance by the way people respond to our posts (positive comments, likes etc.). This need for likes and comments to our posts can result in anxious feelings or a hit to our self-worth if we get limited validation or none at all. If negative comments/feedback result from our post, it can produce depressive and/or anxious feelings, along with reinforcing feelings of low self-worth. If we do get positive feedback, likes, and acceptance, this reinforcement can become

addictive and you may seek it out in other parts of your life (school, work, friends etc.) to feel validated. This then becomes a problem.

Possible solutions to approval seeking

The first step is figuring out what type of approval you are seeking. Is it in all aspects of your life (personal, work, spouse, parent, school, social media etc.) or just specific areas? For instance, do you want to be the best employee, parent, partner etc.? When you know the area(s), you can then work to break this approval-seeking cycle.

Below are some ideas to get you started.

Be aware/mindful of when you are seeking approval. If you are not aware you are doing it because you are in auto-pilot mode, then you can’t break the cycle.

Work to change your mindset from one of seeking approval from others to self-validation. Don’t look to, or ask others,

for encouragement or praise. If you receive it without seeking it out, that’s fine. Accept it but then make sure you don’t prolong or continue the approval cycle. Look inward for validation and praise.

Change self-talk from one of negative criticism to one of approval and praise. Be your own champion.

If possible, take a break from things that cause you stress and reinforce approval seeking such as social media.

When you work hard at something (goal, project, accomplishment etc.), reward yourself as a way to acknowledge you did a good job! This helps reinforce self-validation.

Seeking approval and validation isn’t necessarily a bad thing. It only becomes an issue when it’s your main focus and you feel driven to get approval and validation from others. This article is not meant to treat or diagnose. I hope everyone stays safe and healthy.

college news

Olivia Frances Mohny of Ada was one of more than 3,000 Baylor University graduates received their degrees during four commencement ceremonies, May 13-14 in the Ferrell Center. Mohny received a Bachelor of Arts, in Journalism. She was also one of 4,800 students named to the Dean’s Academic Honor List for the Spring 2022.

Nolan McGahan from Lowell, has been named to the Dean’s Honor Roll for the Summer 2022 semester at Lawrence Technological University. Nolan is majoring in Civil Engineering. To be named to the honor roll, a student must maintain at least a 3.5 grade point average for the term.

Ali Mustapha of Ada, MI, (49301), was named to the dean’s list for the

spring 2022 semester at Washington University in St. Louis. Mustapha is enrolled in the university’s College of Arts & Sciences.

To qualify for the Dean’s List in the College of Arts & Sciences, students must earn a semester grade point average of 3.6 or above and be enrolled in at least 14 graded units.

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LOWELL CHARTER TOWNSHIP NOTICE OF POSTING OF ORDINANCE ADOPTION

The Lowell Charter Township Board adopted the following amendments to the Township Zoning Ordinances at its meeting on August 15, 2022.

- Ordinance 06-2022Z to amend wall sign requirements. The amendments provide definitions and general requirements pertaining to such signs located in the Commercial Zoning District.
- Ordinance 07-2022Z to amend Solar Energy Systems. The amendments provide definitions and general requirements pertaining to such systems and provide specific requirements for roof and wall mounted systems, ground mounted systems and solar farms.

The adopted ordinances are available for review at the office of the Township Clerk, 2910 Alden Nash Avenue, SE, Lowell, Michigan, 49331 during normal office hours on Monday, Tuesday, & Thursday or by calling 897-7600. The ordinances are also available on the Township Web Site at www.lowelltwp.org.

Monica Burt, Clerk
Lowell Charter Township

Resolution to Proceed with Improvements to Big Crooked Lake

At a special meeting of the Big Crooked Lake Improvement Board held at 6:00 pm on August 18, 2022 at Grattan Township Hall, 12050 Old Belding Road, Belding, Michigan.

PRESENT: M. Alberts, S. Freeman, D. Jones, J. Vanderploeg
ABSENT: K. Yonker

The following resolution was offered by member Vanderploeg and seconded by member Freeman.

WHEREAS, a public hearing was held on the improvement program for Big Crooked Lake; and

WHEREAS, it is the desire of the Big Crooked Lake Improvement Board to proceed with implementation of a five-year improvement program consisting of aquatic plant control, lake management consulting, water quality monitoring, phosphorus reduction program, and administration and contingency for Big Crooked Lake with an annual budget of \$42,000.

NOW, THEREFORE, BE IT RESOLVED THAT:

1. The Lake Board hereby determines that the proposed improvements are practical, and it confirms its intent to proceed with the improvements.
2. The Lake Board hereby approves the lake improvement plan and the estimate of costs for the improvements.
3. This resolution shall be published in a newspaper of general circulation in Kent County. The project shall not, thereafter, be subject to attack except in an action brought in a court of competent jurisdiction within 30 days after publication.

ADOPTED: AYES: Alberts, Freeman, Jones, Vanderploeg
NAYS: None

RESOLUTION DECLARED ADOPTED

STATE OF MICHIGAN)
) ss
COUNTY OF KENT)

I, Sabrina Freeman, secretary of said Big Crooked Lake Improvement Board, do hereby certify that this is a true and correct copy of a resolution adopted by the lake board at a meeting held on August 18, 2022.

IN WITNESS WHEREOF, I have hereunto set my hand, this 18th day of August, 2022.

Sabrina Freeman, Secretary
Big Crooked Lake Improvement Board

Community Day, continued from page 1

nearly \$25,000 in shirt sales alone.

Shirts are \$20 each this year, and will work as your ticket into Pink Arrow XV on the 1st. For those who didn't buy shirts at Community Day, they can

be purchased at Heidi's, the Red Barn Market, and the Lowell Chamber of Commerce Building. The chamber building is where you can get names put on the back for an additional \$5. Hours for the chamber

building are scheduled to change due to staffing, but for this week, were posted as Monday through Thursday, 11-6 and next week, the week of August 29th, Monday through Wednesday 11-7.



T-Shirt sales on Thursday evening.



A car decked out for Pink Arrow Community Day.



The Lowell girls golf team taking a break during volunteering at Pink Arrow Community Day.



Kona Ice joined other area food vendors at Pink Arrow Community Day.

Brim, continued from page 1

cycling in general, and especially para-cycling, you know that the equipment is almost always built for the athlete. Katie zoomed through her races on a bike that is way heavier than

it should be and not built specifically for her body.

But the big bomb mom dropped was when she informed us about the rest of Katie's story. Katie never mentioned to me that she

was born in the Ukraine and that her birth parents gave her to an orphanage, where she spent the first four and a half years of her life, until Jacob and Melanie Brim crossed the ocean and spent

three weeks in the country securing her adoption. At this point, we joined mom in shedding tears.

"This child was dealt two substantial blows in her life," Melanie declared.

"She is not afraid of anything. She will try just about anything put in front of her. The fact that she has reached this level of resilience is completely amazing."

This reporter was gob smacked. Mom said that her daughter does not like to talk about herself very much. Can you say "understatement"?

Melanie also went on to relate that Katie not only conquered her own demons after the botched surgery, but her positivity actually paved the way to make things easier for her parents and older brother Andrew.

On a lighter note, I also learned that Katie, now that she is a young lady in her twenties, would really rather be called Kate. Not only did she never mention this to us, but her own mom had to find out when she attended the National races in Chattanooga, TN earlier this year. Melanie told me that she kept hearing people talking about "Kate Brim" and "Kate from Michigan", so she asked, and Katie told her that she would like to be called Kate now. Katie or Kate – Ms. Brim certainly keeps things about herself to herself, doesn't she?

Not only did Kate tear up the Canadian roadways on her wrong-sized, too heavy, borrowed, hand-powered bicycle, but she made such an impression on the folks in charge of Team USA in Colorado Springs, that they have made an offer to her that would allow her to set up a residency in Colorado Springs for at least a year and allow her to live and train there. The U.S. Olympic & Paralympic Training Center in Colorado Springs is the

training center for the U.S. Olympic & Paralympic Committee and the Olympic & Paralympic Training Center programs. They have room for 500 athletes on their campus.

"I am very excited about the opportunity," Kate said. "The resources there are impeccable. There are dieticians, physical therapists, sports medicine people – it is all there."

Mom and dad are fully supportive of the relocation. They will miss Kate, for sure, but they recognize the enormity of her training with the people at Team USA. Another big positive is that a racing bike, specifically for Kate, is being built right now. All of her hard work, grit, and determination are paying some great dividends.

"She makes lemonade out of lemons in a big way," concluded Melanie Brim. "The spinal injury was devastating, but she found her way to live her life to the fullest."

Look out world, Kate Brim is on a roll.



Kate and her parents, Melanie and Jacob, celebrate a win.

LOWELL PINK Arrow



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but mistakes can be made, even with years of experience,
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Red Arrow

- SOCCER

SPORTS

Soccer takes the field with new coach Jeff Sweet

By Justin Scott
sports reporter

In a polarized world, sometimes it feels like people don't agree on much. There is one certainty though. If you asked anybody affiliated with Lowell soccer the last twenty years, there would only be positive things to be said about Jeff Sweet. So when the boys soccer head coaching vacancy came up this year, the Lowell soccer community couldn't have been more excited to see Sweet be selected as the new head coach.

"Since about 2010, I have had the thought of joining the high school staff. However, with trying to build LASSO (Lowell Area Select Soccer Organization, the largest youth soccer organization in the Lowell Area), I haven't made the switch. With that said, over the years I have had several ex-LASSO players tell me that they wished I could have been their high school coach. When the opportunity opened up, and with LASSO in a growing state with solid leaders, I thought this would be a good time to make that leap. I am very excited for the challenge," Jeff Sweet said to the Ledger.

Sweet is a longtime Lowell resident, along with his wife Sue. Their three sons, Joe, Jake, and Jared, all went to Lowell and have been involved in Lowell soccer, as well as, throughout both at the high school and youth level.

Sweet has been a huge part of the LASSO program since starting coaching when Joe, his oldest son, began playing in Fall of 2002. In Spring of 2015, LASSO created the Jeff Sweet Scholarship that has been given to two graduating Lowell High School seniors that played for LASSO and have been involved in community service.

In addition to coaching, Sweet has been on radio, along with Al Eckman, as the voice of Lowell Red Arrows Soccer since 2009.

"Developing a community soccer program that connects LASSO and Lowell High School teams is key to the success of soccer in Lowell. I'm excited to be a part of this development," Sweet said.

Lowell has 19 players on this year's team. "Senior captain David Foster returns, moving from defense to mid. Both Noah

VanLaan and Jace Dixon return to our defense. Senior captains, Avery Miller, Jason Korzen and junior captain, Jack Schaedig, provide me the ability to move players around the field and we have Bryce Thompson up top. All 19 players are talented and bring much versatility to the team," Sweet said.

The team has eleven juniors on this roster. Sweet noted Todd and Austin Parcheta, along with Carter Szymanski, as exciting new additions to the roster. Also joining the team this year will be exchange student Rasmus Rewitz from Denmark.

One notable missing junior from this year's team is 2021 all-conference, goalkeeper, Lincoln Homolka, who was widely expected to be one of the state's top goalkeepers this year, which was not unnoticed at the club level. Homolka opted to stick with just club soccer, having been selected to be a part of MLS NEXT.

The youth league is the successor to the U.S. Soccer Development Academy and is managed by Major League Soccer, the biggest professional league in the



Noah VanLaan will be a key part of the Lowell soccer defense for the season.

United States and Canada. With 598 teams and 133 clubs, the league's impact on youth soccer is huge, and if the goal is to play professionally, it's a league you want to be a part of. Despite that setback, Sweet has a coaching style that was evident in Monday's game against Spring Lake.

"I believe in high pressure with a fast-paced, controlled attack," Sweet said of his coaching style. The OK White, which is always a difficult conference

for soccer, will continue to be strong this year. "With a complete new coaching staff (Elena Barriger, Andy Coaker and JV coach Nick Struckmeyer), we are working to establish a positive outlook and implement a high-pressure attack. We hope to be able to improve as the year goes by and be strong in the competitive OK White," Sweet said.

Last week Lowell lost 2-0 to Forest Hills Eastern

and 1-0 to Cedar Springs. Lowell has away games at Spring Lake and Allendale this week before returning home for their Pink Arrow game on September 1.

My goal with Lowell soccer is to build an understanding and passion for the sport of soccer, so that young players can compete throughout their lifetime while building relationships with others that they carry off the field," Sweet concluded.

BOWNE TOWNSHIP PUBLIC HEARING NOTICE PLANNING COMMISSION

On Tuesday, September 6, 2022, the Planning Commission for Bowne Township will hear public comments on the following request. The public hearing will be held at 7:00 P.M. at the Historic Township Hall, located at 8240 Alden Nash SE, Alto, concerning the following:

1. 10130 Baker Avenue Site Condominium Development Review

Mr. Ryan Prichard has applied for the development of a site condominium located at 10130 Baker Avenue SE (PPN 41-24-34-200-001). The application will construct a private road accessed off Baker Avenue and develop a site condominium with five lots. The parcel under review is approximately 18 acres. It is located south of the 100th Street intersection.

The application and plans are available for review and written comments delivered in person will be received until 3:00 P.M. Thursday, September 1, 2022, at Bowne Township Hall, 8240 Alden Nash SE, Alto, Michigan 49302. All written comments or concerns will be heard by the Township Planning Commission until 4:00 P.M., Tuesday, September 6, 2022 at kotrba@williams-works.com or the phone number below. All interested parties will be heard at the meeting.

Bradley S. Kotrba
(616) 988-3526

- TENNIS

Tennis season begins with a win

By Justin Scott
sports reporter

The first athletic event of the season belonged to the boys tennis team who bested Middleville Thornapple-Kellogg 6-2 last Monday on a sunny day at the Lowell tennis courts. The team recorded a pair of 6-2 wins last week, not only beating the Trojans, but also Lakewood 6-2.

It was a day where LHS seniors were painting their parking spaces, so the courts saw plenty of students coming out to watch the team and cheer on their classmates.

Lowell dominated in singles, sweeping the field in the win over Middleville TK. Patrick de Voest won his match 6-2, 6-4 at no. 1 singles. Noah LaMore won 6-2, 6-3 at no. 2 singles. Gavin Stewart picked up a win at no. 2 singles, 6-4, 6-2. Cam Sluss rounded out the winners at singles,

winning his no. 4 singles match 6-2, 6-4.

Lowell and Middleville split the doubles matches. Jacob and Josiah Kissinger won 6-1, 6-1 at no. 1 doubles. Reid Eldred and

Max Stoner won at no. 2 doubles 6-1, 6-0. At no. 3 doubles and no. 4 doubles, the Trojans won 6-0, 6-2 and 6-1, 6-3.

This week Lowell played Cedar Springs on

Monday, then had an away match at Hastings on Wednesday.



Gavin Stewart returns a ball against Middleville last week.

Red Arrow

- VOLLEYBALL

SPORTS

Young volleyball squad ready for season

By Justin Scott
sports reporter

On the shores of Lake Michigan, the Lowell volleyball season got underway this past Saturday at the Grand Haven Lakeshore Classic. It will be an interesting season for head coach Jordan Drake and the Red Arrows, who have just two seniors this year. A departure from the senior-heavy seasons over the past several years.

“We just want to be the toughest, grittiest team that we can be and just find ways to win,” Drake said of season goals for the Red Arrows.

Lowell has a mini-invitational at Byron Center this week and a tournament at Rockford on the 27th. One game on the schedule Drake is looking forward to is September 7 against Lakewood.

“One of my best friends coaches that team and it is always a great battle between our two teams, and we get to have it at home this year, which makes it more fun as well,” added Drake. Lakewood is a perennially strong volleyball program.

Lowell returns senior middle blocker Aubreigh Oswald, junior middle blocker Piper Risdon, and junior outside hitter Braxcynn Baker. Freshman setter Rylie Barriger and freshman libero Annalise Clark are likely to make a big impact despite just being freshman on the varsity team in a difficult conference.

“The OK-White is going to be very strong again this year. FHN is going to be a top-five team in the state and, FHC and GRC both lost a lot but also still return some key players

from their teams. Look for every match to be a battle for us in conference,” said Coach Drake.

On Saturday, Lowell lost matches to North Branch, South Christian, Grandville, and West Ottawa. The Red Arrows pushed both of their OK Red opponents, Grandville and West Ottawa, to three sets by taking set two. The Grandville game went down to the last point, with the Bulldogs winning set three 15-13.

“Looking forward to going to battle with this young group of kids,” Drake said. “We have four freshmen, one sophomore, four juniors and two seniors. Looking forward to developing and learning this year, and hopefully, surprising a few teams along the way!”



2022 Lowell varsity girls volleyball team.

- GOLF

Win to start the year for golfers

By Justin Scott
sports reporter

Only having one dual match during your season means your record can only show 1-0 or 0-1 at the end of the year. The good news for the Lowell girls golf team is they won their lone dual this past week with Middleville Thornapple-Kellogg, ensuring that “1-0” will remain atop the schedule the remainder of the year.

It was a good start to the season for the girls golfers, who won against Middleville TK and earned a top-ten finish in the Kent County Classic.

Against the Trojans, Lowell had consistent shooting in the 177-221 win. Sophomore Elle Sluss led the way with a 43. Leah Krieger added her career low for 9 holes with a 44. Emma Jo McCormick (44),

and Stephanie Spinella (46) rounded out the scoring at Arrowhead.

Krieger again nabbed a career low, this time on 18 holes, in the Kent County Classic hosted at Quail Ridge. Both her and Hannah Flickinger set career lows with 93 and 96, respectively. Elle Sluss (90) led the way, scoring with Stephanie Spinella shooting a 97.

On Friday, Lowell heads to the Middleville TK Invitational for an 18-hole tournament hosted by Yankee Springs.



The Lowell girls golf team following their win over Middleville TK.

- CROSS COUNTRY

Arrows earn fifth place at Early Bird Invite

Submitted by Paul Judd

The Lowell girls cross country team kicked off the 2022 season, earning a fifth place finish at the Portage Early Bird Invite.

Leading the Arrows was Annika Sandman running 18:44, earning runner-up honors to Jenison’s Mya Guikema. Scoring for the Arrows were Keira Sandman (26th)

21:24, Katrina Sandman (34th) 21:39, Claire O’Boyle (56th) 22:37, and Evie Deur (63rd) 22:44. Freshman Audrey Latchaw and Sophomore Megan Lillie closed out the varsity team, finishing in 110th and 111th respectively.

Lowell heads to Hesperia on Wednesday, and Benzie Central on Saturday, for invitationals.

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obituaries

ROSENBERGER

Marvin "Marv" Rosenberger Jr., of Lowell, Michigan, went to be with his Lord, Jesus, on August 18, 2022. Marv was born on January 24, 1932, to Harold and Nora Rosenberger of Freeport, Michigan. An only child, Marvin spent his childhood in Freeport, where his parents owned and operated the local pharmacy. In later years, his father sold the business and the family moved to the Grand Rapids area. He graduated from Ottawa Hills High School and went on to join the United States Navy where he served eight years on board three different warships. Marvin was a tool and die maker by trade and was also an accomplished machinist. He finished his career as a machine repairman, retiring from General Motors. Retirement didn't slow him down; Marv loved life! He was a dedicated and valued volunteer for the Kent County Sheriff's Office and then the Lowell City Police Department for over 20 years. He and his wife, Velda, loved to travel and explore the United States and enjoyed the fellowship of riding with the Christian Motorcyclists of America. Marv continued to ride his Harley alongside his son, Mark, well into his 90th year. He also enjoyed woodworking and creating personal gifts for those he loved; gifts cherished by friends and family. He enjoyed his life and loved sharing stories about his experiences and the lessons life taught him. Marv was a loving, honest, faithful, and giving man who truly lived his life according to the Word of God. Marvin was preceded in death by his dear parents, Marvin Harold & Nora Rosenberger; his much-loved aunt, Helen Rosenberger; his beautiful grandchildren, Rachelle Rosenberger, Jessica Hayes, Jonathan Rosenberger, Ryan Hutson; and his great granddaughter, Lia Hayes. He leaves behind his beloved wife of 40 years, Velda Rosenberger; his children, David Rosenberger, Mark Rosenberger (Judy), Mary Yeaple (Jack), Claire Haney, Sue Rosenberger, and Tony Gardner (Laurie); eleven grandchildren; and twenty-two great-grandchildren. Visitation was held from 5-7 PM on Sunday, August 21, 2022, at Roth-Gerst Chapel, 305 N. Hudson St., Lowell, MI 49331. Funeral services were held at 11AM, Monday, August 22, 2022, at Lowell United Methodist Church, 621 E. Main St., Lowell, MI 49331, with visitation one hour prior. Pastor Brad Brillhart officiating. Interment Oakwood Cemetery. In lieu of flowers, please consider a donation in Marv's name to CMA- "Run for the Son", PO Box 9, Hartfield, AR 71945 or The Lowell Area Fire Department, 315 S. Hudson St. SE, Lowell, MI 49331.



gerst
FUNERAL CARE
Roth-Gerst

HAAN

Ruth E. Haan, age 65 of Lowell, went to be with the Lord on August 17, 2022. She is survived by her husband of 46 years, Rick; children, Heather (David) Held, Heidi (Tom) Smith; grandchildren, Daniel, Grayson, Michael, Isabelle, John; siblings, Jerry (Sandy) Bolt, Dick (Jacque) Bolt, Tom Bolt, Jack (Lynne) Bolt, Andy Doezema, Carl (Margie) Bolt; brothers-in-law, Doug (Sally) Haan, Ken (Lori) Haan; and many nieces and nephews. She was preceded in death by her parents, Martin and Ida Bolt; mother and father-in-law, Dan and Beverly Haan; brothers, Bob and Don Bolt; sister, Barb Doezema; and sisters-in-law, Cher and Dar Bolt. Ruth was a devoted wife, loving mother, and amazing grandmother of 5. She enjoyed golfing, camping, playing cards for hours, and making her world-famous desserts like banket and snickers cheesecake! Ruth was a faithful servant and showed her love for God everyday by volunteering her time and talents to her church and community. She spent 45 years working for D&W and drove the school bus for Ada Christian for many years as well. Visitation will be held, 5-8 PM, Friday, August 26, 2022, at Calvary Christian Reformed Church of Lowell, 1151 W. Main St., Lowell, MI 49331. Memorial services will be held at 11 AM, Saturday, August 27, 2022, at the church. Jacque Bolt officiating. Memorial contributions may be made to Leukemia & Lymphoma Society, PO Box 22324, New York, NY 10087.



gerst
FUNERAL CARE
Roth-Gerst

MOONEY

Mary Ellen Mooney, 63 years old, passed away on August 4, 2022. She was preceded in death by her father and mother, James and Leona Urbane and sister, Elizabeth Bowers. Mary is survived by husband, Mike Mooney; sons, Marshal and Trever Mooney; daughter, Samantha; grandson, Easton Mooney; brother, Matt (Jill) Urbane; sister, Julie Nelson; brother-in-law, William Bowers; mother-in-law and father-in-law, Mike and Kay Mooney; brothers-in-law, Patrick and Dennis Mooney and many nieces, nephews and cousins. Mary was employed for several years as a nurse at SKLD on East Beltline. Her greatest joy was the time she and Easton spent together. She really liked to bake and cook for the holidays. She also enjoyed her crafts, making afghans and booties for the babies of friends and family. A Celebration of Life will be held August 28, 2022 from 1-4 pm at the Casino Club of Grand Rapids, 3260 Salerno Dr NE, Grand Rapids, MI 49525.



LILLY

Brian Scott Lilly passed away at his home in Bailey, MI on Friday, August 12, 2022. He is survived by his loving wife of 35 years, Kimberly (Jansen) Lilly; two daughters, Ashley (Mitchell) Erwin and Sasha (Robert) Minton; his cherished grandsons Beau Scott and Colton Daniel Minton, Draven Edward and Bastian Martin Erwin; his mother-in-law, Dianne K. Jansen; his sister, Lori (Lilly) Wright; his niece, Stefanie (Ken) Stone; stepfather, Stephen Graber and Karen Keena Kuzmicz; uncle, Jack (Dee) Miller and cousin, Heather. He will also be remembered by his lifelong friends, Donald Friesner and Daniel (Shelly) Valentine. Brian was born in St. Joseph, MI on July 27, 1962. He attended Lowell High School and worked for Jackie and Larry Hayes at Complete Auto Glass as a technician for over 20 years. He was an enthusiast of riding his Harley with his wife and friends. He loved hunting and fishing and also had an appreciation for music. Since being diagnosed with Pulmonary Fibrosis, his days were filled by tending his farm, playing with his dogs and spending time watching his beloved grandsons grow. He was preceded in death by his father, Francis (Skip) Lilly and his mother, Karen (Rach) Graber; grandparents, Hank and Lauretta Rach; his father-in-law Martin C. Jansen and his son, Aren Jacob Lilly. Rest in Peace, Brian, you are free! Memorial services for Brian will be held on Saturday, August 20, 2022 at 12:00 pm at the Fields-McKinley Funeral Home - Grant Chapel, 45 E Main St, Grant, MI 49327. Brian's family will meet with relatives and friends from 11:00 am until the time of services Saturday at the funeral home. Memorial contributions may be directed to Mission for Area People, 2500 Jefferson St, Muskegon, MI 49444.



WILCOX

Gordon Rudy Wilcox

May 11, 1936-August 22, 2022

Written by Baylee Drown "Gordy" passed away peacefully in his sleep early Monday morning. In the preceding days he was surrounded by his loving wife of 62 years, Marsha, his children and grandchildren. Gordy loved the farm and family that he and Marsha built together. Gordy trained horses and raised Holstein dairy cattle. He took much joy in growing sweet corn and sharing it with his friends, family and community. He was a lifelong resident of Bailey Drive in Lowell, Michigan. Gordy was an avid deer hunter and could often be found in the woods, managing the forests and harvesting firewood. Gordy loved using his excavator and was active on Wilcox Farms even at 86 years of age. He enjoyed eating home grown, vine-ripened tomatoes. Gordy looked forward to eating breakfast with family and friends at Keiser's Kitchen. Gordy will be missed by his friends and family. Gordy was preceded in death by his beloved sister, Joyce Blasher; and brothers, Denton, Hazen, Carlton and Wayne; as well as their parents, Eva and Winton. Gordy is survived by his loving wife Marsha; daughter, Lynn (Scott) Drown; sons, Mark (Kim) Wilcox and Paul (Amy) Wilcox. He is remembered by his grandchildren, Baylee (Quinn) Drown, Grady (Ana) Drown, Nicole (Nick) Braden, Logan Wilcox, and Paige Wilcox. Gordy's great grandchildren and step grandchildren include Garrett Nauta, Graysen Nauta, Jaeda Drown, Jordan Moore, and week-old Brecken Braden. Gordy is survived by his brother-in-law, Fred (Mary) Verspoor and many nieces and nephews. Visitation will be held on Monday, August 29, 2022, at 10 AM at the Lowell First United Methodist Church, 621 E. Main St., Lowell, Michigan 49331. The funeral service will be at 11 AM, with a luncheon at the church to follow. Pastor Brad Brillhart officiating. Interment Bailey Cemetery. Gordy's family are grateful to the staff at the Meijer Heart Center for their excellent and compassionate care. Gordy's family requests that in lieu of flowers, gifts be given in his memory to the Flat River Outreach Ministries or Lowell First United Methodist Church.



VERGENNES TOWNSHIP

Regular meeting 7 p.m.
Synopsis of Mintues

Motions Approved:

1. Motion to send the SEU permit application for 3398 Alden Nash Ave NE to Planning Commission.
2. Motion to adopt the revised Fire Authority Agreement.
3. Motion to adopt Resolution #2022-10, declaring September 16, 2022 as Recognition of Prisoner of War/Missing in Action Day.

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Closed Fri., Sat. & Sun.

classifieds

for sale

SABRE 5th WHEEL CAMPER - 2010 5th wheel, 35' long, 3 slide-outs, sleeps 4 adults, 3 kids. AC, furnace, full bath, fireplace, TV, microwave, stove, fridge...all good condition. Tastefully decorated, endless storage. See at Whispering Waters Campground, Hastings. Serious inquiries please call Rose, 616-987-6641. Photos on facebook marketplace. \$19,500.

DUPLEX FOR SALE - East Lansing, 2 bedrooms each unit. Backroom washer/dryer hookup. Located in commercial area, 2 miles from MSU. Call 616-765-3185.

CEMETERY SPACES - Chapel Hill Memorial Garden, Patterson Ave, Grand Rapids. Big Savings!! Lots include: vault, interment, memorial markers. 4 spaces available, will sell together or split them, located in Garden of Victory. Live out of state, 865-828-6015 or traveler2@frontiernet.net

USED TIRES - Call with size, 616-292-7649/616-295-8820. Rob's Auto - thanks.

for rent

WE DO BUSINESS IN ACCORDANCE WITH THE FEDERAL FAIR HOUSING LAW - Equal Housing Opportunity. It is illegal to discriminate against any person because of race, color, religion, sex, handicap, familial status or national origin.. Anyone who feels he or she has been discriminated against may file a complaint of housing discrimination: 1-800-669-9777 (toll free) 1-800-927-9275 (TTY).

FLORIDA CONDO FOR RENT - beautiful newly remodeled 3 BR, 2 BA in gated community with all the amenities. Ready for snowbirds. Call for availability and information, 269-908-1654.

PRICELESS STORAGE - Indoor/outdoor. New Units on Alden Nash, 1 mile South of I96. Call for specials 558-2900.

HALL FOR RENT - Lowell Veteran's Center, 3100 Alden Nash. Newly remodeled, smoke-free, private, great location & great rate! www.VFW8303.org. Feb, March & April Veterans Potluck at 2 pm on the 2nd Sunday of the month. Call John at 299-0486 or 897-8303.

WHISTLE STOP MINI STORAGE - 12661 Vergennes, N. of Lowell. 5x10; 10x10; 10x20; 10x30; 12x40. Fenced lighted, key code entry. Call for more information, 897-8872.

misc.

ATTN LOWELL WIDOWS - We have a widows luncheon on the last Friday of each month. Starts promptly at 1 pm. All are welcome. Questions on location, call Elaine 616-856-8022 or Jenn at 616-490-9970.

TOPS (TAKE OFF POUNDS SENSIBLY) WEEKLY MEETINGS - Tuesdays, 6:30 pm at Schneider Manor Community Room, 725 Bowes Rd., Lowell. Cost \$37 per year and \$5 per month... start losing weight TODAY

ATTN LOWELL WIDOWS - We have started widows coffee time Monday mornings at 9:30 at Keisers, west side. Questions call Jenn at 616-490-9970.

Eliminate gutter cleaning forever! LeafFilter, the most advanced debris-blocking gutter protection. Schedule a FREE LeafFilter estimate today. 15% off Entire Purchase. 10% Senior & Military Discounts. Call 1-866-495-1709

help wanted

WE ARE LOOKING FOR SOMEONE TO JOIN OUR TEAM! - Part-time or full-time available (full-time with benefits). No Fridays or weekends! Duties to include: answering phones, typing, waiting on customers, ad design and pagination. Applicant should be familiar with InDesign and Photoshop. Please email resume to: jon@lowellbuyersguide.com or mail to Buyers Guide Help Wanted, PO Box 128, Lowell, MI 49331.

wanted

I WANT TO BUY - a twin or full bed for cash. Call 616-585-1709.

CALL FOR AUTHORS TO BE FEATURED - on "For the Love of Books Podcast" hosted by author and journalist Emma Palova of Lowell. The show features Indie & small press authors & their events. Email emmapalova123@gmail.com. Listen in on podbean & other major podcast apps: For the Love of Books Podcast



services

NEED A DUMPSTER? - Dumpster rental, 10-20 yards. Mention this ad for \$10 to \$20 off. Call or text Doug for estimates at 616-295-6640.

WORK WANTED - Double D's Tree Service Plus 40' & 70' bucket trucks. Tree trimming and removal, brush chipping. Free Estimates and Insured. Call Dave Delinsky, 616-212-3008.

PROFESSIONAL TREE CLIMBER NEEDS WORK - Call Dan, 616-970-3832.

TRACTORMAN-Driveway grading, field - brush mowing, lawn prep, food plots. I can move your: gravel, sand, topsoil, wood chips, stone, etc. 616.307.9681.

NOREEN K. MYERS, ATTORNEY AT LAW - Compassionate, experienced, effective legal representation. Specialties include: wills & trusts, work related injuries, employment discrimination. 307 E. Main, Lowell, 897-5460.

EMERGENCY ROAD SERVICE - Lowell & surrounding areas. On road repairs. Rob's Towing & Auto Salvage. "CHEAP HOOKER" 616-292-7649 or 616-295-8820.

services

DRIVER'S LICENSE SUSPENDED OR REVOKED? - Don't get sucked into \$100-\$300 evaluation fees...I NEVER charge for your record evaluation & consultation! Driver's license RESTORATION: \$3500 incl. all filing fees AND FREE consultation & evaluation of your case. Have a question? Call Attorney Martin Mead (616) 235-0330.

WHEN IN AN ACCIDENT - YOU CAN CHOOSE WHO TOWS YOUR VEHICLE - Request J&K Roadwide Service, 616-690-0983.

BUSINESS CARDS - Before you order your cards from somewhere else - check our rates! Call Lowell Litho, 897-9261.

STUMP GRINDING - Call Dan for free estimates, 616-970-3832.

SCANNING SERVICE - Do you need something scanned & emailed? The Buyers Guide/Lowell Ledger offers this service! Mon. - Thurs., 8 - 5 p.m. & Fri., 8 - noon.

HELP WANTED
We are looking for someone to join our team!
Part-time or full-time available (full-time with benefits)
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Duties to include: Answering phones, typing, waiting on customers, ad design and pagination.
Applicant should be familiar with InDesign and photoshop.
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PUZZLE SOLUTIONS

Word search grid with solutions: W B N L A P P S T A H O E, H I E O L E I C A M O C O, A D O N O R A R O B E R T S, M E N A G E A V E R S, S T A P H D A M A S C E N E, T A O A V E S O P, S T A R R C A S E S V I, E E L N A I R O B I P A C, A X S T A I R D A R E S, T A D S C A E L I, S N O W S H O E S L A M A S, G A L O P T I R A N A, J I M M Y F A L L O N T A P, A V A I L H A O L E E S P, M A S S Y S C A D S S A Y

Number search grid with solutions: 8 3 1 6 5 4 9 2 7, 7 2 5 9 1 3 4 8 6, 6 4 9 8 2 7 3 5 1, 5 6 4 3 7 2 1 9 8, 9 7 3 1 8 5 2 6 4, 1 8 2 4 9 6 5 7 3, 4 9 8 5 6 1 7 3 2, 3 5 7 2 4 8 6 1 9, 2 1 6 7 3 9 8 4 5

Large word search grid with solutions: H D K K Q I F Y Q S E I C E P S Y M O M, H E F S M S I N A G R O N U I D D L L R, H C E Y S T N E M I D E S F I G T X B D, A O A T A D H C U W A S T E W A T E R A, B L G W H E O B S O D E D W N A Q I C Q, I O F M A C S N T I Y M Y R E N N I M U, T G R E C L A I M E D M R Y A K E R D I, A I L K G N R B D F L W R E I D S F B F, T C G N I R O T I N O M B N G H N S G E, Q A M W K W Q E C R Q D G M Y Q R A T R, R L X H N I H G H X S D A T C E Q N T T, F E F P T L O O P I A N I F T M A C U S, E F N X L D C F B O A N L E E N L R N B, X F W K X L M E X G U H M T I A B Q Q L, P L W M P I T T E M I A S M C I N U K H, O U U K K F K M M R R Y A I D W H A I T, S E E F C E E O A A S T M I P Y T L G W, U N X Y N N C U P O N E T K M S T I G X, R T O L T A C H C O H Y T Y Y U D T O L, E M E A S U R E C C W X X B T I A Y W A

FUN PAGE

SUDOKU

				5				7
7		5				4	8	
6	4	9					5	1
	6		3		2		9	8
9				8		2		4
1	8		4					
	9				1	7		
3	5	7				6		9
	1		7			8		

Level: Beginner

Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

WATER QUALITY WORD SEARCH

H D K K Q I F Y Q S E I C E P S Y M O M
H E F S M S I N A G R O N U I D D L L R
H C E Y S T N E M I D E S F I G T X B D
A O A T A D H C U W A S T E W A T E R A
B L G W H E O B S O D E D W N A Q I C Q
I O F M A C S N T I Y M Y R E N N I M U
T G R E C L A I M E D M R Y A K E R D I
A I L K G N R B D F L W R E I D S F B F
T C G N I R O T I N O M B N G H N S G E
Q A M W K W Q E C R Q D G M Y Q R A T R
R L X H N I H G H X S D A T C E Q N T T
F E F P T L O O P I A N I F T M A C U S
E F N X L D C F B O A N L E E N L R N B
X F W K X L M E X G U H M T I A B Q Q L
P L W M P I T T E M I A S M C I N U K H
O U U K K F K M M R R Y A I D W H A I T
S E E F C E E O A A S T M I P Y T L G W
U N X Y N N C U P O N E T K M S T I G X
R T O L T A C H C O H Y T Y Y U D T O L
E M E A S U R E C C W X X B T I A Y W A

Find the words hidden vertically, horizontally, diagonally, and backwards.

Puzzle solutions on page 13

WATER QUALITY WORD SEARCH

AQUIFER
CHEMICAL
COMMUNITY
CONTAMINANT

DATA DRINKING
ECOLOGICAL
ECOSYSTEM
EFFLUENT
EXPOSURE
HABITAT

MANAGEMENT MEASURE
MONITORING
ORGANISMS
PARAMETERS
QUALITY
RECLAIMED

SEDIMENT SPECIES
STANDARDS
TURBIDITY
WASTEWATER
WILDLIFE

Guess Who?

I am an actor born in New York on August 26, 1980. I have six siblings and began acting at the age of 4. I have been in many successful movies, including a franchise about a kid being left at home.

Answer: *Macaulay Culkin*

WORD SCRAMBLE

Rearrange the letters to spell something pertaining to water quality.

C A E U N L N

--	--	--	--	--	--	--

Answer: *Unclean*

1	2	3		4	5	6	7	8		9	10	11	12	13
14				15						16				
17				18						19				
20			21					22						
23						24	25						26	27
		28				29				30				
31	32					33		34	35	36			37	
38				39	40							41		
42				43						44	45			
46		47	48					49		50				
51				52	53	54				55			56	57
		58								59				
60	61							62	63				64	
65						66							67	
68						69							70	

CLUES ACROSS

- One point north of due west
- Indigenous peoples of northern Scandinavia
- Popular California/Nevada lake
- Go quickly
- Fatty acid in soaps
- Brand of fuel stations
- State of fuss
- Romance novelist
- Members of a household
- Asserts to be the case
- Type of infection
- With metal inlays
- Chinese philosophic principle
- Early multimedia
- Employee stock ownership plan
- He investigated Clinton administration
- Shells
- Six
- Snakelike fish
- Capital of Kenya
- Influential group (abbr.)
- Used to chop
- It comes as a case
- Challenges
- Small amounts
- The Golden State

CLUES DOWN

- Hits
- Bathroom accessory
- Young
- Beef cattles
- It's often in soap
- For each
- Innermost membrane enveloping the brain
- A way to leave
- Emaciation
- Punish with a fine
- Steeds
- Having eight
- Greek goddess of the dawn
- Mature reproductive cells

- Armadillo species
- Ancient country in what is now Romania
- Extreme greed
- Stars
- Poems
- Places to sit
- One from the Lone Star State
- Small rails
- One quintillion bytes (abbr.)
- Where coaches work
- Indicates position
- Mammals
- Resembling a wing
- Beliefs
- Hindu male religious teachers
- Mischievously
- Where athletes want to end up (abbr.)
- Large, deep-bodied fish
- Horned squash bug genus
- Excessively sentimental
- Shared verbally
- You can put it on toast
- Data mining methodology (abbr.)
- Resinlike substance secreted by certain insects
- Mauna ___, Hawaiian volcano

Lowell seamstress makes alterations to fit

By Emma Palova
contributing writer

Viva Valentine has done a lot of things in her life before retiring for the third time. Valentine loved working in manufacturing because of the fast pace on the assembly refrigeration line for Electrolux in Greenville. She still knows everything about refrigerator doors. “It was faced-paced,” she said. “I loved it. You don’t want to shut the line down.”

Then came Cargill in Lake Odessa with their folded egg line, and finally, top-stitching of gymnastic leotards for Foxy’s on Beltline.

However, her main love has always been sewing. Throughout all those years of employment, Valentine sewed at home, on the side, for friends and family.

Her sewing kingdom is located in her laundry room with two nice windows for good light. “Sewing is very relaxing,” she said. “This is my major workroom. All my things that I need to sew are right here.”

On her left is a Janome Serger and on the right is a Janome sewing machine. Valentine uses the sewing machine for lighter delicate fabrics, straight stitch, and decorative stitch. The serger does zig-zag or a rolling stitch but uses a lot of thread.

She’s been sewing since she was nine years old. When she mentioned to her mother that she was bored,

mom sent her to the rag box to pick a rag and sew. First, she made doll dresses, then Valentine begged mom for nice fabric; three yards of fabric for \$1 at Sears.

“No, go to the rag box,” mother said.

“There’s nothing pretty,” Valentine said.

“Make it pretty,” mom said.

Valentine said she hated that fabric but had nothing else. “So, I used it,” she said. “Kids today have too many gadgets; they will never be that creative.”

In school, they had sewing, so Valentine helped other kids learn how to sew, since she had already taught herself.

There’s no task too small for Valentine, except upholstery and canvas. Other than that, she does alterations of all sorts. Her most recent project was a burgundy dress that she took from size 16 to size 10. She had to take out a sample stitchery, since the dress was a sample, and added bling, and jewelry pieces. Not even the shop could fix the dress. “That wasn’t easy,” she said. “I adjusted the underarms and the bustline, and retacked a few pieces.”

She worked on a beaded wedding dress for a garden-themed wedding, as well as a dyed dress. Valentine made bridesmaids’ dresses for her daughter Amie Santillan. “That’s a lot of fun,” she said. “I liked it.”

Her favorite projects

are quilts, but as Valentine puts it: “I love many things about sewing and fabrics. I can replace zippers and hemming,” she said.

The alterations of wedding dresses, and bridal and prom dresses can be challenging, due to demand on time, but Valentine enjoys them, just like everything sewing-related. “They usually want it yesterday,” she said. “That can be demanding not to get overwhelmed.”

For example, the last wedding dress required five different hems on it. “I had to cut the hem off and make sure it was the right length,” she said, “then re-attach the lace. Some beads came off that had to be sewn back on. I loved working on it.”

Valentine advises brides to contact her at least one month ahead of time. But she also hems jeans, shortens sleeves, does coats,



Viva Valentine in her sewing kingdom.

buttons, and badges. She prefers a steady flow of work, so she gets right to a project, and works on them as they come in.

“I love fabric, how it feels,” she said. “Before I buy a garment, I touch it and if I don’t like the feel, I don’t buy it.”

While working in her sewing room, she turns on Alexa. “I am very content in the laundry room,” she said. “I do whatever comes up because it satisfies me.”

Quilts can be very costly, according to Valentine. She belonged to the Belding Silk City Quilters and took a quilting class in Belding. “We did one square at a time,” she said. “I used to do a lot of baby quilts.”

She goes to suppliers

like Field’s and JOANN Fabrics to buy threads because of the constant change in the shades of fabrics.

Valentine loves meeting people. She has a pretty changing room for the ladies to try on dresses, most, several times.

She bought an old Singer sewing machine from a lady in Muskegon. “I use it for heavy fabrics and straight stitching,” she said. “It’s a beautiful machine.”

Contact Viva Valentine at viva_valentine@att.net or at 1-616-902-7139



A recent beaded bridal dress.



The burgundy dress required several alterations.

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CITY OF LOWELL PUBLIC NOTICE

Please take notice that the Lowell Planning Citizens Advisory Commission will hold a public hearing on Monday, September 12, 2022 at 7:00 pm., in the City Hall at 301 East Main Street, Lowell, Michigan. The subject of the hearing will be:

Special land use request for a commercial storage warehouse at 1251 Bowes Road

Mr. Dale Bibbler has submitted an application for special land use approval to establish a commercial storage warehouse in the existing building located at 1251 Bowes Road. Commercial storage warehouses are only permitted in the C-3 General Business District only if approved as special land use by the Planning Commission.

Copies of the special land use application and the City’s Zoning Ordinance are available for public viewing during regular business hours at Lowell City Hall, 301 East Main Street, Lowell, Michigan. Written comments will be received until the night of the hearing.

If you are planning to attend this hearing and are handicapped requiring any special assistance, please notify the City Clerk by calling at (616) 897-8457 as soon as possible.

Respectfully,
Susan Ullery
City Clerk

GAME DAY

LOWELL
PINK Arrow
15
 AND FIGHTING
 2008 2022
L

SEPTEMBER

1ST vs

Thornapple Kellogg
High School

GATES OPEN AT 2:30

KICK OFF AT 7:10

HONOREES PARADE

STARTS AT 6 FROM THE HS TO THE FIELD



SOCCER
(against Thornapple-Kellogg)

3:30



VOLLEYBALL
(against GR Catholic Central)

CHECK OUT OUR WEBSITE, PINKARROWPRIDE.ORG FOR MORE INFO!