# the lowell Ger

Wednesday, May 25, 2022

vol. 48 issue 35

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Be sure to look in this weekends Buyer's Guide & News for the Memorial Day Special section

### **Creative Cube**



page 3

### Iconic Wellness and Provisioning



page 8

## Lowell High School sports



pages 10-11



## Chimera's 20th anniversary celebration

By Bill Lee contributing writer

It was a very windy day on Sunday for the free concert at the Showboat to celebrate Chimera Design's 20th Anniversary, but it did not stop over 200 people in attendance to see musicians Sandra Effert, Ryne Clarke with Jeremy Kargl, and Patty PerShayla and the Mayhaps.

Each musician played around sevens songs each. Effert ended her beautiful set with her popular song "Haunted", with PerShayla singing in the background. Clarke, and bandmate Kargl, played songs from Clarke's many albums, and also, the Lowell resident did not disappoint as he played his electric kazoo quite a few times. Patty PerShayla and the Mayhaps played some

Continued on page 2



From left to Right: Sandra Effert and her son, Jeremy Kargl, Ryne Clarke, Patty PerShayla, Cliff Yankovich, Alec Klinefelter, and Lucas Powell. *Photo by Bruce Doll.* 

## Lowell Police Dept. helps families with firearms safety

By Michelle Smith contributing writer

The Lowell Police Department is equipping families to help them better protect children from firearm accidents and suicide.

The LPD has partnered with Project ChildSafe, a program of the National Shooting Sports Foundation, to help bring awareness to what can be done to keep guns out of the hands of children. Project ChildSafe's goal is to promote firearms safety and education.

Project ChildSafe has provided the LPD with free gun locks and educational materials regarding gun safety and suicide prevention to distribute to the Lowell community. These are available for community members

Continued on page 4



Project ChildSafe has distributed more than 40 million gunlocks nationwide through local law enforcement distribution.

## City council approves budget, variety of road closures, listens to sewer concerns

By Emma Palova contributing writer

The Lowell City Council approved the 2022/23 annual budget resolution after holding a public hearing on May 16.

Preceding regular business during the public comment period, Lowell resident Greg Canfield voiced his concerns that he wasn't able to get on the agenda to discuss the city's responsibility for sewer maintenance on behalf of his tenants.

"The city has always maintained the sewer lines in historic Lowell," Canfield said.

Mayor, Mike DeVore, said he didn't know anything about the issue. "I don't know anything about laterals," he said.

Canfield was supported by another resident that the city is not taking care of its infrastructure. "The council members aren't concerned about the city's infrastructure," he said. "They don't want to address the needs that the people in the community have."

The sewer concerns address a line running to a set of buildings at 96 through 106 West Main Street. A question was whether the city should maintain a lateral line that is shallow and freezes in wintertime.

Past city practice has been that sewer laterals are the responsibility of the property owner to maintain from the building until it enters into the city's sewer

"We need to fix this," Canfield said.

In other business,

Council, continued on page 4

## Continued from page 1

up-tempo rockin' songs and then a few bluesy tunes too. A fan favorite was "The Jack," a cover of an AC/DC song.

Concert organize

songs and tunes too. the bands and added some humor to the afternoon. He also had a raffle and gave away merchandise from Chimera, and Lowell

Bucks, to many winners in the audience. Overall, it was a fantastic afternoon filled with incredible music from three outstanding musicians. Thanks Cliff!



Patty PerShayla and Sandra Effert.

# Jones Farm Meats customer appreciation day

After a two-year hiatus, due to the Covid-19 pandemic, the Customer Appreciation Day at Jones Farm Meats last Saturday was bigger and better than ever. From early in the morning, there was a line to get into the store. The approximate waiting time was two and a half hours.

However, the wait was

well worth it with hundreds of specials to satisfy any taste. All lunch proceeds benefited Saranac Volunteer Fire Department, whose members served delicious food, including a hot dog, kraut, and potato salad.

Also, the vendors' show has grown to include more crafters than in the previous years. There were tractors and old cars on display. People didn't mind the long wait, giving them time to socialize on an unusually cold day in May.

The prices were reasonable.

"I don't gouge the prices," said owner Phil Jones. "The community has been so good to us."



Customers came out to support Jones Farm Meats Customer Appreciation Day last Saturday.

### **EXHIBIT A**

## CITY OF LOWELL KENT COUNTY, MICHIGAN

NOTICE OF PUBLIC HEARING TO CONSIDER ESTABLISHMENT OF AN INDUSTRIAL DEVELOPMENT DISTRICT (PLANT REHABILITATION DISTRICT) PURSUANT TO ACT 198 OF THE PUBLIC ACTS OF MICHIGAN OF 1974, AS AMENDED FOR 1016 N. MONROE

PLEASE TAKE NOTICE that the City Council of the City of Lowell has been requested by Attwood Corporation to establish an industrial development district (plant rehabilitation district) pursuant to Act 198 of the Public Acts of Michigan of 1974, as amended, on a parcel of property described as follows:

PART GOVT LOT 7 COM 693 FT W OF SE COR THEREOF TH N 924 FT TH E 33 FT TH N TO S 1/8 LINE TH W TO CONT 630 FT ON LT BANK OF FLAT RIVER TH SLY ALONG SD CONT LINE TO S SEC LINE TH E TO BEG\* SEC 35 T7N R9W 20.90 A.

and commonly known as 1016 N. Monroe St. SE, Lowell Michigan.

**TAKE FURTHER NOTICE** that the City Council will meet at the City Hall at 301 E. Main Street in the City on Monday, June 6, 2022, at 7:00 p.m., local time, for the purpose of hearing the owners of real property to be included in the district and any other resident or taxpayer of the City regarding the establishment of the industrial development district (plant rehabilitation district).



Susan Ullery City Clerk City of Lowell

## Boy Scouts place flags at Oakwood Cemetery



Boy Scout
Troop 102, under
the direction of
Scout Master Clay
VanderWarf, put out
all of the Veterans
flags at Oakwood
Cemetery last
Monday night.

## Plan your next dream



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## Creative Cube comes to Lowell

On Wednesday, May 18, LowellArts partnered Artists Creating Together (ACT) to bring ACT's Creative Cube to LowellArts. Working with Heather Sneider, Director of Special Education at



Lowell Area Schools, three groups of 14 - 16 students came to LowellArts for 90-minute arts activities for each student group. Students included K - 2nd

grade students from Alto Elementary, 2nd - 5th grade students from Cherry Creek Elementary, and 9th - 12th grade students from Lowell High School.

Visual art activities facilitated

> LowellArts instructor, Jennifer Helner, and ACT's Community Arts Coordinator, Allison Palm. The hands-on activities responded to the art exhibition in the gallery, featuring textiles from the Michigan League of Handweavers. The

third activity was facilitated by ACT instructor, Josh Dunigan, who provided a group drumming session in the classroom.

Outside of LowellArts

was the 40-foot-long reimagined yellow race trailer that serves as a beacon of accessibility and creativity. The Creative Cube is a



LowellArts mission is

to everyone by connecting artists and audiences through the visual and performing arts. ACT's

to make the arts accessible

mission empower individuals with disabilities to learn, grow, and celebrate through the arts. ACT recognizes the

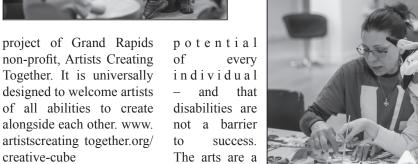


reach their potential.

This partnership with Artists Creating Together and Lowell Area Schools is bridging a gap so people with special needs have a welcoming environment to be creative, learn new artist skills and collaborate with their fellow students.

Cube An ACT

The entire experience - from the space, to the instructors and volunteers was designed to be attentive to the needs of the students, and making them feel included in all three projects without any limitations with skill levels. The students' enjoyment of the experience gave all who were involved equal, or if not, more, enjoyment and satisfaction.





## Lowell Women's Club Woman of the Year

Lowell Women's Club members gathered for their traditional endof-year celebration in May. A highlight of the celebration each year is the naming of their Woman of the Year. Newly elected club president, Lori Ingraham, announced Leah Vredenburg as LWC's 2022 Woman of the Year, highlighting her many contributions, both to the club and to our community.

Leah, and her husband Clark, moved to Lowell to open his dental practice in 1964. They had four children, Michelle, Andy, Matt and Marty, all of whom attended and graduated from Lowell Schools. While Leah was a busy "stay at home" mom, she always found time for her church and her community. Leah was clerk for many years, as well as on many boards

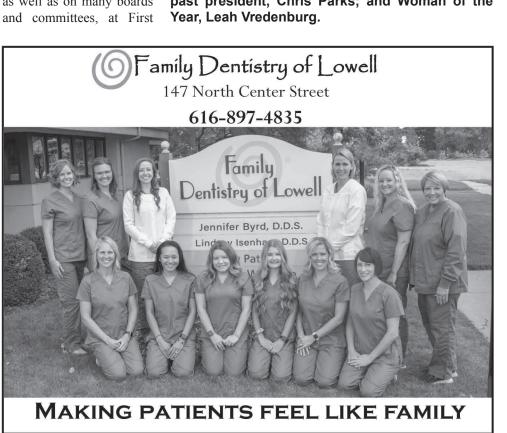
Congregational Church. She continues to volunteer there whenever called upon. Many years ago, she volunteered at the Rummage Bin, an early outreach of the church. She

also recalls helping with the cleaning and painting of the parsonage when new pastors were called in years long past.

Leah was involved in



Pictured, left to right: president, Lori Ingraham; past president, Chris Parks; and Woman of the Year, Leah Vredenburg.



those and chaired a monthly many organizations and events in Lowell over the luncheon committee each years, volunteering at the year. Leah has baked pies and other baked goods for Fallasburg Fall Festival, the Lowell Showboat, the raffles and sales. She has Art Train when it came to made jam and helped create Lowell, and the Lowell Area beautiful Christmas cards, as Arts Council. Beyond our well as other crafts for our city limits, she volunteered Christmas through Lowell in the kids' painting section booth. She has co-chaired of the Grand Rapids the craft and jam basket Festival of the Arts with her booth for several years. friend, Bev Spillane, in the She has also co-chaired and mid to late 70's. attended our Kids' Food Leah has been an Basket volunteer nights active member of the in Grand Rapids for many Lowell Women's Club years. Before COVID, Leah for eleven years. She has sponsored a student member

the upcoming year.

One of our members who nominated Leah said of her, "She is always in attendance at meetings, missing only when she absolutely cannot make it. She is a quiet member, but she is always interested in club matters and always helpful. She gives a lot of herself to LWC."

Sixteen of Leah's family members (including her sister Linda) and friends (neighbors, Bridge Club, Golden Rams and others) were in attendance to add to her surprise.

## **Brooke Johnson Memorial Float**

and will be doing so again in



been secretary for nine of

## **Sun., July 3**

Start time 11 am arrival at Fallasburg around 2 pm

Beginning at Whites Bridge to Fallasburg.

## **Hot Dogs provided, BYOB.** Come for fellowship.

Any questions, please contact Nancy Ellis Roth at 616-826-9453 or email: nlroth2719@aol.com

If you do not have a Kayak or canoe, you can rent one. Contact Nancy for more info.

## to the editor

Letter writer opinions are their own and do not necessarily reflect the opinion of this publication.

Dear Editor:

To follow is a poem I involved wish to share.

**SCOTUS** 

When will it begin to matter?

As they strip your rights away

From what was once "your" body

To now just their place

And the consequences

Are solely set upon you When the power you

Are taken by the few

If you and I don't stand up now

If our voices remain silent

Or if we wait for too long

The solution will need to be more violent

They're trying to take away your vote

They're trying to take your choice

They're trying to take away your safety

As they take away your voice

The women who came before

And fought for a better, safer place

For future generations of women

Their efforts are about to be erased

So, now it's time to finally stand up

It's time to actively defend

It's time to say we won't go back

It's time to reverse the

On Jan. 27, 2020, the Equal Rights Amendment

Achieved requirements to pass

It passed both chambers of congress

And 75% of the States ratified it at last

After over 50 years since it was written

It was to be the 28th Amendment

But the Trump administration blocked it

Not enough stood up to defend it

A missed opportunity for women

A blip from the nightly talking heads

for miss daughters vour and granddaughters

As you were so misled

So, if you don't take a stand right now

If you can't take the time to fight

You'll have given up the last opportunity

claim To your constitutional rights

> Alan Teelander Lowell

## Continued from page 1

to pick up at the Lowell police station.

LPD Detective Sergeant, Gordy Lauren, said it is important Lowell community members teach and use proper gun safety in their homes.

households "Many in the Lowell community have firearms used for many things, including hunting, target shooting, and home defense. It is very crucial that parents teach their children gun safety at a young age and make sure all firearms are secured in the home all the time," Lauren said.

ChildSafe Project distributed more than 40 million gunlocks nationwide through local law enforcement distribution.

Families can get more information at: https:// projectchildsafe.org

# **Dusiness** directory

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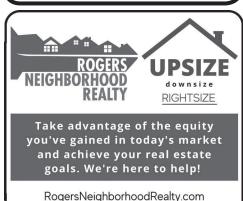


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## Council, continued from page 1 drive-in at 1:45 p.m. on July

the city council approved a variety of road closures pertaining to the upcoming events in Lowell.

VFW and American Legion will have their Memorial Day Parade on May 30, with staging starting at the fairgrounds at 9 am. The parade will start at 10 am and the road will be closed from Hudson to Monroe.

Instead of the Riverwalk Parade, there will be a classic car Rumble

"We did this years ago," chamber director, Liz Baker said.

In related business, the council discussed liability and insurance for special events, which can happen either as a waiver or a rider. It was determined that city manager, Mike Burns, will bring in an insurance specialist to advise the city.

Mainly under discussion, came

monthly Markets on Main due to traffic on Main Street

"I don't want to deter any last-minute events," said DeVore.

The city council approved resolutions to set public hearings for Attwood and King Milling on June 6. King Milling will be applying for an industrial tax credit for a new mill.

The council approved a sum, not to exceed \$150,000, for new air conditioning at the city

Canfield objected that anything over \$10,000 should go out for bids.

Councilmember, Cliff Yankovich, informed the council about the progress of the fairgrounds project. The fair campaign committee has raised \$14 million, about \$1.4 million short of the campaign goal. The funding is a combination of private and corporate donors, state funding, and federal funds.

"Things happening," said Yankovich.



### **MAY SCHEDULE**

Robin Marvel, Healing Childhood Trauma, May 10 Diana Duell, special guest, May 20 Andrew Allen Smith, Another Slice of Fear, May 26 Summer Porter, Maggie Chambers,

A Mouse Tail on Mackinac Island, May 27

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# viewDoint



100 years ago The Lowell Ledger June 1, 1922

A very successful radio receiving service is being enjoyed at the home of Will C. Doyle in this village and speaking, preaching and musical programs in Detroit, Pittsburg, Indianapolis and elsewhere are heard distinctly.

Two confessed chicken thieves from Stanton were arrested in Lowell Saturday morning by Village Marshall Bowes, when they were selling a mixed lot of chickens caged 58 in a crate and so crowded that one had smothered to death.

Memorial Day exercises passed off nicely in Lowell, the sacred observance calling many former residents back to the rural places of their loved ones.

Floyd G. Hunt's potato and poultry warehouse at Alto will close for the season this week. Mr. Hunt's many friends will be glad to know that he is convalescing from his serious illness.

### 75 years ago The Lowell Ledger May 29, 1947

About 150 persons attended the services at Snow church Sunday, honoring the fiftieth anniversary of its dedication.

Jerry Johnson, six-year-old son of Mr. and Mrs. Ross Johnson of Middleville, and grandson of Mr. and Mrs. Roy Johnson, was struck by an automobile Sunday, resulting in head and slight bodily injuries. He was removed to the Hastings hospital for treatment and x-rays and later removed to his home.

Fines of \$100 and jail sentences up to 9 days may be imposed both on minor children who buy cigarettes and their parents, Prosector Meneo R. Bolt informed Lynn H. Clark, County School Commissioner, Monday.

Bill Wittenbach of Wittenbach Sales & Services, returned recently from Fort Atkinson, Wis., where he attended a Jamesway barn clinic.

### 50 years ago The Lowell Ledger June 1, 1972

Two young men, Ted Alan Jones, 21, and Frederick C. Nordstrom, 22, both of Grand Rapids, lost their lives last Friday when they were caught in a whirlpool while swimming near the dam north of Lowell.

Come on singers and join us...get on the boat of fun and gaiety as the 1972 Showboat prepares to celebrate its 40th anniversary, and bring to center stage two top professional men in the business, Jerry Reed and Bobby Goldsboro.

Lowell Police were called to the Clifton Whitaker residence on North Hudson Street, May 24, to investigate a breaking and entering. Stolen from the home was a Morse stereo, radio (AM-FM), record player, tape player combination, and two extension-type speakers. The complaint remains open and several tips are being investigated.

Kent County Sheriff's Deputies are investigating the theft of 46 tires taken from the Alto Garage on the corner of Bancroft Avenue and Depot Street. Jerry Posthumus, owner, said 16 car tires and 30 farm tires, valued at \$1,280, were missing.

Twelve contestants will take their turn at walking the ramp-way, giving their talent a test, and answering that all important question, before the final decision is handed down by the judges and the new reigning royalty is crowned.

The largest class ever to graduate from Lowell Senior High School, 186, will take part in commencement exercises June 11 at Recreation Park at three o'clock in the afternoon. Carolyn Kyser and Jeannette Marks being named co-valedictorians.

### 25 years ago The Lowell Ledger May 28, 1997

The Kent County Education Association recognized and honored Lowell High School health teacher, Kathy Talus, for being there for students the past 18 years with its "Teacher of the Year" award.

Vergennes residents, finding it difficult to travel to work on M-21, might want to follow the lead of their township offices in asking that a bridge be built across the Grand River at Snow Avenue.

On Wednesday, it was time to erect the city of Lowell's new town clock at the corner of Main Street

and Riverside Drive. The new city clock is part of the Downtown Development Authority's renovation project.

In the fall of 1995, the Fallasburg schoolhouse was closed so an interior restoration project could begin. The schoolhouse will reopen to the public at the end of May. It will remain open on Sundays throughout the summer.



the lowell dger

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Mon.-Thurs. 8-5; Fri 8-noon

## outdoors

level playing field

Dave Stegehuis

Time marches on, and we humans find ourselves dealing with life in different ways than did our parents or grandparents. My grandparents began life with oil lamps for light and horses for transportation. Before passing on, they watched on their television set a man walk on the moon.

Nature on the other hand doesn't change over time. The life cycle of plants and animals follow the same pattern established eons ago. Interacting with nature as an observer or participant connects us with the same natural world our ancestors experienced. We can live in the past if for only a relatively short period of time.

We all have the same relationship with nature. Animals only recognize us as humans. Deer don't care if the hunter is rich or poor, male or female, or any other differences we may use to define ourselves. Hikers all face the same terrain and weather conditions no matter what their background. The mountain is just as steep and high for everyone attempting to climb. Fish could care less who is on the other end of the line. It doesn't matter if it is a grandpa or a granddaughter.

On our journey through life, we mostly deal with circumstances which have been created by people reacting to economics, values, culture, and other human concerns. As individuals we adjust to these circumstances in very different ways. As a result, we may have little in common with each other.

In the natural world, we are all confronted with the same conditions and challenges over which we have little control. Because of nature's inflexibility, we have limited options for how to respond, so we all tend to have similar reactions. On meeting by chance, fishermen can strike up a conversation as if they are old friends without a thought about the others position in life or any other personal differences between them.

Involvement with nature and the outdoors provides the opportunity to experience something real and then share that experience with other people who understand. In nature the playing field is level for everyone.

## We love to hear from you!



The Lowell Ledger welcomes letters to the editor from readers, but there are a few conditions that must be met before they will be published.

The requirements are:

• All letters must be signed by the writer, with address and phone number provided for verification. All that will be printed is the writer's name and community of residence. We do not publish anonymous letters, and names will be withheld at the editor's discretion for compelling reasons only

- Letters that contain statements that are libelous or slanderous will not be published.
- All letters are subject to editing for style, grammar and sense.
- Letters that serve as testimonials for or criticisms of businesses will not be accepted.
  Letters serving the function of "cards of thanks" will
- not be accepted unless there is a compelling public interest, which will be determined by the editor.

   Letters that include attacks of a personal nature will
- Letters that include attacks of a personal nature will not be published or will be edited heavily.
- "Crossfire" letters between the same two people on one issue will be limited to one for each writer.
- In an effort to keep opinions varied, there is a limit of one letter per person per month.
- We prefer letters to be printed legibly or typed, double-spaced.

Lettters can be sent to emailed to ledger@lowellbuyersguide.com

Deadline is noon on Mondays



## Local Library

Kent District Library programs at Alto Branch, 6071 Linfield Ave SE. For additional information call 616-784-2007.

Library hours: Monday 9:30 am - 1:30 pm; Tuesday, Wednesday noon - 8 pm; Thursday noon - 6 pm; Friday 9:30 am - 6 pm; Saturday 9:30 am - 1:30 pm

#### Scrabble for Seniors

Fri., May 27 from 1-3 pm. Sit down and enjoy a word game, unplugged, with other fans. All ages and skill levels welcome!

#### Summer Wonder teen crew orientation

May 31, 6:30 - 7:30 pm. Enthusiastic and energetic teen volunteers are wanted to help with Summer Wonder at KDL. Fun times are guaranteed, with the added benefit of service experience. Registration is required via a paper application available at your branch. For teens ages 11-17.

### Kent ISD early childhood playgroup

Fri., June 3, 10:30 am - 11:30 am. Crafts, rhymes, songs and more. For ages 0-5 with parent or guardian.

#### Touch a truck

Mon., June 6, 10:30 am - 11:30 am. Check out big trucks and the amazing operators that keep our community working. Learn and explore together. For ages 0-10

### **Juggling stunt show**

Tues., June 7, 1:30 pm - 2:30 pm. Clark performs skilled juggling, daring circus stunts, magic and more. Plenty of action, humor and a dynamic rock soundtrack are combined to deliver an experience beyond the ordinary. For all ages.

### All Aboard! Book discussion

Thurs., June 9, 10:30 am - 11:30 am. Fun, informal discussion of great books. June's book is The Happiness Project by Gretchen Rubin.



## At Your ABCs of Lowell history

The Lowell Historical Museum introducing a new weekly series. Each week we will explore the history one of the buildings in the downtown Historic District.

Address: 301 W. Main Date Built: 1878 Builder: Barney McGee first business: Cormick McGee Saloon and Restaurant

Barney McGee built this building of Milwaukee brick in 1878. First, it was the saloon and restaurant of Cormick McGee, and then, Anthony Rosback. A second storefront was added to the west side prior to 1892. Then in 1892, it became Christopher Bergin's grocery store. Bergin's wife was Rose McGee, daughter of the builder.

From 1898 to 1927, C.H. Alexander Grocery Wholesale Produce



The C.H. Alexander Grocery operated from 1898 to the late 1920s. He was also a wholesale produce dealer who used the western storefront to store and move produce.

operated here. Martin Houseman Grocery and Meats followed. In 1934, Theron Richmond opened Richmond's Tavern, later called Richmond's Café. In

1944, Percy and Ethel Read purchased the block and operated the restaurant as the Lowell Café. Percy soon died but Ethel continued. She changed over to

cafeteria-style service.

In the 1960s, the Cafe was sold to Clare Palen, who died in 1966. Dorothea Norris lived above the café and helped run the restaurant.

> She then owned it. In 1978. brothers Steve, Bob and Harry Larkin bought the property and Larkin Saloon was established. youngest The brother Mike Larkin bought the restaurant from his older brothers in 1995 and operated it for over 25 years until 2021.



**Interior of Houseman Grocery 1920s** 

# Gnurch

### GOOD SHEPHERD LUTHERAN CHURCH

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WORSHIP

## happy birthday



### **MAY 25**

Rick Wernet, Phyllis Bieri.

### **MAY 26**

Janet McIntyre, Guy Watrous, Joshua Bryant.

### **MAY 27**

McClure, Dakota Bertha Brown, David Christiansen, Tim Rittersdorf, Cindy Sherman.

### **MAY 28**

Casey Parker Gordon.

### **MAY 29**

Sue Lindhout, Mike Lindhout, Justin Doyle.

### **MAY 30**

Kara Rasch, Allen McClure, Caroline Jane Blough, Ryan Barnes, Kevin Homrich, Heather Witherell, Jacquelyn Landman, Tabora Karp.

### **MAY 31**

Mark MacDonald, Arleen (Bryant) Irving, Tiffany Condon, Hannah Burtt, Lauren Wiley.



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2275 West Main Street - (Barrier Free) 897-7168 • www.fbclowell.org Pastor Jon Pickens • Lead Pastor Pastor Andrew Bolkcom • Pastor of Discipleship

Christi Swain • Director of Children's Ministries SUNDAY WORSHIP....9:30 AM (Nursery provided)

LIFE GROUPS ......11:00 AM (Nursery-Adult) Awana (K-5 during school year) Wednesday, 6:15 PM

## **METHODIST CHURCH**

621 E. Main Street

www.lowellumc.com • Barrier Free Entrance

Traditional Service: 9 am Contemporary Service: 10:30 am Sr. Pastor - Brad Brillhart

## Recycling part one: The tangled web of expanded polystyrene

By Cliff Yankovich contributing writer

Most of us refer to the foam cups, plates, and containers, so much of our food products are served in, as "Styrofoam", which is technically a misnomer, as I quickly learned while doing research to write this article. The blue board Dow Chemical owns the patent on for insulating buildings and a host of other things is rightly called "Styrofoam" - that product is extruded polystyrene that Dow has been producing since 1941.

The foam we drink and eat from is expanded polystyrene, or EPS as it is called by people who know about such things. Having just barely made it through Science 101, when I tried to learn the difference between Styrofoam and EPS my eyes started to water. Then I found this simple explanation: The main difference between the two materials is density. Extruded polystyrene is much denser than expanded polystyrene. This makes sense; the take-home box for your burger and fries is much lighter weight than the Styrofoam panels used to insulate basement walls.

My dive into the chemical make-up polystyrene, be it extruded or expanded, had my eves glazed over in a New York minute. For the purposes of our subject matter today, how about we just boil it down to the fact that both of these foam products are made from petroleum.

The plus side of polystyrene is that it is a good, no – make that really, really good-insulator. The general consensus is that it has a R value of 5 per inch of thickness. For comparison,

wood is between .70 to 1.50 per inch. It is also very impervious to moisture. As mentioned above, Dow started making their product to insulate buildings and more. It was a short step to expanding polystyrene into keeping our food and beverages either hot or cold by making cups from EPS. My non-scientific explanation is that they put more air into Styrofoam to expand it into the ubiquitous

Fast forward to today, and there are some statistics that claim that we, in the US, put over a thousand tons of EPS into landfills every day. And this is where the not so good side of EPS rears its foamy little head. That EPS cup you just drank a milkshake from and put in the landfill will look just like it did the day it got buried in 200 or 300 years. Pretty much all of the science people agree that buried EPS will not break down in less than 500 years and some say hundreds more will do it and some claim it will never decompose.

You might be tempted to point out that the EPS in the trash is going to get all broken up and smashed to bits, going from your house to the landfill, but even if it does break into small pieces, that can even be worse because a fish, duck, or raccoon is not going to eat the EPS cup that fell out of your kayak whole, but if it gets broken into tiny bits, birds and animals will have a much easier time consuming it. The petroleum that makes the EPS might come out of the ground, but it is NOT something you want in the stomach of any living thing.

Remember, these things work their way up the food chain to us, so even if you are unconcerned about some tiny fish nibbling away at EPS, that fish might get eaten by a bigger fish that ends up on your dinner plate. Broken or whole, EPS is not something that can be broken down and assimilated into the ground for centuries.

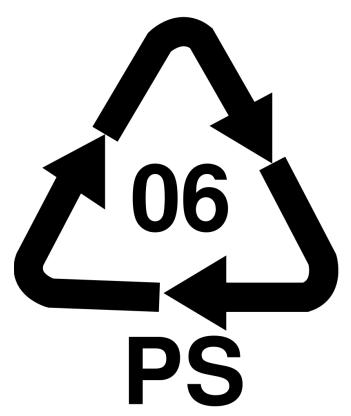
The State of Maine led the way in the US by becoming the first state to ban EPS products. Other states (CO, VT, MD, NJ, and NY) have followed suit with bans going into effect in different time periods up to 2025. As is the case with anything having to do with petroleum industry, the push back from Corporate lobbyists in this regard has been persistent and not lacking in funds. In spite of the opposition, there have been many cities that have banned EPS products. The list is far too long to print here.

The outlook for a State wide ban of EPS in Michigan is pretty bleak. Dart Container, the largest manufacturer of EPS cups and containers, headquartered Mason, MI. The millions of dollars they have to

keep business as usual is bolstered by the fact that the Michigan Legislature passed a law in 2016 that prohibits municipalities from regulating the use, disposition, or sale of, prohibiting or restricting, or imposing any fee, charge, or tax on certain containers, including plastic bags, as well as cups, bottles and other forms of packaging. This means, Lowell or any other city or town in Michigan, is forbidden to pass a local ordinance regarding packaging that is allowed to be used within their borders.

One of the most confusing aspects of EPS products comes from the fact that there is a recycle symbol used on them. That symbol is pretty meaningless, because as of today, I am not aware of any recycling program that accepts EPS products in our area.

went to Dart Container's website to see if they had any suggestions. They have a map on their site listing "Foam Recycling Centers". The closest one to Lowell is Michigan Foam Products on Chicago Drive in Grand Rapids. Click on their informational page



Misleading recycle symbol used on EPS products.

and you will find a list you. Secondly, you could of "Unacceptable EPS" products. That list ends with: "Food service foams, such as cups, containers or plates."

So what should an environmentally concerned person do about EPS? First, try to limit your direct purchase of any of these items at any opportunity that may present itself to

encourage your favorite restaurant or restaurants to stop using them. Several places in Lowell serve their take out items in paper or cardboard based containers; maybe we can encourage all of them to do the same.

I plan to revisit EPS in an upcoming article in this series about recycling.

### **EXHIBIT A**

## CITY OF LOWELL KENT COUNTY, **MICHIGAN**

NOTICE OF PUBLIC HEARING CONSIDER APPLICATION FOR INDUSTRIAL FACILITIES EXEMPTION

PLEASE TAKE NOTICE that the City Council of the City of Lowell has been requested to hold a public hearing to consider the application for an Industrial Facilities Exemption Certificate by King Milling (the "Applicant"), pursuant to Act 198 of the

TAKE FURTHER NOTICE that the public hearing shall be held on Monday, June 6, 2022 at 7:00 p.m., local time, at the City Hall at 301 E. Main Street in the City, at which time the City Council shall afford the Applicant, the City Assessor, a representative of each taxing unit which levies ad valorem property taxes in the City, and residents and taxpayers of the City an opportunity to be heard regarding the application for an Industrial Facilities Exemption Certificate for the Applicant.

> Susan Ullery City Clerk City of Lowell

**CERTIFICATE OF 139 S. BROADWAY ST.** 

Public Acts of Michigan of 1974, as amended.

The facilities will be located at 139 S. Broadway SE, Lowell, Michigan. The application of King Milling, is on file and available for review in the office of the City Clerk of the City of Lowell.



Monica Burtt, Clerk

## **LOWELL CHARTER TOWNSHIP** NOTICE OF POSTING

The Lowell Charter Township Board will consider the adoption of the following two amendments to the Township Zoning Ordinances at its meeting on June 20, 2022.

- Ordinance 03-2022Z to add Section 4.47 to permit and regulate a shared driveway serving only two parcels. The proposed amendment requires each parcel to comply with the minimum lot area and road frontage requirements of the zoning district in which the parcels are located. In addition, a shared driveway must be a minimum of 20 feet wide and a maintenance and access agreement is also required.
- Ordinance 04-2022Z to delete Section 4.22 which regulated outdoor events. This language must be removed to avoid conflicting with Township Ordinance 02-2022, the Lowell Charter Township Outdoor Event Ordinance recently adopted by the Township Board.

The proposed ordinances are available for review at the office of the Township Clerk, 2910 Alden Nash Avenue, SE, Lowell, Michigan, 49331 during normal office hours on Monday, Tuesday, & Thursday or by calling 897-7600. The ordinances are also available on the Township Web Site at www.lowelltwp.org.

The Township Board will consider these two ordinances at its meeting on June 20, 2022, at 7:00 PM at the Lowell Charter Township offices, 2910 Alden Nash Avenue SE Lowell, MI 49331. Any person is welcome to attend this meeting and to offer comments or ask questions regarding the proposed ordinances.

Lowell Charter Township



### Prudential Financial Planning Services



Barbara Pietrangelo, CFP®, CLU®, ChFC®, LUTCF®, CLTC®, RFC® Financial Planner 4764 East Fulton Street, Suite 203, Ada. MI 49301 (616) 855-0012 Comprehensive Financial Planning





Offering financial planning and investment advisory services through Pruco Securities, LLC (Pruco), under the marketing name Prudential Financial Planning Services (PFPS), pursuant to separate client agreement. Offering insurance and securities products and services as a registered representative of Pruco, and an agent of issuing insurance companies. 1008115-00004-00

## Iconic cannabis boutique-style dispensary opens

by Emma Palova contributing reporter

Iconic Wellness and Provisioning is the newest cannabis dispensary in Lowell, located on West Ave

Iconic uses several criteria to locate its dispensaries, according to Lee Olsen, chief operating officer and one of the owners. Their first criterium is whether the community

everybody else's product is prepackaged.

The price varies, depending on the quality and the levels of THC in the product, from \$10 a gram to \$15 a gram.

"Our main growers are from craft cultivators who specialize in high-quality flower," Olsen said.

And the growers come up with cute enticing names like Tangie Cookie Burger, pre-rolls and concentrates. Pre-rolls are joint-like cigarettes. The loose flower is just buds on their own, not rolled or processed. They can come in a jar or sealed bag, labeled by strain and weight.

Other products available are concentrates, vapor cartridges, wax & butter, pain creams, tinctures and edibles. For example, 10 gummies of



Lee Olsen, COO, by cannabis products glass cases.

has opted in to sell adultuse cannabis. Then, they review the zoning that allows these facilities and properties allowed in that zone.

"Our business model is a little different," Olsen said. "It's a boutique model, which means we only carry high-end quality products deli-style."

Similar to wine tasting, the consumer can look at the flower and smell it, but cannot taste it.

"It's a very interactive experience, you select your buds," he said.

Unlike other dispensaries, with the exception of Meds Café,

Tropicana Cherry, o Banana Macaroon.

The diverse strain offerings span the Sative, Hybrid, and High CBD families. The two main active cannabis compounds, THC and CBD, dictate the wide range of effects from euphoria to relaxation. CBD is a non-regulated product. The cannabis flower itself, or the bud, contains a unique scent and flavor components, terpenes and flavonoids, which contribute to the user's experience.

Flowers are the number one sellers, according to Olsen; the majority are pre-packaged, followed by 10 mgs make 100 mg of THC per package. Edibles include chocolate-covered pretzels and chocolate candy. They all can alleviate pain and help in sleeping.

However, everything sold in Michigan dispensaries has to be manufactured in Michigan.

Iconic is planning on having its own growing facilities located in industrial parks, such as in Sturgis, a 30,000 sq. ft. facility that will employ 20 to 25 people, and in Kalkaska, an 11,000 sq. ft. facility employing 10 people. On average, the dispensaries employ 10-12 employees.



Different categories of cannabis products are sold boutique style at Iconic.

"The advantages are lower costs and we control the quality and prices," said Olsen. "We can add more variety and selection of products."

All products undergo strict quality controls during which the flower is scored. A third-party lab, registered with the state, tests the product.

The flower cycle ranges from 12 to 14 weeks, from seed to sale.

A photo ID is required upon entering the dispensary. Budtenders assist in the selection of products. There are different ways to consume cannabis, other than smoking and eating, it is available in transdermal patches like a nicotine patch.

However, in Michigan, drinks containing cannabis THC are not allowed. "If somebody made them, we would carry them," Olsen said. Immediate plans include opening up Gaylord, Alpena, Saginaw, and Bay City yet this year. The dispensary complied with the residents and the city's request to have a left turn only onto Main Street to avoid vehicles passing through the adjacent residential area.

"We want to be iconic," Olsen said.

For more info go to: www.iconic-wellness.com



Lee Olsen, COO at Iconic, by the cannabis flower behind the counter. The clerks are known as "budtenders."

## Lowell senior, Aubrey Rasch awarded 2022 GreenStone Scholarship

GreenStone is proud to support the future of agriculture in Michigan and Northeast Wisconsin by investing in students who plan to pursue careers in agriculture. Since 2010, GreenStone has awarded up to \$40,000 in scholarships each year to incoming college freshmen, presenting \$2,000 to each selected student attending four-year college program, and \$1,000 to each student attending a two-year college program. Out of over 65 applicants, 21 exceptional students

were chosen to receive this

scholarship. One of those students is Aubrey Rasch, who stands out among her community due to her volunteer work experience, impressive grades, and ambitious goals.

Rasch is the daughter of Duane and Deborah Rasch, resides in Lowell, Michigan and attends Lowell High School. She excels academically, achieving an impressive 4.00 GPA, earning her membership in the National Honors Society. Rasch is also an active member on both the Lowell High School soccer and volleyball teams.

"As successful as Aubrey was in the classroom, she has surpassed that in the FFA program," says Kevin Nugent, Lowell FFA advisor and agriscience educator.

Rasch served as the Lowell FFA president and as the Michigan FFA region V District III Vice President. Additionally, Aubrey competed at the Michigan FFA state level contest in prepared public speaking covering a relevant topic in agriculture.

Rasch was recently elected as the 2022 Michigan Apple Queen

and will spend the next year doing education and outreach for the apple industry. After graduation Rasch will attend Michigan State University, majoring in either Animal Science or Horticulture.

"Growing up on a farm, I was able to witness first-hand the ins and outs of the agricultural industry at a young age. From crop consultants and salesmen, being regular faces at my kitchen table talking to my parents, to learning about all the different work that must be done for a successful harvest,

growing up on a farm has truly opened my eyes to the importance of agriculture. These experiences, and of course, the support of my family, have all

greatly influenced my decision to choose a career in agriculture," states Aubrey.

GreenStone is honored to support students like Rasch in their journey to achieve their goals and use their skills to better the agricultural industry as an entity. For

more information on GreenStone's scholarship program, visit www. GreenStoneFCS.com/Community/Scholarships.



**Aubrey Rasch** 

## Resident stays busy polishing and carving pudding stones

contributing writer

Lowell resident Brandon Beimers, who suffers from dementia and Parkinson's, stays busy carving and polishing pudding stones.

"I was looking for something a little extra to do to keep me busy," he said.

collects He them everywhere, wherever he can find some nice



Morel mushroom carving.

pudding stones and agates. This takes him UP North to Drummond Island and Lake Superior. Beimers also works with wood.

> Beimers has a display in his yard ranging from morel mushrooms sculptures out of propane tanks. He carves out pudding stone bowls and chest pieces and chest sets.

> "I use sandpaper from low to high grit for sanding wood," he said. He shapes the pudding stone bowls with tops on them.

> "I make keepsake things that are nice as a birthday present," he said.

> The pudding stone bowls, softball or baseball

size, range in price from \$60 and up.

"I use a four-inch grader to shape them and sand them," he said. "It's satisfying and it keeps me busy."

He also makes pipes out of antlers or pudding stone pipes.

"It looks different every time," he said. "I like them with a lot of color."

He sells on the Facebook marketplace or you can email Beimers at bb61611@gmail.com

He used to polish concrete. For his birthday in February, he did a fundraiser for Parkinson's Foundation.





Above: Brandon Beimers polishes and carves pudding stones.

Left: Pudding stone bowels.

## **Book Corner**

When the Stars Go Dark (historical fiction) By Paula McLain

by Alison Yarger

Having read The Paris Wife, this was a great choice of a book, by host Kathe Bramble, for our monthly Bad Girls Book Club meeting. Until reading the back portion of the book prior to reading the actual content, I didn't realize it was historical fiction, as it encompassed the kidnapping of Polly Klaas from her home in Petaluma. California. "It's not a crime to go missing, but there does seem to be a telling void here, a familiar dark shimmer that makes me wonder. She may have been coerced into leaving or even complicit in whatever harm has befallen her. There's an old ghost story about that, I remember, how the devil steals souls by asking for them openly. He isn't a thief, but a master manipulator. The real danger, or so the story goes, isn't in the devil himself, but in not knowing you have a choice to turn him away. That's the saddest piece, as I see it, and have over and over. How some victims don't have even a whisper of no inside them,

because they don't believe the life they have is theirs to save." This paragraph from the story encompasses so much of what we see in daily life with young girls being enslaved or kidnapped. With numerous characters to keep straight in the book, to me it was the only drawback. This story brought to the forefront the continuous exploitation of young girls and the devastation they suffer. While the story was a bit tedious, the writing was poetic and mysterious and kept me captivated throughout. semi-autobiographical thriller, McLain delves her young life growing up in Mendocino. This story, about assault and forgiveness, has an especially strong moral compass. While it was a beautiful read of sorts, it also was very sad, causing inner reflection and some mental anguish on the reader's point. McLain's passion was evident throughout the story of the hunt for a serial killer. This book tells the stories of death and hope,

forgiveness and friendship, feelings of abandonment and finding inner strength. When the Stars Go Dark was also full of anxiety and mystery. A huge departure from the book The Paris Wife, the story of Ernest Hemmingway's first wife, this subject matter was both dark and deeply disturbing. Woven into this story of course was the narrative about Polly Klaas's abduction, and the national media attention it received in 1993. The story

demonstrates that sadness and shame are more than feelings; they're an illness, a terrible cancer that spins through the world taking lives in a hidden cyclical way that might never end. For some kids, one in ten maybe, though it might be closer to one in four, really had horrible things happen to them in their own family or by an acquaintance whom that family trusted. Trauma, neglect, abuse, manipulation, coercion, and exposure to violence

- they don't have the tools to process it or the words to talk about it. So silence follows, and forced complicity and shame occur in the victim. Throughout the story, the reader gets bogged down perhaps with details, not to mention too many characters, which adds to the struggle of keeping everything straight. The shorter chapters kept everything just a little easier to follow. As a side note, over the past few years in books I've read,

the uses of bring and take have been transposed. The line: "....Queenie's diner, where Hap and Eden used to bring me for breakfast on weekends sometimes." The word used should be take, not bring, but millennial authors and now even seasoned authors are starting to use this transposition. Just one of those grammatical issues that gets under my skin! I enjoyed the book, despite its disquieting topic. I'd give the book 3.8 out of 5 stars.



# Red Arrow SOFTBALL SPORTS

## Busy week for softball team

By Justin Scott sports reporter

A three-game series sweep over East Grand Rapids highlighted a busy week for the Lowell softball team, where the team played eight games in just seven days.

In the EGR series, Lowell mercied the Pioneers across all three games, bouncing back from their three game series with state-ranked Byron Center the previous week. Lowell won game one 17-0 and 18-2 in last Monday's away doubleheader. In the series finale at home, Lowell won 14-0. Macy Huver had six RBIs over the three games, as well as 13 strikeouts pitching; Lani Fetterhoff and Hope Rummelt each had three RBI games. Olivia Outman drew five walks.

In a doubleheader with Middleville Thornapple-Kellogg that took place last Thursday, Lowell split with the Trojans. Middleville TK won game one 8-4, before the Red Arrow bats woke up in game two for a 13-8 win. In the win, Megan Lillie had seven strikeouts pitching in seven innings of work, she also had two RBIs. It was also senior night for Lowell, as the team honored their four seniors, Lani Fetterhoff, Olivia Outman, Alyvia Hopkins, and Macy Huver.

On Saturday at Whistle Stop Park, Lowell went 1-2 in the weekend Blue Chip Softball Tournament losing to the hosts, Unity Christian 14-7, and Grandville 13-3, but beating Parchment in walk-off fashion. Against Parchment, Lowell trailed 2-0 heading into the sixth inning. There, they would pick up a run before tying the game in the seventh inning. Lowell walked off on an RBI from Sammie Hayes. Megan Lillie pitched a full game in the win, striking out four.

Lowell won despite an impressive 13 strikeout performance from Parchment pitcher Jessica Dreier. The Red Arrows are 14-16 on the season and have a series with Greenville this week, their last regular season games of the season.



Lowell softball celebrated seniors Lani Fetterhoff, Olivia Outman, Alyvia Hopkins, and Macy Huver last week. *Photo courtesy of Lowell Softball.* 

- SOCCER

# Boys soccer coach hired at Lowell High School

Submitted by Dee Crowley LHS Athletic Director

Jeff Sweet has recently been named the boys varsity soccer coach at Lowell High School.

"Coach Sweet has been dedicated to soccer in the Lowell community for over 20 years. He brings a strong knowledge of the game and is passionate about the game of soccer and coaching our Red Arrows," said Dee Crowley, athletic director.

Since the fall of 2002, Coach Sweet has been coaching soccer through LASSO and served many years on the LASSO board. He currently holds a MSYSA State D license

through the United States Soccer Federation. Coach Sweet has also helped coach middle school track in the past and served as an assistant coach with University Davenport Women's Basketball team. Coach Sweet has helped the high school program in many different ways from announcing games for WLHS radio to finding ball boys (sometimes even Jeff himself). Coach Sweet has developed a passion for soccer over the years and shares this with our soccer community in a mutual effort to increase support for the high school program and



Jeff Sweet

for the sport.

"I am honored and grateful to be given the opportunity to lead the boys soccer program at Lowell High School. I look forward to starting the off-season work-outs with the boys in preparation for the season. My overall goal is to provide stability and integrity to the program, along with player improvement and fun," says Sweet. Coach Sweet and his wife, Sue, have lived in the Lowell community for many years and all three sons are Lowell High School graduates.

## Baseball wins five in-a-row

By Justin Scott

- BASEBALL

It was a good week for the Lowell baseball team, who beat East Grand Rapids and earned doubleheader sweeps over Middleville Thornapple-Kellogg and East Kentwood.

In a conference game



against East Grand Rapids, Lowell crossed the plate 13 times in a 13-3 victory. Peyton Teachworth had a triple, two singles, and a three-run home run in the game. The home run came during the third inning where Lowell plated nine

runs to break the game open. Jaxson Carlisle, Gavin Mazarka, Eric Bryce, and Teachworth, all drove in runs. Carlisle had a bases clearing double.

Kyler Spike got the win pitching, earning six strikeouts along the way.

Last Thursday was senior night for the varsity baseball squad as they beat Middleville Thornapple-Kellogg 15-4 and 6-2. Two Lowell seniors, Eric Bryce and Blake Bennett, both recently announced they'll be playing baseball at Aquinas College. Over the weekend, Lowell swept East Kentwood 9-5 and 5-4 in a home doubleheader.

Looking to build on their current five game winning streak, the Red Arrows play a series with Greenville this week.



Mistelle Quiggle of Lowell has been named to Southern New Hampshire University's winter 2022 President's List.

F u 1 1 - t i m e

undergraduate students who have earned a minimum grade-point average of 3.700 and above are named to the President's List. Full-time status is achieved

by earning 12 credits; undergraduate day students must earn 12 credits in the fall or spring semester, and online students must earn 12 credits over two consecutive terms (EW1 & EW2, EW3 & EW4, or EW5 & EW6).





# Red Arrow SPORTS

Golfers win first ever conference jamboree

By Justin Scott sports reporter

It was another breakthrough week for the Lowell varsity boys golf team, as they made school history. On Tuesday at the Northview jamboree, Lowell did something that they had never done before, winning a conference jamboree.

The jamboree format originated from the conference in 2014. Jamborees are a replacement for head-to-head matchups, where all conference golf teams compete on the same course in one day. In some years, all conference opponents will compete on the same day; this year only six of the eight teams compete per jamboree due to the high number of teams in the OK White.

While the jamboree format has only been around since 2014, conference tournaments have been going on for decades.

Lowell's last conference tournament win came in 1983, one year before moving from the Tri-River to the OK White. In nearly 40 years of conference play, last Monday was the first time Lowell found themselves on top of the conference after a round of golf.

Lowell had some narrow misses over the years, including in 2013 finishing as runner-up in the post-conference tournament and a runner-up finish in 1990. Their last conference title came in 1981.

Nick Lothian led the charge on Boulder Creek's back nine, the sophomore shot a year-best 38. He was followed by Drew Veldman (39), Cam Sluss (40), and Patrick de Voest (44). Adam Swanson (48) and Trevor Mead (49) rounded out the golfers for the day.

Lowell's 161 bested Forest Hills Northern (162), Forest Hills Central (163), Northview (166), East Grand Rapids (175), and Greenville (193). Grand Rapids Christian and Byron Center were not in this jamboree.

The Red Arrows played two 18-hole tournaments last week in addition to the jamboree. The tournaments were hosted by Gull Lake and Mona Shores. They would finish tenth in the 15-team Gull Lake tournament, hosted at Grand Valley State's home course, the Meadows. In the 20-team Mona Shores Invitational, out at Muskegon Country Club, Lowell also placed tenth.

At Muskegon Country Club, Lowell's tenth place was with a score of 350 bested by five other OK White conference members. Mona Shores ran away with the tournament at their home course with a 305. De Voest led the way with an 82. Lothian



Lowell golfers after winning their first conference jamboree, hosted at Boulder Creek.

(85), Veldman (88), Sluss (90), Ty Knottnerus (90), and Adam Swanson (95) followed. Veldman recorded the only birdie of the day.

In the Gull Lake Invitational, hosted pretty far from the host school in Allendale, Lowell bettered their Mona Shores result by five strokes. Veldman (81), de Voest (83), Sluss (89), and Lothian (92) scored for Lowell. Junior Alex Binns got his first 18-hole round of competition in.

Lowell played at the conference tournament and Otsego Tournament this week, preparing for next Wednesday's regional.

TENNIS

# Tennis season comes to close at regionals

By Justin Scott

Forest Hills Northern won seven of the eight flights in last Thursday's tennis regional to roll their way to the state tournament. The top ranked Huskies won the Division 2 regional.

Lowell placed a respectable fifth place with 10 team points, just three points off second place Forest Hills Central. Lowell beat out Mona Shores, Ottawa Hills, Greenville, Cedar Springs, and Kenowa Hills in the final standings.

At No. 1 singles, Brooke Knottnerus came in as the three seed defeating her opponent from Kenowa Hills 6-1, 6-0. She fell in the semifinals to the two seed out of FHC 6-3, 6-3. Lexi Royer, Lowell's No. 2 singles, had a similar regional tournament as the three seed, beating her opponent from Cedar Springs in the quarterfinal round 6-0, 6-2 before falling to her FHC opponent.

Delaney Kelley won her quarterfinal matchup at No. 3 singles 6-3, 6-1, before falling to FHC in the semifinals. matches at No. 4 singles or No. 3 doubles. In the No. 1 doubles match, Brynn Jackson and Olivia Torline scored a 6-2, 6-3 win over Cedar Springs in the quarterfinal before bowing out to FHC in the semifinals. Ella Todd and Kaylee Royer won 6-0, 6-0 against Greenville before losing to the eventual champions from FHN. Rounding off the wins were Amelia Wells and

Lowell did not win Emma Boston from Lowell, ches at No. 4 singles or winning a pre-regional 3 doubles. In the No. matchup with Ottawa Hills.

Wells, Sedona Bonter, Jackson, Torline, Baker, Kelley, Lexi Royer, and Knottnerus are all graduating seniors this year. Their experience led the Red Arrows to a 9-7 dual record and the strong performance in regionals. Those nine dual wins represent the most duals won by a Lowell girls tennis team since the 1980-1981 school year.



The girls tennis team finished their season at regionals, closing the year with the most dual wins since the early 1980's.

### - TRACK

# Lady Arrows finish eighth at regional meet

Submitted by Paul Judd LHS track coach

A hot windy day greeted the athletes as they entered the stadium at Portage Central high school for the MHSAA Regional Meet. When the day was done, two Arrows punched their state meet ticket helping Lowell to an eighth place finish.

Senior Emily German fought off the wind as she took second in the 100 hurdles in 16.58, which qualified her for the state meet. Two events later, junior distance ace Annika



Sandman took second in the 1600m running 5:11.85, also getting her a ticket to the state meet.

Other Lowell athletes finishing in top eight were: Isabel German, seventh in the 200m, 28.38 and sixth in the 400m, 1:06.96; Keira

Sandman, seventh in the 1600m, 5:44.98; Annika Sandman, third in the 3200m, 11:21.42; Aubriegh Oswald, sixth in the shot put, 34-04.75 and the 1600m relay team of J. Sanders, J. Harper, H. Flickinger, L. Krieger, sixth, 4:20.64.

## Red Arrows conclude season at regionals

Submitted by Paul Judd LHS track coach

The Arrows went to Portage Central for the MHSAA regional meet, hoping to cap the season by hitting a personal record (PR) and maybe earning a birth to the MHSAA Division 1 sate meet. Instead, the athletes were greeted with a very strong head wind and temps in the mid-80's, which thwarted many attempts and hitting desired marks. As a team, Lowell tied for ninth with Byron Central and Portage Northern with 19 points.

Placing in the top eight for the Arrows were:

Kaden Northup, fifth in the 400m, 52.50 PR; Levi Mills, seventh in the 400m, 52.66; Cole Weston, seventh in 1600m, 4:38.82; Ramsey Ponchaud, seventh in the 110HH, 16.56 (PR); Josh Rau, third in the 300H, 40.59 and the 1600m relay team of Northup, B. Wittenbach, J. Fowler, Mills, placing eighth, 3:35.59.

## obituaries

### **COBB**

Our dear mother, Linda Anne Cobb, sadly passed away on May 18, 2022, at the age of 72. She was a



wonderful mother with a heart of gold. She was preceded in death by her of 50 husband years, Daniel Cobb Sr.; parents, Rav and Ruth James; and brother, Alan James. Survived by her children, Dan (Tracy) Cobb Jr., (Chad) Elizabeth Fulton; beloved grandsons, Noah

and Ethan Cobb; brother, Glen (Margie) James, Don James; and nephews, Paul and John James. In her spare time, Linda enjoyed cross stitch, crafts, movies,

and most of all spending time with her family. Linda was very loved and will be missed terribly. Interment will take place at a later date at FUNERAL CARE Trowbridge Cemetery.



Never follow anyone else's path. Unless you're in the woods and you're lost and you see a path. Then, by all means, follow that path. ~ Ellen DeGeneres

## CITY OF LOWELL **PUBLIC NOTICE**

Please take notice that the Lowell Planning-Citizens Advisory Commission will hold a public hearing at Lowell City Hall, located at 301 East Main Street, Lowell, MI 49331 on Monday, June 13, 2022, at 7:00 PM. The subject of the hearing will be:

Proposed Drive-Thru Scooter's Coffee Shop at 2531 W. Main Street

An application for special land use and site plan approval has been submitted by Krisandra Lippert for a drive-thru Scooter's Coffee shop at 2531 W. Main Street (PPN 41-20-03-301-030). Drivethrough facilities are permitted in the C3, General Business district only if approved as special land use by the Planning Commission.

Copies of the application and the City's Zoning Ordinance and map are available for public viewing during regular business hours at Lowell City Hall, 301 East Main Street, Lowell, Michigan. Written comments will be received until the night of the hearing.

The City will provide necessary reasonable auxiliary aids and services to those with disabilities planning to attend upon three (3) days' notice to the City Clerk. Individuals who require such services should contact the City at the address listed above or by telephone at 616-897-8457.



Respectfully, Susan Ullery Lowell City Clerk

## **Annual Pam Posthumus** Signature Auction breaks record

The 20th annual Pam Posthumus Signature Auction Event, held by Children Trust Michigan Tuesday at the Michigan State University Breslin Center, set a fundraising record, earning more than \$1 million for programs around the state to prevent child abuse and neglect.

A sell-out crowd of 800 people attended the event, raising money to expand prevention programs in all 83 Michigan counties. Guests with winning bids went home with a variety of prized items, from sports and concert tickets to travel packages.

The previous record raised by the auction was \$564,348 in 2013.

Children Trust Michigan is the new name for the child abuse prevention organization, previously known as the Michigan Children's Trust Fund, which announced the change during Tuesday night's event.

from Funds auction pay for programs, such as parent support and education, fatherhood programs, family resource centers and adverse childhood experiences prevention. All private donations and state funding are eligible to be multiplied through Children Trust Michigan federal funding.

The event is named after the late Pam Posthumus, a long-time advocate for child safety and well-being. She was appointed to the Children's Trust Fund board of directors in 1997 and became its chair in 2002.

Pam Posthumus was the wife of former Lt. Gov. Dick Posthumus, who was one of three Champions for Children Award honorees



Suzanne Greenberg, executive director of Children Trust Michigan, speaking at Tuesday night's event at MSU's Breslin Center.

recognized at the event for their contributions to child abuse and neglect prevention. Dick Posthumus was a champion of the legislation that cleared the way for the Children's Trust Fund. He was elected to the state Senate in 1982 and became lieutenant governor under former Gov. John Engler in 1998.

Children Michigan – which is within the Michigan Department of Health and Human Services honored three others with the Champions for Children Award. They were:

- U.S. Sen. Debbie Stabenow: Stabenow has been a tireless advocate for child welfare and wellbeing since her years in the Michigan Legislature. The Democrat was elected to the Michigan House in 1979 before winning a state Senate seat in 1991. She successfully ran for the U.S. House in 1996 and served one term before winning the seat in the upper chamber she has held since 2001.
- Former Gov. Bill Milliken: There was no hesitation when Milliken

1982 into law, creating the Children's Trust Fund. The Republican was the longest-serving governor in Michigan's history. Widespread popularity elevated him to more than three full four-year terms leading the state from 1969 to 1983. He died in 2019.

 Former House Speaker Curtis Hertel Sr.: First elected to the Michigan House in 1980, Hertel also served as one of the driving forces behind the bipartisan effort that led to the creation of the Children's Trust Fund. The Democrat's across-theaisle approach and work ethic served the residents of Michigan well through the time he left the Legislature in 1998. Hertel Sr. died in

The annual auction was made possible by the generosity of the state of Michigan, Michigan Legislature and sponsors, such as Blue Cross Blue Shield of Michigan, the DTE Foundation, Cinnaire and Jackson Life Insurance.

The honorary 2022 auction co-chairs

signed Public Act 250 of Amy Loepp, Children Trust Michigan board chair, and Daniel J. Loepp, president and CEO of Blue Cross Blue Shield of Michigan. Together, they committed to leveraging knowledge networks to make this year's event the biggest success

> To learn more about Children Trust Michigan, its efforts to end child abuse, and where its programs and services can be found near your community, visit www.michigan.gov/ childrentrustmichigan [1].

### **About Children Trust** Michigan

Created by the Michigan Legislature in 1982, Children Trust Michigan is the state's only statewide nonprofit organization solely dedicated to the prevention of child abuse and neglect. Children Trust Michigan serves as a voice for Michigan's children and families and promotes their health, safety and welfare by funding effective local programs and services that prevent child abuse and neglect.

## Registered **Dental Hygienist**

We are seeking a part-time Registered Dental Hygienist for Wednesday or Thursday 8:00-5:00 with the possibility of more hours in the future. We are looking for someone to join our team who is friendly, patient focused, has attention for detail, can do digital x-rays, and had Dentrix knowledge along with Dexis. We are a one dentist practice situated in historical downtown Lowell, Michigan. Please email resume and references to:

contactus@reaganfamilydentistry.com or mail to:

**Reagan Family Dentistry** 207 W. Main St., Lowell, MI 49331

## **GRATTAN** TOWNSHIP

Regular Meeting 7 p.m. **Synopsis of Minutes** May 9, 2022

**Motions Approved** 

- 1. Sewer extension agreement.
- 2. Resolution 2022-013
- 3. Driveway Repair quote for the GVWWTF
- 4. ORD 2022-001 Amendment to repeal Lakes Fertilizer Ordinance
- 5. Big Pine Island Boat Launch repair not to exceed \$2,500.00
- 6. Office Assistant Computer replacement
- 7. Michelle Alberts as a new member of the Lake Board.

### office hours:

Mon.-Thurs. 8 a.m.- 5 p.m. Fri. 8 a.m. - noon closed Sat. & Sun.

## classifieds

### for sale

JOHN DEERE 210 RIDING LAWN MOWER - Has a Kohler motor that runs. Needs some work. Has a 48" mower deck. Asking \$400. Call 616-868-6812.

PILLOWTOP MATTRESS (NEW) - King size, includes warranty, frame, \$399. Hammond Wholesale, Carson City, 1-989-584-1600. TEN

USED TIRES - Call with size, 616-292-7649/616-295-8820. Rob's Auto - thanks.<sub>TFN</sub>

CRAFTSMAN T-1000 riding lawn mower. 42" mower deck. New mower blades. Runs good. Asking, \$750. Call Larry at 616-868-6812.

FISH FOR STOCKING - most varieties ponds & lakes. Laggis Fish Farm, days 269-628-2056, eves 269-624-6215.

REACH OVER 100,000 AREA HOMES - with our Marketplace! One call & one payment, only \$40! Includes 20 words & 1 black & white photo. Only items for sale please. Perfect place to advertise a vehicle or camper for sale! The ad runs in the Lowell Buyer's Guide & News, Hastings Reminder, Marshall Advisor/Chronicle & Battle Creek Shopper News. Call 897-9555, email: classifieds@lowellbuyersguide. com or stop by 105 N. Broadway for more info.

## for rent

WE DO BUSINESS IN AC-CORDANCE WITH THE FEDERAL FAIR HOUS-ING LAW - Equal Housing Opportunity. It is illegal to discriminate against any person because of race, color, religion, sex, handicap, familial status or national origin.. Anyone who feels he or she has been discriminated against may file a complaint of housing discrimination: 1-800-669-9777 (toll free) 1-800-927-9275 (TTY).

PRICELESS STOR-AGE - Indoor/out-door. New Units on Alden Nash, 1 mile South of I96. Call for specials 558-2900.

HALL FOR RENT - Lowell Veteran's Center, 3100 Alden Nash. Newly remodeled, smoke-free, private, great location & great rate! www.VFW8303.org. Feb, March & April Veterans Potluck at 2 pm on the 2nd Sunday of the month. Call John at 299-0486 or 897-8303.treeow

WHISTLE STOP MINI STORAGE - 12661 Vergennes, N. of Lowell. 5x10; 10x10; 10x20; 10x30; 12x40. Fenced lighted, key code entry. Call for more information, 897-8872.

### wanted

CASH FOR VINTAGE CLOTHES-1920s-1990s. T-shirts, sweatshirts, jackets, jeans, overalls, coveralls. Contact Matt, 312-505-8450, email: mdagost22@gmail.com.

CALL FOR AUTHORS TO BE FEATURED - on "For the Love of Books Podcast" hosted by author and journalist Emma Palova of Lowell. Celebrating its one-year anniversary with 50 episodes, the show features Indie and small press authors, and their events. Email emmapalova123@gmail.com. Listen in on podbean and other major podcast apps: For the Love of Books Podcast

### misc.

NEED AN AL-ANON MEETING? - Al-Anon is a fellowship of families and friends of alcoholics. Join us Sunday-Saturday at 10:30 AM and 7 PM on Zoom. Come learn the Steps, Traditions & Concepts of living and coping, in Serenity, with alcoholism. There are no dues or fees for Al-Anon. For Zoom meeting ID & Password, please call Joy at 616-901-7779.

ATTN LOWELL WIDOWS
- We have a widows luncheon on the last Friday of each month. Starts promptly at 1 pm. All are welcome. Questions on location, call Elaine 616-856-8022 or Jenn at 616-490-9970.

TOPS (TAKE OFF POUNDS SENSIBLY) WEEKLY MEETINGS -Tuesdays, 6:30 pm at Schneider Manor Community Room, 725 Bowes Rd., Lowell. Cost \$37 per year and \$5 per month... start losing weight TODAY

ATTN LOWELL WIDOWS - We have started widows coffee time Monday mornings at 9:30 at Keisers, west side. Questions call Jenn at 616-490-9970.

EARN \$15,000 - \$40,000 OVER 5 YEARS. #1 Hunting Lease Company in America. Customize your contract. Call Base Camp Leasing I (888) 871-1982

Eliminate gutter cleaning forever! LeafFilter, the most advanced debris-blocking gutter protection. Schedule a FREE LeafFilter estimate today. 15% off Entire Purchase. 10% Senior & Military Discounts. Call 1-866-495-1709

### sales

ESTATE/MOVING SALE -June 3 & June 4, 9-6 pm. 1133 Yeomans, lot 79, Ionia. Antiques, furniture, dishes & much more!



### services

TRACTORMAN-Driveway grading, field - brush mowing, lawn prep, food plots. I can move your: gravel, sand, topsoil, wood chips, stone, etc. 616.307.9681.

PROFESSIONAL TREE CLIMBER - Needs work. Call Dan, 616-970-3832.

NEED A DUMPSTER? - Dumpster rental, 10-20 yards. Mention this ad for \$10 to \$20 off. Call or text Doug for estimates at 616-295-6640.

WORK WANTED - Double D's Tree Service Plus 40' & 70' bucket trucks. Tree trimming and removal, brush chipping. Free Estimates and Insured. Call Dave Delinsky, 616-212-3008.

EMERGENCY ROAD SERVICE - Lowell & surrounding areas. On road repairs. Rob's Towing & Auto Salvage. "CHEAP HOOKER" 616-292-7649 or 616-295-8820.

NOREEN K. MYERS, ATTORNEY AT LAW - Compassionate, experienced, effective legal representation. Specialties include: wills & trusts, work related injuries, employment discrimination. 307 E. Main, Lowell, 897-5460.

### services

STUMP GRINDING - Call Dan for free estimates, 616-970-3832.

DRIVER'S LICENSE SUS-PENDED OR REVOKED?
- Don't get sucked into \$100-\$300 evaluation fees...I NEVER charge for your record evaluation & consultation! Driver's license RESTORATION: \$3500 incl. all filing fees AND FREE consultation & evaluation of your case. Have a question? Call Attorney Martin Mead (616) 235-0330.

WHEN IN AN ACCIDENT - YOU CAN CHOOSE WHO TOWS YOUR VEHICLE - Request J&K Roadwide Service, 616-690-0983.

# WE MAKE COLOR COPIES

**Buyers Guide** 105 N. Broadway Phone 897-9555

## OFFICE COORDINATOR

We are seeking the right person to fill the position of Front Office Coordinator. This is a part-time position consisting of four half-days per week. Monday through Thursday, with the possibility of full-time. Dentrix knowledge required. In this position you would check patients in, acquire all necessary patient information, perform scheduling and recall, manage insurance claims, treatment planning, billing, monthly reports, and filing. Must have excellent communication skills and the ability to multi-task while remaining patient-focused. Please e-mail resume and references to:

contactus@reaganfamilydentistry.com or mail to:

**Reagan Family Dentistry** 207 W. Main St., Lowell, MI 49331.

Eat.Shop.Explore.

## **PUZZLE SOLUTIONS**

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## Live the Life You Want

With Melissa Spino, MA, LPC, CDMS Life Transitions Therapy, LLC

#### Undetected adult autism

Is it possible to have autism and not know it? The short answer is yes. Autism Spectrum Disorder (ASD) is usually diagnosed in childhood. In order to be diagnosed one must have symptoms present early childhood. from However, sometimes parents, family, doctor's, professionals, school among others, can miss symptoms of those with high functioning autism

(HFA). It may have also been missed if the person was born before HFA was known and added to the spectrum.

ASD Some with experience symptoms that make daily life difficult. Those with ASD also have different signs, symptoms, and severity, which is why it's a considered a spectrum disorder.

HFA signs in adults

considered

high-functioning may have feelings of somehow being different from others. They may act or respond a bit differently from what is considered the "norm", but often, not enough to raise serious concerns.

Those with HFA typically have normal intelligence and may learn to hide or work around certain symptoms. They may do well in school, pass tests, and communicate adequately others. with Challenges may occur when things become more demanding, complex, and abstract. So, they may avoid these types of situations.

Adults who have not been diagnosed with autism, but suspect HFA, may have some of the following signs.

Difficulty:

Reading social cues, facial expressions, and body language. For instance, it may be hard to know if someone is happy or unhappy based on expressions. They may miss the cue that others got when it's time to leave a friends house after a gathering.

Looking someone in the eyes when speaking.

Participating conversations.

Understanding catch phrases or metaphors. For instance, "Fit as a fiddle" or "Sharp as a tack."

Relating to others' thoughts or feelings.

Communicating what they are feeling. They may sound flat or monotone and have the same speaking pattern all the time, even when at home or with friends and family. They may also invent their own words and phrases.

Regulating emotions and responses to emotions. Changes in routines, expectations or unexpected events may cause outbursts or emotional meltdowns.

Talking about a variety of subjects. They may tend to focus most conversation on one or two favorite topics. It may seem that there is a fixation on certain subjects or ideas.

Making friends and keeping close friendships.

If routines, schedules, or daily patterns are disrupted. Any change in repetitive routines or habits can cause upset or even a meltdown. Personal items being moved or rearranged cause upset.

Processing physical sensations. Pain, touch, taste, smell, or sounds can cause distress and discomfort.

Focusing on others. The focus is mainly on themselves.

With emotions. They

may seem very sensitive

Being quiet in a place where it is expected.

With movement. There may be unusual movement patterns or coordination problems.

Working with others. They may prefer to work and do leisure activities alone.

If you suspect you or someone you know may have HFA, it may be time to see you doctor. Your doctor may then refer you to a mental health professional further evaluation. Once diagnosed, you can work to obtain tools and make changes to help make daily functioning less challenging and stressful. This article is not intended to provide advice, diagnose, or treat in any way. It is for informational purposes only. Stay healthy and live the life you want!

## **KENT COUNTY** DRAIN COMMISSIONER

## **IRVIN RODGERS DRAIN NOTICE OF MEETING OF BOARD OF DETERMINATION**

DATE: Tuesday, June 7, 2022

TIME: 6:00 P.M.

LOCATION: **Bowne Township Historic Hall** 

8240 Alden Nash Avenue SE, Alto, MI 49302

QUESTIONS: (616) 632-7910

A Board of Determination will meet at the above date, time, and location to hear all interested persons, receive evidence, and determine whether the proposed consolidation of the drains known and designated as the Colby and Livingston Drain, Clark and Bunker Drain, Johnson Branch of the Clark and Bunker Drain, and Cobb and Miller Drain, to be known as the Irvin Rodgers Drain, and the consolidation of the Colby and Livingston Drain Drainage District, Clark and Bunker Drain Drainage District, Johnson Branch of the Clark and Bunker Drain Drainage District, and Cobb and Miller Drain Drainage District, with the consolidated drainage district to be known as the Irvin Rodgers Drain Drainage District, is conducive to the public health, convenience, or welfare; and whether the maintenance and improvement of the Irvin Rodgers Drain, as consolidated, is necessary and conducive to the public health, convenience or welfare, as set forth in the petition, dated March 22, 2022, pursuant to Chapters 8 and 19 of Public Act 40 of 1956, as amended.

A presentation will be made to the Board of Determination, which outlines a brief history of the Drainage Districts, and describes the roles, responsibilities, and decisions made by a Board of Determination. The presentation is to provide background for landowners and municipalities in the drainage districts and to facilitate the dissemination of information and the receipt of testimony of landowners in the Drainage Districts. The Board of Determination will make its decisions at the end of the meeting.

Proceedings conducted at this public meeting will be subject to the provisions of the Michigan Open Meetings Act. Information regarding this meeting may be obtained from the Kent County Drain Commissioner's Office located at 775 Ball Ave NE, Grand Rapids, Michigan 49503. Persons with disabilities needing accommodations for effective participation in the meeting should contact the Drain Commissioner at the number listed above or through the Michigan Relay Center at 7-1-1 (TDD) at least 24 hours in advance of the meeting to request mobility, visual, hearing, or other assistance.

Anyone aggrieved by the decisions of the Board of Determination may seek judicial review pursuant to MCL 280.72a.

> Ken Yonker Kent County Drain Commissioner

## The Association for Dressings and Sauces honors Dorrie Francis of Litehouse, Inc.

The Association for and Dressings and Sauces (ADS) has awarded Litehouse, Inc. vice president of technical services, Dorrie Francis, with the 2022 Technical Service Award.

Francis is currently the vice chair of the ADS Executive Technical Board (ETB) and a member of the ADS Research Subcommittee. She, along with other subcommittee members, was the recipient of the 2021 ADS Technical Achievement Award. Francis has also helped plan

moderate several **ADS** t e c h n i c a l meeting sessions.

"Dorrie has been an integral part of ADS and its technical programs," said Patricia Faison, Director ADS of Regulatory and Technical Affairs. "Her expertise and contributions are highly valued, and she is very deserving of this award."

The ADS Technical Service Award is presented annually to an individual who demonstrates dedicated service to the ADS technical Nominations for this award are taken from the general ADS membership and voted on by ADS' Executive Technical Board, which oversees the association's technical activities. At the technical meeting, members share their expertise on a variety of industry-specific topics including packaging, food safety, emulsions and quality.

Francis shared that she looks forward to continuing her involvement with ADS.

"It's an honor to be recognized by ADS and collaborate with an industry organization that remains committed to lifting the entire category of dressings and prepared sauces. I will

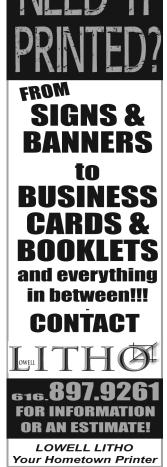


**Dorrie Francis** 

continue to work hard to be a valued member of ADS."

In addition to her involvement with ADS, Francis has served Litehouse, Inc.'s president of technical services since 2018, where she has helped the company grow as a leader of quality and innovation in the food production industry.

Founded in 1963, Litehouse, Inc., has become a leading provider of salad dressings, dips, sauces, herbs and cheese over the last 50 years. With manufacturing locations in Virginia, Michigan, Utah and Idaho, Litehouse, Inc. products can be found across the country through retail, e-commerce, foodservice and more. For more information on Litehouse, Inc., visit LitehouseFoods.



## **FUN PAGE**

### **SUDOKU** 1 6 8 3 6 5 3 9 2 2 6 7 2 8 9 3 6

Level: Beginner

#### Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

## CYCLING FUN WORD SEARCH

В М 0 V Y L G S V W K N G K 0 C U R 0 М G В P C Ε T T N S T C L L V Α L N A A W P Α V F R G E R G Ι T L C T K E A L Н Ι S Ε P W V 0 E R K W Α P U 0 0 Ε Y F K C C E F Ι V H C F E S M P G Ι N S 0 N B Ε В R E Ι 0 C E E R E R Y R D L R A Н G R Ι C B T A R T L L L S W L H D W W S P P E V C T P V A K W P D V 0 Ι Ι N N S B K E E S P K N M E B K A V C E S F E E T F Ι R Y D N Ι A Н C A A R L R E S R E B V 0 D A G М N N Α R T F S Т E F B W V B F G S Ι D Α Α W R Н S C Ι C Y R D 0 U A М Y G E G Н Α L R 0 B Ι E C Т K U R N 0 D U R D 0 A R М L Ν Ι S A V D A P U Y W Ι C 0 D B 0 M L B S B T A W R Н N G E Ν D T G L E 0 N P C R Н Α E L Ι G C F G М R U Α R L P S S F S E Ι E B Y S Y K Y D C L L N М D T 0 P Н D Ι B S C C Ι C C C 0 G Н Ι C C N Ι Т N N D М C 0 R R

Find the words hidden vertically, horizontally, diagonally, and backwards.

Puzzle solutions on page 13

**CYCLING FUN** WORD SEARCH

**AERODYNAMIC BIBS BIKING BRAKES** 

**BREAKAWAY CADENCE** CASSETTE CHAIN **CHAMOIS** COG

**CRANKSET** 

**CYCLING DERAILLEUR ENDURANCE FORK FRAME FREESTYLE** 

**HANDLEBARS** 

**LEVER** MOUNTAIN **PEDAL RACES SPROCKETS** TRIATHLON

## Guess Who?

I am a retired football player born in Tennessee on May 28, 1986. I struggled to find food and shelter as a child. I was adopted by a loving family who helped me start my football career. My life inspired a book and subsequent movie.

Answer: Michael Oher

#### 12 13 10 14 15 16 19 17 18 20 22 21 23 24 25 26 28 29 30 27 32 33 34 35 36 38 39 40 41 42 43 44 45 46 47 48 50 51 53 54 52 60 55 56 57 58 59 62 61 63 64 65 66 69 67 68

## Rearrange the letters to spell something pertaining to cycling. RSHETIF

าอเโเฟร :บอพรนA

### **CLUES ACROSS**

- 1. English river
- 5. Particular part of something
- 11. Cool!
- 14. Welsh for John
- 15. Given name meaning
- "great spirit" 16. Wrath
- 17. Social occasion
- 19. Mechanical belt 20. \_\_ de la \_\_
- 21. Commands
- 22. Body part
- 23. Caught sight of
- 25. Funeral car
- 27. Skin infection
- 31. Sometimes they "burn" 34. Russian river
- 35. Famed soap opera
- character Kane
- 38. Pie \_ \_\_ mode
- 39. Endangered
- 41. Socially inept person
- 42 Romanian river
- 44. Swerve
- 45. Monetary unit of Samoa
- 46. A type of approach to
- 49. Form of Hebrew name for
- 51. "Carry On My Wayward Son" rockers

- 55. A team's best pitcher
- 56. A woody climbing plant
- 60. Long, edible marine fish
- 61. Human rights group in
- Africa (abbr.)
- 62. Data
- 64. Corporate bigwig
- 65. Climbs
- 66. Relating to the ear
- 67. Commercials
- 68. You need it to eat 69. Political extremists

### **CLUES DOWN**

- 1. Reconnaissance (Brit. military)
- 2. Asserts to be the case
- 3. Starchy food made of dried orchid tubers
- 4. Foes
- 5. Rheumatoid arthritis score
- 6. Ruler of Iran
- 7. The top of the head
- 8. Lilly and Manning are two
- 9. Purchase attire for
- 10. Glittering with gold or
- 11. The bank of a body of
- water
- 12. Regions
- 13. Makes tractors
- 18. Adult beverage

- 24. Force unit
- 26. Swiss river
- 28. Cater to
- 29. Woody climbing plants
- 30. Seems less impressive
- 31. Consume
- 32. Boxing's GOAT
- 33 Southwestern farmers
- 36. Beverage holder
- 37. A way to deteriorate
- 39. Judge
- 40. Norse explorer \_\_\_ the Red
- 43. Farm resident
- 45. One who helps to govern
- 47. Plant-eating ground bug
- 48. History Finnish county
- 49. Conifer native to Jamaica
- 50. Longed 52. Small Japanese city
- 53. Arum family plant
- 54. Puts together in time
- 57. From a distance 58. contendere: no contest
- plea 59. Region
- 63. Mountain Standard Time





FROM the heart

## **Matching Sponsors**

Total match has increased!

Total Match: \$37,250.00 Match Used: \$37,250.00











Common Cents Rare Coins















**ENWORK** 

## PARTNER CONNECTOR

Chimera Design, Lowell United Methodist Church, Metric
Manufacturing, Poultry Management Systems, Inc., Brian and Cheryl
Doyle, Karen Corbett, Timpson Transport Inc, First Congregational
Church of Lowell, Richard and Margaret DeVoest, Alec and Karen
McPherson, Canfield Plumbing and Heating, McDonalds, Patrick
and Kati Doyle

# FROM the heart

## WEEKLY BOX SCORE

590
325

### **COMMUNITY CONNECTOR**

Boulder Ridge Wild Animal Park, Edward Jones, Lake Michigan Credit Union, Kenneth and Deborah Kooy, Ronda Auto Center

### NEIGHBOR CONNECTOR

Rogers Neighborhood Realty, Dougherty Farms, Joseph and Mary Bommarito, Cy and Lorraine Floyd, Steve and Sandra Fleming, William and Diane Wieland, Donna Potter, Anne Van Amerongen, Alto Lions Club

### FAMILY CONNECTOR

Kaminski Chiropractic, Roth-Gerst Funeral Home, Grand River Orthodontics, Portland Federal Credit Union, Chris and Kim Mast, John and Deb Houweling, Layne and Connie See, Linda Barnes, Kathy Kursch, Allstate, Arctic Heating & Cooling

### FRIEND CONNECTOR

Alpha Care Center, Centrie Concrete Cutting & Drilling, LLC, Fuller Septic Services, The TRUE Group, Key Heights Village MHC, Key Vista MHC, Rookies Sportscards Plus, Mynt Fusion, Recycling Concepts Of West Michigan, Thomas and Kimberly Yonker, Sandy Graham, Ralph and Virginia Haga, Norma Peterson, Ryan and Jamie Teachworth, Randy and Cindy Taylor

### MEDIA SPONSOR



Please enclose payment (checks payable to FROM) with the form below

### **DONATION FORM**

or donate online at www.fromlowell.org

NAME	
PHONE	EMAIL
ADDRESS	
DONATION AMOUNT \$	
NORTH TEAM	SOUTH TEAM
Visa/MasterCard #	
Expiration Date	Security Code

Please mail to FROM, 11535 Fulton Street East, Lowell, MI 49331

## Helping our Neighbors in Need, Together



If you need help, you can come to FROM. And if you want to help others, the answer is the same: you can come to FROM to volunteer, drop off your unwanted treasures to the thrift store or donate your financial blessings generously. Let's come together to help our community unconditionally, no matter what.

## **Food Collection Sites**

A-1 Laser, Die and Engineering, Ability Weavers, AHA of Lowell, Alpha Care Center, Arby's, AutoZone, BC Pizza of Lowell, Bella Grace Boutique, Bettie's Pages, Derry Physical, Family Dentistry of Lowell, Grand River Orthodontics, Lash Haus by Otto+ Grand, Lavender and Lace Boutique, LowellArts, Mi Hometown Furnishings, New Image Sun and Spa, North Star Antiques, O'Reilly Auto Parts, Retro Electric Arcade, Ripple, River Bend East Hair Salon, Schneider Manor, Senior Neighbors, Showboat Spirits & Fine Wine, The Hammock, The Moose Lodge, Three Brothers Pizza, YMCA