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50¢



April feature artist of the month; Patty PerShayla & The Mayhaps

by Bill Lee
contributing reporter

Patty PerShayla grew up in a house that loved to listen to and play music, particularly hard rock music. Her mother loved the band Evanescence while her brother listened to 1990s metal bands Korn, Linkin Park and System of the Down just to name a few. It was her father, however, that gave her the performing bug, as she would perform with him at a very young age.

“My dad played guitar so I was singing with him at jam sessions when I was six years old,” said Patty PerShayla. “I never really wanted to do anything else. When I was in first grade, and was asked what I wanted to do when I grew up, I really remember wanting to be in the West Catholic marching band and I did that. When I was in high school everybody asked, ‘What do you want to do’ and I would say, ‘I want to be a musician’ and they laughed and asked what else could you do and I said, ‘No that’s it; I promise I’m going to be good’.”

No one is laughing now. PerShayla, who grew up and lives in Grand Rapids, is quite busy with her professional music endeavors. She is



LowellArts April feature artist of the month - Patty PerShayla & The Mayhaps.

a member of the bands The Accidentals, Patty PerShayla and the Mayhaps, and lead singer of the Rush tribute band YYNOT. Her main band right now is the

Mayhaps, a power trio, where she is the lead singer and bass player and has been recently named LowellArts Artist of the Month. They have two albums, Oracle Bones (2019)

and Cheap Diction (2021). She was excited when she heard the news of the honor. “I had played LowellArts back in 2019 and I was opening for Kyle Rasche

and Chain of Lakes and I really didn’t know what I was getting into but I had a great time,” said PerShayla.

Artist continued, page 3

\$100,000 Powerball prize winner in Lowell



Christina Newman, of Lowell, matched the four white balls and the Powerball in the March 19 drawing to win a \$50,000 prize. Thanks to the Power Play, the prize was multiplied to \$100,000. She bought her winning ticket at the Marathon gas station, located at 2001 West Main Street in Lowell.

“I usually play Powerball every week,” said Newman. “My husband took the ticket to the store to check it and

a slip printed out saying we must file a claim. The employee thought something was wrong with the machine since it would not validate, so my husband brought the ticket back home and I looked up the numbers online. When I saw we’d won \$100,000, we were shocked. It was hard to wrap our heads around!”

With her winnings, she plans to take a trip to Hawaii with her husband and then save the remainder.

Pictured right: Christa Newman, of Lowell won \$100,000 recently in the Powerball Lottery game.



At Your Local Library

Kent District Library programs at Englehardt Branch, 200 N. Monroe St. For additional information call 616-784-2007.

Book Worms Book Discussion, Tue., April 12 from 10-11 am. Fun, informal discussion of *The Hidden Life of Trees* by Peter Wohlleben.

Toddler Time Tuesdays from 6:30 - 7:30 pm. Nurture your toddler's love of books through music, movement and stories while helping to develop their language, motor and social skills.

Family Story Time, Thursdays from 10-11 am. Read and sing together as a family. Enjoy stories, music, movement and rhymes that develop early literacy skills.

Mahjonn, Fridays from 1-3 pm. American Mahjonn, a game of skill, strategy and calculation. All skill levels welcome.

Open Craft Lab, Sat., April 16 from 1-3 pm. Stop in and try something new or bring in your own project! We will guide you through creating your own at-home spa products.

Learn about the archaeology of the fur trade era in our area

Lynn Chapman and Jessica Yann will discuss research on the archaeology of the fur trade in the Grand River Valley and Lowell in particular, on Tuesday, April 19 at the Vergennes Township Hall, 69 Lincoln Lake beginning at 7 p.m.

Yann is an Assistant Professor in the Department of Anthropology at

Michigan State University. Chapman is President of the Coffinberry Chapter of the Michigan Archaeological Society. Experts in their fields, this talk will share insights into the world of the fur trade and the relationships between participants in that trade here in our area.



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Grand Rapids selected for U.S. Navy Band Tour

America's Navy is coming to Grand Rapids, one of 13 cities spanning six states to host a performance by the United States Navy Band during its 2022 tour -- one of the signature outreach programs of the U.S. Navy.

The United States Navy Concert Band is scheduled to perform April 27, 2022, at 7:30 p.m. at Grand Rapids Christian School. All Navy Band performances are free and open to the public.

The U.S. Navy Concert Band is the premier wind ensemble of the U.S. Navy. As the original ensemble of the Navy Band, the Concert Band has been performing public concerts and participating in high-profile events for more than 95 years. The band performs a wide array of marches, patriotic selections, orchestral transcriptions and modern wind ensemble repertoire.

One of the U.S. Navy Band's primary responsibilities involves touring the country. All of the band's primary performing units embark each year on concert tours throughout specified regions of the country, allowing the band



Members of the United States Navy Band perform at the Alan Jay Wildstein Center for Performing Arts at South Florida State College in Avon Park, Fla. The Navy Band connected with communities across six states during a 20-city tour of the Southeast. (U.S. Navy photo by Senior Chief Musician Adam Grimm/Released)

to reach out to audiences in areas of the country that do not have opportunities to see the Navy's premier musical ensembles on a regular basis. The concerts are family-friendly events, meant to be entertaining to veterans, families, individuals and those interested in joining the Navy.

"For many years, Navy bands have been where it matters, when it matters, just like the rest of our Navy. Today, we have Sailors performing around the world, improving relations with our allies abroad as well as telling the Navy story here at home," stated Capt. Kenneth Collins, U.S. Navy Band commanding officer.

tour will cover 13 cities and more than 3,000 miles.

The Navy Band has been touring the country since 1925.

There are six performing ensembles in the Navy Band: the Concert Band, Ceremonial Band, Sea Chanters chorus, Commodore's jazz ensemble, Country Current country/bluegrass ensemble and the Cruisers popular music group.

Ensembles from the Navy Band tour nationally 12-15 weeks each year. Sailors in the Navy Band are full-time professional musicians.

Almost all of the Sailors in the Navy Band have undergraduate degrees in music, and most have graduate degrees.

college news

Natalie Price, of Lowell, was recently initiated into The Honor Society of Phi Kappa Phi, the nation's oldest and most selective all-discipline collegiate honor society. Price was initiated at Grand Valley State University.

Price is among approximately 25,000 students, faculty, professional staff and alumni to be initiated into Phi Kappa Phi each

year. Membership is by invitation only and requires nomination and approval by a chapter. Only the top 10 percent of seniors and 7.5 percent of juniors are eligible for membership. Graduate students in the top 10 percent of the number of candidates for graduate degrees may also qualify, as do faculty, professional staff and alumni who have achieved scholarly distinction.

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Artist, continued

“Everyone there was really supportive and attentive. It’s really cool to be a Featured Artist.”

It was there that she started making connections with some Lowell residents, including Cliff Yankovich, part owner of Chimera design and local music buff.

“She did a solo show and opened for someone at one of the gallery concerts and

her work and contributed money to help with the making of the Mayhaps music video Slow Mo.

“One of the perks (of contributing) that he bought was for a house concert,” said PerShayla. “He said, ‘Well come do it in Lowell.’ He did the same with Ryne (Clarke) and Sandra (Effert) he just liked and wanted to

22 featuring the three young musicians.

PerShayla’s success got off to a slow start. She decided to skip college and go right into the workforce, getting a desk job and doing some music gig work after she turned 21. Originally, she wrote songs about Harry Potter and did parodies of other musician’s songs but then she started playing folk music and eventually connected with Lucas Powel in 2017, lead guitarist of the Mayhaps, and they began to play blues and rock. In 2019 they would find a drummer, Alec Klinefelter, and Patty PerShayla and the Mayhaps was born. The connection the band members have is profound.

“We’re like a family,” said PerShayla. “It’s so cheesy but it’s true. We’re in a power trio which is interesting as a bass player because there is so much space for everybody to have their turn to play out. It’s really fun to make a lot of noise with three people. We all work really well together and have a nice balance and personality dynamics and I just love them a lot.”

Besides playing with the

Mayhaps, PerShayla has played with local band The Accidentals, and recently has been the lead singer of the Rush tribute band, YYNOT. One may ask how does a young female musician become the singer for a band that sings Rush tunes? If you come across her Youtube performance of singing the band’s famous song “Closer to the Heart” on a ukulele, you will understand. With over 60 thousand views, PerShayla has the same vocal range of Rush’s lead singer Geddy Lee.

“I made that video by accident I guess you could say,” said PerShayla. “I sat in a field and I was going to do Spirit of Radio, but it doesn’t translate well on the ukulele so I learned Closer to the Heart by ear out there. I really liked the take and thought it was a fun idea. And when Neil Peart (Rush drummer) passed away a lot of people came across that video and it got spread around and eventually got to Tim Starace who’s the bass player for YYNOT and he reached out to me and said ‘I love your stuff let’s stay



in touch,’ and then a couple of years later, he reached out and asked me to come to California and sing some songs.”

She flew out to California in January and ended up doing five concerts with the band. It seems there will be more new adventures for PerShayla in 2022 as she and the Mayhaps will be moving to Nashville in June. Nashville, she believes, is a great central location for the band as they try to break out of the Michigan-only circuit.

“There are a lot of options especially when you move to Nashville,” said PerShayla. “Right now I’m trying to find

a happy balance between The Mayhaps and YYNOT because I am the front for both of those bands, and I still want to work with the Accidentals too.”

Down the road she is hoping to tour Europe and other places around the world. As a Lowell resident, you don’t have to travel that far to see her and the Mayhaps, as they will be right here, downtown, on May 22. For more information about Patty PerShayla, you can visit her website at pattypershayla.com



she blew me away,” recalls Yankovich.

Yankovich began to follow

hear.” Yankovich jokingly calls it the “One Night Only IOU” tour, a free concert at the Lowell Showboat on May

Gaines apartment fire destroys carports, vehicles

James Gemmell
Contributing Writer

Two dozen carports and 13 vehicles were destroyed in a two-alarm fire early Thursday morning at the Woodfield Apartments complex in Gaines Charter Township.

It broke around 2:45 a.m. at 6111 Woodfield Drive. The fire was contained to the parking structure that contained 24 individual car stalls, with 12 on each side. The parking garage is not attached to the apartment buildings. Brisk winds helped to fan the flames. Some residents in a nearby building were evacuated because of the smoke.

“There was significant damage to two vehicles parked in front of the apartment buildings from heat exposure. And then, some damage to the apartment building to the north of the garages from heat,” Dutton/Cutlerville Fire Chief Ken Van Hall said.

The apartment complex is located on the southwest corner of the 60th Street/Eastern Avenue intersection at the township border with the City of Kentwood.

Chief Van Hall said the investigation into the cause of the fire would probably take a couple of days “because there was such extensive damage.”

He said the Kent County Sheriff’s dog that is trained to sniff for possible accelerants was summoned to the scene, which is often standard procedure after such a fire.

“More than likely, some of the fuel tanks ruptured,” Van Hall said. “There’s pretty much nothing left of some of the vehicles except the shells.”

Van Hall said the exact origin of the fire had not been determined at the time this article went to press. However, a resident in the Woodfield apartment building to the immediate west of the carports said she thought it may have started in an adjacent trash dumpster.

“I heard three popping noises and I got up and

looked out, and this (west) side of the garage was on fire,” Margaret Muldoon said. “So, I called 911 and they said they had a report already of a dumpster fire. And I told them, ‘No. The garage is on fire. And I told them it was a big garage (overhead car stall).”

Van Hall said there were no injuries to any civilians or firefighters. He said the fire was knocked down by 3:38 a.m., and crews started putting out hotspots at 4:47 a.m. Dutton Fire Department Lt. Brett Holmes is the fire investigator.

The fire occurred in the Cutlerville Fire Department district. Other responding fire departments were from Byron Township, Dutton, Kentwood and Wyoming. Van Hall said 26 firefighters

were on the scene. Dutton and Kentwood responded on the first alarm as automatic mutual aid. Van Hall called Wyoming and Byron Township on the second alarm.

There have been a few fires at the Woodfield Apartments over the years. Wyoming-based property-management firm Land & Co. is the owner of the complex. Land & Co. also owns The Preserves apartments to the immediate south and the Woodfield East complex across the street on the east

side of Eastern Avenue.

A spokesman for Land & Co. said they had no additional information or comment.

“I’ve been on one or two significant fires there,” Van Hall said. “We had one really significant building fire there a long time ago. We had a rash of garage fires that were suspicious about nine years ago.”

Most recently, Muldoon said there was a fire on Christmas Eve in the 6100 Woodfield building where she lives.

“It was a kitchen fire. Their whole apartment had to be re-done (afterward),” Muldoon said of the Dec. 24 fire.

A grease fire from a stove in February 2013 led to the evacuation of two buildings at the Woodfield Apartments.



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Second booster doses authorized for those 50 and older

Following the U.S. Food and Drug Administration authorization and the Centers for Disease Control and Prevention recommendation, the Michigan Department of Health and Human Services (MDHHS) announces that all Michiganders ages 50 and up and moderately or severely immunocompromised individuals over age 12 may choose to receive a second booster vaccine.

Pfizer is the only COVID-19 vaccine currently authorized

for those under age 18. COVID-19 booster doses may be given at the same time as other vaccines, including the flu vaccine.

Four months after receipt of a first booster dose, the following are now authorized and individuals may choose to receive:

A second booster dose of the Pfizer-BioNTech COVID-19 vaccine or Moderna COVID-19 vaccine may be administered to individuals 50 years of age and older.

A second booster dose of the Pfizer-BioNTech

COVID-19 vaccine may be administered to moderately or severely immunocompromised individuals 12 years of age and older.

A second booster dose of the Moderna COVID-19 vaccine may be administered to moderately or severely immunocompromised individuals 18 years of age and older.

"Vaccines remain our best strategy to minimize the risk of severe outcomes from COVID-19," said Dr. Natasha Bagdasarian, MDHHS chief medical



executive. "Those age 50 and older, or those who are immunocompromised and 12 years and older, may now receive an additional booster four months after their first booster. It is important that all Michiganders ages 5 and up get vaccinated if they aren't already, and we urge Michiganders over the age of 12 to stay up-to-date on vaccines."

When getting a booster dose, you're encouraged to bring your COVID-19 vaccine card or immunization record to show the vaccine

provider. Downloadable immunization records are accessible for adults 18 and older free of charge at the Michigan Immunization Portal. Visit Michigan.gov/MiImmsportal and upload a valid government-issued photo ID, such as a driver's license, state ID or passport. If you do not have records in the portal or are seeking records for a child under 18 years of age, contact a health care provider or local health department.

To date more than 6.6 million Michiganders ages 5 and up have gotten at least

their first dose of one of the three safe and effective COVID-19 vaccines. Eligible Michiganders are encouraged to stay up to date on vaccinations, including booster doses that provide extra protection, including residents of long-term care facilities where outbreaks can spread quickly and extra protection is strongly recommended.

To schedule a primary or booster dose of the COVID vaccine, visit vaccines.gov

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Doubling of adult-use cannabis tax disbursements demonstrates regulated market working

Continued growth of statewide adult-use sales makes it more important than ever to pass the Michigan Cannabis Safety Act

The Michigan Cannabis Manufacturers Association today reacted to the near doubling of adult-use excise tax revenue disbursements to local governments for the 2021 fiscal year, representing a significant influx of funds for police, fire and other services Michiganders rely on every day. The milestone highlights the need to pass the bipartisan Michigan Cannabis Safety Act to help ensure all cannabis in Michigan is tested, clearly labeled, tracked and licensed.

The \$42 million in

disbursements to 163 local and county governments with licensed adult-use cannabis businesses is based on more than \$1.1 billion in recreational marijuana sales reported last fiscal year. The continued growth of adult-use sales in Michigan's regulated market makes it more important than ever to help ensure all cannabis in Michigan is safe and tested, said Shelly Edgerton, Michigan Cannabis Manufacturers Association Chair.

"The significant increase in recreational sales across Michigan and resulting tax revenues to support our local communities shows the state's regulated market is working and benefitting essential services we rely

on every day," Edgerton said. "Nearly two-thirds of all cannabis in Michigan is still not tested, licensed, tracked or labeled, posing an immediate health risk to consumers, according to a recent Anderson Economic Group study. The continued growth in adult-use sales makes it critical to pass the Michigan Cannabis Safety Act without delay."

The Michigan Cannabis Safety Act, House Bills 5300-5302, 5319-5321 and 5562, helps ensure all cannabis in Michigan is tested, clearly labeled, tracked and licensed, keeps cannabis out of the hands of children, protects neighborhoods from large cannabis grows, and provides an affordable and fair pathway to enter the licensed cannabis marketplace.

The Michigan Cannabis Manufacturers Association is an association of many of the state's largest growers, processors, and vertically integrated cannabis licensees. All members of the MCMA must be licensed by the Marijuana Regulatory Agency.



viewpoint



125 years ago Lowell Ledger April 9, 1897

This edition of the Lowell Ledger is missing.

100 years ago The Lowell Ledger April 13, 1922

The Lowell Township board is well pleased over the action of the Kent county commissioners in taking over two pieces of Lowell township road, including lower Grand river bridge with its expensive upkeep.

A midnight holdup and robbery in Highland park resulted yesterday in the capture by police detectives of three young men, all said to have police records. The victim in the affair was Stanley Greygo, 18, of Lowell. Greygo told Detectives O'Malley and Wolgemuth that three men told him to throw up his hands as he was walking through the park. They struck him, he said, threw him to the ground and proceeded to disrobe him in search of money.

Damages in the sum of \$11,000,000 are sought of Henry Ford by Edward S. Huff, Miami electrical engineer, at Miami Fla. Mr. Huff asserts that he originated the magneto now in use on Ford motorcars.

75 years The Lowell Ledger April 10, 1947

The first industry-wide telephone strike in the nation's history swept across the country with clockwork precision Monday to idle upward of 325,000 employees of the vast AT&T and Bell systems. Lowell phone service continued through Monday until 7 pm when the shortage of operators forced the local exchange to restrict all calls to emergency only.

A document of considerable historical value to the people of Vergennes township was brought to the Ledger office the other day by Don McPherson and was formerly in the possession of his father, the late M.B. McPherson. The document is one hundred years old, written in longhand and tells of the formation of a school district (N. 11) on April 2, 1847 on the farm of William and Elizabeth McPherson. Upwards of 25 children between 4 and 18 years of age lived in that vicinity at the time.

Lowell had barely recovered from one of the worst winter storms in its history when heavy rain, accompanied by wind up to sixty miles per hour, began falling last Friday afternoon and kept it up

almost continuously until Sunday afternoon. The high wind continued until Monday morning of this week, then abated slightly.

50 years The Lowell Ledger April 13, 1972

Power was temporarily cut to some homes in the Lowell area Saturday when a small plane hit a guide wire on a power pole and crashed. A passenger in the plane, Stanley Sorenson, 52, of Lowell, was fatally injured and the pilot, Harold McKeage, 59, of Lowell, was taken to Butterworth Hospital where he is still listed in critical condition. McKeage suffered multiple fractures of the arms and legs, and possible internal injuries.

Perhaps the most dynamic change in Lowell's 141-year history took place when the Lowell Area Chamber of Commerce pushed for a "New Orleans-Showboat" motif to attract new consumers and residents to the realms of its city. Massive plans were placed on the drawing boards, and area businessmen were asked to study the feasibility of participating in the renovation project.

A government surplus truck, weighing 2 1/2 ton, with six-wheel drive, and a flat bed on the back, is being transformed into a fire fighting unit by the members of the Alto Volunteer Fire Department. Eventually, the truck will be equipped with a 1,500 gallon water tank, "The truck can go anywhere, and should be a real handy item in our department," boasted fire Chief Harold Metternick, Sr., as he departed from the orange and red vehicle.

25 years The Lowell Ledger April 9, 1997

While Lowell Charter Township officials await their chance to hook up to natural gas from Consumers Power, a lone band of homeowners on Grand River Drive want to know why they have been left out of the equation. "It's like we don't exist," said Clara Dykstra. "They treat us like we're not even on the map. They went right around us."

Ruth McCrank, deputy director of the Kent District Library, confirmed what was projected — use has soared since the opening of the new Harold and Mildred Englehardt Library at 200 Monroe St.

When it comes to fighting gypsy moths, Lowell Charter Township officials are happy to join in, but they want more accountability as the success of programs before they agree to further spraying. Township officials approved the spraying of 280 acres this year by the Kent County Gypsy Moth Suppression program, but want some answers as to the effectiveness of the program.

You and your family may be eligible for increased benefits

We know your circumstances may change after you apply — or become eligible — for benefits. If you, or a family member, receive Social Security or Supplemental Security

record or someone else's record. Some of the life changes that could possibly increase your benefits include the following scenarios:

- If your spouse or ex-spouse dies, you may be eligible for a higher survivor benefit based on their



As part of our Potential Entitlement initiative, we want to help you identify where you might qualify for a higher benefit. For example, you may be entitled to higher benefits based on your own earnings

record. The death of an ex-spouse may entitle you to a higher survivor benefit even if you are already receiving a survivor

Benefits, continued page 12

We love to hear from you!



The Lowell Ledger welcomes letters to the editor from readers, but there are a few conditions that must be met before they will be published.

The requirements are:

- All letters must be signed by the writer, with address and phone number provided for verification. All that will be printed is the writer's name and community of residence. We do not publish anonymous letters, and names will be withheld at the editor's discretion for compelling reasons only.
- Letters that contain statements that are libelous or slanderous will not be published.
- All letters are subject to editing for style, grammar and sense.
- Letters that serve as testimonials for or criticisms of businesses will not be accepted.
- Letters serving the function of "cards of thanks" will not be accepted unless there is a compelling public interest, which will be determined by the editor.
- Letters that include attacks of a personal nature will not be published or will be edited heavily.
- "Crossfire" letters between the same two people on one issue will be limited to one for each writer.
- In an effort to keep opinions varied, there is a limit of one letter per person per month.
- We prefer letters to be printed legibly or typed, double-spaced.

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ABCs of Lowell history

The ABC's of Lowell History was introduced in 2020 as a way to share some of the many fascinating stories from Lowell's past. It was initiated in part by the pandemic shutdown which led the Museum to seek alternative ways to share local history with the community. The series will continue with a fourth round of the alphabet.

W is for Willard Silas Winegar

Willard Winegar was born in Vergennes, north of Lowell, in 1856 to Ashbel and Ellen Slight Winegar. Besides farming, Ashbel also worked as head clerk for Orson Peck at his warehouse at the steamboat landing. The landing was at the bend in the Grand River east of today's downtown.

In 1879, W.S. married Dora Hildreth. Dora was the daughter of Lester and Julia Hildreth. Lester was a founding member of the Lowell Silver Cornet Band in 1857. He served in the Civil War as a bugler for General Nelson Appleton Miles. He was by trade a gunsmith; his shop was in the three story building



Interior of Winegar Store

known as the "Music Hall" (empty space next to today's Flat River Cottage).

When his father died in 1879, Willard lived on the farm with his family. In 1883, he sold his father's land and moved to town. He bought the E.A. Sunderlin home at 421 N. Washington Street.

Winegar served the community in many ways. He was a member of the Light and Power committee, including serving as chairman, and served as president of the Lowell Board of Trade. He was a Mason, master of the blue lodge, and a high priest of the chapter. He was a member of Knights Templar and of Eastern Star. He was also a devoted Member of the Methodist Church.

He served over 30 years on the school board, much of the time as director. One of the honors afforded the director was presenting diplomas to the high school graduates on behalf of the school board.

As a member of the Village Common Council for 18 years, he had an active role in the 1910 dedication of the new City Hall. He served as President and Vice President of the village. Honors that came along with these offices included serving as Marshal of the day for the Decoration Day programs. Challenges included leading during the Great War. He saw the Village through the war by encouraging participation in rationing efforts and keeping the village encouraged, even when local boys were among those lost in battle. During the winter of 1917, the village of Lowell encountered a 'Fuel Famine' that could have been devastating. Village President W.S. Winegar appointed an emergency committee to find solutions. He ensured that the schools had heat along with everyone in the community. He put plans in place that helped the community come

together, helping those who were most desperate. Lowell came through the fuel famine by helping one another.

Dora Winegar served on the Methodist Church board, and was a charter member of the Eastern Star. The unusual name of Cyclamen was chosen by the committee, Mrs. Dora Winegar and Miss Emma Chapman from the floral design of Cyclamen flowers in Mrs. Winegar's new wallpaper pattern.

At his death W.S. Winegar was described as a greatly loved, honored citizen, ever thoughtful and considerate of others. It was noted that he spent many years of selfless public service for the benefit of his community. He had unquestioned integrity, was of the highest moral character and his passing was deeply mourned. Out of honor and respect, all businesses were closed for an hour.

- osteoporosis prevention

Women are more at risk for osteoporosis than men. This is in part due to already having a lower bone density than men and losing our estrogen, which is a protective factor on our bones, as we age. About half of women age 50 and older will break a bone due to osteoporosis. So what can we do to prevent it?

For females 50 and older, the daily recommendation for calcium intake is 1,200 mg total daily dose. This may be obtained through diet, or through supplements. Vitamin D is also an important supplement that helps to absorb calcium and support our bones. For those younger than age 70, 600 international units (IU's) of Vitamin D is recommended daily. If you are older than age 70, 800 IU's daily is recommended. This supplement can vary in Michigan with many of us being deficient or

already having osteopenia or osteoporosis. If you have been told you have one of these conditions, you will likely be told to take more vitamin D than these amounts.

Weight bearing exercise and resistance exercises are recommended three to four days a week to help build muscle mass, which also promotes bone health. It is also important to quit smoking if you are a smoker, limit alcohol intake, maintain a healthy body weight, and eat a well balanced diet.

Screening for osteoporosis is recommended at age 65. However, screening may be indicated sooner based on other risk factors such as regular steroid use, family history of osteoporosis, or low body weight. If you think that you should be screened for osteoporosis, be sure to bring this up with your healthcare provider.



area churches



CALVARY CHRISTIAN REFORMED CHURCH OF LOWELL
897-7060
Pastor Ryan Landt
1151 West Main Street, Lowell, MI
Website: calvarylowell.org
Morning Worship..... 10:00 AM
Weekly Prayer Meeting - Mondays7 PM
Barrier-Free

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10305 Bluewater Highway
(Missouri Synod)
Halfway between Lowell & Saranac on M-21
Sunday Services - 10:30 am
www.gslc.church
Joseph Fremer, Pastor **897-8307**
All facilities are wheelchair accessible

St. Mary Catholic Church
402 Amity Street • 616-897-9820
Website: www.stmarylowell.com
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Confession: Saturdays 3-4:30 pm
Prayer & Adoration: Wednesdays 8 am to 7 pm
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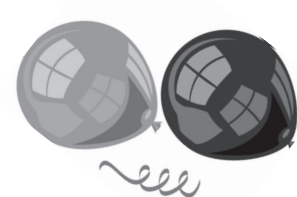
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Pastor Andrew Bolkcom • Pastor of Discipleship
Christi Swain • Director of Children's Ministries
SUNDAY WORSHIP.....9:30 AM (Nursery provided)
LIFE GROUPS.....11:00 AM (Nursery-Adult)
Awana (K-5 during school year) **Wednesday, 6:15 PM**

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Contemporary Service: 10:30 am
Sr. Pastor - Brad Brillhart

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- APRIL 6**
Brad Yonker, Connie Vaughn, Malley Cahoon, Carol Hovinga, Fran Clouser, Cheryl Foster, Taylor Milstead, Jonathon Hoag.
- APRIL 8**
Jay Vezino, Sandy Converse.
- APRIL 10**
Julie Webb, Nicholas Comdure, Chelsea Comdure, Betsey Walker, Sarah Rusch-Hildenbrand, Tristan Lane Ellsworth-Bristol, Barbara Bechtel, Lois Wittenbach.
- APRIL 11**
Toni Blough, Adaline Thaler, Jody R. Horton, David Johnson.
- APRIL 12**
Sarah DeShane-Dalga, Jesse Lewis-Anes.
- APRIL 7**
Corey Vollink, Rick Sauber, Lindsey Thaler, Mary Kimble, Kenneth Dalga, John Henderson, Brad Schoen.
- APRIL 9**
J.R. Guastavino.



Michigan Department of Military and Veterans Affairs launches new websites

The Michigan Department of Military and Veterans Affairs announced on March 23 the launch of four new department websites:

Michigan Department of Military and Veterans Affairs (DMVA), Michigan Veterans Affairs Agency (MVAA), Michigan Veteran Homes (MVH) and Michigan Youth Challenge Academy (MYCA). The department websites may be reached at www.michigan.gov/DMVA, www.michigan.gov/MVAA, www.michigan.gov/MVH and www.michigan.gov/MYCA.

The new websites are the result of a multiyear statewide website content management replacement project to update and replace over 110 executive branch websites.

"Our websites provide valuable information and

services to our service members, employees, stakeholders and the communities we serve. That is why it was imperative that we remove and prevent barriers to accessibility while improving site navigation to key services so that all visitors will have a positive experience when interacting with our websites," said U.S. Army Maj. Gen. Paul D. Rogers, adjutant general and director of the Michigan Department of Military and Veterans Affairs.

While the new department websites will leverage an updated design, some key services were improved including the MVAA benefits counselor map which helps connect Michigan veterans and their dependents to resources.

"Our new and improved benefits counselor map

offers a quick and easy way for veterans and dependents across Michigan to connect with the Veteran Service Officer (VSO) closest to them," said Zaneta Adams, director of the MVAA. "These highly-trained counselors will help connect veterans to the education, financial and healthcare benefits they have earned through their service to our state and nation." Veterans can visit the new map at www.michigan.gov/mvaa/county-filter-search-locations.

Benefits of the new websites include:

Leveraging an updated design that provides a unified look across all state websites

Utilizing standard navigation structures and improved site and content accessibility

Providing responsive



mobile-friendly pages and content

Integrating social media directly on websites

Streamlining content structure based on key services

Following recognition from the Center for Digital Government for being named the top U.S. government state for overall experience in 2021, the project reinforces Michigan's long standing work of enhancing online government services and improving overall user experience for Michiganders. Learn more at www.michigan.gov/WebsiteUpdate.

About Michigan Department of Military and Veterans Affairs

The Michigan Department of Military and Veterans Affairs (DMVA) synchronizes strategic,

legislative and fiscal initiatives to build and sustain military readiness, care and advocacy for veterans and cultivate purposeful partnerships. Branch operations include Michigan Veteran Homes, Michigan Veterans Affairs Agency, State Operations, Army National Guard and Air National Guard which stand in support of our mission to serve every member. For more information, please visit: www.michigan.gov/dmva.

About Michigan Veterans Affairs Agency

Created by Executive Order in 2013, MVAA's mission is to be the central coordinating agency, providing support, care, advocacy and service to veterans and their families. The agency works with the U.S. Department of Veterans Affairs, state departments, county agencies and community and veterans service organizations throughout the state. The agency operates the Michigan Veteran Resource Service Center, a 24/7/365 call center in partnership with Michigan 211. By calling 1-800-MICH-VET (1-800-642-4838) veterans, family members and service providers can get information and access a comprehensive network of resources and services. Learn more at Michigan.gov/MVAA.

About Michigan Veteran Homes Michigan Veteran Homes (MVH) is the entity

that provides day-to-day operational oversight of the state's veteran homes on behalf of the Michigan Veterans Facility Authority (MVFA) and is a branch of the Michigan Department of Military and Veterans Affairs (DMVA). MVH strives to ensure that quality long-term care is provided to the veterans and their eligible family members that live within the Homes. High quality care for this phase of life is central to the "member for life" concept that DMVA embraces. The MVH operates the Michigan Veteran Homes at Grand Rapids (MVHGR), the Michigan Veteran Homes D.J. Jacobetti (MVHJ) in Marquette and the new Michigan Veteran Homes at Chesterfield Township (MVHCT). For more information, please visit: www.michigan.gov/mvh.

About Michigan Youth Challenge Academy

The Michigan Youth Challenge Academy educates, trains and mentors at-risk youth in a quasi-military environment at no cost to participants, giving young people the skills to become productive and responsible citizens. Applying the military model to alternative education, the Academy promotes competency development through academic opportunities, life skills and vocational preparation. For more information, please visit: www.michigan.gov/myca.



Beware of texts with fake shipping links

The Better Business Bureau Serving Western Michigan is warning about a recent string of text messages with fake shipping links, designed to gather personal information. Local law enforcement has also been warning the community of this scam.

The text messages provide a tracking number and a link and ask the recipient to click and confirm their order so an item can be shipped. The links lead to fake tracking sites like "itemisinwaiting.com", but can also spoof real delivery services like USPS and UPS. These fake sites ask you to fill out a form with personal information. In some cases, the scammers ask for additional fees to be paid in order for the package to be shipped.

"Scammers hope you will think the link is related to a recent purchase and will provide personal, sensitive information in an effort to receive your package," says Lisa Frohnepfel, President and CEO of the Better Business Bureau Serving Western Michigan. "You should never click on these links and open your device to potential malware, or compromise

your information." Don't act right away. Scammers hope you will immediately click on a fake link or share personal information without thinking the situation through first.

Avoid clicking on links sent to you via text from an unknown sender. This could allow your phone to be compromised by a scammer, or give them access to any personal information saved on your device like usernames and passwords.

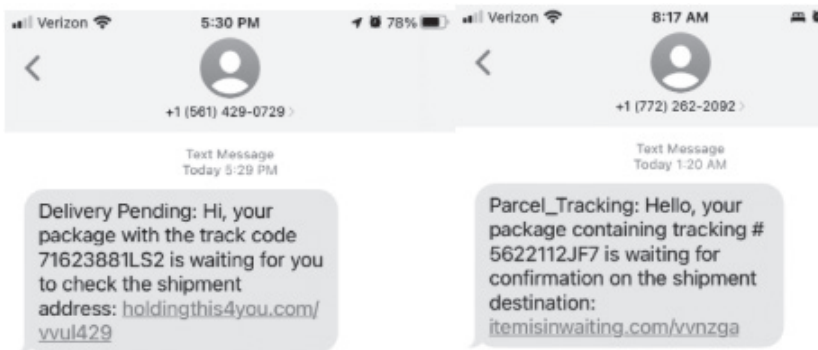
Check the delivery site yourself. Visit the delivery site (like UPS or USPS) in a separate browser window and enter the tracking information provided. If the tracking information doesn't work or doesn't match tracking requirements, it's

likely a scam. Check the status of your order. If you are unsure about an order being

delivered, visit the site you ordered from directly by entering the website address into your browser and check your order history. Most sites list tracking information as well.

Don't believe everything you see. Scammers are great at mimicking official seals, fonts, and other details.

Just because a website or message looks official does not mean that it is. Report scams to the Better Business Bureau. Visit bbb.org/scamtracker



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Live the Life You Want

With Melissa Spino, MA, LPC, CDMS
Life Transitions Therapy, LLC

Potential committed relationship enders

While I've always felt we have everything inside us to be happy and content, I also recognize that we are meant to have meaningful connections with others. Yet, now more than ever, divorce is on the rise and split-ups seem more common.

The latest statistics for divorce in the U.S. remain at about 50 percent but it's most likely higher. Also, this number does not include those not married but in committed long-term relationship that have split. The divorce rate is higher for second and third marriages at 60 percent and 73 percent respectively. According to the World Population Review the average divorce rate when looking at all the states is about 11.42 percent with Michigan at 12 percent. So, let's look at the top issues couples face in that could lead to relationships ending.

Top Relationship Issues

When doing a Google search, most articles and research cite money issues as the top problem for

couples. The top issue I see in my practice is communication. Every couple has relationship challenges that can cause friction and stress. The key is being able to respectfully and effectively work through these problems which in turn can actually strengthen the relationship.

Money issues are often due to different values and world views about money. Some examples may include one partner being a saver while the other is more impulsive and likes to spend money almost as quickly as it's made. Another issue could be due to a power struggle in the relationship when one partner controls the money and what can be spent. Maybe the person controlling the money feels it is a burden and was forced into the role. Regardless of the money issues, the result is often hurt feelings, resentment, and conflict putting a lot of strain on the relationship. If not resolved through discussion and compromise it could be a relationship ender.

Poor communication or miscommunication. I see couples for this more often than any other issue. It can be a miscommunication, negative communication, gaslighting, differences in word meanings, assumptions, etc. Many of these can be easily resolved by just asking your partner to clarify what they mean. Assuming you know your partner's meaning is just asking for problems. It's a simple fix to just ask. Also being disrespectful/negative when communicating is another issue I often see. The best practice when communicating with your partner is to speak to them in a way that shows you care and to clarifying meanings to avoid incorrect assumptions.

Different core values. These are your guiding beliefs at the foundation of how you act and live life. So, having core values that clash is a serious issue that often results in the relationship ending. While some things may change over the course of your relationship your core values typically remain steady. So, having values that clash just make the relationship more difficult. For instance, what if you want children but your partner doesn't? Maybe they secretly believe they can change your mind. What if you value monogamy and your partner doesn't? What if you value respectful open communication but

your partner's default is yelling and name calling (disrespect) or seldom communicates verbally (taciturn)?

Differing ideals about raising children. It's imperative of that you come to an agreement before entering a committed relationship with children that are not biologically yours or before having children together. Otherwise, the children pay the price of the disagreement. You need to know the boundaries and what is and is not okay when it comes to child-rearing. You need to come to a very clear agreement on parenting.

Emotional Support. Do you expect and want your partner to help you with tough personal decisions or do you want to handle them on your own? What about receiving general emotional support and encouragement? Will they want you to act in the same manner and is that something you are comfortable doing? It's difficult when you want to talk through and receive emotional support and encouragement from a partner but they are not willing to provide it.

There are so many other areas to consider like empathy, gender roles, bad habits, honesty, patience,

forgiveness and trust just to name a few. So, I wanted to touch on some of the main issues that can become relationship enders.

For some it may be ideal to consider premarital couples counseling with a professional counselor or your religious leader before fully committing to make sure you have worked through and discussed potential issues that could cause serious problems or even be relationship-enders. This article is not intended to provide advice, diagnose, or treat. It is for informational purposes only. Stay healthy and live the life you want!



Financial Focus

With Christopher C. Godbold

Edward Jones

Serving Individuals Investors Since 1871

Match your financial goals with the right strategies

To achieve most goals in life, you need some type of strategy. And that's certainly true for your financial goals. Since you likely have multiple financial goals, you may need to pursue several different strategies – but they all should follow a similar process.

What does this process entail? Here are the basic steps:

Fully define each goal. Like most people, you probably have a goal of someday enjoying a comfortable retirement. But have you defined what "comfortable retirement" means to you? Do you plan to spend your retirement years traveling the world, or would you rather stay close to home to be with family members? Would you like to pursue your hobbies? Open a small business? Think carefully about what this goal looks like.

Identify the costs. Once you've identified a retirement vision, you need to put a price tag on it. How much income will you require? You don't have to identify a figure down to the penny, but you should be able to come up with a pretty good estimate. A surprising number of people never reach this point – more

than three-fourths of pre-retirees haven't calculated how much they'll need once they retire, according to Four Pillars of the New Retirement, a study by Age Wave and Edward Jones.

Invest appropriately for each goal. Your investment strategy should reflect your risk tolerance and your goals. So, for example, when you're working toward a long-term goal, such as retirement, you're essentially investing for growth, which means you'll accept the level of risk that always accompanies a growth strategy. But when you're investing for a shorter-term goal, such as taking an international vacation in a few years, you may be somewhat less concerned with maximum growth and more focused on making sure that a certain amount of money is available when you need it. Consequently, you might follow an investment strategy with a lower degree of risk.

Understand the potential trade-offs of your financial strategy. Each of your goals may have its own investment strategy, but you still need to look at your goals holistically. So, for instance, if you decide you need to ramp up your investing for your child's

education, will that affect your ability to put away the amounts you've designated for retirement? If so, do you have the flexibility to change your retirement plans somewhat, perhaps by working an extra year or so? Of course, this might not be necessary, but it does illustrate the potential impact one choice can have on another.

Track your progress. It's important to track the progress of your investments and investment strategies, but you'll want to be careful about using market indexes as benchmarks. Your portfolio was designed for your risk tolerance and goals, so comparing it to an equity index (like the S&P 500) isn't all that relevant, or helpful. Instead, measure your progress at least annually to determine if you're on track to achieve the goals your strategy was designed to meet. When you review your progress, you may also want to determine if any changes in your family situation or your employment might affect your investment strategies. A financial professional can help you in this area.

Achieving your financial goals takes time, effort and commitment. But by following the most appropriate strategies for your situation, you've got a path that can help lead you to success.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor.

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LowellArts Players Youth Theater play coming April 15-16

The LowellArts Players Youth Theater presents *The Somewhat True Tale of Robin Hood* by Mary Lynn Dobson. A frantically funny, Monty Python-esque retelling of a classic, *The Somewhat True Tale of Robin Hood* chronicles our gallant guy-in-green, but it sure is hard to be humble when you're a swashbuckling, egocentric super-hero.

This time around, the legendary legend, in his never-ending quest to aid the needy, encounters a lovely damsel-in-distress (oddly obsessed with skin conditions); an ever-scheming sheriff who would rather bowl a strike than hit a bull's-eye; a gold-hoarding, bad-guy monarch wannabe;

and a good-natured "Town's Guy" who manages to make his way into every scene, whether he belongs there or not. Combine them with an expandable band of spoon-wielding Merry Men whose collective IQs equal six, and you've got an irreverent jaunt through Sherwood Forest you won't soon forget!

The cast includes: Beckett Butler, Kalel Creasy, Ellory Duimstra, Wyatt Duimstra, Zane Gonzales, Pyper Gordon, Tempe Harrington, Amelia Herrera, Aubrielle (Arlo) Jarvis, Joslyn Kissinger, Anna Kushion, Aliya Kyes, Adelaide Plank, Delaney Powell, Victor Preiss, Callan Walsh, Eli VanGroningen,

and Olivia VanGroningen.

Performances are: Friday, April 15 at 7:00 pm, Saturday, April 16 at 2:00 pm, & Saturday, April 16 at 7:00 pm at Lowell Performing Arts Center at the Lowell High School, 11700 Vergennes, Lowell.

The production includes 18 youth and teen actors ages 8 and up from Lowell and surrounding communities. Directed by Annika (Faye) Kuz and stage managed by Matthew Tawney. General admission tickets are \$8 in advance, \$10 at the door, & \$5 for students (with valid ID, at the door only). More info at www.lowellartsmi.org/somewhat-true-tale-robin-hood



LowellArts Players Youth Theater will be performing on April 15 and 16 at the Lowell Performing Arts Center at the Lowell High School.

New Dutton project may be \$6.1 million over project budget

James Gemmill
Contributing Writer

Two dozen carports and 13 vehicles were destroyed in a two-alarm fire early Thursday morning at the Woodfield Apartments complex in Gaines Charter Township.

It broke around 2:45 a.m. at 6111 Woodfield Drive. The fire was contained to the parking structure that contained 24 individual car stalls, with 12 on each side. The parking garage is not attached to the apartment buildings. Brisk winds helped to fan the flames. Some residents in a nearby building were evacuated because of the smoke.

"There was significant damage to two vehicles parked in front of the apartment buildings from heat exposure. And then, some damage to the apartment building to the north of the garages from heat," Dutton/Cutlerville Fire Chief Ken Van Hall said.

The apartment complex is located on the southwest corner of the 60th Street/Eastern Avenue intersection at the township border with the City of Kentwood.

Chief Van Hall said the investigation into the cause of the fire would probably take a couple of days "because there was such extensive damage."

He said the Kent County Sheriff's dog that is trained to sniff for possible accelerants was summoned to the scene, which is often standard procedure after such a fire.

"More than likely, some of the fuel tanks ruptured," Van Hall said. "There's pretty much nothing left of some of the vehicles except the shells."

Van Hall said the exact origin of the fire had not

been determined at the time this article went to press. However, a resident in the Woodfield apartment building to the immediate west of the carports said she thought it may have started in an adjacent trash dumpster.

"I heard three popping noises and I got up and looked out, and this (west) side of the garage was on fire," Margaret Muldoon said. "So, I called 911 and they said they had a report already of a dumpster fire. And I told them, 'No. The garage is on fire. And I told them it was a big garage (overhead car stall).'"

Van Hall said there were no injuries to any civilians or firefighters. He said the fire was knocked down by 3:38 a.m., and

crews started putting out hotspots at 4:47 a.m. Dutton Fire Department Lt. Brett Holmes is the fire investigator.

The fire occurred in the Cutlerville Fire Department district. Other responding fire departments were from Byron Township, Dutton, Kentwood and Wyoming. Van Hall said 26 firefighters were on the scene. Dutton and Kentwood responded on the first alarm as automatic mutual aid. Van Hall called Wyoming and Byron Township on the second alarm.

There have been a few fires at the Woodfield Apartments over the years. Wyoming-based property-management firm Land & Co. is the owner of the complex. Land & Co.

also owns The Preserves apartments to the immediate south and the Woodfield East complex across the street on the east side of Eastern Avenue.

A spokesman for Land & Co. said they had no additional information or comment.

"I've been on one or

two significant fires there," Van Hall said. "We had one really significant building fire there a long time ago. We had a rash of garage fires that were suspicious about nine years ago."

Most recently, Muldoon said there was a fire on Christmas Eve in the 6100 Woodfield building

where she lives.

"It was a kitchen fire. Their whole apartment had to be re-done (afterward)," Muldoon said of the Dec. 24 fire.

A grease fire from a stove in February 2013 led to the evacuation of two buildings at the Woodfield Apartments.

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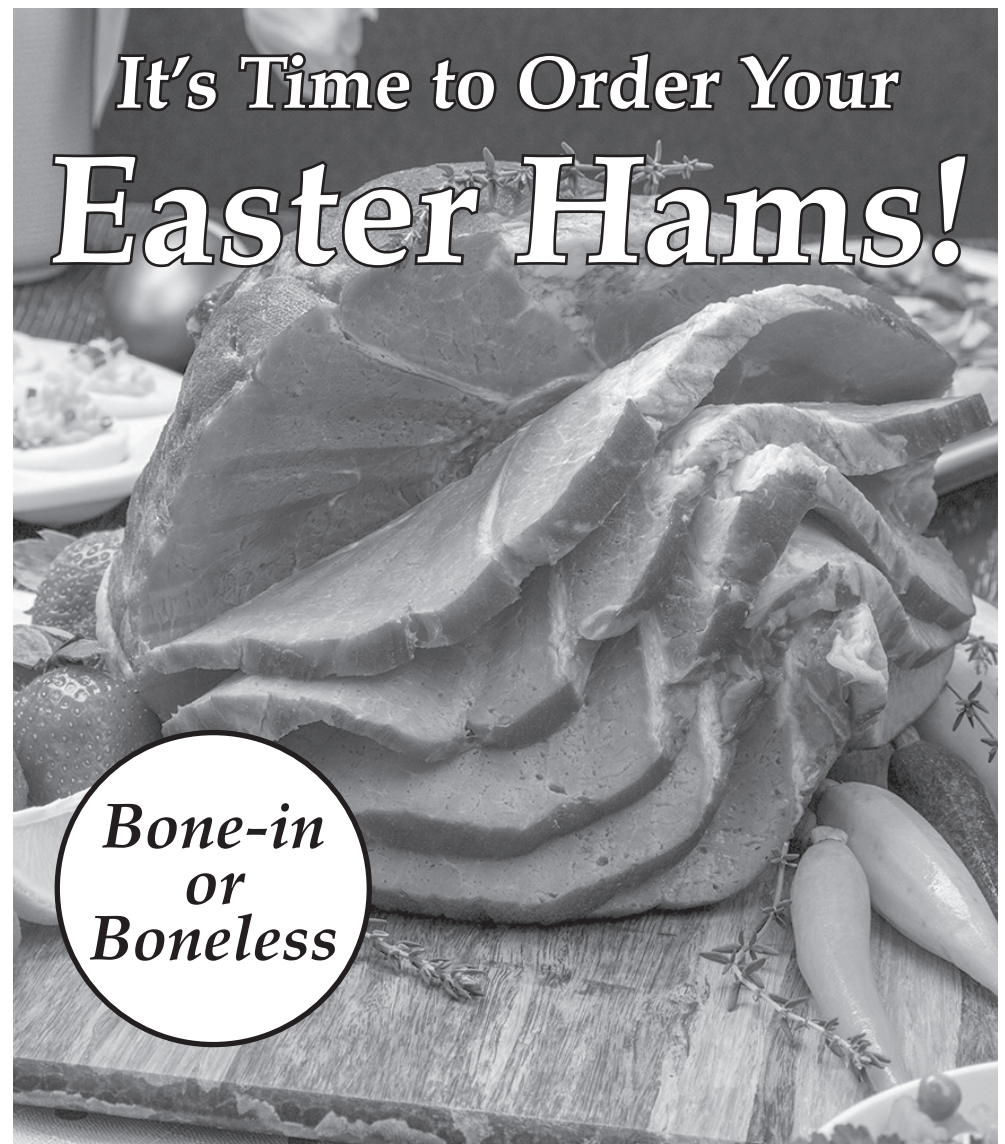


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“Look Twice to Save a Life - Motorcycles are Everywhere”

written by: Brandy Everest

Spring is here - or is it? To many Michiganders who are motorcyclists it's time to start riding again. Thousands of motorcyclists are going to be hitting the roads. Automobile drivers need to do their part and, “Look Twice to Save a Life - Motorcycles are Everywhere.”

ABATE (American Bikers Aiming Toward Education) of Michigan,

Inc. teaches motorcycle awareness to student drivers. The course teaches students in driver education classes how to be aware of motorcyclists on the road. Data shows that 40 percent of all accidents involving cars with motorcycles are caused by the car driver that has less than six months driving experience, and approximately 70 percent of all accidents are the fault of the car driver not seeing the

motorcycle.

ABATE urges drivers turning left not to attempt to judge the speed of oncoming motorcyclists. Many car/motorcycle accidents occur in intersections. In the state of Michigan motorcyclists need to have a cycle endorsement, and ride to survive. To find an endorsement class in your area please go to: SOS - Motorcyclist Training Site Locator (michigan.gov).

Classes for 2022 are filling up fast with class size limits. Outside classroom teaching and the Motorcycle Safety Foundation COVID 19 Guidelines will be in place. Motorcycle licensing testing will be available from the Michigan Department of State. ABATE of Michigan urges all motorcyclists to be properly trained and endorsed. Un-trained

motorcyclists are over-represented in motorcycle accidents and fatalities in Michigan, according to Vince Consiglio. Motorcycle Basic Public Classes are only \$50.00, supported with funding by Michigan Motorcyclists, through legislation that ABATE of Michigan was instrumental in getting passed.

Michigan has a shortage in riding coaches. Why should you become a rider coach? Check out this YouTube video: “Become a RiderCoach” on www.michigan.gov/motorcycling. If you are interested in becoming a riding coach, click the icon “Become a Rider coach” on the same YouTube website.

There was an increase in motorcycle fatalities in 2020 (the most recent statistics). ABATE of Michigan believes the answer to prevent the escalation in fatalities is awareness and education. Due to COVID, motorcycle endorsement classes were limited, contributing to the increase in the number of fatalities.

Michigan has a unique situation when it comes to auto insurance and the

coverage for a motorcyclist. As of July 1, 2020, with Senate Bill 1, according to the former ABATE Legislative Officer Jim Rhoades, “Auto drivers, bicyclists, pedestrians, snowmobilers and ATVs will all have a choice on their medical coverage, but motorcyclists hit by car drivers will be stuck with the car driver’s choice for medical coverage.”

Out of State motorcyclists will go to their choice for medical coverage. Only Michigan motorcyclists will be stuck with the car driver’s choice for medical coverage. ABATE will continue to work with the Michigan Legislature to correct this bizarre situation. The fix is written in House Bill 4809 which was created from Senate Bill 1: This bill would allow motorcyclists injured in an accident involving a motor vehicle to seek their no-fault benefits from their own auto insurance instead of that of the other driver.

For information on anything above please contact: Vince Consiglio (248) 672-0957, Jim Rhoades (734) 578-6144.

Driver License Type - Cycle Endorsement	2019	2020	Total
No Cycle Endorsement	34	88	122
Cycle Endorsement	77	50	127
Uncoded & Errors	3	7	10
Total Person Count	114	145	259

Figure 1: motorcycle operator fatalities by CY endorsement

Additional statistics on motorcycle operator fatalities.

Person Restraint	2019	2020	Total
Helmet Worn	56	72	128
Helmet Not Worn	54	65	119
Helmet Use Unknown	12	15	27
Total Person Count	122	152	274

Figure 2: This shows helmet use among motorcyclist fatalities for 2019 and 2020.

Today: Wednesday, April 6

Wednesday, April 6 is the 96th day of the year. There are still 269 days remaining in 2022.

Historic Events
1320: The Scots reaffirm their independence by signing the Declaration of Arbroath.

1652: At the Cape of Good Hope, Dutch sailor Jan van Riebeeck establishes a resupply camp that eventually becomes Cape Town.

1712: The New York Slave Revolt of 1712 begins

near Broadway.
1776: Ships of the Continental Navy fail in their attempt to capture a Royal Navy dispatch boat during the Revolutionary War.

1808: John Jacob Astor incorporates the American Fur Company that would eventually make him America's first millionaire.

1830: Church of Christ, the original church of the Latter Day Saint movement, is organized by Joseph Smith and others at either

Fayette or Manchester, NY.
1841: President John Tyler is sworn in, two days after having become president upon William Henry Harrison's death.

1860: The Reorganized Church of Jesus Christ of Latter Day Saints, later renamed Community of Christ, is organized by Joseph Smith III and others at Amboy, IL.

1862: The Battle of Shiloh begins: In Tennessee, forces under US Gen. Ulysses S. Grant meet troops led by Confederate

Gen. Albert Sidney Johnston.

1865: The Battle of Sailor's Creek: Confederate Gen. Robert E. Lee's "Army of Northern Virginia" fights and loses its last major battle while in retreat from Richmond, VA.

1866: The Grand Army of the Republic, an American patriotic organization composed of US veterans of the American Civil War, is founded. It will exist until the last man dies in 1956.

1896: In Athens,

the opening of the first modern Olympic Games is celebrated, 1,500 years after the original games were banned by Roman emperor Theodosius I.

1909: Robert Peary and Matthew Henson become the first people to reach the North Pole. This claim has since been disputed because of failings in Peary's navigational ability.

1917: The United States declares war on Germany, officially entering World War I.

1926: Varney Airlines, the root company of United Airlines, makes its first commercial flight.

1929: Louisiana Gov. Huey P. Long is impeached by the Louisiana House of Representatives.

1936: A tornado hits Gainesville, GA, killing 203.

1941: Nazi Germany launches Operation 25 (the invasion of Kingdom of Yugoslavia) and Operation Marita (the invasion of Greece).

1945: Sarajevo is liberated from German and Croatian forces by the Yugoslav Partisans.

1947: The first "Tony Awards" for theatrical achievement are presented.

1965: Launch of Early Bird, the first commercial communications satellite to be placed in geosynchronous orbit.

1968: A double explosion kills 41 and injures 150 in the downtown district of Richmond, IN.

1968: Pierre Elliott Trudeau wins the Liberal Party leadership election and becomes Prime Minister of Canada.

1972: American forces begin sustained air strikes and naval bombardments in Vietnam.

1973: Launch of Pioneer 11 spacecraft.

1973: Major League Baseball's American League begins using the designated hitter.

1984: Members of the Republican Guard unsuccessfully attempt to overthrow the government of Cameroon.

1992: The Bosnian War begins.

1994: The Rwandan genocide begins when the aircraft carrying Rwandan president Juvénal Habyarimana and Burundian president Cyprien Ntaryamira is shot down.

LEGAL NOTICE

STATE OF MICHIGAN
PROBATE COURT
KENT COUNTY

NOTICE TO CREDITORS
Decedent's Estate

CASE NO. and JUDGE:
21-210510-DE

Estate of THOMAS ALVIN
POTTERACK. Date of
birth: 03/03/1957.

TO ALL CREDITORS:

NOTICE TO CREDITORS:
The decedent, Thomas Alvin Potterack, died November 23, 2021. Creditors of the decedent are notified that all claims against the estate will be

forever barred unless presented to Edward Potterack, personal representative, or to both the probate court at 180 Ottawa Avenue NW, Suite 2500, Grand Rapids, MI 49503 and the personal representative within 4 months after the date of publication of this notice.

Thomas E. Lane (P36477)
688 Cascade W Pkwy SE
Suite 230
Grand Rapids, MI 49546
616-285-6050

Edward Potterack
3464 Leonard St. NW
Grand Rapids, MI 49534
616-791-1629

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Red Arrow

- CREW

SPORTS



Crew competes in ergatta

by Justin Scott
Sports Reporter

The Lowell Crew Club rowed in their first competition of the season, the annual indoor ergatta hosted by Forest Hills Central. The ergatta differs from the traditional regatta as the ergatta is held indoors on machines rather than outdoors in boats. Athletes compete on the indoor boats or ergs over a distance of 500 meters, 1500 meters or 2000 meters. Coxswains row 500 meters, high school novices or the first year rowers, compete at 1500 meters and all other participants race the 2000 meter distance.

It gives the team an

opportunity to compete against other schools while not being able to compete outdoors due to weather yet.

Racing started at 9:00 on Saturday March 26th as teams from around the area competed.

Each competitor tries to row as quickly as possible with winners being determined by best time to complete the distance. Video screens show a modeled boat that simulates what the race would be like if all the competitors were rowing boats on the water.

Lowell finished in eighth place. Forest Hills Central won the event.



The Lowell crew team after the Grand Rapids spring indoor ergatta.

Boys lacrosse delivers lopsided win to E. Kentwood

by Justin Scott
sports reporter

A 19-2 victory ended the early spring schedule for the boys lacrosse game in a frigid contest at the LHS Athletics North Complex.

The early part of the season has been unfriendly weatherwise as again, the boys dealt with temperatures near freezing at the time of face-off. Varsity followed JV's first game of the season, a game against Forest Hills Eastern.

In the varsity game, the Red Arrows got off to a quick start and comfortably led 12-2 at halftime. In

the second half, Lowell continued their strong play and posted a 7-0 shutout with goals scored by CJ Steinebach, Tiegé Bredin (2), Spencer Guppy and Caden Cone (2).

The program honored former Lowell player Logan Cunningham at halftime for his service in the US Army. LHS is 2-0 on the season and is on the road next week at Hudsonville, Grandville and Vicksburg.

The girls team fell to Northview 11-3 and Hudsonville 19-1 in their two games last week.



Baseball beats Jenison last week

by Justin Scott
Sports Reporter

Aidan McWayne threw three scoreless innings to lead off the night as Lowell Varsity's Baseball team beat Jenison by a score of 4-1. McWayne recorded two strikeouts, and allowed only one walk and no hits. Peyton Teachworth and Kyler Spike closed out the victory out of the bullpen. Spike recorded the last five outs of the game to earn the save for LHS.

Leading the way off batting for the Red Arrows were Teachworth, Jaxson Carlisle, and Zach Hayes who all had multiple hits. Carlisle additionally went 3-for-3 at the plate.

Lowell is 2-0 early in



the season and returns to action on Monday against Rockford, and begins a conference series with Northview on Wednesday, a doubleheader and closes the series on Friday at Northview.

Bliss Munitions Equipment will move to a building in Kentwood

Benjamin Simon
Staff Writer

Bliss Munitions Equipment, a self-described "global leader in ammo machines," is relocating to Kentwood.

According to its LinkedIn page, Bliss Munitions Equipment is moving to 4304 40th St, SE, Kentwood, near the Grand Rapids airport. The new building holds office space and a shop.

The company has been located in the manufacturing

space at 1004 E. State St. in Hastings, where it shared the same address as BCN Technical Services.

Employees have yet to start working in the Kentwood building, but the business has plans to move within the next few weeks.

It is unclear what will take the place of Bliss Munitions Equipment at 1004 E. State St.

According to its website, Bliss Munitions Equipment "creates

cupping, draw, transfer, and bullet presses." With more than 500 service technicians in 36 countries, it is described as the defense division of Schuler, a German company considered the largest manufacturer of presses in the world. Schuler's North American headquarters are in Canton, west of Detroit.

Bliss Munitions Equipment has not provided a comment at this time.

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obituaries

JANKOWSKI

Johanna Ilse Jankowski, age 83, of Lowell, passed away on December 22, 2021, from complications due to dementia. Born in Wattenscheid, Germany, on April 16, 1938, Johanna's earliest memories were from World War Two. She would often tell stories of how, as a little girl, she had to go to a bunker during bomb raids, and wait in line for a simple slice of bread with butter. Years later, after the war, anyone who knows Johanna, knows the story about Elvis traveling through her hometown and stepping off a train to a screaming crowd and kissing

her hand. She didn't wash her hand for a week after that until her mother yelled at her. Johanna was sweet, funny and selfless in her love for her children, and her late husband Bernie. Married for 41 years, her and Bernie were like "two peas in a pod", she would say. Johanna is survived by her and Bernie's children, Raymond Hayes (wife Shannon; children, Ryan and Colton); Ramona Audi (husband Paul; daughter Rebecca), Melissa Stiles (husband Brad; children Nicholas and Logan) and Timothy Jankowski. On April 16, 2022, Johanna will be laid to rest beside her beloved husband Bernie, where they can hold hands for eternity. All are welcome to join us for a celebration of life funeral reception afterwards from 11:00 - 1:00 at the Main Street Inn, 117 West Main Street.



NOSKEY

Kathleen A. Noskey was called home by her Lord and Savior Jesus Christ on April 2, 2022, after a courageous 4 year battle with cancer. Kathy was preceded in death by her infant daughter, Melissa; parents Ron and Stella Kathan; sister-in-law, Elaine Sisk; and brother-in-law, Ron Pawloski. Kathy leaves behind her loving husband of 55 years Richard J. Noskey; children, Brent (Lisa) Noskey, Todd (Heather) Noskey, Wendy (Toby) Alderink, Heidi (Brandon) Barber; her 10 grandchildren, Zachary (Sarah) Noskey, Tyler Noskey, Grant Noskey, Taylor Noskey, Anthony Alderink, Matthew Noskey, Carter Noskey, Grace, Olivia, and Gavin Barber, and 3 bonus grandchildren. Kathy was also survived by her brother & sisters, Tom (Pearl) Kathan, Maureen Pawloski, Mike (Gale) Kathan, Chris (John) Hunt, Gregg (Kathy) Noskey; and many nieces, nephews, cousins, and friends. Kathy attended St. John Vianney elementary school, where she met the love of her life, Richard J. Noskey, at least that is what he told her, before she pushed him down on the playground. She later graduated from Grand Rapids Catholic Central in 1965, and married Richard shortly after. They moved to Lowell, in 1970, where they became proud members of the community, and raised all four of their children there. They became parishioners of St. Mary's church in Lowell, where Kathy's love of Jesus and her exceptional kindness was known to everyone. Kathy's first career was as mom to her four kids, where she did an amazing job raising them. The job was so good, all four thought they were her favorite, she would always respond, "I love all my kids the same." Kathy then worked for 22 years at Amway before retiring. In retirement, she enjoyed camping with Richard, spending time with her family, and Tuesday morning breakfast at McDonalds with lifelong friends. Kathy's blessings were her family, especially her kids and grandchildren. "Mee Mee" loved spending time with all of her kids and grandkids, and you could tell by the sparkle in her eye and the beaming smile when she was around them, that she was truly happiest when she was with her whole family. She was the ultimate caregiver to all that knew her,

always putting Christ, and family before herself. Her legacy was passing on her powerful faith in God and the Church to her family. "God is great all the time," was Mom's favorite saying. When diagnosed with cancer, she let the family know that she had Jesus on this journey and was ready to fight cancer head on. She did not back down, she instead put up a ferocious fight against that horrible disease and displayed the bravery of a warrior. She became, in her words, a prayer beggar, and not only asked for, but also prayed for others. The family would like to thank Dr. Sherma and the hospice staff at Start Mid-West, all the hospice staff at Interim Hospice, and all those who have prayed for us and her on this journey. Visitation was held 5-8 PM, Tuesday, April 5, 2022, Roth-Gerst Chapel, 305 N. Hudson St., Lowell, MI 49331, with a rosary at 5:15 PM. Mass of a Christian Burial will be held 11 AM, Wednesday, April 6, 2022, St. Mary's Church of Lowell, 402 Amity St., Lowell, MI 49331, with visitation one hour prior to mass. Rev. Aaron Ferris presiding. Interment St. Mary's Cemetery. Memorial contributions, in memory of Kathy, to Interim Hospice, 1971 E. Beltline Ave NE, Suite 216, Grand Rapids, MI, 49525, or to St. Mary's Church.



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Benefits, continued

benefit on another spouse's record. We encourage you to read our publication, Survivors Benefits, for additional information at www.ssa.gov/pubs/EN-05-10084.pdf.

- If you are receiving Social Security benefits based on your spouse's work and you worked and earned credits, you may be eligible for a higher retirement benefit based on your own work. You can view our Retirement page at www.ssa.gov/retirement.

- If your deceased adult child provided at

least half of your support, you may be eligible for a higher parent's benefit based on your child's work history. Our publication, Parent's Benefits, includes information you may want to consider at www.ssa.gov/pubs/EN-05-10036.pdf.

We continue to focus our Potential Entitlement initiative on people who face barriers. These populations include older people, children with disabilities, veterans, SSI recipients, and people with limited English proficiency. We are proud to say that since we started

the initiative in 2017, our efforts have resulted in approximately \$553 million in retroactive and total monthly increased benefits paid.

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record. If you don't have a personal my Social Security account, you can create one today at www.ssa.gov/myaccount!

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Vonda Van Til is the Public Affairs Specialist for West Michigan. You can write her c/o Social Security Administration, 3045 Knapp NE, Grand Rapids MI 49525 or via email at vonda.vantil@ssa.gov.

Dear Friends,

Our family would like to thank each of you for the beautiful cards, with such warm thoughts and caring words.

We are grateful for your prayers during Jim's illness and appreciate you remembering us at his passing.

Jim valued your friendship and would be pleased to know how kindly he was remembered. He would be touched by the outpouring of love and support shown to us during this time.

With our sincere appreciation,
The Family of Jim Peterson

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ATTN LOWELL WIDOWS - We have a widows luncheon on the last Friday of each month at Keisers. Starts promptly at 1 pm, west side. All are welcome.

TOPS (TAKE OFF POUNDS SENSIBLY) WEEKLY MEETINGS - Tuesdays, 6:30 pm at Schneider Manor Community Room, 725 Bowes Rd., Lowell.

ATTN LOWELL WIDOWS - We have started widows coffee time Monday mornings at 9:30 at Keisers, west side. Questions call Jenn at 616-490-9970.

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help wanted

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SEARCHING FOR A LOVING INDIVIDUAL - to care for a group of elderly friends. We need help with hygiene, homemade meals and medications. Some caregiving experience is best but training will be provided. This foster care facility has 30 years experience making a friendly, happy home. Please come join the Lacey's Too family. Please text or call 616-258-9911.

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PUZZLE SOLUTIONS

Grid of puzzle solutions with words like GALASSY, AMBROS, PEGRIANT, VEINS, APREDDIEVEDDER, STELES, ACRID, MASANDAMASCENE, SIGACORAD, CAECA, MALES, MUOSS, GRADATE, SAC, MIAREED, PAUSE, EDOM, MEALB, SERENADES, RATES, ADOBEMARINA, RATIIONALIST, TARR, PROAS, RENEE, LCD, MERLE, SYNCSES, ETA

Grid of numbers for a puzzle solution

Crossword puzzle grid with words like SHUTTION, BTD, DND, IXNAL, THURB, PIS, EOB, XPE, CA, ETL, DDC, HCS, ATS, SUM, NLU, SA, INN, OOE, SYG, GB, OY, GL, LM, NNR, DOS, EDB, IYN, NC, BNT, BT, OGU, B, TM, XNL, YDO, MU, IO, GI, YIL, LL, BO, PR, PDB, NS, DLP, PR, ND, TR, BU, DH, CO, BOR, IEG, GO, TIO, AM, GL, CM, Y, IH, GC, SB, TH, US, LO, CT, CL, SA, AD, PY, ER, UM, EU, CU, LI, ME, ID, SG, UR, AM, MI, IAB, HS, RL, OC, SIN, PO, BA, ND, AN, IU, AN, PP, MU, AH, RU, ON, NT, CS, UE, UP, ID, MA, LO, GL, RG, LM, BE, RS, HO, LR, DO, GE, ST, AT, TION, AL, C, EYN, APE, CH, DC, TE, CD, UB, NA, LS, AEL, MR, EOS, UGAR, SN, LY, OI, AD, SAS, YUE, GAN, AM, LL, HU, GP, DC, P, MA, AL, GE, EA, HO, BE, OT, ER, IY, YO, HMB, IG, OH, RT, BL, OD, HY, AS, YX, TC, RN, SE, XERC, IS, EHE, AL, TH, Y



The Restless Viking

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~ Ohio State Reformatory

by Martha Hayden

Walking up the stone stairway into the castle-looking prison a young family wearing pajama pants followed. Their four-year-old girl was leashed and their one-year-old was in mom's arms. As we waited in line for our tickets to tour the Ohio State Reformatory I noticed the adults talking to each other and no one addressing the children. This always makes me sad. There are so many opportunities to teach young ones and exchange language representing our thoughts and feelings which creates secure connections. These kids were being ignored. An elderly female joined in the conversation. She was apparently part of their group, grandma, I assumed. The young girl stood patiently in line. Leashing children shows a lack of trust between the parents and the child. I don't agree with this practice no matter the reason. The little one and I shared a smile.

As we approached the ticket booth, signs stated that tours were for "13-year-olds and up. All children must stay with their parents at all times." The grandma took the leash and secured the velcro bracelet to her own wrist. "Oh, good." I thought. "Grandma will take the little darling away from this nightmarish place." No one spoke to the child, so



The Ohio State Reformatory constructed in 1896 Mansfield, Ohio. "Shawshank Redemption" and "Air Force One" were filmed here.

I couldn't eavesdrop and find out their plan. The grandma and parents wandered around the museum rooms while waiting for their tour to begin. I never witnessed the three elders engage the children in wonderment, explanation or description. It really bothered me. Can you tell?

The four-year-old started to whine. It really echoed in the brick rooms with wooden floors. Her whining became louder. The adults continued in their daze of unawareness. Maybe they had a personal connection to this prison and were here to find closure, but bringing little children to a dilapidated lockup where death and injury were an everyday occurrence (which would have given me nightmares especially at an early age) seemed reckless. The 70-year-old docent, Rose, was trying to tell us about the time capsule found inside the wall of the building. The young one screamed. "I've seen this before." Rose shook her head. I nodded in agreement with Rose and thought



East Cell Block (added in the early 1900s). Six tiers with 100 cells on each level. Designed for one person occupancy – later up to three people were in each cell.

that "kids need to feel connected in order to be successful. We need to feel like we belong." The young family's tour began and we didn't see them again that day.



Michael Humphrey sat near the description of his 14 month sentence from 1969-1970 when he had been 18 years old. He described his father's abusive manner and shared that his dad drank a lot, so he moved into a house with a group of young men. This youthful troop stole cars. Michael was the only one home when the police came to investigate. Michael wouldn't tell the judge his roommates' names and Michael's father didn't sign paperwork or pay the fees deemed by the court. So Michael's 30 day sentence turned into 14 months. I thought about how Michael's lack of connection with his father was a catalyst for his circumstance.

Michael recalled the smell being "horrendous. The noise was deafening." He had been placed in the East Block. That first day Michael had a fight in the yard and was put in solitary confinement for three days. He described sleeping naked without a mattress or blanket on the cement floor in the dank cell. He was given only bread and water for the first two days and a "green" baloney sandwich on the third. Michael decided to make this time count and he graduated as the valedictorian from the "Fields" prison high school. According to an article he used to carry a toothbrush with a razor blade melded into the handle for protection. "This place was very violent here."

He wanted to be a game warden or work at the post office, but with a felony conviction, he wasn't allowed. So he moved to the Carolinas to build homes and start a guitar shop. In 2000 Michael returned to tour the building. We asked what made him want to come back. He said he had hated this place. He never answered directly, but shared a story about a disrespectful young boy he had mentored for a few hours one day. Michael gave the at-risk youth a t-shirt from the gift shop. (It was less offensive than the one the boy had been wearing.) As the pair toured the facility, he gave the boy straight talk about consequences and how they follow you all your life. Ten years later this young man and his mom came back to thank Michael. The boy had grown into a gentleman and was successful.

The connections Michael is able to make with at-risk teens impacts these fragile kids into making better decisions. Maybe that's why he came back. Or is it that he finds comfort within the walls as it had been the only systematic home he'd had? His high school graduation was the first real accomplishment he'd had in his life and it took place within these walls. As the character, Red (played by Morgan Freeman) said, "These walls are funny. First you hate 'em, then you get used to 'em. Enough time passes, you get so you depend on them." (Shawshank Redemption, 1994)

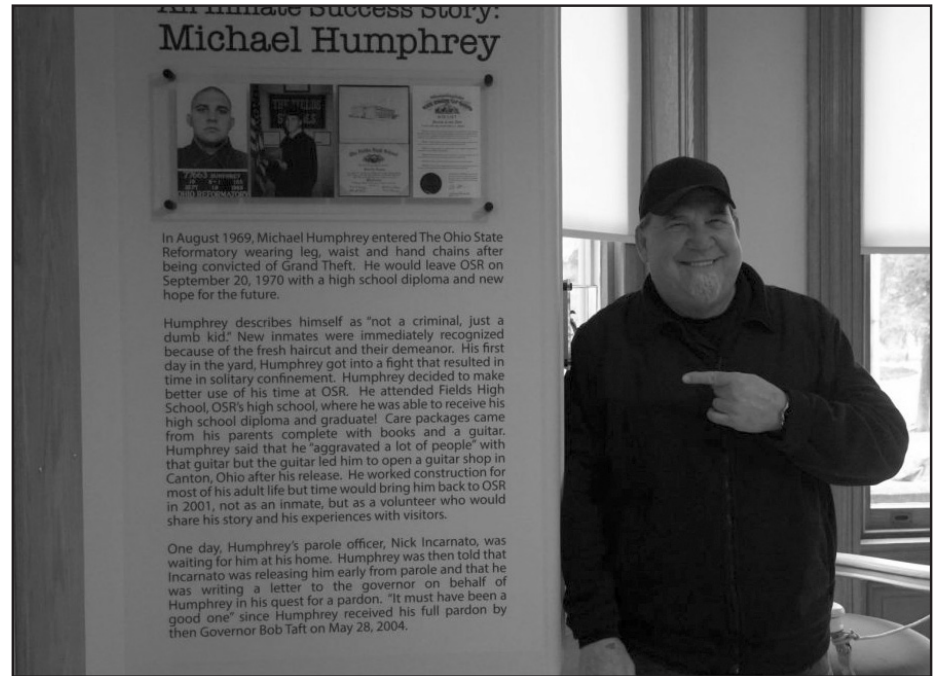
The movie was filmed at the Ohio State Reformatory. Another character, Brooks, had been released after being an inmate his whole adult life. He struggled with being "on the outside" and took his own life.

Kyle, our tour guide, enthusiastically shared that his great grandfather worked at the reformatory until he was 76 years old. His mother worked on the third floor in a cell converted into an office. She was one of the last to leave before the closing in 1990. Kyle remembered coming here with his parents and getting a haircut at the barber shop. He has tangible connections to this place and takes pride in enlightening tour groups about the history and happenings of the

facility and how it's changed over the years.

Joe, whose father was a guard, shared the structure's history. As a young boy he'd come here for haircuts, too.

The reformatory was built on civil war training grounds. In 1896 Levi Scofield designed the structure using Victorian Gothic, Richardsonian Romanesque and Queen Anne styles to look like a symmetric castle. People used to picnic on the lawn and use rowboats in the pond. It reminds me of a European boarding school. The "reform" of these young, non-violent offenders consisted of religion, education and trade. The inmates had a connection to society. There were factories on the grounds producing shoes, clothing, furniture, a power plant and constructing the east block. Schooling and church were part of the regular routine. The inmates were only in their cells at night. With this



Michael Humphrey – Ex-inmate #77663 14 month sentence 1969-1970. He has given "Scared Straight" tours for 20 years to at-risk youth.

connection there was an 85 percent success rate.

In the 1920's the prohibition amendment was passed, which made it illegal to distill, sell or buy alcohol. The one man cells were being doubled up. Then the 1930's stock market crash happened. People were caught stealing food (to survive) and were brought to the reformatory. The budget was being stretched and the cells were more overcrowded than ever. They put beds in the attic. Men were offered release, but they didn't want to go.



The entrance to the prison. The tiles are original. The Portuguese manufacturer is still in business and will provide new tiles if needed.

In the 1960's the state pulled their financial support and the "reformatory" became a maximum security prison. Instead of having jobs that produced items for society or even the prison, many inmates were left in their cells for most of the day. With two or three people per cell, the atmosphere was ready to rupture.

In 1980 inmates successfully sued the state for better conditions. A new modern facility was being constructed. By 1990, the Ohio State Reformatory was closed. A group of local activists rallied to purchase this historical building, purchasing it from the state at an auction for one dollar.

Several movies and music videos as well as paranormal shows have been filmed at this location: "Harry and Walter Go To Hollywood," "Tango and Cash," "Escape Plan: The Extractors," "The Shawshank Redemption" and "Air Force One."

Connections provide the passport to enjoying life. Relationships and sharing memories bring fulfillment. Listening to others and learning from their experiences builds bridges through history giving us a centered existence. Chuck and I prefer to look behind the curtain of life and build connections as we travel. You can find connections at the Ohio State Reformatory. . . and you can find the consequences from a lack of connection.

FUN PAGE

SUDOKU

						1	2	3
					7			
	9	8					7	
	8	2						5
9			4					
	7			3	9			8
7	3		2					
				7	8	5		4
		1						

Level: Intermediate

Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

MANAGE DIABETES WORD SEARCH

C S M C A U T I O N B T D D N I X N A L
 T H U S H O G U R B P I S E O B X P E C
 E E T L L D D H C S A T S U M N L U S A
 I N N O O E S Y G G B O Y G L L M N N R
 D O S E D B I Y N N C B N T B T O G U B
 T M X N L Y D O M U I O G I Y I L L B O
 P R P D B N S D L P P R N D T R B U D H
 C O B O R I E G G O T I O A M G L C M Y
 I H G C S B T H U S L O C T C L S A A D
 P Y E R U M E U C U L I M E I D S G U R
 A M M I I A B H S R L O C S I N P O B A
 N D A N I U A N P P M U A H R U O N N T
 C S U E U P I D M A L O G L R G L M B E
 R S H O L R D O G E S T A T I O N A L C
 E Y N A P E C H D C T E C D U B N A L S
 A E L M R E O S U G A R S N L Y O I A D
 S A S Y U E G A N A M L L H U G P D C P
 M A A L G E E A H O B E O T E R I Y Y O
 H M B I G O H R T B L O O D H Y A S Y X
 T C R N S E X E R C I S E H E A L T H Y

Find the words hidden vertically, horizontally, diagonally, and backwards.

Puzzle solutions on page 13

MANAGE DIABETES WORD SEARCH

CAUTION CHRONIC COMPLICATIONS

GESTATIONAL GLUCAGON GLUCOSE

PANCREAS SUGAR SYMPTOMS

AMYLIN BLOOD BODY BOLUS CARBOHYDRATE

DIABETES DIAGNOSIS DIET ENDOCRINE EXERCISE

HEALTHY HORMONE INSULIN MANAGE MONITORING

Guess Who?

I am an actress born in California on April 6, 1976. I followed in the footsteps of my older brother and started acting as a child. I was on a popular show about a family in San Francisco being cared for by a dad, an uncle and a best friend.

Answer: Candace Cameron Bure

WORD SCRAMBLE

Rearrange the letters to spell something pertaining to diabetes.

V E L L E

--	--	--	--	--

Answer: Level

1	2	3		4	5	6	7	8		9	10	11	12	13
14				15						16				
17				18						19				
20			21							22				
23						24	25						26	27
		28				29				30				
31	32					33		34	35	36			37	
38				39	40								41	
42				43						44	45			
46		47	48							49				
51				52	53	54				55			56	57
		58								59				
60	61							62	63				64	
65						66							67	
68						69							70	

CLUES ACROSS

- Midway between south and southeast
- Celebrations
- Pulpits
- Pin
- Rare laughing
- Parts of the circulatory system
- Financial term
- Pearl Jam frontman
- Cores of vascular plants
- Strong sharp smell or taste
- City in S. Korea
- One from Damascus
- Short message at the end of an email
- It cools your home
- Towards the mouth or oral region
- Intestinal pouches
- Boys and men
- The 12th letter of the Greek alphabet
- Former CIA
- A way to arrange
- Body cavity
- The Great Lake State
- A type of seal
- Stop for a moment
- Ancient kingdom
- Of I

CLUES DOWN

- An involuntary muscular contraction
- PA transit system
- Leaves a place
- Sweet greenish fruit
- Lends support to
- Chap
- Singer Di Franco
- Water at boiling temperature diffused in the atmosphere
- Asserts to be the case
- Doctor (Spanish)
- Auction attendee
- Characterized by unity
- Soviet Socialist Republic

CLUES ACROSS

- Way to analyze video (abbr.)
- Nonclerical
- Tree resin
- The academic world
- Khoikhoi peoples
- Infer from data
- Arrives
- Apart
- Takes on cargo
- Beloved Hollywood alien
- Takes apart
- Dorm official
- Secondary or explanatory descriptor
- Relating to wings
- Speaker
- Situated in the middle
- Loop with a running knot
- Alaska nursing group (abbr.)
- Beloveds
- Establish by law or with authority
- Border river between India and Nepal
- Millisecond
- Revolutions per minute
- They ___
- ESPN broadcaster Bob
- A place to stay

Bee Informed Partnership's Annual Loss and Management Survey is live

Michigan State University Extension encourages beekeepers to take the Annual Loss and Management Survey by April 30, 2022, to share information about their honey bee colonies in the 2021-2022 beekeeping year. The survey takes approximately 30 minutes to complete.

The Annual Loss and Management Survey

is a national effort that tracks long-term trends of U.S. honey bee colony health. The survey's main objective is to monitor colony loss rates that beekeepers experience each year and the management actions that beekeepers take. It compares these losses and practices among all types of beekeeping operations. Results from past surveys can be viewed

on the Bee Informed Partnership's national loss and management survey interactive map.

In previous years, about one in 10 U.S. beekeepers, who manage approximately 14 percent of the nation's estimated 2.6 million colonies, were represented in the survey. The Bee Informed Partnership team, in collaboration with the Auburn University Bee Lab,

is enthusiastically inviting all U.S. beekeepers to take part in this year's survey.

The survey focuses on a specific theme every year, which will reoccur based on a regular rotation schedule. Last year, the survey focused on queens and new colonies. This year, the focus will be nutrition and environment.



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It's easy and an application will come directly to your phone



Gov. Whitmer signs federal aid swap for road projects, no interest minimum on school loans

Gov. Gretchen Whitmer signed legislation permitting local road agencies to participate in a federal aid swap with the Michigan Department of Transportation as an outlet for minimizing road repair costs.

Tuesday, SB 465 by Sen. Jim Runestad (R-White Lake) and SB 466 by Sen. Michael D. MacDonald (R-Sterling Heights) became Public Acts 49 and 50 of 2022, authorizing state dollars to stand in for federal funds under a specific "buyout strategy." According to Legislative Liaison Ed Noyola of the County Road Association, the same system has already been utilized in 15 other states.

"A rural county may have only one federal aid project every few years and is less likely to be staffed or experienced in federal aid projects, and may struggle with the red tape and detail work required to execute it," Noyola said in a press release from Runestad's office.

According to the press release, MDOT estimates that from meeting federal

standards, like bidding requirements and reports, local road agencies experience an expense increase of between 20 percent to 30 percent. Meanwhile, MDOT calculated an increase of only 10 percent to 15 percent in its cost to fulfill federal mandates.

"This is because MDOT has an operation that is more suited to handle the administrative federal requirements than smaller municipalities, since the state department already receives 75 percent of those funds," the press release reads.

MacDonald said "allowing local agencies to swap federal funds for state dollars – and avoid the burdensome requirements that come with the federal dollars – could help local communities save substantially on their costs and more effectively use their resources to improve local roads."

Runestad said the Senate Fiscal Agency projected that the reform could result in local governments saving up to 30 percent annually due to reduced compliance and overhead costs.

"By giving our local transportation agencies more flexibility to cut their costs, we can help them fix more of our local roads and make a real difference in the lives of our hardworking taxpayers and families," Runestad said. "Just imagine how many more miles of local roads could be fixed throughout our state with that amount of savings. It's a game changer."



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