

Girl Scouts' free produce stand



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## FROM launches new Farm Market Sept. 9



FROM's healthy food program coordinator Kelly Glas processing food donations.

Flat River Outreach Ministries is launching a new food program on Thursday, Sept. 9. The program, called the Farm Market, will offer locally-sourced fresh produce along with pantry staples including milk, honey and eggs.

For many years FROM participants have expressed the difficulty in affording fresh fruits and vegetables.

This paid model program will help ensure families have access to healthy produce at affordable prices. This is similar to how the food pantry helps current participants access healthy food.

"The [food] pantry helps me eat better and be able to direct my fixed income toward necessary expenses," one food pantry participant shared.

The Farm Market will be located in FROM's Treasures Thrift Shop, and the produce will be sourced from their partnering local farmers. This program follows in the footsteps of other local nonprofits, including North Kent Connect and United Church Outreach Ministries, who launched similar programs nearly five years ago.

The Farm Market is focusing on making sure locally sourced produce is accessible to families in the greater Lowell community who are earning less than 300 percent of the federal poverty guidelines.

Families and individuals above this income level are welcome to shop as well. Purchasing produce will help ensure the long-term sustainability of the program.

"Although we have many farms surrounding Lowell, it can be hard to get that produce into the hands of families in our community who need it most," said Kelly Glas, FROM's healthy food program coordinator. "By working directly with local farmers, we have the opportunity to bring fresh produce to a community hub location. This also gives us the opportunity to sell the produce at affordable prices so that those in our community who don't have access to, or can't typically afford healthy fresh produce, can come and purchase quality items for their families."

This new program wouldn't be possible without donations and support from King Milling and the Lowell Area Community Fund, who have helped launch the Farm Market. You can support the program by volunteering at the market, visiting the market, purchasing items and spreading the word.

The Farm Market will be open during Treasures Thrift Store hours, Tuesday through Friday from 10 am until 6 pm and Saturday from 10 am until 4 pm. For more information or to sign up to volunteer, please visit [fromlowell.org](http://fromlowell.org) or reach out to FROM directly at [info@fromlowell.org](mailto:info@fromlowell.org) or 616-897-8260.

FROM is a human services nonprofit in Lowell, offering 13 different programs for families and individuals in need that focus in the areas of healthy food options, family support and connection to resources. Each year, Flat River Outreach Ministries serves more than 600 families and individuals living in the Lowell Area Schools district who make 200 percent of the poverty line or less, or have an expressed need.

## InBEtween and Rooted exhibitions at LowellArts thru Oct. 9

Two very unique exhibitions, "InBEtween" and "Rooted," are in the LowellArts Gallery this fall.

"InBEtween" is a touring group show that examines questions around intersectionality, displacement and otherness. The show is part of an international travelling project with an emphasis on involving community and generating dialog. The exhibition includes the work of artists from Germany, India and the US, and is curated by NYC-based artist Tara Sabharwal.

"The present moment is all we ever know," Sabharwal said in a statement on the LowellArts website. "It is the vital space in between what we have been and where we could be heading. It is always right there, our opportunity for change. InBEtween draws attention to our inherently open sense of self, honoring the process of self-examination and transformation."

This show has been presented at the Gertrude Herbert Institute of Art in

Augusta, GA, at Studios Inc. in Kansas City, MO and at Constellation Studios in Lincoln, NB. Alternative shows and works were shown also in Germany and India. More exhibitions in more venues are being planned through 2021 and 2022.

Artists with work in this exhibition include Ayisha Abraham, Barbara Beisinghoff, Kristin Casaletto, Helen Frederick, Cheryl Goldsleger, Leslie Jean-Bart, Tatana Kellner, Karen Kunc, Larry Millard, Veer Munshi, Roger Rigoth, Miguel Rivera and Sabine Strange.

"Rooted" combines the work of fiber artists Nancy McRay and Shanna Robinson with the works of the GRETA Project, an ongoing collaborative of nine artists who have collaborated on several pieces about invasive and endangered species. The artists all reside in Northwestern Michigan.

Artists involved in "Rooted" are Jami Blaauw-Hara, Jasmine Lace Petrie, Nancy McRay, Marcia

Meyer, Anne Morningstar, Shanna Robinson, Dawn Swaim and Carrie Strand Tebeau.

"My artwork has always drawn inspiration from nature, whether making dyes and inks from plants or mimicking the shapes of seed pods in sculpture," Robinson said. "I am interested in my place in the world, how I came to be in this place and my relationship to the life around me. This body of work expresses my

understanding of the natural world through projects concerned with trees and birds, and the chronicling of my walks in places I love."

"I am driven to express what it means to live in a declining world and how we make sense of the story of humankind and our relation to the planet on which we live," Blaauw-Hara said. "I believe art is the way we do this."

"My inspiration comes largely from the natural

world and the old ways, but also comes from the dilapidated excess of an industrialized society," Petrie said.

For more information, call 616-897-8545, send a message to [info@lowellartsmi.org](mailto:info@lowellartsmi.org) or visit their website, [lowellartsmi.org/inbetween-rooted](http://lowellartsmi.org/inbetween-rooted).

The gallery's hours are 10 am to 6 pm Tuesday through Friday and noon until 5 pm on Saturday.

## KCSO conducting death investigation in Lowell Township

The Kent County sheriff's office is conducting a death investigation in Lowell Township.

At 7:30 pm on Wednesday, Sept. 1, deputies from the Kent County Sheriff's office responded to the 11000 block of Barnsley Road SE to check the well-being of a resident. Deputies arrived on scene and located Derek Thebo age 32, of Lowell, and his son, Dylan Thebo, age three, deceased inside the home.

The investigation is ongoing and there is no threat to the public. Autopsies were completed on Thursday, Sept. 2 by the Kent County medical examiner's office, who confirmed the cause of both deaths was gunshot wounds. Dylan's death was ruled a homicide and Derek's death was ruled a suicide.

Anyone with information about the incident is asked to contact the Kent County sheriff's office investigative division at 616-632-6125.

# Fallasburg Arts Festival is coming back Sept. 18-19

Now in its 53rd year, the annual Fallasburg Arts Festival is presented by LowellArts and will be held on the weekend of Sept. 18 and 19. The two day outdoor festival includes 100 fine art and fine crafts booths, live music on a central stage, food booths supporting local non-profit organizations, a children's craft area and traditional craft demonstrations in the pavilion.

Artist booths are juried and a broad range of different mediums will be represented, including

jewelry, ceramics, glass, fiber, mixed media, wood, painting, drawing, photography, floral, basketry and more.

"Artists from around the state and the country apply every year to be part of the Fallasburg Arts Festival," said LowellArts project director Janet Teunis. "Our commitment to displaying only high-caliber, original artwork is what makes this a well-respected event among artists and art lovers. Our jury panel, made up of artists and art

professionals with specific experience in art fairs, scores each application. The panel is looking for artwork that is authentic, well-made, and unique. Artists are informed that they were either selected or not selected to be part of the festival."

Demonstrators of traditional crafts are usually located in the pavilion, but that aspect of the festival has been cut this year for safety.

"Due to COVID restrictions, the indoor pavilion that typically

status, is recommended."

Musical entertainment will be held on an outdoor stage both days of the event, featuring a variety of music styles. Saturday's music line-up includes Eli Roe Music, Hawks and Owls, the Weatherheads, Paddy's Cure and the Bruce Matthews Band. On Sunday, you'll hear the Easy Idle String Band, Blue Water Ramblers, B-Side Growlers, the Adams Family and the Wild Honey Collective.

"New this year, children are invited on a Fallasburg scavenger hunt," Teunis said. "Free pumpkins from Paulson's Pumpkins will still be available, one per child, for kids to take home and decorate. Due to COVID precautions, hands-on crafts will not be provided this year at the festival. Children can pick up a scavenger hunt sheet and a pumpkin where the enclosed craft area has been in the past, near the park's playground equipment. Finished scavenger hunt sheets can be dropped off at the LowellArts info booth, and all kids will receive a prize."

Food booths offer an array of fall-inspired and festival foods, offered by local community organizations.

"All the food booths at the Fallasburg Arts Festival are run by area non-profit organizations," Teunis said. "They provide amazing food every year for the festival, and the funds they raise support many causes. This year's food booths include: Lowell Women's Club, Lowell First United Methodist Church, First Congregational Church of Lowell, Lowell Historical Museum, Fallasburg

Historical Society, Lowell Rotary Club, Alto Lions Club, Lowell Area Fire Department and Lowell Music Boosters. Some of the food choices include pumpkin pie, walking tacos, pulled pork BBQ, roasted corn on the cob, apple dumplings, Polish sausage, hamburgers, grilled chicken and baked beans."

Visitors are invited to purchase raffle tickets to win one of over 75 artist-made items donated by festival artists or the grand prize quilt, created by Mary Kidwell Tobin for the event. Event sponsors are Fifth Third Bank, Meijer and All-Weather Seal.

"Raffle tickets are for sale to win this year's beautiful quilt, by Mary Kidwell Tobin, or one of over 75 artist-made items donated by this year's festival artists," Teunis said. "Artists donate a sampling of the artwork they have for sale at the festival, so items range from jewelry, sculpture,

ceramics, glass, fiber, mixed media, wood, painting, drawing, photography, floral, basketry, and more. Winners are announced Sept. 19 at the festival. You do not have to be present to win. Proceeds of the raffle go to support the programs and events of LowellArts."

The festival's hours are Saturday and Sunday from 10 am to 5 pm. Admission is free, but parking is \$5 per car. For more information, contact LowellArts at 616-897-8545 or send a message to info@lowellartsmi.org.

"Parking space is limited," Teunis said. "To ensure that everyone has the opportunity to attend this popular event, we encourage attendees to carpool, utilize the parking area off of Covered Bridge Rd. or consider attending the event on Sunday instead of Saturday. For the first time ever, a fee of \$5 per car will be charged for parking. We appreciate your support!"



houses the craft demonstrators will not be open this year," Teunis said. "And, for the safety of the guests, volunteers, and artists at the Fallasburg Arts Festival, wearing masks at the event, regardless of vaccination

## 10th annual Ride for Warriors event is Sunday, Sept. 12

Ride for Warriors is a one-day bicycling event in honor of the brave men and women that fight and have fought for our freedom. All are welcome to join this event, which is family-friendly.

Ride for Warriors will start at 6047 Linfield in Alto at 8 am on Sunday, Sept. 12.

The event was founded by Alto

resident Ellen Seese 10 years ago. Along with family and friends, Seese created the tour, offering routes of various lengths through Alto, Saranac and Lake Odessa.

Those interested in learning more, becoming an event sponsor or signing up for the event could send a message to rideforwarriors@gmail.com.

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# MDHHS renews call to get vaccinated following recommendation by CDC

Following FDA approval and a unanimous recommendation from the CDC's Advisory Committee on Immunization Practices of the Pfizer COVID-19 vaccine for those ages 16 and up, the Michigan Department of Health and Human Services is renewing its call to Michiganders to get vaccinated as soon as possible.

"We now have a fully FDA-approved COVID-19

vaccine and ACIP has added its unanimous recommendation," said Dr. Joneigh Khaldun, chief medical executive and chief deputy for health at MDHHS. "For Michiganders who have been waiting for this approval, now is the time to get the safe and effective COVID-19 vaccine and join the more than 4.7 million Michigan residents who are already fully vaccinated. The

vaccine is our best defense against the virus and the way we are going to end this pandemic together."

ACIP provides advice and guidance to the director of the CDC regarding use of vaccines and related agents for control of vaccine-preventable diseases in the United States. The committee's 14-0 vote came a week after the US Food and Drug Administration granted full approval for the

Pfizer COVID-19 vaccine.

The Pfizer vaccine was the first COVID-19 vaccine to be distributed in December 2020 and was shown to be better than 94 percent effective against the virus that causes COVID-19.

Vaccinating adolescents 12-15 with the Pfizer vaccine and additional doses of Pfizer and Moderna COVID-19 vaccine for immunocompromised

individuals remain under Emergency Use Authorization. ACIP plans to meet in September to further discuss recommendations for booster doses after reviewing additional data.

To date, nearly 5.5 million doses of the Pfizer vaccine have been administered in Michigan and more than 65 percent of Michiganders have gotten at least their first dose of one of the three

safe, effective vaccines. From January to July 2021, unvaccinated Michiganders accounted for 98 percent of COVID cases, 95 percent of hospitalizations and 96 percent of deaths.

To learn more about the COVID-19 vaccine, visit [Michigan.gov/COVIDVaccine](https://Michigan.gov/COVIDVaccine).

For more information about COVID-19 in Michigan, visit [Michigan.gov/coronavirus](https://Michigan.gov/coronavirus).

# Senate Republicans okay legislation limiting what emergency alerts can be used for

Senate Republicans pumped out legislation on Wednesday, Sept. 1 to adjust the merit of what justifies an emergency phone alert, its motive originating from when Michiganders were notified on their cellphones about Gov. Gretchen Whitmer's COVID-19 orders.

On Jun. 8, Eric Dean from Rep. Bradley Slagh's (R-Zeeland) office, where HB 4061 emerged from, explained the bill was born out of numerous constituent complaints and concerns regarding the use of wireless emergency alerts for COVID-19 protocols in 2020.

"It's really about the overuse of a system that's meant to announce emergencies. This overuse will cause people to become kind of numb to the emergency alerts that are coming through," Dean told the Senate Regulatory Reform Committee. "In fact, [Rep.] Slagh's son indicated to him that he had turned off the ability to receive those alerts because of the improper use."

On both iPhones and Samsung Galaxy devices,

there is an option to turn off both government alerts and AMBER Alerts for when children have been kidnapped or are in impending danger.

Gov. Whitmer utilized the WEA system to notify residents of the "Stay Home Stay Safe" order that took effect on the midnight following Mar. 23, 2020, emphasizing that nonessential travel would be prohibited and individuals could leave their homes for groceries, health and safety purposes, and for certain outdoor activities.

On July 23, 2020, Whitmer used it again to inform cellphone users of her executive order to bolster mask-wearing requirements in public locations.

Afterward, the Michigan Department of Health and Human Services was featured in a Nov. 18, 2020 alert on re-tightened limits on in-person learning, workplaces, indoor restaurant and bar services, and other recreational activities.

On the aforementioned day, there were 5,772 new cases of COVID-19 and 62 deaths, with hospitalizations

due to suspected or confirmed cases of the virus having skyrocketed by 3,072 and 272 new patients on ventilators.

The Whitmer administration described the three-week standstill of in-person and indoor operations as a "pause to save lives," as confirmed cases jumped by 102.3 percent from the end of October to Nov. 30, and deaths rose by nearly 25 percent.

At the June Senate Regulatory Reform Committee meeting, Sen. Jeremy Moss (D-Southfield) asked how many alerts have been used and which ones have been problematic.

"I think I've personally received three or four over the pandemic," Dean responded.

"So that third one just kind of made it so nobody wants to learn about emergencies anymore?" Moss asked.

Whitmer wasn't the only American governor to issue WEA messages to educate members of the public on the latest COVID-19 mandates.

For example, Democratic Gov. Tom Wolf of Pennsylvania announced

in November 2020 his administration would be taking advantage of the system for COVID-19 messaging and Republican Gov. Mike Dunleavy of Alaska announced a 30-day disaster declaration for rising COVID-19 cases that began on Nov. 16, 2020.

"I can tell you the governor certainly believed that there was an immediate threat of loss of life or property at the beginning of this pandemic. The people who died certainly felt there was a nearly immediate chance to lose their life and people who are being intubated certainly felt that there was an immediate loss of life," said Sen. Jeff Irwin (D-Ann Arbor) on the Senate floor.

Irwin explained while he resides near a tornado siren, he doesn't complain that its warning signals are diminishing his liberties.

"This is a ridiculous argument we're making here today in the legislature," Irwin said. "Getting information out on an emerging global threat is not some sort of communist plot. It's not some sort of threat to our liberties. [...] It's just good governance,



a helpful warning about a deadly pandemic."

Under the legislation, use of the system would be limited to time-sensitive emergencies like wildfires, tornadoes, flash floods and other imminent dangers.

"I can't believe anyone ran for office and this is the kind of thing they thought they were going to

be fighting for," said Sen. Curtis Hertel Jr. (D-East Lansing).

Bridge Michigan reported Michigan State Police explained that the alerts are sent through a separate system not manageable by Michigan legislation.

Additionally, Gov. Whitmer's office verified its intention to veto the bill.

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# Today: Wednesday, September 8, 2021

Wednesday, Sept. 8 is the 251st day of the year. There are 114 days remaining until the end of 2021. Sept. 8 is also International Literacy Day and World Physical Therapy Day.

### Historic Events

**1198:** Philip of Swabia, prince of Hohenstaufen, is crowned king of Germany.  
**1276:** Pope John XXI is chosen.  
**1331:** Stefan Dušan declares himself king of Serbia.  
**1504:** Michelangelo's statue of David is unveiled in Piazza della Signoria in Florence.  
**1514:** Lithuanians and Poles defeat the Russian

army at the battle of Orsha, one of the biggest battles of the century.

**1522:** The Victoria arrives at Seville, completing the first recorded circumnavigation of the earth.

**1565:** St. Augustine, FL is founded by Spanish admiral Pedro Menéndez de Avilés.

**1860:** Around 300 are killed when the steamship PS Lady Elgin sinks on Lake Michigan.

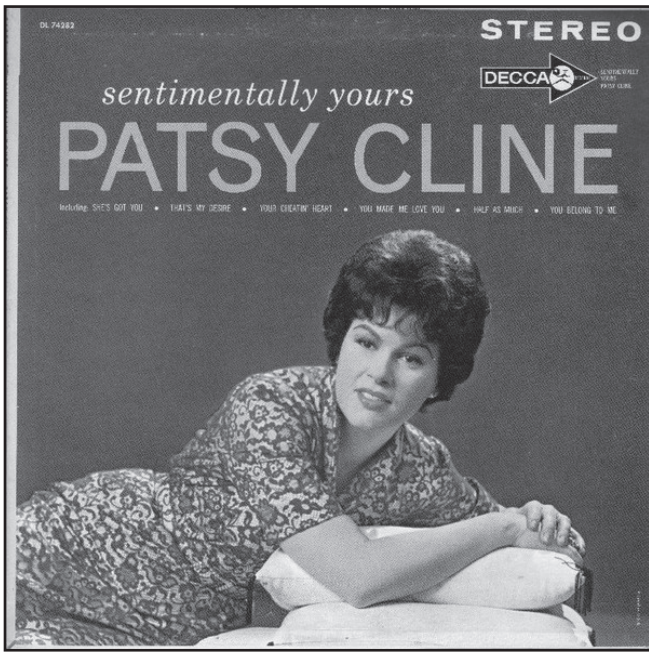
**1863:** In the second battle of Sabine Pass, a small Confederate force thwarts a Union invasion of Texas.

**1883:** The Northern Pacific Railway is completed in a ceremony at Gold Creek, MT. President Ulysses S. Grant drove in the final "golden" spike.

**1888:** The body of Jack the Ripper's second murder victim, Annie Chapman, is found in London.

**1892:** The Pledge of Allegiance is first recited.

**1900:** A powerful



Country music legend Patsy Cline was born on Thursday, Sept. 8, 1932.



The first episode of the TV series "Star Trek" aired on NBC on Thursday, Sept. 8, 1966. The episode was titled "The Man Trap" during which the Enterprise crew battles a hairy "salt vampire" monster on an alien planet.

hurricane hits Galveston, TX, killing about 8,000 people.

**1916:** Augusta and Adeline Van Buren arrive in Los Angeles, completing a 60-day, 5,500 mile cross-country trip on motorcycles, a bid to prove that women were capable of serving as military dispatch riders.

**1923:** In the Honda Point disaster, nine US Navy destroyers run aground off the California coast. Seven of the ships are lost and 23 sailors killed.

**1926:** Germany is admitted to the League of Nations.

**1933:** Ghazi bin Faisal becomes king of Iraq.

**1934:** A fire aboard the passenger liner SS Morro Castle kills 137 people off the New Jersey coast.

**1935:** Sen. Huey Long is fatally shot in the Louisiana state capitol building.

**1941:** German forces begin the Siege of Leningrad.

**1944:** London is hit by a V-2 rocket for the first time.

**1945:** The division of Korea begins when US troops arrive to partition the southern part of the peninsula after Soviet troops occupied the northern part a month earlier.

**1952:** The Canadian Broadcasting Corporation makes its first televised broadcast, a story about the second escape of the Boyd Gang.

**1960:** President Dwight D. Eisenhower formally dedicates the Marshall Space Flight Center in Huntsville, AL. NASA already activated the facility on July 1.

**1971:** The John F. Kennedy Center for the Performing Arts in Washington DC is inaugurated. The opening feature is the premiere of Leonard Bernstein's "Mass."

**1974:** President Gerald Ford signs a pardon of Richard Nixon for any

crimes Nixon committed while in office.

**1975:** US Air Force Tech Sgt. Leonard Matlovich, a decorated veteran of the Vietnam War, appears in his uniform on the cover of Time magazine with the headline "I Am a Homosexual." He is given a general discharge, eventually upgraded to honorable.

**1988:** Due to ongoing fires, Yellowstone National Park is closed for the first time in history.

**1994:** USAir Flight 427, on approach to Pittsburgh International Airport, suddenly crashes in clear weather, killing all 132 aboard.

**2004:** NASA's unmanned spacecraft Genesis crashes when its parachute fails to open.

**2016:** NASA launches OSIRIS-Rex, its first asteroid sample return mission. The probe will visit 101955 Bennu and is scheduled to return with samples in 2023.

### Birthdays

**1157:** Richard I, king of England

**1841:** Antonín Dvořák, composer

**1897:** Jimmie Rodgers, singer/songwriter, guitarist

**1922:** Sid Caesar, actor, comedian

**1922:** Lyndon LaRouche, politician, activist

**1925:** Peter Sellers, actor, comedian

**1941:** Bernie Sanders, politician

**1942:** Sal Valentino, rock singer/songwriter, guitarist, the Beau Brummels

**1945:** Ron "Pigpen" McKernan, singer/songwriter, keyboard player, the Grateful Dead

**1947:** Benjamin Orr, singer/songwriter, bass player, the Cars

**1954:** Ruby Bridges, civil rights activist

**1960:** Aimee Mann, singer/songwriter, guitarist

**1970:** Neko Case, singer/songwriter, guitarist

**1970:** Latrell Sprewell, basketball player

**1971:** David Arquette, actor

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3M began marketing Scotch tape on Monday, Sept. 8, 1930. It originally came in a little can like this one. Image courtesy of the Smithsonian Institution.

# viewpoint



## 125 years ago Lowell Ledger September 11, 1896

This edition of the Lowell Ledger is missing.

## 100 years ago The Lowell Ledger September 15, 1921

With the passing of war-time wages, many teachers, who found more lucrative, but temporary employment, in industrial fields, have returned to their former vocation; and in Detroit schools married women will be barred as teachers, unless they have dependent husbands.

“The mealy-mouthed, satin-fingered method of handing out paroles” was declared by Judge William B. Brown, of Grand Rapids, to be the greatest enemy of justice in this state, in an address before the Michigan Association of Circuit Judges here. The Grand Rapids jurist described the parole and probation system as a makeshift. He advocated abolishing the pardon and parole system as now conducted and the transferal of all powers of recommendation to the judges who sentenced the convicts.

A “good losers” convention was held at the Wilson slaughter house, north of the city, yesterday, when 15 tubercular cattle were killed by Kent county. The public slaughter was planned as a practical method of firing the first gun in a campaign toward purifying the county’s milk supply. Officials and farmers exchanged views at an outdoor meeting held during the morning at the slaughter house.

## 75 years ago The Lowell Ledger September 12, 1946

Action on the part of the neighbors in putting out a grass fire prevented the possible destruction of the R. G. Chrouch home in Segwun late Tuesday afternoon. The fire is said to have been started by some youngsters playing with lighted candles and it may be that they are now taking their meals standing.

This year’s Showboat paid to the Federal government taxes on admission tickets amounting to \$3,196.76. There were 17,065 paid admissions.

Main street was the scene of an odd accident about 5 o’clock last Friday afternoon—an accident in fact that might have ended seriously, perhaps fatally, for A. R. Smith, who was crossing to the opposite side of the street. Mr. Smith paused to allow a truck to pass, after

which he started forward and became entangled in a long rope trailing behind the truck. He was thrown to the pavement with great force and at first thought, he had been hit by a passing vehicle.

## 50 years ago The Lowell Ledger September 16, 1971

Several complaints have stemmed out of the fact that the north portion of Riverside Drive, adjacent to the Lowell Light and Power Plant, has been closed to thru-traffic for a considerable length of time...progress has been so “slow” on the demolition of the old Masonic Temple on East Main Street, that residents are beginning to wonder if the ugly rope and dented barrels are going to become permanent fixtures in the 300 block.

A Lowell High School student, William Bailey, 16, of Grattan, was fatally injured September 7 when the motorcycle he was riding collided with a car at the intersection of Knapp St. and Grand River Dr. NE.

Key heights Mobile Home co-op Village in Lowell has completed their summer long Garden and Lawn contest with the winners receiving two months rent each, as first prize. The contest which ran June, July, August with winners for each month was sponsored by Key Heights for the purpose of improving the overall appearance of the lawns and gardens in the park and create a better image for prospective mobile home dwellers in the Lowell area.

## 25 years ago The Lowell Ledger September 11, 1996

Rebekah Marie White, 17, Lowell, remained at Butterworth Hospital for several days of observation after the vehicle she was driving left the road and struck a tree on Foreman just east of Alden Nash Friday.

Calling it a systems problem that failed the school district, a shocked and disappointed Lowell superintendent, Bert Bleke, disclosed a shortfall of approximately \$525,000 in the district’s 1995-1996 anticipated fund balance. “It is a grievous miscalculation,” Bleke said. “It will impact our ability to deliver future programs to children. Secondly, it jeopardizes the long term financial stability of the district as we face the future with fewer financial reserves.”

Approximately 300 volunteers made the second annual Chamber of Commerce-sponsored Riverwalk Festival part of their Labor Day weekend. “It is fun,” said festival chairperson Charlene Chapman. “I think all the volunteers have fun together. It isn’t a drudgery sort of thing.”



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payee is a person or an organization we appoint to receive and manage a person’s benefits. Representative payees can fill out the form and return it to Social Security by mail, or conveniently file it online at [www.ssa.gov/myaccount/rep-payee.html](http://www.ssa.gov/myaccount/rep-payee.html).

Representative payees must know the beneficiary’s needs to decide the best use of benefits for their care and well-being. To help with this responsibility, representative payees can now receive, save, email, and print a benefit verification letter for a

Please visit [www.ssa.gov/payee](http://www.ssa.gov/payee) if you have questions about representative payees.

## We love to hear from you!

*The Lowell Ledger welcomes letters to the editor from readers, but there are a few conditions that must be met before they will be published.*

The requirements are:

- All letters must be signed by the writer, with address and phone number provided for verification. All that will be printed is the writer’s name and community of residence. We do not publish anonymous letters, and names will be withheld at the editor’s discretion for compelling reasons only.
- Letters that contain statements that are libelous or slanderous will not be published.
- All letters are subject to editing for style, grammar and sense.
- Letters that serve as testimonials for or criticisms of businesses will not be accepted.
- Letters serving the function of “cards of thanks” will not be accepted unless there is a compelling public interest, which will be determined by the editor.
- Letters that include attacks of a personal nature will not be published or will be edited heavily.
- “Crossfire” letters between the same two people on one issue will be limited to one for each writer.
- In an effort to keep opinions varied, there is a limit of one letter per person per month.
- We prefer letters to be printed legibly or typed, double-spaced.

# HEALTH

## M METRO HEALTH

UNIVERSITY OF MICHIGAN HEALTH

Johnathan G. Meier, D.O.    Laura E. Kass, PA-C  
 Wayne A. Christenson, D.O.    Kaili M. Walker, PA-C  
 Tracy L. Lixie, D.O.    Alexandria Clum, PA-C  
                                          Catherine S. Smith, NP-C

# ABCs of Lowell history

The ABC's of Lowell History was introduced last year as a way to share some of the many fascinating stories from Lowell's past. It was initiated in part by the pandemic shutdown which led the Museum to seek alternative ways to share local history with the community. The series will continue with a third round of the alphabet.

### V is for Vergennes

The history of Vergennes Township is the history of Lowell. For the first ten years after Vergennes was organized, Lowell was part of Vergennes. In 1838 Vergennes was organized and included today's Vergennes, and also Lowell, Grattan and Bowne Townships. In 1840 Bowne detached, Grattan in 1846, and Lowell in 1848.

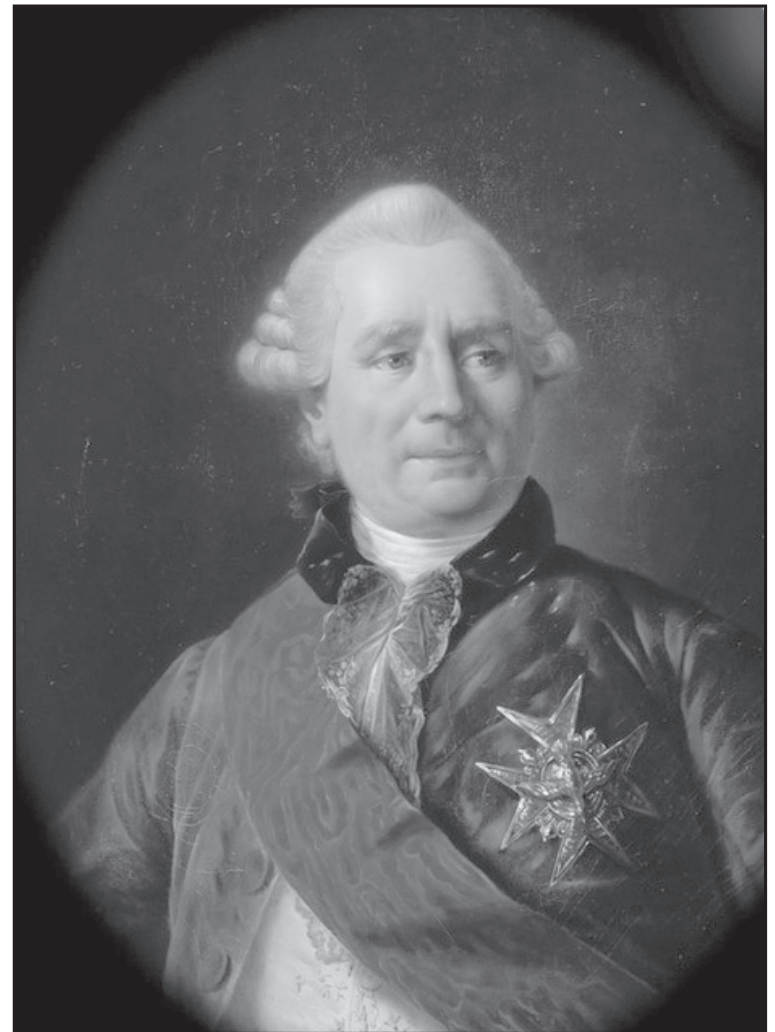
Sylvester Hodges first settled in the area of today's Vergennes in 1836, with the Robinson brothers, Luther Lincoln, and Philander Tracy settling closer to Lowell. Many others followed soon after. There isn't much information on the naming of Vergennes, but naming rights have been credited to Sylvester Hodges and George Brown, who settled in 1838. While it may never be known which man truly suggested the name, one thing is certain, it was named for Vergennes, Vermont. The naming of a newly settled area after an established town is not unique. Lowell is named after Lowell, Massachusetts.

What is behind the name

'Vergennes'? Vergennes, Vermont credits the naming of their town to Ethan Allen's desire to honor the Comte de Vergennes, French minister of foreign affairs during the American War of Independence and negotiator of the Treaty of Paris. Vergennes was known for sending large amounts of funding to the Americans.

French history has deep roots here in Lowell and Vergennes. Odawa from this area joined with the French in trying to stop England's push into this land during the Seven Years' War (French and Indian War). Historian Claude Hamilton explained why the native people preferred the French over the English. "The French inter-married with the Indians and treated them as brothers, whereas the English treated the Indians with contempt and themselves as masters."

The fur traders that worked along the Grand River were all French Canadian. Charles de Langlade traded on the upper Grand River after raising native troops and fighting in the Seven Years' War. He took credit for his native army causing the death of British General Braddock at Fort Duquesne.



The Comte de Vergennes.

Joseph and Madame LaFramboise, who built the first known trading post in Lowell, would have flown the French flag from their post. The French Voyageurs who traveled with the fur traders were known for flying their country's colors on their canoes and bateaux. Even in 1831, the fur trader in Lowell, Daniel de Marsac, was of French descent.

It is unknown if the naming of Vergennes was simply a tribute to a city in Vermont, or if indeed it was a remembrance of many years of entwined history. Either way, the name Vergennes is fitting in many ways, including the history of the settlers and the history of the people and land that were here first.

### - acute appendicitis

The appendix is a finger shaped pouch that projects off the right side of the colon. It can become infected requiring surgical removal.

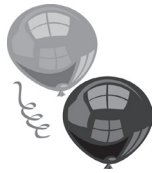
Symptoms are typically gradual in onset. Pain will often start around the naval and then shift to the right lower quadrant of the abdomen. Pain worsens with movement or jarring. Patient's lose their appetite and may vomit. A low grade temperature is also often present.

Complications include rupture of the appendix and formation of an abscess. This is a pus filled sack surrounding the infection.

Diagnosis is typically made with a physical exam, labs, and an imaging study on the abdomen.

Treatment involves surgical removal of the appendix. If an abscess has developed, a drainage tube is placed first, then surgical removal several weeks later.

# happy birthday



### SEPTEMBER 8

Terresa Kenney, Papa Wilson, Brendan Lobbezoo.

### SEPTEMBER 9

Sarah Schalow, Amy Cook, Allison Maholic, Linda Morrison, Charles Gee, Todd Lenneman.

### SEPTEMBER 10

Brecken Hendrick, Chris Gerard.

### SEPTEMBER 11

Sean Ellis, Justin VanDyke, Susan Barry.

### SEPTEMBER 12

Deborah Claypool, Nathan Propst, Jim Smith, Tyler Bitterman, Bob Lind.

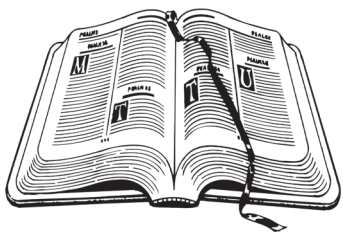
### SEPTEMBER 13

Randy McIntyre, Gloria Ossewaarde, Haley Briggs.

### SEPTEMBER 14

Christian Barnes, Dan VanDyke, Michael Timmers, Missy Ossewaarde, Megan Gee, Robert Alan Lind.

# area churches



**CALVARY CHRISTIAN REFORMED CHURCH OF LOWELL**  
 897-7060  
 Pastor Ryan Landt  
 1151 West Main Street, Lowell, MI  
 Website: calvarylowell.org  
 Morning Worship.....10:00 AM  
 Weekly Prayer Meeting - Mondays ....7 PM  
 Barrier-Free

**GOOD SHEPHERD LUTHERAN CHURCH**  
 10305 Bluewater Highway  
 (Missouri Synod)  
 Halfway between Lowell & Saranac on M-21  
**Sunday Services - 10:30 am**  
 www.goodshepherdlowell.org  
 Joseph Fremer, Pastor **897-8307**  
 All facilities are wheelchair accessible

**St. Mary Catholic Church**  
 402 Amity Street • 616-897-9820  
 Website: www.stmarylowell.com  
 Weekend Masses: Sat 5 pm; Sun 10:30 am  
 Confession: Saturdays 3-4:30 pm  
 Prayer & Adoration: Wednesdays 8 am to 7 pm  
 RELIGIOUS EDUCATION FOR CHILDREN TO ADULTS

**FIRST CONGREGATIONAL UNITED CHURCH OF CHRIST**  
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 Pastor Alyssa Anten  
 Worship Service - Sundays 10 AM  
 Open Table (No-cost meal) - Thursdays 5 - 6 PM  
**Open & Affirming • LGBTQ+ Inclusive**  
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**FIRST BAPTIST CHURCH OF LOWELL**  
 CHRIST-CENTERED, KINGDOM-FOCUSED HOMES  
 2275 West Main Street - (Barrier Free)  
 897-7168 • www.fbclowell.org  
 Pastor Jon Pickens • Lead Pastor  
 Pastor Andrew Bolkom • Pastor of Discipleship  
 Christi Swain • Director of Children's Ministries  
**SUNDAY WORSHIP.....9:30 AM** (Nursery provided)  
**LIFE GROUPS.....11:00 AM** (Nursery-Adult)  
**Awana** (K-5 during school year) **Wednesday, 6:15 PM**

**LOWELL UNITED METHODIST CHURCH**  
 discover. grow. share  
 621 E. Main Street  
 897-5938  
 www.lowellumc.com • Barrier Free Entrance  
 WORSHIP  
 Traditional Service: 9 am  
 Contemporary Service: 10:30 am  
 Sr. Pastor - Brad Brillhart

# college news

William Brennan, of Ada, was named to the 2021 spring semester Dean's List at the University of Minnesota Twin Cities, Carlson School of Management.

To qualify for the Dean's List, a student must complete 12 or more letter-graded credits while attaining a 3.66 grade point average.

The University of Wisconsin-Stevens Point conferred degrees on more than 1,250 graduates for the spring and summer sessions of 2021.

The list of candidates for graduation included Natalie Coash, of Ada, who received a Bachelor of Science in Fish and Water Resources - Fisheries and Aquatic Sciences.

Central Michigan University has announced their Dean's List for the spring 2021 semester.

Local students are: of Ada: Aaron Adam Schultz, Abby Caroline Demarest, Abigail Rose Kilmer; of Alto: Ainsley Marie Young, Alan Dewayne Harris, Alex Varady, Alex J Stephens; of Lowell: Kayla Marie Webster, Kaylee Darrow, Kealy Rae Roelofs, Keegan Allen Carper, Keegan Xavier Salisbury, Kelly Marie Klouw, Kelsey Lynn Rewa, Kendall Alexis Parker.

Central Michigan University has announced their President's List for the spring 2021 semester.

Local students are: of Ada: Abigail Katt and Abigail Marie Shepard; of Alto: Alex Edward Pearson.

# Voter ID requirement ballot proposal is official

The ID requirements for voting in-person as well as absentee that Republicans are pushing in the legislature appeared on Friday, Sept. 3 in the form of proposed ballot proposal language fronted by a group calling itself Secure MI Vote.

The proposed initiative is being portrayed as the Michigan Republican Party chair Ron Weiser's previous threat to take the various voter reform initiatives in the Legislature to the initiative process, which would allow it to become law without needing Gov. Gretchen Whitmer's signature.

The initiative would require voters provide photo identification at the polls or when applying for an absentee ballot. If no ID was presented at the poll, the voter would be

given a provisional ballot that would get tabulated if proof of identity was provided within six days of the election.

The in-person ID requirement has also passed both chambers of the legislature in the form of SB 0303 and SB 0304, although both are still in the Senate for concurrence with House changes.

The absentee ballot ID requirement is enshrined in SB 0285, which has passed the Senate but is still in House committee.

The Secure MI Vote proposal would also create a Voter Access Fund to provide free ID cards to people who face financial hardships, and the proposal would tie \$3 million to the fund.

Funding IDs for people who can't afford them is another idea being pushed

by legislative Republicans trying to get the voter reforms through the legislature. The \$3 million appropriation would also have the effect of making the initiative referendum-proof.

The proposal would also bar clerks from distributing absentee ballot applications to people who didn't specifically ask for them, a reaction to the move by Secretary of State Jocelyn Benson to arrange for sending millions of unsolicited absentee applications for the 2020 primary and presidential elections.

The press release announcing the initiative included quotes from Sen. Ruth Johnson (R-Holly), whose Senate Elections Committee has held several hearings on GOP-backed voter reforms, as

well as from Republican Kent County clerk Lisa Posthumus Lyons.

In the press release, group spokesperson Jamie Roe said voters across the political spectrum questioned the integrity of election results in both 2016 and 2020.

"When crafting this initiative, we sought to find common ground that could be supported across the political spectrum," Roe said. "The success of this initiative will make it easier to vote, harder to cheat, and restore confidence in the electoral system for Republicans, Democrats, and independents alike. These changes have enormous public support, have been repeatedly upheld in US courts, and we believe will be embraced by the entire Michigan electorate."

Voters Not Politicians, which has already restarted its ballot initiative to fight against this very effort, said today it's "mobilizing its volunteer army to dissuade voters from supporting the Michigan Republican Party's effort to reduce voting in our state."

VNP executive director Nancy Wang said that "no matter what they claim, the purpose of the GOP's petition drive is to make it harder for some voters to vote, plain and simple."

Progress Michigan decried the Secure MI Vote initiative as Michigan Republicans continuing "their crusade against the freedom to vote." The Michigan League of Conservation Voters also spoke against the measure.

Michigan Democratic Party Chair Lavora Barnes

said the proposal is about "creating barriers to voting so fewer people have access to the polls."

"The GOP playbook of losing, lying, and attempting to cheat their way into office is getting old," Barnes continued later. "It has been more than 300 days since the 2020 election, and while Democrats have gotten to work helping Michiganders, the GOP simply can't accept defeat."

While the proposal was announced last week, the ballot committee Secure MI Vote has been around since December 2020, according to state records. The group has \$50 to its name, a single contribution from Madalyn Cordes, who lists herself as the Michigan Republican Party's finance director on her LinkedIn profile.

# First West Nile virus cases of 2021 detected in Oakland and Macomb counties

The first cases of West Nile virus have been detected in residents in Oakland and Macomb counties. Michiganders are reminded that the best way to protect against West Nile virus and other mosquito-borne illnesses such as WNV and Eastern Equine Encephalitis is to prevent mosquito bites.

"It only takes one bite from an infected mosquito to cause a severe illness, so take extra care during peak mosquito-biting hours, which are dusk and dawn," said Dr. Joneigh Khaldun, MDHHS chief medical executive and chief deputy director for health. "As we head into the holiday weekend and beyond,

to 15 days after the bite of an infected mosquito. Symptoms of arbovirus infection, like WNV, typically include a high fever, confusion, muscle weakness and a severe headache. More serious complications include neurological illnesses, such as meningitis and encephalitis.

The best way to prevent West Nile disease or any other mosquito-borne illness is to reduce the number of mosquitoes around your home and to take personal precautions to avoid mosquito bites. Precautions include:

Using EPA registered insect repellents with one of the following active ingredients: DEET, picaridin, IR3535, oil of lemon eucalyptus or para-menthane-diol, and 2-undecanone; follow the product label instructions and reapply as directed.

Don't use repellent on children under two months old. Instead dress your child in clothing that covers arms and legs and cover crib, stroller and baby carrier with mosquito netting.

Wearing shoes and socks, light-colored long pants and long-sleeved shirts when outdoors.

Making sure doors and windows have tight-fitting

screens. Repair or replace screens that have tears or other openings.

Using bed nets when sleeping outdoors or in conditions with no window screens.

Eliminating all sources of standing water that can support mosquito breeding around your home, including water in bird baths, abandoned swimming pools, wading pools, old tires and any

other object holding water once a week.

To date, 22 mosquito samples, eight birds, one squirrel and one horse have tested positive for WNV. EEE virus has been found in a horse and deer from Livingston County and a mosquito sample from Barry County.

For more information, visit [Michigan.gov/WestNileVirus](http://Michigan.gov/WestNileVirus) or [CDC.gov/WestNile](http://CDC.gov/WestNile).



In the past week, mosquitoes collected in the City of Detroit and Bay, Kent, Macomb, Midland, Oakland and Wayne counties have tested positive for WNV and Jamestown Canyon virus. Additionally, EEE virus was identified in a sick deer from Livingston County. The risk for mosquito-borne illness rises throughout the state over the course of the mosquito season, peaking in August and September.

we urge Michiganders to take precautions such as using insect repellent and wearing long-sleeved shirts and long pants when outdoors during those time periods."

WNV is transmitted through the bite of a mosquito that has picked up the virus by feeding on an infected bird. Most people who contract the virus have no clinical symptoms of illness, but some may become ill three



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## THE HOTTEST STARS



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HOLLYWOOD MEDIUM  
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**DICK FOX'S GOLDEN BOYS**  
FRIDAY, MARCH 25, 2022

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1-94 to Exit 104 | 11177 Michigan Avenue | Battle Creek, MI 49014  
Must be 21 or older. Tickets based on availability. Schedule subject to change.

# Girl Scouts maintain free produce stand at church

by Tim McAllister  
lead reporter

Girl Scout Troop 4129 built and maintains a free “give or take” produce stand at Lowell United Methodist Church, 621 E. Main.

“It’s a take-and-share for anybody that can use it, and people bring all kinds of things,” said Lou Jean Stickney, the troop’s co-

leader. “Somebody has been bringing eggs this year. It’s really nice to have one on that end of town, because some people might not have great transportation and might not be able get all the way to FROM, it’s on the other end of town. So that’s kind of nice. It is a give and

take, so what’s there kind of depends on who has what in their garden. People are constantly getting things and leaving things. Random people tell us all the time, ‘I dropped off this!’ or ‘I dropped off that!’ Other people are like, ‘Oh, great, the stand’s out!’ For the first year, the Girl Scouts rented a garden plot from the community garden down by Creekside Park and we put some of our own produce out there, but we no longer are doing that. It’s just hard to get a bunch of girls together and keep up on that, and it also costs money to rent.”

The stand has been active since 2018. It was originally located in the yard of a home on the corner of Main and Grove, but some of the neighbors were uncomfortable with the traffic generated by the stand and demanded it be closed or moved.



Photos submitted by Lou Jean Stickney.

that. We’ve had no issues, though, being at the church. Girl Scouts built it, maintain it and get it out every year. It’s very solid and it’s really

nice. This is its third or fourth year, so the roof needed new shingles. The whole roof actually came loose, so we redid the roof. We screwed it all on this year and put new shingles on it. Somebody was gracious enough to let us use their woodworking shop, Nick and Amy Gless of Glessboards, but the Scouts did all of the building, with some adult supervision and help, but they did all of it. The woodworking lady let them work in there and she helped them design it and build it, but they cut the wood, they nailed all the nails, they put in all the screws. Whatever you see there, it was done by the girls.”

Girl Scouts involved in the

stands upkeep are working toward their Silver Awards, which they earn for working on projects that improve their local community.

“They had to come up with a big project for their Girl Scout Silver Award, and that’s what the girls came up with,” Stickney said. “That award is kind of a big deal. The only other award bigger than that is the Gold Award, which is comparable to the Boy Scout Eagle Scout award, and they can earn that as a junior or a senior in high school. This is an ongoing project that has to be maintained every year, and that is part of the stipulations for the Silver and Gold Awards.”



“A lady from Chicago [Laura Huth-Rhoades] had the original idea to put it in her yard, she had one back in Chicago,” Stickney said. “But now it is a Girl Scout Silver Award project that Girl Scout troop 4129 put together and it’s not in the same location where it spurred on a whole bunch of controversy and problems. I don’t know how my co-leader [Amanda Rogers] connected with the lady from Chicago, it was something somebody mentioned that would be a good idea. I used to work at the Methodist church, I taught preschool there, so that’s how it was moved there, I got permission from them. The preschool is no longer there, but the church is great about working with the Girl Scouts and letting us have it there. They are gracious enough to let us store it in their little garage, and we move it every year. We put it away and we get it out. Basically, every spring and fall we make a plan, get as many girls together as we can, get it out of the garage and haul it over to the church parking lot. We make sure that it’s put away at the end of season too, and just make sure that it looks nice and there’s been no vandals or anything like



## BOWNE TOWNSHIP NOTICE OF TOWNSHIP CLERK POSITION VACANCY AND ACCEPTING OF APPLICATIONS

Bowne Township Clerk Sandra L. Kowalczyk vacated upon death her Township position effective on August 12, 2021. Accordingly, Bowne Township will accept applications from residents of Bowne Township, Kent County who wish to be considered being appointed by the Township Board to the Township Clerk position. Any resident of the Township interested in being appointed to the Township Clerk position should file a written request with Bowne Township no later than 4:00 p.m. on September 20, 2021 at the following address:

Bowne Township Hall  
8240 Alden Nash  
P.O. Box 35  
Alto, Michigan 49302

The written request should include the applicant’s primary residence address, qualifications and any other information that might assist the Township Board in making a decision. Any written application or request that is not received within the Township offices on or before September 20, 2021 by 4:00 p.m. will not be considered. It is likely (although not certain) that the Township Board will make a final decision regarding the appointment of a new Township Clerk at its meeting on September 20, 2021 at 7:00 p.m. The Township Board reserves the right to request interviews of the applicants. Any questions should be directed to the Bowne Township Clerk at 616-868-6846.

Respectfully submitted by,  
Karen Hendrick  
Bowne Township Clerk  
616-868-6846



# Free pig roast and open house at renovated Lowell United Methodist

by Tim McAllister  
lead reporter

Lowell United Methodist Church, 621 E. Main, is having a free pig roast and open house from 10 am until 2 pm on Sunday, Sept. 12.

The church will provide the pig (obtained from Jones Farm Meat Market), barbecue sauces, paper products, silverware, tables, chairs, iced tea and water, but attendees should bring side or a dessert to pass.

The event will also include live music from the Easy Idle Band, yard games for kids and guided tours of their building, which has been undergoing some renovations over the past year. That work is now complete, and includes a renovated nursery and a performance space.

“We have taken COVID and used it as an opportunity to make some physical changes in our building that modernized the space a little bit and made it more welcoming and accessible for the community and for our church family,” said LUMC worship director Davin

Risk. “We have completed our Sound Check space. On that day, we’re going to do what we are calling ‘the commission of the mission’ of Sound Check. We are going to unveil the vision for that space and officially open it up for community use. We’ll be unveiling our schedule of events, with open mic nights, family karaoke nights, game nights and that type of thing. We also have done a complete renovation of our nursery in the former preschool space. We had the opportunity to give everything a facelift. We have installed a kitchenette, we have all new flooring in there and all new paint. We have added a separate nursing space for mothers of small children, so we’re happy to unveil that. We also are kicking off a recovery ministry for the community. That is called ‘Healing Heart’, and that will take place on Fridays starting Sept. 24 at 6:30 pm. That is open to the public.

We have a new Sunday school space for the kids that is being finished as we speak. We’ve really invested in our kids, and that’s going to be really apparent when people come in the building. We are launching what we are calling our ‘Kids Club,’ kind of resurrecting that from the past. The Kids Club, in the past, had been a really, really popular ministry, so we’re happy to be bringing that back in the form of Sunday school right now, with options for other programming down the road. I think it’s important to reach out to the youth because you get a lot of different messages in the world, many negative messages or messages that aren’t that helpful in figuring out how to live life. So we want to share with them a message of hope, a message of love, how to love one another and how to care about your community and strengthen it. We just want to share God’s love with our youth so they, as they grow older, may find freedom and

happiness in their life and be able to share that love with others.”

The open house will begin at 10 am with a combined worship service, then the luncheon will begin immediately afterward. Guided building tours will occur from 12:15 until 1 pm, and the Easy Idle Band is slated to perform from 1 until 2 pm.

“So we’re going to have the worship service at 10, then we’re going to have the pig roast immediately thereafter,” Risk said. “That is going to be a combined worship service outdoors for both our traditional and our contemporary worship, as kind of a celebration for that day. We’re telling our church family that it’s a great opportunity to invite your friends and neighbors to see what this is all about, who we are and what this space and this church family has to offer. With so many things unveiling that day, it’s really the perfect opportunity to come check us out if you’ve



been looking for a church home or a community that you can connect with.”

For more information, call

the church at 616-897-5936, their office is open Tuesday through Friday between 9 am and 3 pm.

# Have open and honest conversations about suicide during National Suicide Prevention Week

As part of National Suicide Prevention Week, Sept. 5-11, Gov. Gretchen Whitmer and the Michigan Department of Health and Human Services are encouraging Michiganders to have open, honest and direct conversations about suicide and how to seek help in times of need.

“This Suicide Prevention Month, we recommit ourselves to reducing the number of lives lost to suicide by employing best practices, increasing community involvement, and talking openly and honestly about suicide,” said Governor Whitmer. “Suicide is preventable and mental illness is treatable, and talking with family, friends and neighbors about this important topic is essential as we try to get help to those who need it.”

Although preliminary data for 2020 shows a reduction in suicide deaths, from 1,471 in 2019 to 1,284 in 2020, suicide was the tenth leading cause of death in both Michigan and the nation in 2019. Michigan has higher rates of suicide among those 10 to 19 and 25 to 44 years of age compared to the nation as a whole, and the highest suicide rate in the state was among older age adults ages 75 to 79 years.

MDHHS, the Michigan

Association for Suicide Prevention and numerous other organizations have been working tirelessly to provide resources and implement programs that address the issue and help prevent suicide deaths. The Michigan Suicide Prevention Commission has been established to examine causes and solutions to the rising rates of suicide in the state and Michigan’s federally funded Transforming Youth

Suicide Prevention Program and Preventing Suicide in Michigan Men Program are committed to lowering the suicide rate among youth, young adults and adult men.

“Suicide is a major public health concern across Michigan, and support and coordination are needed at all levels,” said Elizabeth Hertel, MDHHS director. “This past year has been especially challenging due to the COVID-19 pandemic and there are a

number of stressors facing Michiganders of all ages. Learning the warning signs of suicide can help raise awareness about suicide prevention and provide loved ones with the proper help.”

Warning signs for those at risk of suicide include:

- Feelings of hopelessness.
- Threatening to or talking about wanting to hurt oneself.
- Loss of interest in activities.

Withdrawal from friends and family.

Change in eating and sleeping habits.

Talking about being a burden to others.

Increasing the use of alcohol or drugs.

Displaying extreme mood swings.

Looking for a way to kill oneself.

If you are in a crisis, or know someone who needs help, contact the National Suicide Prevention Lifeline

at 800-273-TALK (8255) or visit the MDHHS Suicide Prevention website for more information.

Additional emotional support services for those who are feeling emotional distress during the COVID-19 pandemic are available at Michigan.gov/StayWell or by calling the Michigan Stay Well Counseling via the COVID-19 Hotline at 888-535-6136 and pressing “8” to talk to a counselor 24/7.

Red Arrow

- TENNIS

# SPORTS

## Tennis starts with two wins out of three

by Justin Scott  
sports reporter

The Red Arrow varsity tennis team started off the season strong these past two weeks picking up wins over Lakewood and Cedar Springs, while losing a closely contested match with Middleville Thornapple Kellogg.

In the non-conference matches, Lowell was led by their doubles teams who helped secure points in all three matches.

At number one singles this year is Ty Knottnerus, he's followed in order by Patrick de Voest and Winton Garrelts for the Red Arrows 1-2-3 singles punch.

Against the Trojans in the loss, Lowell gained points through their doubles teams. It was Sam VandenHout and David Kaczanowski picking up a

6-4, 7-6 (8) win with the last set ending in a tiebreaker. The other two Lowell points were hard earned three-set wins by Gavin Stewart/Aidan Dennings 6-3, 3-6, 11-9 at three singles and Jacob Kissinger/Zach Bannon at four singles 6-3, 4-6, 10-5.

Lowell followed up the loss with an overpowering performance against Lakewood, winning 8-0. Four Lowell flights earned shutout results not dropping a single game in 6-0, 6-0 wins. Those four flights were Patrick de Voest at two singles, Cam Sluss at four singles, David Kaczanowski/Aidan Dennings at two singles, and Zach Bannon/Max Stoner at four singles.

In a 6-2 win over Cedar Springs, Lowell earned wins by de Voest, Garrelts, Noah LaMore at four singles, and the doubles teams of Max Del Rosario/Kaczanowski, Dennings/Stewart, and Kissinger/Bannon.

Cedar Springs is the only team which has had the historical edge over the Red Arrows, their advantage dropping to 34-17 all-time against Lowell boys tennis. Lowell is now 29-4 all-time against Lakewood and 12-6-1 against Thornapple Kellogg. The Red Arrows will face tough tests in Forest Hills Northern and Forest Hills Central in the next couple of weeks.



David Kaczanowski was one of the Red Arrows who won all three tennis matches to open the season.

## Conference play begins for golfers

by Justin Scott  
sports reporter

Stephanie Spinella had a week to remember as she helped lead the Arrows to a pair of fourth place tournament finishes last week.

At the Middleville Thornapple Kellogg Invitational hosted by

Yankee Springs, Spinella shot an 81. That 81 was good for fourth overall and sits two off the school record for 18-holes held by Stefanie Stuewe who shot a 79 in 2006 at the Russ Johnson Invitational. Spinella was followed by Emma Jo McCormick who

contributed a career best 91. Rylee Jannenga, Sophie Flickinger and Elle Sluss contributed solid scores to help the Red Arrows secure an impressive showing against a field of some of the area's best teams.

In conference action, it was Spinella again who

led the way, this time with a 40 over nine holes. That 40 was her career best and again just two shots off the LHS record. Jannenga and McCormick added 47's and Sluss rounded out the scoring with a 48. Lowell placed fourth in the conference field at Glenkerry.

Lowell heads to Egypt Valley and Pigeon Creek for a pair of tournaments before heading back to their home course, Arrowhead, for a conference jamboree. After defeating Lakewood earlier this year, Lowell's girls golf dual record sits at 217-160-1, a record that will

remain largely unchanged year to year as most golf programs have slowly eliminated dual matches for tournament and jamboree competitions. Nonetheless, the golf program can boast a winning historical record.

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Stephanie Spinella sinks a putt earlier this season.

Go Red Arrows!

Catch Up On Lowell High School Sports

the lowell  
ledger

Red Arrow

FOOTBALL

# SPORTS

## Red Arrows fall to Caledonia in action last Thursday

by Justin Scott  
sports reporter

Caledonia's defense won the day last Thursday at Ralph E. Meyers Stadium, as they held Lowell football to zero points in a 35-0 shutout win.

Lowell was held to just 80 yards on the ground rushing and was unable to complete a third down conversion, going zero for

13. Despite the offensive struggles, Lowell had several highlights including playing a turnover free game with zero fumbles and zero interceptions. Caledonia though also played a turnover free game, led by quarterback Mason McKenzie who accounted for four of the five Fighting Scots touchdowns.

The Red Arrows also completed three of their fourth down conversion attempts. Cole Vandervest, Carter Blough, and Carson Crace each led the defense with six total tackles. Josh Rau tacked on four tackles and forced a fumble on defense. On the offensive side of the ball, Nate Cleaver led the way with 46 rushing yards and Sam Kaminski's 16 reception yards paced the Arrows.

Caledonia with the win moved to 2-0 on the season, while Lowell's record sits at 0-2. On Wednesday night, the Lowell JV team scored a 36-0 win over Caledonia.

Going into this season, Lowell held a 610-379-37 all-time record in 1,026 games played. Game number 1,000 came against Rockford in 2018. Lowell still leads the all-time series with the Fighting Scots with an 11-5 historical record.

The road ahead for Lowell doesn't get easier, but the team does have a winnable game against Forest Hills Northern next week who is coming off a 34-3 loss to Jenison. The team goes back to Friday games from here on out with kickoff set for 7 pm at FHN.



Lowell quarterback Nate Cleaver scrambles to his right as Caledonia's Andrew Gray gives chase during the second half at Caledonia Thursday night. Photo courtesy of Brett Bremer.



Lowell junior defensive back Aidan Fitzpatrick breaks up a pass intended for Caledonia senior receiver Nicholas Fox in the end zone late in the first half Thursday. Photo courtesy of Brett Bremer.



Calling all Lowell clubs, organizations, community groups or school sports teams that would like to participate in the Homecoming Parade.

**Friday, September 24!**

If interested, please reserve your spot by contacting Nick at the Lowell High School.

Phone: 616-987-2994

Email: [nblough@lowellschools.com](mailto:nblough@lowellschools.com)

## FALL SPORTS SCHEDULE

**LHS Play for the week of Sept. 9-15**

**BOYS & GIRLS CROSS COUNTRY**  
\* Denotes a meet at LHS  
9/11 time TBA - West Ottawa Bredeweg Invite at Macatawa Bay Middle School

**BOYS VARSITY FOOTBALL**  
\* Denotes a home game at Red Arrow Stadium  
9/10 at 7 pm at FHN

**GIRLS VARSITY VOLLEYBALL**  
\* Denotes a home game  
9/16 at 6 pm at GR Christian

**BOYS VARSITY SOCCER**  
\* Denotes a home game at Red Arrow Stadium  
9/9 at 6:45 pm at FHC  
9/14 at 6:45 pm Byron Center\*

**GIRLS VARSITY GOLF**  
9/9 at 3 pm Unity Christian Invite at Pigeon Creek  
9/15 at 3:30 pm Jamboree #2 at Arrowhead

**BOYS VARSITY TENNIS**  
\* Denotes a home game at Red Arrow Stadium  
9/9 at 4:15 pm FHC\*  
9/13 at 4:15 pm Byron Center\*  
9/15 at 4:15 pm FHN\*

**SWIM & DIVE**  
9/15 at 6 pm GR Union



WHY NOT SHOP HERE!

## obituaries

## Class of 1976 holds 45th reunion

## NOFFKE

Paul Edwin Noffke of Lowell, Michigan, passed away August 23, 2021, at the age of 81. Paul was born September 23, 1939, in Lyons Township, Ionia County, Michigan, to Alfred and Louise Noffke. He graduated from Saranac High School in 1957. The following year in 1958 he married his wife Janice Marie (Cox) Noffke. The two then moved to Lowell, Michigan, where they would grow a great life together. Preceding him in death was his son Scott Alan Noffke. Paul is survived by his wife, Janice; his son, Steve (Pam) Noffke; his daughter, Teri (Mark) Trombly; grandchildren, Richard (Shelly) Noffke, Mary (Brad) Mallory, Genevieve (Ben) Trombly, Alicia Noffke, Alexis Noffke, Benjamin Noffke, Ryan Noffke; great-grandchildren, Dylan Noffke, Matthew Noffke, Marley Ferguson, Eleanor Mallory; and sisters,

Doris (Chuck) Droste, and Joy (Tom) Hecht. During his life, Paul was employed by Highland Hill Dairy, State Farm Insurance, and finally worked for General Motors. But his real passions were outside the workplace. Paul enjoyed telling a good "Dad" joke from time to time. He has always been an avid gardener, growing a fruitful plot each year. Raw peas

became a favorite of all the grandchildren and each year he planted more and more rows as the family grew. There would be a grandchild or neighbor kid in tow in a wagon behind his riding mower or helping him around the yard more days than not. Paul also enjoyed fishing and was patient enough to pass on the passion to his family, even if they would rather jump in the lake to go swimming. Bowling was also a favorite pastime, and he never missed the Monday night bowling league. He was an avid MSU and Tigers fan, who was rooting for Miggy to hit his 500th home run up until the very end. He is the best Grampa and Papa who taught us the joys of gardening, how to ride bikes/tie shoes and enjoy ice cream with Googly Eyes from Ball's. He will be dearly missed. Memorial contributions can be made to a group of your choice that you think Paul would support, as long as it is not the Lowell Showboat (please). A memorial celebration of life will take place in the summer of 2022.



Lowell High School Class of 1976 held their 45th class reunion on August 14, 2021 on the new Lowell Showboat VI. The Social District, Lafayette Plaza, and the Showboat provided the perfect ambience to have a great reunion.

Pictured, first row: Roger Graham, Terry Eickhoff, Dave Frazer, Ron Merriman, Rick Huver; second row: Jim Reagan, Chris (Jousma) Jastifer, Tim Rittersdorf, Dennis Bieber, Deb (Benker) Craig, Gary Ayres, Diane Lyons; third row: Julie Rosenberger, Patti (Jackson) Reed, Dick Ellison, Cathy (Yurkines) McCaul; fourth row: Randy Wilcox, Wanda (Jantzen) Weber, Kathy (Shea) Stutzman, Carol (Alexander) Grummet, Deb Andrews; fifth row: Mike Tate, Julie Fish, Karen (Bancroft) Eldridge; sixth row: Rose (Sterling) Anderson, Sue Miner, Deb (Miner) Canfield (1977), Cathy Millering, Deb (Miner) Wosinsk (1977), Jane (McNally) Barnes (1975); seventh row: Bill Grummet, Cheryl (Parsons) Doyle, Brian Doyle, Joy Homolka (1975), Jim Ball.

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closed Sat. & Sun.

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for sale

CRAFTSMAN RIDING LAWNMOWER/MULCHER-46", \$125; Big Green Egg, lg. with table, \$700; steel table, 6' long, \$175. Call 616-897-7633.

USED TIRES - Call with size, 616-292-7649/616-295-8820. Rob's Auto - thanks.

UTILITY TRAILERS FOR SALE - 4x8, 40" x 7 ft., & 6x8, ranging from heavy duty to light duty. One boat trailer for sale, 20 ft., single axle. Please call 616-204-3694.

sales

HUGE MULTI-FAMILY GARAGE SALE - Kids, men's, women's & plus size clothing. Furniture, dishes, tools, vintage items and MORE. Thursday, Sept. 9 thru Saturday, Sept. 11, 9 am-5pm. 1297 Jane Ellen.

GARAGE SALE - 11129 Crooked Lake, Sat., Sept. 4 & Sept. 11, 10-5. New in box halogen lights, 2 drawer tool cabinet, 2 drawer file cabinet, push mower, wheels for wheelbarrow, nails in boxes, bolts in boxes, 4 fold up chairs, round table tops, coolers, all sizes; car ramps, gas cans, live traps, 2-wheel dolly, new & used hand tools & lots more.

free

FREE - 4-year-old female tiger cat, been spayed, is an inside cat. Comes with all supplies. 616-446-9502.

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wanted

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PRICELESS STORAGE - Indoor/outdoor. New Units on Alden Nash, 1 mile South of 196. Call for specials 558-2900.

HALL FOR RENT - Lowell Veteran's Center, 3116 Alden Nash. Newly remodeled, smoke-free, private, great location & great rate! www.VFW8303.org. All Vets Coffee Hour the 3rd Thursday of each month at Keiser's. Bring a friend. Call John at 299-0486 or 897-8303.

misc.

VETERAN POTLUCK - Begins Sept. 12 & every 2nd Sunday (except December) at 2 pm at Veterans Center, 3116 Alden Nash. All veterans welcome. Bring dish to pass.

BLUEGRASS MUSIC FESTIVAL - Sept. 10-11, 2021. Lowell Fairgrounds. The Fallfest festival is back. A weekend of stage shows & campground jamming. Camping is available. For details visit wmbma.org or call Ed at 269-806-8561.

NEED AN AL-ANON MEETING? - Al-Anon is a fellowship of families and friends of alcoholics. Join us Sunday-Saturday at 10:30 AM and 7 PM on Zoom. Come learn the Steps, Traditions & Concepts of living and coping, in Serenity, with alcoholism. There are no dues or fees for Al-Anon. For Zoom meeting ID & Password, please call Joy at 616-901-7779.

TOPS (TAKE OFF POUNDS SENSIBLY) WEEKLY MEETINGS - Tuesdays, 6:30 pm at Schneider Manor Community Room, 725 Bowes Rd., Lowell. Cost \$32 per year and \$5 per month... start losing weight TODAY!

Eliminate gutter cleaning forever! LeafFilter, the most advanced debris-blocking gutter protection. Schedule a FREE LeafFilter estimate today. 15% off Entire Purchase. 10% Senior & Military Discounts. Call 1-866-495-1709

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PROFESSIONAL TREE CLIMBER - Needs work. Call Dan, 616-970-3832.

WHEN IN AN ACCIDENT - YOU CAN CHOOSE WHO TOWS YOUR VEHICLE - Request J&K Roadside Service, 616-690-0983.

TWO BROTHERS AUTO SERVICE - 5400 Ivan Rd., Saranac, 616-642-9180. 30 years experience, state certified, licensed & insured. Hours Monday - Friday 8 am - 5 pm. Dave Traver head mechanic.

WORK WANTED - Double D's Tree Service Plus, 70' & 40' bucket trucks, tree trimming and removal, brush chipping, power washing and handyman service also available. Insured. Call Dave Delinsky 616-212-3008.

STUMP GRINDING - Call Dan for free estimates, 616-970-3832.

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memorials

IN MEMORY OF Kenneth R. Kropf
Out through the fields and the woods,
And over the walls I have wended;
I have climbed the hills of view,
And looked the work, and descended,
I have come by the highway home.
An lo, it is ended.
Robert Frost
Remembering you and missing you on your 75th birthday, September 10.
Your brother & his family

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PUZZLE SOLUTIONS

Grid of puzzle solutions with words like TULSA, CORNO, FANGED, CONFUETE, BOOTIES, HEMUSTARD, LEDSTE, IBMETA, CROAVE, BROWNIEPOINTS, IRANIAN, ALARM, GRIMING, SIBIU, NUTMEG, ABUT, ALOES, CENT, RAND, DEY.

Grid of numbers for a puzzle solution, ranging from 1 to 9.

Large grid of letters with words circled, including VIVIPAROUS, ZEPHYRUS, WINDMILL, RASHES, BURNING, SANDWICH, etc.



# Live the Life You Want

With Melissa Spino, MA, LPC, CDMS  
Life Transitions Therapy, LLC

## Signs your partner may be having an affair

This is a highly emotional and difficult subject but an important one as it speaks to the health of a relationship. So, we are all on the same page, let's define cheating. According to Wikipedia infidelity is "a violation of a couple's emotional and/or sexual exclusivity that commonly results in feelings of anger, sexual jealousy, and rivalry. What constitutes infidelity depends on expectations within the relationship. In marital relationships, exclusivity is commonly assumed." Wikipedia seems to have left out a few other resulting feelings such as hurt, pain, and sadness just to name a few. There are also different types of cheating, again depending on what each couple has agreed to within the relationship. This is part two of a three-part series. Part one of this series focused on the reasons partners give for cheating while part three will focus on surviving an affair. This article will focus on possible signs that your partner is cheating. There are many possible signs of cheating but having open and honest communication with your partner will hopefully help to avoid what is often considered a relationship ender.

These signs don't automatically mean your partner is cheating. If your intuition (gut feeling) is that your partner is cheating you may be right. But even if your partner exhibits several of these signs it doesn't automatically mean they are having an affair but it could mean there are problems in the relationship that need to be addressed. So, if you suspect your partner is cheating and they exhibit some of the below signs then it's time to take a closer look at your relationship and have an open and honest discussion with your partner. The top reasons people give for cheating in a committed relationship were shared in the prior article "Why Do Some Partners Cheat?" so they won't be shared again in this article. Below are the top signs your partner may be cheating or that there may be a relationship problem.

They improved their appearance. If your partner started working out, dressing better, and doing more grooming they may be trying to improve their appearance to impress or look better for someone else. Another red flag is if they look the same as they always have around you but have improved how they look for work/work events, and social events.

### Possible Signs Your Partner May be Cheating

They avoid your questions and/or calls or are overly emotional when asked questions. When you try to question their change in routine and/or behavior they go out of their way to avoid answering the question, provide vague answers, or say they don't have time to talk about it. They may also try to put the blame on you saying that you are being paranoid. They may even get overly emotional or angry to try and shut down the conversation.

They accuse you of cheating. If you try to have a conversation about their change in behavior, routine, or your suspicions and they can't avoid the questions or deflect them they may try and turn it around and blame you saying maybe you are the one cheating. This way you are the focus and on the defense.

Friends seem to be uncomfortable around you. Sadly, the person being cheated on is typically the last to know. Friends often know about the cheating and may feel uncomfortable around you. So, if you feel like friends are being overly nice, avoid talking about relationships, or are avoiding you in general and there is not a valid reason there is a problem. It may not be cheating but something is going on.

There are changes in your sex life and/or intimacy. If there is a lot less

unreachable. We all have times when we can't be reached but if it's happening more often or for longer periods of time this may be a red flag. Especially if you are not able to reach them while on a business trip or when they are working late.

They have concealed or secret computer or phone conversations. Did your partner typically leave their cell phone laying out in the open but now you rarely see it? Is the computer or phone now password protected? Did you have access to their social media or email accounts but now the passwords have changed? Did they open any new social media accounts? Cheaters typically use their computer and/or phone more often. If you notice that the browser history is consistently deleted that may be a red flag. If you ask to use or see your partners phone and they hesitate or say no and give a lame excuse that isn't a good sign. The same goes for email and social media accounts.

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There are changes in your sex life and/or intimacy. If there is a lot less

or more sex this could be a red flag. Why? Less frequent sex happens because they are focused on the person they are having the affair with instead of you. On the flip side, they may increase the amount of sex with you or be more affectionate to try and cover up the affair. Also, if your partner has brought new techniques into the relationship, where did they learn them? Do you now feel a lack of an intimate connection with your partner during sex, like it has just become a task for them? All of these can be signs of trouble.

Your partner has negative emotions toward you. Does your partner have more emotional distance, a lack of emotional intimacy/caring, or they are hostile? These are all signs of emotional distancing and could be signs of serious relationship troubles.

Are there unexplained expenses and/or cash withdrawals? Are you seeing unexpected or unexplained charges on credit cards or somewhat regular cash withdrawals from bank accounts? Are you finding expenses for places where neither of you typically go? When you ask your partner about the expenses are the answers vague or maybe don't make sense? Not always, but sometimes affairs cost money for dinners, hotel rooms, possibly even gifts. They may also be buying new clothing, personal care products, or even a gym membership so they look good for this new person. Such expenses could indicate that something is going on.

Relationships take work to keep them healthy and to meet the needs of both partners. Don't let your relationship slip into auto pilot as that means you are just going through the motions and not really putting in effort. Ideally, a relationship is one of mutual respect, caring, love, and support of each other. I hope you never have to deal with an affair in your relationship but if you do look for the next article on surviving an affair.

I hope you found this article helpful but as always, I have to add that pesky disclaimer that this article is not intended as advice, or to diagnose or treat. It is for information purposes only.

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# FUN PAGE

## SUDOKO

			2	6	8	7		
5					7		2	
		8		3	1			
	3					1		
				7	5			9
1			6	4				5
	2	6			9			7
		3						
							4	

Level: Advanced

### Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

# SKIN CONDITIONS WORD SEARCH

Y L I F O Z O M N E V S L E O Y V S H W  
 V V Y S P A N L E O S R Z I P A F T S V  
 E I B O R I Z Z A L I E D R G R N E C V  
 W T Y D D R Z A H C A T L P E R Y R A G  
 B I P G H E Y Z M R C N A U Z S U O L V  
 E L Z V B T B Z A O A S O T T B O I Y M  
 C I O Y W C C L L R N S N M N S F D H H  
 Z G I B V A N H B M T I L A A E U S B R  
 E O U M V B F F G W V G C S D O M P S T  
 M Z N U V L O I T C H Y E R I I R G Y L  
 A S Y D G Y P T M Z L L G S A Y D V I Z  
 S I S A I R O S P R G M E G L C I N H P  
 W M I D M L U T A N O M T W W N T W A G  
 I D R A S H E S I Z S S A M O U L W F C  
 B V N Y S N Y H W R V R A S P R V M P C  
 N V A C N E S H I F T V I C B N B M E F  
 N A S N R U B N U S T O H V E T S O G G  
 M T W D R Y N E S S P F N D Y A N L C P  
 A T H L E T E S F O O T W S H I V E S R  
 C M S E B O R R H E I C H C Z N R S C L

Find the words hidden vertically, horizontally, diagonally, and backwards.

Puzzle solutions on page 13

SKIN CONDITIONS WORD SEARCH

CARCINOMA  
 DRYNESS  
 ECZEMA  
 HIVES  
 ITCHY  
 MELANOMA  
 MOLES

PIGMENTATION  
 POISON IVY  
 PSORIASIS  
 PUSTULES  
 RASHES  
 ROSACEA  
 SCALY

SEBORRHEIC  
 SHINGLES  
 STEROIDS  
 SUNBURN  
 VITILIGO  
 WARTS

## Guess Who?

I am a comedic actor born in New York, on September 9, 1966. I broke through in Hollywood working as a comedian. I appeared as a regular cast member on "Saturday Night Live" and became a film star.

Answer: Adam Sandler

## WORD SCRAMBLE

Rearrange the letters to spell something pertaining to skin.

S R P E O

--	--	--	--	--

1	2	3			4	5	6	7			
8			9			10					
11					12						
13				14		15					
16					17						
18				19	20						
			21			22					
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### CLUES ACROSS

- It governs Federer and Nadal's sport
- Golden apple tree
- Central Mexican river
- Horn
- Egg-shaped
- With tooth
- French modernist painter
- Disprove
- Painful intestinal obstruction
- Baby shoes
- Make the grade
- Type of screen
- Christian fraternal organization (abbr.)
- Computer giant
- When you hope to get there
- Corporate executive title (abbr.)
- Shout of welcome or farewell
- Imaginary awards for good deeds
- A citizen of Iran

### CLUES DOWN

- A type of bomb
- Pacific island country
- Earth is one
- A place to gather around
- Expressed opposite views
- Group that lives near Siberia
- Ore deposit
- Language related to Eskimo
- Narrative piece of music
- The distance covered

- by normal stride
- Glycoprotein hormone (abbr.)
- Mathematical term (abbr.)
- Popular beer
- Jabbing
- Historic Swedish castle
- Humorous expressions
- Christmas and New Year's Day each have one
- Filled up
- Nerve that serves the forearm (abbr.)
- One of British descent
- A way to get at
- Food-related allergic reaction
- Group of arteries near the pelvis
- Picked up
- Being three in one
- Obscene
- Dravidian language
- Growl

# Alto Harvest Festival & Car Show are Sat., Sept. 18

The small town of Alto will be celebrating their 40th annual Alto Harvest Festival, and 15th annual Car Show on Saturday, September 18, with activities for all ages. This event is hosted by the Alto Harvest Festival Committee.

The Alto / Bowne Township Firefighters Pancake breakfast takes

place from 7 am to 10 am at the Alto fire station, 6260 Bancroft. Golf cart shuttles will be available to and from the breakfast.

The popular car show will feature between 175-200 cars. Take a stroll down memory lane and view street, muscle, antique, classic cars and trucks. Goodie bags and



dash plaques for the first 150 entries, top 50 awards will be presented. Registration begins at 7:30 am. For registered participants there will be many quality door prizes handed out throughout the day, as well as a grocery guess.

The Girl Scouts will celebrate the service of all United States military veterans, the Alto Fire Department and all healthcare workers with a formal flag raising ceremony at Veterans Park at 10 am.

The Alto American Legion is hosting bingo from 12 pm to 6 pm, a membership drive with the intention to reach out to eligible veterans in our community. The Bert Jones Band will play live from 7-10 pm.

The legion will be open to the public throughout the day.

There is a contest for everyone, including the blue-ribbon baking contest, and baking bingo, a new twist on an old game. Instead of prize money you



win baked goods and baking essentials.

This is a true Alto Harvest Festival original.

Enjoy activities for the kids at the Kids Zone, located on the green at Alto Baptist Church with inflatables, face painting, petting zoo, matchbox derby car races and more. Harvest Festival activities include a book sale, arts & craft booths, food and a scavenger hunt for the kids.

New this year, taking the place of the pie-eating contest will be a cupcake eating contest. For the chance of winning the \$10 cash prize and trophy, you must eat the most cupcakes in three minutes.

There will be live music from noon until 3 pm. Do you remember the Woodstock era? The late sixties, psychedelic music, peace and love? Come take a psychedelic ride and let the Magic Bus re-create the

atmosphere for you. Their incredible music abilities and authentic look relives an era with its tribute to the Haight-Ashbury district of San Francisco and Woodstock in 1969. Break out your fringe and beads, put flowers in your hair, and get into those hip-hugger bell bottom jeans, head bands, beads and tie-dye peace sign clothing. Bring your own reasonably sized chairs, as seating is on the street.

Alto isn't hard to find; it's located off I-96, exit 52. Go south on M-50 following it to 60th street, turn west on 60th street. When you come to the stop sign at Bancroft you have arrived in Alto. Parking is available on streets and First Baptist Church of Alto.

Like us on our Facebook pages at Alto Harvest Festival & Car Show, as well as Alto Harvest Festival Craft & Vendor Show.



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