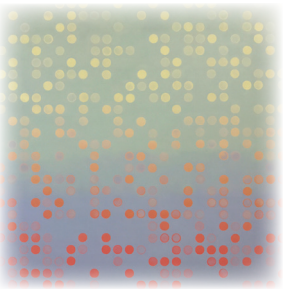


Artist/musician  
Angelica Hay



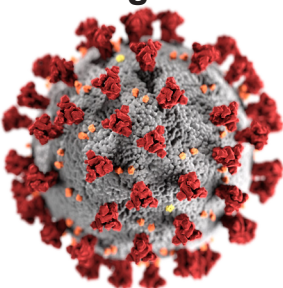
page 16

## LOWELL STRONG



Dearly Loved  
Bridal  
page 4

Small Business  
Recovery  
Program



page 7

LHS football  
history



pages 10 & 11

50¢



## The end of an era: Springgrove Variety store going out of business, sale will start Aug. 1



Story and photos on page nine.

## City employee Joe Baker retiring after 32 years

by Tim McAllister  
lead reporter

Veteran Lowell Department of Public Works employee Joe Baker is retiring at the end of July after 32 years of continuous service.

Originally hired by the department in 1988 as a heavy equipment operator, Baker's duties have expanded over the years to include driving a snow plow truck every winter and general maintenance of the city's streets, parks, sewers, equipment and utilities. He helps set up and then cleans up the majority of public events in town, from elections at city hall to concerts on the Showboat, and he's one of the guys who decorates the Riverwalk every holiday season.

Baker was raised in Lowell and, after graduating from Lowell High School in 1979, he enlisted in the Air Force.

"He was stationed at Spangdahlem Air Base in Germany, and we were there for about three years," said Robin Baker, Joe's wife of 40 years. The couple were high school sweethearts.

"I've known him since sixth grade and, growing up, he was a little mischievous," Baker said. "I actually couldn't stand him! He had a crush on me back in sixth grade, but it wasn't until we were in ninth grade, in Mr. Garcia's class, that I really noticed Joe. He said to me, 'I want to go out with you and I want to marry you.' I told him, 'I wouldn't go out with you if you were the last man on earth!' But he just started to grow on me. Then, in 10th grade, I went out with him on a bet. I needed gas money, and my girlfriend bet me \$10 that I wouldn't go out with Joe. He just kind of... stuck around. And then we got married on Oct. 6, 1979, right out of high school."

After his military career, Baker briefly helped his cousin run a chain of convenience stores, but that wasn't a good fit, so the Bakers moved back to Lowell, where they have lived ever since. Today they have three children and nine grandchildren.

When he was a high school student in the late 70s, Baker

worked for the Lowell public works department part time during summer vacation, so his service stretches back more than 40 years. The department hired Baker full time upon his return to Lowell from the Air Force in January 1988.

"He does pretty much everything - whatever needs to be done, he does," Baker said. "He drives the snow plow, he's the road repair guy, he works on water main breaks... He is always trying to find something to do. His dad was the same way - 'If you can figure it out, do it.' And I think the military helped him in that way too."

Baker has become an integral part of the public works department, and the other employees have come to rely on his experience and abilities. He is also known for his quick response time to emergency calls, and has never missed one.

"I would say that what he provides to the city, behind the scenes, is invaluable," said Lowell utilities supervisor Ralph Brecken, who has worked closely with



Joe Baker (photo courtesy Robin Baker)

Baker for 19 years. "I've never known him not to show up, even in an emergency. He has always put the city's needs ahead of his own. It could be Christmas Eve, it didn't matter to Joe, if he got the call, he was there."

"When he was in the service, he would be gone for weeks on end, so I was already used to it," Baker said. "That's his job, and he loves his job. He loves the community, the people of Lowell, and he loves what he does for the city. He always

shows up and he's never late."

When he isn't at work, Baker enjoys woodworking, helping in Robin's welding shop and is an avid fisherman. He prefers frequenting the quiet, out of the way spots around Lowell known only to someone as familiar with the area as a public works employee.

"He likes to fish any little place where he can get his boat into the water," Baker said.

# Under proposal, legislature could repeal 1945 emergency powers without governor's signature

A ballot committee calling itself "Unlock Michigan" is seeking to send a proposal to repeal a disputed law giving the governor emergency powers to the legislature for a vote before the end of the year.

Unlock Michigan is planning to offer a one-sentence initiative repealing the 1945 emergency powers law, said Fred Wszolek, the group's spokesperson. Wszolek is a partner at StrategyWorks, an advertising agency specializing in political campaigns.

"The law in question is the one that doesn't require

legislative approval for a governor to extend a previously declared state of emergency," Wszolek said. "And it's the law that's been challenged by legislative Republicans in their suit against Gov. Gretchen Whitmer for the COVID-related executive orders she's issued under that law and a 1976 law that does require legislative approval after 28 days. You could, as a newly elected governor on your very first day, come up with some pretext to declare an emergency and just extend it for four years."

Wszolek didn't reveal Monday who was behind or

part of the effort to repeal the 1945 emergency powers law besides describing it as a "broad grassroots coalition." He said there would be more to come as the group awaits getting its language okayed by the state Bureau of Elections.

Unlock Michigan was formed as a committee on June 1. Its listed address is the same as the law offices for GOP elections attorney Eric Doster.

The goal is to get the initiated legislation - which takes 340,047 valid signatures - to the GOP-led legislature for its approval so it can become

law without the governor's signature. Wszolek said he is hoping this will happen after the 2020 election but before the end of the calendar year.

With the deadline already past to get proposals to the state in time for a chance to get on the ballot in 2020, Unlock Michigan has no intention of going to the voters, Wszolek said.

Wszolek was asked about the political support for this measure, given that recent data has shown Michigan's COVID-19 cases are down while other states are up.

"We still have a problem where there aren't [...] sorts of checks and balances

that you would expect that would apply to any governor," Wszolek said.

Earlier this year, Senate majority leader Mike Shirkey (R-Clarklake) voiced support for the idea of repealing the governor's emergency powers via ballot proposal.

Asked if Shirkey is the driving force behind this effort, Wszolek said, "No, there's literally tens of thousands of people who are the driving force behind this."

When Wszolek was asked if there will be more than just Republicans who will end up backing the

effort, he said, "I hope so," but added, "we're in a partisan time where people, you know, choose sides."

The signature-gathering is expected to be done mostly by volunteers, but he said there could be some paid signature-gatherers.

Asked where the group would get its financial support, Wszolek said, "I think there are plenty of employers in this state who know that they could not survive another shutdown, and none of their employees would keep their jobs either [...] people should invest in fixing this obvious mistake left over from 1945."

# 'Restore Freedom Initiative' would change MI Constitution

A proposal described as the "grand slam" would do everything from eliminate voice votes in the legislature and require disclosure of internal government memos to abolishing the Michigan Civil Rights Commission and the Legislative Council, according to the attorney heading up the campaign to get it on the ballot.

The Restore Freedom Initiative is headed by attorney and former GOP House candidate Katherine Henry. The committee formed officially May 29. The amendment would need 425,059 valid signatures by July 6 to get on the ballot this November.

Henry wouldn't say how many signatures have been collected other than to say

there has been "thousands upon thousands of signatures turned in so far" from at least 80 of the state's 83 counties.

She said the campaign has "well over" 1,500 volunteers circulating petitions and more than 472 "stationary signing hubs" where people can stop in and sign the petition. She mentioned Stand Up Michigan and Michigan United for Liberty as groups involved in the petitioning effort.

While Henry said the proposal was spurred in part by Gov. Gretchen Whitmer and her administration's response to COVID-19, she also said the reforms in the amendment originate from "various situations" she or her clients have gone through having been "so

disenfranchised from the government."

She described the amendment as "the grand slam [...] when you have all bases loaded, and you're [...] fixing more than just one tiny problem."

In adding a new section to the Constitution on transparency, the amendment proposes to require a roll-call vote by all public bodies when taking official action, "whether by vote; passage of ordinance, rule or law; resolution or the like."

Henry said this would eliminate voice votes done by the legislature. The proposal would also abolish the Legislative Council, with the intention of making it legislators' "responsibility for the details of researching and drafting legislation," according to a section-by-section explanation of the

amendment posted on the group's website.

The proposal also appears to alter pieces of the Freedom of Information and Open Meeting acts in the Constitution, which Henry said would remove loopholes in those laws. The amendment would require all government offices and agencies to have an "official, up-to-date website." The group says "internal memos" would be made available online, as well.

The amendment would abolish the MCRC from the Constitution, as Henry said the MCRC has been "given legislative powers." It would also bar administrative officers or agencies from acting to "affect the private rights or licenses of individuals."

The proposal would have it so that administrative rules

are only meant for internal operations of government and not regulating the population.

"No more 'required' waivers, no more 'required' masks," reads the explanation.

And the proposal makes a number of changes to the judicial branch of government, requiring all matters to be handled by circuit courts unless spelled out for a specific court, and requiring seven years of practicing law in Michigan before anyone can become a judge.

Henry said the amendment would survive any challenges that it's a general revision to the Constitution and not an amendment because she said much of it clarifies parts of the Constitution.

"If it does not propose changes that significantly alter or abolish the [...] structure of our government that's tantamount to creating a new Constitution, and that's not what we're doing here, we're definitely keeping the form and structure, we're just fine-

tuning and explaining things a little better," Henry said.

Henry based that argument on what came out of the Michigan Supreme Court on a decision that allowed the constitutional amendment creating the state's redistricting amendment to go to the ballot in 2018.

Opposing forces to the redistricting amendment - ranging from former Attorney General Bill Schuette to the Michigan Chamber of Commerce - unsuccessfully argued the redistricting amendment was a general revision to the Constitution.

In the first section of the amendment, the proposed language is intended to make sure the "state has to prove, through due process and beyond a reasonable doubt, that you are a threat to someone else's life, liberty, or property," according to the group's explanation.

Henry said the amendment is intended to "return things to the way that they're required to be under the US and Michigan constitutions in the first place."



### Family Dentistry Since 1994

- ▶▶ Gentle Dentistry for Children & Adults
- ▶▶ Immediate Emergency Treatment
- ▶▶ Cosmetic Dentistry, Teeth Whitening
- ▶▶ Preventive Care
- ▶▶ Extractions/Broken Tooth Repaired
- ▶▶ Dentures (Same Day Repair)
- ▶▶ Implants
- ▶▶ Insurance Plans Accepted



*"Gentle & Painless Dentistry Is Our Goal"*

Hours:  
 Monday.....9 a.m. to 5 p.m.  
 Tuesday.....9 a.m. to 5 p.m.  
 Wednesday.....9 a.m. to 5 p.m.  
 Thursday.....8 a.m. to 2 p.m.

**Judd T. Carroll D.M.D.**  
 103 East Main • Lowell, Michigan  
**(616) 897-7595**  
 www.juddcarrolldentistry.com

## NOTICE VERGENNES TOWNSHIP

### IS SEEKING APPLICATIONS FOR LOWELL AREA FIRE AUTHORITY BOARD REPRESENTATIVE

Application may be obtained on the township website [www.vergennestwp.org](http://www.vergennestwp.org) or at the township offices located at 10381 Bailey Dr., Lowell, MI 49331. The office is open Monday and Wednesday from 9 am to 3 pm, and Thursday from 9 to noon.

Deadline for application submission is July 8, 2020. Applicants will be considered at the July 9, 2020 - 8 am special meeting of the Vergennes Township Board.

Shantell Ford  
Vergennes Township Clerk

## the lowell ledger

(USPS 453-830)

Published weekly for \$25 a year  
for zipcodes beginning with 493 or 495;  
\$36 a year any other zip code.

Deadline for display advertising is Friday at Noon  
Deadline for classified advertising is Monday at 5 pm

Jon Jacobs ..... Publisher/Editor  
 Tim McAllister ..... Reporter/Editor  
 Tammy Janowiak ..... Classified/Accounting/Sales  
 Jon Jacobs ..... Advertising Sales

**(616) 897-9261**

email: [ledger@lowellbuyersguide.com](mailto:ledger@lowellbuyersguide.com)

Second Class Postage Paid at Lowell, MI

Published every Wednesday  
POSTMASTER: Send address change to:

**The Lowell Ledger**

PO Box 128 • Lowell, MI 49331

[www.thelowellledger.com](http://www.thelowellledger.com)

# MDHHS to provide free naloxone to community organizations and individuals statewide

*Naloxone can be requested via online portal to reverse opioid overdoses and save lives*

The Michigan Department of Health and Human Services (MDHHS) has launched an online portal where community organizations can request free naloxone, a medication that reverses opioid overdoses and saves lives.

In 2018, opioid overdoses killed more than 2,000 Michiganders, or an average of five people every day. Turning the tide on the epidemic remains an urgent priority for Gov. Gretchen Whitmer, the Michigan Opioids Task Force and MDHHS. In the middle of the COVID-19 pandemic, which may have disrupted resources that people who use drugs rely on, access to naloxone is critical.

Naloxone saves thousands of lives each year by reversing the effects of an opioid overdose. However, a recent study found that only 25 percent of individuals using opioids in southeast Michigan had access to naloxone.

Expanding naloxone access, especially for individuals at high risk of overdosing, is imperative and an integral part of

Michigan's response to the opioid crisis.

"Getting naloxone into the hands of people who are most likely to be able to save a life is important," said Dr. Joneigh Khaldun, chief medical executive and chief deputy for health at MDHHS. "MDHHS is proud to partner with community organizations to make it as easy as possible to access free naloxone, reducing the devastation caused by the overdose epidemic."

The portal is available to any community organization statewide, including substance use treatment providers, non-profits, harm reduction organizations, jails, first responders, local governments and small businesses. MDHHS will review organizations' plans for distributing naloxone, especially to individuals at high risk of overdose. If approved, the organization will receive naloxone by mail; shipments are in increments of 12 kits and organizations are expected to have a plan for distribution and training for individuals at risk of overdose on how to use naloxone.

Separately, NEXT Naloxone has also partnered with MDHHS to offer individuals free naloxone delivered by mail. Providing naloxone by mail-order will help people who cannot access naloxone in their area, have insurance barriers or other challenges.

NEXT Naloxone is a free, online service that makes naloxone available to people who use drugs, their families and friends, and others who may witness and respond to an overdose. NEXT Naloxone is available in Michigan through funding from Vital Strategies and a partnership with the harm-reduction organization The Grand Rapids Red Project. Individuals can place an order for mail delivery at [Naloxoneforall.org/michigan](http://Naloxoneforall.org/michigan).

To help community organizations plan their naloxone distribution strategy, MDHHS has also released a memorandum on the state's strategy and guidance on naloxone distribution. To get naloxone into the hands of people who need it most and to save as many lives as possible,

MDHHS recommends that organizations distributing naloxone:

Target distribution to individuals actively using opioids: Individuals actively using opioids are most likely to need naloxone – and are often best placed to respond immediately to overdoses.

Ensure that individuals at highest risk of overdose have naloxone: Some individuals face heightened risk of overdose and equipping them with naloxone is especially impactful, including individuals leaving incarceration, individuals leaving abstinence-based treatment or detoxification programs, individuals who experience a non-fatal overdose and post-partum women.

Make it as easy as possible to access naloxone: Providing easy access, by distributing naloxone at locations individuals using substances already visit and addressing stigma, maximizes the chances that an individual in active use will successfully obtain it.

For more information, please visit [Michigan.gov/Opioids](http://Michigan.gov/Opioids).

## LHS Diversity Club

by Brendan A. Sanders  
contributing reporter

The new Lowell Diversity club has begun to make a positive impact on Lowell High School.

With Lowell continuing to grow on the map it is important that the students learn more about one another and accept each other for who they are. The Lowell Diversity club seeks to foster a healthy environment to express oneself.

Created last year, the primary goal of the group is to ensure that all students feel connected, valued, and supported within our school community. The group aims to break down barriers in communication while encouraging a greater understanding of diversity, equity, inclusion, and acceptance. Principal Stephen Gough talked about how the group was started by both students and staff.

"The group actually started through students expressing a need to be heard. Two staff members (Olivia Miller and Sarah Ellis) were working in the same direction based on conversations they had with different students. Both came to me to discuss ideas about how to support the students and I encouraged them to work together." Gough said. "The students really started the group with support from caring staff members. I think that's one of the reasons the group has been successful thus far - it is not something we did to or for students; we supported them in developing something they expressed a need for."

The club has four staff advisors now, with Sarah Ellis and Olivia Miller being joined by Kendall Jackson, the Coordinator of Student Support, and Chaye Klompars, World Language Teacher/Student Council Advisor.

Throughout the year, the club grew from a small group to one that saw 25-30 students attending events regularly. In the group's short existence, it has established a regular schedule of meetings to encourage learning around the topics listed above as well as allow for student voices into the school planning process. They also prepared and presented to the entire staff as well as the Board of Education.

## Seven arrested in Lowell during May

by Tim McAllister  
lead reporter

Lowell Police Department made seven arrests during the month of May, compared to zero arrests in April, 10 in March, 13 in February and 12 in January.

Two of the May arrests were for drunk driving, two were for driving on a suspended license, two were for outstanding warrants and one that is described in the police

department's statistics as "other arrests."

LPD responded to plenty of misdemeanors during May. There were four larceny calls, one breaking and entering complaint, three dog/animal complaints, one disorderly conduct call and six assaults. Lowell police also notified two residents about ordinance

violations. There were 38 traffic stops in May, nine of those drivers were released with a warning and 30 received citations.

Lowell police were called to assist other law enforcement agencies 24 times and called other agencies for assistance eight times in May. They were also called for assistance by citizens and

motorists 19 different times.

Lowell police were dispatched to four accidents during May, none with injuries.

The Lowell Area Fire Department responded to 46 incidents during May; 19 in the city of Lowell, 16 in Lowell Township and 11 in Vergennes Township.

## BOWNE TOWNSHIP PUBLIC HEARING NOTICE PLANNING COMMISSION

On Thursday, July 2, 2020 the Planning Commission for Bowne Township will hear public comments related to the following request. The public hearing will be held at 7:00 P.M. at the Historic Township Hall, located at 8240 Alden Nash SE, Alto concerning the following:

1. 12851 64th STREET SPECIAL LAND USE PERMIT

Mr. and Mrs. Anthony Bradley, of 12851 64th Street, have submitted an application for Special Land Use Permit to operate a rural oriented wedding operation. They are seeking a Special Land Use permit under Section 6.04(k), which permits such operations per special land use approval from the Bowne Township Planning Commission. The parcel number for the referenced address is 41-24-02-100-007

The application and plans are available for review and written comments will be received until 4:00 P.M. Thursday, July 2, 2020 at Bowne Township Hall, 8240 Alden Nash SE, Alto, Michigan 49301. All interested parties will be heard at the meeting.

Bradley S. Kotrba  
Planning & Zoning Administrator  
(616) 988-3526



**WE SHIP UPS!**

Our Prices Can't Be Beat!  
Call Us for a Price Quote!  
Weight & Zip Code Required for a Quote

**The Lowell Ledger**  
105 N. Broadway, 897-9261



Call our office today!



**Family Dentistry of Lowell**

Ann Wilson D.D.S. & Jennifer Byrd D.D.S

Whitening special for June, July & August (616)897-4835

**PHILIPS ZOOM!**

# business directory

**FRY DADDY'S**  
608 West Main Street  
Lowell, MI 49331  
**897-FISH**  
Fish, Shrimp, Wing Dings, Chicken Strips  
**DAILY SPECIALS**  
Closed Sunday & Monday



**BILL WHEELER**  
Certified Public Accountant  
W.J. WHEELER  
103 Riverside Dr.  
Lowell, MI 49331  
**897-7711**



**RISNER'S ROOFING & HOME IMPROVEMENT**  
SHANE RISNER • 616-897-1080  
email: risnersroofing@gmail.com  
website: risnersroofing.com



**JERRY'S LAWN MAINTENANCE & SNOWPLOWING**  
• Snowplow Service  
• Winterizing of Sprinkling Systems  
• Fall Cleanup  
• Spring Clean-Up  
• Lawn Maintenance  
• Fertilizing & Bark  
Over 25 years of experience, insured, referrals upon request  
**PHONE 616-822-4168**



**Rich's Service Co.**  
In-Home Appliance Repair  
Dryer Vent Cleaning  
INSURED • 20+ YEARS EXPERIENCE  
Washers • Dryers • Refrigerators  
Garbage Disposals • Stoves  
• Dishwashers  
**RICH CURTIS • 897-5686**  
209 E. Main St., Lowell



**Showboat AUTOMOTIVE SUPPLY, INC.**  
KIRK COLLINS, OWNER  
1450 W. Main St., Lowell  
**(616) 897-9231**  
Hours: Mon - Fri 8-7; Sat 8-5:30; Sun 9-3







**HANSON REAL ESTATE GROUP .COM**  
**(616) 682.9225**



• Lowell, Ada, Rockford & Caledonia Specialists  
• 30+ Years Selling and Developing Real Estate  
• Ask About Our New 2020 Developments  
• Trade/Guaranteed Sales Program!  
Call Now for a Free Market Analysis on Your Property!

**897-4123**  
**Arctic Inc. Heating & Cooling**  
• Heating & air-conditioning • Wall hung boilers & water heaters  
• Geo Thermal systems • Radiant floor heat • Snow melt systems  
• Whole house generators • Duct work • Humidifiers  
SALES, SERVICE AND INSTALLATION, UPGRADES, NEW HOMES  
www.HeatingCoolingOnline.com




**YOUR AD HERE**  
CALL 897-9261 TO ADVERTISE



## Lowell Strong: Dearly Loved Bridal

What effects did the shutdown have on your business?

Being such a specialty item, it was very hard for us to adapt to online sales. Though we have had our inventory displayed for a few months prior to the shutdown, it was mainly for display. Being closed completely had an extremely negative impact on our business. Almost 30 percent of our business was generated from prom sales last year and, with a lot of those canceled, it's been tough.

What did you end up missing the most while closed to the public?

Our brides and customers. Our field is so personal, that it was very hard to be away from all the smiling faces we love seeing.

What surprised you about/during the quarantine?

How quickly businesses were able to pivot and adapt, and how close the community became because of it.

Other than your business, what other effects



has the pandemic had on you/your family/your friends?

I went from a full time businesses owner to a stay-at-home mom. It was a tough adjustment, but I've enjoyed the uninterrupted time with

my two boys.

What sanitizing, social distancing, etc. are you doing, and what should customers expect to see/do when they enter?

We are taking all suggested precautions and going above and beyond to sanitize. We will continue to offer private appointments after hours, as well as Saturdays.

Are you planning any sales, events, etc. in the coming weeks?

We will be having a Prom Sidewalk Sale on Friday, June 19 to accommodate all of the summer proms, and have been doing a few special giveaways on our social media pages.

Do you have any other message for the citizens of the Lowell area?

We love being in the Lowell community and cannot wait to get back to business!

For more information about Dearly Loved Bridal, contact owner Raegen Davis at 616-987-0060, shopdearlyloved@gmail.com or dearlylovedbridal.com.



**Support the Local Businesses Who Help Support Our Community!**



**NEWSPAPERS Outperform Billboards in Michigan**

the lowell ledger

Newspapers are more engaging than billboards.

7 seconds average time spent viewing a billboard<sup>2</sup>

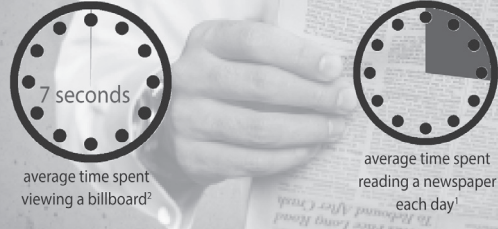

16 minutes average time spent reading a newspaper each day<sup>1</sup>

Newspaper ads result in more purchases than billboards.

**79%** Eight in ten newspaper readers took action as a result of reading a newspaper ad in the past 30 days<sup>3</sup>

**2.3%** 2.3% of adults made a purchase in the last 90 days as the result of a billboard ad<sup>4</sup>

Sources: <sup>1</sup>eMarketer; <sup>2</sup>Lamar Advertising; <sup>3</sup>Triad/Coda Ventures - The Newspaper Generation Study; <sup>4</sup>Pulse of America 2018; <sup>5</sup>NAA

# viewpoint

## to the editor



### 125 years ago The Lowell Ledger July 5, 1895

Last Friday evening was a very comfortable one for people in crowds – as far as temperature was concerned; but the immense gathering in Train’s Opera house soon made it warm enough for perspiring purposes. The woman with the baby was there, and it cried for half an hour before she took it out. It wasn’t right, of course, but what are you going to do about it? Some people will never learn to regard the rights of others, and they say there’s a new one born every minute.

Alonzo Huntley, aged 74, passed through several towns in the state on his way to Big Rapids from Council Bluffs, Ia, to visit relatives. He walked all the way and his feet were literally raw. He drew a little express wagon containing clothes. His only companion is a dog.

The glorious Fourth has come and gone. In-so-much as its celebration has taught lessons of patriotism, and inculcated in the minds of Young America a reverence for the heroes of 1776—inspiring to higher and nobler purposes—it is well. In cases however, where the day has been made an occasion SOLEY for races, carousals and sports, with no allusions to the origin of the day, no words of gratitude for the patriots of old and no lessons for the young, the Fourth of July was a miserable failure. Better abolish the holiday than to observe it such a manner.

### 100 years ago The Lowell Ledger July 8, 1920

Lowell is having an unusual number of cases of whooping cough, called by the doctors, Pertussis. In the past no attention was paid to the quarantine of the very serious disease of childhood. Precautions should have been taken long before to prevent its spread. If the doctors in town will kindly report all cases, they may have or know of, to the health officer, and the people will co-operate, as they have in the past epidemics, we ought to get this checked before we have some deaths among our smaller children.

A reporter for the Review was piloted down into the basement of the county jail a few days ago by Sheriff Hoppaugh and shown the still taken from the home of a North Plains farmer—the first uncovered in Ionia County. Although the man had been making considerable liquor it is doubtful if this would have been discovered had not one of the men to whom he had sold some of the stuff tarried too long at the

bottle. The man lived in Lansing, and when he got to smashing things up his wife reported the case to the officers. They got a statement from the man as to the source of his supply and the state sent a couple of officers to this county. Ionia deputies made the arrest, after this investigation.

The Lowell base-ball club is grieved to announce that no game will be played here Thursday, July 8. Mr. Beaver has been unable as yet, to remove the hay from the park, but we feel sure that he will go to the limit and have it taken care of before the date of the next game.

### 75 years ago The Lowell Ledger July 5, 1945

Mr. and Mrs. Vern Armstrong have received word from their son, Sgt. Lawrence Armstrong that he is on his way home from the Philippines.

President Truman, Prime Minister Churchill of Britain, and Premier Stalin of Russia, will meet near Berlin at some time before July 26. It seems necessary for the heads of these three countries to get together and plan for unified action. The peace of the world depends upon the ability of these three countries to act together to prevent wars from breaking out. So long as they are united in the objective, they have the power to stop wars.

Don’t be too much elated over the announcement that the meat supply is up during the month of July. The extra supply will amount to about one more bite a day per person—if you can get to it.

### 50 years ago The Lowell Ledger July 9, 1970

Six area Eberhard super markets, including one in Lowell, remained open as a strike by 139 members of Local 20, Retail Store Employees Union, began its second week. The cashiers, produce and stock clerks set up picket lines at six of the firm’s markets last Thursday when negotiations over a new contract broke down.

Residents of communities surrounding the City of Lowell are going to have to find another place to dump their refuse. A resolution passed by the city council will prohibit entry to the city sanitary landfill of any car of truck without a windshield sticker identifying the driver as a resident of Lowell.

Pete VanEennaam, a former area resident, blasted a hole-in-one at Arrowhead 15th hole over the weekend. He used a four-wood for the 218-yard hole.

### 25 years ago The Lowell Ledger July 5, 1995

His interim role as Lowell’s director of personnel and community services left Mike Matlosz without the day-to-day contact with students. “I still want that day-to-day contact. That has been missing for me with me central office position,” Matlosz said.

Lowell’s Clay Pelon and Heather Pelon were members of the MSU marching band which played in the recording of ABC’s college football theme. Clay Pelon was also asked to participate in the video promo for the Nebraska/Michigan State football game.

Navy Petty Officer 3rd Class Jack D. Ryan, of Saranac, recently returned to Norfolk, VA from a six-month overseas deployment to the Mediterranean Sea with the destroyer tender USS Shenandoah. Ryan was one of 1,528 sailors aboard the ship who completed the 11,000-mile voyage which began in late November.

Dear Editor:

The second amendment was ratified in December of 1791, as part of the Bill of Rights. Without an army, the militia was deemed necessary to band together to guard against oppression of the people. The debate in 1791 was intense, with the final ratification of the amendment at that time. Of course, “the people” only included white men.

I wonder if, after the ratification, did our forefathers pack up their big guns and walk the streets of New York and Philadelphia, promising to “protect” the citizens that didn’t need protecting?

Did they ride into town in their horse and buggies with signs on the back that were racist, degrading to our local government, and espousing bigotry like the

truck seen in the June 10 Ledger?

Did any of our forefathers think that the amendment was meant to give someone the permission to use a gun that can shoot, in seconds, dozens of the same people that they were meant to protect?

Did they have any idea that our children would have shooting drills in school because we won’t regulate the guns that kill them?

I am not against guns and I feel that I have a right to own them. I also support the Bill of Rights and all of the amendments, in a nation of “all” the people, by “all” the people, and for “all” the people.

Diane LaWarre  
Lowell



## We love to hear from you!

The Lowell Ledger welcomes letters to the editor from readers, but there are a few conditions that must be met before they will be published.

The requirements are:

- All letters must be signed by the writer, with address and phone number provided for verification. All that will be printed is the writer’s name and community of residence. We do not publish anonymous letters, and names will be withheld at the editor’s discretion for compelling reasons only.
- Letters that contain statements that are libelous or slanderous will not be published.
- All letters are subject to editing for style, grammar and sense.
- Letters that serve as testimonials for or criticisms of businesses will not be accepted.
- Letters serving the function of “cards of thanks” will not be accepted unless there is a compelling public interest, which will be determined by the editor.
- Letters that include attacks of a personal nature will not be published or will be edited heavily.
- “Crossfire” letters between the same two people on one issue will be limited to one for each writer.
- In an effort to keep opinions varied, there is a limit of one letter per person per month.
- We prefer letters to be printed legibly or typed, double-spaced.

# HEALTH

## M METRO HEALTH

UNIVERSITY OF MICHIGAN HEALTH

Johnathan G. Meier, D.O.    Laura E. Kass, PA-C  
Wayne A. Christenson, D.O.    Kaili M. Walker, PA-C  
Tracy L. Lixie, D.O.    Alexandria Clum, PA-C  
Catherine S. Smith, NP-C

# ABCs of Lowell History

The Lowell Area Historical Museum introduces a new weekly feature to explore local history.

The ABC's of Lowell's History this week is:

### N is for Newell

The Newell Manufacturing Company was formed in 1940 by Frank Newell and I. O. Altenburger and was known for making two opposite, very different items - hardware for doors and air-fired toy guns.

The company incorporated with Frank Newell as president and general manager and I.O. Altenburger as vice-president in charge of production. Mr. Newell had been in sales and Mr. Altenburger was a manager with the Lowell Manufacturing Company, located at 324 W. Main St., where the Shell Gas Station is now located. Newell Manufacturing moved into the former West Ward School at 615 Chatham Street when the city consolidated schools and

began leasing the building. Eventually the company bought the building and property, and built their own building.

balls bearing the Newell Company trademark. In 1949 over 300,000 toy guns were shipped from Lowell all over the world!

Newell was the daughter of Dexter G. Look, successful Lowell druggist and wife of Newell. Upon her death she left her estate to the Lowell



In 1949 Lowell was represented at the 46th annual American Toy Fair in New York City by Mr. and Mrs. Frank Newell. The Newells were exhibiting the company's toy guns. The toy was an air-fired sub-machine gun. It was made with a plastic stock and polished aluminum barrel. Each 'gun' sold was packed with three red table tennis

The company went through hard times when Frank Newell unexpectedly died of a heart attack in 1957, and I.O. Altenburger died in 1960. The company reorganized under the manager, Wallace Hook, with investors from Grand Rapids. The company continued in the field of door hardware.

Congregational Church and the City of Lowell. In 1968 the company was acquired by Wolverine Industries of Grand Rapids and in 1981 the Dayton - Walther Corporation of Dayton, Ohio became the owner. The Newell Manufacturing building still stands on Chatham Street and is now home to PURforms.

### - varicose veins

Varicose veins are swollen, bulgy, twisted veins that are visible just below the skin's surface. They may cause leg pain and swelling and can be cosmetically unappealing. They develop when the veins in the legs do not work properly. Healthy veins carry blood from the legs to the heart and use the small valves inside of them to help move the blood in the right direction, back to the heart. Varicose veins arise when these valves become damaged or the vein walls weaken, causing blood to pool in the legs.

or standing. Symptoms of varicose veins include swollen, heavy, tired, aching legs; dry, itchy skin; changes in skin color; and swollen legs and ankles, sometimes with open sores called venous ulcers.

To reduce swelling and discomfort of the varicose veins, walk around, and try not to sit or stand in one place for an extended period. Raise and rest your legs three to four times a day for a period of 30 minutes. Point and flex your feet several times. Your doctor may recommend specialized treatment such as compression stockings, special socks that fit over the legs and ankle and are available both over the counter and with a prescription. For severe varicose veins, there are some surgical options.

There are several reasons why varicose veins occur, including family history, female sex, being tall, multiple pregnancies, being overweight, previous blood clots or traumatic damage to the valves of the veins, and prolonged sitting

**Fulton St. Garden and Yard Care**    Nick Price  
(616) 201-4030  
fultongardenpros@gmail.com  
fultonyardgarden.com

Mulching  
Raised Beds  
Yard Care

## college news

Spencer Rowland, of Saranac, and John Andrulis, of Alto, were named to the Wheaton College (Ill.) Dean's List for the Spring 2020 semester.

Niklaas Kurth of Alto, was named to Lewis University's Dean's List for the 2020 Spring Semester.

Kurth is studying Aviation Flight Management at Lewis University.

Just under 1,700 students were honored on the Lewis University Dean's List for the 2020 Spring Semester.

To be eligible for this honor, students must have completed a minimum of

12 credit hours during the semester with a grade point average of at least 3.5 and with no "D" or "F" grades.

There were more than 600 students from Saginaw Valley State University whose determination and commitment to academic excellence earned them a spot on the winter 2020 semester President's List.

Elle Coble, of Lowell,

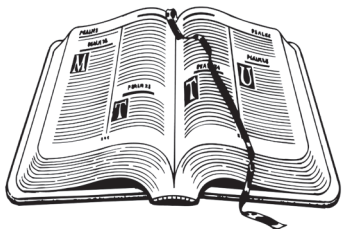
was among the students recognized for their academic excellence.

To be eligible for the President's List, a student must take at least 12 credit hours and earn a 4.0 grade point average.

Grace I. Ostrander, of Lowell, a freshman, was

College news, continued, page 12

# area churches



**GOOD SHEPHERD LUTHERAN CHURCH**  
103 Bluewater Highway (Missouri Synod)  
Halfway between Lowell & Saranac on M-21

Access Services at  
[www.goodshepherdlowell.org](http://www.goodshepherdlowell.org)  
Left hand side, click on Sermons, etc.

Joseph Fremer, Pastor 897-8307  
All facilities are wheelchair accessible

**CALVARY CHRISTIAN REFORMED CHURCH OF LOWELL**  
897-7060  
Pastor Ryan Landt  
1151 West Main Street, Lowell, MI

Morning Worship.....10:00 AM  
Sunday School.....11:20 AM  
Evening Worship.....6:00 PM  
Nursery available at both services  
Barrier-Free

**St. Mary Catholic Church**  
402 Amity Street • 616-897-9820  
Website: [www.stmarylowell.com](http://www.stmarylowell.com)

Weekend Masses: Sat 5 pm; Sun 10:30 am  
Confession: Saturdays 3-4:30 pm  
Prayer & Adoration: Wednesdays 8 am to 7 pm  
RELIGIOUS EDUCATION FOR CHILDREN TO ADULTS

**FIRST CONGREGATIONAL UNITED CHURCH OF CHRIST**  
865 Lincoln Lake SE • [lowellucc.org](http://lowellucc.org)

Pastor Alyssa Anten  
Worship Service - Sundays 10 AM  
Open Table (No-cost meal) - Thursdays 5 - 7 PM

Open & Affirming • LGBTQ+ Inclusive  
616-897-5906

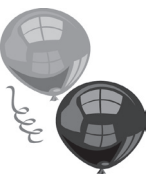
**FIRST BAPTIST CHURCH OF LOWELL**  
CHRIST-CENTERED, KINGDOM-FOCUSED HOMES  
2275 West Main Street - (Barrier Free)  
897-7168 • [www.fbclowell.org](http://www.fbclowell.org)  
Pastor Jon Pickens • Lead Pastor  
Pastor Andrew Bolkcom • Pastor of Discipleship  
Christi Swain • Director of Children's Ministries

SUNDAY WORSHIP.....9:30 AM (Nursery provided)  
LIFE GROUPS .....11:00 AM (Nursery-Adult)  
Awana (K-5 during school year) Wednesday, 6:15 PM

**LOWELL UNITED METHODIST CHURCH**  
discover. grow. share  
621 E. Main Street  
897-5938  
[www.lowellumc.com](http://www.lowellumc.com) • Barrier Free Entrance

WORSHIP  
11 AM on the Riverwalk  
Sr. Pastor - Brad Brillhart

## happy birthday



**July 1**  
Brandon Hewitt, Dylan Borton, Amy Markel

**July 2**  
Bradley Ball, Marilyn Sauber, Brandon Lee, Logan Brenk, Landon Trierweiler, Ryan Lynne Golczynski, Mary Jo Buechler, Calihan Janowiak, Teresa Beachum

**July 3**  
Alice Ryder, Jamie Capen, Maxin Ligman

**July 4**  
Barb Austin, Zachary Rhodes, Tara Sherman, Dan DeHaan

**July 5**  
Dave Burdette, Jacob Hiskey, Randi Ellis, Brennan Page, Devinne Ossewaarde, Bob Canfield, Dee Doyle, Junie Hoag

**July 6**  
Marty DeYoung, Jason Barber, Amy Stencil, Pat Dorsey, Chris Page, Ed Walling

**July 7**  
Phil VanLaan, Elizabeth Gerard, Tim Tulppo, Zach Meiste, Wayne Racine, Brice Wingerter



# Kent County's COVID-19 small business recovery program



by Brendan A. Sanders  
contributing reporter

Small businesses throughout Kent County are now applying for funding from the newly formed Kent County Small Business Recovery Program.

The Kent County Small Business Recovery Program, funded through the county's CARES Act grant, will be providing \$25 million in immediate aid and support for small businesses throughout the county that have been affected by the COVID-19 pandemic. Some businesses in Lowell are believed to be already approved for the program.

According to Lowell Chamber of Commerce executive director Liz Baker, seven businesses in the 49331 zip code applied for the first round and four are being held for the next round because they have already received some sort of COVID-19 assistance.

This fund is focused on using coronavirus relief funds provided under the CARES Act to support for-profit businesses with fewer than 25 full-time equivalent employees located in Kent County. This fund helps businesses that have not been able to access or have been denied local, state or federal relief funds, or need additional support to weather this crisis.

Businesses that qualify for this fund will receive a short-term economic relief grant of \$5,000, \$10,000, \$15,000 or \$20,000 depending on the size of the business, operating costs and additional scoring metrics. Business sizes will be categorized as 0-5 employees, 6-15 employees, and 16-25 employees. They may also receive technical assistance such as cost-cutting measures, reviewing creditor/obligation recommendations (deferments and loan re-aging), connections to other resources and a six-month cash flow projection and analysis with a business consultant.

There are a few requirements that businesses must meet to qualify for this program. They must be a private, for-profit business located and registered in Kent County with 25 employees or fewer. They must have been directly impacted and have experienced losses due to business interruption related to COVID-19. They also must have a business start date before Feb. 15, 2020.

The first round of applications will be for those that have not previously received COVID-19 related aid.

The program is focused on businesses that were previously unable to access coronavirus relief funds and are otherwise the most disadvantaged. That includes those with language barriers and from underserved communities.

# Today: Wednesday, July 1, 2020

*Wednesday, July 1 is the halfway point of 2020. Today is the 183rd day of the year and there are 183 days remaining until the end of the year. It's a leap year, so there are 366 days.*

## Historical Events

1520: Spanish conquistadors led by Hernán Cortés fight their way out of Tenochtitlan [now the site of Mexico City] after nightfall.

1766: In Abbeville, France, François-Jean de la Barre, a young nobleman, is tortured and beheaded, a copy of Voltaire's "Dictionnaire Philosophique" is nailed to his torso and his body is burned on a pyre. His crime was not saluting a Roman Catholic religious procession.

1770: Lexell's Comet is observed passing closer to the Earth than any other comet in recorded history, approaching at a distance of approximately 1,360,000 miles.

1819: Johann Georg Tralles discovers the Great Comet of 1819, the first comet analyzed using polarimetry (measurement of magnetic waves).

1837: A system for registration of births, marriages and deaths is established in England and Wales.

1855: The Quinault and Quileute tribes sign a treaty ceding their land (in modern Washington) to the US.

1858: Reading of Charles Darwin's and Alfred Russel Wallace's papers on evolution at the Linnean Society of London.

1863: The Battle of Gettysburg begins.

1867: Canada Day: The provinces of Canada, New Brunswick and Nova Scotia join to create the nation of Canada. Sir John A. MacDonald is sworn in as the country's first prime minister.

1881: The first international telephone call in history is made between St. Stephen, New Brunswick, Canada, and Calais, ME.

1898: The Spanish-American War battle of

San Juan Hill is fought in Santiago, Cuba.

1903: Start of the first "Tour de France" bicycle race.

1908: "SOS" is adopted as the international distress signal. The letters do not mean anything, three dots and three dashes are just easy to tap in an emergency.

1916: First day of the World War I battle of the Somme: 19,000 British Army soldiers are killed and 40,000 wounded.

1923: The Parliament of Canada suspends all Chinese immigration.

1963: Introduction of the ZIP code by the US Postal Service.

1968: The Treaty on the Non-Proliferation of Nuclear Weapons is signed by 62 countries in Washington DC, London and Moscow.

1968: Official separation of the United Auto Workers union and the AFL-CIO.

1979: Introduction of the Sony Walkman.

1984: The PG-13 rating is introduced by the MPAA.

1991: The Warsaw Pact is officially dissolved at a meeting in Prague, Czech Republic.

1997: China resumes sovereignty over Hong Kong, ending 156 years of British colonial rule.

2002: The International Criminal Court is established.

2003: Over 500,000 people protest against efforts to pass anti-sedition legislation in Hong Kong.

2007: Smoking is banned in all public indoor spaces in England.

## Birthdays

1633: Johann Heinrich Heidegger, theologian, author

1804: George Sand, author, playwright

1899: Thomas A. Dorsey, gospel pianist, composer

1899: Charles Laughton,



**Willie Dixon**

actor, director

1902: William Wyler, director, producer

1906: Estée Lauder, cosmetics entrepreneur

1915: Willie Dixon, blues singer/songwriter, bass player (pictured above)

1916: Olivia de Havilland, actor

1920: Harold Sakata, wrestler, actor

1925: Farley Granger, actor

1934: Jamie Farr, actor

1934: Sydney Pollack, actor, director

1935: James Cotton, blues singer/songwriter, harmonica player

1936: Wally Amos, founder of Famous Amos

1939: Karen Black, actor

1939: Delaney Bramlett, singer/songwriter, guitarist

1941: Twyla Tharp, dancer, choreographer

1942: Genevieve Bujold,

actor

1942: Andraé Crouch, singer/songwriter, pastor

1945: Debbie Harry, singer/songwriter, Blondie

1951: Terrence Mann, Broadway actor, singer, dancer

1951: Fred Schneider, singer/songwriter, the B-52s

1951: Victor Willis, singer/songwriter, the Village People

1952: Dan Aykroyd, actor

1955: Lisa Scottoline, lawyer, author

1960: Evelyn "Champagne" King, soul/disco singer

1961: Carl Lewis, long jumper, runner

1961: Diana, Princess of Wales

1962: Andre Braugher, actor

1963: Roddy Bottum, keyboard player, Faith No

1963: Roddy Bottum, keyboard player, Faith No

More

## BOWNE TOWNSHIP

JULY BOARD OF REVIEW TO BE HELD IN THE HISTORIC TOWNSHIP HALL - 8240 ALDEN NASH SE, ALTO, MICHIGAN

TUESDAY, JULY 14, 2020  
4 P.M. TO 8 P.M.

BY APPOINTMENT ONLY  
616 868 6846

Appeals may be by letter addressed to the Bowne Township Supervisor & received by him prior to July 9, 2020 or by appearing in person at a pre-scheduled time.

Dennis McKelvey-Assessor  
Randy Wilcox - Supervisor

## NOTICE VERGENNES TOWNSHIP

### SEEKING APPLICANTS

The Vergennes Township Board is seeking to hire a Receptionist/Building Department Assistant. The job description may be obtained on the township website listed below, or at the township offices located at 10381 Bailey Dr., Lowell, MI 49331. The deadline to submit a letter of interest and resume is July 8, 2020 at 3 p.m. Applicants will be considered at a Special Meeting of the Vergennes Township Board to be held July 9, 2020 at 8 a.m.

Shantell Ford  
Vergennes Township Clerk  
www.vergennestwp.org

**Your Local Tree Care Experts**

- ~ Tree & Shrub Fertilization
- ~ Disease & Insect Control
- ~ Pruning & Tree Removal
- ~ Stump Grinding
- ~ Fully Insured

**Call Today!**  
**616-890-2348**

MEMBER  
TCIA  
VOICE OF TREE CARE  
MEMBER  
ISA

# House urges state, feds to approve Line 5 tunnel permits

Rep. Greg Markkanen's (R-Hancock) resolution calling on state and federal authorities not to delay in issuing the permits needed to move forward with the Great Lakes Tunnel Project passed the House Wednesday, 80-28.

The tunnel would entomb the existing light crude pipeline known as Line 5 under the Straits of Mackinac. Currently, the line runs along the lake bottom.

HR 282 moved out of the House Natural Resources

& Outdoor Recreation Committee earlier in the day Wednesday. It comes amid legal action from the Attorney General's office and an alleged permit delay from the Department of Environment, Great Lakes and Energy.

Wednesday's resolution also comes days after an anchor broke loose on one of the pipes, causing Line 5 owner Enbridge to shut down one of the two lines. The National Wildlife Federation called Wednesday's resolution

a "diversion," noting that Enbridge was recently fined \$6.7 million by the EPA for a 1-million-gallon oil spill into the Kalamazoo River.

"The real story is that the Line 5 oil pipeline is a catastrophe waiting to happen and that Gov. Gretchen Whitmer has the authority and the duty to shut down the risky Line 5 oil pipeline now," said NWF's Beth Wallace.

Markkanen said the Upper Peninsula and Northern Michigan needs

the propane that comes from that line and a tunnel will guarantee that it flows between the two peninsulas with little risk of polluting the Great Lakes.

"At some point, the delay tactics have to come to an end," Markkanen said.

Copies of HR 282 will be sent to the Chief of Engineers and Commanding General of the US Army Corps of Engineers, the director of the U.S. Fish and Wildlife Services, the EGLE director and the

Michigan Public Service Commission.

Nearly all House Republicans voted yes and most of the House's Democrats voted no. The only Republican to vote no was Rep. Sue Allor (R-Wolverine).

The Democrats voting yes were: Reps. Kara Bolden (D-Southfield), Wendell Byrd (D-Detroit), Sara Cambensy (D-Marquette), Brenda Carter (D-Pontiac), John D. Cherry (D-Flint), John Chirkun (D-Roseville),

Kevin Coleman (D-Westland), Brian Elder (D-Bay City), LaTanya Garrett (D-Detroit), Sherry Gay-Dagnogo (D-Detroit), Jim Haadsma (D-Battle Creek), Kevin Hertel (D-St. Clair), Jewell Jones (D-Inkster), Sheryl Kennedy (D-Burton), Donna Lasinski (D-Scio Twp.), Mari Manoogian (D-Birmingham), Cynthia Neeley (D-Flint), Terry Sabo (D-Muskegon), Joe Tate (D-Detroit), Angela Witwer (D-Delta Twp.) and Tenisha Yancey (D-Detroit).

# House votes to ban surprise medical billing

The House voted Wednesday to outlaw a practice known as "surprise medical billing," in which a bill arrives to a patient from an out-of-network provider - like an anesthesiologist - who assists in a procedure performed by an in-network doctor or in an in-network hospital.

Rep. Roger Hauck (R-Union Twp.), sponsor of two pieces of the four-bill package, said one out of every seven patients gets a surprise medical bill, and sometimes they can be for thousands of dollars.

House members gave strong support to Hauck's

HB 4459 and HB 4990 as well as Rep. Frank Liberati's (D-Allen Park) HB 4460 and 4491.

"We live in a world where one of the leading causes of bankruptcy is medical expenses," Hauck said in a floor speech Wednesday evening.

He said a bad situation is made worse when families get an unexpected medical charge they didn't know wasn't part of their plan's network. Sometimes it's an emergency when the patient can't select the providers or facilities that treats them. Other times, a patient receives planned care from

an in-network provider, but another treating provider like the anesthesiologist, radiologist or surgical assistants are brought in.

Hauck said one of his constituents did all the right things before having knee surgery, calling ahead to determine the facility was in his insurer's network.

"Unfortunately and unbeknownst to him, one of the doctors who assisted with the surgery that day was not," Hauck said. "My constituent was hit with a \$2,000 bill that he hadn't anticipated and couldn't afford to pay."

Without legislation to

ban the practice, health care providers may actually have a financial incentive to stay out-of-network because they can avoid signing contracts with insurance companies setting a fee schedule for services, according to testimony given in the House Health Policy Committee.

Hauck said the legislation takes the patient who has insurance out of the middle of billing disputes between out-of-network providers and insurance companies. The legislation would allow out-of-network providers to bill insurance companies either for 150 percent of what Medicare would pay

for the procedure or what the average payment is to in-network providers, whichever is higher.

Hauck's bills address emergency procedures; Liberati's address non-emergencies.

HB 4459 passed 101-5. HB 4460 passed 106-0. HB 4990 and HB 4991 passed 104-2.

Although popular with House members, the bills were not well received by the Michigan State Medical Society. Julie Novak, chief executive officer of MSMS, issued a statement saying the bill had been written by health insurance companies

at the expense of physicians and their patients.

"The physician community stands with Michigan patients against out-of-network bills and has proposed a fair process that removes the patient from being caught in the middle, while providing for an equitable dispute resolution process," Novak said. "Instead, the one-sided legislation completely eliminates a physician's ability to negotiate with the biggest insurance companies in the state. Make no mistake, physician practices will close, and patients will lose access to care as a result."

## Caring for someone with Alzheimer's isn't easy. Reaching us is.



If you care for someone with Alzheimer's disease, memory loss or dementia, you are not alone. We're here day or night — whenever you need us — offering reliable information and support.

800.272.3900  
alz.org/gmc

alzheimer's association

Michigan Chapter

## More Michigan legislature news

Voters this fall will be asked if a ban on warrantless search and seizure of a person's electronic data and communications would be written into the state Constitution. The House unanimously passed this Wednesday, less than two weeks after the Senate passed the same measure by the required two-thirds vote.

Sen. Jim Runestad (R-White Lake) has said if "privacy still matters" to Americans, Article I,

Section 11 of the Michigan Constitution needs to protect electronic data and communications like it was personal property. Such protection, Runestad said, is long overdue.

The House approved, 56-51, a Sen. John Bizon (R-Battle Creek) bill, SB 0517, that orders the Department of Transportation to do a feasibility study on turning some Michigan highways into toll roads. A

combination of Republicans and Democrats voted in support of the bill, designed to possibly raise additional money for the roads.

Employers could not require their employees to be microchipped as a condition of employment, but they could offer it as optional replacement to identification badges, under Rep. Bronna Kahle (D-Adrian) legislation that passed the House Wednesday, 104-2.

Radio-frequency identification tags, commonly referred to as microchips, are beginning to seep into the marketplace as new technological devices to help streamline everyday business practices. The chips, roughly the size of a grain of rice, are implanted into the hands of employees and act as a replacement for I.D. badges, timecards, usernames and passwords for security clearance, and even credit cards.

While there are only a few known US-based companies embedding microchips in its employees, several job providers could be following suit soon - including businesses in Michigan.

HB 5672 has Michigan joining five other states in outlawing mandatory microchipping.

## NOTICE VERGENNES TOWNSHIP

### ACCURACY TEST OF VOTING EQUIPMENT

A public accuracy test of the voting equipment to be used in the August 4, 2020 Primary Election will be held on Tuesday, July 7, 2020 at 9:30 am at the OLD Vergennes Township offices located at 10381 Bailey Dr., Lowell, MI 49331. Testing will be conducted by Election Source.

Shantell Ford  
Vergennes Township Clerk



# Springgrove Variety going out of business Aug. 1



including Owosso, Marysville and Wyoming, but they are slowly shutting the chain down. Locations in Greenville and Allegan have already closed and Wyoming is about halfway through the six week process. The Sprengers bought the Lowell store from Duane Lambert in 1995; back then it was known as “Lambert Variety Store.” Before that it was a “Ben Franklin” owned by Jim Evans and “Frank’s 5 & 10,” owned by Dick and

Trudy Schlernitzauer. Sprenger said the first variety store on that corner opened in 1929, but the original building was torn down and the current one built in 1940. Sprenger and the store have consistently been active in the community, including sponsorships and other donations to local organizations such as Pink Arrow Pride and Flat River Outreach Ministries. He said he isn’t retiring, just cutting back his hours until the last

two remaining Springgrove stores close in 2023. “We’ve been able to stay open because of the support from the community, but we’ve outlived our niche,” Sprenger said. “We didn’t get rich, but we stayed open. We’re not a COVID death, it was just time, and we had to make the decision.”



by Tim McAllister  
lead reporter

Lowell’s “five and dime” is going out of business after over 90 years in the same location. Mike Sprenger, owner of Springgrove Variety, 123 W. Main, said the closing sale will begin on Aug. 1 and the store will be vacant by Sept. 30.

stores is planning to take that over. It has yet to be determined if other local retailers will pick up Springgrove’s other popular product lines, but there have been some discussions.

pandemic,” Sprenger said. “Somebody is looking at the yarn, somebody is looking at our spices. I’m trying to get somebody to take a look at the other stuff.”

“We have a lot of crafts, and that’s what actually allowed us to stay open as essential during the

Sprenger is originally from the east side of the state. His family owns several “Springgrove” stores around Michigan,

“There used to be a dime store in every little town - a dime store, a soda fountain and a bank - but in the past 10 years they have been steadily going downhill,” Sprenger said. “When I first started here there were seven or eight different wholesalers, now there is only one left and they have really high prices. Also, ‘mom and pop’ are now grandma and grandpa, and the younger generation doesn’t want to do it. It’s just harder and harder to maintain, and I’m getting older. It was the toughest decision in the world. It’s hard. I’ve been doing this for 50 years!”



Mike Sprenger

Sprenger said their top three sellers have been “notions, toys and candy.” Notions are items used in sewing, like buttons and pins. You’ll still be able to get your bulk candy fix, Sprenger said that one of the Main St. antique





**897-8429**  
mdvdental.com

*Introducing...*  
**Dr. Angie Vredenburg**



- Teeth Cleanings
- Preventive Treatment
- Tooth Colored Fillings
- Crown and Bridges
- Implant Restorations
- Experienced - 24 years of gentle dentistry

*Accepting New Patients  
Young Families Welcome*

1150 N. Hudson (In Lowell Medical Dental Building)

# Archiving Lowell High School's football history 32 years ago

by Justin Scott  
contributing reporter

This piece will feature an in-depth look at an important interview done by Ledger reporter, Thad Kraus, and the importance of the beginning efforts to archive Lowell athletics' long history.

The Nov. 2, 1988 edition of the Lowell Ledger is where this interesting anecdote in Lowell history can be found. The interview focuses on Fred Lenger, or as many people may know him, the Lowell football historian.

Lenger wrote pieces that can be found on the Lowell athletics website called "The Red Arrow Tradition," and much of what is known about the historical information of both Lowell's Red Arrow nickname and the football program can be found through his work.

These particular books are powerful in the thoroughness of the research and provide a vast array of information including statistics, anecdotes, scores, rosters, coaches, even an appendix of student managers and assistant coaches. The latest edition of this was 224 pages long and was published in 2014.

An excerpt from Lowell High School Football 2000-2013, The History, The Tradition, The People:



The 1900 Lowell football team, the earliest known team photo from any Lowell High School sport is now catalogued and archived in both Lenger's historical records as well as the school's.

"Train's Field, adjacent to what is now the fairgrounds near the Grand River, was the site of Lowell's first home football game Saturday,

Oct. 13, 1900. Our local boys beat the visitors from Greenville, 11-0. Although the name of the location changed over the years, high school football

continued at that location for the next 94 years."

For an unknown reason, the name of the field was changed eight years later. The Oct. 29, 1908, edition of the Ledger stated, "A game of football between the high school teams of Greenville and Lowell is announced for Saturday afternoon (Oct. 31) at Recreation Park."

Recreation Park/Train's Field is much better known as Burch Field today. The site was renamed in 1974 to honor former teacher and coach Carrol Burch and his wife Helen.

The books on Lowell's football history are scattered, but copies can be found for public viewing at the Lowell High School library and the Lowell Area Historical Museum. It was in the late 80s that 'version one' of the Lowell football historical documents were being pieced together.

We take you all the way back to 1988 - when Tom Hanks' movie "Big" was in theaters and Michael Jackson's "Man In The Mirror" went to #1 - for this unique interview with Fred Lenger.

"In 1986, I came away from the Wyoming Park football game impressed with the historical data that was included in its football program," Lenger told Kraus in 1988. "I realized

that this same information was available to Lowell, it merely had to be uncovered. With my interest in statistics and sports in general, I set out to begin this research. If only I had known what I was about to get myself into. Initially, I wanted to research merely the seasonal records for each of the various interscholastic programs in which the high school has participated. Between girls and boys, this numbered nearly 20 sports. With access to yearbooks dating to 1914 from the Lowell Board of Education, I thought this would be a cinch. I estimated that my project would be completed by the following June. Wrong. I selected football as my first activity. As I recorded the win/loss records. I figured that I might as well record game scores too, since they were readily available. The scores in the yearbooks were only as accurate as given by the coaches. I found many inconsistencies between the yearbook results and the scores which were reported in the newspaper. The scores had to be checked against a third source, so it meant researching the two Grand Rapids dailies, plus the Greenville, Belding and Ionia newspapers. While digging in the

Ledger for verification of the scores. I uncovered many interesting anecdotes which had been hidden amidst the papers and long forgotten by the majority of the community."

Now it is 32 years later and Lenger, now retired and having put two children of his own through the Lowell school system, looks back with pride on all his historical data has accomplished.

The following memories from the interview are noted as some that Lenger most remembered about his time researching Lowell Football's history:

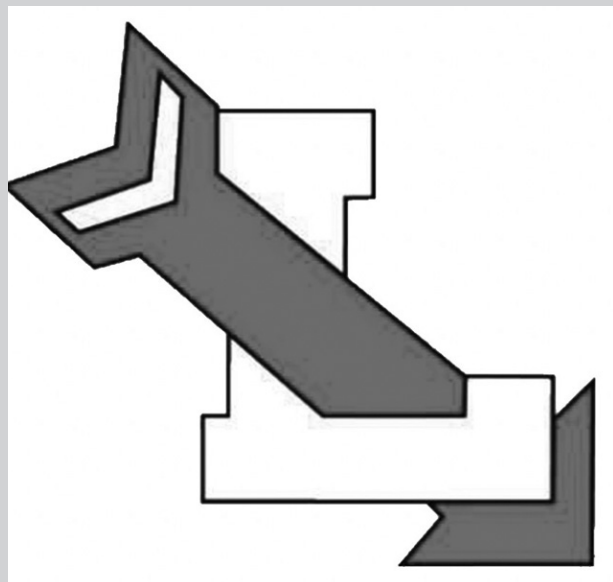
\* Traveling through a terrible snowstorm to East Grand Rapids in order to check some information which it had in its media center

\* Stepping into Charlie Pierce's (Lowell's head coach from 1958 to 1967) classroom after school to ask him a question, then leaving an hour later with enough stories to fill a volume

\* Talking with Elmer Layer (1927-1930 LHS Football player and standout student-athlete in multiple sports) in his living room the day after Christmas about high

LHS football history,  
continued next page

speed, swiftness and accuracy with which the athletes competed. The color red has long been associated with Lowell's athletic teams. Historically, and more importantly, there was significance to the newly selected nickname. The 32nd "Red Arrow" Division of the United States Army had gained fame during World War I and II for their fighting heroism. This division included a number of men from Western Michigan, including Lowell and the surrounding communities. The unit recorded "nearly 650 days of combat," more than any other Army division, and received numerous commendations for bravery, courage and valor. No battleground territory defended by the 32nd was ever lost, and every attempt by the division to break through the enemy lines was successful."



Lowell's Athletics Logo. Lenger not only researched the football program, but also the origins of the "Red Arrows" nickname which was adopted in the fall of 1947. Most people believe Lowell was once called the Red Devils, which is accurate, but was only true for a brief portion of the 1946-1947 school year. According to Lenger's research, "1942 through '46

newspaper stories intermittently referred to the [Lowell] athletes as the Maroons, Reds, Big Reds, Redbirds, Redskins, Red Wings, Red Demons and Red Devils." Lenger also noted in his book the following: "The exact reasoning is uncertain as to why Red Arrows was selected. The students were looking for a name which would accurately describe the abilities of the Lowell athletes. The arrow represented the

# LHS football history, continued

school football during the depression years.

\* Speaking by telephone with Bernice Finch, wife of the late Ron Finch. Lowell Coach who won 31 consecutive football games from 1930-33.

\* Meeting a lot of nice people who were eager to help, most of whom he credited in the book.

For Lenger, finding the information about Lowell's first-ever game in 1900 was the most exciting part of his research.

"This was the single biggest thrill of the entire project," he said to Kraus. "I worked from the present back because I had no idea when that initial contest was played. The first game was played at Belding. Lowell lost that game 17-0. Lowell's first home game was against Greenville. Lowell won that contest 11-0. Touchdowns back then were worth five points and the extra point was worth one, which accounts for the

unusual scores. I kept going back and back hoping for a mention of the first game. It wasn't until toward the end of the 1900 season that Lowell's first football season was mentioned."

Perhaps most impressive about Lenger's work is it was all a labor of volunteerism, out of a love for high school football and the community of Lowell. Part of that love of Lowell is noted in Lowell High School Football 1900-2013.

"As I researched the Ledger, the fact was particularly striking to me those student athletes who remained in the area upon graduation to become vital members of the community," Lenger said. "It was not uncommon to read of the men and women who were noted for their achievements and volunteer work. This is a credit to the values instilled by family, community, education, and extra-curricular activities which all played a role."

Now in the present-day, Lenger had this to say about the football historical research:

"Thirty-four years ago when I began this research I had, in the back of my mind, hoped to someday make this research available to the community and anyone else interested," Lenger said. "The coming of the Internet caused me to believe that perhaps this might become a reality. However, because I had never learned to navigate myself through the necessary steps to set up anything online, the sharing of this research never went beyond the few books which were printed and distributed over the years."

Three decades later, Lenger's historical archive is still intact. In next week's edition of the Lowell Ledger, we'll take a look at the present-day efforts to maintain and expand upon Lenger's research.

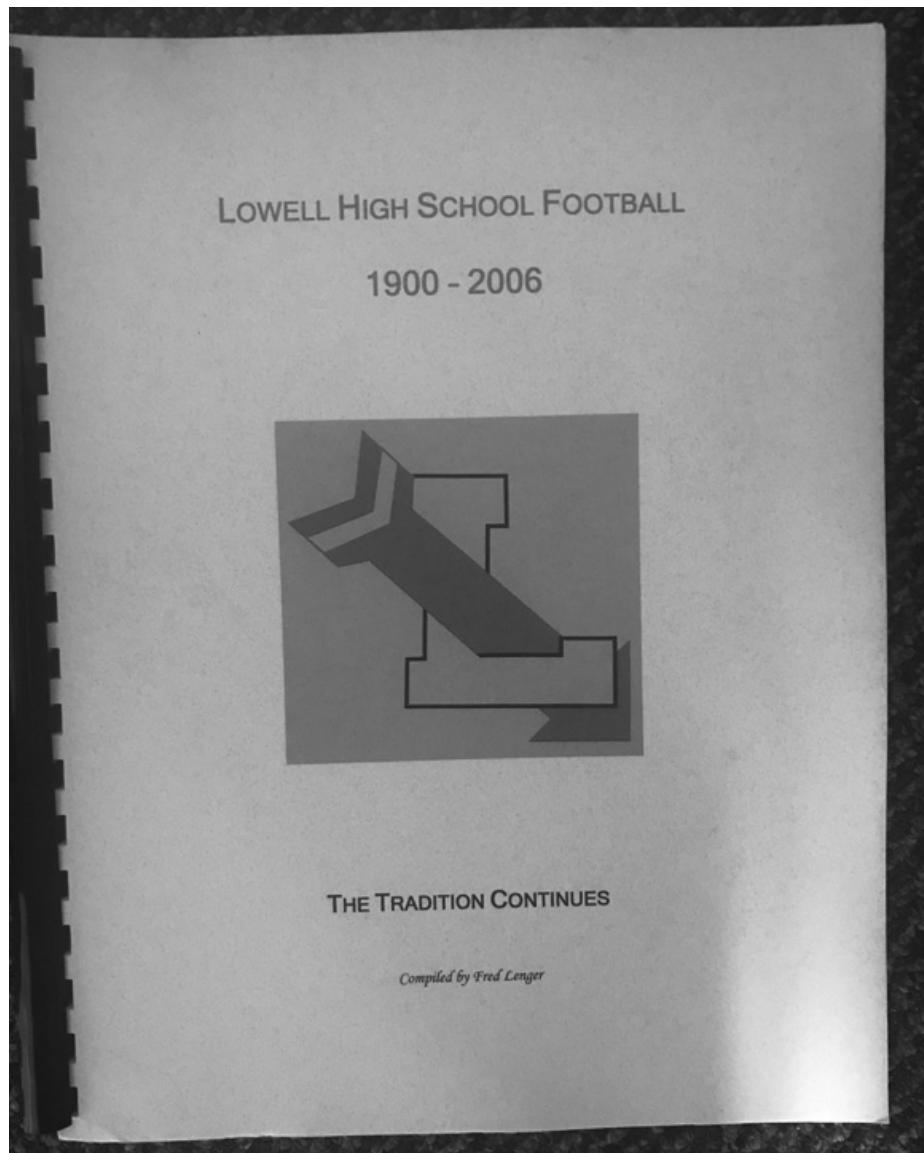


Fred Lenger, Lowell football historian, with his grandson Justin Scott (this article's author) in 2020.

...

**Football is the ballet of the masses.**

*- Dmitri Shostakovich*



The 1900-2006 edition of "The Tradition Continues," Lenger's extensively researched Lowell football history book. Lenger has published several editions since the late 80s.

...

**Football is like life - it requires perserverance, self-denial, hard work, sacrifice, dedication and respect for authority.**

*- Vince Lombardi*



## GET A LOCAL PERSPECTIVE ON OUR COMMUNITY

From community developments to a look at new businesses in town, interesting people in our community, dining, sports, entertainment and much more, it can all be found in the Lowell Ledger!

Don't miss out on community news - Start your subscription today by calling 897-9261

**Subscription Rates**  
**\$25 per year In Kent County**  
*with a zip code beginning with 493 or 495*  
**\$36 per year outside Kent County**

the lowell **ledger**

105 N. Broadway - 897-9261

obituaries

College news, continued

RUSSELL

Doris Eva Russel, age 61 of Lowell, passed away peacefully on June 24, 2020 surrounded by her loving family and close friends after a short and brave battle with stage 4 bladder cancer. She is preceded in death by her father Charles H. Russell; brother, Bry Russell; and niece, Kristen Rose Russell. She is survived by her mother, Eva Ann Russell; brothers, Harry and John Russell; nieces and nephews, Gabriel, Cameron, Thaddeus, Zachary, Charles, Katie, Amanda, and Amy Russell; grand-nephew, Charlie Thomas Barton; cousin, Vikisu Condon (Bruce Katalenich); special friends, Vicki Tasman, Kellie Shoup, and Bonita Elzinga; along with many other family members and friends.



Doris worked as a press operator for Meridian Manufacturing, later becoming a Team Leader for Ventra manufacturing for 22 years. She loved her job and co-workers. She enjoyed fishing, playing cards and spending time with family and friends. Doris was a proud member of the Women of the Moose #1388. She will always be remembered as a kind, compassionate, caring person with a great sense of humor. As a result of her beautiful soul, she was loved by many and will be greatly missed. A burial service will be held at Oakwood Cemetery in Lowell, MI at 10am July 1, 2020, followed by a public memorial service that will be held at Lowell Moose Lodge #809, 1320 E. Main St., Lowell, MI 49331 at 1:00pm. In lieu of flowers, memorial donations may be given to Faith Hospice, 2100 Raybrook SE, Suite 300, Grand Rapids, MI 49546.

among the exactly 420 students who made the Dean's List for the Spring 2020 semester at Spring Arbor University.

Grand Valley State University announced the names of students who were placed on the Dean's List for the Winter 2020 semester concluding in April. The list includes those students who have maintained a 3.5 grade point average and been enrolled in a minimum of 12 credits. The honor is noted on the students' official records.

Students honored for the winter semester include:

Ada: Zachary J. Aboufadel, Jakob W. Adrianse, Kathryn J. Allen, Adam J. Anderson, Charles J. Anderson, Skyla M. Anderson, Carly B. Andrus, Jennine J. Aqel, Navjot S. Azad, Keaghan R. Bacon, Emma R. Bieniewicz, Maxwell D. Bouma, Providence A. Bowman, Elliott G. Buyce, Hannah G. Clark, Brendon J. Dalm, Hannah R. Derwent,

Eugene S. Dimenstein, Olivia J. Domine, John C. Doneth, Ellie A. Doyle, Jack K. Doyle, Carly A. Farmer, Margaret C. Farmer, Keely S. Fitch, Kevin J. Flynn, Bryce N. Gerondale, Maggie E. Goebel, Aubree E. Hamilton, Fischer S. Holt, Nicholas J. Hughes, Wesley B. Johnson, Joshua S. Karafa, Robert M. Killeen, Landon W. Klausing, Tyler J. Knape, Brandon T. Kue, Hannah M. LaFave, Meghan M. Landgren, Francis P. LaPenna, William R. Leahy, Kayeleigh N. Lubbers, Cameron R. McClary, Kelly M. McDonagh, Anne E. Mcelwee, Jessilyn A. Mckim, Amrutha R. Patil, Emily R. Peirce, Ashley J. Perschbacher, Mykola A. Prisichenko, Jonathan S. Quist, Danielle Rapeyko, Zachary K. Reep, Emma M. Ritchie, Valentina V. Rojas, Emma R. Rupprecht, Jack R. Sarb, Trevor D. Sherman, Jenna G. Sitarski, George R. Smits, Ella C. Stubbart, Maimunatu B. Sulaiman, Cassidy J. Ter

Horst, Emily R. Terwilliger, Nabeel O. Vali, Noah J. Vroegindewey, Isabel K. Walker, Allison M. Walson, Owen J. Whalen, Faith J. Wynn

Alto: Nicholas R. Adams, Candice O. Baker, Jeremy W. Burns, Kalee M. Burns, Christine I. Byam, Ashley R. Helmer, Anderson J. Hudson, Griffin T. Knobeloch, Kyle J. Murphy, Anne G. Sherman, Eva F. Van Artsen, Jessica K. VanderSloot, DeLane D. Young

Lowell: Jake I. Bates, Lauren R. Browning, Joshua C. Buechler, Mackenzie M. Bush, Madelyne J. Crace, Amber J. Curtis, Taylor A. Doorn, Robert A. Dubisky, Jarrett D. Duimstra, Jonah M. Epema, Katelyn E. Flier, Darby L. Fuller, Madison O. Hacker, Jacob A. Holmes, Kara L. Krieg, Kelly R. Kroll, Hunter J. Krzysik, Trenton H. Penninga, Jasmine N. Peters, Natalie K. Price, Mason B. Simmet, Julie A. Smith, Kylee A. Stephens, Katie R. Taylor, Mallory N.

Vance, Kelly L. VanderZiel, Brad Walling, Sarena M. Wilterdink, Audrey M. Zevenbergen.

Danielle Barnes was named to the Dean's List at Miami University for the 2019-20 spring semester.

Miami University students who are ranked in the top twenty percent of undergraduate students within their division for second semester 2019-2020 have been named to the dean's list recognizing academic performance.

Barnes, from Lowell, is majoring in Human Capital Management & Leadership and Political Science.

Caileigh C. Treash of Alto has been named to the President's List at Clemson University.

Treash, whose major is Architecture, made the President's List for the spring 2020 semester.

To be named to the President's List, a student must achieve a 4.0 (all As) grade-point average.

New feature in My Social Security puts you in control

By Vonda Van Til, Social Security Public Affairs Specialist

The future can be uncertain. However, Social Security's new Advance Designation program can help put you in control of your benefits if a time comes when you need a representative payee to help manage your money. Advance Designation enables you to identify up to three people, in priority order, whom you would like to serve as your potential representative payee.

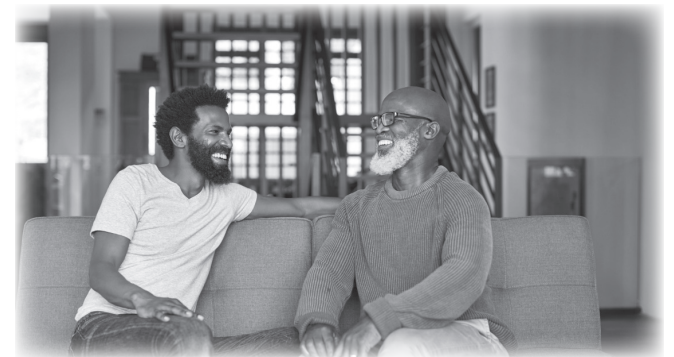
The following people may choose an Advance Designation:

- Adults applying for benefits who do not have a representative payee.
- Adult beneficiaries or recipients who do not have a representative payee.
- E m a n c i p a t e d minors applying for benefits who do not have a representative payee.
- E m a n c i p a t e d minor beneficiaries or recipients who do not have a representative payee.

If you fall into one of the above categories, you may provide and update Advance Designation information when you:

- File a claim for benefits online.
- Use the application available in your personal

time while you are still capable of making your own decisions. In the event that you can no longer make your own decisions, you and your family will have peace of mind knowing you already chose someone you trust to manage your benefits.



my Social Security account at [www.ssa.gov/myaccount](http://www.ssa.gov/myaccount).

- Call us at 1-800-772-1213 (TTY 1-800-325-0778).

You may also change your Advance Designation(s), including the priority order, at any

Vonda Van Til is the Public Affairs Specialist for West Michigan. You can write her c/o Social Security Administration, 3045 Knapp NE, Grand Rapids MI 49525 or via email at [vantil@ssa.gov](mailto:vantil@ssa.gov).



Donate A Boat or Car Today!

Boat Angel

"2-Night Free Vacation!" 800-700-BOAT (2628)

[www.boatangel.com](http://www.boatangel.com)



We Are Open Again!

NOW ACCEPTING UPS PACKAGES

Monday - Thursday 8-5 pm

Printing, Copies, Faxing, Laminating & Much More!

105 N. Broadway, Lowell • 897-9555 • 897-9261

Buyer's Guide and News

LITHO

the lowell ledger

**dish** BRING EVERYTHING YOU LOVE TOGETHER! Blazing Fast Internet! ADD TO YOUR PACKAGE FOR ONLY \$19.99/mo. where available

2-YEAR TV PRICE GUARANTEE

\$59.99 MO. for 12 Mos. America's Top 120 Package 190 CHANNELS Including Local Channels!

CALL TODAY - For \$100 Gift Card Promo Code: DISH100

1-855-382-2485 Offer ends 7/15/20. **dish** ALTITUDE

All offers require credit qualification, 24-month commitment with early termination fee and autoPay. Prices include Hopper Duo for qualifying customers. Hopper, Hopper WiSling or Hopper 3.50 more. Upfront fees may apply based on credit qualification.

**office hours:**  
**Mon.-Thurs. 8 a.m.- 5 p.m.**  
**Fri. 8 a.m. - noon**  
**closed Sat. & Sun.**

# classifieds

**for sale**

**for rent**

**services**

**services**

**services**

**services**

USED TIRES - Call with size, 616-292-7649/616-295-8820. Rob's Auto - thanks. TFN

NEWSPAPERENDROLLS AVAILABLE AT THE BUYERS GUIDE - Many uses, table cover, art projects, packaging, etc. Usually \$3-\$5 each. Stop by & grab one today! 105 N. Broadway.

EXCEPTIONAL PERFORMANCE AND VALUE - Requires less wood & provides more heat. Central Boiler certified Classic Edge OUTDOOR WOOD FURNACE. Call today! 616-554-8669. SOS Property Maintenance LLC, 6950 Hammond Ave, Caledonia. We are your local sales, service & parts dealer! TFN

REACH OVER 100,000 AREA HOMES - with our Marketplace! One call & one payment, only \$40! Includes 20 words & 1 black & white photo. Only items for sale please. Perfect place to advertise a vehicle or camper for sale! The ad runs in the Lowell Buyer's Guide & News, Hastings Reminder, Marshall Advisor/Chronicle & Battle Creek Shopper News. Call 897-9555, email: classifieds@lowellbuyersguide.com or stop by 105 N. Broadway for more info.

**misc.**

LOWELL AREA FARMERS' MARKET - Open every Thursday through October 1, from 10 am to 3 pm. Come see us at our new location, Impact Church east parking lot.

If you or a loved one were diagnosed with OVARIAN CANCER or MESOTHELIOMA after use of TALCUM products such as BABY POWDER or SHOWER TO SHOWER, you may be entitled to compensation. Contact Charles H. Johnson 1-800-535-5727

Wesley Financial Group, LLC Timeshare Cancellation Experts. Over \$50,000,000 in timeshare debt and fees cancelled in 2019. Get free informational package and learn how to get rid of your timeshare! Free consultations. Over 450 positive reviews. Call 866-353-4896

GENERAC Standby Generators. The weather is increasingly unpredictable. Be prepared for power outages. FREE 7-year extended warranty (\$695 value!) Schedule your FREE in-home assessment today. Call 1-866-445-7237 Special financing for qualified customers.

WE DO BUSINESS IN ACCORDANCE WITH THE FEDERAL FAIR HOUSING LAW - Equal Housing Opportunity. It is illegal to discriminate against any person because of race, color, religion, sex, handicap, familial status or national origin in the sale or rental of housing or residential lots; in the advertising the sale or rental of housing, in the financing of housing. Anyone who feels he or she has been discriminated against may file a complaint of housing discrimination: 1-800-669-9777 (toll free) 1-800-927-9275 (TTY).

**PRICELESS STORAGE - Indoor/outdoor. New Units on Alden Nash, 1 mile South of 196. Call for specials 558-2900.** TFN

HALL FOR RENT - Lowell Veteran's Center, 3116 Alden Nash. Newly remodeled, smoke-free, private, great location & great rate! www.VFW8303.org. All Vets Coffee Hour the 3rd Thursday of each month at Keiser's. Bring a friend. Call John at 299-0486 or 897-8303. TFN EDW

WHISTLE STOP MINI STORAGE - 12661 Vergennes, N. of Lowell. 5x10; 10x10; 10x20; 10x30; 12x40. Fenced lighted, key code entry. Call for more information, 897-8872.

**wanted**

I WANT TO BUY - a refrigerator, stove, washer & dryer. Have cash. Call 517-204-0600. TFN

**services**

UPS SHIPPING COPY SERVICE, (black & white & color!) FAX SERVICE, SCANNING SERVICE LAMINATING PRINTING BANNERS/POSTERS & MUCH MORE AVAILABLE AT THE LOWELL LEDGER 105 N. Broadway HOURS M-Th. 8-5 p.m. Closed Fri., Sat. & Sun. Ph. 897-9261 Fax 897-4809 email: ledger@lowellbuyersguide.com

TRACTOR MAN - aggregate driveway up-keep, lawn prep, bucket/fork work, food plots, gardens, brush/field mowing. 616-272-8097, kaamcosps@gmail.com

FAX SERVICE - We send or receive a fax for you! Great Rate - \$1 for the first page & 50¢ for each additional page. Buyers Guide, 105 N. Broadway, 897-9555.

TERRY RISNER ROOFING - Re-roofs & new construction. Free estimates. Licensed & insured. Call 616-291-9250.

CARPENTER WANTS JOBS, JOBS, JOBS - New homes, remodeling, additions, flooring, siding, decks, kitchens, baths, plans drawn. Licensed since 1967. References. Mel Cooke, 676-9239. No Sunday calls please.

STICKNEY ROOFING - A local, licensed & insured company. Tearoffs & new construction. Free estimates. Call 616-293-9772.

PROFESSIONAL TREE CLIMBER NEEDS WORK - Call Dan, 616-970-3832.

FREE AD! - Place & pay for a classified ad in the Buyers Guide & Lowell Ledger for 3 weeks & receive the 4th week FREE! You must mention the special in order to receive this offer. Valid only with classified ads, and must be paid for when ad is placed. Call 897-9555 or email to: classifieds@lowellbuyersguide.com

WHEN IN AN ACCIDENT - YOU CAN CHOOSE WHO TOWS YOUR VEHICLE - Request J&K Roadwide Service, 616-690-0983. Towing, tire change, jump starts, fuel delivery.

STUMP GRINDING - Call Dan for free estimate, 616-970-3832.

NOREEN K. MYERS, ATTORNEY AT LAW - Compassionate, experienced, effective legal representation. Specialties include: wills & trusts, work related injuries, employment discrimination. 307 E. Main, Lowell, 897-5460.

TWO BROTHERS AUTO SERVICE - 5400 Ivan Rd., Saranac, 616-642-9180. 30 years experience, state certified, licensed & insured. Hours Monday - Friday 8 am - 5 pm. Dave Traver head mechanic.

SEAMLESS GUTTER - Bleam Eavestrouthing. Free estimates, 50 colors, leaf guards. Since 1959. Choose the experience! (616) 765-3333 or 1-877-945-RAIN. www.bleameaves.com

WORK WANTED - Double D's Tree & Handyman Service. 40' & 70' bucket truck, tree trimming & removal, gutter cleaning, window washing, power washing, buildings, barns, homes, decks, etc. Insured. Call Dave Delinsky, 616-212-3008. Free estimates. TFN

SCANNING SERVICE - Do you need something scanned & emailed? The Buyers Guide/Lowell Ledger now offers this service! Mon. - Thurs., 8 - 5 p.m. & Fri., 8 - noon. Ph. 897-9555 with any questions.

NEED A DUMPSTER? - Dumpster rental, 10-20 yards. Mention this ad for \$10 to \$20 off. Call or text Doug for estimates at 616-295-6640. TFN

**sales**

LARGE GARAGE SALE - July 2, 3 & 4, from 8-5 pm. 3220 Segwun, Lowell. Across from Timpson Transport. Many power & hand tools, 2 dual axle tool trailers, 2008 F350 window van, 1 hp electric wheelbarrow, air compressor, many Barbie dolls & much, much more!

SECOND TIME AROUND SALE - JULY 30, 31, (9a-5p) & AUG 1 (9a-12n) - Saranac Community Church, 125 S. Bridge St., Saranac. Furniture, Household, Books, DVDs, Toys, Christmas Items. If you would like to donate clean items, (NO TVs, COMPUTERS!) please call 616-642-6322 for drop-off times. Proceeds for Inner City Church Ministries.

## PUZZLE SOLUTIONS

		A	N	G	O	L	A			S	C	I
U	N	S	O	R	T	E	D			C	A	L
N	A	C	R	E	O	U	S			C	A	N
S	U	I	N	G						H	E	A
P	C	T								S	O	C
U	R	I	A							A	R	A
B	E	L	I	E	V	E	S			M	A	
W	I	L	L	I	A	M	H	O	L	D	E	N
			A	B		A	B	S	E	N	T	E
			A	P	E					B	A	B
			C	A	S	S				G	U	I
P	A	R	E							P	A	N
D	U	B	O	S						C	A	P
E	L	A	N							E	M	P
E	E	L								E	A	T

7	2	8	4	9	5	6	1	3
4	6	5	2	1	3	7	8	9
9	3	1	6	7	8	4	5	2
3	5	7	9	4	6	8	2	1
2	4	9	8	3	1	5	7	6
1	8	6	7	5	2	9	3	4
5	9	4	1	2	7	3	6	8
6	7	2	3	8	9	1	4	5
8	1	3	5	6	4	2	9	7

Z G E B F D A R K H A I R K K O A C Y V  
 K H Y E N E R G Y N K F F F C W F B T S  
 V G V F C T P G S U R G E E H Y R C W Y  
 U H K C S O R U E E N L F O N L L M L A  
 Z L H A N D L E R V D F V U A I A D A D  
 Y O B G Y K B H K Z I A D W O S M U R E  
 R R N R H G Y S C C K B L C O E D C T Z  
 E O F E E W A O I C I R N B T B H T N P  
 F T R K T S O E V O N N A S R K U W E K  
 R A Z H Y L N R A O Y L Y Y O V M O C Z  
 I R U N I C M E C M H S T L S L I R L P  
 G O E N Y Z R K D P G H Y V S L D K S M  
 E P G N G O D E A M E D T R E Z I N F F  
 R A T C S T B R P R O F R A R P F P F O  
 A V L O O V T U M M N C O G P C I A B U  
 N E L K O I M O N G A P F I M H E E I L  
 T S N O C Y S L H N B D M S O F R R D T  
 E M I L L T O C P I P C O N C Z O P N G  
 O F E E A F U R N A C E C D W M W N G U  
 B S S T N N O I T A R E G I R F E R F L





## Financial Focus

With Christopher C. Godbold

Edward Jones

Serving Individuals Investors Since 1871

### Work to Achieve Your Financial Independence

Over the past few months, just about everyone has felt the loss of some type of freedom, whether it's being able to travel, engage in social gatherings or participate in other activities we previously took for granted. Still, as we prepare to observe Independence Day, it's comforting to realize all the freedoms we still have in this country. And taking the right steps can also help

you achieve your financial independence.

Here are some moves to consider:

Build an emergency fund. It's a good idea to create an emergency fund consisting of three to six months' worth of living expenses, with the money held in a liquid, low-risk account. With this fund in place, you can avoid dipping into your long-term investments to pay for short-term, unexpected costs.

Keep your debts under control. It's not easy to do, but if you can consistently minimize your debt load, you can have more money to invest for the future and move closer toward achieving your financial liberty. One way to keep your debts down is to establish a budget and stick to it, so you can avoid unnecessary spending.

Contribute as much as possible to your retirement plans. The more money you can save for retirement, the greater your feelings of financial independence. So it's essential that you contribute as much as you can to your 401(k) or similar employer-sponsored retirement plan. At a minimum, put in enough to earn your employer's match, if one is offered,

and every time your salary goes up, boost your annual contributions. Even if you participate in a 401(k), you're probably also still eligible to contribute to an IRA, which can help you build even more funds for retirement. And because you can fund an IRA with virtually any type of investment, you can broaden your portfolio mix.

Explore long-term care coverage. One day, your financial independence could be threatened by your need for some type of long-term care. It now costs, on average, over \$100,000 for a private room in a nursing home and more than \$50,000 for the services of a home health aide, according to Genworth, an insurance company.

Most of these costs won't be covered by Medicare, either, so, if you want to reduce the risk of seriously depleting all your financial resources – or burdening your adult children with these heavy expenses – you may want to consider some type of long-term care insurance. You could choose a traditional long-term care policy – which can cover a nursing home stay, home health care, or other services – or a hybrid policy, which provides long-term care coverage plus a death benefit.

Manage withdrawals carefully. Once you retire, your financial freedom will depend a great deal on how skillful you are in managing the money in

your retirement accounts. Specifically, you need to be careful about how much you withdraw from these accounts each year. If you set a withdrawal rate that's too high in your early years of retirement, you might eventually risk outliving your resources. So, set a withdrawal rate that reflects your age, assets, retirement lifestyle and other factors. You may want to consult with a financial professional to establish an appropriate rate.

As you can see, working toward your financial independence is a lifelong activity – but it's worth the effort.

*This article was written by Edward Jones for use by your local Edward Jones Financial Advisor.*

## Live the Life You Want

### Reaching your health goals with the Eight Dimensions of Wellness

by Melissa Spino MA LLPC CDMS  
Life Transitions Therapy LLC

When we think about health, we often think of eating healthy, exercising, and weight management. But there are actually numerous dimensions to consider for a holistic view of wellbeing. For overall wellness, develop goals in all Eight Dimensions.

What are the Eight Dimensions of Wellness?

Emotional wellness - coping effectively with life events, controlling feelings and behaviors, and building satisfying relationships. It's strengthened by free time activities involving our senses such as gardening, listening to music, hiking, boating, fishing or watching a sunset.

Spiritual wellness - having clear values/beliefs, self-worth/confidence, hope, and inner peace. It's where we find meaning and purpose. It's strengthened by activities like volunteering, mindfulness practice, meditation, prayer or spending time in nature.

Intellectual wellness - recognizing your unique talents and using

them to help improve concentration, memory and critical thinking skills. Strengthen mental growth by reading, doing challenging puzzles, teaching or learning a new hobby, musical instrument or language.

Physical wellness - is affected by physical activity, diet and restorative sleep. Physical activity may range from light to vigorous intensity. Maintain it through activities like yoga, walking, hiking, bike riding, sports, kayaking and gardening along with eating healthy and getting enough sleep.

Environmental wellness - is your surroundings. It connects your overall well-being to the health of your environment. Your environment impacts how you feel. Studies show that a cluttered or disorganized home has negative effects on your mental and

physical health and may lead to anxious, stressed or even depressed feelings along with increased levels of the stress hormone cortisol. Manage this by keeping your home organized and decluttered, creating neighborhood watches, recycling or planting a garden.

Financial wellness - is feeling satisfied about your financial situation. Finances are a common stressor. To manage it, keep to a household budget, create an emergency account, cut back or limit unnecessary expenses, avoid credit card debt, shop at thrift stores, use the library for free to low cost books and movies and cook your own meals.

Occupational wellness - is career satisfaction. It involves balancing work and leisure time, building relationships with coworkers, and managing workplace stress. Find work that fits with your values, interests, skills and

that is financially rewarding.

Social wellness - is a feeling of connectedness and belonging. It includes creating and maintaining a healthy support system. This may involve asking a colleague or acquaintance out for lunch, joining a club or organization, setting healthy boundaries, using assertive communication skills, being genuine and authentic with others and treating others respectfully.

Check with your doctor to be sure you are healthy enough to take on any new or increased physical activity. This article is not intended to diagnose or treat.

*Reference: SAMHSA. (2016, April 28). The Eight Dimensions of Wellness. Obtained at <http://www.samhsa.gov/wellness-initiative/eight-dimensions-wellness>*

## Shipshape Service

- UPS Shipping
- Prepaid Drop Off
- Faxing
- Copies
- Laminating
- Printing
- Posters
- Banners
- Signs
- And Much More!

Buyer's  
Guide and News

Bringing local information and news to: Lowell - Alto - Ada - Saranac - Clarksville - Grattan

105 N. Broadway, Lowell  
897-9555

**WE MAKE**

**COLOR COPIES**

DISCOUNTS OFFERED FOR LARGER QUANTITIES

the powell ledger

105 N. Broadway • 897-9261 • Hours: Mon. - Thurs. 8-5; Fri 8 - noon

# FUN PAGE

## SUDOKO

		8	4		5	6	1	
4			2			7		
9	3	1			8	4	5	
3	5	7		4				
	4		8	3	1			6
					2		3	
5			1	2		3		
	7		3				4	5
8				6			9	7

Level: Beginner

### Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

Z G E B F D A R K H A I R K K O A C Y V  
 K H Y E N E R G Y N K F F F C W F B T S  
 V G V F C T P G S U R G E E H Y R C W Y  
 U H K C S O R U E E N L F O N L L M L A  
 Z L H A N D L E R V D F V U A I A D A D  
 Y O B G Y K B H K Z I A D W O S M U R E  
 R R N R H G Y S C C K B L C O E D C T Z  
 E O F E E W A O I C I R N B T B H T N P  
 F T R K T S O E V O N N A S R K U W E K  
 R A Z H Y L N R A O Y L Y Y O V M O C Z  
 I R U N I C M E C M H S T L S L I R L P  
 G O E N Y Z R K D P G H Y V S L D K S M  
 E P G N G O D E A N E D T R E Z I N F F  
 R A T C S T B R P R O F R A R P F P F O  
 A V L O O V T U M M N C O G P C I A B U  
 N E L K O I M O N G A P F I M H E E I L  
 T S N O C Y S L H N B D M S O F R R D T  
 E M I L L T O C P I P C O N C Z O P N G  
 O E E E A F U R N A C E C D W M W N G U  
 B S S T N N O I T A R E G I R F E R F L

Find the words hidden vertically, horizontally, diagonally, and backwards.

Puzzle solutions on page 13

### HVAC WORD SEARCH

AIR  
 BIOAEROSOLS  
 BLADES  
 CENTRAL  
 COIL

COMFORT  
 COMPRESSOR  
 CONDENSER  
 COOLING  
 DAMPER  
 DUCTWORK  
 EFFICIENCY  
 ENERGY

EVAPORATOR  
 FURNACE  
 HANDLER  
 HUMIDIFIER  
 PARTICLES  
 REFRIGERANT  
 REFRIGERATION  
 SYSTEM

### THERMOSTAT ZONE

## Guess Who?

I am a rapper/singer born in New York on July 4, 1995. I taught myself to play guitar through the game "Guitar Hero" and YouTube tutorials. I was in a high school hardcore band at age 16. I have collaborated with Quavo and dated Ashlen Diaz.

Answer: Post Malone

## WORD SCRAMBLE

Rearrange the letters to spell something pertaining to air conditioners.

**N C S E E N D O**

□	□	□	□	□	□	□	□
---	---	---	---	---	---	---	---

Answer: Condense

			1	2	3	4	5	6		7	8	9
	10	11									12	
	13									14		
	15									16		
17									18			
19			20						21			
22				23	24	25	26		27			
	28							29		30	31	32
			33			34						35
			36							37		
		38									39	
	40								41	42	43	
44							45	46	47			
48							49					
50							51					

### CLUES ACROSS

- African nation
- \_\_\_ fi (slang)
- Not arranged according to size
- A demand for a show of hands in a card game
- Having a play of lustrous rainbowlike colors
- Panama has one
- Taking legal action
- Top of the body
- Part of (abbr.)
- Soul and calypso song
- Murres
- Irish river
- Accepts as true
- The Bay State
- 1950s Hollywood icon
- Blood type
- In a way, became lost
- Large primate
- A spongelike cake leavened with yeast
- Mama \_\_\_, folk singer
- Visual metaphor (computers)
- Trim by cutting
- Small group of people

- Pulitzer-winning scientist
- Unique S. American mammal
- Energy, style and enthusiasm
- One who works for you
- Snakelike fish
- Consumers

### CLUES DOWN

- Cylindrical sacs
- Extinct North Germanic language
- Late rocker Allman
- Word element meaning ear
- Amino acid (abbr.)
- Promotions
- Actress Lathan
- Clothed
- Unwell
- Loosen
- Cephalopod mollusks
- \_\_\_ at Obdurata: Harmful papal bull
- Musical composition
- Irish bar
- Greek island
- Afflict
- Goes by

- Ambience
- Video game manufacturer
- Surplus Marketing Administration
- Football position
- Electronic musical style (abbr.)
- Furniture with open shelves
- Clouds of gas in outer space
- Indian midwife
- Packers' signal caller
- Secret political clique
- Cry weakly
- Gomer \_\_\_, marine
- Academic Bill of Rights
- Negatives
- Hip hop icon Kool Moe \_\_\_

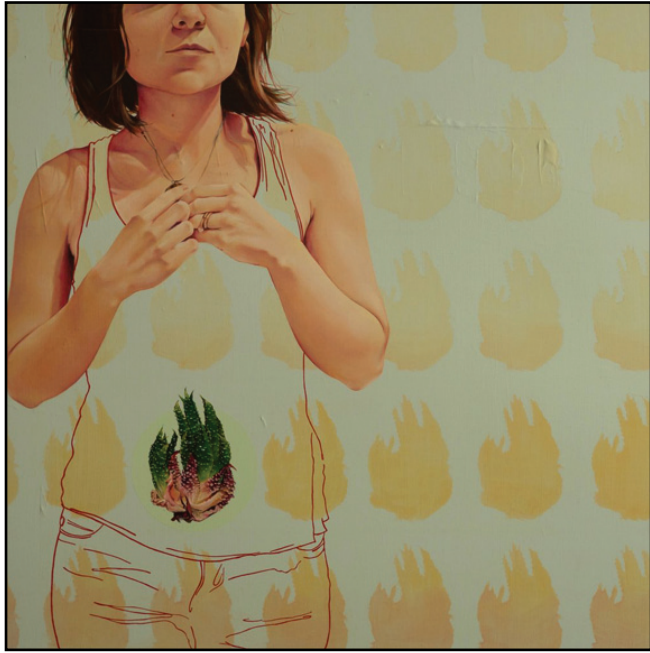
# Angelica Hay still creating art & music after trauma

by Brendan A. Sanders  
contributing reporter

Trauma - by definition, it is a deeply distressing and/or disturbing experience. It can be powerful; it can be debilitating. Healing can be tough - physically and mentally - and those who recover are stronger than most will ever know. Beautiful things can come from healing from trauma, and Angelica Hay and her husband Ryan are showing the community the art that can be created.

Angelica Hay, a Grand Rapids artist, was working toward a career, not in the arts, but in the science field. In 2009, she graduated from Michigan State University with a bachelor's degree in microbiology and molecular genetics. In 2012, catastrophe struck.

"I dreamed of pursuing art since I was a child, but I felt compelled as a teenager and young adult to pursue a more 'practical' occupation," Hay said. "In 2012, my husband suffered life-threatening injuries after being hit by a semi-truck on I-69, and that not only changed my perspectives



"For Now"

on just about everything, but it also provided me with an awareness of strength I didn't know I had. As a result, I found the courage to finally pursue my dreams, even if risky. Life is short."

The trauma that she and Ryan went through changed Hay's focus. She changed careers, focusing on her art. She earned her Master of Fine Arts in Painting and an MA in Visual and

Critical Studies at Kendall College of Art and Design. She did this while creating fantastic pieces, capitalizing on her specialty in figurative painting; representing human figures and human experiences. Her largest pieces at the LowellArts gallery are her microarray paintings.

"The inspiration for my microarray series came largely from personal

experiences with loss and trauma, as well as my undergraduate studies in microbiology and molecular genetics," Hay said. "I am interested in the intersections between meaning and identity, art, and science, and this series allowed me to explore these interests in depth."

Hay then described her process of creating the paintings and how it was therapeutic for her.

"At first, I was just trying to represent images of microarrays in painting, but shortly after I started, I found the systematic and repetitive process of painting consecutive circles in rows to be very calming and surprisingly satisfying," Hay said. "For me, the repetitive nature of the process was meditative and healing and so I found myself creating several Microarray works using oil paint and also lithography."

With much of Hay's work, she has been able to combine both her skills with the paintbrush with her knowledge of microbiology

to create works inspired by the field.

"I tend to use images culled from science, such as images of DNA microarrays," Hay said. "My process is also informed at least in part by my experiences working in laboratories. My paintings are usually planned, using multiple sketches, studies and experiments, and then completed in specific repeatable stages."

The Hays used painting as a form of therapy to help recover from the trauma that they suffered in their lives. But paintings weren't the only things created from the duo's healing. The duo formed Pink Sky, an instrumental electronic band that has released three full-length albums.

"I started playing music with Ryan a few years after his accident, as a result of my own, separate experience with trauma and loss," Hay said. "Similar to how I introduced him to painting after his trauma, Ryan introduced me to music after mine. Once we started making music together, we couldn't stop. Making music in Pink Sky has truly been one of the most wonderful, challenging, and rewarding experiences of my life. Unexpectedly, it has also become a new way to connect with our community."

Pink Sky combines electronic music with Hay's art to create amazing performances that have been seen across Michigan. Last year, Pink Sky donated 10 percent of their profits to local charities that advocate for social justice and environmental issues. These donations included Kids' Food Basket, Center for Women in Transition, Wellhouse GR, International Rescue Committee, Dogtown Studios and Planned Parenthood.

Being a part of the music industry, Hay described how

music has had an impact on her art.

"Music has always been part of my art-making process," Hay said. "I generally listen to the same album/song/artist when working on any given painting, as it allows me to remain in a headspace over a long period of time. I couldn't make artwork without music - music moves me so deeply, and I can only hope that my art and music provides that inspiration and connection for someone else."

With art being a major part of her life, Hay's advice for others is to continue making art for both the world and themselves.

"Keep making art. The world needs you to make art," Hay said. "Throughout history, people have made art as a way of processing not only their own experience but also the shared collective experiences and traumas that we experience as humans. Art can unveil prevailing belief and power structures. In this way, art is a [form] of truth-telling. Art can also heal, and this has largely been my experience with art-making. In my view, these functions are essential to the health of any culture and artists wield a pretty unique sort of power and ability."

Healing can take many forms, sharing in what is therapeutic for some can lead to awe-inspiring creations. It isn't easy, it never is, but as Hay has shown, recovering from trauma can lead to the creation of work that is beautiful.

You can see Hay's work, along with that of eleven other artists, at the LowellArts gallery located on Main St. To explore more of her work, visit her artwork website, [angelicahay.com](http://angelicahay.com) or Pink Sky's website [pinksnymusic.com](http://pinksnymusic.com), or you can listen to Pink Sky on Spotify or Apple Music.

**LITHO!**  
105 N. Broadway, Lowell • 616-897-9261  
[litho@lowellbuyersguide.com](mailto:litho@lowellbuyersguide.com)

**FAST DELIVERY**

**PROMOTE YOUR BUSINESS**  
COMPETITIVE PRICING  
FAST TURNAROUNDS  
PREMIUM PAPER STOCK & FINISHES

**CREATIVE IDEAS  
GRAPHIC DESIGN**

**BUSINESS BRANDING  
LOGOS AND MESSAGING**

**MADE IN MICHIGAN**

FLYERS - BANNERS - POSTERS - POSTCARDS  
BROCHURES - BUSINESS CARDS - CATALOGS  
STICKERS - STATIONERY AND MUCH MORE

**FREE DELIVERY**  
for orders  
**\$100+**

**JUST ASK WE CAN HELP**

**CONTACT YOUR REPRESENTATIVE FOR QUOTES AND PRICES**

**WINDOWS/SIDING  
DOORS/INSULATION/GUTTERS**

SAVE **50% OFF**

**HEATING/COOLING BILLS  
GUARANTEED!!!**

SAVE 10% OFF WITH THIS COUPON

897-7300 [allweathersealinc.com](http://allweathersealinc.com)

319 E. Main Lowell

**All-Weather Seal**

Not good w/any other offer! Good on initial presentation