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Stolen kayaks

stories of perseverance

wednesday • july • 25 • 2018







pages 9 - 12

lowell light & power update



page 20

help yourself garden

replaced by kind-hearted manufacturer by Tim McAllister lead reporter

When the Jannenga family of Lowell woke up on Wednesday, July 11, they found their five kayaks and accompanying trailer were gone, stolen in the middle of the night by thieves.

"It was like seven o'clock in the morning, my wife [Jane] was leaving for work and she said, 'Did you move the trailer," said family patriarch Nate Jannenga. "I was like, 'Nope, I didn't move the trailer." She said it was gone, with all of our kayaks on it. We went out there and looked, and there was nothing there. We contacted the police and they came out shortly after that. The police said they probably backed their car or truck with a hitch into the end of the driveway. It didn't alert the dogs. They basically picked it up, grabbed the whole trailer and everything right out, hooked it up and went north. The tongue lift didn't get put up high enough and it scratched the road. I was kind of hoping we'd be able to follow the scratches, but they must have figured it out and put the tongue up and off they went."



Hemisphere Design Works vice president Wes Mooney showing the Jannengas their new kayaks.

The loss hit the Jannenga children [Nora, Nolan and James] especially hard because the three had pooled their birthday and First Communion money to buy the kayaks. The police department told the Jannengas to appeal to social media for clues and to find out if anybody had seen or heard anything about the kayaks.

"The police said that the best chance of getting the kayaks back was to get the word out there on social media," Jannenga said. "If enough people know about it, they'll pitch it. They'll probably ditch it somewhere, hide it in a barn or sell it. They won't be able to use it, at least. We gave it a

chance, hoping it would at least scare them away from doing any more dumb thief stuff. Especially in Lowell. Get 'em out of here! After a couple days the response

Kayaks, continued, page 3

Gypsy moths making a comeback locally



by Tim McAllister lead reporter

Some Lowell Township residents have observed evidence of a gypsy moth infestation in their neighborhood.

"In 2017 I noticed a very large amount of the caterpillars in my yard. I

much that it sounded like it was raining, leaving my yard covered in their droppings. Most of the caterpillars are now moths. The females are now laying eggs. I am very concerned that if something is not done that a lot of trees



page 2



This tree in Lowell Township has at least five visible gypsy moth larvae.

was not aware of what they were until a neighbor told me what they were," said Christie Gelineau, who lives in the Eastgate area. "This is an issue a lot in my neighborhood. I would have to say I alone have, at the very least, a few hundred that are laying eggs in my trees, on my house and other areas on my property. I can see flocks of the moths and I see the egg sacs everywhere. In spring of this year it almost seemed to be ten times worse. My yard, both front and back, were covered in them. We had them landing on us if we went outside. They cause skin rashes when you touch them. They were munching on the leaves so will be killed.

Township supervisor Jerry Hale said he is aware of the issue and that a plan is in place to deal with the nasty pests.

"We haven't sprayed in nine years because they haven't been a problem, but this year they seem to be coming back again," Hale said. "Some places were pretty bad, but it's not as bad as it was ten years ago when they were defoliating the trees; there would be no leaves left on a tree. It's too late to spray this year, they're finished, but we'll see in October if they predict how bad it's going to be next year. We're having an arborist do

Moths, continued, page 3

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wednesday • july • 25 • 2018

Free herbs and vegetables at community garden

by Tim McAllister lead reporter

There are free fresh herbs and vegetables available to anybody who wants to pick them in the "Help Yourself Garden" at the corner of Grove and Main. The smorgasbord in the garden right now includes eggplant, tomatoes, bell peppers, jalapeño peppers, habanero peppers, dill, two different types of thyme, catnip, cilantro, Swiss chard, fennel, rosemary, sage, parsley, chive, tarragon, eggplant, collard greens, spearmint, savory, Greek oregano, Italian oregano and plenty more.

It all started last year when Laura Huth-Rhoades and Tom Rhoades moved to Lowell from Champaign/ Urbana, IL. The couple purchased and renovated a house in downtown Lowell and have now recently completed their pet project: a free public vegetable garden.

"One of the things that appealed to us about the house was that the parkway [the strip of grass between the sidewalk and the street] along Grove St. is incredibly large," said Laura Huth-Rhoades. "It's ten times larger than the one we had back in Illinois. When

we saw that we looked at each other and we were like, 'Community garden!' City ordinances allow for alternative plantings as long as you allow visibility triangles and don't plant anything stupid like poison ivy, so when spring hit, we prepped the area. It was not a small task, the ground was very, very tough. We actually had to hire somebody to come with equipment to take it out. It was not tillable. All told, our labor was probably a couple dozen hours together to get things planting. I put some dividers in and whatnot and we bought the plants because we didn't have our act together enough to do any kind of seed starts. We've had people offer to help with seed starts next year, which will be graciously accepted. I would rather use stuff from the community here than buying things at the store."

A welcome side effect of the garden has been people new to the area getting to know their new neighbors. Huth-Rhoades is a friendly lady and enjoys sharing recipes and other food tips with people. They've started a Facebook page for the garden called "Chez Huth-Rhoades" that already has over 600 followers.

"The reception has been tremendous," Huth-Rhoades said. "Tom and I felt so welcomed by the community,

which we were very grateful for. Learning that our philosophy community on engagement is compatible with the philosophy of community engagement here in our new town. It quickly got more popular than I'd ever dreamed. It's a good problem to have, to be sure. I hope we can keep up with demand. We're already coming up with some new ideas up. For example,

people who have gardens throughout the community, and maybe making a 'give and take' table so that people who have extra produce can bring them there and people can take them. Like when the zucchinis come, people are always like, 'Do you want some zucchini?' Now they can just put them on the table and people can come take them. I can post about it on Facebook and

let people know what's out there. 'If you were dying to make zucchini bread, it's out there!""



Ada and Laura at work to try to keep maintaining the garden.

Huth-Rhoades has a slew of reasons it's better to eat fresh food, from practical to philosophical.

"When people have access to fresh, local and in this case free food, it can change somebody's personal economics," Huth-Rhoades said. "We had a lady last night who picked three cups of basil; she was making pesto. If she had to drive up to Meijer and buy that quantity

along main street

Lowell author Emma Palova will have a book signing of "Shifting Sands Short Stories" at LowellArts on July 28 & Aug. 4 from 1 to 3 pm during the "Captured: A Photography Exhibition."

For more info or to schedule an event go to EW Emma's Writings on http://emmapalova.com

Noreen K. Myers Attorney at Law

Feel free to send your event information to the Ledger for Along Main St. All submission requests for Along Main St. are subject to space limitations. The Ledger makes no assurances that they will appear in print. To ensure that an event notification will appear in the Ledger, it is best to place a paid advertisement. All efforts will be made to place suitable items in the Along Main St. column but they are printed at the discretion of the publisher. For profit events, church services, yard sales and the like, will not appear in this column.

the **owell** le

food available on a side of town where fresh foods aren't available to us unless you have a car, the money and the time to drive across town. This is also a way that people who want to try to eat healthier can experiment with foods without making a big financial commitment. They can stop by and talk to me about recipes and the different things there they might like or want to try. There are no preservatives in this food. There's no need for preservatives. That's just simply better for you. Any time I can eliminate fake stuff from my body, that's a-okay with me. I just don't want people to go without fresh food, so come and pick." Her passion for fresh food

of basil, we probably saved

her like eight bucks. This

is a way of making fresh

comes from a childhood spent eating what she calls "Campbell's Cream of Crap" casseroles made with gloppy soup and frozen vegetables.

"I grew up in a household where we really didn't get exposed to fresh vegetables," Huth-Rhoades said. "It was an era where those easy, semi-prepared recipes were popular; a lot of casseroles with cream of 'fill in the blank' soup.

I vividly remember my mother buying the white bag of frozen, mixed vegetables; peas, carrots, lima beans and corn; she would put it in a bowl with a plate on top of it and put it in the microwave on a setting I call 'kingdom come.' It would just stink and we were expected to eat it every night, along with iceberg lettuce and mealy tomatoes that had been stored in the fridge. When I went off to college and had to start fending for myself, I started experiencing new things. That was when fresh food became a part of my life. I started eating foods that I never would have eaten when I was a kid. I realized that I didn't hate peas, I love peas; I hate frozen peas."

Huth-Rhoades said she

Plans for the garden's future include expansion to the Main Street side of her property, a baggie/scissors station, a pickable flower garden, available recipes and lots more. People have started asking how they can start their own Help Yourself gardens. They even have one employee, head weeder Ada, an 11-year-old neighbor who has volunteered to keep the garden free from weeds during summer vacation.

"I work from home; I was on a conference call last week and I noticed out the window these two young people, they looked about ten, 12 years old or so," Huth-Rhoades said. "They came to poke around the garden. First they were touching the plants, then they would smell them, then they would taste some of them. They were being very respectful of where they were stepping. I couldn't hear what they were saying because I was on the phone. They left, then they came back about four minutes later with their phones and they were taking pictures of the plants. Last night I looked out and saw the little girl and she was with her mom. It was a neighbor of mine that lives around the corner. We all started talking, finally I said to her, 'You seem very interested in this, would you like to, one day, come out and help me weed?' She was like, 'Can I start tomorrow?' I said, 'Yeah, you can start tomorrow.' She is now the head weeder for the garden since she lives right around the corner."

"I walked by and I saw that sign and I thought that it was really cool how you can help yourself to food," Ada said. "I liked the dill, the spearmint, the kale and the tomatoes best so far. Me and my mom tried gardening once but it didn't really work out. I just started taking pictures of plants with my friend because he wanted to show his mom and Laura saw me taking pictures."

To keep track of the Help Yourself garden, follow



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welcomes Scouting troops the "Chez Huth-Rhoades" and homeschoolers to use Facebook page. the garden for their projects.

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Kayaks, continued

was just huge. Everybody was sharing and sharing, everybody was talking to us."

The story went viral and eventually made its way to the original manufacturer of the kayaks, Hemisphere Design Works in Muskegon. They donated five brand new kayaks and



a trailer to the family on Friday, July 20.

"One of our employees saw the story on the news last week and shot me a note saying, 'We should do something for these folks,"" said Wes Mooney, vice president of sales, marketing and product development. "I was sorry that happened to them, so I reached out to the family. I loved that they were using our products to create some great family moments together on the water."

"This company contacted my wife on Facebook and said they'd like to help us out," Jannenga said. "We were thinking, 'Oh cool, a

discount!' But they said, 'Go to this website and pick out what you want.' To go to that level to help someone else out, it restored our faith in humans. This was over the top generous, just so great."

"We've been making kayaks here as KL Outdoor since 1982, so for 36 years," Mooney said. "We recently went through sort of a reorganization; last year we merged with Canadian company a called GSC Technology and created Hemisphere Design Works. Our global headquarters are located here in Muskegon."

Moths, continued

how many egg sacs there are and identify the areas where they might be a problem next year. I read online that if the egg sac is smaller than a dime then it's probably not healthy and won't survive and wouldn't be a problem, but if it's a quarter size or bigger, then it's a really healthy colony. Then they count how many of them there are and decide, at that point, what you're going to spray. Then you just hire a spraying service and they spray the areas that were identified."

Gypsy moths were initially brought to Massachusetts by French scientist Étienne

a survey in October to see Léopold Trouvelot in 1868. Trouvelot was trying to breed a species of moth that would be more resistant to disease than the weak, puny American moths. He did a pretty good job. They were first spotted in Michigan's lower peninsula in 1954 and became a problem here by the 1980s. The most recent estimate was \$868 million in damages caused in the US annually by gypsy moths. Gypsy moths will eat oak, aspen, apple, sweetgum, speckled alder, basswood, gray, paper birch, poplar, willow, cottonwood, hemlock, Atlantic white cypress, pine, spruce and hawthorn trees. Mice,

flies and wasps will eat a few gypsy moths here and there, but they're usually dealt with through spraying pesticides like bacillus thuringiensis (foray), acephate (orthene), carbaryl (sevin) or diflubenzuron (dimilin). Unfortunately, these chemicals also kill wild bees and other useful insects. A less widely used alternative method is called "mating disruption." Gypsy moth pheromones are sprayed randomly around the area during breeding season, which confuses male gypsy moths to death. Meanwhile, the spurned females sit around unfertilized and die of old age.



The Jannenga family from Lowell had their stolen kayaks replaced by the manufacturer.



If you expect nothing from anybody, you're never disappointed.

~ Sylvia Plath (1932-1963)

LOWELL CHARTER TOWNSHIP **PUBLIC NOTICE ATTENTION LOWELL TOWNSHIP**

WATER CUSTOMERS

The Lowell Township Water Department is required to monitor your drinking water for specific contaminants on a regular basis. Results of regular monitoring are an indicator of whether or not our drinking water meets health standards. During the second quarter of 2018 we did not monitor or test for disinfection byproducts and therefore cannot be sure of the quality of our drinking water during that time. However this violation does not pose a threat to your supply's water.

We inadvertently missed taking a sample within this required sampling period. We are required to test for disinfection byproducts once a year in the month of May. The test was done June 14th, 2018 instead of during the month of May as required. We are making every effort to assure this does not happen again. Samples taken since then show that results met acceptable limits.

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For more information, please contact the Lowell Charter Township Water Department at 616-897-7600.

> Lowell Charter Township Water Department



Sunday's House **Concert welcomes Elroy Meltzer to Main Street**

by Tim McAllister lead reporter

The RyneShyne/ LowellArts House Concerts are bringing two-piece punk band Elroy Meltzer to Main Street on Sunday, July 29 at 6 pm. This show will be broadcast live on 92.3-FM WRWW and will later be edited into music videos, podcasts and other RyneShyne projects.

Elroy Meltzer plays a genre of music they call "poppy seed punk."

"Poppy seed punk' just randomly rolled off the tongue one day to combine two different genres with a new way of saying it," said singer/guitarist Steve Meltzer. "It's basically punk beaten down with country and indie influences. [Haleigh Potter] and I take directly from life and try to make the most of it. Being a performer, I think the spirit of entertaining is strong, so I like to have fun

with songs, not take everything

and play stories

about the dark side of life and lightening it up

a tad. 'Elroy Meltzer' is a

separate identity

that comes alive

on stage and

credits for all the songs the band performs. It's a

character that

takes

writing

so

seriously

stepped down and former Stubborn Strays drummer Haleigh Potter, a mutual friend, took over. I love other two-piece bands but none have directly influenced us in that regard. Being a two piece was not really a choice, but what the core of the group seems to be currently. We play heavily with guitarist Nordy from the Grand Rapids/Rockford area, who adds great ambiance and lead to the music. And recently we [have] been playing with guitarist Anthony Hansen and bassist Devon Knight from local Grand Rapids band Shoebox."

Elroy Meltzer has two albums of original songs available to stream and are working on their third.

"We've done two studio albums at Amber Lit Audio: 'Hang A Tale' and 'Soup's On," Meltzer said. "All music is currently on iTunes

They don't perform many covers, but when they do somebody else's song, they try their best to do a musically subversive version.

"Cover songs come out few and far between, usually a random urge to play a song that's been embedded in our minds from an artist we love," Meltzer said. "But personally, we love to take more dancing, rocky tracks and slow them down to put a little of our own touch on it. We have done 'Dancing in the Dark' by Bruce Springsteen, 'Moment In The Sun' by Clem Snide and 'It's All Nice on Ice' by Modest Mouse.'

For more information about Elroy Meltzer, elroymeltzer.com. visit more information For about LowellArts, visit lowellartsmi.org. For more information about RyneShyne Enterprises, visit



takes credit for Elroy Meltzer will play at LowellArts, 223 W. Main, on the inspiration Sunday, July 29 at 6 pm.

of the stories being sung."

Elroy Meltzer are billed as a two-piece guitar/drums band, but unlike the White Stripes or the Black Keys, they often invite other musicians on stage with them.

"We are still a two piece and just had a drummer available on CD format as change this past year," well as digital." Meltzer said. "Jason Roy

and Spotify and available ryneshyne.club at elroymeltzer.bandcamp. com for download for free. We sold out of CDs and will be reordering more in the future but are currently in the process of recording our third album, so we more than likely will have those

"We have yet to perform in the Lowell area," Meltzer said. "It is a lovely, quaint little town. I have family from there and visit pretty regularly."



page 4 .

Fight in 10 newspaper readers took action as a result of reading a newspaper ad in the past 30 days⁴

Michigan adults make more purchases as the

result of newspaper ads than direct mail.

17.2% of adults made a purchase in the past 90 days as the result of a direct mail flyer⁵

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viewpoint

outdoors

celebrate summer

Dave Stegehuis

Summertime and fall in Michigan is the time for festivals, fairs, and celebrations of all kinds.

These events may be attended by chance because of one happening to be in the area at the time or are a deliberate destination. Some events are relatively new, but others like the National Cherry Festival in Traverse City and the National Trout Festival in Kalkaska have been around as long as I can remember.

The Pure Michigan web site provides extensive information about things to do and places to see as well as trip ideas for visitors and longtime residents. Featured destinations are researched for events, lodging, and things to do. We have found that Chamber of Commerce offices in small towns are often staffed by local folks who have lived in the area for some time and are very knowledgeable about interesting places to visit and things to do and may

also have a story to go with it.

In addition to having fun when traveling around to these places, the experience can be educational as well because local events usually reflect the culture and history of the area. I always find it remarkable that several generations of families have lived their entire life in places I never heard of.

new places, opening up the possibility for unexpected adventures.

Everyone should be able to find something of interest to attend this summer and fall. Be prepared to get off the beaten path to find more reasons to get around in Michigan where there is lots of activity and traveling is easy.

has three sons in the United States service. One is at

August Wallmark was in town Tuesday with one arm in a sling. It was broken just above the wrist two weeks ago by the kick of a horse. Dr. Lee fixed it up for him; and it is mending good; but Mr. Wallmark says it is hard to be crippled right in the busy season.

R. E. Springett's call to New York for over seas duty with the Y. M. C. A. has been delayed; but Rob says he prefers to do his waiting at home rather than in the great city.

John Lasby and family have moved into the new home of H. L. Shuter from the house they have occupied for twenty-three years. It has been so long, they had forgotten how to move.

75 years ago The Lowell Ledger July 29, 1943

Fire destroyed 250 bushels of rye belonging to Seward Aldrich and a separator belonging to Ausicker and Anderson, while threshing was in progress at the Aldrich place. A spark from the engine set fire to one of the stacks and with no water at hand the fire spread rapidly.

Horace Myers, who has been enjoying a ten-day furlough with his wife and other relatives. leaves Wednesday for Camp Perry, Va., where he has been in training. "Curly", as he is known, is a carpenter 3|c of the Seabees.

capitol matters State Representative Thomas Alberts

Auto No Fault Reform

"When are you going to do something about our ridiculous auto insurance rates?" This is a question I hear from residents in all corners of the 86th district. People are tired of being forced to pay the highest auto insurance rates in the nation. I hear residents tell me that every year politicians make campaign promises about lower rates and supporting reform, but they never get the job done.

The only way to reform auto no fault and reduce rates is to elect candidates who support change.

I was proud to vote yes on insurance reform last year. The package I supported would allow drivers the opportunity to reduce rates while still providing suitable coverage to those injured in auto accidents. I am committed to supporting policy that will:

Provide Choice Drivers should be given the option to choose, or not to choose, unlimited catastrophic insurance. Reform should include the option for this coverage. Right now drivers who can't afford insurance drive uninsured, which costs those who do drive insured a lot of money. Flexibility is key.

drivers hundreds of dollars a year. Michigan needs to crack down on insurance fraud and create a fraud authority.

page 5

Rein in medical costs - Medical treatment for a broken bone caused in an auto accident can be up to two or three times more expensive than breaking a bone in a soccer match. This isn't right. Insurance agencies and hospitals must find a way to charge patients in a way that is fair and doesn't punish insured drivers.

Cap benefits in unassigned claims cases -Every driver in Michigan should not be forced to pay the unlimited bills of individuals who have chosen not to insure themselves. That is why the state needs to cap benefits provided to injured parties in an accident. This does not mean eliminating the Michigan Assigned Claims fund, but instead putting common sense limits in place.

While I am committed to putting hard earned dollars back in the wallets of Michigan families by responsibly reforming auto no fault insurance, not all elected officials are. This fall remember to ask candidates for office if they will support

125 years ago Lowell Journal

July 26, 1893

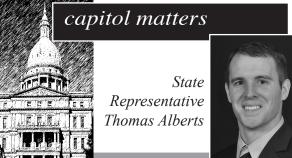
We hear that a man over in Northwest Byron has applied for a patent on a scare-crow. It is claimed that it will not only drive away crows, coon, squirrels and frighten away small boys who are searching for harvest apples and melons, but will destroy cut worms, potato bugs and pull weeds.-Dorr Times.

The surveyors who have been working on the sewer levels have not made their report yet, but they said when they finished their work that this town was most favorably located for sewers as the natural drainage was in the direction the sewers should run, and the quality of the soil was such that the expenses of putting them in would be the minimum. As stated in these columns a few days ago, Geo. B. Fuller has closed his harness business and has associated himself with C. W. Parks (the inventor of the "Mantle shelf and clothes rack combined) the name of the firm to be "Parks Mantle Shelf Co." They enter the field this week to sell territory and expect to do business in every state and territory in the Union.

In any case, a planned trip to take in one or more of these events will lead one to A large farewell party was given Arthur Byrnes' two sons, who leave for Camp Custer next week. He now

Washington, D. C.





100 years ago The Lowell Ledger July 25, 1918

Archie Lewis has the contract for raising the concrete walk in front of the Scott, Smith, Spagnuola and Brown business places on Main street including the building of a supporting wall. Gravel is being delivered and work will begin Saturday. The walks have sunken several inches from their proper level.

Civilians who have been planning on feasting on turkey during August and possibly September have another guess coming, as the War Food Administration will prohibit the sale in order to supply our men overseas on Thanksgiving and Christmas. It is estimated that 10, 000,000 lbs. of turkey will be required for this purpose, and here's hoping that not a man will be missed.

P. D. B. has gone to war, but there are still some supplies available for use in and around homes in ant control and clothes moth treatments. In full, this is a chemical in crystal form, paradichlorobenzene. Two to three teaspoonfuls poured into an ant colony several inches deep will smother the ants or make them so miserable they will leave the vicinity. The gas action of the crystals lasts several days.

50 years ago Lowell Ledger July 25, 1968 Young men looking for a career with a future should

Looking Back, continued, page 8

Reduce Fraud reducing auto insurance Fraudulent claims cost rates in Michigan. responsible and honest

We love to hear from you!

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Letters may be submitted via email to: ledger@ lowellbuyersguide.com ("to the Editor" in subject line) or dropped off or mailed to: The Lowell Ledger, 105 N. Broadway, Lowell, MI 49331.

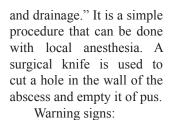
health

- skin abscess

A skin abscess is a pocket of pus. It is similar to a pimple, but larger and deeper under the skin. It forms when the body tries to protect itself from an infection by creating a wall around it. The pus contains bacteria, white blood cells and dead skin.

A skin abscess is round and feels firm and squishy due to the thick membrane around it and the liquid pus inside. It is usually painful and the overlying skin is red. Sometimes there is a pinpoint opening in the center. This is the weakest part of the wall and pus might spontaneously drain through it.

The only certain way to treat an abscess is to open the pocket and drain the pus. This is known as "incision



With Drs. Paul Gauthier,

Wayne A. Chritenson III, John G. Meier & Tracy Lixie

• If the area around the abscess is red and warm to the touch, it would be a sign of cellulitis, an infection of the superficial layer of the skin. In this case, antibiotics will be needed.

• Fever is a sign that the infection may be deeper than can be seen with the naked eye and may be another reason to use antibiotics.

• If left untreated, an abscess can lead to serious complications and may become life threatening.







National Geographic adventurer Jennifer Pharr Davis to visit Kent District Library

On Saturday, August 4, the Englehardt Branch of Kent District Library will host athlete, author, speaker and *National Geographic* Adventurer of the Year, Jennifer Pharr Davis. A book sale and signing will begin at 1:30 pm, followed by a talk by Pharr Davis at 2:00 pm. Then participants are invited to a "walk and talk" on the North Country Trail.

Attendees should bring a chair to enjoy the talk at the Lowell Riverwalk Stage and appropriate footwear for trail walking.

Pharr Davis' new book, *The Pursuit of Endurance*, "empowers readers to unlock phenomenal endurance and leverage newfound grit to achieve personal bests in everything from sports and family to the boardroom."

Pharr Davis has logged over 12,000 miles on six different continents, including thru-hikes of the Pacific Crest Trail, the Colorado Trail, Vermont's Long Trail, numerous trails in Europe and the Appalachian Trail three times. In 2011, Pharr Davis wanted to test her physical limits. With the help of her husband Brew and a dedicated group of friends, she set the fastest known time (male or female) on the Appalachian Trail by hiking 47 miles a day for 46 days straight.

For her adventures, Pharr Davis has been featured in the *New York Times*, the *Washington Post*, NPR's *Talk of the Nation*, ESPN and the CBS *Early Show*. She is founder and owner of Blue Ridge Hiking Company (www. blueridgehikingco.com), an Asheville, North Carolinabased guiding service whose mission is "to make the wilderness accessible and enjoyable through the written and spoken word, instruction and guiding."

The Englehardt Branch of Kent District Library is located at 200 N. Monroe Street in Lowell. This program is presented in partnership with National Parks Service and the North Country Trail Association.



897-7060 Rev. Dr. Paul Mpindi PHD 1151 West Main Street, Lowell, MI Morning Worship......10:00 AM Sunday School......11:20 AM

At Your June Lowell Police Local Department stats

Lowell Police Department made 23 arrests during the month of June, down from 37 arrests in May. The arrests included four drug law violations, one for drunk driving, three for driving with a suspended license, one alcohol violation, 10 for outstanding warrants and four that are described in the police department's statistics as "other arrests." That adds up to a grand total of 171 people arrested here during the first six months of the year.

Lowell police also responded to plenty of misdemeanors during June. There were 13 larceny calls, one disorderly conduct call, four dog/animal complaints, one malicious destruction call and seven assaults. Lowell police issued 79 citations and notified 19 residents about ordinance violations. They were called for assistance 63 times and were dispatched to 12 accidents. Out of 256 traffic stops in June, they let 199 drivers go with a warning.

happy birthday



JULY 26

Elaine Gregersen, Eric Rachael V Baird, Josh Geldersma, Fox, Matt Lee. Ellen Dilly.

JULY 27

Kyle Hendrick, Mike Shalander, Jason Spencer, Paige Wilson.

JULY 28

Tom Speerstra, Rachel Shanne Smith, Bobby Wright, Tiffany Hunt, Alexander Barr.

JULY 30 Patricia Smith, Scott ooistra, Jodi Mohr, imberly DeBold Paige

JULY 29

Rachael Vegter, Mary

Kooistra, Jodi Mohr, Kimberly DeBold, Paige Rash.

JULY 31

Nancy Raymor, Sandy Roth, Rochelle Bieri, Morris Robert Young.



page 6 🗕



Evening Worship......6:00 PM Nursery available at both services Barrier-Free

St. Mary Catholic Church

402 Amity Street • 616-897-9820 Website: www.stmarylowell.com

Weekend Masses: Sat 5 pm; Sun 10:30 am Confession: Saturdays 3-4:30 pm

Prayer & Adoration: Wednesdays 8 am to 7 pm Religious education for children to adults

FIRST CONGREGATIONAL CHURCH, UCC 865 Lincoln Lake SE • 616.897.5906

Pastor Jon Propper Worship Service - Sundays 10 AM Lowell's Open Table - Thursdays 5 - 7 PM Serving meals and providing fellowship to the greater Lowell community **OPEN AND AFFIRMING** www.lowellucc.org

... 9:15 AM

GOOD SHEPHERD

LUTHERAN CHURCH

103 Bluewater Highway (Missouri Synod)

Halfway between Lowell & Saranac on M-21

www.goodshepherdlowell.org

Worship Service Sunday - 10:30 AM

Joseph Fremer, Pastor 897-8307

All facilities are wheelchair accessible

Sunday School....

LOWELL UNITED METHODIST CHURCH

discover. grow. share 621 E. Main Street

897-5938 www.lowellumc.com • Barrier Free Entrance

WORSHIP 9 AM - Traditional • 11 AM - Contemporary Kid's Crew 11:15 AM Sr. Pastor - Brad Brillhart

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Young talent Jake Kershaw makes Showboat debut

by Kathryn Atwood contributing reporter

Young talent 17-yearold Jake Kershaw took the Riverwalk Plaza in downtown Lowell last Thursday evening for the Lowell Showboat Sizzlin' Summer Concert.

A soon-to-be senior at Marshall High School in Southern Michigan, Kershaw is fresh faced and youthful by appearance but his talent and musical prowess are of a man decades older. Having already played a music circuit that spans from Muskegon to the Ohio-Indiana border, including solo concerts, festivals and private events, Kershaw ignites audiences with his blues and rock performance and sets them straight afire with his guitar skills.

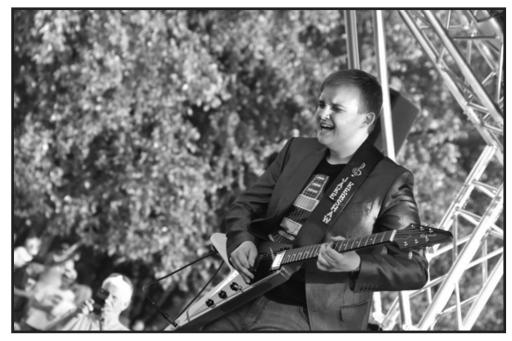
The budding artist said his musical journey began at the age of 11 when he received the unconventional gift of a Fender Starcaster for Easter. "When I received my first guitar, I just wanted to jam out to great heavy metal rock-and-roll and that really inspired me to play more and enjoy my instrument by playing what I wanted and how I wanted," explained Kershaw, following his debut on the historic Lowell Showboat stage.

He learned the classic riffs of 80s rock music from artists such as Eddie Van Halen and AC/DC's Angus Young. He continued his self-taught journey with classic rock-and-roll tracks until he met the sound produced by blues artist Stevie Ray Vaughan. From that point on he leaned towards the blues. His talent became more apparent under the influence of blues and people began to take

notice. He made his public debut in January 2014 and has been on the move ever since

Kershaw was joined on stage by drummer Chip Herbert and bassist Andy Merrild for the two-hour set. They performed original tunes crafted for Kershaw's debut album "Pieces of My Mind" as well as rock edged blues standards. "Great venue, great music fans, great stage! A lot of fun," said Kershaw of his first appearance in Lowell. "The Flat River was very cool. I hope to come back someday."

Kershaw built his musical chops while maintaining a 4.0 GPA in school, induction in the National Honors Society, honors level classes and performing as part of his school's marching and symphonic band. Looking



Rising blues talent Jake Kershaw on the Riverwalk stage last Thursday evening.

forward to his pending on August 16 and the seven graduation Kershaw said he plans to hit the road as soon as his cap flies. "I'm currently working on my next CD. I hope to release it next June when I graduate and I plan to tour immediately."

Just four shows remain on the summer concert schedule, including The Thirsty Perch Blues Band on August 2, solo blues artist Luke Winslow-King

piece retro groove band May Erlewine and The Motivations on August 23. This Thursday's country edition features The Bootstrap Boys. The Bootstrap Boys echo the voices of outlaw country artists, like Waylon Jennings and Johnny Cash. The Boys will play original tracks alongside a solid repertoire of well-known and wellplayed cover tunes.

The well-attended music series is brought to the community each Thursday evening from 7-9 along Riverwalk Plaza by LowellArts and the Lowell Area Chamber of Commerce. Attendance is free at the handicap accessible event. Both lawn and bleacher seating available. Food, beverages and adult spirits are available onsite for purchase.

Photography Exhibition on display at LowellArts

by Kathryn Atwood contributing reporter

Sixteen artists and more than 150 eye-catching and thought-provoking images make up the stunning LowellArts gallery show "Captured: A Photography Exhibition."

Featuring the work of two individuals and three artist collectives, the pieces were selected to showcase the many techniques and approaches used by photographers to create

their works. Opening to the public on Saturday, an artists reception was held

on Sunday from 2-4 pm. Consisting of five shows small wellblended into one by the curators, the exhibiting artists are all natives of Michigan. Gwendolyn Roth's collection is titled "Viewpoints: Finding Inspiration in Our Everyday World." Randy Nyhof's work is being shown under

LEGAL NOTICE

STATE OF MICHIGAN PROBATE COURT COUNTY OF KENT

NOTICE TO **CREDITORS** forever barred unless presented to Andrew DeWitt, personal J. representative, or to both the probate court at 180 Ottawa

the name "An Artistic Journey."

Don Ketchel, Steven Scherbinski and Kelly Walkotten collaborated on photographic works they titled "Hands of Time." A five artist collective called the Photo Friends submitted their series. "Derelict." Photo friends consists of photographers Kim Andronaco, Ben DeJong, Holly Degarmo, BJ Leeuw and Jodie Plaunt. The "With Light" exhibit is on display by a group of photo artists, Sam Brower, Eric Burke, Bill Chardon,

Richard Deming along with repeat participants, Ketchel and Walkotten, also known as the West Michigan Photography Collective.

On display until the first of September, the exhibit is free and open to the public during the gallery's regularly scheduled hours of Tuesday through Friday from 10-6 and Saturday from 10-5. LowellArts is located at 223 West Main Street in beautiful downtown Lowell.



Regular Meeting 7:00 p.m. Synancic of Minut

NOTICE OF ORDINANCE ADOPTION LOWELL CHARTER TOWNSHIP

PLEASE TAKE NOTICE that at the regular meeting of the Lowell Charter Township Board held on July 16, 2018, Ordinance No. 05-2018 was adopted to amend the Lowell Charter Township Zoning Ordinance, summary of which follows:

The ordinance amendment will rezone PP # 41-20-05-201-039 from R-2, Medium Density Residential District to the Open Space Plan Unit Development District. The total acreage to be rezoned is 48.6 acres. ed

Marie Krajewski, died June 16, 2018.Grand Rapids, MI 49546 616-942-0020Our next Township Meeting will be 0ur next Township Meeting will be July 30th at 7 p.m. for a public hearing. Regular Board Meeting August 13th at 7:00 pmObtained at the Lowell Charler Township offices, 2910 Alden Nash SE, Lowell MI 49331 during regular office hours or Monday, Tuesday, & Thursday or viewed on our website: www.twp.lowell.mi.us.	FILE NO. 18-203705-DE49503 representationEstate of SUZANNEmontionMARIEKRAJEWSKI.of propertyDate of birth: Augustnotic23, 1950.JulyTO ALL CREDITORS:MaryNOTICETO(P452)CREDITORS:TheMarieKrajewski, diedGranJune 16, 2018.616-9Creditorsof the1decedentare notified3593that all claims against500	0, Grand Rapids, MI 03 and the personal resentative within 4 hths after the date publication of this ice. (17, 2018 (17, 2018) (17, 2018 (17, 2018) (17, 2018 (17, 2018) (17, 2018 (17, 2018) (1	July 30th at 7 p.m. for a public hearing. Regular Board Meeting August 13th at 7:00 pm The approved minutes may be reviewed	 The Ordinance approves a 70 lot platted subdivision with public water, sewer, and roadways. Effective Date. This Ordinance/ordinance amendment shall become effective seven days after its publication or seven days after the publication of a summary of its provisions in a local newspaper of general circulation. A complete copy of the Ordinance can be obtained at the Lowell Charter Township offices, 2910 Alden Nash SE, Lowell, MI 49331 during regular office hours on Monday, Tuesday, & Thursday or viewed on our website: www.twp.lowell.mi.us.
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Looking back, continued

give careful consideration to an elevator career, according to King Doyle, president of the King Milling Company. Mr. Doyle went on to say "Grain and farm supply firms desperately need young men with special training to assume key positions in this industry. Last year there were eight or nine jobs for every student graduating in this field." The Institute of Agricultural Technology at Michigan State University has been training young men in the Elevator and Farm Supply Program for the grain and farm supply industry since 1947. This program cannot begin to fill the needs of the industry today. Starting salaries range from \$6,500 to \$7,200 per year. Opportunities for advancement are excellent for the young men with ability and initiative. More information regarding this challenging and rewarding career in the grain, feed and farm supply industry can be obtained by contacting Mr. Doyle or the Institute of Agricultural Technology, 120 Agriculture Hall, MSU, East Lansing, 48823.

Grand opening ceremonies are scheduled today (Thursday) for Lowell's newest business, which brings together two experienced veterans of the food industry. Fonger's Super Save, located at 403 East Main in Lowell, is to be managed by Mac Fonger, who has been serving the people of Lowell and environs for 21 years. Appointed as manager of the full-service fresh meat department was Frank Manglos, who has been in the meat business for many years, the past five in Lowell. The 7,000-square foot market facility will be fully carpeted to blend with a tastefully-designed interior decor featuring pastel panels and ornamental lanterns. Among services to be offered, in addition to the full line of fresh meats, will be pickup and carry-out service. Fonger, 48, has resided in Lowell for the past 45 years. He is married and the father of five children. A graduate of Lowell High School, he participated in basketball and baseball and maintains an active interest in sports of all kind. Fonger is a member of the Lions Club, the Masonic Lodge, the American Legion and the Moose Lodge. "It is a pleasure to once again be able to service the community of Lowell and

surrounding area," said Fonger. The grand opening celebration will continue through Saturday, August 3, at which time a portable color TV set will be awarded to those registering at the store during the nine-day event.

25 years ago The Lowell Ledger July 28, 1993

With the current vandalism problems surrounding Stoney-Lakeside Park, a potential pollution problem is the last thing park officials want. Officials are concerned with the problem caused by ducks and geese in the lake. The lake is currently home to 15 geese and is visited by numerous ducks in the area. The pollution comes in the form of bacteria levels on the rise, due to duck and geese feces. Dan Desjarden, Lowell's park and street supervisor, explains that Lowell's City and Park Recreation Committee has found a high level of bacteria, that could cause the closing of the park if it continues. "Usually the levels we find over a month's period fall well below normal, but we are concerned because we recorded a level which could be harmful to citizens," said Desjarden. According to Desjarden the increased levels are due in part, to people visiting the park and feeding the geese and ducks who live there. "We feel that if people stop feeding the geese and ducks then they will leave and the levels will return to normal," said Desjarden. According to George Regan, Superintendent of Lowell's Water Treatment Plant, Michigan standards require five tests per month of the water. If the tests show an average bacteria count over 200 colonies per 100 millimeters of water (four ounces), the park could be closed due to health concerns. Tests done over the past month have stayed low except for one week in which the level exceeded 300 bacteria colonies per 100 millimeters of water. Although the high level seems to be an isolated instance park officials want to avoid an upward trend in the bacteria levels. We just want people to stop feeding

the animals so we can control the level of bacteria in the lake," said Regan. If park officials can't encourage the geese and ducks to leave on their own, they may be forced to turn to the DNR and have them removed. Although the lake has recorded high bacteria levels Dave Cracker, Supervisor of the Environmental Division of the Health Department, explained that citizens don't have too much to worry about. "If the high levels remain consistent over a long period of time, then it might cause some health problems, but since it is an isolated incident there is not much of a problem," said Cracker.

Lowell Township's Planning Commission received the first, of what is expected to be numerous, requests to re-zone one acre of land on the corner of Cascade Rd. and Alden Nash from agriculture to commercial. William and Joe O'Dell, of Grand Rapids, requested the planning commission to grant a public hearing for the purpose of re-zoning the land in order to install a gas station and convenience store. The request met strong opposition from both citizens and board members. The acre of land is situated next to the proposed industrial site and was under much debate when the planning commission initially discussed re-zoning the land. Every board member voiced his negative response to the proposed plan and all were backed by the majority of citizens. Ron Carney, chairman of the Lowell Township Residents Association, played back a taped portion of a meeting held February 22 which had Melvin Beers declaring the one acre parcel would. "at no time, be re-zoned commercial." The plan did meet with some approval from a few citizens. Barb Hisler and two other people urged the commission to approve a service station on the comer because numerous cars either break down or run out of gas on the highway. "The people in this area are tired of being kind and letting strangers in their homes, after a while it becomes a terrible nuisance," said Hisler. The board suggested to the O'Dell's they think over their request due to the negative response from all board members and citizens. William O'Dell told Planning Commission Chairman Rolie Lubbinge he would inform the commission this Wednesday as to what his decision will be. From all indications, O'Dell he will likely withdraw his request.

PUBLIC HEARING NOTICE BOWNE TOWNSHIP PLANNING COMMISSION PROPOSED ZONING AMENDMENTS

On Thursday evening, August 2, 2018 at 7:00 p.m., the Bowne Township Planning Commission will hold a public hearing at the Bowne Township Historical Hall Building at 8240 Alden Nash Avenue SE, Alto, Michigan 49302 within the Township. The public hearing will involve proposed amendments to the Bowne Township Zoning Ordinance regarding outdoor recreational facilities, special land uses, variances, time limits and abandonment (i.e. Subsection 14.04X(20) regarding animals, Subsection 14.04X(23) regarding outdoor recreational facilities and minor amendments, administrative approvals, and similar matters, Subsection 14.04X(33) regarding alcoholic beverages served at special events, Section 14.06 regarding the expiration of special land use approvals, Section 14.07 regarding major and minor changes to an approved special land use, Section 14.08 regarding the abandonment or cessation of special land uses, Section 18.18 regarding minor and major changes to an approved site plan, Section 18.20 regarding the expiration of unused site plan approvals, and Section 19.08 regarding the expiration of unused variance approvals). A full copy of the proposed amendments to the Bowne Township Zoning Ordinance may be inspected, reviewed or purchased at the Bowne Township offices at 8240 Alden Nash Ave SE, Alto, Michigan 49302 during normal business hours. In addition to accepting public comments at the Planning Commission hearing, the Planning Commission will accept written comments up until the commencement of the public hearing. Questions should be directed to the Bowne Township Clerk at (616) 868-6846. Respectfully submitted by, Sandra L. Kowalczyk **Bowne Township Clerk** 8240 Alden Nash Ave. SE Alto, Michigan 49302 (616) 868-6846



wednesday • july • 25 • 2018

perseverance

A community fighting cancer

Throughout July the Lowell Ledger and the Buyer's Guide & News will once again highlight the stories of area cancer survivors and those who are dealing with grief. Each writer will convey, in their own words, their experiences as they walk through the many phases of their personal journey.

~ All photos courtesy of Heather Eveland Photography

Erin Rogers

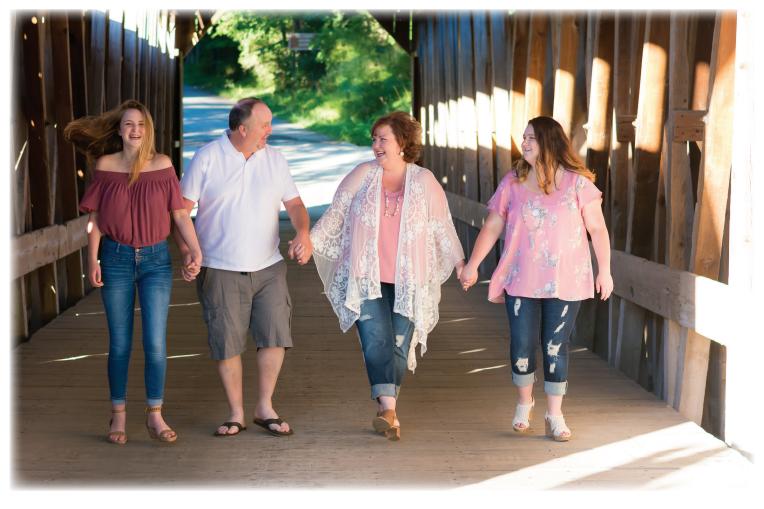
Written by Amanda Schrauben

As the school year was starting in 2016, Erin Rogers was finding out she would have to start chemotherapy treatment, followed by radiation. Erin was diagnosed with invasive ductal carcinoma, which is the most common form of breast cancer. Although 80 percent of breast cancer comes in this form, it's highly treatable. Invasive ductal carcinoma begins in the milk ducts and invades breast tissue. Erin would be fortunate enough to go through treatment without many side effects, however her story isn't any less important.

Erin's diagnosis would come just weeks after celebrating her oldest daughter's 2016 graduation from Lowell High School. However, there was suspicion which began six months prior. In December 2015 something showed up during a routine mammogram. It was determined the best way to proceed was to wait six months and check again.

It would be at that sixth month recheck a cancer diagnosis would be given, although nothing had changed between the two images. Erin recalls having the feeling of knowing something was wrong back in December. She didn't question waiting another six months until another mammogram, trusting her care to that of her doctor. She didn't go with her gut feeling. She didn't seek another opinion or push for a follow-up sooner than six months.

July 2016 would begin a lifechanging time for her entire family.



to hear a cancer diagnosis would offer support.

After the visit she went home. She sat down with her husband and their two girls and told them the news. "I told them I would fight hard and our faith and strength as a family would get us through this. We hugged each other and cried," she says, recalling the conversation.

Once diagnosed, there would be visits with numerous doctors who would determine a course of action. On August 23 Erin would have a

Erin, Mike, Corvnn and Tara survived cancer as a

time to walk in during the parade of cancer patients and survivors. "I was overcome by emotion as I walked into the stadium and the sea of pink. I realized how special my community was," she says.

Corynn, who recently graduated from high school, would decide to delay going to college to stay home with her family. Erin's husband of 21 years, Mike, who works in manufacturing at Amway, would be by her side during and after surgery and throughout treatment. Their younger daughter, Tara, would begin high school as her mom started comic relief, in some instances over whether Michigan State or University of Michigan was the better school.

By mid-October Erin's hair would be gone. But the final removal of her hair would come on her terms. Mike would shave her head as she held hands with daughters Corynn and Tara. The loss of hair was emotional, but Erin joked that she looked more like her husband, who was already partially bald. Mike would lovingly refer to her as Uncle Fester. Erin didn't enjoy wearing a wig and would go without around the house and sometimes while out in public. She continued to work, only missing treatment days. During her 22 weeks of treatment, she missed a mere 15 days on the job. She's not without side effects from treatment. Erin says the "chemo brain" people talk about is real. Sometimes things would be in her head but not want to come out. She experienced a change in the way things tasted, as well as a loss of appetite and her finger and toenails are not as they once were. Radiation made her skin sensitive. Now that her hair has returned post treatment, Erin jokes about having naturally straight hair, no hair and now naturally curly hair all in one lifetime.

family. They worked together, fought and won.

Erin received the call confirming her diagnosis while she was out driving. She took the call from a nurse who told her she had Stage 1b cancer. After calling her husband to tell him the news, she didn't feel like going straight home. She found herself stopping by to see her friend and hair dresser. Her friend was working on someone who was a two-time cancer survivor. The two women talked. The conversation would be one Erin needed to hear. Someone she didn't know, but who had survived cancer twice, would tell her it would be okay. Someone who knew what it was like

lumpectomy and biopsy performed. The biopsy would reveal lymph nodes were also affected and removed. This prompted a change in diagnosis to Stage 2b and treatment, which would require chemotherapy and radiation. After her port became infected, a delay in starting chemotherapy would result in a September start to chemo. During this time Erin would wonder whether [the] delay would change her condition.

Erin's first day of treatment was the day of the Pink Arrow game in 2016. She made it to the stadium just in chemotherapy. The four of them were in this together.

Corynn would be the caregiver as she cooked, cleaned and helped around the house. Tara would provide emotional support, often in the form of humor, which is one way Erin would be able to get through diagnosis, treatment, recovery and even now as she's cancer-free.

Chemotherapy would continue for four weeks, every other week. Doxyrubicin, also referred to as the Red Devil, was prescribed followed by 16 weeks of Taxol and six weeks of everyday radiation. Mike would be by her side during the four to five hours she would be at the hospital receiving treatments. The two would talk with other patients, Mike providing some

Erin, continued, page 12

perseverance

A community fighting cancer

Maria Isela Vega

Hello, my name is Isela! I have a wonderful husband and four amazing children. I'm also a grandmother to two beautiful grandchildren. I've been blessed to be a stay-at-home mom for the last nine years and I wouldn't change it for anything in the world. My cancer journey started on July 26, 2017, when I was struck by excruciating pain on my left side. The pain was so unbearable that I had no choice but to go to the emergency room the following day. Once admitted into the emergency room my pain was treated immediately, labs were drawn and a CT scan was performed. After some time had gone by my daughter and I started to wonder how come no one had come back to talk to us, but then shortly after we saw the doctor walk in. She introduced herself and right away told us that she had some bad news and good news and asked what we wanted to hear first. I looked at my daughter and we both decided we'd like to hear the bad news first. In that moment I would have never imagined the news I was going to get but she said, "Ok, Maria, the bad news is that we found a tumor on your right kidney that has caused the kidney to stop working properly." My daughter and I went completely silent and all we could do was look at each other, but in that moment I knew that I had to be strong. As I looked at my daughter I also knew that she would be just as strong, if not stronger for me and her siblings. She continued to ask the doctor questions but all I could think about was my husband and children wondering what would



that my left kidney would take over and keep my body functioning just as well.

We were then instructed to contact a urologist as soon as possible to get the process going. Six days following the emergency room visit, I had the appointment set up and this time my husband, daughter and oldest son accompanied me. The urologist then confirmed that indeed it was kidney cancer and I needed to be

As this journey continues I pray that I continue to have the strength and courage to know that God has a plan and that He is with me at all times.

~ Isela Vega

follow-up with my urologist to make sure the cancer did not come back. I'm extremely happy that all of my doctors acted fast and scheduled the surgery as soon as possible. On August 21 I was scheduled to go into the operating room at seven am and I must say it was one of the most nerve wracking and intense days of my life. I knew that going into that operating room I had to be strong and show my family that I was going to be ok. I remember closing my eyes and saying to myself, "God, I put myself in your hands and may Your will be done." After five long hours in surgery I was finally able to see my family. The anticipation was excruciating and seemed never ending but I was incredibly thankful to finally be with my loved ones. Thanks to all of the incredible doctors and amazing nurses, my five-day hospital stay went smoothly and with no complications.

atmosphere was filled with endless love and care and I knew that I would be very well cared for during my recovery. It sure wasn't easy, but my recovery went just as planned and I have my family to thank for that. Their love, care and attention gave me the strength to stay positive and push forward. Without them this would've been a very difficult journey to take. As this journey continues I pray that I continue to have the strength and courage to know that God has a plan and that He is with me at all times. I thank God every day for giving me the opportunity to say that I'm another cancer survivor. I'm incredibly thankful to have the support of the Pink Arrow community as well, because the support has been a wonderful blessing. Thank you to all of those who make it possible. God bless you! I would also like to give my most sincere blessings to all of my fellow fighters who continue to fight the good fight and my dearest prayers to those who are no longer with us.

happen to them if I could no longer be around. But then in a matter of seconds I said to myself, "there is no time to feel bad or question why me, there is only time to stay strong and fight the good fight. I then asked what the good news was and that's when I was told that the entire right kidney would have to be removed but treated immediately. This meant the kidney had to be removed as soon as possible, which made me extremely nervous because it was a major surgery. The good news was that we were once again reassured that I could continue to live a normal life with only a few minor changes and precautions, but also had to continue

Coming home was one of the best feelings in the world because I was received by all of my loved ones. The

LOWELL COMMUNITY WELLNESS THURSDAY, AUGUST 16, 2018 08.16.18 VERWALK LOCAT

perseverance

A community fighting cancer

Jennifer Peter VanDuren

I was diagnosed with breast cancer three months after my yearly exam. My husband found the very large lump and it is hard to believe we all missed it. I knew I was in real trouble. They told me I was 2B which is very close to stage 3. As it turns out I was 3B and very close to stage 4. The beginning of treatment was hard with many tests in the first and second week restricted by the stage two assignment. Then I began a tough 20 week chemo treatment, starting with the 'red devil.'

Gilda's Club helped me see that the treatment was hard and that it's okay to have some emotional problems afterwards. I didn't deal with much during the treatment and left it all for the end. Then it hit me like a ton of bricks. The side effects have become a part-time job. My immune system could be stronger and I'm more sensitive. I struggle fitting my side effects into my daily life. I'm also struggling with all this fuss over little cuts or poison ivy, but often find myself in real trouble quickly.

They say you learn who your friends are during a trauma, and boy did I. I have the best friends in the whole world. I cannot thank them enough for their kind words and hugs. Each sent and did a little, and it turned into a pile of love. One friend, Pam Geenen, stayed by my side the whole time, which I'm sure was hard, as she had lain to rest so many in her family from cancer. Their love helped me through more than anything. My daughter was a trooper helping in so many uncountable ways; she attended most appointments and she was tasked with taking back a land contract just as I was diagnosed.



out their plans a few years ago maintaining our benefits to match the other countries the company operates in and I got to enjoy the benefits.

My family of origin was not so much help. One sister asked me when I would quit chemo!!! Three times!!! I tried to clarify but she did too. Before treatment this was almost too devastating for me to deal with and led to me emotionally shutting down for the treatment. This was a huge burden for me.

My life has changed, but I do feel I am a stronger and a more focused individual. I wrote a book about my country childhood and made it funny, if a little tragic. I'm re-editing it now and laugh at my own jokes, trials and

They say you learn who your friends are during a trauma, and boy did I.

men and sports teams who feed me. They seem so casual. It's not casual to me. It's a tremendous support mechanism. I've always lived somewhat through food and so the food is especially comforting to me. Chemo tried to kill my love for food and I still struggle with enjoying or consuming food. Eating with others helps the joy return. The women who attend are wonderfully supportive, smart and funny. What more could I ask for?? Well I could ask for great counselors, but Gilda's had already achieved that level of performance and I am so appreciative of that structure being in place. I may have picked up PTSD during treatment and Gilda's may help me with that soon.

The other thing I cannot quite grasp is the forethought and planning Grand Rapids

felt like a minnow caught in a net and I just wanted to be released. Now that it's over I realize I was actually in a 'catch and release' program and I just got released. Just as I was formulating this 'release' thought Gilda's signed me up to go fly fishing on the Ausable River near Mio! Somehow I feel the world is cheering me on. Catching and releasing other fish is my final stage before I can swim away and live the rest of my life. I want to build an old folks home for me and my friends. Now that I'm enjoying Gilda's I want a Gilda's next door with a day care in between. That would be heaven on earth to me! I'm not dead yet. Still kicking and causing trouble.



My son pitched in for the more work type things that needed to be done. Like the room we started remodeling that needed a new roof, new floor and drywall. My husband stepped up to help where ever he could, but overall I think it was an incredibly nerve wracking experience for him. He provided great insurance which, believe me, took a huge burden off my shoulders. Don navigated the insurance system for me, paying and solving billing questions and errors. Everyone should receive such solid benefits for their protection. Don's corporate headquarters is in Laval, Quebec and the company evened ~ Jennifer Peter VanDuren

tribulations of life outside the city. I would call myself a country mouse and compare myself to a city mouse always wondering what they were doing all day. I had 40 acres and a tractor and horse to entertain me. I also worried about the city kids playing in parking lots and not getting enough to eat.

I actually don't want to talk about myself. I want to talk about Gilda's Club in Lowell. I do struggle emotionally and cannot grasp the love and support I have received in Lowell. Sometimes when I walk in I start crying. I thank the women,

had 30 years ago to save me from cancer in 2017. Wow, you started saving my life just as I was having children. I think about that long-term planning everyday and cannot thank the people enough. They say if you want to make a difference in a year, plant a garden; if you want make a difference in 20 years, you plant a tree; and if you want to change the world, you raise a child. I guess Grand Rapids raised a pretty grand 'child' in their new medical mile and it is changing the world. Saying thank you seems so inadequate.

When I was first diagnosed I

In This Together... Learn. Share. Laugh.

perseverance

A community fighting cancer

Erin's story, continued

Participation with Crowns of Courage would be life changing. Last fall, Erin was part of Crowns of Courage, an ArtPrize submission in which women dealing with cancer, who had lost their hair, were given a few hours of special treatment, including a henna art crown by artist Amanda Gilbert. Those crowned would show courage. They were asked to stand tall and strong and be happy and proud of who they are, showing courage regardless of a lack of hair. These women were encouraged to take back who they are no matter what they look like while being a role model for those going through a similar experience. Photos of the women who participated in this project are being displayed permanently at the Lemmen-Holten Cancer Pavilion.

Erin would meet other women through Crowns of Courage and elsewhere, forming a bond. They would understand to a great extent what others were going through even if a cancer diagnosis and treatment were not the same. The group would have space in an online group to gather, offering and receiving support.

Erin hopes to continue this giving back to others going through cancer in as many ways as she can. She wants others to not look at cancer patients differently just because they don't have hair, can't remember things like they used to or are even having a bad day. She hopes those who know someone going through cancer treatment will offer to help, even if it's as simple as letting the person know they are being thought of. She says it's okay if you don't know what to say and okay if you admit you don't know what to say, but encourages others to just keep saying something. She also hopes those dealing with cancer aren't afraid to ask for help. She says it doesn't make you weak. It's okay to struggle and need help from others.

Last fall when Erin started her treatment a stranger, who has become a friend, started a meal train which provided food for the family during the months of October and November. Her brother-in-law and his wife had a fish free and cornhole tournament to help raise some extra money. It was through the help of strangers, friends and family that the Rogers family was able to focus on Erin and her treatment. Erin says, "thanks to all of them for their kindness will never be forgotten." Thanking Pink Arrow for help during a time of need, Erin says the gift she received was used to help pay for accumulating bills. Humor and faith are what Erin credits getting herself and her family through her diagnosis and treatment. She continues to be checked to ensure the cancer does not return. Soon she will go back to yearly mammograms, however she will remain on anti-cancer medication for 10 years.

Erin also had genetic testing done to ensure her daughters do not have to worry about her type of cancer being passed down genetically. Erin, Mike, Corynn and Tara survived cancer as a family. They worked together, fought and won.

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SAVE THE DATE

LOWELL PINK ARROW PRIDE COMMUNITY DAY

Thursday, August 30, 2018 Lowell hosts Rockford High School



Lowell names new boys varsity soccer coach

Lipon Dan was recently named the new boys soccer coach at Lowell High School, taking over a varsity team that finished 14-7 in 2017 and 6-3 in the OK White conference.

"Coach Lipon is what we consider a "soccer junkie" - coaching two high school teams, serving as technical director for LASSO (youth soccer organization) and has been involved previously

with GRFC. He has a vast Coach Lipon obtained knowledge of soccer and we are excited about the coaching staff that will be in place coaching our boys," said athletic director Dee Crowley.

Coach Lipon graduated from Livonia Stevenson High School and he then attended Eastern Michigan University where he graduated with a Bachelor's Degree in Teacher Education (PE/health).

his Master's Degree in Educational Leadership from Western Michigan University.

Coach Lipon has served as the Lowell girls varsity coach for the past seven years and helped guide the team to Division II top 10 ratings, playing some of the toughest competition in the area and state. Prior to coaching at Lowell, coach Lipon coached both boys and girls soccer at Forest Hills Northern and served as Division II chair for boys soccer for the Michigan High School Soccer Coaches Association (MHSSCA).

"I'm excited and humbled for the opportunity to lead the boys soccer program. I am inheriting a great program and team, and our coaching staff is eager to begin working with the boys. The OK White is



one [of] the best soccer conferences in the state and we embrace the opportunity each year to be the best at both the conference and state level," coach Lipon commented.

Coach Lipon has been an elementary physical education teacher in the Lowell district for the past five years and is currently teaching at Cherry Creek Elementary.

The connection between eating and energy

The connection between energy and eating is significant. A healthy diet and approach to eating can vastly improve energy levels, while a poorly planned diet that lacks nutrition can contribute to feelings of fatigue and increase a person's risk for various ailments.

The Harvard Medical School notes that different kinds of foods are converted to energy at different rates. That's why some foods, such as candy, provide quick boosts of energy while foods such as

whole grains tend to supply the body with energy reserves that it can draw on throughout the day.

It's not just what people eat but how they eat that can affect their energy levels. In addition to choosing the right foods, men and women can try the following strategies as they look to eat to boost their energy levels.

• Eat smaller, more frequent meals. Avoiding the traditional three-mealsper-day approach may help improve energy levels, especially for people who

tend to eat sizable meals once, twice or even three times every day. According to the Cleveland Clinic, the metabolisms of people who do not eat regularly will slow down, as the body absorbs and stores more of the food it eats. Those stores include cholesterol and fat, which can be unhealthy and contribute to weight gain. However, by eating small meals more frequently, one's metabolism speeds up and more calories are burned. The body recognizes more food is soon on the way and, as a result, it does not need

> to store as much cholesterol and fat as it would if meals were eaten less frequently.

• Avoid big lunch. а The Harvard Medical School notes that, while the reasons are unclear, research has indicated that the circadian rhythms of people who eat big lunches indicate а

more significant drop in afternoon energy levels than the rhythms of people who eat smaller midday meals. Men and women who eat big lunches and find their energy levels waning later in the workday can try to eat smaller midday meals to boost their energy.

· Be careful with caffeine. The foods people eat are not the only components of their diet that can affect their energy levels. Caffeinated beverages can provide a temporary boost of energy as well. However, men and women who drink coffee or other caffeinated beverages to boost their energy levels should avoid doing so in large amounts after 2 p.m. That's because caffeine can cause insomnia, and insufficient sleep can dramatically affect energy levels.

• Choose the right snacks. Eating smaller, more frequent meals may compel some people to snack. The Academy of Nutrition and Dietetics notes that snacks are important as long as they're the right snacks. Avoid snacks that are just empty calories in favor of foods that contain protein and fiber-rich carbohydrates. Such snacks, which may include fruits such as apples and fresh berries or protein sources like nuts and Greek yogurt, can provide lasting energy.

It's also important that men and women not snack to fill themselves up, but rather to quell any hunger pangs and get an energy boost between meals.

The foods people eat and when they eat them can have a dramatic impact on their energy levels.



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The right snacks can provide an energy boost that lasts until meal time comes around again.



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NOTICE OF ORDINANCE ADOPTION LOWELL CHARTER TOWNSHIP

Township Board held on July 16, 2018, Ordinance No. 06-2018 was adopted to of Section 20.03. amend the Lowell Charter Township Zoning Ordinance.

AN ORDINANCE TO ADD SECTION 22.09 TO THE LOWELL CHARTER TOWNSHIP ZONING ORDINANCE TO ESTABLISH REQUIREMENTS FOR COUNTY CORE FAIRS AND ACCESSORY USES.

THE CHARTER TOWNSHIP OF LOWELL ("Township") ORDAINS:

Section 22.09 is hereby ADDED to the Lowell Charter Township Article 1. Zoning Ordinance to read as follows:

(a) PURPOSE

The purpose of this section is to set forth the requirements for a multi-use agricultural youth core fair, county core fair and other similar core fairs as permitted by Section 5.03 (y) herein. It is recognized that such use requires a substantial area of land and includes unique activities which are patronized by large portions of the community but which could disrupt the existing character near its location.

The requirements of this section are designed to allow the core fair to serve its purpose but to regulate the activities, arrangement of facilities and operational characteristics so as to minimize the noticeable effects of the core fair and accessory uses on surrounding land uses and residents. It is also recognized that the principal use is the "core fair" but that the buildings, parking, lighting, interior access drives and infrastructure needed to support the core fair are adaptable and compatible for accessory uses outside the period of the core fair operation. These accessory uses, which are specified in Section 5.03(y), are also subject to the requirements listed in this section.

(b) APPLICATION REQUIREMENTS

An application for a core fair special land use shall include the following information:

1) A completed application form and site plan as required by Section 20.02 (a) and (b)

2) A description of all the activities and uses proposed for the core fair as well as accessory uses proposed outside the core fair operating dates.

3) Dates and hours of operation of the core fair.

4) Information regarding:

i. Ability to meet the requirements of the Kent County Health Department for the provision of sanitary facilities and water; location and management of temporary/ portable bathroom facilities;

ii. Requirements of the Kent County Road Commission or other road approval agency regarding location of driveways, design, and road improvements such as by-pass lanes;

iii. Traffic control measures for traffic entering and leaving the site, parking and interior traffic circulation. Such measures shall ensure that traffic entering the site will not stack on adjacent public streets;

iv. Provision for police and fire protection, medical emergencies and other emergency measures;

v. Facilities for waste disposal;

vi. A manure management plan;

vii. A separate lighting plan;

PLEASE TAKE NOTICE that at the regular meeting of the Lowell Charter clearly not needed and to otherwise meet the special land use approval standards

A core fair shall have its primary access on a County Primary road.

2) Hours and days which the core fair is permitted to be open to the public are:

- Sunday through Thursday: 8:00 AM 10:00 PM
- Friday and Saturday: 7:00 AM 11:00 PM

The Planning Commission, however, may permit an extension of these hours if sufficient justification for the extension is provided by the applicant and the Commission finds that the extension will not be significantly detrimental to nearby residents and uses.

Activities on the core fairgrounds such as maintenance of grounds and buildings, loading, unloading, set up and tear down and normal activities associated with operating the core fairgrounds may take place outside of the public hours provided these activities do not create a significant disturbance to nearby residents.

3) The land within 50 feet of the road right of way shall be preserved in its existing condition to the extent reasonable except for driveways, clear vision areas and sound abatement measures.

4) Setbacks

Buildings and uses proposed to be established on the site shall comply with the following minimum setbacks:

i. Buildings: 200 feet from all public street rights of way lines and 50 feet from all other lot lines.

ii. Outdoor activities: 100 feet from all public street rights of way lines and 50 feet from all other lot lines.

iii. Parking: 100 feet from all public street rights of way lines and 50 feet from all other lot lines.

5) Noise. Uses on the site shall comply with the Township Anti-Noise and Public Nuisance Ordinance as amended.

6) Lighting

Lighting for the core fair and all accessory uses shall comply with the requirements of Section 4.28, Outdoor Lighting Requirements and Restrictions, except as noted below:

i. Light which falls on adjacent properties and roads shall not exceed 0.5-foot candles.

ii. Lights shall be reduced to security lighting one hour after close of activities which are open to the public except for lighting necessary to accomplish loading, unloading, set up and tear down and similar activities associated with the core fair.

iv. Outdoor activities may have unique lighting needs pertaining to the performing or playing area. A design plan for such uses or facility shall provide detailed information on glare, illumination of the surrounding properties, and nighttime atmospheric light pollution will be minimized. Such lights are subject to specific approval of the Planning Commission.

v. A lighting plan shall be submitted which shall include the following:

a. Location of all exterior lighting fixtures.

b. A description of the outdoor lighting fixtures, manufacturers' data sheets, photometric report with candela distribution, drawings, and shielding

viii. Expected measurable dbA sound levels produced by core fair and proposed accessory on-site outdoor uses measured at the nearest occupied dwelling unit;

ix. An estimate of the number of visitors expected on the busiest date of the core fair;

x. Documentation of insurance for the core fair and all proposed accessory activities:

xi. Information regarding construction of facilities including days and hours of operation, anticipated noise levels, types of construction equipment and measures to control construction traffic.

xii. List of permits required by county, state and federal agencies for the core fair operation and accessory uses.

(c) SITE DEVELOPMENT AND OPERATION STANDARDS

The Planning Commission may modify the following requirements in order to better mitigate the effects of core fair activities on adjacent land uses, to improve safety for core fairground users and traffic, to lessen the imposition of a standard when it is information.

c. Proposed mounting height of all exterior lighting fixtures.

d. Analysis and luminance diagrams showing that the proposed installation conforms to the lighting level standards of this Ordinance; and

e. For all buildings to be illuminated, drawings of all building elevations showing fixtures, the portion of the walls to be illuminated, the luminance levels of the walls, and the aiming points for any remote light fixtures.

7) Fencing. The area utilized for the fairgrounds shall be enclosed by a fence with a maximum height of six feet.

8) Parking.

i. Parking of vehicles related to core fair activities and accessory uses shall only be located on the fairgrounds site. Sufficient parking shall be provided on site so that vehicles do not park on adjacent or nearby roadways or other property.

ii. The Planning Commission may waive the requirement that the parking lot surface for parking areas designated for core fair patrons be asphalt or concrete pavement and that all parking and driveways and access aisles be striped. However, all such parking areas shall have a dust-free compact hard surface, which may include grass.



Free credit freezes available to consumers

Michigan attorney general Bill Schuette is reminding Michigan residents that effective June 17, 2018, free credit freezes became available to all Michigan residents, according to a new state law.

"Following multiple security breaches that have exposed personal information of millions of Michiganians, I worked with the legislature to make sure that after a breach, it would not cost those exposed their hard-earned dollars when they weren't at fault," said Schuette. "I applaud our legislature for taking the important step to protect Michigan residents and I encourage those who have been impacted and those who want to limit who has access to their credit reports to take advantage of our new zero-cost credit freeze law."

A credit freeze is a temporary block on third parties' ability to access a consumer's credit report. Credit reporting agencies can no longer charge fees associated with freezing a consumer's credit report. The benefit of freezing a credit report is that no one can sign up for a new financial service using your stolen information.

Protecting Michigan consumers during the Equifax security breach

Schuette joined with more than 40 other states and

the District of Columbia in an investigation of credit giant Equifax in September 2017. The investigation remains open.

If you are uncertain as to whether your credit was breached, Schuette encourages Michigan residents to go to Equifax's Cybersecurity Incident & Important Consumer Information website to see if your information has been impacted.

You can also read Equifax's FAQ for Consumers; Progress Updates for Consumers; and Notice of Data Breach to keep up on the latest announcements from Equifax.

New law protecting patients from opioid abuse

A new law protecting patients by limiting opioid prescriptions for acute pain to a 7-day supply took effect on July 1.

This change is part of a legislative package signed by Calley in December 2017 to combat the opioid epidemic. Public Act 251 specifically limits an acute pain prescription to a 7-day supply within a 7-day period.

"Protecting patients from addiction and overdose risk is the purpose of all of the reforms we enacted," Calley said. "By limiting exposure to potentially addictive medications, we are reducing the likelihood that someone will become addicted or potentially overdose. These efforts are also spurring conversations between physicians and patients on how to treat acute pain in the safest and most effective manner."

Recent reforms that have already taken effect require prescribers to register with the Michigan Automated Prescription System (MAPS) prior to prescribing or dispensing schedules 2-5 controlled substances. In addition to registering, prescribers must also review MAPS before prescribing or dispensing a schedule 2-5 controlled substance to a patient in a quantity that exceeds a 3-day supply.

MAPS – which was fully replaced in April 2017 – provides prescribers with a user-friendly portal, making it more efficient for practitioners to obtain information of controlled substances and schedule 2-5 drugs that have been dispensed to patients.

"The new laws signed by Lt. Governor Calley have strengthened our efforts to combat the opioid epidemic," said Kim Gaedeke, deputy director of the Dept. of Licensing and Regulatory Affairs (LARA). "The MAPS requirements combined with new patient protection measures will help us to better prevent and address substance use disorder in Michigan."

Additionally, health care providers are now required to counsel patients on the risks of opioids before prescribing and complete an informative "Start Talking" form when prescribing an opioid to patients.

The state is using every available tool to combat the national opioid epidemic. The collaborative efforts of state agencies amplifies Michigan's efforts related to prevention and treatment of patients, education of health professionals, and enforcement of over-prescribers.

MAPS is administered by LARA. The Michigan Department of Health and Human Services provides resources for patients, health professionals and communities related to prevention and treatment of opioid abuse. The Michigan Department of Environmental Quality assists individuals with proper drug disposal of unwanted prescription medications. All Michigan State Police posts serve as prescription drug take-back sites and operate the Angel Program for individuals struggling with drug addiction. The efforts of state agencies are advised by the Prescription Drug and Opioid Abuse Commission which is made up of health professionals, law enforcement officiens, substance abuse treatment providers, government officials, and residents.

HOW TO CONTACT YOUR STATE SENATORS & REPRESENTATIVES

US Sen. Debbie Stabenow, Senate Office Building 731 Hart. Washington, DC 20510 202-224-4822 • stabenow.senate.gov

US Sen. Gary C. Peters, Senate Office Building 724 Hart, Washington, DC 20510 202-224-6221 • peters.senate.gov

US Rep. Justin Amash, House Office Building 114 Cannon, Washington, DC 20515 202-225-3831 • amash.house.gov

Mich. Sen. Dave Hildenbrand PO Box 30036, Lansing, MI 48909-7536 517-373-1801 SenDHildenbrand@senate.michigan.gov

Mich. Rep. Thomas A. Albert PO Box 30014, Lansing, MI 48909 517-373-0846 • gophouse.org/representatives/westmi/albert

LOWELL CHARTER TOWNSHIP, NOTICE OF ADOPTION, Continued

iii. The applicant shall provide information on measures to reduce on-site dust and the tracking of mud or dirt onto the public roadway. The applicant shall be responsible for clearing any such mud and dirt tracked onto the public road.

iv. Requirements for barrier free parking space size, surface, ramps, and signs shall be as required by the State of Michigan Barrier Free Design Act as amended.

9) Landscaping

i. Landscaping shall be provided according to the requirements of Section 4.26 of this Ordinance. For parking areas which are unpaved the landscaping requirements within the parking lot are not applicable.

ii. Canopy and ornamental trees shall be provided throughout the core fair grounds to provide shade and enhance the aesthetics of the core fairgrounds.

d. Prior to the issuance of a sign permit for an electronic message board the applicant shall provide to the Zoning Administrator certification from the manufacturer of the sign that the illumination settings for the sign comply with the maximum illumination requirements of this Section.

ii. Signs which are not visible from off-site and building identification signs are exempt from the requirements of Chapter 18.

12) Camping

i. Camping on the fairgrounds site shall be subject to the requirements of Section 22.03(n) except as may be modified by the Planning Commission.

ii. The applicant shall provide evidence to the Township that the campground has received the necessary permits from the Michigan Department of Environmental Quality.

^{the}leedger

10) Manure Disposal

A manure storage, handling and disposal plan shall be prepared and submitted to the USDA Natural Resources Conservation Service for review and approval. Evidence of this approval shall be provided to the Township.

11) <u>Signs</u>

Signs shall be as permitted and regulated by Chapter 18 of this Zoning Ordinance except as follows:

i. One electronic reader board sign is permitted in accordance with the requirements of Section 18.07 (g) herein plus the following requirements:

a. An electronic reader board sign shall not exceed a maximum illumination of two-tenths foot candles over ambient light levels measured at a distance of 150 feet from the face of the sign.

b. An electronic message board shall be equipped with a brightness control sensor that allows for the brightness to be adjusted either manually or automatically.

c. An electronic reader board sign shall not have a white background, in order to reduce glare.

d) ADDITIONAL REGULATIONS

1) In its approval of a Special Land Use permit the Planning Commission shall specify the uses which are being permitted and any conditions attached to the uses. Uses or principal buildings which the applicant wishes to add following this approval shall require the approval of the Planning Commission. The Commission shall determine if such changes are major or minor changes in accordance with Section 20.08 of this Ordinance.

<u>Article 2.</u> Severability. Should any portion of this Ordinance /ordinance amendment be declared by a court of competent jurisdiction to be invalid or unconstitutional, that shall not affect the balance of this Ordinance/ordinance amendment, which shall remain in full force and effect.

<u>Article 3.</u> <u>Effective Date.</u> This Ordinance/ordinance amendment shall become effective seven days after its publication or seven days after the publication of a summary of its provisions in a local newspaper of general circulation.

A complete copy of the Ordinance can be obtained at the Lowell Charter Township offices, 2910 Alden Nash SE, Lowell, MI 49331 during regular office hours on Monday, Tuesday, & Thursday or viewed on our website: www.twp.lowell.mi.us.

Monica Burtt, Clerk Lowell Charter Township

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ledger

obituaries

BROOKS

Dennis Edward Brooks, aged 69, of Lowell, MI passed away Thursday, July 19, 2018. Dennis was

preceded in death by his parents, Herb and Eleanor Brooks; sister, Delores Coates; and grandson, Zachary. He is survived by his wife of 46 years, Deborah; his children, Daniel E. Brooks, Dawn M. Brooks, Derek Ε. Brooks, Deanna M. (Joe Johnson) Brooks, and Danica M. (Ryan) Huizenga; sisters, Margaret Lewis and Marie (Fred) Kaminski; brother, Robert Brooks; grandchildren, and



Alexis, Nicholas, Noah and Alyssa Brooks and Alexander and Jonathan Huizenga. Visitation was held Saturday, July 21, at O'Brien-Eggebeen-Gerst Chapel, Grand Rapids. A private service was held by the family.



The surest way to make your dreams come true is to live them. - Roy T. Bennett

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NUGENT

Daniel Hugh Nugent, age 67, of Lowell, left this world riding his Goldwing Friday, July 20, 2018. He was

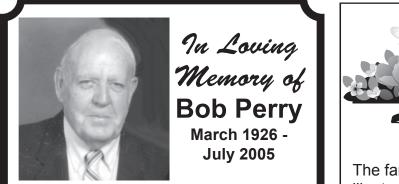
preceded in death by his daughter, Jennifer Nugent; parents, Joseph "Stub" and Jane Nugent; fathermother-in-law, and Bud and Kate Lyons; nephew, Kevin and Anderson. Dan is survived by his wife of 47 years, Barb; children, Sheryl Fielbrandt and Joe (Jill) Nugent; sisters, Mary (Joe) Anderson, Sue (Fred) Rentsman, Barb (Daryl) Anderson;



brother-in-law, Rich Lyons; sisters-in-law, Betty Lyons and Chris (Bruce) Packard; grandchildren, Evelyn, Jacob, Lily, Mike and Drew Fielbrandt, Jackson and Maverick Nugent; and many nieces, nephews, aunts, uncle and close cousins. Dan worked in the welding industry most of his career, meeting many interesting people along the way. Dan was a leukemia survivor for the last six years. He and his wife loved to ride their Honda Goldwing motorcycles all over the country and traveled throughout all 48 contiguous states. However, family came first. He was a good father, happy to help his children. He loved doing things with his family whether it be camping trips when his children were young, or just watching the grandchildren play as they were growing up. When Dan said he invited the family to go camping, it usually meant he had called his sisters and invited their families too. Dan was a handyman to his family and took on projects such as building "cubbies" to put their things in after school or bunk beds for their room. He even took on remodeling work for family members throughout the years. Dan was always happy to help in any way he could when it came to working with his hands. Mass of Christian Burial was Tuesday, July 24, at St. Patrick Catholic Church, Parnell. Rev. Thomas Cavera presided. Interment St. Patrick Cemetery. Memorial contributions may be made to Pink Arrow Pride, PO Box 246, Lowell, MI 49331; or Hospice of Michigan, 989 Spaulding Ave. SE, Ada, MI 49301.



Make your lives a masterpiece, you only get one canvas. — E.A. Bucchianeri,



How the work rules work for you

Retirement have the same meaning for everyone. Some people plan to retire and never work again. Some people plan for second careers in occupations that wouldn't have adequately supported their families, but they do the work for pure enjoyment. Some people, whether by design or desire, choose to work part-time or seasonally to supplement their retirement income.

Retirees (or survivors) who choose to receive Social Security benefits before they reach full retirement age (FRA) and continue to work have an earnings limit. In 2017, the annual earnings limit was \$16,920 for those under FRA the entire calendar year. In 2018, it is \$17,040. If you earn over the limit, we deduct \$1 from your Social Security monthly benefit payment for every \$2 you earn above the annual limit.

In the calendar year you reach FRA, which you can check out at www. socialsecurity.gov/planners/ retire/ageincrease.html, you have a higher earnings limit. Additionally, we will only count earnings for the months prior to FRA. In 2017, the limit was \$44,880. In 2018, it is \$45,360. In the year of FRA attainment, Social Security deducts \$1 in benefits for every \$3 you earn above the limit.

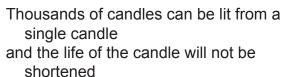
There is a special rule that usually only applies in your first year of receiving retirement benefits. If you earn more than the annual earnings limit, you may still receive a full Social Security payment for each month you earn less than a monthly

doesn't limit. In 2018, the monthly limit is \$1,420 for those who are below FRA the entire calendar year. The 2018 monthly limit increases to \$3,780 in the year of FRA attainment.

Once you reach FRA, you no longer have an earnings limit, and we may recalculate your benefit to credit you for any months we withheld your benefits due to excess earnings. This is because your monthly benefit amount is calculated based on a reduction for each month you receive it before your FRA. So, if you originally filed for benefits 12 months before your FRA, but earned over the limit and had two months of Social Security benefits withheld, we will adjust your ongoing monthly benefit amount to reflect that you received 10 months of benefits before your FRA, and not 12.

Most people understand that if they work while receiving benefits before FRA, their benefit may be reduced. What most people do not consider in their retirement planning is that we recalculate your Social Security monthly benefit at FRA to credit you for Social Security benefit payments withheld due to earnings over the limit. Explaining the earnings limit is another way that Social Security helps secure your today and tomorrow. Understanding both the earnings limit and the possible recalculation of your ongoing Social Security benefits will provide additional an perspective on retirement for you to consider.





Love never decreases by being shared You shared your love with many And many remember you and miss you every day.

Your family holds you in our hearts.

Love you, Velma, Bert & Ruby, Ann & Ron & all your grandchildren & great-grandchildren The families of Ashley Erin Ford would like to thank everyone for all the love, support, prayers, flowers, food and gifts we received. A special thanks to Roth-Gerst Funeral Home for all your help. Also



a very special thank you to everyone at Ada Bible Church for everything you have done for us. It will never be forgotten.

classified office hours: Mon.-Thurs. 8 a.m.- 5 p.m. Fri. 8 a.m. - noon closed Sat. & Sun.

for sale

LOTS FOR SALE - Located on Hunters Trace, west of Parnell off Downes Ave. Lowell Schools/Murray Lake Elementary. Lot #5, 1414 Hunters Trace, 4.5 acres; lot #6, 1460 Hunters Trace, 6.3 acres. Contact 616-304-3131.

MOVING SALE - nice oak dining table, 2 leaves, 4 chairs & oak buffet table, to be sold together, \$825 obo. Bought locally. Call 3 p.m. to 9 p.m. 897-8663.

EXCEPTIONAL PERFOR-MANCE AND VALUE - Requires less wood & provides more heat. Central Boiler certified Classic Edge OUT-DOOR WOOD FURNACE. Call today! 616-554-8669. SOS Property Maintenance LLC. 6950 Hammond Ave. Caledonia. We are your local sales, service & parts dealer! TEN

FOR SALE - Fresh produce: sweet corn, tomatoes, cukes, peppers, onions, red potatoes, zucchini, melons & more when in season. Quality produce at fair prices. Share in our garden at VandenBosch Produce, 2999 Lincoln Lake Ave, 6 miles N. of Lowell between 3 & 4 Mile Rd. Call 485-4033.

QUEEN PILLOWTOP MATTRESS SET - (new), \$248/set. Thick & plush. Hammond Wholesale, 320 W. Main St., Carson City, 989-584-1600. See us on Facebook.TEN

USED TIRES - Call with size, 616-292-7649/616-295-8820. Rob's Auto thanks.TEN

SAWMILLS from only \$4397.00- MAKE & SAVE MONEY with your own bandmill- Cut lumber any dimension. In stock ready to ship! FREE Info/DVD: www. NorwoodSawmills.com 800 567-0404 Ext.300N (MICH)

PIONEER POLE BUILD-INGS- Free Estimates-Licensed and insured-2x6 Trusses-45 Year War-ranty Galvalume Steel-19 Colors-Since 1976-#1 in Michigan-Call Today 1-800-292-0679. (MICH)

for rent

WE DO BUSINESS IN AC-CORDANCE WITH THE **FEDERALFAIRHOUSING** LAW - Equal Housing Opportunity. It is illegal to discriminate against any person because of race, color, religion, sex, handicap, familial status or national origin in the sale or rental of housing or residential lots; in the advertising the sale or rental of housing, in the financing of housing. Anyone who feels he or she has been discriminated against may file a complaint of housing discrimination: 1-800-669-9777 (toll free) 1-800-927-9275 (TTY).

PRICELESS STOR-AGE - Indoor/outdoor. New Units on Alden Nash, 1 mile South of 196. Call for specials 558-2900.TEN

HALL FOR RENT - Lowell Veteran's Center, 3100 Alden Nash. Newly remodeled, smoke-free, private, great location & great rate! www.VFW8303.org.FREE All Vets Coffee Hour at the center the 3rd Thursday of each month. Bring a friend. Call John at 299-0486 or 897-8303.TFN EOW

WHISTLE STOP MINI STORAGE - 12661 Vergennes, N. of Lowell. 5x10; 10x10; 10x20; 10x30; 12x40. Fenced, lighted, key code entry. Call for more information 897-8872.

LAMINATING SERVICE AVAILABLE - Next day service. Drop off & pieces will be available by 9 a.m. the next day. Lowell Litho, 105 N. Broadway, Lowell.

help wanted

SPORTS ADDIX - in Lowell is hiring General Labor positions for full time, part time, 1st and 2nd shifts. All positions are Monday-Friday. Schedule and duties may change due to business demands. Call 616-987-3364 and ask for Bart Dempsey.

NOW TAKING APPLICA-TIONS - for a walking

sales

YARD SALE - 775 N. Marble, Lowell. Lifetime collection of fine things. Housewares, adult clothes, games, sporting equipment, tools, furniture. Fri., July 27; Sat., July 28, 9-6 pm.

MOVING SALE - 12529 Bailey, Lowell. Aug. 1 & 2, Wed. & Thurs., 9-4 pm. Exercise equipment, tools, outdoor furniture, dining table, desk, etc.

SALE - 13220 Shutter, July 28, 9-5 pm. Queen bedroom set/mattresses, dining table/4 chairs, tools, household items, elliptical climber.

misc.

- -

STEAK DINNER - Fri., July 27, 5-7:30 pm and Sunday Breakfast, Sun., July 29, 8-11 am. Alto American Legion, 6056 Linfield, Alto. Public welcome.

LOWELL AREA **FARMERS' MARKET** - every Thursday noon to 5 pm downtown Lowell in the Veteran's **Memorial Parking** lot across from the **Riverwalk Plaza.** Cinnamin Piggott, Market Master, 616-916 - 9193 / w w w. discoverlowell.org



<u>services</u>

ZOOLAND DAYCARE has 1 full time opening for 18 month plus. Contact for info, 897-8386 or 616-308-0195.

PROFESSIONAL TREE CLIMBER - needs work. Call Dan, 616-970-3832.

HANDY REPAIR SERVICE - All kinds of service work: locks rekeyed, deadbolts installed, screen & window repair. Call Bob Ford, 299-3198.TEN

RETIRED ELECTRI-CIAN - Reasonable,

any size job. Discount for retirees & vets. Call 616-401-6547.

services

WORK WANTED - Double D's Bucket Van & Handyman Service. 40' bucket, tree trimming & removal, gutters, window washing, power washing, buildings, barns, homes, decks, etc. Insured. Call Dave Delinsky, 616-212-3008. Free estimates.

..... NEED A DUMP-STER? - Dumpster rental, 10-20 yards. Mention this ad for \$10 to \$20 off. Call or text Doug for estimates at 616-295-6640.TEN

STUMP GRINDING - Call Dan for free estimate, 616-970-3832.

tion. Specialties include: wills & trusts, work related injuries, employment discrimination. 307 E. Main, Lowell, 897-5460.

services

NOREEN K. MYERS, AT-

TORNEY AT LAW - Com-

passionate, experienced,

effective legal representa-

POWER WASHING - Dirt, mildew washed away. Call Jim today, 915-1745.

EVERYDAY MILITARY DISCOUNT - 10% off any service when showing your military ID. 24-Hour towing, tire change, lock out, jump starts, fuel delivery. J&K Roadside Service, 616-690-0983.

NEWSPAPERENDROLLS AVAILABLE - Many uses. Usually \$3-\$5 each. Lowell Ledger, 105 N. Broadway.



PLEASE NOTE - Coming Events are for non-profit organizations. If you are charging admission for an event - it is considered an advertisement. Coming events are on a space available basis & ARE NOT GUARANTEED. If you would like to make sure your event is placed in the paper, please call our office & place it as a classified ad. We will not accept ANY Garage or sales (including fundraisers) as a coming event. All Coming Events or changes to coming events should be submitted by fax: 897-4809, email: classifieds@ lowellbuyersguide.com, by mail: PO Box 128, Lowell, MI 49331 or in person: 105 N. Broadway.

ANNUAL PARK PARTY - at Scheid Park on July 26 at 10 am. Hosted by the Saranac Public Library.

ANNUAL PARK PARTY - July 26 at 1 pm. in the library lawn. Clarksville Area Library, 165 N. Main, Clarksville, 616-693-1001.

GEARS OF NERF - July 31, 1 pm. Let loose the Gears of Nerf. You and your team are given 30 minutes to build a free standing structure that will protect your medic. Nerf blasters are provided, please do not bring your own. Englehardt Branch Library, 200 N. Monroe St., Lowell, 784-2007, www.kdl.org

at the Alto American Legion Post. BOY SCOUT TROOP 102 - every Monday, 7-8:30 p.m. during school year in Scout Cabin at the end of N. Washington St. Ages 11 and up or completing 5th grade. Call Scoutmaster Clay VanderWarf, 616-485-3429 or Del Rockwell at 897-6814.

VERGENNES CLUB MEETS - at 1 p.m. on the first Thursday of the month March thru Nov. Meeting at Schneider Manor Community Room. Program & refreshments. Guests welcome.

TAKE OFF POUNDS SENSIBLY TOPS MI #372 - every Tuesday, weigh-ins at 5:45 p.m. in the activity room at Schneider Manor, Lowell

QUA-KE-ZIK SPORTSMANS CLUB - meets second and third Tuesdays at 8 p.m. at 8731 West Riverside Dr. Go to www.quake-zik.org for information. New members welcome.

LOWELL AMATEUR RADIO CLUB - Open Radio Room Thursdays, 7 pm at Flat River Outreach Ministries, 11535 Fulton St. E. General meeting 3rd Thursday www.w8lrc.org 145.27 MHz.

FLAT RIVER OUTREACH MIN-**ISTRIES TREASURE'S THRIFT** SHOP HOURS - Tues - Fri. 10 6 p.m.; Sat. 10 - 2 p.m. at 11535 Fulton St. E. Thrift Shop, 897-8260; Resource Center, 897-8260.

day, Saturday & Sunday:1-4 p.m. Families: \$10; individual \$3; ages 5-17 \$1.50; members free. 897-7688.

LEGOS AT THE LIBRARY -Second Saturday of each month at 10 a.m. Kids ages 5-11 are invited to join. Bring your imagination & be ready to build! (The library will provide the LEGOs) No registration required. Alvah N. Belding Library, 302 E. Main, Belding, 616-794-1450.

THE LOWELL BOARD OF EDUCATION - second Monday of the month at 7 p.m. in the Administration Building, 300 High St., Lowell.

FLAT RIVER WATERSHED COUNCIL - Meets 3rd Monday of each month at the Main Street Inn in Lowell at 6:30 p.m. For more information, visit our web page at flatriverwatershed.org

BABY PANTRY OF LOWELL-(formerly St. Mary's Pregnancy Center) is now located inside Flat River Outreach Ministries (FROM) at 11535 Fulton St. E. We are open Monday 5:30-7:30 p.m. & Thursday 2-4:30 p.m. to serve pregnant woman & families of small children in need of diapers, wipes & other baby supplies. We are non-denominational & serve families in the Lowell area. For more information, call Michele at 616-322-5957.

wanted

WANT TO BUY Refrigerator, stove, washer, dryer & furniture in good shape. Have cash. 989-584-6818.TEN

GOT LAND? Our Hunters will Pay Top \$\$\$ to hunt your land. Call for a FREE info packet & Quote. 1-866-309-1507 www. BaseCampLeasing.com (MICH)

GUITAR WANTED! Local musician will pay up to \$12,500 for pre-1975 Gibson, Fender, Martin and Gretsch guitars. Fender amplifiers also. Call toll free! 1-800-995-1217. (MICH)

route carrier to deliver the Buyers Guide on Saturdays. Must be dependable! Work less than 1 day a week! Get paid weekly, pickup papers at Buyers Guide office. Must be at least 16 for this position. Apply in person, 105 N. Broadway. Lowell. If you have applied in the past - please re-apply.

NOAH'S PET CEMETERY & PET CREMATORY INC. - is looking for an outgoing, compassionate & reliable person to assist in the crematory & occasional driving for pickup & deliveries. Must be able to lift heavy items, must have an excellent driving record. Apply in person, M - Th., 8 -5; F 8-4 at 2727 Orange Ave, Cascade.

50th ANNUAL FALLASBURG ARTS FESTIVAL - featuring over 100 unique, fine art & fine crafts booths, food booths & a children's craft area. Timeless craft demonstrations, live music. Sat. & Sun., Sept. 15 & 16, 10 am - 5 pm. Free admission, 1124 Fallasburg Park Dr NE, Lowell. www.lowellartsmi.org

LOWELL SHOWBOAT GAR-DENCLUB - will be holding their meetings on the 3rd Monday of each month at the Englehardt Library, 200 N. Monroe St., Lowell at 6:30 pm.

BOWNE TOWNSHIP HISTORI-CAL SOCIETY- meets the second Monday of the month at 10 a.m. in the Historical Museum at 84th/Alden Nash.

ALTO AMERICAN LEGION AUXILIARY - meets the second Monday of the month at 7 p.m.

ALPHA FAMILY CENTER OF LOWELL - 517 E. Main. Hours: Mon. & Wed. 8 a.m. - 5 p.m.; Tues. & Thurs. 10 a.m. - 8 p.m. Diapers, formula, clothing & free ultrasounds & pregnancy testing available. www.afclowell.org

ALTO LIBRARY HOURS: Mon. & Sat., 9:30-1:30 p.m.; Tues. & Wed., 12 - 8 p.m.; Thurs., 1-6 p.m.; Fri. 9:30-6 p.m. Info., call 784-2007.

ENGLEHARDT LIBRARY HOURS - Mon.-Wed., noon - 8 p.m.; Thurs., Fri. & Sat., 9:30 a.m. - 5 p.m. 784-2007.

LOWELLARTS GALLERY HOURS - Tues. - Fri., 10 - 6 p.m.; Sat., 10-5 p.m. 225 W. Main St., Lowell. Visit www.lowellartsmi.org or call 897-8545.

LOWELL AREA HISTORICAL MUSEUM - open Tuesday, ThursNEW CLASSES FOR EV-ERYONE - children - adults at Christian Life Center, 3050 Alden Nash SE, Lowell. Every Wednesday 7-8 p.m. Biblecentered classes for children through 5th grade, youth group for 6th grade thru high school & adult prayer & Bible study. Everyone is invited to attend.

FREE ALL VETS COFFEE HOUR - Third Thurs. of each month. Bring a friend. Lowell Veteran's Center, 3100 Alden Nash, Lowell. Call 868-7426 or 897-8303 for more information.

MOTHERS WHO HAVE OR HAVE HAD - sons/daughters serving in the military. We are meeting on the 3rd Wednesday of every month. For more info call Sally 616-761-2042.

weeks will be an excellent

may not have time to write a

new memoir right now, but

it might be healing to spend

a couple of hours drawing

up a revised outline of your

Gemini (May 21-

June 20)

poems

English language is Robert

published in 1840. After

studying it at length, Alfred

Tennyson, who was Great

Britain's poet laureate from

1850 to 1892, confessed,

"There were only two lines

length

Browning's

One

famously

obtuse

book-

"Sordello,"

in

the

of

most

the

important turning points.

Aries (March 21-April 19)

extra

and



respect for the status quo. Spend an inordinate amount of time watching dumb TV shows while eating junk food. Make sure you're exposed to as little natural light and fresh air as possible. JUST KIDDING! I lied! Ignore everything I just said! Here's my real advice: Dare yourself to feel strong positive emotions. Tell secrets to animals and trees. Swim and dance and meditate naked. Remember in detail the three best experiences you've ever had. Experiment with the way you kiss. Create a blessing that surprises you and everyone else. Sing new love songs. Change something about yourself you don't like. Ask yourself unexpected questions, then answer them with unruly truths that have medicinal effects.

Taurus (April 20-May 20)





Least Competent Criminals

Rye Wardlaw, 40, chalked up a big FAIL on July 8 at NW Escape Experience in Vancouver, Washington, when he broke into the business in the pre-dawn hours. According to The Washington Post, Wardlaw tried and failed to enter through a back door using a metal pipe, then knocked a hole through the wall. After climbing through, he knocked over a set of lockers. Then, carrying a burrito and a beer he nicked from the company's refrigerator, he wandered into the "Kill Room," an escape room dressed to look like a serial murderer's hideout. Among the blood-spattered walls and fake cadavers, Wardlaw got scared, but he couldn't ... escape. So he called 911 (four times) and pleaded for help. Clark County Sheriff's officers accepted his confession and charged him with second-degree burglary. In Mesa, Arizona, two troopers with the Arizona Department of Public Safety were surprised to find themselves being pulled over on State Route 51 by a black Dodge Charger on July 11. The troopers were in an unmarked Mustang and had spotted the Charger behind them sporting law enforcement-style emergency lights, reported ABC15 Arizona. A registration check revealed the car was registered to a private citizen, who soon activated his flashing lights and pulled the troopers over. When the (real) troopers approached the Charger, they found 44-year-old Matthew Allen Disbro of Mesa wearing a security uniform and a gun belt with a handgun, cuffs and pepper spray. The car also contained a siren box, police radio and a vest with a baton and knife. Disbro was arrested for impersonating an officer.

time to find out why -and make the necessary in it that I understood." adjustments. A good way to Personally, I did better begin would be to burrow than Tennyson, managing back into your old stories to decipher 18 lines. But and unearth the half-truths I bet that if you read this buried there. It's possible dense, multi-layered text that your younger self in the coming weeks, you wasn't sufficiently wise to would do better than me and understand what was really Tennyson. That's because happening all those months you'll be at the height of and years ago and as a result your cognitive acumen. distorted the meaning of Please note: I suggest you the events. I suspect, too, use your extra intelligence that some of your memories for more practical purposes aren't actually your own, than decoding obtuse texts. but rather other people's versions of your history. You

Cancer (June 21-July 22)

Ready

financial

therapy

session?

your

for

For your first assignment, make a list of the valuable qualities you have to offer the world and write a short essay about why the world should abundantly reward you for them. Assignment #2: Visualize what it feels like when your valuable qualities are appreciated by people who matter to you. #3: Say this: "I am a rich resource that ethical, reliable allies want to enjoy." #4: Say this: "My scruples can't be bought for any amount of money. I may rent my soul, but I'll never sell it outright."

Leo (July 23-August



New World, you shouldn't pretend you understand more than you actually do. In fact, I advise you to play up your innocence and freshness. Gleefully acknowledge you've got a lot to learn. Enjoy the liberating sensation of having nothing to prove. That's not just the most humble way to proceed; It'll be your smartest and pandering most effective strategy. Even superstition. But I reject those lost? If so, the coming weeks people who have been a naive perspectives. I define will be an excellent time to

bit skeptical of you before will be softened by your vulnerability. Opportunities will arise because of your willingness to be empty and open and raw.

Virgo (August 23-September 22)



of

has

the

Fluctuat nec mergitur, which can be translated as "She is tossed by the waves but does not sink." I propose that we install those stirring words as your rallying cry for the next few weeks. My analysis of the astrological omens gives me confidence that even though you may encounter unruly weather, you will sail on unscathed. What might be the metaphorical equivalent of taking seasick pills?

Libra (September 23-October 22)



several meanings in English, including "delicacy" and "tenderness," "suavity," nickname

Scorpio (October 23-November 21)

Uninformed scientists oracles. scorn my

Reductionist journalists I'm say just another delusional

fortuneteller. Materialist cynics accuse me of myself as a psychologically

astute poet who works

playfully to liberate my

readers' imaginations with

inventive language, frisky

stories and unpredictable

ideas. Take a cue from me,

Scorpio, especially in the

next four weeks. Don't

allow others to circumscribe

what you do or who you

are. Claim the power to

characterize yourself. Refuse

to be squeezed into any

categories, niches or images

-- except those that squeeze

you the way you like to be

Sagittarius

(November

22-December 21)

it is not my nature. My

attachments are always

excessively strong." So said

Sagittarian novelist Jane

Austen. I don't have any

judgment about whether her

attitude was right or wrong,

wise or ill-advised. How

about you? Whatever your

philosophical position might

be, I suggest that for the

next four weeks you activate

your inner Jane Austen and

let that part of you shine --

not just in relation to whom

and what you love but also

with everything that rouses

your passionate interest.

According to my reading

of the astrological omens,

you're due for some big,

Capricorn

(December

22-January 19)

Lispector. "And not even

myself. I am a secret under

the lock of seven keys." Are

you harboring any riddles or

codes or revelations that fit

that description, Capricorn?

Are there any sparks or seeds

or gems that are so deeply

"There

haven't

are truths

even told

God,"

confessed

writer Clarice

beautiful, radiant zeal.

Brazilian

no

of

"I have

people by

halves;

notion

loving

squeezed.

bring them up out their dark hiding places. If you're not quite ready to show them to God, you should at least unveil them to yourself. Their emergence could spawn a near-miracle or two.

Aquarius (January 20- February 18)



two

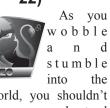
or friendships? By that I mean, what would you like to accomplish together? How do you want to influence and inspire each other? What effects do you want your relationships to have on the world? Now maybe you've never even considered the possibility of thinking this way. Maybe you simply want to enjoy your bonds and see how they evolve rather than harnessing them for greater goals. That's fine. No pressure. But if you are interested in shaping your connections with a more focused sense of purpose, the coming weeks will be an excellent time to do so.

Pisces (February 19-March 18)

In Janet



a character makes a list of "twenty-seven names for tears," including "Heartdew, Griefhoney, Sadwater, Die tränen, Eau de douleur and Los rios del corazón." (The last three can be translated as "The Tears," "Water of Pain" and "The Rivers of the Heart.") I invite you to emulate this playfully extravagant approach to the art of crying. The coming weeks will be en excellent time to celebrate and honor vour sadness, as well as all the other rich emotions that provoke tears. You'll be wise to feel profound gratitude for your capacity to feel so deeply. For best results, go in search of experiences and insights that will unleash the full cathartic power of





"finesse." The Portuguese word delicadeza has those meanings, as well as others, including "fineness," "respect" and "urbanity." In accordance with current astrological omens, I'm making it your word of power for the next three weeks. You're in a phase when you will thrive by expressing an abundance of these qualities. It might be fun to temporarily give yourself the Delicadeza.

Awesome!

Rhode Island Gov. Gina Raimondo isn't going to spend her summer sitting in a stuffy office. Instead, she announced on July 14 that she is holding summer office hours at state beaches, beginning with Scarborough State Beach in

people's το

concealed they're almost weeping. Act as if empathy is a superpower.

Narragansett. She and members of the Office of Constituent Services, who help connect residents with state services, started their new schedule on July 16. The governor told the Associated Press she looks forward to hearing directly from residents while visiting some of the state's most popular destinations.

Undignified Behavior

City councilwoman Carol S. Fowler, 48, of Huron, Kansas, made a splash in the news when Atchison County Sheriff's deputies tried to arrest her on June 29 for failure to appear on an outstanding warrant. Fowler put up such a fight deputies had to use their tasers on her and she was arrested for interference and battery on a law enforcement officer. But Fowler was just getting started, according to the Atchison Globe. On July 2, as jail workers tried to remove her jewelry and personal items, Fowler bit one of them on the thumb hard enough to break the bone. Fowler now faces three felony charges of battery on a law enforcement officer and a charge of interference with a law enforcement officer.

Bold Move

A cheeky seagull embarked on a life of crime on July 14 in Gloucester, Massachusetts, by plucking a man's wallet from the top of a pizza box and carrying it onto a nearby roof. Phil Peterson was on a cherry picker hanging lights nearby and offered to retrieve the wallet, which was being picked apart by two baby seagulls "literally trying to eat (it)," Peterson explained. He tried to distract them by throwing bread at them, but that only turned their attention to him, "It was like the movie, '(The) Birds," he said. "I was afraid they were going to pick my brains." Quick-thinking bystander Mike Ramos borrowed a flashlight from a police officer and used the strobe feature to "discombobulate" the birds long enough for Peterson to sneak in, grab the wallet and bring it back to Earth. "It was just the craziest thing I ever saw in my life," Ramos told New England Cable News.

STATEPOINT CROSSWORD

THEME: SINGERS AND SONGWRITERS

ACROSS

1. " ____ of time" 6. Federal Communications Commission 9. Frosh, next year 13. "Vamos a la 14. *Don McLean: "A long, long time _ 15. Par on a short golf hole 16. Whatsoever 17. Steadfast Soldier's material 18. Art class support 19. Classical music composition, pl. 21. *One of his hits is a stadium favorite 23. *Paul McCartney's 2013 album 24. Fat Man or Little Boy 25. Cul de 28. Prince of India 30. *"I Will Always Love You" creator 35. "Goodness gracious!" 37. *Chuck Berry's " Over Beethoven' 39. Bird-made fertilizer 40. Beginner 41. Interior designer's field 43. Come clean, with "up" 44. Meat jelly dish 46. Ad staple 47. What refugees do 48. *Best selling artist in 2000s in U.S. 50. Type of tide 52. Pig pen 53. #34 Down, alt. spelling

55. Bird word

- 57. *King of Pop 61. *Bruce Springsteen
- 65. "Farewell" from
- Emmanuel Macron

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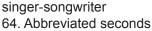
66. Bonanza find
68. Cone shaped
dwelling
69. Dust-related allergy
trigger, pl.
70. "Days of _____ Lives"
71. *Soul singersongwriter Hayes
72. Pavlova's pas
73. X
74. Smallest units of life

aPlace for Mom.

- DOWN
 1. Pampering places
 2. Chorus member
 3. Indian flatbread
 4. *He's "Tangled Up in
 Blue"
 5. Salt merchant
 6. *"____" Domino
 7. Computer-generated
 imagery
 8. Urban dwelling
 9. A fake in bed
- 10. Guesstimate phrase
- 11. Hammer part
- 12. Retained
- 15. Lipton package
- 20. Grammy, e.g.
- 22. Mischievous little
- rascal 24. Theater tier
- 25. Caterpillar hairs
- 26. Discrimination

33. Beginning of illness 34. Offensively curious 36. "How you _ ?" 38. Opera house box 42. House pest 45. Population count 49. Cow call 51. Kind of license 54. Condescending one 56. Falstaffian in body 57. Impromptu performances 58. Miners' passage 59. Give a quote 60. *Neil Young: " on rockin' in the free world" 61. Type of seabird 62. October stone 63. *"Kiss From a Rose"

32. Chinese weight units





Do you ever resist or back away from stating your true opinion about something on social media because you are afraid of what all your friends will think?



- Yes It is not worth the consequences.
- No It is important to have an open dialogue.



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Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.

against seniors 27. Plural of carpus 29. *Piano man 31. 1600s neck wear

67. "The Murders in the Morgue"

Puzzle solutions on page 16

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Controversial turbines at LL&P will be put to use

by Tim McAllister lead reporter

Two transformers were removed by Lowell Light & Power last week to make way for a Consumers Energy project that will finally allow the two combustion turbines to be switched on.

"Starting Aug. 1 is a project that will run through October," said Lowell Light & Power general manager Steve Donkersloot. "Consumers Energy will be installing a natural gas regulating station in the fenced-in area on the south side of our building. We moved a transformer that had already been deenergized out of that space so the regulator stand can be located there. It will take natural gas from Consumers Energy's high to medium pressure system that's located on the east side of town. There is a pipeline underneath the river that just happens to stop right here at the little green building [behind Lowell Light & Power]. They'll be extending that line underneath the road to the regulating stand that they're going to build in that fenced-in area. They're going to extend that high pressure pipeline just 30, 40, 50 yards. Probably not more than 100 or so feet. That regulating stand will take

gas from their high/medium pressure system to their low pressure system on the west side of town, which is what our combustion turbines are on. Consumers Energy is handling that entire project to give us the natural gas, and then we'll be able to run our combustion turbines all year 'round. Ultimately, it's a Consumers Energy project. They have infrastructure upgrades going on outside of town and within town and then the regulating station is kind of the final piece of it so that the west end of town has enough natural gas when we're running our combustion turbines."

The two combustion engines attracted some controversy when they were initially purchased by the utility.

"There is a Solar and a Siemens combustion turbine. those are the manufacturers," Donkersloot said. "It's not solar-powered, that just happens to be the name of the manufacturer. For the past five or six years there have only been portions of the year when we've been able to run them. At first there was the concern that we, being Lowell Light & Power, invested in these combustion turbines, [but] we didn't have the ability to run them all year 'round and we would never have the ability to run them. We receive capacity credit for having those combustion turbines installed whether we run them or not. Right now capacity is valued at \$4 per kilowatt month. Essentially every megawatt of capacity reduces our expenses by \$4,000 a month. We receive over five megawatts of capacity credit per month for those units. Five megawatts is 5,000 kilowatts, times by \$4 a kilowatt, that's \$20,000 a month. That reduces Lowell Light & Power's cost by \$240,000 in actual expenses that we would have to pay for our purchase power bills. That was kind of the initial reason to have them. It reduces our capacity expenses and if there is an emergency we would be able to run them. It takes time for Consumers Energy to make a capital investment and they can only install so much pipe so fast. They're doing natural gas infrastructure upgrades all over the state, everywhere. This Lowell project was just in their pipeline of things to do, it just happens that over the last year they've been working on it and here in the next couple, three months is when the regulating station will be installed."

Donkersloot keeps close track of how much power is selling for on the open market. At some point in the future they could switch the two engines on and turn a profit.

"If you can produce a megawatt hour cheaper than it's selling for on the open market, it makes economic sense to go ahead and run that hour of the day because

you're just going to profit," Donkersloot "That said. would be another thing that we can do more frequently. lot of times coal can't be transported because of ice buildups on Lake Michigan. A lot of energy constraints happen in the

winter so the

has huge spikes

investigation research. and analysis. But at this point they're really just an emergency type of backup system, like an insurance policy, if you will."

The pipeline project is just in time to accommodate new construction around the area. "You have a lot of growth in Lowell," Donkersloot said. "Whenever you have new houses going in, when were already constricted with our turbines, imagine what's going to happen when you have new homes being built and new businesses expanding. Lowell is a growing area, and not just within the city limits. There are just tons of houses popping up all over the community. During the winter, if the low pressure system needs more gas when



This area behind Lowell Light & Power will soon be the price of power home of a natural gas regulating station.

for weeks at a time where you have a new subdivision it would make sense to run with 125 homes, you have the combustion turbines and the new Impact Church, you could profit thousands King Milling doesn't appear upon thousands of dollars. to be getting smaller, you If that were to happen, then know? All of these places it would reduce expenses a lot of the times are using and would decrease rates. natural gas for their heating That would take a lot more source in the winter. If they

our combustion turbines are running, that regulating station will take gas from their high pressure system and put it in the low pressure system so that the west side of town has enough gas when we're running our combustion turbines."



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