

**FALL BACK!**  
Turn back your clock on Nov. 1st



play bytes



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50 CENTS



## Two of the six candidates show up for sparsely attended, Rotary sponsored, meet the candidate event

by Tim McAllister  
contributing reporter

Lowell Rotary sponsored a “meet the candidates” for city council event at the Lowell Area Schools administration building on Thursday, October 22. The meeting lasted one hour. Two of the five candidates showed up to the meeting, Jeff Phillips and Jim Salzwedel. Nine citizens attended the event, including mayor Jim Hodges. The discussion

last week’s Ledger, which took about twenty minutes. Reagan then opened the floor to the audience for their questions.

One member of the public had a hard time finding the meeting and was also upset by the lack of publicity prior to the event.

“I came down at five minutes to seven,” the woman said. “The entire front of the [school administration] building is

*“Everyone was invited...”*

~ Jim Reagan

was moderated by Lowell dentist Jim Reagan. Reagan asked the two candidates the questions that all five of the candidates answered in

pitch black. You cannot tell there is anything going on here. I went all the way back

Rotary meet the candidates, continued, page 2



Jeff Phillips and Jim Salzwedel answered questions from a few members of the public last week.

## Annual clean-up day helps community get rid of old junk

by Tim McAllister  
contributing reporter

Community Clean-Up Day was held out at the fairgrounds last Saturday, Oct. 24. People from the local area brought tons of their old junk to be disposed of and recycled. They were taking all that bulky junk that you can’t leave on the curb with your weekly trash, old appliances, electronics, auto parts, mattresses, ammo, tires, batteries, wood, metal and glass.

“Lowell Township is probably edging out the city by a little bit, but Vergennes Township is a close third place,” said mayor Jim Hodges, who was volunteering at the event. “It’s a good way to clean up the community.”

“Everyone can bring [like] appliances, electronics, tires or just anything that they want to get rid of but they can’t and we’ll take it off their hands and put it to a good use or recycle it,” said volunteer Trevor VanDyke. “We get a lot of tires every year, but it’s a big variety. Last year someone brought a deer carcass. That was kind of new.”

“There were way more TVs than we thought there

would be,” said volunteer Josealyn Pontius. “We can barely get stuff in there right now because there are so many huge TVs that people are dropping off.”

“We just had some stuff to get rid of and thought it was a great opportunity to do that,” said local resident Carol Hamilton. “Today it’s mostly furniture. We’re getting rid of some old couches and that kind of thing, an old chair and a microwave. We love this, it’s great. We should have been a little bit more organized, because I think

if we had scoured the house and the shed better we could have found some things that are difficult to get rid of, like old paint and those kind of things. It’s hard to get rid of stuff that nobody wants and that has no value, like old couches. I’m just happy today to get them out of our basement.”

The event was sponsored by the Greater Lowell Community Vision organization in partnership with Lowell Light & Power, Boy Scouts Troop 102, Padnos and the Lowell Rotary Club.



Dozens of old tires were among the materials collected that will be recycled.



Volunteers dealt with piles of old televisions, piles of old wood, nasty mattresses and lots of other trash.



# Rotary meet the candidates, continued

to my home and pulled it up on the computer to make sure, then I came back and there were people leaving with their children, so I thought, 'I'm just going in to see.' I came expecting all the candidates, everyone running. Who organized this event when, if the public comes to the door they can't even tell if it's here?"

"Everyone was invited," Reagan replied. "There was not a huge amount of publicity. I didn't know any of the candidates. I wanted to meet them. I took the initiative on my own to invite all of them. I'll remember that in four or five years when we do this again. It would have been nice to have all the candidates and have it televised, but it is

what it is and I'm doing the best job that I can."

Another topic of discussion was city manager Mark Howe.

"[Howe] has been good at getting together with businessmen and that part of it, but he hasn't really gotten out with the general public," Salzwedel said. "He hasn't gotten with the housewife; he hasn't gotten with the homeowners. That's something he needs to do. Get out there and find out what people are really talking about. [...] There are some things that Mr. Howe has done well and there are some things that he should have been personally reprimanded for. I don't know if he was."

The candidates also discussed the city charter.

"It's very important to have rules and guidelines, but it's a guideline," Salzwedel said. "It's not something that cannot be changed or interpreted in a little bit different direction."

"I think it's good to review everything," Phillips said. "I think reviewing and communicating is key."

Fellow city council candidate Alan Teelander came up repeatedly in the candidates' discussions and questions from the audience.

"I think Alan Teelander is a great guy," Phillips said. "I think he's smart, I think he's motivated. I think he's got a lot of great ideas, but

I'm going to make my own decisions. What you hear is not always necessarily the truth. [...] Could we work together? Absolutely. Maybe you and him could work together. I'm not going to say anything negative about anybody. I think diversity is what we need."

The election is on Tuesday, Nov. 3. Six candidates are running for the three city council seats currently occupied by Sharon Ellison, Matt Mayer and the late Jim Hall. In addition to Phillips and Salzwedel, Teelander, Michael DeVore and incumbents Sharon Ellison and the late Jim Hall are also on the ballot.



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# Candidate event still controversial

by Tim McAllister  
contributing reporter

The two "meet the candidates" meetings that were held at local senior citizen facilities last month continue to generate controversy as the Nov. 3 city council election nears.

It was originally reported that there was one meeting at Schneider Manor, 725 Bowes Rd., in the afternoon of Sept. 16, but there were actually two "meet the candidates" events that day. The other one was held in the morning at Senior Neighbors, 314 S. Hudson. The fact that there were two meetings was what Tony Ellison was referring to in his remarks to

the city council on Oct. 19 when he described his wife, councilor and incumbent candidate Sharon Ellison, as having endured "two hours of sitting in the audience." Because we were unaware of the morning meeting, the Ledger reported that this was impossible, as the meeting was only one hour long.

It was also reported at the time that it was a VOICE event because it was organized by VOICE's Barber and Covert, but apparently the VOICE group disbanded some time ago.



# along main street

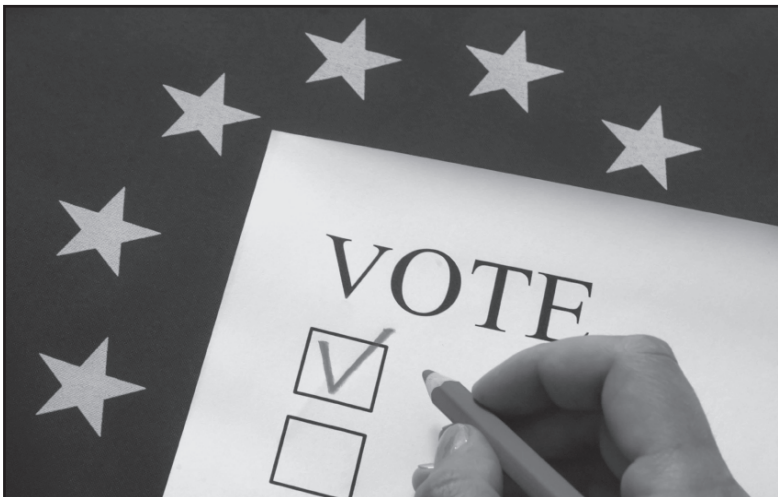
### FROM VOLUNTEER ORIENTATION

Volunteer orientation at Flat River Outreach Ministries (FROM) will be Wed., Nov. 4 at 6 pm. Please call 897-8260 for additional information.

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Protect your computer and yourself from online threats. Free. Learn the fundamentals of Internet and email security on Wednesday, Nov. 11 from 6 to 8 pm at Flat River Outreach Ministries. 11535 Fulton St. To register call 897-8260 ext. 33.

Feel free to send your event information to the Ledger for Along Main St. All submission requests for Along Main St. are subject to space limitations. The Ledger makes no assurances that they will appear in print. To ensure that an event notification will appear in the Ledger, it is best to place a paid advertisement. All efforts will be made to place suitable items in the Along Main St. column but they are printed at the discretion of the publisher. For profit events, church services, yard sales and the like, will not appear in this column.



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# September Volunteer of the Month at Murray Lake

Murray Lake Elementary's Volunteer of the Month for September is Mellisa Spinnella. Spinnella was named volunteer of the month for the countless hours she volunteers at MLE. She spent many hours this fall preparing for MLE's Mustangs on the Move as well as their new PBIS program.

"I want to say thank you for the Volunteer of the Month nomination. While I do appreciate the

acknowledgment, there is no way I could do what I do without the help of my Family Links group (a.k.a my mommy posse). This year is a bittersweet year for me. I have been at Murray Lake for eight years now. I joined Family Links when my son Tyler was in first grade and this is now my sixth year. I thought I was done two years ago, but my daughter talked me into joining again. Why? Because she said, 'It is cool

when you are on Family Links.' Well of course I wanted to do what I could to be "cool," so I joined for our last two years here. The reason I have been so involved, other than the coolness of it, is because I love helping when I can and because I feel it is important to be involved in the community. The reason I have stayed for so long is because of the friends that I have made. For the first few years I was on Family

Links, I didn't work so I could dedicate a lot more of myself to the position. Now I am working part-time and I give what I can. Luckily I have a great group to work with, so they help where I can't. So if you are looking for a good way to make a difference in your community and to make good friends, look no further. Family Links is the place to be! By the way... it's not only for moms."



Volunteer Mellisa Spinnella and her daughter Stephanie.

## September LPD Statistics

by Tim McAllister  
contributing reporter

Lowell police and fire departments had a very busy September.

According to statistics released recently, Lowell police made 46 arrests during September. These arrests included four for drug violations, three for drunk driving, 14 for outstanding warrants, 12 for alcohol

violations and seven that are described in the police department's information as "other arrests." That adds up to 234 arrests by Lowell police during 2015 so far.

The police department responded to a lot of misdemeanors during September as well. There were five larceny calls, two dog complaints, four

malicious destruction complaints and five assaults. Lowell police wrote 39 citations and notified nine residents of ordinance violations. They were involved in 59 assistance calls and were dispatched to 11 accidents. They also gave 98 drivers at traffic stops go with just a warning.

The Lowell Area Fire and Emergency Services Authority went on 19 runs in September. Among their calls were one vehicle fire, one structure fire, one grass and brush fire, nine "miscellaneous" fires, 42 medical calls and they were called to the scene of three accidents. There were four false alarms in September.



### lend a hand

volunteering opportunities

#### tutors needed

The Literacy Center of West Michigan has scheduled an information session on Monday, November 9 2015, for prospective volunteer tutors. This session is held at 2 pm and lasts one hour. It allows persons interested in becoming volunteer tutors to find out more about the center and its literacy programs. At the end of the session, there will be an opportunity to sign up for tutor training.

The Literacy Center of W. Michigan is a nonprofit,

United Way agency devoted to reducing illiteracy in the community. Based on the 2003 National Assessment for Adult Literacy and the 1992 National Adult Literacy Survey, up to 14.6 percent of adults in Kent County lack basic prose literacy skills and have difficulty using certain reading and writing skills considered necessary in everyday life. By training people to be tutors, the center can offer one-on-one reading help to adults asking for assistance in reading

or English as a Second Language (ESL). You do not need to speak another language to tutor ESL.

The information session will be held at the Literacy Center of West Michigan, located at 1120 Monroe Ave., NW, Suite 240, Grand Rapids, MI. Please call 459-5151 (ext. 10) or email info@literacycenterwm.org to register.

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The City Clerk will be available at the Lowell City Hall, 301 East Main Street on Saturday, October 31st from 9:00 a.m. to 2:00 p.m. for any registered voter in the City of Lowell who would like to apply for or return an absentee voters ballot for the November 3, 2015 City General Election.

 **Susan Ulery**  
City Clerk


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## financial focus



Christopher C. Godbold

### Beware of scary inhabitants of the investment world

In just a few days, witches, zombies and vampires will be converging on your house, asking for candy. As is the case every Halloween, you'll likely be merely amused over the sight of these costumed characters. But in other areas of life, such as the investment world, you may need to watch out for some seemingly scary entities. Here are a few of them:

- *The Horrendous Headline* – Big, glaring headlines rarely offer any comfort to investors. Whether it's political squabbles at home, conflicts in the Middle East or the debt crisis in the eurozone, there's always something happening that's perceived

as jeopardizing the stability of the financial markets. Yet these threats are often overblown, and the markets have proven quite resilient for decades. Here in the United States, the most powerful economic engine in the history of the world has offered investment opportunities as crises have come and gone.

- *The Terrible Tipster* – He or she could be anyone – your neighbor, friend or relative. But whatever their origins, Terrible Tipsters have one thing in common: They like to tout "hot" stocks or "can't miss" opportunities. The problem is that by the time you actually hear about a hot stock, it may already be

cooling off. And the "can't miss" opportunities often do indeed miss. Don't waste time, effort – and money – seeking a shortcut to investment success: There isn't one. Instead, stick with an investment strategy that's suitable for your goals, risk tolerance and time horizon.

- *The Scary Statement* – When the market is down, you probably dread seeing your investment statements. But don't let a few bad months, or even a bad year, cause you to stuff your money under your mattress. The financial markets can turn around pretty quickly, and if you're out of the market when the next rally begins, you'll miss out on some potentially big gains. So, put those negative statements aside and look back at your investment results over a period of many years – the big picture might look a lot less frightening than you'd imagine.

- *The Fearsome Forecast* – The performance of the financial markets is notoriously hard to predict – but that doesn't stop a slew of fortune-tellers from trying. And the same is true of the economy as a whole – predictions abound, but many of them prove far off base. You can always adjust your portfolio, as needed, in response to changing market or economic conditions, but don't act on these possible circumstances just because someone, somewhere, has predicted them. Instead, follow tried-and-true principles such as diversification, which can help reduce the impact of volatility on your holdings. (However, diversification can't guarantee a profit or protect against loss.)

The ghouls and goblins you see on Halloween are unlikely to cause you nightmares. And the various phantoms of the investment world may prove just as illusory. Don't let them scare you away from investing.



## At Your Local Library

Kent District Library programs at Englehardt Branch, 200 N. Monroe St. For additional information call 616-784-2007.

**KDL Uncorked: Winemaking 101** – Join wine aficionado Steve Siciliano, owner of Siciliano's Market, as he talks about the ins and outs of making wine at home. Learn about the basic equipment and procedures needed for making wine from concentrated kits, as well as with fresh fruits and vegetables. For adults. Mon., Nov. 16 at 6 pm.

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# viewpoint

## to the editor

### to the voters of lowell

To The Editor,

Mrs. Ellison was correct about her treatment on September 16 when she attempted to attend the "Meet the Candidates" forum. I was there. I witnessed her greeting by the organizers of the event and moderators of both forums, Peggy Covert and Barb Barber.

I too had been met at the door of the Senior Neighbor Center and told this was a meeting for only new candidates and thus implying I should not attend this meeting and I was not welcome. I reminded Miss Covert that I had two years yet remaining on my term as a councilmember. I would

like to meet and learn more about the potential new members of the city council with whom I would be serving on the city council for the next two years.

Tim McAllister, reporter for our Lowell Ledger, recently wrote that Mrs. Ellison was inaccurate as to her time and ability to speak, that the limited time she was allowed to respond was in excess of the time provided at a single meeting. He was led to believe there was just one meeting at Schneider Manor held at 1 pm. However, in fact there were two such meetings, an earlier forum had been held at The

Senior Neighbor Center at 11 am. Unfortunately he got his "facts" from Barb Barber and Peggy Covert without seeking both sides of what occurred on September 16. I know that Mr. McAllister has been enlightened to the real facts and hopefully will correct this misrepresentation of his story.

It seems that wherever Miss Covert and Mrs. Barber go trouble is not far behind. Neither live in the city of Lowell. By serving as moderators and organizers of two city of Lowell election events and not treating all candidates equally, they have now put into jeopardy the status of two fine organizations in our community by possibly violating federal campaign laws and election disclosure. They had attempted to

conduct a closed meeting to promote three candidates for whom they had circulated nominating petitions as non-residents. These are the same folks who implicate the city does not conduct transparent meetings and again, they would be wrong!

Mrs. Ellison should take her treatment as a compliment. It is obvious that she is feared by those who would build fear in our community. Those who would create problems for others and simply walk away. Those who take advantage of senior citizens with misinformation.

Sharon Ellison cares about her hometown. She is honest. She is dedicated to making our community strong and moving forward.

Sincerely,  
Jim Hodges

### dear citizens

To The Editor,

It's election time for the Lowell City Council. Voting is a privilege and a responsibility that is so very important in order to maintain our voice in government. There has been a lot of controversy in this beautiful town of Lowell recently and it's imperative that we make the decisions that will bring about the best leadership for this wonderful community. Do your homework, learn about the candidates and vote for those that you feel will best serve the citizens of Lowell. Change can always be good.

We are so fortunate to

have our own community newspaper to keep us informed of the happenings around town. I'd like to thank Tim McAllister for his comprehensive article in last week's Ledger. I so appreciate the Lowell Ledger for allowing him to take the time to put together such an informative article. The question and answer portion gave crucial information on each candidate to help with this vital decision for our city. Make your decision carefully, then vote, you lucky Americans.

Jeane Rockwell

### q & a comment

Dear Editor:

I thoroughly enjoyed reading last week's Ledger. Personally I'd been concerned when I'd heard there was a debate scheduled for the candidates. I felt there had been too much division and controversy already without creating more with a debate.

I commend the Lowell Ledger for finding such a wonderful alternative as last week's Q&A. What great questions and extremely

revealing answers by all the candidates. All the new candidates seem to have lots of fresh, new ideas and perspectives which is so important after such a breakdown in strong leadership and government over the past few years.

Please be sure to get out on November 3rd and vote to bring order and transparency back to the city council and this community.

Peggy Covert  
Lowell

### hearing good things

Dear Editor,

I've been hearing really good things about the new candidates who are running for city council. At a recent meeting they made it feel safe to ask questions and participate in discussion. It was a pleasant open conversation with lots of questions from the audience and honest, thoughtful answers by the candidates. It was a feeling of mutual respect and concern for what's happening in the city of Lowell. These men

seem to truly care about this community and seem willing to bring back respect and cooperation throughout the community of Lowell. We need a change in the workings of the leadership of this town as well as fresh new ideas. It seems that any of the four new candidates would be a great addition to the city council but I'd suggest voting for Mike DeVore, Jeff Phillips and Alan Telander on November 3rd.

Thank you,  
Sherry Werdon

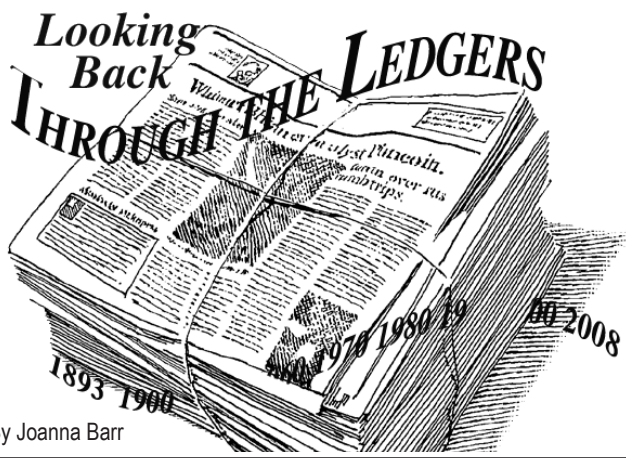
### praise for FROM

To The Editor,

I'm writing this letter in praise of the incredible work that is being done in our community by Flat River Outreach Ministries (FROM). I have seen, firsthand, the changes that have been made in the lives

of many of my patients that are in need. The financial, emotional and educational support has certainly improved the quality of life for multiple families in the Lowell area.

To The Editor,  
continued, page 7



By Joanna Barr

### 125 years ago Lowell Journal October 29, 1890

The spring to the governor on the electric light engine broke last night, at about 7 o'clock, and the lights were out for about an hour.

Will F. Sandell will submit, on behalf of a Carriage Manufacturing Co. a proposition to our business men for its location here in a short time.

J. C. Scott has moved the old Kraft building back from the street. In line with the others. The only building now standing to the fore, is the checkered front and that will go back soon.

Vergennes is getting to be a noted place for speculative youths, and they all seem fond of potatoes. This time we hear of a young man of the above place contracting 20 bushels of small potatoes, delivered in Lowell, at 20 cents per bushel, and in order to fill his contract, had to purchase potatoes of another party, for which he had to pay 25 cents per bushel, in the field. Strange to say he has given up speculation as a business and has gone back to farming.

The boys of the high school have organized an athletic club and are putting up a gymnasium.

Three Greenville bicyclists rode into town Saturday and took dinner at Train's Hotel. They covered the distance in three hours and forty minutes.

Will Morgan is the latest victim of the shaper, having cut his hand badly at the furniture factory.

Supt. Hendrix, of the water works, has been doing

some fishing lately. One day he caught two bass weighing 4 lbs each, next day seven that weighed 2½ lbs and dressed 11 lbs. How's that?

Dame Rumor informs us, and she has it on good authority, that another of Lowell's daughters is about to take the hymenial yoke. May she retain her place always on the "near" side of her partner's heart.

Kopf Bros. have started their furniture factory again and it is now running full blast.

Eva Thid will teach school in the Fox's Corner schoolhouse this winter.

### 100 years ago The Lowell Ledger October 28, 1915

The Goebel Brewing Co. of Detroit is after us again for advertising space in The Ledger, to promote "the use of bottled beer in the home;" but they haven't money enough to buy an inch – in this paper. No, Mr. Knapp, No!

Mr. and Mrs. Orrin Graham entertained the High school senior classes from Lowell and Lake Odessa Friday night in honor of their sister, Miss Crystal Strong of Lake Odessa, and their niece, Miss Rega Bannon of Alto. About sixty-five attended, coming in autos and wagons and each class was chaperoned by two teachers. An oyster supper was served and a good time enjoyed by all.

Words, words, words, blow, blow, blow. – Lowell Journal. Yes, we've noticed it. Better work in a few facts and an occasional idea. Perhaps you could sell a few papers.

Myron Kyser, farmer, two miles southeast of Lowell, was attacked by an angry bull, receiving injuries resulting in death. Mrs. Kyser went to the assistance of her husband with a pitchfork and drove the infuriated animal away. Kyser was 65 years old.

Willis Purdy had the misfortune to lose his barn and its contents early Saturday morning. We understand they saved the live stock. Supposed to have been set a fire by a tramp. Mr. Purdy was fearfully burned about the face and hands trying to save his horses.

Wm. Riley of Grand Rapids, who had been to work near here, was found near the railroad track three



# Choraliers perform free concert

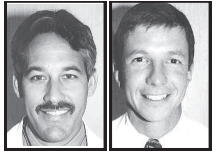


The King's Choraliers of Grand Rapids will be bringing their message in song to Lowell United Methodist Church on Sunday, November 8, at 3:00 pm. They are a male chorus comprised of men with diverse occupations with roots dating back to 1950.

The chorus, under the direction of Ronald Rogers, a graduate of Wheaton College and Michigan State University; is joined by accompanist Chuck Brower. Brower is an accomplished organist and pianist known throughout western Michigan.

This is a free concert at Lowell United Methodist Church. A freewill offering will be taken at intermission and there will be refreshments served after the concert.

# health



With Drs. Paul Gauthier, Jim Lang, Wayne A. Christenson III, John G. Meier & Tracy Lixie

## tennis elbow

Tennis elbow is a condition caused by inflammation of the tendons on the outside (or lateral side) of the elbow at a bony prominence of the upper arm. Although this condition is called "tennis elbow," it is not limited to tennis players. Any repetitive motion of the wrist can cause this condition. Some of these activities include tennis, hedge clipping, excessive use of a hammer or screwdriver, painting, or any activity that requires excessive constant gripping or squeezing.

Symptoms of tennis elbow include tenderness on the outer bony part of the elbow, morning stiffness of the elbow with persistent aching, soreness in the forearm, and worsening of pain when grasping or holding an object. Tennis elbow usually does not lead to serious problems, although if the condition continues and is left untreated, loss of motion or function of the elbow and forearm can develop. You should see your physician if you have pain that limits your daily activities, pain that continues despite resting and icing the elbow, or if any weakness or numbness in the hand develops.

There are several treatments you can try at home for tennis elbow. Icing the area twice a day for 20

minutes helps decrease inflammation and relieves pain. Over-the-counter anti-inflammatory medications, such as ibuprofen, may help decrease the pain and help with healing. Rest the area to prevent further injury and decrease pain.

If treatment with OTC medications, ice and rest doesn't work, your physician may have you use an elbow strap to help take the pressure off the inflamed tendon. A course of physical therapy may be needed to help increase flexibility and strength. Steroid injections can also be made into the inflamed area. Although generally safe, these are usually limited to two to three per year. Surgery is a last resort and is usually reserved for those who have had symptoms for more than six to 12 months despite aggressive treatment with nonsurgical therapies.

To help prevent tennis elbow from recurring, continue your treatment plan for the prescribed length of time. If pain starts to recur, be sure to revisit your physician. Ease into any repetitive motion activity around the house or at work and rest your arm at the first sign of pain or soreness. Continue exercises for strength and flexibility even after your pain has gone away.

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the lowell ledger

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# area churches

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10:30 A.M. Fellowship  
11:00 A.M. Worship

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Sunday School 9:15 A.M.

Joseph Fremer, Pastor 897-8307  
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Youth Ministry - grades 6-12 Mon. 6:30 - 8:30 P.M.  
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SUNDAY WORSHIP 9 & 11 a.m.  
SUNDAY SCHOOL 11:15 a.m.  
Pastor Brad Brillhart

# happy birthday

**OCTOBER 28**  
Aaron Stencil, Bonnie Essich, Debbie Stoutjesdyk.

**OCTOBER 29**  
Tammy Barber, Al Mulder, Jared Spencer, John Butler Jr., Jeremy Drake, Valerie Stuewe.

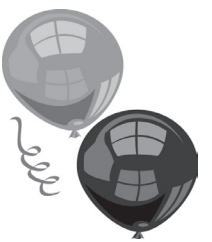
**OCTOBER 30**  
Jeremiah Russo, Joseph Russo, Justin Wilczewski, Jim Momber.

**OCTOBER 31**  
Bob Richter, Connor Duiven, Larry Taunt, Thomas Alberts, Patricia VanSickle.

**NOVEMBER 1**  
Walt Batt, Abbot Kastanek, Brenda Lea Owen, Suzanne Olin, Anthony Kiedis, John Luc Richmond.

**NOVEMBER 2**  
Barb DeLoof, John Mogor.

**NOVEMBER 3**  
Connie Stencil, Jennifer Zoodsma, Denise Dommer, Christina Dixon, Becky Myers, Ken Kline.





# anniversaries

## ~ Cahoon



**Robin and Jim Cahoon**

Jim and Robin Cahoon are celebrating their 25th wedding anniversary. They were married October 27, 1990, at the Lowell First United Methodist Church.

Their family is Cody Cook, Kristen and Casey Delnick, Lucas Cahoon and granddaughters Khloe, Isabelle and Scarlett Delnick.

# To The Editor, continued

I've seen this organization grow from a simple idea in the minds of several area pastors to the dynamic force it is today. The staff and volunteers at FROM certainly help make Lowell the great town it is. The neighbor-to-neighbor program, a collaboration of local organizations and

churches, provides home repair and assistance of the most basic level where it is needed most.

Keep up the great work. I urge others to continue to support FROM with their time, talents or treasures.

Sincerely,  
Jim Lang  
Lowell Rotary Member

energy services in a culture of efficiency, compliance and sustainability."

Lowell Light and Power continues to be an exemplary utility under the direction of its management along with its outstanding employees. Here is just a few of its accomplishments. You can read about Lowell Light & Power on its website, Facebook page blog. Call our office or board members anytime. I encourage all citizens to attend our board meetings each month so they can be informed and make their own conclusions on how Lowell Light & Power is run and its policies.

- RP3 Gold designation from American Public Power Assoc. 2011-2013
- RP3 Platinum designation from APPA 2013-2015
- RP3 Diamond designation from APPA 2015-2018
- Safety Award of Excellence from American Public Power Assoc.:
  - First Place – 2014, 2013, 2012, 2010
  - Second Place – 2011, 2009

- Met or exceeded energy optimization plan
- Partnership with SPART for renewable power
- Met or exceeded 10 percent renewable energy by 2015

Continue to upgrade system:

- Solar generator – online
- Rolls-Royce generator – on schedule to be online 2016
- Saved \$630,000 in bond renewal
- Continues to have lower costs than DTE or Consumers Energy
- Has an Average Service Availability Index of 99.9838 percent

I am very proud of being on the board of Lowell Light and Power and the direction and policies that the board has set forth and hope to continue serving the citizens and customers of Lowell Light and Power.

I am supporting Sharon Ellison, Jim Salzwedel and Jeff Phillips for Lowell City Council. Whoever you are supporting please vote on November 3rd.

Thank you,  
Perry Beachum

### in defense of ll&p

Dear Citizens of the city of Lowell,

This coming election for the city council may be the most important in the last several decades. It is imperative that you vote on November 3rd. Your vote will clearly decide on the direction you want the city of Lowell to go in.

Alan Teelander has stated that if elected the first order of business is to terminate the city manager and the second order of business is to replace the board of Lowell Light and Power. I've been told he would then move Lowell Light and Power offices to city hall, tear down the building and make it a

parking lot. I've also heard that he thinks Consumers Energy would do a better job of running L&P.

I have served on the board since 2006 and Mr. Teelander has never called me to have a conversation about his concerns and believe that he has only once attended a board meeting but continues to write about his displeasure.

The board of Lowell Light and Power has set a strategic plan with a Mission Statement that states, "Lowell Light & Power is a local municipal utility whose mission is to provide safe, reliable, cost effective electricity and

## college news

Western Michigan University has announced the graduation list for the 2015 summer I and summer II sessions. The following are local graduates, their

degrees, majors and honors, Ada: April Lynn Ray, Bachelor of Science, student integrated curriculum; Eric Stuart Culver, Bachelor of Science, aviation maintenance technology;

Whitney Sue Dykhouse, Master of Arts, educational leadership K-12 school principal; and Connor Joseph Greenan, Bachelor of Business Administration, marketing; Alto: Ena Kathleen Osterhouse, Master of Science in

Medicine, physician assistant; Lowell: Kaily Mae Jaclyn Gillan, Bachelor of Science, magna cum laude, psychology: general psychology; and Kathryn Anna Welton, Master of Social Work, social work: interpersonal practice.

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*Kent District Library programs at Englehardt Branch, 200 N. Monroe St. For additional information call 616-784-2007.*

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**ANIMAL HOSPITAL OF LOWELL**

# Culver named Staff Member of the Month

Brooke Culver was named Murray Lake Elementary's Staff Member of the Month for September. "I'd like to nominate Brooke for her tireless dedication and countless hours to helping us get our "Positive Behavior Interventions and Supports" (PBIS) up and running so well," commented fellow Murray Lake teacher Diane Titcher.

Murray Lake is implementing PBIS and Culver took on the chairperson role for effectuation. Culver is a special education resource teacher, teacher consultant and PBIS building coach. This is her tenth year of teaching.

"I enjoy teaching at Murray Lake because of the people. The staff, students and parents make Murray Lake the best place to work. My students are always inspiring and motivating me and the staff make it a comfortable and fun environment," says Culver.

When Culver is not at school, she enjoys spending time with her family: husband Boyd and two children, Ava (four and a half) and Tessa (two and a half); and her Boston terrier Lexi. She also enjoys running (indoors), reading and shooting pool.



## Honoring Our Area Veterans

**The Ledger along with local businesses will once again be saluting area Veterans. The names and pictures we receive will appear in our November 11 edition on Veterans Day 2015.**

**If you would like to spotlight a Veteran living in our area, please mail or bring their picture along with their name, branch of service and years served to:**

**The Lowell Ledger/Veterans Page  
105 N. Broadway PO Box 128 - Lowell, MI 49331  
OR email: [displayads@lowellbuyersguide.com](mailto:displayads@lowellbuyersguide.com)  
Put "Veterans" on the subject line, type the name, branch of service and years served into the body of the email and attach the picture.**



**Deadline for submission is noon, Friday, Nov. 6, 2015**

**For more information call the Ledger at 616.897.9261**

**You or the Veteran you are honoring must be from the Lowell area.**



## NOTICE

**You MUST send a new picture this year.**

**Even if, in the past, your service person was submitted.**



**Wednesday, November 11, 2015**



# Play Bytes by Playwrights on tap at The Other Place

by Tim McAllister  
contributing reporter

The LowellArts! Players are putting on “Play Bytes by Playwrights” at Larkin’s The Other Place, 301 W. Main. “Play Bytes” is a collection of eight short plays by writers from all over the country, including Chicago, Racine, Los Angeles and Brooklyn. One of the plays was written by Lowell playwright Matthew Tawney. The audience gets to vote on which play they like the best. The winning writer will get a \$500 cash prize.

The plays are in the theme of “things that go bump in the night,” so there is an element of horror to each one. However, the plays seemed to be going more for horror comedy rather than straight-up suspense, although there was a little spookiness. The first play, “Death Who’s Coming to Dinner” by Joe Starzyk from

Troy, NY; was a total rip-off of a segment from the film “Monty Python’s The Meaning of Life.” A couple other writers might want to heartily thank Rod Serling in their speeches if Starzyk ends up winning. Other than that the plays were funny, original and suspenseful. All of the actors were solid, especially the always hilarious John Patrick Foley, who had major roles in half of the plays. The sound mix was good, all the actors were audible and there were some very effective lighting techniques, including a creepy, hard-to-see campfire scene.

The show is running on Fridays, Saturdays and Sundays until the day before Halloween. For show times or to buy your tickets visit [lowellartsmi.org](http://lowellartsmi.org) or call 616-897-8545.



Parents Gary Mitchell and Mary Beth Quillin dealing with their hungry zombie son John Patrick Foley in a “Play Bytes by Playwrights” production.

# Car dealer presents check to Lowell football team



by Kathryn Atwood  
contributing reporter

Harold Zeigler Ford of Lowell made good on their early season football fundraiser last week when Internet director Tim Geney delivered a check to coach Noel Dean and his team during practice last week. The \$5,540 was earned through community test drives at the team’s red versus white scrimmage held in August.

Geney said the company is proud of their community and that this effort is part of an ongoing commitment to their hometown. “We just really want to thank the community for rallying together for this outstanding amount. We absolutely love putting on these events. It is rare that you have the opportunity to make up to \$6,000 in a matter of a few hours. It takes a good cause and a great community to put these kinds of numbers up. Way to go Lowell!”

# Are you commenting on National Blog Posting Month?

November is National Blog Posting Month, which means there has never been a better time to join the conversation with Social Security. We recently launched our new blog, *Social Security Matters*. The blog is our interactive center for engaging with you by answering questions and concerns in a way that benefits all readers and contributors. *Social Security Matters* also lets you provide meaningful feedback that can help us serve you more effectively.

The blog’s comment section allows you to voice your thoughts and ask questions. The conversation is growing every day. We are doing our best to serve you, and a big part of that is

listening to what you have to say.

Think of *Social Security Matters* as a dashboard for the latest news and updates that affect our beneficiaries. These beneficiaries include those of our retirement, survivors, and disability programs. Veterans, the chronically ill, and anyone entitled to our broad range of services can also benefit from the news and updates. *Social Security Matters* is easy-to-navigate and user-friendly — tags categorize the topics you care about into organized sections. Our blog joins our presence on Facebook and Twitter to ensure that you’ll always find the information and online resources you’re looking for.

Blog posts aren’t a one-way conversation. We’d like you to share the items that interest you. Using your preferred social media, *Social Security Matters* lets you share our posts with a click of a button. In addition, you can subscribe to our blog and get Social Security news as it happens. Simply

select the blue button titled “Get blog updates.”

We’re updating our blog every week, and not just during National Blog Posting Month. Come see what we, and our satisfied customers, have to say. Visit *Social Security Matters* today at [blog.socialsecurity.gov](http://blog.socialsecurity.gov).

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**FAST FEATERS**

**F**all is a busy time for families on the go, but dinner can still be approachable and wholesome. One easy solution: transform a simple everyday side dish into a meal that will leave your family asking for more. These recipes, created in partnership with lifestyle expert Sandra Lee, feature Bob Evans' collection of high-quality, like-scratch side dishes ranging from mashed potatoes to macaroni and cheese. The sides, found in the refrigerated section of most local grocery stores, are made with real ingredients and the perfect blend of seasonings to make entrees taste just right. Find more mealtime solutions that put side dishes at the forefront at Farm Fresh Ideas (bobevans.com/recipes), a club that provides recipes, a personalized recipe box and helpful tips in the kitchen.

**Macarich**

Prep time: 5 minutes  
Cook time: 30 minutes  
Serves: 4

- 8 slices garlic bread, frozen
- 1 package Bob Evans Macaroni and Cheese
- 4 slices cheddar cheese
- (to fill pickle chips (optional))
- 1 can tomato soup, prepared (optional for dipping)

In large non-stick skillet over medium-low heat, heat 8 bread slices for 3 minutes and flip over to evenly warm through. Prepare macaroni and cheese according to package directions. Place 1/2 slice of cheddar cheese on each piece of garlic bread. On 4 pieces of garlic bread, evenly spread 4 ounces (about 1/2 cup) of macaroni and cheese on top of cheddar cheese; get in bread slices. Place remaining 4 slices of garlic bread on top of macaroni and cheese stack. Toast both sides for an additional 2 minutes or until bread is evenly brown and cheese is melted. Serve with chili pickle chips and tomato soup for dipping.

**Orzo with Italian Sausage, Mushrooms and Spinach**

Prep time: 10 minutes  
Cook time: 20 minutes  
Serves: 4

- 4 tablespoons butter, divided
- 1 cup uncooked orzo pasta
- 1 can (14.5 ounces) low sodium chicken broth
- 1 pound hot or Italian sausage
- 1 cup sliced onion
- 1 cup sliced mushrooms
- 1 tablespoon freshly minced garlic
- (to serve baby spinach)
- 1/2 cup grated Parmesan cheese
- salt and pepper, to taste

In a large sauce pan over medium-high heat, melt 2 tablespoons butter and add onion. Stir until lightly browned. Add chicken broth and bring to boil. Cover, reduce heat and simmer about 15 minutes, until onion is tender and liquid is absorbed. Meanwhile, in large skillet over medium heat, add sausage and sauté with potato until fully cooked, about 3 minutes. Add onion and mushrooms, and continue to cook until onions are translucent and mushrooms are tender. Add garlic and sauté 10 seconds or until garlic becomes fragrant. Turn heat down to low. Add spinach and cover pan to allow spinach to wilt. Set aside until orzo is done. When orzo is done, add sausage mixture and Parmesan cheese and mix well. Taste and adjust seasonings as needed.

**Mixed Berry Cobbler**

Prep time: 10 minutes  
Cook time: 1 hour, 30 minutes  
Serves: 6-8

- 1 package Bob Evans Glazed Apples
- 1 cup frozen sweet cherries
- 1 cup blackberries or raspberries
- 1 cup peas, sliced

Heat oven to 375 F. In large mixing bowl, mix together glazed apples and fruits. Pour into 9-by-13-inch baking pan. Bake uncovered for 1 hour, stirring occasionally. While fruit is baking, mix together ingredients for streusel.

**Streusel Topping**

- 1 cup packed light brown sugar
- 1 cup uncooked rolled oats
- 2/3 cup all-purpose flour
- 1 teaspoon cinnamon
- 8 tablespoons (1 stick) cold unsalted butter, cut into small pieces

Mix together brown sugar, oats, flour and cinnamon until evenly combined. With fingertips, blend in butter pieces until small clumps form and butter is well incorporated, about 2 minutes. Sprinkle topping evenly over fruit and place back in oven uncovered. Bake until streusel is lightly browned and fruit is tender, about 30 minutes. Remove from oven and let sit 5 minutes before serving.



# Give Sides Center Stage



**Time Saving Tips**

These simple tricks from Sandra Lee will cut minutes off your busy week, so you can get to the more important things like enjoying fall with your family.

1. Save minutes off meals using tools in original ways. An ice cream scoop makes cakes and meatballs in a flash; an egg slicer quickly cuts mushrooms and tomatoes.
2. To further speed up slow cooker prep time, keep favorite premeasured seasoning packets, pre-sliced vegetables and jarred sauces on hand.
3. Desserts need not be made from scratch to have a homemade feel. Dip packaged cookies in chocolate, ambrosian bakery cupcakes or create lollipops from sorbets.



**Baked Potato Pizza**

Prep time: 5 minutes  
Cook time: 30 minutes  
Serves: 12

- 1 package Bob Evans Sweet Cream & Chive Mashed Potatoes
- 1 cup butter, cooked and condensed
- 2 pre-made large pizza crusts
- 1 cup cheddar cheese

Heat oven to 450 F. In bowl, mix together mashed potatoes and brown butter. Place each pizza crust on cookie sheet. Spread half of mashed potato mixture evenly over each pizza. Top each pizza with cheddar cheese. Bake 5-10 minutes or until cheese is melted and lightly golden. Cut into wedges and serve.



# Red Arrow SPORTS

- FOOTBALL

## Red Arrows win outright OK White championship

by Kathryn Atwood  
contributing reporter

The Lowell Red Arrows earned the OK White championship title for the second consecutive year last Friday night with a 28-14 victory over Grand Rapids Christian.

After sharing the honors with rival Caledonia last season, the Arrows claimed the title outright boasting an undefeated 5-0 conference record and an 8-1 record overall. The Arrows single slim margin loss came in their home opener against Walled Lake Western who went on to record a perfect 9-0 season and a first place Division II state ranking. Lowell is currently ranked third in Division III behind Orchard Lake and Zeeland West.

Lowell went on to string together eight dominant wins afterward averaging 42 points per game and topping their average opponent by nearly thirty points. The final regular season game against GRC on Friday was their closest match up of the season.

Lowell dominated in the first half of play keeping GRC scoreless while adding three touchdowns to their side of the board. Senior Alex Anschutz earned the Arrows' first points catching a 27-yard touchdown pass from quarterback and fellow senior Ryan Stevens in the first.

Stevens went on to finish off a huge 99-yard Arrow drive with a seven-yard end zone run in the

second and added a four-yard run in the third where he also scored the two-point conversion. As the game's leading rusher, he carried the ball 28 times for a total of 145 yards and threw for 95 yards as quarterback. Seniors Derek Massey and Max Dean, who produced a touchdown on a three-yard run in the second, were the team's other top ball handlers.

GRC's pair of second half touchdowns came too late as time ran out on their effort, giving Lowell the 28-14 win, the OK White title and the ticket to the first round of Michigan High School Athletic Association (MHSAA) tournament play.

Lowell will start their

trek toward the state finals this Friday at home when they welcome Battle Creek Lakeview High School in pre-district action. This is the first time the Red Arrows have faced the Spartans who are currently 6-3 overall. If the Arrows move on they will face the winner of Byron Center and Portage Central in the next round of the playoffs.

Kick-off is at 7 pm with gates opening at 5:30. Early arrival is recommended. Tickets will also be available for sale game day inside the high school main office from 7:30 am to 3 pm. According to MHSAA tournament rules, no passes or artificial noise makers will be permitted.

	Lowell	GRC
Score	28	14
First Downs	18	16
Rushing Attempts	57	36
Net Yards Rushing	285	191
Net Yards Passing	95	201
Total Net Yards	380	392
Pass Attempts	13	31
Passes Completed	7	14
Interceptions	1	0
Total Offensive Yards	70	67
Average Gain Per Play	5.4	5.9
Fumbles: Number/Lost	1/0	1/1
Penalties: Number/Yards	5/39	4/51
Number of Punts/Yards	1/24	1/62
Average Per Punt	24.0	62.0
Punt Returns: Number/Yards	0/0	0/0
Number of Kickoffs/Yards	5/208	3/124
Average Per Kickoff	41.6	41.3
Kickoff Returns: Number/Yards	1/22	2/25
Int. Returns: Number/Yards	0/0	1/0
Fumble Returns: Yards/TD	2/0	0/0
Possession Time	28:49	19:11
Third-Down Conversions	11 of 16	5 of 15
Fourth-Down Conversions	0 of 1	5 of 8

- VOLLEYBALL

## Arrows claim first place at Sparta Invitational

by Kathryn Atwood  
contributing reporter

In a busy week of varsity volleyball action the Lowell Red Arrows suffered two hard fought OK White losses against East Grand Rapids and Forest Hills Central but ended on a high note with a first-place finish at the Sparta Invitational.

Tuesday at home the team welcomed FHC and battled hard, pushing the match to five sets but ultimately falling by a final score of 3-2 with scores of 15-25, 27-25, 22-25, 25-23 and 8-15. Head coach Julie Quist said that despite the loss she was impressed by the "heart and fight that the team was able to compete with" against one of the state's top-ranked teams.

Shannon Hoekstra came up big for the team serving as guardian of the net with 11 kills and three blocks. Senior Bailey Reitsma provided three aces for the team while both Abby Mangus and Kelsey

Emmanuel earned 25 digs and sophomore Sydney Powell offered up 33 assists.

On the road Thursday Lowell claimed the first set against EGR but found themselves unable to put together another, losing the match 3-1. Final scores were 25-17, 21-25, 15-25 and 16-25. Arrow Mangus had a stand-out performance for the squad contributing 13 kills and 17 digs. Other top performers were Rachel Fox with five aces, Hoekstra with three blocks and Powell with 26 assists.

Over the weekend at the Sparta Invitational the ladies finished first in pool play and went on to claim the championship against Kent City in the finals. The

Arrows topped Tri-County, Big Rapids and Kent City to top pool play. In the semi-finals the team faced Greenville and came out on top after three sets scoring 20-25, 25-13 and 15-7. In the championship round against Kent City, Lowell won the match with scores of 25-15, 20-25 and 15-10.

Calling it a "good day" for the team Quist commended her players for their drive and commitment. "They are hardworking competitors that want and love to win," stated Quist.

Stat leaders for the day were Hoekstra with nine aces and 12 blocks, Mangus with 43 kills, Emmanuel with 61 digs and Powell with 120 assists.

**This week the team will play twice, hosting the Lowell Quad on Tuesday at 5 pm and facing OK competitor Grand Rapids Christian on Thursday at 7 pm for senior night.**

**The Lady Arrows celebrate a hard fought victory over top-ranked Forest Hills Central.**



## Sports Summaries

### GIRLS CROSS COUNTRY

Lowell girls varsity cross country faced rain, a lightning delay and their OK White competitors last Wednesday in the conference finals at Riverside Park. The Lady Arrows placed sixth falling just 34 points behind Jenison. Top Lowell finisher was Tori Hewitt who came in at 20:16. Breanna VanLaan (21:10), Lauren Aud (21:11), Katrina Droski (21:43), and Megan Khodl (21:45) rounded out the squad's top five runners.

### BOYS CROSS COUNTRY

Riverside Park was the site of last week Wednesday's OK White boys cross country conference finals where the Lowell Red Arrows placed sixth. Eric Judd placed 39th with a time of 18:02. Kyle Cater came in just four seconds later at 18:06 to claim 42nd. Other top finishers were Caleb Sobie (19:09), Kenny Stump (19:14) and Seth Palmer (19:31).

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# obituaries

## BENEDICT

Benedict, Arthur 1935-2015

Arthur E. Benedict passed away peacefully at the age of 80 on Wednesday October 21, with his family by his side. He was a Drywall Contractor in the Grand Rapids area for over 30 years. He enjoyed playing softball with his children and grandchildren.

He was also very active in his Church. Art is survived by his wife Gladys of 61 years, his children, Lorrie (John) Capen, Russ (Debby), Jenny (Kelly Bishop) Teachout, Mary (Rick Terrill) Benedict, Ray (Ronda); grandchildren Jamie, Kelly, Lacey, Zach,



JJ, Rachael, Heather, Heidi, Levi and Jacquelyn; several great grandchildren; extended family, Linnie Vanderwerp, Arnold Benedict, Judy Benedict, Duane Lehnen, Eileen & Don Malinowski, Lenore Cartwright and Bob Barnes & Sue Brown. He was preceded in death by his precious grandson Andrew Benedict, Thomas W. Benedict, Joyce Lehnen and Agnes Benedict. Visitation will be at Roth-Gerst Chapel, 305 N. Hudson, Lowell, on Friday, October 30th 2-4:00 pm and 6-8:00 pm. A celebration of Art's life will be held on Saturday, October 31, 11:00 AM at the United Methodist Church, 11365 64th St., in Alto. Pastor Andrew Jackson officiating. Interment Bowne Center. Memorial contributions may be made, in memory of Art, to the Bowne Center United Methodist Church, Attn: Building Fund, 12051 84th St. SE, Alto MI 49302.



## OESCH

Albert L. Oesch, age 73, lifetime resident of Lowell, passed away Wednesday, October 21, 2015. He was preceded in death by his parents, Albert and Doris Oesch. He is survived by his son, Eric Oesch; brother, Wayne (Lois) Sparks; sister, Jerry (Terry) Warner; special aunt, Anne Oesch; good friend Bob Page; also nieces, nephews, and cousins. He was a graduate of Lowell High School and worked at Amway Corp. for many years. A funeral service was held. Interment Oakwood Cemetery. Memorial contributions may be made to Flat River Outreach Ministries, 11535 Fulton St E, Lowell, MI 49331 or the Fallasburg Historical Society, c/o Treasurer, 4361 Causeway Drive, Lowell, MI 49331.



**Very little is needed to make a happy life; it is all within yourself, in your way of thinking.**

~ Marcus Aurelius

*Thank You*  
*I would like to thank all of those who offered kind words and condolences - Your kindness was very much appreciated.*  
*- Jeanne Boss*

The Emily Boss Memorial Scholarship has been set up in our Emily's honor in hopes that she'll never be forgotten and her name will carry on. Tax deductible contributions can be made by calling Grand Rapids Community College at (616) 234-3839.

# A savory recipe for your retirement

The gravy is steaming next to the savory stuffing, sweet potatoes and pie. Every family has its own unique Thanksgiving dinner traditions but, as we all know, a carefully followed recipe is key to creating a perfect holiday meal.

If you fail to plan, or measure your ingredients poorly, your pie could be a real flop. The same can be said for financial planning and preparing for your future.

Follow this perfect recipe, and you'll be rewarded with a delightful retirement:

First, start your retirement pie with a visit to the Retirement Estimator. Just drop in some simple information and the Estimator uses your past earnings and estimated future earnings to project about how much you'll get when you retire. You can experiment and drop in different future earnings and retirement dates until your financial security in retirement is just the way you want it. Visit our Retirement Estimator at [www.socialsecurity.gov/retire/estimator.html](http://www.socialsecurity.gov/retire/estimator.html).

Savings. Social Security replaces about 40 percent of the average worker's pre-retirement earnings. Most financial advisors say you will need 70 percent or more of pre-retirement earnings to live comfortably. To supplement Social Security you'll also need savings, investments, pensions, or retirement accounts to make sure you have enough money to enjoy retirement.

Then you'll want to set up an online secure my Social Security account so you can log in anytime to check your reported earnings and projected benefit estimates. If your earnings are reported incorrectly, or if you find you need to save more to meet your retirement goals, there's still time to make corrections before your retirement pie is done. You can visit my Social Security online anytime, even on holidays, at [www.socialsecurity.gov/myaccount](http://www.socialsecurity.gov/myaccount).

After you've added the ingredients of Social Security earnings, personal savings, and any pensions you may have, let the retirement pie bake. When the retirement pie is ready, enjoy it!

Next, stir in the

## LEGAL NOTICE

STATE OF MICHIGAN PROBATE COURT COUNTY OF KENT

NOTICE TO CREDITORS Decedent's Estate

FILE NO. 13-194775-DE

Estate of MARVIN LESTER JOHNSTON, JR. Date of birth: 02/14/1965.

forever barred unless presented to Marvin J. Haveman, personal representative, or to both the probate court at 4730 Burton SE, Grand Rapids, MI 49546 and the personal representative within 4 months after the date of publication of this notice.

October 22, 2015

TO ALL CREDITORS:

Thomas E. Lane (P36477) 688 Cascade West Pkwy SE Grand Rapids, MI 49546 616-285-6050

NOTICE TO CREDITORS: The decedent, Marvin Lester Johnston, Jr., died 10/20/2013.

Marvin J. Haveman 4730 Burton SE Grand Rapids, MI 49546 616-942-6656

Creditors of the decedent are notified that all claims against the estate will be

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# PUZZLE SOLUTIONS

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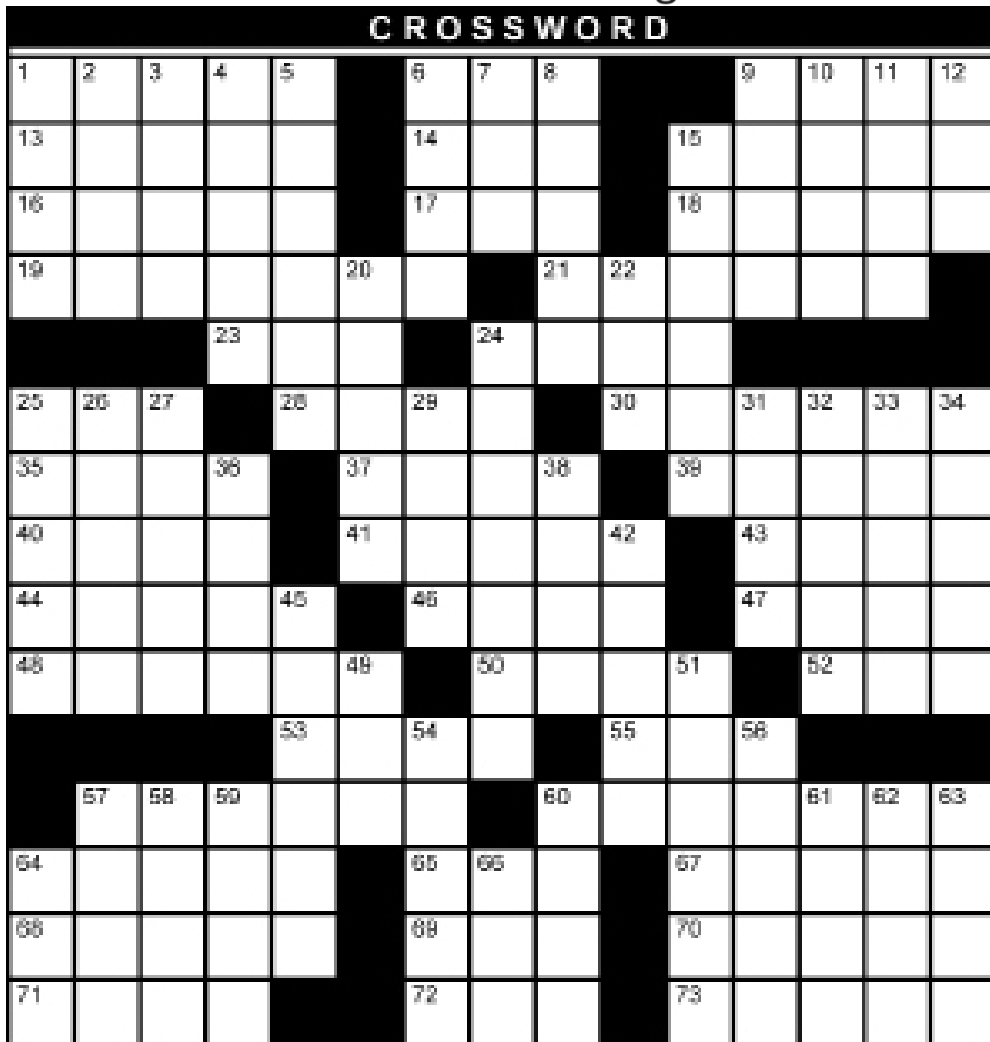


**STATEPOINT CROSSWORD**

**THEME: FAIRY TALES**

**ACROSS**

- 1. Black \_\_\_\_\_ snake
- 6. NY Giants HOF outfielder Mel
- 9. For capturing attention
- 13. Relating to axis
- 14. National Institute of Health
- 15. Aussie bear
- 16. Rekindled
- 17. Compass reading
- 18. Sign of bad news
- 19. \*Hans Anderson's Emperor lacked these
- 21. \*Reflecting truth-teller
- 23. 1/60th of min
- 24. What aides do
- 25. \*"Beauty and \_\_\_\_\_ Beast"
- 28. "The Sun \_\_\_\_\_ Rises"
- 30. Chinese tea
- 35. Lemongrass, e.g.
- 37. Wrong
- 39. Golfer's accessory
- 40. Arm part
- 41. Shipping weights
- 43. Beige
- 44. Sprays
- 46. River in Egypt
- 47. Innocent
- 48. Lowest part
- 50. Use a cat o' nine tails
- 52. Brit. fliers
- 53. Not straight
- 55. Dot-com's address
- 57. \*1001 what?
- 60. \*Genie's master
- 64. Pope's court
- 65. \_\_\_\_\_ Philosophical system
- 67. Famous bandmaster
- 68. Make fit



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- 69. Wow!
- 70. What a bridge does
- 71. Affleck and Stiller
- 72. Indian bread
- 73. WWII conference site

**DOWN**

- 1. Painter \_\_\_\_\_ Chagall

- 2. Michelle Kwan's jump "\_\_\_\_\_ Baby"
- 3. Venus de \_\_\_\_\_
- 4. Entices
- 5. Tennis great Gibson
- 6. Singles
- 7. \*Steadfast Soldier's substance
- 8. Unifying idea
- 9. For, in French
- 10. Kind of palm
- 11. Hurtful remark
- 12. Toni Morrison's

- 15. Kasparov's famous opponent
- 20. "Bravo! Bravo!", e.g.
- 22. International Labor Organization
- 24. Tell a scary story?
- 25. \*Tom's \_\_\_\_\_ size equivalent
- 26. Sunny prefix
- 27. Famous German artist Max
- 29. \*Ugly Duckling, at end
- 31. Bank holding
- 32. Grouchy Muppet
- 33. Waterwheel
- 34. \*"Three Goats \_\_\_\_\_"
- 36. Quilt stuffing
- 38. Raise the roof
- 42. 1988 Olympics site
- 45. "\_\_\_\_\_ " by Pink
- 49. \_\_\_\_\_ Yoga class accessory
- 51. The infamous \_\_\_\_\_ knoll
- 54. "Peace" with fingers
- 56. Parkinson's disease drug
- 57. Artist's model?
- 58. Formerly Persia
- 59. Deprive of by deceit
- 60. So be it
- 61. Like Jekyll and Hyde's personality
- 62. Antonym of "is"
- 63. Rover launcher
- 64. Uber alternative
- 66. \*Little Mermaid's domain



**OCTOBER 21 - OCTOBER 27**

- On Oct. 23, Hurricane Patricia became the most powerful tropical cyclone ever measured in the Western Hemisphere as its maximum sustained winds reached an unprecedented 200 mph (320 kph) and its central pressure fell to 879 millibars (25.96 inches of mercury). The cyclone formed over the eastern Pacific and rapidly intensified into a Category 5 hurricane. Even more quickly than the storm strengthened, it rapidly weakened over the rugged terrain of Mexico.
- Florida's first bear hunt in two decades started protests by animal rights activists and was called off after two days. Almost 300 bears were killed. The hunt was supposed to last up to one week and allowed for 320 black bears to be killed.
- A cracker that survived the sinking of the Titanic was sold for \$22,968 at an auction in England. James Fenwick, a passenger aboard the Carpathia, a ship that went to help pick up survivors, preserved the cracker in an envelope with the words "Pilot biscuit from the Titanic lifeboat April 1912."



Puzzle solutions on page 12

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## eye to eye



Michael Flohr, MD

Four frightening ways non-prescription costume contact lenses can ruin your vision

*Don't let over-the-counter eye accessories turn Halloween into a nightmare, ophthalmologists warn*

To avoid a real-life Halloween horror story – going blind because of a costume accessory – the American Academy of Ophthalmology is warning the public against wearing costume contact lenses purchased without a prescription. These illegally sold cosmetic lenses may not be sterile and can cause a host of serious eye problems capable of morphing a fun Halloween night into a nightmare.

Tiger eyes, checkered pupils: non-prescription decorative lenses (also

called cosmetic, costume or plano contact lenses) come in many different patterns and colors. In 2005, after reports of them causing eye injuries and infections, the Federal Drug Administration classified all contact lenses as medical devices and restricted their distribution to licensed eye care professionals, effectively banning sales of non-prescription contact lenses. Despite that, these items remain available on the internet, in convenience stores and at flea markets.

Below are four frightening ways that non-prescription decorative lenses can hurt your eyes:

1) Scratches – because over-the-counter lenses are not fitted and sized for the person wearing the contacts, they can easily

scrape the outer layer of the eye. The resulting corneal abrasions can cause redness, light sensitivity, discharge, pain, plus the feeling that something is stuck under the eyelid.

2) Sores – costume contact lenses can literally create an eye sore called a corneal ulcer, with symptoms similar to corneal abrasions. The ulcers sometimes appear as a white dot on the iris – the colored part of the eye. When the ulcers heal, they can scar over and can in some cases permanently affect vision.

3) Infections – both corneal abrasions and ulcers create openings in the eye, making them more vulnerable to bacteria, viruses and amoebas. All of these organisms can cause serious eye infections known as keratitis. One study found that wearing cosmetic contact lenses increased the risk of keratitis by more than 16 times. Some infections, such as herpes simplex, can be recurring and difficult to eradicate,

while a number of bacteria have become resistant to common antibiotics.

4) Blindness – in the most extreme cases, complications from wearing costume contact lenses may require surgery or end in blindness. For instance, extensive scarring from an infection can distort the cornea or make it opaque, requiring a corneal transplant to restore vision.

“I hate to think of all the young people who might be buying these non-prescription contact lenses on Halloween, only to end up with an infection that can ruin their sight forever,” said Thomas Steinemann, M.D., a clinical spokesperson for the American Academy of Ophthalmology and professor of ophthalmology at Case Western Reserve University in Cleveland, who treats multiple cases each year. “There is a reason the FDA regulates the sale of contact lenses and that’s because the over-the-counter versions have been shown to cause serious,

irreparable damage to your vision if they’re not sterile or fitted to your eyes.”

Costume contact lens safety guidelines

To safely wear decorative contact lenses this Halloween or any time of year, the American Academy of Ophthalmology recommends following these guidelines:

- Only buy decorative contact lenses from an eye care professional such as an ophthalmologist – a medical doctor specializing in the diagnosis, medical and surgical treatment of eye diseases and conditions – optometrist or retailer that requires a prescription and sells FDA-approved products.

- If you don’t already have a contact lens prescription, obtain a valid prescription and eye exam from an ophthalmologist or optometrist, a health care professional who provides primary vision care ranging from sight testing and correction to the diagnosis,

treatment and management of vision changes.

- Even for those with perfect vision, an eye exam and prescription are mandatory in order to fit the right size contacts. Do not fall victim to false advertising claims and lenses labeled as “one size fits all” or “no need to see an eye specialist.”

- Follow the directions for cleaning, disinfecting and wearing the lenses. Contacts that are left in for too long or that are not properly cleaned and disinfected can significantly increase the risk of an eye infection.

- Never share contact lenses with another person or wear expired lenses.

- If you notice redness, swelling, excessive discharge, pain or discomfort from wearing contact lenses, remove the lenses and seek immediate medical attention from an ophthalmologist. Eye infections like keratitis can quickly become serious and cause blindness if left untreated.

## Looking Back, continued

miles from here last Friday morning by the 8:30 train crew. He was still alive but died before they reached Belding. He was hit by the early freight train.

You can get 11 lbs. pure cane sugar for 50c with \$1.50 other groceries at Grand Trunk grocery. adv

B. F. Wilkinson found a beautiful cluster of apple blossoms on a Maiden Blush tree on his place this morning.

### 75 years ago The Lowell Ledger October 31, 1940

Headline: Lowell stores will close Friday, 3 to 5. Lowell stores will be closed this week Friday afternoon from 3:00 to 5:00 for the Lowell-East Grand Rapids football game. It has also been announced by the Board of Trade that all stores will close at 12:00 noon on Armistice Day, Nov. 11, and remain closed all afternoon.

This paragraph is addressed to Ruby Eickhoff and others who have been hoarding silver cartwheels: Take same to the State Savings Bank and exchange for folding money. This request is respectfully made by yours truly, Silver Dollar Jeff.

All records for receipt of beans during the past 23 years were broken at the Runciman elevator here last Saturday when over 4,000 bushels of beans were taken in. Mr. Runciman states that the beans were trucked in by farmers from the surrounding territory and in some instances by farmers living 75 or more miles distant. Beans have also been coming in, in large quantities every day this week and the electric sorting machines and a large force of hand pickers are being kept more than busy.

Headline: 20 Farm boys in night school. The 1940-41 Part-Time School for out-of-school farm boys between the ages of 15-25 has again opened with an enrollment of twenty boys, under the direction of John Kleinheksel, Lowell high school agriculture teacher. Those enrolled are as follows: From Lowell, Rudolph Roth, Richard Kerekes, John Regan, Peter Leeman, Paul Detmers, Ed. Roth, Donald Lind, Russell Coons, Royal Clark and Dick Krum; from Ada, Fred A. Cox. Neil Hoffman. Bill DeGood; from Alto, Ernest Oesch, George Krebs, Roy and Guy Johnson and Lawrence Bealyrook; from Caledonia, Lyle Eldridge; from Belding, Fred C. Bowen. The classes meet every Monday evening in the agriculture room at the high school. The boys have discussed the topics they wished to study and decided on the following: Feeding dairy cattle and hogs, small fruits such as strawberries, raspberries,

soil upkeep and drainage problems, fertilizers and their uses, marketing of milk and farm products, rural electrification, plant and animal diseases, farm accounting, care and repair of farm machinery, water systems and septic tanks, landscaping, storage of farm products and farm credit.

### 50 years ago Lowell Ledger October 28, 1965

Headline: Four districts recommended for annexation to Lowell Area Schools. The Kent County Intermediate District School Reorganization Committee plan for annexation of four districts to the Lowell Area Schools has tentative approval. The election date has not been set but will be sometime before the end of the present school year. A total of 17 school districts have been recommended for Kent County by the committee. Recommended to join with Lowell were Lowell 6 (Mapes); Vergennes 1 (Alton); Vergennes 4fr (Moseley and Grattan 5fr, Talbot). These districts at the present time are sending their high school students and many of the junior high students to Lowell.

Headline: Buy local floral shop. Things will be poppin' at 517 East Main Street for the next few weeks as the new owners of Ball Floral Shop get set for their grand opening. Monday, Rose and Harold Ball announced that they had sold the business to Pat Majewski and Wayne McNaughton, formerly of Grand Rapids. Bubbling enthusiasm, energetic plans & boundless optimism plus a capacity for hard work mark this pair as welcome additions to Main Street. They are planning, painting and waiting on customers already and the ink is hardly dry on the contract.

Lowell firemen were called to a truck fire, west of Lowell, on M-21 on Monday morning at 6:30. The Lowell Engineering Co. truck, driven by Duane Mayon, was only slightly damaged by the fire.

### 25 years ago The Lowell Ledger October 31, 1990

Headline: In pursuit of bids, Council catches wrath of some and loses LL&P board member. Lowell City Council's charge to pursue bids on the sale of Lowell Cable has raised the concern of some, the ire of others and has left the Lowell Light and Power Board one appointed member short. “As long as the money is used for something new and innovative and it takes

the City of Lowell to a new level, I don't have a problem with selling the cable company,” said Ray Quada who resigned from the Power Board after hearing of the news. “The reason I resigned from the Lowell Light and Power Board is I did not feel it was appropriate for the appointed Board to read about the council's decision in the paper. I don't believe that's an appropriate way to treat or use an appointed board.” The former Lowell Light and Power board member and city manager said he'd favor using the money from the sale of cable (if it's sold) for a waste to water energy power system. “If the community is going to benefit and the circumstances are right,” Quada said. “I'd oppose using the money for a new city hall with council names imprinted on brick.” Pasquale believes the concern and sometimes ire of some people in the community is premature. “Nobody has ever said the city is ready to sell the cable system,” Pasquale explains. “This is just a process in reviewing options. This means there is still the option to do nothing.”

Headline: Lowell Township hires Sani Sweep to vacuum leaves at Eastgate. Lowell Township Supervisor John Timpson said the Township will foot the bill for a trial vacuuming run that he hopes will eradicate the leaf burning situation at Eastgate. Lowell Township contracted an agreement with SaniSweep out of Muskegon to do a trial leaf vacuuming run on Nov. 1. The trial run will cost Lowell Township \$95 an hour for the truck and the two men running the unit. SaniSweep said it will take a day to complete the vacuuming. “The Township doesn't charge the homeowners to chloride the roads, so it has been decided not to charge the property owners for the vacuuming of leaves,” Timpson said. The Lowell Township Supervisor is asking that Eastgate residents keep parked cars off the streets and in their driveways on Thursday, Nov. 1 so that the leaves may be removed. “I'm hopeful this will cut down on the amount of leaf burning residents do in Eastgate,” Timpson said.

On October 7, Kathy Krul was chosen to twirl with “Touch of Kyle” at the opening ceremonies of the 1992 Summer Olympics in Barcelona, Spain. Krul will be one of only 20 twirlers performing at this event. Krul has been twirling for seven years and has received numerous local, regional, state and international awards. She is also a feature twirler of the Sailorettes of Holland and 1990-91 State Miss Twirl of the United States Twirl Association. Krul is a freshman at Lowell High School and majorette with the Lowell Marching Band. She is the daughter of Gary and Diane Krul.



Red Arrow

- SOCCER

## SPORTS

# Lowell claims 3-1 victory over Greenville, falls just short of district title

by Kathryn Atwood  
contributing reporter

Red Arrow varsity soccer kicked their way to a 3-1 victory over Greenville on Wednesday in the district semifinal and came achingly close to a win at the district final Saturday, falling 1-0 to Forest Hills Northern.

The semifinal game was played at Forest Hills Eastern under less than favorable weather conditions that led to game delays and slippery field conditions. Despite those obstacles the Arrows

dominated play against Greenville earning the right to move into the final round.

Though Greenville struck first to take an early lead, it was all Arrows from there as they logged in three goals for the win. The first score from senior Collin Bowers to tie the game, followed by a pair from Jakob Thompson that put Lowell up 3-1 where they remained until the buzzer.

After a 45-minute lightning delay Saturday

afternoon the Arrows took to the wet field at FHE once again to face the number two state ranked FHC for the district title. Lowell went toe-to-toe with FHC working hard on their defense and getting several near goals that were thwarted by FHC goalkeeper Dante Compean who maintains a 96 percent save percentage. At the halftime buzzer both teams remained scoreless with Lowell keeping their

opponent to zero shots on goal.

A fired up FHN came back onto the field, but their heat was evenly matched by the driven Arrows. The seemingly even matched teams continued their fierce back-and-forth until FHC landed a shot, almost by happenstance, as time clicked toward the final buzzer.

The deflated Arrows held their heads high as FHC claimed the 1-0 victory and they had plenty of reason to. According to head coach Rich O'Keefe, "I am real proud how my team played. They stayed within the game plan, created opportunities on the offensive end with numerous counter attacks and the defense kept their balance and composure on the defensive end."

With just four seniors graduating, with the conclusion of this season O'Keefe feels that the group is already in a good position for the next. "Nine of the 11 starters return next year and the hope is that this type of game will be a great learning [experience] as we play big games next year," O'Keefe concluded.



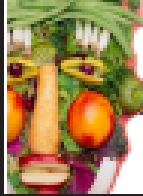
Senior forward Brendan Paulus snags the ball from his Greenville competitor.



Greenville resorts to some less than legal tactics with forward Jonny Draigh during their 3-1 loss to the Arrows.



Senior Anthony Pollock in the district semifinal last week.



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