the lowell ger

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award winning bus driver



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riverwalk concert



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10th annual Lowell Relay for Life raises \$41,000 for the American Cancer Society

by Kathryn Atwood contributing reporter

Fifteen local teams comprised of 173 participants took part in last weekend's tenth annual Lowell Relay For Life (RFL) at Red Arrow Stadium. The event raised more than \$41,000 for the American Cancer Society (ACS).

The fundraiser began Friday evening at 6 pm when guest emcee Nick LaFave opened ceremonies along with petite songstress Elyse Veldman who sang the national anthem. The ensuing activities celebrated cancer survivors', victories with a lap and a free dinner donated by Backwater Cafe.

The remainder of the 24-hour event was filled with hourly family friendly activities and fun laps, including a lip dub battle, a midnight movie, an air guitar contest, glow lap, trick or treat lap, and a box car competition.

Local community members also donated their time and talent to the events, including Jennifer Spiece who led a fun hula dance class. Bands "Off The Radar" and "The Cheating B's Band" offered live music to attendees for the first time in the history of the fundraising event.

The touching Luminaria ceremony honored those lost to cancer. The laugh inducing Ms. Relay beauty pageant, featuring the team's best dressed fellows was another highlight of the evening.

Team captain for the Cancer Crusaders, Courtney Willard, said the Luminaria ceremony has been the highlight of her four years on the track as part of the RFL event. "My favorite part of Relay has always been the Luminaria ceremony and walking the track at night. All those bags lit up, all those memories



Participants took turns completing laps for their team or signed up as endurance walkers completing 12 or 24 total hours on the track.

and all the love that is shown really humbles a person," commented Willard.

Willard began her RFL participation in honor of her father who was lost to cancer in 2011. "Relay is 24 hours of really showing your support to all the people who have won the fight, are fighting the fight or have lost their fight."

With both participation and fundraising numbers down from previous years, event planners hope that the Pink Arrow community of Lowell gets behind the RFL effort more in the future. "We live in a great community that supports cancer with Pink Arrow. I would love to see the community back

Relay as well. Both causes are for cancer. Relay money goes to help fund research to fight cancer, to help support places like Hope Lodge in downtown Grand Rapids and Road to Recovery and so much more. RFL and

Relay for Life, continued, page 8

Plenty to be found at farmers' market



The Lowell Area Farmers' Market is in full swing and open every Thursday from noon until 5:30 pm. You can find fresh fruit, flowers, honey, baked goods, salsa and sauces, garden plants, crafts, and much more or even have a picnic. It's located at the corner of Monroe and Avery, in the parking lot behind city hall, across the street from the library.



Bluegrass Festival this weekend at the fairgrounds

by Tim McAllister contributing reporter

If you noticed an increase in campers out at the fairgrounds this week, it's because the 20th annual Bluegrass Festival hits Lowell this weekend. Live bluegrass bands play all day on Friday and Saturday, but campers start arriving at the fairgrounds over a week early to hang out and soak up the atmosphere.

"The stage show begins on Friday, but people begin coming to the fairgrounds as early as the Sunday before," said Doug Lindhout, treasurer of the West Michigan Bluegrass Music Association. "By the time Thursday rolls around, about 80 percent of the people who are going to be there have shown up."

Bluegrass, a genre of country music, originated in the Appalachian Mountains in the late 19th century. The word "bluegrass" was first used by Bill Monroe in the 1930s. Bluegrass goes in and out of style and has been riding a wave of popularity ever since the soundtrack to the 2000 film "O Brother, Where Art Thou?" was a surprise hit. That CD has sold 7.9 million copies.

This weekend's Bluegrass festival is the 16th time they've held it at the fairgrounds. It costs \$30 for the whole weekend, plus \$12 a day if you want to bring your camper. This year's biggest acts are Harbourtown Bluegrass and New Outlook. Other bands include Steam Powered Bluegrass, the

Blue Water Ramblers and the Michigan Mafia String Band. While there will be plenty of action on stage, the real fun is to be had in the camping area.

"Starting immediately, there is campground jamming going on," Lindhout said. "Once you get the second person there, you've now got the start of what we call parking lot pickin'. Sometimes it's with people who are old friends, sometimes it's with people you've never met before and it just sort of builds during the week."

The official opening of Bluegrass is the potluck on Thursday evening at 6 pm.

"Everybody's invited to come. You just bring a

Bluegrass, continued, page 2

Junegrass, continued

dish to pass," said WMBMA after year show up for this else, if you're already pretty president Lee Strassburger. "Doesn't cost a thing. We'll supply coffee and we'll have beverages available there for them to purchase. It's fun because all of the people who come year

potluck. It's a lot of fun."

There will be food vendors, craft vendors and instrument builders, as well as workshops where you can pick up tips on playing various instruments. Or

good, there's what they call the band scramble.

"You throw your name into a hat of the instrument that you play," Lindhout said. "You've got guitar hat, a mandolin hat, banjo,

fiddle and so on. What happens is, at the appointed time the facilitator starts creating bands by drawing a name out of each hat. Then they've got an hour to come up with a few songs that they play onstage."

"It's announced at 11 o'clock. By 12:30 they're onstage performing four songs," Strassburger said.

Bluegrass is a fun, inexpensive way to hear some live music and hang around in the outdoors.

"This whole atmosphere here is very laid-back," Lindhout said. "Part of being laid back and relaxing is that if somebody comes in and they're not particularly familiar with bluegrass music or the musicians, it's so approachable. That's what hooked me when we first started coming to these things. We've had some top national acts here and without exception they're all very approachable. It's just an enjoyable time."

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BLUEGRASS MUSIC FESTIVAL

Bluegrass music concerts Friday and Saturday, June 26 and 27 at Lowell fairgrounds. Campground jamming, instrument workshops, slow jams, vendors, bake sale, kids activities. Camping available. For details call 891-8825 or see www.wmbma.org

FROM VOLUNTEER ORIENTATION

Volunteer orientation at Flat River Outreach Ministires (FROM) will be Wed., July 1 at 6 pm. Please call 897-8260 for additional information.

RIVERWALK VOLUNTEERS NEEDED

The Riverwalk festival committee is looking for volunteers with pontoon boats on the river willing to donate time to helping with the pontoon rides on either Friday evening from 5 to 7 pm or Saturday from 1:30 to 4 pm. Committee will provide a "first mate" to assist with the passengers. Please contact the chamber at 897-9161.



FREE ART CLASSES

Free Youth Art Classes for students ages 7 to 12. Exploring Africa with Art. Learn how to create colorful depictions of African scenes using cut-paper. Work with Nancy Clouse, artist and illustrator of the children's book "Sebugugugu The Glutton." Openings in the following sessions: June 30 from 2-3 pm, July 28 from 1-2 pm and 2-3 pm. Also, watch and participate in a drumming demonstration with a guest musician, Josh Dunigan. Exploring Africa with Art! Free Youth Art Classes for students ages 7 to 12. Openings in the following session: July 28 from 2-3 pm. Registration is required for both classes. Register on-line at www.lowellartsmi.org. Or, contact LowellArts! at 897-8545 or email info@lowellartsmi.org

SUMMER YOUTH THEATER

Shakespeare in the Park, Twelfth Night - for ages 7–18. Aug. 1, Aug. 10-13 and Aug. 17-20 from 6-7:30 pm at Fallasburg Park. To register or for more info visit www. lowellartsmi.org or call 897-8545.

Feel free to send your event information to the Ledger for Along Main St. All submission requests for Along Main St. are subject to space limitations. The Ledger makes no assurances that they will appear in print. To ensure that an event notification will appear in the Ledger, it is best to place a paid advertisement. All efforts will be made to place suitable items in the Along Main St. column but they are printed at the discretion of the publisher. For profit events, church services, yard sales and the like, will not appear in this column.

We hang the petty thieves and appoint the great ones to public office.

~ Aesop (620 BC - 560 BC)





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Storm cleanup begins in several Michigan counties

~ State police remind Michiganders to use caution

Clean-up are underway in several Michigan counties after fast-moving storms through traveled Lower Peninsula last night resulting in power outages, localized flooding, fallen trees and structure damage.

"Our thoughts go out to all of the people across our state affected Monday's severe

said. "Our communities pull together after great challenges, and we will continue to be engaged with our local governments and communities to ensure Michiganders affected by these storms have everything they need to recover."

The National Weather previously confirmed an EF1 tornado Jackson,

weather," Gov. Rick Snyder in Ionia County, specifically in the city of Portland. The county has declared a local state of emergency, activating emergency operations plans and providing local aid and assistance.

> Damage assessments are still being conducted, but tornadoes also potentially touched down in Calhoun, Kalamazoo,

Sanilac, Tuscola Washtenaw counties. No fatalities have been reported as of 10 a.m. Tuesday.

Personnel from the Michigan State Police, Emergency Management and Homeland Security Division continue to work with local emergency management coordinators throughout the state to provide assistance needed. At this time, there have been no requests from any county or jurisdiction for state assistance.

As cleanup begins, workers should be aware of the dangers they may face in the aftermath of the storm.

TO STAY SAFE:

· Do not touch downed power lines or objects in contact with downed lines. Always stay 25 feet away from a downed power line.

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- Use battery-powered lanterns, if possible, rather than candles to light homes without electrical power.
- Avoid actions that can result in carbon monoxide poisoning:
- Do not use a grill indoors.
- Do not use a generator in the house or garage.
- Use extreme caution when driving. If traffic signals are out, treat each signal as a stop sign. Come to a complete stop at every intersection and look before you proceed.
- · Avoid standing water, flooded roadways and flooded riverbanks. Remember: Turn around, don't drown.
- Be careful when entering any structure that has been damaged.

HLUEGRASS MUSIC FESTI

JUNE 26-27 AT LOWELL FAIRGROUNDS

Bluegrass music concerts Friday & Saturday

Campground jamming, instrument

workshops, slow jams, vendors, bake sale,

kids activities. Camping available.

For details call 891-8825

• Wear sturdy shoes or boots, long sleeves and gloves when handling or walking on or near debris. Be aware of hazards from exposed nails and broken glass.

 Beware of scam artists. Always verify individuals and businesses hired to do work are legitimate.

Anyone needing assistance or guidance should contact their local emergency management agency or call 2-1-1.

Personnel with the MSP/EMHSD continue to monitor the situation and will take prudent action should conditions warrant. For the latest updates, follow the MSP/EMHSD on Twitter at @MichEMHS.

May police report

contributing reporter

Lowell's police and fire departments had a very active May.

According to statistics released this week, Lowell police made 25 arrests during the month of May. There were five arrests for drug law violations, one for drunk driving, twelve for outstanding warrants and seven "other arrests." That adds up to 106 arrests so far in Lowell during 2015.

The police responded to several misdemeanors during May as well.

There were nine assaults, five dog complaints, three larceny

The Buyers Guide

malicious destruction complaints, and police cited 12 people for ordinance violations. They were also involved in 48 assistance calls and were dispatched to 13 accidents. They ticketed 22 drivers at traffic stops and let 123 people off with a warning.

The Lowell Area Fire

and Emergency Services Authority also had a busy May. They went on 13 runs during the month, including three structure fires, one vehicle fire, five "miscellaneous" 36 medical calls and two "personal injury" accidents. There were also two false

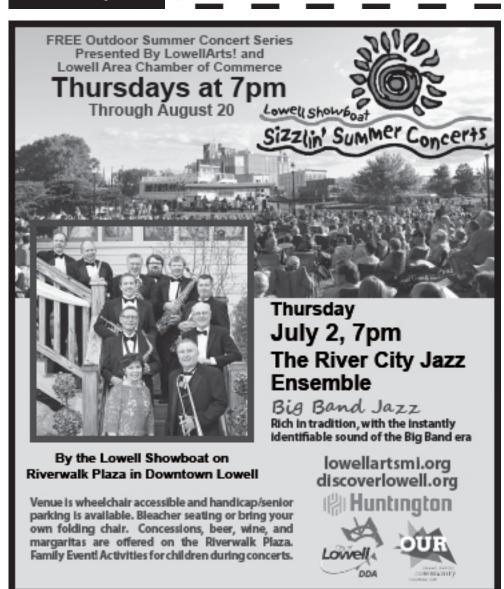


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financial focus



Know the impact of retirement goals on your finances

The concept "retirement" has changed dramatically in recent decades. Today's retirees are traveling, volunteering, pursuing their hobbies — and even working for money. In fact, as a retiree, you can essentially do anything you want, as long as your health and finances permit it. Through exercise, proper diet and avoidance of bad habits, you can do a lot to stay physically healthy. And by clearly identifying your retirement goals and estimating their financial impact, you'll know how to stay "financially healthy" throughout your retirement vears.

So, what are your retirement goals? Here are some of the more common ones:

Travel. Many people can't wait to see the world once they retire.

of If you're one of these eager travelers, you've got more choices than ever. Programs such as Road Scholar (formerly known as Elderhostel) provide educational travel programs to virtually every area on the planet. And, of course, you are free to journey on your own. But however you decide to hit the road, you'd better bring your wallet because travel is expensive. One way of dealing with these costs is to place a certain amount of money each year in a liquid account that offers significant protection of principal. Set aside enough money to cover all your travels for a year, and when it's exhausted, you'll know it's time to stay home for a while.

> • Rent or buy a second home. During retirement, many people

like to spend a few months each year in a more pleasant climate or in a location nearer their grown children. If you are considering a second home, you'll need to decide whether you want to rent or buy. You'll find considerable differences from a financial point of view, so you'll want to think carefully about your choice.

• Pursue hobbies. While you were working, you might have wished that you had more freedom to pursue your hobbies. Once you retire, though, you'll probably have a lot more time to do what you like, whether that's driving your classic car, painting landscapes, golfing, fishing, building furniture — whatever. Be aware, however, that some people do get over-exuberant and spend more money on their hobbies than they can really afford. So have fun with your pursuits, but set a budget and stick to it. • Get back to work.

Upon your formal retirement, you may decide to do some consulting or open a small business. Any wages you receive can greatly improve your retirement income picture. For example, the more money you earn, the less you'll have to take out each year from your 401(k), IRA and other retirement plans. (You will have to take at least minimum withdrawals from some of these accounts.) Plus, if you make enough money, you may be able to postpone Social Security for a few years, thereby increasing your monthly payments when you eventually start taking them.

As you can see, your retirement goals will be closely tied to your finances. So think carefully about what you'd like to do when you retire — and connect these objectives to the money you'll spend and the money you may earn. By being aware of both your dreams and your "bottom line," you should be able to enjoy the retirement lifestyle you've envisioned.



RIVERWALK VOLUNTEERS NEEDED

The Riverwalk festival committee is looking for volunteers with pontoon boats on the river willing to donate time to helping with the pontoon rides on either Friday evening from 5 to 7

pm or Saturday from 1:30 to 4 pm. Committee will provide a "first mate" to assist with the passengers. Please contact the chamber at 897-9161.





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Two-thirds of respondents want tax dollars to go to roads rather than corporate welfare

Two-thirds, or 66 percent of likely 2016 Michigan general election voters say they would rather see hundreds of millions of dollars spent on roads than given to businesses through the Michigan Economic Development Corporation (MEDC). The poll was conducted by Mitchell Research & Communications, Inc.

The Mackinac Center for Public Policy, which commissioned the poll, has been critical of the MEDC since Gov. John Engler's executive order to create it in 1999. The MEDC takes money from many taxpayers and gives it to a few. For many years, Mackinac Center experts have said that the practice is unfair to taxpayers.

In addition to being ineffective, the MEDC lacks openness and transparency in how it spends taxpayer money.

The poll consisted of 599 likely 2016 general election Michigan voters. Of the respondents, 46.1 percent self-identified Democrats, while 32.4 percent identified themselves as Republicans. Both groups were skeptical of the MEDC's value: 69.2 percent of Democrats said tax dollars should go from the MEDC to roads, while 62.9 percent of Republicans said the same.

Mackinac Center policy experts argue that corporate welfare does not work and that the MEDC and its many so-called jobs programs should be eliminated.

Respondents were asked:

through "Michigan, the Michigan Economic Development Corporation, often called MEDC, currently spends about \$350 million on subsidies

for businesses. Should the state continue spending \$350 million on subsidies or do you believe the money should be spent on roads?" The answers were: Subsidies for businesses – 20 percent Spent on roads - 66 Don't know/refused to answer - 14

The poll was conducted from June 1 to June 4 via telephone (413 landline respondents, 186 cellphone respondents). The margin of error is plus or minus 4 percentage points at the 95 percent confidence level.

health





poison ivy dermatitis

Summertime in our office is often heralded by the onslaught of poison ivy cases. So far, this summer, we have started seeing more cases of this ubiquitous rash.

Poison ivy dermatitis is caused by exposure to the oil in the poison ivy plant called urushiol. Once exposed, the individual has an allergic reaction, leading by the development of the rash and intense itching. Symptoms usually develop within four hours to four days after exposure. Blisters will generally form a couple of days after the rash starts. Left untreated, poison ivy dermatitis will resolve in two to three weeks.

Poison ivy is not contagious and is not spread by touching the rash or fluid that may ooze from ruptured blisters. The only way to get poison ivy is to touch the oil on the plant or that may be on clothing, garden tools or

If you have a mild case of poison ivy you can treat it at home by applying calamine lotion, applying cool wet compresses and adding oatmeal to baths. Once blisters begin weeping apply compresses containing aluminum

We love to hear from you!

the Editor. Letters are required to bear the author's

signature, phone number and address (for verification

purposes only, not for publication). Letters will be

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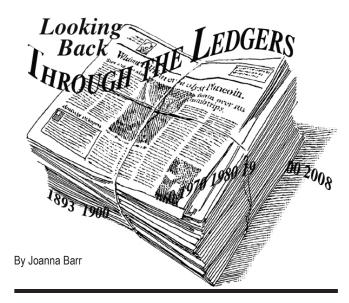
Letters may be submitted via email to: ledger@

The Lowell Ledger welcomes your Letters to

acetate (Burrows solution or Domeboro). Contrary to popular belief over-thecounter antihistamines do little to relieve the itching of poison ivy dermatitis. OTC steroid creams may be helpful in mild cases.

If symptoms are severe, widespread or involve the face you should probably see your doctor for steroid treatment. Steroids are given as a shot or a prescription medication. Steroids will shorten the duration and intensity of the dermatitis. Steroids can cause significant side effects and should be used with caution.

The best way to prevent poison ivy dermatitis is to recognize the plant and stay away from it. "Leaves of three let them be." Wear protection clothing including long sleeves and pants when in suspect areas. Wear thick vinyl gloves when working in the garden or woods. If you think you have been exposed, wash your skin gently with a mild soap and water. Washing the oil off within 10 minutes of exposure has been shown to reduce the risk of developing dermatitis.



125 years ago **Lowell Journal** June 25, 1890

The residence of Jas. L. Elmondorf was totally destroyed by fire, last Thursday night, with all its contents, the occupants escaping barely with their lives, being awakened by the frantic efforts of the dog to get in the house. The loss falls heavily on Mr. Elmondorf, besides the furniture and clothing lost were 8 bu. of strawberries that had been placed in the cellar for early marketing.

The Business Men's Parade on the 4th should be one of the features of the day. No better opportunity will ever be had by any of you to advertise your business so advantageously as this. Get out and make the best show you possibly can and you will reap the reward.

Wanted – A married man to work on dairy farm. Will furnish house to live in and will pay good wages, the year round, to the right man. Address, D. O. Sproat, Ada, Mich.

100 years ago The Lowell Ledger June 24, 1915

Notice is hereby given to the citizens of Lowell that on account of July 4th coming on Sunday that Saturday, July 3, has been declared as the day for celebration. Any person or persons discharging fireworks of any nature whatever on any other date than July 3 will be subject to arrest and fine. By order of the Common Council. H. J. Taylor, Clerk.

A tornado swept over Kent City vicinity Friday afternoon leaving death and rain in its traek. Charles Summell, 57, and Blanche Buzzard, 22, were killed. Mrs. Charles Summell, Lawson Brown, Mrs. Geo. Buzzard, Ethel Brown, William Summell, Alfred Buzzard and Charles Stoughton were injured. Three farm houses were demolished, seven barns destroyed, twenty other buildings more or less injured and many orchards torn out by the roots. Losses estimated at \$20,000. Practically no tornado insurance was carried.

Races well attended - the opening race matinee at Recreation park Saturday was well attended, many automobile parties from a distance bringing in the crowd. In the 2.35 trot, Jack Barron, owned by Crawford of Grand Rapids, won first; Dr. Draper's Donald second and Dell Wood's mare third. Time 1.151/2. In the 2.25 pace, Clown, owned by Post, Grand Rapids, won first; Scott Thomas' Belding Bay second and Dr. Draper's Jennie third. Time 1.15. In the running race Maxtena won first, Equitena second and Lighthouse third.

"Getting Married" is a live topic and if all interested should attend the Baptist church Sunday evening, pastor Townsend may need chairs in the aisles. "Getting Divorced" might come later.

75 years ago The Lowell Ledger June 27, 1940

Headline: One cruel, one kind. Mud turtles are on the move and they seem to all want to cross the highway. The heavy kill of these animals doesn't seem justified. Our blood boiled the other day when we saw a driver deliberately swerve to hit the slow moving turtle and the next day we felt better when we saw a driver stop and turn a turtle over that had landed upside down in his contact with a car.

Lowell merchants are uniting in a special four-day Trade Expansion Sale that should provide a splendid buying opportunity for all families living within the 15mile radius embracing this trading area. Lowell has long been noted for its high grade, up-to-date stores, a good town in which to trade on any day of the year and especially so when all stores unite on a trade expansion program such as the one starting this week Saturday and continuing until 10 o'clock next week Wednesday night, July 3, giving every person and every family the opportunity to be fully prepared to enjoy the glorious Fourth. A visit to Lowell during this four-day Trade Expansion Sale will be far more convincing to the shopper than anything we could say in these columns as to the advantages of buying in Lowell, whether it be foodstuffs, clothing, shoes, haberdashery, furniture. dry goods, hardware, druggists' sundries, wallpaper,

lowellbuyersguide.com ("to the Editor" in subject line) or dropped off or mailed to: The Lowell Ledger, 105 N. Broadway, Lowell, MI 49331.

Lowell, MI 49331 ledger@lowellbuyersguide.com



will not be printed.

the ledger

Looking Back, continued, page 14

Food Fight matching dollars scoring big for FROM

The scoring is close, as North Lowell tries to get a win over South Lowell, in the 2015 Flat River Outreach Ministries' seventh annual Food Fight. The scores are rising steadily, thanks to the launch of a new program which includes the matching of dollars this year. With appreciation to Litehouse, Inc. for their toplevel contribution, which included the challenge of matching dollars, any company or individual that has not donated to Food Fight in the last two years, will see their donation doubled. With the help

of other matching dollar sponsors, such as Enwork, King Milling Company, Alto Lions Club, J & H Family Stores and River Valley Credit Union, Food Fight can reach its 2015 goal of \$50,000 in goods and dollars collected.

The Food Fight is now early in the third quarter of this event, which culminates during the FROM the Heart parade during Riverwalk Festival on Saturday, July 11. The white and red barrels and buckets are filling and being collected on a regular basis. Check out the Facebook page

at Lowell Food Fight to see specials offered by neighborhood businesses when you participate in this event.

"Monetary donations easily be made can online," stated Dawn Broene, executive director of Flat River Outreach Ministries. "Just go to website at WWW. fromlowell.org and click on the DONATE button. Our computer program will recognize whether the donation qualifies for the matching dollars and will automatically apply it to the scoring for the donor's team of choice (North or South) and their name will be placed in the scoring displays in our local media editions." You may also call FROM at 897-8260 or drop in at 11535 E. Fulton to make a donation.

Now is a good time to become part of the 2015 Food Fight. Matching dollars are waiting to be used. This signature event is a major contributor in assisting FROM, as it continues to serve families in need within our community with programming, education and guidance, as well as food from its pantry.



Former Lowell paramedic honored for saving man's life

by Tim McAllister contributing reporter

Lowell former paramedic received an award from the city of Fremont after he saved a man's life on May 5.

"I work at Fremont Ford up here in Fremont," said John Wilterink. "We had a customer of ours actually came flying into the parking lot. He had a heart attack and he smashed into one of our poles here. One of the guys said something about, 'Hey, somebody just smashed into a pole.' I went back there and he had no pulse, he wasn't breathing or anything and so I reached over and pulled him out of his vehicle and started CPR on him. And he's doing fine."

He was recognized by the city of Fremont on June 15.

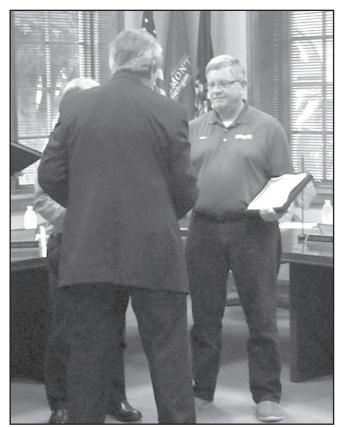
"I got acknowledged by Life Ambulance and Fremont city council and the Fremont police department, "Wilterink said. "I got life saving certificates from all of them."

Wilterink moved to Fremont about a year and a half ago. He is the former owner of the Lowell Granite

"I was on the rescue in Lowell for at least eight years, that's actually where I got my training," Wilterink said. "It was their training that let me know what to do."

The man whose life Wilterink saved, Tim Dempsey, is expected to make a full recovery.

"He's doing fine," Wilterink said. "I got to meet his son. He was very appreciative."



John Wilterink receives a life saving certificate from Fremont mayor James Rynberg.

happy birthday!

JUNE 24

Saralyn Vezino, Gay Pfaller, Ramee Guild, Fred Fyan, Roger Barr.

JUNE 25

Ann Wittenbach, Kim Raines, Angela Lonero.

JUNE 26

Cathy Acker, Velma Perry, Dwane Cavanaugh, Pat Roth, Hunter Jamieson, David Scott, J.R. Alstine, Elliot Peel.



JUNE 27

Dylan Schneider, Aaron Kroemer.

JUNE 28

Brian Doyle.

JUNE 29

Stephanie Yonker, Jackson Simmons, Trevor Wernet.

JUNE 30

Sheila Yeiter, Kayleigh Page, Miranda Zalewski, Noah Garrett, Louise Kamphuis.

Youth is a wonderful thing. What a crime to waste it on children. ~ George Bernard Shaw (1856 - 1950)



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Pastor Rod Galindo

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Nelson named Michigan School Bus Driver of the Year

by Kathryn Atwood contributing reporter

Lowell Area Schools' bus driver Betty Nelson was recently selected by the Michigan Association for Pupil Transportation (MAPT) as the Michigan School Bus Driver of the Year

Nominated by her supervisor Carol Hamilton who wrote a letter on her behalf, Nelson was selected based on a number criteria, including length of service, number of accidents, additional community training. involvement and driving skills as demonstrated through participation in Bus Roadeos.

Nelson said she was surprised she landed at the top of the list saying, "I obviously love my job. It's always great to be acknowledged. I had no idea how many other drivers across the state had been nominated. There are a lot of great drivers out there."

She began transportation career with LAS more than a decade ago following in the footsteps of an important woman in her

"My mom was a bus driver when I was younger. I started driving for Lowell in 2003 and it was a great fit. Not really sure what it is, but I love everything about school transportation."

Nelson is well-known in the community for her service and for her top Bus Rodeo finishes having competed at the regional, state and national levels in the past. She placed second



Lowell Area Schools' veteran bus driver Betty Nelson was awarded the title of Michigan School Bus Driver of the Year.

in the state in 2012, moved onto nationals and followed that up with a second state bid in 2014. This year she placed eighth in the regional competition hosted by Lowell High School.

Besides enjoying her daily driving duties, Nelson said that other highlights of her job include getting to know the students and parents she works with and volunteering in the

community by participating in things like kids' safety conference Safety Town, as Bee Safe Betty and the Lowell Community Expo.

Nelson was also invited to the 50th MAPT supervisor conference at Shanty Creek Resort this week where she is scheduled to receive additional recognition for her efforts behind the wheel.

Keep cool and you command everybody.

~ Louis de Saint-Just (1767 - 1794)



NOTICE OF PUBLIC HEARING LOWELL CHARTER **TOWNSHIP**

PLEASE TAKE NOTICE that at the regular meeting of the Lowell Charter Township Board held on June 15, 2015 at 7:00 p.m., the Lowell Township Board adopted Ordinances 03-2015, 04-2015, and 05-2015, amendments to the Lowell Charter Township Zoning Ordinance.

A summary of the Ordinances reads as follows:

Ordinance 03-2015. To change the requirements for building permits. and swimming pools and to add related definitions.

Section 1: To amend Section 4.10 (a) (b) and (c) to require a building permit for detached accessory buildings which exceed 200 sq. ft. of gross floor area, a deck which is more than 200 sq. It or more than 30 inches above grade and balconies, enclosed patios, unenclosed patios with a roof, enclosed or unenclosed parches and barrier free access ramps.

Section 2: To amend Section 22.03(j)(3) which regulates private swimming pools regarding fending requirements and to comply with the current Michigan Building Code as amended.

Section 3: Definition of Terms - A listing of terms and definitions for balconies, patios and porches.

Section 4: Effective date

Ordinance 04-2015 To allow public and private parts and recreation facilities in the General Commercial Zoning District by special land use.

Section 1: To amend Section 11.03 to add the following language: (n) Public and private parks and recreation facilities.

Section 2: Effective date.

Ordinance 05-2015 To change the requirements for parking of recreational vehicles and equipment.

Section 1: To amend Section 4.20 Parking of commercial, recreational, inoperable vehicles and trailers.

- a) Commercial Vehicles no changes
- b) Parking and Storage of Recreational Vehicles and Equipment in All Zoning Districts
- Recreational vehicles and equipment which do not exceed 30 feet. in length, as measured from the front of the vehicle or front longue of the trailer to the rear of the vehicle or trailer, may be parked or stored only in the driveway of a lot containing an occupied dwelling unit from May 1. through November 30.
- Recreational vehicles and equipment which exceed 30 feet in length. shall only be parked in the driveway of a lot containing an occupied dwelling unit for no more than 72 consecutive hours within a seven day period and then only for the limited purpose of loading, unloading, and dearing.
- I vehicles and equipment may be parked or stored in the side and rear yards but no closer than five feet to a side or rear lot line.
- A recreational vehicle shall not be parked or stored for more than 14. consecutive days, or a total of 30 days during any calendar year, if it is being used for living, housekeeping or for sleeping quarters.
- c) Inoperable Motor Vehides No changes.
- d) Parking of Trailers No changes

Section 2: Definitions - Add definition for Recreational Equipment.

Section 3: Effective date

These Ordinances shall go into effect 7 days after publication of this notice (July 1, 2015). A copy of the complete text of Ordinances 03-2015, 04-2015 and 05-2015 can be obtained at the Lowell Township offices, 2910 Alden Nash SE, during regular office hours or by calling 897-7600. The Ordinances are also available on the Township's website: www.hup.lowell.mi.us.

Linda S. Regan, Clerk

Relay for Life, continued

Pink Arrow go hand in hand; we both want the same thing, to help those fighting cancer. Pink Arrow helps those in our community while RFL helps ACS help all communities," Willard concluded.

This year's fundraising honors went once again to team A1 Laser captained by Nanette Grim who raised more than \$10,000 for the cause.

Their effort was followed by those of Team Kilgore and Jones and Unity and Friends captained by Holly Milks and Penny Nyman respectively.

New and enthusiastic Magna Lowell team Division placed fourth with their freshman effort while Lowell Area Fire Department rounded out the top five teams.



Team captain and Courtney Willard won the lip dub competition.



Magna Lowell Divison, represented by teammate Tyler Van Eck, won the box car race competition.



Five Alarm Flo represented the Lowell Area Fire Department team in the Ms. Relay "beauty pageant."



Young Relay attendees participated in numerous fun and free activities including an air guitar contest.



The Cheating B's Band took to the stage on Saturday.



Members of the Lowell Area Fire family team walked in full gear during their laps.





Linda Willard enjoys some silly time with her grandson Jenner.

Retiring city manager will miss working with the public

by Tim McAllister contributing reporter

Lowell city clerk Betty Morlock is retiring after 27 years working at city hall. She was hired as deputy clerk on February 1, 1988, then promoted to city clerk in April 2000.

"I just love working with the public," Morlock said. "I'm going to miss them calling me if they have a question. They say if you want to know something in the community, you call the clerk. If she doesn't know it, she will find out who does. That is very true in

said proudest achievements were being accessible to the public and working together with her fellow city hall employees.

"Hopefully I served the people well and they felt they could always come to me and ask me things," Morlock said. "Anything that was achieved in my office was the work of everybody, not just me. It's a team effort. I'm really proud that we got both precincts upstairs now [at city hall], instead of having



Betty Morlock at her office in city hall on Thursday, June 18, 2015.

all municipalities and I'm going to miss being that person they call. Before me, the city manager always held the clerk title and then I was promoted to the clerk. This position has no power, we're hired to serve. We're there to serve the city council, the city manager, the residents and the [city hall] staff. I'm going to miss that a great deal. We have a great group of people. It's a great place to work. I've worked my whole life, through college and even in high school, so that's why it was so hard to make this decision to retire. I've never really had too much time off."

Recently, Morlock had a serious illness that forced her to take an extended leave of absence.

"My famous saying since I first started here was, I'd go to someone and I'd say, 'Okay, if I should die over the weekend, I want you to know I put this here.' I always meant it jokingly, but not really, because you never know. And it happened when I got sick," Morlock said. "That Sunday night, Monday morning, during the night I started throwing up. They put me in the hospital and then wham! I never came back for nine months. Cancer of the stomach. I had an ulcer in my stomach that was cancerous."

She said elections were her biggest challenge over

one at the library. That was

a lot of work for all of us

and between Susie and I and

the rest of the staff, we were

able to get the council to say

it was a great idea. That way

if there's a problem we can

go right up and take care of

the years. "We hold at least one election a year," Morlock said. "Staying on top of elections is a challenge because the laws change and you want to make sure everything is perfect so that voters can come through and feel comfortable getting through the process."

Morlock said the only thing about the job she won't miss are city council meetings that take place in the evening.

"I won't miss the evening meetings," Morlock said. "It will be so nice to be able to go home at 5:00 and stay home. That I'm not going to miss. Not to say I didn't like the meetings and being part of what they're doing, it's just that staying after."

Before she worked in Lowell, Morlock was the secretary for a heating and cooling company in Sparta. First the company moved to Grand Haven, then her husband got a job at Amway and they bought [a] house in Lowell. She wanted to get a job closer to home.

"I saw in the paper where they were advertising a secretarial job [at here] city hall," Morlock said. "I waited until the very last day they were accepting applications. It was a blizzard and I remember I happened to call city hall and Al Eckman was a police officer then. He answered the phone and he said, 'I'm going to be here for about a half hour. If you want to bring your résumé in, I'll put it on the city manager's desk.' It was the worst night of the year, it was absolutely terrible. I met him at the old side door here [at city hall]. He came out, he took my résumé, put it on [city manager] Dave Pasquale's desk and then Dave called me a few days later and scheduled an interview and I happened to get the job. I had no idea what I was getting into."

Morlock found the job quite challenging at first.

"I remember when I first came on, the councilmembers all scared me, because I didn't know what to expect," Morlock said. "There was a gentleman named Jack Fonger. He was very stern-looking, very prim and proper, and he always intimidated me when I first started. When I went to a conference where I had a chance to really talk to Jack, it was nice to see what the real person was like and I really got to have a better bond with him after that. I was in my late 30s when I started here and I never had a job like this and the council was terrifying."

Deputy clerk Sue Ullery will replace Morlock on August 1. Ullery acted as city clerk during Morlock's absence

"I started training her when she first came here 17 years ago," Morlock said. "All of a sudden she got everything dumped on her and she had two elections that year. She basically did it all and luckily we work as a good team. We're a lot alike and she's just a sweetheart. I don't know of anyone who doesn't like her. I was so relieved and happy that they appointed her. She did a great job. She's been second-in-command for 17 years and for the past year and a half she's done it. She's going to do well and she loves Lowell as much as I do."

Morlock had some advice for Ullery, but it can apply to just about anyone.

"Always be willing to listen to the people," Morlock said. "Let them talk to you. Listen to them and consider their ideas. Just talk

to them. That's kind of our goal here and I know [city manager] Mark [Howe] is very much like that. If you have a problem, come talk to us about it. Don't just assume that nothing can be done, because you'd be surprised. Sometimes it can. Let's talk it out and maybe we can come up with a better answer. Things have changed so much over the years. For what I do, the biggest change was moving into the computer age. Most things are different but the same. The city manager is always striving to make the city and the community better and the council always strives to do that too."

After some relaxation, Morlock plans to spend her retirement volunteering, attending sporting events and spending time with her family.

"I'm probably going to take the first month off. Then I told Liz [Baker of the Lowell Area Chamber of Commerce] that I would give her one day a week,"

Morlock said. "Then I'm going to get more involved with Rotary and maybe be more of a volunteer for Pink Arrow Pride and go to more football games and wrestling meets. Wrestling is my favorite, but I love football too. Now I can follow them everywhere. I love sports. I'll also spend time with my nine-year-old grandson. My daughter just got a job, so I'm going to get him off to school. He goes to Alto. I'll be able to have bonding

time with my youngest and my last grandchild, before he gets to that age where he doesn't want grandma."

Morlock is optimistic for Lowell's future and appreciative of her time spent here.

"The city changes all the time and it's good," Morlock said. "We need change, we need to develop. It's really exciting. The Lowell community is just fantastic. Thank you for letting me be your clerk."



Morlock in a picture from 1993 jokingly exhibits the frustrations of the job.

PINK ARROW PRIDE 2015

We have held on to many of last year's banners -IF YOU HAVE ONE TO HANG PLEASE DROP IT OFF (by July 20) AT THE LEDGER OFFICE (105 N. Broadway)

We'd like to see Main Street FILLED WITH PINK!



Each barrner will have a unique picture creating a storyboard on Main Street with your name displayed as a Pink Arrow Supporter.

You or your organization can purchase

a new barrner or use last year's barrner.

Your donation will help support local families and individuals that. are on a cancer journey through Lowell Community Wellness and Gilda's Club. The cest is \$100 for a new barner or \$140 to display your previous barner



Caption on Barmer (choose one please) h Menory of Dedicated to Proud Supporter

Picture can be enailed to: first@hospespirfirg.com

Or if you like we will choose an appropriate picture for your burner.

Carcer Saninar Contact Person (for questions)



Pink Arrow Pride PO Box 246 - Lowell, NI 49331 Make check payable to Pink Arrow Pittle

Any questions contact Teresa Beachum at 616.581.6199

Barmers will begin being displayed August 3rd

SAVE THE DATE Friday, Sept. 11 -Lowell hosts Jenison volleyball, soccer & football

Questions & Answers About Our Environment

Dear EarthTalk: I recently heard about a cafe in the Netherlands that harvests so-called "kinetic" energy from its revolving door to power its interior lights. Is there potential for "kinetic" energy to provide significant amounts of electricity to help replace fossil fuels? – Doug Mola, Boise, ID

Physicists define "kinetic" energy as the energy of motion (as opposed to potential energy, which represents an object's stored energy). While there is not much that is practical that we can do with potential energy, kinetic energy is another matter. We can capture energy from all sorts of everyday activities, and entrepreneurs around the world are working hard on ways to make kinetic energy more accessible. But we may be decades from realizing any serious fossil fuel displacement from this age-old energy source, and by then other alternative energy sources may have already made coal, oil and natural gas things of the past.

While the cutting edge revolving door at Natuurcafé La Port in Beerschoten, Netherlands (about 30 miles

MAIN STREET INN

117 W. MAIN , LOWELL

616.897.1171

southeast of Amsterdam) may be one of the best examples of repurposing the kinetic energy that humans generate through their movement into electricity to power their stuff—the door connects the cafe to an adjoining train station and generates some 4600 kWh of electricity annually—it's far from the only one.

^{the}ledger

The Soccket is a soccer ball that was designed by Harvard undergraduates for a class project—and since incorporated as the company Uncharted Play that harvests energy when it is kicked around and can then be used to power an included energy efficient 3-LED lamp that runs for up to three hours after just 20 minutes or so of soccer. "The more the ball rolls, the more power that's generated," reports Uncharted Play, which got the idea for the ball as a way to help eliminate the use of kerosene. The company also makes the Pulse, a portable, emergency battery charging jump rope designed to promote physical activity and spread awareness about the global energy problem. While the Pulse is a jump rope just like any other, it is also a portable battery charger that can be powered up from a power outlet or even better from using it. For every Soccket or Pulse purchased (\$99/each), Uncharted Play donates one to a kid in a developing country who might not otherwise have access to electricity to provide a light to read at night.

Another innovative application of kinetic energy is from Pavegen, which produces floor tiles that absorb kinetic energy when people walk on them. The tiles are made with recycled materials and contain small LEDs that light up to show they are working. Meanwhile, KinergyPower is applying the same principal to harnessing the kinetic energy from vehicles through designed road surfaces that turn vehicle motion into electricity.

But while energy kinetic shows lots of potential for helping transition away from fossil it may fuels, never become more than novelty if we continue to focus



our energy resources on other proven clean renewables like solar arrays and wind farms. Regardless, get used to seeing more and more kinetic energy harvesting from flooring, sidewalks, soccer balls, jump ropes and who knows what else. Going through a revolving door never felt so good.

CONTACTS: Uncharted Play, www.unchartedplay.com; Pavegen, www.pavegen.com; KinergyPower, www.kinergypower. com.

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At Your Local

Kent District Library programs at Englehardt Branch, 200 N. Monroe St. For additional information call 616-784-2007.

DIY Tie-Dye for Teens -

Bring a white or light colored t-shirt to this program and try a new way of tie-dye -- with permanent

markers. All other materials will be provided to help you create a one-of-a-kind shirt. Tuesday, July 7, 1 pm.

Hooper Heroes -

Grab your magical lasso and learn how to hoop! Audacious Hoops will teach you basic hooping techniques

for both fun and fitness. For families. Thursday, July 9, 10 am.

Sweet! Cake Decorating for Teens -

Learn tips and tricks for decorating cakes, cookies and other sweet treats. Hands-on fun

included. Pre-registration is required and participant spots are limited. Tuesday, July 14, 1 pm.

Cupcake Wars -

all Experience prizes by decorating a gourmet cupcake and plate eat! Wednesday, July 15, 1 with KDL's own version of "Cupcake Wars!" Our panel

the of experts will crown the drama of the TV show in victor of KDL's Cupcake live action. Compete for Wars, but everyone wins when there's cupcakes to

Hikes with Tom Funke -

Join uber-hiker Tom Funke, author of 50 Hikes in Michigan's Upper Peninsula, as he shares stories and

hiking tips about the places he's visited. Monday, July 20, 6:30 pm.

gant Lodging on the Power LOWELLMAINSTREETINN.COM

STATE OF MICHIGAN **PROBATE COURT COUNTY OF KENT**

NOTICE TO CREDITORS Decedent's Estate

FILE NO. 15-197597-DE

Estate of ELIZABETH **VANDER** WALL,

deceased. Date of birth: 09/17/1914.

LEGAL NOTICE

TO ALL CREDITORS:

NOTICE TO **CREDITORS:** decedent, Elizabeth Vander Wall, died 04/07/2002.

Creditors of the decedent are notified that all claims against estate will forever barred unless presented to Edward The Vander Wall, personal representative, or both the probate court at 4467 Hall Street, SW, Grand Rapids, MI 49544 and the personal representative within 4 months after the date of publication of this notice.

June 17, 2015

John T. Conroy (P43709) 410 Bridge Street NW Grand Rapids, MI 49504 616-454-4119

Edward Vander Wall 4467 Hall Street, SW Grand Rapids, MI 49544 616-453-4110

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VICTORIOUS .

Blues and swing music at Riverwalk concert

by Tim McAllister contributing reporter

Last Thursday's Sizzlin' Summer concert brought Those Delta Rhythm Kings to the showboat for a free concert.

The concert at the showboat was well-attended. The Riverwalk was filled with people enjoying the music, dancing, eating ice cream and grilled meat, and there was even a magician making balloon animals for the kids.

"I just love the concerts,

that's all," said Lowell resident and music fan Shari Rix. "I'm trying not to miss any. I love to watch the young people swing dance. They're so good, oh my gosh. And it's such a beautiful night."

Those Delta Rhythm Kings are from Lansing. They've been playing vintage-style jump blues and swing music together since 1988. During their career they've played with artists such as Bobby Rush,

Roomful of Blues and Pat Benatar.

"We do the big band, kind of modern swing sound," said Those Delta Rhythm Kings' lead singer Ray Aleshire. "Our oldest song goes back to 1939. We cover a wide range of stuff from a lot of eras. Mostly covers but a lot of originals too that are in that same kind of style."

It was the band's first trip to Lowell in their 27-year history.

"We have not been to Lowell before. First time," Aleshire said. "It's a nice, quaint, little town and the riverfront park here looks pretty cool."

This week's concert will bring Grand Rapids hipsters the Crane Wives to Lowell. They play an energetic style of folk rock that should prove popular with Lowell audiences. The concert will be at the showboat on Thursday night at 7 pm and it's totally free.



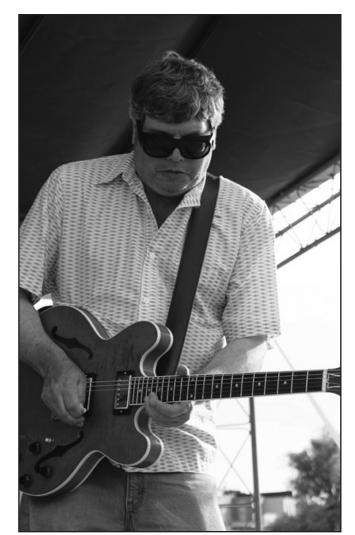
Andy Wilson plays trumpet for Those Delta Rhythm Kings.



Some chose to watch the show from the Flat River.



Dancers on the riverwalk.



Those Delta Rhythm Kings' guitarist John Davidson.



A magician making free balloon animals for kids.



Those Delta Rhythm Kings' lead singer Ray Aleshire.

Report for duty

by reporting fraud

obituaries

BRISTOL

Nola Beth (Chesebro) Bristol, age 76 of Lowell, passed away Wednesday, June 17, 2015. She was preceded in death by her husbands, Robert Charles Tulecki, Irwin Bristol, and Larry Shear. She is survived by her children, Vicki Peterson, Robert Charles (Kelly) Tulecki Jr., Randy Tulecki, Eric Shear; brother, Larry (Edith) Chesebro; seven grandchildren, three great grandchildren; also several nieces and nephews. Funeral services were held. Memorial contributions may be made to F.R.O.M. (Flat River Outreach Ministries), 11535 Fulton St. S.E., Lowell, MI.



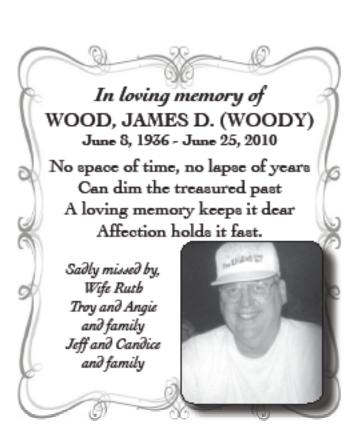
HUVER

Helen Marie Huver, age 93, of Boston Twp., passed away June 16, 2015, in Lowell. She was born October 9, 1921, in Caledonia, the daughter of Albert and Jesse (Schiefla) Freeman. Helen married Leo Huver on April

13, 1944, in Lowell. She was a member at St. Anthony's Catholic Church and past-member of American Legion Ladies Auxiliary in Saranac. Helen crocheting, loved reading and playing Helen cards. is survived by her children, James Huver (Sue) of Ionia, Jerry (Phyllis) Huver of Saranac, Kenneth (Pat)



Huver of Saranac, and Frances (John) Brown of Saranac; grandchildren, Andy Huver, Tony (Jen) Huver, Jessica (Kevin) Flynn, Jillian (Jeff) Westbrook, Jodie Huver, Kevin Huver, Steven Huver, Kara (Allan) Raimer, Rebecca Brown, and Beau (Amy) Brown; stepgrandchildren, Jon (Danielle) Eickhoff and Andy (Jackie) Eickhoff; brother, Gordon Freeman of Grand Rapids; sister, Betty Kauwell of Grand Rapids; and 14 great-grandchildren. A Mass of Christian Burial will be held Saturday, June 20, 11:00 am at St. Anthony's Catholic Church with Father Tom Boufford Celebrant. Rite of Committal at Saranac Cemetery. Visitation will be on Friday from 4-7 pm at Lake Funeral Home in Saranac with a Rosary at 7 pm. Those wishing may make contributions in Helen's name to St. Anthony's Catholic Church Building Fund. Online condolences may be made at www.lakefuneralhomes.com



MISKE



Gerald "Gerry" Lyle Miske, age 88, of Grand Rapids, went to be with his Lord Wednesday, June 17, 2015. He was preceded in death by his wife, Hilda; daughter, Sharon Bourdon; brother,

Gailen (Helen) Miske. He is survived by his wife, Lorena; daughter, Dr. Shirley (David Lumpp) Miske; step-children, Marsha (Fred) Ray, Steven (Cristina) Stanley. Andrew Leon (Deb) Stanlev: son-in-law. Jim (Jean) Bourdon: brothers and sisters-in-law. Arthur and Olga Witt. Donna Schmidt, Emmett Witt, and also Loretta Witt; six grandchildren; eight grandchildren.



Gerry worked at Fisher Body #2 for 39 years. Funeral services were held. Rev. Dan Gruenwald officiated. Memorial contributions may be made to Immanuel-St. James Scholarship Fund, 2066 Oakwood Ave. N.E., Grand Rapids, MI 49506.





fraud. In tandem with local law enforcement, we pursue criminals who cheat the system by collecting benefits that they're not owed. This might be as subtle as someone intentionally failing to report income and resources or that they live with their spouse which can result in incorrect payments. Fraud might take the form of someone claiming to be disabled when, in reality, they continue to work. These examples are why we also rely on you — the American public — to report fraud when you see it.

Social Security has a

zero-tolerance policy for

While we can't prevent every instance of fraud any more than the most effective law enforcement agency can prevent all crime, we aggressively investigate and pursue prosecution of those who try to cheat and steal from the system. Our message to those who would defraud Social Security is clear: We will find you; we will prosecute you; we will seek the maximum punishment allowable under the law; and we will fight to restore the money you've stolen from the American people.

impose penalties to discourage people from committing fraud. We monitor cases closely, and we have sophisticated tools to help us predict where and when fraud may occur so we can catch it early — often before it happens.

Social Security takes fraud seriously, and so should you. In the same way that you might keep a keen eye out for suspicious activity that might harm our nation, we encourage you to keep an eye out for potential Social Security fraud. Some of our most vulnerable citizens — the elderly, disabled children and war veterans, as well as the chronically ill are counting on you. If you suspect someone is committing Social Security fraud, report it online at http://oig.ssa.gov/report or call the Social Security Fraud Hotline at 1-800-269-0271.

Vonda VanTil is the public affairs specialist for West Michigan. You can write her c/o Social Security Administration, Knapp St NE, Grand Rapids MI 49525 or via email at vonda.vantil@ssa.gov

PUZZLE SOLUTIONS

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LOWELL CHARTER TOWNSHIP PLANNING COMMISSION NOTICE OF PUBLIC HEARING

The Lowell Charter Township Planning Commission will hold a Public Hearing to consider a request from the Lowel Charter Township Board for a Special Land Use permit in order to establish a public part on the property described below.

Address and General Location: 11998 East Fulton Street, Permanent Parcel No. 41-20-09-200-025. The property is located on the west side of Bowes Road between the Stand River and the Walnesers street and consists of 11.05 acres.

The hearing will be held as follows:

MONDAY, JULY 13, 2015

T ' E 7:00 P.M. WHERE: LOWELL

by calling 897-7600.

CHARTER TOWNSHIP HALL **2910 ALDEN NASH AVENUE SE** LOWELL, ML 49331

Information on the proposed request is: available for review at the Lowell Charter Township Offices, 2910 Alden Nash Avenue SE, Lowell, MI 49331 during normal office hours on Monday, Tuesday, and Thursday or

> Tim Clements, Secretary Lowell Charter Township Planning Commission



Senators introduce measure to support service members, veterans and families affected by Alzheimer's disease

U.S. Senators Debbie Stabenow (D-MI) and Susan Collins (R-ME) introduced a bipartisan measure to help military families combat Alzheimer's disease and support those suffering or caring for a military family member with this devastating illness. More than five million Americans are living with this disease, and more than 15 million people serve as their caregivers. This measure, offered as an

amendment to the National Defense Authorization Act, promotes the early diagnosis of Alzheimer's under the TRICARE program.

"Our service members and veterans put their lives on the line to keep us safe, which is why they deserve nothing but the best possible health care, including critical support for family members caring for those with Alzheimer's disease," said Senator Stabenow. "This heartbreaking disease can

be terrifying for individuals and their families, especially when they don't know what information and support is available to them. This measure recognizes the toll Alzheimer's takes on caregivers and makes sure that under TRICARE, service members have the tools they need to take care of their families and themselves."

"Alzheimer's is devastating disease that takes a tremendous personal and economic toll on the individual, the family, and our society," Senator Collins said. "Finding a way to prevent and effectively treat Alzheimer's is an urgent national priority. We must also do more to support caregivers and families who are struggling to care for a loved one suffering from the disease. Our amendment would increase access to information on care and support for newly diagnosed individuals and their families through TRICARE, providing essential support military families for facing this devastating and debilitating disease."

Members of the military face unique risks due to their environment that could lead to a greater chance of developing Alzheimer's disease. Certain types of traumatic brain injury may increase the risk of developing Alzheimer's or another form of dementia. During the years of conflict in Iraq and Afghanistan, the Defense and Veterans Brain Injury Center reported hundreds of thousands of documented cases of traumatic brain injury among active duty members.

Based on of the Health Outcomes, Planning, and Education (HOPE) Alzheimer's Act, measure would ensure that TRICARE beneficiaries diagnosed with Alzheimer's and their families have access to a care planning session with their doctor to help them understand the diagnosis, treatment options, and what medical and military services are available. The HOPE Act introduced by Senators Stabenow, Collins, Markey (D-MA), Shelley Moore Capito (R-WV) earlier this year calls for the creation of a planning session under Medicare. This amendment would put in place the same session under TRICARE. The measure also calls

on the Defense Secretary to determine whether additional support and services should be provided to caregivers of service members with Alzheimer's disease.

Fewer than half of people diagnosed with Alzheimer's say they were told the diagnosis, according to a just-released 2015 Alzheimer's Association report. In contrast, more than 90 percent of people with the four most common cancers (breast, colorectal, lung, and prostate) say they

were told their diagnosis. Alzheimer's disease is the 6th leading cause of death in the United States and Alzheimer's and other dementias will cost the nation \$226 billion in 2015 according to the new report.

This measure is cosponsored by Senators Edward Markey (D-MA), Shelley Moore Capito (R-WV), Michael Bennet (D-CO), Roy Blunt (R-MO), Tom Carper (D-DE), Bob Menendez (D-NJ), Gary Peters (D-MI), and Mark Warner (D-VA).

Nearly \$1.2 million in support for Muskegon county airport

U.S. Senators Debbie Stabenow and Gary Peters today announced support for the Muskegon County Airport to rehabilitate the concrete of its apron, the area of an airport where aircraft are parked. The \$1,193,767 grant comes through the U.S. Department of Transportation.

"This investment will make travelling to and from West Michigan safer and more efficient," said Stabenow. "By supporting Muskegon Airport, we're also encouraging businesses to invest in the region and create jobs."

"Investing in infrastructure projects is critical to creating jobs in Michigan," Peters said. "I'm proud to announce this grant, which will facilitate travel to West Michigan and economic growth in the Muskegon area."

More information on the Department of Transportation Grant program can be found at http://www.dot.gov/grants

Looking Back, continued

paints and varnishes—in fact everything for the home or farm can be found in Lowell's stores and shops and at convincing prices and dependable quality.

Because of running out of gas, a privately owned airplane piloted by Jack Norton of Grand Rapids, was obliged to make a forced landing last Sunday afternoon about four o'clock in the oat field on the Geo. R. Lundberg farm just west of town. The landing was made without mishap but the plane was unable to rise from the water-soaked ground. Officers Frank Stephens and Fred Gramer were notified, the plane was pushed out on M-21 from which point it was able to soar away after the officers had blocked off the

The government sends a piece of literature dealing with a subject of importance to the well-being of all of us. We are advised to pass the word to housewives of Lowell to do their best to rid surroundings of summer's pest, the housefly. Science has shown us the ills that follow in the path of the fly and science has given us various ways of eradicating the menace through poisons. Simpler means and one especially most commonly used is the old standby, fly paper. But however, try to eliminate the very drawing of flies by keeping refuse and garbage containers away from the living quarters. Burn everything possible in order to safeguard the health of your family and neighbors. Screen your doors and windows well. A fly is small but he is capable of instigating a man-sized epidemic.

The Lowell fire department was called to the Carl James farm in Vergennes this (Thursday) morning and succeeded in subduing fire in the roof of the home by pumping water from a cistern. It is roughly estimated that damage will amount to somewhere between \$250 and \$300, covered by insurance.

Howard White has leased the store recently vacated by Mrs. Florence Stiles where he will put in an up-to-date stock of costume and standard jewelry, chromium and spun aluminum ware, novelties and pianos, and will do watch and clock repairing. Watch these columns for opening date which will be some time before July 20, it is expected.

In the good old summer time, the organization

activities of a town are partially adjourned or suspended. This does not mean that we should stop in our efforts to promote the growth and development of the community. We should labor in this cause every week in the year. In the summer time we can contribute to that cause by attending church services and meetings of clubs and associations and fraternal organizations, insofar as the same continue through the summer. Those activities are needed for the Inspiration and encouragement of the people, and the more we attend them, the more they do for the community. Also we can give a hearty welcome to strangers and visitors. When we labor to make our home places bloom like the rose, we help to make Lowell seem like a star town of beauty.

50 years ago Lowell Ledger June 24, 1965

Headline: Shot by ricochet during bike ride. Keith Johnson, 10, son of Mr. and Mrs. Martin Johnson, underwent surgery at Butterworth Hospital Friday evening for a .22 caliber bullet wound in the groin. According to Lowell police, the boy was wounded by a ricochet bullet fired by another youth who apparently was aiming for a rabbit.

Postmaster George Hale announced this week that mail pick-up on Sundays will be limited only to the out-of-town delivery box located outside of the post office. Formerly mail was collected from each mail box stationed around town, sorted and remailed.

The tornado red alert signal which began blaring at the onset of the storm late Sunday afternoon sent Lowell residents scurrying for shelter. Fortunately, Lowell met with no damage, and only received a nice soaking rain.

The high pitched whistle heard along Main Street this week is not the Showboat, but the work train of the C&O Railroad that is repairing the piling on the railroad bridge over Flat River. The steam operated pile driver has a very unusual sounding whistle which has caught the attention of the sidewalk superintendents.

25 years ago The Lowell Ledger June 27, 1990

Headline: Three headliners stamp the 1990 Showboat with success. Lowell's Showboat gala may not have been blessed with the best weather, during its three summer nights in June, but Exile. Myron Floren - Bobby & Elaine, and Ricky Skaggs transcended all of that. The three headliners did so by not just performing, but instead entertained the Showboat crowds. In turn, the general public exhibited a high degree of appreciation for their talents.

Headline: Art exhibit celebrates King Milling's 100 years – 150-175 people attend reception. An art exhibit celebrating the 100th anniversary (1890-1990) of the King Milling Company was opened to customers, suppliers, employees and other city dignitaries last Tuesday evening at the Lowell Area Arts Council. The display, the book commemorating King Milling's 100th anniversary, and the logo on the front of the book was designed by Paula Doyle, graphic designer. Doyle earned her degree in graphic design from Central Michigan University. A crowd of between 150-175 people viewed the exhibit.

C.J. Christoff & Sons has been producing top-ofthe-line salad dressing, fruit juices, horseradish and condiments for 43 years. It will continue to produce these high quality food products, but under a new name - its flagship brand: Chadalee Farms.

It took awhile, but "Princess Laura" did dock in Lowell. The move from Lansing to Lowell for the Princess Laura and Captain John Chamberlain and his crew of 30 was the hardest yet... Chamberlain and his crew ease right into towns throughout the summer for festivals, showboats and other celebrations, offering public, lunch, dinner and midnight cruises. The Princess Laura is licensed for 112 passengers and for 90 passengers on the dinner cruises. The dinners are prepared in the J & K Kitchen - the back end (trailer) of an 12-wheeler truck. Not your ordinary truck trailer, this one contains a small walk-in cooler, ovens and other preparatory cooking needs.

THEME: 21st Century

ACROSS

- 1. Audition tapes
- 6. More of the same Sound

of

- astonishment
- 13. Incompetent
- 14. Ancient Chinese state and major Chinese river
- 15. Root of iris
- 16. Japanese-American
- 17. ENT's first concern
- 18. *Hurricane Jeanne's Greater Antilles victim, 2004
- 19. *Sudan's troubled region
- 21. Pamper and indulge 23. President's Men," movie
- 24. *Obama
- 25. *Kendrick Lamar's genre
- 28. ____ a Sketch toy 30. Antietam happening
- 35. "I'm _____!" 37. Caviar and Wade's opponent
- 39. *"Mad Men" star Hamm completed it in real life
- 40. Wine
- 41. Saints' lights
- 43. Japanese restaurant staple
- 44. Run off together
- 46. Opposite of knit
- 47. Facial treatment
- 48. Eye part
- lt 50. prevents objectivity
- 52. ____ Angelico
- 53. A in BA 55. One who follows
- teachings of Lao-tzu 57. *Subject of Russia/ Ukraine dispute
- *Modern 60. selfportrait
- 63. Trouser fabric

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- 64. Old French coin
- 66. Type of island
- 68. "Mad" fortÈ
- 69. Habitual twitch 70. High IQ society
- 71. End of grace
- 72. Member of a and
- "benevolent protective order"

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	2	8						
	7	5		4	2			

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Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.

73. Picture within a 31. picture, e.g.

DOWN

- 1. Clamor
- 2. Children's author Blyton
- Verde National 3. ____
- 4. Verdi's output
- 5. Smother or suppress
- 6. Type of pitcher
- 7. * Partv
- 8. Approximately, as in date 9. Obama to Harvard
- Law School
- 10. Seed coat
- 11. www.google.com, 57. *"Pawn
- 12. Tire measurement 15. "
- **Piglet** 20. Extremist
- 22. Scepter's partner
- 24. Duo at the Sistine Madonna's feet
- 25. *Mars vehicle

d'État

- 26. Feeble old woman
- 27. Can be noir or grigio 29. *Egyptian

Short-term employee

For 3 months.

TWINE

Shorz

däsh.

- 32. *These days, he often steals identities 33. Light acronym
- 34. *Cause of 2014 global health scare
- 36. Large African antelope
- 38. Delhi dress
- 42. Fill with spirits
- 45. Bewitch
- 49. Am is to I as ___ is
- to we 51. sandwich meat
- 54. Gustatory sensation
- 56. More occasional
- Stars" employee nickname
- 58. Frost residue 59. Involved in a secret
- 60. Draw in, as in air
- 61. Charged particles 62. Other than what's implied
- 63. It's repeated 2 or 3 times to form dance name
- 65. *Gulf polluter
- 67. Back muscle, for

Puzzle solutions on page 12

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JUNE 17 - JUNE 23

Skinny jeans may be unsafe. In a new case study published in the Journal of Neurology Neurosurgery & Psychiatry, doctors highlight a woman who arrived at a hospital in Australia. She presented with weakness in both ankles and feet, so much so that she was unable to walk. She also suffered severe swelling below the knees in both legs, so much so that doctors had to cut her jeans off the previous day.



- According to a new study more than twothirds of women and three-fourths of men in the United States are now either overweight or obese.
- Two escaped murderers are still on the loose in New York state. Authorities are getting closer having found DNA evidence in a hunting cabin that had been broken into.

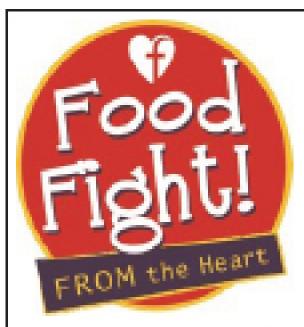
THIS WEEK'S ONLINE

Should the Confederate flag be displayed on government or public property?

- Yes
- No
- Don't Care

TO VOTE IN THIS WEEK'S ONLINE POLL

WWW. thelowellledger.com



FROM Food Fight 2015 Boxscore

HALPTIME

Third Quarter Ends Wednesday July 1

Lowell Food Fight Facebook Page

For more info and up to date Food Fight Specials!

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North	8,901 *	5,753	4,395		19,049
South	9,018*	5,207	3,970		18,195



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Total Matching Funds \$8,000 Remaining Matching Funds \$3,500







MATCH:

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Brian & Cheryl Doyle - Red Creek Waste Services Lowell Light & Power - Lowell Ledger/Buyers Guide Lowell Moose Men/Women - B.C. Pizza - Timpson Transport Lorraine Floyd - Greenridge Realty, Inc. -Ken Ballema

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Trainer Spensory

Snow United Methodist Women - Lowell Waterworks - Janúna Wasciuk - Chimera Design - Lowell Granite
Co. - In Honor of Diane Blodgett - Thomas Pickel - Karen Whalen - Builder's Fireplace Co.
Fuller Septic Co. Velda Rosenberger - Linda Barnes - Edward Jones/Chris Godbold
Optec, Inc. - Lowell Women's Club - Hooper Printing - Anonymous

Captain Spenners

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Grand River Veterinary Hospital - Grand Volute Ballrooms Linda Launge - Curtis Laundry & Dry Cleaners - Alice Monks
Gordon Wilcox - Phase 2 Financial Group - Dick & Nola Bryan - Joyce Biarher - Sphria Taylor - Anonymous

Fan Spansore

Thomas O'Heire - Charde & Anni Abet - William & Artin Eurice - Fred Roy - Dave & Jen Thompson - Buth Februal Michelle Oceah - Warren & Elizabeth Johnson
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Mare Food Collection

Schneider Manor - Senior Neighbors/Gilda's Club - Englehardt Library - Lowell YMCA - Alto Library

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