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The sun sets on Sizzlin' Summer concerts

game day schedule

wednesday • august • 27 • 2014

pages 8 & 9

outdoor movie night



page 16



Ihs sports



by Kathryn Atwood contributing reporter

Country music fans jumped on "the bandwagon" last week when "Nicholas James and the Bandwagon" rolled into town for the final show of the Lowell Showboat Sizzlin' Summer Concerts.

This year's diverse lineup of musicians included talented local acts, such as Vincent Hayes, Alive & Well, The Bronx Bros., The Appleseed Collective and Kris Hitchcock and Small Town Son.

Final performers Nicholas James and the Bandwagon took the stage under cloudy

skies sharing their upbeat set list.

James, a Grand Rapids native, is the singer and songwriter for the band which also features violinist Clouds, bassist Joe VanAcher, drummer Chris Sloan, guitarist Greg Baxter and fiddle player Pete Weatherhead.

Mayor Jim Hodges was also on hand at the event handing out free ice cream to the first 500 concertgoers, donated by community partner United Water, as a special treat to end the 2014 series of concerts.

Lowell's superintendent has a few changes in store for the school year

by Tim McAllister contributing reporter

Lowell Area Schools will be doing a few things differently this school year.

"We're starting out here with a strong school year," said Lowell Area School's superintendent Greg Pratt. "We're excited about it. Pink Arrow is a big event coming up. A lot of our buildings will have open houses and of course 'smart starts' are going on right now. That's where kids are coming into the buildings, getting their schedules, getting pictures taken and things like that. All that is happening." A lot of the changes this year will involve staffing.

"We had a busy summer," Pratt said. "We had quite a few retirements and a few resignations, so almost 20 new staff. It's great to have new faces and high energy coming into the district and replacing those people that have served so well and selflessly over the past several years. We're all set. Staff is hired and we're looking forward to a great start to the school year."

> New school year, continued, page 2



Nicholas James and the Bandwagon wrapped up the Riverwalk concert series last Thursday.

Man killed while testing ultralight at Lowell Airport



pages 10 & 11



According to the Kent County Sheriff's office, just before noon on Sunday, Aug. 24, deputies were dispatched to the Lowell Airport, 730 Lincoln Lake Ave SE, to assist with an ultralight plane crash.

www.thelowellledger.com

When deputies arrived on scene they were assisted by Lowell Fire Rescue and Lowell Ambulance.

Bryan R. Bowker, 67, of Edgewood, New Mexico, had apparently driven to Lowell to purchase the ultralight plane. Bowker had successfully taken the ultralight for a short test flight and landed safely. He then attempted a second take off and lost control of the aircraft. The ultralight left the ground and crashed approximately 350 feet south of the runway.

The pilot was pronounced dead at the scene. His wife was at the airport at the time of the accident. The FAA, Federal Aviation Administration, was advised of the crash and a report was sent to them for review.

New school year, continued

Thanks to last fall's millage, Pratt has been increasing security at Lowell's public schools.

"Last year we put in buzzer systems at the front entryways of our elementary schools," Pratt said. "Those are up and operational and things are going well. We're putting plans in place next summer to put security vestibules in both the high school and at the middle school. [It's] pretty much the same type of entryway that you would see at our elementary schools, where there's a buzzer system that allows people to come in and out of the building. [It's] a little bit more sight-based in regards to the fact that there will be a camera there. You'll have to buzz to get accessed into the building. So that will be happening. We'll put bids out hopefully

later this fall and all that work will be done during summer next year."

One innovation this year will be a new way to support students who are struggling in school.

"One of our biggest works for this year in regards to programming is the addition of PBIS or 'Positive Behavior Intervention and Supports' at Bushnell and Cherry Creek," Pratt said. "The staff has been working for weeks to put in place these supports. We know that students who work as diligently as those students do have a lot of success, especially when they understand the expectations what are in the classroom and on transportation. Our teams have been working hard to put those systems in place. We've got RTI

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already happening in those buildings. That's 'Response to Intervention.' Those are students who need extra

areas." Pratt expressed

support in their curricular for supporting the local public education system.

"I'm just very fortunate gratitude to Lowell's citizens to work in a wonderful

community where we have all the support that we do," Pratt said.

At Your Local Library

^{the}leedger

Kent District Library programs at Englehardt Branch, 200 N. Monroe St. For additional information call 616-784-2007.

Thankful for You Day -

KDL is wrapping up nearly two years of our Happiness Project with a major celebration of the folks who most make us happy — our customers! Help us celebrate you with treats, fun, entertainment and surprises during each of our 18 branch celebrations. For all ages. Thursday, September 4, 9:30 am.

Fall Mixed Up! -

Leaves float up and squirrels fly south! Celebrate this topsy-turvy season with zany stories, songs and activities centered around the book "Fall Mixed Up" by Bob Raczka. For ages 6 and younger. Thursday, September 18, 10:00 am.

KDL Uncorked: Wine Tasting with Pauly's -

Paul Faba, owner of Pauly's in Lowell, will pique your palate's interest with a few of his favorite Michigan wines. Participants must be age 21 or older. Pre-registration is required and spots are limited. Sponsored by the Friends of the Library. Monday, September 29, 6:30 pm.



LHS CLASS OF 2004 REUNION

Drinks and appetizers on Fri., August 29, from 6-9 pm at HOME (B.O.B.), 20 Monroe Ave, Grand Rapids. You are requested to send two high school nostalgic pictures to: lyndashorsley@gmail.com

FROM VOLUNTEER ORIENTATION

Volunteer orientation at Flat River Outreach Ministries (FROM) will be Wed., Sept. 3 at 6 pm. For additional information call 897-8260.

PINK ARROW PRIDE GAME

The Pink Arrow Pride game will be held on Fri., Sept. 5. Gates open at 2:30 pm, concessions at 3 pm. Varsity soccer game starts at approximately 3:30 and volleyball game is at 4:25. Football game time is 7 pm.

LIVESTRONG AT THE YMCA

Cancer Survivor Exercise Program classes start the week of Sept. 8. For more information call 855-9570.

WHITES BRIDGE BRIDGEFEST

The Whites Bridge Historical Society's first annual BridgeFest will be held Fri. and Sat., Oct. 3 and 4 at the Ionia County Fairgrounds. For more information or to purchase tickets go to www.eventbrite.com/e/bridgefesttickets-12717122255?aff=es2

Feel free to send your event information to the Ledger for Along Main St. All submission requests for Along Main St. are subject to space limitations. The Ledger makes no assurances that they will appear in print. To ensure that an event notification will appear in the Ledger, it is best to place a paid advertisement. All efforts will be made to place suitable items in the Along Main St. column but they are printed at the discretion of the publisher. For profit events, church services, yard sales and the like, will not appear in this column.



Fall Baseball

EDL (4, 5, 6 yr. olds) Thursdays; Sept. 4, 11, 18, 25 & Oct. 2 Creekside Park; 6-7:30pm \$60 (Deadline Aug.30th) 7-8 yr. old Machine Pitch Every Tuesday and Thursday night Sept. 2nd-Oct. 2nd Creekside Park; 6-7:30pm \$80 (Deadline Aug. 30th) Register @ www.lllmi.com Questions: lowelllittleleague@gmail.com

Girls Softball Camp September 2, 9, 16, 23, 30 **Tuesday nights Creekside Park** 6-7:30pm \$50 (Deadline Aug. 30th)

Register @ www.lllmi.com Questions: lowelllittleleague@gmail.com

Bigger and better 2014 Pink Arrow Pride is going strong as game day approaches

by Tim McAllister contributing reporter

Pink Arrow Pride gets bigger and better every year and 2014 will be no exception.

"Basically we have the same event but there will be some new additions, [including] a different halftime show," said Teresa Beachum, one of the event's organizers.

They added fireworks to the event last year and Beachum promised something new in that department.

"This year we plan to work out some additional

pyrotechnics," Beachum said. "We will welcome the community onto the playing field after the game to have the best vantage point for the fireworks at the end."

The Greyhounds from Hubbard High School in Chicago will be returning to play in the football game. This year Hubbard's soccer team will also be making the trip to take on Lowell's soccer team.

"Two Chicago teams! They are very enthused and excited about coming back this year and we're excited to have them," Beachum said. "They are bringing their soccer team. And for volleyball we're playing Grand Rapids Catholic Central."

It can be hard to devote a lot of time to volunteering, but Beachum said that the most important thing a Lowell resident can do is buy a Pink Arrow Pride t-shirt every year.

"That t-shirt is not only your ticket into the games all that Friday afternoon and evening, it's what helps us support the families that walk a cancer journey for the next 12 months,"

Beachum said. "I think that people in this community really get that."

The famous pink t-shirts were made possible by a few generous local companies.

"We're enormously thankful to our t-shirt sponsors," Beachum said. "Mercy Health Lacks Cancer Center, Meijer of Lowell, Fox Motors, Enwork and Custom Components. All five of those were our partners last year and we have them back again, so we are thrilled to the max about that."

Pink Arrow Pride is slowly catching on across the United States.

"We are so flattered by the many phone calls we get throughout the year from other schools and other communities throughout the country," Beachum said. "Ohio, Pennsylvania, Florida, in addition to the numerous schools around Michigan that have called us to learn how to play for a cause."

Despite the imitators, Lowell's event has yet to be equaled.

"We've never come up against anyone that does it the way Lowell does," Beachum said. "We celebrate the way that this community comes together to honor those that walked a cancer journey. Everyone knows someone and I think that's why this community supports this cause so incredibly. We do this for reasons other than ourselves. We do this as a gift to others."

Ledger subscriber captivated by natural beauty of Alaska

by Justin Tiemever contributing reporter

Some people in this country think Michigan is just about as far North as you can get. Ledger subscriber Sharyl Seese knows better. She receives her weekly Lowell Ledger at her home in Seward, Alaska, 140 miles south of Anchorage.

She and Hastings' resident Gene Jorgensen moved to Seward some 30 years ago. Jorgensen had been to Alaska multiple times and Seese had just visited, so they decided to move.

"It's so beautiful up there," Seese said.

Seese's favorite things about Alaska are the scenery, the people, fishing, hunting, and gold-mining. It is not uncommon to find Seese

panning for that glittering rock that caused so much hubbub in the 1800s. When pressed to name her favorite thing about Seward, Seese described a little town where everybody is nice. She loves her friends in Seward, but she can't help but return to the natural beauty of the place.

Seese had a good life in Lowell as well. She went to school in Lowell and worked as an accountant at Fairchild Oil Company for nineteen years. Fairchild is currently better known as Crystal Flash. Before that, her family owned a gas station in Saranac.

Since Seese retired from her accounting business in Alaska three years ago, she's had more time to travel. She's spent a couple of winters in Florida with Jorgensen and sister Pat Lowery. Recently, she completed a route from Alaska to Michigan that included stops in Missouri, Tennessee, Florida and Indiana.

believes her Seese reason for subscribing to the Ledger while in Alaska is self-evident.

"I have to find out about all my friends," she said.

When asked what she likes to read the most, Seese listed reading about city council, letters to the editor, obituaries, the front page, marriages and births.

Though Seese has been away too long to know who most of the families are who are receiving children into their lives, she has a way to connect the dots.

"I usually have to see who the grandparents are," Seese said.

Though Seese can't take advantage, she said she will also page through the classifieds in order to see where all the yard sales are in Lowell.

The thing Seese misses about Michigan the most is the four seasons, discounting, of course, the friends and family in Michigan who she loves deeply.



TUES: Cheeseburger on bun, seasoned green beans (seasoned corn at Bushnell), Fruit & Veggie Bar: spinach & romaine side salad, fresh baby carrots, mandarin oranges, fresh apple.

WED: French toast sticks served with sausage (served with eggs at Bushnell), warm cinnamon apples, Fruit & Veggie Bar: spinach & romaine side salad, fresh baby carrots chilled pears, chilled pineapple. THURS: Rotini w/ meatsauce, dinner roll & seasoned broccoli served at Alto, Cherry Creek & Murray Lake; WG breaded chicken nuggets w/roll & mashed potatoes & gravy С served at Bushnell. Fruit & 0 Veggie Bar: spinach & romaine side salad, red U pepper strips, chilled Ρ peaches, fresh grapes. Ν FRI: Homemade cheese pizza on WG crust, side salad, Fruit & Veggie Bar: spinach & romaine side salad, baby carrots,

applesauce, juice.



3 refrigerators, 3 freezers, 2 fryers, approx. 150 chairs, banquet tables, stainless steel storage rack, TVs, S-S





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page 4

MERCY HEALTH LACKS CANCER CENTER



What is breast density and how does it affect cancer risk?

In September, Michigan legislation is expected to vote on a bill that would require women be notified of their breast density level when they have an annual mammogram. Mercy Health is planning a notification and management strategy for breast density independent of the legislation, as we feel this is an important part of breast health.

But what is breast density and how does it affect cancer risk?

Breasts are made up of a mixture of fibrous glandular tissue and fatty tissue. Breasts are considered dense if they contain a majority of fibrous or glandular tissue but not much fat. Mammograms can be more difficult to interpret when the majority of the breast is fibrous, prompting the notification to alert women of this variant. Mammograms continue to be the only proven annual screening test for breast cancer.

Studies have shown that women with dense breasts have a slightly higher risk of developing breast cancer. Additionally, mammography can be less accurate in women





Jamie Caughran, M.D. F.A.C.S., Medical Director, Comprehensive Breast Center, Mercy **Health Lacks Cancer**

with dense breasts. This is an important addition is because dense breast tissue and breast lumps both benign and cancerous appear white on mammography. This can make it more challenging for your radiologist to detect small, early cancers on your mammogram.

"At Mercy Health Comprehensive Breast Center, our radiologists may recommend a woman with higher breast density to receive tomosynthesis or a 3D mammogram - for diagnostic measures," said Dr. Jennifer Rollenhagen, radiologist for Mercy Comprehensive Health Breast Center.

mammography 3D helps distinguish normal overlapping tissue from

Health to Mercy Breast Comprehensive Centers' robust breast program," said Dr. Jamie Caughran, medical director and fellowship trained breast surgeon at the Mercy Health Comprehensive Breast Center in Grand Rapids. "We can now assess a woman's individual risk for breast cancer in addition to her breast density level and make recommendations for future screening or treatment."

This service is provided by Mercy Health's dedicated breast nurse navigators and RiskPlus Program.

RiskPlus, only available in West Michigan at Mercy Comprehensive Health Breast Centers, is designed for patients identified as high risk or for those seeking to know if they're at high risk for getting breast cancer. Mercy Health's RiskPlus Program offers custom surveillance for those who want a watchful eye and a personalized prevention plan. If you are curious about breast density, please talk to your doctor. Together, you can decide which, if any, additional screening exams are right for you. Even if you are at low risk, or have entirely fatty breasts, you should still get an annual mammogram starting at age 40. Screening mammography has been proven to save lives.

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an underlying mass, and it can lead to a more accurate diagnosis. This type of mammography reduces the chances of screening patients having to come back for additional views. The radiation dose is the same as a traditional, 2D mammogram, and both 2D and 3D images of the breasts are captured at the same time. Insurance coverage

3D mammography for is variable as it is a new technology. Mercy Health Breast Comprehensive Center has reduced the outof-pocket charge for this imaging to \$150 if the test is not covered by the insurer. "3D mammography

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ewpoint

to the editor

perpexed by letter

Dear Editor

I just read the letter to the editor from Cliff Yankovich in last week's Ledger. It was very perplexing for me. I have been on the city council for almost one year and not missed any meetings, I pay really good attention to the subjects discussed at the meetings and I was unaware of any discussion of the city purchasing a parking lot for the block behind the Moose. Who told those merchants the city was considering purchasing the lot? I am aware that parking is always a concern for our merchants, however, the condition of our budget is a bigger concern to myself and other councilmembers. We need to be fiscally responsible.

The taxes in Lowell rivel those of East Grand Rapids and Ada. We haven't fixed a residential street in a couple of years. Our roads are crumbling and worse than dirt on many of them. While I would love to give the downtown merchants a new parking lot, however, we need to provide our citizens with safe and drivable streets. I don't think raising taxes for a parking lot is a good idea. Maybe the merchants could get together and purchase the lot. A new lot would benefit maybe a dozen merchants, improved streets benefit all residents. I wish we had the money to do many projects but the fact is we don't. We have to prioritize.

Jeff Altoft

outdoors

wild places

Wildness areas where resident wildlife carry on life unchanged since the beginning of time still exist around the world. Looking down on hundreds of square miles of trees, rocks, and water from a low flying bush plane in Northern Canada caused me to think about how living around busy urban areas has influenced my perspective on life in general. Most of us spend the majority of our time in such a setting.

Adjusting to and accepting the lifestyle related to this environment can lead one to believe that this is all there is to life on this planet. There is, however, another world out there that is vast and accessible to anyone. There are plenty of things going on off the grid that don't make the T.V. news programs.

Traffic, crowds, and noise are absent. Here Mother Nature makes the rules and sets the schedule. Spending some time in these quiet natural surroundings can change your outlook on life.

Dave Stegehuis

Places to get away and connect with nature can be found through a little exploration. One of my favorite spots is a short drive and long walk away. There I have watched an eagle sit on a tree limb and eat a fish so close I could see the bird blink. A pair of young buck deer spared within yards of where I sat. It is quiet enough to hear water flowing around rocks in the river. I was there when a tree that stood for probably 150 years crashed to the ground. All kinds of creatures that walk, crawl, and fly went about their business without knowing I

was there. This took place over a 20 year period and I never get tired of returning. Farther away migrating caribou swim across the George River in Northern Quebec. Moose browse in an alder thicket out on the Newfoundland bogs. Black bear fatten up on blueberries in preparation for a long Upper Peninsula winter on the Yellow Dog plains.

Wilderness and natural areas provide us with an

kidsView

Last Wednesday, my dog Frisco and I went to my Grandpa and Grandma's farm in Reed City to spend a couple days there. No brother or parents...just Grandma, Grandpa, my dog and me. On Thursday, my eight-year old cousin Mason came to play and spend the night. We played with Frisco, went swinging on the swing set and spied on my Grandma to figure out what was for dinner. After Mason left, my Grandma and I would play cards during the day and watch her favorite game show, The Price is Right. I also got to collect the eggs that opportunity to recognize our place in a world which we share with a great number of other living things. Just knowing that these special places still exist is reassuring in our sometimes complex lives. Conserving these areas is crucial, so future generations will have the same opportunities that we enjoy. Find your own places to connect with the real world and put life in a new perspective.

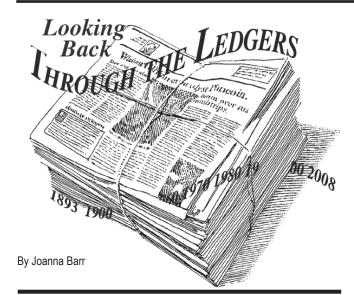


by Sierra Hieshetter

the chickens laid each day! At night when Grandma was at bingo, Grandpa and I watched classic movies like 101 Dalmatians while eating popcorn that he popped right over the stove in a pan older than my mom! It is very quiet being at my grandparents...no internet, no cable and no air conditioning! I hope every kid gets a chance to have this experience because as my Grandma says, "love is the glue that keeps us together." And when I'm at Grandma's house, I have time to think about that saying and time to treasure what matters most in life...family.

We love to hear from you!

The Lowell Ledger welcomes your Letters to the Editor. Letters are required to bear the author's signature, phone number and address (for verification purposes only, not for publication). Letters will be published at the discretion of the publisher. Opinions expressed in in "To The Editor" are not the views of the Ledger employees or the publisher. All letters are subject to editing for length and grammar. Thank you letters and advertising will not be printed. Letters may be submitted via email to: ledger@ lowellbuyersguide.com ("to the Editor" in subject line) or dropped off or mailed to: The Lowell Ledger, 105 N. Broadway, Lowell, MI 49331.



125 years ago **Lowell Journal** August 28, 1889

Fred Morse's store at the Grand Trunk crossing was burglarized one night last week. The thief got some small change, a box of cigars, canned goods, butter and candy.

Percy Hermon had the misfortune to lose parts of the second and third fingers on one hand at the Winegar factory Tuesday. Dr. McDannell dressed the wounds.

James Faulk and daughters, Mary and Ruth, of Vergennes, picked 54 bushels of cucumbers from one acre of ground last week, the week's picking being worth \$36. Mr. Faulk expects to receive \$150 from the acre during the season.

During a rush of trade at Martin's store last Friday, a strange young man passed in a check and received change therefor. Shortly afterward it was discovered to be worthless and Mr. Martin found his man at the P. M. depot, made him disgorge and then allowed him to depart.

Young people from the rural schools looking about for a well-equipped high school in which to continue their educational work, can make no mistake in coming to Lowell, where are combined a high degree of efficiency and a low rate of expense. Investigate before you decide and it will be Lowell for you.

The value of advertising was shown at the Journal office Tuesday morning. Mr. S. P. Hicks had just ordered some hand bills announcing the loss of a pocket book and had not got to the foot of the stairs leading from the office when he was informed that the book was found.

A. H. Tuttle went to Detroit Monday to procure the uniforms for the ball club recently organized and the club will soon be in working order. Let any of the crack clubs in the towns around Lowell who wish to learn a few "pointers" about base ball, come here and the Lowell boys will show them some.

100 years ago The Lowell Ledger August 27, 1914

The Lowell Chautauqua opened in fine shape and we hear many people say that they got their money's worth for the entire course on the first afternoon, with the Illinois Glee Club concert and Dr. Bible's lecture. That leaves them remaining nine double numbers for clear profit.

Advertisement: Stray pig - came to my house Saturday. Owner can have same by paying for trouble. Bert Finney 11p

75 years ago The Lowell Ledger August 31, 1939

The Ledger is informed that one or two of the heirs of the estate of the Ernest R. Graham, world famous architect who died in Chicago some two or three years ago, would like to give outright to the village of Lowell the building at the corner of Main and Hudson streets, a portion of which has been used as a Public Library for a good many years, providing they can persuade the other heirs to agree with the gift. Miss Audi Post, who has been the very efficient librarian for considerable time and her brother, Dr. Wilbur E. Post of Chicago,

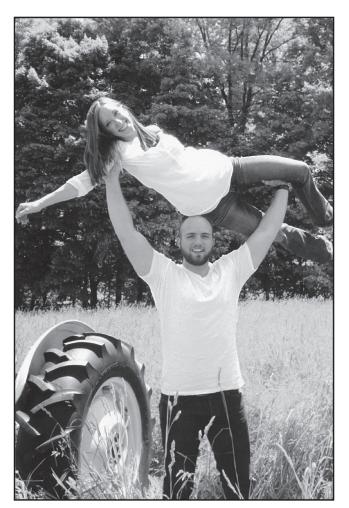
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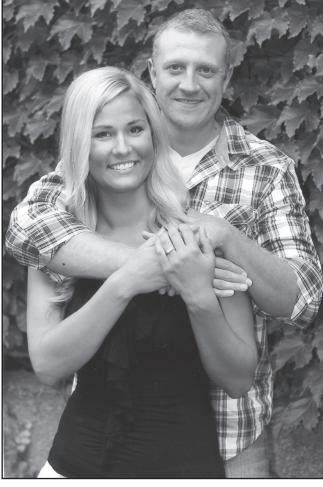
engagements Blackmer/Long



Adrienne Ripley and Travis Cook

Adrienne Ripley of Lowell and Travis Cook of Woodland will be wed on September 20, 2014. Parents of the bride-to-be are Robert and Michelle Ripley of Lowell. Parents of the groom-to-be are Larry and Norma Cook of

Woodland. The bride is a 2012 graduate of Lowell High School and is attending Davenport University. Her fiancé is a 2012 graduate of Lakewood High School and is also attending Davenport University.



Marcie Blackmer and Dana Long

Blackmer Gordon of Walker and Frank and Mary Long of Lowell are pleased to announce the engagement of their children, Marcie Blackmer and Dana Long. Marcie is a graduate of Kenowa Hills High School

and is employed at Spectrum Health Services. Dana is a graduate of Lowell High School and is employed at TUV Rheinland Industries. A September wedding is planned.

"A happy man marries the girl he loves; a happier man loves the girl he marries." ~ anonymous



area birth

Foley



Zach and Katie Foley are proud to announce the birth of their daughter, Olivia Catherine, who was born August 6, 2014, weighing 7 lbs. and measuring 20 inches.

Olivia was welcomed home by big brother Bentley; grandparents, Kirk Foley, Carrie Foley, and William and Susan Ward.

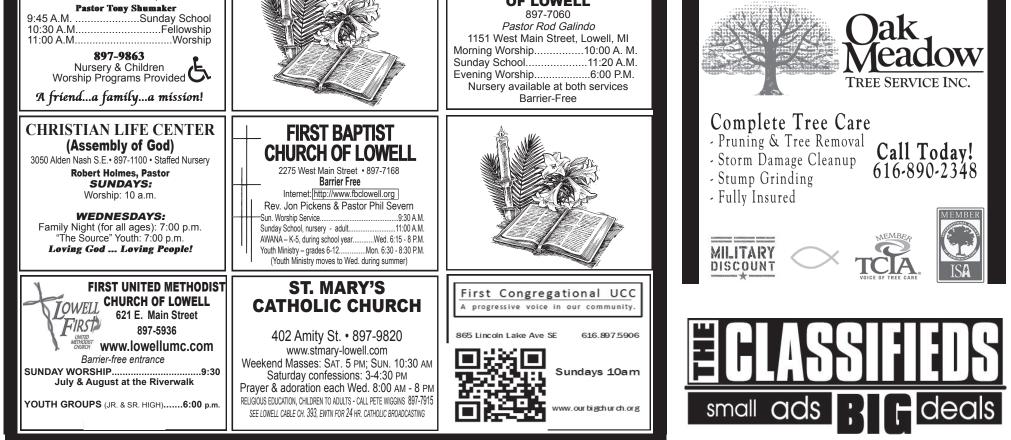


AUGUST 27 Virgil Roudabush.

AUGUST 28 Lee Miller, Terri Hoag, Kim Stager.

AUGUST 29 Donna Jean Hathaway, Betty Heaston, Kenney





AUGUST 30 Jim Austin, Herb Swan, Jordan Cloud.

AUGUST 31 Amy Vezino, Scott Wolfe, Morgan Nelson.

SEPTEMBER 1 Jerry Bellah, Todd



wednesday • august • 27 • 2014

— the leed ger

Varsity volleyball takes on the ice bucket challenge

by Kathryn Atwood contributing reporter

Members of the Lowell varsity volleyball team recently took part in the record-breaking, social media fundraiser - the ALS Ice Bucket Challenge.

ALS, amyotrophic lateral sclerosis, is more commonly referred to as "Lou Gehrig's Disease" after the legendary Yankee's first baseman who suffered from it. It is a progressive neurodegenerative disease that affects nerve cells in the brain and the spinal cord eventually disabling the brains ability to initiate and control muscle movements. Patients often experience complete paralysis during the end stages of the fatal disease.

Members of the varsity volleyball team accept the Ice Bucket Challenge in an effort to raise awareness and funds to fight ALS The "Ice Bucket Challenge" asks people to dump ice cold water over their own heads in an effort to promote awareness and encourage donations to the ALS Association. To date the challenge has raised an astonishing \$70.2 million in donations in just less than a month's time. During the same period last year the charity only raised \$2.5 million. These donations were accumulated by existing donors, as well as 1.3 million people who donated to the association for the first time since the challenge's inception.

The Arrow squad,

challenged by varsity volleyball player Katie Bush, raised a total of \$130.00. Though no members of the volleyball team have been personally affected by the disease, Bush felt that it was

a good opportunity for the team to get behind a great cause.

"We did this to show that no matter what cause we want to help and support it."





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Mark A. Everhouse, MD John R. Mogor, MD

Amy Bell, NP

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MERCY HEALTH LACKS CANCER CENTER

2:30 pm •••• GATES OPEN

3:00 pm •••• Boosters Concessions

PINK

PRIDE

- \$1 minimum donation

SEPTEMBER 5

* Approximate times

$/\Delta$

ALL HIGH SCHOOL EVENT PARKING MUST ENTER AT VERGENNES ENTRANCE.

Lower stadium lot is for Handicap and parking pass only. (must enter off of Alden Nash entrance)

SHUTTLE PARKING

is available starting at 4:30 p.m. from Cherry Creek Elementary (Foreman St.) AND Lowell Middle School (Foreman St.) pick-up and drop-off area front entrance, parking in rear off Suffolk St. entrance.

Buses will start return trips at the start of the 3rd quarter

- Backwater Café
- Flat River Grill
- Heidi's Farm Market
- Ice Cream Caboose
- Keiser's Kitchen
- Larkin's
- Sneaker's
- Riverbend Bar & Grill

ESS(0)

Biggby Coffee

3:35 pm Soccer introductions 3:45 pm VARSITY SOCCER GAME -

- 4:25 pm •••• Volleyball introduction and match -Lowell vs. Catholic Central High School **Survivor and Honor Walk** -Song by Brennan Prill Walk starts at high school main entrance 6:00 pm •••• 6:35 pm Football Player and Honoree introduction on field 7:00 pm •••• National Anthem presented
 - Brennan Prill
 - **PINK ARROW GAME -**7:09 pm Lowell Pink Arrows vs. Chicago Hubbard Greyhounds **BETWEEN 1ST AND 2ND QUARTER -**

Presentation to T-Shirt Sponsors

STICK AROUND for a SPECIAL HALFTIME FUN EVENT!!!

Between 3rd and 4th Quarter -Present Kathy Talus Scholarship and Dr. Donald Gerard Medical Scholarships **CONCLUSION -**

EVERYONE INVITED DOWN TO THE FIELD TO VIEW FIREWORKS! FOR HONOREES - Pink Arrow Jersey

presentations on SOUTH END of playing field

All concessions - Athletic Boosters and Restaurant Row vendors will be accepting **PINK TICKETS ONLY** in \$1 increments. All items will be clearly priced per number of tickets at each booth. There will be many ticket booths available throughout the stadium. This system will speed the process for fast service.

SEPTEMBER 5 • 2014 • BOB PERRY FIELD AT RED ARROW MEMORIAL STADIUM



AT THE GATE BE SURE AND PICK UP YOUR **COMMEMORATIVE PROGRAM**

SCHEDULE FOR EVENT DAY

Pink Ticket System and Restaurant Row Open

Lowell vs. Chicago Hubbard Greyhounds

TEnwork™

FOX MOTORS Only the Best.

ARROW FORCE VII SHIRTS

Purchase your Arrow Force VII shirts at PEP TALK, 207 E. MAIN • 897-7200 & SPRINGROVE VARIETY, 123 W. MAIN • 897-9918

YOUR \$15 SHIRT:

LONG SLEEVE \$18 • (2XL and 3XL \$18 - 4XL \$20) • Helps support those traveling a cancer journey through Lowell **Community Wellness/Family Support and Gilda's Club of Lowell**

• Supports Kathy Talus scholarship

• Supports Dr. Donald Gerard medical scholarships

YOUR SHIRT IS YOUR TICKET TO THE DAY'S EVENTS

• Donation stays local and there is no administration cost.

THANK YOU TO ALL THE VOLUNTEERS

Twilight Walkers

Buist Electric for the additional electric service

Sysco -- for the additional refrigeration

Brennen Prill - for singing the anthem & honor walk songs

Mark Johnson Agency - for underwriting the Thundersticks

Thanks! Pep Talk & Springrove Variety - for selling our T-Shirts

Modern Photographics - for the photobooth & Perseverance photos

River Valley Credit Union & Custom Components - for underwriting the fireworks Thanks!

Dad's Tent Rental

Dave Powell Family & Ronald E. Palowski, Sr.

> Family - for the pyrotechnics

Fence Consultants

Golf Cart Taxi Sponsors

Greenridge - for the Pinknic

Red Barn - for the concert

THANKS!





Smooth start for soccer team in first two games

by Kathryn Atwood contributing reporter

page 10 _

Two games and two victories by the Arrow varsity boys soccer team when they took on Forest Hills Eastern on the road and Cedar Springs in their season home opener.

Victory was decisive against Forest Hills Eastern (FHE) last Friday when the Arrows surged past FHE in the second half of the game after stalemating at 1-1 in the first.

Junior Curtis Bramble and freshman Jonny Draigh each earned two goals and two assists for the squad while Collin Bowers and Kellen Guinn are credited with a goal and an assist respectively. Goalkeeper Trevor Sherman had a total

of four saves in the 5-3 victory.

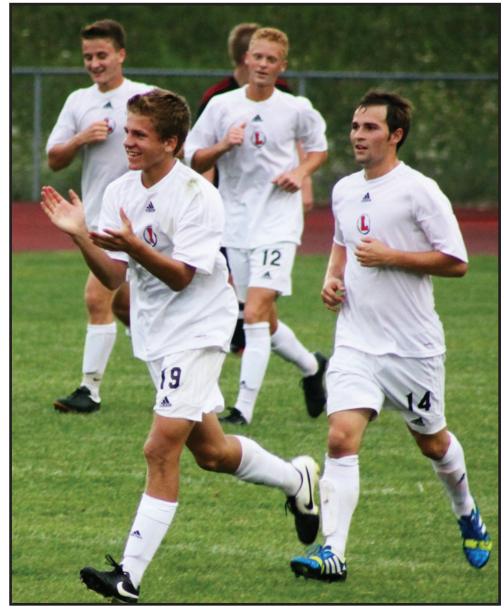
At Red Arrow Memorial Stadium on Monday the team faced competitors Cedar Springs Redhawks. After a scoreless first half, the Arrows were finally able to produce a goal just shy of the game's 50th minute when Draigh took advantage of a header from Rob Dubinsky putting the score at 1-0. Just minutes later Collin Pawlaowski earned the game's second goal with Draigh getting the assist credit.

The Redhawks were able to put up one goal in the last minutes of the game but were unable to score a tying goal handing the Arrows a 2-1 victory and a 2-0 record thus far this year.

The team's next scheduled matches will pit them against Godwin Heights High School at home, Greenville High School on the road Chicago's and Hubbard High School next Friday as part of the annual Pink Arrow festivities.



A trio of varsity soccer stars converge around the ball during the squads 2-1 victory over Cedar Springs.





THURSDAY, SEPTEMBER 4:

Freshman and JV Football games and 9:00 am to 9:00 pm at Pep Talk

FRIDAY, SEPTEMBER 5:

T-Shirts available at Pep Talk till noon and Springrove till 4 pm T-Shirts at football stadium at noon

Chicago Hubbard

or bracelet available at **Chimera Design** 208 E. Main -897-9480

Johnny Draigh celebrates with teammates after scoring the Arrows first goal in the second half of the game

- 📲 ledger

page 11

- GOLF SPORTS

Girls start strong at Kent County Classic

by Kathryn Atwood contributing reporter

Lowell varsity girls golf started their season off strong with a good showing at the Kent County Classic held at the Silver Lake Country Club in Rockford on August 20.



The squad placed 7th out of 18 teams and 4th in their division with good showings from all of the team's members. Senior Alaine Thomas performed the best shooting a 92 that earned her a medal and a 15th place finish among the 90 individual competitors.

Senior Anna Organek came in just behind Thomas with a 96 and Caitlyn Gauck claimed third amongst the team shooting a 99. Dani Krajewski and Paige Fosburg rounded out the team with a 103 and 104 respectively.

The girls will take to the course three times this week facing both Lakewood and Ionia High School's and multiple division opponents in this Thursday's jamboree hosted by Forest Hills Central High School at the Watermark Country Club located on Cascade. Tee time is 9 am.

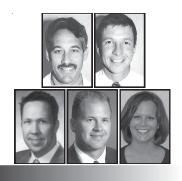
Alaine Thomas tees off while scrimmaging at the teams home, Arrowhead Golf Course.

> Senior Anna Organek takes a practice swing during the home scrimmage against Grandville High School.

health

With Drs. Paul Gauthier, Jim Lang, Wayne A. Christenson III, John G. Meier & Tracy Lixie

Hyperthyroidism is a condition in which there is too much thyroid hormone in the body. The thyroid gland is located in the front of your neck. It produces hormones that regulate the way your body uses energy. If there is



too much thyroid hormone, your body functions speed up. Subclinical hyperthyroidism is a mild form of hyperthyroidism. "Subclinical" means that you do not have any symptoms or that your If they do have any, they symptoms are mild. If they do have any, they are usually mild or may

Several things can cause your body to have too much thyroid hormones. Your thyroid gland may be producing too much. A virus can cause inflammation of the thyroid, which leads to a temporary increase in thyroid hormone levels. Some people have benign growths on their thyroid that can produce too much hormone.

People with subclinical hyperthyroidism usually will have no symptoms.

are usually mild or may include: fatigue, feeling nervous, unable to tolerate heat, increased sweating, increased appetite, rapid heart rate, weight loss, hair loss, hand tremor or sleep problems.

Most doctors do not test patients for subclinical hyperthyroidism unless they have symptoms. Also, there is no evidence that treating hyperthyroidism will improve health outcomes.







ANIMAL HOSPITAL OF LOWELL JENNIFER BYRD, D.D.S. | ANN WILSON, D.D.S.

BETTER HEALTH STARTS HERE AT FAMILY DENTISTRY OF LOWELL

As dentists, we know that oral health is the key to better health, and it all starts here at Family Dentistry of Lowell.

We provide the traditional dental services you would expect plus the health care extras that set us apart, such as blood pressure screenings and nutritional counseling.

We even make customized sleep appliances that help reduce snoring.

Experience better health through dentistry.

Family Dentistry of Lowell

147 NORTH CENTER STREET, LOWELL 616-897-4835

WWW.FAMILYDENTISTRYOFLOWELL.COM

obituaries

My Social Security simplifies your life

GOODWIN

Paul R. Goodwin, age 66, of Trufant, passed away Wednesday, August 20, 2014, at Spectrum Health Butterworth, after a tough battle with cancer, with his loving family by his side. Paul was born November 4, 1947, in the car on M-21 in Ada. He was the son of Elton and Alice Goodwin. For most of his life, he worked as a meat cutter at the Pierson Trading Post. He loved his farm and produced a fabulous garden each year. Paul is survived by his wife, Carol (Knooihuisen), of 44 years; his twin daughters, Amy Owen and Angie (Jeff) Golnick of Grayling; three sisters, Tammy (Dave) Tichelaar, Judy Goodwin and Julie (Mike) Kenney; grandchildren, nieces and nephews. He was preceded in death by his mother, father, twin sister, Paula; and brother, Rick Goodwin. Because of the special person he was, he will be missed by many. In lieu of flowers, the family is requesting donations be made to the Montcalm County 4H program. An account is set up at the Community First Federal Credit Union, in Lakeview, under the Paul R. Goodwin Memorial. The family selected the 4H program, so they may use the money to continue supporting gardening and farming in his honor. A celebration of his life was held Saturday at the Maple Valley Township Hall in Coral.

NAUTA

Geraldine Nauta, age 93 of Lowell, passed away Saturday, August 23, 2014. She was preceded in death by her husband, Paul; brother, Lyle Jackson: sisters, Phyllis Lavendar and Virginia Matthews; grandson, Andy Nauta. She is survived by her children, Vern (Gay) Nauta of Lowell, Nancy (Pastor Daniel) Gauw of Bella Vista, AK, Phillip (Lynn) Nauta of Lowell, Jim (Carol) Nauta of Pentwater, Mark (Becky) Nauta of Lowell, Debbie (Pastor Randy) Reed of Ishpeming, Steve (Brenda) Nauta of Belding; sister-in-law, Mabel Jackson; brotherin-law Rev. Jay Nauta; several grandchildren, greatgrandchildren and great-great-grandchildren. A funeral service will be Thursday 10:00 a.m. Roth-Gerst Chapel, 305 N. Hudson, Lowell. Interment Alton Cemetery. Visitation Wednesday 5-8 p.m. at the Chapel. Memorial contributions may be made to RBC Ministries, 3000 Kraft Ave SE, Grand Rapids MI 49512 or the charity of one's choice.



If there is no struggle, there is no progress.

~ Frederick Douglass

So many people buzz through extremely busy and complicated schedules these days. A smartphone in one hand, a computer in front of you, and a digital task list that never seems to end. In addition, to complicate things just a little more, there's another event you need to add to your list-

on your calendar so you don't forget! Most organized people agree that planning ahead is a great way to simplify your life. Whether you're planning tomorrow's

schedule, next summer's

week. This event takes place

LEGAL NOTICE

STATE OF MICHIGAN PROBATE COURT COUNTY OF KENT **CIRCUIT COURT – FAMILY DIVISION**

PUBLICATION OF NOTICE OF HEARING

FILE NO. 84-140440-DD

In the matter of ETTA M. ALLEN, a Developmentally **Disabled Individual.** TO ALL INTERESTED PERSONS including: **Dorothy Allen, Batrice** Allen, Arlene Allen. Ethel Allen, Johnny Mae Allen, James M. Allen, John H. Allen, Evelyn Allen, and any unknown other unlocated heirs, or whose address(es)

is/are unknown and whose interest in the matter may be barred or affected by the following: TAKE NOTICE: Α

hearing will be held on October 1, 2014 at 8:45 am at Kent County Probate Court, 180 Ottawa Avenue NW, Ste. 2500 Grand Rapids, MI 49503 before Judge David M. Murkowski (P35026) for the following purpose: on the petition to modify guardianship.

July 25, 2014

Servants Center P.O. Box F Grand Rapids, MI 49501 616-456-8512

NOTICE VERGENNES TOWNSHIP **PUBLIC HEARINGS**

Two Public Hearings will be held at a regularly scheduled meeting of the Vergennes Township Board on September 15, 2014, at 7:00 pm at the township offices located at 10381 Bailey Dr., Lowell.

Amanita Fahrni has applied for a special exception use permit which is regulated in section 201.402 (B) and (D) of Chapter 4 General and Special Regulations. The applicant has requested to construct an accessory building garage on the applicant's vacant lot at 845 Rolling Creek Ct, Lowell that is adjacent to the applicant's dwelling lot at 13895 Rolling Creek

National Simplify Your Life vacation, or your retirement. We have a suggestion August 1 through 7. Put it that can help you simplify your life when it comes to Social Security. If you haven't already (it's probably on your task list), open your own personal my Social Security account.

What's *my* Social Security? It's a free, secure, online account that allows vou immediate access to your personal Social Security information. During your working years, you can use my Social Security to view your Social Security Statement to check your earnings record and see estimates of the future retirement, disability and survivor benefits you and your family may receive

based on your earnings. If you already receive Social Security benefits, you can use my Social Security to check your benefit information, change your address and phone number, change your electronic payment methods, and even obtain a benefit verification letter. Open a my Social Security account today by visiting www.socialsecurity. gov/myaccount and simplify your life.

Vonda VanTil is the public affairs specialist for West Michigan. You can write her c/o Social Security Administration, 3045 Knapp St NE, Grand Rapids, MI 49525 or via email at vonda. vantil@ssa.gov



PUZZLE SOLUTIONS

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LEGAL NOTICE

STATE OF MICHIGAN PROBATE COURT COUNTY OF KENT

NOTICE TO CREDITORS **Decedent's Estate**

FILE NO. 14-196056-DE

Estate of OLLIE RISNER Date of birth: August 12, 1931.

TO ALL CREDITORS:

NOTICE то **CREDITORS:** The decedent, Ollie Risner, died June 12, 2014.

Creditors of the decedent are notified that all claims against the estate will be forever barred unless presented to the probate court at 180 Ottawa Avenue NW, Suite 2500, Grand Rapids and the personal representative within 4 months after the date of publication of this notice.

August 21, 2014

Steve O. Risner 12410 - 64th Street SE Alto, MI 49302 616-868-6015

Dr. Lowell.

Postema Signs & Graphics has applied for a special exception use permit which is regulated in section 201.403 (D) (3) (a) (1) and (E) (2) of Chapter 4 General and Special Regulations. The applicant is requesting a larger wall sign for the front of the J & H Family Stores located at 432 Lincoln Lake Ave. Lowell.

Copies of the applications are available for public inspection at the township offices located at 10381 Bailey Drive, Lowell, 616-897-5671, on Mondays and Wednesdays from 9:00 am to 3:00 pm, and Thursdays from 9 to noon. Public comment will be taken at the meeting, or if received by the Clerk in writing or by e-mail at clerk@vergennestwp.org by 7:00 pm September 15, 2014.

> Mari C. Stone Vergennes Township Clerk

office hours: Mon.-Thurs. 8 a.m.- 5 p.m. Fri. 8 a.m. - noon closed Sat. & Sun.

help wanted

200 APPLIANCES - Washers, dryers, refrigerators & stoves. Guaranteed. From \$69. Hammond Wholesale, 320 W. Main St., Carson City, 989-584-1600. See us on Facebook. Delivery available.TEN

for sale

QUEEN PILLOWTOP MATTRESS SET - (new), \$248/set. Thick & plush. Hammond Wholesale, 320 W. Main St., Carson City, 989-584-1600. See us on Facebook.TEN

BLACK LABRADOR PUP-PIESFORSALE-Excellent bloodlines, ready for new homes, dewormed & vaccinated. For more information call 293-5653.

KENMORE REFRIGERA-TOR & STOVE SET -(2006), cost \$900, sell \$199 for pair. Hammond Wholesale, 320 W. Main St., Carson City, 989-584-1600. See us on Facebook.

KNUDSON MODEL 1700 5" seamless compact gutter machine, \$3,500; gutter supplies, \$3,000; John Deere 42" hydraulic tiller w/4 weighTs, \$1,900; solid core oak 5 panel slab doors, 1 - 2/10 and 2 - 2/8, \$200 each. If interested call 691-8198.

TWIN BED - Mattress, box spring & frame, (Sealy), \$85 complete. Hammond Wholesale, 320 W. Main St., Carson City, 989-584-1600. See us on Facebook.

FREE HEAT & HOT WA-TER - Eliminate monthly heating bills with Classic Outdoor Wood Furnace from Central Boiler. Call SOS your "Stocking Dealer" Dutton, MI 616-554-8669 or 616-915-5061.

BED & MATTRESS SET - queen, Sealy, \$95 includes frame. Hammond Wholesale, 320 W. Main St., Carson City, 989-584-1600. See us on Facebook. Delivery available.TEN

FREEAD! - Place & pay for a classified ad in the Buyers Guide & Lowell Ledger for 3 weeks & receive the 4th week FREE! You must mention the special in order receive this offer. Valid only with new classified ads, and must be paid for when ad is placed. Call 897-9555. BATH & BODY PROD-UCTS, CHEMICAL FREE! - Handmade hand & body lotions, all-natural face wash, wonderful shower gel, lip balm, diaper rash cream - without the harsh chemicals for your baby! Many scents & unscented available as well. Made to order. Check out my store on www.etsy.com, search NanaHannahs. Free shipping or you can pick up in Lowell.

J & H FAMILY STORES/ TIM HORTONS - are now hiring energetic & friendly people to fill part-time positions at our new location at the corner of Lincoln Lake & Vergennes. Duties include great customer service, running a register, stocking, cleaning & food service. We offer flexible hours. Applicants must be available to work on weekends & holidays. Please apply at Lowell Mobil, 4475 Alden Nash, Lowell or applica-

COMPOSITECH a ISG company - Taking Applications for Fiberglass fabrication, General shop work, Manual machine operator, CAD operator & Field services. Apply between 9 am & 3 pm, 683 Lincoln Lake Ave. SE, Lowell, MI 49331.

tions may be completed on

our website.

NOW HIRING - Talented, motivated hair stylist. Apply at Jultara Salon, 505 W. Main, Ste. C. 987-3579.

K9ACADEMY-Dog boarding/training facility now hiring part time help. www. k9academyinternational. com or call 616-293-5653.

NOW HIRING - and training for career positions with West Michigan's leading real estate company. Call Rick Seese, Greenridge Realty, Inc. for a confidential interview. 616-437-2576 or 616-974-4250.TEN

memorials

In Loving Memory of My Wonderful Bro

"Todd B. Haight." I miss you more than you'll ever know.

> Love you forever, Sis/Tara XXOO

wanted

I WANT TO BUY - Refrigerator, stove, washer, drver & furniture in good shape. Have cash. 989-584-6818.TEN

RECYCLING MATERIAL SCRAPS WANTED - to be used for housing insulation. Scraps may be dropped off at L4 Alterations, 216 E. Main St, Lowell. Call Judy at 897-0052 with questions.

for rent

WE DO BUSINESS IN AC-CORDANCE WITH THE **FEDERALFAIR HOUSING** LAW - Equal Housing Opportunity. It is illegal to discriminate against any person because of race, color, religion, sex, handicap, familial status or national origin. In the sale or rental of housing or residential lots; in the advertising the sale or rental of housing and in the appraisal of housing. Anyone who feels he or she has been discriminated against may file a complaint of housing discrimination: 1-800-669-9777 (toll free) 1-800-927-9275 (TTY).

PRICELESS STOR-AGE - Indoor/outdoor. New Units on Alden Nash, 1 mile South of 196. Call for specials 558-2900.TEN

.

HALL FOR RENT - Lowell Veteran's Center, 3100 Alden Nash. Newly remodeled, smoke-free, private, great location & great rate! www.VFW8303.org.FREE All Vets Coffee Hour at the center the 3rd Thursday of each month. Bring a friend. Call John at 299-0486 or 897-8303.TEN

services

TAXES, PAYROLL, QUICKBOOKS, & AC-COUNTING SERVICE by certified Quickbooks advisor. Call Kathy 897-0686.TFN

SHIP YOUR UPS PACK-AGES WITH US & SAVE!! - Call us for a price comparison. We will need: weight, zip code & dimensions of the box. No Hazardous materials or firearms accepted at this location. Lowell Ledger, 105 N. Broadway, 897-9261.

NEED A DUMP-STER? - 14 to 20 yards available. Garage, attic, household cleanup, roofing, trash, junk etc. Dependable service & affordable prices. Call for free estimates. Contact Doug 616-295-6640.TEN

services

STUMP GRINDING - No stump too big. Call Dan at

CLIMBER NEEDS WORK Fully insured. Removals, trims, chipping, stump grinding. Call Dan for

YOGA & HOOP DANCE CLASSES - at 901 W. Main, walk-ins welcomed. For class details & schedules: www.thehammockllc.com or 616-893-5661.

<u>services</u>

BUSINESS CARDS - Before you order your cards from somewhere else check our rates! Call Lowell Litho, 897-9261.

PIANO INSTRUCTION -Fall Openings, ages 6 - 18. Learning disabled, A.D.D., and Asperger kids, welcome! Patient, experienced teacher who is a seasoned performer. Call or Text: 616-915-9515.

JIM'S POWER WASHING - Dirt, spores, mildew washed away. Call today, 616-915-1745.

services

STUMPED OUT LLC Quality & dependable stump removal at affordable prices. Call today for a free estimate. 616-485-5214.

LAMINATING SERVICE AVAILABLE - Next day service. Drop off & pieces will be available by 9 a.m. the next day. Lowell Litho, 105 N. Broadway, Lowell.

Coming Events

PLEASE NOTE - Coming Events are for non-profit organizations. If you are charging admission for an event - it is considered an advertisement. Coming events are ran on a space available basis & ARE NOT GUARANTEED TO RUN. If you would like to make sure your event is placed in the paper, please call our office & place it as a classified ad. We will not run ANY Garage or Rummage Sales as a coming event. All Coming Events or changes to coming events should be submitted by fax: 897-4809, email: classifieds@lowellbuyersguide. com, by mail: PO Box 128, Lowell, MI 49331 or in person: 105 N. Broadway, Lowell.

KDL UNCORKED: WINE TAST-ING WITH PAULY'S - Mon., Sept. 29, 6:30 p.m. Pique your palate with a few of Pauly's favorite Michigan wines. For ages 21 or older. Pre-registration required, spots limited. Englehardt Public Library, 200 N. Monroe, Lowell, 784-2007.

FLAT RIVER WATERSHED GROUP - Meets 3rd Monday of each month at the Main Street Inn in Lowell at 6:30 p.m. Our purpose is to protect, enhance & maintain land & water quality & other natural resources surrounding the Flat River Watershed. For more information, call Lloyd at 676-1812. Also, "Like" us on Facebook at the Flat River Watershed Council.

LADIES SEWING CLOTHES TO DONATE - First Friday of the month, 10 a.m. - 1 p.m. Items are made from donated material & fabrics, clothes from newborn to 12 years old. Items are donated to Blodgett Children's Home & St. John's Home. Join us to cut out patterns, L4 Alterations, 216 Monday in the Church of the Nazarene Fellowship Hall, 211 N. Washington St. at 6:30 p.m.

BOY SCOUT TROOP 102 - every Monday, 7-8:30 p.m. during school year in Scout Cabin at the end of N. Washington St. Ages 11 and up or completing 5th grade. Call Scoutmaster Don Aversano at 847-571-8373 or Del Rockwell at 897-6814.

WEE WEDNESDAYS - Every Wednesday, 11-11:20. Rhymes, stories, songs & fun for adult & baby. Babies birth to 17 mo. Alvah N. Belding Library, 302 E. Main, Belding. 616-794-1450.

TAKE OFF POUNDS SENSIBLY TOPS MI #372 - every Tues-day, weigh-ins at 5:45 p.m. Key Heights, 11335 Fulton, Lowell.

CUB SCOUT PACK 3188 - meets every Tuesday at 6:30 p.m. at First United Methodist Church, 621 E. Main.

QUA-KE-ZIK SPORTSMANS CLUB - meets second and third Tuesdays at 8 p.m. at 8731 West Riverside Dr. Go to www.quake-zik.org for information. New members welcome.

LOWELL LIONS CLUB - meets third Tuesday at noon at Lowell City Hall.

LOWELL AMATEUR RADIO CLUB - meets the 2nd Saturday at Flat River Outreach Ministries, 11535 E. Fulton, 9 a.m. social gathering; 10 a.m. meeting. LARC sponsors 145.27 MHz area radio repeater system.

FLAT RIVER OUTREACH MINIS-TRIES THRIFT STORE SUMMER HOURS - Wed. 10 - 8 p.m.; Thurs. & Fri. 10-6 p.m.; Sat., 10 a.m. - 4 p.m. at 11535 Fulton St. E. Thrift Shop, 897-8260; Food Pantry, 897-8260; Emergency Services,

LOWELL ARTS! GALLERY HOURS - Mon. - Fri., 10 - 6 p.m.; Sat., 1-4 p.m.; 149 S. Hudson. Visit www.lowellartsmi.org or call 897-8545.

LOWELL AREA HISTORICAL MUSEUM - open Tuesday, Thursday, Saturday & Sunday:1-4 p.m. Families: \$10; individual \$3; ages 5-17 \$1.50; members free. 897-7688.

LOWELL SERENITY CLUB MEETINGS - (AA) Mon., Wed., Thurs.: 12-1 & 8-9 p.m.; Tues. & Fri.: 12-1, 4:30-5:30 p.m. & 8-9 p.m.; Sat. & Sun.: 10-11 a.m. & 8-9 p.m. The first step is always the hardest. If your life has become unmanagable due to alcohol, please join us at 101 W. Main. 897-8565.

3DOODLER DREAM IT, DRAW IT - Thurs., Sept. 25, 4 p.m. Drawings come to life with the use of 3Doodler. Pre-registration is required. For all ages. Alto Branch Library, 6071 Linfield Ave., Alto, 784-2007.

NEW CLASSES FOR EV-ERYONE - children - adults at Christian Life Center, 3050 Alden Nash SE, Lowell. Every Wednesday 7-8 p.m. Bible-centered classes for children through 5th grade, youth group for 6th grade thru high school & adult prayer & Bible study. Everyone is invited to attend.

FREE ALL VETS COFFEE HOUR - Third Thurs. of each month. Bring a friend. Lowell Veteran's Center, 3100 Alden Nash, Lowell. Call 868-7426 or 897-8303 for more information.

MOTHERS WHO HAVE OR HAVE HAD - sons/daughters serving in the military. We are meeting on the 3rd Wednesday nonth call Sally 616-761-2042.

970-3832.

PROFESSIONAL TREE free estimate at 616-970-3832.

A BED - A brand new queen pillowtop mattress set in plastic, w/warranty, sacrifice, \$135. Call 989-584-6818.TEN

sales

HUGE SALE - Thurs., Aug. 28, 9-4 p.m. & Fri., Aug. 29, 9-1 p.m. Couches, lamps, jewelry, stoves, washing machine, clothes, antiques & much more. 11420 Trent St., Lowell.

LEDGER OFFICE HOURS: MON. - THURS. 8-5 FRI. 8-12 Closed Sat. & Sun. 105 N. Broadway, Lowell. Phone 897-9261 Fax 897-4809

HANDY REPAIR SERVICE - All kinds of service work: locks rekeyed, deadbolts installed, screen & window repair. Call Bob Ford, 299-3198.TFN

JUNK REMOVAL - Free pickup on all major appliances, bicycles, lawnmowers. Call Kenny at 616-421-5227. Free estimates on small odd jobs & any cleanups.

TIME TO SHINE WIN-DOW WASHING - is running a summer special. Call for details, 616-292-0695.

E. Main St., Lowell.

WOMEN FOR SOBRIETY meets every Monday, 7-8 p.m. at Bowne Center United Methodist Church, fellowship hall, 12051 84th St., corner of Alden Nash. Call Sue at 868-6219 or www. womenforsobriety.org

BOWNETOWNSHIPHISTORI-CAL SOCIETY- meets the second Monday of the month at 10 a.m. in the Historical Museum at 84th/Alden Nash.

NEEDLERS - Second & fourth Monday evenings, 5:30 to 8:30 p.m. Schneider Manor Community Room.

WOMEN OF THE MOOSE - third Monday at 7:30 p.m. for business meeting.

ALTO AMERICAN LEGION AUXILIARY - meets the second Monday of the month at 7 p.m. at the Alto American Legion Post.

LOWELL SHOWBOAT GAR-DEN CLUB - meets the 3rd 897-8260.

MINI GOLF - Thurs., Aug. 28, 10 a.m. at Saranac Public Library, 61 Bridge St., Saranac. 616-642-9146.

ALPHA WOMEN'S CENTER - 517 E. Main. Hours: Mon. 11-3 p.m.; Tues. 12-8 p.m.; Wed. 10-3 p.m.; Thurs. 10-6 p.m. 987-9533. Diapers, formula, clothing & free pregnancy testing available. www. awclowell.org

AVERILL HISTORICAL MU-SEUM OF ADA - 7144 Headley, is open every Friday & Saturday 1 -4 p.m. or by appointment. Closed Jan. & Feb. 676-9346.

ALTO LIBRARY HOURS: Tues. & Wed., 12 - 8 p.m.; Mon. & Sat., 9:30-1:30 p.m.; Thurs., 1-5 p.m. Info., call 784-2007.

ENGLEHARDT LIBRARY HOURS - Mon.-Wed., noon - 8 p.m.; Thurs. & Fri., 9:30 a.m. - 5 p.m.; Sat., 9:30 a.m. - 1:30 p.m. 784-2007.

LOWELL AREA PRAYER & HEALING ROOMS - located in the FROM building, 11535 Fulton Street, most Monday evenings, 6-8 p.m. Christian Scripture based. No cost or fees, no appointment necessary, confidentiality respected.

TODDLER THURSDAY - Every Thursday 11-11:30 a.m. Stories, songs, rhymes & learning. Ages 18 mo. - 36 mo. Alvah N. Belding Library, 302 E. Main, Belding. 616-794-1450.

KENT COUNTY NARFE **GROUP** - for retired & current federal employees meet the 2nd Thursday at Trinity Lutheran Church, 2700 E. Fulton, 1/2 mile west of E. Beltline. Potluck at 12:30 p.m. & meeting begins at 1:30 p.m. Call Ed Moore for time, 616-784-6716.

ALTO LIONS CLUB - Meets 1st & 3rd Thursday at 7 p.m. at Keiser's Kitchen.

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THEME: FOOTBALL

ACROSS
1. Figure of speech
6. School org.
9. *Where official
places football after a
, play
13. *Often twirled at
football games
14. Nocturnal flyer
15. Ma Bell, e.g.
16. Artificial leg
17. Also
18. Neptune's realm
19. *Team with most
NFL championships
21. * league
21. * league 23. " you sure?"
24. Dateless
25. David Alan Grier's
initials
28. "I the
sheriff"
30. Uproar
35. The Colosseum
today, e.g.
37. Mimicked

39. Inspiration for poets and musicians
40. Oscar winner and directed by Ben Affleck
41. Donkey in Latin America
43. All over
44. Animals of a

particular region 46. *Football center move

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Looking Back, continued

look with favor upon the idea. Mr. Graham lived here as a boy and after fame and fortune came to him as an architect, he designed and built the building referred to as a home for his parents.

Word has seeped out that there may soon come before the Common Council the question of the purchase of another Diesel engine to augment the municipal plant, the cost of which, it is said, would approximate some \$70,000. If that is the case, it will come as quite a surprise to most citizens. Are the prospects of the Village being entirely out of debt by 1944 to go glimmering? Perhaps a scientific survey of the matter by a disinterested authority might be worthwhile before taking drastic steps.

Hon. Carl E. Mapes was here Friday visiting the Kent county 4-H boys and girls, commenting favorably on the progress which the fair has made each year since its inception five years ago.

Has it occurred to you that our own county of Kent

the pollution war are the State Department of Health and the Michigan Water Pollution Control Association.

Lowell folks are straining their eyes this week watching the Democratic Convention at Atlantic City on TV. They are hoping to catch a sight of our representative there, Charles C. Doyle, of Lowell.

Before winter sets in, many businesses along Main Street are making improvements to their buildings. Pete's Place on East Main has a new coat of fresh paint and general clean up; Frank's Dime Store has new lettering on the windows; the Levee has a new front as well as several stores on the south side of the street.

25 years ago The Lowell Ledger August 30, 1989

Lowell's Police Department started a foot patrol

47. Viscount's superior wood sorrels 12. * Romo 48. Start a golf hole 50. *BYU Cougars' home state 52. Fleur-de-53. Soap bubbles 55. Not decaf. 57. *Princeton opponent what in considered is first college game 61. Caribbean Sea island country 65. Finnolanguage 66. Club on a card, e.g. *Home to the 68. Dolphins 69. Michael Moore's hometown 70. Pitcher's stat 71. Painter Degas 72. Ficus tree fruit, pl. 73. A Bobbsey twin 74. Swarms

DOWN

- Recipe abbreviation
 Pro _____
 Ear-related
 "Roll Out the Barrel" dance
 Comes in
 Used for stewing, pl.
 *Sometimes a team goes for this after a TD
 High up
 Religious offshoot
- 10. Legal action
- 11. South American



15. *Part of a football cleat 20. *What players do to help fix injured joint or limb 22. "I see!" 24. Chest bone 25. *It includes 7 rounds 26. Saintly glow, pl. 27. Jig, in France 29. "Moonlight Sonata," e.g. 31. Highlands hillside 32. Trite or hackneyed 33. Wombs 34. *Sugar and Orange, e.g. 36. Not to be done, especially for a baby 38. Exclamation of annoyance 42. Style of abstractionism popular in 1960s 45. Change 49. In favor of *Concussion 51. preventer 54. Colorado resort 56. Seeing eye dog, e.g. 57. Queen Elizabeth I's neckwear 58. Tangerine grapefruit hybrid 59. Type of math 60. Tanqueray and Bombay Sapphire, e.g.



61. Extended time period
62. "Leaving Las Vegas" Oscar winner
63. Prayer leader in mosque
64. Manners intended to impress
67. A retirement plan

Puzzle solutions, page 12

LEGAL NOTICE

may have occasion to be proud of the fact that it has both a candidate for President of the United States and a candidate for the Governor of Michigan? That is quite within the realm of possibility.

50 years ago The Lowell Ledger August 27, 1964

It was reported this week, that the Sortex Corporation will move their laboratory and warehouse facilities from the building below the Showboat bleachers to the former Ford Garage on South Hudson Street. The Ford Agency which occupied the building has moved to West Main Street.

Headline: Michigan leads in control of water pollution: Within six miles of where you are – anywhere in Michigan – chances are you can find a lake or stream, clear and clean, which sparkles with the promise that it will shine forever. And so it may, for Michigan leads the nation in the control of water Pollution. Many agencies and organizations are responsible for this remarkable record, but among the unsung and unseen heroes of in April of last year to help Lowell merchants with the disorderly conduct on the city streets and bridge and to alleviate the group congestion outside of city businesses. It was also established to help create an atmosphere where the youth of Lowell felt comfortable talking to the City's finest. "The foot patrol has not been abandoned. Our reserve Sergeant Scott Borg still patrols streets on foot," Lowell Police Chief Barry Emmons said.

The 1989 Lowell Showboat not unlike previous galas, had two purposes, to provide quality entertainment and to raise funds for a special, worthwhile project within the community. In its second year back, the 1989 Lowell Showboat met one of those two purposes. While B.J. Thomas provided quality entertainment, enough funds were not raised in the effort to help a worthwhile project within the community. The Lowell Showboat year-end production report released recently by the Showboat board shows the 1989 extravaganza costs \$7,000 more than it brought in.

Pete Siler, advisor for the Lowell FFA Chapter, has been selected as the Michigan winner of the Agriscience Teacher of the Year award program.

STATE OF MICHIGAN PROBATE COURT COUNTY OF KENT

NOTICE TO CREDITORS Decedent's Estate

FILE NO. 14-195949-DE

Estate of FREDERICK H. KELLER. Date of birth: November 13, 1922.

TO ALL CREDITORS:

NOTICE TO CREDITORS: The decedent, Frederick H. Keller, died April 1, 2013.

Creditors of the decedent are notified that all claims against the estate will be forever barred unless presented to Christine Keller, personal Α. representative or to both the probate court at 180 Ottawa Avenue NW, Grand Rapids, MI 49503 and the personal representative within 4 months after the date of publication of this notice.

August 21, 2014

Christine A. Keller 17 Wallinwood Ave, NE Grand Rapids, MI 49503 616-447-0091



Dear EarthTalk: Is it true that much of our food-including cereals and snacks eaten by children-is actually over-fortified with excessive amounts of vitamins and minerals that can be dangerous to our health? - Diane Summerton, Waukesha, WI

^{the}leedger

because of excessive food fortification, outdated nutritional labeling rules and misleading marketing tactics used by food manufacturers." EWG's analysis for the "How Much Is Too Much?" report focused on two frequently fortified food categories: breakfast cereals and snack bars.

Of the 1,550 common cereals studied by EWG, 114 (including Total Raisin Bran, Wheaties Fuel, Cocoa Krispies, Krave and others) were fortified with 30 percent or more of the adult Daily Value for vitamin A, zinc and/ or niacin. And 27 of 1,000 brands of snack bars studied (including Balance, Kind and Marathon bars) were fortified with 50 percent or more of the adult Daily Value for at least one of these nutrients. EWG researchers based their analysis on Nutrition Facts labels on the various food items' packaging.

"Heavily fortified foods may sound like a good thing, but it when it comes to children and pregnant women, excessive exposure to high nutrient levels could actually cause short or long-term health problems," says EWG research director Renee Sharp, who co-authored the report. "Manufacturers use vitamin and mineral fortification to sell their products, adding amounts in excess of what people need and more

> than might be prudent for young children to consume." Sharp adds that

excessive levels of vitamin

A can lead to skeletal

damage and hair loss, while

high doses of zinc can impede copper absorption,

compromise red and white

blood cells and impair

immune function. Also, too much vitamin A during

pregnancy can lead to fetal

And older adults who get

too much vitamin A are at

more risk for osteoporosis

liver

issues.

abnormalities,

developmental



Added nutrients in the processed foods we eat could indeed be too much of a good thing, especially for kids. According to a report from non-profit health research and advocacy group Environmental Working Group (EWG), nearly half of American kids aged eight and under "consume potentially harmful amounts of vitamin A, zinc and niacin

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and hip fractures. EWG suggests it's time to overhaul our food labeling system to better account for how ingredients may affect children as well as adults. "In other words, when a parent picks up a box of cereal and sees that one serving provides 50 percent of the Daily

Value for vitamin A, he or she may think that it provides 50 percent of a child's recommended intake," says EWG researcher and report co-author Olga Naidenko. "But he or she would most likely be wrong, since the Daily Values are based on an adult's dietary needs."

EWG is working on the U.S. Food and Drug Administration (FDA) to update its guidelines for Nutrition Facts to better reflect how foods affect children as well as adults. In the meantime, parents might want to consider scaling back on fortified foods for their kids in favor of so-called whole foods (unprocessed, unrefined fruits, vegetables and whole grains) that deliver the right amounts of nutrients naturally.

"Research consistently shows that the nutrient amounts and types found in whole foods provide optimal nutrition as well as least risk," says Ashley Koff, a registered dietitian and a former ad executive for kid's cereals and snack bars. "We owe it to parents and kids to make it easiest to choose



AUGUST 20 - AUGUST 26

- On Sunday morning a 6.0 earthquake the biggest since the Loma Prieta quake in 1989 - rocked Napa and Northern California. Napa community and business members say they will band together and bounce back fast.
- A 7-year-old Colorado boy was served a vanilla milkshake tainted with chemical cleaner after a Dairy Queen employee mistakenly filled a cleaning bottle with syrup.
- A Maine lobsterman says he and his 14-yearold daughter caught a one-in-two-million crustacean: a blue lobster. LaPlante and daughter Meghan were hauling traps when she discovered the bright blue critter.
- Seth Meyers hosted the 2014 Emmy Awards with Bryan Cranston, Jim Parsons, Julia Louis-Dreyfus were a few that took home awards along with shows Modern Family and Breaking Bad.



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better quality foods.

CONTACT: EWG's "How Much Is Too Much?" report, www.ewg.org/research/how-much-is-too-much.

EarthTalk® is written and edited by Roddy Scheer and Doug Moss and is a registered trademark of E - The Environmental Magazine (www.emagazine.com). Send questions to: earthtalk@emagazine.com.

VOTE IN THIS WEEK'S **ONLINE POI**

WWW. thelowellledger.com



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Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.

Puzzle solutions, page 12

------ ^{the}leedger page 16 ____ Audience was in the pink for first outdoor movie night

by Kathryn Atwood contributing reporter

LowellArts! and the Lowell Area Chamber of Commerce (LACC) presented the first free outdoor "Movie Night"

along the Riverwalk last Friday as a thank you to the community for fourteen years of support for the Lowell Showboat Sizzlin' Summer Concerts.

More than a hundred movie fans turned out for and sang along with the seventies musical classic Grease.

The family-friendly film, viewed on a huge inflatable screen, was chosen by the public during two rounds of voting held over the summer.

"We are extremely pleased with our first 'Movie Night.' The attendance was very good and people really had a great time," said LACC director Liz Baker.



Pre-show entertainment was provided by local classic rock band "The Preservers." The band includes Lowell High School students Corinna Wenger, Ryne Clarke, Jeremy Kargl and Patrick Kargl.

Another 'Movie Night' is already planned for the fall according to Baker, "We are looking forward to our second 'Movie Night' on Saturday Oct. 11, which will be part of the Harvest Celebration."

"Pink Ladies" Judy Weaver, Lisa Smith, Jodi Kennedy, Allison Kennedy, Tiffany Whittington and Gina Nyp were among the excited attendees of the outdoor showing of "Grease."

For people who want to hear better.





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Feeling isolated because of your hearing loss?

Hearing loss severely impacts your quality of life.

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Did You Know?

Hearing Loss is linked to dementia.

Adults with a mild hearing loss have nearly double the risk of developing dementia.

Hearing Loss triples the risk of falling.

One in three adults age 65 years and older experiences a fall each year.

Uncorrected Hearing Loss has been linked to depression, anxiety, and isolation.

Hearing aids are associated with impressive improvements in social, emotional, and psychological well-being and physical health.

Call Toll Free today for a **FREE Hearing Check-up!**



North Grand Rapids Call Toll Free: 855.236.8315

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