

**helping haiti**



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**planting salmon**



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**red arrow sports**



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**50 CENTS**



## City celebrates Arbor Day with tree planting

by Emma Palova

The city officials planted a flowering dogwood tree in celebration of Arbor Day last Friday by Keiser's Kitchen. The tree was planted by Terra Verde Landscaping LLC owned by Mark Anderson.

Lowell was named Tree City USA by the Arbor Day Foundation in 2007. The Tree City program is sponsored in cooperation with the National Association of State Foresters and the USDA Forest Service.

The city also adopted an official comprehensive tree plan for 2012-2013. The arbor board was organized in 2007 to offset the impact of trees removed due to infrastructure growth and improvements. At that time the city had no policy pertaining to the removal and replacement of trees in the community.

"It's important to have that distinction as Tree City," said chairwoman Dana Chase.

Every year, the city plants a different species in different locations within the city limits.

The arbor board develops and annually updates and administers a written plan for the care, preservation, planting and removal of trees in public areas.

The board seeks input from the citizens of Lowell through community meetings or online surveys.

A significant goal is to continue the maintenance of trees along West Main Street. The plan is to locate trees within the highway right-of-way.

Arbor Day, continued, page 3



Pictured in the photo are: arbor board chair Dana Chase, Greg Pierce, Jim Hall, Diane LaWarre, Mark Anderson, and Maryalene LaPonsie.

## Local farmers travel to Washington D.C. for an orientation briefing on a proposed farm bill reform

by Emma Palova

A delegation of local farmers, including Karl and Sarah Jones of Jones Meat Market in Saranac, traveled to an orientation briefing in Washington D.C. at the end of March to discuss a proposed farm bill reform. The

delegation consisted of 138 people. The trip was organized under the auspices of the Michigan State Farm Bureau.

The proposed bill came out of the agricultural committee and it will be intro-

duced on the floor by Senator Debbie Stabenow.

"We were able to take the issue from the agricultural community directly to the representatives," said Karl, "as well as get a better

understanding of the farm bill."

The issues consisted of a farm bill reform that will protect a stable food supply.

Every five years the farm bill is up for renewal, according to Ryan Findlay, leader of the delegation from Portland representing Michigan State Farm Bureau.

For Karl and Sarah, the briefing was an eye opening experience.

"There was a wide cross section of dairy, crop and fruit farmers present," said Sarah. "But we were all interested in the same issues."

The 2012 farm bill must be reauthorized prior to Oct.1. The Farm Bureau believes in a combination of a catastrophic revenue loss program, a marketing loan with rates set to reflect market conditions and a viable crop insurance program to provide a safety net.

However, the biggest concern to the Joneses was

a proposed bill by the US Department of Labor regarding agricultural youth employment standards. The Department of Labor has proposed to expand its hazardous occupations that pertain to youths working under the age of 16 on farms.

Under the new proposal, youths under 16 will not be permitted to operate motorized equipment, including tractors on farms, work with livestock, in orchards, and harvesting fruits and vegetables.

Karl said that means the values they have taught their children about work ethics, stewardship of the land and economics of the family farm cannot start until they are 16.

"This would affect FFA and 4-H," said Sarah. "These are considered high risk jobs."

Also a proposal to E-verify the program of agri-



Karl and Sarah Jones in Washington D.C.

Farm bill reform, continued, page 3



# Free Comic Book Day comes to Lowell

Rookies Sportcards Plus in Lowell is one of over two thousand comic book shops across North America and around the world that will share the magic of comic books with their communities when they give out over 3.5 million comic books — free of charge — during Free Comic Book Day, which marks its eleventh anniversary this year.

There's literally a free comic book available for everyone's taste, including such favorites as The Avengers, Yo Gabba Gab-

ba!, Buffy the Vampire Slayer and Transformers; there's even a comic book on Animal Planet's The World's Most Dangerous Animals.

Comic book publishing heavyweights, Dark Horse Comics, DC Entertainment, IDW Publishing, Image Comics, and Marvel Comics are among the many sponsors creating special titles for Free Comic Book Day (FCBD) 2012. The free books are designed to appeal to a broad range of tastes, including action-packed super-hero stories

featuring Superman and Spider-Man; sci-fi adventures set in the universes of Star Wars and Transformers; classic tales starring Charles Schulz's Peanuts and Walt Disney's Donald Duck; and great kids' comics for younger fans, featuring The Smurfs, Sonic the Hedgehog and Owly.

"Free Comic Book Day is a perfect occasion for customers to discover comic books," said FCBD spokesperson Leslie Bowers, "especially if they're new to the wide variety of

titles that are being published today. On May 5, we encourage new and current readers to use Free Comic Book Day as an opportunity to learn about the great comic books and pop-culture merchandise to be found at their local comic book shop. Hopefully, they'll walk away with free comics they can't wait to read, then keep coming back to their local shop for more!"

Along with free comics, Rookies will also have live super heroes on-hand for pictures (including Green

Lantern, Thor, Supergirl, Wolverine, Catwoman and more!), comic artists to meet, gaming, giveaways, specials and more!

Regular updates, information about comic books and a list of participating publishers and their

free comics are all online at [www.FreeComicBookDay.com](http://www.FreeComicBookDay.com)

Free Comic Book Day kicks off at 10 am and runs until 5 pm at Rookies Sportcards Plus, 106 W. Main St. Call 897-5650 for more information.

## Faster disability approval for people with ALS

May is National ALS Awareness Month. Amyotrophic lateral sclerosis (ALS), more commonly referred to as Lou Gehrig's disease, is a progressive neurodegenerative disease that attacks nerve cells and pathways in the brain and spinal cord.

More than 5,600 people each year are newly diagnosed with ALS. As many as 30,000 Americans may currently be affected by this fatal condition. Social Security can help.

People who have ALS meet the medical qualifications for Social Security disability benefits. ALS is one of Social Security's "Compassionate Allowances." To view a com-

plete list of Compassionate Allowances conditions, go to [www.socialsecurity.gov/compassionateallowances](http://www.socialsecurity.gov/compassionateallowances).

The Compassionate Allowances initiative identifies claims where the nature of the applicant's disease or condition clearly meets the statutory standard for disability. With the help of sophisticated new information technology, the agency can quickly identify potential Compassionate Allowances and begin monthly benefit payments.

Social Security Commissioner Michael Astrue made the Compassionate Allowances initiative a top priority soon after he began his tenure as Commissioner in 2007. Social Security launched the Compassionate Allowances program in 2008 with a list of 50 diseases and conditions. There are now more than 100 Compassionate Allowances conditions — and counting.

For more information on the Compassionate Allowances initiative, please visit [www.socialsecurity.gov/compassionateallowances](http://www.socialsecurity.gov/compassionateallowances).



along  
main  
street

### COFFEE WITH COUNCIL

Come meet and have a cup of coffee with your city councilmembers on the first Saturday of the month from 8-10 am at the Lowell Area Chamber of Commerce office, 113 Riverwalk Plaza.

### LOWELL HUNGER WALK

Walkers needed on Sun., May 6, registration at 1 pm with the walk beginning at 1:30 pm at First United Methodist Church (across from Keiser's Kitchen). Each walker gets donors to sponsor him/her for this walk. Walker information packets available by calling Roger at 897-0105.

### LAS ATHLETIC

#### BOOSTER CLUB MEETING

The Lowell Area Schools athletic boosters will hold their regular business meeting in the high school staff lounge on Mon., May 7 at 7 pm. Please come and support LAS athletes.

### GILDA'S CLUB EVENTS

Cancer - New Member Meeting, Tues., May 8, 2:30-3:30 pm and 7:15-8 pm; Crafting for Spring, Tues., May 8, 4-5 pm; "Look Good, Feel Better," Tues., May 8, 1-3 pm, presented by the American Cancer Society to help women in treatment for cancer with appearance related side-effects. Sign up as class size is limited. Lowell Clubhouse, 314 S. Hudson St. For more information call 897-8600 or visit [www.gildasclubgr.org/pinkarrow](http://www.gildasclubgr.org/pinkarrow)

### PUBLIC EVENTS AT LAURELS OF KENT

A senior community brunch will be held on May 14 at 10:30 to launch National Nursing Home week festivities at Laurels of Kent. On May 18 a community picnic will be held from 11:30 to 1:30 to help close National Nursing Home week activities. Laurels of Kent is located at 350 North Center Street.

### LOWELL AREA HISTORICAL MUSEUM

The Lowell Area Historical Museum is pleased to present "Lost on the Lady Elgin" by Valerie van Heest. She is an award-winning author and member of the Women Divers Hall of Fame. Please join us to hear about this famous shipwreck of 1860 on May 15 at the Lowell Township Hall at 7 pm. Light refreshments served following the program. Don't miss this tale of the discovery and the resulting legal battles that affects all Great Lakes divers and explorers.

*Feel free to send your event information to the Ledger for Along Main St. All submission requests for Along Main St. are subject to space limitations. The Ledger makes no assurances that they will appear in print. To ensure that an event notification will appear in the Ledger, it is best to place a paid advertisement. All efforts will be made to place suitable items in the Along Main St. column but they are printed at the discretion of the publisher. For profit events, church services, yard sales and the like, will not appear in this column.*

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(PG) 6:40

⊕ THE LUCKY ONE (PG-13)  
4:35, 6:50, 9:10

⊕ THE THREE STOOGES (PG)  
4:40, 7:00, 9:20

⊕ THE HUNGER GAMES (PG-13) 6:30, 9:30

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# Arbor Day, continued

Lowell has the support of local foundations to fund the tree plantings.

The arbor board has so far authorized the planting of 300 trees throughout the community. The De-

partment of Public Works (DPW) is in charge of tree plantings with funding from Lowell Light and Power, the Lowell Cable Television Fund, the Look Fund and the Lowell Area Community

Fund. The intent is to continue to utilize funds from the community resources. "The main purpose is to beautify the city and it is good for the environment," said DPW director Dan DesJarden.

According to DesJarden, the arbor board also established a list of non-acceptable trees prone to diseases.

The plan includes the removal of selected dead

trees from street parkways and residential properties, thinning and pruning of the pine forest at Washington Street city property.

It has been proposed that the arbor board will

take over the responsibilities for planting from the Downtown Development Authority.

The biggest impact will be the right-of-way plantings along Bowes Road.

# Food fight kickoff at the high school

submitted by  
Becky Postema

Food Fight is back with a bang this year. Flat River Outreach Ministries is teaming up with Lowell High School's Interact Club and student leadership class to launch the fourth annual Food Fight competition

throughout the Lowell school district.

May 1 marked the official kick-off date for the Lowell Area School Food Fight, coordinated by the student leadership class and the Interact Club. To help launch the school Food

Fight, senior class vice-president Jelena Petricevic came up with an idea to shock and gain the attention of her fellow classmates.

"I'm kind of a blunt and open person as it is, so I came up with an in-your-face approach," she said.

"When students went to lunch on Tuesday, there was no food in the cafeteria. For students who rely on school lunch, their only choice was to starve or borrow food from the few who brought their own lunch."

Posters promoting the importance of Food Fight hung throughout the cafeteria. Petricevic said that four students stood on tables in the corners of the cafeteria declaring the immediate and long-term issue of hunger in the United States and throughout the world. "We wanted students to imagine what it was like to be hungry and have no food, to imagine bringing a sack lunch and having to share that small portion with 20 other students."

After listening to speeches from student leadership, the cafeteria lines opened, providing

food to students who feared they might go hungry. The lunch experience provided a brief lesson on the realities of hunger that some students face daily. Over 25 percent of families in the Lowell school district face food insecurity, relying on free or reduced lunches during the school year. Flat River Outreach Ministries provides necessary relief for these families with the client choice pantry and summer lunch programs, programs that benefit from Food Fight.

"These are your peers and you don't even know it," Petricevic said. "You don't have to know who it is, but you can still help them."

Sylvia Taylor, food services program director at FROM, said she hopes "students realize the significance of the necessity of basic food items like vegetables and fruits. I would

like to challenge students to go without pop or candy or junk food for a week." Taylor also encourages students 16 years old and older to volunteer in the pantry in conjunction with donating non-perishable food to Food Fight.

"It's a wonderful opportunity for students to know what it takes to feed all the families we do," Taylor said. "We feed an average of 225 families each month, which is about 700 people. It can happen to anybody at any time," she said. "It's not about judgment; it's about helping people."

The student leadership class has pledged to educate students on the issue of hunger throughout the Food Fight.

Food Fight,  
continued, page 9

# Local business donates to FROM



Cutter Phillips from River Valley Credit Union (RVCU) presents a check to FROM executive director Tamela Spicer. The total donation from the RVCU annual holiday skip-a-payment promotion is \$2,390. Phillips earmarked \$1,000 of

the donation toward annual North Lowell a 2012 FROM Food vs. South Lowell Food Fight sponsorship. The Fight begins June 1.

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# Farm bill reform, continued

cultural migrant labor would be up to the farmers. Karl said, first a system to protect the employers from not having enough employees to harvest crops should be in place.

Stabenow's staff assistant Alvaro Zarco said the main purpose of the bill is to

reauthorize agricultural program already in place and that the process is different because the bill came out of an agricultural committee that has been working on it for quite some time rather than from a sponsor.

"They did listen to us," said Karl. "We were able to

take our suggestions from the real working life of a farmer so it can be adopted into the 2012 farm bill."

Although expected to attend, Rep. Justin Amash was not at the briefing and could not be reached for a comment.

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NOTICE**

## ABSENTEE VOTER INFORMATION

The City and Township Clerks will be available at the following locations on Saturday, May 5, 2012 for any registered voter who would like to apply for or return an absentee voters ballot for the May 8, 2012 School Election.

Sandra Kowalczyk  
Bowne Township  
11am – 2pm  
8240 Alden Nash  
Alto, MI 49302  
(616) 868-6846

Betty Morlock  
City of Lowell  
11am – 2pm  
301 East Main  
Lowell, MI 49331  
(616) 897-8457

Linda S. Regan  
Lowell Charter Township  
11am – 2pm  
2910 Alden Nash SE  
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Mari Stone  
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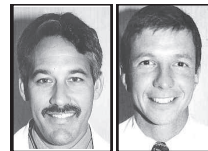


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## health



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Jim Lang,  
Wayne A. Christenson III,  
John G. Meier & Tracy Lixie

### heart failure

The heart is one of the most important organs in our body. It functions as a pump to send blood throughout our body. Heart failure occurs when the pumping action of the heart malfunctions or becomes inefficient. There are multiple causes of heart failure including high blood pressure, coronary heart disease, valvular heart disease, abnormal heart rhythms, obesity, viral infections and many others. All of them cause the heart to work harder, lead-

ing to gradual weakness of the heart muscle. The heart becomes dilated resulting in an impaired pumping force. Heart failure is one of the most common reasons for hospitalization in people over the age of 65. Symptoms include shortness of breath with exertion, swelling of the legs, difficulty breathing while laying flat or frequent awakening due to shortness of breath.

The diagnosis of heart failure is fairly straight forward and is usually made

in the office after obtaining a history and performing a thorough exam. A chest x-ray may reveal an enlarged heart. An EKG may show an abnormal rhythm or cardiac enlargement. The gold standard is to get an echocardiogram which gives an ultrasound picture of the heart chambers, valves and heart muscle as well as the pumping efficiency of the heart.

Treatment of heart failure is usually dependent on the cause. Your doctor may prescribe diuretic medication to decrease excess fluid within the circulatory system. Blood pressure medication will be prescribed to lessen the work load on the heart. Pacemakers are often used to make the heart pump more efficiently. If a damaged heart valve is the cause of heart failure it may need to be replaced.

## financial focus



Christopher C. Godbold

### What should you do with a 401(k) when leaving a job?

In the past, many people stayed at one job, or at least one company, for almost their entire working lives. When they retired, they could typically count on a pension, the value of which was based on their years of service and earnings. But today, workers can expect to hold several different jobs in their lifetime, and to a great extent, pensions have been replaced by 401(k) plans, which place much of the funding responsibility on employees. So, assuming you will change jobs at some point, and you do have a 401(k), what should you do with it?

Here are your basic choices:

- Cash out your plan. If you cash out your plan, your company will likely

pay you 80 percent of your account value, withholding the rest for federal taxes. And if you're younger than age 59 1/2, you may well be slapped with a 10 percent IRS tax penalty. Even worse, you'll have lost a key source of your retirement income. Still, if you are leaving your employer involuntarily, and you need the money, cashing out your 401(k) is an option you may need to consider.

- Keep the money in your company's plan. When you leave a company, your employer may allow you to keep your money in your existing 401(k). You may want to choose this route if you like the investment choices available in your plan. However, you might be caught by surprise if the company decides to change invest-

ment options. Furthermore, some employers may charge former employees fees to maintain their 401(k) plans.

- Move the money into your new employer's plan. If your new employer has a 401(k) and allows transfers, you could roll the money from your old plan into the new one. This might be an attractive option if you like the investment options in your new employer's plan.

- Roll the money over to an IRA. You may find several advantages to rolling your 401(k) over to an Individual Retirement Account (IRA). First, your money will still have the potential to grow on a tax-deferred basis. Second, you can invest your funds in virtually any investment you choose — stocks, bonds, government securities, certificates of deposit (CDs), etc. Third, if you own more than one 401(k) account, you could find it advantageous to consolidate them into a single IRA, thereby making it easier to allocate and monitor

Financial Focus, continued, page 7

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# viewpoint

## to the editor

### response to constant writer

Dear Editor,  
While I served on city council, I chose to not respond to Mr. Howard's frequent letters which criticized the council on decisions and the direction the city of Lowell was headed. I have long been of the opinion that the weekly paper is not a place to debate issues and that having a discussion face to face is the

best way to come to an understanding. Unfortunately, Mr. Howard fails to take the opportunity to speak up at a meeting or even go to the "Coffee with Council" to discuss the issues and get the facts straight. His repeated letters only further the spread of misinformation by continually spreading falsehoods. Quite often these letters expose Mr. Howard's

misunderstanding of how things work, especially with the DDA.

It would serve him well if he would stop in at city hall and ask to have the process of incremental tax increases and how they are retained in the DDA district (this includes the taxes from the city, county, school, library, GRCC, etc.) explained to him and exactly how much tax revenue the loss of the DDA would actually cost the "City," of which the DDA is a part.

In his most recent letter in your April 25, 2012 is-

sue, he stated that the DDA needs to help fund the general fund. While I served on council, there was not one of the eight years that the DDA did not provide funds for the general fund and most years it was in excess of \$100,000. He also made the statement that the DDA "was formed to revitalize the downtown area with minimal results." To realize this statement is truly a misrepresentation of the facts, he would only need to open his eyes while walking the Riverwalk or anywhere in the downtown area. That,

along with the removal of the vacated home located in Recreation Park, the sidewalk and lighting improvements, the summer concert series, the list of improvements could go on. All the while, the DDA provided funding (which are from the incremental increases) back to the city's general fund to assist in balancing the budget.

I have been in the service and distribution industries all of my working career and realize that the "City" is a service industry as well. We pay our taxes for a service that is provided. If you think the price is too high for the service rendered, you can move elsewhere or run for office and facilitate the change you feel is needed. We have seen this debated over the years when it comes to cable TV, solid waste removal, parks' maintenance, legal services, and yes, even the police department. When in the service business, your largest expense is ALWAYS the payroll, keeping in mind that the largest asset you have in the service business is your people.

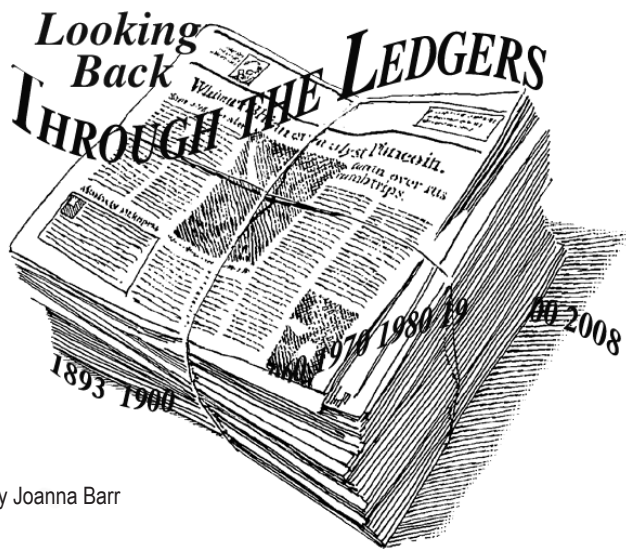
In my last year on council, I suggested investigating

the outsourcing of our police department. The result of the inquiry made at that time proved our local police department was a bargain for the service provided.

We have a quick response time compared to what the Kent County Sheriff would have been able to provide (just ask our neighboring township residents how quickly they can get a car to respond). The results of the inquiry, three years ago, showed that to maintain the same level of coverage (officers and cars assigned to the city) would have been considerably more expensive, would have increased response times and would have given local control to the sheriff's department.

In closing, I would suggest that Mr. Howard ask questions of people who can provide accurate answers so the letters he writes are based on fact instead of fiction. He might want to start providing positive feedback, as well as ideas and solutions for everything he sees as being "wrong." He will soon find he can be a part of the solution.

Sincerely,  
James Pfaller  
Lowell



By Joanna Barr

employ local labor so far as possible, a fact that will be appreciated by the Lowell public. This is the beginning of a season of activity on our streets, which will give an impetus to all lines of business and make a revolutionary improvement on our main business street which will have an important influence on the future industry and commercial history of Lowell, the best town of its size in Michigan, which is the best state in the country, which is itself the best on earth.

### 75 years ago The Lowell Ledger and Alto Solo May 6, 1937

Dazed man claims to be from Lowell – Sherriff Hugh M. Blacklock last Thursday received a telegram from Sherriff George L. Winters at Glenwood Springs, Colo., making inquiry as to Carl Carlson, a man of 75 or 80 years found there in a dazed mental state and who said he resided at Lowell and has relatives there. Officer Frank Stephens thinks it is possible that the man referred to above may be Paul Thomas who has been missing from his home in Vergennes township since the middle of December last. Mr. Thomas is 92 years of age.

### 50 years ago The Lowell Ledger May 3, 1962

According to the publishers of the new Glendon Swarthout book, Random House of New York, the publication date for the new book has been set as June 2 instead of May 2, as originally planned. Mrs. Abraham, Lowell librarian, says that there is already a waiting list in Lowell of five who are eagerly awaiting publication. And Lowell, it is reported, is the small town whose gossip served as the model for Swarthout's new book, "Welcome to Thebes." The 'Thebes' of the title of course, may be a literary illusion to either the ancient Egyptian metropolis, where the inhabitants worshipped fertility gods, or the Greek city, in which Oedipus accidently married his mom. Lowellites who anticipate seeing themselves described, will be justified in feeling a wee bit apprehensive when they open Swarthout's book.

### 25 years ago The Grand Valley Ledger May 6, 1987

Sidewalk Sale Traffic Casualty - Anna Opicka, 50, of Union St., Ionia, was cited for violation of the basic speed law when she drove her Chevrolet Chevette into the rear of an auto driven by Chris Johnston, 27, of 1200 Cascade Rd., Lowell. Johnston's vehicle was driven into a third vehicle operated by a juvenile male. All vehicles were eastbound on Main Street between Broadway and Riverside when the accident occurred. The accident took place May 1, during Lowell's busy spring sidewalk sales. No injuries were reported.

### 140 years ago Lowell Weekly Journal May 8, 1872

We received a call last week Jno Sumner, city editor of the Grand Rapids Democrat. Mr. S. is "swinging around" after items and delinquent subscribers. O ye delinquents! Where will you die when you go to, if you don't pay the printer more promptly?

A good thing brings a good price – Mr. A. R. Hoag, of Vergennes, recently sold a two year old heifer to Mr. Holt of Cascade for \$125. Mr. Hoag has more of the "same kind" left and if the farmers don't want him to take all the first premiums next fall at the Lowell Fair, they must be up and doing.

Discouraging to "Burgs" – A burglar proof safe for the Lowell National Bank arrived last week and has been placed in the vault. It comes from Cincinnati with all the modern improvements and is said to be a "baffler" to burglar experts, discouraging to professors of the accumulative art.

Mr. J. C. Train is making preparations to build a fine three story brick on his lot, east of and adjoining Union Block. It speaks well for our village to see men of capital, investing in this manner and shows that they have confidence in the future growth and prosperity of the place.

Another fowl effort has been made and this time the egg measures 7 1/8 by six inches in circumference. C. F. Houk is responsible for this henous story.

### 100 years ago The Lowell Ledger May 2, 1912

The Citizens Telephone company put a gang of local men to work digging a trench for the underground conduit for their lines through Main and Bridge and from Hudson Street to the Baptist church preparatory to the removal of the pole lines and paving of business thoroughfare. It is the policy of the company with which Manager Owen is in complete sympathy, to

### a community with heart

Dear Editor:

I would like to take this opportunity to say what a great community we live in, as evidenced by all the people who came out to help search for my daughter last Monday. While I can't possibly name everybody, I know that there were over forty people who came out to physically look for her. I also know that we received thousands of prayers from people, as well as kind words of support throughout our ordeal. For each and every one of you, I am so grateful.

Help was given from so many arenas: the police and Kent County sheriff's office, McDonald's for offering free coffee for any person searching, the many people who brought coffee and water to the parking lot we were running the search

out of, and the many people who just kept an eye out for her. I am amazed at the outpouring of support from not only people who know me or my family, but perfect strangers ready to step up and help. The amount of support was truly overwhelming.

It was a difficult night, but I'm confident we will work the issues out and be able to move forward in a positive manner.

Lowell is a great community to live in and the abundance of kindness from each and every one of you is not only very much appreciated, but will never be forgotten. I am so very glad we live in a community with so many caring people.

Jodi Kennedy  
Lowell

### caring citizens

To The Editor,

Thursday evening I was out walking near McDonald's when I tripped on an uneven piece of cement. I fell face down. I want to thank the man and two women who rushed to

my aid. I am thankful to live in the caring community that is Lowell.

Sincerely,  
Carol Ellen Narrin  
Lowell



# engagements

## Lydy/Melkild



**Brandi Lydy and Paul Melkild**

Ms. Brandi Lydy of Hastings and Mr. Paul Melkild of Lowell are pleased to announce an engagement this past December. Celebrating with the happy couple are the bride's parents, Barbara Sloan of Hastings and Mike and Rebecca Lydy

of Hastings and the groom's parents, Carmen Melkild of Lowell and Chris Melkild of Traverse City and many other beloved family members and close friends. The wedding will take place in Hastings and forever begins this June.

# anniversary

## Lacic



**Al and Dot Lacic**

Al and Dot (Hanes) Lacic of Lowell will observe 63 years of marriage on May 7, 2012. The couple's children are Adeline Brower, Arthur Lacic, Dor-

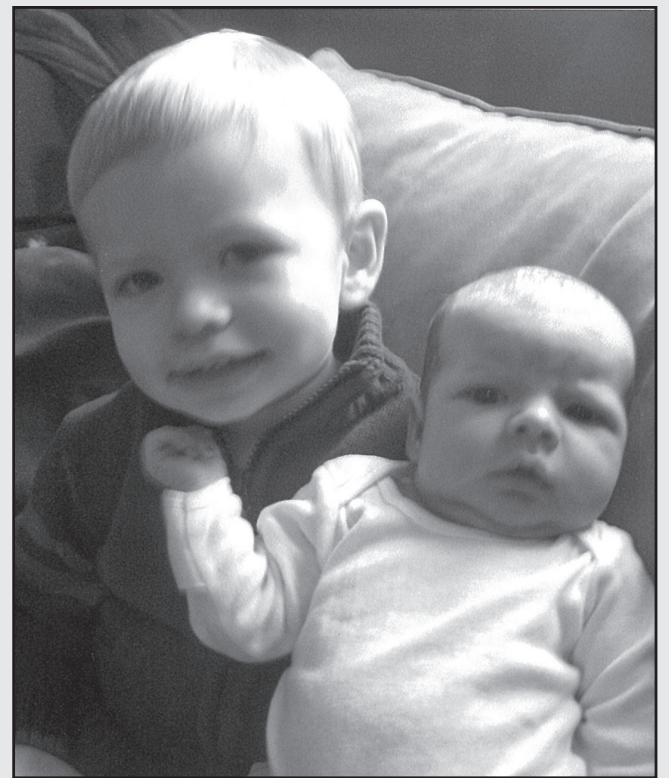
othy House, Russell Lacic and Mary Dillree. They have 13 grandchildren, seven great-grandchildren, and two great great-grandchildren.

# area births

Keith and Courtney Krebill, along with big brother Louie, are proud to announce the birth of Calvin Andrew. Calvin was born March 21, 2012 at 9:23 pm. He weighed 8 lbs. 10 oz. and measured 21 inches.

Grandparents are Bert and Karen Baker and Tom and Laurie Krebill, all of Lowell.

## Krebill



**Louie and his new brother, Calvin Andrew Krebill**

**I believe that banking institutions are more dangerous to our liberties than standing armies.**

*~ Thomas Jefferson (1743 - 1826)*

\*\*\*

# area churches

### LOWELL CHURCH OF THE NAZARENE

201 N. Washington  
Lowell, MI • 897-8800  
Pastor Wes Hershberger  
Sundays - Christian Education.....9:15 a.m.  
Celebration.....10:40 a.m.  
Wednesdays - Kid's Service, Teen's Service,  
Adult Bible Study.....7:00 p.m.

**Lowell Naz - Where People Matter**



### GOOD SHEPHERD LUTHERAN CHURCH

10305 Bluewater Highway (Missouri Synod)  
Halfway between Lowell & Saranac on M-21  
www.goodshepherdlowell.org

Worship Service.....Sunday -10:00 A.M.  
(Nursery available)

Joseph Fremer, Pastor **897-8307**  
All facilities are wheelchair accessible

### CALVARY CHRISTIAN REFORMED CHURCH OF LOWELL

897-7060  
Pastor Rod Galindo  
1151 West Main Street, Lowell, MI  
Morning Worship.....10:00 A. M.  
Sunday School.....11:20 A.M.  
Evening Worship.....6:00 P.M.  
Nursery available at both services  
Barrier-Free

### SNOW UNITED METHODIST CHURCH

3189 Snow Ave. SE, Lowell  
Pastor Dr. Mike Conklin  
9:45 A.M. ....Sunday School  
10:30 A.M.....Fellowship  
11:00 A.M.....Worship

**897-9863**  
Nursery & Children  
Worship Programs Provided   
**A friend...a family...a mission!**



### FIRST BAPTIST CHURCH OF LOWELL

2275 West Main Street • 897-7168  
Internet: <http://www.fbclowell.org>  
Rev. Jon Pickens  
Rev. W. Lee Taylor & Pastor Phil Severn  
Sun. Worship Service.....9:30 A.M. & 6:00 P.M.  
Sunday School Hour/ABF's.....11:00 A.M.  
AWANA 6-8/Youth Ministry.....Wed. 6:15 P.M.  
Contact Church Office For Prayer Meeting Times  
Nursery Provided • Barrier Free

### ST. MARY'S CATHOLIC CHURCH

402 Amity St. • 897-9820  
www.stmary-lowell.com  
Weekend Masses: SAT. 5 PM; SUN. 9:30 AM  
Saturday confessions: 3-4:30 PM  
Prayer & adoration each Wed. 8:00 AM - 8 PM  
RELIGIOUS EDUCATION, CHILDREN TO ADULTS - CALL PETE WIGGINS 897-7915  
SEE LOWELL CABLE CH. 393, EWTN FOR 24 HR. CATHOLIC BROADCASTING

### FIRST UNITED METHODIST CHURCH OF LOWELL

621 E. Main Street • 897-5936  
www.lowellumc.com  
Barrier-free entrance  
Worship..... 8:30 & 10:30 a.m.  
Sunday School.....9:30  
Youth Groups (Jr. & Sr. High).....6:00  
Wednesdays  
After School Kids' Club..... UNTIL 5:30  
Rev. Rick Blunt

# happy birthday!

**MAY 2**  
Melinda D'Agostino,  
Tim Mastenbrook,  
Madison Briggs, Glen  
Bryant, Jaclyn Batt.

**MAY 3**  
Wilma Roudabush,  
Melissa Merriman, Mimi  
Mitchell, Rich Bieri.

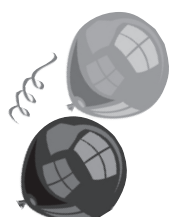
**MAY 4**  
John Borton, David  
Rhodes, Jerre Sue Smith.

**MAY 5**  
Scott Carpenter, Kevin  
Vezino, Kerry Vezino,  
Brenda Erickson, Robert  
Dalziel, Kaitlyn Kovacs.

**MAY 6**  
Jace Bellah.

**MAY 7**  
John Schalow, LeAnn  
VanDyke, Duane Rasch.

**MAY 8**  
Rhoda Greenman-Batt,  
Rhonda Timmers, Mary  
Mooney, F.J. Johnson Jr.,  
Emily Milstead.





# Cropwalk to take a step against hunger

by Emma Palova

Churches and organizations in Lowell will gather at the First United Methodist Church on Sunday, May 6, for the 18th annual Cropwalk.

“We need you to walk or sponsor a walker,” said one of the organizers, Roger LaWarre. “Together, step by step, we can make a difference in the lives of hungry people in our community and around the world.”

Each walker is expected to pay \$100 and the goal is to raise \$10,000, according to LaWarre.

Last year, approximately 75 people participated. This year, the goal is to have 100 to 125 participants.

There are two options for walkers, a 5K and a 10K. The route starts at the church and goes through downtown Lowell to Tractor Supply.

One of the major recipients of the proceeds from the Cropwalk are Flat River Outreach Ministries. Other beneficiaries include Senior Neighbors.

“Your willingness to walk and your generosity in sponsoring walkers are vital ways to join in the hunger fighting efforts in our community,” said LaWarre.

The goal of the organiz-

ers is to transform hunger into food security locally and around the world.

Donors will give an additional \$1,000 to the walk.

“Hunger and poverty are not going away until we make that happen by giving our time, our support, to families in need,” said LaWarre.

It is a known fact that 16,000 children die from

hunger related causes each day in the world.

“We can stop this atrocity one step at a time,” said LaWarre. “Please join the effort against hunger by supporting the Lowell Crop Hunger Walk.”

You can also become an online walker by going to [www.cropwalkonline.org/lowellmi](http://www.cropwalkonline.org/lowellmi). This will allow you to register as an online

walker and send out e-mails asking friends and family to support you.

“Do it today so that together we can end hunger in our world and in the Lowell community,” he said.

LaWarre has been involved with the Cropwalk off and on for the last 20 years.

# Rotarians visit Haiti to help install water filters

A group of eight Rotarians from Lowell spent an amazing week in Haiti. They focused their efforts on the island of La Gonave - 12 miles off the mainland of Port Au Prince that 100,000 Haitians call home.

The plan was to install bio-sand water filters in the homes of some of the neediest families on this earth. Having raised \$10,000 for the filters, they set out with high expectations to install them in collaboration with Starfysh, a non-governmental organization (NGO) operating solely on the island, who provided them with in-country support.

They met a group of people on the island who have virtually nothing to their names. Many lived

in small tents at sea level, with up to 12 family members sharing two mattresses in a 10x10 room they called home. Possessions were few, food was nearly nonexistent and contaminated water for drinking, cooking and washing was the norm.

After some basic education prior to the group's arrival about how the water was making them sick, causing cholera and even being responsible for their children dying, they welcomed Rotarians into their homes where they were willing to give up nearly four square feet of precious floor space for something called a water filter.

In teams of three, the group traveled to the homes over the period of a week.

Translators helped explain how these filters worked and what each family needed to do to stay healthy. The Rotarians spoke no Creole and the Haitians spoke no English. Smiles and hugs, along with basic hand signals eliminated the language barrier. Holding hands with little children and high fiving older members of the family spoke volumes to how they interacted.

At the end of a week 61 families had new hope for a healthier future.

Spending a week together as Rotarians brought them much closer as a group and spending time installing water filters enabled them to see how much more they were doing than just bringing clean water.



Pictured, left to right: Wendell Christoff, John Gruizenga, Pastor Wes Hershberger, Dr. Paul Gauthier, Susan Serne, Staci Chambers, Dr. Jim Lang and Jim White.

# Financial Focus, continued

your retirement assets. And fourth, IRAs may give you greater flexibility if you plan to pass money to your chil-

dren. In fact, if your child inherits your IRA, he or she has the option of stretching withdrawals over the child's

entire lifetime, rather than taking the money as a lump sum. (If you do transfer funds from your old 401(k) to an IRA, be sure to use a “direct rollover” to avoid the possibility of triggering unwanted taxes.)

Before making any moves with your 401(k), consult with your tax and financial advisors. By looking closely at your options, and by getting professional guidance, you can make the choice that's right for you.

Your local agent insures your

# Crop



**FARM BUREAU INSURANCE**  
Michigan's Insurance Company

Terry Abel  
6095 28th Street  
Grand Rapids

616-940-8181  
tabel@fbinsmi.com  
TerryAbelAgency.com

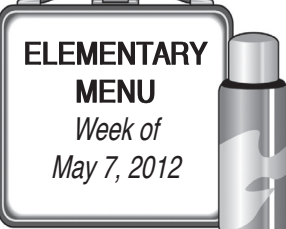
## THANK YOU

A huge thank you to these generous sponsors:

- Timpson Transport
- Magna
- The Brian O'Neil Agency
- MEEMIC • Litehouse
- Dairy Discovery • GFS
- Meijer • Target • Ada-Lowell 5
- Snow Avenue Greenhouse

and to all the Alto Elementary Staff & parents who made this year's carnival spectacular!

### LUNCH MENU



**ELEMENTARY MENU**  
Week of  
May 7, 2012

**MON:** Baked breaded fish sticks, steamed carrots, apple slices, milk.

**TUES:** Turkey w/gravy, whole grain roll, mashed potatoes, mandarin oranges, milk.

**WED:** Bushnell: Yogurt cup, cheese, crackers, celery sticks w/light ranch, peachy fruit salad w/grapes, milk. Alto, Cherry Creek, Murray Lake: Sweet & sour chicken w/brown rice, celery sticks w/light ranch dip, peachy fruit salad w/grapes, milk.

**THURS:** Whole grain pancakes w/scrambled eggs, sweet potato tots, cantaloupe, milk.

**FRI:** Nachos w/meat, cheese, lettuce & salsa, rice & beans, chilled pineapple, milk.

# Rudd's

## SEPTIC SERVICE LLC

- Septic Tanks Cleaned •
- Home Sale Evaluations •
- LOWEST PRICES IN TOWN •

**\$15 Off Septic Pumping**

WE ACCEPT COMPETITORS COUPONS!

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## Lowell Ambulance Care Plan

Serving:  
Lowell Township, City of Lowell  
and Vergennes Township

**OPEN ENROLLMENT PROGRAM OPEN NOW FOR PIECE OF MIND**  
**AMBULANCE PROTECTION, ONLY \$39 A YEAR**

With the Rockford Ambulance Care Plan you can feel safe knowing your family is protected from out-of-pocket ambulance costs. Hopefully you'll never need to use our services, but if you do, our skilled paramedics are always on standby 24/7 ready to rush to Care Plan member's aid at a moments notice.

Enroll now and receive extra months FREE

Call today to enroll in our Care Plan, 897-7902



# It's time to find this year's Mother of the Day!



### Visit these participating businesses and nominate your mother for Mother of the Day!

Mother's name \_\_\_\_\_  
 Address \_\_\_\_\_  
 Phone \_\_\_\_\_  
 Your Name \_\_\_\_\_  
 Relationship \_\_\_\_\_

In a few words, this is why I think this person should be Mother of the Day ...

*SAMPLE*  
*Must be filled out at one of the merchants listed below.*

### The winning mother will receive a Special Day and gifts from these businesses:

- Cousins' Hallmark
- Eja Salon
- Wittenbach GMC
- Jones Meat Market
- Snow Avenue Greenhouse
- Daisy Floral • Bernards
- All Weather Seal • Flat River Grill
- Main Street Inn • Crooked Creek



## History Mystery

by George Allchin

This picture shows a clam shell that has been drilled out to make buttons and a hook used to catch the clams.

In the late 1800s and early 1900s clam fishing was a thriving local business. The clams were known to be plentiful in the Grand River. The section of this river running through Lowell was often filled with people harvesting them. Many have seen the pictures of the Simmons' family in the museum's history books showing how clamming was done. The pictures show them in their boat dragging poles with 40 to 50 hooks suspended from them. The clams grabbed these hooks and the poles were raised out of the water and the clams were removed. Oscar Simmons reported that he and his crew caught as many as 100,000 clams a year. This is a pile larger than a car! The clams were cleaned and the button factories paid \$40 per ton.



Lowell once had a button factory and it was located south of Main and Monroe Street. Gus Liebbe owned this business from 1932 until 1946. During this time the button factories and the clamming industries were in for a change. The lack of regulations allowed the rivers to be stripped of clams, forcing laws to be created to protect these species. Plastic then became the more obvious choice for button making. Now all that is left of the old "button factory" is the foundation, which now stores granite blocks for the Lowell Granite Company owned by Jeff Wilterink.

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*We had several correct answers for our History Mystery last week. Thanks to all who answered. The following are readers' answers:*

My guess on the history mystery in the April 25 Ledger is a clam shell that has been machined out for buttons that they used to use for clothing and the tool that was dragged along the bottom of the river for the clam to close up on to retrieve it. My parents did this in the late 30s.

- Brad Potter

Looks like remnants from the button factory. Nacre was harvested from clam shells found in the river and was used for buttons.

- Michael Fisk

I was so excited to see the History Mystery picture this week - I totally know what it is. It's an old clam shell that was used to make "pearl buttons." The hook was dragged along the bottom of the river and would catch on the clam shells while they were open and then the shell would close around the foreign item. The fishermen would drag a series of these along the bottom and then pull them up. I grew up in Bellevue, Iowa and we had a pearl button factory. Walking along the river as kids, we used to get so mad because you couldn't find any complete shells - they all had holes punched in them. This column is a nice addition to the Ledger. Great work!

- Meggan Johnson

The picture in the Lowell Ledger, I believe to be a clam shell from the river and the round holes represent the buttons that were cut from this shell.

- Until next week, Donna Peterson

The picture in this week's Ledger is of a clam digger and a shell with the buttons punched out. There used to be a button factory in Lowell.

- Lois Fuss

Clam shell after buttons were punched out.

- Gladys Fletcher

This is from when they used to do clamming in the River and make buttons out of the clam shells.

- Sharon Thompson

*Editors note:* Looks like the museum is going to have to try a little harder to stump our readers. Keep watching the Ledger and guess the next History Mystery.

???

???

...

**Do not bite at the bait of pleasure till you know there is no hook beneath it.**

~ Thomas Jefferson (1743 - 1826)



# Food Fight, continued

The high school has been instrumental in Food Fight since the first year, but efforts have stepped up in this fourth year.

R.J. Boudro, Lowell High School counselor and Interact Club advisor, said that “this year the students came up with some new competition ideas in an effort to get more food items and help the younger students understand what is going on. Younger students could not grasp the North/South concept, so this year we are sponsoring competitions within each school.”

For 2012, the boys are pitched against girls at the high school and the other schools are competing to see which class can collect the most food.

“I think this year it will be more effective,” Petricevic said. “We have more girls than guys, but guys are just as capable of getting involved as girls.”

Eight high school teachers - four men and four women - have volunteered to have a pie delivered to their face if their gender loses. High school social studies teacher Nick Blough said he volunteered because Food Fight is a great cause that helps unite the Lowell community.

“Of course the guys will

win, because that’s what we do best! We’re focused and ready to show the Lowell community we’re determined to be victorious for the cause,” Blough said. “If the girls win, which won’t happen, but if they do, I would like an apple pie with a lot of whip cream on top!”

To keep up enthusiasm for the competition, a pie chart hanging in the cafeteria will track teams’ scores every week throughout the month of May. The Food Fight barrels will be prominently located throughout the high school, as well as in each elementary classroom.

According to Lowell schools’ superintendent, Gregg Pratt, “The Food Fight competition is yet another opportunity for Lowell students to provide meaningful service to the community, to work toward mutual achievement, to demonstrate leadership skills, as well as to learn the value of civic-mindedness. Giving back to the Lowell community will foster personal growth in our students as they build in them a sense of human compassion and experience the rewards of making a difference in the life of others.”

“Our main goal is to collect as many food items as possible while educating all students about the need to be active in our community,” Boudro said. Those food items include canned vegetables, like carrots and corn; canned fruits, like pineapple and mandarin oranges; juice, French cut green beans, spaghetti sauce, creamed corn and creamed soups, vegetable

soup, peanut butter, jelly, Hamburger Helper and Tuna Helper.

The Lowell Area Schools’ Food Fight will help kickoff the communitywide North Lowell vs. South Lowell Food Fight which begins on June 1 and runs through the conclusion of the Riverwalk festival parade on July 14. North Lowell leads the competition series 2-1 after their 2011 victory over

the South team 16,178 to 16,149, the difference of a mere 29 food items.

2012 Food Fight scoring updates will be provided at [www.facebook.com/fromlowell](http://www.facebook.com/fromlowell) and with full-color full page donor recognition displays in each Lowell Buyers Guide and Lowell Ledger throughout the competition. Donors and sponsorships can join

the communitywide event by calling the Food Fight hotline at 421-0029 or e-mailing [foodfight@fromlowell.org](mailto:foodfight@fromlowell.org)

Flat River Outreach Ministries is a nonprofit organization whose mission is serving the people of the greater Lowell area in their time of hardship. You can find more information at [www.fromlowell.org](http://www.fromlowell.org)



# Students release salmon fingerlings

Students from both Lowell High School and Thornapple Kellogg Page Elementary School released upwards of 150 chinook salmon into the Grand River (at the confluence of the Flat River) in Lowell on Friday.

This was the culmination of a unique, school-year long, hands-on program: Salmon in the Classroom (SIC). “Trout Unlimited has been a great partner in growing the Salmon in the Classroom program. Their network has been integral

for funding teacher equipment and to share their volunteer efforts to streamline the egg pick-up days and to share their experience and enthusiasm with participants,” said Natalie Elkins.

SIC offers teachers/students the opportunity to pick up salmon eggs in the fall, raise them in their classroom and in the spring when the salmon are three to four inches, release them. The salmon will then imprint before making their journey to Lake Michigan where they forage for an average of

three years, then return to the Grand River to spawn as an adult.

Lowell High School teacher Tammy Coleman has offered SIC in her Natural Resource Management, ecology and biology classes since 2006.

“The opportunities that Schrems TU [Trout Unlimited] provided for my students are invaluable. They are able to learn about life cycles, management of freshwater fisheries, habitat and apply the learning to the issues surrounding our Great Lakes. The students take a sincere interest in the care of these fish and are part of the entire project, building experience and responsibility. We are ex-

tremely grateful for the assistance from TU, both financially and through the wonderful volunteers who work with my students on fly casting, kayaking and habitat assessment techniques.”

This is the first year Thornapple Kellogg Page Elementary teacher Curt Wissink has offered SIC.

JR Hartman, Schrems West Michigan Chapter TU President adds, “Schrems has partnered with MDNR for the past six years to offer SIC in West Michigan. To date, nine schools have been sponsored (by way of a \$1000 grant to purchase needed equipment) by Schrems and we add two new schools annually.”



Teacher Tammy Coleman helps students release their fish.



Dick Smith provided some fly rod casting instruction.



# Red Arrow SOFTBALL SPORTS

## Girls win conference opener

by Karen Jack  
The softball team opened their conference play with a big win over Grand Rapids Christian.

Pitcher Morgan Groom had eleven strikeouts to win the game 4-0. The game was scoreless until the fourth inning when Lindsey Crawford hit a single. Then Julie Smith sacrifice bunted her to second base. With two outs, Grace Quiggle went to the plate and hit a double, sending Crawford home for a run, giving the Arrows a 1-0 lead.

In the sixth inning, Carissa Paiz went to the plate

with two outs and ripped a double. Smith then singled, putting runners on first and second; Quiggle then hit a single, bringing Paiz home for another run. With runners on second and third base, Jenna Smith hit a single, scoring for both Quiggle and little sister Julie. Shelby Winters also went to the plate as a pinch hitter and did her job getting a single in the inning.

The girls are at home on Thursday (May 3) against Northview, with the game starting at 4:15 pm.



Morgan Groom gets ready to throw the ball.

Carissa Paiz rips a single.

### LEGAL NOTICE

STATE OF MICHIGAN  
PROBATE COURT  
COUNTY OF KENT

NOTICE TO CREDITORS  
Decedent's Estate  
FILE NO. 12-192046-DE

Estate of MARY GRYSZKO a/k/a MARIA GRYSZKO. Date of birth: 09/30/1927.

TO ALL CREDITORS:

NOTICE TO CREDITORS: The decedent, Mary Gryszko a/k/a Maria Gryszko, who lived at 1009 - 4th Street NW, Grand Rapids, Michigan died 03/07/2012.

Creditors of the decedent are notified that all claims against the estate will be forever barred unless presented to Christine M. DeWitt, named personal representative or proposed personal representative, or to both the probate court at 180 Ottawa Avenue NW, Ste. 2500, Grand Rapids and the named/proposed personal representative within 4 months after the date of publication of this notice.

04/26/2012

John D. Mitus (P31244)  
410 Bridge St., NW  
Grand Rapids, MI 49504  
616-774-4001

Christine M. DeWitt  
1234 Hillcrest NW  
Grand Rapids, MI 49504

**WE ACCEPT**




Phone Orders  
Welcome  
**Lowell Ledger**  
897-9261

### LEGAL NOTICE

NOTICE TO CREDITORS

The Frances Yost Trust  
Re: Frances Yost, Date of Birth April 20, 1926

NOTICE TO CREDITORS: The decedent, Frances Yost, who lived at 981 - 6 Mile Road, NW, Alpine Township, MI 49321, died October 23, 2011.

Creditors of the decedent are notified that all claims against the deceased or the trust will be forever barred unless presented to Donna J. Scholten, Trustee, within 4 months after the date of publication of this notice.

April 26, 2012

John D. Mitus, Attorney (P31244)  
410 Bridge Street, NW  
Grand Rapids, MI 49504  
616-774-4001

Donna J. Scholten, Trustee  
8530 Peach Ridge, NW  
Sparta, MI 49345

## CITY OF LOWELL KENT COUNTY, MICHIGAN

The City of Lowell Planning-Citizens Advisory Commission will conduct a public hearing at Lowell City Hall, located at 301 East Main Street, Lowell, MI 49331 on Tuesday, May 29, 2012 at 7:00 PM concerning a proposed amendment to the City's Zoning Ordinance. The following provides a summary of the proposed amendment and its regulatory effect:

The amendment will revise Section 2.20 "Definitions - V" of Chapter 2 "Definitions," Section 12.03 "Special land uses" of Chapter 12 "C-3 General Business District," Section 13.02 "Uses permitted by right" of Chapter 13 "I-Industrial District," and Section 17.04 "Site design standards" of Chapter 17 "Special land uses" of "Appendix A-Zoning Ordinance" of the Code of Ordinances of the City of Lowell, to define "vehicle towing service," permit it as a special land use in a C-3 General Business District and as a use permitted by right in an I-Industrial District and describe the standards to be applied to such use.

At the above time and place, all interested parties will be given an opportunity to be heard. Written comments concerning the proposed amendment may be mailed or delivered to the Lowell City Clerk, 301 East Main Street, Lowell, MI 49331 up to the date of the public hearing. Copies of the proposed ordinance amendment may be viewed at City Hall at the address noted above during normal business hours.



Betty R. Morlock  
City Clerk

### TRACK

## Boys conquer a three-year dry spell

by Karen Jack

The boys' track team had something to celebrate last Tuesday. For the first time in three years, they won, beating Northview, with ten first place finishes out of the 17 events.

Matt Kyllonen had a great day getting three first places and one second place. His first place events were the long jump with a 20 foot jump, the 200 meter run with a time of 23.19 and the 400 meter run with a time of 54.1. His second place finish was in high jump.

Zach Rose placed first in both the 110 meter hurdle and the 300 meter hurdle, with the fastest time in the league of 42.56 for the 300 meter race.

Other multiple winners included Zach Crawford placing third in the discus throw and 800 meter run, Chase Treglia taking second in the shotput and third in the discus, Jacob Khodl tak-

ing second in the long jump and third in the 400 meter run, and Pierce Watson taking second in the 300 meter hurdle and third in the 110 meter hurdle.

Robby Coffey won first place in the pole vault (12'6") and Bryce Hrusovsky took second place in the 110 meter hurdle. John Mark placed third in the mile run. Sean Khodl placed first in the 800 meter run and Zach Diamond placed third in the 3200 meter run.

The relay teams that took first were S. Khodl, Crawford, Mark and Diamond in the 4 x 800 run; Coffey, Watson, Austin Sherrill and Gabe Gorman in the 4 x 100 meter race; and S. Khodl, Hrusovsky, J. Khodl and Rose in the 4 x 400 meter race.

The team goes to Creston on Thursday (May 3) with a start time of 4:15 pm.

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[www.thelowellledger.com](http://www.thelowellledger.com)

Go Arrows! 



# Red Arrow BASEBALL SPORTS

## Lowell Red Arrows triumph over East Grand Rapids

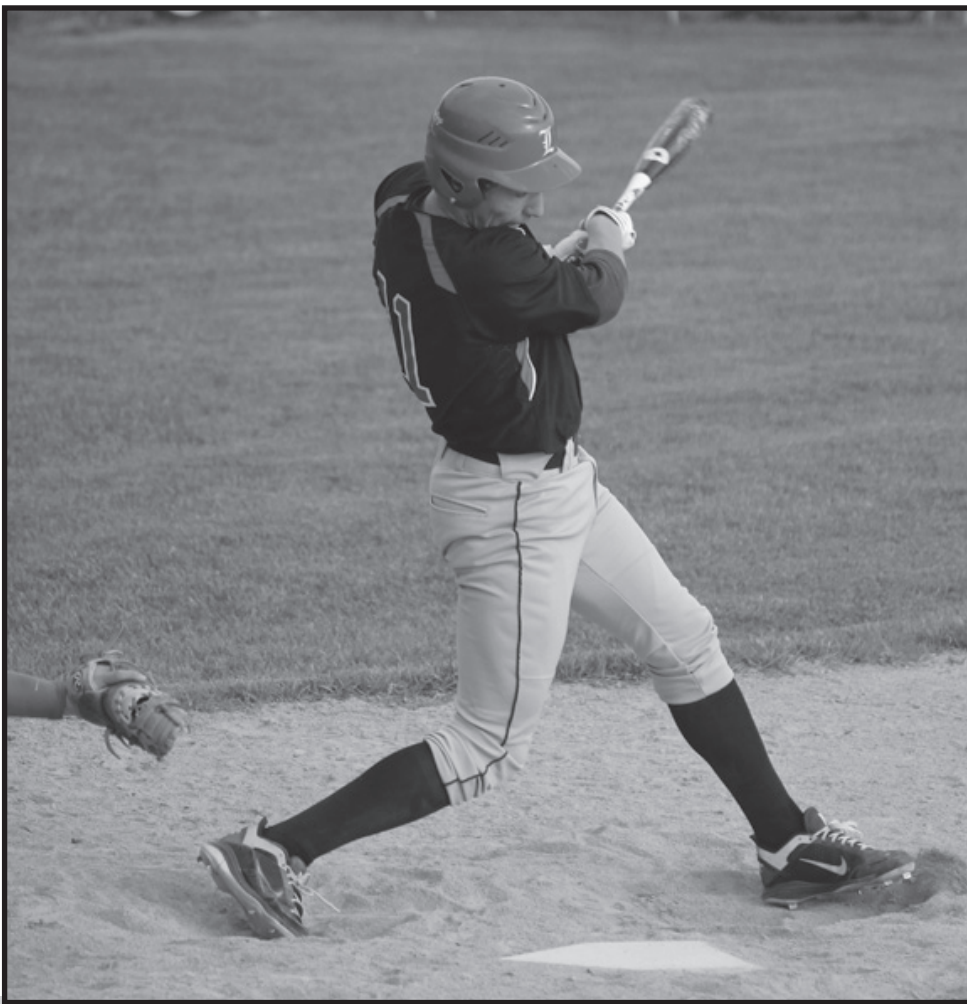
by Karen Jack

It was a tough week last week that had the baseball team losing to East Grand Rapids on Tuesday 10-7. In that game, Luke Bigham and Travis Gordon had two hits each.

But the Arrows sought revenge and succeeded in beating the same team on Thursday in both games of a doubleheader. The first game of this doubleheader was actually stopped on Tuesday due to darkness. It was continued on Thursday as game one, with the teams tied at four runs each. The Arrows scored a run in the fifth inning to go ahead. In the sixth inning, they scored four more runs to win the game 9-4, thanks to three hits from Zach Huver and two hits from Kyler Sherlow. As the pitcher, J.P. North, took the win with six strikeouts.

In the second game, the Arrows beat East Grand Rapids 8-7, with the winning pitcher being Tim Antel. Getting two hits each in that game were Huver, Sherlow and Jordan Drake.

The next home game



Kyler Sherlow gets one of his four hits.

for the Arrows is a doubleheader on Friday (May 4) against Cedar Springs. The first game starts at 4:15 pm and the second game starts at 6:00 pm.



With five hits for the series, Zach Huver swings for one of them.

# EARTH TALK



## Questions & Answers About Our Environment

**Dear EarthTalk:** I've heard that many air fresheners contain toxic chemicals. Are there any green-friendly, non-toxic air fresheners out there, or how can I make my own?  
- Jenny Rae, Bolton, MA

It is true that some air fresheners on the market today make use of harsh chemicals to eliminate or overpower odors. "Many air fresheners contain nerve-deadening chemicals that coat your nasal passages and temporarily block your sense of smell," reports National Geographic's The Green Guide. Some of the most offensive ingredients — volatile organic compounds (VOCs), benzene and formaldehyde — can cause headaches and nausea and aggravate asthma, and have been linked to neurological damage and cancer.

Perhaps even more worrisome, though, are dispersants known as phthalates that cause hormonal and reproductive issues, birth defects and developmental disorders. A 2007 review by the non-profit Natural Resources Defense Council (NRDC) found that 12 out of 14 widely available air fresheners contained phthalates. Some of the air fresheners that tested positive for phthalates were labeled as "all-natural" or "unscented." Two of the worst offenders analyzed by NRDC were sold at Walgreens stores under that company's own generic label. As a result, Walgreens removed the products

from its shelves, and the manufacturer which made them reformulated their product line without phthalates.

Given such problems with air fresheners, many of us are looking for non-toxic alternatives. Of course, first and foremost would be opening a window or two, as nothing beats good old fresh air for shooing away offensive odors. But sometimes the weather doesn't cooperate for leaving windows and doors open. The website [greenhome.com](http://greenhome.com) suggests



filling a small spray bottle with a mixture of four teaspoons baking soda and four cups of water and then spraying the solution in a fine mist to neutralizer odors. Similarly, The Green Guide suggests mixing a few drops of an organic essential oil (lemon,

orange and lavender are popular choices) with distilled or purified water and spraying with a mister. Another all-natural way to get rid of nasty smells is by

wrapping cloves and cinnamon in cheesecloth and boiling them in water. Yet another consists of leaving herbal bouquets standing in open dishes where the fragrance can disperse throughout a room. And don't underestimate the air-cleansing power of houseplants, which can improve indoor air quality by filtering toxins out of the air. Mother Nature Network reports that aloe vera plants can filter benzene and formaldehyde out of the air, that spider plants are known for their ability to take xylene and carbon monoxide out of the indoor environment, and that gerber daisies excel at removing the trichloroethylene that may come home with your dry cleaning.

Greenhome.com also sells a variety of non-toxic air fresheners for those less inclined to making their own. EcoDiscoveries AirZyme makes use of natural enzymes to eliminate smoke, pet or other smells with a few sprays. Other options include The Natural's Air Freshener & Deodorizer and Tru Melange's Beeswax and Soy candles.

**CONTACTS:** The Green Guide, <http://environment.nationalgeographic.com/environment/green-guide>; Greenhome.com, [www.greenhome.com](http://www.greenhome.com); Mother Nature Network, [www.mnn.com](http://www.mnn.com).

**Dear EarthTalk:** What are "catch shares" as a strategy for rescuing fish populations that are on the brink? - Peter Parmalee, New Orleans, LA

The term "Catch shares" — also called Limited Access Privilege Programs (LAPPs) — refers to a fisheries management technique whereby individual fishermen, cooperatives or fishing communities are guaranteed a certain percentage of the overall "Total Allowable Catch" (TAC) for a certain fish species (or "fish stock") in a given area. Catch shares are typically implemented to protect established fishermen's livelihoods during efforts to scale back commercial harvesting of overfished species.

"Fishermen are usually allowed to buy and sell shares in order to maximize their profit," reports the Environmen-



# obituaries

## KROPF

Howard Dunham Kropf, age 93, of Lowell, went to be with his Lord Sunday, April 29, 2012. He is survived by his wife of 69 years, Eileen; children, Keith (Marcia) Kropf, Carolyn (John) Hardie, J. Richard (Marilyn) Kropf, Barbara Will; 14 grandchildren; 14 great-grandchildren; and many nieces and nephews. He was preceded in death by his sisters, Norma Duncan, Dorothy Jenks; and grandson, Casey Kropf. Howard grew up on his family farm in Vergennes Township. He became a truck driver for several years, then for over 35 years worked as quality control for Belding Fruit Sales. After his retirement, he returned to truck driving working for Litehouse Inc. in Lowell. As a very avid fisherman, Howard knew the best fishing spots on every local lake and river and many throughout the rest of the state. Funeral service will be held Saturday at 10:30 am at Alton Bible Church, 2780 Lincoln Lake Road, Lowell. Pastors Ken Ford and Dean Blough officiating. Interment Alton Cemetery. Visitations, Thursday 6-8:00 pm and Friday 2-4:00 pm and 6-8:00 pm at Roth-Gerst Chapel, 305 N. Hudson, Lowell. Memorial contributions may be made to Alton Cemetery Fund or Parkinson's Association of W.M., 260 Jefferson Ave. S.E., Ste 210, Grand Rapids, MI 49503. Arrangements provided by Roth-Gerst, 305 N. Hudson, Lowell, Michigan 49331.



www.gerstfuneralhomes.com

# Social Security Q & A

**Question:** I lost my Social Security card, should I get a new one?

**Answer:** If you know your Social Security number, you may not need a replacement card. You can replace your Social Security card for free if it is lost or stolen, but you are limited to three replacement cards in a year and 10 during your lifetime. Learn more at [www.socialsecurity.gov/ssnumber](http://www.socialsecurity.gov/ssnumber).

**Question:** I worked for the last 10 years and I now have my 40 credits. Does this mean that I can stop working and get the maximum Social Security retirement benefit when it's time to retire?

**Answer:** The 40 credits are the minimum number you need to qualify for retirement benefits. However, we do not base the amount of the benefit on those credits; we base it on your earnings over your working lifetime. To learn more about Social Security retirement benefits and how your benefit amount is figured, read our online publication, Retirement Benefits, at [www.socialsecurity.gov/pubs/10035.html](http://www.socialsecurity.gov/pubs/10035.html).

**Question:** I want to estimate my retirement benefit at different ages. Is there a way to do that?

**Answer:** Use our Retirement Estimator at [www.socialsecurity.gov/estimator](http://www.socialsecurity.gov/estimator) to get an instant, personalized retirement benefit estimate based on current law and your earnings record. The Retirement Estimator, which also is available in Spanish, lets you create additional "what if" retirement scenarios based on different income levels and "stop work" ages.

**Question:** If both my spouse and I are entitled to Social Security benefits, is there any reduction in our payments because we are married?

**Answer:** No. We calculate lifetime earnings independently to determine each spouse's Social Security benefit amount, and couples are not penalized simply because they are married. When each member of a married couple meets all other eligibility requirements to receive Social Security retirement benefits, each spouse receives a monthly benefit amount based on his or her own earnings. If one member of the couple earned low wages or failed to earn enough Social Security credits to be insured for retirement benefits, he or she may be eligible to receive benefits as a spouse. Learn

more about earning Social Security credits by reading our publication on the subject at [www.socialsecurity.gov/pubs/10072.html](http://www.socialsecurity.gov/pubs/10072.html).

**Question:** I am receiving Social Security disability benefits. Is there a way for me to try working and not lose my benefits?

**Answer:** We have special rules called "work incentives" that help you keep your benefits and Medicare while you test your ability to work. For example, there is a "trial work period" during which you can receive full benefits regardless of how much you earn, as long as you report your work activity and continue to have a disabling impairment. For more information about work incentives if you collect disability benefits and want to return to work, we recommend that you read the leaflet, Working While Disabled-How We Can Help at [www.socialsecurity.gov/pubs/10095.html](http://www.socialsecurity.gov/pubs/10095.html).

**Question:** I currently receive Social Security disability benefits. Is there a time limit on how long you can collect Social Security disability benefits?

**Answer:** Your disability benefits will continue as long as your medical condition has not improved and you cannot work. We will review your case at regular intervals to make sure you are still disabled. Learn more by reading our publication, Disability Benefits, at [www.socialsecurity.gov/pubs/10029.html](http://www.socialsecurity.gov/pubs/10029.html).

**Question:** Is it true that a person can own a home and still be eligible for Supplemental Security Income (SSI) benefits?

**Answer:** Yes. A person who owns a home and lives in that home can be eligible for SSI benefits. Although there is an asset limit for people to qualify for SSI, some things don't count toward that limit, such as a house, a vehicle, and some funds set aside for burial expenses. To learn more about SSI and the eligibility requirements, browse our booklet, Supplemental Security Income at [www.socialsecurity.gov/pubs/11000.html](http://www.socialsecurity.gov/pubs/11000.html).

**Question:** I know you need to have limited re-

sources to receive Supplemental Security Income (SSI). But what is considered a "resource?"

**Answer:** Resources are things you own that you can use for support. They include cash, real estate, personal belongings, bank accounts, stocks, and bonds. To be eligible for SSI a person must have \$2,000 or less in countable resources. (A married couple must have \$3,000 or less in countable resources.) Not all of your resources count toward the SSI resource limit. For example:

The home you live in and the land it's on do not count.

Your personal effects and household goods do not count.

Life insurance policies may not count, depending on their value.

Your car usually does not count.

Burial plots for you and members of your immediate family do not count.

Up to \$1,500 in burial funds for you and up to \$1,500 in burial funds for your spouse may not count.

If you are blind or have a disability, some items may not count if you plan to use them to work or earn extra income.

You may also wish to read our material on "resources" in the booklet, Understanding SSI at <http://www.socialsecurity.gov/ssi/text-understanding-ssi.htm>

**Question:** I want to apply for Medicare Part B medical insurance this year. When is the deadline to apply?

**Answer:** If you didn't sign up for Medicare Part B medical insurance when you first became eligible for Medicare, you now have an opportunity to apply — but time is running out. The deadline for applying during the general enrollment period is March 31. If you miss the deadline, you may have to wait until 2013 to apply. Medicare Part B covers some medical expenses not covered by Medicare Part A (hospital insurance), such as doctors' fees, outpatient hospital visits, and other medical supplies. You can learn more about Medicare by reading our electronic booklet, Medicare at [www.socialsecurity.gov/pubs/10043.html](http://www.socialsecurity.gov/pubs/10043.html).

## PUZZLE SOLUTIONS

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6	3	7	1	8	5	2	4	9
2	8	9	6	4	3	1	7	5

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**Fri. 8 a.m. - 2 p.m.**  
**closed Sat. & Sun.**

# classifieds

## for sale

**MATTRESS SETS** - All new. Twin \$125; full \$139; queen \$149; king \$199 & up. Pillowtop sets \$175 & up. Bunkbeds \$199 & up. Waterbeds \$65 & up. Can deliver. 616-682-4767 or 293-6160.

**FREE AD!** - Place & pay for a classified ad in the Buyers Guide & Lowell Ledger for 3 weeks & receive the 4th week FREE! You must mention the special in order to receive this offer. Valid only with new classified ads, and must be paid for when ad is placed. Call 897-9555, fax 897-4809 or email to: classifieds@lowellbuyersguide.com, 105 N. Broadway, Lowell. Ph. 897-9261.

**KENMORE REFRIGERATOR & STOVE SET** - (2006), cost \$900, sell \$199 for pair. Hammond Wholesale, 320 W. Main St., Carson City, 989-584-1600. See us on Facebook.

**ADJUSTABLE BED** - Includes memory foam mattress. Never used, \$1,299. Can deliver. 616-682-4767 or 293-5188.

**GOLF LESSONS** - Adults, \$40, 4 weeks starting May 10 at 6 p.m. Juniors, \$25, 4 weeks starting May 19, 9 a.m. & 10 a.m. Deer Run Golf Club, 616-897-8481 or 616-238-9211.

**TWIN BED** - Mattress, box spring & frame, (Sealy), \$85 complete. Hammond Wholesale, 320 W. Main St., Carson City, 989-584-1600. See us on Facebook.

**QUEEN ADJUSTABLE BED W/MASSAGE** - \$999. Bunkbed \$199 up. Waterbeds \$65 & up. 616-682-4767 or 293-6160.

**CENTRAL BOILER EC-CLASSIC** - Outdoor Wood Furnace. Less time, less mess. Fewer emissions. EPA qualified. 97% efficient. Sale. Call SOS your "Stocking Dealer" Dutton, MI 616-554-8669 or 616-915-5061.

**BED & MATTRESS SET** - queen, Sealy, \$95 includes frame. Hammond Wholesale, 320 W. Main St., Carson City, 989-584-1600. See us on Facebook. Delivery available.

**POTTED TREES** - Colorado blue spruce. Call 616-868-7243.

**200 APPLIANCES** - Washers, dryers, refrigerators & stoves. Guaranteed. From \$69. Hammond Wholesale, 320 W. Main St., Carson City, 989-584-1600. See us on Facebook. Delivery available.

**QUEEN PILLOWTOP SET** - All new. Compare at \$248, sale \$229. Thick & plush. Can deliver. 616-682-4767 or 293-6160.

**KEY CARDS STILL AVAILABLE** - Now \$20. Help support the LHS Academic Boosters. Stop by & get your card today, Lowell Ledger 105 N. Broadway. Cash or check only please.

## for sale

**MEMORY FOAM MATTRESS SET** - All new "CoolJel", 1 Comfort. Retail \$1299, wholesale \$699. 616-682-4767 or 293-6160.

**QUEEN PILLOWTOP MATTRESS SET** - (new), \$248/set. Thick & plush. Hammond Wholesale, 320 W. Main St., Carson City, 989-584-1600. See us on Facebook.

## for rent

**WOODED VIEW APARTMENTS** - 2 BR starts at only \$499. Easy access to M-66. Wooded setting close to schools and shopping. Tons of storage. Rent based on income. TDD: 800-649-3777. EHO/Barrier Free. Call before gone, 616-527-6266.

**FOR RENT** - Pole barn, 40x60, north of Lowell. Info, Peggy, 897-5807.

**OFFICE SPACE AVAILABLE** - in Ada on M21. Any size up to 4000 ft. Call 616-204-1017.

**PRICELESS STORAGE - Indoor/outdoor. New Units on Alden Nash, 1 mile South of I96. Call for specials 558-2900.**

**HALL FOR RENT** - Lowell Veteran's Center, 3100 Alden Nash. Newly remodeled, smoke-free, private, great location & great rate! www.vfw8303.org. Also for those interested in dance classes at the post. Call John at 299-0486 or 897-8303.

## misc.

**AUCTION** - every Friday night, 6:30 p.m. 420 N. Lafayette, Greenville, MI. Antiques, furniture, railroad, fishing items, dolls & much more. Always taking consignment. Visit auctionzip.com or call Rick at 616-302-8963.

**NEW! ALTO FARMERS MARKET** - Saturdays starting May 5, 8 a.m. - 1 p.m. Veterans Memorial Park, downtown Alto. Vendors wanted - no charge. Questions or to reserve a spot, call Lyndsay 868-6607. Sponsored by Alto DDA.

**SNOW UNITED METHODIST CHURCH** - at 3189 Snow Ave. SE will serve a family style Ham & Scalloped Potato dinner on Wednesday, May 9, starting at 5:30 p.m. Adults are \$9, children 6-12 are \$3 and children 5 & under are free. Takeout dinners also available.

## help wanted

**NOW HIRING** - and training for career positions with West Michigan's leading real estate company. Call Rick Seese, Greenridge Realty, Inc. for a confidential interview. 616-437-2576 or 616-974-4250.

**COMMERCIAL CLEANING POSITION** - Janitorial position available in the Cascade/Ada area. Part-time 10 hours per week. Reliable transportation & valid drivers license required. We offer competitive wages. Stop in soon & fill out an application. Metropolitan Building Maintenance, 868 Barnum SW, Grand Rapids, MI 49509.

**GREEN ACRES OF LOWELL** - is currently seeking an experienced part-time cook to prepare nutritious tasteful meals & snacks for residents. Candidate will need to be available to work weekends. If you have a passion to work with the elderly & truly want to make a difference then we want you! For immediate consideration, apply in person at: 11530 Fulton Street SE, Lowell, MI. No phone calls please.

## free

**FREE COMIC BOOK DAY** - Sat., May 5. Rookies Sportcards Plus, 106 W. Main St., Lowell. 897-5650. www.rookies-sportcards.com

## wanted

**I WANT TO BUY** - refrigerator, stove, washer, dryer & furniture in good shape. Have cash. 989-584-6818.

**LOOKING FOR RENTAL HOUSE/LEASE** - with option/land contract/new home in Lowell. 3+ bed/2+ bath. Prefer Murray Lake Elementary school. Prefer basement and garage. Bad credit from foreclosure. Need to move in July. Please call 897-4355.

**HOST FAMILIES NEEDED - caring, loving & teen friendly host families are needed to host 15-18 year old Foreign Exchange Students for the 2012-13 high school year. The host parents provide room/board, students provide their own expenses & have medical insurance. PIE is a Government designated, non-profit organization. Let me know if you are interested and would like more details. Call 616-527-0012 or 1-800-382-7439.**

**SOUND OFF PHONE LINE 897-0787**

## sales

**ALTO** - Lots more stuff, old & new. Craft supplies, beads, lace, ribbon, scrapbooking, primitive kitchenware, depression glass, baskets, metal beds, toys. Priced to sell. Thurs., May 3 - Sat., May 5, 9-5. 5911 Snow Ave. (Take Whitneyville to 60th east to Snow, north to house).

**MOVING SALE** - 326 Riverside Dr. Thurs. & Fri., May 3 & 4, 8 a.m. - 5 p.m.

**WEST CATHOLIC SPRING CRAFT SHOW** - Sat., May 12, 2012. Information at www.westcatholicband.org

**GARAGE SALE** - baby to adult clothes, mens 3XL, mission style coffee table, lamps, toys, bikes & more. 11360 Foreman. Fri. & Sat., 5/4 & 5/5, 9 a.m. - ?

**GARAGE SALE** - Sat., May 5 only. 13363 Vergennes.

**FOREMAN FARMS NEIGHBORHOOD GARAGE SALES** - Fri., May 4, 9-5 & Sat., May 5, 9-noon. Kids' clothes, John Deere riding lawn mower, antiques, generator, vintage fishing rods & much more!

**HUGE YARD SALE** - Impact Church in Lowell (1069 Lincoln Lake Ave. SE). Thurs., May 3 - Sat., May 5, 9 a.m. - 3 p.m.

**RELAY FOR LIFE ANNUAL SPRING GARAGE SALE** - May 3 & 4, 8:30 - 5 p.m. 430 N. Washington, Lowell. Clothes for all ages, household items, books & furniture.

## sales

**BAPTIST CHURCH SPRING SALE** - Burton & Plymouth SE, Grand Rapids. May 5, 9-3. 616-949-6668.

**MULTI FAMILY YARD SALE** - Fri. - Sat., May 4-5, 8 a.m. - 4 p.m., 1030 Hunt St., W. of Lincoln Lake. Toys, baby clothes, ladies' clothes, multiple household items. Cleaning out the sheds, so lots of misc. stuff. Lots of items from different households.

## services

**TAXES, PAYROLL, QUICKBOOKS, & ACCOUNTING SERVICE** - by certified Quickbooks advisor. Call Kathy 897-6351.

**WALNUT HILL LAWN SERVICE** - lawn mowing, rototilling & general lawn maintenance. Reasonable rates & free estimate. Call Aaron at 616-328-9558.

**COUNSELING SERVICES - from a local licensed therapist. Pain management, mental/behavioral health & career. 238-2116 Life Transitions Therapy.**

**THINK SPRING!** - Free appliance removal. Want it out today? Call J&J! We remove ALL household appliances, lawn mowers, vehicles, campers, batteries, radiators, bikes, grills, trampolines, metal fencing, metal windows & doors. Any metal. 616-719-9742.

## services

**PROFESSIONAL TREE CLIMBER NEEDS WORK** - Fully insured. Removals, trims, chipping, stump grinding. Call Dan for free estimate at 616-970-3832.

**HANDY REPAIR SERVICE** - All kinds of service work: locks rekeyed, deadbolts installed, screen & window repair. Call Bob Ford, 299-3198.

**SHIP YOUR UPS PACKAGES WITH US & SAVE!!** - Call us for a price comparison. We will need: weight, zip code & dimensions of the box. No Hazardous materials or firearms accepted. Daily UPS pickup at 3 p.m. Lowell Ledger, 105 N. Broadway, 897-9261.

**NEED A DUMPSTER? - 14 to 20 yards available. Garage, attic, household cleanup, roofing, trash, junk etc. Dependable service & affordable prices. Call for free estimates. Contact Doug 616-295-6640.**

## in

## memoriam

In loving memory of **ARNIE DELOOF**  
 Aug. 10, 1934  
 April 26, 2010  
 Your favorite "Aunt Addie"  
 as you used to say!  
 Really, your niece!  
 We miss you!

# Coming Events

**PLEASE NOTE** - Coming Events are for non-profit organizations. If you are charging admission for an event - it is considered an advertisement. Coming events are ran on a space available basis & **ARE NOT GUARANTEED TO RUN.** If you would like to make sure your event is placed in the paper, please call our office & place it as a classified ad. We will not run ANY Garage or Rummage Sales as a coming event. All Coming Events or changes to coming events should be submitted by fax: 897-4809, email: classifieds@lowellbuyersguide.com, by mail: PO Box 128, Lowell, MI 49331 or in person: 105 N. Broadway, Lowell.

**NEW ALTO FARMERS MARKET** - Saturdays starting May 5, 8 a.m. - 1 p.m. Veterans Memorial Park, downtown Alto. Sponsored by Alto DDA.

**CIVIL AIR PATROL** - Meets the second & fourth Tues. of the month, 6 p.m., Benz Aviation Building at Ionia Airport, teen/adult programs available, Call Shawna, 616-430-1348 or visit online http://mi222.miwg-cap.org

**KIDS TALK** - Every Tues., in 1st - 4th grade on a cancer or grief journey. Incorporates curriculum-based activities, discussion & playtime. Gilda's Club - Lowell Clubhouse, 314 S. Hudson, Lowell, 897-8600.

**ADULT CANCER SUPPORT GROUP** - Every Tues., 6-7:15 p.m., for adults diagnosed with cancer. Gilda's Club - Lowell Clubhouse, 314 S. Hudson, Lowell.

**FREE SENIOR COFFEE** - Every fourth Friday, 8-9 a.m., sponsored by Laurels of Kent, Lowell McDonalds, 1300 W. Main St.

**FOOD PANTRY** - First Friday of month at Lakeside Community Church, 6201 Whitneyville Rd. Free frozen, perishable food. Registration 1 p.m., distribution 4 p.m. Bring own containers. 868-6402.

**MOMS IN TOUCH GROUP** - forming for Alto Elementary. Call Suzanne for more info, 868-7337.

**FREE SMOKING CESSATION CLASSES** - offered at Lowell Family Medical Center. Call 616-446-7058 to register. The class runs for 8 weeks. Evening & weekend sessions are available. Time & dates will be determined by those registered.

**LOWELL WOMEN'S CLUB** - Meets the second Wed. of each month, Sept. - May, 11:45 a.m., Schneider Manor. For more information call Jan at 897-2533.

**FIRST & THIRD WEDNESDAYS** - Fun at Calvary for boys & girls preschool - 8th grade. Cadets for boys 1st - 8th; GEMS for girls 3rd - 8th; Kingdom Kids for boys & girls preschool - 2nd grade. 1125 W. Main, Lowell. Ph. 897-7060, email: lowellcalvarycrc@yahoo.com

**LOWELL** - Varsity sporting events, concerts, school board meetings, city council meetings, etc., can be downloaded for viewing from the www.wlhistv.org website. Many athletic contests & concerts can also be heard 'live' from the www.wlhradio.org website.

**STORYTIME** - Tues., May 8 at 10 a.m. Last storytime until fall at Saranac Public Library, 61 Bridge St., Saranac. 616-642-9146.

**KNITTING 101** - Every Tues., 10 a.m. - noon, Clarksville Area Library, 130 S. Main St., Clarksville. 616-693-1001.

**FREE SENIOR PANCAKE BREAKFAST** - Every third Wed. from 7:30 - 9:30 a.m. at Laurels of Kent, 350 N. Center St. RSVP 897-8473.

**CARVING CLUB** - Thursdays from 6:30-8 p.m. New members welcomed. Call for information, 616-752-0096.

**FREE SPRING CONCERT** - Sun., May 20, 2:30 - 3:30 p.m. Concert music for all ages performed by Forest Hills Adult Comm. Band at Forest Hills Eastern High School Auditorium, 2200 Pettis Ave. NE, Ada. Parking: Knapp St. entrance closest to auditorium. For more information contact Denise Antonopoulos, 616-682-1560 or www.fhacb.org



# Red Arrow SPORTS

## Player Spotlight

### Our Spotlight Athletes This Week:

*Delaney McCarrey*

**Team:** Lacrosse

**Grade:** Junior

*Ben Hart*

**Team:** Golf

**Grade:** Senior

*Delaney*

**How long have you been playing lacrosse?**

**What position(s) do you play?**

*I have been playing lacrosse for three years. The positions I play are middle and attack.*



**What is your favorite sport?**

*I like watching football and hockey, but as far as playing a sport, I love lacrosse.*

**Have you received any awards for any of them?**

*Not yet, but hopefully I will soon.*

**Do you have siblings?**

*Yes, I have a brother, Conor. He graduated from Lowell High School last year and he goes to Central Michigan University now.*

**What do you like to do for fun?**

*I love going dancing with friends and going to the beach for fun.*

**What was your personal best during any of your sports?**

*My personal best was when I scored my first goal in lacrosse. It was so exciting! But personally, the best thing that has happened to me in lacrosse is when my team became a varsity sport.*

**Do you plan on playing any sport in college?**

**If so, which one?**

*If I was asked to play on a lacrosse team, I would totally do it.*

**Do you plan on attending college?**

**If so, any ideas on where?**

*Yes, I do plan on attending college. I'm planning on going to Central Michigan with my family (brother) and friends.*

*Ben*

**How long have you been playing golf?**

*I've been around golf all my life, but really started playing in eighth grade, so I've been playing for five years.*

**What other sports do you play?**

*I ran cross country for the first time this year, and just play sports for fun outside of school*

**What is your favorite sport?**

*My favorite sport is golf, by far.*

**Have you received any awards for any of them?**

*I was honorable mention all-conference last year for golf.*

**Have you broken any records?**

*I have not broken any records but I hope to this year, seeing as it's my last year of high school golf.*

**Do you have siblings?**

*I have three other siblings. Louie is a freshman and plays football, basketball, and track. Maria is a sixth grader at the Middle School, and Addie is in fifth grade at Murray Lake.*

**What do you like to do for fun?**

*For fun, I play golf whenever it's possible to. I went in January and December with friends, and plan on playing every month of this year!*

**What was your personal best during any of your sports?**

*My personal best in golf is a tie for second with a 77 in one of my summer tournaments.*

**Do you plan on attending college?**

*Yes, I'm going to attend Olivet.*

**Do you plan on playing any sport in college?**

*I'm going to try to play onto Olivet's golf team next fall.*



**Watch for our spring sports team section in next week's Lowell Ledger!**

# What's Your Sport?

Keep Caught Up On All The Lowell High School's Sports Action In  
**The Lowell Ledger**





**THEME:  
POP MUSIC**

- ACROSS**
- Gain access to, 2 words
  - \*1965's "Get \_\_\_ My Cloud"
  - Benedict XVI, e.g.
  - African antelope
  - Equal to 10 liters
  - Was furious
  - "Happy Endings" actor Adam \_\_\_\_\_
  - CSI evidence
  - Stand on end
  - Chews out
  - \*Famous for her "Umbrella"
  - Likewise
  - "...partridge in a \_\_\_\_\_ tree..."
  - \*Madonna's controversial garment
  - Viking writing symbol
  - Interstellar cloud
  - "A River \_\_\_\_\_ Through It"
  - Cause of Titanic's demise
  - Like a mad dog
  - "Do \_\_\_\_\_ others as you would do..."
  - Tennessee footballer
  - \*Aguilera and Carey can hit a high one
  - Yuletides
  - Winter Olympic event
  - "Charlie and the Chocolate Factory" author
  - Army's offensive, pl.
  - Remote Automated Weather Station
  - Used at start of new hole
  - Unstressed-stressed pattern in poetry
  - Pig's home
  - \*If she "were a boy..."
  - Road less traveled
  - In the midst
  - \_\_\_\_\_ and feather
  - EU money, pl.
  - American poet James Whitcomb \_\_\_\_\_
  - Geological period
  - Narrow mountain ridge
  - Benevolent and Protective Order of \_\_\_\_\_

**CROSSWORD**

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69						70				71				
72						73				74				

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73. \*The \_\_\_ Hot Chili Peppers  
74. \*She wakes up "in the morning feeling like P. Diddy"

**DOWN**

- As opposed to Gross Domestic Product
- Unfledged hawk
- Bath powder

- Administer
- \*"You belong with" her?
- Betting probability
- \*Belieber, e.g.
- Bell-bottoms bottom
- Between larva and adult
- Sign of something to come
- Philadelphia's Ivy League member
- Cocoyam
- Hitler, e.g.
- "No \_\_\_\_\_ about it"
- 007 creator
- Throw out of kilter
- \*He'd "catch a grenade for ya"
- A sentence that goes too long
- Poker stakes
- First man on the moon
- \*E Street \_\_\_\_\_
- Lusitania's destroyer
- Gracefully slender
- \*She "could have had it all rolling in the deep"
- Worn from walking
- \*She "was born this way"
- Gossipy
- Scrooge-like
- Cul de \_\_\_\_\_
- Mean characteristic
- Approximately 1.094 yards
- \*James Blunt: " \_\_\_\_\_ Beautiful"
- \* \_\_\_\_\_ naked Ladies, band
- Short for Emilia
- Nutrition of an embryo
- Dollar bills
- Half of Brangelina
- Greek god of war
- Shakespearean "does"
- "We \_\_\_\_\_ Marshall"
- \*"Under the boardwalk, down by the \_\_\_\_\_"

*Puzzle solutions  
on page 12*

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			7		8			
			9	6				

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Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.

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**APRIL 25 - MAY 1**

- A Tennessee slugger, Jameson Painter, hit one out of the park to win the game against a rival team. But when the senior got to the parking lot to drive himself home after the game, he had to deal with a broken windshield. Turns out it was his game-winning shot that did the damage.
- Along those same lines, a high school pitcher in Springfield, IL hit a bird with his pitch. The bird dropped to the ground, shook it off and flew away.
- President Obama has released his new, one-word, slogan - FORWARD in a campaign video this week.
- NBA's reigning madman, Ron Artest, aka Metta World Peace, has been suspended for seven games after delivering a deliberate and vicious blow to the side of James Harden's head during a game two weeks ago.
- The new tower at One World Trade Center is growing at the rate of one floor a week and now stands at 1,250 feet. Its completed size will make it the tallest building in New York City.

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**THIS WEEK'S ONLINE  
POLL QUESTION**  
[www.thelowellledger.com](http://www.thelowellledger.com)  
and VOTE  
Do you know what  
**FRACKING** is?

- YES
- NO
- ARE YOU SURE THAT'S  
SPELLED RIGHT?



# Earth Talk, continued

tal Defense Fund (EDF), a leading green group that has worked extensively with fishermen and the six regional fishery management councils on aligning business and conservation goals. "This helps drive the fishery to an efficient level and rewards innovative fishermen who can lower costs and deliver a quality product that will fetch a good price on the market." Also, EDF points out that under a catch shares system, fishermen have a real investment in sustainability: If the population of the species goes up in subsequent years, the amount of fish guaranteed to each fisherman increases accordingly.

"With a secure share of the catch...incentives change from spurring fishermen to capture the most fish they can, to spurring them to maximize the value of their share instead," reports EDF. By eliminating this race-to-the-finish mentality, fishermen can more effectively plan their trips, deliver fish according to market demands and stay ashore when conditions are unsafe. They can also fish

more carefully, deploy their gear more selectively and take greater pains to avoid fishing in sensitive habitats.

"Fishing more carefully also leads to less gear lost at sea that has become known as 'ghost gear' because it often continues to kill fish and other marine creatures," reports EDF. "In the Alaska halibut fishery, ghost gear was reduced more than 80 percent after catch shares were implemented."

Another benefit of catch shares is reduced "bycatch"—non-targeted fish, dolphins, turtles and other marine species



that get unintentionally caught in fishing nets and gear and which are subsequently discarded dead or dying back into the ocean. "Under catch shares, fishermen can take their time to improve their fishing methods, particularly targeting high-value species and minimizing interaction with species that are restricted or have lower limits," says EDF. "In catch share fisheries, wasteful discards plummeted from pre-catch-share rates, down an average of about 40 percent."

First used in Australia, New Zealand and Iceland in the 1970s, catch shares are now a fixture in fisheries management around the world, including in the United States. According to the National Oceanic and Atmospheric Administration (NOAA), the first U.S. Catch Share program was implemented in 1990 in the Mid-Atlantic Surf Clam and Ocean Quahog Fishery, but now over a dozen are in effect across the country and several more are under consideration. As of 2010 the NOAA has been actively promoting the implementation of new LAPP programs in U.S. waters, and lends expertise on design, management and monitoring of catch shares under each of the nation's six regional fisheries management councils.

CONTACTS: EDF, [www.edf.org](http://www.edf.org); NOAA, [www.nmfs.noaa.gov/sfa/domes\\_fish/catchshare](http://www.nmfs.noaa.gov/sfa/domes_fish/catchshare).

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# YES

VOTE  
MAY 8

# for GRCC

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**JOIN US and VOTE YES!**

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**Jim Turner**, Lowell School Board Pres.

**Greg Pratt**, Lowell Schools Supt.

**Bert Bleke**, GRCC Trustee and Fmr. Lowell Schools Supt.

**Sandi Frost Parrish**, County Commission Chair

**Dick Posthumus**, Fmr. Lt. Governor

Wendell & Helen Christoff  
Mr. Paul Gauthier  
Noel & Jill Dean  
Liz Pratt  
Pinky & Mac McPherson  
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Don & Sandra Bergy  
Charlie Bernard  
Liz Baker  
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Betty Yeiter

Theresa & Perry Beachum  
Lori Summerfield  
Marsha & Gordon Wilcox  
Dr. Jim & Becky Reagan  
Jim & Bobbi White  
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**Lowell students,  
families, workers  
and job providers  
depend on GRCC**

- 17% of Lowell High School's college-bound graduates attend GRCC.
- 316 Lowell residents attend GRCC.
- GRCC has a regional campus in Lowell making college education and job training even more accessible for people in eastern Kent County.

**Vote YES Tuesday, May 8!**

GRCC is the best community college in Michigan while remaining a responsible steward of taxpayer dollars.

[grccyes.org](http://grccyes.org) **GRCC Yes**

Paid for by the Citizens for Our Community College, PO Box 68275, Grand Rapids, MI 49516