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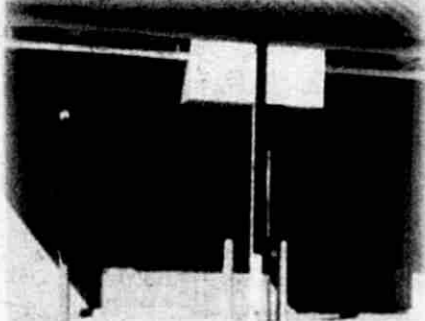
wednesday • october • 5 • 2011

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energy saving remodel



page 2

healthy classes



page 8

L red arrow sports



starting
page 9

Getting healthy pays off for students

Murray Lake Elementary's first ever "Mustangs on the Move" proved to be a success as kids collected pledges for walking, running, skipping and dancing through their almost one mile course around the school grounds. They got exercise. The school got money. It was a win, win for everyone involved. Everyone did get involved.

The enthusiastic crowd of over 450 students and staff took to the course on Friday, Sept. 23, waving their spirit banners, chanting their team names and proudly displaying their Mustang t-shirts.

There to cheer the kids on were special guest, "Griff" from the Grand Rapids Griffins hockey team, Murray the Mustang and the Lowell High School varsity cheerleaders, as well as many parents and volunteers.

For years principal Brent Noskey had been asking his Family Links group to consider changing their fundraiser to a walk/fun run. The current parent group or-

ganized a committee made up of Melissa Spinella, Lisa Northup, Heather Looman, Anne Momany, Eileen Devries and Cheryl Staley.

To get the word out to

the community, Momany immediately created an impressive website and Facebook page. The team designed a fun-filled week that began with personal train-

ers, health and nutrition awareness, Zumba instruction and culminated with the walkathon.

Getting healthy,
continued, page 3



Students participated in *Mustangs on the Move* and LHS cheerleaders supported their efforts.

Women's center changes location for better exposure

by Emma Palova

The Alpha Women's Center has relocated to the former Ball's Floral building on east Main.

The completely remodeled building has more space and better visibility, according to director Deb Karasiewicz.

Attwood donated \$9,000 toward the remodeled building that has three counseling rooms, a boutique, a basement for storage, a waiting room and space for volunteers.

"We've increased clients since we've moved out here," said Karasiewicz.

The most popular program is "Earn while you learn." Clients watch videos and earn alpha bucks, so they can buy diapers, formula, wipes and baby clothes in the boutique.

"Everything we have is by donation," said Karasiewicz.

Moms can earn bucks by keeping appointments, watching videos, doing

worksheets and homework, going to school, working a job, keeping baby appointments and attending church.

"We're here to be a hand up not a hand out," she said. "We teach moms to take responsibility in the long run."

The center services clients from teenage girls to women in their 30s.

It also offers a sexual integrity program, how to avoid unplanned pregnancy and sexually transmitted disease.

"Our goal is to share how to avoid this in the first place," said Karasiewicz.

The center offers self-administered pregnancy testing at no charge and adoption information.

"We're looking to expand our curriculum," she said.

The hours are Monday through Thursday from 9 am to 3 pm and Tuesday from 6

Women's center,
continued, page 3

Gordon Gould, voice for the arts, passes away at 69

by Emma Palova

Gordon Gould, who passed away Saturday, was known as the face of the Showboat or Mr. Interlocutor around Lowell.

Gould was involved in every aspect of the community, but most notably he was connected as master of ceremonies with the Sizzlin' Summer concerts.

He was a guidance counselor at the Lowell High School and a well-known radio personality for WOOD Radio.

"Gordy supported LowellArts! and he was the emcee for Fallsburg Fall Festival," said LowellArts! director Lorain Smalligan.

Gould was part of the original planning committee for the Sizzlin' Summer concert series.

"Gordy will be greatly missed by so many of

us at LowellArts! as well as the entire Lowell community," said Smalligan.

His support of the arts, especially music, was evident with his past and current involvement with the Lowell Showboat concerts. His favorite place was as an emcee/

*"Gordy will be greatly missed
by so many of us at LowellArts!"*

- Lorain Smalligan

host for the summer concerts, Fallsburg Fall Festival for the Arts and other fundraisers.

"He loved to promote our events and to be a part of the excitement," she said.

Museum director Pat Allchin said Gould was a voice that everyone knew. He was involved in planning the 75th anniversary of the Showboat.

"Anytime there was an activity pertaining to

the Showboat, he was there," said Allchin. "To get up there and use his voice is something to be proud of."

Chamber director Liz Baker said Gordon Gould was the voice that everyone loved and he will be greatly missed by

the chamber as well as the many other organizations he served.

"He was instrumental in the Lowell Showboat Sizzlin' Summer concerts and the Riverwalk Festival," she said.

For both events Gordon booked and negotiated contracts with the musicians and the sound.

"This is another sad day for the community of Lowell; another person that gave 100 percent of himself so freely," Baker said.

50
CENTS



Lowell Meijer undergoes remodel driven by need to save energy

by Emma Palova

The first major remodel of the Lowell Meijer store is nearing completion. The major change was the switch of the pharmacy drive through window by the garden center, as well as relocating health, beauty and cosmetics to the opposite side of the store from the grocery.

"We wanted to make it more convenient on the general merchandise side rather than in the grocery

area," said public relations spokesperson Dave Peterson. "It fits better shopping patterns."

Also, bottle return now has its own separate entry from the front of the store.

The refrigeration has been updated for more energy efficiency and better lighting.

The store remodel is part of an upgrade plan for 11 Meijer stores, mainly in Michigan, with a total in-

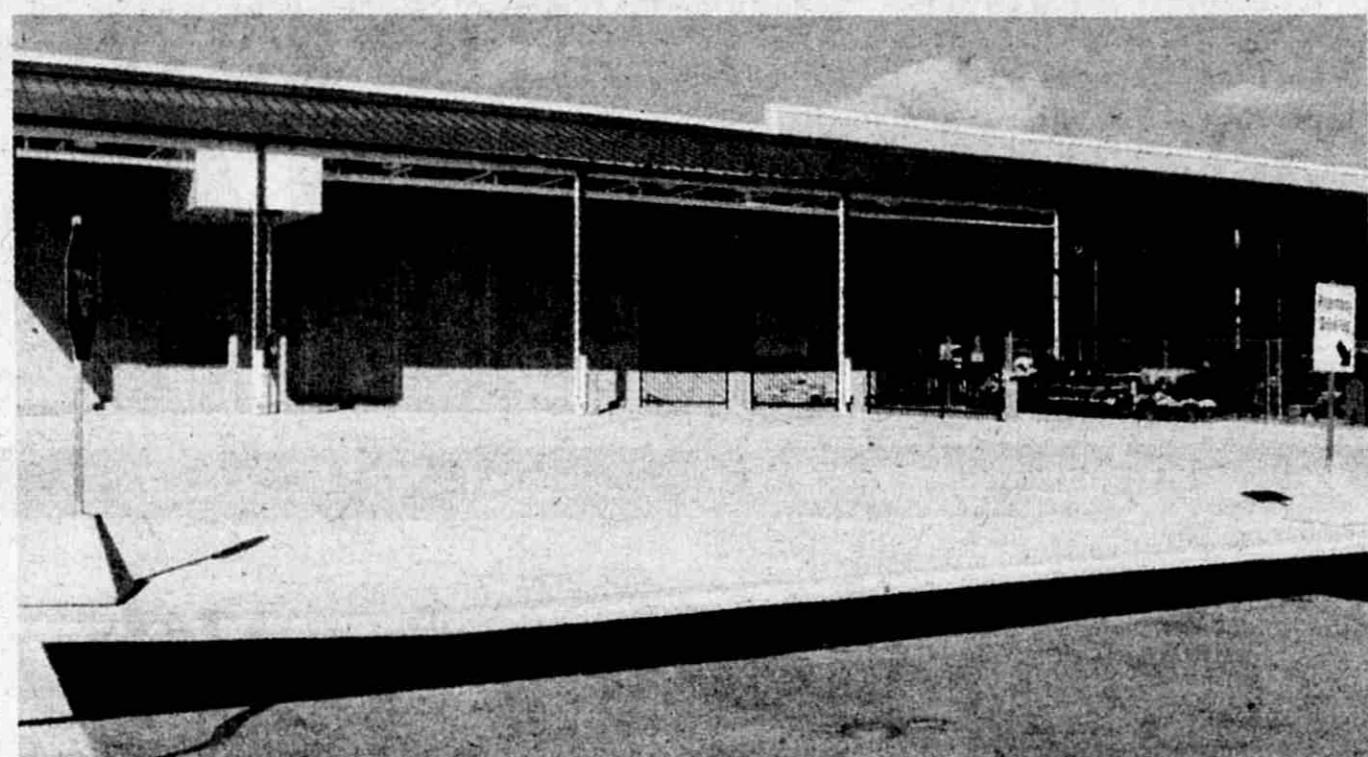
vestment of \$75 million. The main reason for the remodel is energy savings.

"We're looking to be much greener," said Peterson.

The entire remodel was done with the customer in mind, while looking at shopping patterns.

The dual entrances are conducive to the ease of traffic. New fixtures have also been installed.

"We're on target for late



The most visible change in the Meijer remodel is the switch of the pharmacy window to the gardening center side.



along main street

October completion," said Peterson.

The Meijer stores undergo remodels every 10 years.

"We're really excited, the customers have been receptive and supportive," said Peterson.

One of the advantages of switching pharmacy to the general merchandise side is that the customer can buy health and beauty products along with getting prescriptions filled.

The store was built in Lowell in 2001.

The freezers have been upgraded with LED lighting.

"It is an investment to maintain our stores and to make them more attractive," said Peterson.

The store will utilize cross merchandising concepts in many areas, such as baking and most recently the back to school promotion when Nabisco was paired up with Hanes.

"Everything will be right here," he said. "We group things that make sense. We are happy to be able to invest into the community. We're committed to staying in Lowell."

To improve is to change; to be perfect is to change often.

- Winston Churchill

SAFETY CLASSES AND BIKE RIDE

On Wed., Oct. 5, from 5-6 pm, Stephanie Mills from Mary Free Bed will lead a brief workshop on topics such as the importance of wearing a helmet and basic bicycle rules and laws at the WWC. The workshop will last about an hour and then afterwards she will lead a bike ride down the new Lowell Area Recreation Authority trail. Registration is required and class size is limited to 50 people, children must be accompanied by an adult. Every registrant will receive a water bottle and shoe ID tags courtesy of Mary Free Bed and a bicycle helmet courtesy of the Lowell/Rockford Ambulance and Lowell Community Wellness. To register, contact Meggan at 987-2565 at Wittenbach/Wege Agriscience and Environmental Education Center.

VUMC OPEN HOUSE

The Vergennes United Methodist Church will be holding an open house Sun., Oct. 9, from 12:30-2:30 pm at 10411 Bailey NE, to view the new building addition and capital improvements. Light refreshments will be served.

LHS IDOL

The final round for the LHS Idol singing competition will be held Wednesday, Nov. 2, in the Lowell Performing Arts Center. Tickets available at the Lowell High School main office or at the door. Call Heidi Kolp at 897-0366 or 517-449-6136.

SECOND INFANTRY REUNION

The Second (Indianhead) Division Association is searching for anyone who ever served in the 2nd Infantry Division at any time. For information about the annual reunion in Reno, Nevada; from August 23 - 27, 2012, visit the website at www.2ida.org or contact the Bob Haynes, at 2idahq@comcast.net or (224) 225-1202.

LOWELL SCHOOL EVENT RESOURCES

Lowell varsity sporting events, concerts, school board meetings, city council meetings, etc., can be downloaded for viewing from the www.wlhnstv.org website. Many athletic contests and concerts can also be heard 'live' from the www.wlhrsradio.org website.

Feel free to send your event information to the Ledger for Along Main St. All submission requests for Along Main St. are subject to space limitations. The Ledger makes no assurances that they will appear in print. To ensure that an event notification will appear in the Ledger, it is best to place a paid advertisement. All efforts will be made to place suitable items in the Along Main St. column but they are printed at the discretion of the publisher. For profit events, church services, yard sales and the like, will not appear in this column.

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- DREAM HOUSE (PG-13) 5:00, 7:30, 10:00
- WHAT'S YOUR NUMBER? (R) 4:50, 7:20, 9:40
- 30 DOLPHIN TALE (PG) 6:20
- 30 DOLPHIN TALE (PG) 9:20
- MONEYBALL (PG-13) 4:10, 7:00, 9:50
- KILLER ELITE (R) 9:30
- ABDUCTION (PG-13) 4:30, 7:10

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Women's center, continued

pm to 9 pm. Call ahead for an appointment at 987-9533.

Diapers are \$1 a dozen. The center offers referrals, cash and food assistance, smoking cessation and shelter from domestic violence reference.

"We will get them im-

mediate shelter from the abuser," said Karasiewicz.

Alpha Women's Center will hold a fundraiser at Grand Volute on Oct. 27 called Friendship Banquet. Reservations are required by Oct. 20. Donations are accepted.

There are two ways of spreading light ... To be the candle, or the mirror that reflects it.

~ Edith Wharton



Deb Karasiewicz inside Alpha Women's boutique.

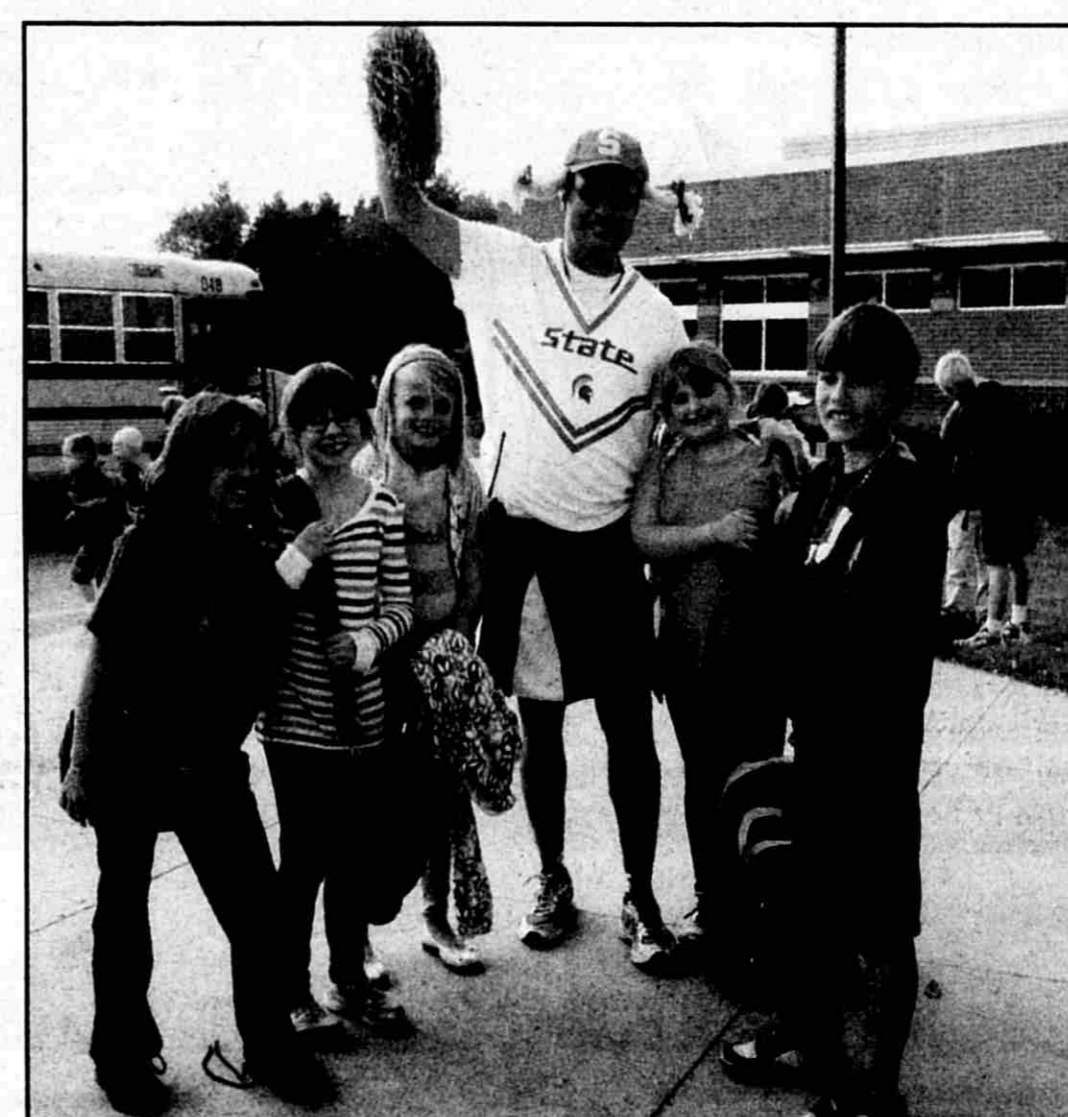
Getting healthy, continued

The goal was to raise \$14,000. "I was totally overwhelmed when I heard we rose over \$24,000," said Noskey. "Our Family Links' moms did an outstanding job planning and implementing this fundraiser. They put in so many hours of their own time. I am truly grateful for their efforts."

The principal also challenged the student body by stating he would dress up in an MSU cheerleader outfit if the kids met their goal. He did just that.

Fifth grader, Brenden Milligan said, "It felt really good raising money for our school. I don't mind asking my family to help our school out. Another fifth grader, Alexis Pawloski added, "This year's fundraiser was easier. You didn't have to ask people to buy things. You just had to ask if they would help our school and the walk-athon was a lot of fun."

"You can't help but have a recipe for success when you support an event that gets kids exercising, instills school spirit and puts 100 percent of money raised back into the school and kid's program," said Cheryl Staley, Family Links special events coordinator.



From left to right: Kaia Zimmerman, Kaitlyn Wilson, Taylor White, principal Brent Noskey, Annabelle Johnson and Michael Kilts.

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financial focus



Christopher C. Godbold

Organizing your finances can pay off — in many ways

A few years ago, the National Association of Professional Organizers designated the first week of October as Get Organized Week. And while you may have

misplaced your notification of this event, it's nonetheless a good time to see just how organized you are in the important areas of your life — such as your finances.

You can organize your finances in two basic ways: by keeping track of where your various accounts are located and by consolidating your assets. Let's look at both these areas.

To begin with, you might think it's no big deal to keep track of your financial accounts. After all, no one lets these accounts just slip away, does he? Actually, you might be surprised: At least \$32 billion, and possibly much more, of "lost" property (savings, investments, retirement accounts and so on) are in the custody of state treasurers and other agencies, according to the National Association of Unclaimed Property Administrators.

How do people misplace these funds? They might move from a town and forget to close a bank account. Or they might leave a job and not realize

they've left behind money in a 401(k). However they do it, it happens — but you don't want it to happen to you.

Fortunately, it's not hard to keep tabs on your various accounts — you just need to make a list. Where do you keep your checking and savings accounts? Where are your investments held? Do you have a retirement plan, such as a 401(k) with your current employer? How about any retirement plans with former employers? If you have Individual Retirement Accounts (IRAs), do you keep them with multiple providers? By answering these questions, you can develop a comprehensive list of what you own and where it's located. Of course, it's a good idea to update this list periodically — at least once a year — to reflect any changes in your ownership.

Knowing what you have will be helpful to you in evaluating your financial situation today. But if you

Financial Focus, continued, page 14

health



With Drs. Paul Gauthier, Jim Lang, Wayne A. Christenson III, John G. Meier & Tracy Lixie

Testicular cancer screening

Testicular cancer affects males of all ages, but is most prevalent in young men. It is one of the most common malignant tumors found in males age 15 to 34.

Some risk factors for testicular cancer include:
• being caucasian,
• having a brother or father with testicular cancer,
• having an undescended testicle (one that did not come down into the scrotum) even if it was surgically corrected,
• having small or irregularly shaped testicles,
• having Klinefelter's syndrome (a genetic condition).

Some signs of testicular cancer include:
• a hard, painless lump in the testicle (most common),
• a dull ache in the scrotum (less common)
• a scrotum that feels heavy or swollen.

Testicular cancer has good cure rates if found early and treated. All men should perform monthly testicular self-exams. If a lump, swelling, tenderness or any other change in the testicle is discovered, see your healthcare provider right away.

"No job should, be beneath us. And if you can't (or won't) sort mail, where is the proof that you can do anything?"
- Randy Pausch

viewpoint

to the editor

reader questions priorities

Dear Editor,
"Lowell looks to the future in projects and budget" was a headline in the Sept. 21 Lowell Ledger. The article stated that (based on the council's priorities to fix streets and sidewalks, How proposed a citywide inspection of the infrastructure.

We need to get an idea what needs to be repaired, to know what we're dealing with," he said.) I believe the city knows exactly what it's dealing with and there isn't a lack of knowledge but a lack of funding.

What the council should have been discussing is (funding and priorities). Lowell has two governing bodies, the city council and the DDA. There is not much that can be done about the

loss of local tax revenue and state revenue sharing, but there is something that can be done when it comes to how the DDA spends tax dollars.

This is where priorities come into play. The DDA has had 18 years to spend as they please, mainly in the downtown area. Lowell is in a harsh recession with no end in sight. It's time for the DDA to help fund the general fund.

All the DDA has to do is quit spending on their wants and direct their total effort toward the general fund and the city's real needs. Hopefully there will be a joint effort in doing so.

Sincerely,
Jim Howard
Lowell

We can reduce the deficit and protect the middle class



Sen. Carl Levin

Over the next several months, Congress faces a complex and difficult duty. We must agree to legislation that will reduce the deficit by at least \$1.2 trillion over the next decade. Under the budget agreement we passed in July, if we fail to hit that goal, huge automatic budget cuts in vital national programs will take effect, cuts I believe are unacceptable. I and every other member of Congress must do our best to avoid that outcome, beginning with the 12 members of the Joint Select Committee on Deficit Reduction who have been assigned the job of crafting a plan.

Despite the difficulty, this task is achievable. We can reduce the deficit, avoid devastating cuts to important programs, and avoid greater harm to middle-class families that have seen their incomes stagnate or even fall over the last decade. In hopes of moving that process forward, I have sent the Joint Select Committee a letter outlining a seven-point plan for deficit reduction that will require sacrifice not just from middle-class families, but from all Americans.

Central to my proposals is a belief that we cannot achieve real deficit re-

duction with spending cuts alone. We must restore revenue as well. A little historical perspective might be helpful. Federal revenues today are the lowest share of gross domestic product in generations: just 14.9 percent. And past efforts to reduce high deficits have made new revenue a significant part of the equation. President Reagan, for example, presided over three deficit reduction plans that achieved more than three-quarters of their deficit reduction through revenue increases.

Apart from history, the simple mathematical reality is that we must generate additional revenues. Don't just take my word for it. Listen to the nonpartisan Concord Coalition, a budget reform group, which recently said: "For a 'grand bargain' on deficit reduction, finding a way to bring in some revenue is a crucial piece of the puzzle."

So revenue needs to be part of the Joint Select Committee's agenda. My letter identifies seven possible steps to eliminate wasteful tax loopholes and special breaks so as to share the burden of deficit reduction more broadly.

The first two proposals would close two kinds of unjustified loopholes that benefit corporations and wealthy individuals at the expense of working families: offshore tax shelter abuses that cost American taxpayers billions of dollars a year, and a loophole that forces American taxpayers to subsidize the stock options that corporations grant to their executives.

The third and fourth proposals would close two Wall Street tax loopholes: the "carried interest" loophole that leaves American taxpayers subsidizing the paychecks of hedge fund managers, and a tax loophole for financial derivatives that promotes speculation

over long-term investments that boost economic growth.

The fifth and six proposals would promote tax fairness and ensure shared sacrifice in reducing the deficit by restoring upper-bracket income tax rates to pre-Bush levels and capital gains tax rates to rates closer to those in place under President Reagan.

The seventh would eliminate the use of paper tax liens and create an electronic database of those liens.

Combined, these commonsense changes could reduce our deficits by \$1 trillion over the next 10 years — a sum that would make the committee's difficult goal, one the Congress and the entire government share, much more achievable.

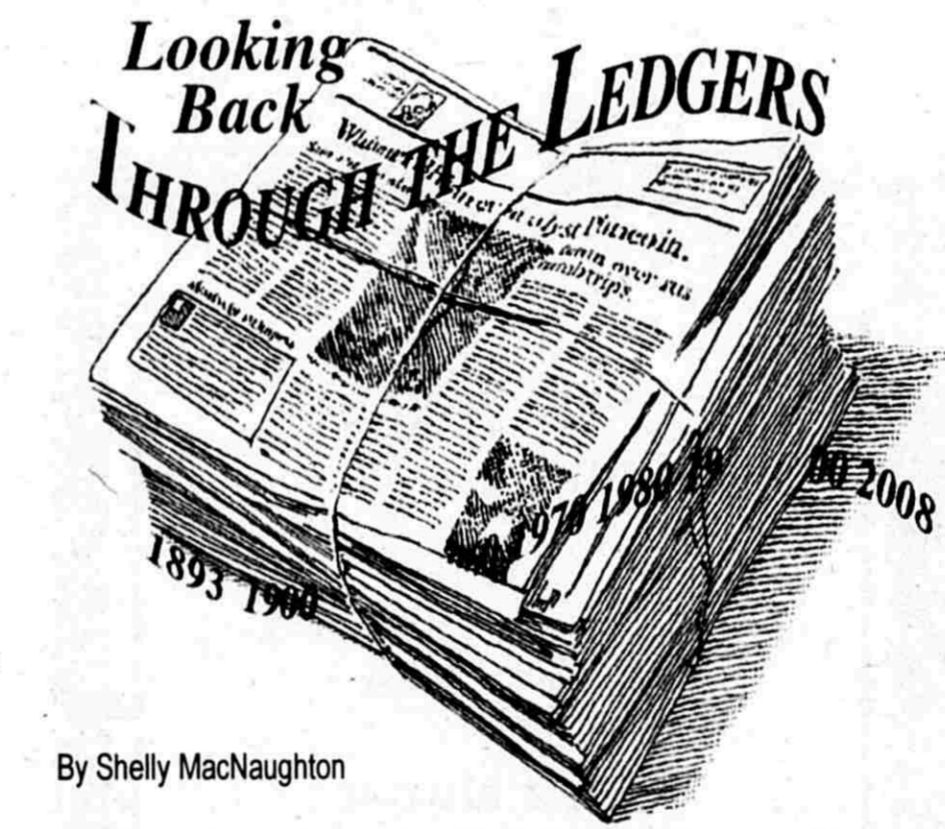
To those who would automatically reject revenue increases for deficit reduction, I would say that the spending cuts that will be necessary for significant deficit reduction will be difficult as well. They will have a real impact on important programs, and probably I won't like many of them. But just as I will have to compromise on some spending cuts, others will have to compromise and accept the reality that revenue must be part of the equation.

The ideas I have proposed outline a path toward such a compromise. It is a fair path. If Congress is willing to embrace compromise, we can reduce our deficit while helping to protect middle-class families from further economic harm. If some are not willing to compromise, the automatic cuts that would take effect as a consequence of our failure to agree will make our country less safe and the livelihoods of our families less secure. I hope my proposals will help us work together to avoid that unacceptable outcome.

Letters To The Editor:

The Lowell Ledger welcomes your Letters to the Editor. Letters are required to bear the author's signature, phone number and address (for verification purposes only, not for publication). Letters will be published at the discretion of the publisher. All letters are subject to editing for length and grammar. Thank you letters, advertising or personal attacks will not be printed.

Letters may be submitted via email to: ledger@lowellbuyersguide.com ("to the Editor" in subject line) or dropped off or mailed to: The Lowell Ledger, 105 N. Broadway, Lowell, MI 49331. Also, our website, www.lowellbuyersguide.com has a link to submit emails on the left side of the page.



By Shelly MacNaughton

New train schedules are now in effect as follows:
Grand Trunk, going east, 9:00 am, 2:50 pm; going west 1:49 pm, 5:07 pm (flag stop).
Pere Marquette, going east, 8:35 am, going west, 8:03 pm, Eastern Standard Time, which is now the same as Lowell time.

50 Years Ago The Lowell Ledger October 5, 1961

The Lowell City Council met last Thursday and passed a resolution prohibiting any further building on the burned out area of the Main Street bridge, to allow the state highway department to reconstruct the bridge.

Work is expected to be started this fall to eliminate this dangerous condition and eye sore.

25 Years Ago The Grand Valley Ledger October 8, 1986

Jack Cooley, meteorologist in charge of the National Weather Service station at Kent County International Airport, said that we have had only three days without rain; the deluge began on September 9. Cooley says the 11.92 inches of rain we received in September made this the wettest September on record, topping the previous high total from 1872; the second highest monthly rainfall ever recorded.

Of course, all the rain has created innumerable problems.

100 Years Ago The Lowell Ledger October 5, 1911

Headline: Watch for the Yellow Wagon
Buy clean Jersey milk and cream for fair prices. The milk we sell is all processed on our farm and from cow to customer is handled in the most sanitary manner. Milk on sale at Klump & White's.

75 Years Ago The Lowell Ledger and Alto Solo October 1, 1936

A national campaign to abolish toy firearms has been initiated by the managers of the Parent Teachers Association. It is declared that the sale of the toys fashioned like destructive weapons has increased 400 percent in the last year.

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In The Service

Pvt. Alexander Nurmikko, son of Robert and Maureen Nurmikko of Lowell, graduated from boot camp on September 22, 2011. He is now at Ft. Eustis in Langley, VA; for 20 weeks to study helicopter mechanics and will finish in January.

Nurmikko is a 2011 graduate of Lowell High School where he played lacrosse and soccer.

While in boot camp he earned the sharpshooter medal and was appointed as squad leader.



Alexander Nurmikko

DNR announces that surplus salmon now available to the public

The public is once again invited to purchase surplus salmon that has been harvested at Department of Natural Resources weirs around the state.

The DNR maintains multiple sites where fisheries biologists and technicians collect eggs and milt from Chinook and Coho salmon for use in the hatcheries. Fish in prime physical condition are made available to the public by American-Canadian Fisheries (ACF), a private vendor which assists the DNR with the salmon harvest.

After the DNR's egg needs are met, ACF harvests the salmon for the human and pet-food markets as well as excess eggs for the bait market. ACF pays the DNR a flat per-pound rate for the salmon and eggs collected. ACF makes suitable-quality fish available wholesale to distributors who market the fish.

"We work closely with ACF to maintain a professional approach to dealing with the returning salmon and to ensure that the harvest is done in the

most environmentally-friendly way," said Ed Eisch, DNR manager of fish production for the northern Lower Peninsula. "The number of fish returning to our rivers is so large that the DNR needs the assistance of private partners like ACF to help in this area of fishery management."

The Michigan Department of Community Health (MDCH) recommends that you use caution when eating certain kinds and sizes of fish from Michigan waters. For current advisories, consult the Michigan Family Fish Consumption Guide, available on the internet at www.michigan.gov/eatsafefish, or contact MDCH at 800-648-6942.

The Michigan Department of Natural Resources is committed to the conservation, protection, management, use and enjoyment of the state's natural and cultural resources for current and future generations. For more information, go to www.michigan.gov/dnr.

college news

Gregory P. Smale of Ada has graduated from Northern Michigan University with a Bachelor of Science in sociology/liberal arts.

Joshua Brubaker, a Hope College senior from Lowell, is studying off-campus in Guanajato, Mexico; through a CIEE (Council on International Educational Exchange) program during the 2011 fall semester.

Brubaker is the son of Daniel and Tamara Brubaker and a graduate of Lowell High School.

happy birthday!

OCTOBER 5
Bradley Kiczenski, Allen Reynolds, Zachary Willard.

OCTOBER 6
Steven J. Ayres, Randy Tulecki, Emma Jo Clouser, Bridget Lally.

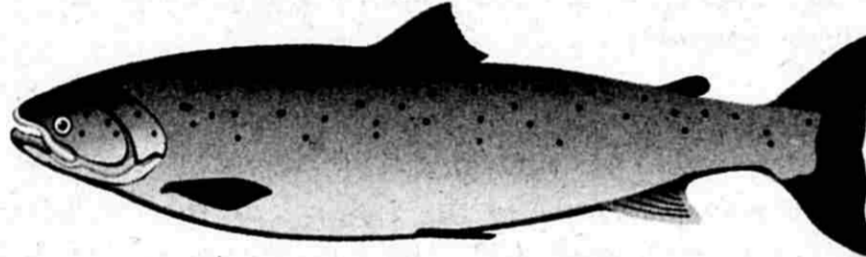
OCTOBER 7
Fred Ray, Jennifer Idema.

OCTOBER 8
Maxwell Stormzand, Jeremy Darby, Abigail Kastanek, Kelsay Myers, Chris Borton, Don Smith, Andrew Abel.

OCTOBER 9
Jerrid Uzarski, Cameron Kiczenski, Ralph Clouser, Patricia Andelkovic.

OCTOBER 10
Traci Newhouse, Michele DeHaan.

OCTOBER 11
Susan Merriman, Ashley Hendrick, Dale Ruse.



WE SHIP UPS
The Buyers Guide
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area churches

LOWELL CHURCH OF THE NAZARENE
201 N. Washington
Lowell, MI • 897-8800
Pastor Wes Hershberger
Sundays - Christian Education..... 9:15 a.m.
Celebration..... 10:40 a.m.
Wednesdays - Kid's Service, Teen's Service, Adult Bible Study..... 7:00 p.m.
Lowell Naz - Where People Matter

GOOD SHEPHERD LUTHERAN CHURCH
10305 Bluewater Highway (Missouri Synod)
Halfway between Lowell & Saranac on M-21
www.goodshepherdlowell.org
Saturday Eve Service..... 5:00 P.M.
Worship Service..... Sunday -10:00 A.M.
(Nursery available)
Joseph Fremer, Pastor 897-8307
All facilities are wheelchair accessible

CALVARY CHRISTIAN REFORMED CHURCH OF LOWELL
897-7060
Pastor Rod Galindo
1151 West Main Street, Lowell, MI
Morning Worship..... 10:00 A.M.
Sunday School..... 11:20 A.M.
Evening Worship..... 6:00 P.M.
Nursery available at both services
Barrier-Free

CHRISTIAN LIFE CENTER (Assembly of God)
3050 Alden Nash S.E. • 897-1100 • Staffed Nursery
Robert Holmes, Pastor
SUNDAYS:
Worship: 10 a.m.
WEDNESDAYS:
Family Night (for all ages): 7:00 p.m.
"The Source" Youth: 7:00 p.m.
 Loving God ... Loving People!

FIRST BAPTIST CHURCH OF LOWELL
2275 West Main Street • 897-7168
Internet: <http://www.fbcloowell.org>
Rev. W. Lee Taylor & Pastor Phil Severn
Sun. Worship Service..... 9:30 A.M. & 8:00 P.M.
Sunday School Hour..... 11:00 A.M.
AWANA/EXCITE-TEENS..... Wed. 8:15 P.M.
Contact Church Office For Prayer Meeting Times
Nursery Provided • Barrier Free

SNOW UNITED METHODIST CHURCH
3189 Snow Ave. SE, Lowell
Pastor Dr. Mike Conklin
9:45 A.M. Sunday School
10:30 A.M. Fellowship
11:00 A.M. Worship
897-9863
Nursery & Children
Worship Programs Provided
A friend...a family...a mission!

FIRST UNITED METHODIST CHURCH OF LOWELL
621 E. Main Street • 897-5936
www.lowellumc.com
Barrier-free entrance
Worship..... 8:30 & 10:30 a.m.
Sunday School..... 9:30
Youth Groups (Lit. & Sr. High)..... 6:00
Wednesdays
After School Kids' Club..... UNTIL 5:30
Rev. Rick Blunt

ST. MARY'S CATHOLIC CHURCH
402 Amity St. • 897-9820
www.stmary-lowell.com
Weekend Masses: SAT. 5 PM, SUN. 9:30 AM
Saturday confessions: 4-4:45 PM
Prayer & adoration each Wed. 8:00 AM - 8 PM
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SEE LOWELL, CALLE CR. 363, ENTRY FOR 24 HR. CATHOLIC BROADCASTING

"Hunting is not a sport. In a sport, both sides should know they're in the game."
- Paul Rodriguez quotes

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Area provides plenty of deer for youthful hunters



Nathan Berrevoets of Rockford, pictured with his father, David, got revenge on his sister and cousin by bagging his first deer, a four-point, the second night of the youth hunt. Last year, both his sister and cousin bagged their first buck on opening morning. He was hunting on his grandfather's property near Lowell.



Ethan Ettinger, age 11, of Lowell, shot this five-point buck with a 10 inch spread on September 24 during opening day of the youth hunt. Ethan was hunting in Saranac with his father, Bruce Ettinger.



Kaitlyn Baldwin, 12, of Lowell, shot her first deer on Sept. 24. She shot the six-point buck at 7:12 am in Yankee Springs Recreational Area.

October and November, dangerous months for deer/vehicle crashes

Two of the most dangerous months in Michigan for deer/vehicle crashes are October and November. Vehicle/deer crashes can cause more than just damage to the

vehicle. The 55,867 crashes last year resulted in 1,277 injuries and 11 deaths. According to the Michigan State Police Criminal Justice Information Center,

there were 55,867 deer/vehicle crashes in 2010, down from the 61,486 crashes reported in 2009. However, officials note that many crashes also go unreported,

so actual crash numbers are much higher. In 2010, Kent County once again topped the state's counties in the number of deer/vehicle crashes with

1,976 crashes. The remaining top nine were Oakland (1,836), Jackson (1,779), Calhoun (1,618), Lapeer (1,321), Montcalm (1,319), Genesee (1,295), Clinton (1,267), Sanilac (1,275) and Eaton (1,220).

All motorists should "think deer" whenever they are behind the wheel and drive defensively, as if a deer can appear at any moment, because they can!

Deer/vehicle crashes, continued, page 8

Social Security questions and answers

Question: How do I update or correct the name on my Social Security card?

Answer: To update or correct the name on your Social Security card:

Complete an Application for A Social Security Card (Form SS-5), available at www.socialsecurity.gov/online/ss-5.pdf;

Show us original documents proving your legal name change, identity, and U.S. citizenship (if you have not already established your citizenship with us), or immigration status if you are not a U.S. citizen; and

Take or mail your completed application and original documents to your local Social Security office. Note that we must see originals and cannot use photocopies. We will return any original document you mail to us.

Question: How do I report a lost Social Security card?

Answer: You do not have to report a lost Social Security card. In fact, reporting a lost or stolen card to Social Security will not prevent misuse of your Social Security number. You should let us know if someone is using your number to work (call 1-800-772-1213; TTY 1-800-325-0778).

If you think someone is using your number, there are several other actions you should take:

Contact the Federal Trade Commission online at www.ftc.gov/bcsp/edu/microsites/idtheft or call

1-877-ID-THEFT (1-877-438-4338);

File an online complaint with the Internet Crime Complaint Center at www.ic3.gov;

Contact the IRS Identity Protection Specialized Unit by calling 1-800-908-4490, Monday - Friday, 8 am - 8 pm; and

Monitor your credit report.

Question: I work in retirement. How much can I earn and still collect full Social Security retirement benefits?

Answer: Social Security uses the formulas below, depending on your age, to determine how much you can earn before we must reduce your benefit:

If you are younger than full retirement age: \$1 in benefits will be deducted for each \$2 you earn above the annual limit. For 2011, that limit is \$14,160.

In the year you reach your full retirement age: \$1 in benefits will be deducted for each \$3 you earn above a different limit, but we count only earnings before the month you reach full retirement age. For 2011, this limit is \$37,680.

Starting with the month you reach full retirement age: you will get your benefits with no limit on your earnings.

Find out your full retirement age at www.socialsecurity.gov/pubs/ageincrease.htm

Question: Do I have to pay income tax on my Social Security benefits?

Answer: It depends. Fewer than one-third of our current beneficiaries pay income taxes on their benefits. You will have to pay Federal income taxes on your benefits if you file an individual Federal income tax return and your total income is more than \$25,000. If you file a joint return, you will have to pay income taxes if you and your spouse have total income of more than \$32,000.

For more information, call the Internal Revenue Service (IRS) toll-free at 1-800-829-3676 and ask for IRS Publication 915, Social Security and Equivalent Railroad Retirement Benefits, www.irs.gov/publications/p915/index.html. People who are deaf or hard of hearing may call the IRS toll-free number, 1-800-829-4059.

Question: I am receiving Social Security disability benefits. Will my benefits be affected if I work and earn money?

Answer: We offer work incentives that can help you keep your benefits while you test your ability to work. For example, there is a trial work period during which you can receive full benefits regardless of how much you earn, as long as you report your work activity and continue to have a disabling impairment.

Question: Is there a time limit on Social Security disability benefits?

Answer: Your disability benefits will continue as long as your medical condition has not improved and you cannot work. We will review your case at regular intervals to make sure you are still disabled. If you are still receiving disability benefits when you reach full retirement age, we will convert those benefits to retirement benefits.

Question: How much will I receive if I qualify for Supplemental Security Income (SSI) benefits?

Q&A, continued, page 12

How can I help you? Let me count the ways...

1. Discounts on auto and home insurance
2. Family security with life insurance
3. Business and farm insurance
4. Lifetime retirement income
5. IRAs with guaranteed interest rates
6. Call for all the other ways.

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Cookbook author to teach healthy nutrition classes in Lowell

by Emma Palova

JoAnn Rachor, author of "Of These Ye May Freely Eat" and "Fast Cooking in a Slow Cooker," will teach healthy cooking classes on Oct. 11, 18, and 25 at the Riverside Fellowship 7th Day Adventist Church.

She wrote the best-selling "Of These Ye May Freely Eat" and sold more than 175,000 copies in several editions. The book is available at www.familyhealthpub.com and at Amazon.

Rachor became a vegetarian in 1973 while attending Central Michigan University.

"I wanted to lose weight and I was interested in animal suffering and environmental issues," she said.

Her main goal is to share how to make lifestyle

changes in the area of nutrition. Rachor was so interested in healthy nutrition that she switched majors to home economics.

She currently has a publishing business, Family Health Publications, LLC, out of her home. Her cooking classes are on U-tube.

"There is more and more interest because of the amount of heart diseases and diabetes," she said. "Those have really become an epidemic."

Rachor has learned a lot on her own while losing 60 pounds.

"A low fat, high fiber diet will satisfy hunger urges," she said.

She will demonstrate in the classes how to cook cereal with flaxseed in a crockpot. Flaxseed contains Ome-

ga 3 fatty acids that reduce the risk of heart disease.

"The recipes are user-friendly, the key is to plan ahead," she said.

Rachor suggests starting out by cooking healthy twice a week and making small changes in salt, fat and sugar reduction, and using more whole wheat bread.

"Use brown rice instead of white," she said.

When making lasagna, Rachor suggests using half white and half whole grain noodles.

"This will help you transition easily into a high fiber diet," she said.

Rachor will be making enchiladas, a lentil vegetable soup and non-dairy macaroni and cheese in a crock pot, along with desserts and salads, and tofu meatballs

with sweet and sour sauce.

She will also teach how to make kale chips as a substitute for potato chips and roasted butternut squash.

"I am still making changes," she said. "I have lowered salt more."

The recommended intake of salt should not be more than half a teaspoon a day.

"You get used to it, your taste buds are replaced every two weeks," she said.

Rachor hopes to give people ways how to make gradual changes to have a healthier body and mind.

"I am not deprived or suffering," she said.

Rachor considers herself lucky being able to make necessary changes in nutrition at a young age.



JoAnn Rachor, author of two cookbooks, will teach classes in Lowell.

Deadline approaching for November general election

Michigan residents have until Tuesday, Oct. 11, to register in order to vote in the Nov. 8 general election.

"If you would like to participate in the November election, please register to vote if you have not already done so," said Secretary of State Ruth Johnson, Michigan's chief election officer. "It only takes a few moments and then your voice can be heard at the ballot box."

The polls will be open on Election Day from 7 am to 8 pm.

To register, applicants must be at least 18 years old by Election Day and be U.S. citizens. Applicants must also be residents of Michigan and of the city or township in which they wish to register.

Voters may register by mail, at their county, city or township clerk's office or by visiting any Secretary of State branch office. The mail-in form is available at www.Michigan.gov/elections. First-time voters who register by mail must vote

in person in their first election, unless they hand-deliver the application to their local clerk, are 60 years old or older, are disabled or are eligible to vote under the Uniformed and Overseas Citizens Absentee Voting Act.

To check their registration status, residents may visit the Michigan Voter Information Center at www.Michigan.gov/vote. Residents can also find information there on absentee voting, Michigan's voter identification requirement,

how to use voting equipment and how to contact their local clerk. In addition, they will find a map to their local polling place and a sample ballot.

Voters who qualify may choose to cast an absentee ballot. As a registered voter, you may obtain an absentee ballot if you are:

- age 60 or older.
- physically unable to attend the polls without the assistance of another.
- expecting to be absent from the community in

which you are registered for the entire time the polls will be open on Election Day.

- in jail awaiting arraignment or trial.
- unable to attend the polls due to religious reasons.
- appointed to work as an election inspector in a precinct outside of your precinct of residence.

Those who wish to receive their absentee ballot by mail must submit their application by 2 pm Saturday, Nov. 5. Absentee ballots can be obtained in per-

son anytime through 4 pm on Monday, Nov. 7. Voters who request an absentee ballot in person on Monday, Nov. 7 must fill out the ballot in the clerk's office.

Emergency absentee ballots are available under certain conditions through 4 pm on Election Day.

As a reminder, voters will be asked to provide identification when at the polls on Election Day.

General election, continued, page 16

Deer/vehicle crashes, continued

fasten their safety belts. Safety belts often make the difference in surviving a serious crash."

The MDCC says motorists can help avoid dangerous encounters with deer by heeding the following tips:

- Be alert for deer whenever they ride. Deer/vehicle crashes happen in urban, suburban and rural areas.
- Slow down. Decreasing speed gives a motorcyclist more time to spot an animal and react.
- Cover the brakes to reduce reaction time.
- Use high beam headlights and additional driving light when possible.
- If riding in a group, spread out riders in a staggered formation. If one rider hits a deer, this will lessen the chance that other riders will be involved.
- Wear protective gear at all times.

The MDCC — a broad affiliation of groups representing

In 2010, eight of the 11 fatal deer crashes involved motorcyclists. That is why the Michigan Deer Crash Coalition has developed safety tips for motorcyclists.

Motorcyclists should:

- Be alert for deer whenever they ride. Deer/vehicle crashes happen in urban, suburban and rural areas.
- Slow down. Decreasing speed gives a motorcyclist more time to spot an animal and react.
- Cover the brakes to reduce reaction time.
- Use high beam headlights and additional driving light when possible.
- If riding in a group, spread out riders in a staggered formation. If one rider hits a deer, this will lessen the chance that other riders will be involved.
- Wear protective gear at all times.

The MDCC — a broad affiliation of groups representing

senting law enforcement, traffic safety, insurance, natural resources, higher education and strategic regional planning in the public and private sectors — seeks to increase awareness of the problem among the driving public and reduce the number of deaths and injuries occurring each year on state roads. Members of the group are AAA Michigan, Insurance Institute of Michigan, Michigan Department of Natural Resources, Michigan Department of State, Michigan Department of Transportation, Michigan Sheriffs' Association, Office of Highway Safety Planning, SEMCOG (Southeast Michigan Council of Governments), State Farm Insurance and Traffic Improvement Association. For more information, visit the coalition's website, www.michigandeercrash.org and join us on Facebook.

Number of Deer Crashes by County in Michigan

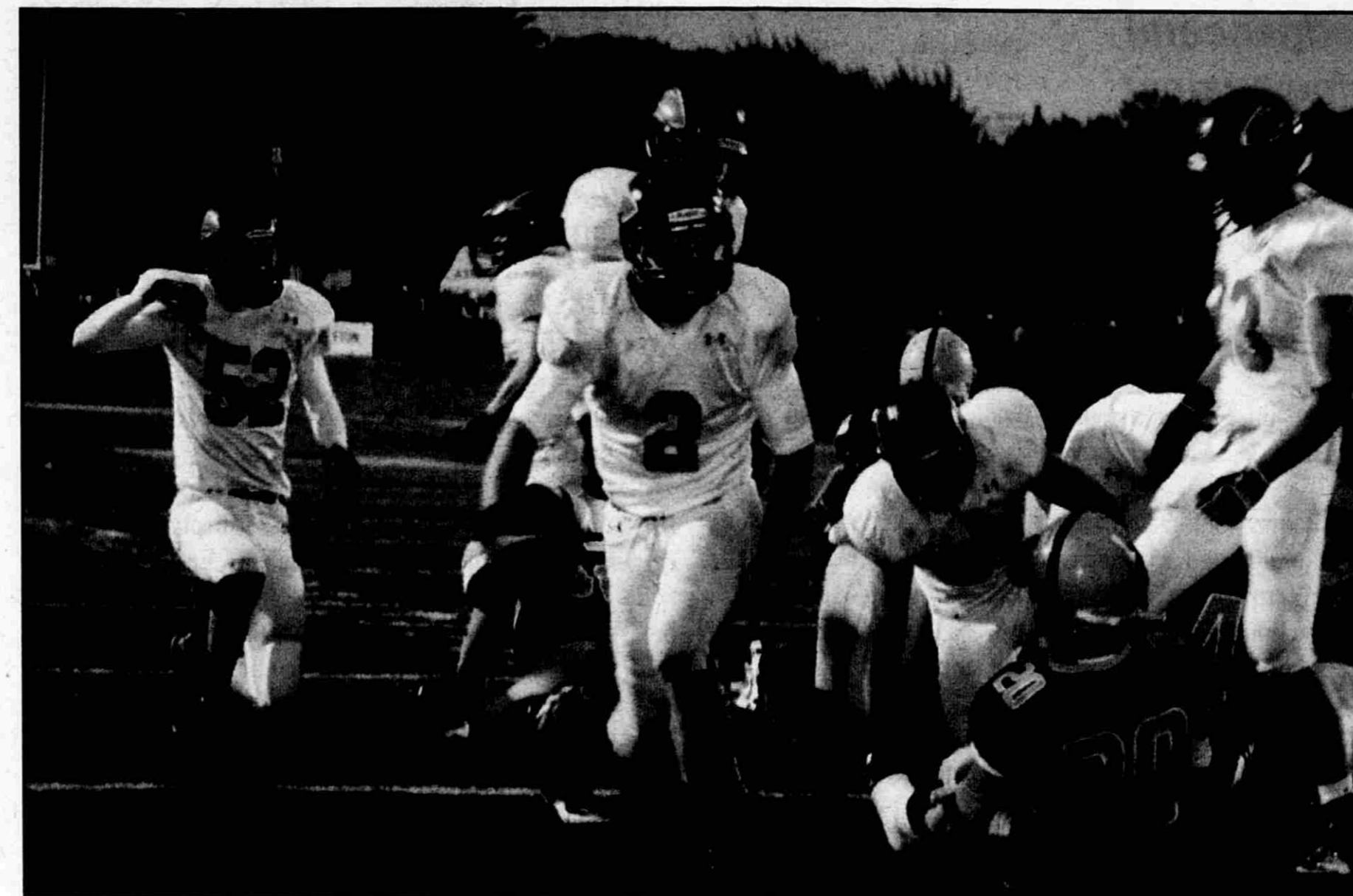
County	2009	2010	County	2009	2010
Alcona	441	395	Grand Traverse	581	543
Alger	119	109	Gratiot	1,160	1,067
Allegan	1,118	1,022	Hillsdale	1,038	1,005
Alpena	388	356	Houghton	182	228
Antrim	474	463	Huron	1,299	1,144
Arenac	545	388	Ingham	1,076	938
Baraga	208	223	Ionia	1,180	1,010
Barry	1,116	931	Iosco	393	306
Bay	503	460	Iron	387	402
Benzie	300	263	Isabella	1,292	1,098
Berrien	918	898	Jackson	1,877	1,779
Branch	1,004	938	Kalamazoo	1,162	1,172
Calhoun	1,659	1,618	Kalkaska	255	180
Cass	731	648	Kent	2,164	1,976
Charlevoix	539	552	Keweenaw	40	29
Cheboygan	432	437	Lake	260	214
Chippewa	385	347	Lapeer	1,455	1,321
Clare	616	522	Leelanau	254	273
Clinton	1,428	1,267	Lenawee	781	746
Crawford	244	235	Livingston	1,075	870
Delta	806	702	Luce	99	92
Dickinson	558	540	Mackinac	324	265
Eaton	1,384	1,220	Macomb	648	627
Emmet	480	477	Manistee	480	376
Genesee	1,420	1,259	Marquette	393	360
Gladwin	564	478	Mason	764	710
Gogebic	73	102	Mecosta	1,152	929
			Menominee	654	587
			Midland	1,059	923
			Missaukee	376	413
			Monroe	357	352
			Montcalm	1,641	1,319
			Montmorency	207	155
			Muskegon	745	605
			Newaygo	808	690
			Oakland	1,947	1,836
			Oceana	527	468
			Ogemaw	565	461
			Ontonagon	209	216
			Osceola	703	587
			Oscoda	154	118
			Otsego	182	180
			Ottawa	1,300	1,152
			Presque Isle	386	363
			Roscommon	376	312
			Saginaw	1,175	1,073
			St. Clair	885	809
			St. Joseph	678	590
			Sanilac	1,132	1,275
			Schoolcraft	253	206
			Shiawassee	1,075	971
			Tuscola	1,032	1,060
			Van Buren	772	673
			Washtenaw	1,202	1,174
			Wayne	446	394
			Wexford	416	395
			TOTAL	61,486	55,867

Source: Michigan State Police

Red Arrow SPORTS

Lowell sets record straight

Arrows fend off two consecutive losses with slippery comeback against rival East Grand Rapids



Dean after one of his two rushing touchdowns.

by Casey Cheney

Odds against them, the Lowell Red Arrow football team bested the East Grand Rapids Pioneers at their home field 23-14. This on-the-road victory is their first in more than a decade in this bitter rivalry.

The Red Arrows fell to the Pioneers at home, last season, 40-44.

Lowell won the coin toss, deferring their possession to the second half. Players on the sideline huddled together to shield themselves from the chilling rain. These conditions made for some sloppy game play at times.

East punted the ball away after a three-and-out their first possession and the Red Arrows took the field at

their own 25 yard line. They only got to midfield before a delay of game penalty and a series of sacks left them facing fourth and 26.

After a scoreless first quarter, Lowell recovered a Pioneer fumble and found themselves starting their first drive of the quarter at the Pioneers' one yard line. Gabe Dean powered past the defensive line for the score.

The Red Arrows struck first with 11:08 left in the half.

Within one minute, East had tied the game. After recovering their own fumble, Travis Palmer connected with DeAndre Grady on third and 12 for a 68-yard touchdown pass.

The Lowell offense gaining no ground, Palmer once again lofted a long bomb into the end zone, this time finding Jahaan Brown. With 3:52 left in the half, the Pioneers had taken the lead.

With a minute and a half left in the second quarter, it looked like Lowell had tied the game. The Red Arrow defense landed a blow on Palmer, knocking the ball loose.

The Red Arrows recovered, slipping and sliding their way toward the end zone until Pierce Watson finally ran it in. The ball, however, was brought back to the Pioneers' 12 yard line with East still in possession. An "inadvertent whistle" ended the play after East

briefly recovered the football.

So, Lowell regained possession on their own 33 yard line following East's punt on fourth and 19.

Once again, the Red Arrows didn't get much past midfield and Dean was sacked on their fourth down attempt. East, however, could not recreate the successful air attack they had earlier in the quarter.

At the end of the half, Lowell was down but not out. The second half looked like a whole new game.

"I thought our boys came out. Our defense played exceptional. Our special teams put us in good position. Our offense had to figure some things out" said coach Noel Dean.

"It gave us a chance to come out the second half and put together a drive. I actually felt really good about it. We made some simple adjustments and blocking assignments," he added.

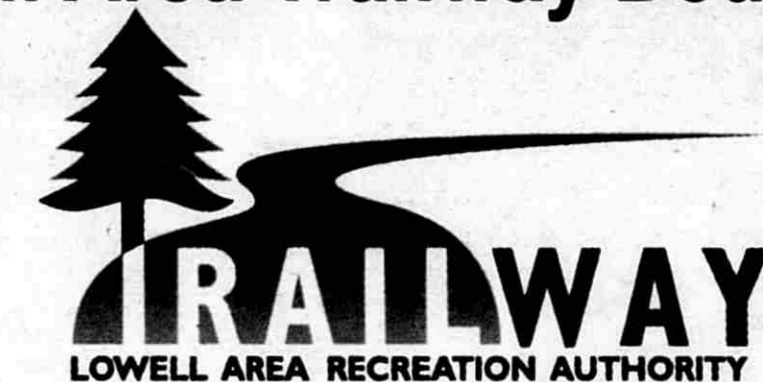
Much like their camouflaged student section, the Pioneers' offense disappeared.

Grant Breuker drilled a 38-yard field goal midway through the third to make the score 10-14.

With some tough red zone defense on all four downs, East Grand Rapids held Lowell at the goal line and prevented the go-ahead touchdown. The Pioneers

Football, continued, page 10

Come Celebrate the Lowell Area Railway Dedication



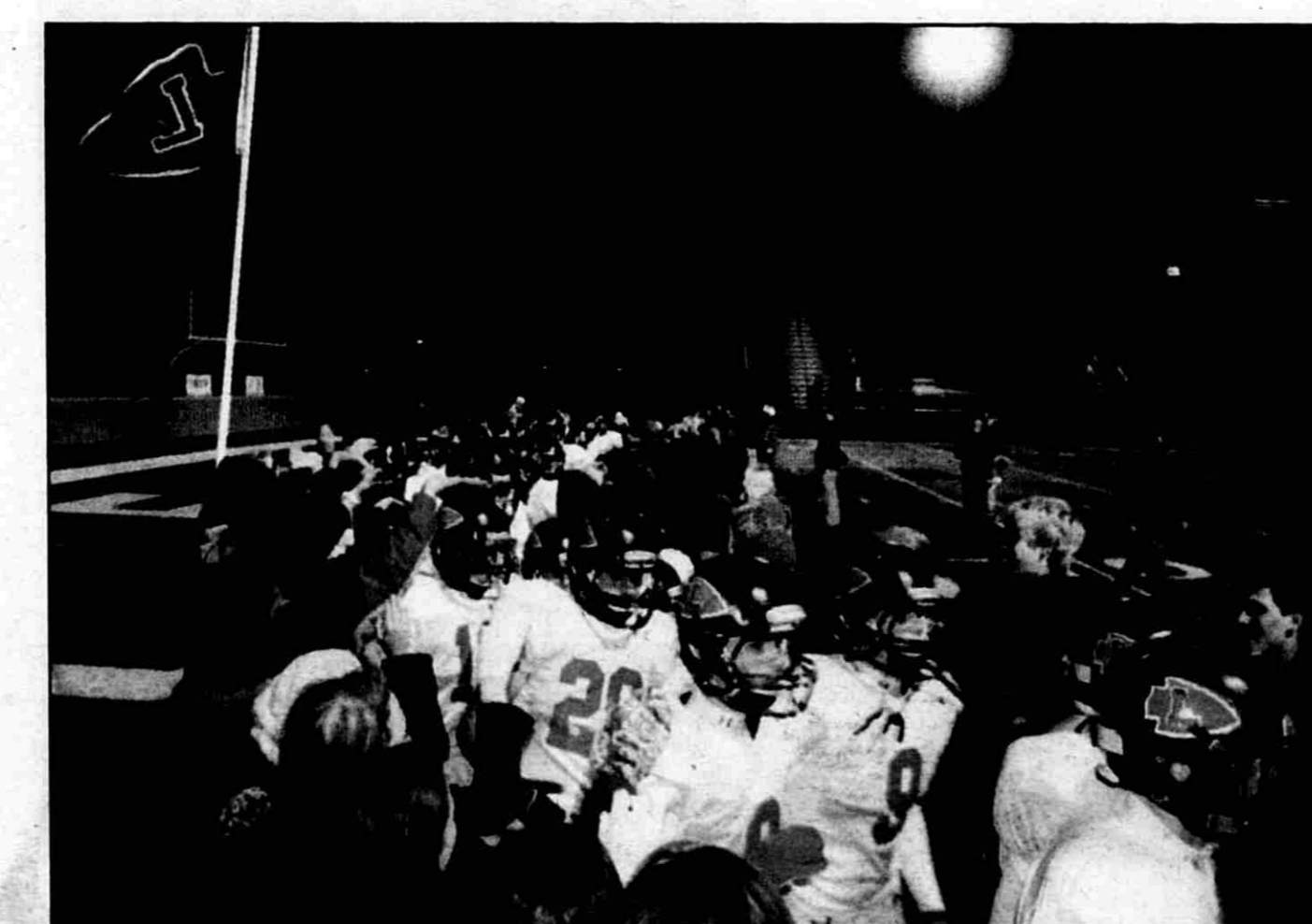
We invite you to join us at the Harvest Hustle Saturday, October 8 at 8:15 a.m.

Cherry Creek Elementary 12675 Foreman Street

Ribbon cutting just before the race!



www.lowellareatrailway.org



Students storm the field to celebrate the Red Arrow victory.

Red Arrow
- Soccer **SPORTS**

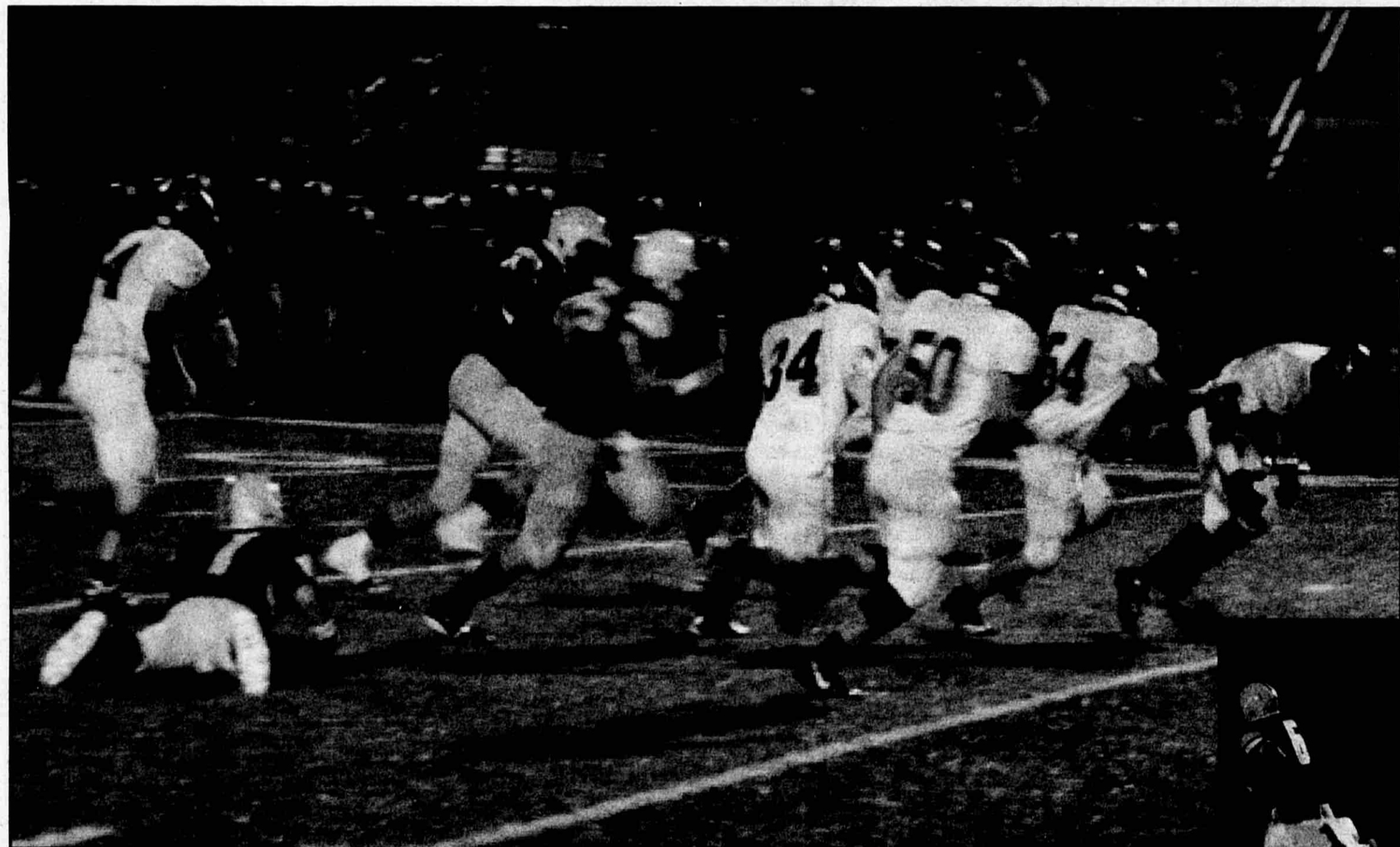
Soccer loses first two of the season in one week

by Casey Cheney
The Red Arrow soccer team records its first two losses of the season after 11 wins and a tie. Their first loss came last Tuesday against 9-2 Forest Hills Central, 6-0 in their conference. Forest Hills came out strong, scoring four goals within five minutes early in the first half. The Red Arrows knocked in two goals by halftime to cut the deficit to two, then tied the game in the second half. Alex Ligman scored the tying goal. Matt Kyllonen led the Red Arrows with two goals and an assist. Joe Sweet had one goal and two assists. The shots on goal continued to pile up for the Rangers, eventually getting through to go up 5-4 with Grand Rapids Christian Eagles, 3-1. Sweet scored the lone goal, Kyllonen assisting.

Check our website (thelowelledger.com) for coverage of last night's game against East Grand Rapids. The Red Arrows look forward to Northview on Thurs., Oct. 6.

Football, continued

regained possession at their own one yard line early in the fourth, forced to punt after gaining only four yards. With 5:21 left on the clock, Dean connected with Blake Lyman for a crucial fourth-down conversion that led to Dean's one-yard run for the touchdown and a small lead, 17-14. The tables had turned as East now worked against the clock. They started their drive with five minutes to score. At 3:15, they faced fourth and 17 and a tough decision. The Pioneers went for it. Palmer took the ball out right and found a receiver past the first-down markers. The incomplete pass met an eruption of cheers from the visitors' section. Up three, Lowell needed only a couple first downs on the ground to be able to run out the clock. Dean handed the ball off to Josh Addington, who carried the ball into the end zone. They missed the point but still held a solid 23-14 lead. The Red Arrows kicked off with less than a minute left in the game. The stadium collectively held its breath as East returned the kick up the right side of the field, then headed left, then a fumble East recovered at Lowell's 39 yard line. The Pioneers now had only 35.6 seconds to score twice. They got it to the 20 with 14.0 seconds remaining, then two incomplete passes into the end zone. Third and ten at the 20, 7.2 seconds left, East tried to run the ball in but were stopped at the 11 with 1 second on the board. Garrett Stehley finished them off with an interception. "Our defense played outstanding. You take away those two pass plays and the 50-yard run at the end, and I don't think they had more than 100 yards," concluded Dean.



The Red Arrows head for the end zone before an inadvertent whistle calls it back.

Lowell tries to prevent the go-ahead Pioneer touchdown in the first half.



LHS SPORTS
www.thelowelledger.com

- Volleyball Red Arrow **SPORTS**

Volleyball bumps Greenville, Northview

by Casey Cheney
The Red Arrow volleyball team celebrates another undefeated week, defeating Greenville and Northview. "Overall that was a really good week for the girls to finish and get it done," coach Gigi Peal said. Greenville fell to Lowell in four sets last Tuesday, taking only the first. Peal said, "We went into Greenville, a much improved Greenville, pretty flat. The [girls] were pretty confident they were going to win because it was Greenville, but they were pretty flat because it was Greenville." Greenville (1-4) took the first match 26-24 and barely lost the fourth 28-26. Lowell controlled the middle sets 25-17 and 25-19. In the fourth set Lowell was down 24-20. Here, Peal said, "We played our best volleyball of the night." They came back to win the set 28-26, ending the match. "I wasn't excited about the performance [overall], but in the end you're very happy you got the win," Peal said. "This team has shown great resilience. They just inevitably find a way to win at the end of the set." The Red Arrows went on to beat Northview in three. Northview, 2-3 for the season, fought hard to keep the match alive in the third set after a trouncing in the first two, 25-16 and 25-12. However, Lowell wouldn't have it, taking the final set 26-24. "They went into Northview quite the opposite," Peal said. "We went in and played some really good volleyball." She added that the Red Arrow girls were confident not on account of the team they were playing, as was the case and the problem at Greenville, but because of how well they could play. Lowell trailed in the third set against Northview, after handily winning the first two. "Northview had a five- or six-point lead early, a lead they maintained until they had Lowell 19-23. The Red Arrow resilience kicked in and the girls tied the set at 24. They won the set 26-24. "We didn't get flat in game three. I think Northview really stepped up their game," Peal said, adding that with her girls, "the fun part of that game was every single person on the court stepped up with big plays." In that third set, middle Hannah Tawney served instead of libero Arielle Nausieda. This meant the defensive specialist wasn't even on the court. Peal said, "For a coach, that's a very scary place to be." But Tawney and her teammates on the court stepped up their game to get the win. Finally, Lowell took third in a tournament in West Ottawa on Saturday, losing in the semifinals to Forest Hills Eastern. Peal said Eastern accounts for three of their eight losses in the season. "I'd like to see us show a little better against them and fight for it," she said. With no games this week, Peal said the girls must now prepare to face Grand Rapids Christian next Tuesday and undefeated East Grand Rapids that Thursday. The goal, she said, is to refocus the team and condition. "We sort of treat this week like preseason again," she said. Check the website Tuesday night for coverage of the match against Grand Rapids Christian Eagles.

Tennis beats Unity Christian 5-3 after exciting match tie break

by Casey Cheney
The Lowell Red Arrow tennis team improved its record to 3-4 on Monday after winning a close match against Unity Christian. "It came down to the final match," coach Bonnie Wall said. Because the coaches had meetings, they decided to resort to tie breaks rather than a third set. Number three doubles Luke Kloosterman and Zach Fotis won their match tiebreak to ensure a Lowell victory for the day. Wall said, "That was pretty exciting, it really was." She added, "The coach and I thought it was going to be a tough, tight match, and it was. It's nice to have matches like that." At their conference match Saturday, Lowell placed fourth. Number two doubles Parker Groom and Paul Heemstra beat Northview after having lost to them earlier in the day. Conner Smith lost in the second round against Grand Rapids Christian. Wall said, "[Smith] really had his chances, but he wasn't he couldn't capitalize on them." Austin Rix, number three singles, won against East Grand Rapids. Wall added that it's always impressive to get a win against East Grand Rapids. After a make up match with Creston, the Red Arrows look ahead to the regional tournament on Thursday.

- Boys' Cross Country

Carson City Invitational

The Lowell boys' cross country team placed last of 18 teams at the Carson City Invitational on Saturday. Junior John Mark averaged 5:57 per mile for a total of 18:28.1 and finished first of the Lowell cross country boys. Junior Scott VanOosten finished next for the Red Arrows at 19:19.6 with an average of 6:14 per mile. Seniors, Travis Gordon, Ben Partridge and Ben Hart, finished one after the other with respective times of 19:58.0, 20:09.0 and 20:09.2. Lastly, sophomore Jon Wykoff ran the course in 20:25.5.

CITY OF LOWELL
PUBLIC NOTICE
SANITARY SEWER CUSTOMERS

The City of Lowell will be smoke testing sanitary sewer mains from October 10 to 21, 2011 to determine any potential sources of clean water discharge into the City sewer system.

If you have any questions, please contact the Department of Public Works at (616) 897-5929.

City of Lowell
Dept. of Public Works

ups
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Call Us for a Price Quote!
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The Lowell Ledger
105 N. Broadway, 897-9261

DRAFT SYNOPSIS OF THE REGULAR MEETING OF THE LOWELL CITY COUNCIL MONDAY, OCTOBER 3, 2011

Motion to approve the agenda as presented.

Motion to approve the minutes of the September 19, 2011 meeting as presented.

Motion to approve the accounts payables as presented.

Motion to award the contract for Hillside Court project to the low bid of \$60,650.50 from Olin Excavating.

Motion to adjourn at 8:21 p.m. The next regularly scheduled meeting will be Monday, October 17, 2011.

Complete minutes will be available after approved on October 17, 2011 on the City's website at www.ci.lowell.mi.us.

Betty R. Morlock
City Clerk

LUNCH MENU

ELEMENTARY MENU
Week of Oct. 10, 2011

MON: Chicken patty on wheat bun (Jr. turkey & cheese sub also offered at Alto, Cherry Creek & Murray Lake), sweet potato tater tots, pears, milk.

TUES: Wheat bagel & string cheese w/Danimals yogurt (new BBQ chicken flatbread also offered at Alto, Cherry Creek & Murray Lake), peas, banana, milk.

WED: Tony's pepperoni pizza (chili w/crackers also offered at Alto, Cherry Creek & Murray Lake), broccoli w/low fat ranch dipping sauce, cinnamon applesauce, milk.

THURS: Hotdog on wheat bun (3 meat sub also offered at Alto, Cherry Creek & Murray Lake), 2 hashbrown patties, orange smiles, milk.

FRI: French toast sticks or cereal w/Graham crackers each w/scrambled eggs, pineapple, mini carrots, milk.

obituaries

GOULD

Gordon R. Gould, age 69, of Lowell, died October 1, 2011, at Metro Health Hospital following a battle with cancer. He taught and was a guidance counselor for years at Lowell High School. He was a well-known news reporter on Wood Radio. He loved Lowell and was active in the city's activities, such as Showboat, arts council, summer music series, etc. Gordy is survived by his sister, Cindy Gould; and niece and nephew, Anna and Cisco Cotto. He was preceded in death by his sister, Sandra Watson. He will be missed by his friends, Dorie Johnson, Zack Tisdale, Ron Wood, Ben Hall, many church friends and others. Funeral services were held Tuesday at First United Methodist Church of Lowell. Rev. Rick Blunt officiating. Interment Oakwood Cemetery. In lieu of flowers memorial contributions may be made to The Leukemia and Lymphoma Society, Michigan Chapter, 1421 E. 12 Mile Rd., Madison Heights, MI 48071.

HEIMAN

Cora L. Heiman, of Lowell Township, passed away at home on Monday, September 26, 2011. Cora, born May 13, 1925, was the second of five children of Clifford and Bertha Perrin. She was a lifelong resident of Lowell, living on the homestead of her great-great-grand-uncle, Ira Dains. She worked for Root-Lowell and retired in 1992. She married Donald Heiman on October 17, 1953, and they raised their three children on the same homestead. She is survived by her children, Michael (Shirley) Heiman of Lowell, Deborah Hefner of Lowell and Alice Harris of White Cloud; brother, Bill (Judy) Perrin of Lowell; sisters, Joyce Pennock of Baldwin, Etheldra Holtz of Kentwood; nine grandchildren; 11 great-grandchildren; sister-in-law, Yolanda Gonom of Grand Rapids; brother-in-law, Calvin (Pat) Heiman of Grand Rapids; and many nieces and nephews. Funeral services were Friday at Roth-Gerst Chapel, Lowell. Rev. Rick Blunt of First United Methodist Church of Lowell officiating. Interment Roth-Coon Cemetery. In lieu of flowers, memorial contributions may be made to the Alzheimer's Association, 2944 Fuller Ave. N.E., Ste 101, Grand Rapids, MI 49505.



NEHL

Sister Valorie Nehl, F.S.E., a Franciscan Sister of the Eucharist, died on September 30, 2011, in Lowell. She was born on October 3, 1919, in Durand, Wisconsin; to George and Catherine Nehl. She entered the Franciscan Sisters of Perpetual Adoration, LaCrosse, Wisconsin; and made her first profession of religious vows of poverty, chastity and obedience in 1940 and her final profession in 1946. She received a Bachelor of Science degree from Edgewood College in Madison, Wisconsin; and a master's degree from DePaul University in Chicago. In postgraduate studies, she attended Viterbo University, University of Dayton, Catholic University of America, and Oregon State University. In 1973 she became a founding member of the Franciscan Sisters of the Eucharist. Her greatest love was teaching and being with children and from 1939 to 1968 she taught in and was administrator in several elementary schools in Idaho, Wisconsin, and Iowa. From 1968-1970 she was the Coordinator of Elementary Education in the Southern Province of the Franciscan Sisters of Perpetual Adoration. In 1970 she again became principal of a school in Wisconsin and then one in Astoria, Oregon; from which she came to Lowell where she assumed the directorship of the Preschool at the Franciscan Life Process Center. In addition to her love of teaching, she enjoyed watercoloring, gardening, and had a special love of pansies. She is survived by her community, the Franciscan Sisters of the Eucharist; a sister, Sister Bernadette Nehl F.S.P.A., of LaCrosse, Wisconsin; and nine nieces and nephews. She was preceded in death by thirteen Franciscan Sisters of the Eucharist, one Franciscan Brother of the Eucharist; her parents; her twin sister, Irene; and her brothers, Cletus and Francis. The vigil took place at the Annunciation Chapel of the Franciscan Life Process Center on Monday, October 3. The Mass of Christian Burial was held on Tuesday, October 4, at the Franciscan Life Process Center, followed by burial in the Franciscan Cemetery, Sister Patricia Glass, F.S.E., Funeral Director, Meriden, Connecticut; and Roth-Gerst Funeral Home were in charge of funeral arrangements.

YEITER

Nancy S. Yeiter, age 80, of Alto, passed away Sunday, October 2, 2011. She was preceded in death by her brother, Fred Buchanan. She is survived by her husband of 60 years, Vernon; daughter, Debra Ann Yeiter-Baer; sister, Marsha Baker; sister-in-law, Janet Buchanan; grandchildren, Melissa Smith, Scott Baer, Christopher Baer; eight great-grandchildren; and two great-great-grandchildren. Nancy served in the U.S. Army during the Korean Conflict. A memorial service will be held at a later date. Interment Bowne Center Cemetery. Memorial contributions may be made to a charity of one's choice.

Q & A, continued

Answer: The amount of your SSI benefit depends on where you live and how much income you have. The maximum SSI payment varies nationwide. The maximum Federal SSI payment for an eligible individual is \$674 a month and \$1,011 a month for an eligible couple. However, many states add money to the basic payment. For more information, go to www.socialsecurity.gov/ssi

Question: My child is disabled. Can she qualify for Supplemental Security Income?
Answer: SSI makes monthly payments to people with limited income and resources who are 65 or older, or blind, or disabled. Your child younger than age 18 can qualify if he or she meets Social Security's definition of disability for children, and if his or her income and resources fall within the eligibility limits. We also consider the income and resources of family members living in the child's household. For more information, call 1-800-772-1213 (TTY 1-800-325-0778) or visit www.socialsecurity.gov

Question: What are the four parts of Medicare?
Answer: There are four parts to Medicare. Hospital insurance (Part A) helps pay hospital bills and some follow-up care. The taxes you paid while you were working financed this coverage, so, for most people, it's premium free. Medical insurance (Part B) helps pay doctors' bills and other services. You must pay a monthly premium for Medicare Part B and you have the option to refuse this coverage. Medicare Advantage (Part C) plans generally cover many of the same benefits a Medigap policy would cover, such as extra days in the hospital after you have used the number of days Medicare covers. People with Medicare Parts A and B can choose to receive all of their health care services through one of these provider organizations under Part C. There might be additional premiums required for some plans; and Prescription drug coverage (Part D) helps pay for medications doctors prescribe for treatment. Anyone who has Medicare hospital insurance (Part A), medical insurance (Part B), or a Medicare Advantage plan (Part C) is eligible for prescription drug coverage (Part D). Joining a Medicare prescription drug plan is voluntary and you pay an additional monthly premium for the coverage.

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PUZZLE SOLUTIONS

P	I	O	T	R	L	E	A	U	S	P	S	
T	O	P	E	E	E	L	F	A	R	I	E	L
A	T	A	L	L	S	K	I	N	I	N	N	Y
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8	5	4	6	3	1	2	9	7
3	9	7	5	8	2	6	1	4
2	1	6	4	9	7	8	3	5

office hours:
Mon.-Thurs. 8 a.m. - 5 p.m.
Fri. 8 a.m. - 2 p.m.
closed Sat. & Sun.

classifieds

for sale

LOWELL - Nice 2005 3 bdrm, 2 bath, large garage, landscaped, within city limits, walkout basement, finished family room, granite countertops, hardwood floors, gas fireplace, \$170,000. 616-897-7883.

ELIMINATE RISING FUEL COSTS - Clean, safe & efficient wood heat. Central Boiler Classic Outdoor Wood Furnace. Heats multiple buildings. Call SOS your "Stocking Dealer" Dutton, MI 616-554-8669 or 616-915-5061.

FIREWOOD - Hardwood, full cord \$160.00, rick \$65.00. Delivery available. Multiple cord discount. Call Mike, 616-490-2283.

WOW! POST FRAME PACKAGES - Act Now! 24x24x8 - \$3749. 24x40x10 - \$5449. 30x40x10 - \$6249. Standard Lumber, 616-676-2108 or 1-800-444-4075.

FOR SALE '01 Subaru stationwagon, 140k, body is beat, runs good. New brakes & engine work. \$2,100 obo. 897-9792.

2 CHIHUAHUA PUPPIES - 1 black male, 1 brown male. \$200. Purebred, no papers. 616-401-8761.

GOLDEN RETRIEVER/BLACK LAB PUPPIES - 7 weeks, 2 males left, family raised, vet examined, 1st shots, very calm demeanor, \$150. 616-648-4170.

TRACTOR FOR SALE - 2001 John Deere 4600, 4x4, cab, loader, diesel, priced to sell \$5,500. Contact me for details at rlowgaet3@live.com or 269-264-4310.

PUMPKINS FOR SALE - Thousands - all sizes. Hewitt's, 10496 Bailey Dr., corner of Bailey & Parnell. Open daily 10 a.m. - dark. 897-1730.

FREEAD! - Place & pay for a classified ad in the Buyers Guide & Lowell Ledger for 3 weeks & receive the 4th week FREE! You must mention the special in order to receive this offer. Valid only with new classified ads, and must be paid for when ad is placed. Call 897-9555, fax 897-4809 or email to: classifieds@lowellbuyersguide.com, 105 N. Broadway, Lowell, Ph. 897-9261.

MAKE SURE YOUR BUSINESS IS LISTED - in the 2012 Lowell City Directory! If you run a business out of your home & do not have a business phone number in the Grand Rapids phone book, there is a charge to put your phone number in the Lowell City Directory. The cost is \$15. Your business name & phone number will be listed in the red pages & under 1 category in the yellow pages. Please call Tammy at 897-9560 or email: citydirectory@att.net for further info or to place your order. All orders must be paid by Dec. 31, 2011 to be included in the book.

SNOW UNITED METHODIST CHURCH - at 3189 Snow Ave. SE, will serve a family style Ham & Scalloped Potatoes Dinner on Wed., Oct. 12, starting at 5:30 p.m. Adults are \$9, children 6-12 are \$3, children 5 & under are free. Takeout dinners also available.

for rent

HALL FOR RENT - Lowell Veteran's Center, 3100 Alden Nash. Newly remodeled, smoke-free, private, great location & great rate! www.vfw8303.org. Call John at 299-0486 or 897-8303.

PRICELESS STORAGE - Indoor/outdoor. New Units on Alden Nash, 1 mile South of I96. Call for specials 558-2900.

FOR RENT - Furnished 3 bedroom, 2 bath home on Slayton Lake. Available Oct. 1 through May 1. \$595 per month. Call Greg at 292-4948.

sales

GARAGE SALE - Fri., Oct. 7, 9 - 6 p.m. & Sat., Oct. 8, 9 - 1 p.m., 3535 Bewell. Toys, housewares, linens, clothes: mens & womens; boys' sizes 2/4 mo. to 10/12; girls' sizes 7/8 thru 10/12.

GOTTA GO SALE - PLEASE! - Books, toys, outdoor furniture, king mattress and boxspring, clothing-girls 12mo. - 6yrs, womens sizes 8-12, mens XXL, household items. 3333 Emery between 36th and Alden Nash. Fri., Oct. 7 and Sat., Oct. 8, 9-5

card of thanks

THANK YOU To all the organizers and coordinators of the 1971/72 Lowell High School Class Reunion: a sincere thank you. It was great to see everyone and was also a fun evening.
Bob Reynolds, Montana

misc.

THEATRE IN THE PARK CAMPS - offered in October to 4th-8th graders. \$60 per person. Call Veronica at 616-893-0307.

FRIENDSHIP COUNTRY CHAPEL CRAFT SHOW - Craft show/bake sale, Sat., Oct. 8, from 9 to 4, at 10200 Grand River Ave., Lowell. Lunch available.

VETERANS COAT DRIVE - Months of Oct. & Nov. The VFW & American Legion are holding a coat drive for veterans at the Grand Rapids home for the veterans & working in conjunction with Curtis Cleaners. Curtis Cleaners will be one of the drop-off points.

MOMS IN TOUCH GROUP - forming for Alto Elementary. Call Suzanne for more info, 868-7337.

help wanted

TRUCK DRIVER - Tractor/trailer flatbed exp. required. Min. 3 yrs. driving with good driving rec. CDL-A required. Home weekends, some weekdays. Health ins., dental, 401(k). Apply in person. Michigan Wire / D&D Trucking, 2485 W. Main St., Lowell, MI 49331.

HELP WANTED - Driver, able to pull trailer to Detroit & back, some early mornings, through November, must be able to load & unload. glpfundraising@hotmail.com

NOW HIRING - and training for career positions with West Michigan's leading real estate company. Call Rick Seese, Greenridge Realty, Inc. for a confidential interview. 616-437-2576 or 616-974-4250.

DRIVERS - Teams & regional. \$2500 sign on bonus. Regional: .34cpm for 1st 6000/mi month. .50cpm after, til end of month. Excellent home time. Teams: West coast to Midwest. .41cpm. Newer equip. Paid loaded/empty miles. Eric/Jamie: 888-912-7342.

help wanted

STALLCLEANER - needed at local horse farm. Two nights a week for a couple of hours each night. Call 581-2197.

services

HOTWATERDR - Hotwater/Dr Pool & Spa Service. Every make & model. Pool closing specials! Call for details, 616-874-3385 or visit hotwaterdr.com

ACCOUNTING AND BOOKKEEPING - Accounting, Bookkeeping, Payroll and Tax services. Affordable rates for individuals and small business owners. Call for a free consultation. 616-443-9625.

SNOWPLOWING - Ada, Lowell, Cascade. Commercial & residential, insured, references available - fall cleanup discount with signed snowplow contract. Call Jon at Scenic Expressions LLC, 240-4464.

HORSE BOARDING - (2) 3 acre pastures & shelter, north of Lowell. Please call Peggy, 897-5807.

services

FALL CLEANUP - Let us prepare your yard for winter. Leaves, annuals removed, perennials & shrubs pruned, tree transplanting. Call Tom at Scenic Expressions LLC, 240-6215.

HAUL-AWAY DUMPSTERS - 15, 20 or 30 yard. Beat any price. Best service. 616-364-1320.

TAXES, PAYROLL, QUICKBOOKS & ACCOUNTING SERVICE - by certified Quickbooks advisor. Call Kathy 897-6351.

HANDY REPAIR SERVICE - All kinds of service work: locks rekeyed, deadbolts installed, screen & window repair. Call Bob Ford, 299-3198.

BUSINESS CARDS - Before you order your cards from somewhere else - check our rates! Call Lowell Litho, 897-9261.

services

LAMINATING SERVICE AVAILABLE - Next day service. Drop off & pieces will be available by 9 a.m. the next day. Lowell Litho, 105 N. Broadway, Lowell.

NEED A DUMPSTER? - 14 to 20 yards available. Garage, attic, household cleanup, roofing, trash, junk, etc. Dependable service & affordable prices. Mention this ad & receive 10% off. Call for free estimates. Contact Doug 616-295-6640.

SHIP YOUR UPS PACKAGES WITH US & SAVE!! - Call us for a price comparison. We will need: weight, zip code & dimensions of the box. No Hazardous materials or firearms accepted at this location. Daily UPS pickup at 3 p.m. Lowell Ledger, 105 N. Broadway, 897-9261.

Community Calendar

PLEASE NOTE - Coming Events are for non-profit organizations. If you are charging admission for an event - it is considered an advertisement. Coming events are ran on a space available basis & ARE NOT GUARANTEED TO RUN. If you would like to make sure your event is placed in the paper, please call our office & place it as a classified ad. We will not run ANY Garage or Rummage Sales as a coming event. All Coming Events or changes to coming events should be submitted by fax: 897-4809, email: classifieds@lowellbuyersguide.com, by mail: PO Box 128, Lowell, MI 49331 or in person: 105 N. Broadway, Lowell.

FREE SMOKING CESSATION CLASSES - offered at Lowell Family Medical Center. Call 616-446-7058 to register. The class runs for 8 weeks. Evening & weekend sessions are available. Time & dates will be determined by those registered.

VERGENNES CLUB MEETS - at 1 p.m. on the first Thursday of the month March thru Nov. Meeting at Schneider Manor Community Room. Program & refreshments. Guests welcome.

WHOLE FOODS FOR BETTER HEALTH - Cooking Seminar, Oct. 11 & 25, 7-8:30 p.m., Riverside Fellowship at 10300 Vergennes in Lowell. No charge. Call 897-7930 to register.

LOWELL WOMEN'S CLUB - Meets the second Wed. of each month, Sept. - May, 11:45 a.m., Schneider Manor. For more information call Jan at 897-2533.

CELEBRATE RECOVERY - Thursdays, 6:30 - 8:30 p.m. A Christ centered program to help overcome life's hurts, habits, hangups. Impact Church, 1069 Lincoln Lake, www.impact-church.org or www.celebraterecovery.com

FIRST & THIRD WEDNESDAYS - Fun at Calvary for boys & girls preschool - 8th grade. Cadets for boys 1st - 8th; GEMS for girls 3rd - 8th; Kingdom Kids for boys & girls preschool - 2nd grade. 1125 W. Main, Lowell, Ph. 897-7060, email: lowellcalvarycyr@yahoo.com

FLAT RIVER OUTREACH MINISTRIES THRIFT STORE - is open Wed. 10 - 8 p.m.; Thurs & Fri., 10-6; Sat., 10 a.m. - 4 p.m. at 11535 Fulton St. E. Thrift Shop, 897-8260; Food Pantry, 897-8260; Emergency Services, 897-8260.

ALPHA WOMEN'S CENTER - 517 E. Main. Hours: Mon. 11-5 p.m.; Tues. 6-9 p.m.; Thurs. 10-6 p.m. 987-9533. Diapers, formula, clothing & free pregnancy testing available.

EVERETT HISTORICAL MUSEUM OF ADA - 7144 Headley,

is open every Friday & Saturday 1-4 p.m. or by appointment. Closed Jan. & Feb. 676-9346.

ALTO LIBRARY HOURS: Tues. & Wed., 12 - 8 p.m.; Mon. & Sat., 9:30-1:30 p.m.; Thurs., 1-5 p.m. Info, call 647-3820.

ENGLER HARDT LIBRARY HOURS - Mon.-Wed., noon - 8 p.m.; Thurs. & Fri., 9:30 a.m. - 5 p.m.; Sat., 9:30 a.m. - 1:30 p.m. 647-3920.

LOWELL AREA ARTS COUNCIL GALLERY HOURS - Tues. - Fri., 10 - 6 p.m.; Sat., 1-4 p.m.; Monday by appt.; 149 S. Hudson. Visit www.lowellartscouncil.org or call 897-8545.

LOWELL AREA HISTORICAL MUSEUM - open Tuesday, Saturday & Sunday: 1-4 p.m.; Thursday: 1-8 p.m. Families: \$10; Monday \$3; ages 5-17 \$1.50; members free. 897-7688.

ST. MARY'S PREGNANCY CRISIS CENTER - 402 Amity. Mondays: 5:30-7:30 p.m.; Tues. & Thursdays: 11 a.m. - 3 p.m. Non-denominational. Help for pregnant women/adolescents in need. Provides support, referrals, food, clothing/infant items. Lowell area. 897-9393.

LOWELL SERENITY CLUB MEETINGS - (AA) Mon., Wed., Thurs.: 12-1 & 8-9 p.m.; Tues. & Fri.: 12-1, 4:30-5:30 p.m. & 8-9 p.m.; Sat. & Sun.: 10-11 a.m. & 8-9 p.m. 101 W. Main. 897-8565.

THE EAST KENT COUNTY REPUBLICANS (EKCR) - meets the second Saturday of the month at the Lowell Area Chamber of Commerce (113 Riverwalk Plaza) from 8:30 to 10 a.m. to discuss current events on the local, state & national levels. Bring your concerns & issues to our meeting for open discussion! Share information about what you can do to become involved! For more information, please call Dave Emmette, 644-0759 or Nancy Steckler, 897-6380.

THE LOWELL BOARD OF EDUCATION - second Monday of the month at 7 p.m. in the Administration Building, 300 High St., Lowell.

WOMEN FOR SOBRIETY - meets every Monday, 7-8 p.m. at Bowne Center United Methodist Church, fellowship hall, 12051 84th St., corner of Alden Nash. Call Sue at 868-6219 or www.womenforsobriety.org

BOWNE TOWNSHIP HISTORICAL SOCIETY - meets the second Monday of the month at 10 a.m. in the Historical Museum at 84th/Alden Nash.

NEEDLERS - Second & fourth Monday evenings, 5:30 to 8:30 p.m. Schneider Manor Community Room.

WOMEN OF THE MOOSE - third Monday at 7:30 p.m. for business meeting.

AMERICAN LEGION CLARK-ELLIS POST 152 - meets the fourth Monday at 3100 Alden Nash S.E. at 7:30 p.m.

ALTO AMERICAN LEGION AUXILIARY - meets the second Monday of the month at 7 p.m. at the Alto American Legion Post.

V.F.W. POST #8303 - meets the first Monday at 7 p.m. at 3116 Alden Nash S.E.

LOWELL SHOWBOAT GARDEN CLUB - meets the 3rd Monday in the Church of the Nazarene Fellowship Hall, 211 N. Washington St. at 6:30 p.m.

BOY SCOUT TROOP 102 - every Monday, 7-8:30 p.m

Entries currently being accepted for 2012-13 Porcupine Mountains Artist-in-Residence program

Applications are currently being accepted for the Porcupine Mountains Artist-in-Residence Program for spring, summer and fall residencies in 2012, and for winter residencies in 2013. The Artist-in-Residence Program is open to artists and artisans whose work can be influenced by this Michigan state park's unique northern wilderness setting.

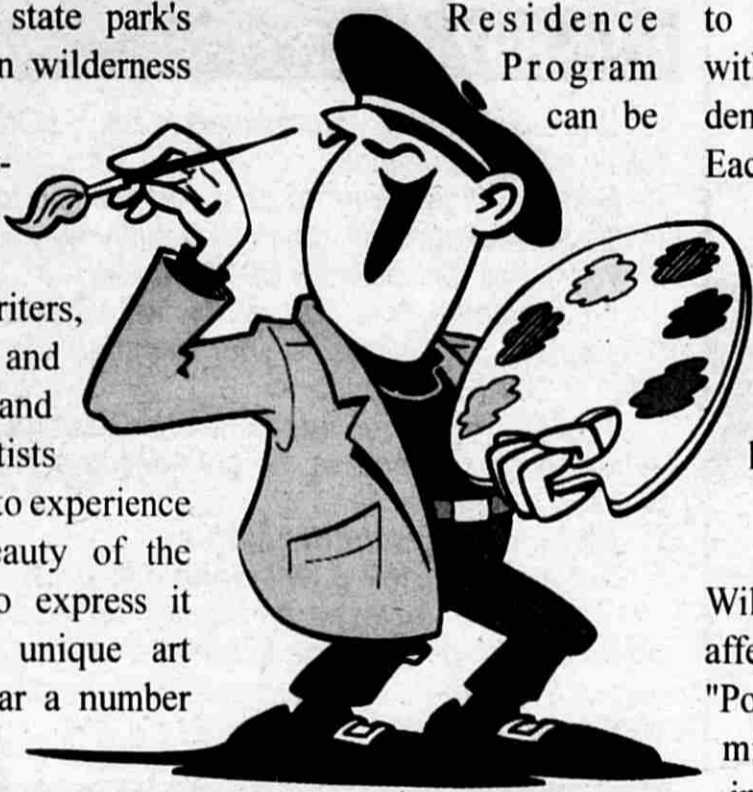
The Artist-in-Residence Program offers writers, composers and all visual and performing artists

an opportunity to experience the natural beauty of the Porkies and to express it through their unique art form. Each year a number of artists will be selected for residencies lasting a minimum of two weeks.

Selection is based on artistic integrity, ability to reside in a wilderness environment and the artists' ability to relate and interpret the park through their art medium. The program is open to all art

forms except those that may be inconsistent with the mission of the park.

Applications for the 2012 spring, summer, fall and 2013 winter residencies must be postmarked by March 31, 2012. Application materials for the Porcupine Mountains Artist-in-Residence Program can be



found by visiting the Friends of the Porkies web page at www.porkies.org/artist-in-residence. Artists will be notified on or before April 27, 2012.

Artists who are selected will be given the use of a rustic cabin located on the

Little Union River and if requested, a three-night back country permit so that they may live in, and explore the park's 60,000 acres of natural beauty ranging from stunning vistas to 90 miles of rugged backcountry trails.

During their residency, the artists will be asked to share their experience with the public through demonstrations or talks. Each artist is required to contribute to the nonprofit group, Friends of the Porkies, an art piece representative of his or her stay.

Porcupine Mountains Wilderness State Park, affectionately called the "Porkies," consists of 25 miles of shoreline, four inland lakes, entire river systems, several waterfalls, many wooded peaks, and an escarpment, which rises slowly from the edge of Lake Superior before plummeting into the Carp River Valley. The most impressive feature of the park, and the reason for its creation, is the virgin forest of eastern hemlock

and northern hardwoods and the variety of flora and fauna that it supports. Because of these attributes, the park is an ideal location to inspire creativity.

The Recreation Passport has replaced motor vehicle permits for entry into Michigan state parks, recreation areas and state-administered boating access fee sites. This new way to fund Michigan's outdoor recreation opportunities also helps to preserve state forest

campgrounds, trails, and historic and cultural sites in state parks, and provides park development grants to local communities.

Michigan residents can purchase the Recreation Passport (\$10 for motor vehicles; \$5 for motorcycles) by checking "YES" on their license plate renewal forms, or at any state park or recreation area. Nonresident motor vehicles must still display a valid

nonresident Recreation Passport (\$29 annual; \$8 daily) to enter a Michigan state park, recreation area or state-administered boating access fee site; these can be purchased at any state park or recreation area, or through the Michigan e-Store at www.michigan.gov/estore. To learn more about the Recreation Passport, visit www.michigan.gov/recreationpassport or call 517-241-7275.

General election, continued

They will be asked to present valid photo ID, such as a Michigan driver's license or identification card. Anyone who does not have an acceptable form of photo ID or failed to bring it with them to the polls can still vote. They will be required to sign a brief affidavit stating that they're not in possession of photo ID. Their ballots will be included with all others and counted on Election Day.

Voters who don't have a Michigan driver's license or identification card can

show the following forms of photo ID, as long as they are current:

- Driver's license or personal identification card issued by another state.
- Federal or state government-issued photo identification.
- U.S. passport.
- Military identification card with photo.
- Student identification with photo from a high school or an accredited institution of higher education, such as a college or university.

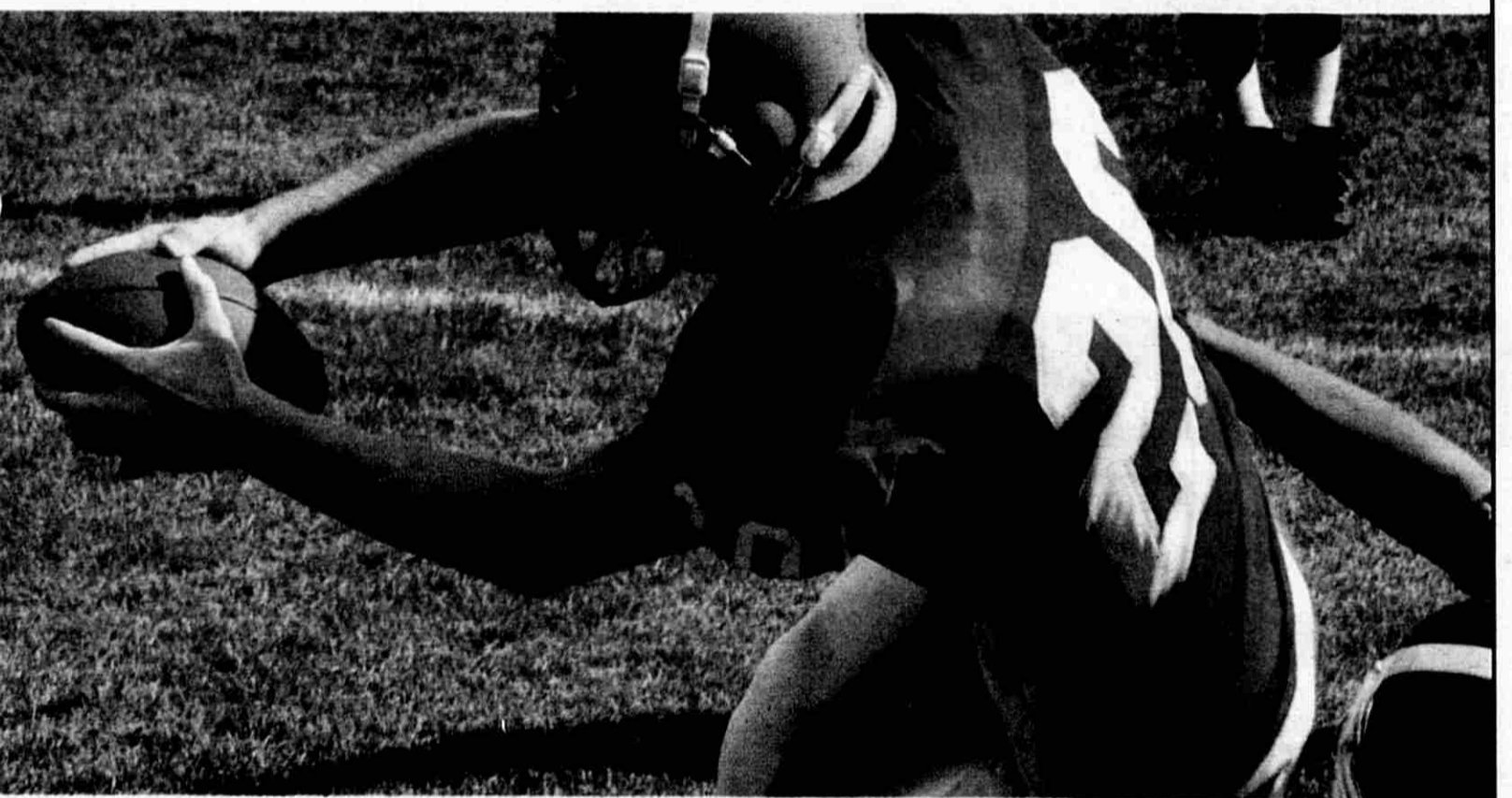
• Tribal identification card with photo.

Additional election information can be found at www.Michigan.gov/elections.

For more information about voting and the Secretary of State's Office, visit www.Michigan.gov/sos and sign up for the official Twitter feed at www.twitter.com/Michsos and Facebook updates at www.facebook.com/Michigansos

SPECTRUM HEALTH
The Medical Group

Orthopaedics and Sports Medicine



Saturday Morning Fall Sports Injury Clinic 8 a.m. to 9:30 a.m.

Spectrum Health Medical Group
Orthopaedics and Sports Medicine
4100 Lake Drive SE, Suite 305
Grand Rapids, MI 49546

Please come see us within 24 hours of your injury for a **complimentary evaluation**.

Walk-ins welcome. No appointment necessary.

The orthopaedics and sports medicine clinic runs every Saturday from August 27 to October 22.

For more information call **616.267.8860** or toll-free **866.533.1673**.

shmg.org/sportsmedicine

Direct access to imaging services (X-ray, magnetic resonance imaging (MRI)) and durable medical equipment are available to assist with diagnosis and treatment; standard costs apply.

The Spectrum Health Medical Group team of orthopaedic and sports medicine providers have significant experience in the diagnosis, medical management and surgical repair of the bones, joints, muscles and connective tissues. Our board certified orthopaedic surgeons, certified physician assistants, and certified athletic trainers are committed to providing your athletes with the most comprehensive care and advanced treatment options available.

Spectrum Health is the preferred provider of medical services to Whitecaps Professional Baseball.