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pink arrow game this friday

ARROW

TDE

wednesday · september · 7 · 2011

NBC Today Show to cover Pink Arrow Pride

by Casey Cheney

cause with a new twist: NBC's Today Show will be there.

Pratt said, "We are incredibly thrilled to have received word from the producer of volunteers.

the NBC Today Show that The fourth annual Pink they plan to cover Pink Arrow game has the same Arrow IV, bringing national attention to this powerful student-led service learning project." A lot of details still Superintendent Greg need to be hammered out. said Donna Miller one of the many Pink Arrow Pride

"What we know so far is that they're coming," Miller said. "Who? I don't know."

Whoever does come, she said, will arrive early Friday morning and stay through the football game. While they're here, they will interview players, coaches and community members, including two players who have parents fighting cancer, or who died in the fight and a retired football coach who is a cancer survivor and faithful attendant of the Pink Arrow games.

Pratt said more than

\$1 million has been raised through Pink Arrow.

www.thelowellledger.com

Miller said, "It's absolutely wonderful. We want them to see that what we do and what we raise stays in the community and helps community families."

last concert of the series

page 14



Fallasburg Fall Festival for the Arts offers a relaxing day in the park



by Emma Palova

From apple dumplings to famous chicken and brats, fine jewelry to a blacksmith showing his skill, and from country to rock and roll, come and sample the smorgasbord of the Fallasburg Fall Festival for the Arts.

Set on the backdrop of Lorain Smalligan.

moved its date to the third weekend in September in order not to coincide with ArtPrize.

"We wanted to provide more opportunities for the people in West Michigan," said Lowell Arts director

And even on rainy fest days, serious shoppers will come to the event in search of that special unique piece.

The arts and crafts range from jewelry, ceramics, fiber, wood, glass, sculptures, photography and paintings.

The festival offers mu-

sical entertainment on both

days. Among the new bands

welcoming students

page 3



page 7



red arrow sports



pages 14 & 16





Kasey Cornwell holds this year's fall fest quilt by Dawn Ysseldyke.

Technology equipment stolen from fair office

by Emma Palova

The Kent County Youth Fair is offering a cash reward for information leading to the return of stolen technology equipment worth \$750.

The office was broken into sometime on Sunday night between 6 p.m. and 8 a.m. A router and an ASUS laptop with software were stolen.

"They're stealing from the kids in the county, taking away equipment we use to provide better service to the fair," said Bruce Doll, senior vice president and secretary for the fair board.

The walls of the King Building were smeared with mustard and ketchup, according to Doll. The announcer's booth at the horse

arena has been vandalized as well.

Doll can recall only one other incident of vandalism at the fairgrounds when a water pump was set on fire.

However, it was the first time that the fair office was broken into, according to Sgt. Steve Bukala of Lowell Police Department.

The burglary is a 10year felony charge.

"We have no suspects at this time," said Bukala.

The police department and Doll are encouraging people to call anonymously or Silent Observer with any information.

"It would help us to have the computer back," said Doll.

fall beauty and grandeur, the 43rd Fall Festival for the Arts will take place on Sept. 17 and 18 at the beuatiful Fallasburg Park located four miles north of Lowell.

Presented by the Lowell Arts, the festival has expanded its name to put emphasis on the arts part of the event.

And it has permanently

The festival is unique because it offers an eclectic mix of music, arts and crafts, and artisan demonstrations in a park setting.

This year, 100 artists will be selling their arts and crafts under the canopy of large oak trees. Annually, the festival attracts 20,000 people between Saturday and Sunday.

this year are Josh Rose and Jonas Ridge, and then there are mainstays like the Adams Family, Luke Lenhart Family and the Proulx Brothers.

Most of the demonstrations are inside the shelter or

> Fall festival, continued, page 14

Market peaks with autumn bounty



Hope Stepek and Noah Blough of Heidi's Farmstand weigh produce at Farmers' Market last week. The market is in full swing with all the vegetables and fruits at its best. Gary Blough of Heidi's said the sales have been comparable to last year. The new location in front of Tractor Supply has worked out well for both the vendors and the customers. The biggest seller seemed to be tomatoes, as more people are canning produce. The heat to some extent impacted the number of people coming to the market.

The market continues through September, until its end during the Harvest Festival on Oct. 8 at the fairgrounds.



"ledger

Drivers need to be extra cautious as kids get back-to-school

Summer days are wan- Tips for students ing away and the start of school is just around the corner. The Kent County Sheriff's Office encourages road as kids of all ages get says that it's okay to board. back to school.

ger to get on and off the bus get to school and they are location. also excited to get home and tell their parents about the bus. their day. Sheriff Stelma has some safety measures for sidewalk when preparing to both students - and motor- cross the street near a bus. ists - to help ensure safety Make eye contact with the for everyone.

stop early.

Prior to boarding, wait bus. until the bus has come to a drivers to cut down distrac- complete stop, the door is tions and concentrate on the opened and the bus driver

Once on board proceed Children are often ea- quickly to your seat and stay sitting until the bus arrives at because they are excited to your school or other drop off bags do not get caught in the

Do not move around on

Always walk on the

driver so that you are sure Tips for motorists Always arrive at the bus he or she sees you.

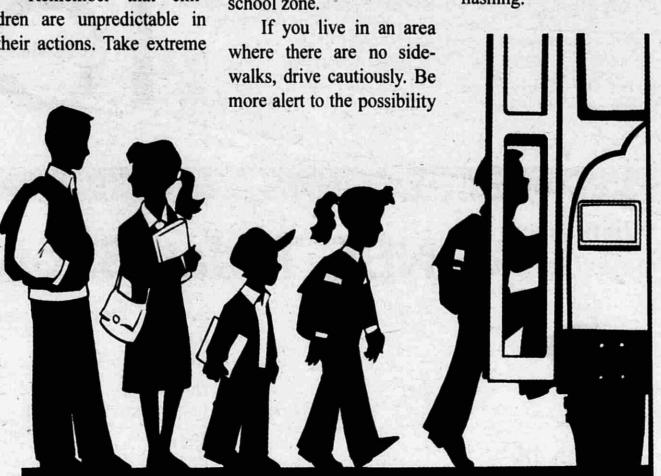
If you are walking beside the bus, make sure you are at least 10 feet (10 "giant" steps) away.

Take extra precaution to make sure that clothing with drawstrings and book hand rail or door.

Never stop to pick something up you have dropped while the bus is stopped. Wait until the bus has driven off to avoid not being seen by the driver.

Remember that chil-

Never walk behind the dren are unpredictable in their actions. Take extreme caution when traveling in a school zone.



of children walking in the road.

Be more aware of children playing near school bus stops.

Take extra time to look for kids at intersections, on medians and on curbs.

Enter and exit driveways and alleys slowly and carefully.

Reduce any distractions inside your car so you can concentrate on the road your surroundings.

Put down your phone don't talk or text while driving.

Slow down and prepare to stop whenever you

R



There will be concerts, camping and family fun at the annual Bluegrass Music Festival held Fri., Sept. 16 through Sun., Sept. 18 at the fairgrounds in Lowell.

ANGEL FOOD MINISTRIES

Sign up at the Nazarene Church, 201 N. Washington St., Sat., Sept. 17, 10 am - noon. You may also order online using your debit or credit card. Go to www.angelfoodministries.com. Any questions, call Esther, 897-7395.

FALLASBURG FALL FESTIVAL FOR THE ARTS

New Dates; Sept. 17 and 18. A unique event that develops the potential of an extraordinary historical setting at Fallasburg Park. Something for everyone. For more information call LowellArts! 897-8545 or www.lowellartsmi.org.

ALONG THE GRAND RIVER

The Lowell Area Historical Museum will present "Along the Grand River from Ada to Ionia" with the Historical

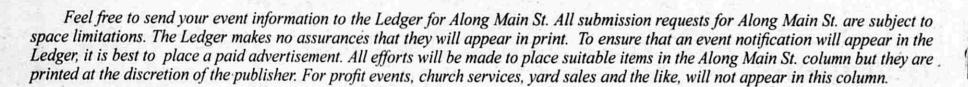
Societies of Ada, Boston-Saranac and Ionia at the Lowell Township Hall, Tues., Sept. 20 at 7:00 pm. Learn about the Grand River, hear stories of Indians, settlers, fur traders, bridges, steamboats, the railroad, the Wolverine Pavedway. Light refreshments served after the program. For more information call 897-7688.

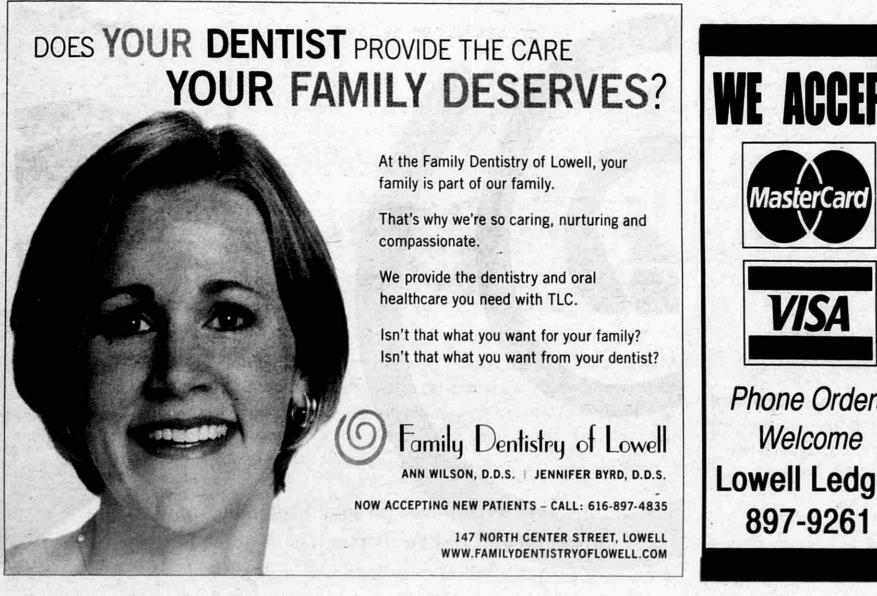
COMMUNITY SUPPER/FOOD TRUCK

St. Mary Church, 402 Amity, Wed., Sept. 21. Truck arrives 5 pm. Free food distribution between 5 and 6 pm. Dinner served at 6 pm. Any questions, call 897-9820

FREE SMOKING CESSATION CLASSES

Two free classes will be offered this fall at Lowell Family Medical Center, 2550 W. Main St. Call 616-446-7058 to register. Each class runs for eight weeks. Evening and weekend sessions are available. Times and dates will be determined by those registered. Classes are facilitated by a Mayo Clinic trained and certified tobacco treatment specialist. Guests and support persons welcome to attend.







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see yellow school bus lights flashing.

Never pass a school bus when there are flashing red lights. This is a sign that children are getting off the bus - and it's the law. Traveling to and from

school Plan a walking route

to school or the bus stop. Choose the most direct way with the fewest street crossings and, if possible, with intersections that have crossing guars.

Walk the route with your child beforehand. Tell him or her to stay away from parks, vacant lots, fields and

> Bus safety, continued, page 10

Planning A Wedding?

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the lowell dger (USPS 453-830)

Local band wraps up Sizzlin' Summer concert series, gears for Fallasburg Fall Festival

by Emma Palova It was a rocky Sizzlin' Summer concert season. A season that started patriotic true. with the 64th Army Band and ended with local talent well known around West Michigan.

wednesday · september · 7 · 2011

The Adams Family band with lead vocalist Cindy Adams Kropf closed the 2011 Sizzlin' Summer concert series last Thursday on crowd. the Riverwalk stage.

-September due to rescheduling because of rain in June.

The band delivered their classy tunes from the 50s and 60s including folk, doo-wop and classic rock. "We're not going away,

we're going to play all night," Adams Kropf promised.

And the band did play all the way into the dark without intermission

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O3D SHARK NIGHT (PG-13)

O SHARK NIGHT (PG-13) 7:10

OOUR IDIOT BROTHER (R)

5:00, 7:30, 9:55

4:50, 7:00, 9:15

ADA LOWELL 5

616-897-3456

On M-21, 5 Minutes East of Amway H.Q.

Jerry Adams even made his lifelong dream come

"I've always wanted to be an endman on the Showboat," he said. "This is as close as I am going to get."

So, he sang without any musical accompaniment "Old Man River," to the complete delight of the

Adams Kropf per-The concert ran into formed jive with her hands to inspire those who did not want to get out of their chairs to dance.

Throughout the entire concert series, the dance floor was frequented by couples of all ages from young swing dancers to seasoned country line dancers during the "Stolen Horses" concert.

The weather played a major factor in this year's

ther blazed in heat, or soaked concerts. The Riverwalk ei- in rain.

But, the concerts were well attended by a faithful crowd ready to weather any

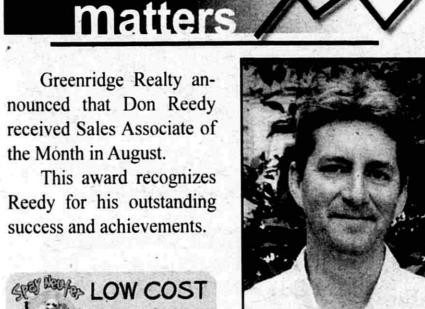
storm, even on the night coinciding with the football game. Other favorite bands that performed in the se-

ries were Thirsty Perch The Trace, Tami Helm and MacNaughton Blvd, and the Grand Rapids Jazz Band. The concerts are funded

velopment Authority.

But, the music is not yet over for this year. A full concert line up, including the Adams Family, is scheduled for the Fallasburg Fall Festival for the Arts on Sept. 17 and 18.

While other stores are FLAT RIVER OUTREACH promoting winter wear, the MINISTRIES FROM THRIFT SHOP, **BOUTIQUE &** 11535 E. Fulton St. Lowell **FURNITURE STORE** 897-8260 is still offering the clothing www.fromlowell.org you want for this warm early fall weather! All your donated items are resold to benefit only those in the greater Lowell area. Have you visited lately? Shop Hours: Wed. 10 am - 8 pm Thurs., Fri. 10 am - 6 pm Saturday 10 am - 4 pm. Please remember us with your clean, gently-used donations of clothing, small appliances, housewares, etc. Call if you need furniture pick-up.





PUBLIC NOTICE

Tuel.

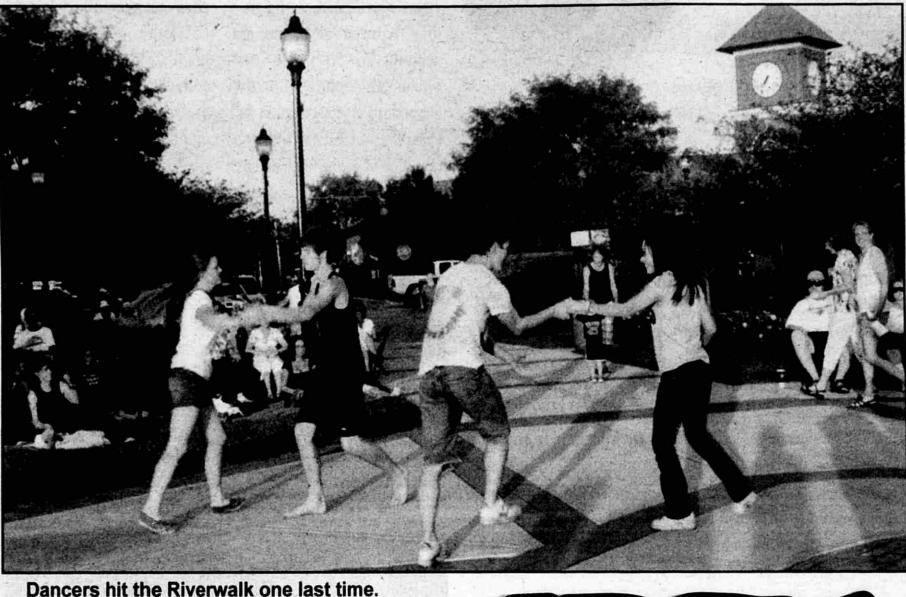
Located

at the

Lowell Light and Power (LLP) has filed a revised four year Energy Optimization Plan to the Michigan Public Service Commission (MPSC) for review and amendment. A copy of the revised Plan is available at the Lowell Light and Power office, 127 N. Broadway, Lowell, MI. or on our website at www.lowell light.org. Written comments by the public are welcome.

The public is also welcome to make comments on the revised Energy Optimization Plan (EOP) in person at the LLP Board meeting scheduled for September 13th, 5:30 PM, at 127 N. Broadway, Lowell, MI.





"ledge



through the Downtown De-





financial focus



Grandparents may need to balance gifts and goals

Grandparents Day falls on Sept. 11 this year. While not as widely observed as Mother's Day or Father's Day, Grandparents Day nonetheless serves a valuable purpose in reminding us of the importance of grandparents in the lives of their grandchildren. If you're a grandparent yourself, you already know the grandchildren joy your bring you, and through the years, you have probably been generous with them in many ways. At the same time, though, you probably need to strike a balance between your heartfelt gifts and your financial goals.

It can be challenging to achieve that balance. For one thing, you and your fellow grandparents have not been stingy in your giving over the past several years. America's grandparents provided an estimated \$370 billion in financial support to their grandchildren between 2004 and 2009, according to a survey by the MetLife Mature Market Institute. This averages out to \$8,661 per grandparent household over that same period. How-

ever, many of these same qualified expenses. There grandparents may not be ac- may be state tax incentives cumulating sufficient finan- available to in-state residents cial resources to enjoy the retirement lifestyle they've state's 529 plan. And a 529 envisioned. In fact, the median balance of retirement accounts for 55- to 64-yearolds is only about \$100,000, according to the Center for Retirement Research. That's not a lot of money for an age free. However, withdrawals group that could spend two or even three decades in retirement.

what steps might you take to bolster your retirement savings while simultaneously helping your grandchildren? Here are a few ideas:

 Maintain permanent life insurance. Once your children are grown. you may feel less compelled to carry life insurance. But the right type of and your earnings grow tax life insurance can benefit you throughout your life. Permanent life insurance of- least age 59 1/2 and you've fers you the chance to build cash value, which you may five years. be able to access, depending upon the specifics of your policy. And you can name your grandchildren as beneficiaries of your policy.

Open a 529 plan. Use the money you're already gifting to fund a 529 dren pay for college. These plans have generous contribution guidelines, and with- by Edward Jones for use by drawals are tax-free, provided the money is used for *nancial Advisor*.

who invest in their home plan offers you a degree of flexibility; if the beneficiary grandchild decides to forgo college, you can transfer the unused funds to another grandchild, tax and penalty used for expenses other than qualified education expenses may be subject to feder-So, as a grandparent, al and state taxes, plus a 10 percent penalty.

> Contribute to a Roth Individual Retirement Account (IRA). The Roth IRA is a powerful retirement savings vehicle. You can fund your IRA with virtually any type of investment, such as stocks, bonds and government securities, free, provided you don't take withdrawals until you're at held your account at least

Your grandchildren may appreciate your generosity, but they'll also no doubt want you to enjoy a comfortable retirement. As always, you need to do what makes sense for your situation. You may find there plan to help your grandchil- are ways to help both your grandchildren and yourself. This article was written

your local Edward Jones Fi-

Hastings man named board president of 4,600-mile national trail

by David DeDecker Staff Writer

Dr. Larry Hawkins of Hastings has been named president of the national board of directors for the North Country Trail Association (NCTA). Hawkins officially became president at the association's 2011 national conference Aug. 11 to 13 in Dayton, Ohio.

Hawkins, an avid trail user and supporter, has been president of Chief Noonday Chapter — which includes Barry, Calhoun and Kalamazoo counties - since 2004. He has also served a number of years as a member of the board of directors of the ship. NCTA.

In 2009, Hawkins was elected first vice president of the board. He will now begin his two-year term, taking over for outgoing board president Bobby Koepplin of North Dakota.

"I am very pleased," said Hawkins. "It's a wonderful organization. We have wonderful staff and volunteers. I became involved because of the trail itself, but have taken on more of a role over the years, although administration is not my favorite thing. I am still working full-time with the Gun Lake practice and overseeing two hospices."

At the July 13 monthly meeting of Chief Noonday Chapter in Delton, Hawkins stepped down as president of the local chapter in preparation for his new duties on

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to the editor

lêdger

In keeping with a tradition in the Chief Noonday Chapter, Hawkins was presented with a personalized hiking staff made by Peter Phelps of Battle Creek. The presentation was made by the previous immediate past president, Tom Garnett of Kalamazoo.

Hawkins took over his position as board of directors president for the national association Aug. 11 and led his first board meeting. The following day, he presided over his first NCTA annual meeting of the general member-

"The board is scattered over seven states and we meet three times a year," said Hawkins. "I serve on the board's executive committee also, and we meet by telephone every four weeks. I am fortunate to live near the NCTA headquarters in Lowell, which makes it very easy for me.

"The main focus for me over the next two years will be trail protection. We have been focused on trail certification and bringing the trail up to National Park Service standards."

Hawkins said he wants to focus on protecting the trail corridor into the future. The North Country National Scenic Trail runs through public and private land, ur-

> Trail president, continued, page 14



Email: info@ostranderinc.com

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Dear Editor.

How fortunate we are to live in a community such as Lowell that treasures its past and makes it a vital part of its future. We are especially fortunate that some forward thinking residents knew the importance of saving the past and formed the Lowell Area Historical Museum (LAHM). A museum that is known today as "the best small-town museum in America."

At the recent 10th anniversary of the LAHM, a walking tour brochure was

Letters To The Editor:

introduced and it is very professionally done. If you haven't seen a copy, stop at the museum, the chamber office or the Englehardt Library; pick up a copy and take your family and friends on a walk down main street a walk down memory lane. We have much to be

grateful for in our museum, in its staff and volunteers this is just the latest to be proud of!

A happy member and volunteer, Joy Smith

A decade ago this Sept. 1, terrorists motivated by monstrous and hate-filled ideology attacked our nation, taking nearly 3,000 innocent lives. Like every American, I was appalled by the destruction and loss of life at the Twin Towers, the Pentagon, and on Flight 93.

Sen. John Warner, as the justice. chairman and ranking mem-

ber of the Senate Armed Services Committee, to the Pentagon. I vividly remember the horrible damage there. We held a press conference with the secretary of defense and chairman of the Joint Chiefs of Staff. We were unified, as a Senate and a nation, in our determination to bring those re-That day, I went with sponsible for the attacks to

Ten years removed

The Lowell Ledger welcomes your Letters to the Editor. Letters are required to bear the author's signature, phone number and address (for verification purposes only, not for publication). Letters will be published at the discretion of the publisher. All letters are subject to editing for length and grammar. Thank you letters, advertising or personal attacks will not be printed.

Letters may be submitted via email to: ledger@lowellbuyersguide.com ("to the Editor" in subject line) or dropped off or mailed to: The Lowell Ledger, 105 N. Broadway, Lowell, MI 49331. Also, our website, www. lowellbuyersguide.com has a link to submit emails on the left side of the page.



100 Years Ago **The Lowell Ledger** September 7, 1911

M. D. Sneathen has purchased a Franklin touring car.

Born to Mr. and Mrs. Wm. Miller on September 2, an eight pound daughter.

Mr. Baker has purchased Fred Kropf's gray house.

75 Years Ago The Lowell Ledger and Alto Solo September 3, 1936

Miss Madeline Kyser of South Boston is the new assistant in the Ledger office. Miss Kyser graduated from Lowell High School with the class of 1936 and takes a real interest in office work.

Despite petitioned remonstrance from virtually all of the local business places the Lowell post office will be removed to the London Brothers Block at Broadway and West Main streets, as previously announced according to the telegram received Wednesday from the Fourth Assistant Postmaster General in which that official regretted that the matter had been decided upon apparently irrevocably last August 21.

50 Years Ago The Lowell Ledger September 7, 1961

Lowell Area Schools were a beehive of activity Tuesday with a record breaking 1644 students reporting. This is an increase of 329 over the enrollment in 1960 when 1315 were enrolled the first day.

Death took George E. Hatch, a well known Lowell carpenter who lived at 420 Riverside Drive, on Friday September 1. Born on November 17, 1897, he was 63 at the time of his passing.

For many years Mr. Hatch was in business with his father, the late J. Clifford Hatch, who was responsible for the construction of many of the business establishments and buildings in Lowell.

25 Years Ago **The Grand Valley Ledger September 10, 1986**

"One man's trash is another man's treasure," is an old quip that has found new meaning for Don Fizer, president of Michigan Wire Processing. The ten year old Lowell based company has found a way to recycle one of their primary wastes and also produce a marketable by-product. Sulfuric acid is the primary chemical used in the company's process of cleaning and treating huge coils of steel for various steel manufactures. Fizer explained that as the steel is processed the acid retains iron particles until it reaches a point where the acid is too saturated to be used further. The used acid is hauled away by disposal firm reduced to a sludge and buried in a landfill.

Beginning in early October, Fizer hopes to change al this when a new reclamation plant goes into operation on Michigan Wire property on West Main Street. The new plant will remove the iron crystals from the used acid. The acid can then be reused for wire processing and the iron residue can be sold to fertilizer companies to be used as an ingredient in their products.

lessons of the Post 911 decade

Learning the

page 5

NIEWBOINT



Sen. Carl Levin

from that tragedy, it's important that we examine the steps taken since the Sept. 11 attacks to protect our na-

Most important, we've severely degraded al Qaeda's ability to threaten us. Thanks to diligent intelligence work, the incredible bravery and competence of our military, and President Obama's thoughtful and courageous decision making, Osama bin Laden can no longer plot to harm us. Bin Laden's death and the efforts of our military in Afghanistan led Defense Secretary Leon Panetta to sav recently that we are "within reach of strategically defeating al Qaeda."

We have also organized our military forces to better protect the homeland, a task we have focused on in the Armed Services Committee. We have reorganized homeland security and intelligence agencies to better combat terrorism and to share information more effectively, addressing one of the weaknesses that contributed to the 9/11 attacks.

We also have made significant strides in homeland security. One of the big problems that 9/11 revealed is that too often various emergency response agencies can't talk to one another because their radios don't link up.

In the aftermath of 9/11, I authored legislation to fund seven demonstration projects on the northern and southern borders to combat this problem, including a \$4 million grant for Michigan police to coordinate emergency response with Cana-

In March, we opened a Northern Border Operational Integration Center at Selfridge Air Base. That center will gather information from every agency and office involved in securing the

northern border so that our agencies can coordinate in protecting us while allowing commerce and travelers to move freely.

Those are important steps. But we have made errors, too, and must learn from them. The Iraq war distracted us from fighting the people who attacked us on 9/11. Use of interrogation techniques that are considered torture under U.S. and international law has made us less safe by producing faulty information and by handing our enemies a propaganda victory.

We also have work to do on northern border security. In February, government auditors found that lack of coordination between immigration and border patrol personnel is hindering border security in the Detroit region.

We must fight terrorism financing more effecively. Laws in most states do not require corporations to reveal their true owners. That loophole allows terrorists and the arms dealers who supply them to launder their money. I've introduced legislation to strip away that anonymity.

With all the work yet to do, it's good to remember our successes. One beautiful May night, my wife, Barbara, and I, drove down to the Lafavette Park, in front of the White House, just a couple of hours after President Obama announced that we had brought bin Laden to justice. The unity we felt that night, joining thousands of people celebrating the news, was just as powerful as the unity we felt at the Pentagon on the day of the attacks. It was a great reminder that. in mourning or celebration. our nation is strongest when it is united.

Carl Levin is the senior U.S. senator from Michigan and chairman of the Senate Armed Services Committee.

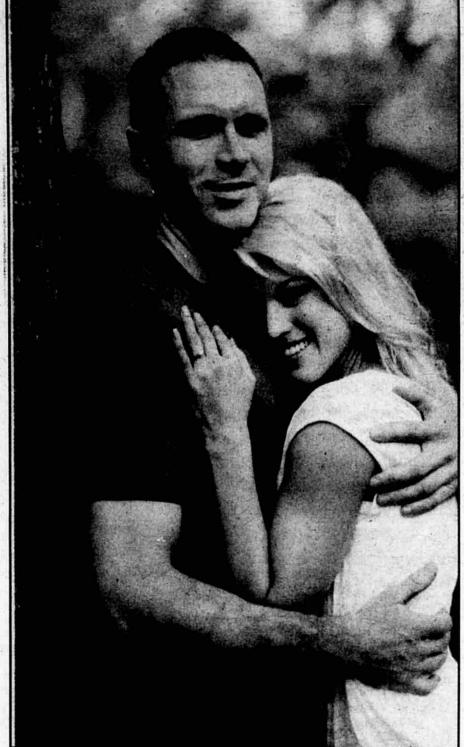


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engagements

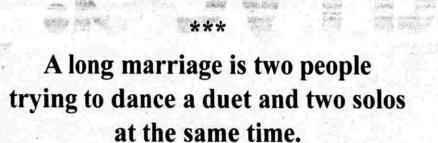
White/Stuart



Brent Stuart and Krystal White

be wed on October 8, 2011. Stuart of Bailey. Parents of the couple are

Krystal Marie White Mike and Michele White of and Brent Paul Stuart will Lowell and Ralph and Joyce





<u>Open House</u>

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90TH BIRTHDAY



he ledger

A reminder to adults that vaccines aren't just for babies

adults are making sure whooping cough, to name a their child's immunizations are up to date for the new school year, it's a good time for them to review their own immunization status as well. Whooping cough has been on the rise in recent years in the U.S. and in Michigan. and recently, Michigan for Michigan Department has had three adult cases of Community Health hospitals. Immunization is remember that vaccinations a lifelong process, and it's aren't just for kids so as important that adults of all ages get vaccinated against serious diseases, such as

While many Michigan flu, measles, tetanus, and few

Vaccinations protect adults from many preventable diseases, but too many Michigan adults are under-vaccinated," said Dr. Dean Sienko, Interim Chief Medical Executive tetanus reported by (MDCH). "It is important to families get their children

> Vaccines, continued, page 7

sult of running, jumping or other intense exercise that strain the tendon. Many factors can contribute to developing this condition, such as:

health

With Drs. Paul Gauthier

Jim Lang, Wayne A. Christenson III.

a large cord of tissue con-

· flat arches

shoes that lack adequate support

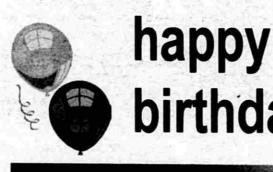
· running on uneven sur-

poor flexibility of the calf muscle

 new intense exercise · a rapid increase in the distance or speed of running repetitive sudden starts

and stops · direct trauma to the tendon

Achilles tendonitis usually begins with a dull chronic pain and gradually worsens over time. This pain is worse after periods of inactivity. The pain is typically above the heel. One may notice mild swelling or a bump over the area. This can prog-



SEPTEMBER 7 MacKenzie VanDerWarf, Gloria Morris, Karah Baker.

SEPTEMBER 8 WilmaFairchild, Terresa Kenney, Papa Wilson, Brendan Lobbezoo.

SEPTEMBER 9

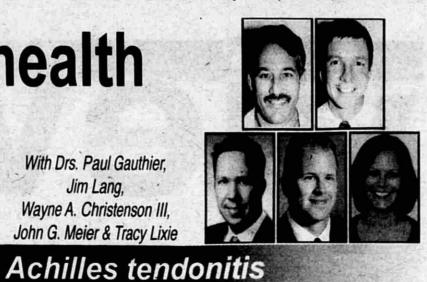
Sarah Schalow, Amy Cook, Allison Maholic, Linda Morrison, Charles Gee, Todd Lenneman.

SEPTEMBER 10 Brecken Hendrick. Chris Gerard.

Worsh



wednesday · september · 7 · 2011



ress to a weakening of the The achilles tendon is tendon called tendonosis. This can lead to a more senecting your "calf" musvere injury involving a tear cle to your heel. This tendon allows you to push off or rupture.

with your foot. Tendonitis is A rupture of this tendon needs immediate media result of overuse and not cal care. Most patients state enough rest. It is often a rethey hear a "pop" and feel like someone has hit the back of the lower leg with a baseball bat. This injury requires surgical repair within 48 hours of the event.

If the tendonitis is mild. you need to rest and ice the area several times per day, as well as taking anti-inflammatories like Motrin or Aleve. Rest usually is for several weeks to a month. Gradually one can begin exercise as tolerated. Some will need physical therapy and even months of rest. Orthotic devices (custom special insoles) or cortisone in-

used. As with most health issues, prevention is key. Proper stretching, a gradual increase in exercise and intensity, good supportive shoes, and cross training can help you avoid months of rest and inactivity.

jections are also sometimes

Busy families get a helping hand from Cherry Creek staff

Purchasing school supplies - done. School and Pink Arrow t-shirts purchased - done. Feeding the visits, school shopping and said Shelli Otten, Cherry family dinner - done. Beginning the partnership with your children's teachers for the new school year - done.

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Families at Cherry new and productive experi-

themselves, staff members rushed and stressful, instead understand the challenge of of the relaxed, welcoming fitting in multiple classroom experience it should be," getting the family fed dinner Creek Elementary School all in one rushed evening. This year, they wanted the fer an event that got the year experience to be different.

"When you have more Creek Elementary had a than one child in school, vou have to fit multiple ence at this year's Meet the classroom visits into Meet Teacher night. As parents the Teacher night. It can be

principal. "We wanted to ofoff to a positive and productive start."

The first difference was combining Meet the Teacher night with the school Cherry Creek,

continued, page 10

fedger

at Back to School Night.

Vaccines, continued

now is the perfect time for parents, grandparents, aunts and uncles to talk to their providers about protecting everyone's health in the household."

Whooping cough has been on the rise in recent vears in the U.S. and in Michigan. People 13-64 who have not yet received Tdap should be vaccinated at their It is especially important next healthcare visit. Those that persons planning 65 years or older should receive Tdap vaccine if they are living with or caring for as many of the cases infants under 12 months of throughout the U.S. have age. It is especially important that those in contact with infants get vaccinated

ready to head back to school, including pregnant women, new parents, siblings, grandparents, day care and child care workers, and health care personnel.

Measles, a highly contagious disease, is also on the rise in the U.S. and Internationally. Some adults who haven't received MMR vaccine should get immunized right away. international travel are vaccinated against measles, been brought in from other countries.

In January, the federal

Special Invitation

Welcome to Medicare

Immunization Practices (ACIP) updated its recommendations on the meningococcal vaccine, based on new data. Teens now need a booster dose at 16-18 years of age and college students 19-21 years of age who haven't received meningococcal vaccine in the past five years should now be given a dose of meningococcal vaccine. Other adults may need meningitis vaccine, too. It is important for adults to talk to their health care provider about all of the vaccines they need to stay healthy.

Adults should check to make sure if they need to against whooping cough, Advisory Committee on be vaccinated against other

pneumococcal varicella human and hepatitis A and Further, the flu season will



birthday!

Diane Johnson.

Deborah Claypool, Nathan Propst, Jim Smith, Tyler Bitterman.

SEPTEMBER 13 Beatrice Kuiper. Randy McIntyre, Gloria Ossewaarde Haley Briggs.

SEPTEMBER 11 Sean Ellis, Justin VanDyke, Susan Barry,

SEPTEMBER 12



What's covered? What's not? Learn about the options you have with Medicare. Brian Platte, CSA, from Platinum Benefit Advisors will share valuable information at this special presentation. Bring your family members, and get the information you need.

Please Join Us **THURSDAY, SEPTEMBER 8** 6:30-7:30рм Please call to RSVP-

616.954.2366

EMERALD MEADOWS 6117 Charlevoix Woods Court SE Grand Rapids, Michigan 49546

Providence Life Services does not discriminate on the base of race, toloc religion, national ongin, sex, or handcap. DENCE LIFE SERVICES IS A SOLIC)3

www.providencelifeservices.com



Maureen Kissinger, Cherry Creek administrative assistant, greets families

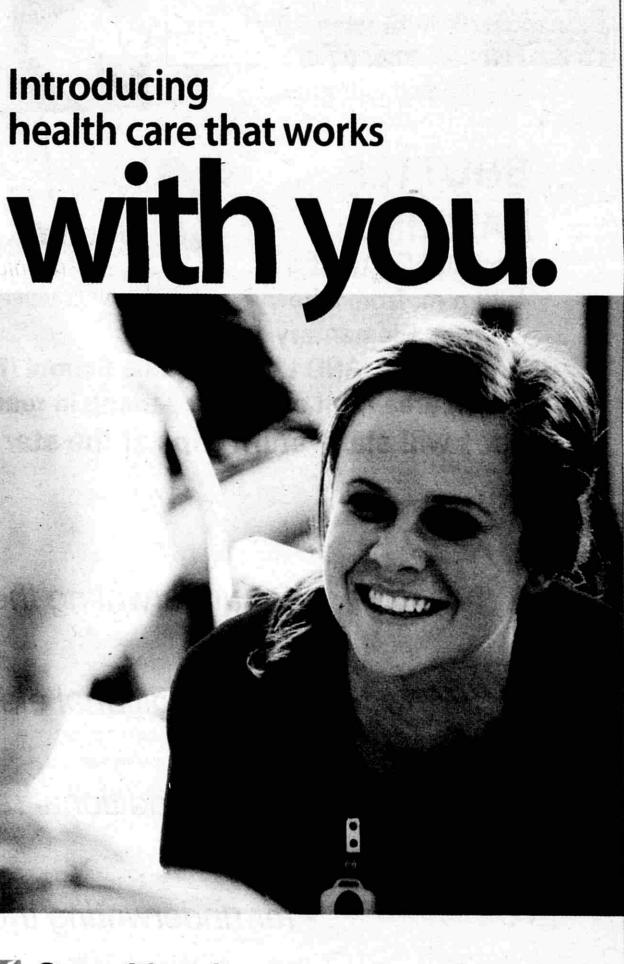
(chickenpox), papillomavirus. Β.

diseases such as shingles, way to prevent the flu is to disease, get vaccinated. Flu vaccine can be given throughout the fall and into the winter and spring months.

Vaccinating adults soon be upon us, and the protects infants and children, seasonal flu vaccine is now seniors, and individuals with recommended for everyone, weakened immune systems. every year. The single best Now is a great time for adults

to talk to their health care provider about vaccines for the entire family. Protection from preventable diseases is just as important to adults as it is for children. For information about vaccines adults need, visit www. adultvaccination.org.

page



SAINT MARY'S

The best care happens when your health care team works with you. That's why Saint Mary's Health Care is becoming a member of Mercy Health - a partnership of hospitals, physicians and other health care providers committed to giving you more access to the services you need and keeping you involved in your care. As part of Mercy Health, we'll be even more focused on understanding you, your life and your needs. And our job won't be done until we've made the best decisions --- with you.

Get ready for a new level of care in West Michigan Get ready for the new Mercy Health.

MercyHealth.com

A MEMBER OF THE NEW MERCY HEALTH

PINK

PR

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PARKING

ALL HIGH SCHOOL EVENT PARKING MUST ENTER AT VERGENNES ENTRANCE.

ARROW

DE

Lower stadium lot is for Handicap and parking pass only (must enter off of Alden Nash entrance).

SHUTTLE PARKING

is available starting at 4:30 p.m. from Cherry

Creek Elementary (Foreman St.) AND Lowell Middle School (Foreman St.) pick-up and drop-off area front entrance, parking in rear off Suffolk St. entrance. Buses will start return trips at the start of the fourth quarter.

Roth Gerst -. - for underwriting the programs Thanks! Buist Electric -Thanks! - for the additional electric service Sysco -Thanks! Thanks! - for the additional refrigeration Michael Curtis Agency -Thanks! Thanks! - for underwriting the Coin Flip Mark Johnson Agency Thanks! Thanks!

- for underwriting the Thundersticks Dad's Tent Rental and to All The Volunteers



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SEPTEMBER 9 • 2011 LOWELL MEMORIAL STADIUM

SCHEDULE FOR EVENT DAY SEPTEMBER 9 PINK PRIDE * Approximate times 2:30 p.m. GATES OPEN 3:00 p.m. **Boosters Concessions** and Restaurant Row Open 3:20 p.m. Soccer introductions Brennan Prill sings National Anthem 3:25 p.m. 3:30 p.m. **VARSITY SOCCER GAME -**Lowell vs. Grand Rapids Christian 4:20 p.m. Volleyball introduction and match -Lowell vs. Belding 6:00 p.m. **Survivor and Honor Walk Football Player and** 6:20 p.m. Honoree introduction 6:55 p.m. **National Anthem presented** by Lowell High School Choir **Coin Toss - featuring** Paqui Kelly & Chris Weiland Mike Curtis Agency, Farm Bureau 7:00 p.m. **PINK ARROW GAME -**Lowell Pink Arrows vs. Reeths Puffer Rockets

BETWEEN 1ST AND 2ND QUARTER -Presentation to T-Shirt Sponsors

STICK AROUND for a SPECIAL HALFTIME FUN EVENT!!!

HALFTIME -Lowell High School Band ...

Between 3rd and 4th Quarter -Present Kathy Talus Scholarship and recipient of Dr. Donald Gerard Medical Scholarship **CONCLUSION -**Pink Arrow Jersey presentations on playing field

ST. MARY'S THE LACKS CANCER CENTER

ARROW FORCE IV SHIRTS Purchase your Arrow Force IV shirts at

YOUR \$15 SHIRT: (2XL, 3XL and 4XL extra charge) · Helps support those traveling the cancer journey through Lowell Community Wellness and Gilda's Club Supports Kathy Talus scholarship Supports Dr. Donald Gerard medical scholarship · Is your ticket to the day's events · Donations stay local and there is no administration cost.

KIDS ACTIVITIES Face painting Bouncy houses Sidewalk chalk

Pink Hair Feathers

many ticket booths available throughout the stadium. This system will speed the process for fast service.

All concessions - Athletic Boosters and Restaurant Row vendors will be accepting tickets only in \$1 increments. All items will be clearly priced per number of tickets at each booth. There will be



KID'S FUN RUN 10k Run starts at 8 a.m. 5k Run starts at 8:20 a.m Walk begins at 8:25 a.m. Kid's Fun Run at 9:45 a.n

Cost: 5K-\$20 • 10K - \$25 per participant, includes t-shir For registration:

www.PinkArrowPride.org

5/3 BANK

ARROW PINK

PEP TALK, 207 E. MAIN

CONCESSION ICATS

Ice Cream Caboose ice cream cones or cups · Larkin's - walking tacos, & club subs

NET INVITATEER

Backwater Café - pulled pork sandwiches, mac & cheese & chili Keiser's Kitchen - chicken strips, French fries

· Fry Daddy's - wing dings

Ella's Coffee Shop -

specialty coffees, chai, sweets

Flat River Grill - beef brisket sandwiches. white chicken chili

 Sneaker's - brats with chips and cookies · Heidi's - muffins, donuts, fresh fruit



BYRNE ELECTRIC

page



Record-setting 44,000 register as organ donors

sign-ups in a month and plant." continuing the state's unistrations, www.michigan. Ruth Johnson announced.

names on Michigan's do-

More than 44,000 cision to donate if asked," branch employees, time per- 44,101 people joined the ment the people of our state nors - less than one-third Michigan residents regis- Johnson said. "With every mitting, to ask customers if organ donor registry, com- have to saving and improvtered as organ, tissue and yes, we are improving the they would like to sign up on pared to 31,403 in August ing lives. And it also shows eye donors during August, odds for those whose lives the registry. setting a record for the most depend on receiving a trans-

precedented surge in reg- tions has increased signifi- ly used Secretary of State 20 percent over May 2010, join forces in this important cantly since Johnson, work- forms, leveraging the de- June was up 25 percent and mission." gov/sos, Secretary of State ing with advocacy partners partment's website to publi- August 28 percent. Gift of Life Michigan and cize efforts, forming an ad-"There are 2.3 million the Michigan Eye-Bank, visory committee to develop Richard Pietroski, CEO of teer area leader for Gift of launched her RESTART recommendations and en- Gift of Life Michigan, the Life Michigan in Oakland nor registry, and we know THE HEART campaign in couraging donation via so- state's organ and tissue re- County and the recipient of millions more residents will April. As part of that cam- cial media. make this life-saving de- paign, Johnson directed

Teach your kids

When driving kids, de-

riding the bus to school - to a helmet that meets safety

for other changes, include sign-ups have increased by Gift of Life and our partners The number of registra- placing reminders on wide- double digits. May was up like the Michigan Eye-Bank

2010. It was the fourth con- what can be accomplished Johnson also pushed secutive month that registry when the Secretary of State,

"We are thrilled," said Farmington Hills, a voluncovery organization. "This In August, a total of demonstrates the commit-

Marge Del Greco of liver transplants in 2004 and again in 2009, welcomed the good news about the increase.

people registering in one month is amazing to me," Del Greco said. "I have been blessed twice as a recipient with the most precious gift there is and I am thrilled by driver's license. the thought that the waiting decreasing as a result. Organ donors are heroes and by adding their name to the registry, anyone can be one."

Michigan is ranked 44th registrations with 2.3 million residents registered as do- sos.

continued

ban and rural land, from New York, through Pennsvlvania, Ohio, Michigan, Wisconsin and Minnesota to North Dakota.

'So, we need to focus on agreements which are more than a handshake, whether that means a conservation easement or something else," said Hawkins. "We need to make sure the trail is protected in perpetu-

Another goal of his as president is to communicate better with the 2,500trail

are only focused on their 250 at the national convenwe can do better."

Hawkins, who served as an emergency room doc- on the trails go to www. tor at Pennock Hospital for northcountrytrail.org and several years, said safety is www.northcountrytrail.org/ a concern of his. Volunteers cnd clear and maintain the 4,600



Bus safety, continued

bad weather.

building.

other places where there aren't many people around.

Teach your child never to talk to strangers, accept rides from strangers or accept gifts from strangers. Remember, a stranger is anyone you or your children don't know well or don't trust.

Be sure your child walks to and from school or the bus stop with a sibling, friend or neighbor.

Cherry Creek, continued

open house that typically happens during the second week of school. One visit schedules.

WE SHIP

UPS!

sentations that each teacher ed it again at 5:50 pm. The dors participated in the main to accomplish everything at presented twice. The sec- fourth and fifth grade teachonce helps ease busy family ond and third grade teachers ers presented at 5:50 pm and

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for a Quote

The Lowell Ledger

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Congratulations

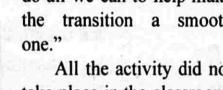
6:40 pm. During these presentations, teachers helped parents understand the goals for the school year, what to

do all we can to help make

take place in the classroom. tunities and experiences.

time of year and we want to the transition a smooth

expect with homework and citizenship development and how to help their child have a successful school year in their new grade level. get back to school and meet the new students and parents every fall," said second grade teacher Martha Hayden. "It's a busy, crazy extra-curricular and after-





by up to 85 percent. sible. Don't leave until they a helmet, kneepads and el- 911 for emergencies. are in the school yard or bow pads. Children under

If your child bikes to 12 should not ride motorized whether walking, biking or school make sure he wears scooters.

Be sure your child knows obey all traffic signals, signs standards. Research indi- his or her home (or parents' and traffic officers. Remind cates that a helmet can re- cellular) phone number(s) them to be extra careful in duce the risk of head injury and address. They should also know where you work, If your child rides a your work phone number, liver and pick them up as scooter to school, make the phone number of another close to the school as pos- sure they wear sturdy shoes, trusted adult and how to call

The evening had a started their first presenta-schedule of 45-minute pre- tion at 5:00 pm and repeat- vided in the cafeteria, venentry hall and volunteers supervised children on the playground while the parents met with teachers.

> Springrove Variety created back-to-school packages for each grade level and offered them to parents at a discount making shopping a breeze. Everything on a child's supply list was "It's always exciting to in one bag to simplify shopping for the parents. Other vendors sold Pink Arrow t-shirts, coupon books and discussed the benefits of school activities.

The teachers are ready and the parents are up-todate. It's time for the chil-All the activity did not dren to embrace new oppor-



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"ledger

Johnson said any residents interested in joining the registry may sign up at the Secretary of State website at www.Michigan.gov/ sos. Doing so only takes a minute or two. Signing the back of your driver's li-

cense does not enroll you

of the state's adult popula-

tion. Each organ donor has

the potential to save eight

lives and enhance the lives

of as many as 50 patients.

in the registry. Donors will receive a heart sticker for their li-"The thought of 40,000 . cense to indicate their membership on the Michigan Organ Donor Registry. Those getting new driver's licenses will have a permanent heart symbol on their

For more information time for transplants may be about organ donation and the Secretary of State's Office, visit the website above and sign up for the official SOS Twitter feed, www. twitter.com/Michsos, and in the country in terms of Facebook updates, www. facebook.com/Michigan-

chainsaws and other tools. "We need to have more training available in safety. first aid, construction (like bridges), and how to work with land owners," he said. His final goal is mon-

miles of trail, often using

etary. "Like any organization in this economy, we are operating on a thread," said Hawkins. "We need to work on financial development."

The trail, one of 11 national scenic trails chartered by Congress, is a linear naperson membership to make tional park administered by them feel part of the national the National Park Service.

The NCTA is an orga-"Most often, members nization of volunteers who are dedicated to developing, section of trail," explained maintaining and promoting Hawkins. "Of our total the NCT across its seven membership, we might get states. The NCTA is headquartered in Lowell, which tion. That's 10 percent, and is near the center point of the seven-state trail.

For more information

Johnson **Tree Service** Tree Removal • Trimming • Stump Removal

> **Steve Johnson** 616-401-7677

Receive Social Security updates as they happen

Would you like to stay es. You may select how ofinformed when there are changes to the Social Security website? More than one million people currently receive updates when we topic pages you can submake changes to the pages they are most interested in. Now you can too.

You can subscribe to receive free email updates with the click of a button. Just visit www.socialsecurifor the red envelope icon on vour favorite Social Security web pages.

A number of Social Security's more popular pages include an icon of a red en- liver. velope followed by a link that says "Get email updates." Clicking on that link will allow you to subscribe to updates for that particular page. If you click on the link, you'll get a list of the available subscription pag-

ten you wish to be notified of changes (immediately, daily, weekly, or monthly).

We have more than 25 scribe to, including such hot topics as congressional testimony and speeches, disability research, popular baby names, and press releases at www.socialsecurity.gov.

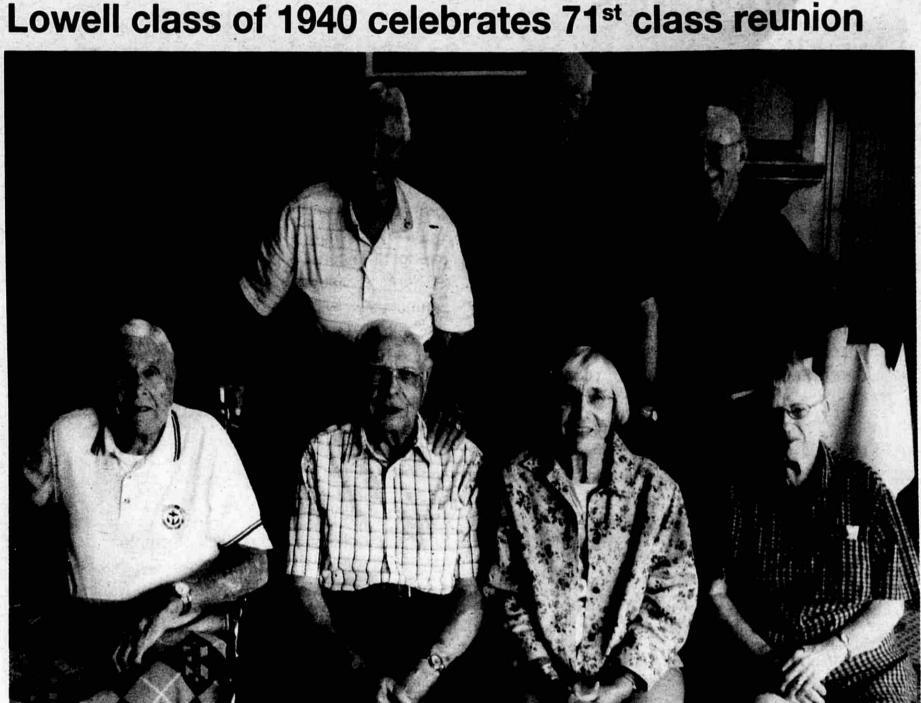
Get a complete, linkable ty.gov/govdelivery, or look list of the pages you can subscribe to at www.socialsecurity.gov/govdelivery. When it comes to news and information updates from Social Security's website, we de-

> Vonda VanTil is the public affairs specialist for West Michigan. You can write her Grand Rapids, MI 49525 or via email at vonda.vantil@

> > ~Bill Dodds

Labor Day is a glorious holiday because your child will be going back to school the next day. It would have been called Independence Day, but that name was already taken.

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The following names were inadvertently omitted when this article was printed on Aug. 31, 2011. Pictured above, front row, left to right: Carroll Kyser, Bill Scherbenster, Marjean Fonger Brillhart and Helen Clark Blow; back row: Jack Tornga, John Jasperse and John Scripps.



you to our second annual "PINK PRIDE DAY". Merle Boes Inc. will donate 5¢ from every gallon sold that day to

The Pink Arrow Project / Gilda's Club

.Stop in before the game for some great deals, prizes and premium service from our staff. Help us help them!

September 9, 2011 LOWELL BP 403 West Main Street, Lowell, MI 616-897-6143





c/o Social Security Administration, 3045 Knapp St NE, ssa.gov



Invigorate

OFFICE HOURS Monday - Thursday: 8 am - 5 pm Friday: 8 am - 2 pm Closed Sat. & Sun. www.thelowellledger.com LUNCH MENU ELEMENTARY MENU Week of Sept. 12, 2011 Ips case 1

page 11

MON: Nachos w/meat shredded cheese (3-meat sub also offered at Alto Cherry Creek & Murray Lake), tossed salad w romaine, refried beans w cheese, pineapple, milk.

TUES: Homemade pizza (fish cheese sandwich w/cheese on wheat bun also offered at Alto, Cherry Creek & Murray Lake), celery sticks/broccoli florets, low fat ranch dipping sauce, pears, milk.

WED: Mini baked corn dogs hamburger on wheat bun also offered at Alto, Cherry Creek & Murray Lake), oven baked beans, grapes, milk.

THURS: Chicken fingers w/wheat bread (tuna salad sandwich also offered at Alto, Cherry Creek & Murray Lake), mashed potatoes & gravy, diced peaches, milk.

FRI: Bosco sticks/ marinara sauce (Jr. ham & cheese sub also offered at Alto, Cherry Creek 8 Murray Lake), fresh mini carrots, low fat ranch dipping sauce, apple slices, milk.

obituaries

MILLER

Yvonne M. Miller (nee Denmark), of Shelby Twp., passed away on August 31, 2011, at the age of 51. Beloved wife of Teddy Miller, formerly of Lowell. Loving mother of Ryan Kaczorowski and Jamie Kaczorowski. 2011. She was Loving daughter of Norma Denmark. Dear sister of Ron (Marilyn) Denmark, Joanne (Robert) King, Terry (Beth) Denmark, Wanda (Don) Clark, and Marianne Kendrick. loving husband, Dear aunt to many nieces and nephews. Proceeded in death by her father, Donald Denmark. Funeral arrangements were handled by The Wasik Funeral Home, Inc. Expressions of sympathy may be expressed to the family at www.wasikfuneralhome.com.

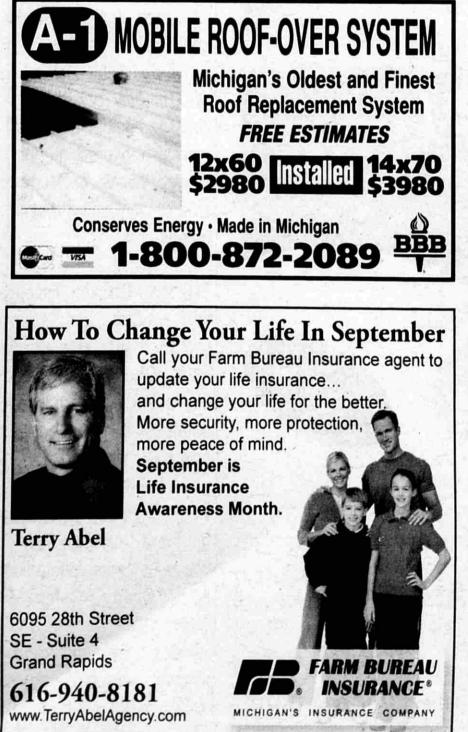
MYERS

Mary O. Myers (Sexton), age 97, of Lowell, passed away on Friday, September 2, 2011 with family by her side. She was

preceded in death by her daughter and son-in-law. Georgia and Jim Hatley of Ormand Beach, FL; son-in-law, James Sheehan of Rockford; five sisters and one She brother. is survived by daughter, her Barbara Sheehan; granddaughter. Pam (Charley) Schlosser; greatgrandchildren. Elizabeth, Wade



and Leah Schlosser, all of Lowell; granddaughter, Katherine (Peter) Schultz; great-grandchildren, Katie, Robin. She is Peter Jr. and Christopher of Bayville, NY; grandson, survived by her Mark (Lecia) Hatley; great-grandson, Marshall, all of West Olive; great-granddaughter, Alison (James) White; great-great-grandson, Dillon of Ellisville, MS; Carmen (Virgil) granddaughter, Janice (Mark) DeJonge of Hamilton; Roudabush; granddaughter, Susan (Brian) Bombassei; greatgranddaughter, Sierra (Kyle) Feehley; great-great- Powell (Delores grandchildren, Arabella Myers-Ainsley of Ocala, FL; Christensen); great-granddaughter, Shelby VanBeek and Cloe Stauffer of Orlando, FL. Mary was born in Laurel, MS Peckham; during the war. She worked for Lear Inc. in Piqua, OH. sisters-in-law, After the war she transferred to Grand Rapids and Eunice Snieder, worked for Lear Conductron and McDonald Douglas. Berneice Funeral service will be Saturday at 1:00 pm at Roth- Verstrate Gerst Chapel, 305 N. Hudson, Lowell with visitation 11 am - 1 pm. In lieu of flowers memorial contributions Hesselink; may be made to your favorite charity.



"ledger

OLIN

Frances Marie

Friday,

Her

will

cherished

daughter,

(Ruthie)

daughter,

(Terry)

(Phil)

Olin, after a

beautiful life of

92 years, passed

September 2,

death by her

Pachulski; son,

Debbie (Greg)

Bush; daughter,

away

preceded

Auburn.

memory

Sheila

Doug

Joice

Olin:

be

by



Smith; daughter, Susan (Rick) Kempton; son, Dean be held Friday 11:00 (Suzanne) Olin; and grandchildren, Cynthia Borgerson, Jana (Michael) McGuire, David (Barb) Pachulski, Bart Methodist Church. (Melissa) Olin, Ashley (Kyle) Kepler, Molly Olin, Bryony 3189 Snow Ave. S.E., (Dominic) Lowe, Zach (Stephanie) Bush, Auburn (Doug) Moyer, Tom Smith and Jody (Walter) Price, Kacy (Dave) Drive N.E., Lowell.

SNIEDER

Winnifred J. Snieder, age 87, of Lowell, passed away on Monday, August 29, 2011. She was preceded in death by her husband,

"Gib": Gilbert sister. Evelyn Powell; and precious niece brother. Lloyd Powell: sister. brother. Dave sister. Mike and Connie



friend, Velma Perry. She was a member of the First Wesleyan United Methodist Church of Lowell for 25 years. Funeral service was held Friday with Rev. Mike Conklin officiating. Interment Graceland Cemetery. In lieu of flowers please consider donations to First United Methodist Church of Lowell, 621 E. Main, Lowell, MI 49331.

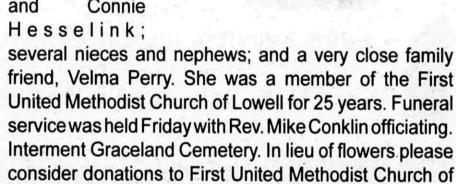
Mae Marie Stanard, age 82, of Lowell formerly of Ada, passed away Sunday, September 4, 2011. She was preceded in death by her parents, Jim and Anna McCaul (Krystiniak); brother, Tom McCaul; and grandson, Douglas Cook. She is survived by her seven children. Cherie (Tim) Evans, Ginny (Jeff) Kruer, Gail Boeve, Lois (Don) Perrigo, Lorie (Steve)Cook, Maurice (Cindy) Stanard, Wes Stanard; (Jayne) brother, Jim (Ann) McCaul; sister, Nancy (Bryan) Swan; 18 grandchildren and 12 great grandchildren. Funeral service will a.m. at Snow United Lowell. Pastor Mike officiating. Conklin Dertien, Stephanie (O.J.) Phillips, Morgan and Dylan Interment Chapel Hill Memorial Gardens. Visitation will Olin; as well as 24 loving great-grandchildren and one be Thursday 2-4 and 6-8 pm at Roth Gerst Chapel, great-great-grandchild. Visitation will be held Sunday 305 N. Hudson, Lowell. In lieu of flowers memorial from 4-8 pm, with funeral services Monday at 4 pm at contributions may be made to Mel Trotter Mission, 225 the Vergennes United Methodist Church, 10411 Bailey Commerce Ave S.W., Grand Rapids, MI 49503 or Snow United Methodist Church.

> Ryan Andrew Scott, age 36, of Lowell, passed away Sunday, September 4, 2011. He was preceded in death by his father, Ronald; baby brother, Randy; and grandparents. He is survived by his children, Justin, Khayli, Lauryn; mother, Ruth Ann Scott; sisters, Becky Scott, Rochelle

fiancé, Ginger, and her children, Derek, Laura, Brianna 'Bean' nephew Paxton; niece, Brittney; and many extended family and friends Funera service will be held Thursday 6:30 PM Impact



Church, 1069 Dallas, TX 75222.





wednesday • september • 7 • 2011

STANARD



SCOTT

Lincoln Lake, Lowell. Pastor Bruce Ettinger officiating Visitation will be Wednesday 5-9:00 PM and 5-6:30 PM Thursday at the church. Memorial Contributions may be made to Children's Educational Fund PO, Box 225748

for sale

wednesday • september • 7 • 2011 -

office hours:

Mon.-Thurs. 8 a.m.- 5 p.m.

Fri. 8 a.m. - 2 p.m.

closed Sat. & Sun.

1 FILING CABINET - 4drawer, dark gray, heavyduty office quality, good condition, \$40 obo; 4 Goodvear Eagle LS 225/55/R17 tires, \$100 obo. Cash only, you haul. Call Don, 682-5415.

EPA QUALIFIED - 97% efficient. Central Boiler E-Classic OUTDOOR WOOD FURNACE. Sale. Call SOS your "Stocking Dealer" Dutton, MI 616-554-8669 or 616-915-5061.

PICK-YOUR-OWN **RASPBERRIES & BLUEBERRIES** - at Bird Berry Farm. 5256 Belding Rd. Open Mon. - Fri., 9 a.m. - 7 p.m. & Sat., 9 a.m. - 1 p.m. Closed Sunday. 616-794-5041.

FIVE ACRES WITH POLE BARN - \$79,900. 10368 W. Ellis Rd., Belding. Coldwell Banker WMH, 200 W. Main, Lowell. Call Aaron Clark, 616-212-0294.

BLONDE DRESSER nightstand & mirror, \$300 firm. 897-7093.

FOR SALE - David's Bridal flower girl dress, size 6, like new condition. Call Laurie at 616-828-8401.

FIRE/BOILERWOOD -10 cords semi loads 8 ft. logs delivered, 10" average diameter. See pictures, coxx.com or a movie on YouTube (alanjcox). Call Al @ 231-846-0346 anytime. Please clip this ad, give to a wood burner.

NEWSPAPERENDROLLS AVAILABLE AT THE BUY-ERS GUIDE - Many uses, table cover, art projects, packaging, etc. \$3-\$5 each. Stop by & grab one today! 105 N. Broadway.

SCREENED BLACK DIRT - fill dirt, gravel & dozer services. Buy the dirt the landscapers use. Pick up or delivery. Cobb Excavating & Landscaping 676-9922.

FISH FOR STOCKING Most varieties pond lakes. Laggis' Fish Farm, 269-628-2056 days or 269-624-6215 evenings..

SWEET CORN, STRING BEANS - zuchinni, cucumbers, sweet & jalepeno peppers & tomatoes coming soon! Open 10 a.m. - 7 p.m. Aug. - Sept., 11130 36th St. SE, 897-8808.

SCRATCH PADS OF PA-PER - \$1.50 per lb. Stop by Buyers Guide, 105 N. Broadway, Lowell.

1996 FORD TAURUS good for parts, good trans, needs brakes & motor work. \$350. Call 642-0611.

LIKE THE LOWELL LED-GER ON FACEBOOK!

for rent

MOBILE HOME - for sale or rent. 2 miles from Lowell. Call Ron, 897-6757.

PRICELESS STOR-AGE - Indoor/outdoor. New Units on Alden Nash, 1 mile South of 196. Call for specials 558-2900.

HALL FOR RENT - Lowe Veteran's Center, 3100 Alden Nash. Newly remodeled, smoke-free, private, great location & great rate www.vfw8303.org, Cal John at 299-0486 or 897-8303.TEN

COPIES COPIES - We have color & black & white copiers! Stop by our office, Lowell Litho, 105 N. Broadway.

help wanted

NOW HIRING - and training for career positions with West Michigan's leading real estate company. Call Rick Seese, Greenridge Realty, Inc. for a confidential interview. 616-437-2576 or 616-974-4250.TEN

GENTLE FARRIER NEED-ED - 897-6682.

sales

RELAYFORLIFEGARAGE SALE - Full garage! Sept. 8 & 9, 430 N. Washington, 8-5 p.m. Adult clothes, children & baby clothes, books, household items, furniture & more more.

GARAGE SALE - Sept. 10 9 to 4, 3785 Causeway Dr. Everything must go.

HIS & HERS BARN/GA-RAGE SALE - His barn: used Ford 9N tractor tires & parts, hardware, tools, misc. man cave stuff also bird houses & feeders; Her garage: like new clothing, 2 Tiffany style hanging lamps, beautiful 13 in. gemstone globe, lamps, shades, kitchen ware, original cabbage patch dolls, jewelry, other collectibles, no junk. Thurs. - Sat., Sept. 8-10, 9-4 p.m. 12279 60th St., Alto. 868-6633.

GARAGE SALE - Sept. 10, 9 to 4, 3785 Causeway Dr. Everything must go.

HUGE MOVING SALE - All must go. Sept. 9-11. 711 Fallasburg Park, Lowell. Antiques, Delft, wagon wheels, furniture: dresser, desks, single bed/frame. picnic table, shevles; gardening supplies, tools, beer barrels for planters, appliances: fridge, elec. stove, washer, Christmas tree/ornaments, home repair supplies, games, books, camp stove, lantern, oil lanterns, paintings, pictures, knick knacks, stereo & much, much more!

> SOUND OFF LINE 897-0787

Voice your opinion! (good or bad)



THEATRE IN THE PARK CAMPS-offered in October to 4th-8th graders. \$60 per person. Call Veronica at 616-893-0307.

CONCEALED CARRY **CLASS** - is being offered by Pfaller Firearms LLC in cooperation with Tri Town Conservation Club over 2 days on Sept. 13 & 17. Cost is \$100. For more information or to register for class email jamespfaller@gmail.

WHATISDIVORCECARE? How does it work? Join a preview mini-series Sat. Sept. 17, from 9:30 a.m. 12 p.m., hosted at Impact Church, 1069 Lincoln Lake, Lowell, RSVP to 897-8304 or email to info@Impact-Church.org to reserve a seat.

SNOW UNIT ED METHODIST CHURCH - at 3189 Snow Ave. SE, wil serve a family style Turkey & Dressing Dinner on Wed., Sept. 14th, starting at 5:30 p.m. Adults are \$9. Children 6-12 are \$3, and children 5 & under are free. Takeout dinners also available.

services

fiedger

HOTWATERDR - HotwaterDr Pool & Spa Service. Every make & model. Pool closing specials! Call for details, 616-874-3385 or visit hotwaterdr.comTEN

TAXES, PAYROLL QUICKBOOKS, & AC-COUNTING SERVICE by certified Quickbooks advisor. Call Kathy 897-

6351.TEN **BRICK - BLOCK - STONE** - Chimney repair & concrete work. Call 897-0698 ask for Darryl.

CATERING - All occasions; boxed lunches, luncheon parties, weddings, graduations, celebrations & parties. Call Patty's Pantry at 810-964-0639.

IWOULDLOVETO-Clean your house or run errands for you. Please call for prices, 616-302-5924 HANDY REPAIR SERVICE - All kinds of service work: locks rekeyed, deadbolts installed, screen & window repair. Call Bob Ford, 299-

3198.TFN NEW POWER YOGA -Tues. 5:45-6:45 a.m. Mixed level voga: Tues. & Thurs. 6:30-7:30 p.m., Fridays 7:30-8:30 a.m. \$8 walk-in

For special rates, 616-893-5661



available

PLEASE NOTE - Coming Events are for non-profit organizations. If you are charging admission for an event - it is considered an advertisement. Coming events are ran on a space available basis & ARE NOT GUARANTEED TO RUN. you would like to make sure your event is placed in the paper, lease call our office & place it as a classified ad. We will not run ANY Garage or Rummage Sales as a coming event. Al Coming Events or changes to coming events should be submitted by fax: 897-4809, email: classifieds@lowellbuyersguide. com, by mail: PO Box 128, Lowell, MI 49331 or in person: 105 N. Broadway, Lowell.

FREE SENIOR COFFEE - Every fourth Friday, 8 - 9 a.m., sponsored by Laurels of Kent. Lowell McDonalds, 1300 W. Main St.

ALTO HARVEST FESTIVAL & CAR SHOW - Sat., Sept. 24th. Please note the date is one week ater than usual.

DORIC CHAPTER #75 - of the Order of the Eastern Star, which serves the Belding, Ionia, Lowell, Lyons-Muir & Saranac areas will conduct its Stated Communication on Tues., Sept. 13 at 7:30 o.m. in the lodge room of the emple building, 211 E. Main St., Belding. A pot luck dinner will precede the meeting at 6:30 p.m. All members of the Order of the Eastern Star may attend.

FLAT RIVER OUTREACH MIN-**ISTRIES THRIFT STORE** open Wed. 10 - 8 p.m.; Thurs. & Fri., 10-6; Sat., 10 a.m. - 4 p.m. at 11535 Fulton St. E. All Services phone number: 897-8260.

AVERILL HISTORICAL MU-SEUM OF ADA - 7144 Headley. is open every Friday & Saturday 1 -4 p.m. or by appointment. Closed Jan. & Feb. 676-9346. ALTO LIBRARY HOURS: Tues. & Wed., 12 - 8 p.m.; Mon. & Sat. 9:30-1:30 p.m.; Thurs., 1-5 p.m. Info., call 647-3820.

ENGLEHARDT LIBRARY HOURS - Mon.-Wed., noon - 8 p.m.; Thurs. & Fri., 9:30 a.m. - 5 p.m.; Sat., 9:30 a.m. - 1:30 p.m. 647-3920.

CANCER-KIDS&TWEENTALK GROUP - First & third Tuesdays, 5:30 - 7 p.m. A committed group for children in first - eighth grade on a cancer journey. Incorporates curriculum-based activities, discussion & fun. Gilda's Club - Lowell Clubhouse, 314 S. Hud-

son, Lowell. LOWELLAREAARTSCOUNCIL GALLERY HOURS - Tues. - Fri., 10-6 p.m.; Sat., 1-4 p.m.; Monday by appt.; 149 S. Hudson. Visit www.lowellartscouncil.org or call 897-8545.

LOWELL AREA HISTORICAL MUSEUM - open Tuesday, Saturday & Sunday: 1-4 p.m.; Thursday: 1-8 p.m. Families: \$10; individual \$3; ages 5-17 \$1.50; members

e. 897-7688. ST. MARY'S PREGNANCY CRISIS CENTER- 402 Amity. Mondays: 5:30-7:30 p.m. and Thursdays: 11 a.m. - 3 p.m. Non-



at 901 W. Main, Lowell.

services

NEED A DUMP-STER? - 14 to 20 vards available. Garage, attic, household cleanup, roofing, trash, junk, etc. **Dependable service** & affordable prices. Mention this ad & receive 10% off. Call for free estimates. Contact Doug 616-295-6640.TEN



MAIN STREET INN

thank you for making our 50th anniversary evening even more special. Our room was the best! We were able to sit on the deck & hear the music of Alive & Well.

> Thanks again, Orison & Addie Abel

wanted

WALNUT TREES WANT-ED - Cash paid, insured work. 616-527-4142.

LADIES NEEDED - for An lo, it is ended. the outcast league every Wednesday night, start at 6:30. Call Lorna at 616-648-9986 or Lowell Lanes, 897-8443.



IN LOVING MEMORY OF Linda Bencker who left us so suddenly

one year ago on

September 8, 2010 We thought of you with

love today but that is nothing new. We thought of you yester-

day and will tomorrow too. We think of you in silence, we often speak your name, all we have is memories and your picture in a frame.

Remembering you is easy, we do it everyday, it's the heartache of losing you that will never go away.

> Love. Troy & Angie,

Nathan & Lindsey, Bryant & Lynsey Sloan

In memory of Kenneth R. Kropf

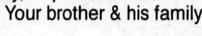
Out through the fields and the woods, And over the walls I have

wended: I have climbed the hills of

And looked at the world, and descended:

I have come by the highway home.

Robert Frost Remembering you and missing you on your birthday, September 10.





ALPHA WOMEN'S CENTER -2251 W. Main. Hours: Mon. 11-5 p.m.; Tues. 6-9 p.m.; Thurs. 10-6 p.m. 987-9533. Diapers, formula, clothing & free pregnancy testing

denominational. Help for pregnant women/adolescents in need. Provides support, referrals, food, clothing/infant items. Lowell area. 897-9393.

FREE CLINIC - "Sports Injuries -Prevention, Detection & Handling" on Wed., Sept. 21, 7-8 p.m. at Cherry Creek-Elementary YMCA Childcare room. Call 897-8445 to reserve your spot.

LOWELL SERENITY CLUB MEETINGS - (AA) Mon., Wed., Thurs.: 12-1 & 8-9 p.m.; Tues. & Fri.: 12-1, 4:30-5:30 p.m. & 8-9 p.m.; Sat. & Sun.: 10-11 a.m. & 8-9 p.m. 101 W. Main. 897-8565.

SHOTGUN&ARCHERY SHOOT-ING LEAGUES - at Caledonia Sportsman's Club (Alto/Freeport). Contact Al Potas 698-2051 or email shooting@csc.us.com

MOBILE FOOD PANTRY - at Cascade Fellowship Christian Ref. Church, 6655 Cascade Rd. Free perishable food. 1st Monday. Register: 4:30 p.m. Distribution 6 p.m.

ANGEL FOOD MINISTRIES-sign up at the Nazarene Church, 201 N. Washington St., Sat., Sept. 17, 10 a.m. - noon. You may also order online using your debit or credit card. Go to www.angelfoodministries.com Any questions, call Esther, 897-7395.

BINGO-Every Sunday, 2 p.m. The Moose Rec Hall, 1320 E. Main St. Sponsored by W.O.T.M. Chapter #1388. Open to the public.

EVERY THURSDAY - Night service at First Congregational United Church of Christ, 865 Lincoln Lake SE at 6:30 p.m. Public welcome.

MOMS IN TOUCH INTERNA TIONAL - Thursdays 9 a.m. - 10 a.m. at Friendship Country Chapel, 10200 Grand River Ave. Moms & grandmas come pray for our kids & schools. Contact Missy at 308-7920, or akooistra@comcast.net with any questions.

GRIEF - ADULT GROUP - Each Tuesday, 6 - 7:15 p.m. A comnitted group for adults who nave experienced the death of a family member or friend.Gilda's Club - Lowell Clubhouse, 314 S. Hudson, Lowell.

GRIEF-NEW MEMBER MEET ING - Call the clubhouse to schedule your introductory meeting for grief support groups Gilda's Club - Lowell Clubhouse 314 S. Hudson, Lowell, 897 8600.

FLAT RIVER WOOD CARVERS meets every Wed. 2-4 p.m. at the Lowell Area Arts Council. New carvers welcome.

FREE SMOKING CESSATION **CLASSES** - offered at Lowel Family Medical Center. Call 616-446-7058 to register. The class runs for 8 weeks. Evening & weekend sessions are available. Time & dates will be determined by those registered.

FREE ADDICTIONS PRO GRAM - every Friday, 7 p.m. a Bible Believers Church, 404 N. Hudson St., Lowell. For more information call 616-485-2385

MOTHERS WHO HAVE OF HAVE HAD - sons/daughters serving in the military. We are meeting on the 3rd Wednesday of every month. For more info call Sally 616-761-2042.

ledger

Lowell takes on Reeths Puffer in forth annual Pink Arrow game

by Casey Cheney

extend their winning streak a lot of value." in the conference match-up against Reeths Puffer this game is at 7 p.m. - sure to be met with thousands of "pinked-out" fans.

The 2-0 Lowell Red coach Noel Dean said. "It's Red Arrows - and if there's in the last couple of years," and the meaning behind themed items will be raffled Arrow football team looks to a fun game to play and it has ever a game where home he said. "We love a good the game. As always, the off during the game. The

SPOR5

Red Arrow

Kenowa Hills last year.

Lowell defeated Reeths- play. Puffer on the road 56-0 last

field advantage mattered, challenge." The Pink Arrow game it's the Pink Arrow game. opponents will come out to

"They're a sound team,

"We're excited," head year. This year, they play the and they're much improved the enthusiasm of the crowd various Pink Arrow Pride-

drew more than 10,000 to the But despite the one-sided or a surprising nail-biter, to commemorate a loved Thursday. Kick off at the Bob Perry football stadium track record against Reeths the level of competition in one battling or who has at Pep Talk, and will be forth annual Pink Arrow last year in their shut-out of Puffer, Dean said their this game is secondary to battled cancer. Additionally, available for purchase at the

boys' jerseys were auctioned new Arrow Force T-shirts, A predicted blow-out off to families in the area



Passing - Gabe Dean: 11-12, 216 yds., 3 Tds

Rushing - Renn Osborne: 2-64

Fall festival,

LHS smashes Kenowa Hills, continues undefeated

by Casey Cheney

- SOCCER

team faced an unexpected threat to their undefeated record of 5-0, trailing by two goals in their gameagainst Kenowa Hills in the

ten minutes, which resulted in two goals," head coach Rich O'Keefe said. "But we turned it around the final twenty minutes of the half. second half."

Joe Sweet and AJ

CROSS COUNTRY

The Red Arrow soccer Morris led the offensive goals and assists last year Matt Kyllonen scoring two Kyllonen (14/6). and Kyle Bowers scoring

first half. Then, scoring nine season of 12-6-2 last year, goals unanswered, Lowell with a strong finish (8-2-1), came back to win big, 9-2. O'Keefe's first year coaching are seniors Will Athmann, "We were slow to react the Red Arrows, his soccer Matt Hoogenboom and and were outplayed the first team is off to a promising Grant Brueker.

experience on the national Red Arrows played, and championship team, has defeated, the Rockford been a positive influence on Rams, a Division 1 team, and played very well in the him and the team," O'Keeefe and will play Forrest Hills

Sweet led the team in

charge with three goals each, (20/13), followed by Matt

O'Keefe said. "[Kyllonen] will provide After a mediocre speed and experience to the forward line."

Anchoring the defense

Though they are now "Joe Sweet, whose a Division 2 team, the Central later this season.

on the porch. These include weaving, quilting, spinning, leather and wood carving, fly tying, needle felting and

A blacksmith demonstration takes place to the left of the shelter. Children's activities

such as face and pumpkin painting are located by the playground equipment

"Come and spend the day there,' Smalligan said. "It's nice day the park. Food provided the area not profit nizations The Lowell Area Historical Museum will have their apple

continued while the Lowell Fire Department will offer famous their brats.

> Games" by Dawn Ysseldyke 1977. will be raffled off. The drawing will take place on Sunday at 4:45 pm.

cepted for parking.

Lowell runners take seventh at first invitational

by Casey Cheney

The boys varsity cross finished country team seventh out of twelve teams **OK-White-Black** the at Gracewil Invitational Country Club. The girls finished in fifth out of ten teams. This was their first conference invitational of the season.

"I thought the guys

coach Clay VanderWarf 19:00.12, and the girls had said. "Everybody set new a total time of 1:51:18, personal records from their averaging 22:15.68. previous race."

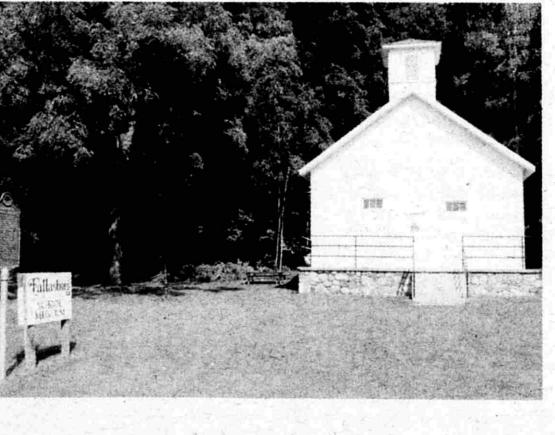
the boys team with a time improve on a weekly basis, of 18:26.20, and sophomore then we are on pace to have

with a time of 20.55.60.

The boys had a total

ran a great race," head time of 1:35:001, averaging

VanderWarf said, "If Junior John Mark led everyone continues to Jessica Graves led the girls a great season."





gourd carving.

ednesday • september • 7 • 2011

game. The Red Arrows are on an increasingly high-scoring run, taking Rockford 28-7, then Kenowa Hills 49-7.

admission tickets for the

night's game, are available

Red Arrows trample Knights

Lowell Red Arrows defeated the Kenowa Hills Knights last Friday 49-7.

Receiving - Blake Lyman: 2-80, Luke Bigham: 4-75

Started by the Fallasburg Historical Society chicken, and the Rotary with in 1969, the Lowell Area Arts Council, now Lowell quilt "Autumn Arts, took over the event in

Some of the original demonstrations like leather crafts, wood carving and fly Freewill donation ac- tying remain an integral part of the festival.

Watch for your Red Arrow team coverage!

ACROSS 1. Grating sounds 6. Seton Hall University 9. Cartoon explorer 13. Until now 14. T-cell killer 15. Prestigious prize 16. One of many rescued in Chile last year 17. Australian bird 18. Run off together 19. *Last year's champ 21. Anarchic 23. ____ Paolo, Brazil 24. Marketplace 25. Suffix that makes a "host" female 28. Be gloomy 30. Front of shoe covering 35. Illegal lab product 37. Spiral-horned African antelope 39. Lacking guile 40. Small ladies' handbag 41. What Edward Scissorhands does 43. ____ crazy 44. Police informers 46. U.K. art museum 47. She was d'Urberville 48. Bully's action 50. Toys for Wade opponent 53. *Brady won MVP by unanimous 55. "____ Te Ching" 57. *Consensus college pre-season #1 61. *Finally resolved this summer 65. *____ deck 66. ____ Maria 68. Anchor rope hole 69. Mixed breeds 70. Once around 71. The Three Muske-

wednesday • september • 7 • 2011

THEME:

FOOTBALL

teers' weapons of choice 72. "____, over here" 73. Infection of the eye 74. Location of something surrounded by other things

SUDOKU

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Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.

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© StatePoint Media

DOWN

- 1. Used to get from one
- level to another 2. Home to China
- 3. Update, as in iPod
- 4. Throws glances at
- 5. Running water
- 6. " So Fine"
- 7. Not her
- 8. Throat lobe
- 9. Cabbage Patch Kid,
- e.g. 10. Double reed wood-
- 11. *Plays or snaps
- 12. A in IPA, pl.

34. As such ter and QB

15. *This year's #1 draft 42. Vigorous fight 20. Chess piece, pl.

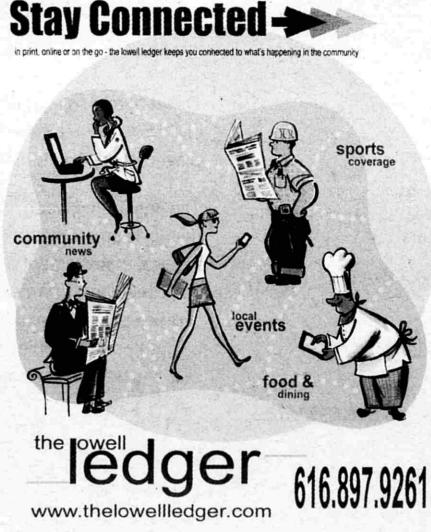
Where volunteering begins.

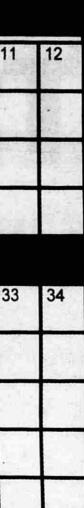
22. * ___ Modell, owned **Browns and Ravens** 24. Arbitrate 25. Make corrections 26. Stiff hair, pl. 27. Gun maker Ruger & Co. 29. *4th down option 31. *The Cowboys and Gi- 59. Prefers ants are in the NFC 32. One who cites

- 33. Dispatch boat
- 36. *Action between cen-
- 38. "____ no good"
- 49. Neither 51. Chief Massasoit, aka Great 54. Former Russian lead-56. Similar to giraffe but smaller 57. Waste water reservoir 58. Symphony #9, e.g. 60. Left after deductions 61. Tax 62. Was in debt 63. Functions 64. SAT, e.g. 67. *The Eagles played

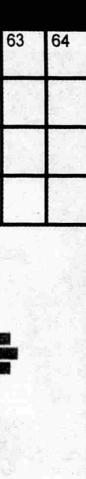
45. Rescuers

Puzzle solutions, page 11





ledger



here from '71 to '02



When submitting your opinion to Sound Off!, we ask you to follow a few guidelines. Sound Off! is meant to be a way for you to compliment or

vent your feelings with civility. A healthy way to get something off your chest or spread a little kindness. We welcome your comments, with or without signatures, but signing your name to your comment does increase the odds of seeing it in print

Threatening or deliberately cruel comments will not be accepted and, of course, no advertising a product or service please.

So basically, submit anything but not everything will make it to print.

The Ledger reserves the right to choose what is printed, and reminds the public that views expressed in Sound Off!, unless otherwise stated, are not the opinions of The Ledger staff or its publishers.

THIS WEEK'S ONLINE **POLL RESULTS**

Do you plan on reading former VP Dick Cheney's new book?

Of course
Not a prayer45%
I'll buy it for kindling 45%
It's on my Christmas list0%



AUGUST 31- SEPTEMBER 6

Wildfires continued to rage in Texas Tuesday morning. The largest fire near Austin has spread across 25,000 acres destroying at least 470 homes.

Postal chief to testify on Capital Hill as USPS could face default. The postal service are required to make \$5.5 billion payment into the future retiree health benefits, and probably won't be able to make it when it comes due Sept. 30.

Tea Party groups roundly condemned teamsters president Jimmy Hofa after he called on union supporter's unhappy with congressional Republicans to "take these son-of-a-bitches out."

David Petraeus, the newly retired general is taking up his post running the CIA, leaving behind his uniform and his military brain trust.

TENNIS Red Arrow

Arrows come away with a big win over G.R. Christian

ledger

by Casey Cheney

Despite winning only one match against the powerhouse Grand Rapids Christian last Wednesday, the Lowerll Red Arrow tennis team made that one win count. The match, a face off between the number one doubles teams, lasted well past the other matches and ended in a thrilling victory for the Red Arrows.

Juniors Micah Babcock and Tony Hanson struggled to keep up at some points, and dominated at others. Babcock said that in the end, "I knew they were tired."

Christian tried to change

their serves in the final set to catch Babcock and Hanson off guard, but Christian's Taylor Asfour committed several double faults in the attempt, swinging the advantage Lowell's way.

"They switched their serve to flat serves from kick serves," he said. "But we kept taking the net from them." The match went to three sets – most matches are finished in two – drawing out the anticipation. But it was well worth the wait.

Babcock said, "That

was a long, long match." Babcock and Hanson currently have a record of 9-4, the best on the team. "I was really proud of

the guys because they kept their cool under duress," head coach Bonnie Wall said.

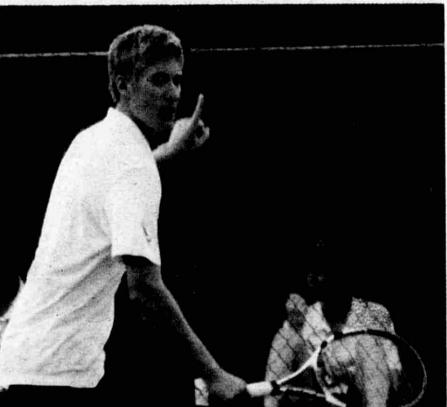
Said duress challenged them particularly in the final set when a Christian player on the sidelines commented loudly at the Lowell players during gameplay.

Wall said, "They [decided] that we're not going to let the crowd bother us. We want to win." The rest of the year, Wall said, is looking up for the team. She said her players have been telling her and her husband things they want to work on – things she wanted to work on too. But, she said, it's important for the players to ask to practice certain things.

"We're working on it," she said.

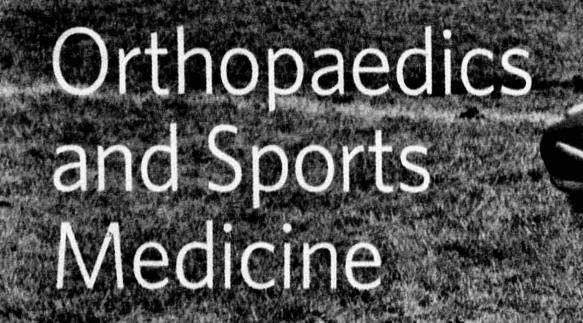






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