issue 44

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a day at the fair





page 9

"tough" royal

court

Blough family announces \$25,000 donation at tenth annual golf scramble

by Casey Cheney

that his family would be do- I can hit this sucker!" nating \$25,000 to the Ivan K al golf scramble at the Deer fairway. Run Golf Club.

ries of Ivan Blough and with most. memories come emotions. Chamber of Commerce executive director Liz Baker said, "I have a lot of things ing to flare again." I could say, but I won't because I get too emotional."

The family recalled baseball and golf.

"Ivan looked at golf a wife Carolyn Jane Blough said. "When we would go out golfing, his words to me

Mike Bloughannounced were. 'Now let's see how far

More than 100 golfers Blough Scholarship. The an- were met with mild weathnouncement came at the end er, a warm sun tucked beof the Lowell Area Chamber hind the clouds and a gentle of Commerce's tenth annu- breeze ruffling through the

Typical of golf, it was The day recalled memo- a day of ups and downs for

> Mark Kloosterman said of his team, "We chilled out for a while, but we're start-

Despite some bad holes, spirits were consistently high and teams and teamfondly his relationship with mates alike jabbed at one another.

The lowest team score little bit, but not a lot, like was Attwood with 62. Richhe looked at baseball," his ard Smith won Men's Clos-

> Chamber golf outing, continued, page 8



Nick Blough, Louis D'Agostino, Mike Blough, Mark Blough, Toni Blough, Melinda D'Agostino, Sophia D'Agostino and Diana Bittrick.

Township discusses digital signs, antennas, changes to mining ordinance

The Lowell Township Planning Commission dis-

in the works at the Monday night meeting.

One of the proposed orcussed several ordinances dinances will regulate digi-

tal signs in the township located along the I-96 highway corridor.

Sizzlin' Summer concert series shifts to the fairgrounds in its final stretch



page 16

With only three concerts remaining in the Sizzlin' Summer concert series, the Grand Rapids Jazz Orchestra played to a pleased crowd on the Riv-

erwalk last Thursday. It was a great performance by a true big jazz band.

The next concert will be held at the fairgrounds on Aug. 11 due to the fair week. Bluegrass bands Steam Powered Bluegrass and the Patchwork Bluegrass Band will perform at the entertainment tent from 6:30 pm to 8:30 pm.

According to the regulations, the brightness of the signs cannot exceed 0.2 illumination based on the recommendations of the Outdoor Advertising Association.

The height of all signs cannot be more than 25 feet from the grade, while the distance between the signs is set at 1,000 feet.

Each sign is limited to 300 square feet visible from one side. In case of double faced back to back billboards, each side has 300 feet.

"It's cheaper back to back, more cost effective and visible," said planner Tim Johnson.

However, tandem or vshaped signs can also have a total of 300 square feet only.

"The major criteria is how much can you see from one side," said Johnson. "The v-method is quite common."

The proposed digital sign ordinance will be up for a public hearing in October.

In related business, the trigger for regulating antennas and towers is mainly the height, according to Johnson.

They cannot exceed 35 feet above the grade. If the antennas are over that limit, then they are regulated by a special use permit.

"We are trying to fit it in with the neighbor," said Johnson.

Setbacks cannot be less than the height and the antennas cannot be placed in the defined front yard.

The public hearing for the regulation of antennas will be held on Sept.12.

The planning commission also discussed changes to the mining ordinance due to changes coming from the

The township has an option of creating a separate police power ordinance to regulate mining operations or it can regulate through the existing township zoning ordinance.

"Sand mines will tick somebody off," said Johnson. "We have to decide whether we want to go down

> Township, continued, page 3

Charles Alm, Anthony

Brett Lesiewicz, Pearce

Liversedge, Ian McRae,

min Scudder, Kasey Stow-

ell, Partricia Miller, Brooke

Hanson, Bradley Dempster,

Daniel Van Otteren, Nicole

Lauren Clements, Sara

Emily Canda, all of Ada.

Fifarek, Adam Harris, Janay

Senneker, John Wilder, Kyle

Kristine Huberts, and Brian

Kirstin Eickhoff, Karen Hy-

sell, Abbot Kastanek, An-

drew Kelly, Jacob McVey,

Maranda Ruegsegger, Kath-

ryn Shepard, Courtney Wi-

DeClercq,

Schultz, all of Alto.

Logan



LAHM CELEBRATING ANNIVERSARY

The Lowell Area Historical Museum will be hosting an open house in celebration of their tenth anniversary, Wed., on a cancer or grief journey; Cancer - New Member Meet-Aug. 17 from 6-8 pm. All are welcome. A special gift for the garden will be unveiled during a short presentation. Light hors d'oeuvres, punch and cake will be served.

The regular monthly meetings of the **BOARD OF EDUCATION OF LOWELL AREA SCHOOLS** are held on the second Monday of each month

All meetings will be held in the Lowell Runciman Administration Building at 300 High Street, Lowell, Michigan. All Regular meetings begin at 7:00 p.m. on the following dates:

REGULAR MEETINGS

July 11, 2011 September 12, 2011 November 14, 2011 January 9, 2012 March 12, 2012 May 14, 2012 July 9, 2012

August 8, 2011 October 10, 2011 December 12, 2011 February 13, 2012 April 9, 2012 June 11, 2012

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GILDA'S CLUB LOWELL CLUBHOUSE

Camp Sparkle, Aug. 16, 2-4:30 pm, for kids ages 6-12 ing, Aug. 23, 2:30-3:30 pm, introductory meeting for those who wish to join the cancer support program; Garden Days, Aug. 23, 1-3 pm, Knitting, each Tues., 6-7:15 pm; Lowell Summer Social, Aug. 16, 5:30-7:30 pm. Lowell Clubhouse, 314 S. Hudson St. Call 897-8600 for additional informa-

ANGEL FOOD MINISTRIES

Sign up at the Nazarene Church, 201 N. Washington St., Sat., Aug. 20, 10 am-Noon. You may also order online using your debit or credit card. Go to www.angelfoodministries.com. Any questions, call Eshter, 897-7395.

Feel free to send your event information to the Ledger for Along Main St. All submission requests for Along Main St. are subject to space limitations. The Ledger makes no assurances that they will appear in print. To ensure that an event notification will appear in the Ledger, it is best to place a paid advertisement. All efforts will be made to place suitable items in the Along Main St. column but they are printed at the discretion of the publisher. For profit events, church services, yard sales and the like, will not appear in this column.

college news

Andrew Gerig and Benjamin Gerig, both of Low- Amato, Alison Bedi, Benjaell, have been named to the min Biondo, Emily Ciosek, 2011 spring semester dean's Darcie Clements, Kyla list at Bethel College in Cole, Crystal Dietz, An-Mishawaka, Ind. Eligibility drew Donaldson, Stephanie for the dean's list requires a Facer, Spencer Flory, Ange-3.5 GPA with 12 or more se- lo Franchi, Anna Geurink. mester hours.

Katrina Wheeler of Cameron Raterink, Benja-Lowell graduated with a Bachelor of Arts from Bethel College.

Ferris State University Finch, Natalie Hughes, and and Kendall College of Art and Design has announced that the following students have received academic honors for the semester that Cromer, Ron Hendrick, ended in May 2011:

We are inclined to believe those whom we do not know because they have never deceived us.

> - Samuel Johnson (1709 - 1784)



ALLOWS PART 2 (PG-13) 6:45, 9:35

erzbicki, Megan Willemstein, Parker Liu, Tammy Garcia, Andrew Pfaller, Lisa Drust, Brian Langlois, Karol Burnham, Micah Tawney, and Chelsey Treglia, all of Lowell SPAY &



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Fly-in reunion for former Lowell teachers

Retired Lowell Middle School (LMS) teacher, Ron Grody, and former LMS teachers, Gary Butts, Jim Hubbard, Arnie Kimball, Rita Pratt, John Sterly, Karen Thomure, and Sandy VanWeelden, gathered at a Fly-In Pancake Breakfast last Saturday at the Greenville Municipal Airport. The group has 284 years of teaching experience between them with Ron Grody and Sandy VanWeelden leading the pack with 41 and 40 years respectively.

wednesday • august • 10 • 201

mathematics teacher Kris Kropf and events director of the Green-

ville Area Aviation Association organized the "mini" reunion. "This was a lot of fun for me for several reasons. Not only were these teachers my former colleagues, but I also was an LMS student in Mr. Kimball, Mrs. Pratt and Mrs. VanWeelden's classrooms," said Kropf.

"Because Ron Grody's granddaughters, 8-year-old McKenna and 12-year-old Salem, are aviation enthusiasts and Rita Pratt and John Sterly are also pilots, I thought it would be a good place to meet. Everyone reported having a good time," she added.

Lowell man charged with three felonies

release from chief of po- session of child sexually lice Barry Getzen, after re- abusive material. ceiving a tip from the U.S. an investigation into the Kent County Jail. possession of child sexually abusive material by a Lowell resident.

ell Police Department ar- wireless internet network of rested Alan Andrew Wal- the Englehardt Library lodron, 43 years of age, of cated behind his residence Lowell, on a three count to access child sexually warrant issued by the Kent abusive material. County Prosecuting Attorney's Office.

with three felonies: unau- to be innocent until proven thorized access of a computer, using a computer to

According to a press commit a felony, and pos-

Sterly.

Waldron was arraigned Department of Homeland in the 63rd District Court on Security, ICE, Office of August 4. Bond was set in Investigations; the Lowell the amount of \$10,000 and Police Department began Waldron is lodged in the The investigation re-

vealed that Waldron, who lives in the 200 block of E. On August 4, the Low- Main Street, accessed the

An arrest is not an indication of guilt or innocence. Waldron was charged All persons are presumed guilty in a court of law.

Investment Opportunity Earn a respectable return AND

Pictured in front: Salem and McKenna Grody (granddaughters), Sandy VanWeelden, Karen Thomure,

and Rita Pratt; in back: Gary Butts, Jim Hubbard, Ron Grody, Arnie Kimball, Kris Kropf, and John

You don't have to be a Vergennes Township resident to participate!

Vergennes Broadband

Free, no obligation, investor meetings being held

August 16, 17, and 18 7pm to 8:30pm Lowell Schools Administration Building Boardroom

More Information at VergennesBroadband.com



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Township, continued

the path of creating a police power ordinance."

In case of the existing zoning ordinance, the township can place conditions on a permit.

"Let's not go the police power ordinance route,' said township supervisor Jerry Hale.

It was the consensus to pursue changes to the mining ordinance as part of the zoning ordinance.

"We'll keep on going the zoning ordinance path,' said chairman Dave Simmonds.

Any approved changes will apply to new mining operations only, according to Simmonds.

The mining ordinance will be up for a public hear-

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Dave Stegehuis

camp. Summer is half gone. and Broken Tail the bass has not been seen since last fall. Broken Tail is, or was, a six pound plus largemouth bass who spent his summers under a dock in a secluded lake in the Upper Peninsula. Concern is rising among visitors to the rustic log cabin by the lake that the old bass may have met with some kind of

misfortune. Although the dock is taken out every fall, the big bass, identified by a split tail, would take up residence within hours after the dock was put in the lake each spring. For many years, the old bass was caught regularly by young anglers who were allowed to fish off the

dock. Strict rules applied when fishing for Broken Tail, including an age limit Like with all bass and pike and release only.

ther a slow learner or didn't mind being caught. He was probably just smart because the kids would feed him extra bait minnows by hand he was caught, and he was

B.T., as he became amused audience. known, was retired out of anyone who might be re- whom have become lifetime sponsible for the accidental fishermen because of their

endary bass would go down in the annuals of camp hisdemise.

My fondest recollection attempted to locate the is when a five year old was missing bass. I tied a pumpattempting to catch minand permitted fishing tackle. nows in ankle deep water a hook, to a length of mono with what must have been line and dangled the offerin this lake, fishing is catch a butterfly net. The young- ing next to the dock. The ster somehow managed to response was immediate as Broken Tail was ei- net B.T. and for a minute two largemouth, one meor two the waterfront erupt- dium in size and the other ed with a squealing kid, a smaller came out to investiwildly thrashing fish, and gate — but no B.T. enough splashing water to dampen cheering bystand- feel a little sad when I think between the occasions when ers. The pugnacious bass about that feisty old bass. I

net, a shaken child, and an and I will continue to search The old bass sparked enough to make B.T.'s reconcern for his age and a passion for fishing for turn a possibility, so I still safety. After that, fishing for a number of prospective have hope. But if not, thanks B.T. was off limits because young anglers, most of for the memories B.T.

injury or death of the leg- exciting encounters around the dock. Thanks B.T.

I recently returned to tory forever linked to B.T.'s the lake, and at the request of one of B.T.'s young fans, kin colored tube bait, minus

It may sound silly, but I quickly escaped, of course, expect to return to that lake willing to take the risk for a leaving behind a broken in the Huron Mountains. for B.T. Bass can live long

financial



Don't let low rates sink your retirement plans

Over the past few years, if you've taken out a mortgage or another consumer loan, you've probably welcomed the low interest rates you may have received. But as an investor, if you've kept any retirement savings in fixed-rate investment vehicles, you may have seen low rates in a less favorable light. And that's why it may be time for you to take starting to raise rates. a closer look at your financial strategy for working to-

ward the retirement lifestyle

you've envisioned.

Of course, you can always hope that interest rates will rise, and perhaps they will. As you may know, the Federal Reserve has kept interest rates at record lows in recent years to stimulate lending and thereby boost the economy. But rates can't get much lower, and if inflation were to heat up, the Fed could reverse course by

> Financial Focus, continued, page 7



Mainly the Brain,

Conventional Under-

Approaches to Pain,

Emotions and Pain, The Psychological Un-

plore some of the new ideas and treatment for pain, you will gain more strategies for understanding your own help your children or others

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ask kathryn



range from sore muscles that can heal themselves to a chronic debilitating pain that confounds both our physicians and ourselves. We have all experienced pain at some point in our life - in many ways; it is the hardest part about being human. There has been extensive research on pain and

so rough sometimes. We emerged from this research. can have levels of pain that In the coming months, what will follow is a series of seven articles on pain. I would welcome your questions and your personal experiences with pain. Please email them to me at kathrynden-

houter@gmail.com. Seven articles will cover the following topics of

The Role of Attention in Pain,

The Domain of Pain:

standing of Pain,

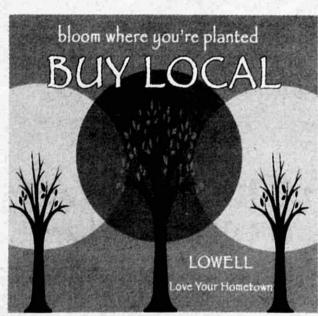
derstanding of Pain,

Dissolving Pain.

Hopefully, as we expain, as well as, be able to around you deal with pain and the stress it causes.

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wednesday • august • 10 • 2011

View Doint

to the ... eaitor

which trail is which

To the Editor,

The North Country National Scenic Trail has chosen Lowell as its national headquarters. Stretching 4600 miles between North Dakota and New York (think Appalachian National Scenic Trail, only twice as long), it makes sense to host the North Country Trail management and administrative offices at the halfway point, here in Lowell. Lowell's growing interest in all kinds of trails just reinforces our feeling that we're in a trail town and glad to be

As noted in the July

Looking

By Shelly MacNaughton

Entry missing from files

from her duties in Weeks' store.

125 Years Ago

The Lowell Journal

100 Years Ago

The Lowell Ledger

August 10, 1911

Miss Laura Davis is taking a two weeks' vacation

Unclaimed letters at the post office: Andrew Peter

75 Years Ago

The Lowell Ledger

and Alto Solo

August 6, 1936

The new camp trailer site at Recreation Park had

its first patrons last Thursday night. There were two

parties and the visitors appeared to be well pleased

The Beach and Outman Shoe Store now is nicely

located in the Lee Block, a few doors west of the post

with the grounds and the conveniences provided.

Anderson, Rev. Charles Cobb, L. Duverany, H. E.

Kellogg, C. H. Morris, Mrs. Eunice Barber, Miss Alana

Bissell, Miss Lydia Colymet, Mrs. L. H. Merlin.

here!

27 Ledger, we've taken an even larger step in our commitment to Lowell as the National Park Service establishes an office and stations our new trail manager in Lowell. We welcome Jeff McCusker to both Lowell and our North Country Trail

Understandably, with all the trail talk around town, folks are easily confused about which trail is which and who's in charge of what. In a larger sense, with all the hiking, biking, non-motorized and rails-totrails activity going on (not to mention the water trails potential), who cares? It all

adds up to economic growth for Lowell as well as increased recreational opportunities and quality of life for the Lowell community. But it may help to offer this brief outline about the North Country National Scenic Trail, who we are and how we're managed, particularly as it relates to Lowell.

tional Scenic Trail was established by an act of Congress in 1980, joining its sister Appalachian Trail as part of the National Trails System. (There are now 11 National Scenic Trails). At 4600 miles, the North Country Trail is by far the longest in the National Trails System, comprising almost 25 percent of the combined mileage of all National Scenic Trails.

The North Country Na-

istrative authority to the tains the North Country Department of the Interi- Trail and tells its story. NCor's National Park Service TA's national headquarters (NPS). As such, the NPS has been in Lowell for more has overall authority on than ten years, coordinating route planning, trail policy and supporting volunteer and disbursement of federal efforts among its 30-plus funding. Until recently the chapters and affiliates. The NPS managed the trail from West Michigan Chapter of an office in Madison, Wis- the NCTA is the local volunconsin. As noted in the July teer group that, among other 27 Ledger, the NPS is estab- contributions, is responsilishing an office in Lowell, ble for the beautiful section which will eventually host a of the North Country Trail number of NPS employees. extending north from Low-We're grateful for the warm ell through the DNR's State reception that Lowell has Game Area to Fallasburg Park. Volunteers are the lifegiven to the NPS.

The North Country blood of the NCTA and the Trail Association (NCTA) reason the trail is far more is the partner nonprofit or- than an abstract idea. ganization to the NPS. With its 3000 volunteer members ing support for the NCTA located in chapters along via a cooperative agreement, the entire seven-state route, comprising about 50 percent

Congress gave admin- the NCTA builds and main-NCTA's headquarters, at 229 East Main St., is open to the public. Maps are avail-

> The NPS provides fundof NCTA's revenues. The rest comes from member-

> > hunt street conundrum

to live until the City of Low- run water down the street.

ell, Michigan, decided to He simply paid \$60,000 for

ram a water line down our a home that sold six years

council "acted in our best bors to supplement his pur-

interest" several years ago chase by paying for a new

TV went from \$45 to \$150 a of \$325 and \$2,000-\$3,000

month. Thank you City Hall for a professional plumber

and council for watching to do the hookup, making a

zens of Hunt Street because Add to this the five-way

a "landlord" who purchased split of \$40,430 and you

a foreclosure on our street see that he is starting out as

They are now "doing each home just to hook up

Understand that the city and now wants his neigh-

Hunt Street used to be a to talk over the ramifica-

ship, donations and grants.

when they sold the Lowell

Cable System without hear-

ings or citizen involvement.

My bill for internet and cable

what is best" for the citi-

wants a water main run to

street before you start mak-

Shouldn't you live on the

the end of the street.

able as well as information about the trail. Lowell headquarters staff include seven of NCTA's ten employees. The NCTA and NPS are partners in envisioning North Country National Scenic Trail as a primitive footpath linking the natural

cultural and historic highlights of America's northern heartlands, our Red Plaid Nation. With its nerve center located in Lowell, we hope to grow alongside Lowell as the community embraces its role as a Trail Town, a gateway community to recreational trails.

Bruce E. Matthews NCTA Executive Director

> Jeff McCusker **NPS Trail Manager**

bors? He never stopped by

ago for double that amount

It does not matter that it

will cost \$543 for a connec-

tion fee, a meter purchase

minimum total of \$2960 for

outside of the assessment!

a great neighbor/landlord.

The end result is that each

50 Years Ago The Lowell Ledger August 10, 1961

The city council and Walter Lyness, representative of the Lowell Development Company, came to a tentative agreement Monday night on how to accomplish the quiet, safe and humble place tions of asking the city to providing of services to the new building development on West Main Street.

25 Years Ago The Grand Valley Ledger August 13, 1986

Lowell folks will be able to hear plenty of free music this weekend when two exciting concerts perform for no charge.

The United States Air Force Band, "The Pacesetters will be swinging to jazz of old and new, Friday night, at 7:30 at the Lowell Showboat Amphitheater. Honey Creek Christian Homes will hold a Great Gospel Gathering, Saturday, from 11am till 5 pm on the campus of Honey Creek, 11652 Grand River Dr.

The Senate passed leg- egregious tax loopholes are

Era of shared sacrifice must begin now

islation on Aug. 2 to increase

the debt ceiling and avoid a

catastrophic default on our

national debt while reducing

the deficit. To say that this

legislation was not ideal is

icit problem can be solved

solely by cutting spending,

as this legislation does, ignores the fact that unwise

tax cuts for the wealthy and

The notion that our def-

truly an understatement.



significant culprits in our fis-

cal crisis. I believe too many

members of Congress are

influenced by an ideology so

extreme that they promised

to wreak economic havoc if

they did not get their way.

"No additional revenues"

became the battle cry, an ap-

proach that prevented the

balanced deficit reduction

ing trouble for your neigh-

To The Editor, continued, page 7

the lowell dger

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ledger@lowellbuyersguide.com

Levin, continued

that the American people rightly support.

ists in a vacuum. Despite its tain a mechanism that can ly paid hedge fund managmany flaws, this legislation force acceptance of what too ers pay taxes at a lower rate had to pass.

of legislation, on the one of real deficit reduction. hand, and severe damage er, would have defaulted on its obligations to senior citi- of tax breaks for the highzens, students and veterans, as well as to those who have closing loopholes that now invested in our country by allow tax dodgers to hide inthe purchase of our bonds and Treasury notes.

Despite this bill's imbalmany of my colleagues have than their employees. The choice we faced refused to accept: the reality

I have supported com- islation, we will face a stark in 1990, when facing the to our economy and even monsense steps to address choice: We must agree be- possibility of unacceptable the failure to include more fore the end of this year to revenue and promote shared deficit reduction of at least President Bush and bipartisacrifice: rolling back un- \$1.2 trillion over 10 years san leaders in Congress adpreeminent economic pow- necessary tax cuts for the or stand by as an automat- opted a balanced deficit-rewealthiest among us; the end ic budget cut kicks in to ac- duction plan that included ly profitable oil companies; come and assets in overseas



tax havens to avoid the taxes ance in focusing solely on they rightly owe; and an end But no public policy ex- spending cuts, it does con- to tax breaks that let high-

was between a faulty piece that revenue must be a part denied the need for these changes. But under this legcomplish that goal.

A bipartisan joint committee of 12 members of tion we have just approved, Congress will meet and develop a deficit-reduction plan to avoid those automatic cuts. That joint committee will have broad pow- avoid triggering unaccepters to review and propose changes to spending and to the tax code and to add revenues. Revenues will finally

be back on the table. Meeting the \$1.2 trillion goal will not be easy. but it is achievable - if draconian cuts on American those who have so far been families, and threatened ecounwilling to compromise nomic calamity if that movecan recognize that revenue ment did not get its way. The must be part of the equa- era of slashing programs that tion. Nobody should be ea- help middle-class Ameriger for those automatic cuts cans, with no shared sacrito take effect. Many would fice by the wealthiest among be unacceptably painful and us, must end, and give way damaging. But the very idea to an era in which fairness of those automatic cuts is and balance guide our efthat they are so unaccept- forts. Passing this legislaable that few of us will want tion hopefully will drive us to see them enacted, and to make that transition. most of us will be willing

to compromise in order to

Congress has used this approach before. In 1985, we passed Gramm-Rudman-Hollings, which set forth So far, too many have specific deficit targets and required cuts if those targets weren't met. Under that law,

> significant new revenues. Now, under the legislathe members of the joint committee must truly be willing to lead, to put aside rigid ideology, if we are to It is my hope that we

> have reached the high tide of an ideological movement that has sought to hold tax cuts for the wealthy sacred while imposing increasingly

GOOD SHEPHERD

LUTHERAN CHURCH

10305 Bluewater Highway (Missouri Synod)

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Nursery & Children

Worship Programs Provided 5

.....Sunday -10:00 A.M.

10:00 A. M.

.11:20 A.M.

..6:00 P.M.

.Sunday School

.Fellowship

Saturday Eve Service...

Morning Worship.

Evening Worship.

Sunday School.

9:45 A.M.

10:30 A.M.

11:00 A.M..

apnea are obesity, high

health

With Drs. Paul Gauthier, Jim Lang, Wayne A. Christenson III. John G. Meier & Tracy Lixie

sleep apnea



apnea do not even know they have a serious medical problem because it often goes undiagnosed. Estimates are that more than 12 million Americans have nosed by reviewing your sleep apnea. Sleep apnea occurs when breathing stops and getting a sleep study. A for short periods, frequently, sleep study involves moniwhile sleeping. Snoring is a toring your sleep and recommon symptom of sleep cording the frequency and apnea although all people severity of apneic episodes, who snore do not necessar- while checking the blood ily have sleep apnea. Dur- oxygen levels, heart rhythm, ing apneic episodes oxygen rapid eye movements and concentration drops and car- abnormal leg movements. bon dioxide builds up in the These studies are usually blood stream. People with performed in a sleep lab afsleep apnea may have hun- ter consultation with a puldreds of these episodes ev- monary specialist.

sleep quality, untreated

several seconds, excessive improve sleep apnea. daytime fatigue, lack of concentration, weight gain, and falling asleep at inappropriate times.

Most people with sleep blood pressure, a thick neck, enlarged tonsils, sleeping on the back, low thyroid, and use of alcohol or sleep med-

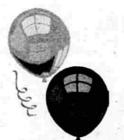
Sleep apnea is diagmedical history, symptoms

The usual treatment of Besides causing poor sleep apnea is to use a mask and small machine (CPAP) sleep apnea can lead to high to provide continuous posiblood pressure, weight gain, tive pressure to keep your fatigue, and cardiovascular airway open while sleeping. Occasionally surgery to Symptoms of sleep ap- remove enlarged tonsils or nea include severe snor- part of the soft palate may be ing and periods of stopped recommended. Losing exbreathing (apnea) lasting cess body weight may also

Individuals that have been diagnosed with sleep apnea and are treated appropriately, experience a signif-Risk factors for sleep icant improvement in quality of life and better health.

If all the world's a stage, I want to operate the trap door.

- Paul Beatty



happy birthday!

Pastor Dean Bailey

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METHODIST CHURCH

Kirby and Harrison

Alto • 616-691-8011

Children's Church......9:30 A.M.

OPEN HEARTS - OPEN MINDS

FIRST BAPTIST

OPEN DOORS

CHURCH OF LOWELL 050 Alden Nash S.E. · 897-1100 · Staffed Nursery Internet: http://www.fbclowell.org Rev. W. Lee Taylor & Pastor Phil Severn9:30 A.M. & 6:00 P.M. Sun. Worship Service.

WEDNESDAYS: Family Night (for all ages): 7:00 p.m 'The Source" Youth: 7:00 p.m. Loving God ... Loving People!

churches !



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OF THE NAZARENE

201 N. Washington

Pastor Wes Hershberger

Sundays - Christian Education......9:15 a.m.

Wednesdays - Kid's Service, Teen's Service,

Lowell Naz - Where People Matter

HRISTIAN LIFE CENTER

(Assembly of God)

SUNDAYS:

Worship: 10 a.m.

dult Bible Study.

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402 Amity St. • 897-9820 www.stmary-lowell.com Weekend Masses: SAT, 5 PM; SUN, 9:30 AM Saturday confessions: 4-4:45 PM Prayer & adoration each Wed. 8:00 AM - 8 PM RELIGIOUS EDUCATION, CHILDREN TO ADULTS - CALL PETE WIGGINS 897-7915 SEE LOWELL CABLE CH. 393, EWTN FOR 24 HR. CATHOLIC BROADCASTING

.Wed. 6:15 P.M. Contact Church Office For Prayer Meeting Times Nursery Provided • Barrier Free



AUGUST 10 Madeline Scott.

AUGUST 11 Wilzcewski. Mike Jordan Warren, Nicholas Brzezniak.

AUGUST 12

Robin Briggs, Linda Uzarski, Steve Martin Sr., Gaylord Heaston, Alex Richmond.

AUGUST 13 Robert Hewitt, Ryan Christenson, Ryan Roe, Mike Roth.

AUGUST 14

Adam Billingsley, Aaron Christenson, Brenk, Bob Wilzcewski.

AUGUST 15

Ben Raymor, Dick VanOverbeek, Bill Barber, Dena Baylis, Vivian Johnson, Donnie Shaffer. Callihan, Kim Tubergen, Deb Wright, Pam Kline.

AUGUST 16

Vezino, Don Helen Gasper, Trent Mike Mooney, Ryan Aksamitowski.

If it is not .gov, it is not Social Security

When you go on a road trip, you need to follow the signs to arrive at the right place. Going online can be very much the same. Look for the ".gov" at the end of the web address - if it isn't -gov, it isn't the real Social Security website — www. socialsecurity.gov.

afford to play "wait-and-

see" with interest rates. In-

stead, consider the follow-

your situation, it's a good

reflects your risk tolerance.

come, you have more rea-

ing moves:

nationwide are victimized each year by misleading advertisers who use "Social Security" or "Medicare" to entice the public to use their services. In many cases, these companies offer Social Security services for a fee, even though the same

Financial Focus, continued

your investment mix, keep- larger.

ing in mind your individual

about low rates harming some of the "pressure" off need to factor in a realistic

terms of providing you with

portfolio and make adjust- on during retirement. Also, You may want part of your

ments as needed, relative by working during your retirement income to come

your future investment in- your investment portfolio in withdrawal rate.

risk tolerance.

Countless consumers services are available directly from Social Security. free of charge. These serupdating a Social

Security card to show a bride's married name: replacing a Social

Security card; and

ample, if it seems that your you may be able to delay protection of principal. If so,

Review your with-

drawal strategy. During

business, you may be able to viding. As you chart your long as you plan ahead and

earn enough income to take retirement strategy, you'll explore your options.

getting a Social

Security number for a child. appear to be affiliated with zations, like for-profit busi-

These for-profit busi- Social Security. However, nesses may cleverly design upon closer examination, their websites, so when peo- these are for-profit compaple use Internet search en- nies charging individuals gines, their advertisement for a service that is provided pops up. They may even free by Social Security. make their advertisement look similar to the real So- Google search on "replaccial Security website. Some ing a Social Security card" of these sites, at first glance, brings up paid advertise-

with your overall portfolio

you may be able to boost

icantly increasing your in-

In short, just because

interest rates are low, you

tirement expectations — as

This article was written

by Edward Jones for use by

Re-examine sourc- your local Edward Jones Fi-

charge a fee just to get an application for a new card. That service is absolutely However, if you're to your objectives. For ex- nominal retirement years, from investments that offer free from Social Security. The law that deals specifically with misleading Soportfolio has become "over- taking Social Security until you don't have to settle for cle, you may need to change your monthly checks can be looking at the various alteradvertising prohibits people

ments for websites

tunately, it doesn't stop advertisers from trying. Vonda VanTil is the public affairs specialist for West Michigan. You can write her c/o Social Security Administration, 3045 Knapp St NE weighted" in any one vehi- you're a little older, when the lowest-rate vehicles. By cial Security and Medicare Grand Rapids, MI 49525 or via email at vonda.vantil@ natives and blending them or non-government organi- ssa.gov

nesses, from using words or

emblems that mislead oth-

ers. Their advertising cannot

lead people to believe that

they represent or are some-

how affiliated with or en-

cial Security or the Centers

for Medicare and Medicaid

Services (Medicare). Unfor-

LOWELL AREA COMMUNITY FUND ACCEPTS GRANT PROPOSALS

For instance, a quick dorsed or approved by So-

All Proposals Must Be Submitted **Online No Later Than** August 19, 2011 to be considered Visit www.grfoundation.org/lowell to submit your application.

The Lowell Area Community Fund, a fund of Grand Rapids Community Foundation. awards grants to tax-exempt, nonprofit charitable organizations that have an impact in the Lowell area. The LACF funds innovative projects or programs that encourage community cooperation.

family will spend \$11,046 resident believes spray is malicious

To The Editor, continued

(if a fourth letter doesn't come out - see the inconsistencies below).

Thank you Lowell for "thinking in our best inter-The inconsistencies in

pricing are a big concern The first letter stated the total cost at \$24,800, the second letter stated the cost at \$37,000 and the third letter stated the cost at \$40,430.

These numbers are growing faster than the crabgrass in my front lawn! It makes one wonder which part of the anatomy they are pulling these numbers from! Visit www.lowellcityhall. com to see the actual letters.

Consider that the new city manager is saying "hello!" to us by killing our already depleted property val-

Nice to meet you Mark

Lowell citizens, please attend the meeting and voice your opinion (for or against) at the meeting upstairs at City Hall on August 15, 2011, at 7:30 pm.

If the city can do this without consideration for what we, the homeowners on Hunt Street, think or want, what are they going to do to (for?) you, your street and the value of your homes!

> Alan Teelander Lowell

Redefine "retire- your retirement, the amount

ment." Retiring from one you choose to withdraw

career doesn't have to mean from your investments each

retiring from work altogeth- year will depend on several

er. If you decide to work part factors, including the size

time, do some consulting or of your portfolio and the

even open your own small amount of income it is pro-

son than ever to review your the money you need to live es of investment income, nancial Advisor.

To the Editor,

ter the years (15-20) of having our yard and everything in it sprayed, these people are still at it. After not having caught them, we know they are not too far away.

We don't believe it. Af-

They are still at it. Someone is spraying some type of spray that leaves a black residue. Then we have to work to bring the growing things back, which doesn't always work.

My dear husband John waters every morning and night to keep them growing, but during the day and at night someone sprays them again. Why?

Even lately we have around found, two different times, someone has tried to break into our garage.

But to take the cake, my husband recently noticed some of the bird feeders have been sprayed and we have found dead cardinals, bluejays, robins, finches and morning doves.

we have lived all our lives. But as the saying goes - what goes around, comes

John and Lucille Erickson

Hall for rent with kitchen **SEATS 150** Located

at the Boy, you really have fairgrounds sunk low to do this to birds Again, why? Especially in www.kcfg.org the town of Lowell where Call 897-6050

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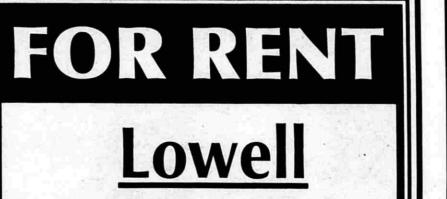
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Chamber golf outing, continued

est to the Pin, and Travis McKee and Kevin Katt won ed, "is to promote and foster Men's Longest Drive. Wom- volunteerism and pride in en's Closest to the Pin was the greater Lowell commu-Julie Niemela and Sylvia nity and demonstrate com-Taylor, and Women's Lon- munity service before self." gest Drive was Amy Kilya-

The Blough's dona- high school diploma - this tion pushed the fund up gives you "the raw skill set over \$50,000, which Mike to move forward" - and Blough said made it eligible be actively employed by a it best, "All I have to say to for further funding by the business who is a member of you is, keep on hitting that Grand Rapids Community the Lowell chamber of com- sucker." Foundation.

The scholarship, he at greater Lowell area businesses."

"The vision," he add-Applicants for the

scholarship must have a

said, is "for the purpose of application grant that would encouraging business lead- allow them to develop their ership skills and training op- skills in a particular busiportunities for employees ness pursuit and trade that Me Out to the Ball Game."

they're under," Blough said. the final distribution of that they still need to be employed by that great Lowell Blough ended by thank-

ing those in attendance and assuring them that the fund will continue to grow. Perhaps his mother said

The announcement was "There's certainly an completed with a salute to Ivan Blough's love for baseball, as the entire room

struck up a chorus of "Take



Blough announced Saturday, on behalf of the family, their \$25,000 donation to the Ivan K Blough Scholarship. golfers came out in support of the chamber-sponsored, tenth annual golf scramble.



Pat Gilbert, Bob Alvesteffer, Eric Hallstedt, Laura Hermann



Fred and Marsha Ray, Marilyn and Robert McDougall.



Mark Kloosterman, Jeff Barber, Brandon Barber, Craig Veldman.

77th annual Kent County Youth Fair opens strong

The 77th annual Kent year at the fair. Dale Earn- family in Lowell. They startheels, adhering to the theme, rookies this year. Pam had to "Built Fair Tough."

wednesday • august • 10 • 2011

The parking lot on the agile breed. banks of the Grand River

"These are smaller and were full from the morning faster," she said. "They love and it's close to home," Pam



Ashley Burns at the elephant ear stand.

on to the late night hours, as the horse-drawn shuttle transported people back and

Liz Keilen of Lowell with children Faith, 2; and Caleb, 5; were among the first visitors eager to get a taste of the fair.

"I wanted the kids to see the animals," she said. And Faith loved the

calf and the rocking horse at the Children's Barnyard located next to the draft horses, while Caleb admired the three little pigs. The barnyard had on display sheep, goats, pigs, chicks and a

Just a few steps away, waiting for the 2 pm show, swine master Pam and master piggy wrangler Ed watched the miniature potbelly pigs graze on grass.

Their swimming and racing pigs are back by popular demand for a second orange Gatorade."

Living a life on the road, like many fair entertainers, Pam hopes to meet with her

County Youth Fair opened hog Jr. and Rack-o-Ribs ed their piggy route on July tough Monday, with the ever Obama are the favorite rac- 2nd at the Winamac Fair in unpredictable weather on its ers, even though they're Indiana and their last show will be in Georgia in Octoexchange the pigs for a more ber, before they hit home in Lake City, Florida.

"We're booked solid

atmosphere, the nostalgia of it," she said. "I look forward to coming here."

Around noon, the Midway was bustling with people and goats crossing the main road between the animal barns and the Reath

But Pam, who is from lined up in the barn to acfrom fair queen Sarah Cros-

The goat exhibitors

For Mariah Keith, a



Faith Keilen at the Children's Barnyard.

sophomore at Caledonia High School, this was the first time showing her goat Bro and she won. Keith correctly answered questions about the goat's body type and how many points she gets for showing.

"You get 50 points," she said. "This is exciting." Back at the rabbit

tent, tension was hanging in the air as exhibitors watched judge Jeremy Garret examine the fury creatures. Fellow rabbits kept a

More fair pics,



Jake Bronsema washes his pigs



Mariah Keith of Caledonia gets first prize with



Judge Jeremy Garret examines rabbits as kids watch.



The rabbit barn.









from 2:00 - 4:30 p.m.

(during regular open hours). THE SUPPLY OF BACKPACKS IS LIMITED;

Therefore, there is no guarantee that all who register will receive backpacks.

We also have a limited number of school supplies for high school students.

If you would like to make a monetary donation towards the cost of this program, it would be most welcome.



Brent Slagell, Bob Martin, Dave Organek and Chris Degrote.

Julie Niemela, who won Women's Closest to the Pin, takes a swing for Team Larkins at Saturday's scramble.

Fair, continued

sharp eye on Garret as well. Trophies adorned by rabbits lined the nearby table.

Next door, a goat stuck her head out the white barn to watch all the excitement around. And a rooster from the Boondockers 4-H club showed off his beautiful black and yellow plume.

Jake Bronsema of Cedar Springs washed his pigs, Hanna Montana and Spider, to keep them cool in the rising heat of the day.

His pigs will be auctioned off at the livestock sale on Thursday and Bronsema will save the money for a car. He plans to show goats, turkeys and pigs next year. The family raises animals for production.

"It's a great learning experience for him," said stepdad Travis Hofman

After all the morning's hard work, nothing hits the spot better than a greasy elephant ear sprinkled with cinnamon and sugar.

Ashley Burns of Brad's Elephant Ear likes the fair because of the customers and the animals.

And why not wash down the grease, the dust and the mud with Bayou Billy homebrew from a tin

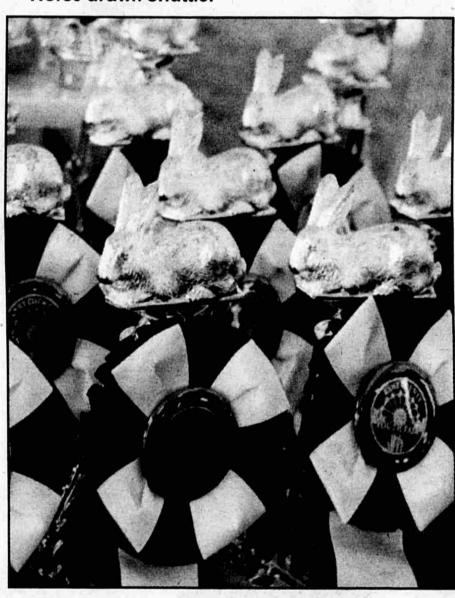
Come to the fair and experience for yourself.

Don't miss the Discovery Channel's Dominator I vehicle from the show Stormchasers at the fairgrounds this Thursday from 9 am to 8 pm

the goat exhibitors line up for ribbons presented by fair queen Sarah Crosby.



Horse drawn shuttle.



The rabbit trophies awaiting the winners.



Pam Chase rounds her potbelly pigs.





A goat rubs her back against a stud in the barn.



wednesday • august • 10 • 2011

Ionia County Literacy Council to offer free tutor training

"We would like to have

Letters outlining the

libraries. All agreed that i

Statistics indicate that

scholarly culture and edu-

cational success: books and

Adams Street in Ionia. Po-

Registration is request-

To learn more about the

"It would be beneficial

The Ionia County Literacy Council will be of- a tutor meet with the parent fering a 12-hour tutor train- and young child at their loing, over a four-day period cal library," stated Thompin September, in preparation son. "The tutor would use for new partnerships. The children's books from the literacy council, along with library and meet with the the Montcalm Area Read- parent and child in a special ing Council, is partnering room or, if preferred, in the with Montcalm Community children's section of the li-College (MCC) to provide brary." free tutoring to those students taking remedial read- family literacy program ing classes at the college. were sent to seven libraries Remedial reading classes in Ionia County. Positive reare targeted to those stu- sponses were received from dents who read below the Belding, Portland and Ionia seventh-grade level.

College students taking was a much needed program remedial reading classes is and were excited to be able not just a concern at MCC. to be a part of it. Recent data suggests that as many as 40 percent of all children who grow up in students entering postsec- homes where books are ondary education will re- plentiful go further in school quire at least one remedial than those who don't. Chilcourse. At community col- dren with low-education leges, upwards of 60 percent families can do as well as of all new entering students children with high-education require remedial instruction families if they have access (2010-2011 Briefing Paper, to books at home (Family National Governor's Association Chair's Initiative).

High participation rates schooling in 27 nations). in remedial education translates into high costs for stu- for the children in the new dents and postsecondary in- family literacy program to stitutions. An analysis done become enrolled in the Dolly by Strong American Schools Parton Imagination Library, estimated that remedial edu- as well," stated Thompson. cation costs states and stu- Children from birth to five dents up to \$2.3 billion an- can receive a book a month

"By providing free tu- is sponsored through the toring to those MCC stu- Early Childhood Program at dents, precious dollars, in- the Ionia County Intermedicluding Pell Grant money, ate School District. won't be spent on remediation classes and can be used all need to do our part to for college courses instead," make sure we're a literate stated Ionia County Litera- community. A literate comcy Council executive direc- munity can increase revtor Gayle Thompson.

"In addition, students ty, which benefit us all," receiving one-to-one spe- Thompson said. a tutor excel quicker than training will be held over those in full classrooms," a four-day period, on Sep-Thompson said. MCC stu-tember 6, 8, 13 and 15, from dents receiving tutoring 6:00 to 9:00 pm, at the Ionia will be able to take college Michigan Works building, courses at the same time which is located at 307 W. they are receiving tutoring.

The literacy council is tential tutors should plan to also preparing a new small- attend all four sessions. scale, family-literacy program with local libraries ed by August 31, since seatand will need tutors for that ing is limited. program. "Family literacy is a family-centered literacy tutor training or about the program and in this instance services of the Ionia County our tutors will work with Literacy Council, call 616parents who struggle with 527-1360, extension 116. reading by including their young children," explained Thompson.

Heavy rains dump several inches on the area threatening fairgrounds



Brief but heavy rains dumped several inches of water on the area causing the Grand River to swell out of its banks, near the fairgrounds, just prior to the opening of the Kent County Youth Fair on Sunday. Monday night rain muddied the tracks and pathways at the fairgrounds, but the forecasts call for sunny to partly sunny weather for the rest of the fair week.

In The Service

Jacob Swift has successfully comthrough this program, which pleted 13 weeks at Marine Boot Camp in San Diego, CA. He is currently time with family "As a community, we and friends. Swift will be returning to Camp Pendleton, CA, for extensive combat training. He enues, cohesion and safeis the son of Nathan and Peggy Swift of Lowell and a 2008 The free 12-hour tutor Lowell High School

spending

Jacob Swift



Greenridge Realty announced that Amy Reedy received Sales Associate of the Month in July.

This award recognizes Reedy for her outstanding success and achievements.

Amy Reedy





CROSSWORD SOLUTION

People with a disability can get a ticket to work

There is a free and voluntary program called Ticket to Work which gives individuals who receive Supplemental Security Income (SSI) or Social Security disability benefits access to meaningful employment while maintaining control over benefit choices.

began receiving Social Seafter suffering from severe arthritis, complicated by a

TOWNSHIP

PLANNING

COMMISSION

PUBLIC HEARING NOTICE

PLEASE TAKE NOTICE that a public hearing

before the Vergennes Township Planning Com-

mission will be held on Monday, August 29,

2011 at 7:00 PM, at the Vergennes Township

Hall, located at 10381 Bailey Drive, Lowell,

MI to consider amendments to the Zoning Or-

Amendments are proposed in Chapter 3, the

Rural Agriculture District, Section 201.304

(C), (16) to amend the Agritourism Business

section regarding management, employees

event capacity numbers and dining facilities

Amendments are proposed in Chapter 4, Gen

eral and Special Regulations, Section 201.402

(A) Accessory Buildings, to add more applica-

tion requirement details and review process by

the Township Board for constructing an acces

sory building before the dwelling. Also Chapter

4. Section 201.415 Mobile Homes, subsection

(C) Accessory Dwelling - it is proposed to de

lete this section and add a reference to a new

section of 201.441 Accessory Dwellings where

other types of second homes will be permitted

by special exception use permit with standards

such as compatibility to the neighborhood, one

permitted, acreage, size, height, setbacks,

square footage, Health Dept regulations, oc

cupancy, no renting-no business use, parking

and recording the permit and its conditions.

Related reference language will be added to

Section 201.405 for garage/dwelling purposes

under the accessory dwelling section stan-

dards. A new definition of accessory dwelling

will be added to Chapter 2, section 201.202

Definitions to describe this type of dwelling.

The definition of agritourism business will be

amended to remove the word proprietor and

change to owner or resident manager. Also in

Chapter 3, the use "Accessory dwelling" will be

added as a special exception use permit option

on parcels with a primary home on at least 2

acres in the districts of R-A, R-1, R-2, R-3, L-R

The complete ordinance amendments can be

reviewed at the Vergennes Township Hall,

10381 Bailey Drive, PO Box 208, Lowell, M

49331 - Phone: (616) 897-5671 [fax 897-5674

or on the website at www.vergennestwp.org

Written and oral comments will be received

C-O and F-R.

dinance as summarized below:

Ed Bairos, a farmer and cash payments and health mechanic, went back to the care he needed to survive

work he loved with the help and worried that employers of the Ticket program. He might not want to hire him. Mr. Bairos learned about curity disability benefits the Ticket to Work program when he received a notice in the mail from Social Securiknee injury that would re- ty. The notice was a "ticket" quire 20 surgeries. He was that could be used with an concerned about losing the employment network of his choosing. Employment networks are organizations that offer specialized services **VERGENNES** such as career counseling,

benefits because of work incentives, which are special considerations that make it easier for beneficiaries to explore whether going back

to work is right for them. Mr. Bairos earns more money than he would have by relying solely on disabilbenefits. By using his Ticket, his medical reviews were put on hold and he is eligible to receive Medicare coverage for up to eight and a half years after discontinujob search assistance, vocational rehabilitation and ing his disability payments. training. He decided to use his ticket with an employment network and returned

If you receive Social Security or SSI benefits due to disability, are between 18 and 64 years old and want

ceive health care and cash to work, getting started is Michigan. You can write easy, visit www.socialsecu- her c/o Social Security Adrity.gov/work or call (866) 968- 7842 (TDD (866) 833- St NE, Grand Rapids MI

Vonda VanTil is the pub-da.vantil@ssa.gov lic affairs specialist for West

49525 or via email at von-



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LEGAL **NOTICES**

NOTICE TO **CREDITORS HENRY VANDEN** HAZEL TRUST

to work. He continued to re-

TO ALL CREDITORS:

The Settlor, Earl Vanden Hazel, who lived at 1655 6th St., N.W., Grand Rapid, MI 49504, died on 6/17/11. There is no BATES. Administration been issued.

Creditors of the Earl Vanden Hazel the following: Trust dated 12/19/2001 Craig A. Bruggink, attorney for Trustee, 429 Turner Ave., N.W., Grand Rapids, MI 49504.

Notice is further given that the Trust will thereafter be assigned and distributed to the

August 4, 2011

John P Sterk, Trustee of the Henry Vanden Hazel Trust, uad 12/19/2001 as amended. 2700 Westbrook, N.W. Grand Rapids, MI 49504 616-826-9952

Prepared by: Craig A. Bruggink P.L.C. (P29358) **Attorney for Trustee** 429 Turner N.W. Grand Rapids, MI 49504 616-456-4038 STATE OF MICHIGAN PROBATE COURT **COUNTY OF KENT**

PUBLICATION OF NOTICE OF HEARING

FILE NO. 11-190689-CA. 11-190690-GA

In the matter of ROBERT

personal representative TO ALL INTERESTED of the settlor's estate PERSONSincluding:the to whom Letters of missing and unknown have heirs of Robert Bates whose address(es) are the unknown and whose decedent are notified interestinthemattermay that all claims against be barred or affected by

asamendedon11/4/2002 TAKE NOTICE: A and 5/14/2005, will be hearing will be held forever banned unless on September 9, 2011 presented to John P. at 9:00 a.m. at 180 Sterk, Trustee, at 2700 Ottawa Avenue NW, Westbrook, N.W., Grand Grand Rapids, MI 49503 Rapids, MI 49504, or before Judge David M. Murkowski (P35026) for the following purpose: petition of on Pierce for within four months after the appointment of a guardian and conservator for Robert

John D. Flynn (P27413)

1275 Hawthorne Hills SE

persons entitled to it.

the date of publication.

Emily Pierce 121 Franklin SE Grand Rapids, MI 49507 616-248-1335

Ada, MI 49301

616-897-6632

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08/01/2011

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Right across the street from

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wednesday • august • 10 • 2011

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Fri. 8 a.m. - 2 p.m.

closed Sat. & Sun.

MATTRESS SETS - All new. Twin, \$125; full, \$149; queen, \$159; king, \$199 up. Waterbeds \$65 up Pillowtops, \$175 up. Bunk beds, \$199, 616-682-4767 or 293-5188. Can deliver.

LAWN MOWER - gas; electric weed wacker; tent sleeps 3; Coleman lanterns; oak table; Kitchen-Aid mixer: Champion Juicer. 616-642-6773.

MASONRY SAW - Wet/dry cut, adjustable stand, portable, 14 in. diamond blade, brand new - never used \$500 obo. 682-9169.

FREE HEAT & HOT WA-TER - Eliminate monthly heating bills with Classic Outdoor Wood Furnace from Central Boiler. Cal SOS your "Stocking Dealer" Dutton, MI616-554-8669 or 616-915-5061.

SWEET CORN BY THE BUSHEL - for freezing \$16/bu. or \$8/half. Please call 897-8949 to order.

SEMI LOADS 10 CORDS OF 8 FT WOOD - semi loads of 8 ft. logs, 10 in. average diameter, super clean, processed & carried out of the woods, delivered to your property. See pictures at www. coxx.com or call Al at 231-846-0346 anytime. Please clip this ad & give it to a fellow wood burner.

STOP*STOP*-Don't send your student to school to sleep on someone else's "used" "yuk" mattress. Brand new twins, \$100; fulls, \$125. Call 616-682-4767 or 293-5188.

1970 CHEVROLET CHEV-ELLE - Big Block SS, red with white stripes. Price \$5700. Use e-mail for pictures keef99ga@msn.com, call 810-771-3962.

ADJUSTABLE BED - with Memory Foam mattress. Never used. Cost \$2,100. Will sell \$1,299. Can deliver. 616-682-4767 or 293-5188.

AIR BED - King Medalion I-10. Top of line with memory foam. Dual chambers. Digital number pump. Used 1 year. Sell \$1,500. 616-293-6160.

HOTSPRINGS HOT TUB 4-6 person, 9 years old. Please call 616-340-

lost

LOST DOG - Blond long hair, small dog. Pickney Road & Sayles area. Call 914-7493.

help wanted

WATERFRONT-Cottages. YARD HELP - Teens/col-Martiny Chain of 10 Lakes lege students wanting to accessible, Barryton, MI. earn extra cash at \$10/hr. Furnished, very nice, AC, cable, canoe, paddle &

card of rental available. Call Ron, thanks **FURNISHEDAPARTMENT** Studio w/mini kitchen & THANK YOU bath, \$80 per week or \$320

TO EVERYONE who had any part in the Ivar

K Blough Scholarship Golf Scramble. To all those who played, who helped before, during & after the scramble, who gave merchandise for the silent auction, who donated money or contributed in any way, thank you, thank you, thank you.

The Ivan Blough family

sales

MULTI-FAMILY GARAGE

SALE - Thur. - Fri.. Aug 11-12, 9-? Parnell betweer Bailey & McPherson. Name brand clothes boy/girl infant to tween, womens to xl, mens to xxl. household, home decor, double oven, oak night stand, toys, Bratz house & van, books, baby bed, car seat, TVs, bedding, seasonal decor, 1/2" Milwalkee right angle drill,

sales

SALE -180 S. Center St., Lowell, Thurs., 8/11, from 12 to 5 p.m.; Fri., 8/12, from 10a.m. to 4p.m.; Sat., 8/13, from 10 a.m. to ? Whirlpool electric washer & dryer, wood entertainment center, TV, couch, coffee table weight bench, clothes, lots

> GARAGE SALE - Aug. 11 & 12, 285 Lincoln Lake Ave NE (N. of Bailey). Little Tikes tool bench, seesaw Little People, toys, etc. airls size 5, boys size 7-8 womens size 6. See ad on

of odds & ends, too much to

mention. No early sales!

MULTI-FAMILY SALE Thurs. - Sat., Aug. 11 - 13, 9-6 p.m. 1950 Parnell NE at 2 Mile. Furniture, wood working tools & equipment wood & plywood, housewares & more.

services

YOGA CLASSES - Great for every age & ability Tues. & Thurs, evenings 6:30 - 7:30 p.m., mornings 8 - 9 a.m. Walk-in \$6 at 901 W. Main, Lowell 616-893-5661, www.hammocklearning.com

services

classifieds

BRICK - BLOCK - STONE Chimney repair & concrete work. Call 897-0698 ask for Darryl.

> **COMPUTERREHAB-**\$65 all repairs - Virus & Spyware removal. No diagnostic fees! Mon. - Sat., 505-B West Main, Lowell. 987-1155, www.computerRehab.ws

WATSON'S HANDYMAN SERVICE - Decks, Doors, Drywall Repair, Misc. Repairs. Small jobs welcome. As always 10% senior citizen discount. Call Steve

NEBSITE DESIGN - Professional website development, search engine optimization (SEO), internet marketing, ecommerce online stores. DC Design www.dcdesigninc.net (616) 890-0614.

HANDY REPAIR SERVICE All kinds of service work: locks rekeyed, deadbolts installed, screen & window repair. Call Bob Ford, 299-3198.TEN

services

NEED A DUMP-STER? - 14 to 20 vards available. Garage, attic, household cleanup, roofing, trash, junk, etc. Dependable service & affordable prices. Mention this ad & receive 10% off. Call for free estimates. Contact Doug 616-295-6640.TFN

misc.

HUNTERS SAFETY COURSE - Qua-Ke-Zik Sportsman's Club will offer a free Hunters Safety Course beginning Aug. 22 continuing on Aug. 24 & 25 The class will run from 6 p.m. -9 p.m. There is no age requirement & you must attend all three sessions to earn a certificate. The class size is limited to 50 & will be first come, first served. No pre-registration. The class will be held at 8731 West Riverside Dr., Saranac. If you need additional information, our website is www. Qua-Ke-Zik.org

(<u>ommunity</u> Calendar

Events are for non-profit organizations. If you are charging admission for an event - it is considered an advertisement. Coming events are ran on a space available basis & ARE NOT GUARANTEED TO RUN. f you would like to make sure your event is placed in the paper. please call our office & place it run ANY Garage or Rummage Sales as a coming event. All Coming Events or changes to coming events should be submitted by fax: 897-4809, email:

third Tuesday at noon at Lowell

DIABETIC SUPPORT GROUP

2nd Tuesday at Schneider

Manor Community Rm., 9:30

397-9160.

10:30 a.m. 897-2760 or

OWELL AMATEUR RADIO

CLUB - meets the 2nd Saturday

at Flat River Outreach Ministries

11535 E. Fulton, 9 a.m. social

athering; 10 a.m. meeting

LARC sponsors 145.27 MHz

THE EAST KENT COUNTY

neets the second Saturday of

the month at the Lowell Area

Chamber of Commerce (113

Riverwalk Plaza) from 8:30 to 10

a.m. to discuss current events on

the local, state & national levels.

Bring your concerns & issues to

our meeting for open discussion!

Share information about what

you can do to become involved!

For more information, please

call Dave Emmette, 644-0759 or

Vancy Steckler, 897-6380.

REPUBLICANS (EKCR)

area radio repeater system.

John at 299-0486 or 897classifieds@lowellbuyersquide. com, by mail: PO Box 128, Lowell. MI 49331 or in person: 105 help wanted N. Broadway, Lowell.

LOWELL LIONS CLUB - meets NOW HIRING - and train-

ing for career positions with West Michigan's leading real estate company. Call Rick Seese, Greenridge Realty, Inc. for a confidential interview. 616-437-2576 or 616-974-4250.TFN

YOUTH MINISTRY CO-**ORDINATOR** - Vergennes United Methodist Church is seeking a part-time Youth Ministry Coordinator (15 hours/week). For more information please go to www.vergennesumc.org.

HELPWANTED-Parttime, working with dogs. Call Pamela, 616-318-8455.

LOCALMANUFACTURER SEEKS - Part-time employee for shipping, receiving & clerical duties. Hours from 9 a.m. to 3 p.m. daily. Send resume or work history with telephone number & contact information to hr@optecinc.com

ISTRIES THRIFT STORE - is open Wed. 10 - 8 p.m.; Thurs. & Fri., 10-6; Sat., 10 a.m. - 4 p.m. at 11535 Fulton St. E. Thrift Shop, 897-8260; Food Pantry, 897-8260; Emergency Services, 897-8260.

ALPHA WOMEN'S CENTER 2251 W. Main. Hours: Mon. 11-5 p.m.; Tues. 6-9 p.m.; Thurs. 10-6 p.m. 987-9533. Diapers, formula, clothing & free pregnancy testing

FREE SENIOR PICNIC - Every third Friday, 11:30 a.m. - 12:30 p.m., at Laurels of Kent, 350 N Center St., RSVP 897-8473. AVERILL HISTORICAL MU-

SEUM OF ADA - 7144 Headley, is open every Friday & Saturday 4 p.m. or by appointment. Closed Jan. & Feb. 676-9346.

LOWELL AREA HISTORICAL MUSEUM - open Tuesday, Saturday & Sunday: 1-4 p.m.; Thursday: 1-8 p.m. Families: \$10; individual \$3; ages 5-17 \$1.50; members

ST. MARY'S PREGNANCY Mondays: 5:30-7:30 p.m. and Thursdays: 11 a.m. - 3 p.m. Nondenominational. Help for pregnant Provides support, referrals, food, clothing/infantitems. Lowell area. 897-9393.

LOWELL SERENITY CLUB MEETINGS - (AA) Mon., Wed., Thurs.: 12-1 & 8-9 p.m.; Tues. & Fri.: 12-1, 4:30-5:30 p.m. & 8-9 p.m.; Sat. & Sun.: 10-11 a.m. & 8-9 p.m. 101 W. Main. 897-8565.

ALTO HARVEST FESTIVAL & CAR SHOW - Sat., Sept. 24th. Please note the date is one week ater than usual.

NOOK 101 - Aug. 10, 5:30 p.m., Clarksville Public Library, 130 S. Main, Clarksville, 616-693-

SHOTGUN & ARCHERY SHOOT-ING LEAGUES - at Caledonia Sportsman's Club (Alto/Freeport). Contact Al Potas 698-2051 or email shooting@csc.us.com

BINGO - Every Sunday, 2 p.m. The Moose Rec Hall, 1320 E. Main St. Sponsored by W.O.T.M. Chapter #1388. Open to the public. **EVERY THURSDAY** - Night

service at First Congregational United Church of Christ, 865 Lincoln Lake SE at 6:30 p.m. Public

ALTO LIBRARY HOURS: Tues. & Wed., 12 - 8 p.m.; Mon. & Sat., 9:30-1:30 p.m.; Thurs., 1-5 p.m. Info., call 647-3820.

NEW CLASSES FOR EVERY-ONE - children - adults at Christian Life Center, 3050 Alden Nash SE, Lowell. Every Wednesday 7-8 p.m. Bible-centered classes for children through 5th grade, youth group for 6th grade thru high school & adult prayer & Bible study. Everyone is invited to attend.

MOMS IN TOUCH INTERNA-TIONAL - Thursdays 9 a.m. - 10 a.m. at Friendship Country Chapel, 10200 Grand River Ave. Moms & grandmas come pray for our kids & schools. Contact Missy at 308-7920 or jakooistra@comcast. net with any questions.

ORIGAMI - Each Tuesday, 2-3 p.m. Learn the ancient art of paper folding. Gilda's Club - Lowell Clubhouse, 314 S. Hudson,

CANCER-KIDS & TWEEN TALK GROUP - First & third Tuesdays, 5:30 - 7 p.m. A committed group for children in first - eighth grade on a cancer journey. Incorporates curriculum-based activities, discussion & fun. Gilda's Club - Lowell Clubhouse, 314 S. Hud-

GRIEF - ADULT GROUP - Each Tuesday, 6 - 7:15 p.m. A commit-

family member or friend. Gilda's Club - Lowell Clubhouse, 314 S. Hudson, Lowell.

GRIEF-KIDS GROUP-Second & fourth Tuesdays, 5:30 - 7 p.m. A committed group for children in first - fourth grade on a grief journey. Incorporates curriculumased activities, dicussion & fun. Gilda's Club - Lowell Clubhouse, 314 S. Hudson, Lowell.

GRIEF-NEW MEMBER MEET-ING - Call the clubhouse to schedule your introductory meeting for grief support groups Gilda's Club - Lowell Clubhouse, 314 S. Hudson, Lowell, 897

ANGEL FOOD MINISTRIES - Sat., Aug. 20, 10 a.m. - noon Sign up at the Nazarene Church, 201 N. Washington St. You may also order online using your debit or credit card. Go to www.angelfoodministries.com Any questions, call Esther, 897-7395.

FLATRIVER WOOD CARVERS meets every Wed. 2-4 p.m. a the Lowell Area Arts Council. New carvers welcome.

COFFEE WITH THE COUNCIL Come meet & have a cup of coffee with your city councilnembers. First Saturday o each month at the Lowell Area Chamber of Commerce office. 113 Riverwalk Plaza, Lowell. 8

FREE SENIOR COFFEE - Every fourth Friday, 8 - 9 a.m., sponsored by Laurels of Kent, Lowell AcDonalds, 1300 W. Main St.

FREE ADDICTIONS PRO-GRAM - every Friday, 7 p.m. a Bible Believers Church, 404 N Hudson St., Lowell, For more information call 616-485-2385

from any interested party until the conclusion of the public hearing. Written comments may be addressed to the Planning Commission Chairman or the Planning Coordinator at the Township Offices. Comments may be emailed to the Planning Commission at: zoning@ver gennestwp.org

Vergennes Township Planning Commission

CROSSWORD

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Nearly \$4 million in water quality grants available

The DEQ today announced nearly \$4 million in available grants to protect, restore and manage watersheds.

The grant program is open to state agencies, local governments, and nonprofit organizations. Proposals

are requested for watershed management planning projects as well as projects that implement previously approved watershed management plans.

Funding for the program includes approximately \$1 million from the

Nonpoint Source Pollution Control Grants and approximately \$2.9 million from Section 319 of the federal Clean Water Act.

Grant awards are contingent on the sale of Clean

Clean Michigan Initiative's Michigan Initiative general tions from invited appliobligation bonds to support cants are due Oct. 19. Full these projects and the appro- text of the Request for Pro-U.S. Congress.

priation of funding by the posals, including eligibil-Michigan Legislature and ity criteria and priorities as well as forms and instruc-Notices of Intent are tions, are on the DEQ's due Sept. 7. Full applica- Website at http://www.

michigan.gov/deq/0,1607,7-135-3313 3682 3714---,00. html. This information also is available by contacting Denise Page, DEQ Water Resources Division, at 517-335-6969, or paged@michi-

Questions & Answers

Dear EarthTalk: I heard of a practice called cyanide fishing, which is used mostly to collect aquarium specimens, but I understand it is also used to catch fish we ear Isn't this very unhealthy? -- Phil Seymour, Albany, NY

About Our Environment

Cyanide fishing, whereby divers crush cyanide tablets into plastic squirt bottles of sea water and puff the solution to stun and capture live coral reef fish, is widely practiced throughout Southeast Asia despite being illegal in most countries of the region. The practice began in the 1960s in the Philippines as a way to capture live reef fish for sale primarily to European and North American aquarium owners - a market now worth some \$200 million a year. But today the technique is also used to supply specialty restaurants in Hong Kong and other large Asian cities. There high roller customers can choose which live fish they want prepared on the spot for their dinner at a cost of up-to \$300 per plate in what the non-profit World Resources Institute (WRI) calls "an essential status symbol for major celebrations

and business occasions." WRI adds the East Asian economy has boomed in recent decades, live reef food fish has become a trade worth \$1 billion annually.

Of course, the cyanide itself is no good for the fish that ingest it. Internet chat boards are rife with comments about cyanide-caught aquarium fish developing cancer year of being purchased. And many aquarium owners are willing to pay a

premium for "net-caught" ornamental fish as they have a longer life expectancy.

But perhaps the greater damage inflicted by cyanide fishing is to the coral reefs where it is employed, as cyanide kills the reefs and also many of the life forms that rely on them. Researchers estimate that more than a million kilograms of cyanide have been squirted onto Philippine reefs alone over the last half century. These days the practice is much more widespread, with some of the world's most productive reefs being decimated.

"Despite the fact that cyanide fishing is nominally illegal in virtually all Indo-Pacific countries, the high premium paid for live reef fish, weak enforcement capacities, and frequent corruption have spread the use of the poison across the entire region - home o the vast majority of the planet's coral reefs," reports WRI. "As stocks in one country are depleted, the trade moves on to new frontiers, and cyanide fishing is now confirmed or suspected in countries stretching from the central Pacific to the shores of East Af-

rica. Sadly, the most pristine reefs, far from the usual threats of sedimentation, coral mining and coastal development, are the primary target for cyanide fishing operations."

While there is not much evidence of cyanide-caught fish poisoning the people who eat it - the dose retained by a fish after being puffed is relatively small - the risk nevertheless remains, especially for those who ingest a lot of it. Nausea and gastritis are the typical symptoms of cyanide poisoning, and of course larger doses can cause death. WRI estimates that some 20 percent of the live fish for sale at markets across Southeast Asia are caught using cyanide. Children, the elderly and pregnant women should be especially careful to avoid cyanide-caught fish.

CONTACT: World Resources Institute, www.wri.org.

Dear EarthTalk: I don't hear much about the environmental impacts of our consumer culture any more, but it seems to me that our "buy, buy, buy" mentality is a major contributor to our overuse of energy and resources. Are any organizations addressing this issue today? - M. Oakes, Miami, FL

There is no doubt true that our overly consumerist culture is contributing to our addiction to oil and other natural resources and the pollution of the planet and its atmo-

Unfortunately the tendency to acquire and even horde valuable goods may be coded into our DNA. Researchers contend that humans are subconsciously driven by an impulse for survival, domination and expansion which finds expression in the idea that economic growth will solve all individual and worldly ills. Advertising plays on those impulses, turning material items into objects of great desire imparting intelligence, status and success.

William Rees of the University of British Columbia re-

man society is in a "global overshoot,' consuming resources. and compensate for their lack of local material depleting the

ports that hu-



Of course, every one of us can do our part by limiting our purchases to only what we need and to make responsible choices when we do buy something. But those who night need a little inspiration to get started should look to the Adbusters Media Foundation, a self-described "global network of artists, activists, writers, pranksters, students, educators and entrepreneurs who want to advance the new social activist movement of the information age."

Among the foundation's most successful campaigns is Buy Nothing Day, an international day of protest typically "celebrated" the Friday after Thanksgiving in North America (so-called Black Friday, one of the year's busiest shopping days) and the following Saturday in some 60 other countries. The idea is that for one day a year we commit to not purchase anything, and to help spread the anti-consumerist message to anyone who will listen, with the hope of or, and certificate; Andrew inspiring people to consume less and generate less waste Donaldson, Bachelor of Scithe other 364 days of the year. The first Buy Nothing Day ence in Business; Robert of Lowell.

took place in Vancouver, British Columbia in 1992 with a few dozen participants, but today hundreds of thousands of people all over the world take part.

In recent years some anti-consumerists have added Buy Nothing Christmas to their agendas as well. Some ideas for how to leverage Buy Nothing Christmas sentiment without looking too much like Scrooge include giving friends and family "gift exemption" cards and asking shoppers in line at a big box store, "What would Jesus buy?"



Beyond Buy Nothing Day and Buy Nothing Christmas, the Adbusters Media Foundation stokes the fire of anti-consumerism throughout the year via its bi-monthly publication, Adbusters, an ad-free magazine with an international circulation topping 120,000. Do yourself a favor and subscribe and cancel all those catalogs stuffing up your mailbox

CONTACTS: Adbusters, www.adbusters.org; Buy Nothing Day, www.

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college news

stocks of oth-Ferris State University, Kendall College of Art and cember 2010:

Alison Bedi, Bachelor of Fine Arts; Theresa Buist, Associate of Science, cum laude; Emily Canda, Associate of Art, cum laude: Nicole Dekraker, Master of Business Administration with a Distinction hon-

Enell, Bachelor of Science

in Business and certificate; Spencer Flory, Bachelor of Design, and the College of Science, cum laude; Thom-Professional and Technolog- as Hall, certificate; Blair ical Studies has announced Jeffers, Bachelor of Fine the following graduates for Arts; and Dennis Vanderthe semester ending in De- meer, Bachelor of Applied Science; all of Ada.

Casey Bond, Master of Business Administration. highest Distinction honor, and certificate; and Kyle Cromer, Bachelor of Science; both of Alto.

Abbot Kastanek, Bachelor of Science, magna cum laude; and John Rasch. Bachelor of Science; both

THEME: THE SIXTIES

wednesday • august • 10 • 2011

ACROSS

1. WWII villain 6. *Betty Friedan's org. 9. " 'til you drop"

13. *Twiggy, e.g.

14. "Without further

15. Round loaf, in Paris

16. Prefix for earliest 17. Diamond or ruby

18. Sicker 19. Moves, as in a prowler 21. *"I Know Why the

Caged Bird Sings" autobiographer

23. Maiden name indicator 24. Annoying biter

25. IRS employee 28. Level or dismantle

30. Make it known

35. ____ hoop 37. Unit of life

39. Pulpits 40. It will

41. "Roots" author

43. Bath powder 44. Found at the gallows

46. *"One Life to (1968-present) 47. Iranian monarch

48. Whoever 50. Standard

52. Food morsel 53. Like a bug in a rug

55. Cranberry habitat invasion

61. *"In Cold Blood" author 64. Artist's tripod

65. Color quality 67. *The Beatles went on

them in '64, '65, '66 69. Trinity 70. Large coffee pot

27. Bronze, e.g.

29. Eagerness

32. Gem State

36. In addition

38. Russian left

45. Store in a silo

54. Yeah or aye

57. Long for Liz

58. Steak preference

56. Mother

60. Decades

61. Abe's coin

62. Goes "tut-tut"

33. With filaments

34. Fancy water ride

42. Grass in Mexico

49. Half the width of an em,

59. Egyptian goddess of fer-

63. Psychoanalyst Erikson

it isn't so"

66. University of Rhode Is-

Puzzle solution,

page 11

51. *The Beatles' haircut

31. Marines' toys recipients

71. Ancient Romans' resort 72. #1 Across' deputy

73. ___ or miss 74. Bothersome

DOWN

1. *Pete Townsend knocked it over on Smothers Brothers show

2. Village, mostly in South Africa

3. Often described as either pleasant or offensive

4. Grant or imply Power

6. Scolds 7. *Gentry's " to Bill

Joe" (1967) 8. *"Oh, Pretty Orbison (1964)

9. Under a foot

10. Seed covering 11. Butter substitute

12. Heart of Inca empire 15. "Water for Elephants

20. TV host Robin 22. Form of Anna

24. Treating with gel 25. *Cultural Revolution lo-

26. Fool or hoax

Got an Announcement to make?

Wedding, Engagement and Anniversary Announcements* are Free in the Ledger. Birth Announcements without a photo are free; with a photo are \$5. * Anniversary announcements cannot contain an



AUGUST 3 - AUGUST 9

Albuquerque, NM, town mayor and congressional candidate Martin Regerdiz states he was drunk when he signed nine contracts with a California company that is now suing the city for \$1 million. "The day I signed I was drunk; it was after 5 pm and [I] had no idea what I was signing."

 A Lost Generation - U.S. official: 29,000 Somali children und er five are dead in famine. The U.N. says 640,000 Somali children are acutely malnourished and death toll will rise.

U.S. stocks plunge at the opening bell, Monday, as Wall Street got its first opportunity to react to Standards and Poor's (S&P) downgrade of U.S. debt.

Mortgage finance agencies, Freddie Mac and Frannie Mae, ARE downgraded by S&P.

International military forces work, Monday, to recover every last piece of a Chinook helicopter that crashed over the weekend, killing 30 American troops, U.S. officials state, 22 seals and three Air Force. All but two of the seals were from Seal Team 6, the unit that killed Osama Bin Laden last May.



When submitting your opinion to Sound Off!, we ask you to follow a few guidelines.

Sound Off! is meant to be a way for you to compliment or vent your feelings with civility. A healthy way to get something off your chest or spread a little kindness.

We welcome your comments, with or without signatures, but signing your name to your comment does increase the odds of seeing it in print.

Threatening or deliberately cruel comments will not be accepted and, of course, no advertising a product or service please.

So basically, submit anything -

but not everything will make it to print.

The Ledger reserves the right to choose what is printed, and reminds the public that views expressed in Sound Off!, unless otherwise stated, are not the opinions of The Ledger staff or its publishers.

Did you hear? My husband, Brandon Mulnix, ran Burning River 100 this past weekend. The run goes from Cleveland to Akron, Ohio. It took him 26 hours and 46 minutes to complete. That's running and walking for 100 miles straight on trails with hills and mud and river crossings. He deserves to hear "Great Job" and "Wow, that's amazing" from all of us. How many people do you know that have run a 100mile race?

Tuesday afternoon I was coming home from visiting a friend (42 yrs. old) who is going to have a mastectomy. I passed the Gilda Radner cancer/senior center and saw so many people in pink. Did you take the time to stop, make a donation? You could be saving a friend or relative's life.

To the Eickhoff and Meyer families, you are the best. It was so thoughtful of you to share your pavilion spot at Fallasburg Park with the Wood family reunion on August 6. I'm sure we would have had to cancel our reunion because of all the rain. You are truly good-hearted people.

- Troy & Angie (Wood) Sloan & families

Yes, we've lost John Timpson, but how fortunate we are to have had him all of these years. He was a leader, a visionary, and most of all, a friend. God Bless you, John, and your family.

- A Vergennes Township Resident

ONLINE POLL RESULTS

Do you approve of the performance of your Congressional representatives?

YES 18% NO ····· 82%

Royal Court serves as role model yearround

by Emma Palova

Handing out colorful ribbons to kids showing goats on Monday, Sarah Crosby wears a big smile along with the Royal Court Queen's tiara and the crown.

The court was crowned on Sunday night during the opening ceremonies. Crosby, who emceed the ceremony, received the highest score making her the fair queen. Members of the court, Caitlin Clover and Jessica Miller, received the next two highest number of points.

During the fair, decorating winners and being a role model for others are Crosby's major responsibilities, but the biggest role for the entire royal court is to represent the Kent County Youth Fair year-round, and not just in Kent County.

"I talk to the kids and to the public," Crosby said. "We participate in different community service projects throughout the year."

Crosby, 16, is a junior at Lowell High School and she has been involved with the fair all her life. She has shown poultry for 12 years, sheep for 10 years and still exhibits for six to seven years.

Her mother Mary Crosby, now known as the "Queen Mother," also grew up on the fair showing sheep.

"It's a family thing," she said. "We enjoy it."

Mary is the woman behind the Children's Barnyard. She coordinates ribbons and trophies and most recently she added the post of poultry superintendent to her long list.

Mary considers involvement in the fair a teaching tool rather than just a competition for ribbons.

"The kids will learn a lot of things, to be better citizens, to deal with challenges and to get along with people," Mary said. "The person that I am, I want to teach that to my children."

So, the fair can definitely be considered as a molding tool of character for all.

"The kids learn how to solve problems and to communicate," Mary said. "They learn sportsmanship."

And the challenges at the fair are many; the biggest is dealing with livestock that has a head of its own. Not always will the animals do what the showing kids want them to do to satisfy the judges.

The slightest sign of disobedience can sometimes cost them a ribbon and bring forth disappointment.

"It's the lessons they've learned that will give them the necessary tools," Mary said. "I've learned similar lessons."

royal court have learned their own lessons through the application and selection process. They had to give an introduction speech about themselves in front of three judges, followed by

The members of the a personal interview and a closing speech. They were judged by a series of criteria including their knowledge of the fair motto, the 4-H motto and their ideas on how to promote the fair throughout the year.

The fair court participates in 15 parades annually and the members do numerous public service projects like visiting nursing homes.



The 2011 Kent County Youth Fair Royal Court are "Fair Tough." Pictured, left to right: Junior Queen Brittany Perry; Caitlin Clover, Kyleigh Newman, Jessica Miller, Emily Kropf, 2010 Queen Emma Roderick, Camden Utley, Tess Reagan and 2011 Queen Sarah Crosby.

SPECTRUM HEALT The Medical Group

Spectrum Health Medical Group Welcomes Drs. Evenhouse and Mogor

Join us in welcoming Lowell internal medicine and pediatrics physicians, Mark Evenhouse, MD and John Mogor, MD to the Spectrum Health Medical Group.

Drs. Evenhouse and Mogor will continue to serve their community at 1150 N. Hudson where they have provided care for the past 20 plus years, and will continue to treat common and complex illnesses in infants, children, adolescents and adults of all ages.

By joining Spectrum Health Medical Group, Drs. Evenhouse and Mogor will have the opportunity to add a new provider to their practice and accept new patients.

Whether in the office, hospital, through a referral from an urgent care center or emergency department, in longterm care facilities or in cooperation with another

For further information or to schedule an appointment, please call 616.897.8436.

specialist, Spectrum Health Medical Group physicians oversee all facets of care. We practice a philosophy of comprehensive patient care.

While the majority of medical needs can be met by our practices, Spectrum Health Medical Group has the advantage of being able to provide exceptional service and a level of personalized care across many specialties. Our compassionate providers nurture relationships with families and develop true partnerships in promoting healthy lifestyles.



Mark Evenhouse, MD



John Mogor, MD

Spectrum Health Medical Group

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