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the lowell ledger

wednesday • january • 26 • 2011

vol. 40 issue 16

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Planning commission approves Farmers' Market relocation for 2011

by Emma Palova
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lot and it will also have proper signage.

The planning commission granted a special use permit to the market which is considered an open air business.

"There is a general need to relocate the market," said city manager Dave Pasquale. "We're looking at a more visible site with more parking."

The market had to comply with 10 conditions in order to be granted the special use permit. The market will be shortened this year, it will open in June and run through the end of September. The sign will be placed at the height of 10 feet and two parking spots, close to M21, will be removed for safety reasons.

Betty and Dave Deans are the new market masters, taking over after

Planning commission, continued, page 3



Local beekeeper finds the insects fascinating

by Emma Palova
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And even in the midst of deep January frost, the beehives at apiarist Don Snoeyink's Alto home are alive. The only safe way to tell is by tiptoeing in the

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In wintertime, the bees form winter clusters and feed on their own honey vertically in the frames.

Snoeyink discovered the fascinating world of bees approximately five years ago. He started from scratch by purchasing four 'nucs' of bees. A 'nuc' or nucleus is a package of five frames of bees plus one queen, which is already laying eggs. That is considered an established hive. A queen comes in her own cage.

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purchasing a package of bees from a southern bee supplier or knocking down

a swarm of bees from a tree into a box with a lid. A queen

Beekeeper, continued, page 2



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Following are the winners from an approximately dozen entries.

Samantha Graves, 9, Murray Lake Elementary student, received first place. She won two American silver eagle coins.

"They will hold their value," said Fegel.

Evan Blazo, 6, of Alto Elementary, got second place and third place went to Roman Riccobono, 6, of Murray Lake Elementary. Both will receive a certificate to B.C. Pizza.

This was the first time for the coloring contest and B.C. Pizza will do it again next Christmas.

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50 CENTS



Historic 2006 trash agreement with Canada stops waste from being dumped in Michigan

Michigan will no longer be a dumping ground for Ontario's city waste, thanks to the agreement negotiated four years ago by U.S. Senators Debbie Stabenow (D-MI) and Carl Levin (D-MI). Ontario's Minister of Environment announced that Ontario has officially met the terms of their agreement, stopping shipments of city waste

to Michigan as of Dec. 31, 2010. This agreement prevents more than 40,000 trash trucks hauling city waste from entering the state, stopping 1.5 million tons of city waste that otherwise would have been dumped in Michigan every year.

"This is a great victory for Michigan in the fight against Canadian trash,"

said Senator Stabenow. "This trash poses serious health, safety, and security threats to Michigan families and our communities. Since Toronto announced that it would begin sending its trash to our state in 2003, Senator Levin and I have made stopping these garbage imports a top priority. There is still more work to be done, but today's

announcement is a major milestone in the fight to stop Canadian trash."

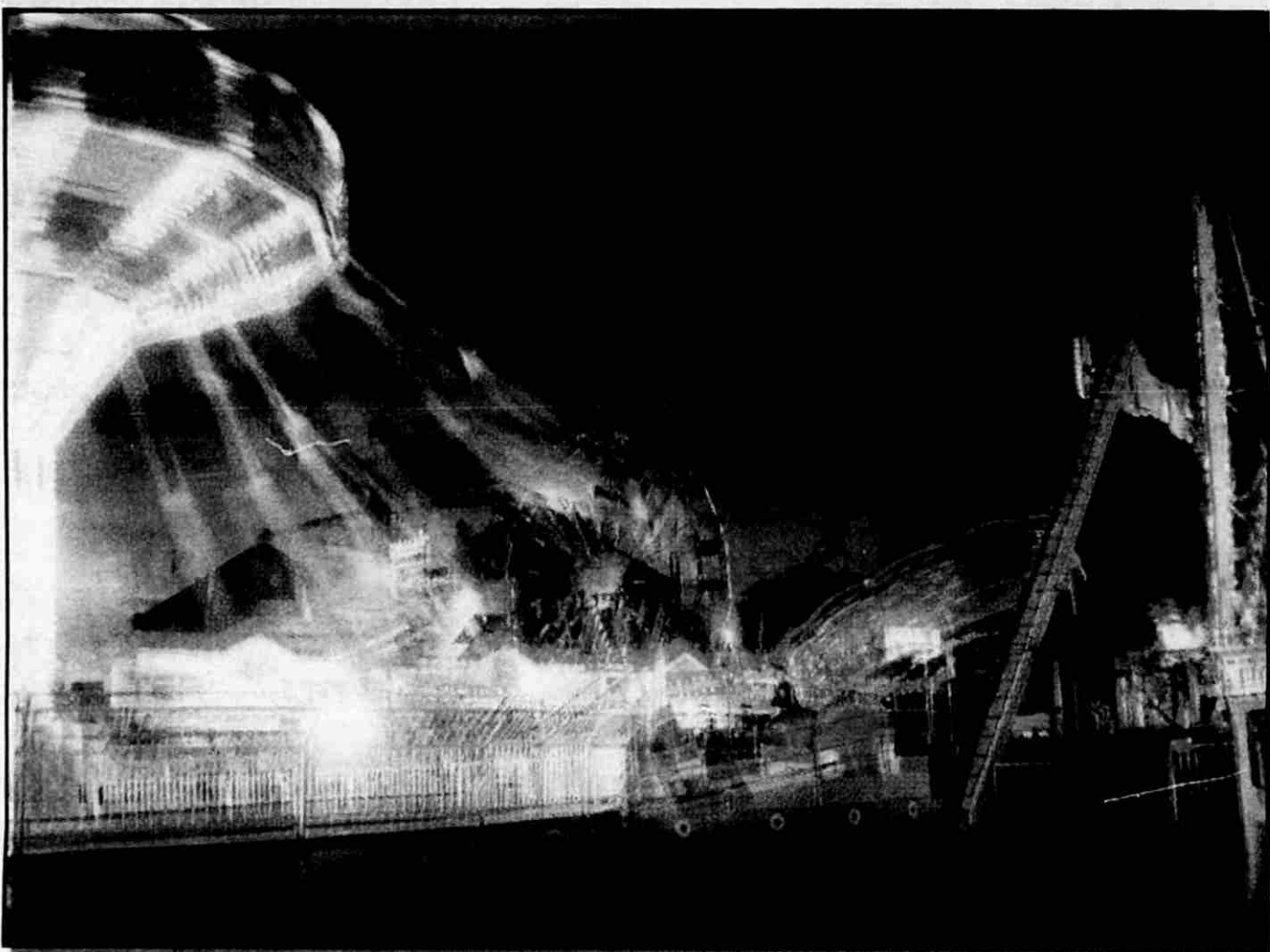
"This is an important achievement in an ongoing effort to limit and eventually eliminate all Canadian trash shipments into our state," Senator Levin said. "However, non-municipally managed trash that can come from private companies, from construction and industry, and from other sources, continues to come into Michigan. That is simply unacceptable. Along with Sen. Stabenow and others, I will work to gain passage

of legislation that would address the non-municipally managed Canadian trash shipments into Michigan. I also encourage state and local officials to consider their own steps to end these shipments."

The Stabenow-Levin agreement, negotiated with Ontario's Minister of the Environment in 2006, called for the phase out and elimination of city waste shipments by the end of 2010. Senators Stabenow and Levin had been working with officials to meet the terms of the agreement. In

addition to confirmation from Ontario's Minister of Environment, the Senators received letters from the four major Toronto-area municipalities confirming that their waste shipments to Michigan have stopped. Instead of shipping city waste to Michigan, these municipalities are utilizing new landfill capacity in Ontario and other waste management alternatives including diversion and waste-to-energy facilities.

Photo contest winners, continued



Submitted by Bruce T. Doll



Submitted by Sarah N. Nielsen



Submitted by Amie Daigneault



Submitted by Neil Kirby



Submitted Jeanne Vandersloot

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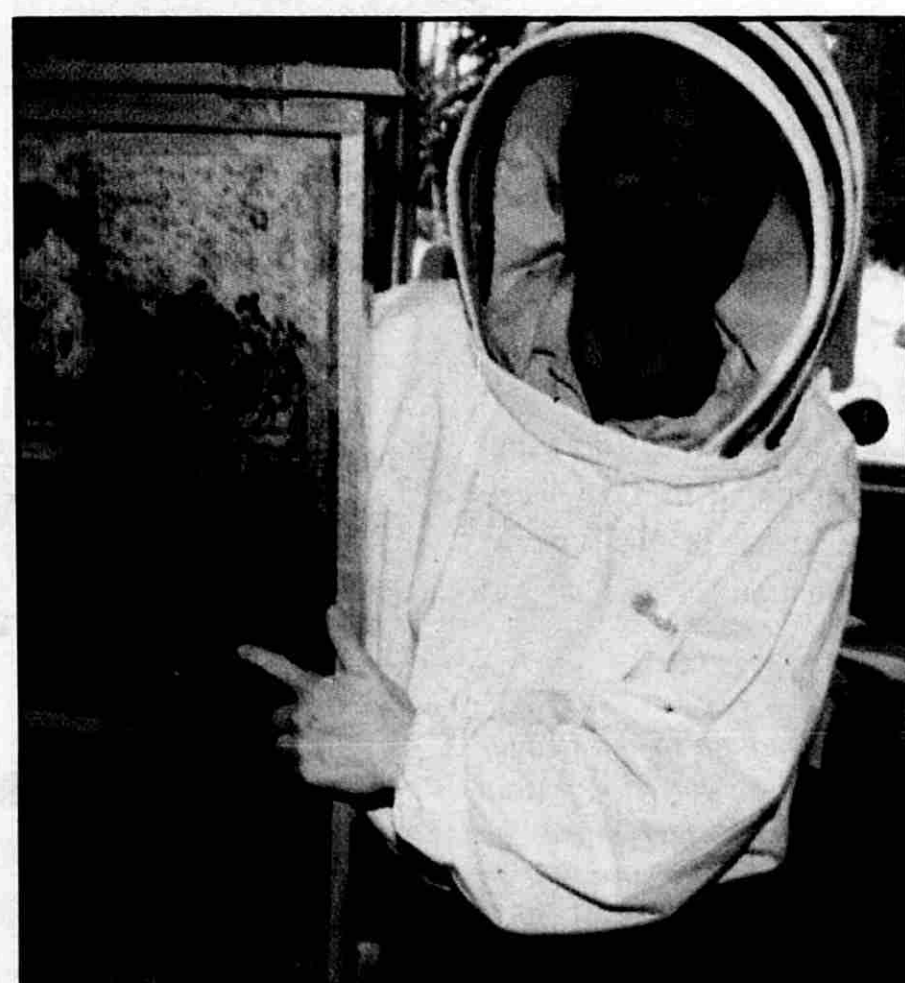
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Beekeeper, continued

always has to be accepted. The colony is fed with sugar syrup from a feeder can.

A swarm can be knocked down from a branch on a sheet and the bees will walk into the hive. Snoeyink prefers the 'nuc' because it is already an established hive with a queen.

"Urban beekeeping is becoming increasingly popular, because people want to know where the food is coming from," he said.

Even building the hives is relatively easy from prefabricated pieces of wood with 10 frames.

But, in the first year, the bees need to keep the majority of the honey to survive.

"The next summer there

may be extra honey for the beekeeper if the bees don't swarm," said Snoeyink.

If they do swarm, half the bees take half the honey with them and the queen. A fertilized egg left behind can become a queen if she is properly fed with royal jelly; worker bees are only fed honey and pollen.

The bees gather nectar from within a two-mile radius of a beehive. They have two stomachs: one is a honey stomach for nectar, the other is their food stomach. They give the nectar to the receiver bee in the hive. By fanning their wings, the bees make the water from the honey evaporate. At that point you can already smell the honey.



Above, even in winter Snoeyink cares for the bees. At left, he demonstrates how a bee transfers nectar from the nectar stomach to the receiver bee. This nectar then becomes honey.



Then the bees cap over the honey with wax.

At the height of the production cycle, around July 1, there are approximately 50,000 to 60,000 bees in the hive. A queen lives to be two-to-three-years-old. Then the hive needs to be requeened.

The first major honey

flow is when dandelions are in full bloom and the last honey is when goldenrod blooms in the fall and asters are left for the bees to consume.

Snoeyink will talk about honey bees at the Wittenbach/Wege Center on

Jan. 30 from 2 p.m. to 3:30 p.m. and about beekeeping on Feb. 12 from 9 a.m. to 3 p.m.

For more information go to: www.thornapplewoods.com

To make a prairie it takes a clover and one bee,
One clover, and a bee, And revery. The revery
alone will do, If bees are few.

- Emily Dickinson



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MID-WINTER USED BOOK SALE
The Friends of Englehardt Library will sponsor a used book sale for adults and children, Fri., Jan. 28, 10 a.m. to 6 p.m. and Sat., Jan. 29, 10 a.m. to 2 p.m. On Mon., Jan. 31, 12-5 p.m., we will hold our Bag of Books sale, purchase a bag for \$4. All proceeds go to library programming.

ST. PATRICK SCHOOL CARNIVAL
Bring the whole family for a Sweet Adventure at the St. Patrick Candy Land Carnival, Sat., Jan. 29, 6-9 p.m. at St. Patrick Parish Center, corner of Parnell and 5 Mile. There will be games, food, candy and much more.

DM SEMINARS
Free to the public, lose weight and stop smoking hypnotherapy on Wed., Feb. 2 at the Main Street Inn. Registration at 7 p.m., seminar 7:30-9:30 p.m. Contact David Miller at 231-288-5941 for additional information.

FOLK ART WORKSHOP
The Lowell Area Historical Society will be hosting a Michigan Folk Art Workshop for youth on Sat., Feb. 19 at the Wittenbach/Wege Center from 9 to 2. Activities will include arts and crafts that were popular in Michigan

before the 1940s. Many of these crafts were originally done for utilitarian purposes. Classes include woodcarving, calligraphy and paper cutouts, Michigan samplers (embroidery and appliqué) and shop art. Class size is limited so register early! Call Linda at the museum, 897-7688, for more information and to register.

DRAWING, THEATRE and FELTING CLASSES
Lowell Area Arts Council is offering drawing, fiber felting and theatre classes beginning the last week of February. Call 897-8545 to register or visit www.lowellartscouncil.org for more information.

Feel free to send your event information to the Ledger for Along Main St. All submission requests for Along Main St. are subject to space limitations. The Ledger makes no assurances that they will appear in print. To ensure that an event notification will appear in the Ledger, it is best to place a paid advertisement. All efforts will be made to place suitable items in the Along Main St. column but they are printed at the discretion of the publisher. For profit events, church services, yard sales and the like, will not appear in this column.

the ledger

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City updates on plowing permits, video coverage of meetings

by Emma Palova

Lowell city officials gave an update on the proposed licensing of snowplowers and video coverage of public meetings last week. A moratorium was placed on the licensing issue until Feb. 15.

"We've come up with a compromise," said police chief James Hinton, "but the snowplow drivers have not come to a compromise."

The plow truck operators had some major concerns about the new permit application. These were, lettering on the trucks and amber light, providing a list of customers, and workmen's compensation.

However, state law already regulates the amber light and lettering. So, these requirements were dropped from the city application, along with the customer list. Workmen's compensation will be needed only when required by state law.

"We're matching the ordinance with the application," said mayor pro tem Sharon Ellison. "We're protecting our residents."

According to Hinton, sometimes the homeowners

throw the snow into the roadway rather than the snowplowers.

In related business: councilmember Jeff Altoft informed the council that the new video recording equipment will cost approximately \$2,500. The money may come out of the Lowell Cable Television Fund (LCTV). If approved, the coverage, taped by students from the Lowell High School video class, will be streaming online. The students would get paid \$20 per meeting.

Brandon Hall has been videotaping the meetings for the last 4.5 years. The meetings are broadcast on public access channel. Hall questioned how many people want the coverage online and if a survey had been conducted.

"What about current employees," he asked. Altoft said current employees will be incorporated.

"We want to get this going," said Altoft. "We're not trying to push somebody out."

The application deadline for grants from LCTV will most likely move



Mayor pro tem Sharon Ellison, mayor Jim Hodges, and councilmembers Maryalene LaPonsie and Jeff Altoft listen to the annual audits.

to the first half of April for timely construction of projects during warm weather.

Also, there will be an artwork contest to showcase how Arbor Day activities have impacted the city.

In other business: the annual city audit showed a \$70,000 increase in the general fund balance totaling \$259,083.

The city has targeted a 15 percent fund balance, however, one mill, or \$100,000, has been

allocated to the local street fund each year over the last two years.

"We've been gaining quite a bit," said city manager Dave Pasquale, "but we don't know what's going to happen with revenue sharing."

The Lowell Light & Power audit showed an improved picture for 2010 compared to previous years.

The next city council meeting is Feb. 7.

When I do good, I feel good; when I do bad, I
feel bad, and that is my religion.

- Abraham Lincoln
(1809 - 1865)

Planning commission, continued

fairgrounds manager Ron Wenger.

In related business, the planning commission approved a conceptual proposal for Spring Training for a baseball field close to the indoor facility.

"The community needs more baseball fields," said co-owner Toby Alderink. "There is a need for indoor and outdoor commercial recreation. It will not be a nuisance, it will bring a lot more people."

The balls, according to

Alderink, will stay within the field's confinement with a chained fence. The field will be located approximately 320 feet from Bowes Road. There is sufficient commercial parking on the property. Wolverine Water and a tooling company are located immediately to the east of the proposed field. There is a 70-foot open grass area before you get to the property line, according to Alderink.

The field will allow

practice, games and tournaments, since last year the teams had to pick up fields in the Ada area. There will be no bleachers, just lawn chairs, and no building permit is needed.

Pasquale suggested contacting the neighbors so people are aware of the proposed field.

"We're trying to make sure everybody is happy," said Alderink. Chairman Jim Hall said the big enterprise will bring people into town.

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LITTLE ROCKERS (PG-13) 5:05, 7:20
TRUE GRIT (PG-13) 4:40, 7:30, 9:50

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financial focus



Christopher C. Godbold

Put your financial "puzzle" pieces together

Unless you keep track of obscure holidays, you may not be aware that January 29 is National Puzzle Day. And while this day may not draw much attention, it does recognize the enjoyment that millions of people get from doing puzzles. Of course, you'll find puzzles in all aspects of your life. Consider, for example, the type of retirement lifestyle you've envisioned: travel, volunteering, pursuing hobbies, and perhaps even opening your own business. To make this picture come to life, you need to put the financial "pieces" together: And one way to help accomplish this is to consolidate your various retirement accounts — such as your IRA, 401(k) and other employer-sponsored retirement plans — with one financial services provider.

When you consolidate these types of accounts, you can gain a number of key benefits, including these:

- *Potential reduction of fees and paperwork*
- *Easier management of distributions*

By working with just one provider, you may be able to save on the fees and paperwork required to maintain your account. Most retirement plans, including a 401(k), 457(b), 403(b) and a traditional IRA, require you to start taking minimum distributions once you turn 70 1/2. (These distributions are not required for Roth IRAs.) While it's not terribly complicated to determine a single distribution, it can be cumbersome and confusing to calculate multiple distributions from multiple providers. Having all your RMDs coming from a single provider can greatly

streamline the process.

- *Easier calculation of taxes*

Most types of retirement accounts are tax-deferred — but on those accounts, taxes will be due on your withdrawals. By consolidating your accounts, your distributions will be easier to track, as mentioned above, which may make it easier for you to calculate the taxes due.

- *Unified investment strategy*

If you place all your financial assets with one financial-services provider, you'll find it much easier to follow a single, unified investment strategy. A local, qualified financial advisor can help you allocate your investment dollars in a way that's appropriate for your retirement goals, risk tolerance and time horizon.

To start the consolidation process, make a detailed list of your financial assets, such as your bank accounts, investments, IRAs and employer-sponsored retirement plans, such as a 401(k), if you worked for a private employer, a 457(b), if you worked for a state or local government, or a 403(b), if you worked for a

school or other tax-exempt organization. You might think this is a simple and straightforward task, but you would be surprised at how many people actually lose track of these types of accounts, and, as a result, may forfeit the money that is rightfully theirs.

After you've identified what assets you have, and where they're located, seek to consolidate them with a financial services provider. Try to find one that offers face-to-face service and regular reviews of your situation.

As you can see, by consolidating your various investment accounts, you can help solve the "puzzle" of creating the retirement you seek. So, when the time comes, start putting all the pieces together. You might like the picture that ultimately emerges.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. Edward Jones, its associates and financial advisors cannot provide tax advice. Please consult your qualified tax advisor regarding your situation.

health



With Drs. Paul Gauthier, Jim Lang, Wayne A. Christenson III, John G. Meier & Tracy Lixie

Herpes virus: cold sores

Cold sores usually show up on the lips or mouth as a cluster of blisters with a red base. They are also called "fever blisters." They may be painful and feel itchy, dry and crusty. If the blisters come back another time, they may cause a tingling feeling before you see them.

Cold sores are caused by a type of virus called herpes, which is contagious. It is usually spread by kissing or sharing eating utensils or towels. Washing your hands a lot may help keep it from spreading. The first cold sores show up two to 20 days after being in contact with an infected person. People are most contagious when they have open, blister-like sores. Cold sores can often be diagnosed by physical exam. If the sores look unusual, your doctor may order a culture test to make the diagnosis. This test uses a swab to get a sample of cells

from the sore. If treated as soon as your sores appear, your doctor may prescribe a type of medicine called an antiviral. This is usually taken as a pill. A medicated cream used several times a day may also be prescribed, but tend to be less effective for treatment than a pill.

A cold sore usually lasts two to three weeks with the first herpes infection. It will heal completely, but more sores may return later on. It is called a recurrence when the sores come back. These sores usually heal faster. The herpes virus stays in your body even when you don't have cold sores. If the virus reactivates, it causes cold sores to return again. Things that may cause this include fever, flu or cold, hot or cold weather extremes, stress or trauma, too much sun exposure, and a weakened immune system.

viewpoint

to the editor

wireless already exists

Dear Editor,

The idea that my tax dollars would go for towers, when a local company is already installing wireless Internet, is wrong. (*The Ledger, front page 1-19-11*)

RKK & Red Frog have partnered up and have an antenna in the Beckwith area already up and running. They have projects in the works for putting up new

tower receivers in other parts of Vergennes Township. They did not go to the township with their hands out saying it can't be done without public monies. I just received high-speed two weeks ago, for the first time, after living in Vergennes Township for 17 years. We love it.

William Holloway
Lowell

no quick fix for quitting cigarettes

Dear Editor,

Over half of the New Year resolutions made every year involve improving our health, with the most common among them to quit smoking. It is no surprise that sales of various products and services claiming to aid in this annual ritual, peak in January.

I would like to take this opportunity to clarify, not only for our patients at Lowell Family Medical Center but for anyone reading this letter, some critical points to consider when quitting.

There are three common mistakes made by smokers hoping to quit. The first is relying on a quick fix as

the answer for long-term abstinence. This could involve buying pills or devices over the phone or on the Internet. Many of these products make claims that are unsubstantiated and have not been tested for either effectiveness or safety by the Food and Drug Association (FDA).

Another misguided attempt along this line involves seeking services such as laser treatments, acupuncture or hypnosis. Individuals peddling these techniques will make claims of their success rates, but they are usually untested and the results are self-reported. Currently, there is no medical evidence to support these services as valid smoking cessation options. Quick, cheap fixes are gimmicks that make profits for the companies marketing the products or services, but do nothing for smokers.

The second mistake is jumping into a quit attempt for the wrong reason or at

the wrong time—when the smoker is not truly ready. Perhaps someone, maybe a grandchild nagged you over the holidays and you said "OK, OK, OK— I'll make quitting my New Year resolution." Quite often this leads to another frustrating failed attempt. A smoker needs to affirm that they are quitting for themselves, not others and that they are serious and ready to do what it takes.

The last mistake is quitting cold turkey. This method is defined as quitting without any preparation or plan and having no idea how to stay smoke free. The Center for Disease Control cites that the long-term success rate of unaided smoking cessation is less than six percent.

The reality is that smoking is the result of an addiction to nicotine. Treating an addiction requires evidence based, scientifically reviewed and accepted methods. These methods are outlined in the

Clinical Practice Guidelines "Treating Tobacco Use and Dependence" published by the US Department of Health and Human Services. The guidelines assist health care professionals helping those who are ready to quit by addressing the two key components: the physical aspect and the behavioral aspect.

Basically, medication addresses the physical challenges while counseling or education work on the behavioral and emotional challenges. Nicotine is a very powerful drug and that is why most smokers need a medication to relieve the physical cravings the body feels when the smoker is trying to quit. There are seven FDA approved options, but it is important to realize that medication is an aid or tool, not the cure. The purpose of taking a medication is to help reduce the cravings so the patient can work on the behaviors associated with smoking.

Counseling plays a key role in understanding the behaviors that have become

so ingrained in a smoker's daily routine. Counseling provides education on an individual basis or in a small group setting. The purpose is to assist smokers in developing a personal plan to quit and identify support strategies to become and remain a non-smoker. The plan needs to be individually tailored to where, when and why a patient smokes as well as how to handle triggers such as stress.

Smoking cessation is a highly individualized process and there is no "one size fits all" treatment that works for everyone. Don't waste your time or money on gimmicks. The key is finding a medication that helps overcome the cravings and combine it with counseling for a plan that works for you. Smokers who are serious about quitting should consult a health care provider and consider taking a class to ensure success.

Paul Gauthier, DO
Lowell Family
Medical Center

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By Shelly MacNaughton

125 Years Ago
The Lowell Journal
January 29, 1886

Bert Owen has sold his billiard room property to Wheaton Bros. of Woods Corners.

Geo. W. Parker has purchased McWilliams & Co's grocery stock in Train's hotel block and is in possession of the same.

100 Years Ago
The Lowell Ledger
January 26, 1911

Rev. H. Bank, who had a serious time with blood poisoning in one hand, is able to be out again.

Mrs. F.W. Nelson went to Grand Rapids Saturday for a few days' visit with relatives.

Weeks' cotton sale starts Saturday Feb. 4th and ends Feb. 11th.

75 Years Ago
The Lowell Ledger and Alto Solo
January 23, 1936

Bruce McMahon announces that he has leased the West Side Standard Oil station for a period of one year. Mr. McMahon is the youngest person to be granted a lease by the company. He is assisted at the station by John Lalley. Both are fine young men and deserving of success.

50 Years Ago
The Lowell Ledger
January 26, 1961

J.B. Hawk, aged 44, of Grand River Drive, passed away unexpectedly Monday afternoon, January 23, when leaving work in Grand Rapids.

J.B. was born August 30, 1916, in Lowell, the son of U.B. and Minnie Hawk, and resided here all of his life. He graduated from Lowell High School in 1935 and in November of 1937 was united in marriage with Elizabeth Stormzand. During World War II he served with the army in Germany.

25 Years Ago
The Grand Valley Ledger
January 29, 1986

Two juvenile males will be cited into juvenile court on charges of destruction of property. The pair are charged with inflicting over \$200 in damage to Lowell school buses over the weekend of January 18 and 19.

During the month of February, the Lowell Cable Television department will be converting HBO and Cinemax into scrambled signals. Subscribers will need the proper decoder box to receive these.

the lowell ledger

E-mail us at...
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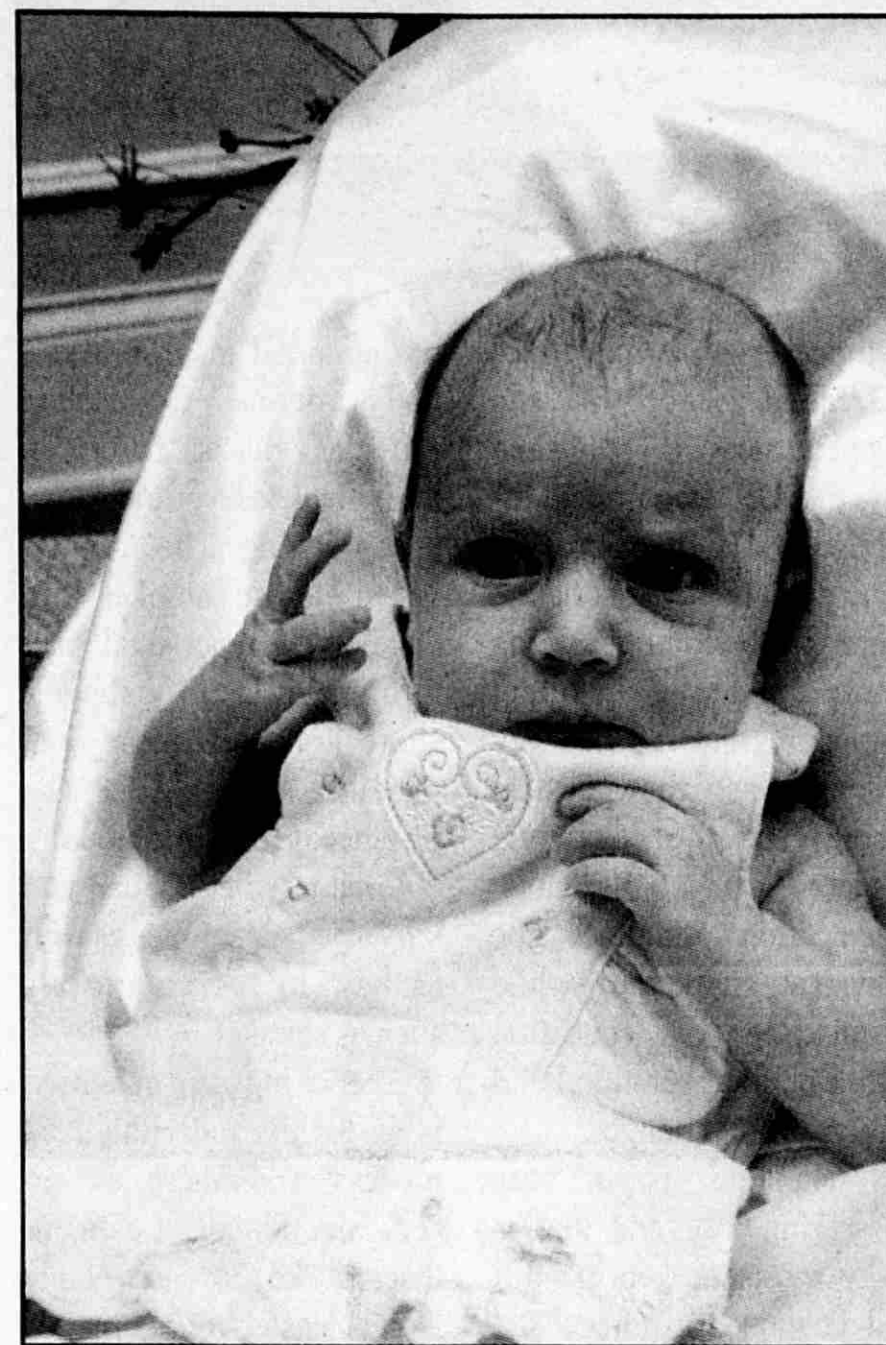
Letters To The Editor:

The Lowell Ledger welcomes your Letters to the Editor. Letters are required to bear the author's signature, phone number and address (for verification purposes only, not for publication). Letters will be published at the discretion of the publisher. All letters are subject to editing for length and grammar. Thank you letters, advertising or personal attacks will not be printed.

Letters may be submitted via email to: ledger@lowellbuyersguide.com ("to the Editor" in subject line) or dropped off or mailed to: The Lowell Ledger, 105 N. Broadway, Lowell, MI 49331. Also, our website, www.lowellbuyersguide.com has a link to submit emails on the left side of the page.

area births

Conant



Opal Louise Pollert Conant

Opal Louise Pollert Conant was born November 5, 2010 at 1:56 p.m. to the proud parents, Jason M. Conant and Clare L. Pollert of Grand Rapids. She was 7 lbs. 13 oz. and measured 19.5 inches.

The Great Lakes Intercollegiate Athletic Conference announced the fall 2010 all-academic excellence teams. 360 student-athletes from thirteen institutions were honored in the following sports: men and women's cross country, football, men and women's soccer, women's tennis and volleyball. To be eligible for all-academic excellence status, the student-athlete must have a cumulative grade point average of 3.50-4.0 a 4.0 on scale and must not be a freshman or first-year transfer.

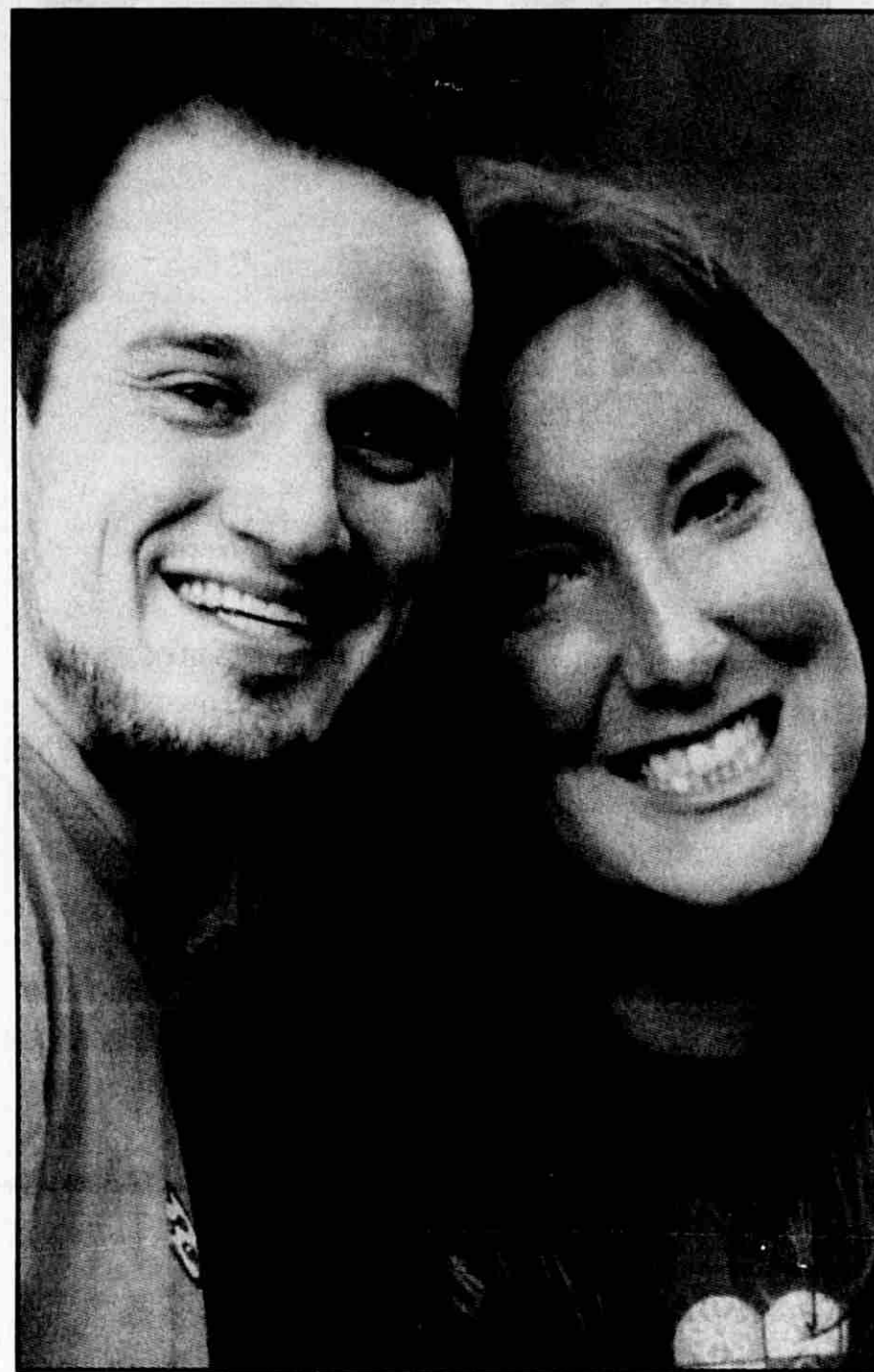
Logan DeClercq, a sophomore at Ferris State University, was named to the Women's soccer all-academic excellence team. She is a 2009 Lowell High School graduate.

Deanna Hewitt, of Lowell, has been named to the dean's honor roll for the fall 2010 semester at Lawrence Technological University. Hewitt is majoring in architecture. To be named to the honor roll a student must maintain at least a 3.5 grade point average for the term.

Jane McNaughton, daughter of Elizabeth and Otto McNaughton of Lowell, has been named to the Saint Mary's College dean's list for the fall 2010 semester. A student must achieve a grade point average of at least 3.4 on a 4.0 scale to earn academic honors at Saint Mary's.

engagements

Cariano/Lee



Casey Lee and Tara Cariano

Mr. and Mrs. Randy Jay Acker of Rockford are pleased to announce the engagement of their daughter, Tara Ann Cariano, to Casey Michael Lee of Bolton, VT.

Tara is the daughter of Randy and Ann Acker of Rockford and William and Cindy Cariano of Spring Lake. The bride-to-be is a 2003 graduate of Lowell High School, a 2007 graduate of Michigan State University and is currently completing her master's degree in mental health and school counseling at the University of Vermont.

He is a 2003 graduate of Manchester Central High School, a 2007 graduate of the University of Maine and is currently employed by the Howard Center in Burlington, VT as a Senior Behavior Interventionist.

Attending the wedding will be maid of honor, Liz Dulac; bestman, Brian Thompson; along with bridesmaids, Kim Hoogewind, Jenna Lee, and Suzanne Corbitt; and groomsmen, Jon Boldue, Mike McGovern, T. Vincent Cariano, and Jesse Powers.

The couple met while serving in the AmeriCorps in Vermont. A July 16, 2011, ceremony is planned in the beautiful mountains of Bolton, VT.

Planning A Wedding?

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area churches

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Pastor Wes Hershberger
Sundays - Christian Education.....9:15 a.m.
Celebration.....10:40 a.m.
Wednesdays - Kid's Service, Teen's Service,
Adult Bible Study.....7:00 p.m.

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865 Lincoln Lake Ave. SE • 897-5906
www.OurBigChurch.org
Sunday Worship.....10:00 a.m.
Church School.....10:15-11:15 a.m.
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Casual Worship.....6:30 P.M.
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No matter where you are on life's journey You are welcome here.

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Worship.....9:30 A.M.
Children's Church.....9:30 A.M.
OPEN HEARTS - OPEN MINDS - OPEN DOORS
Pastor Dean Bailey

GOOD SHEPHERD LUTHERAN CHURCH
10305 Bluewater Highway (Missouri Synod)
Halfway between Lowell & Saranac on M-21
www.goodshepherdlowell.org
Worship Service.....Saturday - 5:00 P.M.
Sunday - 10:00 A.M.
Sunday School.....Sunday, 9:00 A.M.
(Nursery available)
Joseph Fremer, Pastor 897-8307
All facilities are wheelchair accessible

CHRISTIAN LIFE CENTER (Assembly of God)
3050 Alden Nash S.E. • 897-1100 • Staffed Nursery
Robert Holmes, Pastor
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WEDNESDAYS:
Family Night (for all ages): 7:00 p.m.
"The Source" Youth: 7:00 p.m.
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Sunday School Hour.....11:00 A.M.
AWANA/EXCITE/TEENS.....Wed. 6:15 P.M.
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Evening Worship.....6:00 P.M.
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621 E. Main Street • 897-5936
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SUNDAY SCHOOL.....9:30 a.m.
Rev. Rick Blunt
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happy birthday!

- JANUARY 26**
Victor Weeks, Steven Uzarski, Kitty Brenk, Andy Nowak, Alex Dommer.
- JANUARY 27**
Jacqueline (Bay) Saylor, Brittani Anderson, Dianna Rhodes, Lori Smith, Nancy Roth, Andrea Dewey.
- JANUARY 28**
Ryan White, Cher Mastenbrook, Amy Newhouse, Renee Peters, Robert (Dr. Bob) Kyser, Kyle Washburn.
- JANUARY 29**
Brenda Traetz, Kim Call, Karen Potter, Zach DeBold.
- JANUARY 30**
Susan Roudabush, Nicholas Kinsley, Tyler Call, Josh Dietz, Shirley Stevens.
- JANUARY 31**
Rick Fonger, Brian Rasch.
- FEBRUARY 1**
Lila Grummet, Chris Vezino, Ryan Teelander, Sommer Mercer, J. Johnson, Monica Burt, Ryan Peel.

New Thebes Players' presentation starts this Friday

Lowell Area Arts Council's Thebes Players present Beanie and The Bamboozling Adventure Machine. The play, written by Roy C. Booth and Bob May and directed by Laura Leasure, will debut on Friday, Jan. 28 and run through Feb. 6.

In the production, Beanie Boren is about to destroy the book machine, but a classmate fooling around with the machine unleashed more troublemakers. Not only are the original fairy tale characters (Robin Hood, Maid Marian, Snow White) released from their stories, but also villains like The Black Knight, Mordred and Morgan Le Fey. Can Beanie save the day and who is behind all of this?

Beanie and the Bamboozling Adventure Machine is the first play of the bamboozling fantasy adventures, that include Beanie and the Bamboozling Book Machine - performed by the Thebes Players in January 2009.

Performance dates and times are Jan. 28, 29 and Feb. 4, 5 at 7:00 pm and Jan. 30 and Feb. 6 at 2:30 pm at the Lowell High School Performing Arts Center, 11700 Vergennes St, SE, Lowell. Advanced tickets are \$6 and day of the show, \$8.

For more information and to purchase tickets, call the Lowell Area Arts Council at 897-8545.



Local nonprofit looking for community support to win \$50k grant from the Pepsi Refresh Project

After her youngest son Wyatt was diagnosed with a rare spinal cord disorder in 2001, Jennifer Fuss, cofounder of Freedom Farm, knew she needed to make a lifetime dream come true - to open a therapeutic sports riding program in her community.

As a one-year-old, Wyatt Fuss was a veteran of the emergency room (ER). "He would fall over, choke on food and cry constantly," says Fuss. After months and multiple trips to the ER, Wyatt's symptoms were getting worse and his parents were desperate to find out what was wrong. This time, the doctors decided to do an MRI on his brain and spinal cord. What they found was disturbing. Wyatt had a tumor growing inside his cervical spinal cord. He was diagnosed with the rarest type of spinal tumor a child could have, a benign

glioma, malignant by location.

Prior to starting a family of her own, Fuss began working with special-needs children and adults. Today, she has more than 17 years of experience in the field. "Working with the disabled can be challenging, but for me it is also very rewarding," says Fuss. "These individuals are often discarded by society, but each and every one of them holds a special place in my heart."

In 2010, she partnered up with Jackie Foster, a North American Riding for the Handicapped Association (NARHA) certified instructor, to launch Freedom Farm, a nonprofit corporation specializing in therapeutic riding for the disabled. Medically recognized, riding provides a wealth of health and emotional benefits to those

suffering from autism, developmental disabilities, brain and spinal cord injuries, MS and ADHD - the list is almost limitless.

Unlike traditional physical and occupational therapies, participants do not recognize that they are receiving therapy at all. A horse's gait provides a great source of comfort to the rider. Riding strengthens the spine and core muscles and can improve posture, coordination and joint mobility. Participants get a feeling of control, a sense of accomplishment and increased self-esteem.

It took Julie Kubiak, volunteer grant writer, 11 months to get Freedom Farm accepted into the Pepsi Refresh Project. Since entries needed to be submitted promptly at midnight, Julie set her alarm each month at 11:45 p.m. - once even leaving a

camping trip to submit their application. Finally, in the early hours of January 3, they got the good news that they had been accepted.

There are 1,137 ideas in the running for a Pepsi Refresh grant. As of this morning, Freedom Farm was ranked 119 in their category. "The current leader in our \$50k category is backed by the Energy Action Coalition. I'm sure this group can tap into more resources than we can,"

says Kubiak. "Thankfully, Pepsi offers \$50k grants to the top 10 candidates in each category. We need to get ourselves in the top 10."

Fuss and Foster know how important the support of their community is in securing a Pepsi Refresh grant. "After a week, we are realizing that e-mails and Facebook posts alone will not get us into the top 10," says Fuss. "We very much need the support of our community."

Freedom Farm hopes to open its doors to the general public in May 2011. An interest list is forming.

You can cast your vote by going to the Freedom Farm website at freedomfarm1.com, vote directly through Pepsi at http://www.refresheverything.com/freedomfarmoflowell or by texting 105330 to Pepsi (73774). Voting can be done daily until Jan. 31, 2011.

118 Years and Counting [and Praying, Reading, Writing, and More!]



Preschool, Young 5, Kindergarten
2011-12 School Info Night
February 10, Parish Center

6:00 Kid-Friendly Supper (Bring the Children!)
6:30 Q & A, Classroom Visit
Meet Teachers, Principal, Families and Alumni

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scottczarnopys@gmail.com



At Your Local Library

Kent District Library programs at Englehardt Branch, 200 N. Monroe St. For additional information call 616-784-2007.

February is library lover's month

Check out material and enter to win one of two book baskets to be given away at the end of the month. Drawing occurs at the end of February.

Drop-in craft time

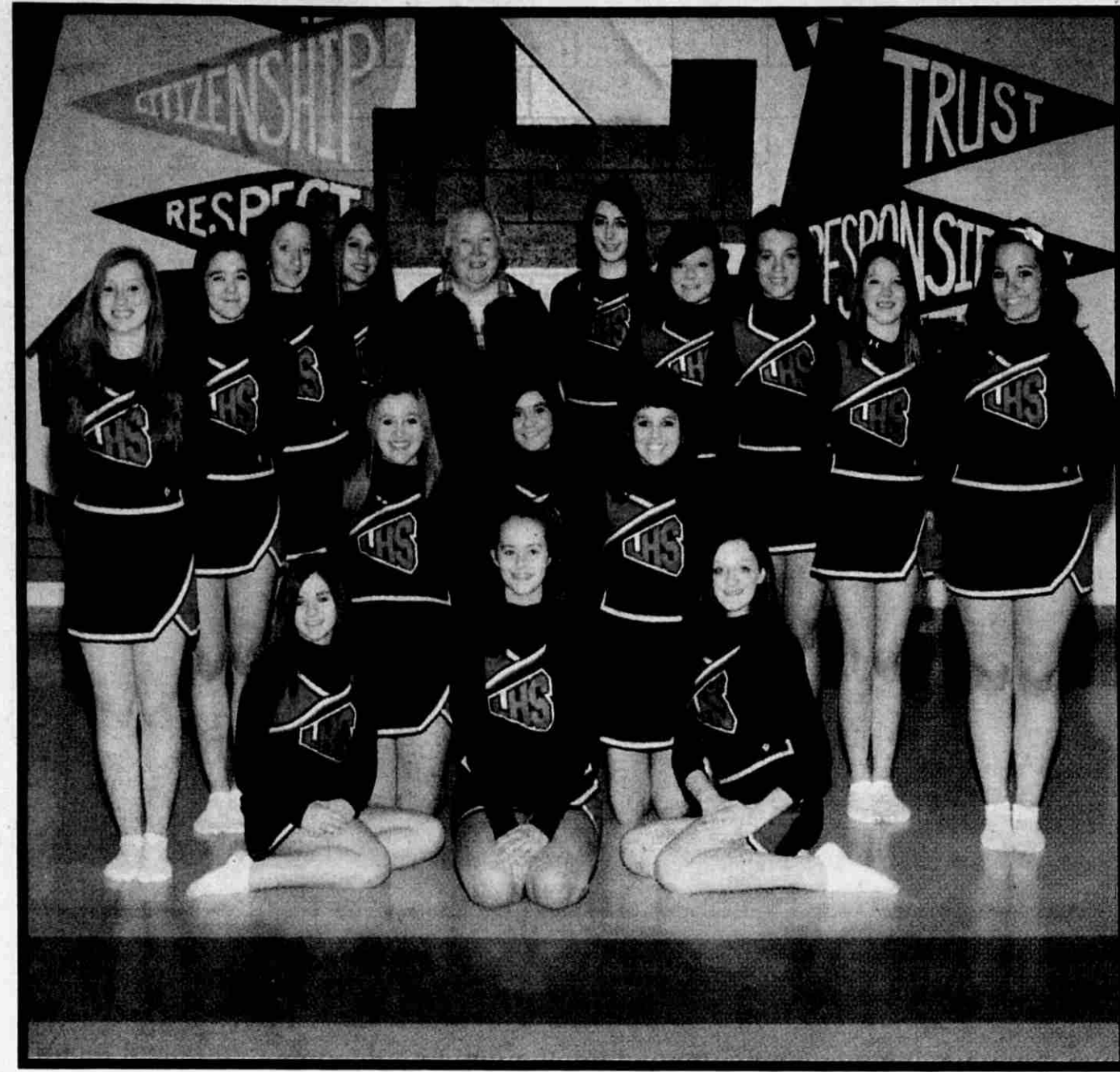
Drop in at the library for some creative fun with this self-directed activity. For children ages 6 and under with a caregiver. Fridays, February 4 to 25, 11 a.m.

Bookworms adult book discussion

Friendly, informal book discussion for adults. Tuesday, February 8, 10 a.m. Loving Frank by Nancy Horan.



Lowell High School Winter Sports Teams



JV Cheerleading

Front row: Kiersten Ashenbremer; second row, left to right: Khayli Scott, Katie Yuhas, Tara Propst, Fallon Fox, and Sabrina Antcliff; third row, left to right: Hannah Churches, Kelsey Schoon, Kylie Antcliff, Shy Anne Tidd, coach Shirley Jackson, Michelle Smith, Savannah Rice, Ashley Kaminski, Zoey Kramer, and Samantha Rausch. Not pictured: Taylor White.

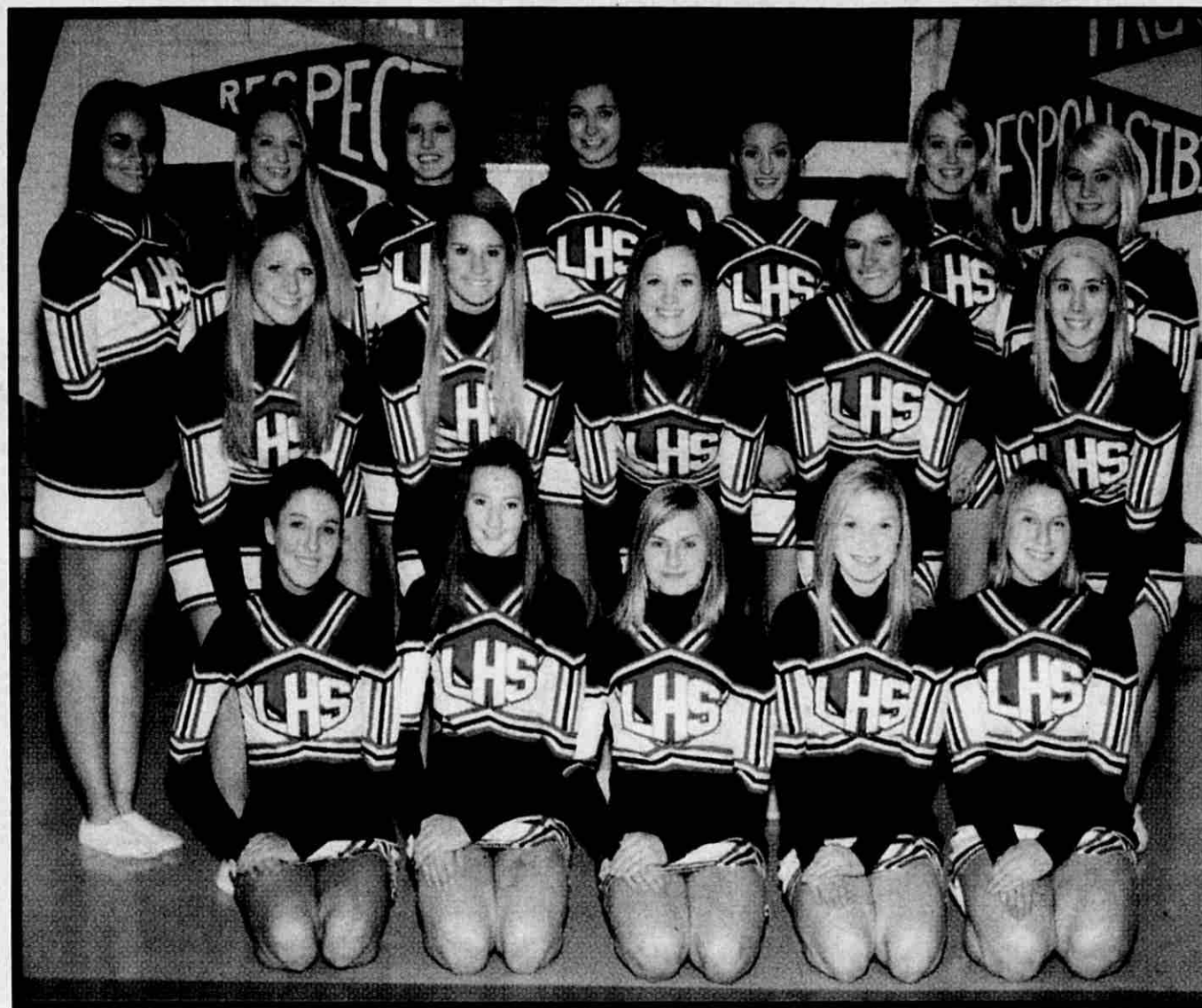


Gymnastics

Front row, left to right: Jorie Bennett, Rachael Walters, Rebecca Chamberlain, Lauren Trasky, Morgan McVey, and Bailey Roberts; second row, left to right: coach Michele DeHaan, Maranda Johnson, Kaezi Bladey, Kaylee Wold, Vonda Kyes, Meghan Plutschow, Rebekah Betts, and assistant coach Sara Tarchala.

Check us out online ...

thelowellledger.com



Varsity Cheerleading

Front row, left to right: Kirsten Baker, Katie Haan, Abby Rogalke, Amber Brown, and Morgan Rogalke; second row, left to right: Cassi Mullins, Kate Scudder, Ericka Claypool, Anna Scudder, and Brianna Thomt; third row, left to right: Jordan Wakefield, Erin Groom, Jenn Hartley, Krystal Blanker, Alyssa Kenyon, Katelyn Videto, and Paige Rash.



Boys' Bowling

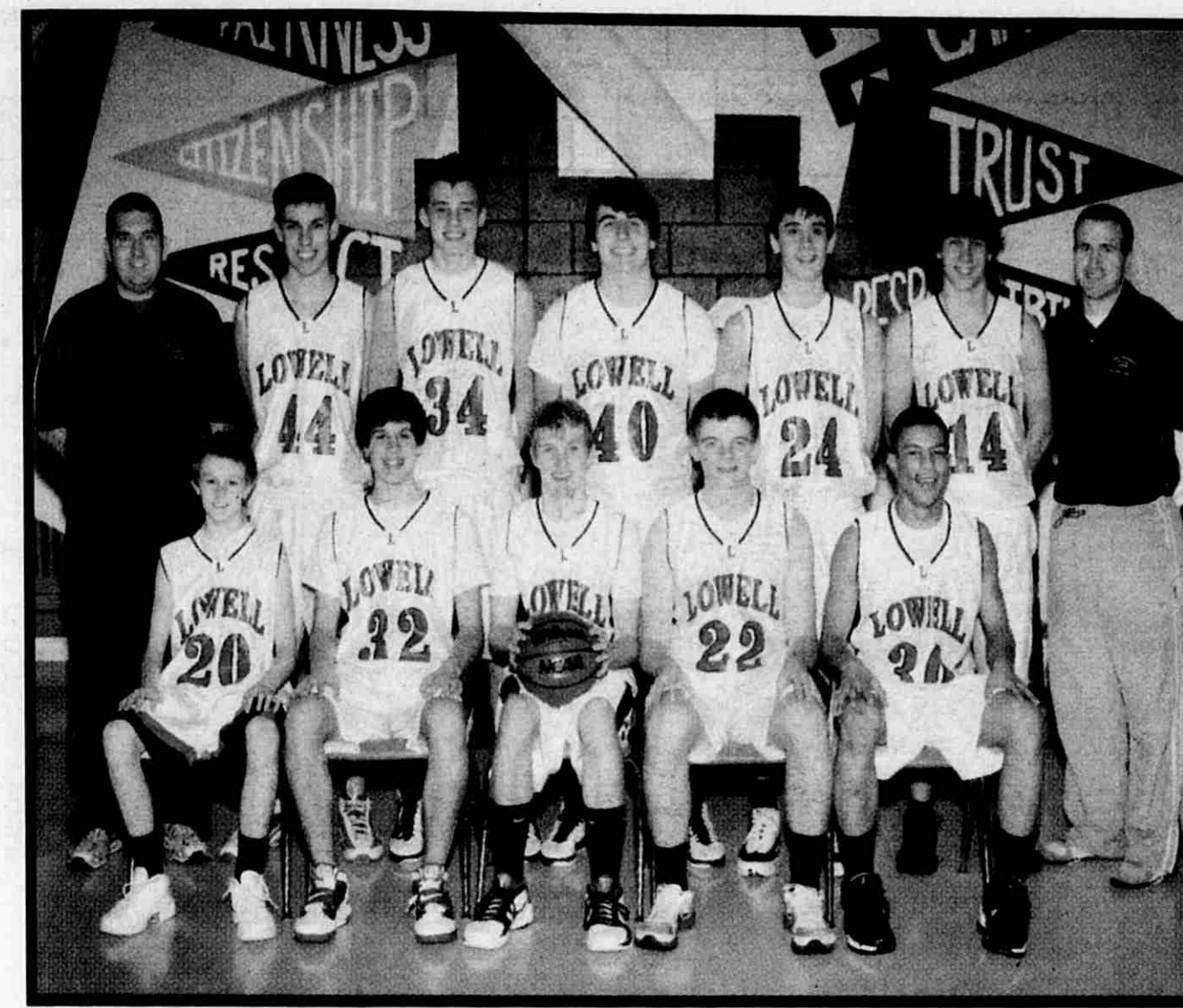
Front row, left to right: Dillon Buck, Carl Mitchell, Jordan Dennie, Brandon Segal, Jacob Hornbrook, and Josh Rocco; second row, left to right: coach Rocky Eickhoff, Alec Bobko, Sean Ritsema, Ryan Timmers, Logan Phenix, and Jacob Merklinger and coach Eva Geldersma.



Girls' Bowling

Front row, left to right: Jessica Alberts, Amber Geldersma, Shelby Mitchell, Sammi Geldersma, and Melissa Mosher; second row, left to right: coach Eva Geldersma, Analyse Bencker, Casie Burr, Jodi Carvill, Mia Carvajal, and Paige Rozell.

Lowell High School Winter Sports Teams



Boys' JV Basketball

Front row, left to right: Andrew Potter, Derck Bitterman, Aaron Anderson, Zach Huver, and Shannon Massey; second row, left to right: coach Sean Pullen, Tyler Roth, Austin Lemke, Grant Noskey, Jon Fox, Brandon Poll, and coach Jed Merrdeth. Not pictured: John Schramm and Tom Lee.



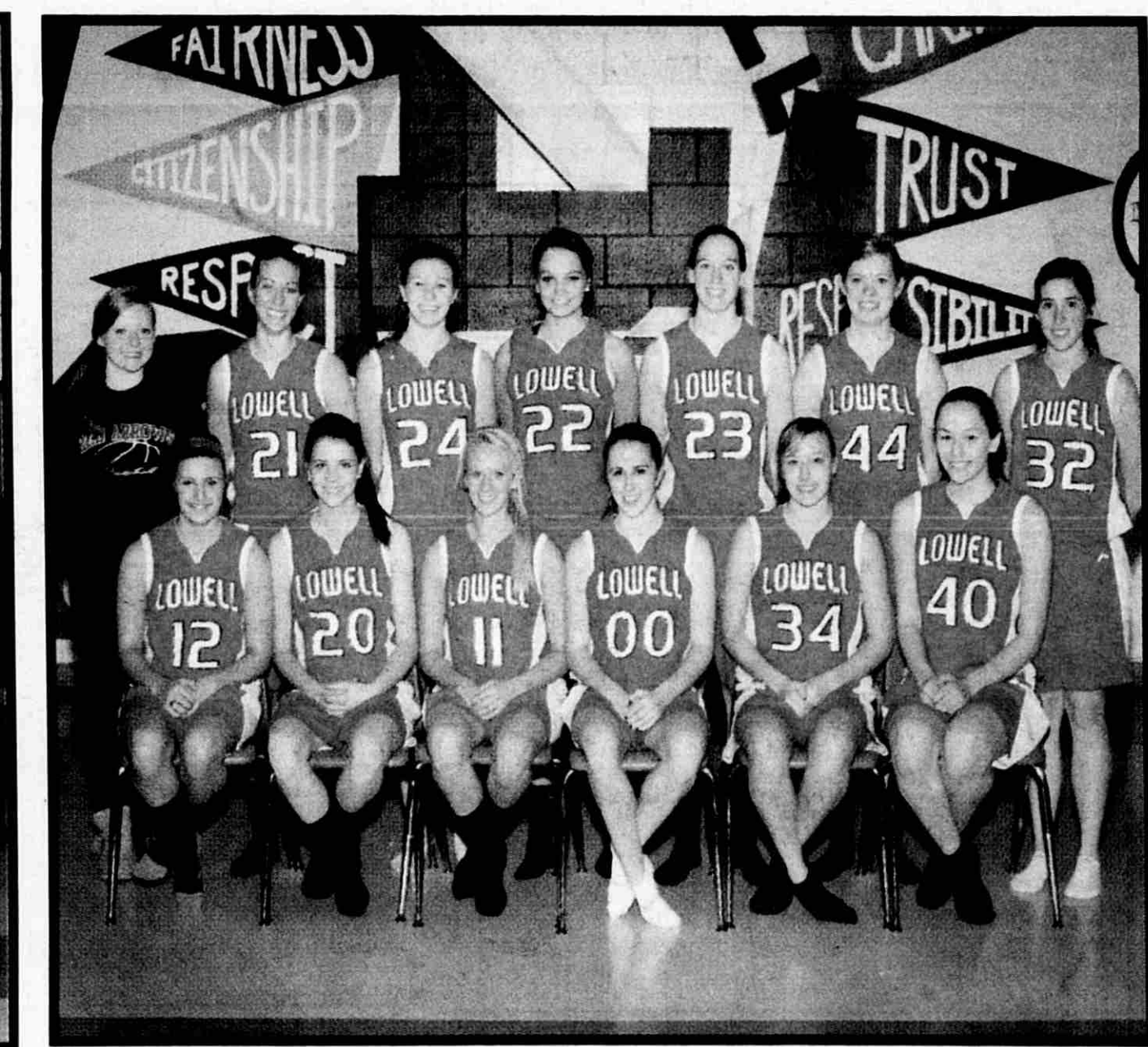
Girls' JV Basketball

Front row, left to right: Ashley Burks, Jordan Lillie, Jessica Montgomery, Emma Tompkins, and Bailey Loughlin; second row, left to right: coach Katey Peacock, Aubreigh Steed, Famke VanderMolen, Abby Petroelje, and Kelli Malcolm.



Boys' Varsity Basketball

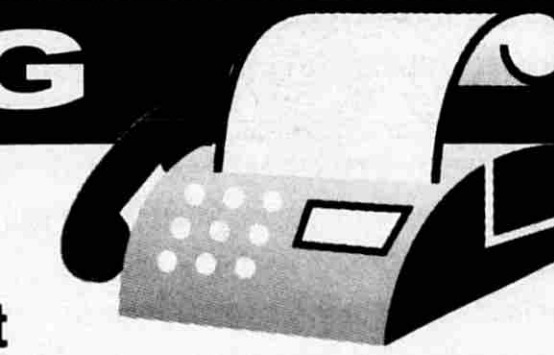
Front row, left to right: Jake Boelens, Blake Lyman, Justin Castro, Jacob Meyer, Sam Steed, and Jason Malling; second row, left to right: coach Jeff McDonald, Griffin Brenk, Alec Roerig, Noah Burt, Dan Wernet, Elliott Drain, Kyle Rogers, and coach Ryan Rademaker. Not pictured: assistant coach Lee Wirck.



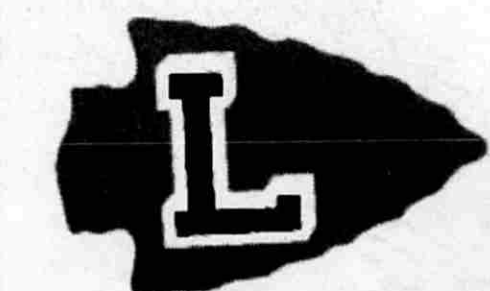
Girls' Varsity Basketball

Front row, left to right: Danielle Ordway, Stephanie Stevens, Brooke Curtis, Melissa Southwell, Skye Thebo, and Lauren Kurtz; second row, left to right: manager Kait Drudy, Courtney Schmidt, Taylor Flanagan, Amber Martin, Katie Tompkins, Bryleigh Loughlin, and Carissa Paiz.

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Go Red Arrows!

Red Arrow SPORTS

Spotlight On Sports

With Shane Beach

Each week, Shane Beach will visit Lowell High School athletes to find out a bit more about each one and get a closer look at the kids we're all so proud of in the community.

This Week's Athletes: *Danny Wernet and Griffin Brenk*
Sport: Lowell Boys' Varsity Basketball

What age were you when you started playing basketball and what attracted you to the game?

GB: Seventh grade because one of my coaches asked me to play because I was huge.
DW: First grade with my brother and father and I've enjoyed it ever since.

What is it that you like or dislike about basketball?

GB: Everybody is good at something different, but you really need to be good at everything to be successful. You need to be good at offense and defense.

DW: It's a fun way to get my exercise in for the day.

How many months out of the year do you play and or train for basketball?

GB: I train year-round: from the season to spring workouts, summer workouts, fall lifting and back into the season. I play a lot at The Courthouse and a league in Rockford.

DW: I train about eight months out of the year. The only time I don't play much basketball is during tennis season. I also play at The Courthouse and in the Rockford league.

What's the most exciting basketball memory you've ever had at any level?

GB: Watching Danny (Brenk) getting dunked on. (laughing by both players)

DW: In fifth- or sixth-grade my team went almost undefeated in the future Red Arrows' program.

What is your signature move on the court?

GB: My post up baby hook, it's what I do.
DW: I mainly shoot the 15-foot jump shot or the drive and lay up.

Have either of you ever been dunked on?

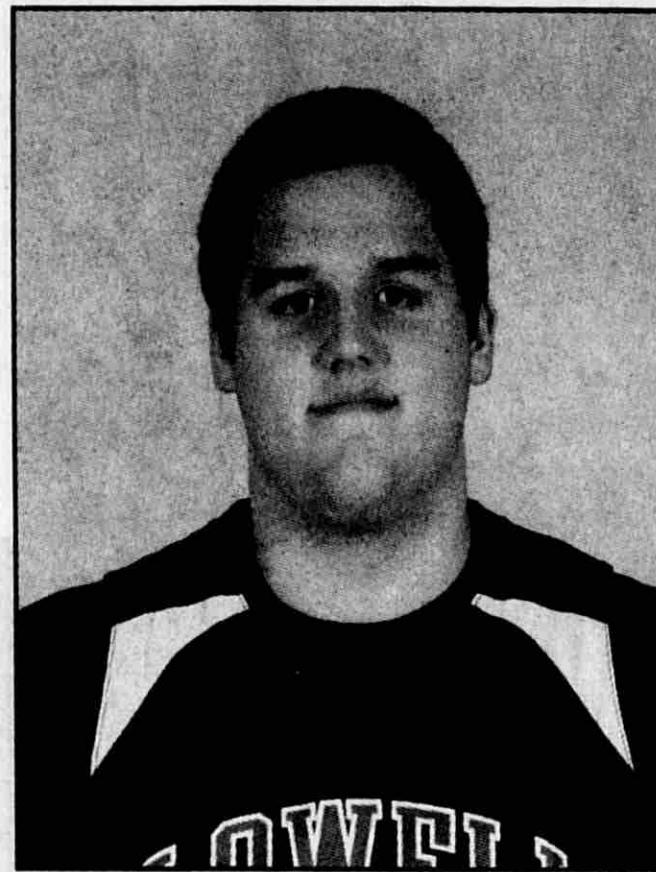
GB: I've never been dunked on, but close. I had a guy try and he bounced it off the back of the rim. (laughing)

DW: I gave up a dunk and one (fouled in the process) to Vos from East Grand Rapids. (laughing)

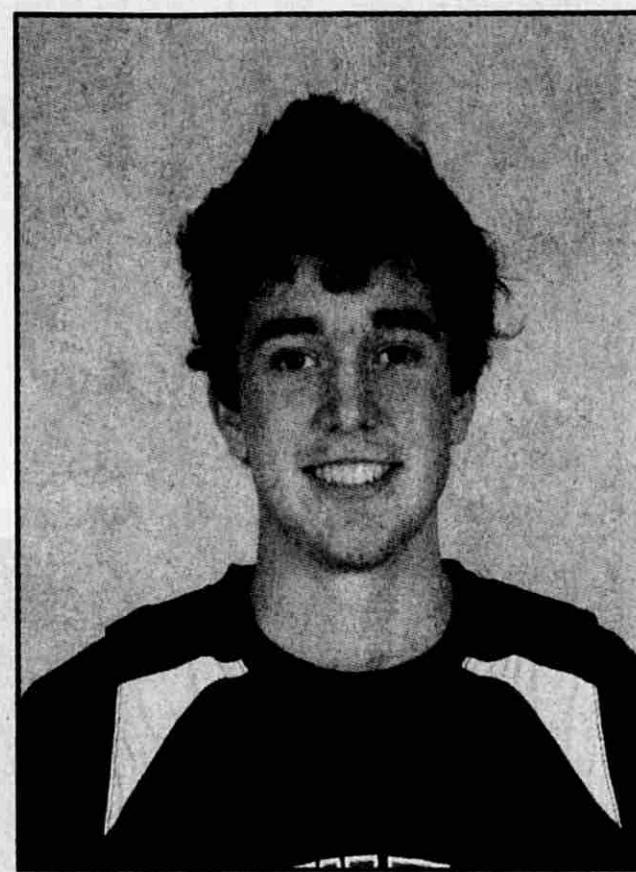
Is that still one of a basketball player's favorite things to do, dunk, practice dunking?

GB: We have a couple players that can dunk, but we try.

DW: Lots of people try but I don't think we've had anyone dunk in a game in a long time, but fun to try.



Griffin Brenk



Danny Wernet

What are some of the biggest items coach McDonald stresses to you and your teammates?

GB: Toughness and togetherness. Play as one unit, mentally and physically tough.

DW: Sticking together as a team, make sure we're all getting along, bringing us together which makes us tough on the floor.

Do you have an ideal practice?

GB: No running or at least sprints. Coach McDonald likes to keep us aggressive which is good.

DW: Playing the whole time, getting scrimmages, just playing basketball.

What would you like our community to know about you and the basketball program that they might not know otherwise?

GB: I like to see the fans come out and support us.

DW: See us practicing hard and know we're giving it all we can during games.

Are the two of you involved in other school activities or sports?

GB: I stay busy around the school with student council and International Club.
DW: Tennis and basketball keep me busy.

What do you like to do off the court? What interests or hobbies?

GB: Friends, fishing, play pickup basketball games.

DW: Hanging out with friends, sticking together and playing many different sports. Any and all pickup sports is fun.

Do you have any role models or idols?

GB: Kevin McGrey, he's one of my better friend's dads.

Griffin's parents are Pat and Nancy Brenk. Griffin also has a brother Logan and sister Kelsey. Danny's parents are Tim and Sue Wernet. He has a brother Bob and sister Shelly.

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the Lowell ledger

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Weight Loss & Stop Smoking Hypnotherapy

Dave Miller is providing hypnotherapy for weight loss, stop smoking, & stress relief. For many people, this therapy reduces 2 to 3 clothing sizes and/or stops smoking. Funding for this project comes from public donations. Anyone who wants treatment will receive professional hypnotherapy free from charge. An appointment is not necessary. Sign in and immediately receive treatment. Dave Miller is a retired counselor and has been conducting hypnosis seminars for over 30 years. He has helped thousands stop smoking and lose weight or both without any side effects or dieting. A modest \$5 donation when signing in is appreciated. Only one 2-hour session is needed for desirable results.

Sign In 30 minutes early. All meetings begin at 7:30 PM

Mon. Jan 31 Grand Rapids - Crowne Plaza Arpt. 5700 E. 28th SE
Tues. Feb 1 Ada - Twp Park Learning Center 1180 Buttrick Dr.
Wed. Feb 2 Lowell - Main Street Inn 117 Main St.
Thur. Feb 3 Kentwood - Library Comm. Room 4950 Breton Rd. SE
Fri. Feb 4 Grand Rapids - Holiday Inn Exp. S 6569 Clay Ave. NW

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Red Arrow SPORTS

- Basketball

Aggressive play and clutch free throws key to Arrow victory

by Shane Beach

The Red Arrow boys' basketball (1-7) team hosted Kenowa Hills (4-5) last Tuesday night (Jan. 18) and trailed 10-9 after the first quarter. A triple by Jason Malling sparked the team and some inside play, by Kyle Rogers and Alec Roerig, kept the Arrows in the game early. Lowell got an energizing entry pass from Justin Castro to Kyle

Rogers for a traditional three-point play that moved the first quarter along. A swarming defense kept it close after the first quarter. Dan Wernet and Griffin Brenk came off the bench in the second quarter and turned the game around. Wernet and Brenk were huge with strong post finishes and defensive rebounding. "I'm thrilled for Dan and Griffin, as they

practice hard every day and took advantage of their opportunity tonight. If we gave away 'game balls' they would each get one," said coach Jeff McDonald. A three-point shot at the buzzer by Malling topped off of a perfect pass from Castro put the Red Arrows up seven points at the half. The third quarter was played evenly by Lowell and

Kenowa. Second-chance shots by Kenowa Hills' post players, Scott Versluis, Nate Hollenbeck and Eric Kersjes and a couple of nice drives to the rim by Giorgio Parlato helped the Knights during the third. Wernet and Brenk both had great put backs and some nice plays by Lyman and a

triple by Malling helped the Arrows keep their lead. Entering the fourth quarter, the Red Arrows were in the bonus which proved critical since Lowell didn't score a basket from the field. Coach McDonald's game plan worked perfectly as the Red Arrows attacked the basket, continued to get

fouled and came through from the charity stripe. Castro led the way going 8-12 from the line. Versluis was tough in the third quarter and Parlato had two driving baskets to the rim. However, Lowell made enough free-throws to keep the lead and finish on top.

- Hockey

Low/Cal reigns over Northview/Comstock Park 8-4, 5-1

by Shane Beach

Friday was expected to be a great game for the Lowell/Caledonia varsity hockey team (L/C) and it did not disappoint anyone who was in attendance. Northview/Comstock Park (NVCP) jumped out to a very quick lead, with two goals in the first three and a half minutes of the game, to place L/C on their heels. L/C was able to tie the game five minutes later with goals by Jake Rossman and Braden McGillicuddy. L/C's second goal of the period was scored by Arnold with an assist by Steger. L/C added another first period goal by Colin Echelbarger and was assisted by Brandon

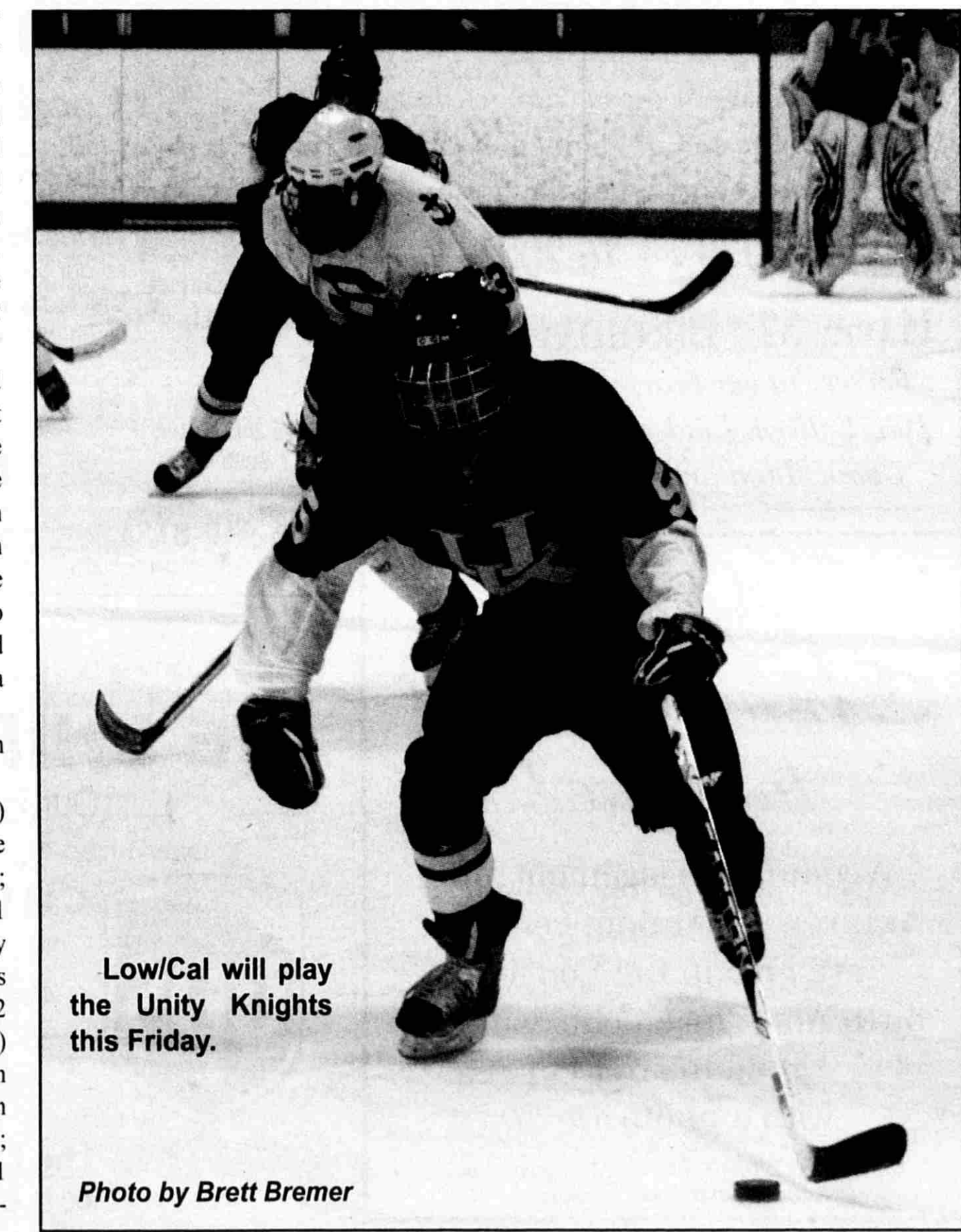
Jamieson and Tage Green. After one period of play the score was L/C 3 and NVCP 1. The second period started off very slow for both teams. Coach Beurer continued to stress picking up the pace and not providing NVCP any opportunities that would enable them to get back into the game with a couple of quick goals. L/C defense and goaltending were outstanding, holding NVCP scoreless in the second while L/C added one goal scored by Steger and assisted by Arnold and Jordan Swift.

Entering the final period, coach Beurer's team had a nice 4-1 cushion. Coach Beurer stated, "I stressed to the team between the second and third periods to finish out this game the way they started it. We had to pick up the tempo of the game and really shut down any scoring chances for Northview/Comstock Park." L/C held NVCP to seven shots on goal in the third period. Nathan Propst played another stellar game in net stopping 30 of 31 shots on goal. L/C finished the scoring, when junior Andrew Light lit the

lamp with help from Dennis Echelbarger and sophomore Jake Rossman, on the power play. Scoring for L/C were: Cam Steger (CAL) - 2 goals, 1 assist; Colin Echelbarger (CAL) - 1 goal; Jake Rossman (CAL) - 1 assist; Braden McGillicuddy (LOW) - 1 assist; Dennis Echelbarger (CAL) - 1 assist; Andrew Light (LOW) - 1 goal; Brandon Jamieson (CAL) - 1 assist; Karson Arnold (CAL) - 1 goal, 2 assists; Jordan Swift (CAL) - 1 assist; and Tage Green (CAL) - 1 assist.

This was a great weekend for the L/C hockey team continuing great conference play. NVCP was one of four teams to contend for the Tier III conference championship and L/C did a great job at shutting them down and making their own statement in conference play. Coach Beurer is very excited for his team stating, "We had a great weekend by the entire team. I am happy they executed our game plan and were able to shut down the key players from NVCP."

Knights at the Patterson Ice Arena on Friday, Jan. 28th at 9 PM. L/C will also be competing in the OK conference Tier II showcase this Saturday at Kentwood Ice Arena taking on GR Christian at 6 PM. Keep track of all L/C games and information by visiting their website at <http://www.eteamz.com/LC-Hockey/>



Low/Cal will play the Unity Knights this Friday.

Photo by Brett Bremer

LUNCH MENU

ELEMENTARY MENU
Week of
Jan. 31, 2011

MON: Tony's pepperoni pizza (Rib BQ on bun also offered at Alto, Cherry Creek & Murray Lake), tossed romaine salad w/ lite dressing, pears, milk.

TUES: Pasta marinara w/ cheese & Bosco stick (Jr. ham/cheese sub also offered at Alto, Cherry Creek & Murray Lake), green beans, pineapple, milk.

WED: French toast sticks or cereal w/ Graham crackers each w/cheese omelet, orange juice, banana, milk.

THURS: Soft taco w/ shredded cheese & lettuce (cheese quesadilla w/salsa also offered at Alto, Cherry Creek & Murray Lake), refried beans/diced tomatoes, applesauce, milk.

FRI: Chicken patty on wheat bun (chili w/crackers also offered at Alto, Cherry Creek & Murray Lake), oven French fries, peaches, milk.

obituaries

ROLLINS

George Gordon Rollins Jr., age 52, of Lowell, went to be with the Lord on January 21, 2011. He is survived by his wife, Karen; children, George III (Jessica) Rollins, Jessica (Andy) Newell, Kevin (Sarah) Rollins; parents, George and Janet Rollins; brothers, Scott (Rose) Rollins; sisters, Kim (Scott) Osborne, Mary (Jeff) Harig; grandchildren, Jade, Allison, Catherine, Lillian, Gabriel, and George IV; also many nieces and nephews. A memorial visitation was held Tuesday at the Roth-Gerst Chapel.



You will need Social Security numbers for kids for tax deductions

There's good news for tax filers in 2011. The due date for your 2010 Federal income tax returns is Monday, April 18, 2011, instead of the usual date of April 15.

As you prepare your tax documents, don't forget you'll need Social Security numbers for your children if you want to claim them as dependents on your return.

In most cases, parents request a Social Security number for their child when applying for a birth certificate. The state agency that issues birth certificates shares the child's information with us and we mail the Social Security card to you. However, if you didn't apply for a number at the hospital, you must apply at a Social Security office or by mail. To do so you will need:

Completed Application For A Social Security Card (Form SS-5);

Original documents proving your child's U.S. citizenship; Age; and

Identity; and Original documents proving your identity.

After you apply, we will verify the child's birth record and mail your child's Social Security card to you. If you do not get a Social Security number for your child before the April 18 tax filing deadline but you still need to claim the child as a deduction on your tax return, you can:

File your income tax return without claiming the child and then file an amended income tax return when the child has a Social Security number; or

File with the Internal Revenue Service to extend the deadline for filing your tax return.

Vonda VanTil is the public affairs specialist for West Michigan. You can write her c/o Social Security Administration, 50 College SE, Grand Rapids, MI 49503 or via email at vonda.vantil@ssa.gov

lend a hand...volunteering opportunities

Volunteers needed at the museum...The Lowell Area Historical Museum, like most organizations, is in need of more volunteers. They have lots

of volunteer opportunities available. From volunteering for special events, to office and clerical support, to a museum greeter or tour guide, they have a spot for you. If you are interested or you know someone who would like to become more actively involved with the museum, please call 897-7688. We would be happy to train you.

For information please call Linda Barnes 897-7688.

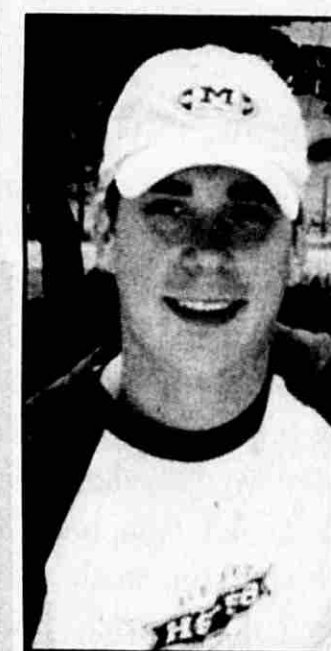
Voters needed

Freedom Farm is a nonprofit 501c3 corp. They currently have a six bed home for men with disabilities and are adding a Therapeutic Riding Center. This center will service Ionia, Kent and surrounding counties. They hope to start classes in May 2011. To give the riders the best possible start, they have applied for a Pepsi Refresh grant. This grant would be used to purchase horses, tack and equipment as well as take care of start-up cost.

The North American Riding for the Handicapped Association (NARHA) instructor, Jackie Foster, is also in the process of being certified with MI 4-H Proud Equestrian Program (PEP). This will give Freedom Farm the availability of offering a 4-H horse program to those with disabilities.

Freedom Farm needs your help. They need voters. Go to the website freedomfarm1.com and find the link to refresheverything.com in red. Click on that link and it will take you to the project to join and place your vote.

In Loving Memory of ALDEN RICHARD HAMILTON



"Our Shining Star" who crossed over 10 years ago on January 26, 2001

I'd like the memory of me to be a happy one. I'd like to leave an afterglow of smiles when life is done.

I'd like to leave an echo whispering softly down the ways, of happy times and bright and sunny days.

I'd like the tears of those who grieve to dry before the sun of happy memories that I leave behind when day is done.

2.5.1979 - 1.26.2001

HAPPY 32ND BIRTHDAY ALDEN Forever in our hearts, loved always, Dar, Colleen, Lindsay, Molly, Leesha, Chad, Maya and the Ball families

Got an Announcement to make?

Wedding, Engagement and Anniversary Announcements* are Free in the Ledger. Birth Announcements without a photo are free; with a photo are \$5.

* Anniversary announcements cannot contain an invitation to a celebration

Local agent. Local service. Local savings. Terry Abel...6095 28th Street SE - Suite 4 Grand Rapids 616-940-8181

WE SHIP UPS! Our Prices Can't Be Beat! Call Us for a Price Quote! Weight & Zip Code Required for a Quote The Lowell Ledger 105 N. Broadway, 897-9261

classifieds

office hours: Mon.-Thurs. 8 a.m. - 5 p.m. Fri. 8 a.m. - 2 p.m. closed Sat. & Sun.

for sale

MATTRESSES - All new sets, twin \$100; full \$125; queen \$150. Pillowtop sets starting at \$175. Memory foam, digital number air systems & waterbeds. RCD Wholesale, 616-682-4767 or 293-5188. Can deliver.

8' POOL TABLE - mfg: Olhausen, model: Americana Series. Table & equipment like new, red felt, \$1,850 includes installation & leveling. 897-8110.

SEASONED SPLIT MIXED HARDWOOD - \$150 per cord. 893-5774.

HOUSE FOR SALE - 2 bedroom, 1 bath, fresh paint, new carpet throughout, city of Ionia, \$45,000 cash, conventional or FHA. Possible land contract, \$47,000, \$5,000 down, 10% interest. \$500 per month. 616-691-8140

BUNK BEDS - 78 Different choices starting at \$199. Futons & day beds also. All new. RCD Wholesale, 616-682-4767 or 293-5188. Can deliver.

STEELCASE DISPLAY CABINET - 36" w X 15" d X 55" H, 2 glass sliders, 5 shelves, \$35. Call 897-5866.

2006 CHEVY IMPALA LT - 26,000 miles, like show room new, 4 door, white, sharp, loaded, remote car start. \$10,500. Call 361-2230.

MORRISON LAKE AREA - Must sell! 3 lots, \$7,000 each obo. Call 897-5520.

WATERBEDS - Enjoy the benefits of sleeping on warm, soothing, therapeutic water. Bookcase headboard with 6 drawer understorage. Mattress, liner, heater, only \$995 Q or K. Try them at Air & Waterbed Store, 616-682-4767 or 293-5188.

SUPPORT THE LOWELL ACADEMIC BOOSTERS & SAVE MONEY! - With a Key Card! Cards are \$20. Stop by & get your card today, Lowell Ledger 105 N. Broadway. Cash or check only please.

LAND CONTRACT - low down, 2 bedroom single wide mobile on very nice wooded lot. Newer well & septic system. \$64,900. Call Ron at 616-291-1413.

FREE AD! - Place & pay for a classified ad in the Buyers Guide & Lowell Ledger for 3 weeks & receive the 4th week FREE! You must mention the special in order to receive this offer. Must be paid for when ad is placed. Call 897-9555, 105 N. Broadway, Lowell, Ph. 897-9261.

free

LOOKING FOR A FAMILY HOME - for a 8 mos. old Cavalier King Charles Spaniel puppy. Family raised. Please call for more info. 616-648-4170.

for rent

HALL FOR RENT - Lowell Veteran's Center, 3100 Alden Nash. Newly remodeled, smoke-free, private, great location & great rate! www.vfw8303.org. Call John at 299-0486 or 897-8303.

EFFICIENCY APARTMENT FOR RENT - in historical downtown Lowell, newly remodeled, all utilities included, including central air, \$575 per month. 897-9074 or 914-0828.

FOR RENT - 8761 Bailey Dr., Ada, 3 bedroom, 2 bath, large 2 stall garage is 24' x 28', 16' x 20' shed for your mower. No pets. Rent \$850, deposit \$850. Call Chuck, 616-437-6614.

PRICELESS STORAGE - Indoor/outdoor. New Units on Alden Nash, 1 mile South of I96. Call for specials 558-2900.

FOR RENT - House, barns, pasture. Horse lovers dream. 3 bedrooms, 10906 Finn Rd., Lowell Schools. \$1200/mo. 616-897-5807.

FOR RENT - 2 bedroom, 2 bath, full unfinished basement, garage, lakefront, \$1,000 per month plus \$1,000 deposit. 616-691-8140.

APARTMENT FOR RENT - 1 bedroom apartment in historical downtown Lowell, newly remodeled, all utilities included, including central air, \$625 per month. 897-9074 or 914-0828.

LOWELL MOBILE HOME PARK - Under new management. Nice 1, 2 & 3 bedroom trailers for rent. Rent from \$350 - \$550. For info call George at 616-754-0276 or 616-813-8041.

2 BEDROOM DUPLEX - Available immediately, \$590 per month plus heat & electric. No pets. 153 N. Center St. 616-252-5611 for appointment.

card of thanks

The family of Sheila Marie Walling would like to thank all of those involved for their support and prayers during the loss of our daughter. Words cannot express our gratitude for the time spent, cards sent & donations that were made to help with expenses of the service. We would like to say a special thank you to our friends at Keiser's Kitchen, Roth Gerst Funeral Home and Ada Bible Church for the beautiful service and luncheon. To Sheila's many friends who have helped us through this difficult time, your love has made us grateful that all of you were a part of Sheila's life. Ron & Sue Walling & family

help wanted

NOW HIRING - and training for career positions with West Michigan's leading real estate company. Call Rick Seese, Greenridge Realty, Inc. for a confidential interview. 616-437-2576 or 616-974-4250.

OWNER OPERATOR TEAMS - Regular scheduled lanes from Michigan to Texas or Canada to Texas. CDL required. Paid fuel surcharge. 800-334-5142 fax 888-876-0870.

wanted

CASH PAID FOR OLD STUFF - I buy retro furniture, toys, games, military, sporting goods, baseball cards, advertising signs, premiums, jewelry, brochures, maps, fishing lures, and much more! If it's old, I want to see it. Call 616-550-0521.

services

FOR QUALITY CARPET INSTALLATION - and/or free quote, call Phil Ritchie, 616-485-4416 11 yrs. of experience.

STEVEN R. SIMKINS, ATTORNEY AT LAW - I am a lifelong resident of the Lowell community offering superior legal representation at affordable rates. Call 350-0909 for your free consultation.

COMPUTER REHAB - \$65 all repairs - Virus & Spyware removal. No diagnostic fees! Mon. - Sat., 505-B West Main, Lowell. 987-1155, www.computerRehab.ws

PROFESSIONAL TREE CLIMBER NEEDS WORK - Fully insured. Removals, trims, chipping, stump grinding. Call Dan for free estimate at 616-970-3832.

services

THE PERFECT GETAWAY FOR YOU AND YOUR VALENTINE! - The Main Street Inn "Valentine's Package." The package includes: accommodations for two, bottle of champagne, gourmet cheese & crackers, chocolates, coupons to local shops & restaurants & a late checkout. Book now for your romantic evening. Phone 897-1171. Offer valid 2/11 - 2/14. Rates start at \$99 plus tax.

HOT WATER RDR - HotwaterDr Pool & Spa Service. Every make and model. Hot tub cover specials! Call 616-874-3385 or visit hotwaterdr.com

REDUCE HEATING BILLS BY 50% OR MORE - with a MAXIM Outdoor Wood Pellet & Corn furnace by Central Boiler. Winter Sale. Call SOS your "Stocking Dealer" Dutton, MI 616-554-8669 or 616-915-5061.

QUICKBOOKS & ACCOUNTING SERVICE - by certified Quickbooks advisor. Call Kathy 897-6351.

LAMINATING SERVICE AVAILABLE - Next day service. Drop off & pieces will be available by 9 a.m. the next day. Lowell Litho, 105 N. Broadway, Lowell.

services

FRESH START YOGA CLASSES - Tues. & Thurs. 6:30 p.m., Fri. 8 a.m. Dery Physical Therapy, \$6 walk-in. Info 616-893-5661 or www.hammocklearning.com

ASSISTED LIVING - New home located in country setting. Specializing in Alzheimer's with all private rooms. Belding and Rockford area. 616-862-6712.

HANDY REPAIR SERVICE - All kinds of service work: locks rekeyed, deadbolts installed, screen & window repair. Call Bob Ford, 299-3198.

TAXES, PAYROLL, QUICKBOOKS, & ACCOUNTING SERVICE - by certified Quickbooks advisor. Call Kathy 897-6351.

LAMINATING SERVICE AVAILABLE - Next day service. Drop off & pieces will be available by 9 a.m. the next day. Lowell Litho, 105 N. Broadway, Lowell.

Community Calendar

PLEASE NOTE - Coming Events are for non-profit organizations. If you are charging admission for an event - it is considered an advertisement. Coming events are ran on a space available basis & ARE NOT GUARANTEED TO RUN. If you would like to make sure your event is placed in the paper, please call our office & place it as a classified ad. We will not run ANY Garage or Rumage Sales as a coming event. All Coming Events or changes to coming events should be submitted by fax: 897-4809, email: classifieds@lowellbuyersguide.com, by mail: PO Box 128, Lowell, MI 49331 or in person: 105 N. Broadway, Lowell.

THE LOWELL BOARD OF EDUCATION - second Monday of the month at 7 p.m. in the Administration Building, 300 High St., Lowell.

WOMEN FOR SOBRIETY - meets every Monday, 7-8 p.m. at Bowne Center United Methodist Church, fellowship hall, 12051 84th St., corner of Alden Nash. Call Sue at 868-6219 or www.womenforsobriety.org.

BOWNE TOWNSHIP HISTORICAL SOCIETY - meets the second Monday of the month at 10 a.m. in the Historical Museum at 84th/Alden Nash.

NEEDLERS - Second & fourth Monday evenings, 5:30 to 8:30 p.m. Schneider Manor Community Room.

WOMEN OF THE MOOSE - third Monday at 7:30 p.m. for business meeting.

AMERICAN LEGION CLARK-ELLIS POST 152 - meets the fourth Monday at 3100 Alden Nash S.E. at 7:30 p.m.

TEEN GROUP - CANCER AND GRIEF - First & third Tuesdays, 5:30 - 7 p.m. A committed group for teens in ninth - twelfth grade on a cancer or grief journey. Incorporates curriculum-based activities & discussion. Gilda's Club - Lowell Clubhouse, 314 S. Hudson, Lowell.

DIABETIC SUPPORT GROUP - 2nd Tuesday at Schneider Manor Community Rm. 9:30 - 10:30 a.m. 897-2760 or 897-9160.

ALTO AMERICAN LEGION AUXILIARY - meets the second Monday of the month at 7 p.m. at the Alto American Legion Post.

V.F.W. POST #8303 - meets the first Monday at 7 p.m. at 3116 Alden Nash S.E.

LOWELL SHOWBOAT GARDEN CLUB - meets the 3rd Monday in the Church of the Nazarene Fellowship Hall, 211 N. Washington St. at 6:30 p.m.

BOY SCOUT TROOP 102 - every Monday, 7-8:30 p.m. during school year in Scout Cabin at 7:30 p.m. at 105 N. Washington St. Ages 11 and up or completing 5th grade. Call Scoutmaster Randy Jesberg at 897-4569 or Del Rockwell at 897-6814.

ALANON - Tuesdays at 7 p.m. First Congregational Church, 865 Lincoln Lake Ave, North door. 616-581-1059.

TAKE OFF POUNDS SENSIBLY TOPS MI #372 - every Tuesday at Key Heights Mobile Home Park Community Building. Weigh-ins at 5:45 p.m.

CUB SCOUT PACK 3188 - meets every Tuesday at 6:30 p.m. at First United Methodist Church, 621 E. Main.

QUA-KE-ZIK SPORTS - MAN'S CLUB - meets second and third Tuesdays at 8 p.m. at 8731 West Riverside Dr. Go to www.qua-ke-zik.org for information. New members welcome.

LOWELL LIONS CLUB - meets third Tuesday at noon at Lowell City Hall.

COFFEE BREAK/LADIES BIBLE STUDY - Sept. - May, Tuesdays 9:30 - 11:15 a.m. No church membership or experience required. Bring preschoolers for Story Hour & Craft. Free nursery for younger children. There's an evening class on Mondays at 6:30 p.m. No children's class. Calvary Christian Reformed Church, M-21 across from Burger King. 897-7060.

A.D.D./A.D.H.D ISSUES GROUP - meets second Tuesday, 7-9 p.m. at St. Luke's Lutheran Church, 32156 4-Mile N.E. (at E. Beltline). Call Linda at 874-5662.

ALTO BRANCH LIBRARY - 6071 Linfield Ave., 616-784-2007.

DIABETIC SUPPORT GROUP - 2nd Tuesday at Schneider Manor Community Rm. 9:30 - 10:30 a.m. 897-2760 or 897-9160.

KNIGHTS OF COLUMBUS #7719 - second and fourth Tuesday at St. Mary School, 7:30 p.m.

BACK TO BASICS - every Tuesday and Thursday at 7:30 p.m. at 865 Lincoln Lake, Lowell. Closed AA meetings. Non-smoking.

ROLLAWAY LTD. SENIOR BOWLING - Wednesdays, 1 p.m., 55 and over.

LOWELL AREA TRAILWAY - meets 2nd Wednesday at 6 p.m. at the Lowell Area Chamber of Commerce. Visit www.lowellareatrailway.org or call Mari 897-5671.

ALANON - Tuesdays at 7 p.m. First Congregational Church, 865 Lincoln Lake Ave, North door. 616-581-1059.

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DIABETIC SUPPORT GROUP - 2nd Tuesday at Schneider Manor Community Rm. 9:30 - 10:30 a.m. 897-2760 or 897-9160.

BOOK WORM BOOK CLUB MEETING - Feb. 21 at 6 p.m. Discussing "Bath Massacre" by Arnie Bernstein. Saranac Public Library.

SARANAC AREA MUSICIANS - Practice Thursdays at Saranac High School band room. Choir: 6-7 p.m. Band: 7-8 p.m. Call Kathy at 897-5981.

ALTO LIONS CLUB - first & third Thursday at United Methodist Church in Alto at 7 p.m.

KEEP IT SIMPLE ADDICTIONS SUPPORT GROUP - Socialization & peer support for recovering addicts. Meets every Thursday at 7 p.m. at First United Methodist Church, Raya building, Contact Charlene, 897-7638 or Carrie, 897-7303 for more info.

QUARTER BINGO - 2nd Thurs. of each month, 1-5 p.m. 2 cards for a quarter. 50% payback w/100% payback hourly specials. Open to the public. The Moose Rec Hall, 1320 E. Main St. Sponsored by W.O.T.M. Chapter #1388.

LA LECHE LEAGUE OF ADA CASCADE, LOWELL - 2nd Thurs. 7 p.m. meeting. Support for pregnant/breast-feeding women. Church in Ada. 752-8300.

WEIGHT WATCHERS - Thursdays at 5:30 p.m. at Impact Church, 1070 N. Hudson. New members invited. 1-800-651-6000.

GENEALOGY ALTO FAMILY TREE CLUB - second Thursday at the Alto Library at 2 p.m.

LOYAL ORDER OF MOOSE - second Thursday, 7:30 p.m. Members in good standing may attend.

ADA HISTORICAL SOCIETY - second Saturday of every month at 10:30 a.m. at the Averill Historical Museum of Ada, 7144 Headley, Ada.

COFFEE WITH THE LOWELL CITY COUNCIL - First Saturday each month, 8 a.m. - 10 a.m. at Chamber office, 113 Riverwalk Plaza. Concerns & ideas welcome.

DNRE and Great Lakes commission announce volunteer stream monitoring grants available

The Department of Natural Resources and Environment (DNRE) and the Great Lakes Commission today announced the release of two grant application packages for volunteer stream monitoring in Michigan - the Volunteer Stream Monitoring Grant Program and the Volunteer Stream Monitoring Start-Up Grant Program.

Both grant programs are offered under the Michigan Clean Water Corps (MiCorps), a network of volunteer monitoring

programs in Michigan. Up to a total of \$50,000 is available this year to fund these grant programs. Local units of government and nonprofit organizations are eligible to receive grant funding.

The Volunteer Stream Monitoring Grant Program provides grants for volunteer groups to monitor benthic macroinvertebrate communities and habitat characteristics in wadeable streams and rivers. The grants provide training and support to collect water quality data to support the

DNRE's and local efforts to protect and manage the state's water resources. The grants may be used to fund a local monitoring coordinator and/or purchase water quality monitoring supplies.

The Volunteer Stream Monitoring Start-Up Grant Program provides funding for newly forming volunteer monitoring groups to assist with designing a monitoring program and strategy for their community, and aid in the development of a full proposal for the 2012 Volunteer Stream Monitoring Grant Program. Start-up

grant recipients will have access to MiCorps resources and training. Up to \$10,000 will be available for start-up grants, with multiple grants expected in the \$1,000 to \$3,000 range.

Now in its seventh year, the MiCorps Program was established to assist the DNRE in collecting and sharing water quality data for use in water resources management and protection programs. MiCorps has awarded nearly \$295,000 in grant funds to volunteer organizations to assist in

water quality assessments, protection, and stewardship of lakes and rivers. For more information on the MiCorps Program or these grant opportunities, please visit the MiCorps website at: <http://www.micorps.net>

Grant application packages, which include grant information and application instructions, are available online at: www.micorps.net/app/gap11.html and www.micorps.net/app/startup11.html. Grant applications are due by Feb. 14, 2011.

Questions about the grant application process should be directed to: Paul Steen, Huron River Watershed Council, at 734-769-5123 or psteen@hrwc.org; or Bill Dimond of the DNRE's Water Resources Division at 517-241-9565 or dimondw@michigan.gov.

The Department of Natural Resources and Environment is committed to the conservation, protection, management, and accessible use and enjoyment of the state's environment, natural resources, and related economic interests for current and future generations. For more information, go to www.michigan.gov/dnre.



JANUARY 19 - JANUARY 25

- **Moscow** - An explosion shakes the busiest airport in the Russian capital Monday. There is no immediate word on the cause of the explosion in the international baggage-claim area. The explosion kills 31 people.
- **Keith Olbermann** leaves MSNBC. The New York Times reports. 'Several executives involved in his exit' explain he is barred from returning to TV for 6-9 months, based on his buy out.
- **Mortgage giants** leave legal bills to the taxpayers. Since the government took over Fannie Mae and Freddie Mac, taxpayers have spent more than \$160 million defending the mortgage finance companies and their former top executives in civil lawsuits accusing them of fraud.
- **The former governor** of Minnesota, Jesse Ventura, sues Department of Homeland Security and the Transportation Security Administration. He says they are violating his right to be free from unreasonable searches and seizures.
- **Pioneering exercise guru** Jack LaLanne dies at the age of 96.

LHS Students of the Month

In conjunction with the LHS Academic Boosters, Lowell High School announces that Madeline Falkenstern, ninth grade; and Zachary Williamson, twelfth grade; are the Lowell High School December/January Students of the Month. In order to be eligible for this honor, a student must be nominated by a department.

All the nomination forms for the month are then reviewed and voted on at the monthly department chair meeting. Students are selected based on academic achievement, character and work ethic. There are 1241 students eligible for nomination, so this is quite an accomplishment for Falkenstern and Williamson.

The students receive a \$20 movie gift card and a certificate.

Falkenstern was nominated by the Freshman Center East House and they write, "Maddie is a true inspiration to all who know her and encounter her. She has overcome numerous physical challenges to excel in the classroom throughout the school year. Maddie rarely misses a day of school and relishes her time at school. She is a very hard worker who works 110 percent on everything she does. Maddie is a daily contributor to class discussions and is always willing to help a classmate in need academically or socially. All of Maddie's teachers observe that her

work ethic and positive attitude permeate to others around her. We truly feel blessed to have the opportunity to teach Maddie everyday and look forward to seeing her grow both academically and socially for the next three years at Lowell High School."

Williamson was nominated by a combination of the math and english departments and they write, "There are very few kids that start out with the attitude that Zach did as a freshman and turn it around. Zach makes this, at times incredibly frustrating, job worth doing. Zach Williamson is a senior who has made steady improvements, both academically and personally,

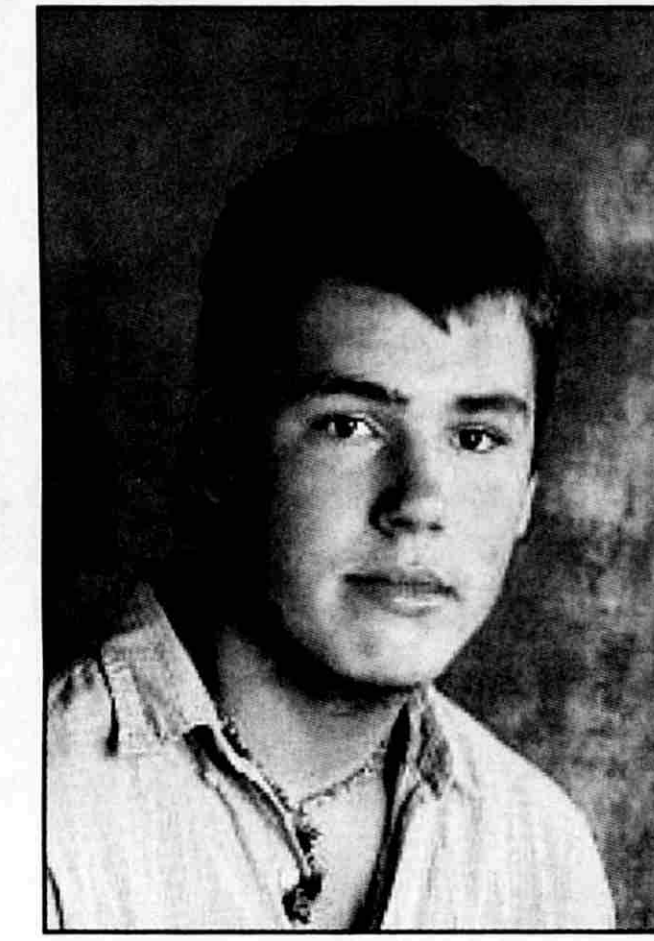
since his freshman year. So far this year, Zach has had perfect attendance - not even a tardy! He has also excelled beyond expectations in his Algebra II class. He turned in every math assignment the first trimester, focused during class, asked questions when necessary, and passed every test! He has been a model student."

In addition, Lowell High School would like to recognize Cody Kooiman, twelfth grade; Dusten Ransom, twelfth grade; and Jayme Peterson, eleventh grade. Kent Intermediate School District has named Kooiman as the November Student of the Month for electrical/electronics trade, Ransom as the November Student of the Month for auto collision, and Peterson as the December Student of the Month for health careers at Kent Career Technical Center.

This program is made possible by the support of the LHS Academic Boosters, who support the high school in many ways. If you are interested in helping support the LHS Academic Boosters you may call Janine Mork at 897-5671.



Madeline Falkenstern



Zachary Williamson

last week's poll result:

Sound Off

Is it time to revive the debate on gun control?

- Yes - No one should own a gun6%
- Yes - But citizens should be able to own guns 38%
- No - The laws are fine the way they are 31%
- No - There should be no restrictions on gun ownership 25%

BE SURE AND VISIT thelowelledger.com AND VOTE IN OUR WEEKLY POLL!

NOTICE - CONSTITUENTS OF LOWELL

It seems that major projects, like a new amphitheater, are being fast-tracked by the city council and the DDA. I don't believe Lowell's million-dollar river walk has stimulated business downtown to any degree. So what makes them think resurrecting the now defunct amphitheater is going to make a difference? It has been noted that some want the amphitheater to be more like a park. How can Lowell afford another park when it has a hard time maintaining what it has now?

There's a lot to be said about how the amphitheater should be funded. To ask the state of Michigan for state grant funding while Michigan is in such financial despair should be out of the question. Using DDA funds while the city's real needs are on the back burner should be out of the question.

It's time to wake up and see the light of day, where Lowell has many needs, but another park isn't one of them.

This political ad is paid for by Jim Howard for better city government

Child-Care, & Children's Dental Guide

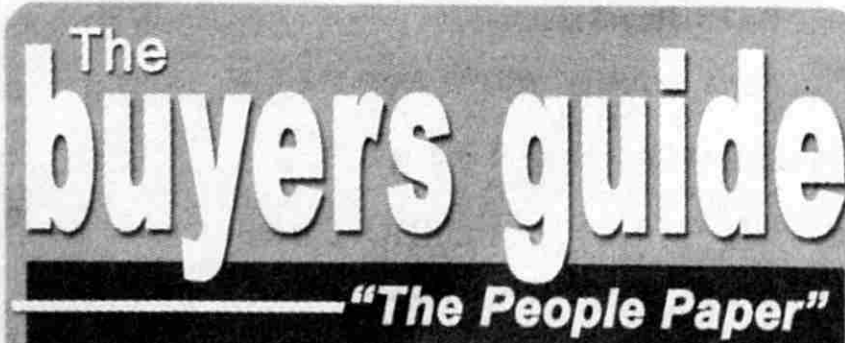


Advertise in this local guide of area Child Care Providers, Preschools and child-friendly Dentists.

This special section will run in the Feb. 5 edition of the Buyers Guide. Deadline is Thurs., Feb. 3 at 5 p.m.

PRICES

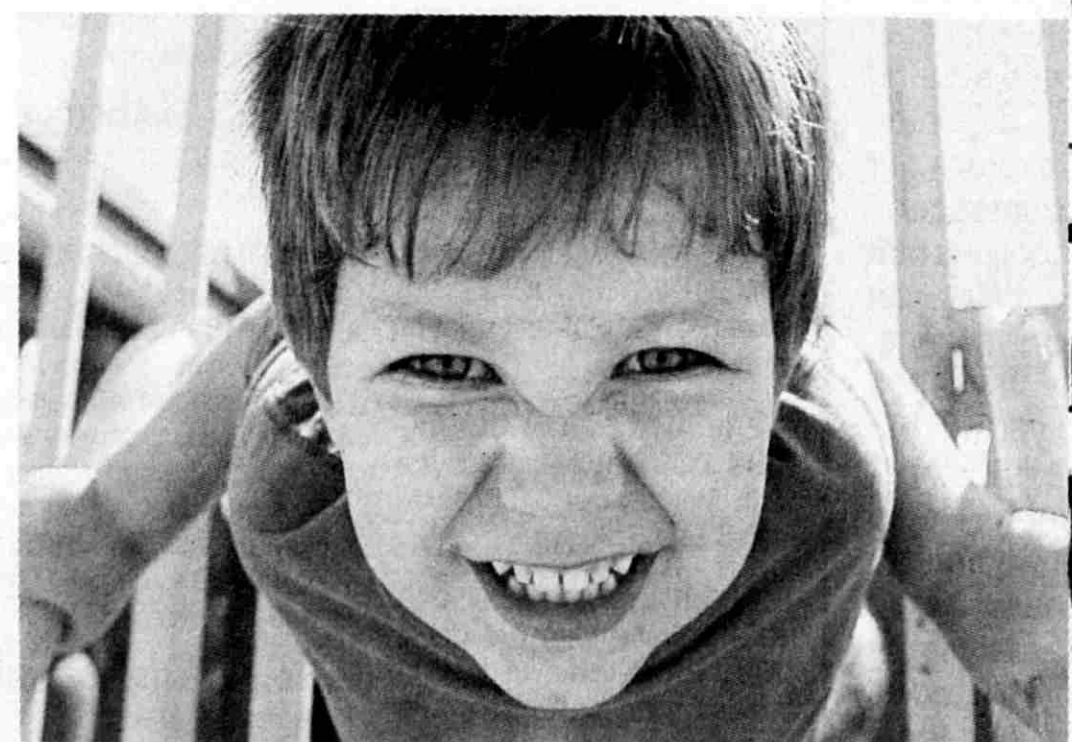
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105 N. Broadway Lowell

Artists show off diverse work at Ella's

by Emma Palova

The work of Studio 208 artists is now on display at Ella's Coffee and Cuisine in downtown Lowell.

The circle of artists carrying the legacy of the late David Davis, a local arts guru, meets on a regular basis at the studio above Chimera Design. The core group consists of the artists: Connor Bergin,

Cathy Dykstra, Karen Hale, Patti Salka, Gera Smith, Gerri Teelander and Gerard Wood.

The artists meet together to pursue a common passion, that is to create art, according to Gerard Wood. They have installed a new show "The Black Frame Show" at the coffee shop to showcase their talents.

"The only rule for the show was to have it framed in black," said Wood.

The group of artists got to know each other while taking classes from Davis. They are a diverse group which includes a high school freshman, state government worker, two local business owners, real estate person, IT manager and a school teacher.

So, what do all these people have in common? The love for art.

Wood says, we've always encouraged one another, while creating art independently.

"This is a good kickoff for our exhibiting in 2011," said Wood. "I like how it feels in here. It's an energetic show. There's a lot of encouragement between us."

They all started with a common bond: art and friendship.

"We're a working studio," said Wood.

The future plans are working as a studio group which is open to new ideas.

"Come on up, paint and visit with us," said Wood.

Wood creates spontaneous art, such as "Below the Surface," "Close to the Earth" and "Tigers in the Reeds."

In his collages, Wood incorporates photos from National Geographic, paper towels, wallpaper samples and pieces of a map.

"I pick nautical things," he said.

And the big question: "How do you know when you're done?"

"Well, you get to a point when you know it's good," said Wood.

Cathy Dykstra said there is energy from working together.

"Everyone's joy and input transfers to you," she said. "Because we're together we have become better than alone."

Dykstra said a part of Davis' arts leadership is continuing on as an artist.

"He would just be happy to see us, to help someone," she said.

Most of the artists have been in juried art shows, as well as in ArtPrize.

"We have developed our own styles, but we have incorporated David's techniques," said Wood.

Ella Bolan, the owner of Ella's Coffee, said the artwork livens up the place.

"I want to showcase local artists," said Bolan.




Gerard Wood with his "Below the surface" collage.



Studio 208, front row, left to right: Jera Smith, Karen Hale, Jerri Teelander; back row, left to right: Cathy Dykstra, Connor Bergin and Gerard Wood. Not pictured: Patti Salka

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Cathy Dykstra with her artwork.

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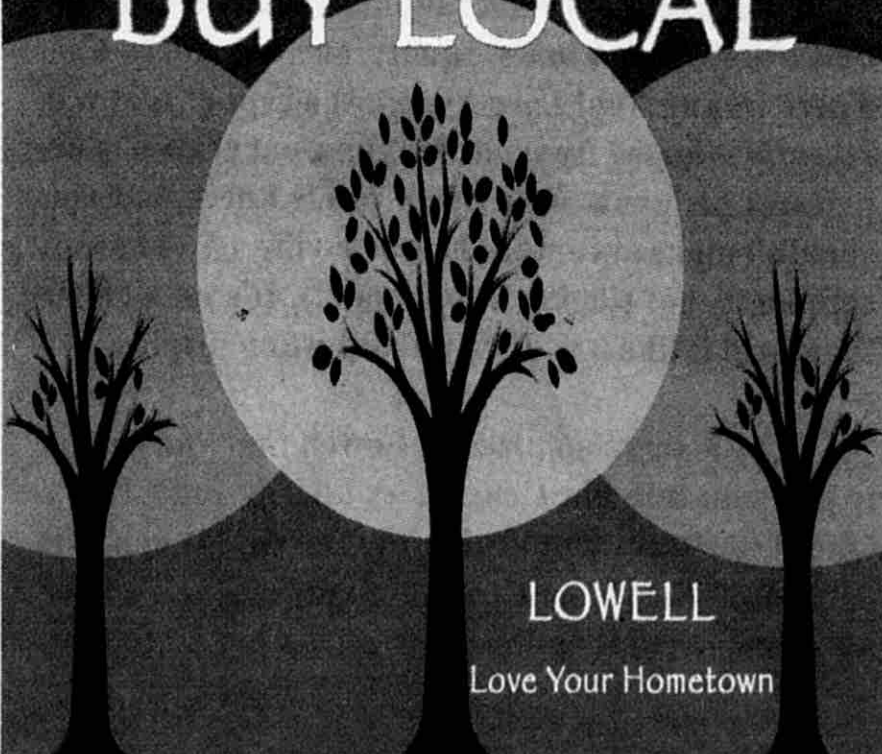
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