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# the lowell ledger

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**tale of the  
lowell troll  
part XXII  
page 14**

**L** **his  
sports**



pages 10 & 11

**50  
CENTS**



## Back to school

Buses began arriving at Alto Elementary at 8:25 a.m. on Tuesday. Starry-eyed students exited the buses ready for their first day of school and friends reunited while walking prior to the start of school. Below, Alto Elementary secretary Bonnie Gokey, in this her 44th year, answers questions prior to the start of school.



## The second annual River Revelry signals end of summer

The annual fundraiser for the Lowell Area Arts Council ended the hot summer days with colder temperatures on its heels.

The event on the Riverwalk was well attended and catered by Victory Club. The music was provided

by the Jonesy and Alive and Well Unplugged local bands.



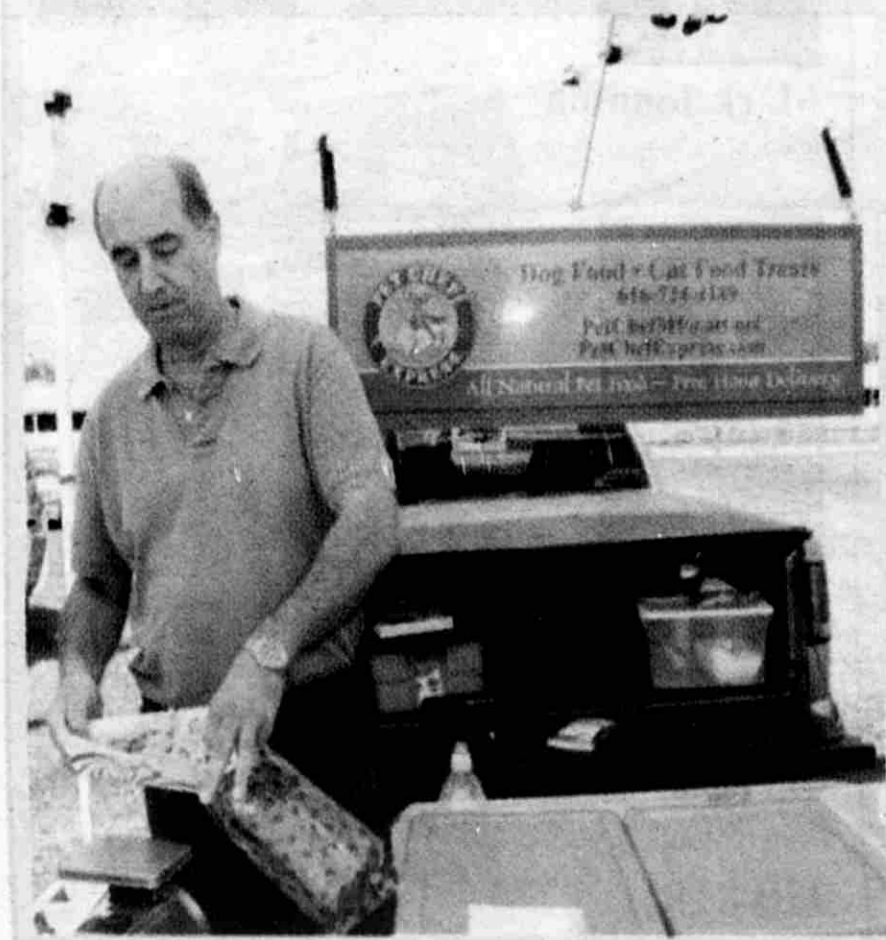
Some residents, like Richard Bryan explored the money machine. At right, by the prize board are Teresa Beachum and Susan Pomper.



## Farmers' Market continues with new produce and pet chef

The Farmers' Market is rolling into its full season with great fresh produce such as tomatoes, peppers, melons, peaches and potatoes. During the recent weeks, pet chef Jeff Schulze has been peddling quality pet food for canines and felines. Pet Chef Express nutrition meals are naturally preserved with

vitamin E. They come in delicious flavors such as canine lamb meal and rice, canine chicken meal and rice, canine salmon meal and rice, lean cat diet and premium feline diet. The dog treats come in different flavors such as yogurt, apple, banana, bacon and cheese, peanut butter and more.



# Remembering Tara

## Lowell woman killed in one-car accident in Vergennes Township



A memorial at the site of the fatal crash at the corner of Bennett and Cumberland roads.

by Emma Palova

The site of the fatal crash at the corner of Bennett and Cumberland roads in Vergennes Township is adorned with a small angel and a vase full of tulips. It rests quietly amidst the tall trees in the rising sun.

Those who knew Tara Beran, 21, a 2008 graduate of Lowell High School, who lost her life early Sunday morning on Sept. 5, 2010, will always remember her as a motivator and an example for others.

Beran was getting ready to go back to school, to the Illinois Institute of Art-Chicago, where she studied fashion design and marketing.

But fate intervened.

On that morning, Violet Gill, who has been living kitty-corner from the fatal site for the last 40 years, only heard noises of what she thought were poppers and crackers.

After all, it was Labor Day weekend.

The next thing she saw were the flashers from the police cars and the emergency vehicles.

"I heard the popping noises," she said. "I thought somebody was practicing shooting."

When she stepped out, Gill saw smoke rising into the sky.

"I had no idea what was going on," she

said. "There is a high bank. The driver must have been airborne."

The site is crucial to what had happened. It wasn't the first accident in the area. There are road commission signs all around commemorating those who have lost their lives on the roads. They simply state, "In loving memory of." The blanks are to be filled.

Gill remembers a guy, about a year ago, running into the steep bank, but nothing happened.

Bennett Road east slopes down the hill and tees into Cumberland with a 10-foot bank at the tee and a stop sign at the intersection. Beran must have missed the stop sign due to the blinding sun, according to the officials.

Even Gill said she has trouble backing out of the driveway onto Bennett due to the sun in her eyes.

"I have to pull down my visor," she said.

Assistant fire chief of the Lowell Fire Department, Ron VanOverbeek, was the first one at the scene at approximately 9 a.m.

Beran's PT Cruiser was already on fire 80 feet into the woods from the bank.

"It was a very unusual accident," he said. "It's a possibility she could have been blinded by the sun. It must be quite an endeavor to investigate this."

VanOverbeek remembers accidents west of Bennett, but not a fatal one at that particular intersection.

# Daisy Floral moves downtown on Main Street

by Emma Palova

Daisy Floral is now located inside the Flat River Antique Mall suites right in the historic downtown.

Apart from remodeling the interior, owner Jennifer Lopez added a walk-in fresh flower cooler.

She hopes to attract clientele downtown with her floral and high-end boutique shop slated for opening during the upcoming events, Girls' Nite Out and Christmas through Lowell.

Lopez says she had outgrown her space at the strip mall just west of the downtown intersection.

She capitalizes on the philosophy that people will

always be getting married; they will be dying, and in need of clothing.

"I run the whole gamut," she said. "I offer the same big city style service at low cost."

Lopez moved her business downtown to be a part of the historical district, because as she says, "Life is too short not to live it in color."

And every day at the shop is different.

"I love what I do," she said. "It's been quite a journey."

It has been a long journey from Grand Rapids to Lowell. Lopez bought

the original Daisy Floral in August of 2007. Before that she worked for West

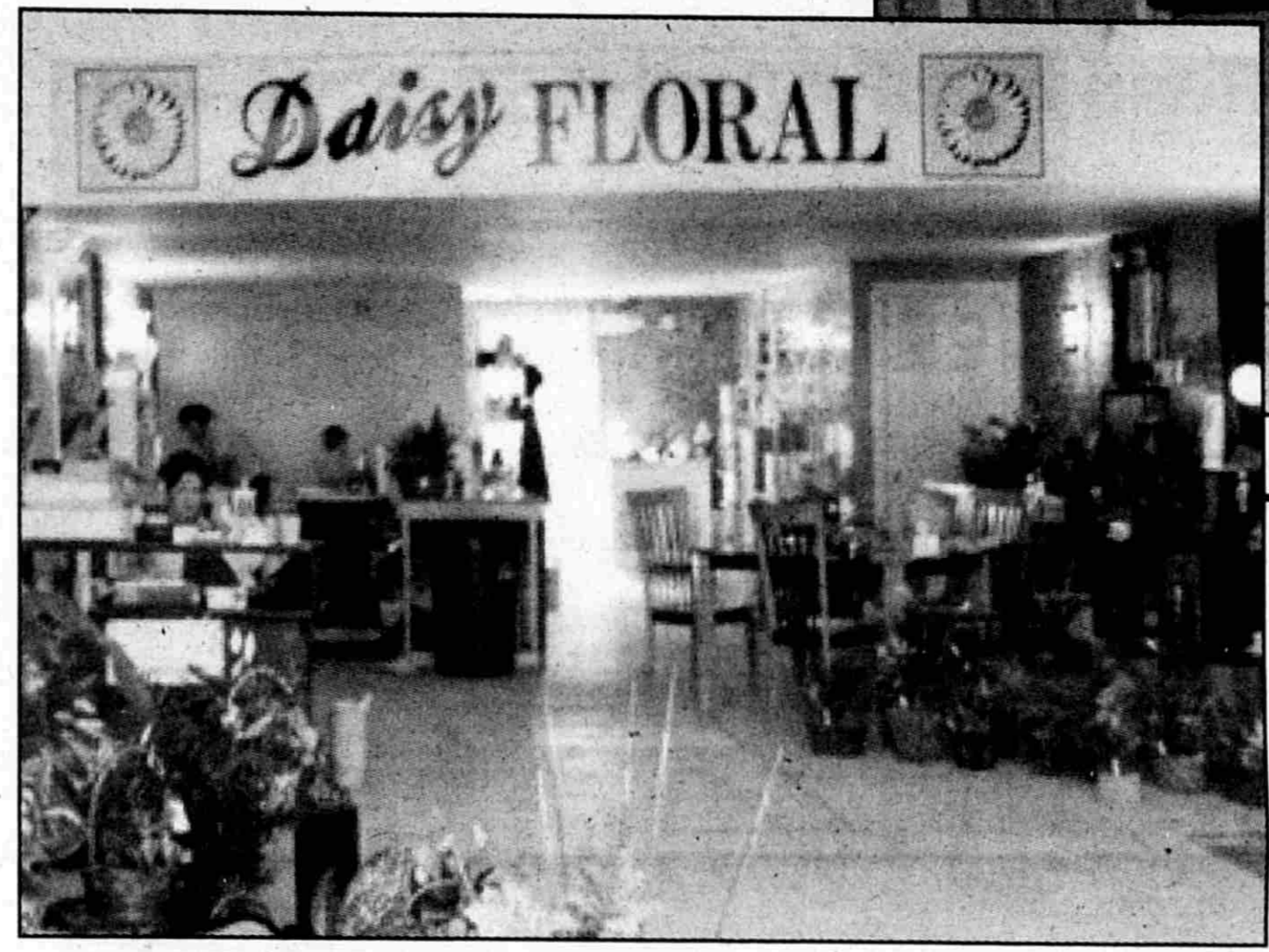
Michigan Floral Supply in interior design and silk arrangements for Rose Bowl

Floral in Grand Rapids and for Ball Floral in Lowell until 2004.

She is planning a new knickknack line for release before Christmastime.



Jennifer Lopez inside the downtown location of Daisy Floral.



## MDOT ramps up traffic data website

The Michigan Department of Transportation (MDOT) and the Department of Technology, Management & Budget (DTMB) have revamped the Mi Drive Web site (www.michigan.gov/drive) to load faster with a new map that is easier to use to locate lane closures and incidents on state trunklines (US, Interstate and M routes).

Visitors to the site will notice a new interactive map that is navigated much like a Google or Bing map. By going to the "Go To" box on the home page or zooming in using your computer mouse wheel, you can easily zoom into a specific location and see and read about current information about lane closures and MDOT construction projects throughout the state, and get accident reports, information

about roadway speeds and changeable message signs in the Metro Detroit area. Among several new features added in response to customer requests are the ability to print maps generated by Mi Drive and to move camera view windows around the display screen. Users also can view live MDOT traffic cameras in Detroit and Grand Rapids, as well as roadway cameras at 13 locations in the Upper Peninsula. Up to nine camera views can be saved for future reference. Users also can enter a zip code and get National Oceanic and Atmospheric Administration (NOAA) weather forecasts to help plan their trips.

"We want to keep motorists safe, informed and mobile," said State Transportation Director Kirk T. Steudle. "The continued

evolution of the Mi Drive site demonstrates MDOT's commitment to provide motorists with information they can use to plan their route before they get behind the wheel."

Originally introduced in 2007, the Mi Drive site has been revamped several times and has proved to be popular with motorists. In 2009, the site registered 3 million page views over 12 months. MDOT says the Mi Drive site registered 246,377 page views in July.

The Mi Drive Web site improvements were accomplished in cooperation with the state's Center for Shared Solutions & Technology Partnerships and the Intelligent Transportation Systems program office within the MDOT Division of Operations.

### CITY OF LOWELL PUBLIC NOTICE

The City of Lowell has two positions available on the Planning-Citizen Advisory Commission Board and one position of the Board of Review. Registered voters within the City who are interested in serving on either board or commission should submit a letter of interest to the City Clerk, Lowell City Hall, 301 East Main Street, Lowell, Michigan 49331.

Betty R. Morlock  
City Clerk

## along main st.

### How To Change Your Life In September

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### NEW EXHIBIT

Franciscan Life Process Center, 11650 Downes St. Aug. 30 through Nov. 7: A collection of drawings and paintings by fine artist David Thinger will be on exhibit. Main Gallery, hours: 9 a.m. - 5 p.m., Mon.-Fri., or weekends by appointment. For more information, call 897-7842.

### 10TH ANNIVERSARY CELEBRATION

Help the Wittenbach/Wege Agriscience and Environmental Education Center celebrate their 10th anniversary on Sat., Sept. 11, 10 a.m. - 2 p.m. Enjoy great family fun including a corn maze, prairie wagon rides, guided hikes, and eco-crafts. Lunch will also be available. Call 987-1002 or email Meggan Johnson at mjohanson@lowellschools.com for more information.

### CALL FOR AUDITIONS

The Thebes Players community theatre is seeking four male actors (ages 20-70) and one female actor (age 20s) for Escanaba In Love written by Jeff Daniels and directed by Sue Bradford. This theatre production will be presented as a dinner theatre from Nov. 5-14 in downtown Lowell. Auditions are Sept. 11, 1-3 p.m. and Sept. 14, 6:30-8:30 p.m. at Lowell Public Library. For more information and to borrow a script contact the Lowell Area Arts Council, 897-8545.

### ANGEL FOOD MINISTRIES

Sign up at the Nazarene Church, 201 N. Washington St., Sat., Sept. 11, 10 a.m. - noon. You may also order online using your debit or credit card. Go to www.angelfoodministries.com. Any questions, call Esther, 897-7395.

### "GRUETZI TO HELLO"

The Lowell Area Historical Museum presents Larry Wittenbach, a Lowell native who has done intensive research on the Swiss settlers of the Alton-Lowell area. Larry has put together a power point presentation for you to see at the Lowell Township Hall, Tues., Sept. 14 at 7 p.m.

Feel free to send your event information to the Ledger for Along Main St. All submission requests for Along Main St. are subject to space limitations. The Ledger makes no assurances that they will appear in print. To ensure that an event notification will appear in the Ledger, it is best to place a paid advertisement. All efforts will be made to place suitable items in the Along Main St. column but they are printed at the discretion of the publisher. For profit events, church services, yard sales and the like, will not appear in this column.

### BLUEGRASS MUSIC FESTIVAL

Many bands, lots of jam sessions, instrument workshops, camping, kids activities. A great family affair. Sept. 17-19, Fri. 6-10 p.m., Sat., noon-10 p.m., and Sun., 11-2 p.m. at the Lowell fairgrounds.

### ATTENTION ARTISTS OF ALL LEVELS

ART Bridge on Mon., Sept. 20, 1-4 p.m. at Fire and Water ART, 219 W. Main. Spend an afternoon sketching and/or photographing the under construction bridge in Lowell. Secret spots have been identified and special arrangements have been made for a wonderful drawing and/or photographic experience. Bring your own materials and supplies, camera, chair, and sun hat. Rain or shine. Reservations encouraged 616-890-1879 or www.fire-and-water-art.com

### FROM FOOD PANTRY

The food pantry is presently in need of canned meats and tuna, canned tomatoes and fruit, peanut butter, soup, crackers, spaghetti sauce, and tuna helper. Please help if you are able.

## the ledger

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### At Your Local Library

Kent District Library programs at Englehardt Branch, 200 N. Monroe St. For additional information call 616-784-2007.

John DeJong, and illustrator Jan Johnson to discuss how to write a book. This event is held in conjunction with Lowell Kaleidoscope of Flavors project designed to highlight volunteer opportunities. For all ages. Thursday, September 9, 5 p.m. Englehardt Branch, 200 N. Monroe St.

### Japanese Manga Club

Calling all experienced Pokemon, Yu-Gi-Oh and Bakugan players! Come play, trade, and meet other fans of these popular games. For ages 6 and up. Wednesday, September 22, 6:30 p.m.

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# financial focus



Christopher C. Godbold

## Celebrate Grandparents Day by investing in your grandchildren's future

National Grandparents Day is Sept. 12. If you're a grandparent, this day is meant to honor you — but you can also celebrate by investing in your grandchildren's future. Of course, much of

their future success may depend on their ability to receive a college education, but college is expensive. In fact, according to the College Board, for the 2009-2010 school year, the average cost (tuition, fees, room and board) for an in-state student for one year at a public, four-year school was more than \$15,000, while a student at a private, four-year school paid, on average, more than \$35,000. Furthermore, in recent years, college costs have risen considerably faster than the general inflation rate, so if your grandchildren are still quite young, their college bills may easily eclipse the numbers shown above.

Fortunately, if you want to help your grandchildren pay for college, you have some good savings vehicles to choose from, including the following:

• **529 savings plan** — A 529 savings plan allows you to put money in specific investments, managed by an investment professional. You can gift \$13,000 per year to each grandchild without incurring gift taxes. All withdrawals from a 529 savings plan will be free

from federal income taxes, as long as the money is used for the beneficiary's qualified college or graduate school expenses. (Withdrawals for expenses other than qualified education expenditures may be subject to federal and state taxes, plus a 10 percent penalty.) Also, if you participate in your own state's 529 savings plan, your contributions may be eligible for a state tax deduction or credit.

• **Coverdell Education Savings Account** — Depending on your income level, you can contribute up to \$2,000 annually to a Coverdell Education Savings Account (ESA). (Unless extended by new legislation, however, this contribution limit will fall to \$500 per

year, beginning in 2011.) Coverdell earnings and withdrawals are tax-free, provided the beneficiary uses the money for qualified education expenses. Any nonqualified withdrawals from a Coverdell ESA may be subject to federal and state taxes, plus a 10 percent penalty.

• **Zero coupon bonds** — When you purchase a zero coupon bond, it is priced at a discount to its principal, or face, value. You receive the principal value when the bond matures. You could purchase a zero coupon bond that matures when your grandchild is ready to go to college — and you'll know exactly how much you'll be getting. Although you won't be receiving regular interest

payments throughout the life of the zero coupon bond, as you would for a typical bond, you'll still be liable for the taxes on this interest. But by putting the bond in your grandchild's name, the interest will be taxable at his or her tax rate, which will likely be much lower than yours. Before purchasing or titling a zero coupon bond, though, consult with your tax advisor.

By making any of these gifts to your grandchildren, you will remind them, once again, of how lucky they are to have grandparents — which is, after all, the true meaning of Grandparents Day.

*This article was written by Edward Jones for use by your local Edward Jones Financial Advisor.*

## Read this if you plan to retire soon

Planning to retire in early 2011? It may already be time to apply.

Applying for benefits is easier than you think — especially if you do it online at [www.socialsecurity.gov](http://www.socialsecurity.gov). The Social Security website makes the process easy and convenient.

Log on to your computer and visit [www.socialsecurity.gov/applyonline](http://www.socialsecurity.gov/applyonline). You can apply online for your retirement benefits from the comfort of your home or office in as little as 15 minutes.

In most cases, once your application is submitted

electronically, you're done. There are no forms to sign and usually no documentation is required. Social Security will process your application and contact you if any further information is needed.

Retiring soon, continued, page 6



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# viewpoint

## to the editor

Dear Editor;

*"The greatness of a nation and its moral progress can be judged by the way its animals are treated."* Mahatma Gandhi

This message made me stop and think about a recent incident.

My husband and I arrived home from vacation to find an unknown dog barking at us from our backyard. We gave her some water and observed her. After a couple days we broke down and gave her food.

She had made her bed under a backyard tree and didn't leave that spot for the next week and a half. I earned her trust and noticed empty rings on her collar that at one time held dog

tags. She was very thin but I noticed that she was swollen with milk. She must have recently delivered pups.

My husband and I made flyers to find the stray's owner. We posted them in town and talked with neighbors. We have two rescued dogs and foster cats so we don't have room for another pet.

After a week with no response, we took her to the Kent County Humane Society. I knew they would evaluate her health, personality and list her at Petfinder.com. She had the best chance of being adopted there. I called about her status; I was told that she was aggressive to the staff and is therefore unadoptable. She was sent to Kent County

Animal Shelter to wait for the owner to come forward or to be euthanized.

I was not allowed to adopt her because of liability issues, which are understandable. I am heartsick, but the Animal Shelter employee reminded me that I took all the right steps. She will be put to sleep, a more humane way to die than dehydration, starvation, being hit by a car or attacked by another animal.

It is likely she was dumped out in a field behind our home. Did the owners actually believe she could fend for herself out in the country? If she did have dog tags, someone must have cared for her at some point. Pets have a right to basic needs: food, water and a safe home. If a person can't offer the basics, they have no right

owning a pet.

If a person has a pet they can no longer care for, the Humane Society is the best solution in surrendering an animal. Quite often, animal rescue groups take pets from the Humane Society and Animal Shelter after they have been evaluated there.

How can you prevent this from happening again? Be a hero. Adopt from an animal shelter, humane society, and rescue group or search petfinder.com. There are thousands of orphaned animals waiting for a good home. It's the personality, training and love that make a great pet, not the pedigree papers.

Spay or neuter the animal to reduce the orphan population. Dr. Langlois from the Animal Hospital of Lowell can spay/neuter for a

reduced fee for low income families. C-Snip also offers this service.

Now my thoughts are with the pups, wherever they are. I hope they have a better chance at life than their mother.

Sincerely,  
April Leikert

## outdoors

gearing up

Dave Stegehuis

Summer in Michigan is not officially over, but there are signs that the season is changing. Back to school sales and football practice hint of cooler temperatures, falling leaves, and festivals.

Fall edition catalogs from suppliers of hunting and fishing related products turn up in the mailboxes of those who have been identified as people who go afield in the fall. Outfitter catalogs, as well as outdoor magazines and chain stores, will entice sportsmen with the latest and greatest products. Outdoor gear has kept pace with consumer electronics in the race to tempt the public with must have gadgets and upgrades of current products.

Someone just getting involved with hunting or fishing might be intimidated by the vast amount of gear available and the potential cost of it all. An avalanche of radically re-designed firearms, trail cameras, global positioning systems, clothing, boots, bows, fishing rods, and more has become available in the last several years.

In most cases, these

things do add some level of comfort, convenience, or performance but are not required for someone to have an enjoyable and successful experience afield. In the study of economics, there is a theory called the law of diminishing returns. This law illustrates the principle that at some point additional investment may not yield proportional returns. For example, you can catch fish on an inexpensive fiberglass rod, but you will probably not catch four times more fish using a graphite rod costing four times more. It's not necessary to have the latest and greatest.

There is a significant movement in the hunting community to get back to basics. Hunting deer on the ground with a long bow is becoming popular. Venturing out and becoming involved in a new activity is the most important step.

Paging through catalogs and window-shopping is fun and interesting, and is part of the total experience. But don't let costly equipment be a barrier to getting out and enjoying your time outdoors.



By Shelly MacNaughton

three children, two of whom, Claudie aged 15 years and Wilda aged 9 years, survive with the father to mourn the loss of a loving wife and mother. An infant, Edward, preceded his mother by a few weeks.

## 75 Years Ago The Lowell Ledger and Alto Solo September 5, 1935

The completed poultry and egg house of C. H. Runciman, located just south of Main St. on Riverside Dr., will open this Saturday. This new enterprise is completed with the usual Runciman thoroughness and will furnish farmers with a ready market for their poultry and eggs and will also retail dressed chickens.

## 50 Years Ago The Lowell Ledger September 8, 1960

Lowell's first school building, which was merely a primitive log hut located on the west side of the river near the site of the present Light and Power plant, was built by the Robinson brothers-whose numerous children needed education.

The first school was a very rude affair, comprised of one room with a loft upstairs. The first teacher was a Miss Caroline Baird, an experience preceptress from Ithaca, New York, who was employed by the trustees in May, 1838. During the winter of 1838-1839 she was assisted by her niece, Helen Chapin, and within the primitive building both ladies made their home. Life in the loft did not suite Miss Baird, however, and soon she became engaged to Caleb Page, a native of Windsor, Vt., who had located his farm on a 40 acre tract of land near what is now Fallasburg. Paige married Miss Baird within the schoolhouse in January 1839, during what was the first wedding among the American settlers of Lowell village.

## 100 Years Ago The Lowell Ledger September 8, 1910

Superintendent Crampton states that the Lowell schools start the 1910-11 year with a total enrollment of 150 pupils.

Mrs. Clayton Richards died at her home in Cascade township west of the Lowell town line, Aug. 21, at the age of 35 years. Funeral services were conducted at the home on September 3 by her pastor, Rev. Sutton; burial at Alaska, her former home. She was married to Clayton Richards, Oct. 14, 1894. To them were born

## 25 Years Ago The Grand Valley Ledger September 11, 1985

Senator Dick Posthumus, R-Lowell, will speak to the business community about the real reasons Michigan won't be home to General Motors' new Saturn plant on Thursday, September 12, 7:40 a.m. at the Press Club.

## Letters To The Editor:

The Lowell Ledger welcomes your Letters to the Editor. Letters are required to bear the author's signature, phone number and address (for verification purposes only, not for publication). Letters will be published at the discretion of the publisher. All letters are subject to editing for length and grammar. Thank you letters, advertising or personal attacks will not be printed.

Letters may be submitted via email to: [ledger@lowellbuyersguide.com](mailto:ledger@lowellbuyersguide.com) ("to the Editor" in subject line) or dropped off or mailed to: The Lowell Ledger, 105 N. Broadway, Lowell, MI 49331. Also, our website, [www.lowellbuyersguide.com](http://www.lowellbuyersguide.com) has a link to submit emails on the left side of the page.

## the ledger

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# health

With Drs. Paul Gauthier, Jim Lang, Wayne A. Christenson III, John G. Meier & Tracy Lixie



## Shingles

Shingles is a painful, blistering rash that can occur in people of all ages. It always presents on an area of skin that is on one side of the body. This means the rash does not cross the midline of the body. It usually starts with a tingling or burning sensation on an area of skin that turns into painful, small

red blisters by the second or third day.

Shingles is a reactivation of the chicken pox virus. anyone who has ever had chicken pox is susceptible to developing shingles. Shingles is not contracted from another person, rather it is a reactivation of the chicken pox virus that has

been lying dormant in the body.

An outbreak of shingles tends to occur more often in the elderly, and in people who may be immunocompromised. An immunocompromised person is someone who may be receiving chemotherapy, or someone whose immune system is worn down. A person's immune system can be temporarily worn down from emotional stress or physical stress, like another infection or illness.

Exposure to someone with shingles will not cause shingles, however it can cause chicken pox in those who have never had chicken pox. Shingles may also be

contagious to someone who is immunocompromised. Therefore, it is important that a person who has shingles avoid those who: have not had the chicken pox, may be receiving chemotherapy, may be ill, or may be pregnant.

If you think you may have shingles it is important to visit your health care provider immediately. There are antiviral medications which can decrease the severity and length of the outbreak, but they must be started within the first three days to be effective. There is also a vaccine available to those patients over 60 years old.

## Cook eggs well to avoid foodborne illness

As the nationwide egg recall investigation continues, the Michigan Department of Agriculture (MDA) is urging consumers to err on the side of caution and cook their eggs thoroughly.

"The ongoing nationwide egg recall has many consumers worried about the safety of their eggs," said Katherine Fedder, MDA's Food and Dairy Division Director. "We are working aggressively with our local, state, and federal investigation partners to determine which food retailers in the state may have received the recalled eggs; however, there are several simple steps consumers can follow to

reduce the likelihood of a foodborne illness like Salmonella."

Eggs, like meat, poultry, milk, and other foods, are generally safe when handled properly. Shell eggs are safest when stored in the refrigerator, individually and thoroughly cooked, and promptly consumed. According to the Centers for Disease Control and Prevention (CDC), the larger the number of Salmonella bacteria present in the egg, the more likely it is to cause illness. Keeping eggs adequately refrigerated prevents Salmonella present in the eggs from growing, so eggs should be kept refrigerated until they are used.

"Cooking reduces the number of bacteria present in an egg; however, an egg with a runny yolk still poses a greater health risk than a completely cooked egg," said Fedder. "Concerned consumers should feel free to ask their local grocer or area restaurant who supplied their eggs."

Following a few simple egg safety steps can help prevent foodborne illness:

Don't eat recalled eggs or products containing recalled eggs. Recalled eggs might still be in grocery stores, restaurants, and consumers' homes. Consumers who have recalled eggs should discard them or return them to their retailer for a refund. Individuals who

think they might have become ill from eating recalled eggs should consult their health care providers. For further information about which eggs are being recalled, check <http://www.fda.gov/Safety/Recalls/MajorProductRecalls/ucm223522.htm> (FDA website)

- Keep shell eggs properly refrigerated.
- Discard cracked or dirty eggs.
- Wash hands, cooking utensils, and food preparation surfaces with soap and water after contact with raw eggs.
- Eggs should be cooked until both the white and

Avoid foodborne illness, continued, page 7

## happy birthday!



**SEPTEMBER 8**  
Wilma Fairchild, Teresa Kenney, Papa Wilson, Lobbezoo.

**SEPTEMBER 12**  
Deborah Claypool, Nathan Propst, Jim Smith, Tyler Bitterman.

**SEPTEMBER 13**  
Beatrice Kuiper, Randy McIntyre, Gloria Ossewaarde, Haley Briggs.

**SEPTEMBER 9**  
Sarah Schalow, Amy Cook, Allison Maholic, Linda Morrison, Charles Gee, Todd Lenneman.

**SEPTEMBER 10**  
Brecken Hendrick, Chris Gerard.

**SEPTEMBER 14**  
Christian Barnes, Dan VanDyke, Michael Timmers, Missy Ossewaarde, Megan Gee.

**SEPTEMBER 11**  
Sean Ellis, Justin VanDyke, Susan Barry, Diane Johnson.



\*\*\*

**My life has no purpose, no direction, no aim, no meaning, and yet I'm happy. I can't figure it out. What am I doing right?**

- Charles M. Schulz (1922 - 2000)

## Retiring soon, continued

Regardless of when you plan to retire, you should consider doing it about three months ahead of time. Then you'll know that your payments will make it to you on time.

If you are not quite ready to retire but are thinking about doing so in the near future, you may want to visit Social Security's website to use our convenient and informative retirement planner at [www.socialsecurity.gov/retire2](http://www.socialsecurity.gov/retire2).

Here you can find out just how close you are to meeting your financial goals and then "bookmark" the website to file for retirement benefits when you are ready. From there, you can use our Retirement Estimator to get an instant, personalized estimate of your retirement benefits.

Remember that you're always first in line when you go online. Learn more about Social Security by visiting our website at [www.socialsecurity.gov](http://www.socialsecurity.gov).

Vonda VanTil is the public affairs specialist for West Michigan. You can write her c/o Social Security Administration, 50 College SE, Grand Rapids, MI 49503 or via email at [vonda.vantil@ssa.gov](mailto:vonda.vantil@ssa.gov)

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## Helping kids deal with bullies

With school bullying a growing issue that is prompting many states to adopt anti-bullying laws, parents need to learn to recognize signs of bullying and how to help their children deal with the problem.

For years, bullying was considered by many to be a normal part of growing up, a "rite of passage." That antiquated thinking is being replaced by more progressive understanding of peer abuse, its causes and consequences.

"Everyone asks me if bullying is any worse today than it was 30 years ago. The cruelty that kids perpetrate is the same but

"Please Stop Laughing at Us."

Blanco, who travels the nation's schools sharing her story, says that when addressing students her message is two-fold: It's not just joking around, bullying damages you for life. And bullying isn't only the mean things you do, but the nice things you never do, like letting someone sit alone at lunch or walk to class alone -- such exclusion often hurts more than overt abuse.

Here are some tips to help children deal with bullying:

\* Look for signs your child may be a victim of peer cruelty -- change in appetite, depression, fits of rage,

and you're proud of their individuality.

\* Don't tell your child to ignore bullies and walk away. Grown up logic doesn't work in teen situations. Tell your child to look the mean kid in the eye, show absolutely no emotion, and simply tell him or her to stop.

\* Find an interim social outlet where your child can experience a fresh start with new faces. Contact the nearest park district and public library that do not feed into your school district and ask them to send you lists of their activities for kids, then enroll your child in an activity of choice.

\* Be your child's advocate. Reach out to other parents whose children are being bullied and organize a coalition. Go up the ladder until you get results, starting with the school counselor all the way to the school board.

For more advice on preventing and dealing with bullying or to invite Jodee Blanco to speak at your child's school, visit [jodeeblanco.com](http://jodeeblanco.com).

As Blanco frequently reminds bullying victims, "Standing up for yourself in the moment abuse occurs is your human right. Seeking vengeance later on is a mistake. So be brave, and speak up."



the weapons to achieve it are more sophisticated. With the Internet, Facebook and texting, students can't even escape bullying in their own homes," says survivor turned activist, Jodee Blanco, author of The New York Times bestseller, "Please Stop Laughing at Me..." and its award winning sequel,

frequent illnesses or faking sick, or spending too much time alone in his or her room.

\* Fix the problem, not your kid. It's often what's right about a child that makes him or her a target. Encourage children not to change who they are for anyone, that who they are is wonderful

## Avoid foodborne illness, continued

the yolk are firm and eaten promptly after cooking.

- Refrigerate unused or leftover egg-containing foods promptly.
- Avoid eating raw eggs.
- Avoid restaurant dishes made with raw or undercooked, unpasteurized eggs. Restaurants should use pasteurized eggs in any recipe (such as Hollandaise sauce or Caesar salad dressing) that calls for raw

eggs. Under the Michigan Food Code, restaurants are required to denote items that may contain raw or undercooked items on their menus.

Consumption of raw or undercooked eggs should be avoided, especially by young children, elderly persons, and persons with weakened immune systems or debilitating illness.

Salmonella Enteritidis can be found inside eggs that appear normal. If the eggs are eaten raw or undercooked, the bacterium can cause illness. Egg-associated illness caused by Salmonella is a serious public health problem. Infected individuals may suffer mild to severe gastrointestinal illness, short-term or chronic arthritis, or even death.

## BETH MOORE SIMULCAST

Register Today!

Saturday, September 18 from 10:30 am - 5:00 pm

First Baptist Church, Lowell, Michigan

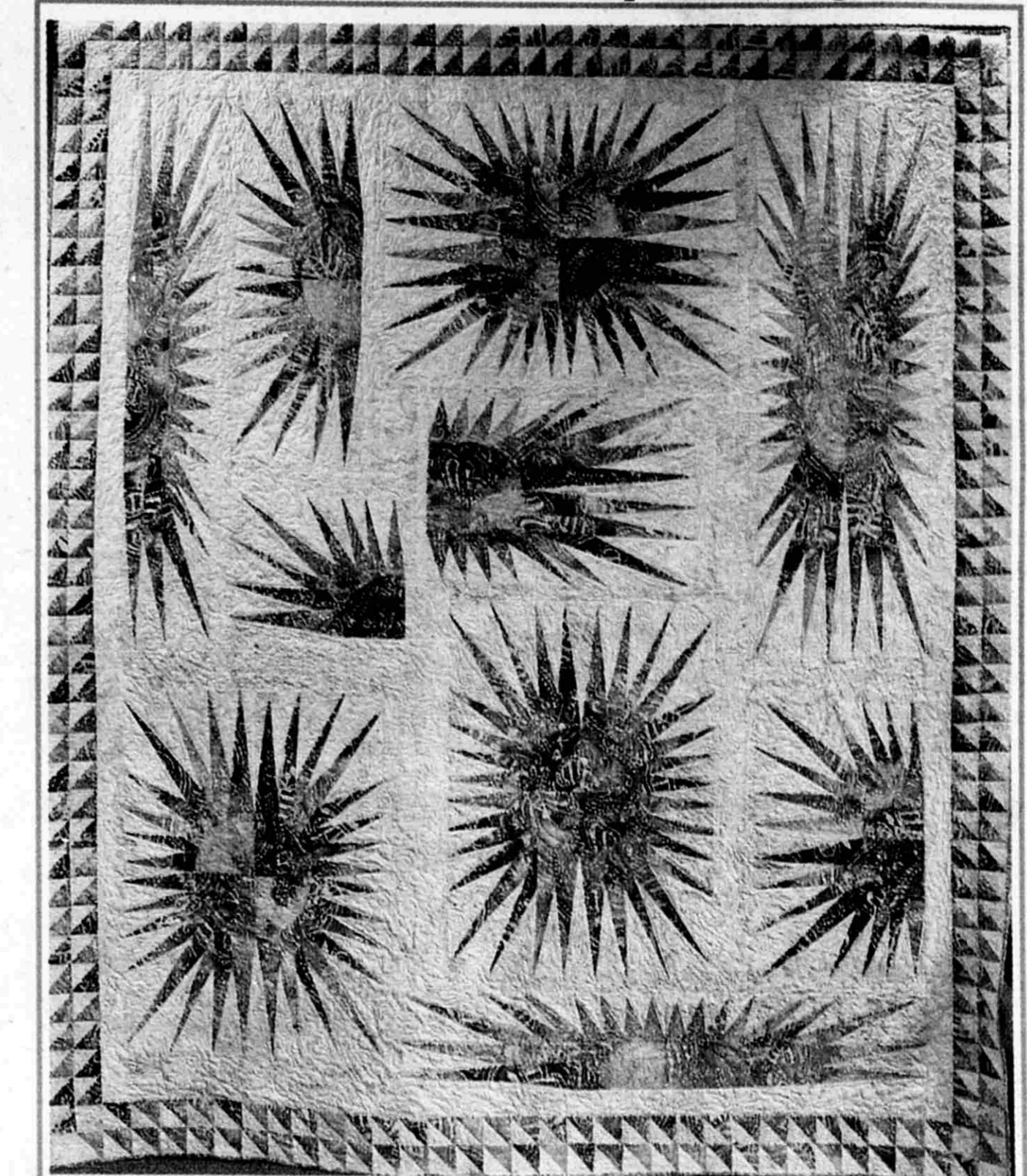
Cost: \$25.00 - Includes Lunch

Tickets are available from First Baptist Church - 2275 W. Main, Lowell 616-897-7168 or Judy Folsom: 616-648-7076

Proceeds will benefit Samaritan's Purse, Operation Christmas Child



## Festival entries up this year



A quilt titled 'Aztec Stars' by artist Dawn Ysseldyke will be one of 90 items to be raffled off at this year's Fallsburg Fall Festival. The festival, held north of downtown Lowell, is in its 42nd year. And the festival entries are up this year to 105 as compared to last year's 85 entries. The festival will be held on Sept. 25 and Sept. 26 from 10 a.m. to 5 p.m.

## AWANA IS BACK!!!



## AWANA

**BEGINS SEPTEMBER 8**  
at **FIRST BAPTIST CHURCH of LOWELL**  
2275 W. Main • 897-7168  
E-mail: [contact@fbcloowell.org](mailto:contact@fbcloowell.org)

Web: [fbcloowell.org](http://fbcloowell.org)

**REGISTRATION AT FIRST BAPTIST CHURCH**  
**REGISTRATION/EMERGENCY CARE FORMS AVAILABLE AT THE CHURCH OFFICE AND AT BEGINNING OF CLUBS**  
\*\*\*PLEASE NOTE - Our preschool club, Cubbies, will be for only the Awana staff & ESL children this year.

*We are looking forward to a great year!*



**"eXcite" YOUTH MINISTRIES:**  
Beginning September 8 at 6:15 p.m.

**"IGNITE"** (Middle School Students) Youth Ministries bus leaves church 6:15 p.m. - returns 7:50 p.m.  
**"EXPLODE"** (High School Students) meets every Monday evening at First Baptist Church, 6:30 - 8:00 p.m.



# PINK ARROW PRIDE

## SEPTEMBER 10 • 2010 LOWELL MEMORIAL STADIUM

### PARKING

ALL HIGH SCHOOL EVENT PARKING  
MUST ENTER AT VERGENNES ENTRANCE.

Lower stadium lot is for  
Handicap and  
parking pass only  
(must enter off of  
Alden Nash entrance).

### SHUTTLE PARKING

is available  
starting at 4:30 p.m. from  
Cherry Creek Elementary  
(Foreman St.)

AND Lowell Middle School  
(Foreman St.) pick-up and drop-  
off area front entrance, parking  
in rear off Suffolk St. entrance.

Buses will start return trips  
at the start of the fourth quarter.



### PEP RALLY

The community is invited  
to the district-wide  
Pep Rally on  
September 10 at 10 a.m.  
in the stadium.

We ask that you use the visitor  
side bleachers and park at the  
south end of the stadium lot,  
leaving room for the buses.  
You won't want to miss  
this one of a kind event.



Join the  
PINK ARROW PRIDE NATION  
and HAROLD ZEIGLER FORD To help  
fill the shelves at FROM Jody and Kraig  
Haybarker Food Pantry.  
Bring a non-perishable item and place it in  
the back of Zeigler Ford's  
truck at the stadium on Sept. 10.

### SCHEDULE FOR EVENT DAY



SEPTEMBER 10

\* Approximate times



- 2:30 p.m. .... GATES OPEN
- 3:00 p.m. .... Boosters Concessions  
and Restaurant Row Open
- 3:30 p.m. .... Soccer introductions
- 3:45 p.m. .... VARSITY SOCCER GAME -  
Lowell vs. Kenowa Hills
- 4:30 p.m. .... Volleyball introduction and match -  
Lowell vs. Forest Hills Northern
- 6:00 p.m. .... Survivor and Honor Walk
- 6:20 p.m. .... Football Player and  
Honoree introduction
- 6:55 p.m. .... National Anthem presented  
by Lowell High School Choir
- 7:00 p.m. .... PINK ARROW GAME -  
Lowell Pink Arrows  
vs. Kenowa Hills Purple Shields

**BETWEEN 1ST AND 2ND QUARTER -**  
Present Kathy Talus Scholarship recipient

**HALFTIME -**  
Presentation of Proud Pink Donors;  
Lowell High School Band

**Between 3rd and 4th Quarter -**  
Present Dr. Donald Gerard Medical Scholarship

**CONCLUSION -**  
Pink Arrow Jersey presentations on playing field

See our Pink Arrow Website at:  
[WWW.PINKARROWPRIDE.ORG](http://WWW.PINKARROWPRIDE.ORG)

SEND DONATIONS TO:  
Pink Arrow Pride  
PO Box 246 • Lowell, MI 49331  
or you may use PayPal

### ARROW FORCE III SHIRTS

Purchase your Arrow Force III shirts at  
PEP TALK, 207 E. MAIN

**YOUR \$15 SHIRT:**  
(2XL and 3XL \$18 - 4XL \$20)

- Helps support those traveling the cancer journey  
through Lowell Community Wellness and Gilda's Club
- Supports Kathy Talus scholarship
- Supports Dr. Donald Gerard medical scholarship
- Is your ticket to the day's event
- Donation stays local and there  
is no administration cost.

**FREE**  
KIDS  
ACTIVITIES  
Face painting  
Bouncy houses  
Sidewalk chalk



**PROGRAMS \$3**  
Jan Johnson has again  
painted the cover of the  
souvenir program.

The original will be raffled at the game  
for \$5 per ticket. Also, there are  
50 limited signed and numbered  
prints available for \$35 each  
(includes a raffle ticket for original).

### RESTAURANT ROW

### QUIVER 5K RUN/WALK AND KID'S FUN RUN SATURDAY, SEPT. 11

- Run starts at 7:30 a.m.
- Walk begins at 7:30 a.m.
- Kid's Fun Run at 8:45 a.m.

Cost: \$15 per participant,  
11 and up

For registration:  
[www.PinkArrowPride.org](http://www.PinkArrowPride.org)

- Ice Cream Caboose -  
ice cream cones or cups
- Deer Run - chicken, veggie,  
or beef wraps with chips
- Larkin's - walking tacos,  
Red Arrow ribs
- Backwater Café - pulled pork sandwiches,  
stuffed baked potatoes
- Keiser's Kitchen - chicken strips,  
French fries
- Ella's - gourmet coffee and cider
- Fry Daddy's - wing dings
- Grand Volute - steak on a stick,  
chicken cordon bleu,  
mac and cheese, whoopie pies
- Flat River Grill - barbecued pulled chicken sandwiches,  
Philly beef sandwich, spinach dip with red chips
- Sneaker's - kabobs
- Heidi's - muffins, donuts, white and chocolate milk



### CONCESSION TICKETS

All concessions - Athletic Boosters and Restaurant Row vendors will be accepting  
tickets only in \$1 increments. All items will be clearly priced per number of tickets  
at each booth. There will be many ticket booths available throughout the stadium.

This system will speed the process for fast service.

An ATM machine sponsored by 5/3 Bank will be available on-site.



# PROUD PINK SPONSORS



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# Red Arrow SPORTS

## Player involvement increased as Lowell rolls over FHC

by Thad Kraus

The biggest difference in victories between game one and two was the different ways a number of players were involved in the Red Arrows' play.

Lowell followed up its 30-7 win over Walled Lake Western a week ago with a 42-0 victory against Forest Hills Central on Thursday.

"We have capable players and we want as many as we can involved in different ways," said Lowell football coach Noel Dean.

That was evident on Lowell's first possession where Sam Young ran the ball three of the first five plays.

The scoring drive was then capped off with a 10-yard touchdown pass to Jordan Drake.

It was also noticeable on defense where Leighton Watson was inserted as a defensive end.

"We played the defending state champions

and there's a reason for that," said Forest Hills Central head coach Greg Ganfield. "We've been down the last couple of year. That's (Lowell) where we want our program to be someday."

The Rangers, who scored 40 points against Traverse City Central in week one, were held to 21 total yards and one first down by the Red Arrow defense.

"Our defense has come ready to play the first two games," Dean said. "While it's played well, let's not put ourselves on the back just yet. Let's wait to the end of the season for that."

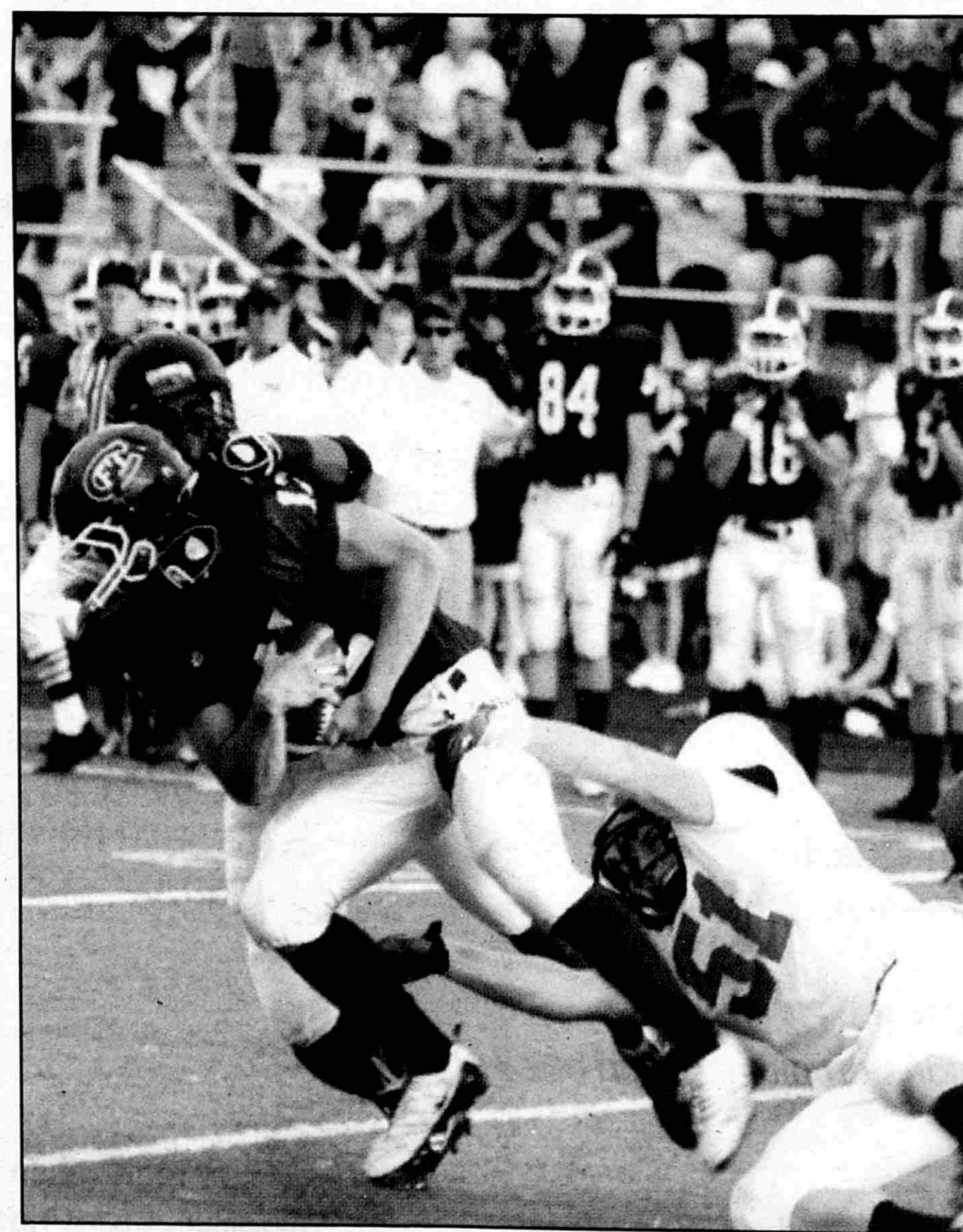
On offense, Lowell marched up and down the field, scoring on four of its opening six possessions.

The two drives that didn't put points on the board were stopped by turnovers.

In addition to Drake's touchdown, first-half scores were posted by Young (four-



Lowell's Gabe Dean rumbles for some of his game-high 116 yards.



Lowell's Tyler Mitchell drags down Rangers' Spencer Nehls.

### FALL SPORTS SCHEDULE

**FOOTBALL**  
 \* Denotes a home game at Red Arrow Stadium  
 9/2 7 p.m. at Forest Hills Central  
 9/10 7 p.m. Kenowa Hills (Pink Arrow)  
 9/17 7 p.m. at Reeths-Puffer

**BOYS VARSITY TENNIS**  
 10 Courts & Home meet. Home meets are held at LHS Tennis Courts  
 9/1 4 p.m. Creston  
 9/8 4:15 p.m. G.R. Christian  
 9/11 9 a.m. Ft. Eastern Invitational  
 9/13 4:30 p.m. Mona Shores  
 9/15 4 p.m. East Grand Rapids  
 9/18 9 a.m. Holland Quad

**GIRLS VARSITY VOLLEYBALL**  
 \* Denotes a home meet. Home meets are held at LHS Main Gym  
 9/14 7:15 p.m. Creston  
 9/16 7:15 p.m. G.R. Christian  
 9/18 Time TBA Caledonia Tournament  
 9/21 7:15 p.m. East Grand Rapids  
 9/24 3:30 p.m. Forest Hills Northern (at Red Arrow Stadium)

**GIRLS VARSITY GOLF**  
 \* Denotes a home meet. Home meets are held at One Team Golf Course  
 9/1 8:30 p.m. Grand Rapids Christian  
 9/8 8:30 p.m. Creston/Grand Rapids Christian  
 9/13 8:30 p.m. East Grand Rapids  
 9/15 3:30 p.m. Northview/Creston  
 9/17 9 a.m. Kenowa Hills Invitational  
 9/20 3:30 p.m. East Grand Rapids

**BOYS VARSITY SOCCER**  
 \* Denotes a home meet. Home meets are held at Red Arrow Stadium  
 9/1 6:45 p.m. at Forest Hills Central  
 9/7 6:45 p.m. Kenowa Hills  
 9/8 6:45 p.m. Creston  
 9/14 6:15 p.m. G.R. Christian at Gaiety Athletic Complex  
 9/18 7:15 p.m. at East Grand Rapids  
 9/21 6:45 p.m. Northview  
 9/23 6:45 p.m. at Greenville

**GIRLS CROSS COUNTRY**  
 \* Denotes a home meet. Home meets are held at LHS campus  
 9/21 10:35 a.m. Black/White Inv.  
 9/8 4 p.m. Jamboree at Northview  
 9/16 8 a.m. Sparta Invitational  
 9/22 4 p.m. Jamboree at Riverside Park  
 9/25 8:45 a.m. Lowell Invitational  
 10/2 9 a.m. Carson City Invitational  
 10/6 5:15 p.m. Jamboree at G.R. Christian  
 10/9 Time TBA Allegan Jamboree  
 10/16 10 a.m. Kent County Invitational at Gaiety Athletic Complex  
 10/20 4 p.m. Jamboree at EGR

**BOYS CROSS COUNTRY**  
 \* Denotes a home meet. Home meets are held at LHS campus  
 9/31 10 a.m. Black/White Inv.  
 9/8 4 p.m. Jamboree at Northview  
 9/16 8 a.m. Sparta Invitational  
 9/22 4 p.m. Jamboree at Riverside Park  
 9/25 8:45 a.m. Lowell Invitational  
 10/2 9 a.m. Carson City Invitational  
 10/6 5:30 p.m. Jamboree at G.R. Christian  
 10/9 Time TBA Allegan Jamboree  
 10/16 10 a.m. Kent County Invitational at Gaiety Athletic Complex  
 10/20 4 p.m. Jamboree at EGR

# Red Arrow SPORTS

## Cross country teams compete in O-K jamboree

by Thad Kraus

Lowell girls' cross country team placed sixth in the O-K White/O-K Black Jamboree at Lowell.

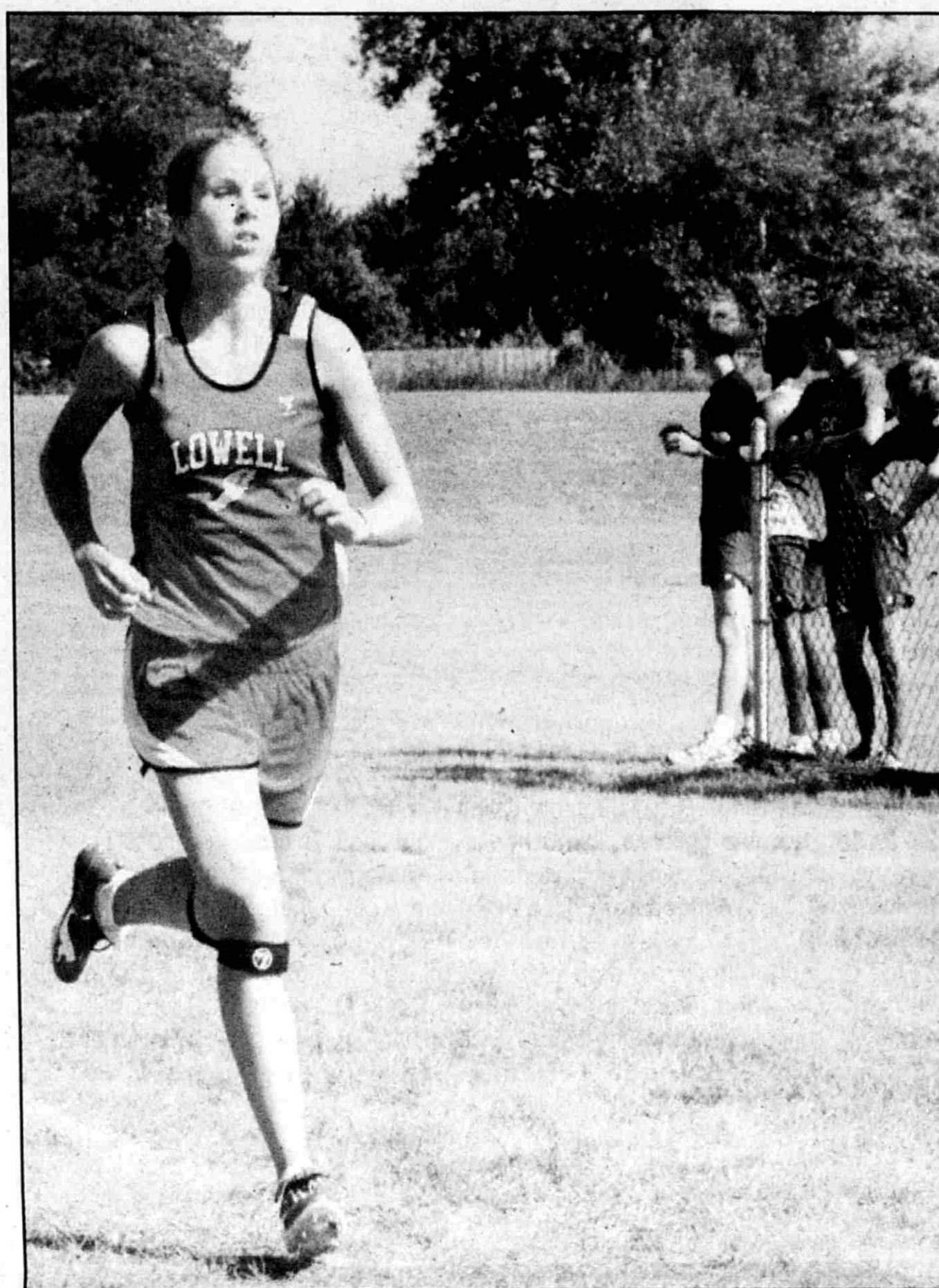
Kelly Holzhueter led all Red Arrows home as she crossed the finish line in a time of 21:55.5 placing her ninth.

Rebekah Betts and Jess Graves were 24th and 27th respectively. Betts finished in 23:33.9. Graves came home in 23:49.78.

Red Arrow Skye Thebo stopped the clock in 25:09.26 finishing 44th while Carissa Paiz was 46th in 25:14.92.

Grand Rapids Christian won the event with 24 points followed by Muskegon Reeths-Puffer 94; East Grand Rapids 98; Muskegon Mona Shores 135; Forest Hills Central 149; Lowell 150; Northview 181; and Kenowa Hills 214.

The Red Arrow boys' cross country team was 11th with a team score of 289. Kenowa Hills won the



Kallie Holzhueter was the first Red Arrow home at the O-K White/Black Jamboree.

Someone had to say it!



Thad Kraus

This ship sailed through another 7-3 storm in week two of the high school football season. I'm 14-6 on the year.

I stubbed my toe on Caledonia, East Kentwood and Rockford.

Caledonia lost to Jenison. East Kentwood lost to Inkster and Rockford defeated Holt.

Here goes my week three picks:

Zeeland East travels to Hamilton. East comes home with its first loss.

Grand Haven at West Ottawa. I like Grand Haven.

Hudsonville at East Kentwood. I still like the Falcons.

Wayland at Caledonia. Scots pick up their first win.

Zeeland West hosts Byron Center. I like West.

Forest Hills Northern at West Catholic. I'm flying with the Falcons.

Greenville at Mona Shores. Jackets remain undefeated.

Calvin Christian at Allendale. Falcons win!

### Thad's Top 10

1. EGR
2. Rockford
3. Lowell
4. Grand Haven
5. G.R. Christian
6. Kenowa Hills
7. Muskegon
8. Byron Center
9. Zeeland West

GO RED ARROWS!

### SOCCER

## Red Arrows fall to Rangers

by Thad Kraus

It was a loss, but one that further advanced the Lowell soccer team in the right direction.

"Forest Hills Central is one of the top soccer programs in the state. As much as a loss can be good, I thought this was a good

loss. The boys play showed we're going in the right direction," said Lowell boys' soccer coach Rich O'Keefe following the Red Arrows' 4-2 defeat at the hands of the Rangers.

Central netted two first-half goals to lead 2-0 after the opening 40 minutes.

"We played them straight up. I was pleased with our defensive effort. Central is a very good team and when you give them too much space they are able to connect," O'Keefe explained.

Lowell, unable to mount many offensive threats in the opening half, did find the net twice over the final 40 minutes.

Matt Kyllonen, twenty minutes in, off an assist

from Joe Sweet, creased the Ranger net for the first time.

Caleb Schultz followed suit at the 32 minute mark of the second half when he found the net from 25 yards out off a corner kick.

Central's second-half goals came off a free kick and a penalty kick.

Lowell finished the week at 2-2-1 and will host Kenowa Hills on Friday at 3:45 p.m. as part of the Pink Arrow Pride Day.

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**LUNCH MENU**

ELEMENTARY MENU Week of Sept. 13, 2010

**MON:** Nachos w/meat, shredded cheese (tuna salad on wheat bread also offered at Alto, Cherry Creek & Murray Lake), tossed salad w/romaine, rice & beans, pineapple, milk.

**TUES:** Homemade cheese pizza (burrito w/ salsa also offered at Alto, Cherry Creek & Murray Lake), cucumber slices/ broccoli florets, ranch dipping sauce, applesauce, milk.

**WED:** Mini baked corn dogs (hamburger on bun also offered at Alto, Cherry Creek & Murray Lake), glazed carrots, pear slices, milk.

**THURS:** Chicken drumstick w/wheat bread (3 meat sub also offered at Alto, Cherry Creek & Murray Lake), mashed potatoes w/gravy, peaches, milk.

**FRI:** Chef Boyardee ravioli w/wheat roll (fish sandwich w/cheese on bun also offered at Alto, Cherry Creek & Murray Lake), green beans, orange wedges, milk.

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# The Tale of the Troll, Part XXII

by Amy Hayes  
Problems are being resolved. Troll land is brimming over with love. Romance and spice and all that is oh so nice is everywhere in Lowell.

Well almost everywhere. The exact opposite of "love" was happening on the grounds of Gilda's House as Lydia spied Spot gazing at Petunia. Spot stood dumbstruck as Lydia marched up to Spot and demanded to know what he was doing even looking at Petunia. Lydia was enraged and out of control as she shouted and screamed at Spot to leave and stay away from Petunia. (Oh how he had hurt her all those years ago.)

Petunia gently whispered to her friend that it would be alright and that she and Spot needed to have a conversation that was some twenty years overdue. (It was Petunia who had now hurt Spot.)

Lydia hesitated leaving them alone, but finally she gave in and wandered away, but not too far, in case she might be needed. They didn't call her the "enforcer" at the

Lowell Women's Club for nothing. Ha

Spot looked into Petunia's eyes with something between bewilderment and outrage. Petunia knew that Spot had seen Bernadette. Petunia knew he needed an explanation.

But how did you tell someone that you had robbed them of being a father? How did you explain that you honestly thought you were doing what was best by keeping his daughter's identity a secret?

Years ago Spot had been a regular jackal. A player, a scoundrel. He was young and on top of the world, breaking hearts in every port. Spot had breezed in and out of Petunia's life with hardly a backward glance. He never even knew that together they had created a life. He was never even given a chance to be a father. Petunia's eyes flooded with tears as she begged his forgiveness. They sat and talked for over three hours; it was decided that it was time to "right" all the "wrongs." They would tell Bernadette

the truth, together. Besides, if anyone saw Spot with Bernadette, the resemblance was remarkable. They were father and daughter and it was plain as the noses on their faces.

So that situation would more than likely work out, but Spot wasn't the only father in Lowell who didn't know he had a troll child roaming the streets. I did tell you that Meme and Butch weren't quite home free, didn't I? (Next week)

Ahhh and back to Uncle Harold and his troublesome sons. So Butch might finally be getting his act together! But would Bob, one of the twins, ever stop pretending to be Batman? And would Ansel, the other twin, ever stop working around the clock and start to enjoy life?

Bob was a zany, crazy,

spur of the moment kind of troll that everyone loved to be around. He spent his days immersed in gaming, hanging with friends and reading comic books at his favorite store in town, Rookies. It wasn't totally clear if Bob truly believed he was Batman or if he was merely playing a role for his fellow trolls. Regardless, it was always a good time when Bob was around, but it drove his banker father insane. Uncle Harold just wanted Bob to take life a bit more seriously and, for crying out loud, lose the cape.

Harold last saw Bob fully "caped out" heading into Modern Photography to visit his twin Ansel.

Next week will see how that encounter played out. See ya.



## Sound Off! The Ledger's "Almost" anything goes column!

When submitting your opinion to Sound Off, we ask you to follow a few guidelines. Sound Off is meant to be a way for you to compliment or vent your feelings with civility. A healthy way to get something off your chest or spread a little kindness.

We welcome your comments, with or without signatures, but signing your name to your comment does increase the odds of seeing it in print.

Threatening or deliberately cruel comments will not be accepted and, of course, no advertising a product or service please.

So basically, submit anything - but not everything will make it to print.

The Ledger reserves the right to choose what is printed, and reminds the public that views expressed in Sound Off, unless otherwise stated, are not the opinions of The Ledger staff or its publishers.

## Bridge buck winners

This week's Bridge Buck winners: the \$50 winner is: Amy Pearson; \$20 winners are: Kim Kropf, Rachel Allen, Gladys Alexander, Mary Gringhuis and Jeremy Barber; and the \$10 winners are: Sandra Logan, Diane Kleczynski, Linda Perdok, Dick Hart and Esther Gordon.

### GARAGE SALES *This Week!*

**SALE**  
Fri. & Sat., Sept. 10 & 11, 9-6 p.m. Tools, cabinets, household, fishing boat. Great Prices! 12150 Downes NE, Lowell. W off Lincoln Lk on Bailey, N on Alden Nash, E on Downes.

**11429 BLUEWATER HWY**  
Fri. & Sat., Sept. 10 & 11, 9-5 p.m. Household goods, home decor, magazines, TVs, microwave, chairs, children's clothing.

**GARAGE / ESTATE SALE**  
Sept. 9, 10 & 11, 8-6 p.m. 8' table saw \$40, quilts handmade, bath towels, tools, drills, knick knacks, tool boxes, tools, radios, coin books, coins, free stuff. 210 Marsac, Lowell.

**MOVING SALE**  
9340 Cascade Rd. between Snow Ave & Quiggle Ave. Sept. 9, 10 & 11, 8 a.m. to 5 p.m. Dishes, tools, small chest freezer, books, cooking pots & pans, sofa, 8N Ford tractor.

**GARAGE SALE**  
11389 Lally St. (Murray Lake). Sat., Sept. 11, 9-3. Household, yard, books, CDs, furniture, tools, many misc items.

**TWO FAMILY GARAGE SALE**  
household items, clothes, snow blower & tools, lots more. 413 Lafayette, Sept. 10 & 11, Fri. 9-5 & Sat. 9-3.

**MULTI-PERSON BARN SALE**  
Jeep parts, tools, some household goods, boy clothes, 18 mo & smaller. 1650 Foreman, Sat., Sept. 11, 9-6.

**HUGE YARD SALE**  
multiple families. Furniture, clothes, misc. Indoors if raining. Sat., 9/11, 9-3. Fountain View of Lowell, 11535 E. Fulton.

**ADA ESTATE SALE**  
Fri. & Sat., Sept. 10 & 11, 10 a.m. - 5 p.m. Antiques, motorcycles, 1925 Studebaker & much more. 9074 Bennet St. SE, Ada. For pics & info www.geminies-tates.com, we will be filming for an HGTV show.



## SEPTEMBER 1 - SEPTEMBER 7

- Mark David Chapman, convicted killer of music icon John Lennon, was denied parole for the sixth time.
- In another move aimed at stabilizing the still-shaky economy, President Barack Obama, on Wednesday, will introduce a new \$200 billion tax cut giving businesses across the country an incentive to buy new equipment in the short term.
- Kabul, Afghanistan - Top U.S. and NATO commander in Afghanistan warns Tuesday that an American's church's threat to burn copies of the Koran could endanger U.S. troops in the country and Americans worldwide.
- Michigan Wolverines football team opens their season with a victory over Connecticut and sets the largest football game attendance in the country with 113,090.
- Texans are feeling fortunate after tropical storm Hermine left the area with much less damage than expected.
- A Christian minister plans to go ahead with plans to burn copies of the Koran on Sept. 11, in spite of warnings from Gen. Petraeus that it would inflame public opinion and incite violence.

*Perhaps if you've opposed a mosque in Lowell it's because you've researched and found ties to radical islam or financial supporters with questionable backgrounds. This does not make one bigoted or ignorant, but rather intelligent for not having made assumptions!*

*If you're comparing Lowell to Ground Zero, you're comparing apples to oranges. Let's get real.*

*I really enjoyed Genesis Code - the movie partially filmed here in Lowell. Hope everyone goes to see it. Let's support all involved. Yeah Lowell!*

*I'm really tired of different opinions being considered racism. When did freedom of expression disappear from America?*

*Can't wait for the Pink Arrow Games! What fun and what a great cause!*

\*\*\*  
*They were so strong in their beliefs that there came a time when it hardly mattered what exactly those beliefs were; they all fused into a single stubbornness.*

- Louise Erdrich

To vote on the current poll question go to: [thelowellledger.com](http://thelowellledger.com)

## Kid Scoop

THE AWARD-WINNING PRINT & ONLINE FAMILY FEATURE

For puzzle answers, games, opinion polls and much more go to: [www.thelowellledger.com](http://www.thelowellledger.com) AND CLICK ON KIDS SCOOP BUTTON

# COYOTES

Coyotes live all over the United States, but most of them live in the western states.

Coyotes are very much like dogs. The puppies play with each other and wrestle like puppies. But when they're fully grown, coyotes can be a big problem for ranchers.

What does a coyote sound like when it howls? You can listen to a coyote howl at [www.kidscoop.com/kids](http://www.kidscoop.com/kids) Listen to the coyote howls, then try making the sound!

### Coyote Code

Discover some amazing coyote facts using the code at left.

Their average life span in the wild is  years.

Coyotes can run over  miles per hour.

Coyotes can make  different sounds.

A coyote litter can have  to  pups.

How many differences can you find between the two coyotes?

Coyotes can jump over  feet. That's higher than a basketball hoop, which is  feet above the ground.

Standards Link: Life Science: Students know that living organisms have distinct structures and body systems that serve specific functions in growth, survival and reproduction.

### The Legendary Coyote

Coyote plays a central role in Native American legends. Sometimes, he appears as a **trickster**—someone who plays jokes and tricks in order to get what he needs. Sometimes, he appears as a **creator**.

There once was a time when humans did not have fire to keep them warm. The only beings in the world that knew how to make fire were the Fire Beings.

changed, Coyote grabbed the fire and ran. One of the Fire Beings chased after Coyote, but as we all know, coyotes are very fast. The Fire Being grabbed only the tip of Coyote's tail, burning the fur. That is why coyotes have black tips on their tails.

Coyote, being the cleverest and slyest of all the Karok, decided to spy on the Fire Beings and learn how to make fire.

The Fire Beings guarded the secret of fire very carefully. But when the Fire Beings' watch

There was a terrible tussle, but eventually Coyote threw the fire to Wood, who swallowed it and would not give it up to the Fire Beings again.

Coyote knew how to get the fire out of Wood, though—by simply rubbing two dry sticks together! And this, it is said, is how the Karok people learned how to create fire.

Read this Karok legend. Do you think the coyote character in the legend is a trickster, a creator or both?

Number these pictures in order based on what you read in the Karok legend.

Standards Link: Reading Comprehension: Use reading skills and strategies to understand a variety of literary passages and texts.

### Kid Scoop Puzzler

What do coyotes eat? Cut out the boxes and arrange them to reveal the answer.

nters a	C	are hu
eat a l	scav	ur ds. They
from s	thing	otes, wild,
ick live	to mi	'll att
le. Coy	like	akes and cat
bd scra	also	of fo
l.	pyotes	pu

Standards Link: Life Science: Know that animals require food and different animals have different eating patterns.

### Double Double Word Search

Find the words in the puzzle, then in this week's Kid Scoop stories and activities.

T	E	G	L	E	G	N	D	S
E	R	I	F	I	S	A	L	P
L	J	C	A	R	T	S	G	O
T	S	F	E	Z	A	T	C	H
S	P	Y	D	N	G	J	E	Q
E	O	L	M	P	T	E	X	R
R	I	R	K	O	U	R	L	B
W	V	P	L	O	R	B	A	N
N	A	P	S	H	V	I	V	L

Standards Link: Letter sequencing. Recognized identical words. Skim and scan reading. Recall spelling patterns.

### FROM THE Kid Scoop LESSON LIBRARY

[www.kidscoop.com](http://www.kidscoop.com)

#### Newspaper Article Mix-Up

Cut out an article from the newspaper. Cut the article into four pieces. Give the pieces to a friend to see if he or she can put the article back together in the right order.

Standards Link: Reading Comprehension: Use reading skills and strategies to understand and interpret informational text.

### What happened to the coyote that swallowed a firefly?

ANSWER: It howled with de-light.

### Kid Scoop FIT & FUN

**Coyote Stretches**  
Get a little exercise the limber coyote way!

**Coyote Stretch #1**  
Imitate the pose of this coyote. While on all fours, arch your back and stretch. Can you raise your arm?

**Coyote Stretch #2**  
Sit on your haunches and howl. Feel your neck stretch? Raise your shoulders up and down as you howl!

**Coyote Stretch #3**  
Roll on your back and waggle your arms and legs in the air as if someone's rubbing your tummy!

**Coyote Stretch #4**  
Coyotes are amazing jumpers! Can you balance on all fours and jump up and down? It isn't easy, is it?

Standards Link: Physical Education: Use a variety of basic and advanced movement forms.

### Kid Scoop-doku

Complete the grid by using all the letters in the word **HOWLS** in each vertical and horizontal row. Each letter should only be used once in each row. Some spaces have been filled in for you.

H	O	W	L	S
W	L			
		S		W
			H	
O				H

Standards Link: Letter sequencing. Recognized identical words. Skim and scan reading. Recall spelling patterns.

**Write On!**

**Coyote Legend**  
Write a short story about a talking coyote and his or her friends.



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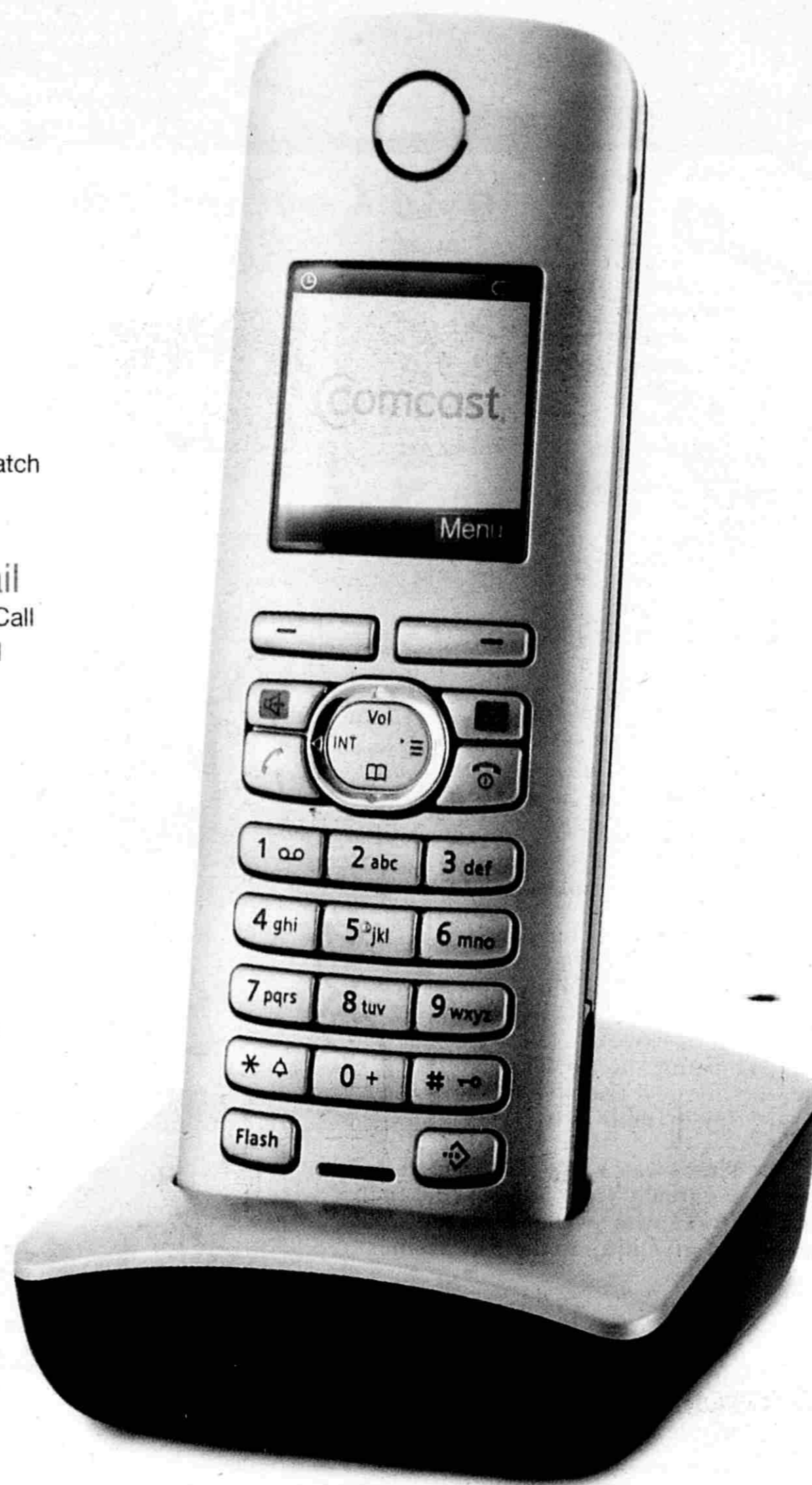
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