

# The Lowell Ledger

Volume 37 Issue 39

Serving Lowell Area Readers Since 1893

Wednesday, August 27, 2008



## Farewell to Sizzlin' Summer Concerts

In the last concert of the Sizzlin' Summer series on the Riverwalk, rock country band Branded bid farewell to summer and Lowell.

Hundreds of music lovers and dancers took to the Riverwalk to take in fun and rhythm. Country line dancers showed off their skill. Vessels of different sorts floated on the Flat River to look at the last spectacle.



## Officials behind backwards billboard expect to generate chatter

By Emma Palova

The Lowell Area Chamber of Commerce officials are hoping to stir some chatter with the new backwards billboard by Exit 52.

If you drive by it west on I-96 toward Grand Rapids, in your rear view mirror you will be able to read that "Lowell is the next place to be."

However, if you do not have a rear view mirror or if you are heading east, you will get puzzled.

"Don't blame the billboard company," said

chamber director Liz Baker. "We told them to do it that way."

Baker explained that the marketing committee responsible for the backwards message was trying to generate some chatter in the community.

A couple of years ago, the chamber put up its first billboard past the Lowell exit to promote Lowell and the re-vamped website.

"Our group wanted to do something different to get Lowell residents talking," said Baker. "By putting the lettering backwards on the billboard, we thought it might do the trick."

As a tie to the billboard, the marketing group will be holding a contest for the best explanation for the lettering on the board. Shop Lowell gift certificates in the amount of \$500, \$300, and \$200 will be given for the best three answers.

"Lowell is truly the next place to be," Baker said. "We have an excellent school system, a good variety of shops, restaurants, and services."

Three ways to enter the contest:

Log on to the new blog at [discoverlowellblog.org](http://discoverlowellblog.org) and post your entry.

E-mail your entry to [info@lowellchamber.org](mailto:info@lowellchamber.org)

Mail your entry to the Lowell Area Chamber of Commerce, 113 Riverwalk Plaza, Lowell, MI 49331



## Unique two-toned zinnia

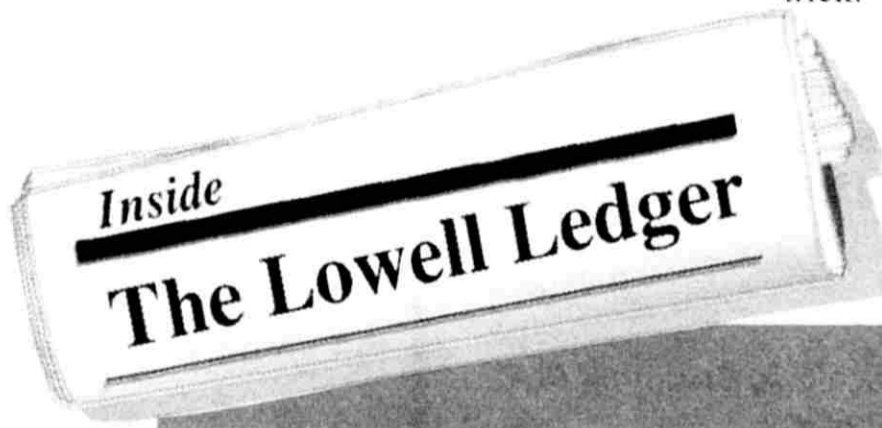
That remains the question in case of the perfectly divided half-yellow and half-red zinnia found in the garden of Helen Grant. According to Kent County MSU Extension horticultural educator Rebecca Finneran, the cause could be a genetic mutation in the form of a chimera or a mutation caused by a virus.



"The real question is if Helen saved the seed and planted it next year, would it come out back again with that mutation or none?" she said. "It's pretty cool."

Any pollination would have occurred in the flower last year, and would be dependent on the quality of the seed, according to Finneran.

Former director of the Wege Wittenbach Center Steve Mueller said the showing is fairly rare and unusual. "I do believe it is a genetic mutation," he said.



# 2008 RED ARROW FALL SPORTS PREVIEW

Pages 8-13

# Obituaries

## BLOUGH

Mollie J. Blough, age 90, of Lowell, passed away August 21, 2008 in Ionia. She was born February 14, 1918 in Long River, Prince Edward, Canada, the daughter of Bernard and Mary Jane (Bolger) Fitzsimmons. Mollie married Louis Blough November 21, 1938 in Essex, Ontario, Canada, who preceded her in death on August 5, 2004. She was a member of St. Anthony's Catholic Church. Mollie is survived by her children; Carmine Borden of Saranac, Roger Blough of Georgia, Arthur and Veronica Blough of Lowell, Joan and Dennis Sisson of Arkansas, Ruth and Roger Rowley of Ionia, Phyllis and Jerry Huver of Saranac, Angela and Scott Slaght of Freeport and

Martha and Rob Fuhst of Conklin; 21 grandchildren and 21 great-grandchildren. Besides her husband, she was preceded in death by her parents, one son, Dale, seven brothers and six sisters. A mass of Christian burial was celebrated Sunday at St. Anthony's Catholic Church in Saranac with Father Donald Weber celebrant. Interment Saranac Cemetery. Anyone wishing may make memorial contributions in Mollie's name to St. Anthony's Building Fund or Clinton Home Hospice-Sparrow Hospice Service, 1210 W. Saginaw, Lansing, MI 48915. Online condolences may be made at [www.lakefuneralhomes.com](http://www.lakefuneralhomes.com).



## FISHER

Dawn Marie (Blasher) Fisher aged 54 of Lowell passed away Thursday, August 21, 2008 at her home with her loving family by her side. She was preceded in death by her father, Ernie Blasher and brother, Barry Blasher. She leaves to cherish her memory a daughter, Skye Fisher; adoring granddaughter, Aili; mother, Joyce Blasher; sister, Elaine (Richard) Haines, brothers Kurt (Renee) Blasher, Chad (Gina) Blasher; nieces and nephews, Cara and Paul Haines, Sam Blasher, Kevin, Kolton Blasher, Benjamin, Brady and Kristen Blasher; along with aunts, uncles, co-worker and friends. Dawn graduated from Lowell High

School and was a special education bus driver. Funeral services were held Monday at the First United Methodist Church of Lowell, with Rev. Rick Blunt officiating. Interment Bailey Cemetery. In lieu of flowers memorial contributions may be made to Hospice of Michigan, 1260 Ekhart NE, GR, MI 49503.

## LITE

Dorothy Lillian Lite, aged 94, formerly of Saranac, passed away on August 21, 2008 at the Masonic Pathways Home in Alma. Dorothy was born on December 12, 1913 to Michigan pioneers, Ernest C. and Eliza B. (Sterzick) Richardson at the family farm in Bowne Twp., Kent County, Michigan. She was united in marriage to Howard Weston Lite on September 24, 1930. Howard passed away on July 17, 1969. Dorothy is survived by her daughters, Meredith Hines of Lansing, and Arloa Henry of Marshall; four grandchildren; four great-

grandchildren; one great-great-granddaughter; and a host of nieces, nephews, and cousins. She was preceded in death by her parents; husband, Howard; daughter, Viola Pufpaff; son, Elliott B. Lite; and brothers, Everett, Forrest, Lawrence, and Orley Richardson. The funeral service was held Monday, August 25 at the First United Methodist Church of Lowell where Dorothy had been a member for many years. Burial in the Bowne Menonite Cemetery. The family has suggested that memorial contributions may be made to the Masonic Pathways Home, the Lowell United Methodist Church, or to a charity of the donor's choice.

She was preceded in death by her husband, Robert E. Phillips. She is survived by her children, Russ and Ginny Phillips of Grattan, Jim and Linda Doane, Bill Phillips both of Lowell, Bob and Kathy Walsh, Robert Montoya of Grand Rapids, Don and Kim Phillips, Bernie and Peg Rooker of Ada, Ed Phillips of Saranac, and Tammy Phillips of Lowell; 19 grandchildren; many great grandchildren; sisters, Elinore Bockheim, Cheryl and Jerry Solomen; many nieces and nephews. Funeral services were held Sunday, with Rev. Randy Meyers of Calvary Christian Reformed Church of Lowell, officiating. Interment Rosedale Cemetery. Memorial contributions may be made to Faith Hospice, 2100 Raybrooke, Suite 300, GR, MI 49546.

## PHILLIPS

Betty Ann Phillips aged 80 of Ada Township passed away Thursday, August 21, 2008.

## At Your Local Library



### KENT DISTRICT LIBRARY HOLDS USED BOOK SALES

The Friends of the Alto Library will hold their used book sale on Saturday, Sept. 13 from 9 a.m. to 1 p.m. You'll find good books at great prices. The Alto Library is located at 6071 Linfield Ave. in Alto.

For more information visit [www.kdl.org](http://www.kdl.org).

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*Personality can open doors,  
but only character  
can keep them open.*

- Elmer G. Letterman

## LEGAL NOTICES

STATE OF MICHIGAN PROBATE COURT COUNTY OF KENT

NOTICE TO CREDITORS  
Decedent's Estate  
File No. 08-185109-DE  
Estate of  
HAROLD CLIFFORD SHEPHERD,  
deceased

Date of birth:  
12/04/1932

NOTICE TO CREDITORS:  
The decedent, HAROLD CLIFFORD SHEPHERD, who lived at 1021 Hoyt SE, Grand Rapids, Michigan, died 2/4/2008.

Creditors of the decedent are notified that all claims against the estate will be forever barred unless presented to JOHN D. FLYNN, named personal representative or proposed personal representative, or to both the probate court at 180 Ottawa NW, Ste. 2500, Grand Rapids, MI 49503 and the named/proposed personal representative within 4 months after the date of publication of this notice.

STATE OF MICHIGAN PROBATE COURT COUNTY OF KENT

NOTICE TO CREDITORS  
Decedent's Estate  
File No. 08-85373-DE  
Estate of  
RAYMOND WALTER ZIMMERMAN,  
deceased

Date of birth:  
5/26/1920

NOTICE TO CREDITORS:  
The decedent, RAYMOND WALTER ZIMMERMAN, who lived at 524 Winona Ave. NW, Grand Rapids, Michigan, 49503 died 6/11/2008.

Creditors of the decedent are notified that all claims against the estate will be forever barred unless presented to CAROL ZIMMERMAN, named personal representative or proposed personal representative, or to both the probate court at 180 Ottawa NW, Ste. 2500, Grand Rapids, MI 49503 and the named/proposed personal representative within 4 months after the date of publication of this notice.

8/21/2008

8/21/2008

John D. Flynn P27413  
1275 Hawthorne Hills SE  
Ada, MI 49301  
616-897-6632

Craig A. Bruggink PLC  
P29358  
429 Turner NW  
Grand Rapids, MI 49504  
616-456-5048

Carol Zimmerman  
524 Winona Ave. NW  
Grand Rapids, MI 49504  
616-453-9341

John D. Flynn  
1275 Hawthorne Hills SE  
Ada, MI 49301  
616-897-6632

## How To Change Your Life In September



Mark Johnson

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## VERGENNES TOWNSHIP Notice Ordinance Adoption 2008-1

PLEASE TAKE NOTICE that at a regularly held meeting on Monday, July 21, 2008, the Vergennes Township Board adopted Ordinance 2008-1, amending section 201.427 - Historic Districts Commission, of the Vergennes Township Zoning Ordinance.

Ordinance 2008-1 deletes the Historic Districts Commission Ordinance, Section 201.427 from the zoning ordinance.

The complete text of the ordinance amendment can be reviewed at the Vergennes Township Hall, 10381 Bailey Drive, PO Box 208, Lowell, MI 49331 - Phone: (616) 897-5671 [fax 897-5674] or on the website at [www.vergennestwp.org](http://www.vergennestwp.org).

Mari Stone  
Vergennes Township Clerk

## The Lowell Ledger

(USPS 453-830)

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## Art Attack strikes again

by Emma Palova

The biggest fundraiser of the year for the Lowell Area Arts Council got off to a hot start with master of ceremonies meteorologist Bill Steffens forecasting thunderstorms and showers. Indeed, they did come and drenched the fairgrounds thoroughly.

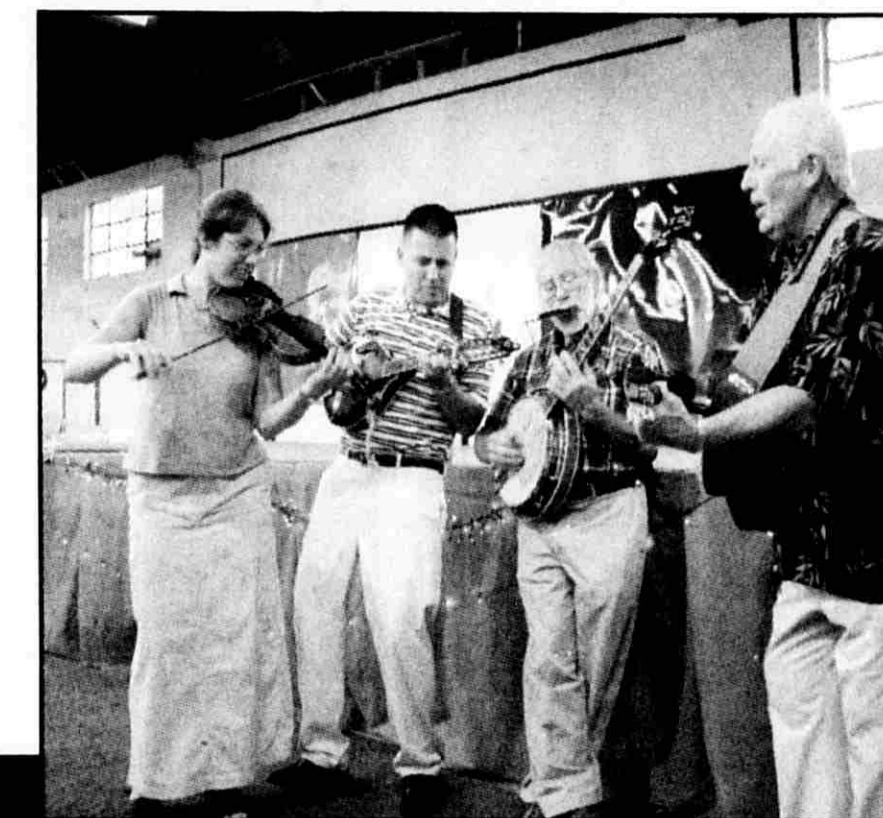
But, nothing could stop art enthusiasts from enjoying the annual evening at the fairgrounds inside the

exhibition building. The food put on by the Gristmill of Honey Creek was well-crafted to the setting.

There were also celebrity bar servers like Cliff Yankovich of Chimera Design, as well as others.

Young Justin Vanthof, dressed up as clown Beans, enjoyed a dance with the Easy Idle bluegrass band.

"I like to show magic and entertain," he said.



Above, Easy Idle Bluegrass band played all night long.

At left, Bill Steffens and the clown group led by Purdy did the 50/50 drawing.

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*Forever is  
composed  
of nows.*

- Emily Dickinson

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## Lowell motorcyclist injured

A motorcyclist was injured Aug. 17 when he struck a deer while on his way to work. The accident occurred on Thornapple River Drive at approximately 7:30 a.m. as Tom Houlihan, 42, of Lowell was on his way

to work. When Houlihan struck the deer, he was tossed from his Kawasaki motorcycle.

On the scene, Houlihan was responsive but complained of pain in his shoulder and upper chest. Medical personnel from the Caledonia Fire-Rescue unit believed he had a possible

collar bone fracture and perhaps a punctured lung. He was transported by Life Ambulance to Spectrum Downtown in Grand Rapids.

Houlihan was wearing a helmet and was an experienced rider. Alcohol was not a factor in the accident.

## College News

Samantha Mol has been accepted into the Davenport University Accounting Honors program.

Samantha has completed 61 semester credit hours and carried a 3.89 overall grade point average. She is the daughter of Leonard and Jan Mol of Lowell.

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SHOWTIMES 8:25 - 8:28 No passes

**KIDS SUMMER MOVIES**  
Every Monday thru Friday at 10:30 am  
8:00-8:28  
\$1 ALL SEATS FLUSHED AWAY (PG)

THE ROCKY (PG-13)  
11:50, 2:15, 4:40, 7:05, 9:20  
HOUSE BUNNY (PG-13)  
12:30, 2:45, 5:00, 7:15, 9:40  
SISTERHOOD OF THE TRAVELING PANTS 2 (PG-13) 11:10, 1:45, 4:20  
MIRRORS (R) 7:00, 9:30  
STAR WARS: THE CLONE WARS (PG) 11:40, 2:05, 4:25, 6:50, 9:10  
TROPIC THUNDER (R) 12:00, 2:30, 4:55, 7:20, 9:45

**SCOTCH FREE 50% DRINK**  
with 20¢ off on any drink  
with purchase of 20¢ off on any drink

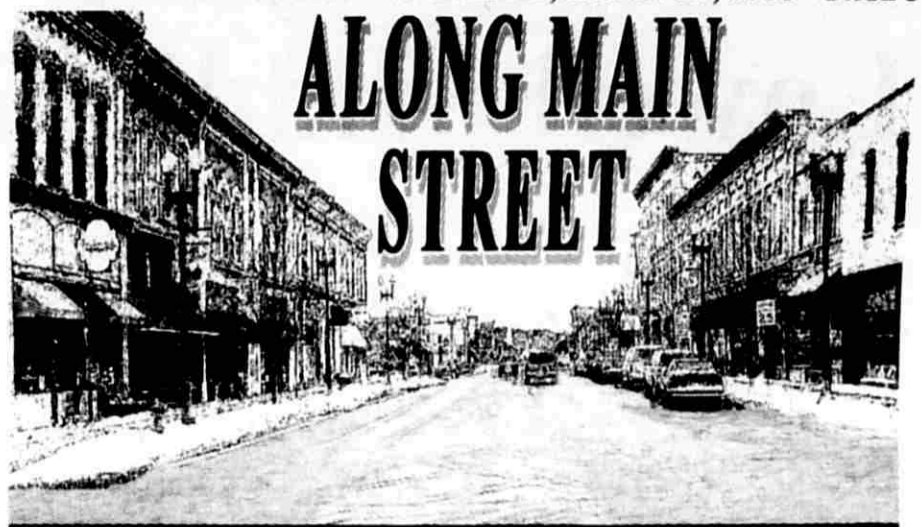
WELCOME TO FARMERS' MARKET

At the Lowell Fair Grounds THURSDAYS • 3-7 PM

The Best Place to Be is At The Farmers' Market!

**This Week At The FARMERS' MARKET:**  
Locally Home Grown, Baked & Handmade!  
Jerky & Assorted Meats • Apples  
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• Plums • Tomatoes • Pickles & Cukes  
• Salad Greens • Green & Yellow Beans  
• Onions • Cheese • Fresh Baked Bread  
• Maple Syrup • Honey  
• Home Grown Plants • Fresh Cut Flowers  
• Soaps & Jewelry

Every Thursday from 3 pm - 7 pm  
MAY 17 THROUGH OCTOBER 11  
No market During Fair Week: Thursday, August 7th.



## VINTAGE BASEBALL

The Fallasburg Cubs Vintage Baseball club will be hosting the Douglas Dutchers on Sat., Aug. 30 at 2 p.m. in the historic village of Fallasburg. No charge for spectators. Lunch is available after the match (\$3 per person prior to Aug. 27 or \$4 after). To reserve lunch or with any questions e-mail [fallasburgcubsbbcc@yahoo.com](mailto:fallasburgcubsbbcc@yahoo.com).

## GIRLS VOLLEYBALL

7th & 8th grade girls volleyball tryouts are Sept. 2-5. 8th grade, 2:40-4:25 p.m. 7th grade, 4:25-6:10 p.m. You must have a current physical turned into the office before the 1st day of tryouts. Any questions call Coach Quist, 897-6353.

## ANGEL FOOD MINISTRIES ORDER DAYS

Order days at First Baptist Church, 2275 Main St. are Fri., Sept. 5 & 12 from 4 to 6 p.m. and Sat., Sept. 6 & 13, from 10:30 a.m. to noon. For info call Ila Jean, 897-6609 or visit [ww.angelfoodministries.org](http://ww.angelfoodministries.org).

## OUR LOVE SKATE PARK

Golf outing to benefit Our Love Skate Park, Sat., Sept. 6 at Tyler Creek at 2 p.m. Call 897-5906 for details.

## TONY'S 14TH ANNUAL TOY RUN

In memory of Tony Stevens, will be Sun., Sept. 7 to benefit deserving children on Christmas day. Starting point: Grand Rapids Home for Veterans, 3000 Monroe NE, Grand Rapids. Registration, 9-11 a.m., Worship service, 10 a.m., departure time 12 noon. Ending point: Kent County 4-H Fairground in Lowell. Please bring a new unwrapped toy for children ages 0-17 or a cash donation for your participation in the event. For more info or to volunteer call Bob and Chris Warner, 616-827-1841 or e-mail at [christine-warner@comcast.net](mailto:christine-warner@comcast.net).

## MICHIGAN LIGHTHOUSES AND GHOSTLY BEACONS

Lowell Area Historical Museum and Friends of the Library will present "Michigan's Lighthouses & Ghostly Beacons" by Dianna Stampfer of Plainwell. Please join us at the Lowell Township Hall September 16 at 7 p.m.

## GIRLS GYMNASTICS

Sign ups are now being accepted for girls gymnastics classes. If you are interested and need a schedule/sign-up form contact Michele DeHaan at [micheledehaan@netpenny.net](mailto:micheledehaan@netpenny.net) or call 616-318-4747. All classes are held in the Runciman gym and begin the week after Labor Day.

## FROM FOOD PANTRY

The food pantry is presently in need of fruit, soup, crackers, paper products and personal care products. In addition, they are collecting school supplies to be given to children of the pantry clients.

## LHS CLASS OF 1983

The 25th Lowell High School Class of 1983 reunion will be Nov. 1, 2008.

## ANGEL FOOD MINISTRIES

Sign up at the Nazarene Church, 201 N. Washington St., Fri., September 12, 6-8 p.m. or Sat., September 13, 10 a.m. - 12 noon. Regular box is \$30 and will last a family of 4 approximately 1 week. Everyone welcome. Any questions call Esther, 897-7395.

**LUNCH MENU**  
ELEMENTARY MENU  
Week of Sept. 1, 2008

MON: Labor Day - No School

TUES: Hotdog on bun (or three meat sub for Alto, Cherry Creek and Murray Lake), fresh mini carrots, assorted fruit, milk.

WED: Waffles w/syrup or cereal w/graham crackers, scrambled eggs, fresh fruit/ applesauce, milk.

THURS: Cheeseburger on bun (or burrito for Alto, Cherry Creek and Murray Lake), fruited gelatin salad, milk.

FRI: Pepperoni pizza (or egg salad sandwich for Alto, Cherry Creek and Murray Lake), steamed broccoli, warm apple slices, milk.

# Lowell Middle School gets \$3.4 million facelift

by Emma Palova

Fresh paint, bright red lockers and a steel beam overhang to the entrance will give a new look to the Lowell Middle School.

A \$3.4 million upgrade including technology was completed this summer.

"The translucent top over the original overhang and the new windows will let in a greater amount of light," said superintendent Greg Pratt.

Older trees were also removed and new ones planted. The front facade is partially decorated with brick and brand new storefront doors. The roof and ceiling tiles have been replaced, while the administrative offices have new carpeting. Tiles in the classrooms have been replaced.

All the classrooms are now outfitted with overhead projectors to a multi-media box.

"It allows interaction with i-pods, projectors and other computers," said Pratt.

On top of the improvements at the middle school, the entire school district received a \$1.5 million technology upgrade. Fiber optics are now all the way to Alto.

Chalkboards have been replaced with white marker boards. Heating and cooling has been renovated for energy savings. The building has white roofs for the conservation of energy.

"We are good stewards of the community's money," said Pratt.



New overhang decorates the entrance to the middle school building.

## The Wisdom Wellness Center presents the next Weight Loss Challenge and Wellness Workshop!

Get a Jump on those New Year Resolutions! You are what you eat! Come and learn all about how to eat right, how to read labels, good fats vs bad fats, how much protein you really need, good carbs vs bad carbs, detoxification, why soda and is bad for you, cardiovascular health and lots more!

**Cash Prizes for Top 3 Biggest Losers!!**  
12-Week Weight Loss Challenge just \$29!  
Weekly weigh-ins, before and after measurements and photos are required. Personalized coaching is available! You do not need to be using any special products or program to participate.

**Wellness Workshop Only Option!!**  
Don't need to lose weight or just want to learn more?? The Wellness Workshop classes without weigh-ins is only \$15!

**Dates:** Classes start September 8 & 9  
**Times:** Monday or Tuesday evening at 7 pm.  
**Place:** The Wisdom Wellness Center  
10015 Cascade Road, Lowell Twp.

Class size is limited! Call today to reserve a spot!!  
Call Cheryl at (616) 868-7551 or email Cheryl@WisdomWellnessCenter.com

## Outdoors

By Dave Stegehuis



### REMINDER

Get out and enjoy the exceptionally fine summer weather while it lasts, because the end is near. Subtle signs of the coming fall season are beginning to appear. Retailers are advertising back to school sales, catalogs from hunting outfitters are turning up in the mail, and a few yellow poplar leaves flutter in the cool evening breeze.

It may seem a bit early, but now is the time to prepare for the fall hunting and fishing seasons. Out on the marsh or in the woods is not the place to be distracted by missing or broken equipment. Check out gear and make repairs or replacements while there is ample time to do it. Locating critical items or scheduling repair service in the few days before an opener could prove difficult.

If you have been fishing for panfish or bass all summer, start rigging for the great fall salmon run. River and offshore

coho and king salmon fishing require specialized tackle and equipment which have probably spent a year in storage.

Although it is best to do it year-round, sight-in firearms and practice shooting with guns and bows now. I started shooting a bow right after the snow melted this year to avoid playing catch-up after a year layoff. Besides, it is more fun when there is no pressure.

Even with the two-year apprentice hunter option, a hunter safety course is eventually required to qualify for a hunting license. Completing such a course is worth the effort even if one doesn't plan to hunt. Everyone should understand scientific wildlife management and the hunters' role in this process as part of resource conservation. Also, firearms are commonly kept in homes and cabins across the country, so knowledge of firearm safety is important to everyone.

Scouting hunting areas and choosing stand sites early allow time for the wildlife to settle back into normal patterns before opening day. Check regulations on stand placement on public land before proceeding.

Don't forget the dog. A hunting dog is an athlete and needs pre-season conditioning just like football players. So much for the dog, how about you? Hauling equipment out to the marsh and setting decoys in a cold rain before daylight can be as physically trying as climbing into a tree-stand or busting alder thickets for grouse. Use hunting as a motivation for working to stay in shape all year long.

Finally, get your paperwork in order. When flying with firearms or hunting in another country, regulations are strict, so do the homework and stay on top of the process to avoid disappointment. Don't forget about obtaining licenses and permits.

Preparation for a new season can be as enjoyable as the hunting or fishing experience itself if done on a relaxed schedule. Start early and extend the experience far beyond just the open season.

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# Viewpoint

## To The Editor

Dear Editor,

There was a comment made in the Aug. 20 Lowell Ledger Sound Off that stated that the city council was elected to govern. I believe the word governing can be confusing. Our city council was voted into office to be the servant to its constituents and should govern by the voice of the people.

Our council has ignored the voice of the community when it came to the two-year fiasco with the property on North Washington St., the selling of Lowell Cable TV, the Cable TV Endowment Fund, the slaughter of many of Lowell's healthy trees and an ongoing conflation with property owners bordering the city airport. Lowell has

become a city that is near the tops in the rate of taxation in Kent county and has sewer and water rates that are outrageously high. Lowell has roads that are twice the age of replacement.

All of the above statements didn't come about because the community voted on them. The problems reflect on the style of government the community has accepted. Our government should reflect the will of the constituents and not the council. It is time to put the say back in the hands of the constituents and limit the power of the council.

There is no reason why the community cannot, at the end of a year, vote on the future of the community. This can be done.

Jim Howard



By Shelly MacNaughton

## 125 YEARS AGO THE LOWELL JOURNAL AUGUST 29, 1883

Circus-to-day. The sheriff's force is keeping busy looking after burglars.

Hodges & Morse's colt, "Jack-go-Easy" and Louis Harmon's "Wobbling Moll" are matched for a one-half mile running race to take place on Train's track next Saturday Afternoon.

## 100 YEARS AGO THE LOWELL LEDGER AUGUST 27, 1908

Wilbur E. Moon of Keene, aged 69, had a perilous ride while in town Friday afternoon, but fortunately escaped serio injury. His team of colts became frightened by an automobile near Lowell State Bank about 4 o'clock and started on a fast run west down Main Street, breaking out the carriage-tongue at the outset. He returned home Sunday, and though lame and suffering from numerous bruises he is not dangerously hurt and is to be congratulated on his fortunate escape, and his plucky horsemanship.

## 75 YEARS AGO THE LOWELL LEDGER AND ALTO SOLO AUGUST 31, 1933

In competing for the contract to carry the mail from the trains to the post office, Mr. O. Sterken was the low bidder. Beginning September 1, he will begin working for Uncle Sam. Mr. Sterken will replace Mr. Harry Walters, who has had the job for the past ten years. Mr. Walters wishes it known that he will continue to carry freight and express.

## 50 YEARS AGO THE LOWELL LEDGER AUGUST 28, 1958

The largest number of pupils in the history of Lowell Schools, due largely to the annexation of districts, will enroll on Tuesday September 2. It is expected that more than thirteen hundred boys and girls will enter at that time, compared to 1,100 last year.

## 25 YEARS AGO THE GRAND VALLEY LEDGER AUGUST 30, 1983

Headline: AID Chief, Peter McPherson speaks to Lowell Rotary Club

One Lowell Rotarian quipped at last Wednesday's Rotary meeting, "I thought I had walked in on a McPherson family reunion." Administrator for the Agency for International Development was the guest speaker, and many of his family members were on hand along with Rotarians and other guests to hear his speech. McPherson was named an honorary member of the Lowell Rotary Club.

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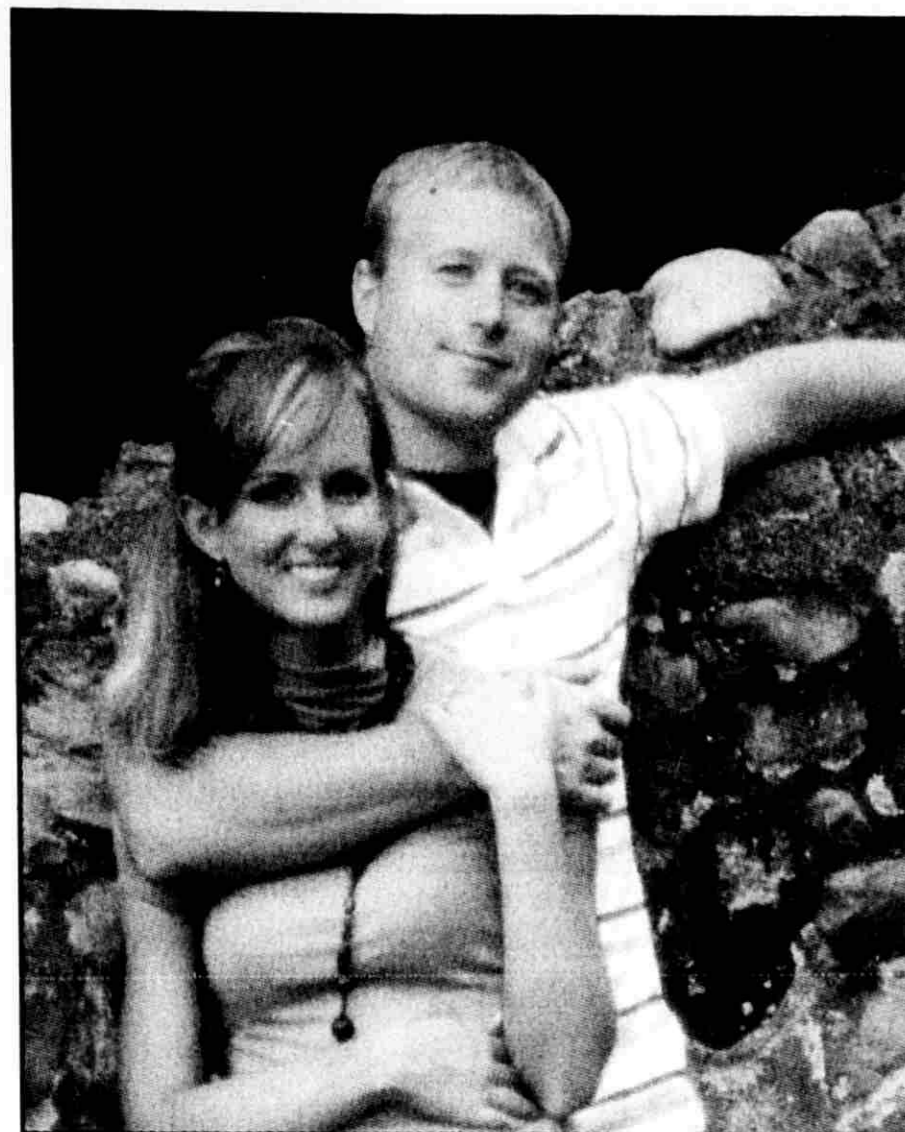
## Writing to the editor ...

The requirements are:

- All letters must be signed by the writer, with address and phone number provided for verification.
- All that will be printed is the writer's name and community of residence.
- Letters that contain statements that are libelous will not be published.
- All letters are subject to editing for style, grammar and sense.
- Letters that serve as testimonials for or criticisms of for-profit businesses will not be accepted.
- Letters serving the function of "cards of thanks" will not be accepted unless there is a compelling public interest, which will be determined by the editor.
- Letters that include attacks of a personal nature will not be published or will be edited heavily.
- "Crossfire" letters between the same two people on one issue will be limited to one for each writer.
- In an effort to keep opinions varied, at times there may be a limit of one letter per person per week.
- We prefer letters to be printed legibly or typed, double-spaced. For e-mailed letters, please copy letter as part of the e-mail body and send to ledger@lowellbuyersguide.com.

# Engagements

## Cook/VanSpronsen



Carrie Cook and Chris VanSpronsen

Larry and Norma Cook of Woodland, along with Karl and Bonnie VanSpronsen of Lowell announce the engagement of their children Carrie Cook and Chris VanSpronsen. The couple are childhood sweethearts who met while participating in 4-H Rodeo. The future bride is a 2002 graduate of Lakewood and a 2008 Ferris State Honors graduate. She earned a Doctor of Pharmacy degree and is employed by Wal-Mart Pharmacy in Ionia. The future groom is a 2000 Lowell graduate. He completed an electrical apprenticeship and is employed as a journeyman electrician with Enertemp in Grand Rapids. The wedding and reception will be held at Grand Volute Ballrooms in Lowell on September 6, 2008.

# Reflections of faith

by Bob Roush  
Friendship Country Chapel

**A Room Called Sovereignty**  
Soon after I became a Christian one of my best friends died. He was only 36 years old. He was diagnosed with cancer and over the next year or so, we watched as he withered away. I remember going to visit him the night he died. He was unwrapping green finger jello and as I entered his room, he looked at me and said, "I think I'm getting better." Around 2 a.m. that morning he did get better, he passed away. I remember how confused I was and I went out by Reeds Lake and sat there looking up at the night sky and thinking through the shattered pieces of my faith. Having only been a Christian for a short time I thought life was supposed to be rose petals and rainbows, but this was more than a bad day, this was an eclipse that seemed to shut out all light. Now I can't say that I've ever been mad at God, but I have my bouts of anxiety and disappointments with life as it came to me. It's a long story how God showed me about the "stuff happens" part of life, but it all came together for me one day while I was attending a seminar in a church. During a break, I walked through the facilities poking my head into rooms just to see how they were decorated. I came to this long hallway and as I walked along opening each door I got to the end and there was a door with a sign. "No Admittance!" I don't know about you, but when I come to a door like that I just can't wait to see what's going on in there that they don't want me to see. So, as any curious person would

do, I gave the door a try but it was locked, end of story. Until a few days later. I dreamed that I had just gone to heaven. Jesus and I were walking down a similar hallway and he was saying to me, "you can go into any of these rooms you like." So I would open a door and peer in and say, Wow! He would just smile as He walked with me. As we neared the end there was a door marked "NO ADMITTANCE!" As I tried the knob, He gently said to me, "you can't go in there." I couldn't understand that so I said, "why not?" Because that's the room called sovereignty and it's in that room that I work the wonders of the universe, including the stuff that goes on in your life, and it's there that I bring it all together. No, you can't go in there because it's far beyond even the intellect you have now. Sometimes when things don't go as we expect, we must let God be God and since He is sovereignty, we must trust that in the room called sovereignty He is always at work, even though it may look like He's lost the reigns! Someday He will come as our conquering King, and as it says in Isaiah 40:11, "He shall feed His flock, like a shepherd: He shall gather the lambs with His arm, and carry them in His bosom, and shall gently lead those that are with young." Having been in the ministry for 30 years, I can tell you that my wife and I have seen some very difficult, heartbreaking things and were it not for the "room called sovereignty", we would come apart. But to rest in the knowledge that God is at work in that room gives us a fourth dimensional view of life and whether the times are joyful and happy or sad and filled with questions, God is always at work. Always at work in the room called sovereignty. Perhaps you are going through the most difficult time you have ever experienced. Think of that room in heaven with the sign "no admittance!" Know that the eternal God of all creation is at work. Rest in that truth. If you have time, read the entire chapter in Isaiah 40 and enjoy the blessing. May you have a blessed God-filled day.

## Lend A Hand VOLUNTEER OPPORTUNITIES

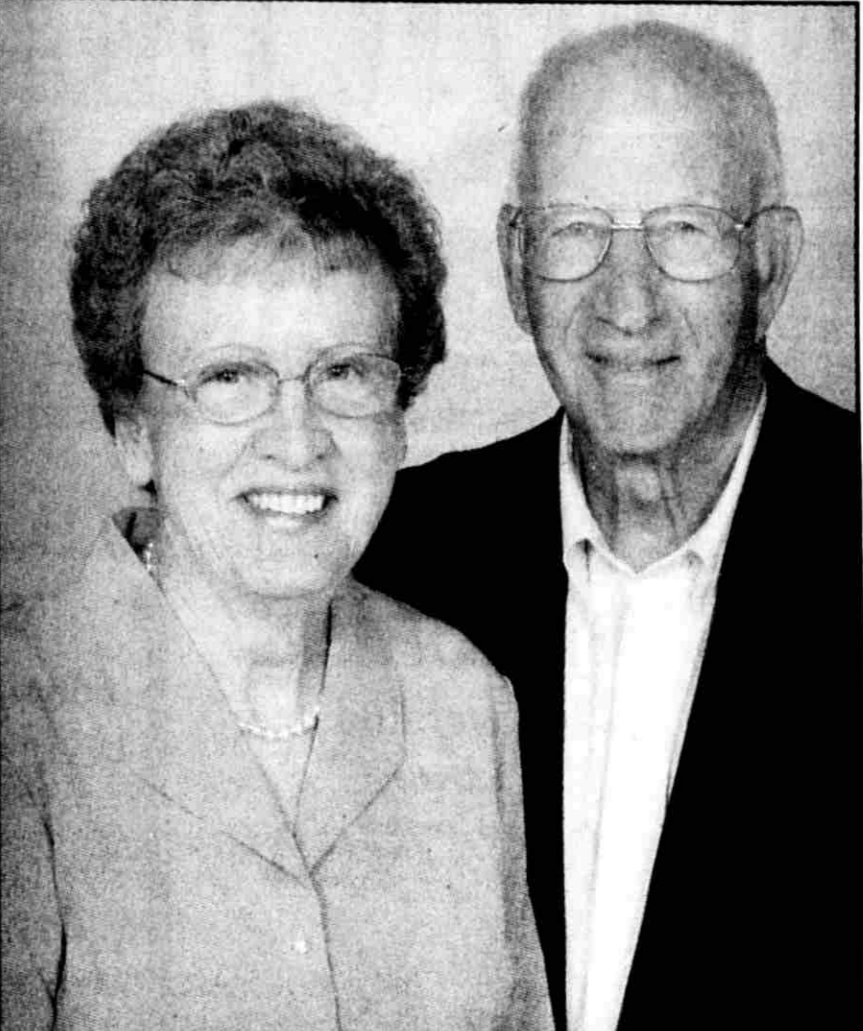
**THE LITERACY CENTER OF WEST MICHIGAN NEEDS VOLUNTEER TUTORS**  
The Literacy Center of West Michigan has scheduled information sessions on Tues., Sept. 2 and Thurs., Sept. 4 for prospective volunteer tutors. This session is held at 6:30 p.m. and lasts one hour. It allows persons interested in becoming volunteer tutors to find out more about the Center and its literacy programs. At the end of the session, there will be an opportunity to sign up for tutor training.

The Literacy Center of W. Michigan is a non-profit, United Way agency devoted to reducing illiteracy in our community. Based on 1990 census figures, at least 19,000 adults in Kent County cannot read at a functional level. At least 6,000 adults cannot speak or understand English well. By training people to be tutors, the Council can offer one-on-one reading help to adults asking for assistance in reading or English as a Second Language (ESL). You do not need to speak another language to tutor ESL. The information session on Sept. 2 will be held at the Gaines Township Library located at 421 - 68th Street, SE, Grand Rapids. The session on Sept. 4 will be held at the Grand Rapids Public Library (VanderVeen Center - 4th Floor) located at 111 Library Street, NE, Downtown, Grand Rapids. Please call us at 459-5151 to register.

## In The Service

Navy Seaman Recruit Andrew J. Morse, a 2007 graduate of Forest Hills Eastern High School, Ada, Mich., recently completed U.S. Navy basic training at Recruit Training Command, Great Lakes, Ill. The capstone event of boot camp is "Battle Stations". This exercise gives recruits the skills and confidence they need to succeed in the fleet. "Battle Stations" is designed to galvanize the basic warrior attributes of sacrifice, dedication, teamwork and endurance in each recruit through the practical application of basic Navy skills and the core values of Honor, Courage and Commitment. Its distinctly "Navy" flavor was designed to take into account what it means to be a Sailor. During the eight-week program, Morse completed a variety of training which included classroom study and practical instruction on naval customs, first aid, firefighting, water safety and survival, and shipboard and aircraft safety. An emphasis was also placed on physical fitness.

## Sterzicks celebrate 40 years of marriage



Don and Barb Sterzick

Don and Barb Sterzick of Alto will celebrate 40 years of marriage on August 24, 2008. Their children are Larry and Kim Fosburg of Lowell, David and Rhonda Fosburg of Ada, Scott and Christine Fosburg of Alto, and Brian and Pam Veldhof of Zeeland. They have 11 grandchildren: Cory and Paige Fosburg, Michael, Audrey, Keri, and Sara Fosburg, Brooke and Cameron Fosburg, and Chloe, Morgan, and Jacob Veldhof. They will be celebrating with a family dinner.

## Happy Birthday

- AUGUST 27:** Virgil Roudabush.
- AUGUST 28:** Lee Miller, Terri Hoag, Kim Stager.
- AUGUST 29:** Roger Nead, Donna Jean Hathaway, Betty Heaston, Kenney Vickers.
- AUGUST 30:** Jim Austin, Herb Swan, Jordan Cloud.
- AUGUST 31:** Amy Vezino, Scott Wolfe, Morgan Nelson.
- SEPTEMBER 1:** Jerry Bellah, Todd Mahalic, Chuck Myers.

## Franciscan Life Process Center Preschool Discovering Today's World Preparing For Tomorrow

**Established in 1975**  
Located on 230 acres of woods with nature trails, orchard, vegetable and flower gardens, and a farm with gentle livestock.  
**Phonics • ABC's • Reading • Rhyming • Math**  
**Opposites • Colors • Science & Nature**  
**Music • Dramatic Play • Cooking • Gardening**  
**Mon & Wed 9 a.m. - noon: 3 to 5 year-olds**  
**Mon - Wed 1 - 4 p.m.: 4 - 5 year-olds**  
**Tues and Thurs 9 a.m. - noon: 4 - 5 year-olds**  
**Open Registration - Scholarships Available**



**Open House - Thursday, August 21**  
**5:30 - 6:30 p.m.**  
11650 Downes Street, Lowell, Michigan 49331  
Call (616) 897-7842 or visit [www.lifeprocesscenter.org](http://www.lifeprocesscenter.org)

# HEALTH

With Drs. Paul Gauthier, Jim Lang, Wayne A. Christenson III, John G. Meier & Tracy Lixie

**RESTLESS LEG SYNDROME**  
Restless legs syndrome (RLS) is a disorder of the part of the nervous system that affects movement of the legs. Because it usually interferes with sleep, it is also considered a sleep disorder. People with RLS have strange sensations in their legs and an irresistible urge to move their legs to relieve the sensations. These sensations are difficult to describe: they are not painful, but an uncomfortable, "itchy", "pins and needles", or "creepy crawlly" feeling deep in the legs. The sensations are usually worse at rest, especially when lying in bed. They often lead to walking discomfort, sleep deprivation, and stress. About 10 percent of adults have RLS. It tends to run in families, and men and women are affected equally. RLS is more common as people get older, but some people develop it when they are young. The cause of RLS is not always clear. Some chronic medical conditions like anemia, neuropathy, or kidney disease may cause RLS. As many as 40 percent of pregnant women may experience RLS symptoms. Primary RLS (where there is no underlying cause) is much more common. There is no cure for primary RLS, although various treatments often can relieve symptoms. Avoid caffeine, cigarettes, and alcohol. Exercise may help. Stretching the legs and taking warm baths before bed may also help symptoms. Medicines that treat Parkinson's disease, seizures and pain may also treat RLS.

*Politics is not the art of the possible. It consists in choosing between the disastrous and the unpalatable.*  
- John Kenneth Galbraith (1908 - 2006)

## AWANA IS BACK!!!

**AWANA**  
**BEGINS**  
**SEPTEMBER 3**  
at **FIRST BAPTIST**  
of **LOWELL**  
2275 W. Main • 897-7168  
E-mail: [contact@fbclowell.org](mailto:contact@fbclowell.org)  
Web: [fbclowell.org](http://fbclowell.org)

**REGISTRATION AT FIRST BAPTIST CHURCH - AUGUST 24**  
**(Prior to and following services) AND ...**  
**SEPTEMBER 3 beginning at 5:45 p.m.**  
**Clubs start at 6:15 p.m.**

**THE BUS WILL PICK UP HIGH SCHOOL AND MIDDLE SCHOOL STUDENTS ONLY!**  
We are looking forward to a great year!  
Celebrating 154 Years!

**REGISTRATION/EMERGENCY CARE FORMS AVAILABLE AT THE CHURCH OFFICE OR REGISTRATION TIMES.**  
\*\*\*PLEASE NOTE - Our pre-school club, Cubbies, will be for ALL 4 & 5 year old potty-trained children.  
**"EXCITE" YOUTH MINISTRIES:**  
Begin September 3 at 6:30 pm ...  
"IGNITE" (Middle School)  
"EXPLODE" (High School)  
\*\* "Excite" Youth Ministries bus leaves church 6:25 pm - returns 7:50 pm

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Sending or Receiving  
\$1 for 1st sheet, 50c each additional sheet  
**The Lowell Ledger**  
105 N. Broadway, Lowell

# AREA CHURCH DIRECTORY

<p><b>ALTO UNITED METHODIST CHURCH</b> Kirby and Harrison Alto • 616-691-8011 Worship.....9:30 A.M. Children's Church.....9:30 A.M. <b>OPEN HEARTS - OPEN MINDS - OPEN DOORS</b> Pastor Dean Bailey</p>	<p><b>DAY BIBLE CHAPEL</b> 9305 Centerline, Saranac 897-6332 Worship.....9:45 A.M. Sunday School.....11:00 A.M. Nursery &amp; Jr. Church Provided Rev. Frank Lattimore, Pastor "A Nondenominational Ministry With A Blended Word Centered Service!"</p>	<p><b>CALVARY CHRISTIAN REFORMED CHURCH OF LOWELL</b> Rev. Randy Meyers • 897-7060 1151 West Main Street, Lowell, MI Morning Worship.....10:00 A.M. Sunday School.....11:20 A.M. Evening Worship.....6:00 P.M. Nursery available at both services Barrier-Free</p>	<p><b>CHRISTIAN LIFE CENTER (Assembly of God)</b> 3050 Alden Nash S.E. • 897-1100 • Staffed Nursery Robert W. Holmes, Lead Pastor John King, Youth Pastor <b>SUNDAYS:</b> 10:00 a.m. - Worship &amp; Evening; LIFE Home Groups &amp; "The Source" Youth <b>WEDNESDAYS:</b> Family Night: (for all ages) 7:00 p.m. "The Source" Youth: 7:00 p.m. Loving God... Loving People!</p>	<p><b>ST. MARY'S CATHOLIC CHURCH</b> Fr. Eugene Okoli 402 Amity St. • 897-9820 <a href="http://www.stmary-lowell.com">www.stmary-lowell.com</a> Weekend Masses: SAT. 5 PM; SUN. 9:30 AM Weekday Masses: 7:45 AM Holy Day Masses: 9 AM &amp; 7 PM - TUES. - FRI. Saturday confessions: 4 - 4:45 AM Prayer &amp; adoration each Wed. 8:15 AM - 8 PM RELIGIOUS EDUCATION, CHILDREN TO ADULTS - CALL PETE WIGGINS 897-7915 SEE LOWELL CABLE CH. 48N FROM 24 HR. CATHOLIC BROADCASTING</p>	<p><b>FIRST CONGREGATIONAL CHURCH OF LOWELL</b> (United Church of Christ) 865 Lincoln Lake Ave. SE • 897-5906 Sunday Worship.....10:00 A.M. Church School.....10:15-11:15 A.M. Thursday Faith Alive Worship.....7:00 P.M. Rev. Terry Tessari.....Interim Pastor Shannon Hanley.....C.E. Director Barrier-free.....Nursery Provided Come Join Us For Praise &amp; Worship</p>
<p><b>FIRST UNITED METHODIST CHURCH OF LOWELL</b> 621 E. Main Street • 897-5936 <a href="http://www.lowellumc.com">www.lowellumc.com</a> WORSHIP.....8:30 &amp; 10:15 a.m. Rev. Rick Blunt Barrier-free entrance</p>	<p><b>CHRISTIAN LIFE CENTER (Assembly of God)</b> 3050 Alden Nash S.E. • 897-1100 • Staffed Nursery Robert W. Holmes, Lead Pastor John King, Youth Pastor <b>SUNDAYS:</b> 10:00 a.m. - Worship &amp; Evening; LIFE Home Groups &amp; "The Source" Youth <b>WEDNESDAYS:</b> Family Night: (for all ages) 7:00 p.m. "The Source" Youth: 7:00 p.m. Loving God... Loving People!</p>	<p><b>ST. MARY'S CATHOLIC CHURCH</b> Fr. Eugene Okoli 402 Amity St. • 897-9820 <a href="http://www.stmary-lowell.com">www.stmary-lowell.com</a> Weekend Masses: SAT. 5 PM; SUN. 9:30 AM Weekday Masses: 7:45 AM Holy Day Masses: 9 AM &amp; 7 PM - TUES. - FRI. Saturday confessions: 4 - 4:45 AM Prayer &amp; adoration each Wed. 8:15 AM - 8 PM RELIGIOUS EDUCATION, CHILDREN TO ADULTS - CALL PETE WIGGINS 897-7915 SEE LOWELL CABLE CH. 48N FROM 24 HR. CATHOLIC BROADCASTING</p>	<p><b>CHRISTIAN LIFE CENTER (Assembly of God)</b> 3050 Alden Nash S.E. • 897-1100 • Staffed Nursery Robert W. Holmes, Lead Pastor John King, Youth Pastor <b>SUNDAYS:</b> 10:00 a.m. - Worship &amp; Evening; LIFE Home Groups &amp; "The Source" Youth <b>WEDNESDAYS:</b> Family Night: (for all ages) 7:00 p.m. "The Source" Youth: 7:00 p.m. Loving God... Loving People!</p>	<p><b>FIRST CONGREGATIONAL CHURCH OF LOWELL</b> (United Church of Christ) 865 Lincoln Lake Ave. SE • 897-5906 Sunday Worship.....10:00 A.M. Church School.....10:15-11:15 A.M. Thursday Faith Alive Worship.....7:00 P.M. Rev. Terry Tessari.....Interim Pastor Shannon Hanley.....C.E. Director Barrier-free.....Nursery Provided Come Join Us For Praise &amp; Worship</p>	<p><b>FIRST BAPTIST CHURCH OF LOWELL</b> 2275 West Main Street • 897-7168 Internet: <a href="http://www.fbclowell.org">http://www.fbclowell.org</a> Rev. David O. Sims &amp; Rev. W. Lee Taylor Wayne Haines, Youth Pastor Sun. Worship Service.....9:30 A.M. &amp; 6:00 P.M. Sunday School Hour.....11:00 A.M. AWANA/CLUB JC.....Wed. 6:15 &amp; 6:30 P.M. Contact Church Office For Prayer Meeting Times Nursery Provided • Barrier Free</p>
<p><b>GOOD SHEPHERD LUTHERAN CHURCH</b> 10305 Bluewater Highway (Missouri Synod) Halfway between Lowell &amp; Saranac on M-21 <a href="http://www.goodshepherdlowell.org">www.goodshepherdlowell.org</a> Worship Service.....9:00 A.M. (Nursery available) Joseph Fremer, Pastor 897-8307 All facilities are wheelchair accessible</p>	<p><b>FIRST BAPTIST CHURCH OF LOWELL</b> 2275 West Main Street • 897-7168 Internet: <a href="http://www.fbclowell.org">http://www.fbclowell.org</a> Rev. David O. Sims &amp; Rev. W. Lee Taylor Wayne Haines, Youth Pastor Sun. Worship Service.....9:30 A.M. &amp; 6:00 P.M. Sunday School Hour.....11:00 A.M. AWANA/CLUB JC.....Wed. 6:15 &amp; 6:30 P.M. Contact Church Office For Prayer Meeting Times Nursery Provided • Barrier Free</p>	<p><b>SNOW UNITED METHODIST CHURCH</b> 3189 Snow Ave. SE, Lowell Rev. Vance Dimmick Jr. 9:45 A.M. ....Worship/Fellowship 11:15 A.M. ....Sunday School <b>897-9863 or 897-9588</b> Nursery &amp; Children Worship Programs Provided "A friend...a family...a mission!"</p>	<p><b>LOWELL CHURCH OF THE NAZARENE</b> Greeting &amp; Fellowship.....10:15 A.M. Sunday Morning Worship.....10:40 A.M. Wednesday Discipleship Ministries.....7:00 P.M. Meets at 201 N. Washington PASTOR MICHAEL RHODABARGER Staffed Nursery Provided Barrier-Free Entrance</p>		

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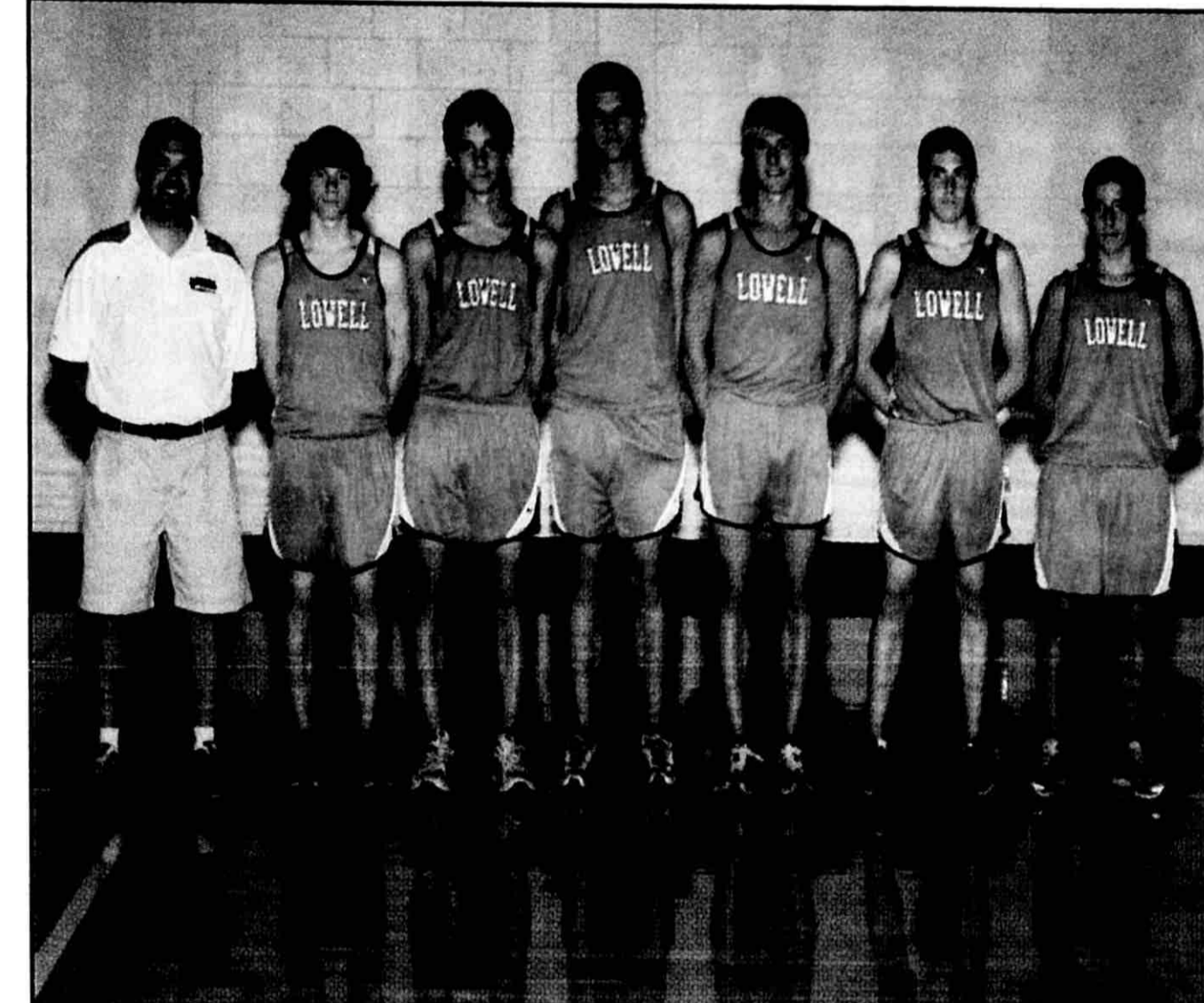
# 2008 RED ARROW FALL SPORTS PREVIEW

SPONSORED BY THESE AREA BUSINESSES

<p><b>STATE FARM INSURANCE</b> Deborah A. Wilks, Agent 2050 W. Main, Lowell 897-9237</p>	<p><b>TIMPSON TRANSPORT, INCORPORATED</b> 3175 Segwun Ave. SE, Lowell 897-9032</p>	<p><b>BEACHUM FLOORING</b> 924 Riverside Dr., Lowell 897-7768</p>	<p><b>J.B. HARRISON INSURANCE</b> 6661 Alden Nash, Alto 868-0050 For All Your Insurance Needs</p>	<p><b>FARM BUREAU INSURANCE</b> Mark Johnson 6095 28th St., Suite 4, Grand Rapids 940-8181</p>
<p><b>GREAT CLIPS HAIR SALON</b> 11635 Fulton (by Goodwill) Lowell 897-9520 HOURS: M-F 9-9; Sat. 9-6 &amp; Sun. 10-5 Great Clips Relax. You're at Great Clips.</p>	<p><b>SHOWBOAT AUTOMOTIVE</b> 1450 W. Main, Lowell 897-9231</p>	<p><b>LITTLE CAESARS PIZZA</b> 505 W. Main, Lowell 897-0043</p>	<p><b>CITY LOOKS SALON</b> 11901 E. Fulton (inside Meijer) Lowell 897-2122 City Looks Salons</p>	<p><b>CURTIS CLEANERS</b> 1410 W. Main, Lowell 897-9810 Certified Drycleaner - Care Professional CURTIS CLEANERS - LAUNDRY</p>
<p><b>HAROLD ZEIGLER FORD</b> 11979 E. Fulton, Lowell 897-8431</p>	<p><b>JAMES E. REAGAN D.D.S.</b> 207 W. Main, Lowell 897-7179</p>	<p><b>LOWELL FAMILY MEDICAL CENTER</b> Drs. Paul Gauthier, James Lang, Wayne A. Christenson III, John G. Meier &amp; Tracy Lixie 2550 W. Main, Lowell 252-5600</p>	<p><b>GOOD CHEVROLET BUICK</b> 1250 W. Main, Lowell 897-9294</p>	<p><b>WITTENBACH GRAND</b> 749 W. Main, Lowell 897-9227</p>
<p><b>GRAND CHRYSLER - DODGE - JEEP</b> 930 W. Main, Lowell 897-9281</p>	<p><b>YMCA</b> 1335 W. Main, Lowell 897-8445</p>	<p><b>CANFIELD PLUMBING &amp; HEATING</b> 411 E. Main, Lowell 897-0887</p>	<p><b>KEISER'S KITCHEN</b> 700 E. Main, Lowell 897-8455</p>	<p><b>LOWELL VISION CENTER, P.C.</b> David Durkee, O.D. F.A.A.O. 2186 W. Main, Lowell 897-2020</p>
<p><b>STONERIDGE APARTMENT HOMES</b> 11443 Boulder Drive, Lowell 897-9272</p>	<p><b>SNEAKERS</b> 211 E. Main, Lowell 897-6746</p>	<p><b>PAULY'S BEER, WINE &amp; SPIRITS</b> 11250 E. Fulton, Lowell 897-2669</p>	<p><b>LITEHOUSE INC.</b> 1400 Foreman, Lowell 897-5911</p>	<p><b>BLUE RIBBON FEED</b> 420 W. Main, Lowell 897-5921</p>

## FALL SPORTS PREVIEW

### Boys' cross country team focuses on core group of runners



Coach Clay VanderWarf, Zach Robinson, Josh Corteville, Cody Kastanek, Jonathan Woods, Dylan VanderWarf and Benjamin Partridge.

The boys' cross country team will focus on a core group of runners as its roster is smaller than in years past. Clay VanderWarf, who is in his ninth season coaching the team, will return a strong group of runners, including Tom Mark, Zach Robinson, Jon Woods, Josh Corteville, Dylan VanderWarf, Cody

Kastanek and Ryan Christie. He will also introduce freshman Ben Partridge to the team. "Although a small team, this year's group are hard workers who commit themselves to the sport," VanderWarf said. But, "we could use some runners to add to our depth."

**“ALTHOUGH A SMALL TEAM, THIS YEAR'S GROUP ARE HARD WORKERS WHO COMMIT THEMSELVES TO THE SPORT.”**

He said the outlook is positive. "Although our numbers are small, the guys will be able to handle themselves against the other teams and have a solid season." The team was fourth in the OK-White conference last year in the jamboree system and saw senior

### Enthusiastic girls' cross country team adds 13 new runners

The girls' cross country team will see a major lineup change from last year, as they add 13 runners to the team.

Coach Sarah Ellis, who is in her first year as head coach, said that the team is looking forward to the season. "I think we will surprise a lot of people. Last year, the team was at the bottom of the league and could hardly field a varsity team. This year we have more than double the members and double the drive to excel."

The team's major strengths include enthusiasm, dedication and

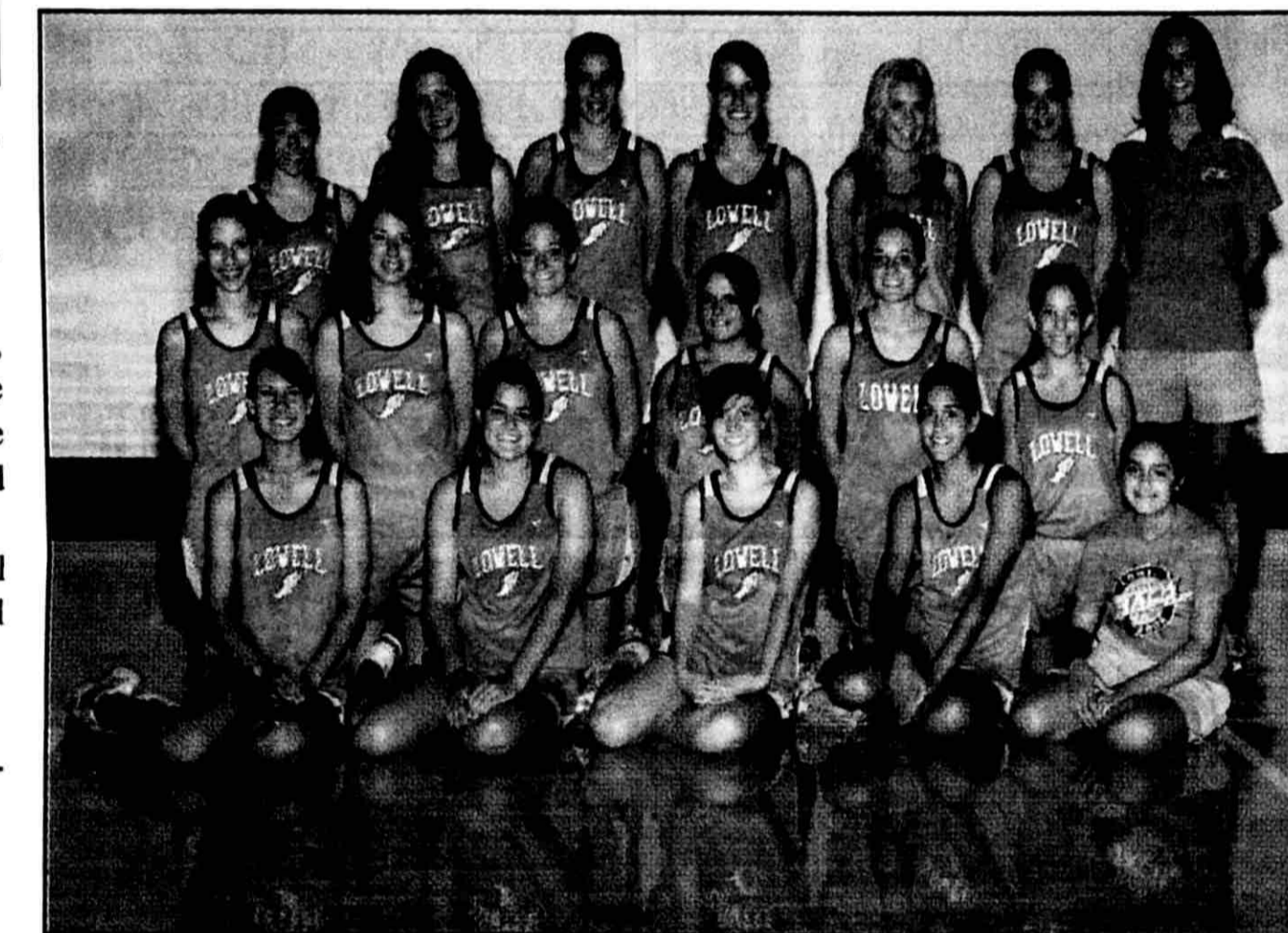
a drive to keep going, said Ellis. The Arrows are returning senior Morgan Marchido, juniors Taylor Marchido and Haleigh Timmers and sophomore Emily Jelsma. Newcomers include seniors Logan Declercq, Kristin Dunn and Marin Tawney, as well as freshman Karis Dilly.

"We lack experience," Ellis said. "We have 13 new members on the team - it takes time to be a great runner. But by the end of the season this team will be the one to beat." The Arrows will compete in a new conference

this fall, and other top teams include East Grand Rapids and Grand Rapids Christian.

Lowell is looking forward to its own invitational on Sept. 20 and Regionals on Oct. 18 at Sparta.

**“I THINK WE WILL SURPRISE A LOT OF PEOPLE. WE HAVE MORE THAN DOUBLE THE MEMBERS AND DOUBLE THE DRIVE TO EXCEL.”**



(First row, L-R): Marin Tawney, Morgan Marchido, Kristin Dunn, Logan Declercq and manager Bailey Marchido. (Second row, L-R): Kelsey Mankel, Haleigh Timmers, Nicole Everitt, Chelsea Montgomery, Taylor Marchido, Leigha Boogaard and Coach Sarah Ellis. (Third row, L-R): Skye Thebo, Karis Dilly, Carissa Paiz, Alli Oesch, Emily Jelsma and Jessica Lewis. Not pictured: Kendall Solon and Halina Haenicke.

**LOOK FOR**  
Lowell Invationals  
Saturday, Sept. 20  
9 a.m.  
Lowell High School

### Varsity cheer team finds new ideas for fall season at summer camp

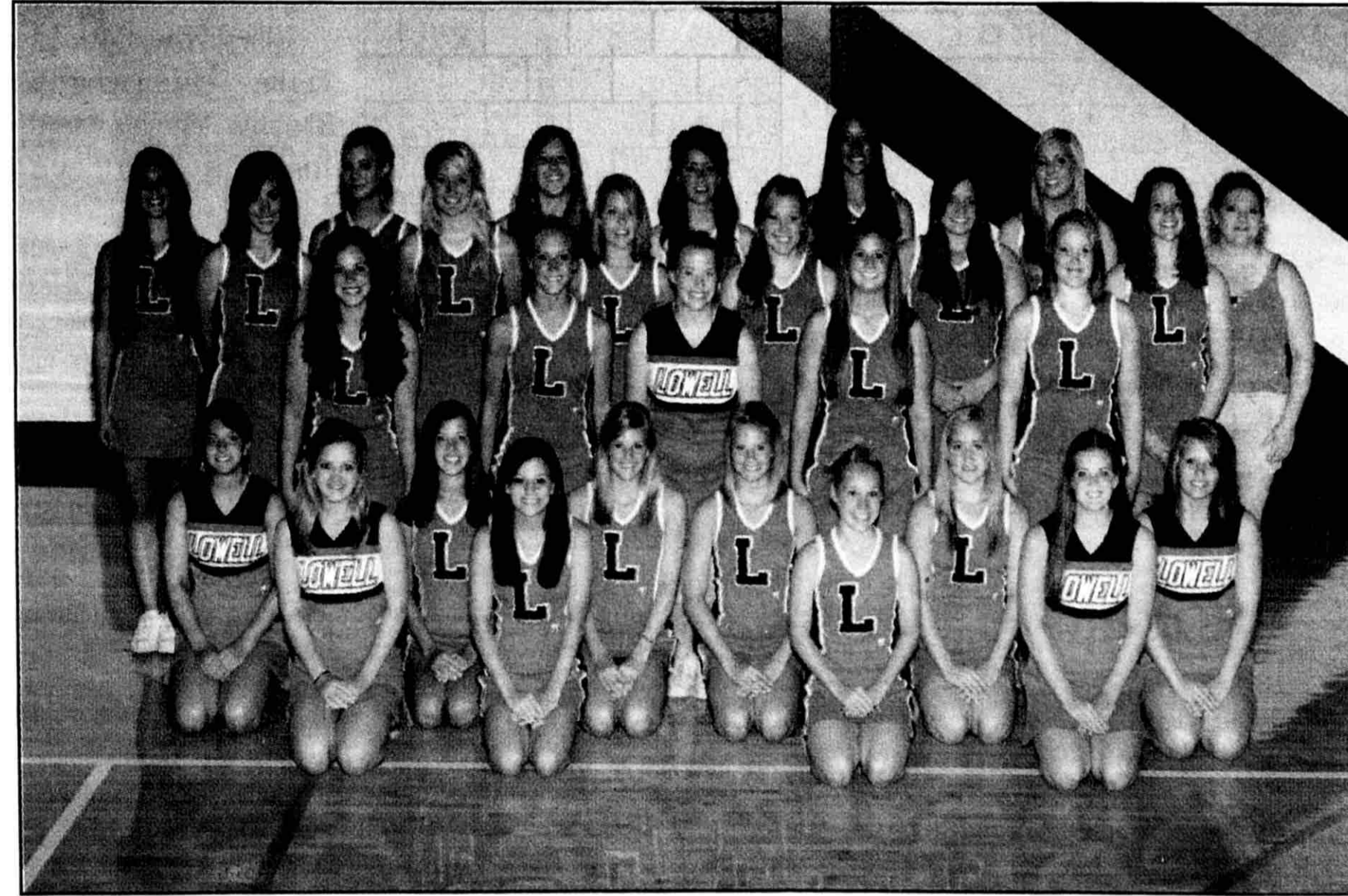
The cheer team has returned from camp this summer with a "Best overall team" award and inspiration for their fall season.

The team said they learned a lot of new ways to get the crowd involved during football games and will use it this season. "We're going to get them more active in actual games," Dawson said. "After coming back from camp, we realized there's so much more to cheerleading than we thought."

The team is looking forward to the first home

game on Sept. 12 for the Pink Arrow festivities. The Arrows will take part in the "think pink" event, donning pink uniforms, pom poms and ribbons.

**LOOK FOR**  
Pink Arrow game  
Friday, Sept. 12  
7 p.m.  
Red Arrow Memorial Stadium



(First row, L-R): Ericka Claypool, Theresa Buist, Andrea Coffey and Hailey DeGrote. (Second row, L-R): Cassie Miles, Kylee Karas, Anna Scudder, Kate Scudder, Sara Tarchala and Becky Chamberlain. (Third row, L-R): Alexandra Herb, Katie Krolewicz, Erin Fleet, Brittany Holst and Chelsea Grachtrup. (Fourth row, L-R): Alex Cooley, Christen Baerwalde, Kait Cummings, Emma Bencker, Lindsey Stehley and Cassidy Venneman. (Fifth row, L-R): Rachel Copeyon, Montana Berg, Kayla Barr, Molly Fizer, Sydney Burrows, Lauren Gurd and Coach Kari Dawson.

# FALL SPORTS PREVIEW

## Soccer team takes aim at league title

The Red Arrows, who went 7-11 last year, are looking to improve their record and go for an OK-White title.

Coach Paul Legge, who has been with the Lowell program for nine years, said his team is much stronger. "This season we should be much stronger defensively with a big back line and offensively we will have a more dynamic attack led by Ian [Beddows] and Jake [Karasiewicz]."

Legge will return Beddows, a senior forward, and Karasiewicz, a junior midfielder, along with senior goalie Phil Bieri. Key additions to the team are Joe Sweet, a freshman forward, and Tommy Rodriguez, a sophomore midfielder.

Beddows, along with

senior Jerry Adams, earned all-conference nods for the team last year, along with graduates Nick Abdo and Greg Harreld.

The team's biggest challenge for the season is "consistency on the defensive end of the field," said Legge. "Staying focused and preventing mental breakdowns will be a key to our success."

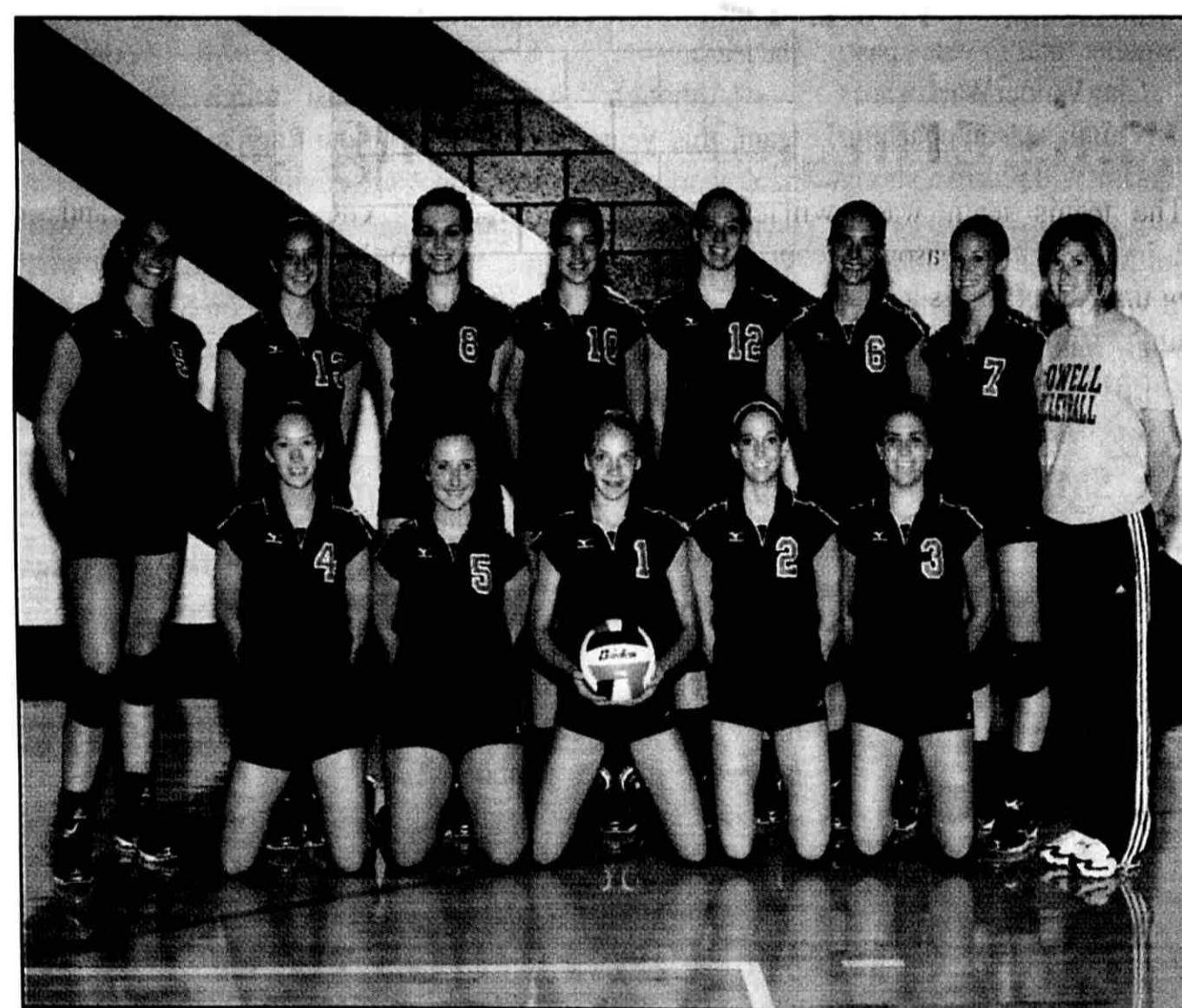
The top teams in the league who will prove a difficult task for a title are East Grand Rapids and Grand Rapids Christian, who will also be key matches.

**"THIS SEASON WE SHOULD BE MUCH STRONGER DEFENSIVELY WITH A BIG BACK LINE AND OFFENSIVELY WE WILL HAVE A MORE DYNAMIC ATTACK LED BY IAN AND JAKE."**



(First row, L-R): Josh Wallner, Ben Gerig, Joe Sweet, Phil Bieri, Tommy Rodriguez, Jeremy Wodarek and Brenton Sirowatka. (Second row, L-R): Jerry Adams, Jordan Babler, Zach Wheeler, Jim McCormick, Robert Nichols, Alex Vera, Kyle Fitzpatrick and Jacob Karasiewicz. (Third row, L-R): Stephen Hauschild, Abram McIntire, Matt Schloop, Al Calvi, Brent Corve, Ian Beddows, Mike Underwood and Coach Paul Legge.

## Volleyball team plays on athleticism and youth



(First row, L-R): Lauren Ferguson, Rachael Partridge, Jordan Timmer, Taylor Schumacher and Kelly Stevens. (Second row, L-R): Madelyn Brower, Megan Montgomery, Sam Visscher, Hannah Geelhoed, Katie Tompkins, Courtney Schmidt, Heather Burger and Coach Gigi Peal.

The volleyball team will return a few key athletes, but bring in a number of younger players to give the team a fresh start.

Returning for the Arrows are junior Madelyn Brower, an outside hitter; senior Taylor Schumacher, an outside hitter; and sophomore Hannah Geelhoed, a middle hitter.

Newcomers are sophomores Katie Tompkins, a middle hitter, Samantha Visscher, a middle hitter, Megan Montgomery, a right-side hitter, and Courtney Schmidt, a defensive specialist, as well as freshman Jordan Timmer, a setter.

Gigi Peal, the head coach in her ninth season, said the team's strength is "our overall athleticism." The team will fight against its "youth and inexperience."

Peal said her team, which tied for third place in the OK-White last season and saw an all-conference nod for Amy VanEns, a 2007 grad, will finish well.

"I am excited for the season and I hope they get better everyday we are in the gym," Peal said. "I predict we will finish in the top half of our conference trying to battle some veteran teams and pull off some upsets."

Top teams in the new league will be East Grand

Rapids and Grand Rapids Christian. Lowell will play the two at home on Sept. 30 and Oct. 16 respectively, and away on Oct. 21 and Sept. 25.

**"I PREDICT WE WILL FINISH IN THE TOP HALF OF OUR CONFERENCE TRYING TO BATTLE SOME VETERAN TEAMS AND PULL OFF SOME UPSETS."**

## Girls' golf is small but experienced



(First row, L-R): Lauren Heemstra, June Ramsay, Shelby Herb, Melissa Shepard and Liberty Clark. (Second row, L-R): Coach Fredline, Jenna Ries, Miranda Grimm, Kayla Stanford, Kara Rasch, Sydney Stuewe and Coach Bob Stuewe.

The girls' golf team will be small but strong this year, as three top athletes return to the roster. Sydney Stuewe, a senior who was all-conference last year and four-year letter winner; Lauren Heemstra, a senior all-conference player; and June Ramsay, a junior, will come back to the team.

The team took third place in the OK-White last year, and was 7-4 in duals. They took second place in the Lakewood Invitational.

Coach Bob Stuewe, who

is in his third year coaching, said the team is still searching for key additions. "We're always looking for new girls to come out and learn the game of golf!"

Stuewe said his team's chemistry and experienced players will make the season a good one.

"We should be very competitive this season in the OK-White," he said. "If we can get a fourth score we can contend for the championship as well as going to the State finals."

**"WE SHOULD BE VERY COMPETITIVE THIS SEASON IN THE OK-WHITE."**

The top teams in the new league will be Greenville and Grand Rapids Christian. Stuewe said there are three jamborees this year for the OK-White, with the last one at home - "we will need to play our best."

# FALL SPORTS PREVIEW

## Football team looks to group chemistry and work ethic for winning season

The Red Arrows will step onto the grass tomorrow night as defending league, district and regional champions. However, the team will have to work hard for another season to get those honors. Coach Noel Dean, who is starting his 13th season as head coach, said his team is up for the challenge.

"I think our goals are pretty similar to what they always are," Dean said. "To be in the position to win every game and to be the best team in the state of Michigan. I think we've been able to say that we're close to that most years."

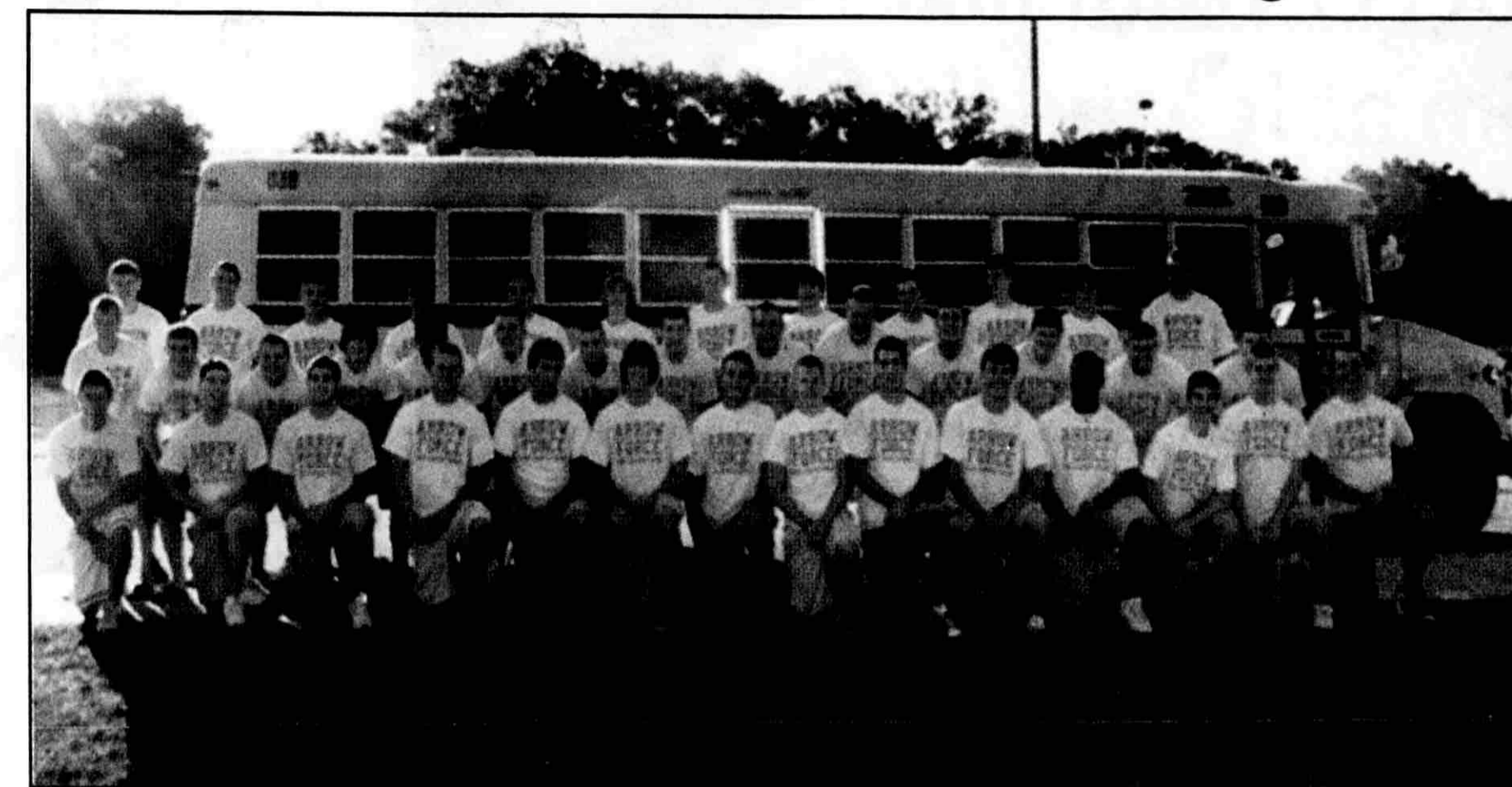
Dean's team lost a few

key seniors and will have to work on their "inexperience and getting the team up to speed."

However, the Arrows will be powerful in their overall team chemistry and work ethic, Dean said.

Returning for Lowell are Tom Alberts at center, Torsten Boss at running back and wide receiver, Connor Kruse at offensive tackle, Kyle Nichol at quarterback, and Randy Hogan at linebacker. Boss, Nichol and Hogan were all named All-Conference last season, and listed in the Grand Rapids Press' dream team.

Dean said he is waiting to see who the key additions



to the team will be as they have to "earn their stripes."

In a new conference, Lowell will be challenged by State Champs East Grand Rapids, as well as Greenville and Grand Rapids Christian.

They're looking forward to their first game of the season at Davison tomorrow night, whom Dean said is a "very qualified opponent."

(First row, L-R): Jacob Meyer, Lance Fargo, Kyle Nichol, Torsten Boss, Zach Stephens, Pat Martin, Drew Culross, Tom Jeffrey, Derek Corniss, Zach Noskey, Marc Destine, Jake Fillingham, Clinton Marsh and Austin Tackmann. (Second row, L-R): Jon Hanson, Austin Graham, Sam Young, Chris Eckman, Keegan Hanrahan, Cole Wade, Mark Ford, Trevis Shea, Randy Hogan, Connor Kruse, Agin Selimi, Torin Rix, Tom Alberts and John Bogardus. (Third row, L-R): Jason Miller, Sage Fox, Keith Williams, Dylan Olin, Zach White, Nick White, Matt Persons, Tyler Matteson, Kevin Jones, Josh Drake, Thomas Fleet and Josh Faulkner.

**"I THINK OUR GOALS ARE PRETTY SIMILAR TO WHAT THEY ALWAYS ARE. TO BE IN THE POSITION TO WIN EVERY GAME AND TO BE THE BEST TEAM IN THE STATE OF MICHIGAN. I THINK WE'VE BEEN ABLE TO SAY THAT WE'RE CLOSE TO THAT MOST YEARS."**

## Tennis brings back strong group

The tennis team was 6-3-1 in duals last season, taking third at regionals and winning championships at the Haslett and Caledonia Invationals.

The Red Arrows will return sophomore Cort Thompson at No. 1 singles, senior Pat Misner at No. 2 singles, junior Josh Spratt at No. 3 singles, junior Jack Weeber at No. 4 singles, senior Chase Canning and junior Isaac Tawney at No. 1 doubles, and senior Dylan Dues and junior Evan Wilterink at No. 2 doubles. Bonnie and Roger Wall

will return as coaches for the team.

Wall said the singles section will be solid this year, along with the top two doubles positions. Their inexperience lies in the No. 3 and 4 doubles spots.

"If the boys continue working hard and play up to ability, we should be above .500 in duals and do well at Invationals," Wall said. East Grand Rapids, Grand Rapids Christian and Northview will all be top contenders in the OK-White. "We'll have our work cut out for us in those matches."

GR Christian and Northview will be key games for Lowell.

Wall said she is optimistic about the season. "We can give the tough teams a good match, but we need to believe and play up to capability to beat them."

**LOOK FOR Lowell @ Northview Wednesday, Sept. 3 Lowell @ GR Christian Wednesday, Sept. 24**



(First row, L-R): Josh Spratt, Patrick Misner, Cort Thompson, Dylan Dues, Connor Smith, Gareth Foote and Sean Briggs. (Second row, L-R): Coach Roger Wall, Isaac Tawney, Michael Lazar, Evan Wilterink, Chase Canning, Jack Weeber and Coach Bonnie Wall.

## OK-Conference realigns, Lowell stays in White

The OK-conference will be a bit different this year, as each division was realigned to fit in the City League.

The new divisions are:

- OK-Red**  
East Kentwood  
Grand Haven  
Grandville  
Hudsonville  
Jenison  
Muskegon  
Rockford  
West Ottawa
- OK-Black**  
Forest Hills Central  
Grand Rapids Union  
Holland  
Kenowa Hills  
Musk. Mona Shores  
Musk. Reeths-Puffer
- OK-White**  
East Grand Rapids  
Grand Rapids Creston  
Grand Rapids Christian  
Greenville  
Lowell  
Northview
- OK-Gold**  
Caledonia  
Forest Hills Eastern  
GR Catholic Central  
GR Ottawa Hills  
Hastings  
Middleville  
South Christian  
Wayland
- OK-Blue**  
Belding  
Cedar Springs  
Comstock Park  
Coopersville

- Forest Hills Northern  
Grand Rapids Central  
Sparta  
West Catholic
- OK-Green**  
Byron Center  
Hamilton  
Holland Christian  
Hville Unity Christian  
Wyoming Park  
Wyoming Rogers  
Zeeland East  
Zeeland West
- OK-Silver**  
Allendale  
Calvin Christian  
Godfrey-Lee  
Godwin Heights  
Hopkins  
Kelloggsville  
Kent City

## JV SOCCER



(First row, L-R): Martin Hewitt, Matt Hoogenboom, Sean DenBraven, Jon Nichols, Martin Brubaker, Torie Milks, Josh Depew and Matt Kyllonen. (Second row, L-R): Coach Mike Lincolnhol, Dusten Ransom, Alex Ligman, Aaron Fetzer, Evan Kohtz, Caleb Schultz, Will Athmann, Tyler Pawlaski and Grant Breuker.

# FALL SPORTS PREVIEW

## FRESHMEN CHEERLEADING



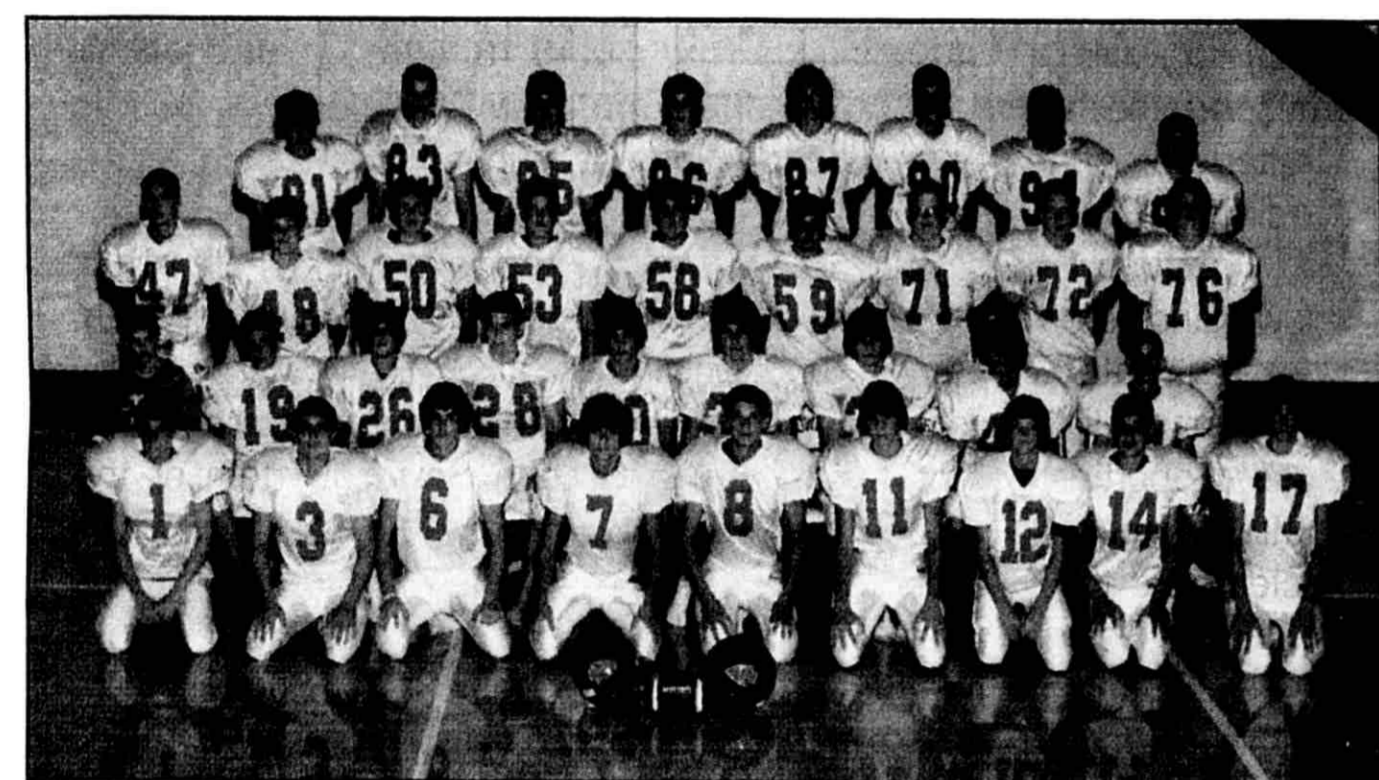
(First row, L-R): Cassi Mullins, Samijo Olson, Lindsay Anderson and Allyson Nora. (Second row, L-R): Breanna Koster and Erin Groom. (Third row, L-R): Katelyn Videto, Maddy Tome, Jordan Wakefield and Coach Kyleigh Gilliard.

## JV CHEERLEADING



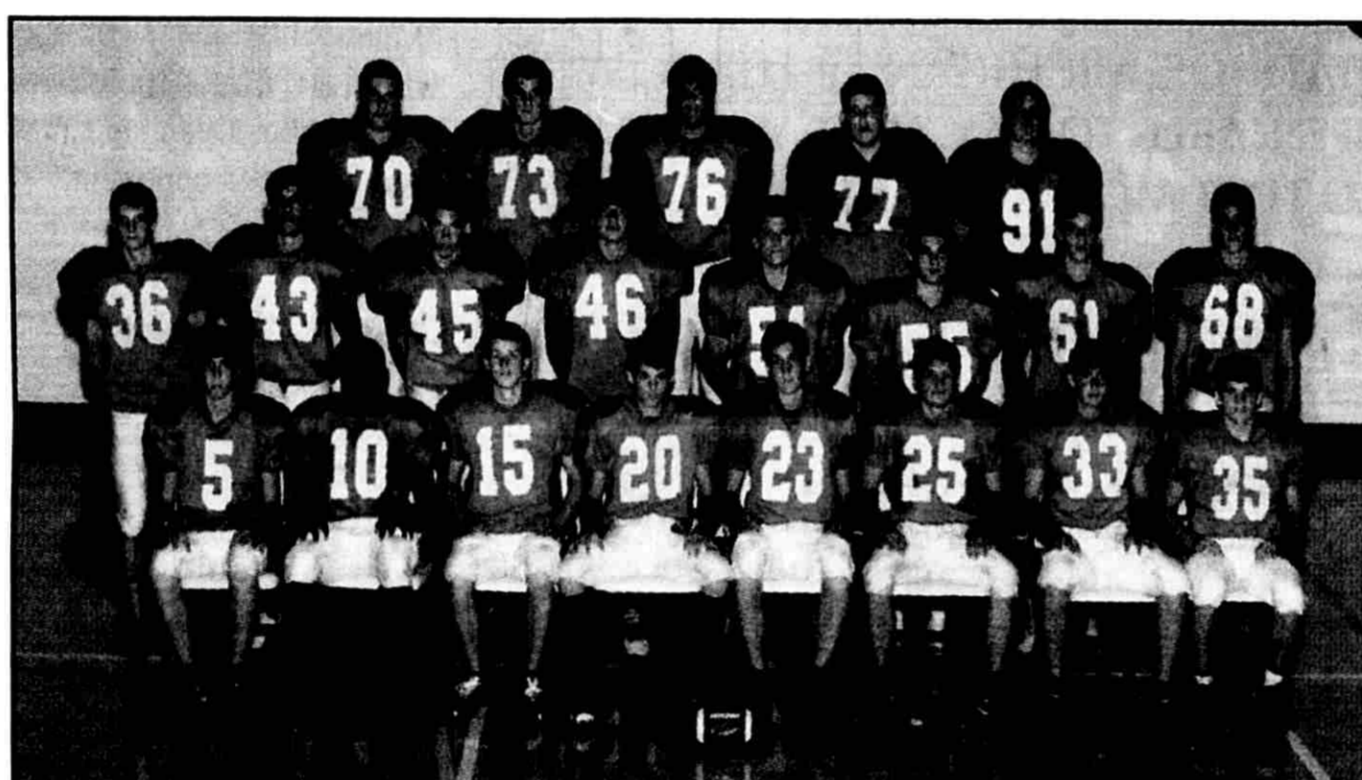
(First row): Chelsae Prill. (Second row, L-R): Courtney Race and Andrea Herrera. (Third row, L-R): Brittany Essich, Britney Poll and Paige Rash. (Fourth row, L-R): Mariah Moore, Dayna Crumback, Jenn Hartley, Whitney Bunn and Tanisha Lariner.

## FRESHMEN FOOTBALL



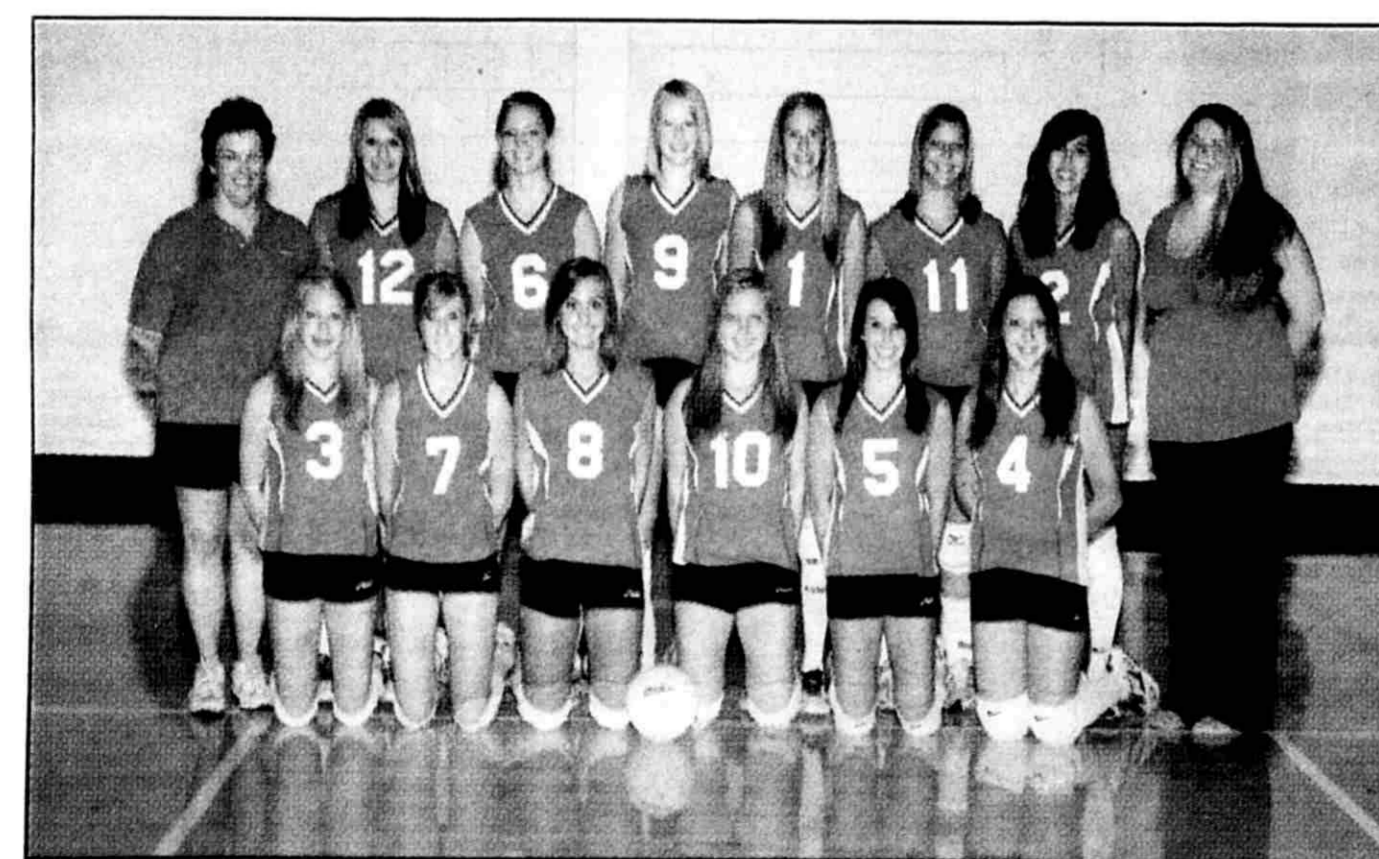
(First row, L-R): Calvin Meyer, Gabe Dean, Jim Callins, Reece Fox, Jordan Drake, Blake Cymen, Luke Bigham, Mort Chariouf and Coudy Ruegink. (Second row, L-R): Andy Russell (waterboy), Jeff Baker, Tyler Gorby, Josh Addington, Gabe Morse, Jordan Nurmikko, Daniel Trupke, Joe Potter and JP North. (Third row, L-R): Austin Buckius, Chris Frisbie, Chase Treglia, Peter Copeyon, Luke Stephens, Tyler Gallert, Tyler Hall, Jeff Rininger and Austin Ellsworth. (Fourth row, L-R): Ian Newhouse, Ryan Woodhead, Dan McQueen, Nick Shaffer, Austin Felker, Josh Bartholomew, Dominique Martinez and Jacob Merkinger.

## JV FOOTBALL



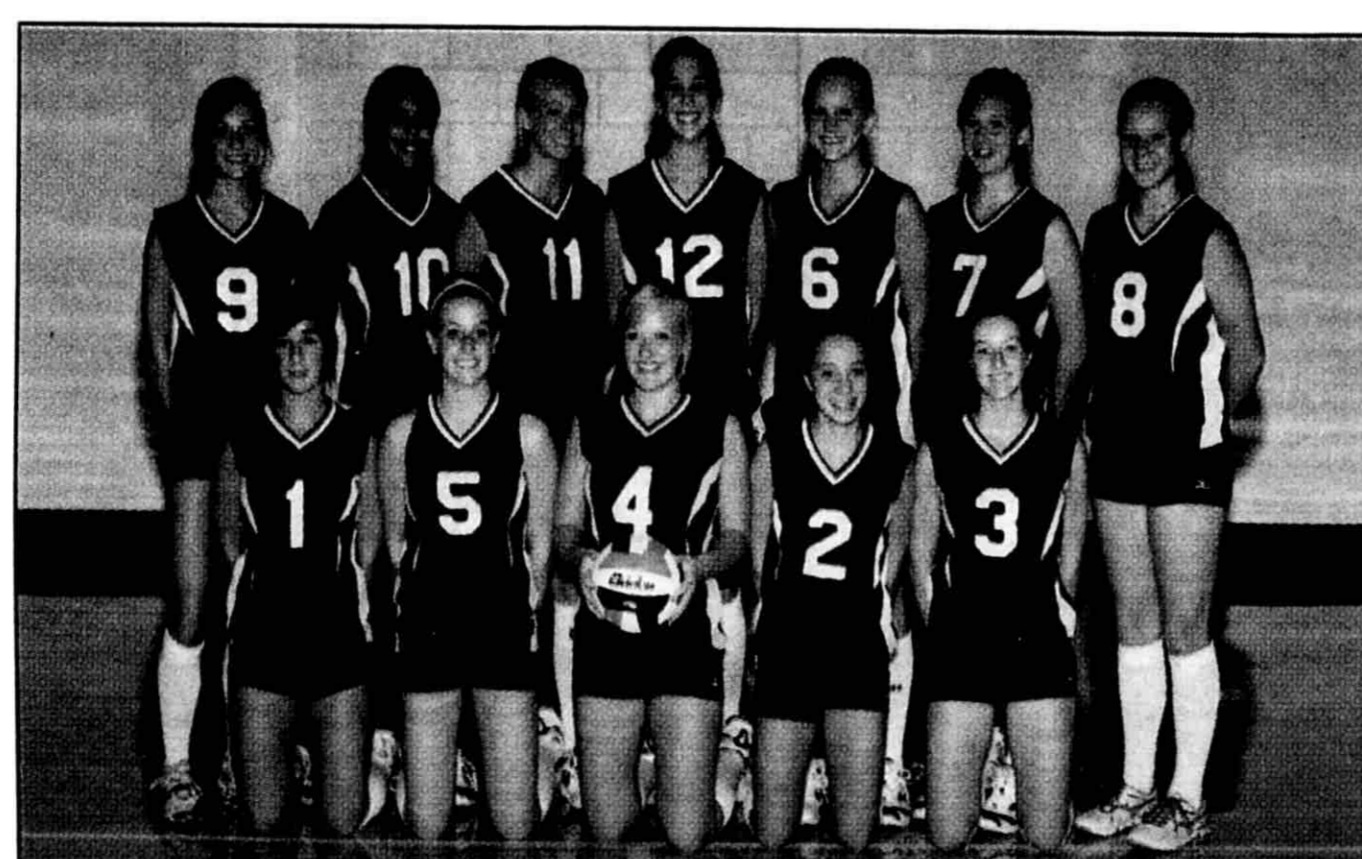
(First row, L-R): Alex Nurmikko, Jone Destine, Matt Houston, Derek DeWaard, Renn Osborne, Jake Stehley, Sam Steed and Dan Fleet. (Second row, L-R): Brandon Blough, Erik Ingebretson, Evan Swift, Nick Crook, Tyler Mitchell, Taylor Porter, Matt Wibeck and Wade Schlosser. (Third row, L-R): Blake Bergy, Jared Williams, Cody Kooiman, Jacob Murray and Nick McKay.

## FRESHMEN VOLLEYBALL



(First row, L-R): Kelsey Wold, Caitlin Fitzpatrick, Sydney Bishop, Zoe Beloncis, Quincee Denault and Jelena Petricevic. (Second row, L-R): Coach Laurie Kuna, Amanda Jakubiak, Laura Droog, Lindsey Crawford, Hannah Tawney, Kelsey Wittenbach, Alex Fotis and Coach Heather Sheahan.

## JV VOLLEYBALL



(First row, L-R): Alyssa Kargl, Taryn Endres, Summer Moore, Arielle Nausieda and Kelly Trapp. (Second row, L-R): Claire Hopkins, Miah Jackson, Paige McVey, Emily Oberlin, Anna Rozema, Mackenzie VanDerWarf and Sarah Kramer.

# Dedicated Fountain View employee celebrates 30 years

By Emma Palova

Caring and loving Gloria Martinez instantly clicks with the residents at Fountain View. Sitting in the activity room with a large screen TV, Martinez asks Eileen Hawran about the names of her dolls. She gets a vague response, but a huge smile.

"This is my extended family, my second home," Martinez said. "It seems easy to me. I get them to calm down."

Martinez, 63, has been

working in the assisted living industry for the last 30 years. A trained nurse from the Philippines, Martinez started working at English Hills on Alpine and later switched to Laurels of Kent and Cumberland. In the beginning, she worked 16-hour days, six days a week for seven years.

"I like the people," she said. "I am sure I'll make it 40 years."

And Martinez would do it all over again in a heartbeat

in an industry that has one of the highest turnovers.

"It's very rare," said office manager Cindy Meyer. "There's a high burnout rate in this industry. It's another family for her. I am amazed at her energy. She's a mentor to other girls."

For her high level of energy, Martinez earned herself a nickname, the "Energizer Bunny."

Martinez knows the residents need her energy and caring love.

"That makes me feel good," she said.

She lives together with her daughter Melissa Martinez in Saranac. Martinez doesn't think about retirement or about aging. Every day she just gives a lot of love.

"I would die early staying at home," she said.

To celebrate her 30th anniversary, employees at Fountain View declared Aug. 21 as the "Gloria Martinez Day."

"We honored this very special person," said Meyer. "Many Lowell residents, who had a loved one at Cumberland of Fountain View will probably still remember Gloria."



Richard Slater, Mary Kay Stebbins and Eileen Hawran share a few moments in the activity room.



Gloria Martinez speaks with Eileen Hawran.

## NOTICE

### SUMMARY OF ORDINANCE NO. 2008-6.16

### THE VERGENNES TOWNSHIP Sewer CONNECTION, USE AND RATE ORDINANCE, ADOPTED BY THE TOWNSHIP OF VERGENNES

This is a summary of Ordinance No. 2008-6.16, adopted on June 16, 2008 by the Vergennes Township Board, which is known as the Grattan/Vergennes Sewer Connection, Use and Rate Ordinance (the "Ordinance").

**Article I - Short Title; Findings; Purpose.** The Ordinance is known and referred to as the "Grattan/Vergennes Sewer Connection, Use and Rate Ordinance" and applies to all properties served by available public sewer disposal facilities within Vergennes including those properties served by either the Grattan Sewer System or the Grattan/Vergennes Sewer System. Collectively, the Grattan Sewer System and the Grattan/Vergennes Sewer System are referred to as the "Public Sewer System" in the Ordinance.

The Ordinance has been adopted to enable Grattan Township to operate, maintain, and administer the Public Sewer System and pay all costs related to the Public Sewer System. The Ordinance also establishes uniform requirements for users of the Public Sewer System in compliance with federal and state laws. Other objectives of the Ordinance include preventing pollution, recycling wastewaters and sewage, distributing costs of the System in a proportional manner and protecting the integrity of the System.

**Article II** provides definitions.

**Article III** outlines the requirements of use.

**Article IV** describes requirements upon unavailability, and subsequent availability.

**Article V** provides procedures for service connection, and explanations of responsibility.

**Article VI** describes prohibited uses and certain requirements of the Public Sewer System.

**Article VII** addresses sewer rates and charges.

**Article VIII** describes the revenue fund of the Public Sewer System.

**Article IX** provides for Administrative appeals.

**Article X** gives claim procedures for overflow or backup.

**Article XI** provides for enforcement of violations.

**Article XII** addresses miscellaneous issues.

**Article XIII** states "The Ordinance shall become effective thirty (30) days after publication of it or this summary."

**Article XIV** provides for amendments and describes appendices to the ordinance.

A true and complete copy of Ordinance No. 2008-6.16 can be inspected or obtained during normal business hours of Monday, Wednesday, Friday, 9am to 3pm at:

Township of Vergennes  
10381 Bailey Drive, N.E.  
P.O. Box 208  
Lowell, MI 49331  
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Mari C. Stone, Clerk  
Township of Vergennes

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### FINANCIAL TIPS FOR COLLEGE STUDENTS

If you're a college student, you may already be back on campus. If not, you don't have long to go before school starts again. And this year, in addition to whatever courses you may be taking, try to master some financial lessons, as well.

Of course, many students already have at least one foot

in the "real world," because, in addition to taking classes, they're working many hours a week to help pay for school, rent and living expenses. But even if you're a full-time student, living on campus and paying for school through a combination of grants, loans, savings and help from your parents, you can learn some financial basics that can help you throughout your adult life.

Specifically, consider these suggestions:

- Don't overuse credit cards. Credit card marketers aggressively target college students, so you'll need to be vigilant about all the offers that will bombard you. While it might not be a bad idea to carry a single credit card for use in emergencies, it's very easy to over-use the "plastic" and rack up big debts. You'll need to discipline yourself to save for the things you want, rather than charging them.
- Shop around for financial services. You'll find plenty of banks willing to give you a T-shirt or a frying pan for opening an account with them. But these places may not be

offering you the best deal on checking or savings accounts or loans. It pays to shop around.

- Keep track of your student loans. Make sure you understand all the terms of your student loans: how much you're expected to pay each month, when payments are due, what interest rate you're paying, what credits may be available for on-time repayment, etc. You might be able to achieve a more favorable repayment schedule by consolidating two or more loans. Once you start repaying your loans, do whatever you can to stay on track with your payments.
- Never stop looking for financial aid. The aid package you may have received as an incoming freshman doesn't have to be the final word on financial assistance. Colleges offer some scholarships based on college-level academic achievement or real-world experience — both of which you may have accumulated since your freshman year. Study your college's scholarships and be aggressive in going after them.
- Estimate your future income. You may not know exactly what you want to do when you graduate, but if you have a career path in mind, try to learn what sort of salary you can expect during your first few years out of college. Once you have a realistic idea of how much you're going to earn, you may have the motivation you need to avoid bad financial practices, such as accumulating big debts.

College should be a learning experience — in many ways. And if some of the knowledge you obtain during your college years can help you develop sound financial habits, so much the better.

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## BIG TEN TALK

by Mac McPherson

The first college football game was played by Rutgers vs. Princeton on November 6, 1869. Rutgers won by a score of 6 to 4. Over the next couple of decades, the game changed. In 1902, the first bowl game was played. Michigan defeated Stanford 49-0 in the celebrated Rose Bowl. What an exhilarating sport with a special heritage.

In many towns throughout America there are high school football programs that often times inspire community leaders, local organizations and, yes, students to think bigger and achieve at higher levels of success, including academic and athletic achievement. Our community of Lowell, for example, over the decades has been blessed with several eras of excellent football coaching and great local parental and community support.

These football programs, most recently the Dean program staffed by Dean, Katt, McCormick, Russell, Ingraham and many other excellent coaches, have definitely inspired student athletes to compete on Saturdays. Notably here are many former Lowell football players that have

played in the Big Ten: Don Dilly, Paul Kropf and Mike McMahon in the '60s at Indiana. Dilly was, in my judgment, the best all-around natural athlete to come out of Lowell in the second half of the century. Kropf, McMahon, and their teammate Duane McIver came from the legendary Lowell class of 1965. McIver played for the Spartans. In my opinion McIver was easily one of the toughest, if not the toughest, football player to come out of Lowell in the second half of the century. Other athletes included Jim Johnson who was all Big Ten O-line for Perles at MSU. Later, walkons David Wisner and Bill McPherson played for Michigan State. Wisner was a State wrestling champion at Lowell and gave Spartan football a try. McPherson was a tuff blocking fullback that was close to rotation and then had a career-ending knee surgery. Ron Atchinson played for Coach Carr before transferring to Western Michigan. And of course the pride of the Coach Phil Christensen era here at Lowell was Mike Dumas, an all Big Ten D Back at Indiana, then later all pro at Houston. His number 21 jersey was retired in recent years at Lowell. Also to Dumas' credit, he made a contribution to the Lowell High School training room.

Indeed, autumn Friday night lights in Lowell have illuminated a pathway to Big Ten territories. Of course many other excellent football players have gone on to play in other leagues and divisions. Lots of fun for all the hometown football families and fans. This fall for the next

four months this column will focus on the Big Ten. The column is experimental. Let's see how *The Ledger* readers like it. I am not a football expert. I will not pretend to be a football technician. The perspective of this column will come from having attended all of Michigan State's games home and away for the last three years and therefore having experienced Big Ten Saturday football at its best, along with many other parents of players, in all the Big Ten stadiums and campuses at least once. So to *The Ledger* readers - let's see how you like it. The entire column will not focus on any one or two particular players and not on any one team. Rather, this column will provide an insight that will be unlike what you read in the Sunday press. It will be more personal and hopefully more positive. I will try to make the column read like the reader feels like they are at the game in California or Penn State or wherever. It will be Lowellized.

Finally, another factor that will add to this column is that the Noel Dean program has two student athletes on MSU's roster this fall. And of course, in the future there will be more Lowell athletes studying elsewhere perhaps at Iowa or Purdue or MSU or wherever. So enjoy and let me know what you think.

MSU opens with California Berkeley out West August 30 on ABC 8 p.m. Eastern Time and Michigan opens with Utah August 30 in Ann Arbor. Indiana hosts Western Kentucky also on August 30.

Finally, let me put in a plug for the Breast Cancer awareness project spearheaded by the Lowell football program and the Lowell athletic department, Pep Talk and other community leaders. Buy a pink T-shirt from Pep Talk on Main Street and wear it to the Lowell home opener September 12. This project is another example of thinking bigger, beyond football, and making an important difference. See you next week.

**Quote of the week:** "Student athletes should be students first and athletes second." - a former Lowell Red Arrow star.

## Lowell Lacrosse hosts three-day camp

Ante-up consists of top college and professional lacrosse players whose goal is to teach young players the basics necessary to take their game to the next level, as well as maintain the integrity of the fastest growing high school sport in the nation. Instructors of this caliber are generally only

found on the east coast, but Ante-Up travels around the U.S. and praises Lowell as one of their favorite stops due to the hospitality they receive. Volunteers from Lowell Lacrosse, as well as local merchants including Jets Pizza, helped to make the camp possible.



First row, left to right: Zach Graham and Justin Ball; second row, left to right: Forrest McRee, Nick Getz, Gerrid Ball, Joe Potter, Alec Downing, Chris Bewell, Roman Tapia, Matt Wright, Doug Nordman and Reed Stormzand and third row, left to right: Ryan Carter, garret DeBoer, Dalton DeBoer, Jon Bassin, Kyle Bassin, David Burnett, Ante-Up Instructor, Jim McCormick, Nick Henderson, Eric Petersen, Jim Collins, Ryan Verdon, max Stromzand, Nic Brown, Alex Brown, Phil Brauch, Troy Petersen and Nick Williams.

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# Red Arrow SPORTS

## Boys' soccer team picks up two wins and one loss in first week of play

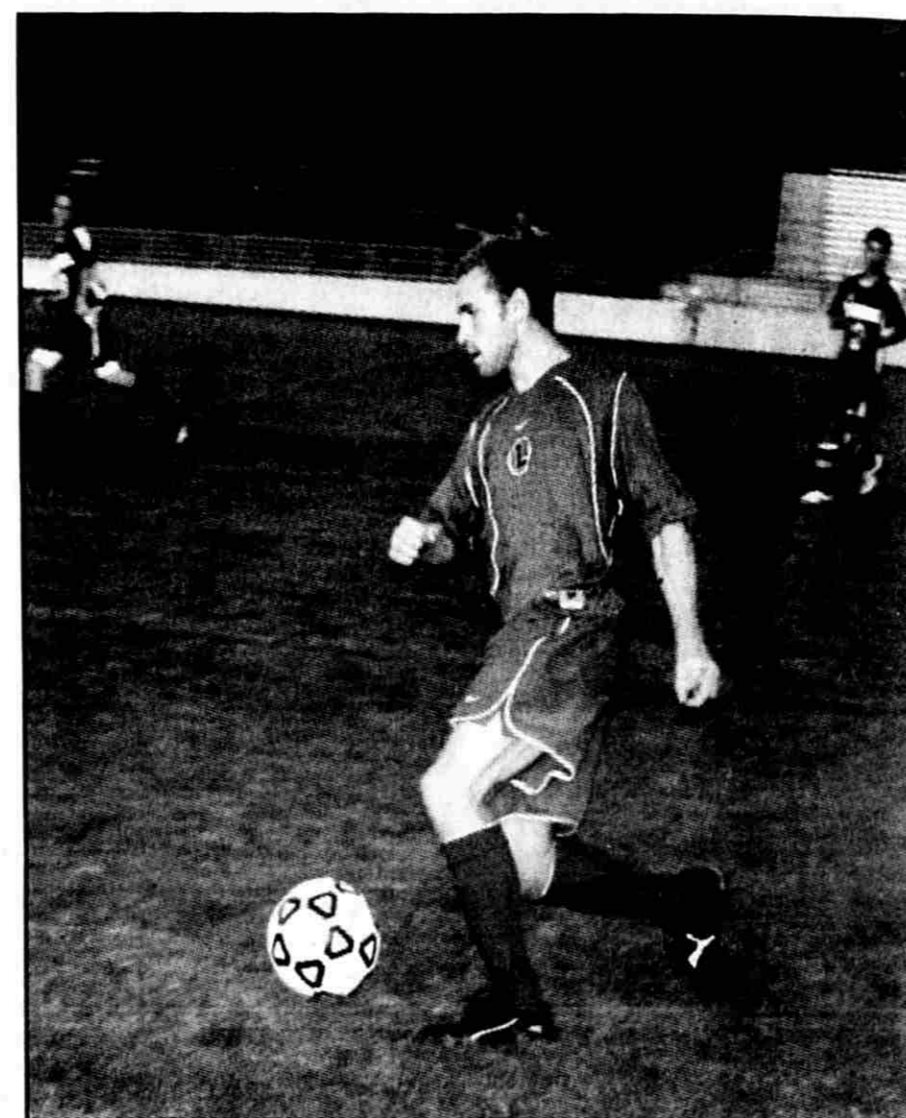
by Molly Benningfield

The boys' soccer team won Monday night's game against Wyoming Park 4-2 to take them to 2-1 early in the season.

Sophomore Tommy Rodriguez scored a hat trick in the game, with one goal coming in the first half and two in the second. Rodriguez's last goal was at the one-minute mark

when a free kick by Jerry Adams made its way near the goal line and Rodriguez pummeled forward to tip the ball in. Lowell won last Thursday against Forest

Hills Northern 2-1 and lost to Rockford 1-2 in a yellow-card-filled game. The Arrows will take on Mona Shores in their first away game tonight at 5:45 p.m.



(Top): Jerry Adams (17) takes the ball down the field during the Wyoming Park game.

(Bottom left): Josh Wallner (10) plays tough D against Rockford.

(Bottom right): Jake Karasiewicz (8) takes the ball to the net.



Ian Beddows (6) takes a free kick against Wyoming Park on Monday night.



## Cross country teams start season at EGR

The boys' cross country team finished third overall at the East Grand Rapids Invitational.

Zach Robinson was the Lowell leader, taking eighth overall at 18:10.

Jon Woods was 12th, with a time of 18:23, Tom Mark was 17th, with a time of 19:01, Ben Partridge was 20th, with a time of 20:11, Josh Corteville was 27th, with a time of 21:28, and Dylan VanderWarf was 31st, with a time of 22:08.

The girls' team finished fifth overall at EGR. Logan Declercq led the team, placing sixth overall, with a time of 22:03.

Taylor Marchido finished 15th, with a time of 22:56, Kristin Dunn finished 25th, with a time of 24:15, Karis Dilly finished 26th, with a time of 24:30, Emily Jelsma finished 28th, with a time of 24:54, and Marin Tawney finished 32nd, with a time of 28:50.

The team will head to Grand Rapids Christian this morning for the White/Black kickoff Run.

## Girls' golf team starts fall season strong

The girls' golf team has had a full schedule starting the fall season. At the Traverse City Lober Invitational, Sydney Stuewe led the team, shooting 97 and 87. Lauren Heemstra shot 104 and 91, June Ramsay shot 106 and 95, and Liberty Clark shot 126 and 119.

The team took fifth in Division 2.

At the pre-conference tournament at Thornapple Pointe, Stuewe again led the team, shooting 83. Heemstra shot 87, Ramsay shot 98 and Clark 110.

The team tied for second place with Grand Rapids Christian. Stuewe took second place overall, while Heemstra took third, and both received medals.

At the Byron Center Deer Run, Stuewe shot 41, Heemstra 44, Ramsay 49

and Melissa Shepard 73. Lowell won, with 207 over Byron Center's 223.

At the Okemos

Invitational, Heemstra shot 89 to lead the Arrows. Stuewe shot 91, Shepard 133 and Jenna Ries 155.

Heemstra finished ninth overall, while Stuewe took 11th. The team took 17th of 22 schools.



Sydney Stuewe (fourth from left) and Lauren Heemstra (fifth from left) at the pre-conference tournament at Thornapple Pointe.

# Red Arrow SPORTS

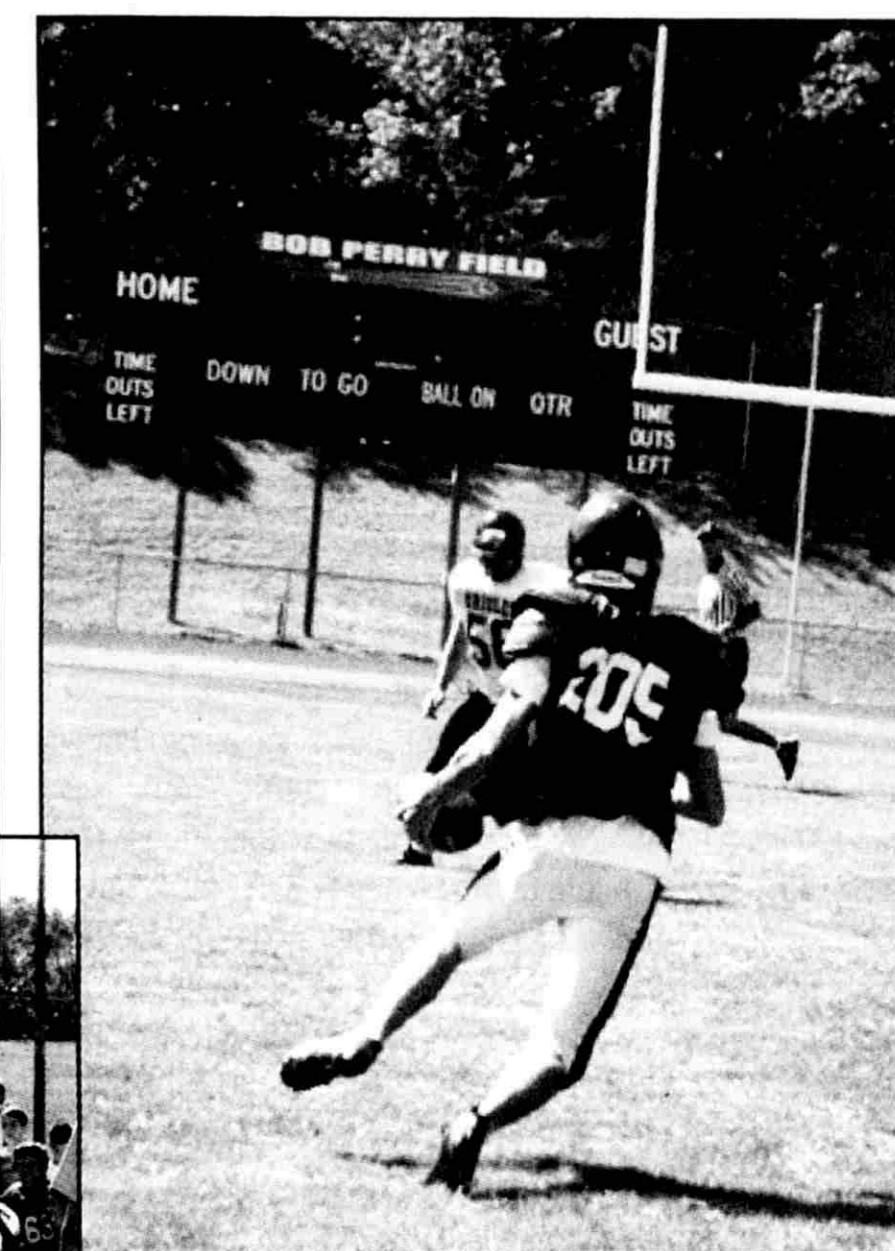
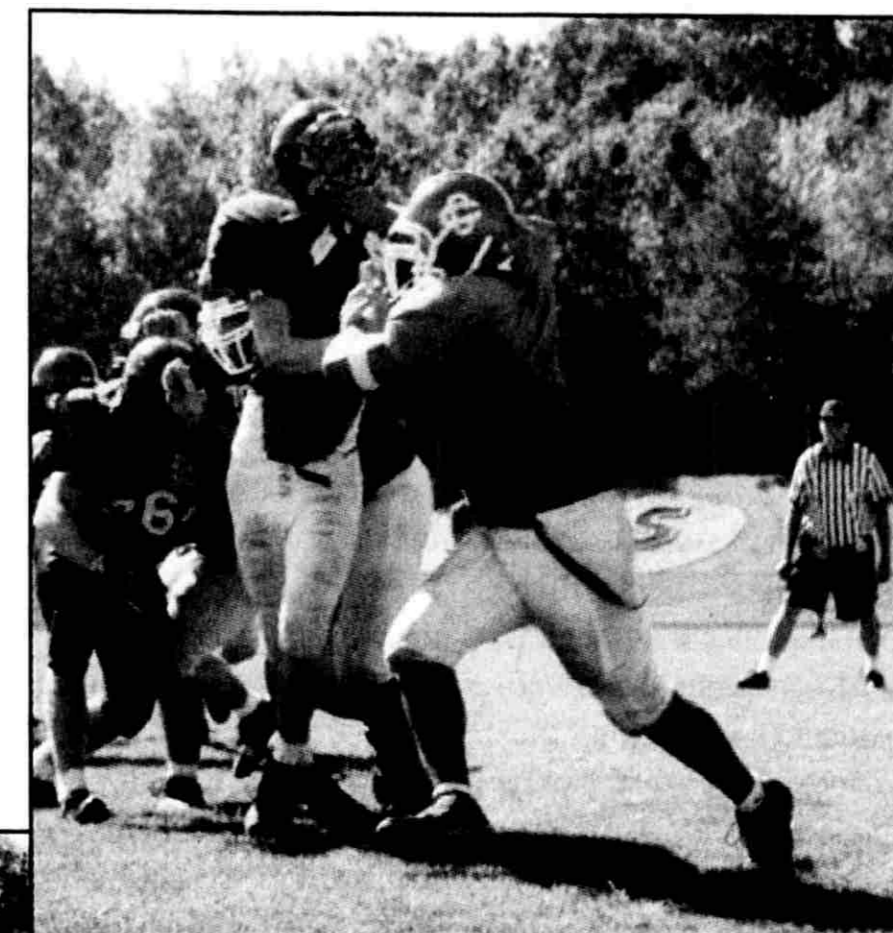
## Lowell football scrimmages area opponents at home

by Molly Benningfield

The Red Arrow football team began their season with a scrimmage last Wednesday at Lowell High School. Rockford, Catholic Central and Charlotte traveled to Lowell for the scrimmage, which allows coaches to see

how their players are going to react against other teams.

Lowell has its first real test tomorrow night when they travel to Davison for a 7 p.m. tip-off of the fall football season. Last year, Lowell won a close game at home 7-0.



The Lowell football team plays tough in their scrimmage against Rockford, Catholic Central and Charlotte to kick off the fall season.



## Rotary club sponsors Pink Arrow banner



The Rotary Club of Lowell sponsored a banner for the Pink Arrow project to hang under the press box during the first home game of the season on Friday, Sept. 12. Pictured are Rotarians Dave Thompson, holding the check, and Rodger Garner (far right) with Lowell Community Wellness director Patty Sellner.

## Tennis team beats Lakewood in sweep

The tennis team swept Lakewood last week, 8-0.

At No. 1 singles, Cort Thompson defeated Cameron Rowland 7-6 (1), 6-1. At No. 2 singles, Pat Misner defeated Kyle McMillen 6-0, 6-0. At No. 3 singles, Josh Spratt defeated Riley Nesbit 6-1, 6-0. At No. 4 singles, Jack Weeber defeated Brandon Sterkenburg 6-2, 6-3.

At No. 1 doubles, Chase Canning and Isaac Tawney defeated Alex Hunter and Eric Enz 6-0, 6-2. At No. 2 doubles, Dylan Dues and Evan Wilterink defeated Colin Penington and Drew Warner 6-0, 6-1. At No. 3 doubles, Connor Smith and Mike Lazar defeated Matt Flessner and Dan Palfrey 6-1, 6-1. At No. 4 doubles, Garet Foote and Sean Briggs defeated Bruce Pennington and Gerry Grieser 6-0, 6-0.

The team will head to Jenison for a tournament this morning.



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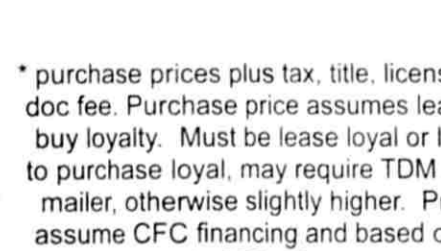
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