# The Lowell Ledger 

Volume 13, Issue 14


CHILI SUPPER TO BE HELD BY SCOUT TROOP 102
Come to a good old fashioned Chili Supper in the dining room of First United Methodist Church, 621 EMain St, Sat., Feb. 25.

- Supper of homemade chili, cheese, salad, French bread, de-
serts, and beverages will be served from 5-7 p.m.
Ticket costs for this all-you-can-eat meal are adults 12 and up
$\$ 4$; children $6-11 \$ 2$; and 5 and under free!
Supper is prepared by Boy Scout Troop No. 102, High Adventure Group. Questions? Call Carol Briggs, 897-5936.
SUPERMARKET SURVIVAL PRESENTED AT LIBRARY
The Alto Library Board presents "Supermarket Survivial", a slide presentation that can help you get the most out of your food dollar. Learn how to select the most nutritious foods available; Ow to eat healthier with fewer calories, less fat, sodium and cholesterol and more fiber.
Learn how to read the fine print on the nutrition labels and choose the healthiest products by brand name, and how to provide the optimal nutrition for your family
"Supermarket Survival" will be presented by registered dietitian Cheryl Doyle at 7 p.m. at the old Bowne Township Hall, 8240 Alden Nash SE on Thursday, Feb. 23.
Admission is free and refreshments wil
information, call the Alto Library, 868 -6038


## LOWELL FREE STYLE WRESTLING SIGN-UPS

- 

Lowell Free Style Wrestling sign-ups will be held on Tuesday, Feb. 21 from $6-8$ p.m. at the Lowell High School Gym Cafeteria. The cost is $\$ 25$, which covers USWA card and tournament fees. The program is for those ages 5-19 for the year 1989 and who live in the Lowell School District. Proof of age is required. For more information, call Ray Smith, 868-6327, Bill Wheeler, 897-7711 or Gary Rivers, 897-7303.

POST OFFICE CLOSED FEBRUARY 20
Charlie Doyle, Lowell postmaster, announces that the post office ill make no deliveries on Monday, Feb. 20, in observance of President's Day.
There will be no window service but the lobby will be open for postal boxholders.

SKILL CENTER HOLDING OPEN HOUSE FEB. 16
Parents of sophomores and juniors interested in attending the Skill Center are encouraged to attend an open house on Thursday Feb. 16 at 7 p.m. in the K-Quad at Lowell High School
The Skill Center is a 1 to 2 year program for sophomores and juniors.
The
The meeting is an important step as it will offer information on deadlines and sign-ups for Skill Center summer school. It is important to note that anyone up to the age of 20 is eligible
for the Skill Center.

## OFF THE BLOTTER

Issued an appearance ticket to 63rd District Court was Thomas DeYoung Jr., 18, of Grand Rapids for Larceny Under $\$ 100$ in connection with the failure to pay for gas at the Admiral Station.
A 13 year old juvenile from Lowell will be cited into Prob
A 13 year old juvenile from Lowell will be cited into Probate Court after being apprehended by store employees at the Action Auto Store on West Main St. for shoplifting on Friday, Feb. 10. Five injuries were reported in an accident on Friday evening, Feb. 10, when a car driven by Jeffrey Lambert, 17, of Grand Rapids drove left of center on Main St. near Valley Vista Dr. and struck a pickup truck head-on. Lambert and two passengers in his car, Darcy Critchell, 17, of Rockford and a 16 year old juvenile were injured. Also injured was the driver of the pickup truck Stanley Covert, 56, of Ionia and his passenger, Yvonne Covert, 55 Arrested on a criminal bench warrant out of a Grand Rapids court Thursday, Feb. 9 was Kevin Godfrey, 22, of Lowell by Lowell officers.
Involved in property damage accidents this week were:
A pickup truck owned by Dirk Huntley of Lowell was struck y a hit and run driver in Valley Vista Trailer Park, Feb. 6. Howard Kropf. 70, of Lowell collided with a car driven by Cont'd pg. 6

## The Wait is Over!

## Senior Neighbor Center finds coziness in Hale home

Good thi
who wait!
It was a long wait, but the Lowell's Senior Neighbors Center will put behind it a 13-1/2 year concern over space or a lack of it, later this month (February), when a 10 -year lease (renewal clause included) agreement with Schneider Manor is signed for the use of the George Hale house.
Space constraints have limited the number and type of activities the Center has been ofle to offer the Center has been able to offer
With this lease agreement, Marj With this lease agreement, Marj
Snyder, Director of Senyder, Director of Lowell


Lowell's Senior Neighbors Center expects to move into the George Hale house on the corner of South Hudson and Bowes Road by the end of March.
said a craft kitchen; building an outside
class could be started, the exer- ramp; electric wiring so ove cise class could be reinstated and head light can be provided and with the yard space available at he Hale house, outdoor activities co
Roughly $\$ 10,000$ in necessary enovations are needed before the Senior Neighbors can make its move into the Hale house, according to Margaret Dean, Senior Neighbors Executive Di rector of the central office. The work would include installing barrier-free restrooms; moving barrier-free restrooms; moving he entrance on existing bath-
head light can be provided and
ceiling fans can be used. Cur rently there is only one room with overhead lighting - that being the kitchen; and gravel ing area.

Monies to arear
Monies to cover the cost of renovation will come from memorial funds and donations The Center has forwarded $\$ 1,500$ of its own money plus $\$ 1,000$ in memorial funds to the central office. Recently the central office. Recently the
Senior Neighbors learned that Senior Neighbors learned that tribute $\$ 2,000$ toward the work
needed to be done at the Hale house. The Rebekah Lodge organization will also donate $\$ 1,000$, which will be used to ward renovation needs.
Dean added that it will apply for $\$ 5,500$ from the Helen Daley LOOK Fund.
The Senior Neighbors' need for a new location surfaced nearly nine months ago. It was then that the Center was forced to move from its 214 E . Main St. location, in May of 1988 , fol lowing the sale of the Rebekah Lodge organization owned build ing, to Ye Olde Curiousity Shoppe owner Helen Schaeffer In need of a place to meet and time to look for a permanent spot, the Center used the Lowell First Congregational Church for First Congregariod Curing tor a two-month period. During this time, the Center worked a pla out with the school administrtion to use the graphic arts roo at the Lowell Middle School. During this time, the Center also considered the George Hale house. However, it was dete mined that a minimum $\$ 25,000$ in renovations would be needed. money the Senio Neighbors didn't have.
"Schneider Manor had not yet completed the deal to buy the house," Lowell Senior Neighbo Director Marj Snyder said. After the deal was completed the Center and Schneider Mano started talking again. An arrange ment was worked out shortly after the first of the year
The lease will call for the Senior Neighbors Center to pay \$200 a month in rent, plus all of the utilities. The plowing and mowing and any outside work will be done by Schneider Manor. The Center will be re sponsible for the upkeep of the inside. Other than for storage the upstairs will not be used by the Senior Neighbors

The Hale house is layed out so that if there is a small group meeting, it can meet in a small cozy place," Snyder said. "If there's a big group, the rooms kind of flow together so no one will feel isolated. Everyone will be together."

An unexpected plan for the Hale house was the announcement by Schneider Manor "They have plans to build a bridge across Cherry Creek so residents of Schneider Manor can walk over to the Senior

Cont'd pg. 2
ICEMAN'S OUTLET - Your party specialist. Liquor, beer and wine special - Jolt pop - buy two get one free. New wines - Sabrina and North Coast Cellars. Call 897-8791.

LUCCHESI'S SPAGHETTI HOUSE - Serving spaghetti, pizza, submarines, mexican food pizza, submarines, mexican food and lasagna. Open Tues.-Thurs. midnight; and Sun. 4-11 p.m.

PRECISION \& FASHION HAIRSTYLING - For both men Hairstyling Phone Man's Wor

VILLAGE INN - Daily special Kitchen open until 2 a.m. - Beer Kitchen open until 2 a.m. - Beer
specials $2-5$ p.m. M-F. Call 897 . speci
8880.

GARY'S COUNTRY MEATS For fresh meat cuts, cold cuts and cheese visit Lowell's exclusive meat market at 205 E. Main. Call 897-7306.

IRS Director advises you to avoid last minute rush when filing returns


"Mmm-mmm, WHATS COOKIN"
 except my kid
that was bad
1 am a reci
 ans duting. The Flair section of the Grand Rapit
ny favorite haunt for something good to at.

 Cooking and looking in my recipe box wasnit challenging
either. As mid.aftemoon came. I knew I had to come up wiert something nice and hot and hat tooked good. Isearched
(or ingredient and a recipe that might match what I had on
 own variaion of Oven Baked Parmesan Chicken
The aroma of the chesese baking is mouth-watering.





 cooking likeI IW
chicken necipe.
$\qquad$

## 

18 teaspoon pepper
18 teasponon pepperika
cups of Comflakes,
and
${ }^{1}$ egg


Senior Center gets better transportation service





 in Grand Rapidids said. "The able and it got some
monies are legistaed for ex- funds." Dean said.



Senior Neighbors, cont'd ${ }_{3}$






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DAY: Lowell VFW A Wexian No.- ${ }^{\mathrm{m}}$ CUA-KE-ZIK SPORTMMEN hoad, Lo

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We recently asked a Buckie UP!





 remain free of disease or illesss. Sea
pay for avoidance of serious injury









Take Jfumeral
158 Mill Sireet
aranac, Michigan 48881
An Open Letter
From: the Lake Funeral Home of Saranac, Michigan
To: the people of Lowell and surrounding areas
There is a major change going on within our industry today as more and
more emphosis is being placed on funeral planning ahead of time More emphasis is being placed on funeral planning ahead of time
instead of waiting until the time of passing to make a arangements. Although this concept is currently being embraced by hundreds of
thousands of poople nationvide, we have been made increasingly
waure of your desire to examine aware of your desire to examine such information with itroutsing being
exposed to tetelehone solicitors or salesmen knocking on your door
unannounced.
We respect your privacy. We do, however, feel itis very important for
all our communty members to be aware of the benefits that funeral
planning can give We are not going to call you. We are not going to come knocking on
your door. We will, however, be happy to share with you the odvantages and costs of funeral, planning.

The Matched


Total Home Arcoaire Air Conditioning Gas Furnace Peak energy etficiency-
and savings
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Arcocire
Call today for a FREE Estimate
Lowell Heating \& Air Conditioning seminednatialion W. MHONTE


| AREA CHURCH DIRECTORY |  |  |  |
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|  |  |  | $\begin{aligned} & \text { FRIENDSHIP COUNTRY } \\ & \text { CHAPEL } \\ & \text { 10200 Grand River Ave. } \\ & \text { Sunday Services } \\ & \text { Wednesday Bible Study } \quad \text { 10:30 A.M. } \\ & \text { BOB ROUSH, PASTOR } \\ & \text { 897-7489 P.M. } \end{aligned}$ |
|  |  |  |  |

LHS seniors do well in competition

.come boldly unto the
Let us..come boldyly unto the
throne of grace, that we

$\bullet$
Board rejects Bowne Township's request for land purchase

PNew Chamber members appointed

$\bullet$








## Legal Notices

| STATE OF MICHIG CIRCUIT COURT FOR THE | OTICE BY PERSO AIMING TITLE UN taX DEED | CE BY PERS ING TITLE UN TAX DEED |
| :---: | :---: | :---: |
| ORDER FOR PUBLICATION TO APPEAR AND ANSWER | TO: JAMES H. TAYLOR, 820 Oakhill St. SE, Grand Rapids, MI 49507, THE OWNER I OWNERS of any and all inlands herein described: | TO: SAMUEL TAYLOR, 820 Oakhill St. SE, Grand Rapids MI 49507. THE OWNER OR terests, or Liens upon the lands herein described: |
|  |  |  |
|  |  |  |
| DAWN MARIE THATCHE |  |  |
|  | TAKE NOTICE: Sala was lawscribed land for unpaid taxes on that land, and that the ununder tax deed or deeds issued tor the land. You are en land within 6 months after re upon payment to the under signed or to the treasurer ofthe county in which the land is situated, of all sums paidfor the tax sale purchase, together with $50 \%$ in addition the service or cost of publica tion of this notice. The service the same as if for persona servmencement of an action together with a sum of $\$ 5.00$ other additional cost or charge. If payment as de-scribed in this notice is not made, the undersigned will in-stitute proceedings for possession of the land. | TAKE NOTICE: Sale was law <br> fully made of the following de on that land, and that the undersigned has title to the lan under tax deed or deeds issued for the land. You are enland within 6 months after re turn of service of this notic |
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| At a session of said Court held in the Hall of Justice, Grand Rapids, Michigan on this 5thday of January, 1989 |  |  |
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| PRESENT: The Honorable DONALD A. JOHNSTON, Cir cuit Court Judge. |  |  |
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|  |  |  |
| On the 22nd day of November, 1988, an action for divorce was filed by the above namedPlaintiff against you the above named Defendant, in the Circuit Court for the County ofKENT. KENT. |  |  |
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| IT IS HEREBY ORDERED that you, the Defendant, whose last known addresswas 1102 Elizabeth NW, Grand Rapids, M1 49504 shall answer or take such other ac-tion as may be permitted by law on or before the 6 th day of April, 1989. |  |  |
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| FAILURE to comply with this Order shall result in Judgmen by default against you, the De in the Complaint filed against you. | Description of land: County of Kent, City of Grand Rapids, State of Michigan | Description of land: County of Kent, City of Grand Rapids, State of Michigan |
|  |  |  |
|  | S45 FT OF LOT 7 , BLOCK2MACLAREN'S ADDITION <br> 41-14-31-383-002 | LLOCK2MACLARENS ADDITION <br> 41-14-31-383-002 |
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| Examined, Countersigned And Entered Marilyn Hull, Deputy Clerk | Amount paid: $\$ 1.514 .17$ fortaxes for the year 1984. |  |
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|  | $\$ 2,276.26$ plus the fees of the Sheriff. | Amount necessary to redeem $\$ 2,276.26$ plus the fees of th Sheriff. |
| Michigan <br> By: Sheri Resnick (P-40592) Attorney for Plaintifif <br> 430 Federal Square Building <br> Grand Rapids, Michigan <br> 49503 <br> (616) 74 40672 <br> C12-14 |  |  |
|  |  |  |
|  | \& MARK TWAIN BANK 4901 MAIN KANSAS CITY, MO 64112 <br> By: May L. Montgomery | BROWN INDUSTRIES, INC $\&$4901 MARK TW KANSAS CITY, MO 64112 By: Mary L. Montgomery |
|  |  |  |
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|  | 253 N. SANTA FE P.O. BOX 45 SALINA, KS 67402-0045 C13-16 | 253 N. SANTA FE P.O. BOX 45 SALINA, KS 67402-0045 C13-16 |
| been nominated for 11 than any other actor. |  |  |
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Lions Club District Governor will visit



port Lions Club. He served on


Flammability in children's clothing



to self-exinguish. The standards
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finishes mast be durarale (wistranth: finishes must be dưarale (with-
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nonc-aratingogenenc.
 The flame.-rlatrdant slee. ar gaments require specil stance Labels on the g
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wate and haery duyt deergen
Do not bleach or use soap, fabic water and heary duty deter
Don tolech o sus esop.
softener or hor water. It's imporant to remember
that the ONLY WAY children sleepwear can catch on firider is
a flame of inenens heat source


We're so solid in the towns we serve that most folks take us for granite

These days, it's hard to tell one bank from another. That's why you may not be even though our regional headquarters is in Grand Rapids. But there is a difference. And its our
priority to provide solid financial found tions for the people who live and work in the communities we serve.
Thar's the main reason we've become Midwest with 63 bravings banks in Midwest, with 63 branches serving
Michigan and Indiana. A bank that has prospered since 1890 despite recession depressions and fickle stock markets. A
bank that has doubled its assers to more than $\$ 3$ billion, in the last six years alone for granted, you can count on us to be here tomorrow.

And that's practically carved in stone.
GREAT LAKES BANCORP

FOR MORE INFORMATION, CALL 800-342-5453 OR YOUR NEAREST GREAT LAKES OFFICE. Lowell: $\quad$ Grand Rapids:

Parents/students must research for "private monies"



 Let's look at some posible sources.
Sometimes, companies have scholarships for children of

 local churches provide funding. In Lowell, the First Congre-
gational Church uses some porion of a becuust they gational Church uses some portion of a bequest
leff t for fincial assitace oomember' children.
In some cases, the nature of the In some cases. hite nature ef ther eqquirements. is prety
specific. In Boston MA, the National Shoe Cobbler Asso

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 which must be met in ortert to be considered.
the gramoro of the money for the specific deadine










Along Main Street, cont'd Darwin Lalone, 33 , also of Lowell as he
turn off Main St. onto Division. Feb. 8

[^0]Rosloniec makes shift from burgers to pizza


The Lowell Ledger

## (USPS 453-830)

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ROGER K. BROWN
EDITOR \& PUBLISHER (616) $897-9261$
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\begin{aligned}
& \text { Class Postage Paid at Lowell, } \\
& \text { Published Every Wenenesday }
\end{aligned}
$$

POSTMASTER: Send address change to The Lowell Ledger, P.O. box 128, Lowell, MI 49331

## NOTICE OF LAST DAY OF REGISTRATION OF THE ELECTORS OF <br> LOWELL AREA SCHOOLS KENT AND IONIA COUNTIES, MICHIGAN

TO THE ELECTORS OF THE SCHOOL DISTRICT:
Please Take Notice that the Board of Education of Lowell Area Schools, Kent and Ionia Counties, TAKE NOTICE that the following proposition(s) will be submitted at the special election:

MILLAGE PROPOSITION
Shall the limitation on the amount of taxes which may be assessed against all property in Lowell Area Schools, Kent and lonia Counties, Michigan, be increased by 29 mills $\$ 290$. Area Schois, Kent and lonia Counties, Michigan, be increased by 2.9 mills ( $\mathbf{\$ 2} 2.90$ on each
$\$ 1,000.00$ ) for the year 1989 and by 3.2 mills $(\$ 3.20$ on each $\$ 1,000.00$ ) for the year 1990 on state equaiized valuation, to provide additional funds for operating purposes?
THE LAST DAY ON WHICH PERSONS MAY REGISTER WITH THE APPROPRIATE CITY ORTOWNSHID CLERKS, in ORDER TO BE ELIGIBLE TO VOTE AT THE SPECIAL ELECTION CALLED TO BE HELD ON TUESDAY, MARCH 21, 1989, IS TUESDAY, FEBRUARY 21, 1989. PERSONS REGISTERING AFTER O'CLOCK, IN THE EVENING ON TUESDAY, FEBRUARY 21, 1989, ARE NOT ELIGIBLE TO VOTE AT HE SPECIAL SCHOOL ELECTION.

Persons planning to register with the respective city or township clerks must ascertain the days and hours on which the clerks' offices are open for registration
This Notice is given by order of the Board of Education of Lowell Area Schools, Kent and Ionia


THE TOWNSHIPS OF LOWELL AND VERGENNES

PUBLIC NOTICE

 20, 198


 Agreement (PA 116 Farmland And Open Space.) Both Towns
questions.
LOWELL TOWNSHIP VERGENNES TOWNSHIP
 Jean Huver, Treasurer
2910 Alden Nash
2910 Alden Nash
Lowell, M1 49331
Ci3.14
ol Natua, Treasurer
10381 Balles Drive
Lowell, Ml 49331

Two are dead; nine injured in three separate accidents


## The Lowell Ledger's . . .



CONTAINS LISTINGS FOR FRIDAY, FEB. 17, THRU THURSDAY, FEB. 23, 1988


Lowell Sport Shoppe ..

Everything Must Co! $20 \%$ to 60\% OFF! Stock Items Only! All Sales Final! Wholesalers . Groups . Organizations Welcome! Mon., Feb, 13 thru Sat., Feb. 18 - 6 Days Only! Sale Hourst 9 a.m. 8 p.m. 309 E.Main, Lowell

> HURRY! SALE ENDS SATURDAY!


Reopening March 1st as "Lowell Graphics" The former "Lowell Sport Shoppe" will change its format to printwear only ... Specializing exclusively in screen printing printwear such as $T$-shirts, sweatshirts, sweatoants, jackets, etic

 conemax


Exclusve sporting evensts. The biggost names in in bomedy. And top pertormers.
 And you'll not only have the best entertainment. You"ll also have the most.

HBOC[memma


LOWELL CABLE
TV DEPARTMENT
127 N. Broadway, Lowell
897-8405



Lowell wins district; Olin advances to state


Amway bowlers raise \$6,500




Lowell rebounds


## FAMill TFARE

"Athlete of the Week"



Red Arrows 7th-grade Invt'l champs





Meet All Your Advertising Needs In Eastern Kent County:

With the Lowell Ledger and Buyers Guide
Run open ads in the Buyers Guide to start each week at $\$ 2.85$ a column inch.
Reinforce your message later in the week with the Lowell Ledger at the dropped rate of $\$ 1.50$ a column inch.
COMBINATION RATES MAKE GOOD CENTS!!

Call the Lowell Ledger/Buyers Guide
What a combination! 897-9261 and/or 897-9555

Quandry over King Memorial Pool continues







SHS announces

## Honor Roll

## TOWNSHIP OF BOWNE

ATTENTION TO BOWNE TOWNSHIP RESIDENTS There will be an educational class peraining to
township government operations. all who are encownship government operaians. .atit to atend.
terested in local governmentare invitec to aten.
The Meeting will be from 3:00 p.m. to $6: 00$ p.m.
WEDNESDAY, FEBRUARY 22, 1989
at the Historic Township Hall at 8320 Alden Nasi
SE., Alto, Ml.
C14816
Fred W. Moss
Supervisor

Lowell area students spell their way to the regionals $=\mathbf{y y y}$ Open meeting will help children


## (2) LEISURE LIVING <br> Western Michigan's Complete Retirement Services Company

 PROUDLY PRESENTSCUMBERLAND

## RETIREMENT VILLAGE

 OF LOWELLWHERE HAPPINESS IS... Knowing that our compassionate, caring staff is ager to assist you 24 hours a day.
PERSONAL SUPPORTIVE CARE AND INDEPENDENT RETIREMENT LIVING AT ITS BEST. Call Nan Ditto today

At Cumberland, our residents deserve the best...AND THEY GET IT.

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ceased daled November ?



## -Legal Notices二


 $-0$

## Grand Aapi 454-4119

##  <br>  <br>  <br>  <br>  <br> FREE! $\begin{gathered}\text { DEAD STOCK } \\ \text { REMOVAL } \\ \text { Catte Horses } \\ \text { Caves Hogs } \\ \text { CALL } 616-399-0560 \\ \text { HOLLAND } \\ \text { RENDERRING } \\ \text { Holland, Michigan }\end{gathered}$ Complete Formal $\begin{gathered}\text { Wear Rental } \\ \text { WEDDINGS OR } \\ \text { OTHER SPECIAL } \\ \text { OCCASIONS }\end{gathered}$ $\begin{aligned} & \text { Pfallerist } \\ & \text { Pfacting } \\ & \text { RIDGEVIEW } \\ & \text { SHOPPING CENTER } \\ & \text { 2173 W MAIN ST., } \\ & \text { LOWELL }\end{aligned}$ PH. 897-6411


Jim Cook, Jr. AUCTIONEER All Types of Sa
(616) 897.8872

## BING




## BI

| BINGO <br> Every Saturday night 7:00 P.M. LOWELL MOOSE BINGO 1320 E. Fulton Eariy Bird Bingo at 6:00 P.M |
| :---: |
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## BUSNESS RSERCES®

## Doyle arms shoppers with nutritious savvy


#### Abstract

"How many people buy turkey avenue for Doyle to reach people and chicken franks because before a health problem finds and chicken franks because before they re healthier for you than them. The franks The percentage is quite high. The "Supermarket Survival The response is as great or Tour" was started by Doyle in greater when the nutrition con- September of 1988. It is a guide scious consumer hears that while aimed at dieters; nutrition conthese franks are 95 percent fat scious consumers trying to refree by weight; 80 percent of the duce their intake of cholesterol. calories in these franks come fat, sodium and add fiber to their from fat. So the franks may be cheaper, ing optimal nutrition for their out the fat content remains the families. same or is higher than a regular hot dog, and they're not necessarily more nutritious, according to Cheryl Doyle, a registered dietitian with a four-year degree in foods and nutrition from Kansas State University with a dietetic internship from Henry Ford Hospital in Detroit Doyle, who has had clinical nutrition experience as a registered dietitian at St. Mary's Hospital and at Butterworth Hospital as a nutrition assistant, gave up her work at the hospital, because she wasn't coming in contact with the patients until after they had contracted a health problem. "I decided that I was at the wrong end of the problem." Doyle said. "I needed to educate and teach people before a problem developed. Doyle's "Supermarket Survi- val Tour," that finds answers good nutrition.




The pupil of the eye expands as much as 45 percent when a person looks at something pleasing.

Registration for the Lowell United Methodist Preschool Year 1989/90 Will Begin On.
MONDAY, FEBRUARY 13TH at 9:00 A.M.
Offered are morning or afterrioon 3-day-a-week sessions for those children 4 by September 1st. Children 3 by July 1st may enroll in our Tuesday atıd Thursday mornilig sessions.
Registration information is available in our church office, or you may contact registrar
Mary Dudeck at either 897-8690 or 897-5605

## WITTENBAOHS OIL CHANGE, FILTER 8 LUBE SPECIAL Only... \$1955 <br> 

*New filter - chassis lube, including latches \& hinges - check \& fill all fluids, up to 5 quarts Valvoline motor oil

PLUS
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WITTENBACH
Oldsmobile - Pontiac - GMC Trucks
 Eubtuicimit

loin, the round area of the meat,
round steak and the tip of the round, have low fat content and are healthy."
Doyle warns that if persons double their consumption of this meat because of the lower fat content, then they're defeating the purpose.
The latest Supermarket Tour in Lowell was Monday. Feb. 6 The tour takes two hours. The cost is $\$ 20$ per person or $\$ 30$ cost is $\$ 20$ per person or $\$ 30$ a also available. There is a limit also avalable. There is a limi
of 10 people per tour. The tours of 10 people per tour. The tours
in Lowell are held mornings and in Lowell are held mornings and evenings at Family Fare, 2153 West Main. For a schedule of may call 868-6204

## nay call 868-6204.

Tour members receive a comprehensive list of the healthies foods by brand-name; easy-to fix recipes for using these prod ucts; a "fat finder" to help figure the percentage of calories from fat in new products; a list of re-
commended cookbooks and nutcommended cookbooks and nut rition resources and definitions of commonly used nutrition terms.
"I feel this program equips the consumer with the information needed to determine if a food product is acceptable for their health needs," Doyle said. "It's


Cheryl Doyle, a registered dietitian, informs her interested students on the good and bad of he everyday type meats that people eat, at her "Supermarket Survival Tour" at Family Fare.
a hands-on program where the participants get involved. She adds, "If consumers watch their intake and exercise, then there is no need to count calories. "They should also renember dietary fat is the real culprit in weight gain."
was started by Leni Reed of Dallas, Texas. Reed was involved with nutrition education for 13 years prior to starting a $2-1 / 2$ hour local supermarket journey uncovering shopping carts full of packages, cans, bottles and pro duce of healthy foods to eat.

Doyle explains that if the fat content is high in an 800 -calorie diet, that may prevent a person from losing weight. "The goal of the tour is to teach people how o live healthier lives through marter shopping," Doyle said. The idea for supermarket tours

## ways to nurture and encourag

 heir potential as adults; --Evironmental Cleanup plans 0 monitor the expenditure of the $\$ 600$ million bond proposal, investigate enforcement efforts, and review barriers to private ector cleanup;--Educational Options That Work will attempt to find unique Work will attempt to find unique
approaches to and policies of approaches to and policies of
education for the successful education for the successful
promotion of learning and perpromotion of learning and personal growth in students, and uggest how the state can encour age these approaches and
policies;
Affordable Health Care for the Uninsured plans to study the possibility and practicability o whether or not state government should offer health benefits to Michigan citizens who do no carry health insurance; and
-Drunk Driving will review Michigan law regualting the re lationship between alcohol con sumption and motor vehicle op sumption and motor vehicle op content, license penalties and uor code violations pertaining to or code
vehicles.

## Krause at the House <br> Vic Krause 19th District <br> Slate

Rek, as Chairman of the House Republican Policy Committee. I announced that tax and educational options are among the "quality of life" issues to be considered by seven new House Republican task forces. The goals of the task forces are healthy people working, re are healthy people working, re-
laxing and learning in a safe, laxing and learning in a safe,
clean environment, as well as a clean environment, as well as a
state government that is responsible, fair and accountable.

The task forces will trave throughout the state seeking public opinion from people with diverse skills, philosophies and backgrounds. From the compiled information, the House Republican Policy Committee will erty and illiteracy and provid


Michigan clude:
--axpayer Rights, which wil ways tax administration might be improved in areas where taxpaying citizens feel they are being treated unfairly;

## reated unfairly;

ernment will seek to ensure more ernment will seek to ensure more fiscal responsibility within various state agencies, and help
make them more accountable to both the public and the Legisla ture;

Children at Risk hopes tudy how government policies nay be better structured so as protect children from abuse, po

Get Real Chicken Choices.
$\mathrm{A}_{\mathrm{t}}$ yuur neaty Hardes.
 Fillet Sandwich and Chicken Stixi are cooked in choles-
terol free wegetable oil The result is a rich, full favor and a wholsesome goodness. So hurry in today, and taste
for yourself Chicken Fillet Sandwich Chicken Fiesta"Salad Chicken Stix
Hardeés
 good after regular breakfast hours. EXPIRES: 2.19 of 1 C . Offer

Cancer
Society
sponsors
Bartender
of the
Year Contest
The fifth annual "bartender of the year" contest sponsored by the Ionia branch American Cancer Society is underway. Defending its two consecutive championships (1986-1987) is Smyrna Bar.
Last year, 13 bars in the Ionia and Montcalm Counties participated, raising in excess of $\$ 13,000$. Smyrna Bar's funds totaled $\$ 4,795$, taking top honors. in 1987 the bar raised a winning total of $\$ 5,655$.
Jim Thompson, owner of Germaine's, in Saranac, won "bar ender of the year" honors in the contest's first year (1985). "Germaine's has a variety of activities slated to help raise money for he American Cancer Society."
Thompson and his employees will be selling Valentine hearts for $\$ 1$ apiece, with the name of the buyer's choice put on the heart, which will then be hung up.

Other activities include a jar full of candy - participants will in the jug; Raffle tickets are being sold for a one-night stay being sold for a one-nights Tickets cost $\$ 5$ each. The stay Tickets cost $\$ 5$ each. The stay will include champagne, a coc ail hour ( 2 hours) and breakfast; Customers may also try to drop a quarter in a shot glass sitting at the bottom of a one-gallon jar of water. The successful particip ants receive a free lunch
Thompson also has Thompson also has donation
jugs located in each each restroom.
The employees like it so much that Thompson's cook, Andy Munschy, is taking a minimum $\$ 5$ donation to help sponsor the 25 back flips he intends to perform on the Grand River Bridge in Saranac on Saturday, Feb. 18
-.A local chiropractor has donated a free office visit to Munschy following his Grand River Bridge performance.


[^0]:    Dur off Main St. onto Division, Feb. 8 .
    Kimberly Heppe. 18 , of Belding ran Kimberly Heppe. 18, of Belding ran off the raad in snow ant
    Uindy weater and struck a sign on West Main St. near Church
    tb. 8. eb. 8. No inijuries.
    Joseph Piendel, 46 , of Dearborm, MI skidded into the rear of
    and
    
    
    

    Whitinum 5 , 5 , whensen he failed chided with a vehicle driven by Doyle
    ovale
    
    
    
    
     A vehicle owned bom Dowell. Buinekool was reported to Popice
    to have been strcck by a hit and run driver Saurday moning.
    
    
    

