

"Meet The Arrows"

7:00 Tonite

at
Burch Field

25¢

The Grand Valley Ledger

Volume 8, Issue 44

Serving Lowell Area



Readers Since 1893

September 5, 1984



Along Main Street

MEET THE ARROWS

The Lowell Area School Boosters and High School Athletic Department wish to invite you to the annual "Meet the Arrows" night, Wednesday, September 5 at 7:00 P.M. All Fall athletic teams, cheerleaders and coaches will be introduced at the Burch Field (Football stands). Let's try to attend and show our teams they have our support!

PROJECT D.A.R.E. TO MEET

Project D.A.R.E., Lowell's drug and alcohol awareness group will meet on Monday, September 17 at the Lowell Middle School at 7:30 P.M. Students and parents are urged to attend this meeting.

ALTO FALL FESTIVAL

The Alto Fall Festival gets underway Saturday, September 8 at 6:00 A.M. with breakfast served at the Alto American Legion Hall. The day's activities include food booths, pig roast, flea market, BINGO, a parade at 12:30, craft booths, kid's games, bake sale, farm display, music by "Bobby J", the Coachmen Drum and Bugle Corps, a fireman's waterball fight, children's "spacewalk", a talent search at 4:30, "Miss Alto" competition at 4:00, a dunk tank, tug of war, 50/50 raffle, and street dance beginning at 6:00 P.M. Sounds like a full day of fun, make plans now to attend.

NOTICE ANYTHING DIFFERENT?

The artwork at the top of this column has been updated. It's about time, as the old "Along Main Street" art was probably twenty years old. Local free lance artist, Art Melendez furnished us with the new drawing, and it appeared for the first time in last week's edition. Art brought the drawing into us the day after the old warehouse at the corner of Broadway and Main was razed, and his drawing still showed it there. We said, "Gee, that's nice Art, but look out the front door". He took it home, erased the warehouse, and re-submitted the drawing. At least it's up to date for the time being.

YMCA ANNUAL AUCTION

The Annual Lowell YMCA Auction will be held Saturday, September 15, at 2:00 P.M. at the residence of Jim Corcoran - 925 Flat River Dr. - Lowell. Tom Nagy will be the Auctioneer. Clean, usable items may be donated by calling the YMCA, 897-8445 for pick-up service - or dropped off anytime at Corcoran's barn. NO CLOTHES PLEASE!

OFF THE BLOTTER

Involved in a property damage accident Friday afternoon, August 31, on Elizabeth near Lincoln Lake Street was Jerald Creguer, 17, of Lowell. The vehicle Creguer was driving was struck by a vehicle driven by a 16 year old Juvenile, as he backed from a private drive.

A three car collision on Amity near Chatham Friday afternoon, August 31, left 3 injured as a car driven by Donald Brower, 17, struck the rear of the car driven by Melissa LaBine, 17, who along with 2 passengers of her car sustained injuries. The impact sent LaBine's car into the rear of a car driven by a 16 year old Juvenile. All drivers and passengers were from Lowell.

Lowell officers investigated, 23, accidents complaints in the month of August, four involved injuries to the occupants of the vehicles.

Referred to Probate Court Monday, August 27 for Loitering and Violation of Curfew ordinance was a 16 year old Juvenile male from Lowell.

Cited into 63rd District Court for contributing to the delinquency of a minor Wednesday afternoon August 29, was William Hefferan, 17, of Ada. Also apprehended was a 16 year old Juvenile run-a-way from Grand Rapids.

Arrested and charged with driving under the influence of alcohol early Wednesday morning, August 29, was Walter Davies, 31, of Lowell.

One Juvenile male will be referred to Probate court on charges of Larceny under \$100 in connection with the theft of 18 cans of beer from the Village Party Shoppe in Lowell in late August. Three others may also be referred later on charges stemming from the incident.

continued on back page

High winds lash the area

A violent thunderstorm accompanied by high winds caused tens of thousands of dollars worth of damage in the Lowell area early last Thursday. Worst hit was the Eberhard Supermarket which had about half of its built-up tar and gravel roof stripped by the fierce winds. Two heating units, a large air conditioner and a compressor were ripped from their mountings and punctured the roof. Store manager Jeff Hendrick said that the rain came through the damaged roof in torrents ruining ceiling tiles, meats, produce and other inventory. In all, Hendrick estimated about \$100,000 in structural damage and \$30,000 in lost inventory resulted. The store was closed all day Thursday, but thanks to the efforts of employees they managed to re-open on Friday.

An apartment building near the Eberhard store also lost a large portion of its roof. Roof boards and shingles were blown from one of the Valley Vista Apartments leaving just the truss rafters in place. The worst of the storm appears to have followed a course from Eberhard's to the east-southeast through the 4-H Fairgrounds where it tore metal doors from the livestock barns and twisted them into useless debris. Several trees along the path were uprooted, including a large one at the George Hale residence near the corner of Bowes and Hudson. The tree crushed a portion of a gragee on the premises. A huge plate glass window was blown out of the front of Thomet Chevrolet and Buick and a large section of the quanset style roof at Vennen Chrysler, Dodge and Plymouth was torn off. Downed trees and other minor damage was reported throughout the area.

Jack Cooley, meteorologist in charge at the National Weather Service office at the Kent County Airport said that they recorded nothing other than strong, straight line winds associated with the thunderstorm. Cooley said that straight line winds can have channels that are stronger than the rest of the wind, possibly explaining the track of severe damage through Lowell's west side. The weather service recorded winds at 61 miles per hour with gusts up to 70 during the storm. Cooley said that windows typically begin to fail in winds of 75 m.p.h. plus. Only .46 inches of rain was recorded at the airport during the storm, but Cooley said that some of the outlying agricultural reporting stations recorded rain of up to .75 inches.



A workman on a boom truck works at removing what the storm left of Eberhard's lofty sign on Main Street. The sign was the least of their worries however, as the high winds created havoc with the store as it tore much of the roof allowing the rains to damage inventory inside.

66 artists to appear at Fallasburg

Selection of the artist-exhibitors for the 16th Annual Fallasburg Fall Festival, September 29 and 30, was completed recently, with 66 applicants chosen from 145 entries for booths.

While some selected come from locations such as Petoskey; Saginaw; Ann Arbor; Farmingdale, New York; and Urbana, Illinois; the majority are from West Michigan. 30 artists are from the greater Grand Rapids area, with six from Lowell and Alto.

A wide selection of fine art and crafts will be available for purchase at the festival, which goes from 10 AM to 5 PM each day. Included will be stained glass, weaving, leather, jewelry, mounted butterflies, stone and pewter sculpture, quilts, pottery, wooden toys, furniture, and

PRECISION & FASHION HAIRSTYLING - For both men and women. Man's World Hairstyling. Phone 897-8102.

Lowell Mason's and Eastern Star's are sponsoring a Fish Fry on Saturday, September 8 in the Lowell masonic Temple. Serving family style from 5 P.M. to 7 P.M. Adults \$3.75, Children under 12 \$1.00.



Jack Folkertsma of Alto demonstrates how he starts the woodwork which will result in one of the mountain dulcimers which he and his wife Shirley sell and demonstrate at the Fallasburg Fall Festival.

household items, photography, painting, drawing, prints, baskets, dulcimers, wood inlay pictures, dried herbs and flowers, honey, beeswax candles, trapunto, and cedar fans.

Several of the artists will demonstrate their work. These will include quilting, weaving, basketry, stone sculpture, painting, woodwork, drawing, candle-dipping, beekeeping, calligraphy, dulcimers, and cedar fans.

With Christmas just around the corner, the Fallasburg Fall

Festival is the perfect place to get a start on holiday shopping. Free craft activities for the children and plenty of food and snacks will make it possible for the entire family to spend the day enjoying the festivities.

Appointments not always needed at Vanity Hair Fashions, Open six days Lowell, 897-7506.

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Obituaries

The Ledger's criteria for running obituary notices is to glean from the Grand Rapids Press obituaries that contain deceased persons or relatives of the deceased from Lowell, Ada, Saranac and Alto. Should you know of an obituary that would be of interest to our readers, but is not listed in the Press, please give us a call at 897-9261. There is no charge for obituary notices in the Ledger.

MAC NAUGHTON - Marguerite "Maggie" MacNaughton aged 65 passed away early Tuesday, September 4, 1984. She resided with her husband Donald at 11284 Dorothy Street, Lowell. She was an employee of the Ledger for many years as a typesetter, proofreader, bookkeeper and secretary. She retired in the summer of 1981, but still worked parttime as a proofreader here.

She is survived by her husband Donald, son Roger MacNaughton and a daughter Kay Carter, all of Lowell, a daughter Mrs. Carlton (Kathy) Avery of Roswell, N.M., a brother Franklin Behnke of Howard City, sisters: Mrs. Matel Neilsen of Howard City, Mrs. Lorraine Kohler of Amble and four grandchildren.

Services will be held at the Roth-Gerst Funeral Home in Lowell on Thursday, September 6 at 1:00 P.M., with the Reverend David Franks officiating. Interment in Oakwood Cemetery. The family will receive friends on Wednesday, September 5 from 2-4 and 7-9 P.M.



Maggie MacNaughton

Capitol Column

by Senator Dick Posthumus

Months ago, when legislators were deep in the debate of tax increases and subsequent tax rollback proposals, one of the most hotly-contested areas of disagreement was over budget surplus predictions. Many of us, going on statistics provided by the non-partisan Senate Fiscal Agency, argued that the surplus would be around \$200 million. The latest figures, reflecting growing Michigan economy, are near \$350 million.

The executive office and the Department of Management and budget initially projected no more than a \$25 million surplus, using this to argue for continuing their tax increase. By April, they had raised that projection to \$235 million, and have recently released figures that show a general fund surplus of \$271.7 million at the end of the 1983-84 fiscal year, which ends on September 30.

This wouldn't normally be a cause for comment. There is no reason to object to a carryover of funds from one year to the next. In this instance, however, opponents of an accelerated tax

rollback plan claimed there was just not enough money to cover any additional expenses, like an early cut-back of the tax increase. An agreement was finally reached that reduced the income tax from 6.1 percent to 5.35 percent a mere three months before it would have occurred anyway. Even after the rollback plan was put in place, their projections show nearly \$300 million in surplus.

Although the governor and some other legislators claim there is not enough money to increase the tax rollback any further, Senate Republicans are continuing to explore the possibility of additional reductions, and, with such a large revenue surplus, no matter what the source, there is no reason to stall any longer.



Three pairs of English rabbits were let loose in Australia in the middle of the 19th century. Within a decade, the six rabbits had multiplied into millions.

U of D names presidential scholars



Brian Kidder

The University of Detroit has named 88 of the country's brightest 1984 high school graduates as Presidential Scholars, a distinction that includes a four-year half-tuition scholarship for undergraduate study at the University. Brian Kidder, of 11653, Lowell is one of the recipients who graduated from the Lowell High School.

To compete for the title, students must graduate from high school with a 3.0 or higher grade-point on a 4.0 scale and score at least 25 on the ACT or 1,100 on the SAT college entrance examinations.

Each candidate's personal and extracurricular achievements also are considered in the final selection process.

Coming Events . . .

Notice in the Ledger's "Coming Events" are free of charge to any non profit organization in the Lowell, Ada, Alto, and Saranac area. We prefer such notices to be kept brief and to be submitted by mail, but will accept notices by phone at 897-9261.

WED., SEPT. 5: "Meet the Arrows" - all fall teams will be introduced at 7:00 P.M. at Burch Field (football stands).

WED., SEPT. 5: Vergennes United Methodist Church newly organized Senior Citizens Keenagers meet at the church - corner of Bailey and Parnell, 1st and 3rd Wed. of each month at 10:00 A.M. All senior citizens welcome. The next meeting is September 5, Forest Hill Senior Citizens Band will play at 10:00 followed by a potluck dinner. Bring a dish to pass and your table service.

THURS., SEPT. 6: Vergennes Co-operative club will meet at Schneider Manor at 1 o'clock P.M. Due to a change in program plans, the club's 70th Birthday Party will be observed at the October meeting. Sept. Hostesses: Irma Richmond, Carol Harper, Mary Teft, Priscilla Lussmyer. Sponsors: Louise Schneider, Dolores Laux. Sept. Program: School Days; Dear Old Golden Rule Days. NOTE: The nominating committee is reminded to present the slate of officers for 1985 at this meeting. Election will be held at the October meeting, as usual.

SAT., SEPT. 8: Lowell Masons and Eastern Star's are sponsoring a fish fry in the Lowell Masonic Temple serving family style from 5 P.M. to 7 P.M. Adults \$3.75 Children under 12 \$1.00.

MON., SEPT. 10: 7:00 P.M. the Lowell Area Jay-teens will be meeting to form their new chapter at the American Legion Hall. Grades 7-12 all welcome.

MON., SEPT. 10: The Gold-on Swingers will meet with potluck in the High School Economics Room at 6:00 P.M. Coffee will be furnished. We are to elect officers for coming year.

TUES., SEPT. 11: The Lowell Masonic Lodge will hold its Regular September Meeting at 7:30 P.M. in the Masonic Temple. A potluck Dinner will precede the meeting, at 6:30 P.M. All Masons are welcome.

TUES., SEPT. 11: The Lowell Chapter of TOPS is celebrating 20 years of Taking off Pounds Sensibly. There will be a special program at 7 P.M. in the basement of the Congregational Church of Lowell. Past members and the public is invited to visit, look through the scrapbooks, meet old friends and make some new. For more information call Fran Walling, Leader at 897-9048 after 5:30 P.M.

WED., SEPT. 12: Snow U.M.W. will serve a roast beef and pork dinner at the

Snow Christian Center, 3211 Snow Ave. S.E. Serving begins at 5:30 P.M. Public is welcome.

THURS., SEPT. 20: Alto Elementary School Open House and Book Fair. 7 P.M. to 8:30 P.M. All are invited.

THUR., SEPT. 20: The Lowell Chamber of Commerce is sponsoring a membership meeting in the Showboat Amphitheatre from 6:30 until 7:00 P.M. Nancy Skinner is the featured speaker. A dynamic speaker, her programs are fun, informative, motivational and highly relevant to today's audiences. Make plans now to attend this meeting of Lowell's reorganized Chamber of Commerce. In case of rain the program will be moved to an inside location to be announced later.

SEPTEMBER 29 & 30: The 16th Annual Fallburg Fall Festival sponsored by the Lowell Area Arts Council from 10 A.M. to 5 P.M. each day at Fallburg Park.

TOPS MI 372 - The Lowell Chapter of TOPS (take off pounds sensibly) meets every Tuesday at 7 P.M. in the Congregational Church of Lowell, 404 N. Hudson. Weigh-ins are from 5:45 to 7 P.M. For more information call 897-9048.

Lowell Women's Club News

The Lowell Women's Club will be meeting at Schneider Manor on Wed. Sept. 12 at 12 o'clock noon.

Barb Waite will be the soloist. She is also Kent County President.

The afternoon will be one of honoring Ella Bannon who has been a member of Lowell Women's Club for 50 years. She has also been Past Kent Co. President as well as Past Club Pres.

We will also be honoring all the past Kent County Presidents and our past club Presidents.

The sponsor for the afternoon will be Dolores Laux. The afternoon will be hosted by officers and Board of Directors.

This is the first meeting of the season so let's have a good attendance. Everyone turn out Sept. 12. Please note that change of time. All meetings will begin at 12 o'clock noon instead of one o'clock. Be There!

The United States has more radios than any other country in the world.

HOT LUNCH MENU WEEK OF SEPTEMBER 10, 1984

Italian Spaghetti or chilli, garden salad, French bread, chilled fruit or jello, milk.

TUESDAY

Cheeseburgers or barbecue on a bun or pita, tossed salad w/dressing, buttered corn or french fries, assorted fruits, bars or cookies, milk.

WEDNESDAY

Oven baked chicken or chopped steak, mashed potatoes or rice and gravy, steamed green beans or beets, hillbilly rolls and peanut butter, jello w/whip or fruit, milk.

THURSDAY

Fruit Juice, pizza w/meat, cheese, or burritos, salad or veggies, choice of fresh or canned fruits and jello, milk.

FRIDAY

Assorted sandwiches or hot dogs, potato chips and pickles, soup or salad or baked beans, cookies or bars, fruit or pudding, milk.

Price of lunches to students includes milk. Elementary 75¢, Middle and Senior High 80¢.

SNOWMOBILE CLUB

The Flat River Snowmobile Club held their monthly meeting on Sunday, August 19th. The winner of the 50/50 drawing was Ginny Stephenson. John Minges took home the mystery drawing prize and the children's drawing was won by Kerri Bradford.

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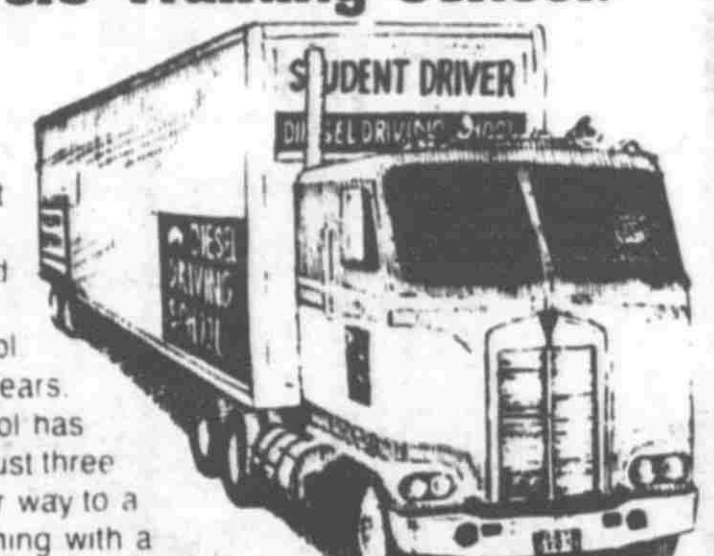
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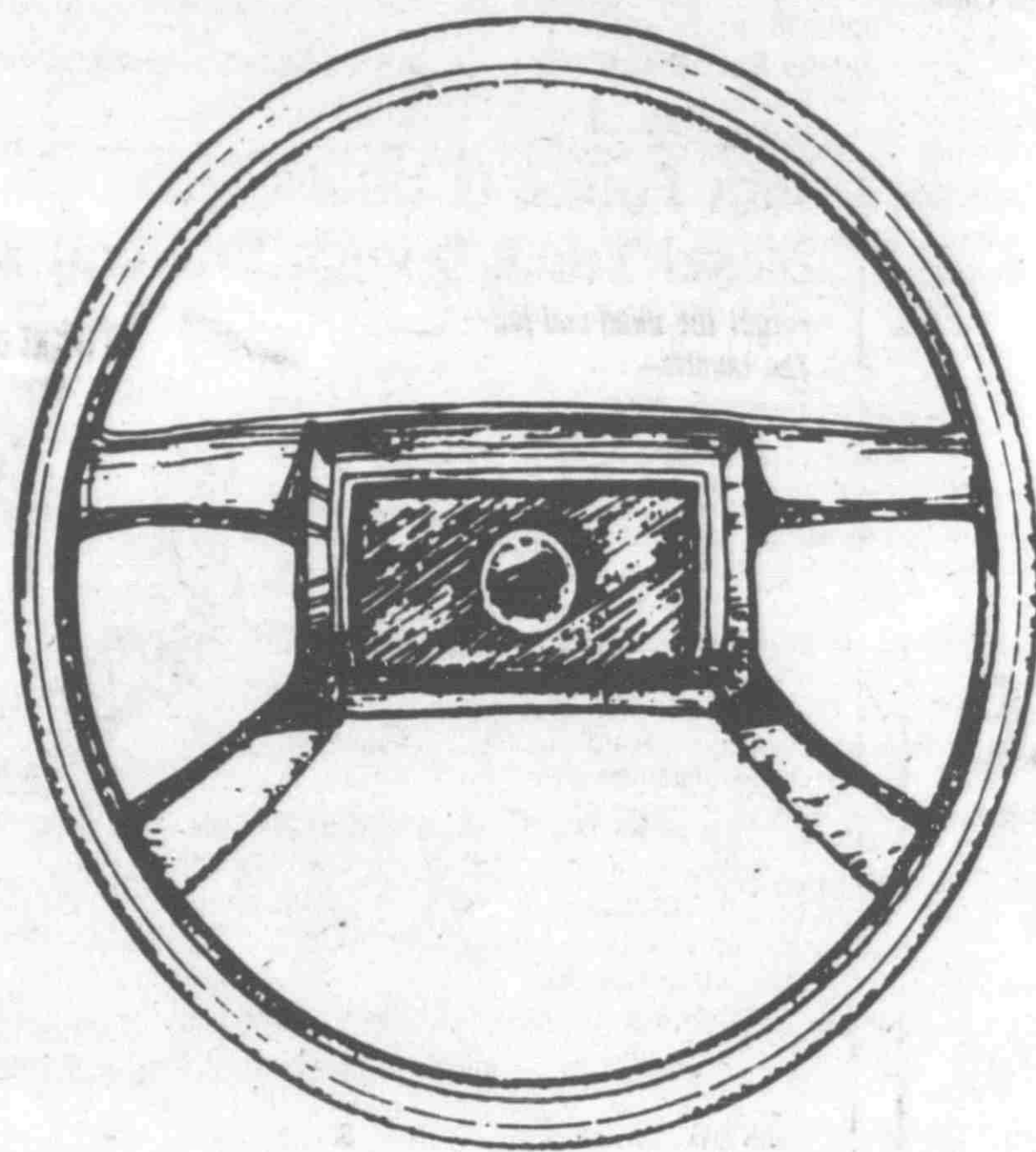
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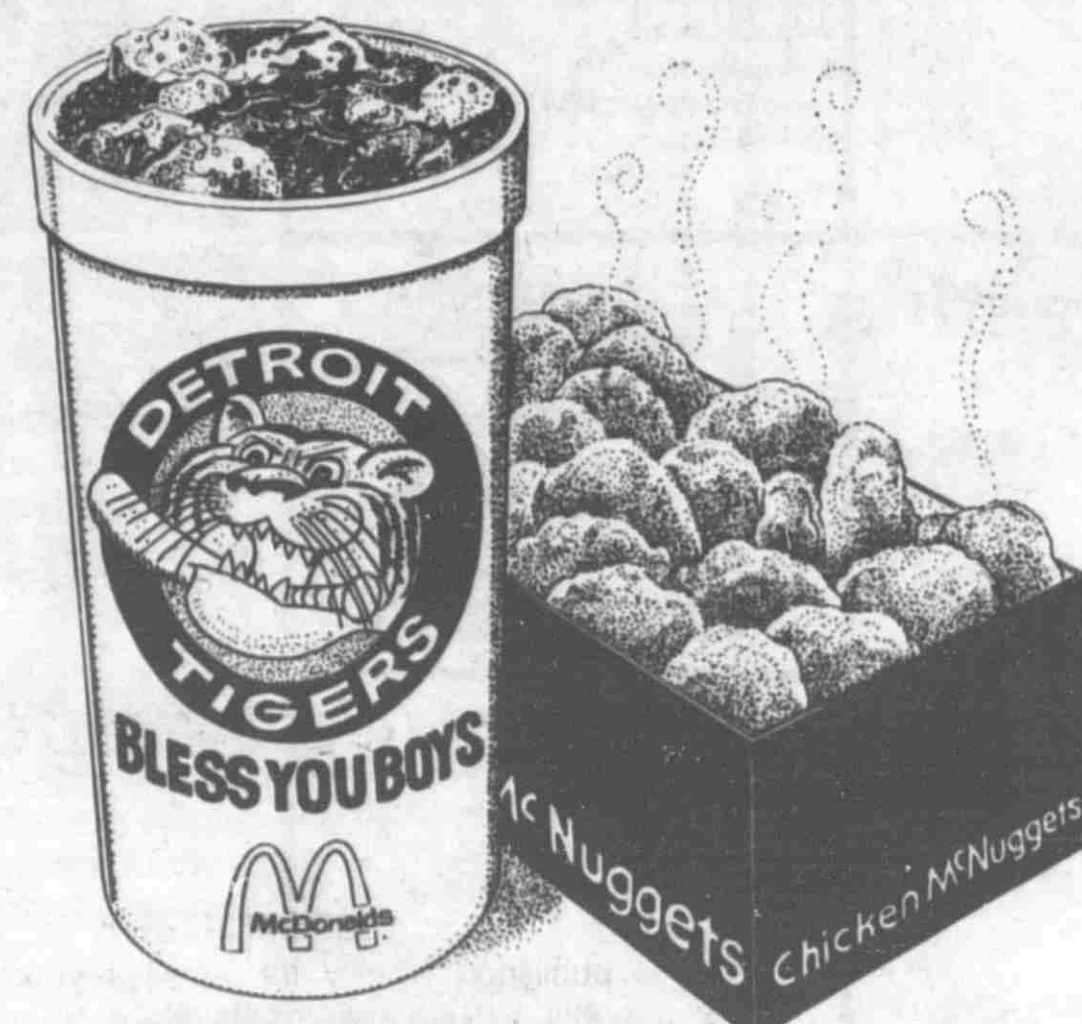


The Grand Valley Ledger

(USPS 453-830)
is published weekly for \$7.50 a year in Kent County, \$10.00 a year outside the county by the Grand Valley Ledger Publishing Company, 105 N. Broadway St., Lowell, Michigan 49331

ROGER K. BROWN
EDITOR & PUBLISHER
Second-Class Postage Paid at Lowell, Michigan
Published Every Wednesday
POSTMASTER: Send address change to The Grand Valley Ledger, P.O. Box 128, Lowell, MI 49331.

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COUPON

New youth pastor for First Baptist Church



David J. Cobb

Introducing the arrival of the new Youth Pastor David J. Cobb and his wife Sheila to First Baptist Church of Lowell. They began their ministry in Lowell, July 16.

They have come from Grand Rapids upon David's completion of the Master of Divinity degree from Grand Rapids Baptist Seminary. David completed his undergraduate work at Cedarville College in Cedarville, Ohio in 1978.

He has worked with youth in several churches in both Michigan and Ohio. His wife Sheila is currently working as a medical transcriptionist at Blodgett Memorial Medical Center in Grand Rapids. She graduated from Grand Rapids Baptist College in 1980.

The Cobbs have been married 4 years.

Birth...

Rob and Roxanne VanCamp are proud to announce the birth of their son Mathew Robert weighing 8 lbs. 2-1/2 ozs. and 20-1/2 inches long. Born August 28, 1984. Proud grandparents are Clare and Rosemary McCaul of Lowell. Harley and Lila Van Camp of Morley, MI and Great grandmother, Avis McCaul also of Lowell.

Mr. and Mrs. Bernard Clark of St. Joseph MI are proud to announce the birth of a baby girl, Kimberly Ann on August 23, 1984. Weighing in at 7 lbs. 11 oz. and 20 inches long. Grand-

parents are Mr. and Mrs. Wayne Hendrick and Mrs. and Mrs. Robert Clark all of Lowell.

Pat and June Serne are proud to announce the birth of their son Pieter Allen on August 20, weighing 7 lbs. 3-1/2 oz. and 21 inches long.

Grandparents are Leo and Thelma Bird, Bill and Doris Serne. Great-grandfather is Lewis Rose of Cutterville.

NIFTY GIFT — Engraved personal stationery. Makes a great Christmas gift! Order now at the Grand Valley Ledger, 105 N. Broadway.

Missionary Church to have kid's krusade

The Lowell Missionary Church will sponsor another Kid's Crusade with Rev. Paul and Nila Mast as guest ministers. They will have with them their special friend, Chocolate.



Rev. Paul and Nila Mast with "Chocolate".

are urged to attend.

The Masts spent 11 years as missionaries in Brazil and over 20 years in three pastorates in Indiana. They now serve as denominational evangelists with the Missionary Church. The couple feel the heartbeat of children and have always given them special attention in their ministry. They use a variety of audio-visuals, including many muppets and puppets, to help teach Biblical concepts. "Chocolate", with the aid of Paul's ventriloquism skills, wins his way into the hearts of children and adults

This action-packed week will begin Sunday, September 9th, and continue through Friday, September 14th, with meetings every evening from 6:30 to 8:00 P.M. Boys and girls age 4 and up

Missionary to speak at Assembly of God

Ed Louton, an Assemblies of God missionary to South Africa,



Ed Louton

will be guest speaker Sunday, September 9th, at 11:00 A.M. at the Lowell Assembly of God, located at 3050 Alden Nash S. the Rev. Melvin F. Goble, pastor, has announced.

Mr. Louton and his wife, Barbara, were active in evangelism, church planting, and Bible School teaching in Cape Town during their past tour of missionary service. Also, Mr. Louton served in a liaison capacity between the missionary body and the national church in the Cape Province.

The Loutons also ministered among the Basuto people in the African kingdom of Lesotho, and the Pedi people of Lebowa in the Northern Transvaal.

Pastor Goble invites the public to hear Mr. Louton speak.

"Good breeding consists in concealing how much we think of ourselves, and how little we think of the other person." Mark Twain

HOMESPUN DEVOTIONS

by Pauline E. Spray



Rejoice evermore (1 Thessalonians 5:16). What to do with leftovers is always a problem, it seems. If the housewife is thrifty, it grieves

her to throw food into the garbage can or down the disposal. Yet, if other families are like mine, it is a difficult task to "fool" them with warmed-overs.

All of life isn't fresh baked apple pie. Much of it is warmed over potatoes. We are grateful for the times of special blessing, when everything is running smoothly, when the sun is shining, and the birds are singing. It is easy to count our blessings then. It is easy to be cheerful when we are enjoying life and eating off the fat of the land.

The testing comes with the monotonous, humdrum chores of everyday living. It requires strength of character to be cheerful when the daily tasks grow repetitious and tiresome. Determination is needed to sing when life is boring. However, when we remember what Jesus Christ has done for us and that He has promised never to leave us forsake us, rejoicing should come naturally. It shouldn't be difficult to praise Him — even when life offers us "warmed over potatoes."

Prayer: Precious Jesus, Thou hast given me everything for which to rejoice. Help me to remember what Thou hast done for me when I am confronted with the monotonies of life. Amen.

Let my hands perform His bidding. Let my feet run in His ways. Let my eyes see Jesus only. Let my lips speak forth His praise.

MARY D. JAMES

ATTEND SERVICES

<p>ADA COMMUNITY REFORMED CHURCH 7227 Thornapple River Dr. 676-1032 Pastor: JERRY L. JOHNSON</p> <p>Morning Worship 10:00 A.M. Sunday School 11:20 A.M. Evening Worship 6:00 P.M.</p> <p>WE INVITE YOU TO MAKE THIS COMMUNITY CHURCH YOUR CHURCH HOME. WELCOME TO ALL</p>	<p>FRIENDSHIP COUNTRY CHAPEL Old Grange Hall 1019 Grand River Ave.</p> <p>Sunday Services 10:30 A.M. Wednesday Bible Study 7:00 P.M.</p> <p>BOB ROUSH, PASTOR 897-7489</p>	<p>LOWELL BAPTIST CHAPEL (American Legion Hall) 805 E. Main</p> <p>Sunday School 10:00 A.M. Worship Service 11:00 A.M. Wednesday Bible Classes 7:00 P.M.</p> <p>GENE BUTLER SR. PASTOR 897-7268</p>	<p>This Space For Rent</p>
<p>ADA CHRISTIAN REFORMED CHURCH 7152 Bradford St. S.E. 676-1698 REV. ANGUS M. MacLEOD</p> <p>Morning Worship 9:30 A.M. Sunday School 11:00 A.M. Evening Worship 6:00 P.M.</p>	<p>MISSIONARY CHURCH 10501 Settlewood Ph. 897-7185</p> <p>Sunday School 9:45 A.M. Worship Service 11:00 A.M. Evening Service 6:00 P.M.</p> <p>Prayer and Bible Study: 7:30 P.M. Wednesdays</p> <p>GLENN H. MARKS Foreman Road 897-9110</p>	<p>FIRST BAPTIST CHURCH OF ALTO Corner of 60th Street & Bancroft Avenue</p> <p>Sunday School 10:00 A.M. Morning Worship 11:00 A.M. Evening Worship 6:30 P.M. Young Peoples Afterglow 7:00 P.M. Wed. Family Night 6:30-8:30 P.M.</p> <p>REV. GEORGE L. COON 868-6403 or 868-6912</p>	
<p>BETHANY BIBLE CHURCH 3900 East Fulton REV. RAYMOND E. BEFUS</p> <p>Morning Worship 9:50 A.M. (Broadcast 10 A.M. WMAX 1470)</p> <p>Sunday School 11:15 A.M. Evening Service 6:00 P.M. Wednesday Service 7:30 P.M.</p>	<p>CALVARY CHRISTIAN REFORMED CHURCH OF LOWELL 1151 West Main Street - 897-8841 REV. RICHARD VANDEKIEFT</p> <p>Worship Service 10 A.M. & 6 P.M. Sunday School 11:15 A.M. Supervised Nursery During All Services</p>	<p>CHURCH OF THE NAZARENE OF LOWELL 201 North Washington Street REV. WILLIAM F. HURT</p> <p>Church School 10:00 A.M. Morning Worship 11:00 A.M. Evening Service 6:00 P.M.</p> <p>Wednesday Mid-Week Service Jr. Teens. Adults 7:00 P.M. Nursery-Come & Worship With Us</p>	<p>FIRST CONGREGATIONAL CHURCH OF LOWELL (Member United Church of Christ) North Hudson at Spring St., Lowell 897-5906</p> <p>DR. RICHARD GREENWOOD Morning Worship 10:00 A.M. Church School 10:00 A.M. (Cribbery & Nursery Provided)</p>
<p>FIRST UNITED METHODIST CHURCH OF LOWELL 621 E. Main Street 897-5936 REGULAR HOURS</p> <p>Morning Worship 9:00 A.M. 10:45 A.M. Church School 9:30 A.M.</p> <p>REV. WILLIAM AMUNDSEN, MINISTER Nursery available at both services</p>	<p>GOOD SHEPHERD LUTHERAN CHURCH Corner of Segwun & Grand River</p> <p>Morning Worship 9:00 A.M. Sunday School & Adult Bible Class 10:45 A.M.</p> <p>JOSEPH FREMER, PASTOR 897-8307</p>	<p>WHITNEYVILLE CHURCH OF JESUS CHRIST, UNDENOMINATIONAL 4935 Whitneyville Rd. Ada 49301</p> <p>Sunday Morn. Worship Service 10:00 A.M. Sunday School 11:00 A.M. Sunday Evening Service 6:00 P.M. Wed. Evening Prayer Service 7:30 P.M. Challenger's Youth Group Wed. 7:30 P.M.</p> <p>PASTOR JAMES GROENDYK</p>	<p>SARANAC COMMUNITY CHURCH (United Church of Christ) 125 Bridge St., Saranac, MI DIAL A-PRAYER 642-9659</p> <p>Morning Worship 10:00 A.M. Sunday School 11:15 A.M.</p> <p>THE REV. EDWIN MENDENHALL 642-6322</p>
<p>ST. MARY'S CATHOLIC CHURCH 402 N. Amity MSGNR JAMES MORAN NEW HOURS</p> <p>Saturday Mass 5:30 P.M. Sunday Mass 9:00 & 11:00 A.M.</p>	<p>TRINITY LUTHERAN CHURCH (LCA) REV. DR. JAMES G. COBB DR. LUTHER R. LIVINGSTON PASTORS</p> <p>2700 E. Fulton</p> <p>Worship Service 8:30 & 10:45 A.M. Sunday School 9:30 A.M. Nursery Provided - Barner Free</p>	<p>This Space For Rent</p>	<p>FIRST BAPTIST CHURCH OF LOWELL 2275 West Main Street</p> <p>Sunday School 9:45 A.M. Morning Worship 11:00 A.M. Word of Life 5:30 P.M. Evening Worship 7:00 P.M. Awana - Wednesday 6:45 P.M. Wednesday Family Hour 7:30 P.M.</p> <p>DR. DARRELL WILSON 897-5300</p>

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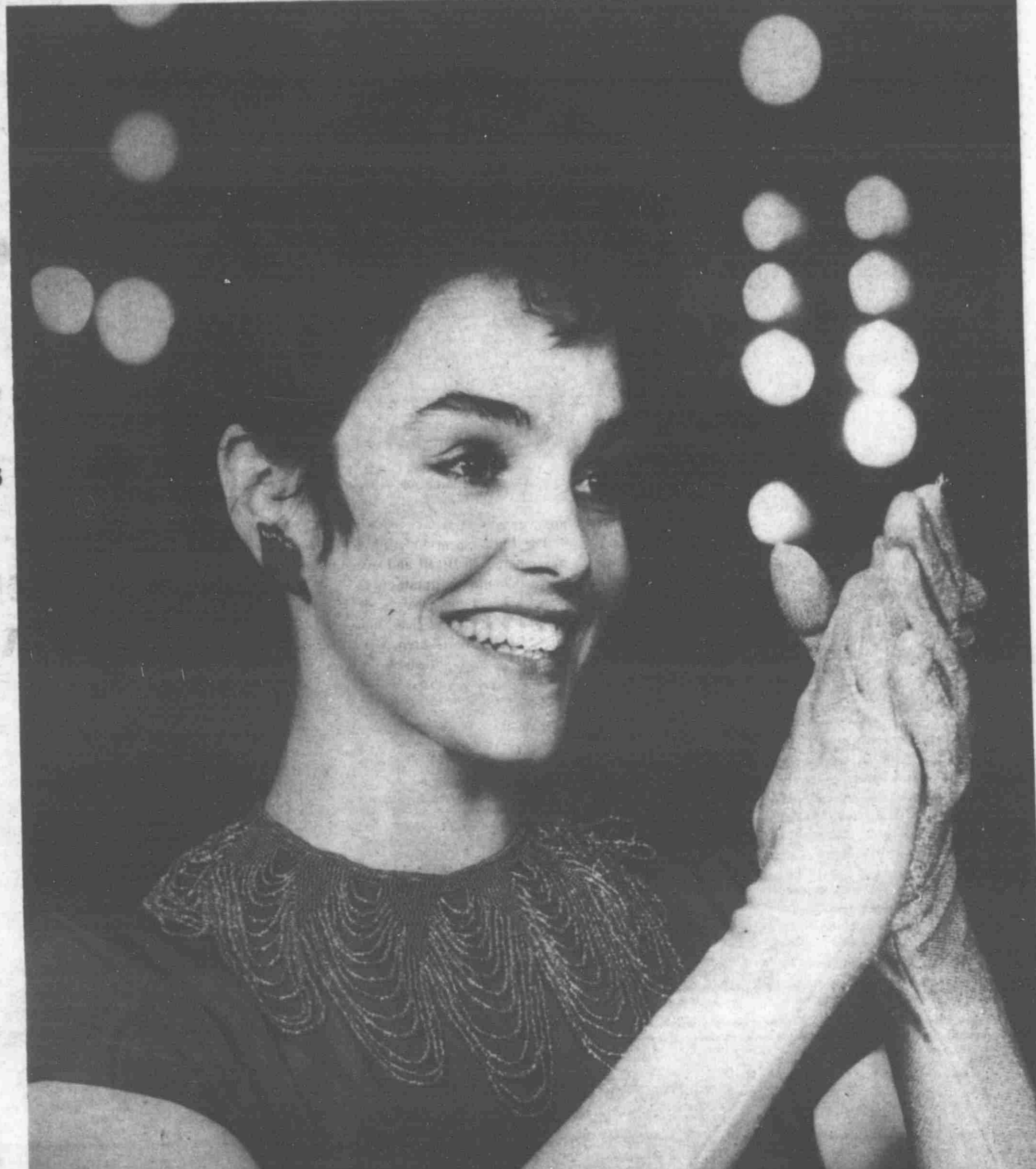
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CONTAINS LISTINGS FOR FRIDAY, SEPTEMBER 7 THRU THURSDAY, SEPTEMBER 13, 1984

Brooke Adams gives a performance worthy of much applause in "Special People." The two-hour movie dramatizes the struggles of the Famous People Players, a Canadian puppet troupe that consists primarily of mentally retarded members. The drama airs Tuesday, Sept. 11 on CBS.

- | | | | |
|-----------|------------------|----|-------|
| WKZO | Kalamazoo, MI | 3 | 3 |
| WUHQ | Battle Creek, MI | 4 | 4 |
| WXMI | Grand Rapids, MI | 5 | 5 |
| WJIM | Lansing, MI | 6 | 6 |
| WFSL | Lansing, MI | 7 | 7 |
| WOTV | Grand Rapids, MI | 8 | 8 |
| WILX | Jackson, MI | 9 | 9 |
| WGVC | Allendale, MI | 10 | 10 |
| WKAR | E Lansing, MI | 11 | 11 |
| WZZM | Grand Rapids, MI | 12 | 12 |
| HBO | Home Box Office | 13 | (HBO) |
| WTBS | Atlanta, GA | 14 | (MAX) |
| CINEMAX | Cinemax | 15 | |
| USA | USA Network | 16 | |
| CBN | CBN Cable Netwrk | 17 | |
| WGN | Chicago, IL | 18 | |
| ESPN | Sports Network | 19 | |
| CNN | Cable News Ntwrk | 20 | |
| NICK/ARTS | Nickelodeon | 21 | |

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FRIDAY

FRIDAY 9/7/84

MORNING
5:00 Mazda SportLook
5:30 [HBO] 'The Brink's Job'

FRIDAY'S MOVIES

6:00AM [MAX] - 'The Brink's Job'
7:30AM [HBO] - 'Airplane II: The Sequel'
8:00AM [MAX] - 'Trail of the Pink Panther'

10:00 [HBO] MOVIE: 'Blood of Others'
11:00 [MAX] MOVIE: 'Brian's Song'
11:30 [MAX] MOVIE: 'Deal of the Century'

FRIDAY 9/7/84

6:00AM [MAX] - 'The Brink's Job'
7:30AM [HBO] - 'Airplane II: The Sequel'
8:00AM [MAX] - 'Trail of the Pink Panther'

11:30 [MAX] MOVIE: 'Deal of the Century'
12:00 [MAX] MOVIE: 'Activist'

FRIDAY 9/7/84

6:00 [MAX] - 'The Brink's Job'
7:30AM [HBO] - 'Airplane II: The Sequel'
8:00AM [MAX] - 'Trail of the Pink Panther'

SATURDAY 9/8/84

MORNING
5:00 Night Tracks Cont'd
5:30 ESPN's Speedweek

SATURDAY 9/8/84

6:00 [MAX] - 'The Brink's Job'
7:30AM [HBO] - 'Airplane II: The Sequel'
8:00AM [MAX] - 'Trail of the Pink Panther'

SATURDAY 9/8/84

MORNING
5:00 Night Tracks Cont'd
5:30 ESPN's Speedweek

SATURDAY 9/8/84

6:00 [MAX] - 'The Brink's Job'
7:30AM [HBO] - 'Airplane II: The Sequel'
8:00AM [MAX] - 'Trail of the Pink Panther'

SATURDAY

10:00 [HBO] MOVIE: 'Tarzan: Lord of the Jungle'
11:00 [HBO] MOVIE: 'French Postcards'

SATURDAY 9/8/84

6:00AM [HBO] - 'Speechhunter: Adventures in the Forbidden Zone'
7:00AM [MAX] - 'Jesse James'

SATURDAY'S MOVIES

6:00AM [HBO] - 'Speechhunter: Adventures in the Forbidden Zone'
7:00AM [MAX] - 'Jesse James'

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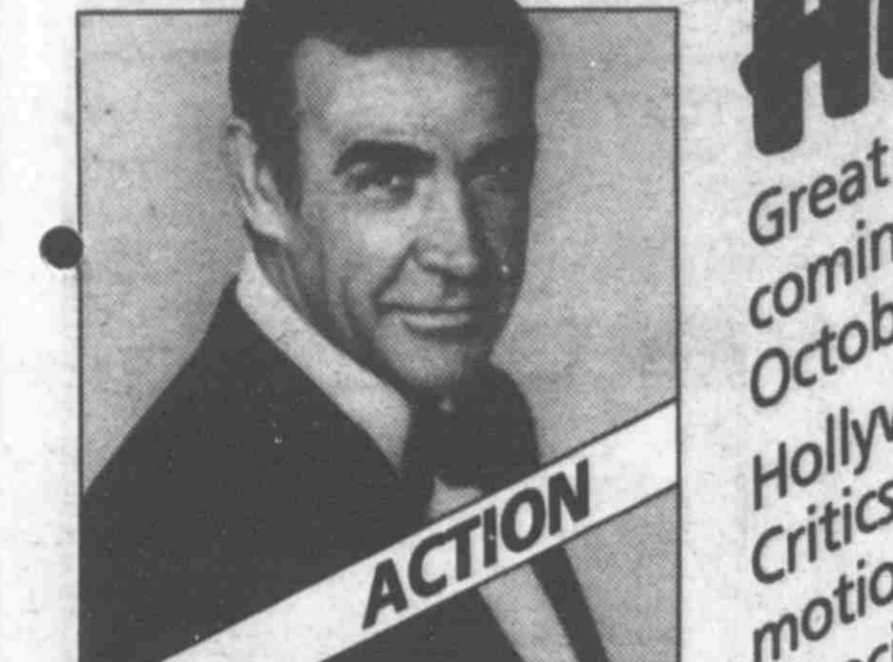
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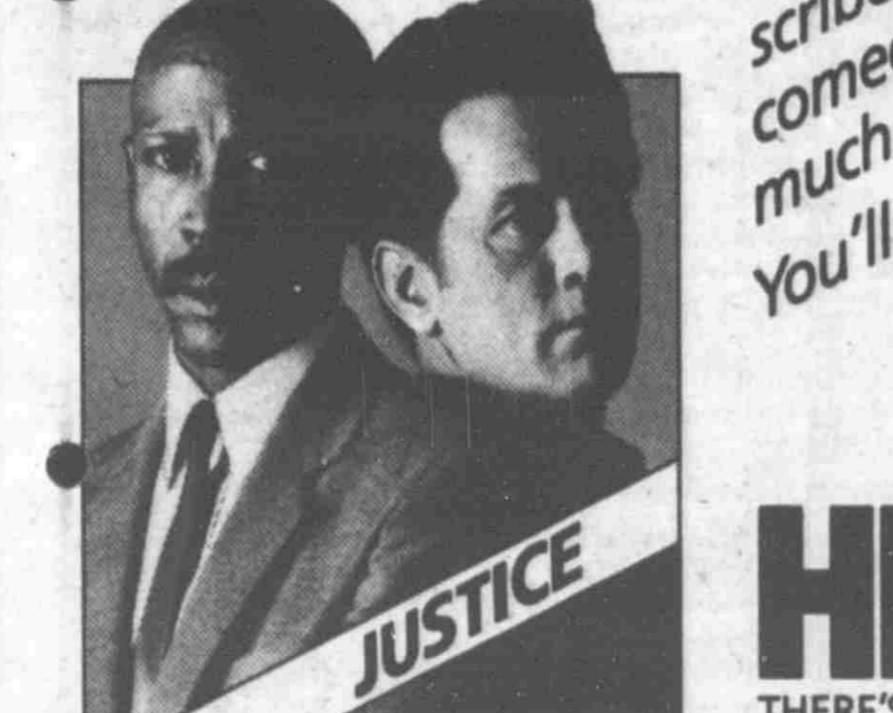
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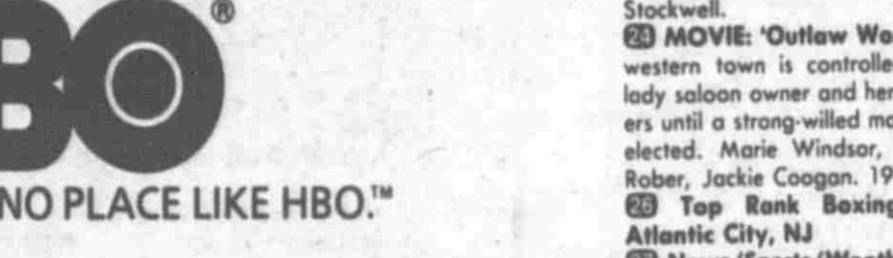
NEVER SAY NEVER AGAIN—Sean Connery returns as James Bond 007.



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SATURDAY CONT.

- Morning Preview
9:00 3 5 MOVIE: 'Summer Girl'
10:00 17 This Week in Country Music
10:30 17 INN News

- 10:30 17 INN News
10:30 17 NBC Reports: The Real Star Wars: Defense in Space
11:00 17 Star Trek

- 11:00 17 Star Trek
11:00 17 Benny Hill Show
11:00 17 The Ape: A mad doctor experiment with an ape in order to save a girl's life. 1942.

SUNDAY

SUNDAY 9/9/84 MORNING 5:00 CFL Football: Ottawa at

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- Winnipeg
5:30 Sports Review
5:30 World Wilderness
5:45 Money Week

- 6:00 17 Captain Kangaroo
6:00 17 U of M Presents
6:00 17 CNN Headline News

- 6:00 17 U of M Presents
6:00 17 CNN Headline News
6:00 17 Heritage Singers

- 6:00 17 U of M Presents
6:00 17 CNN Headline News
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6:00 17 CNN Headline News
6:00 17 Heritage Singers

- 6:00 17 U of M Presents
6:00 17 CNN Headline News
6:00 17 Heritage Singers

SUNDAY CONT.

- 9:30 17 People to People
10:00 17 Trapper John, M.D.
10:00 17 Celebrity Crusade for Life

- 10:00 17 Trapper John, M.D.
10:00 17 Celebrity Crusade for Life
10:00 17 CBS News

- 10:00 17 CBS News
10:00 17 Entertainment This Week
10:00 17 MOVIE: 'Shock Trauma'

CROSSWORD

Crossword puzzle grid with numbers 1-64 indicating starting positions for words.

By DANIEL M. MARVIN

ACROSS 1 - John, M.D.
13 Joe Penny
14 James - series
15 Suffix denoting origin

DOWN 1 - John, M.D.
13 Joe Penny
14 James - series
15 Suffix denoting origin

By DANIEL M. MARVIN

ACROSS 44 Franchot - 19 - gratia
45 Monogram for Verdugo
46 Comedian James

DOWN 44 Franchot - 19 - gratia
45 Monogram for Verdugo
46 Comedian James

By DANIEL M. MARVIN

ACROSS 64 He was Ben Casey
65 Down
66 Down

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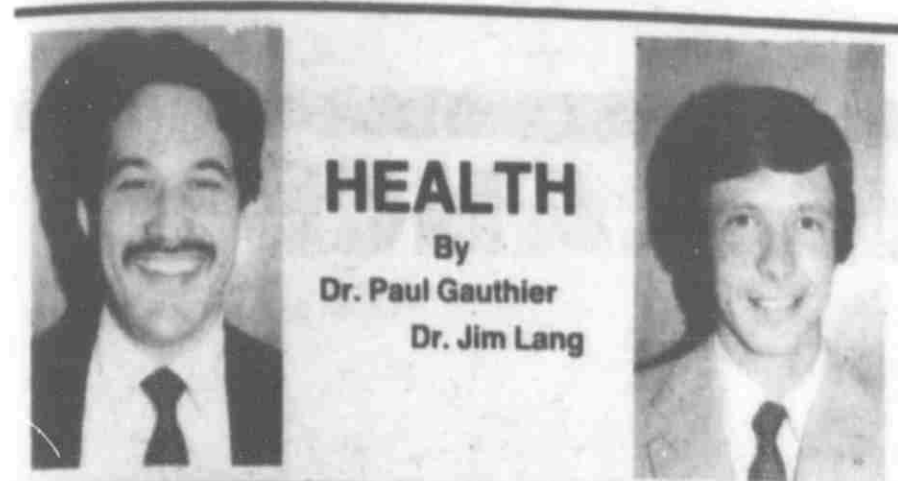
THIS WEEK'S SPORTS AT A GLANCE

FRIDAY 9/7/84	
5:00AM	Mazda SportsLook
8:30AM	SportsCenter
9:00AM	Auto Racing '84: NASCAR Southern 500 from Darlington, SC
11:00AM	U.S. Open Tennis Championships
11:30AM	ESPN's Speedweek
12:00PM	1984 PAC-10 Preview
12:30PM	U.S. Open Tennis Championships
2:00PM	Australian Rules Football '84
3:00PM	3rd Annual Legendary Pocket Billiards Stars
3:30PM	Top Rank Boxing from Atlantic City, NJ
5:30PM	1984 PAC-10 Preview
6:00PM	ESPN's Horse Racing Weekly
6:30PM	Mazda SportsLook
7:00PM	SportsCenter
7:30PM	ESPN's Speedweek
8:00PM	High School Football: Grand Rapids Ottawa vs. Grand Rapids East
8:47	Night of the Champions: Dwight Qwai Muhammad vs. Michael Spinks
9	Major League Baseball: Chicago Cubs at New York Mets or California at Chicago White Sox
9:30PM	NFL Game of the Week
9:30PM	Night of the Champions: Dwight Qwai Muhammad vs. Michael Spinks
9:00PM	CFL Football: Ottawa at Winnipeg
11:30PM	Friday Night Boxing
11:30PM	U.S. Open Highlights
12:00AM	Major League Baseball: Atlanta at Los Angeles
12:00AM	SportsCenter
12:00AM	Mazda SportsLook
12:30AM	PKA Full Contact Karate
2:00AM	1984 PAC-10 Preview
2:30AM	SportsCenter
3:00AM	Top Rank Boxing from Atlantic City, NJ
SATURDAY 9/8/84	
5:30AM	ESPN's Speedweek
6:00AM	1984 PAC-10 Preview
6:30AM	Auto Racing '84: Darlington Dash Series
7:30AM	ESPN's Horse Racing Weekly
8:00AM	SportsCenter
8:30AM	Scholastic Sports Academy
9:00AM	CFL Football: Ottawa at Winnipeg
9:00AM	Championship Wrestling from Georgia
10:00AM	Championship Wrestling
11:00AM	Scholastic Sports Academy
11:30AM	Pistol Tournament
11:30AM	NFL Game of the Week
12:00PM	U.S. Open Tennis Championships
12:00PM	SEC Football: LSU at Florida
12:00PM	SportsCenter Plus
12:30PM	NFL's Greatest Moments
1:00PM	Top Rank Boxing from Atlantic City, NJ
2:00PM	Major League Baseball: California at Chicago or New York at Boston
4:00PM	Major League Baseball: Atlanta at San Francisco
4:00PM	Auto Racing '84: Formula 1 Dutch Grand Prix
4:30PM	SportsCenter
5:00PM	Wide World of Sports
5:30PM	Super Bouts of the 70's
6:30PM	NFL Game of the Week
7:00PM	SportsCenter
7:15PM	Championship Wrestling from Georgia
7:30PM	Major League Baseball: Boston at New York
8:00PM	CFL Football: Chicago at New York
8:00PM	Track and Field: Meeting Internationale de Paris
10:30PM	3rd Annual Legendary Pocket Billiards Stars
11:30PM	SportsCenter
12:00AM	College Football '84: Purdue vs. Notre Dame
3:00AM	SportsCenter
3:30AM	ESPN's Speedweek
4:00AM	Unlimited Hydroplane Racing
SUNDAY 9/9/84	
5:00AM	CFL Football: Ottawa at Winnipeg
7:30AM	ESPN's Speedweek
8:00AM	SportsCenter
9:00AM	College Football '84: Purdue vs. Notre Dame from Indianapolis, IN
12:00PM	Bowling
12:00PM	All American Wrestling
12:30PM	SportsCenter Plus
12:30PM	NFL Today
12:30PM	NFL Football: Teams to be Announced
12:30PM	NFL '84
1:00PM	NFL Game of the Week
1:30PM	NFL Football: Detroit at Atlanta
1:30PM	NFL Football: Teams to be Announced
1:30PM	3rd Annual Legendary Pocket Billiards Stars
1:30PM	Major League Baseball: Chicago at New York
2:00PM	Auto Racing '84: CART Molson Indy from Montreal, Quebec
4:00PM	U.S. Open Tennis Championships
4:00PM	NFL Football: Teams to be Announced
4:00PM	Major League Baseball: Atlanta at San Francisco
4:00PM	Scholastic Sports Academy
4:00PM	Unlimited Hydroplane Racing
5:00PM	1984 IAA Youth Golf Classic from Jackson, MS
5:30PM	[HBO] - World Cup Challenge
6:00PM	Auto Racing '84: Darlington Dash Series
7:00PM	SportsCenter
8:00PM	3rd Annual Legendary Pocket Billiards Stars
9:00PM	Super Bouts of the 70's
10:00PM	Super Bouts of the 70's
11:00PM	SportsCenter
11:30PM	College Football '84: UCLA at San Diego State
2:30AM	International Golf Challenge
4:00AM	SportsCenter
4:00AM	Auto Racing '84: Formula 1 Dutch Grand Prix
WEEKDAYS 9/8/84-9/12/84	
8:30AM	SportsCenter
MONDAY 9/10/84	
8:30AM	SportsCenter
9:30AM	Auto Racing '84: CART Molson Indy from Montreal, Quebec

TUESDAY 9/11/84	
8:30AM	SportsCenter
9:00AM	Inside Baseball
9:30AM	PKA Full Contact Karate
11:00AM	ESPN's SportsWoman
11:30AM	Inside Baseball
12:00PM	College Football '84: Purdue vs. Notre Dame from Indianapolis, IN
2:15PM	Major League Baseball: Philadelphia at Chicago
3:00PM	Inside Baseball
3:30PM	College Football '84: UCLA at San Diego State
6:30PM	Mazda SportsLook
7:00PM	SportsCenter
7:30PM	Major League Baseball: Detroit at Baltimore
8:00PM	Super Bouts of the 80's
8:00PM	Professional Wrestling
8:30PM	Major League Baseball: Atlanta at Houston
8:30PM	PKA Full Contact Karate
10:00PM	Wyandotte Downriver Powerboat Challenge
11:00PM	NFL's Superstars
11:30PM	SportsCenter
12:00AM	Professional Wrestling
12:00AM	NFL's Greatest Moments
12:30AM	Mazda SportsLook
1:00AM	Super Bouts of the 70's
2:30AM	SportsCenter
3:00AM	College Football '84: Clemson at Virginia
WEDNESDAY 9/12/84	
8:30AM	SportsCenter
9:00AM	Australian Rules Football '84
10:30AM	3rd Annual Legendary Pocket Billiards Stars
11:30AM	Mazda SportsLook
12:00PM	CFL Football: Ottawa at Winnipeg
2:15PM	Major League Baseball: New York at Chicago
2:30PM	Auto Racing '84: Formula 1 Dutch Grand Prix
4:30PM	Unlimited Hydroplane Racing
5:30PM	3rd Annual Legendary Pocket Billiards Stars
6:30PM	Mazda SportsLook
7:00PM	SportsCenter
7:30PM	Major League Baseball: Detroit at Baltimore
8:00PM	NFL's Greatest Moments
8:00PM	Auto Racing '84: Formula 1 Dutch Grand Prix
8:30PM	Major League Baseball: Atlanta at Houston
9:30PM	PKA Full Contact Karate
11:00PM	ESPN's Ringside Review
11:30PM	SportsCenter
12:00AM	Mazda SportsLook
12:30AM	3rd Annual Legendary Pocket Billiards Stars
1:30AM	ESPN's Horse Racing Weekly
2:30AM	SportsCenter
3:00AM	Track and Field: Meeting Internationale de Paris
THURSDAY 9/13/84	
8:00AM	[HBO] - World Cup Challenge
8:30AM	SportsCenter
9:00AM	Horseshow Jumping: Cleveland Grand Prix from Chagrin Falls, OH
10:30AM	Unlimited Hydroplane Racing
11:30AM	Mazda SportsLook
12:00PM	ESPN's Horse Racing Weekly
12:30PM	Auto Racing '84: CART Molson Indy from Montreal, Quebec
2:15PM	Major League Baseball: Montreal at Chicago
2:30PM	Track and Field: Meeting Internationale de Paris
4:00PM	[HBO] - World Cup Challenge
5:00PM	PKA Full Contact Karate

FRIDAY 9/7/84	
6:30PM	Mazda SportsLook
7:00PM	SportsCenter
7:30PM	NFL's Greatest Moments
8:00PM	3rd Annual Legendary Pocket Billiards Stars
9:00PM	Top Rank Boxing from Atlantic City, NJ
11:30PM	SportsCenter
12:00AM	Wyandotte Downriver Powerboat Challenge
12:00AM	Mazda SportsLook
12:30AM	Top Rank Boxing from Atlantic City, NJ
3:00AM	SportsCenter
3:30AM	PKA Full Contact Karate
SATURDAY 9/8/84	
5:00	Varied Programs
5:30	Laverne & Shirley & Co.
6:00	Jim Bakker
6:00	Jimmy Swaggart
6:00	Another Life
6:00	Business Times on ESPN
6:00	Crossfire
6:00	Ag Day
6:00	Morning Stretch
6:00	20 Minute Workout
6:00	47 700 Club
6:00	NBC News at Sunrise
6:30	Jimmy Swaggart
6:30	TBS Morning News
6:30	[MAX] All-Day Movies
6:30	Blazer
6:30	Romper Room
6:30	Sgt. Bilko
6:30	Daybreak
6:30	[3] [4] [5] [6] CBS Early Morning News
6:30	ABC News This Morning
6:30	8 News
6:30	NBC News at Sunrise
6:30	[5] [6] [7] [8] [9] [10] [11] [12] [13] [14] [15] [16] [17] [18] [19] [20] [21] [22] [23] [24] [25] [26] [27] [28] [29] [30] [31] [32] [33] [34] [35] [36] [37] [38] [39] [40] [41] [42] [43] [44] [45] [46] [47] [48] [49] [50] [51] [52] [53] [54] [55] [56] [57] [58] [59] [60] [61] [62] [63] [64] [65] [66] [67] [68] [69] [70] [71] [72] [73] [74] [75] [76] [77] [78] [79] [80] [81] [82] [83] [84] [85] [86] [87] [88] [89] [90] [91] [92] [93] [94] [95] [96] [97] [98] [99] [100]
6:45	7:00
7:30	7:30
8:00	8:00
8:15	8:15
8:30	8:30
9:00	9:00
9:30	9:30
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DAYTIME



HEALTH
By
Dr. Paul Gauthier
Dr. Jim Lang

Rules for college financial aid tougher, but not impossible

With federal cutbacks and inflation eroding the real value of financial aid dollars, down 21 percent since 1980, and the costs for one year's college education at a private institution now averaging \$9,500, the use of credit to finance college costs has skyrocketed. Since 1975, the average loan per student has risen 123 percent. The Michigan Association of CPAs says that understanding what financial aid is available and how to make the most of it is crucial.

There are six aid programs funded by the federal government:

- Guaranteed Student Loans (GSLs) are subsidized by the federal government and carry an eight percent interest rate for first-time borrowers. You apply for these loans through a bank. The government will pay the interest while you're in school; repayment by the student begins six months after graduation. You may borrow up to \$2,500 a year in each of five undergraduate years. To qualify, families with income greater than \$30,000 a year must meet a "needs test." But families well beyond the \$30,000 income level could receive GSLs in some cases, such as if more than one child is enrolled in college.
- Pell Grants, from \$200 to \$1,670, are awarded to undergraduates who demonstrate a need. The amount is based on how much the cost of education at a school exceeds the amount a family can contribute. In most cases, recipients come from families with incomes under \$30,000.
- Parent Loans for Undergraduate Students (PLUS) offer \$3,000 a year at a 14 percent finance rate and expect repayment to begin 60 days after a loan is granted. Borrowers are not required to demonstrate a need. These loans should be used as a cash flow mechanism, if a family is having difficulty making payments. Repayment terms can stretch out to 10 years.
- The remaining three federal aid programs are not available on every campus, so you might qualify for aid at one college but not at another.
- National Direct Student Loans (NDSLs) provide up to \$6,000 during a student's first two years of undergraduate study at a five percent interest rate. Like GSLs, repayment begins six months after graduation and extends over a 10-year period.
- Supplemental Education Opportunity Grants (SOEGs) are awarded by colleges, based on need. Grants range from \$200 to \$2,000.

Work-Study offers students part-time jobs, usually on campus. To apply for federal aid programs and other private college-sponsored or state-funded financial aid, you must file a Family Financial Statement or Financial Aid Form, which will be processed by a non-profit agency, such as the College Scholarship Service. Based on your family's income and holdings, compared against the costs of attending college, the school determines your need for aid.

For instance, the College Board expects a family of four with one college student and with a pre-tax income of \$36,000, plus home equity and other assets worth \$40,000, to contribute \$5,020 a year towards a student's education.

Often it is worthwhile to reapply even if an aid request was rejected previously, according to Kathleen Broder of the College Board. Loan applications are complicated, mistakes are common and rejection can be a result of technical flaws. Also, family financial conditions change. If there have been unusual medical expenses or long periods of unemployment by a wage earner in any given year, the family's financial situation should be restudied.

In arranging loans, warns Broder, it may be best to borrow under one program. NDSLs and GSLs have their own minimum monthly payment. Borrowing under a single loan program, even if it raises the costs over the long run, gives you a single minimum monthly payment, rather than two or more.

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cozy corner
by Roger Brown

"What the hey... it's Labor Day!" That was the slogan at Silver Lake this past weekend. A group down the beach from us even had T-shirts printed with "What the hey... it's Labor Day!" emblazoned across the front.

Labor Day can mean a lot of things; the end of summer, back to school, a day off from your labors and no more white shoes. Since it's always a Monday holiday, it simply means to me that we have just one day to get this old rag printed. So I'm going to say, "What the hey... it's Labor Day" and get to work on getting the Ledger printed rather than fooling around with a column this morning.

ANNUAL MEETING

of
GRAND VALLEY COOPERATIVE
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at 7:30 P.M.

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HYPERTENSION PART II

This is the second in our series of articles on hypertension. Today we will talk about the serious effects of untreated high blood pressure and how we can avoid these problems by early diagnosis and simple treatment.

Hypertension causes the heart to enlarge because it has to work harder to push blood into the arteries. Eventually as the heart muscle becomes too thick or stretches too much, it no longer functions properly and blood backs up into the vasculature of the lungs. This is what is known as heart failure. The heart muscle can return to normal size and function properly with effective therapy.

In the brain, as pressure increases, the vessel walls become weak and a small bubble or aneurysm may form. This weakening can lead to bleeding and this is commonly referred to as a cerebral hemorrhage or stroke.

Continued high blood pressure may also cause narrowing and thickening of the blood vessels leading to the kidneys resulting in decreased waste elimination and eventual kidney failure.

Arteriosclerosis or "hardening of the arteries" can also be accelerated by uncontrolled hypertension. Fat plaques build up on the walls of the blood vessels more rapidly as the blood pressure and cholesterol increases.

The most important part, is that early treatment can usually prevent or decrease the risk of these serious complications.

Before we get into the specific medical treatment of hypertension, let's see how you can help reduce your blood pressure without medicine:

- 1) There is a strong connection between body weight and blood pressure. Weight reduction often leads to a substantial decrease in blood pressure.
- 2) Dietary sodium (salt) restriction may help reduce blood pressure.
- 3) Alcohol consumption should be used in moderation, as heavy consumption may elevate blood pressure.
- 4) Reducing saturated fat intake has been associated with lower blood pressure.
- 5) Exercise is felt to assist in reducing blood pressure by helping us control our weight.

Many patients with high blood pressure will eventually require medicine to bring the pressure down to an acceptable level. There are over 50 different medications used to control hypertension and the program is individualized to meet the patient's specific needs. Even in mild hypertension, the benefits of drug therapy seem to outweigh any known risks.

Diuretics are a group of drugs commonly used as a first step agent to reduce blood pressure. They allow the kidneys to excrete a larger amount of salt; therefore, they reduce total body water and salt content leading to a lower pressure. A common complication with some diuretics is a lowering of the serum potassium but this can usually be avoided by maintaining a diet high in potassium. Orange juice and bananas contain a lot of potassium. Sometimes a potassium supplement is required to maintain sufficient levels in the blood.

Other drugs work by dilating the arterioles, slowing the heart rate, reducing the force of contraction or by inhibiting the action of enzymes which tend to elevate blood pressure.

In most cases, taking one or two pills a day will control your blood pressure adequately but sometimes as many as four or five different kinds of medications will be required.

Once medication is started the blood pressure should be checked at regular intervals and the medication adjusted as necessary. We recommend follow-up every three to four months to insure good control so that maximal benefits are obtained. It should be stressed that drug treatment does not cure hypertension. It maintains blood pressure at normal levels as long as the patient continues to take the prescribed medicine as directed. The patient and the doctor must work together to achieve a normal blood pressure. The success of therapy depends on good communication, motivation and compliance with the medical regimen.

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- 1981 Dodge Aries**, 4 door, yellow, automatic
- 1981 Dodge Omni**, yellow, 4 door, air, rear defrost.
- 1980 Buick Regal**, 2 door, white, V6, automatic, air, stereo, power windows, power steering, power seats, power locks, tilt wheel, cruise
- 1980 Mercury Zephyr** 2 door, 2 tone blue, 4 speed, cloth buckets
- 1980 AMC Eagle 4x4**, 2 door, black, automatic, PS, PB, stereo, cruise, sunroof
- 1979 Chrysler Newport**, 4 door, light blue, automatic, air, new tires
- 1979 Oldsmobile Cutlass**, 2 door, yellow, automatic, power steering & brakes, stereo
- 1979 Ford Pinto Wagon**, light blue, 4 cylinder, automatic, AM/FM cassette, new all-season tires.
- 1979 Chevrolet Malibu**, 4 door, brown, V6, automatic, air, power steering & brakes, cloth seats.
- 1979 Olds Cutlass**, V6, automatic, power steering & brakes, FM stereo, cloth seats
- 1978 Chrysler Cordoba**, 2 door, V8, automatic, air, cruise, FM, rear defrost.

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Kloosterman returns to C.M.U. grid



Returning to the Central Michigan University football line-up again in 1984 is Junior defensive back Carl Kloosterman.

The former Lowell High School standout is pictured above with assistant coach Mike Poff. Kloosterman is one of 44 returning lettermen on the CMU roster currently undergoing fall drills.

Former Lowell coach is honored

Ronald Finch, all-sports coach at Lowell High School from 1926 until 1933, has been selected as one of the first inductees in Central Michigan University's newly established Athletic Hall of Fame. Finch, along with one other former coach and five former athletes from Central Michigan, is to be honored on September 15, 1984 at a banquet to be held at 6:30 P.M. at the University Center on C.M.U. campus in Mt. Pleasant.

Ron, while having established an outstanding winning record in all sports, is best remembered locally for the four-consecutive-years of undefeated football teams he coached between 1929 - 1932. He left Lowell to coach at a class B school, moved to a class A high school and in 1937 became Track and Football Coach at C.M.U. Here, in the following eight years, his football teams won 74.6% of games they played. In 1957, Ron was named head of C.M.U. Phys. Ed. Dept. and Dean of the School of Health, Phys. Ed. and

Recreation, a position he held until his death in 1962.

Reservations for the banquet, to be preceded by a football game at 1 P.M. that day between C.M.U. and E. Carolina University, may be made until Sep-

tember 8 by sending a check for \$15.00 per person to:

Dr. Al Thomas, Hall of Fame Committee
Rose Center
C.M.U.
Mt. Pleasant, MI 48854

Main Street, cont'd. . .

Arrested for driving under the influence of alcohol Saturday evening, September 1, by Lowell Officers was John Warner, 31, of Lowell.

Involved in a property damage accident early Sunday morning, September 2 on Main Street near Monroe was a parked vehicle owned by Ethel Feutz, of Lowell. It was struck by a car owned by Dorothy Thomas, of Saranac, the accident remains under investigation by Lowell officers at this time.

Roger Rollins, 22, of Lowell was issued a citation to appear in 63rd District Court for an open container of alcohol in a motor vehicle. The incident occurred Friday evening, August 31.

Nicholas Grieves, 17 of Saranac was issued a citation to appear in 63rd District Court for possession of Alcohol by a minor. The incident occurred early Saturday morning, September 1.

Joseph Grummet, 20, of Alto was issued a citation to appear in 63rd District Court for open container of alcohol in a motor vehicle on Friday evening, August 31.

Burt Vosburg 26, of Ada was issued a citation to appear in 63rd District Court for destruction of property under \$100, in connection with an incident at an apartment on Main Street early Sunday morning, September 2.

Lowell officers arrested 3 Juveniles from a state home north of Lowell, early Tuesday morning, September 4, after chasing them 8 miles on M-21 in a stolen van. The 3 males were turned over to the Kent County Juvenile Detention authorities for a hearing later in Probate Court on charges of assault, robbery (not armed) and theft of a motor vehicle.

Selders wins nursing scholarship

Margaret Ann Selders, of Lowell, has been awarded a Clark Sawyer Memorial Scholarship by the Health Care Association of Michigan (HCAM).

Ms. Selders is a licensed practical nurse employed by the Lowell Medical Care Center. She is enrolled in the baccalaureate nursing program at Grand Valley State College.

Ms. Selders will be honored at an awards luncheon on September 10th, during the association's annual convention at the Amway Grand Plaza Hotel in Grand Rapids.

The Health Care Association of Michigan, with executive offices in Lansing, represents about 250 of Michigan's nursing homes and homes for the aged caring for some 26,000 patients and employing an equal number of persons.

The Scholarship program was developed in 1977 as a memorial to Clark Sawyer, a leader within the nursing home industry who devoted his efforts to health care for Michigan's elderly and ill-elderly residents. The program is supported by voluntary contributions from HCAM members.

This is the second time Ms. Selders has been selected from the associations's scholarship. She was also a recipient of 1983.



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