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WESTERN MICHIGAN UNIVERSITY

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Sat. Basketball Program Begins

The Forest Hills schools are sponsoring a Saturday morning intramural basketball program this winter beginning on Saturday, December 9th.

The program will continue until March, except for Saturdays during the Christmas and New Year's Holiday Vacation. All boys in the grades 5 thru 8 are welcome to participate. Each boy must provide his own equipment consisting of gym uniform and shoes.

The program begins at 9 and ends at 11:30 each time. Parents are urged to bring their boys to the gym each Saturday morning.

Forest Hills Debates With East Grand Rapids School

Federal Aid to Education was the topic for the debate between Forest Hills and East Grand Rapids Thursday, November 30.

Mike DeJong and Ray Charters, first and second affirmative respectively; Tim Baker and Brady Cronin, first and second negative respectively, were the debaters from Forest Hills.

The judges were from Junior College in Grand Rapids.

We must spend less time telling the world what America makes and more time telling the world what makes America.

Jane De Armond 'Senior of Week'



"I am very proud to be a student at Forest Hills High School. I have been fortunate to attend such a wonderful school and I am sure it will continue to be even better in future years." Thus spoke Jane DeArmond, the Senior of the Week.

Jane is an active member of Commercial Club, a member of CYF, a church youth group member and also a member of the choir.

After high school, Jane plans to attend Davenport Institute and become a secretary. She is preparing for this by her classes: Sociology, Advanced Home Economics, Government, Advanced Shorthand, Office Practice and English.

Jane also enjoys collecting cat figurines.

She is the 17-year-old daughter of Mr. and Mrs. Lyle DeArmond, 6469 Wendell St.

Rangers Impressive in First League Loss; Play Wyoming Vikings Friday

The Kelloggsville Rockets easily won their first league game over a vastly improved Forest Hills Friday night. The winners were led by Don Edwards and Mike Mieras with 23 and 13 points respectively. Jim Connors paced Forest Hills with 18 points.

Here are some interesting facts showing improved defensive play: Graham came through with 7 offensive and defensive rebounds. Jackson showed 7 combined rebounds also. Perrin posted an impressive 10 combined rebounds. A large percentage of these were interceptions.

FOREST HILLS		
	FG	FT
Chambers	1	0-1
Dykhuzen	0	0-1
Jackson	2	1-1
Graham	0	0-1
Groening	0	1-2
Bushouse	2	0-0
Perrin	2	1-3
Dougherty	0	0-0
Connors	7	4-7
Stiles	0	0-0
Gillard	0	1-2
Pellerito	1	2-4
Johnson	0	0-0
TOTALS	15	9-22

KELLOGGSVILLE
 Edwards 23; Mieras 13; Bussler 2; Palmieri 2; Walcott 0; Schaik 2; Hickock 6; Lamerson 2; Calhoun 0; Lewis 33; Zairdennis 2; Burgis 0; Cowles 0; Total 57.

To Meet Vikings Dec. 8
 The Rangers Varsity team will play the league favorites, Wyoming Park at the Wyoming home gym. Paced by 6 ft. 5 in. Lance Riemersma, they are expected to be one of the top contenders in the O-K Conference this year.

Rangers Lose Opener 25-47
 The Rangers opened the season by bowing to the Caledonia Scot-

Honey Bears Hold 4-H Award Program

The Honey Bears of Ada will hold an awards program at Honey Creek School on Thursday, Dec. 7.

Pins and certificates will be awarded to:

Monette Baer, 3rd yr. achievement in foods, ceramics, dog care and wildflowers projects; Douglas Baines, 5th yr. achievement in sheep project; Thomas Baines, 6th yr. achievement in sheep project; Barbara Bostwick, 1st yr. achievement in foods project; Cheryl Bostwick, 1st yr. achievement in foods project; Suzie DeGood, 2nd yr. achievement in foods and wildflowers projects; Susan Denison, 1st yr. achievement in ceramics project; Cindy Drake, 1st year achievement in foods project.

Also Carolyn Farlee, 3rd yr. achievement in photography and junior leadership projects; Sandra Inman, 1st yr. achievement in clothing and foods project; John Jensen, 2nd yr. achievement in ceramics project; Ronald Kisch, 2nd yr. achievement in handicraft and pigeons projects; Martha Lynch, 1st yr. achievement in ceramics project; Jane McDuffee, 2nd yr. achievement in ceramics project; Mara Myaard, 2nd yr. achievement in clothing, vegetable garden and wildflowers projects.

Also receiving awards: Dan Olmsted, 3rd yr. achievement in gun safety and handicraft projects; John Olmsted, 1st yr. achievement in clothing, ceramics and junior leadership projects; Marion O'Trambo, 2nd yr. achievement in foods project; Carol Jo Provonche, 5th yr. achievement in clothing, ceramics and dog care projects; Criste Provonche, 1st yr. achievement in ceramics project; Dawn Richard, 1st yr. achievement in foods project; Kevin Schlosser, 1st yr. achievement in ceramics project; Alice Stall, 1st yr. achievement in foods project; Cherie Stanard, 1st yr. achievement in leathercraft project; Ronald Thomet, 4th year achievement in Dairy, crops, dog care and junior leadership projects.

Others being awarded are: Connie Van Haren, 1st yr. achievement in ceramics project; Mike Van Haren, 2nd yr. achievements in leathercraft projects; Pat VanHaren, 2nd yr. achievement in ceramics and leathercraft projects; Frances Williamson, 4th yr. achievement in flower garden and foods projects; Louise Williamson, 2nd yr. achievement in foods project; Patricia Williamson, 1st yr. achievement in flower garden and foods projects; Val Williamson, 1st yr. achievement in flower garden project.

Leaders receiving pins for work in 4-H will be Mrs. Lawrence Jastifer, 1st yr.; Mr. Homer Provonche, 1st yr.; Mrs. William DeGood has completed her 2nd yr. as a leader and Mrs. Bernard Baer, key leader, has completed her 4th yr. 4-H members in the crafts and notebook projects will display the various articles that they made during the winter and summer months. The program will be attended by the 4-H'ers and their families. Anyone interested in 4-H activities is welcome.

Coffee and cake will be served by Mrs. Homer Provonche, 3rd yr. 4-H leader, Mrs. DeGood and Mrs. Baer.

Carole Jo Provonche, Reporter

Nowadays some people expect the door of opportunity to be opened with an electric ey.

Cascade Cubs

At a joint Court of Honor on Monday evening, Cascade Scout Troop 334 and Explorer Post 2334 the following awards were presented: Explorer Douglas Stiles received merit badges on Citizenship in the Community and Public Health and Explorer Bill Nurnberger received merit badges for lifesaving and weather.

Wolf badges were awarded John Price, Billy Vekasi and Greg VanStrien. Billy Vekasi and Mark Bolhuis received gold arrows and Danny BuinsSlot received a silver arrow and Mark Bolhuis received two silver arrows.

One year pins were awarded to Jim Janderno, Robert Charters, Dave Sherwood, Bill Vekasi, Kurt Dykhuzen, Greg VanStrien, John Barker, Dennis Crum, Dan Thompson and Dan BruinsSlot. Two year pins were given Tom Koops, Gary Palm and Jim Gurney. Steve Cribley received his Denner stripe.

Advancement given boy scouts of troop No. 334 are as follows: Life scout, Tom Nurnberger, John Gurney, and Bill Zoellner. Star scout, Jerry Gurney. Second class scout, David Retersdorf and Ed Ellinger. Tenderfoot scouts, Paul Gardner, Doug Schaik, Mark Smith, Jeff Wilcox, Garry Crum, Joseph Smith, Jim Vekasi and Doug Dykhouse.

Merit Badges were awarded to: Tom Nurnberger, Bill Zoellner, John Gurney, Mike Fritsch, Jim Ellinger, Dave Retersdorf, Jim DuVail, Bob Beahan, Jerry Gurney, Dennis Dryer, Eddie Ellinger, and Bill Manus.

S. Kent Dist. Round Table
 The South Kent District Round Table will be held Thursday, December 14, at the Rogers School, corner of 28th St. and Clyde Park, at 7:30 p. m. This is for all cubbers, scouters and explorer leaders. Please note the change of date.

Scout News

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Announce Engagement of Miss Barbara E. Wykes

Mr. and Mrs. Roger I. Wykes of Cascade announce the engagement of their daughter, Barbara Eleanor, to Geoffrey C. M. Plampin of Chicago. Mr. Plampin is the son of Mr. and Mrs. Christopher C. Plampin of Decatur, Georgia.

Miss Wykes attended Brownmhor School at Santa Fe and the University of New Mexico where she received the AB and MA degrees. She holds a Ph. D. degree from the University of Michigan and is a member of Kappa Alpha Theta sorority. Currently Miss Wykes is an assistant professor of the Humanities at the University of Chicago.

Mr. Plampin attended the University of Georgia and graduated from the University of Chicago, where he is Editor of Official Publications and Dissertation Secretary. He was a Captain in the Air Force in World War II, serving in North Africa and the Pacific. The wedding will take place in December at Chicago.

Electronic wizardry is being used to an increasing extent to combat the costly problem of vandalism in our nation's schools. John E. Haines, Minneapolis-Honeywell vice-president, says many school officials are turning to electronic security systems to protect buildings during non-class hours.

An indication of the staggering losses being inflicted by intruders is the fact that vandalism costs nearly \$400,000 a year in Chicago schools and in Baltimore more than \$30,000 is spent annually just to replace broken glass.

Haine, whose firm is a leading manufacturer of electronic security equipment, says that among the more sophisticated devices now being used to detect intruders are electronic fences and nose and sound detectors. One type of electronic fence is Honeywell's recently-introduced taut wire system that can be run around a school, a room or an object. It automatically turns in an alarm when anyone touches or cuts it.

The firm's electronic noise detection system consists of a number of combination microphone-speaker units located at key places throughout the school. When it "hears" something unusual, a window breaking, footsteps, drills—it automatically turns in an alarm at a control panel in the custodian's office. He then flips a switch to listen in on the area to determine the cause of the disturbance.

Latest for hibachi users is a charcoal briquet that reaches cooking heat in a minute flat. The briquet lights instantly with a match, sparkles briefly while the flame spreads throughout the entire coal.

A life-size human head model, useful for teaching, has ears, eyes, brain, spinal cord and organs of the mouth and throat in detail.

Forest Hills School LIFE

Industrial Arts Dept. Undergoes Improvement

Mike Smit & Kurt Heidengia

The Industrial Arts Department has been improved very much this year. Among the improvements are newer and much brighter fluorescent lights, which help prevent shadows when drawing; also there have been new drawing tables plus the accompanying chairs. Another new drawing instruments, which have been substituted for the old and inaccurate ones of former years.

The only present gripe of Mr. Klawiter, the technical drawing instructor, is that there will not be any more advanced third year drawing class, which helped the student more than any other year because it tends to give the ad-

vanced student a better understanding of technical drawing through their own drawing projects.

THINGS TO COME
 The barbecue has moved into the home for the winter, with introduction of an indoor grill that can be installed easily in the fireplace. It has specially designed grooved rods that prevent dripping, with a removable tray to catch the grease.

You can have a vintage model Stanley Steamer, Mercer Raceabout and a Stutz Bearcat in kit form if your hobbies lean that way.

A fiberglass lap board has been designed to convert a chair into a desk in a jiffy.

GIFTS.. for your whole family!

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- \$8.95 Junior Trikes, Assembled — \$5.98
- \$14.95 Cummins 1/4-in. Drill with Geared Chuck — \$9.95
- \$12.95 GE Sunlamp with Cord and Bracket — \$8.95
- \$59.50 B&D New Cordless Drill, with Charger — \$37.50
- \$10.95 Car Seat Safety Belts, Lyfe-Lok Buckles — \$6.95
- \$29.95 3-Burner Coleman Camp Stove — \$19.95
- \$6.95 Wilson Tennis Racket — \$4.95
- \$1.49 Plastic Racket Cover — 99c

(These items subject to prior sale)

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25c EACH

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GLITTER—SNOW—LIGHTS TREE STANDS

Social Preview

Merry Goebel

The initiation and slave week were the main points of discussion at the Latin Club Tuesday, November 28. Slave week will be held the week of Dec. 11.

The initiation will be held Dec. 12. The committees are: Initiation Ina Van Loo; Programs Sandy Dryer; Refreshments, Rita Taze-laar.

Dance
 Jim Jackson was in charge of the dance sponsored by the band, Friday night, Dec. 1, after the Kelloggsville-Forest Hills game.

Art Dougherty was in charge of decorations, while Jim Hamp headed the refreshment committee and Mike May headed the advertising committee.

Commercial Club
 A field trip and the Christmas dance, Dec. 22, were the main points of discussion at the commercial club meeting Nov. 30.

The club talked about visiting Amway to learn more about office practice.

The committees: Barbara Wiersma, refreshments; Karen Reed, chaperon; Sue Smith, entertainment; Sharon Thompson, decorations; Trudy Menick advertising; and Jane DeArmond, Clean up; each of them gave their progress reports.

F. T. A.
 The members of the Future Teachers Club talked about amending the Constitution at their meeting Nov. 29. They would like to change the section having to do with attendance.

The members also planned a

THINGS TO COME

A new 95-pound, two-passenger motor scooter capable of 40 mph grades, has been unveiled by an American firm.

An adjustable stand for an ordinary automobile jack to prevent a car from toppling or slipping after the car is lifted for repairs or tire changes is now available to motorists.

An outboard motor accessory, completely encircling the propeller in such a way as to reduce drag and concentrate jet action is said to give a boat a fast lift and more pulling power.

A spring-tensioned rod of anodized aluminum tubing with rubber tips to protect finishes is said to hold books, magazines, and records firmly in place even on partially filled shelves. It adjusts for 9 1/2 to 14-inch shelf heights.

Let's learn from the mistakes of others. We can't live long enough to make them all ourselves.

Carole Jo Provonche, Reporter

Christmas party which will be at Sallye Werner's Dec. 26. The club also talked about promoting more interest in Travelogues.

The next meeting will be held Dec. 13.

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Students Urged To Budget Time

There are tricks to every trade—even that of being a successful student. Success in school, according to the Michigan and National Education Associations, is the result of good planning, careful budgeting of time, knowing how to listen and other tricks of the learning trade.

Teachers in junior and senior high school have this advice for students who want to improve their learning ability:

"Budget" your after-school hours. Make a chart, leaving a space for each free hour. Then schedule your time between study, sports, hobbies, outside reading, social activities. Don't allow interruptions during study periods. Make use of "odds and ends" of time. Study on the bus. Keep flash cards in your pocket for studying French verbs, chemical

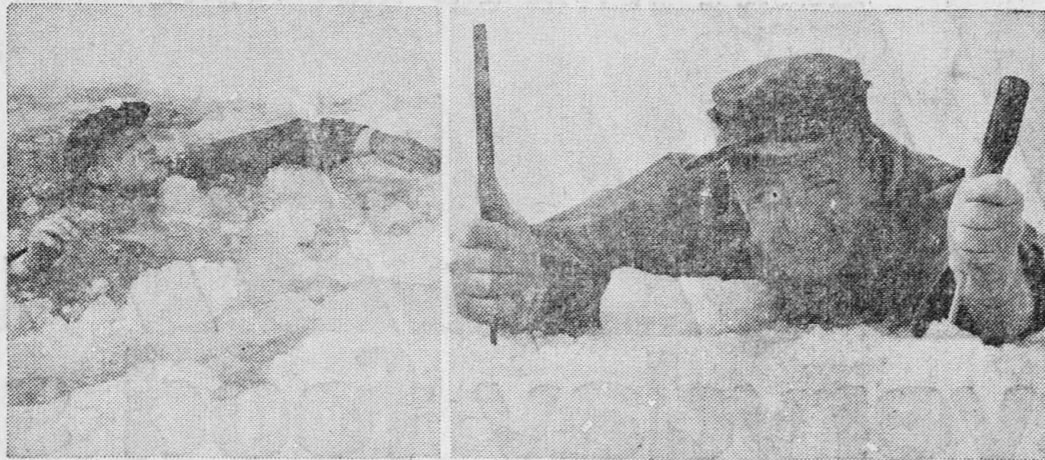
formulas, or history dates, while lunch.

Train yourself to be a good listener. When your mind starts to wander in class, try listening "for use." This means looking for information you can pluck out and use from what is being said—facts that will help you understand a difficult part of the subject, information that is not in your textbooks.

Try the trick of "overlearning." After you have committed to memory a series of dates, a list of foreign words and their English meanings, or a poem that you have been told to memorize, study them some more. Tests have proved that students who study material a while longer, after having learned it, will remember it longer than students who learn it and stop studying.

Take an active part in classroom discussions. If you're not particularly interested in a certain subject, make yourself interested by taking part in the classroom discussion. The result may sur-

Cool Thinking to The Rescue



What's the best thing to do if you or one of your fellow fishermen should suddenly plunge through the ice this winter? Stay calm. If you're the one in distress, literally keep your chin up and reach out for solid ice to give yourself at least a temporary hold while others are coming to your aid. Perhaps with good hand leverage and strong kicking action you'll be able to pull yourself out of trouble. If you're a rescuer, remember a hasty move may leave you in the same chilly predicament as the guy you're trying to save. Don't get too close to the spot where the ice has given way; its edge may not be safe. Slide the man in trouble a screwdriver, file, knife, or any other sharp tools that will give him a firm hold. He may be able to get out on his own by repeatedly jabbing one tool ahead in the ice, holding fast with the other until the forward move is secure, and then sinking that one even with the first. If this doesn't work and there is no rope, plank, or spud handy, use your coat or tie your clothes together for a makeshift rescue line. Or, when other fishermen are nearby, yell for them and form a human chain.—Mich. Dept. of Conservation

prise you!

Ask yourself questions about what you are studying. To impress information forcibly on your mind, close your book from time to time and ask yourself questions about the page you have been reading. Write down the answers, and check them against the text.

Study in an organized way. Do not just plunge in and wade through the heavy material in your textbook. First read the summary of the chapter's contents. Then read headings and subheadings throughout the chapter. If you know "where the chapter is going" your concentrated study will roll along more smoothly.

Do something extra, "above and beyond the call of duty." Read a short story in the foreign language you're learning. Like math? Try a paperback book of mathematics puzzles and problems.

Tree in a Tub



Stability and safety are special features of this Christmas tree holder. The holder is made by placing a tree and a conventional Christmas tree stand in a galvanized steel laundry tub. Then fill the tub with sand. Add lights and ornaments to the tree and decorate the tub. Sprinkle water on the sand, being careful to keep hands off electric lights and wires. It's practically impossible to tip over a tree in a tub, and the wet sand keeps the tree fresh and fire-resistant.

The Old Timer



"Take a look at your wife's purse if you want proof that money isn't everything."

While you're telling your son about the birds and bees, he's probably thinking about the cars and the keys.

My Neighbors



"Turkey again?"

Michigan Quizdown

Can you answer these questions about the Water Wonderland State?



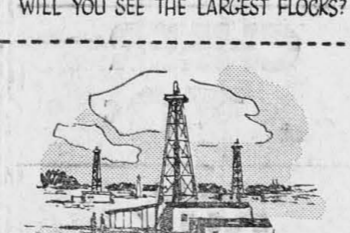
1-ONLY TWO U.S. CITIES HAVE MAJOR PROFESSIONAL TEAMS IN FIVE SPORTS—BASEBALL, BASKETBALL, BOWLING, FOOTBALL AND HOCKEY. CAN YOU NAME THEM?



2- THANKS TO RE-STOCKING EFFORTS, PROTECTED FLOCKS OF THIS FAMOUS NOVEMBER BIRD ARE ONCE AGAIN FOUND IN SEVERAL MICHIGAN COUNTIES. WHAT BIRD, AND WHERE WILL YOU SEE THE LARGEST FLOCKS?



3-DETROIT WAS THE BIRTHPLACE OF THIS FAMOUS AMERICAN DIPLOMAT, WINNER OF THE 1950 NOBEL PEACE PRIZE AND UNITED NATIONS UNDERSECRETARY IN 1955. HIS NAME?



4-ALMOST THE ENTIRE NATIONAL OUTPUT OF THIS MEDICINE IS PRODUCED IN MICHIGAN FROM ITS SALT WELLS. WHAT IS IT?

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Wives May Find Their 'Old Job' Has Disappeared

Wives with work experience should no longer feel confident they can land a job at the drop of a hat, a University of Michigan economist warns.

Chances are their skills have become out of date, Ross J. Wilhelm, U-M director in marketing notes in a U-M Broadcasting Service (WUOM) program, "Business Review."

This situation takes on particular significance for a husband who depends on his wife's job getting ability as a type of insurance or protection, Wilhelm observes.

The fact is that "the longer the time since the wife last held a job, or last attended school, the less likely it is that she will be able to get a decent job if the need should arise," Wilhelm says.

As a result, the husband had better do one of the following:

1. Make certain she stays up-to-date;
2. Let her get a job now, or
3. Add to insurance coverage to provide adequate protection for the family.

A "strong" trend exists today for married, college-educated women of 35 or over to look for a job, Wilhelm reports. But they are having hard going finding the kind of a job they want, largely because they have not kept up with their fields. On the other hand, it has been reported that women who have kept up with their particular specialty face little difficulty.

About one-third of married women work today, and a "very large" proportion of them are under age 45. The predominant reason appears to be to bring in the extra money the family needs during the early years of marriage, Wilhelm notes.

"It is also reported that one of the big problems of older college women in looking for a job is that they are too 'choosy.' The older woman is likely to greatly overestimate her value to industry and she looks for something 'interesting' rather than something she can do and be hired for. The simple fact is that without additional training, the older woman will be sadly disappointed if she goes into the job market without adequate preparation both technically and psychologically," Wilhelm says.

Plenty of Turkey For Holidays Ahead

Shoppers with a sharp eye on the food budget will take advantage of the abundant turkey supplies. Turkey prices continue to be low, averaging around 29-30 cents a pound in many food markets. Reports indicate a 25 percent larger turkey crop coming to market in November and December, according to Virginia Helt Ebers, Michigan State University Food Marketing Agent for Grand Rapids area.

Turkey rates high as a good meat choice today as well as being a high-protein meat.

Expect 1½ to 2 average servings per pound of turkey which figures around 15-26 cent cost for a 3-4 ounce serving based on the retail prices of 29-39 cents per pound.

Although chuck roast is considered as a thrifty meat choice figuring on the basis of 49-59 cents a pound retail price, two average servings per pound, will average around 25-29 cents per average serving. Ground beef, 4 servings per pound, at 39-49 cents a pound figures around 10-12 cents per serving. Comparisons of this kind are only made to point out the planning and the relationships of cost per serving as compared with other meats.

The take-home pay of the average wage earner is 57 percent higher in 1961 than in 1947. Increase in food prices for the same period has been only 20 percent.

Read Suburban Life Want Ads.

'No Hunting' Applies to Non-Guests Only

Private lands posted with "no hunting" signs remain open to their owners and invited guests for sport during Michigan's regular game seasons, according to E. E. Tucker, head of the Conservation Department's law enforcement program.

Tucker reports that a surprising number of landowners have the mistaken idea that once these signs are up, their lands are off limits to hunting by everyone, including themselves.

He adds that the Department would like to see as much private land left open to public hunting as possible, but it respects the rights of landowners to post "no hunting" signs.

Sportsmen are urged, of course, to heed these signs. They may help their own cause for future years by "asking the landowner first" before taking to the woods

and fields where lands are not posted against public hunting.

CREAM OF CROP

New freezing equipment said to produce better-tasting ice cream and other frozen milk products makes use of a "Votator" shaft development already used extensively in the manufacture of peanut butter, margarine, and other food products.

"Models of the freezer, now in commercial use at a Midwestern plant and in England and Italy, indicate this is the most significant development in ice cream production in more than 30 years," says John E. Slaughter Jr., president of Girdler Process Equipment Division of Chemetron Corporation which produces the new equipment

Privately owned commercial forest lands in the United States total almost 360 million acres.

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DUNBROOK topcoats, sport coats

ALLIGATOR raincoats CHAMP hats

HOLEPROOF socks WEMBLEY ties

GULF STREAM slacks SOO wool shirts

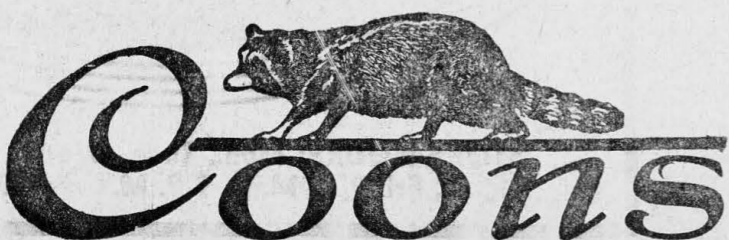
HICKOK belts, jewelry, wallets

JIFFIES slippers DICKIES work suits

LEE casual pants and work clothes

HUSH PUPPIES casual shoes by Wolverine

FREE PARKING BEHIND STORE



Lowell, Michigan

IT'S NOT TOO LATE CHRISTMAS CARDS WITH YOUR NAME ON—DIRECT FROM THE PRINTER Business or Personal THE LINDY PRESS Wedding Invitations Our Specialty—24-Hour Service 1127 East Fulton St. GL 9-6613 Grand Rapids

THE FRANKLY FEMININE SWEATER IN ANGORALAINÉ THE Debonaire SHOP 109 W. Main—Lowell, Mich. Where something new has been added!

Special STEAK SALE YOUNG, TENDER, LEAN Budget Beef Round, Sirloin, T-Bones Your Choice 79c lb. ARMOUR STAR CANNED HAMS 11-lb. size lb. 65c ARMOUR STAR LAMB SHOULDER ROAST lb. 39c APPIAN WAY Pizza Mix 25c BULK PORK SAUSAGE 3 lbs. \$1.00 BACON SQUARES lb. 28c FARMER PEET'S THICK SLICED BACON 2 lb. pkg. 89c BREADED VEAL STEAK lb. pkg. 75c Country Lane Van. Ice Cream gal. 89c WEAVER'S ADA MARKET

AT
CASCADE
IGA
You can

BANISH BUDGET BLUES

with our everyday food savings

PILLSBURY OR GOLD MEDAL \$
FLOUR 25-lb. bag **1.49**

SWIFT'NING 3-lb. can **59^c**

Vanilla **ICE CREAM** Gallon **89^c**

Manor House
COFFEE

With Food Order

lb. **49^c**

IGA
**SALAD
DRESSING**
QUART

39^c

M-M-M...JA, SURE IS GOOD!
Oven-fresh **RYE**
with CARAWAY SEEDS
ONLY... **25^c**




Country Fresh
SOUR CREAM **37^c**
RICH 'N SCRUMPTIOUS
ON BAKED POTATO! PINT CARTON

Baby Ruth
ICE CREAM **69^c**
HALF GALLON



Oven-fresh **FRUIT CAKES**
2# Deluxe... \$2.10
3# Fruit Ring... \$1.69
1# Fruit Loaf... 59^c
FILED WITH NUTS & RICH CANDIED FRUIT



CALIFORNIA SUNKIST
LEMONS doz. **49^c**

CELLO
Carrots 1 lb. pkg. **9^c**

D & W
BUTTER LB. **63^c**

BETTY CROCKER WHITE
Angel Food Cake Mix BOX **39^c**

SWANSON'S FROZEN - 8 oz.
MEAT PIES 4 for **89^c**
PORK - CHICKEN - BEEF - TURKEY

IGA SEEDLESS RAISINS 2 -lb. bag **39^c**

PERSONAL SIZE
IVORY SOAP
4 for **29^c**
STARDUST
BLEACH
Large **77^c**

COMET
Reg. 2 for **31^c**
MR. CLEAN
28-oz. **69^c**

DASH
3 1/4 lbs. **79^c**
SPIC & SPAN
Reg. **31^c**

U.S.D.A. Graded Choice
ROUND STEAK lb. **79^c**

U.S.D.A. GRADED CHOICE
SIRLOIN STEAK 89^c lb.

LEAN LONG BONE
Pork Steak 49^c lb.

CUDAHY
Canned Picnics
3 - lb. can **\$1.79**

ZEST
BATH SOAP
BATH SIZE 2 for **45^c**

AMERICAN FAMILY FLAKES
Large **34^c**

OXYDOL
Giant **79^c**

TIDE
Giant **79^c**

CHEER
Giant **79^c**

PREMIUM
DUZ
DISH PACK Reg. **57^c**

AMERICAN FAMILY DETERGENT
Large **33^c**

DREFT
Large **34^c**

IVORY LIQUID
22-oz. **65^c**

JOY
22-oz. **65^c**

DUZ
Giant **79^c**

1-LB. CELLO
Pecan or Walnut Meats **\$1.19**

Cascade IGA
FOODLINER
FOODLINER
6770 28TH ST. SE
PHONE GL-82040



STORE HOURS: Mon., Tues., Wed. 9 A. M. to 6 P. M.
Thurs., Fri. 9 A. M. to 9 P. M. Sat. 9 A. M. to 7 P. M.